

**OCREC2019 - SHORT COURSE**

Organizator: Stowarzyszenie Biegów Przeszkodowych OCR Polska  
 Data: 2019-06-27  
 Miejsce: Gdynia  
 Dystans: 5 km  
 Klasyfikacja wg czasów brutto.


**OCREC2019 - SHORT COURSE, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	DINKELMAN RUBEN	206			NED	M 25-29	1	M 1	00:40:25	00:40:29.35	00:40:30.85	8:05	7.4
2	KASPRZYK SEBASTIAN	125			POL	M 18-24	1	M 2	00:40:50	00:40:53.65	00:40:53.65	8:10	7.3
3	KOFOED LEON	1	TEAM REBORN OCR		DEN	M ELITE	1	M 3	00:41:23	00:41:25.55	00:41:27.00	8:17	7.2
4	SILIN SERGEY	8	RUSSIA FOSR		RUS	M ELITE	2	M 4	00:41:36	00:41:39.80	00:41:41.00	8:20	7.2
5	MORI RICCARDO	144			ITA	M 18-24	2	M 5	00:42:50	00:42:54.60	00:42:54.65	8:34	7
6	PRUSAK PIOTR	312			POL	M 30-34	1	M 6	00:43:20	00:43:24.55	00:43:27.45	8:41	6.9
7	VANDEWALLE BILLY	198			BEL	M 25-29	2	M 7	00:43:29	00:43:32.50	00:43:33.95	8:42	6.9
8	WILK SYLWESTER	120			POL	M 18-24	3	M 8	00:43:34	00:43:39.60	00:43:39.60	8:43	6.9
9	STENBECK FREDRIK	142			SWE	M 18-24	4	M 9	00:44:39	00:44:42.80	00:44:43.15	8:56	6.7
10	HAJNOS DAWID	9	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M ELITE	3	M 10	00:45:02	00:45:05.35	00:45:07.00	9:01	6.7
11	JANUSZEWSKI BARTOSZ	193			POL	M 25-29	3	M 11	00:45:57	00:46:00.85	00:46:02.60	9:12	6.5
12	SELIANIN DMYTRO	309			POL	M 30-34	2	M 12	00:46:08	00:46:12.50	00:46:15.70	9:14	6.5
13	HANYK LUKÁŠ	204			CZE	M 25-29	4	M 13	00:46:18	00:46:22.25	00:46:23.80	9:16	6.5
14	SHERETOV EUGENE	11			UKR	M ELITE	4	M 14	00:46:47	00:46:50.70	00:46:52.00	9:22	6.4
15	ALVES DUARTE	147	OCR PORTUGAL LAB		POR	M 18-24	5	M 15	00:47:16	00:47:21.10	00:47:21.35	9:28	6.3
16	ŚWIĘTEK BARTOSZ	123			POL	M 18-24	6	M 16	00:47:33	00:47:37.35	00:47:38.65	9:31	6.3
17	RIJNEKER JESPER	129	TEAM 4SPORT		NED	M 18-24	7	M 17	00:47:39	00:47:44.80	00:47:44.85	9:32	6.3
18	HEER JESSE DE	13	HANG ON THE NETHERLANDS		NED	M ELITE	5	M 18	00:47:40	00:47:43.95	00:47:45.00	9:32	6.3
19	NOVÁK LUKÁŠ	33			CZE	M ELITE	6	M 19	00:47:42	00:47:45.70	00:47:47.00	9:33	6.3
20	SCHÁFER MARTIN	21	OCR-PACEMAKERS GERMANY		GER	M ELITE	7	M 20	00:47:43	00:47:45.70	00:47:47.20	9:33	6.3
21	KREJCI PAVEL	4			CZE	M ELITE	8	M 21	00:47:42	00:47:46.35	00:47:47.35	9:33	6.3
22	MENDES AXEL	36	ASTAXIN		SWE	M ELITE	9	M 22	00:47:44	00:47:47.45	00:47:50.00	9:33	6.3
23	NORDVANG TOMMY KVAKKESTAD	64	TEAM OCR NORWAY		NOR	M ELITE	10	M 23	00:47:45	00:47:52.45	00:47:54.85	9:34	6.3
24	DECIUK TEOFIL	122			POL	M 18-24	8	M 24	00:48:23	00:48:28.30	00:48:28.95	9:41	6.2
25	TOMASIK ALAN	231	NEXTREME		POL	M 25-29	5	M 25	00:48:33	00:48:42.35	00:48:43.85	9:44	6.2
26	ZAKOLODKIN ROMAN	223	HERO RACE TEAM		RUS	M 25-29	6	M 26	00:48:43	00:48:48.45	00:48:50.45	9:45	6.1
27	DIECKMANN JAN-PHILIP	207			GER	M 25-29	7	M 27	00:49:04	00:49:07.65	00:49:09.10	9:49	6.1
28	BLANKENBURGH DAVID	228			NED	M 25-29	8	M 28	00:49:02	00:49:07.40	00:49:09.50	9:49	6.1
29	SERAFIŃSKI MACIEJ	126	NEXTREME		POL	M 18-24	9	M 29	00:49:11	00:49:17.35	00:49:17.60	9:51	6.1
30	TARKA ANDRZEJ	45			POL	M ELITE	11	M 30	00:49:12	00:49:17.55	00:49:19.70	9:51	6.1
31	MOSE KRISTIAN	311	TEAM REBORN OCR		DEN	M 30-34	3	M 31	00:49:14	00:49:18.40	00:49:21.55	9:51	6.1
32	CAPARROS NATHAN	14			FRA	M ELITE	12	M 32	00:49:25	00:49:30.45	00:49:32.15	9:54	6.1
33	TITCOMB DANIEL	134				M 18-24	10	M 33	00:49:28	00:49:34.00	00:49:34.50	9:54	6.1
34	CEJKO DAWID	128			POL	M 18-24	11	M 34	00:49:51	00:49:55.85	00:49:56.20	9:59	6
35	GRAVERS MADS	322			DEN	M 30-34	4	M 35	00:50:07	00:50:11.45	00:50:14.60	10:02	6
36	URBAŃSKI KAMIL	307	NEXTREME / 17 BRYGADA ZMECHANIZOWANA		POL	M 30-34	5	M 36	00:50:18	00:50:22.40	00:50:25.75	10:04	6
37	KADRMAS MAREK	132	OCRA CZ		CZE	M 18-24	12	M 37	00:50:27	00:50:31.50	00:50:31.85	10:06	5.9
38	MUSSCHE FRANS	264			NED	M 25-29	9	M 38	00:50:26	00:50:31.60	00:50:33.65	10:06	5.9
39	KOWALCZYK DAWID	44			POL	M ELITE	13	M 39	00:50:27	00:50:32.95	00:50:34.85	10:06	5.9
40	PANIN EGOR	133			RUS	M 18-24	13	M 40	00:50:41	00:50:46.20	00:50:46.75	10:09	5.9
41	KRZYSTYŃIAK ROBERT	843			POL	M 45-49	1	M 41	00:50:50	00:50:54.65	00:50:57.30	10:11	5.9
42	BANDOSZ ROBERT	18	ADRENALINE RUSH OCR		POL	M ELITE	14	M 42	00:51:01	00:51:06.85	00:51:07.45	10:13	5.9
43	ZAWISTOWSKI JAKUB	197			POL	M 25-29	10	M 43	00:51:02	00:51:07.15	00:51:09.15	10:13	5.9
44	MIKRUT JAKUB	127			POL	M 18-24	14	M 44	00:51:08	00:51:13.00	00:51:14.00	10:14	5.9

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
45	JANSSON THOMAS	47	TEAM FIT		SWE	M ELITE	15	M 45	00:51:14	00:51:19.90	00:51:22.40	10:16	5.8
46	KARLSSON KARIN	115			SWE	W ELITE	1	K 1	00:51:20	00:51:24.85	00:51:26.35	10:17	5.8
47	ПЕРМЯКОВ ИГОРЬ	34	OCR RUSSIA 2		RUS	M ELITE	16	M 46	00:51:24	00:51:29.00	00:51:30.25	10:17	5.8
48	KUIK THOMAS	148	TEAM HANG-ON THE NETHERLANDS		NED	M 18-24	15	M 47	00:51:29	00:51:36.10	00:51:36.25	10:19	5.8
49	CHRISTENSEN KATJA	80			DEN	W ELITE	2	K 2	00:51:35	00:51:40.05	00:51:41.55	10:20	5.8
50	PRYKOWSKI TOMASZ	200	XRUNNERS		POL	M 25-29	11	M 48	00:51:44	00:51:47.65	00:51:49.20	10:21	5.8
51	JAROSZ DAWID	308	XRUNNERS		POL	M 30-34	6	M 49	00:51:54	00:51:59.05	00:52:02.05	10:23	5.8
52	VLAM THIJS	263			NED	M 25-29	12	M 50	00:52:04	00:52:11.85	00:52:14.35	10:26	5.7
53	KONEWKA JACEK	196	HUSARIA RACE TEAM		POL	M 25-29	13	M 51	00:52:13	00:52:17.45	00:52:18.85	10:27	5.7
54	MAZUR DAMIAN	310	SOCIOS SILESIA		POL	M 30-34	7	M 52	00:52:13	00:52:17.45	00:52:20.75	10:27	5.7
55	GUIBERT ROMAIN	219	TEAM FRANCE		FRA	M 25-29	14	M 53	00:52:25	00:52:30.05	00:52:32.05	10:30	5.7
56	ДЕГТЯРЕВ ИВАН	22			RUS	M ELITE	17	M 54	00:52:28	00:52:34.05	00:52:34.75	10:30	5.7
57	REN EMIL FRIIS	50	EVOLUTIONRACE		DEN	M ELITE	18	M 55	00:52:43	00:52:46.50	00:52:49.10	10:33	5.7
58	EVENSEN ULRIKKE	104			DEN	W ELITE	3	K 3	00:52:42	00:52:48.10	00:52:49.70	10:33	5.7
59	CLAESSON ALBIN	141			SWE	M 18-24	16	M 56	00:52:50	00:52:54.50	00:52:55.15	10:35	5.7
60	BARBE LLUIS	2	OLLLU WOLF		ESP	M ELITE	19	M 57	00:52:55	00:53:00.75	00:53:01.75	10:36	5.7
61	CZERWIŃSKI MACIEJ	237	BALTIC SEALS		POL	M 25-29	15	M 58	00:53:04	00:53:07.00	00:53:08.95	10:37	5.6
62	STROMMER LÁSZLÓ	875			HUN	M 50-54	1	M 59	00:53:04	00:53:09.75	00:53:11.55	10:38	5.6
63	WAŃCZYK ŁUKASZ	17			POL	M ELITE	20	M 60	00:53:05	00:53:10.35	00:53:11.85	10:38	5.6
64	BELOV ARTUR	70			RUS	M ELITE	21	M 61	00:53:13	00:53:19.25	00:53:21.40	10:39	5.6
65	JOLES ROËL	393	TEAM HANG-ON THE NETHERLANDS		NED	M 30-34	8	M 62	00:53:24	00:53:28.55	00:53:30.75	10:41	5.6
66	WOJTYSZYN WOJCIECH	24	XRUNNERS		POL	M ELITE	22	M 63	00:53:26	00:53:33.70	00:53:33.70	10:42	5.6
67	GRZONDKO MATEUSZ	42			POL	M ELITE	23	M 64	00:53:56	00:54:00.25	00:54:03.35	10:48	5.6
68	VOROBOK TOMÁŠ	52			CZE	M ELITE	24	M 65	00:53:57	00:54:01.00	00:54:03.50	10:48	5.6
69	OOSTEROM FRANK	12			NED	M ELITE	25	M 66	00:54:02	00:54:07.00	00:54:07.90	10:49	5.5
70	PELISSIER BENOIT	377			FRA	M 30-34	9	M 67	00:54:03	00:54:07.25	00:54:10.15	10:49	5.5
71	CHRISTENSEN BRIAN VIBORG	826			DEN	M 45-49	2	M 68	00:54:10	00:54:14.25	00:54:16.75	10:50	5.5
72	VILA JOSE	152	OCRAMICX		ESP	M 18-24	17	M 69	00:54:27	00:54:31.65	00:54:31.80	10:54	5.5
73	KALININ JAROSŁAW	43	XRUNNERS		POL	M ELITE	26	M 70	00:54:32	00:54:35.85	00:54:38.25	10:55	5.5
74	VOLÁK ADAM	177			CZE	M 18-24	18	M 71	00:54:36	00:54:41.20	00:54:43.25	10:56	5.5
75	RUMMEL ALEXANDER	67			GER	M ELITE	27	M 72	00:54:58	00:55:04.05	00:55:06.20	11:00	5.4
76	GAZUREK KACPER	40			POL	M ELITE	28	M 73	00:55:00	00:55:03.90	00:55:06.60	11:00	5.4
77	KARCZMARSKI MATEUSZ	305			POL	M 30-34	10	M 74	00:55:09	00:55:14.25	00:55:16.75	11:02	5.4
78	STIIG JONATHAN	289			SWE	M 25-29	16	M 75	00:55:13	00:55:18.75	00:55:23.45	11:03	5.4
79	PRUDÊNCIO GONÇALO	27	TEAM URBAN OBSTACLES		POR	M ELITE	29	M 76	00:55:20	00:55:25.15	00:55:26.05	11:05	5.4
80	GYÖMREI MÁTÉ	397	TEST TEAM		HUN	M 30-34	11	M 77	00:55:20	00:55:24.75	00:55:26.10	11:05	5.4
81	VADZIM SHALKOUSKI	209	OCR BELARUS		BLR	M 25-29	17	M 78	00:55:24	00:55:27.30	00:55:31.00	11:05	5.4
82	LAGRAND STIJN	649	TEAM HANG-ON THE NETHERLANDS		NED	M 13-17	1	M 79	00:55:30	00:55:33.80	00:55:35.40	11:06	5.4
83	BRZOSKWINIA WOJCIECH	201			POL	M 25-29	18	M 80	00:55:30	00:55:35.75	00:55:35.75	11:07	5.4
84	VIKTOROVICH GRUZDEV VLADIMIR	221			RUS	M 25-29	19	M 81	00:55:43	00:55:47.65	00:55:49.65	11:09	5.4
85	SOBIERAJSKI BOLESŁAW	658			POL	M 13-17	2	M 82	00:55:53	00:55:58.35	00:56:00.35	11:11	5.4
86	WITEK PIOTR	274			POL	M 25-29	20	M 83	00:55:54	00:55:58.35	00:56:01.55	11:11	5.4
87	BRZozowski FILIP	202	HUSARIA RACE TEAM		POL	M 25-29	21	M 84	00:55:58	00:56:01.60	00:56:03.40	11:12	5.4
88	SALOMÁKI VILLE	934			SWE	M JOURNEYMAN	1	M 85	00:55:57	00:56:02.85	00:56:05.05	11:12	5.4
89	OLKHOVSKII DMITRI	35	RUSSIA		RUS	M ELITE	30	M 86	00:55:58	00:56:03.35	00:56:05.05	11:12	5.4
90	EPMAKOB AHTOH	71	39RUS		RUS	M ELITE	31	M 87	00:56:09	00:56:13.85	00:56:15.85	11:14	5.3
91	SCHUH MARTIN	61	UNION DIRTRUN.COMPANY		AUT	M ELITE	32	M 88	00:56:12	00:56:15.80	00:56:18.75	11:15	5.3
92	PAVEL KOCHERYGIN	29			RUS	M ELITE	33	M 89	00:56:17	00:56:21.25	00:56:22.75	11:16	5.3
93	MÓRAWSKI MIESZKO	41			POL	M ELITE	34	M 90	00:56:17	00:56:22.20	00:56:24.50	11:16	5.3
94	BETTS JESSE	25				M ELITE	35	M 91	00:56:32	00:56:40.00	00:56:41.15	11:20	5.3
95	VERHEUL PAUL PIETER CORNELIS	297	ATLAS OUTDOOR TRAINING		NED	M 25-29	22	M 92	00:56:36	00:56:42.15	00:56:45.50	11:20	5.3
96	GONZÁLEZ MIGUEL PINTO	20	OCR COMANDO DEL NORTE OSCAR FERNANDEZ		ESP	M ELITE	36	M 93	00:56:44	00:56:49.60	00:56:51.00	11:22	5.3
97	MILLAN DANIEL OSMÁ	69	BRAVE BULLS		ESP	M ELITE	37	M 94	00:56:55	00:56:58.40	00:57:00.20	11:23	5.3
98	JUSTESEN SIMON	246	TEAM SOLID		SWE	M 25-29	23	M 95	00:56:20	00:57:00.95	00:57:02.80	11:24	5.3
99	GREGersen MADS-CHRISTIAN AGERSKOV	653			DEN	M 13-17	3	M 96	00:56:57	00:57:01.20	00:57:03.85	11:24	5.3
100	KRUCZKOWSKI MICHAŁ	194	XRUNNERS		POL	M 25-29	24	M 97	00:57:03	00:57:06.55	00:57:08.10	11:25	5.3

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
101	SOBIERAJSKI KRZYSZTOF	656			POL	M 13-17	4	M 98	00:57:09	00:57:15.10	00:57:17.25	11:27	5.2
102	ANTCZAK MARCIN	199	NEXTREME / 17 BRYGADA ZMECHANIZOWANA		POL	M 25-29	25	M 99	00:57:14	00:57:19.80	00:57:21.20	11:28	5.2
103	DICKSON MARK	573				M 40-44	1	M 100	00:57:16	00:57:20.95	00:57:22.60	11:28	5.2
104	MENSINK NICK	361	OCR SKILLZ		NED	M 30-34	12	M 101	00:57:18	00:57:22.50	00:57:25.35	11:28	5.2
105	DAVID SEBASTIEN	53	ELANCIA		FRA	M ELITE	38	M 102	00:57:21	00:57:25.10	00:57:27.25	11:29	5.2
106	PROKUDIN YURY	647	RUSSIA-MOSCOW REGION		RUS	M 13-17	5	M 103	00:57:36	00:57:40.30	00:57:43.25	11:32	5.2
107	JANSEN CORIEN	82	FAMILY FIT INDOOR SURVIVAL		NED	W ELITE	4	K 4	00:57:53	00:57:57.70	00:58:00.00	11:35	5.2
108	OLEXANDR TARSUKOV	56			UKR	M ELITE	39	M 104	00:57:26	00:57:59.05	00:58:00.50	11:35	5.2
109	MĘDYGRAŁ KRYSZTIAN	235			POL	M 25-29	26	M 105	00:58:05	00:58:10.55	00:58:12.00	11:38	5.2
110	POLYAKOV OLEG	220			RUS	M 25-29	27	M 106	00:58:07	00:58:13.50	00:58:15.45	11:38	5.2
111	SZYSZKA KACPER	163	KONIUCHY OCR		POL	M 18-24	19	M 107	00:58:37	00:58:41.90	00:58:44.05	11:44	5.1
112	HANSEN MADS VOSS	137			DEN	M 18-24	20	M 108	00:58:53	00:58:57.70	00:58:58.55	11:47	5.1
113	ALMERSKÅR VIKTOR	131			SWE	M 18-24	21	M 109	00:58:56	00:59:02.15	00:59:02.95	11:48	5.1
114	HORVÁTH ZSOLT	650	OCR GABORTEAM		HUN	M 13-17	6	M 110	00:59:03	00:59:06.45	00:59:08.30	11:49	5.1
115	BABUŠKOVÁ STANISLAVA	806			CZE	W 40-44	1	K 5	00:59:08	00:59:12.80	00:59:15.75	11:50	5.1
116	ORICHOWSKI WITALIJ	156			POL	M 18-24	22	M 111	00:59:15	00:59:21.60	00:59:24.10	11:52	5.1
117	WISPELWEIJ SEM	150	HANG ON THE NETHERLANDS		NED	M 18-24	23	M 112	00:59:19	00:59:24.85	00:59:25.00	11:53	5
118	SETTELE STEFAN	368	MIT OCR GERMANY		GER	M 30-34	13	M 113	00:59:20	00:59:23.40	00:59:26.10	11:52	5.1
119	ASMUSSEN ANDREAS MUNK	335			DEN	M 30-34	14	M 114	00:59:19	00:59:22.65	00:59:26.60	11:52	5.1
120	KRASOŃ BARTŁOMIEJ	272			POL	M 25-29	28	M 115	00:59:22	00:59:26.00	00:59:30.25	11:53	5
121	SLITS PETER	861			NED	M 50-54	2	M 116	00:59:23	00:59:28.60	00:59:30.35	11:53	5
122	DOMÍNGUEZ EDUARDO DÍAZ	66	LEYENDAS OCR BY XFORCE		ESP	M ELITE	40	M 117	00:59:33	00:59:36.20	00:59:38.00	11:55	5
123	TOMAKA TOMASZ	203	HUSARIA RACE TEAM		POL	M 25-29	29	M 118	00:59:38	00:59:43.40	00:59:45.15	11:56	5
124	KOŁOSZUK MARCIN	343	NEXTREME / 4 ZPLOT		POL	M 30-34	15	M 119	00:59:52	00:59:57.50	01:00:00.15	11:59	5
125	ARZADUN IMANOL PESO	72	DENONTZAT		ESP	M ELITE	41	M 120	00:59:54	00:59:59.25	01:00:01.15	12:00	5
126	DRAGSTED ANDREAS	19	EVOLUTIONRACE		DEN	M ELITE	42	M 121	01:00:02	01:00:08.35	01:00:10.45	12:01	5
127	PÉREZ SERGIO GÓMEZ	212	EGYPTIAN RACERS		ESP	M 25-29	30	M 122	01:00:19	01:00:23.60	01:00:25.10	12:04	5
128	TROIAN MAKAR	23			UKR	M ELITE	43	M 123	01:00:24	01:00:27.45	01:00:29.15	12:05	5
129	HEŁMECKI MATEUSZ	270	KONIUCHY OCR		POL	M 25-29	31	M 124	01:00:38	01:00:44.75	01:00:48.10	12:09	4.9
130	CAMBRIDGE LUKE	365	TEAM NORTHMAN OCR		NOR	M 30-34	16	M 125	01:00:44	01:00:49.80	01:00:53.05	12:10	4.9
131	HARBUNOU IHAR	6			BLR	M ELITE	44	M 126	01:00:50	01:00:55.80	01:00:56.65	12:11	4.9
132	YAROSLAV SLAVUSHCHEV	261			RUS	M 25-29	32	M 127	01:00:56	01:01:00.45	01:01:02.75	12:12	4.9
133	OSHKIN EGOR	31			RUS	M ELITE	45	M 128	01:01:02	01:01:08.75	01:01:09.55	12:13	4.9
134	MEEL JIM VAN DER	333	TEAM HANG-ON THE NETHERLANDS		NED	M 30-34	17	M 129	01:01:06	01:01:11.65	01:01:15.10	12:14	4.9
135	PAWŁOWSKI KAMIL	162			POL	M 18-24	24	M 130	01:01:24	01:01:29.20	01:01:31.25	12:17	4.9
136	STAMATEL SEBASTIAN	281	SOCIOS SILESIA		POL	M 25-29	33	M 131	01:01:25	01:01:30.20	01:01:33.80	12:18	4.9
137	SABIROV ZHANSEK	76			KAZ	M ELITE	46	M 132	01:01:27	01:01:32.85	01:01:34.45	12:18	4.9
138	HANDLER CHRISTIAN	57			AUT	M ELITE	47	M 133	01:01:30	01:01:37.50	01:01:39.60	12:19	4.9
139	BLOEM MARTIJN	597	TEAM HANG-ON THE NETHERLANDS		NED	M 40-44	2	M 134	01:01:42	01:01:46.30	01:01:48.55	12:21	4.9
140	GROOT BO DE	100			NED	W ELITE	5	K 6	01:01:48	01:01:53.85	01:01:55.90	12:22	4.8
141	MACHTYL ZYGMUNT	831	BEST BEASTS		POL	M 45-49	3	M 135	01:01:58	01:02:03.30	01:02:05.45	12:24	4.8
142	WALTILLA MARCUS	325	OCR TEAM MAUS		SWE	M 30-34	18	M 136	01:02:43	01:02:46.95	01:02:50.45	12:33	4.8
143	BUDZISZ KRZYSZTOF	565			POL	M 40-44	3	M 137	01:03:07	01:03:11.60	01:03:13.25	12:38	4.7
144	KEANE JOSH	222	TEAM MADNESS			M 25-29	34	M 138	01:03:14	01:03:17.70	01:03:20.05	12:39	4.7
145	HÄRKÖNEN ELIN	110			SWE	W ELITE	6	K 7	01:03:33	01:03:37.50	01:03:39.00	12:43	4.7
146	LEMA DAMIÁN ESPASANDÍN	410			ESP	M 30-34	19	M 139	01:03:38	01:03:42.95	01:03:44.45	12:44	4.7
147	SAVANOVICH VITALI	574			BLR	M 40-44	4	M 140	01:03:40	01:03:46.40	01:03:48.75	12:45	4.7
148	LEGANDER SIMON	290			SWE	M 25-29	35	M 141	01:03:51	01:03:56.35	01:04:00.05	12:47	4.7
149	RAMOS SÉRGIO	829	LYNX		POR	M 45-49	4	M 142	01:03:55	01:04:00.40	01:04:02.50	12:48	4.7
150	LLAPASSET VICTOR	298			FRA	M 25-29	36	M 143	01:03:56	01:04:01.65	01:04:05.25	12:48	4.7
151	LEJK BENIAMIN	277	XRUNNERS		POL	M 25-29	37	M 144	01:04:04	01:04:07.70	01:04:11.15	12:49	4.7
152	HEER ERIK DE	869	HANG ON THE NETHERLANDS		NED	M 50-54	3	M 145	01:04:05	01:04:10.70	01:04:12.30	12:50	4.7
153	BIRKENFELD THORBEN	279			GER	M 25-29	38	M 146	01:04:05	01:04:09.60	01:04:13.80	12:49	4.7
154	PEDERSEN CHRISTIAN	823	EVOLUTIONRACE		DEN	M 45-49	5	M 147	01:04:37	01:04:40.70	01:04:43.50	12:56	4.6
155	SVOBODA VÍTEK	409	CHALLENGER		CZE	M 30-34	20	M 148	01:04:40	01:04:45.05	01:04:47.05	12:57	4.6
156	VERLAAT KEES	286			NED	M 25-29	39	M 149	01:04:49	01:04:54.60	01:04:58.55	12:59	4.6

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
157	SEBASTIEN FAGE	587	TEAM KONG OCR FRANCE		FRA	M 40-44	5	M 150	01:05:14	01:05:20.15	01:05:22.25	13:04	4.6
158	VASYA DUDNIKOV	151			RUS	M 18-24	25	M 151	01:05:21	01:05:27.30	01:05:27.55	13:05	4.6
159	LARSSON MADELEINE	792	TEAM SOLID SWEDEN		SWE	W 35-39	1	K 8	01:05:23	01:05:29.15	01:05:30.95	13:05	4.6
160	REZNIK ANTON	54	RUSSIA		RUS	M ELITE	48	M 152	01:05:59	01:06:04.10	01:06:06.20	13:12	4.5
161	KERSTEN MAX	190	OUTDOOR VALLEY		NED	M 18-24	26	M 153	01:06:02	01:06:06.70	01:06:09.55	13:13	4.5
162	BINDSLEV THOMAS GREGERS	950			DEN	M JOURNEYMAN	2	M 154	01:06:17	01:06:22.35	01:06:26.35	13:16	4.5
163	MIRA LORENA GONZÁLEZ	101			ESP	W ELITE	7	K 9	01:06:40	01:06:44.80	01:06:46.55	13:21	4.5
164	CIEPIELA JAN	166			POL	M 18-24	27	M 155	01:06:45	01:06:57.80	01:07:00.15	13:23	4.5
165	BOARDER ROBERT	567				M 40-44	6	M 156	01:07:11	01:07:15.25	01:07:17.65	13:27	4.5
166	KRAUCHANKA ALIAKSANDR	521			BLR	M 35-39	1	M 157	01:07:13	01:07:18.15	01:07:20.60	13:27	4.5
167	PEHTSERAVA TATSIANA	762			BLR	W 30-34	1	K 10	01:07:25	01:07:31.95	01:07:34.70	13:30	4.4
168	LENOIR CYRIL	260			BEL	M 25-29	40	M 158	01:07:26	01:07:33.45	01:07:34.90	13:30	4.4
169	ZDEB MACIEK	160			POL	M 18-24	28	M 159	01:07:50	01:07:54.70	01:07:57.45	13:35	4.4
170	BUCCARELLA LUCA	185			DEN	M 18-24	29	M 160	01:07:54	01:07:59.50	01:08:02.00	13:36	4.4
171	ŁUKASZ LORENC	568			POL	M 40-44	7	M 161	01:08:47	01:08:53.65	01:08:53.65	13:46	4.4
172	GERICH JAN VON	611			FIN	M 40-44	8	M 162	01:09:04	01:09:07.60	01:09:10.05	13:49	4.3
173	MIKHINA ANASTASIA	85			RUS	W ELITE	8	K 11	01:09:20	01:09:24.15	01:09:25.50	13:52	4.3
174	ECHVERRIA ASIER LANDART	30	DENONTZAT		ESP	M ELITE	49	M 163	01:09:20	01:09:26.50	01:09:27.35	13:53	4.3
175	KOSIŃSKI JAKUB	167			POL	M 18-24	30	M 164	01:09:31	01:09:37.05	01:09:39.40	13:55	4.3
176	MARTIN DARREN	300				M 25-29	41	M 165	01:09:31	01:09:36.45	01:09:39.50	13:55	4.3
177	POWELL ALF	660				M 13-17	7	M 166	01:09:40	01:09:45.15	01:09:47.10	13:57	4.3
178	SZCZEPANIAK MARCIN	454	XRUNNERS		POL	M 35-39	2	M 167	01:09:45	01:09:50.15	01:09:51.90	13:58	4.3
179	SRNSKÝ DANIEL	189			CZE	M 18-24	31	M 168	01:09:54	01:09:58.70	01:10:01.45	13:59	4.3
180	RAMOS PAULA ESTEIRO	784			ESP	W 35-39	2	K 12	01:10:09	01:10:15.25	01:10:17.40	14:03	4.3
181	GARNIER ANOUK	111			FRA	W ELITE	9	K 13	01:10:28	01:10:32.65	01:10:34.15	14:06	4.3
182	VEPŘEK MARTIN	256			CZE	M 25-29	42	M 169	01:10:31	01:10:35.55	01:10:37.65	14:07	4.3
183	HANSEN JONAS	259			DEN	M 25-29	43	M 170	01:10:33	01:10:39.00	01:10:41.45	14:07	4.2
184	STEENSGAARD IDA MATHILDE	92			DEN	W ELITE	10	K 14	01:10:37	01:10:41.75	01:10:43.65	14:08	4.2
185	VRIES LISAN DE	811	FAMILYFIT OCR TEAM		NED	W 40-44	2	K 15	01:10:38	01:10:43.20	01:10:46.00	14:08	4.2
186	DAMKOT TOM	661			NED	M 13-17	8	M 171	01:10:37	01:11:07.15	01:11:08.90	14:13	4.2
187	DIJKSTRA DOOITZE	562	TEAM HANG-ON THE NETHERLANDS		NED	M 35-39	3	M 172	01:11:33	01:11:38.65	01:11:41.55	14:19	4.2
188	RACZEK RADOŚLAW	233	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M 25-29	44	M 173	01:11:35	01:11:40.00	01:11:41.75	14:20	4.2
189	LINDSGREN CHRISTINA	803			DEN	W 40-44	3	K 16	01:11:40	01:11:45.45	01:11:48.20	14:21	4.2
190	NILSSON ERIK	136			SWE	M 18-24	32	M 174	01:11:45	01:11:52.55	01:11:52.70	14:22	4.2
191	ROBBEMOND ROBIN	842	TEAM HANG-ON THE NETHERLANDS		NED	M 45-49	6	M 175	01:11:48	01:11:53.70	01:11:55.75	14:22	4.2
192	WOROBIEWA JEKATIERINA	773			POL	W 30-34	2	K 17	01:11:54	01:11:58.50	01:12:01.90	14:23	4.2
193	BURÉN JOHAN	481	KARLSHAMN OCR		SWE	M 35-39	4	M 176	01:12:00	01:12:05.75	01:12:07.65	14:25	4.2
194	KURACH STANISLAW	871	DZIADY OCR		POL	M 50-54	4	M 177	01:12:31	01:12:34.95	01:12:37.95	14:30	4.1
195	MARTIN ASTRID	732			DEN	W 25-29	1	K 18	01:12:31	01:12:37.45	01:12:38.85	14:31	4.1
196	JOZEFIAK LUKASZ	453	XRUNNERS		POL	M 35-39	5	M 178	01:12:33	01:12:38.50	01:12:40.65	14:31	4.1
197	KAMIESHKOV DENYS	602			UKR	M 40-44	9	M 179	01:12:37	01:12:42.25	01:12:45.05	14:32	4.1
198	SCHWEIGERT MATTHIAS	288			GER	M 25-29	45	M 180	01:12:46	01:12:51.70	01:12:54.90	14:34	4.1
199	HOWARD JOHN	51				M ELITE	50	M 181	01:12:51	01:12:56.95	01:13:00.25	14:35	4.1
200	WAŁDOWSKI DOMINIK	459			POL	M 35-39	6	M 182	01:13:19	01:13:25.20	01:13:27.75	14:41	4.1
201	DORNYI TAMÁS	178			HUN	M 18-24	33	M 183	01:13:22	01:13:27.05	01:13:29.00	14:41	4.1
202	MONZON IMRE	49			NED	M ELITE	51	M 184	01:13:30	01:13:35.85	01:13:35.85	14:43	4.1
203	BUENK PETER	595	TEAM OUTDOOR OCR		NED	M 40-44	10	M 185	01:13:43	01:13:48.50	01:13:50.65	14:45	4.1
204	RIECHERT VIOLA	81	MUD MONKEYS OCR TEAM		GER	W ELITE	11	K 19	01:13:47	01:13:51.65	01:13:53.25	14:46	4.1
205	WISSING ARJAN	470	VUDA OBSTACLE TEAM		NED	M 35-39	7	M 186	01:14:27	01:14:32.55	01:14:34.35	14:54	4
206	WIKTOROWICZ MARIUSZ	566	RMF4RT GLADIATORS		POL	M 40-44	11	M 187	01:14:29	01:14:37.70	01:14:39.85	14:55	4
207	MICHEL JÉRÉMY	62			FRA	M ELITE	52	M 188	01:14:47	01:14:51.95	01:14:53.95	14:58	4
208	ГОВОРОВ АНДРЕЙ	58			RUS	M ELITE	53	M 189	01:14:50	01:14:55.35	01:14:57.35	14:59	4
209	MADSEN TOMMY	450	GRIPEN OCR		SWE	M 35-39	8	M 190	01:14:52	01:14:57.60	01:14:59.45	14:59	4
210	WRIGHT JASON	836				M 45-49	7	M 191	01:15:27	01:15:32.75	01:15:34.60	15:06	4
211	ŠULDA JAKUB	188			CZE	M 18-24	34	M 192	01:15:31	01:15:37.50	01:15:39.50	15:07	4
212	LEVERAAS KATRINE HAALAND	709	TOUGH RACE SWEDEN		NOR	W 25-29	2	K 20	01:15:37	01:15:40.85	01:15:42.55	15:08	4

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
213	LISOWSKI GRZEGORZ	458	SOCIOS SILESIA		POL	M 35-39	9	M 193	01:16:00	01:16:05.15	01:16:07.10	15:13	3.9
214	SJÖLIN JOHAN	376			SWE	M 30-34	21	M 194	01:16:16	01:16:21.75	01:16:24.80	15:16	3.9
215	ESPINOSA JOAQUÍN MALO	581			ESP	M 40-44	12	M 195	01:16:29	01:16:34.10	01:16:35.90	15:18	3.9
216	САПАТОВ КОХСТАХТИН	553			RUS	M 35-39	10	M 196	01:17:12	01:17:16.80	01:17:19.45	15:27	3.9
217	CRUZ SEBASTIEN	486			FRA	M 35-39	11	M 197	01:17:16	01:17:22.25	01:17:24.40	15:28	3.9
218	ALFREDSSON TOBIAS	620			SWE	M 40-44	13	M 198	01:17:26	01:17:30.30	01:17:32.50	15:30	3.9
219	CANACCINI DENIS	572			ITA	M 40-44	14	M 199	01:17:30	01:17:34.10	01:17:35.95	15:30	3.9
220	MARUSZEWSKI MARCIN	455	NEXTREME		POL	M 35-39	12	M 200	01:17:38	01:17:42.35	01:17:43.90	15:32	3.9
221	GIESBERTS VALÉRIE	891	TEAM HANG-ON THE NETHERLANDS		NED	W 13-17	1	K 21	01:17:41	01:17:45.55	01:17:48.15	15:33	3.9
222	CAPPELEN DAN	549	#3KLØVERENOCR		DEN	M 35-39	13	M 201	01:17:34	01:17:40.55	01:17:49.65	15:32	3.9
223	MARÓZ ARTSIOM	321			BLR	M 30-34	22	M 202	01:17:41	01:17:46.45	01:17:49.90	15:33	3.9
224	KASZA RAFAL	456	HUSARIA RACE TEAM		POL	M 35-39	14	M 203	01:17:48	01:17:54.20	01:17:55.35	15:34	3.9
225	FIGUEIREDO RUI PEDRO CRUZ	213			POR	M 25-29	46	M 204	01:17:50	01:18:08.10	01:18:09.90	15:37	3.8
226	ANDRESEN PETTER	872	TEAM OCR NORWAY		NOR	M 50-54	5	M 205	01:18:06	01:18:11.90	01:18:14.05	15:38	3.8
227	REGNELL FREDRICK	326			SWE	M 30-34	23	M 206	01:18:09	01:18:14.10	01:18:17.45	15:38	3.8
228	LOMNICKÁ TEREZA	682			CZE	W 18-24	1	K 22	01:18:19	01:18:24.40	01:18:27.35	15:41	3.8
229	BENTO TONI	600			AFG	M 40-44	15	M 207	01:18:33	01:18:39.55	01:18:42.75	15:43	3.8
230	HANSSON RICKARD	615	GRIPEN OCR		SWE	M 40-44	16	M 208	01:18:35	01:18:39.75	01:18:42.80	15:43	3.8
231	TOMASZ KOMARNICKI	530	GRUBIORZE LOTAJOM		POL	M 35-39	15	M 209	01:18:51	01:18:56.70	01:18:58.95	15:47	3.8
232	CIMLER JIŘÍ	55	GLADIATORS CZECH		CZE	M ELITE	54	M 210	01:19:12	01:19:18.60	01:19:21.10	15:51	3.8
233	GEVEN TWAN	666	TEAM BRUGGINK NL		NED	M 13-17	9	M 211	01:19:16	01:19:20.55	01:19:22.60	15:52	3.8
234	SLUIS RICHARD	514			NED	M 35-39	16	M 212	01:19:16	01:19:21.40	01:19:24.05	15:52	3.8
235	YANN CHAMBERT	328	SPARTAN LIONS		FRA	M 30-34	24	M 213	01:19:15	01:19:20.90	01:19:24.25	15:52	3.8
236	BATES DANIEL	853	TEAM ULTIMATE OCR		SWE	M 45-49	8	M 214	01:19:40	01:19:45.95	01:19:48.70	15:57	3.8
237	RYDSTRÖM JOHAN	513	KARLSHAMN OCR		SWE	M 35-39	17	M 215	01:20:08	01:20:13.90	01:20:17.15	16:02	3.7
238	DRUIJFF MEIKE	892			NED	W 13-17	2	K 23	01:20:19	01:20:23.45	01:20:26.35	16:04	3.7
239	LOZANO MIGUEL ÁNGEL CHARRO	858			ESP	M 45-49	9	M 216	01:20:19	01:20:25.85	01:20:27.95	16:05	3.7
240	PELLUZ LUIS	599			ESP	M 40-44	17	M 217	01:20:30	01:20:35.55	01:20:37.85	16:07	3.7
241	LEARY TONY	880				M 50-54	6	M 218	01:20:37	01:20:46.75	01:20:48.45	16:09	3.7
242	LISOWSKI ADAM	460	SOCIOS SILESIA		POL	M 35-39	18	M 219	01:20:45	01:20:49.70	01:20:51.40	16:10	3.7
243	PLÓCIENNIK PIOTR	348			POL	M 30-34	25	M 220	01:21:09	01:21:13.65	01:21:16.25	16:14	3.7
244	OVECHKIN TARAS	474			RUS	M 35-39	19	M 221	01:21:09	01:21:15.05	01:21:17.35	16:15	3.7
245	ALEKSEI GIATCINTOV	462			RUS	M 35-39	20	M 222	01:21:39	01:21:44.45	01:21:46.30	16:21	3.7
246	CHRISTIAN RAMBERGER	940	TEAM CELTIC WARRIOR		AUT	M JOURNEYMAN	3	M 223	01:21:57	01:22:06.50	01:22:09.15	16:25	3.7
247	SCHÜLER CONSTANTIN	936			AUT	M JOURNEYMAN	4	M 224	01:21:57	01:22:06.40	01:22:09.35	16:25	3.7
248	NIELSEN SØREN	432			DEN	M 30-34	26	M 225	01:22:10	01:22:14.45	01:22:17.50	16:26	3.6
249	SAAL PATRICK	920	MUDDY UNICORNS		GER	M JOURNEYMAN	5	M 226	01:22:12	01:22:22.60	01:22:26.30	16:28	3.6
250	FAGERSTRÖM PO	586	TEAM SOLID		SWE	M 40-44	18	M 227	01:22:22	01:22:26.85	01:22:29.55	16:29	3.6
251	ONOFRIENKO KARINA	678			RUS	W 18-24	2	K 24	01:22:42	01:22:49.25	01:22:51.45	16:33	3.6
252	ŁUKASZEWSKI JAKUB	158	HUSARIA RACE TEAM		POL	M 18-24	35	M 228	01:22:59	01:23:03.65	01:23:05.95	16:36	3.6
253	GAWRYLUK MARCIN	415			POL	M 30-34	27	M 229	01:23:05	01:23:11.60	01:23:13.45	16:38	3.6
254	LUNDBERG SARA	764			SWE	W 30-34	3	K 25	01:23:16	01:23:21.45	01:23:25.35	16:40	3.6
255	KONARSKI ŁUKASZ	534	KONTENER FORMY		POL	M 35-39	21	M 230	01:23:25	01:23:31.20	01:23:33.45	16:42	3.6
256	TYL LUKÁŠ	374			CZE	M 30-34	28	M 231	01:23:32	01:23:38.10	01:23:41.55	16:43	3.6
257	OLEKSIUK ANDRII	467			UKR	M 35-39	22	M 232	01:23:51	01:23:56.15	01:23:57.55	16:47	3.6
258	MAŁEK RAFAŁ	489	WATAHA		POL	M 35-39	23	M 233	01:23:57	01:24:01.00	01:24:03.95	16:48	3.6
259	JAKUBCZAK MARCIN	452			POL	M 35-39	24	M 234	01:24:10	01:24:15.70	01:24:18.25	16:51	3.6
260	CHRISTIAN RAMBERGER	478	TEAM CELTIC WARRIOR		AUT	M 35-39	25	M 235	01:24:17	01:24:23.95	01:24:26.50	16:52	3.6
261	PODGORSKI MAREK	492			POL	M 35-39	26	M 236	01:24:51	01:24:56.20	01:24:58.30	16:59	3.5
262	KUZMENKO IRINA	978			RUS	W JOURNEYMAN	1	K 26	01:24:54	01:25:00.90	01:25:03.45	17:00	3.5
263	ENDERBY RICH	464	TEAM OMRM			M 35-39	27	M 237	01:24:58	01:25:04.95	01:25:07.00	17:01	3.5
264	MÉDARD OLIVIER	411	LES BISONS		FRA	M 30-34	29	M 238	01:25:04	01:25:10.00	01:25:12.30	17:02	3.5
265	SWACZYŃSKI KRZYSZTOF	497	HUSARIA RACE TEAM		POL	M 35-39	28	M 239	01:25:41	01:25:46.60	01:25:49.85	17:09	3.5
266	TAYLOR ADAM	466				M 35-39	29	M 240	01:25:45	01:25:50.15	01:25:52.45	17:10	3.5
267	SCHYBERG OSCAR	556	KARLSHAMN OCR		SWE	M 35-39	30	M 241	01:25:59	01:26:03.80	01:26:07.15	17:12	3.5
268	REKUTIN IVAN	422			RUS	M 30-34	30	M 242	01:26:16	01:26:19.60	01:26:22.45	17:16	3.5
269	HŮRKOVÁ KRISTÝNA	114			CZE	W ELITE	12	K 27	01:26:20	01:26:25.90	01:26:27.70	17:17	3.5

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
270	KRÁSA DAVID	596			CZE	M 40-44	19	M 243	01:26:26	01:26:32.35	01:26:34.95	17:18	3.5
271	JASTRZĘBSKI PIOTR	352			POL	M 30-34	31	M 244	01:26:30	01:26:35.90	01:26:38.50	17:19	3.5
272	NIELSEN DANIEL BIRK	413			DEN	M 30-34	32	M 245	01:26:34	01:26:38.00	01:26:40.80	17:19	3.5
273	JULIEN ANDREW	355	TEAMMADNESS			M 30-34	33	M 246	01:27:43	01:27:50.60	01:27:53.65	17:34	3.4
274	YANIN DENIS	472			RUS	M 35-39	31	M 247	01:28:17	01:28:21.45	01:28:23.65	17:40	3.4
275	STANCLIK KRZYSZTOF	975			POL	M JOURNEYMAN	6	M 248	01:28:13	01:28:21.75	01:28:25.20	17:40	3.4
276	PAPPERMANN JENS	483			GER	M 35-39	32	M 249	01:28:20	01:28:23.55	01:28:26.00	17:40	3.4
277	KÖNIGOVÁ LUCIE	90			CZE	W ELITE	13	K 28	01:28:19	01:28:25.05	01:28:27.15	17:41	3.4
278	ÖBERG ROBIN	354	@HEJAPAPPA		SWE	M 30-34	34	M 250	01:28:33	01:28:38.20	01:28:40.60	17:43	3.4
279	CAJDERT JOHAN	482			SWE	M 35-39	33	M 251	01:28:37	01:28:49.05	01:28:51.70	17:45	3.4
280	JAKOBSSON NIKLAS	323			SWE	M 30-34	35	M 252	01:28:45	01:28:50.75	01:28:54.40	17:46	3.4
281	GALLI DARIO	641			ITA	M 40-44	20	M 253	01:29:01	01:29:07.70	01:29:10.85	17:49	3.4
282	BÅR MARCEL	404	MIT OCR GERMANY		GER	M 30-34	36	M 254	01:29:11	01:29:16.75	01:29:18.65	17:51	3.4
283	BRINKMANN SABRINA	733			GER	W 25-29	3	K 29	01:29:15	01:29:19.90	01:29:22.25	17:52	3.4
284	WIELECHOWSKA NATALIA	112			POL	W ELITE	14	K 30	01:28:27	01:29:28.30	01:29:30.20	17:53	3.4
285	HELGERS MIKE	598			NED	M 40-44	21	M 255	01:29:44	01:29:48.50	01:29:51.20	17:57	3.3
286	WHETTON EDDIE	473				M 35-39	34	M 256	01:30:31	01:30:36.25	01:30:37.70	18:07	3.3
287	CSÁSZÁR VILMOS	392	OCR GABORTEAM		HUN	M 30-34	37	M 257	01:30:31	01:30:36.25	01:30:39.20	18:07	3.3
288	HANSEN STEFAN	471	#3KLØVERENOCR		DEN	M 35-39	35	M 258	01:31:02	01:31:09.35	01:31:11.90	18:13	3.3
289	BYRCZEK MICHAŁ	349			POL	M 30-34	38	M 259	01:31:38	01:31:42.70	01:31:45.30	18:20	3.3
290	OLSEN MADIS-CHRISTIAN BRILL	351			DEN	M 30-34	39	M 260	01:32:13	01:32:18.15	01:32:21.05	18:27	3.2
291	WILSON TOM	371				M 30-34	40	M 261	01:32:15	01:32:23.95	01:32:27.30	18:28	3.2
292	GRABARCZYK WOJCIECH	645	BEST BEASTS		POL	M 40-44	22	M 262	01:32:27	01:32:31.50	01:32:33.75	18:30	3.2
293	VITALI HRACHOV	439			BLR	M 30-34	41	M 263	01:32:33	01:32:38.55	01:32:42.00	18:31	3.2
294	PISARCZYK KAROLINA	89			POL	W ELITE	15	K 31	01:32:38	01:32:42.35	01:32:44.95	18:32	3.2
295	PETERSEN THOMAS	360			DEN	M 30-34	42	M 264	01:32:37	01:32:42.70	01:32:46.75	18:32	3.2
296	FABRÈGUE RÉMI	339			FRA	M 30-34	43	M 265	01:32:37	01:32:43.70	01:32:47.35	18:32	3.2
297	KÖNIG ALEXANDER	967			GER	M JOURNEYMAN	7	M 266	01:32:52	01:32:57.70	01:33:00.65	18:35	3.2
298	MARIA SMYSHLYAEVA	84			RUS	W ELITE	16	K 32	01:33:07	01:33:13.35	01:33:14.90	18:38	3.2
299	GARCIA ADRIÁN RUIZ	332	THE LAST TRAINING		ESP	M 30-34	44	M 267	01:32:53	01:33:16.15	01:33:19.40	18:39	3.2
300	ANDERSEN STEEN	925			DEN	M JOURNEYMAN	8	M 268	01:33:39	01:33:46.05	01:33:48.55	18:45	3.2
301	URBANO DAVID QUINTANA	324	TFG/TONI MUSCLE		ESP	M 30-34	45	M 269	01:34:00	01:34:09.15	01:34:13.25	18:49	3.2
302	ZAPPA STEFANO	428	WHITE DONKEYS		ITA	M 30-34	46	M 270	01:34:08	01:34:12.00	01:34:14.40	18:50	3.2
303	MOROŃ BARTŁOMIEJ	381			POL	M 30-34	47	M 271	01:33:54	01:34:32.40	01:34:34.40	18:54	3.2
304	SKUPIEŃ TOMASZ	663			POL	M 13-17	10	M 272	01:34:37	01:34:40.30	01:34:43.00	18:56	3.2
305	SAVIN ALEKSEI	331			RUS	M 30-34	48	M 273	01:34:48	01:34:51.20	01:34:55.00	18:58	3.2
306	GOMEZ MANUEL VALERO	570	LEYENDAS OCR BY XFORCE		ESP	M 40-44	23	M 274	01:34:50	01:34:53.90	01:34:56.00	18:58	3.2
307	BŁĘDZKI ADAM	418			POL	M 30-34	49	M 275	01:35:03	01:35:08.95	01:35:11.05	19:01	3.2
308	CHOŁUJ ŁUKASZ	419			POL	M 30-34	50	M 276	01:35:08	01:35:11.85	01:35:13.70	19:02	3.2
309	WYSOCKA KLAUDIA	997	CARBON OCR RACING TEAM		POL	M JOURNEYMAN	2	K 33	01:35:30	01:35:37.80	01:35:40.35	19:07	3.1
310	KĄKOL KACPER	998			POL	M JOURNEYMAN	9	M 277	01:35:32	01:35:40.30	01:35:42.95	19:08	3.1
311	ANANIN ARTEM	367			RUS	M 30-34	51	M 278	01:35:47	01:35:53.75	01:35:56.15	19:10	3.1
312	TAKÁČ VLADIMÍR	629			SVK	M 40-44	24	M 279	01:35:57	01:36:01.35	01:36:04.10	19:12	3.1
313	KOXAHЧYK AHACTACИЯ	995			UKR	W JOURNEYMAN	3	K 34	01:35:55	01:36:03.25	01:36:05.60	19:12	3.1
314	PEDERSEN BRIAN	616			DEN	M 40-44	25	M 280	01:36:15	01:36:23.20	01:36:28.80	19:16	3.1
315	NIELSEN DENNIS	391			DEN	M 30-34	52	M 281	01:36:39	01:36:43.50	01:36:46.45	19:20	3.1
316	CHMIELEWSKI MARIUSZ	610	GRUPA BIEGOWA CZARNA BIAŁOSTOCKA		POL	M 40-44	26	M 282	01:36:56	01:37:01.90	01:37:04.55	19:24	3.1
317	RAMPÍR JIŘÍ	942			CZE	M JOURNEYMAN	10	M 283	01:37:04	01:37:11.10	01:37:13.95	19:26	3.1
318	ZIMMER MARKUS	429			GER	M 30-34	53	M 284	01:37:10	01:37:17.85	01:37:20.45	19:27	3.1
319	BERTA PAOLO	592			ITA	M 40-44	27	M 285	01:37:37	01:37:47.05	01:37:49.75	19:33	3.1
320	PIELATOWSKI ADAM	420			POL	M 30-34	54	M 286	01:37:56	01:38:03.05	01:38:06.30	19:36	3.1
321	BAPTISTE DAVID	356	TEAMMADNESS			M 30-34	55	M 287	01:38:10	01:38:14.85	01:38:17.60	19:39	3.1
322	GANE MR JAMIE	922				M JOURNEYMAN	11	M 288	01:38:10	01:38:16.95	01:38:20.10	19:39	3.1
323	LYNG RASMUS	916	OCR FIGHTERS		DEN	M JOURNEYMAN	12	M 289	01:38:32	01:38:39.30	01:38:41.70	19:43	3
324	DUPUIS JEAN-CHARLES	357	SWAT NORD		FRA	M 30-34	56	M 290	01:38:50	01:38:57.85	01:39:00.60	19:47	3
325	KALISZYK GRZEGORZ	607			POL	M 40-44	28	M 291	01:38:53	01:39:00.80	01:39:02.95	19:48	3
326	JENSEN MIKKEL	946			DEN	M JOURNEYMAN	13	M 292	01:38:58	01:39:06.30	01:39:08.30	19:49	3

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
327	JULIKOWSKI KAROL	943			POL	M JOURNEYMAN	14	M 293	01:38:58	01:39:09.05	01:39:12.10	19:49	3
328	WAGNER PIA	724			GER	W 25-29	4	K 35	01:39:05	01:39:11.20	01:39:12.70	19:50	3
329	KAUFMANN NIKOLAJ	639			DEN	M 40-44	29	M 294	01:39:13	01:39:16.45	01:39:20.00	19:51	3
330	BASIAK MICHAŁ	273	HARDCOROWE WYCHYLYBYBYMY		POL	M 25-29	47	M 295	01:39:29	01:39:34.80	01:39:38.55	19:55	3
331	SALAŁATA MARCIN	306			POL	M 30-34	57	M 296	01:39:37	01:39:44.40	01:39:47.50	19:56	3
332	VOIGT STEPHAN	603	OCR BIERATHLETICS		GER	M 40-44	30	M 297	01:39:51	01:39:58.20	01:40:01.45	19:59	3
333	LARSSON TONI	282	SOCRA		SWE	M 25-29	48	M 298	01:40:31	01:40:35.25	01:40:39.05	20:07	3
334	HÅKONSEN CATO	479	THE BEAST OCR TEAM MEN		NOR	M 35-39	36	M 299	01:40:32	01:40:37.85	01:40:40.55	20:07	3
335	PACIOREK PIOTR	269	HUSARIA RACE TEAM		POL	M 25-29	49	M 300	01:41:30	01:41:34.90	01:41:38.25	20:19	3
336	SULTANOV SHAMIL	74			RUS	M ELITE	55	M 301	01:42:15	01:42:20.45	01:42:22.75	20:28	2.9
337	KMIECIAK JAKUB	165	DIRTY SPARROWS		POL	M 18-24	36	M 302	01:42:17	01:42:22.80	01:42:25.45	20:28	2.9
338	ALEX FASTRES	412			BEL	M 30-34	58	M 303	01:42:18	01:42:27.00	01:42:29.15	20:29	2.9
339	SHPYLCHYN VITALII	958			UKR	M JOURNEYMAN	15	M 304	01:43:16	01:43:26.50	01:43:30.75	20:41	2.9
340	NIELSEN LINDA	986			DEN	W JOURNEYMAN	4	K 36	01:43:43	01:43:50.10	01:43:53.05	20:46	2.9
341	GESSLER SERGEJ	317	TEAM OUTDOOR OCR		GER	M 30-34	59	M 305	01:44:21	01:44:28.15	01:44:31.20	20:53	2.9
342	ALISA IMAMOVA	985			RUS	W JOURNEYMAN	5	K 37	01:44:36	01:44:44.35	01:44:46.95	20:56	2.9
343	STANGEL PIOTR	957	KONTENER FORMY		POL	M JOURNEYMAN	16	M 306	01:46:01	01:46:08.40	01:46:12.10	21:13	2.8
344	BORUC TOMASZ	538			POL	M 35-39	37	M 307	01:46:15	01:46:22.65	01:46:25.75	21:16	2.8
345	VINCK MARK	621			NED	M 40-44	31	M 308	01:47:07	01:47:13.65	01:47:16.90	21:26	2.8
346	KRAWIEC ROBERT	624	CROSSTEAM SZCZECINEK POLSKA		POL	M 40-44	32	M 309	01:47:11	01:47:16.90	01:47:19.40	21:27	2.8
347	SCHUTTRUPS MARGREET	772			NED	W 30-34	4	K 38	01:47:50	01:47:55.20	01:47:58.05	21:35	2.8
348	ABRAM EUGENIUSZ	879			SWE	M 50-54	7	M 310	01:48:38	01:48:46.75	01:48:48.90	21:45	2.8
349	WERYK MATEUSZ	949	GRIMPADO/CF3M		POL	M JOURNEYMAN	17	M 311	01:49:17	01:49:28.00	01:49:31.25	21:53	2.7
350	OLSEN ANDREAS STAHL	951			DEN	M JOURNEYMAN	18	M 312	01:49:54	01:50:14.75	01:50:19.25	22:03	2.7
351	BAGER LARS	968			DEN	M JOURNEYMAN	19	M 313	01:50:07	01:50:16.45	01:50:21.10	22:03	2.7
352	GERTSEN CARSTEN	637			DEN	M 40-44	33	M 314	01:50:46	01:50:52.75	01:50:56.40	22:10	2.7
353	LIUTKUS DAINIUS	337	OCR BALTIC WARRIORS		LTU	M 30-34	60	M 315	01:50:57	01:51:03.45	01:51:06.45	22:12	2.7
354	GÖSTA CHRISTIAN	512	EVOLUTIONRACE		DEN	M 35-39	38	M 316	01:50:57	01:51:07.50	01:51:12.05	22:13	2.7
355	WASILEWSKI ARTEMIUSZ	931			BLR	M JOURNEYMAN	20	M 317	01:52:01	01:52:22.05	01:52:25.25	22:28	2.7
356	MALUENDA JUAN	868	TEAM OCR ELITE APPAREL		SWE	M 50-54	8	M 318	01:52:18	01:52:24.55	01:52:26.35	22:29	2.7
357	KUCIEWICZ JAROSŁAW	926			POL	M JOURNEYMAN	21	M 319	01:52:17	01:52:22.90	01:52:26.60	22:28	2.7
358	CASADO NIEVES	996			ESP	W JOURNEYMAN	6	K 39	01:52:25	01:52:32.55	01:52:35.55	22:30	2.7
359	JESSING IBEN	710			DEN	W 25-29	5	K 40	01:52:51	01:52:55.10	01:52:56.05	22:35	2.7
360	POLUJANSKIS RAMŪNAS	964	OCR BALTIC WARRIORS		LTU	M JOURNEYMAN	22	M 320	01:53:34	01:53:40.80	01:53:43.65	22:44	2.6
361	PEÑA MIGUEL	252			ESP	M 25-29	50	M 321	01:54:05	01:54:10.95	01:54:13.35	22:50	2.6
362	SRNSKÁ PETRA	994			CZE	W JOURNEYMAN	7	K 41	01:54:55	01:55:04.30	01:55:08.35	23:00	2.6
363	DAM NIKOLAJ M	929			DEN	M JOURNEYMAN	23	M 322	01:50:07	01:50:16.55	01:50:20.00	22:03	2.7
364	BARANAUSKAS DARIUS	372	OCR BALTIC WARRIORS		LTU	M 30-34	61	M 323	01:55:23	01:55:27.45	01:55:30.50	23:05	2.6
365	CHRISTOPHER BAILLY	218			FRA	M 25-29	51	M 324	01:56:10	01:56:24.20	01:56:25.75	23:16	2.6
366	NILSSON OSCAR	919	SPORTS CLUB OCR SWEDEN		SWE	M JOURNEYMAN	24	M 325	01:56:17	01:56:23.25	01:56:27.50	23:16	2.6
367	THONON SIMON	390	OCR BELGIUM WALLONIA MEN		BEL	M 30-34	62	M 326	01:57:03	01:57:10.65	01:57:12.15	23:26	2.6
368	MILEHAM NICKY	501	TEAM OMRM			M 35-39	39	M 327	01:57:50	01:57:57.00	01:57:59.30	23:35	2.5
369	JACIÓW PAWEŁ	275	WATAHA		POL	M 25-29	52	M 328	01:58:38	01:58:58.80	01:59:02.85	23:47	2.5
370	VALERII KALDIN	370			RUS	M 30-34	63	M 329	01:59:39	01:59:42.95	01:59:45.55	23:56	2.5
371	CHRISTENSEN UNNI MARIE	980	ACHIEVERS MST		NOR	W JOURNEYMAN	8	K 42	02:01:11	02:01:17.95	02:01:21.70	24:15	2.5
372	JØRGENSEN MICHAEL	932			DEN	M JOURNEYMAN	25	M 330	02:01:19	02:01:27.00	02:01:31.05	24:17	2.5
373	BELLINI GIULIO	544	ANIS MUDDERS		ITA	M 35-39	40	M 331	02:01:47	02:01:55.20	02:01:58.45	24:23	2.5
374	POLETTI ANGELA	989			ITA	W JOURNEYMAN	9	K 43	02:01:51	02:02:00.20	02:02:02.80	24:24	2.5
375	JANOUŠEK PETR	183	GLADIATORS CZECH		CZE	M 18-24	37	M 332	02:01:59	02:02:05.15	02:02:08.10	24:25	2.5
376	MARTINAITIS JUOZAS	965	OCR BALTIC WARRIORS		LTU	M JOURNEYMAN	26	M 333	02:01:58	02:02:04.80	02:02:08.25	24:25	2.5
377	SPÅNG MALIN	815			SWE	W 40-44	4	K 44	02:01:59	02:02:07.50	02:02:10.65	24:25	2.5
378	HÖGSTRÖM ANDREAS	545	FIGEHOLMS BRYGGERI		SWE	M 35-39	41	M 334	02:02:34	02:02:41.40	02:02:45.10	24:32	2.4
379	KARLSSON LINE	976			DEN	W JOURNEYMAN	10	K 45	02:03:31	02:03:39.85	02:03:43.15	24:44	2.4
380	DITLEV DITTE B.	981			DEN	W JOURNEYMAN	11	K 46	02:03:31	02:03:39.95	02:03:43.55	24:44	2.4
381	KWIATKOWSKI HUBERT	937	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M JOURNEYMAN	27	M 335	02:03:35	02:03:42.35	02:03:44.45	24:44	2.4
382	NOVIN THOMAS	503	GRIPEN OCR		SWE	M 35-39	42	M 336	02:05:01	02:05:04.10	02:05:06.85	25:00	2.4

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
383	ROMANOWSKI ŁUKASZ	494	HUSARIA RACE TEAM		POL	M 35-39	43	M 337	02:04:57	02:05:04.30	02:05:07.90	25:00	2.4
384	AARHUS MARK KOFOED	930			DEN	M JOURNEYMAN	28	M 338	02:05:47	02:05:58.25	02:05:58.25	25:11	2.4
385	PRZĄDKA MARCIN	927	WATAHA		POL	M JOURNEYMAN	29	M 339	02:08:03	02:08:10.70	02:08:12.35	25:38	2.3
386	JÓZWIK ADRIAN	121	NEXTREME		POL	M 18-24	38	M 340	02:08:12	02:08:18.95	02:08:19.60	25:39	2.3
387	PODBIELSKA GOSIA	987	EXTREME WARRIOR PARK		POL	W JOURNEYMAN	12	K 47	02:08:12	02:08:20.15	02:08:24.55	25:40	2.3
388	ANTONINA	984			RUS	W JOURNEYMAN	13	K 48	02:08:36	02:08:44.80	02:08:47.95	25:44	2.3
389	BRÖDLÖS KRISTIAN	542			DEN	M 35-39	44	M 341	02:09:04	02:09:08.75	02:09:17.90	25:49	2.3
390	POLAŃSKI PAWEŁ	928	WATAHA		POL	M JOURNEYMAN	30	M 342	02:09:21	02:09:27.75	02:09:27.75	25:53	2.3
391	GÓRSKI EMIL	947	HUSARIA RACE TEAM		POL	M JOURNEYMAN	31	M 343	02:10:17	02:10:33.85	02:10:36.90	26:06	2.3
392	PEDERSEN PEDER EJSING	294	OCRHOLSTEBRO		DEN	M 25-29	53	M 344	02:10:28	02:10:33.00	02:10:36.95	26:06	2.3
393	LAENEN RENÉ	614			NED	M 40-44	34	M 345	02:10:32	02:10:36.95	02:10:39.60	26:07	2.3
394	MISSALA MICHAŁ	948	POWER TRAINING		POL	M JOURNEYMAN	32	M 346	02:10:46	02:10:52.30	02:10:55.20	26:10	2.3
395	PETERSEN ULF	508	TEAM SOLID		SWE	M 35-39	45	M 347	02:11:04	02:11:13.70	02:11:16.00	26:14	2.3
396	MILHANO CARLOS	873			POR	M 50-54	9	M 348	02:11:12	02:11:20.40	02:11:22.25	26:16	2.3
397	RIBOUD CAMILLE	106	TR1BE OCR TEAM		FRA	W ELITE	17	K 49	02:12:26	02:12:32.90	02:12:34.55	26:30	2.3
398	PYSZNIAK PAWEŁ	493			POL	M 35-39	46	M 349	02:12:34	02:12:38.70	02:12:41.20	26:31	2.3
399	DEDIEU SEMI	403			BEL	M 30-34	64	M 350	02:13:13	02:13:25.55	02:13:27.35	26:41	2.2
400	BERGSTRÖM ROBERT	630	SPORTS CLUB OCR		SWE	M 40-44	35	M 351	02:14:07	02:14:13.25	02:14:16.85	26:50	2.2
401	MILBRANT MICHAŁ	935	RMF4RT GLADIATORS		POL	M JOURNEYMAN	33	M 352	02:14:34	02:14:40.40	02:14:42.25	26:56	2.2
402	FIĄŁKOWSKI ŁUKASZ	962			POL	M JOURNEYMAN	34	M 353	02:15:14	02:15:23.10	02:15:26.25	27:04	2.2
403	LIBERADZKI MARCIN	961			POL	M JOURNEYMAN	35	M 354	02:15:14	02:15:27.85	02:15:32.10	27:05	2.2
404	DRZEWOŚKA MARLENA	993	TREE CREW		POL	W JOURNEYMAN	14	K 50	02:15:10	02:15:40.95	02:15:43.50	27:08	2.2
405	RYBAK PAULINA	988			POL	W JOURNEYMAN	15	K 51	02:15:27	02:15:41.40	02:15:43.70	27:08	2.2
406	RAYNAUD JIMMY	240	TR1BU OCR		FRA	M 25-29	54	M 355	02:15:40	02:15:44.95	02:15:46.55	27:09	2.2
407	REMMER THOMAS	434			DEN	M 30-34	65	M 356	02:10:04	02:10:09.45	02:16:12.40	26:02	2.3
408	SØRENSEN SARA	991			DEN	W JOURNEYMAN	16	K 52	02:16:40	02:16:47.45	02:16:51.15	27:21	2.2
409	NIELSEN HEIDI HØJGAARD	992			DEN	W JOURNEYMAN	17	K 53	02:16:40	02:16:47.60	02:16:51.30	27:21	2.2
410	GULLAUD AUDRIC	921			BEL	M JOURNEYMAN	36	M 357	02:16:59	02:17:07.50	02:17:11.05	27:25	2.2
411	SOLVANG SOLVEIG	990			NOR	W JOURNEYMAN	18	K 54	02:17:01	02:17:09.40	02:17:13.40	27:25	2.2
412	SZKLARSKI PRZEMYSŁAW	974			POL	M JOURNEYMAN	37	M 358	02:17:15	02:17:38.30	02:17:42.00	27:31	2.2
413	WOJEWÓDKA KRYSZTOF	417	ETRANS TEAM		POL	M 30-34	66	M 359	02:17:43	02:17:50.30	02:17:52.35	27:34	2.2
414	MUL ELISA	896			NED	W 13-17	3	K 55	02:18:20	02:18:23.95	02:18:26.80	27:40	2.2
415	CRESPO ANTONIO RUBIO	254			ESP	M 25-29	55	M 360	02:18:27	02:18:31.35	02:18:33.85	27:42	2.2
416	ROETS ELIO	518	OCR BELGIUM		BEL	M 35-39	47	M 361	02:19:01	02:19:11.40	02:19:14.50	27:50	2.2
417	TRUSZCZYŃSKI ROBERT	970			POL	M JOURNEYMAN	38	M 362	02:19:07	02:19:17.05	02:19:20.25	27:51	2.2
418	RONDE NAOMI DE	983			NED	W JOURNEYMAN	19	K 56	02:19:16	02:19:20.65	02:19:22.95	27:52	2.2
419	NIELSEN CECILIE JULIUS	979	OCRHOLSTEBRO		DEN	W JOURNEYMAN	20	K 57	02:19:34	02:19:41.75	02:19:44.30	27:56	2.1
420	ZIOBRO CHRIS	944	MEMORIES NOT DREAMS OCR TEAM		POL	M JOURNEYMAN	39	M 363	02:19:08	02:20:09.10	02:20:12.60	28:01	2.1
421	ROGÓZ ADRIAN	938			POL	M JOURNEYMAN	40	M 364	02:21:22	02:21:28.50	02:21:31.15	28:17	2.1
422	TRUJILLO FERNANDO PAJUELO	242			ESP	M 25-29	56	M 365	02:22:00	02:22:05.35	02:22:07.60	28:25	2.1
423	FISCHER OLIVER	293			GER	M 25-29	57	M 366	02:23:13	02:23:18.30	02:23:21.95	28:39	2.1
424	BJERRE SECILIE VICKTORIA	814			DEN	W 40-44	5	K 58	02:25:07	02:25:13.00	02:25:15.85	29:02	2.1
425	WAWRZYŃSKI SŁAWO	939			POL	M JOURNEYMAN	41	M 367	02:25:08	02:25:16.00	02:25:18.40	29:03	2.1
426	KOKOWSKI MARIUSZ	955	TREE CREW		POL	M JOURNEYMAN	42	M 368	02:25:06	02:25:17.05	02:25:20.75	29:03	2.1
427	MIKOŚ ADAM	954	HUSARIA RACE TEAM		POL	M JOURNEYMAN	43	M 369	02:25:29	02:25:44.45	02:25:47.60	29:08	2.1
428	BOŚ TOMASZ	941			POL	M JOURNEYMAN	44	M 370	02:25:36	02:26:10.45	02:26:13.15	29:14	2.1
429	BERGLING DANIEL	963			SWE	M JOURNEYMAN	45	M 371	02:26:07	02:26:21.15	02:26:24.65	29:16	2
430	JOULIN STEFAN	952	SPORTS CLUB OCR		SWE	M JOURNEYMAN	46	M 372	02:26:06	02:26:22.25	02:26:26.30	29:16	2
431	PIERZGAŁSKI PIOTR	956			POL	M JOURNEYMAN	47	M 373	02:26:26	02:26:34.50	02:26:39.35	29:19	2
432	SARLEJ ROBERT	933			POL	M JOURNEYMAN	48	M 374	02:26:34	02:26:40.00	02:26:42.10	29:20	2
433	DĄBROWSKI ADAM	953			POL	M JOURNEYMAN	49	M 375	02:26:31	02:26:39.25	02:26:42.70	29:19	2
434	LIPIECKI JACEK	969			POL	M JOURNEYMAN	50	M 376	02:26:52	02:26:58.45	02:27:02.45	29:23	2
435	IDCZAK PIOTR	345			POL	M 30-34	67	M 377	02:26:58	02:27:04.90	02:27:07.85	29:25	2
436	HEYWOOD LAURA	810	TEAM OMRM			W 40-44	6	K 59	02:27:13	02:27:17.50	02:27:20.30	29:27	2
437	KHALEF DALI	195	TEAM MADNESS			M 25-29	58	M 378	02:28:33	02:28:38.75	02:28:41.35	29:43	2
438	NIKIEL DARIUSZ	972			POL	M JOURNEYMAN	51	M 379	02:29:11	02:29:27.55	02:29:31.85	29:53	2
439	TOPA RADOŚLAW	924			POL	M JOURNEYMAN	52	M 380	02:31:24	02:31:32.55	02:31:34.85	30:18	2



**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
440	LÓPEZ JULIO	959			ESP	M JOURNEYMAN	53	M 381		02:33:24.95	02:33:27.75	30:41	2
441	ZIMON NORBERT	385	WATAHA GRUPA TRENINGOWA		POL	M 30-34	68	M 382	02:33:38	02:33:43.25	02:33:45.55	30:44	2
442	KOLEGOWICZ DAMIAN	276			POL	M 25-29	59	M 383	02:34:09	02:34:13.80	02:34:17.45	30:50	1.9
443	WROBBL MICHAEL	835			GER	M 45-49	10	M 384	02:43:54	02:44:05.30	02:44:07.80	32:49	1.8
444	GAWIN KRZYSZTOF	495	BEFIT24TEAM		POL	M 35-39	48	M 385	02:49:22	02:49:28.75	02:49:31.50	33:53	1.8
445	KUBIESA JAKUB	491	HUSARIA RACE TEAM		POL	M 35-39	49	M 386	02:49:54	02:49:59.90	02:50:03.60	34:00	1.8
446	SZEPANSKI MICHAEL	187			GER	M 18-24	39	M 387	02:50:59	02:51:04.05	02:51:06.65	34:12	1.8
447	KALINOWSKA WIOLETTA	817	BEST BEASTS		POL	W 40-44	7	K 60	02:51:26	02:51:33.85	02:51:37.15	34:18	1.7
448	KULIK SERGEY	552			RUS	M 35-39	50	M 388	02:54:50	02:54:55.05	02:54:57.20	34:59	1.7
449	YVES PUGLIARI	832	OCR BELGIUM		BEL	M 45-49	11	M 389	02:55:44	02:55:58.85	02:56:01.05	35:11	1.7
450	PALMA PEDRO	358			POR	M 30-34	69	M 390	03:06:13	03:06:24.30	03:06:28.05	37:17	1.6
451	DIJK SANDRA VAN	808	HANG ON THE NETHERLANDS		NED	W 40-44	8	K 61	03:25:01	03:25:06.80	03:25:09.70	41:01	1.5
452	OLIN KENNETH	589			DEN	M 40-44	36	M 391		03:28:02.00	03:28:02.00	41:36	1.4
453	RODRIGUES ALEXANDRE	238			FRA	M 25-29	60	M 392	03:29:41	03:29:50.55	03:29:53.30	41:58	1.4
454	BAGROWSKA AGATA	727			POL	W 25-29	6	K 62	03:35:53	03:36:10.40	03:36:10.80	43:14	1.4
455		909						1	01:37:00	01:37:06.90	05:52:06.90	19:25	3.1
456		908						2	01:39:16	01:39:27.05	05:54:28.50	19:53	3
DNC	KAŁOL KACPER	16	BIEGOWY_ŚWIR		POL	M ELITE	DNC	DNC	00:53:31	00:53:37.70	00:53:38.25	0:00	5.6
DNC	TOCHKA ARTSIOM	7			BLR	M ELITE	DNC	DNC	00:54:25	00:54:32.45	00:54:33.85	0:00	5.5
DNC	СУЗДАЛЕВ АНТОН	15	OCR ACADEMY		RUS	M ELITE	DNC	DNC	01:01:43	01:01:55.05	01:01:56.10	0:00	4.8
DNC	FÍŠER ROSTISLAV	841			CZE	M 45-49	DNC	DNC	01:06:56	01:07:04.00	01:07:05.90	0:00	4.5
DNC	RÖNNBERG MIKAEL	579	TEAM PROWORK		SWE	M 40-44	DNC	DNC	01:10:12	01:10:17.70	01:10:20.30	0:00	4.3
DNC	BUGYS RENALDAS	336			DEN	M 30-34	DNC	DNC	01:12:33	01:12:40.35	01:12:43.35	0:00	4.1
DNC	ARVIDSSON SARA	722	GRIPEN OCR		SWE	W 25-29	DNC	DNC	01:15:51	01:16:05.40	01:16:07.25	0:00	3.9
DNC	OCHERETIUK ANDRII	225			UKR	M 25-29	DNC	DNC	01:16:23	01:16:29.55	01:16:31.35	0:00	3.9
DNC	BRÁHMIG MATTES	363			GER	M 30-34	DNC	DNC	01:16:42	01:16:49.15	01:16:52.15	0:00	3.9
DNC	T. MARTIN	446			CZE	M 30-34	DNC	DNC	01:19:24	01:19:34.25	01:19:37.50	0:00	3.8
DNC	HERK ERIK VAN	484			NED	M 35-39	DNC	DNC	01:21:02	01:21:09.20	01:21:10.95	0:00	3.7
DNC	WEETS MARC	884	OCR BELGIUM		BEL	M 55+	DNC	DNC	01:22:57	01:23:20.00	01:23:22.20	0:00	3.6
DNC	LEVY PHILIPPE	883	OCR FLANDERS		BEL	M 55+	DNC	DNC	01:22:56	01:23:19.90	01:23:22.60	0:00	3.6
DNC	ARZADUN JOSE MARIA PESO	28	DENONTZAT		ESP	M ELITE	DNC	DNC	01:23:17	01:23:27.00	01:23:28.20	0:00	3.6
DNC	HEIBØ GUNN ELIN	905			NOR	W 45-49	DNC	DNC	01:23:43	01:23:50.40	01:23:54.45	0:00	3.6
DNC	BELT RICO VAN DEN	511			NED	M 35-39	DNC	DNC	01:26:03	01:26:18.60	01:26:20.55	0:00	3.5
DNC	OPOLONÝ IRENEUSZ	499	SOCIOS SILESIA		POL	M 35-39	DNC	DNC	01:26:08	01:26:24.65	01:26:26.75	0:00	3.5
DNC	BENICEWICZ KACPER	257				M 25-29	DNC	DNC	01:26:56	01:27:02.75	01:27:04.60	0:00	3.4
DNC	QVIST TOBIAS	590			SWE	M 40-44	DNC	DNC	01:27:24	01:27:32.05	01:27:34.85	0:00	3.4
DNC	PAL MARIO	834	RUNTERRA		GER	M 45-49	DNC	DNC	01:27:47	01:27:57.70	01:28:00.90	0:00	3.4
DNC	ЗАХАРКИН СЕРГЕЙ	593			RUS	M 40-44	DNC	DNC	01:27:59	01:28:02.85	01:28:05.00	0:00	3.4
DNC	BÜHRING SVEN	638	OCR BIERATHLETICS		GER	M 40-44	DNC	DNC	01:27:55	01:28:02.55	01:28:06.10	0:00	3.4
DNC	SHIROKOV IGOR	504	GAZPROMBANK OCR TEAM		RUS	M 35-39	DNC	DNC	01:28:12	01:28:20.95	01:28:23.85	0:00	3.4
DNC	BAKER STEPHEN	485				M 35-39	DNC	DNC	01:28:28	01:28:36.65	01:28:38.50	0:00	3.4
DNC	ADAMEC JAKUB	130			SVK	M 18-24	DNC	DNC	01:28:31	01:28:39.45	01:28:39.80	0:00	3.4
DNC	DOUBEK MILAN	366			CZE	M 30-34	DNC	DNC	01:28:46	01:28:58.60	01:29:02.20	0:00	3.4
DNC	KVIKSTAD RUNE	825			NOR	M 45-49	DNC	DNC	01:28:46	01:29:05.10	01:29:07.65	0:00	3.4
DNC	SCHÜLER CONSTANTIN	509			AUT	M 35-39	DNC	DNC	01:29:16	01:29:24.10	01:29:26.75	0:00	3.4
DNC	GREIBIG MICHAELA	753	OPFERCREW		GER	W 30-34	DNC	DNC	01:29:18	01:29:28.50	01:29:31.80	0:00	3.4
DNC	KOWALSKI TOMASZ	839	HUSARIA RACE TEAM		POL	M 45-49	DNC	DNC	01:29:40	01:29:49.35	01:29:52.40	0:00	3.3
DNC	HAAN JOHN DE	396			NED	M 30-34	DNC	DNC	01:30:01	01:30:08.70	01:30:11.15	0:00	3.3
DNC	ADOLFSSEN KRISTOFFER	48			NOR	M ELITE	DNC	DNC	01:31:33	01:31:42.25	01:31:44.65	0:00	3.3
DNC	GRITSYNA OLEG	862			RUS	M 50-54	DNC	DNC	01:31:51	01:31:59.45	01:32:01.90	0:00	3.3
DNC	YUCEL JEFFREY	174	OCR BELGIUM		BEL	M 18-24	DNC	DNC	01:32:18	01:32:36.70	01:32:36.70	0:00	3.2
DNC	SARABUN NAZAR	265			UKR	M 25-29	DNC	DNC	01:32:59	01:33:05.55	01:33:07.45	0:00	3.2
DNC	TOMCZYK ANDRZEJ	886			POL	M 55+	DNC	DNC	01:33:04	01:33:19.45	01:33:23.40	0:00	3.2
DNC	ŠEDA RADEK	591	OCRA CZ		CZE	M 40-44	DNC	DNC	01:33:35	01:33:44.25	01:33:47.20	0:00	3.2
DNC	ČERNÝ VACLAV	330			CZE	M 30-34	DNC	DNC	01:33:44	01:33:49.55	01:33:52.50	0:00	3.2
DNC	KRAUS TOMÁŠ	546	SUNNY GANG PLZEN		CZE	M 35-39	DNC	DNC	01:33:40	01:34:00.45	01:34:02.65	0:00	3.2
DNC	CHILDS JAKE	227				M 25-29	DNC	DNC	01:33:59	01:34:07.65	01:34:10.40	0:00	3.2

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	JONSSON NILS	320			SWE	M 30-34	DNC	DNC	01:35:06	01:35:14.65	01:35:17.45	0:00	3.1
DNC	JENSEN MICHAEL DEGN	543			DEN	M 35-39	DNC	DNC	01:35:24	01:35:34.60	01:35:43.70	0:00	3.1
DNC	SPIEKER ALFRED	877			GER	M 50-54	DNC	DNC	01:35:38	01:35:46.35	01:35:49.05	0:00	3.1
DNC	GATZ DETLEF	874	OCR BIERATHLETICS		GER	M 50-54	DNC	DNC	01:36:06	01:36:14.75	01:36:17.30	0:00	3.1
DNC	SCHLAEPFER TAMARA	743	THOR		SUI	W 30-34	DNC	DNC	01:36:08	01:36:17.95	01:36:21.95	0:00	3.1
DNC	SOLAKIEWICZ ANNA	91	BEFIT24TEAM-SPIDERWOMETEAM		POL	W ELITE	DNC	DNC	01:36:26	01:36:34.30	01:36:36.20	0:00	3.1
DNC	GEBSKI MARIUSZ	644	R.AMBO		POL	M 40-44	DNC	DNC	01:37:51	01:37:54.25	01:37:56.80	0:00	3.1
DNC	BAIA RAFAEL	468			POR	M 35-39	DNC	DNC	01:38:03	01:38:11.00	01:38:14.55	0:00	3.1
DNC	SYWANYCZ IRENEUSZ	612	PODTRZEPAKIEM		POL	M 40-44	DNC	DNC	01:38:42	01:38:50.05	01:38:53.40	0:00	3
DNC	WILLIS RICHARD	838				M 45-49	DNC	DNC	01:39:10	01:39:18.30	01:39:20.35	0:00	3
DNC	GUNN PAUL	626	TEAM BRIGHTHAMMER			M 40-44	DNC	DNC	01:39:25	01:39:30.55	01:39:33.20	0:00	3
DNC	SOUSA BRUNO	577	OCR PORTUGAL LAB		POR	M 40-44	DNC	DNC	01:40:03	01:40:13.00	01:40:16.40	0:00	3
DNC	ROLIN ERIKA	728	TEAM VALKYRIA		SWE	W 25-29	DNC	DNC	01:40:14	01:40:20.95	01:40:22.90	0:00	3
DNC	MANTYCKI RAFAŁ	234			POL	M 25-29	DNC	DNC	01:40:16	01:40:23.45	01:40:25.35	0:00	3
DNC	LARNEMARK DAVID	406			SWE	M 30-34	DNC	DNC	01:40:34	01:40:43.55	01:40:45.70	0:00	3
DNC	MOBERG LINUS	443	AB KARL HEDIN IF		SWE	M 30-34	DNC	DNC	01:40:44	01:40:49.50	01:40:52.35	0:00	3
DNC	GRANT JANE	904				W 45-49	DNC	DNC	01:41:14	01:41:21.10	01:41:24.30	0:00	3
DNC	WONNEBERGER LARS	465	MUDBUSTERS		GER	M 35-39	DNC	DNC	01:42:03	01:42:18.05	01:42:20.30	0:00	2.9
DNC	BURDZY DANIEL	169	BESTIE OCR LEGIONOWO		POL	M 18-24	DNC	DNC	01:42:16	01:42:23.75	01:42:25.55	0:00	2.9
DNC	MISKA DANIEL	168	ENJOY BY SPORT		POL	M 18-24	DNC	DNC	01:42:38	01:42:47.65	01:42:49.50	0:00	2.9
DNC	BRÍZOVÁ JANA	725			CZE	W 25-29	DNC	DNC	01:42:45	01:42:59.10	01:42:59.85	0:00	2.9
DNC	DAHLBÄCK MALIN	674	EFI OCR TEAM		SWE	W 18-24	DNC	DNC	01:43:19	01:43:26.40	01:43:28.40	0:00	2.9
DNC	KOZA ROBERT	855	CARBON OCR RACING TEAM		POL	M 45-49	DNC	DNC	01:43:11	01:43:28.60	01:43:31.65	0:00	2.9
DNC	KASCHE DENNY	329			GER	M 30-34	DNC	DNC	01:43:14	01:43:31.00	01:43:34.85	0:00	2.9
DNC	BALASHOV ROMAN	314	GAZPROMBANK OCR TEAM		RUS	M 30-34	DNC	DNC	01:43:32	01:43:36.70	01:43:39.25	0:00	2.9
DNC	SIMMONS JOHN	186	RENEGADE RUNNERS			M 18-24	DNC	DNC	01:44:09	01:44:14.95	01:44:17.85	0:00	2.9
DNC	GERGELY SZABÓ BÁLINT	416	OCR GABORTEAM		HUN	M 30-34	DNC	DNC	01:44:07	01:44:16.20	01:44:18.70	0:00	2.9
DNC	RICHTER LUKÁŠ	558			CZE	M 35-39	DNC	DNC	01:44:11	01:44:18.45	01:44:20.70	0:00	2.9
DNC	RAVENZWAIJ JEROEN VAN	436			NED	M 30-34	DNC	DNC	01:44:12	01:44:21.15	01:44:23.90	0:00	2.9
DNC	BRONS SONNY	302	FAMILY FIT INDOOR SURVIVAL		NED	M 25-29	DNC	DNC	01:44:26	01:44:35.15	01:44:38.35	0:00	2.9
DNC	SPRUTTA MATEUSZ	303	CARBON OCR RACING TEAM		POL	M 25-29	DNC	DNC	01:44:15	01:44:35.25	01:44:38.45	0:00	2.9
DNC	SAMTLEBEN THOMAS HEBBE	643	TEAM CELTIC WARRIOR		GER	M 40-44	DNC	DNC	01:44:57	01:45:17.80	01:45:20.45	0:00	2.8
DNC	LUNDIN ALEXANDRA	761			SWE	W 30-34	DNC	DNC	01:46:22	01:46:31.35	01:46:35.05	0:00	2.8
DNC	CAFÉ NUNO	625	LYNXTEAM		POR	M 40-44	DNC	DNC	01:46:25	01:46:38.90	01:46:40.75	0:00	2.8
DNC	KORTHOOT BRUCE	296	ATLAS OUTDOOR TRAINING		NED	M 25-29	DNC	DNC	01:47:36	01:47:42.65	01:47:45.85	0:00	2.8
DNC	ARTZ CLAUS	387			GER	M 30-34	DNC	DNC	01:47:47	01:47:57.25	01:47:59.25	0:00	2.8
DNC	SCHMIDT HOLGER	848	HERAKLIDEN-TEAM DEUTSCHLAND		GER	M 45-49	DNC	DNC	01:47:51	01:47:58.80	01:48:01.55	0:00	2.8
DNC	HORSCH STEFAN	435	OCR CREW DUISBURG		GER	M 30-34	DNC	DNC	01:48:02	01:48:15.85	01:48:18.65	0:00	2.8
DNC	FELLDIN JENNY	723			SWE	W 25-29	DNC	DNC	01:48:28	01:48:33.55	01:48:35.50	0:00	2.8
DNC	KASULIS GERALD	250	TEAM MADNESS			M 25-29	DNC	DNC	01:48:48	01:48:54.50	01:48:55.70	0:00	2.8
DNC	ROTH ZDENĚK	350			CZE	M 30-34	DNC	DNC	01:48:47	01:48:55.80	01:48:58.65	0:00	2.8
DNC	BRUECKER CHRISTOPH	555	OCR CREW DUISBURG		GER	M 35-39	DNC	DNC	01:49:55	01:50:04.20	01:50:06.95	0:00	2.7
DNC	HORBACH LARS	431			NED	M 30-34	DNC	DNC	01:50:42	01:50:49.10	01:50:51.80	0:00	2.7
DNC	KOLB LARS	362	FIT FOR ME		GER	M 30-34	DNC	DNC	01:50:46	01:50:55.00	01:50:58.75	0:00	2.7
DNC	BENTLEY ANDY	617				M 40-44	DNC	DNC	01:51:11	01:51:19.25	01:51:22.50	0:00	2.7
DNC	GRIFFITHS JAMES	440	CLIFF LAKES OCR			M 30-34	DNC	DNC	01:51:14	01:51:20.70	01:51:23.15	0:00	2.7
DNC	BATE CHARLOTTE	747				W 30-34	DNC	DNC	01:51:22	01:51:28.95	01:51:32.55	0:00	2.7
DNC	HENNEKEN CLAUDIA MARIA	88			GER	W ELITE	DNC	DNC	01:51:34	01:51:41.00	01:51:42.65	0:00	2.7
DNC	KHOSCHNUD RAMIN	463	DAS GRIMSGRAMS		GER	M 35-39	DNC	DNC	01:51:32	01:51:43.60	01:51:46.35	0:00	2.7
DNC	RYLKOVA KATERINA	757	OCRA CZ		CZE	W 30-34	DNC	DNC	01:51:44	01:51:51.65	01:51:51.65	0:00	2.7
DNC	VERDIESEN MARLOES	684			NED	W 18-24	DNC	DNC	01:51:58	01:52:07.60	01:52:09.95	0:00	2.7
DNC	JANSEN ROEL	849			NED	M 45-49	DNC	DNC	01:52:14	01:52:20.75	01:52:23.10	0:00	2.7
DNC	ALEXANDRE RENATO	251			POR	M 25-29	DNC	DNC	01:52:14	01:52:22.70	01:52:25.40	0:00	2.7
DNC	CASTRO CHRISTIAN DANIS	138			ESP	M 18-24	DNC	DNC	01:52:17	01:52:36.50	01:52:37.05	0:00	2.7
DNC	KUDYMETS MAKSYM	68			UKR	M ELITE	DNC	DNC	01:52:37	01:52:44.50	01:52:46.50	0:00	2.7
DNC	SZTAJER BARTEK	537	LUBIĘ BURPEES'Y		POL	M 35-39	DNC	DNC	01:52:42	01:52:46.70	01:52:49.35	0:00	2.7
DNC	SERNBO JENS	876			SWE	M 50-54	DNC	DNC	01:52:49	01:52:59.45	01:53:01.80	0:00	2.7

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	DOMORÁD VOJTĚCH	408			CZE	M 30-34	DNC	DNC	01:52:53	01:53:01.25	01:53:03.85	0:00	2.7
DNC	PRYZYSTAW MAXIM	425	OPFERCREW		GER	M 30-34	DNC	DNC	01:53:00	01:53:09.45	01:53:13.75	0:00	2.7
DNC	PUTMAN DAVID	844	VUDA OBSTACLE TEAM		NED	M 45-49	DNC	DNC	01:53:19	01:53:28.05	01:53:29.90	0:00	2.6
DNC	RANGNAU OLGA	714			GER	W 25-29	DNC	DNC	01:53:23	01:53:28.95	01:53:31.10	0:00	2.6
DNC	DUURSMA PAUL	837			NED	M 45-49	DNC	DNC	01:53:23	01:53:30.05	01:53:32.95	0:00	2.6
DNC	ROEFAERS SANDER	241			BEL	M 25-29	DNC	DNC	01:53:39	01:53:50.00	01:53:51.45	0:00	2.6
DNC	BEELEN TIMOTHY VAN	318			NED	M 30-34	DNC	DNC	01:54:05	01:54:10.90	01:54:14.40	0:00	2.6
DNC	HOCHSTEIN DIRK	623	OCR-PACEMAKERS		GER	M 40-44	DNC	DNC	01:54:26	01:54:37.60	01:54:40.95	0:00	2.6
DNC	MARTÍNEZ RAFAEL	217			ESP	M 25-29	DNC	DNC	01:54:34	01:54:40.75	01:54:42.15	0:00	2.6
DNC	TAHIROVIC ADNA	676			NOR	W 18-24	DNC	DNC	01:54:33	01:54:41.10	01:54:43.05	0:00	2.6
DNC	ALEXANDER ALEXANDER	828				M 45-49	DNC	DNC	01:54:59	01:55:06.40	01:55:08.60	0:00	2.6
DNC	JÜRGENS FRIEDRICH	830			GER	M 45-49	DNC	DNC	01:55:18	01:55:36.25	01:55:38.45	0:00	2.6
DNC	MITCHELL ALEXANDER	571				M 40-44	DNC	DNC	01:50:27	01:50:36.00	01:50:38.80	0:00	2.7
DNC	PELLA KRISTINA	737			SWE	W 25-29	DNC	DNC	01:55:30	01:55:45.30	01:55:46.35	0:00	2.6
DNC	FELLDIN MARKUS	247			SWE	M 25-29	DNC	DNC	01:55:57	01:56:03.70	01:56:06.45	0:00	2.6
DNC	JONES HOLLY	768				W 30-34	DNC	DNC	01:56:06	01:56:27.65	01:56:31.55	0:00	2.6
DNC	HEIMBURG STEFAN VON	609	URBANRUNNING		GER	M 40-44	DNC	DNC	01:56:24	01:56:34.70	01:56:38.85	0:00	2.6
DNC	COHEN REBECCA	910				W 50-54	DNC	DNC	01:56:31	01:56:39.20	01:56:43.50	0:00	2.6
DNC	SAMOW CORINNA	907	URBANRUNNING		GER	W 45-49	DNC	DNC	01:56:36	01:56:42.75	01:56:46.25	0:00	2.6
DNC	RAMPIROVÁ PETRA	789			CZE	W 35-39	DNC	DNC	01:56:38	01:56:46.20	01:56:48.55	0:00	2.6
DNC	SCHREUDER MYRTE	766			NED	W 30-34	DNC	DNC	01:56:59	01:57:05.20	01:57:08.95	0:00	2.6
DNC	STØLEN GUNHILD	696			NOR	W 18-24	DNC	DNC	01:57:00	01:57:10.40	01:57:12.45	0:00	2.6
DNC	RIHA ZDENEK	444	TEAM CZECH REPUBLIC		CZE	M 30-34	DNC	DNC	01:57:14	01:57:20.85	01:57:23.55	0:00	2.6
DNC	MÜLLERS KAI	634	OCR MUNICH		GER	M 40-44	DNC	DNC	01:57:28	01:57:36.20	01:57:39.15	0:00	2.6
DNC	KINDBOM ARON	145			SWE	M 18-24	DNC	DNC	01:57:55	01:58:00.40	01:58:01.45	0:00	2.5
DNC	WALTHER OLIVER	636	OCR MUNICH		GER	M 40-44	DNC	DNC	01:57:57	01:58:05.00	01:58:08.00	0:00	2.5
DNC	PCHELIAKOV ALEKSANDR	205	GAZPROMBANK OCR TEAM		RUS	M 25-29	DNC	DNC	01:58:01	01:58:06.55	01:58:09.15	0:00	2.5
DNC	ENTICKNAP COLIN	578	TEAM X			M 40-44	DNC	DNC	01:58:03	01:58:13.15	01:58:16.60	0:00	2.5
DNC	KUŽELÍKOVÁ ZUZANA	715			CZE	W 25-29	DNC	DNC	01:58:11	01:58:17.40	01:58:18.95	0:00	2.5
DNC	KUNZMANNOVÁ EVA	688			CZE	W 18-24	DNC	DNC	01:58:14	01:58:20.75	01:58:23.55	0:00	2.5
DNC	BUKSZYŃSKI JANO	451			POL	M 35-39	DNC	DNC	01:58:16	01:58:22.45	01:58:24.15	0:00	2.5
DNC	ESTIVAL JULIEN	515			FRA	M 35-39	DNC	DNC	01:58:15	01:58:23.35	01:58:26.80	0:00	2.5
DNC	NIELSEN RENE`	627	OCRHOLSTEBRO		DEN	M 40-44	DNC	DNC	01:58:23	01:58:30.70	01:58:34.95	0:00	2.5
DNC	LEONI MAURO	856			ITA	M 45-49	DNC	DNC	01:59:04	01:59:12.45	01:59:14.70	0:00	2.5
DNC	CECCOTTI DANIELE	846			ITA	M 45-49	DNC	DNC	01:59:05	01:59:12.75	01:59:14.70	0:00	2.5
DNC	PENNISI DARIO	847			ITA	M 45-49	DNC	DNC	01:59:05	01:59:12.15	01:59:14.70	0:00	2.5
DNC	GRZEGORZYCA DAMIAN	608	SOCIOS SILESIA		POL	M 40-44	DNC	DNC	01:59:06	01:59:16.65	01:59:18.80	0:00	2.5
DNC	KASTSIUCHENKA VOLHA	752			BLR	W 30-34	DNC	DNC	02:00:02	02:00:09.40	02:00:13.05	0:00	2.5
DNC	TORRES OSCAR BARRANQUERO	588	THE LAST TRAINING		ESP	M 40-44	DNC	DNC	02:00:15	02:00:23.40	02:00:25.75	0:00	2.5
DNC	DION STÉPHANE	519			BEL	M 35-39	DNC	DNC	02:00:11	02:00:25.20	02:00:30.35	0:00	2.5
DNC	JUSZCZYK JAROSLAW	527	DZIKI Z GOSŁAWA		POL	M 35-39	DNC	DNC	02:00:50	02:00:57.60	02:01:01.35	0:00	2.5
DNC	ROMANOV SEMEN	65	RUSSIA		RUS	M ELITE	DNC	DNC	02:01:02	02:01:11.90	02:01:13.40	0:00	2.5
DNC	ZELENKOVÁ SIMONA	692	#GLADIATORRACETEAM		CZE	W 18-24	DNC	DNC	02:01:15	02:01:19.45	02:01:22.20	0:00	2.5
DNC	OHLSSON JESPER	245	KARLSHAMN OCR		SWE	M 25-29	DNC	DNC	02:01:31	02:01:40.80	02:01:42.90	0:00	2.5
DNC	MADSEN DITLEV	181			DEN	M 18-24	DNC	DNC	02:01:55	02:02:03.80	02:02:06.25	0:00	2.5
DNC	NATALIA BONDARENKO	913			UKR	W 55+	DNC	DNC	02:01:54	02:02:03.25	02:02:07.45	0:00	2.5
DNC	RANNIKKO EMMY	781	KFUM UPPSALA SURVIVAL		SWE	W 35-39	DNC	DNC	02:02:26	02:02:36.85	02:02:39.90	0:00	2.4
DNC	MONTAN JOHAN	548			SWE	M 35-39	DNC	DNC	02:02:35	02:02:41.45	02:02:45.15	0:00	2.4
DNC	LOUCA SEBASTIAN	516			GER	M 35-39	DNC	DNC	02:02:57	02:03:14.05	02:03:17.40	0:00	2.4
DNC	FROLOVA POLINA	756			RUS	W 30-34	DNC	DNC	02:03:35	02:03:41.40	02:03:43.95	0:00	2.4
DNC	JURNÍK LUKÁŠ	176			CZE	M 18-24	DNC	DNC	02:03:26	02:03:41.90	02:03:44.55	0:00	2.4
DNC	GROOTERS LEO	594	TEAM OUTDOOR OCR		NED	M 40-44	DNC	DNC	02:03:34	02:03:43.10	02:03:46.00	0:00	2.4
DNC	OLDHAM JUSTIN	857				M 45-49	DNC	DNC	02:03:44	02:03:51.30	02:03:53.95	0:00	2.4
DNC	CHATFIELD CONNOR	149				M 18-24	DNC	DNC	02:04:08	02:04:14.50	02:04:15.15	0:00	2.4
DNC	BERGE KJETIL	475			NOR	M 35-39	DNC	DNC	02:04:06	02:04:15.90	02:04:19.05	0:00	2.4
DNC	LANTZ ANDERS	580			SWE	M 40-44	DNC	DNC	02:04:41	02:04:49.45	02:04:52.40	0:00	2.4
DNC	CURDY MAXENCE	299	INVICTA		FRA	M 25-29	DNC	DNC	02:04:46	02:04:55.40	02:04:59.45	0:00	2.4

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	KOVALEFF LENA	906			SWE	W 45-49	DNC	DNC	02:04:55	02:05:03.40	02:05:07.10	0:00	2.4
DNC	SERGEY RUDOMETOV	477			RUS	M 35-39	DNC	DNC	02:05:05	02:05:23.15	02:05:26.15	0:00	2.4
DNC	ÖLUND EMMA	749			FIN	W 30-34	DNC	DNC	02:05:17	02:05:24.25	02:05:27.55	0:00	2.4
DNC	LAGREZE SVEN	461	OCR MUNICH		GER	M 35-39	DNC	DNC	02:05:19	02:05:28.05	02:05:30.30	0:00	2.4
DNC	SUBBOTINAS VITALIJUS	449	OCR BALTIC WARRIORS		LTU	M 35-39	DNC	DNC	02:05:38	02:05:48.40	02:05:50.70	0:00	2.4
DNC	CONVERS JEAN-LUC	887			FRA	M 55+	DNC	DNC	02:06:07	02:06:15.90	02:06:18.85	0:00	2.4
DNC	STEVENSON ALAN	532				M 35-39	DNC	DNC	02:06:27	02:06:34.55	02:06:37.00	0:00	2.4
DNC	JACKIEWICZ LUKASZ	438			POL	M 30-34	DNC	DNC	02:06:43	02:06:50.85	02:06:54.15	0:00	2.4
DNC	KRYVKO MARGARYTA	736			UKR	W 25-29	DNC	DNC	02:06:54	02:07:00.85	02:07:02.00	0:00	2.4
DNC	RECIO DIEGO SERRANO	291			ESP	M 25-29	DNC	DNC	02:07:40	02:07:46.85	02:07:50.10	0:00	2.3
DNC	TIMUR	75			KAZ	M ELITE	DNC	DNC	02:07:49	02:07:56.75	02:07:58.30	0:00	2.3
DNC	SVENSSON ENGLA	895			SWE	W 13-17	DNC	DNC	02:08:02	02:08:08.15	02:08:11.30	0:00	2.3
DNC	KOLEGOWICZ KLAUDIA	759			POL	W 30-34	DNC	DNC	02:08:07	02:08:23.65	02:08:26.75	0:00	2.3
DNC	OSTERMEIER GABRIEL	266			GER	M 25-29	DNC	DNC	02:08:32	02:08:45.35	02:08:47.40	0:00	2.3
DNC	MAZUEL ALEXANDRE	244	TEAM SENZU		FRA	M 25-29	DNC	DNC	02:08:48	02:08:55.65	02:08:57.60	0:00	2.3
DNC	VIAGA RAUL FIDEL DUHARTE	505			GER	M 35-39	DNC	DNC	02:08:57	02:09:05.20	02:09:08.65	0:00	2.3
DNC	BIGLANDS STEVE	864				M 50-54	DNC	DNC	02:09:02	02:09:08.90	02:09:10.80	0:00	2.3
DNC	MACH MARTIN	845			CZE	M 45-49	DNC	DNC	02:08:56	02:09:14.80	02:09:17.45	0:00	2.3
DNC	DUBROVINA NATALIA	744			RUS	W 30-34	DNC	DNC	02:09:14	02:09:24.75	02:09:27.20	0:00	2.3
DNC	LÜPKE SEBASTIAN	214	HERAKLIDEN-TEAM DEUTSCHLAND		GER	M 25-29	DNC	DNC	02:09:17	02:09:25.30	02:09:27.45	0:00	2.3
DNC	ALGERSTEDT JIMMY	575			SWE	M 40-44	DNC	DNC	02:09:39	02:09:47.65	02:09:50.65	0:00	2.3
DNC	POULTER MARK	386	TEAM BRIGHTHAMMER			M 30-34	DNC	DNC	02:09:43	02:09:52.00	02:09:54.65	0:00	2.3
DNC	DOUHAN DYLAN	173	KARLSHAMN OCR		SWE	M 18-24	DNC	DNC	02:09:45	02:09:51.75	02:09:54.65	0:00	2.3
DNC	GOLISCH NINA	791	HERAKLIDEN-TEAM DEUTSCHLAND		GER	W 35-39	DNC	DNC	02:09:47	02:09:58.45	02:10:00.85	0:00	2.3
DNC	KILIMNIK TOMASZ	347			POL	M 30-34	DNC	DNC	02:09:52	02:10:00.75	02:10:03.75	0:00	2.3
DNC	LEERBAEK MADS	655			DEN	M 13-17	DNC	DNC	02:10:22	02:10:28.80	02:10:31.00	0:00	2.3
DNC	BOCCON ALEXANDRE	60	OCR FRANCE		FRA	M ELITE	DNC	DNC	02:10:15	02:10:34.30	02:10:36.15	0:00	2.3
DNC	FAVA ALAN	520			MLT	M 35-39	DNC	DNC	02:10:27	02:10:34.25	02:10:37.10	0:00	2.3
DNC	BRUUN EMIL HVIDENLUND	172			DEN	M 18-24	DNC	DNC	02:10:33	02:10:40.05	02:10:42.30	0:00	2.3
DNC	JANISZEWSKI GRZEGORZ	878	DZIADY OCR		POL	M 50-54	DNC	DNC	02:10:31	02:10:42.00	02:10:45.15	0:00	2.3
DNC	BAK ŁUKASZ	161			POL	M 18-24	DNC	DNC	02:10:39	02:10:46.30	02:10:48.90	0:00	2.3
DNC	MAWLAM JASON	394				M 30-34	DNC	DNC	02:10:43	02:10:53.15	02:10:54.85	0:00	2.3
DNC	THOMAYER JAN	182			CZE	M 18-24	DNC	DNC	02:10:59	02:11:06.55	02:11:09.50	0:00	2.3
DNC	CHŁAD ALEKSANDER	535			POL	M 35-39	DNC	DNC	02:11:24	02:11:32.10	02:11:34.35	0:00	2.3
DNC	KAMIŃSKI ZBIGNIEW	496			POL	M 35-39	DNC	DNC	02:11:43	02:11:51.15	02:11:53.80	0:00	2.3
DNC	VIRTANEN MAGGIE	912			POL	W 50-54	DNC	DNC	02:11:49	02:11:59.30	02:12:03.30	0:00	2.3
DNC	VOSSLER MARTIN	557			GER	M 35-39	DNC	DNC	02:12:08	02:12:16.35	02:12:16.35	0:00	2.3
DNC	GILARSKA MARTA	739			POL	W 25-29	DNC	DNC	02:12:12	02:12:19.15	02:12:20.85	0:00	2.3
DNC	BARKSKOG CARITHA	793	TEAMTOUGHACESWEDEN		SWE	W 35-39	DNC	DNC	02:12:12	02:12:19.45	02:12:22.60	0:00	2.3
DNC	BLEYS PASCAL	863			BEL	M 50-54	DNC	DNC	02:12:26	02:12:36.70	02:12:38.75	0:00	2.3
DNC	BERLIN NANNA	711			DEN	W 25-29	DNC	DNC	02:12:54	02:13:02.30	02:13:03.85	0:00	2.3
DNC	DAY NICK	551				M 35-39	DNC	DNC	02:12:53	02:13:01.55	02:13:04.10	0:00	2.3
DNC	JOHANSSON TOM	216			SWE	M 25-29	DNC	DNC	02:13:00	02:13:16.50	02:13:18.85	0:00	2.3
DNC	POUROVA KATERINA	699			CZE	W 18-24	DNC	DNC	02:13:10	02:13:16.60	02:13:19.95	0:00	2.3
DNC	SÉBASTIEN GALDEANO	430			FRA	M 30-34	DNC	DNC	02:13:23	02:13:31.20	02:13:33.10	0:00	2.2
DNC	JAGER ROBIN DE	283			NED	M 25-29	DNC	DNC	02:13:35	02:13:43.55	02:13:47.15	0:00	2.2
DNC	BOZIC SARAH	782	OCR-PACEMAKERS		GER	W 35-39	DNC	DNC	02:13:54	02:14:02.05	02:14:05.00	0:00	2.2
DNC	MATYASI GÁBOR	865			HUN	M 50-54	DNC	DNC	02:14:26	02:14:31.55	02:14:33.15	0:00	2.2
DNC	TORESÄTER LUDVIG "LUDDET"	249	OCR ELITE APPAREL		SWE	M 25-29	DNC	DNC	02:14:27	02:14:33.85	02:14:36.00	0:00	2.2
DNC	LEE MIKAELA	902	SPORTS CLUB OCR SWEDEN		SWE	W 45-49	DNC	DNC	02:14:24	02:14:32.85	02:14:37.15	0:00	2.2
DNC	JOHANSEN PHILIP HUST	224			DEN	M 25-29	DNC	DNC	02:14:40	02:14:49.55	02:14:51.55	0:00	2.2
DNC	KEREK BERNHARD	502	BÄHRINGER WILDSAU		GER	M 35-39	DNC	DNC	02:14:50	02:14:59.90	02:15:03.35	0:00	2.2
DNC	GRESZTA WALDEMAR	850			POL	M 45-49	DNC	DNC	02:15:23	02:15:32.80	02:15:35.55	0:00	2.2
DNC	SZUMLAŃSKI MARCIN	383			POL	M 30-34	DNC	DNC	02:15:30	02:15:35.50	02:15:37.85	0:00	2.2
DNC	SJÖGREN NIKLAS	469	TEAM FRIGOVÄST		SWE	M 35-39	DNC	DNC	02:15:30	02:15:36.80	02:15:39.60	0:00	2.2
DNC	STILLWELL KATE	86				W ELITE	DNC	DNC	02:15:32	02:15:38.90	02:15:41.05	0:00	2.2
DNC	ZEBERG ALICIA	890	KARLSHAMN OCR		SWE	W 13-17	DNC	DNC	02:15:37	02:15:45.05	02:15:47.45	0:00	2.2

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	RĘBACZ KRZYSZTOF	854			POL	M 45-49	DNC	DNC	02:15:37	02:15:47.80	02:15:51.15	0:00	2.2
DNC	WAHLUND JESPER	635	TEAM BAREKOHUDDINGE.SE		SWE	M 40-44	DNC	DNC	02:15:40	02:15:58.15	02:16:00.70	0:00	2.2
DNC	BROKEŚ ONDŘEJ	139			CZE	M 18-24	DNC	DNC	02:15:57	02:16:05.50	02:16:06.50	0:00	2.2
DNC	MORAWSKI GRZEGORZ	490			POL	M 35-39	DNC	DNC	02:16:20	02:16:28.50	02:16:30.80	0:00	2.2
DNC	SUŠÁNKOVÁ KLÁRA	690			CZE	W 18-24	DNC	DNC	02:16:17	02:16:34.50	02:16:37.45	0:00	2.2
DNC	MACANOVÁ ZUZANA	689			CZE	W 18-24	DNC	DNC	02:12:04	02:16:34.70	02:16:37.75	0:00	2.2
DNC	KANSTRUP NICOLAI	226			DEN	M 25-29	DNC	DNC	02:16:26	02:16:36.15	02:16:38.30	0:00	2.2
DNC	ZALEJASZ SYLWESTER	536	HELL SQUAD		POL	M 35-39	DNC	DNC	02:17:26	02:17:37.45	02:17:39.90	0:00	2.2
DNC	CHRISTENSEN MICHAEL	338	OCR FIGHTERS		DEN	M 30-34	DNC	DNC	02:17:33	02:17:39.70	02:17:43.20	0:00	2.2
DNC	DITTMANN KERSTIN	790	URBANRUNNING		GER	W 35-39	DNC	DNC	02:17:52	02:17:58.80	02:18:01.25	0:00	2.2
DNC	MARUSZAK ANNA	738			POL	W 25-29	DNC	DNC	02:18:15	02:18:18.45	02:18:20.00	0:00	2.2
DNC	WRIGHT SALLY	901				W 45-49	DNC	DNC	02:18:56	02:19:03.15	02:19:07.05	0:00	2.2
DNC	SVENSSON NICKLAS	243			SWE	M 25-29	DNC	DNC	02:18:59	02:19:06.65	02:19:09.20	0:00	2.2
DNC	MESZAROS CSABA	870			HUN	M 50-54	DNC	DNC	02:19:09	02:19:17.00	02:19:19.10	0:00	2.2
DNC	KRZYŻOWSKI GRZEGORZ	563			POL	M 35-39	DNC	DNC	02:19:04	02:19:20.50	02:19:22.95	0:00	2.2
DNC	SEGARRA JOSSUAN	170			FRA	M 18-24	DNC	DNC	02:19:14	02:19:26.15	02:19:26.15	0:00	2.2
DNC	VEDERSØ MIK	619			DEN	M 40-44	DNC	DNC	02:19:46	02:19:54.60	02:19:58.20	0:00	2.1
DNC	DIDIER LUDOVIC	175			FRA	M 18-24	DNC	DNC	02:19:54	02:20:03.05	02:20:06.20	0:00	2.1
DNC	ŻUKOWSKA ANIELA	113			POL	W ELITE	DNC	DNC	02:19:57	02:20:05.90	02:20:08.75	0:00	2.1
DNC	KOMOSIŃSKI ŁUKASZ	313			POL	M 30-34	DNC	DNC	02:20:18	02:20:27.85	02:20:31.40	0:00	2.1
DNC	DOODY KELVIN	442				M 30-34	DNC	DNC	02:20:28	02:20:35.30	02:20:37.25	0:00	2.1
DNC	CHRISTOPHER MICHEL	369			BEL	M 30-34	DNC	DNC	02:20:44	02:21:01.05	02:21:04.05	0:00	2.1
DNC	KOŁODZIEJCZYK DARIUSZ	576	SOCIOS SILESIA		POL	M 40-44	DNC	DNC	02:21:04	02:21:12.00	02:21:14.25	0:00	2.1
DNC	WILKINSON BECCA	745	TEAM MACTUFF			W 30-34	DNC	DNC	02:21:07	02:21:15.55	02:21:19.15	0:00	2.1
DNC	BENGTSSON PER	885			SWE	M 55+	DNC	DNC	02:21:11	02:21:19.40	02:21:22.10	0:00	2.1
DNC	MORAN FRED	569			IRL	M 40-44	DNC	DNC	02:21:10	02:21:20.45	02:21:23.00	0:00	2.1
DNC	PETROW JANECK	506			FRA	M 35-39	DNC	DNC	02:20:52	02:21:32.95	02:21:35.35	0:00	2.1
DNC	MIODEK ADRIAN	533	DIRTY SPARROWS		POL	M 35-39	DNC	DNC	02:21:29	02:21:35.55	02:21:38.00	0:00	2.1
DNC	DRÁBKOVÁ VERONIKA	681			CZE	W 18-24	DNC	DNC	02:21:40	02:21:47.90	02:21:50.95	0:00	2.1
DNC	BERQUEZ ANDREA	116	TEAM OMRM			W ELITE	DNC	DNC	02:21:51	02:21:59.85	02:22:00.95	0:00	2.1
DNC	JASIŃSKA ALICJA	893	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	W 13-17	DNC	DNC	02:22:45	02:22:58.80	02:23:01.85	0:00	2.1
DNC	WYSŁUCH IZA	95			POL	W ELITE	DNC	DNC	02:23:17	02:23:25.20	02:23:27.25	0:00	2.1
DNC	POLSTRA BERRY	427			NED	M 30-34	DNC	DNC	02:23:17	02:23:25.90	02:23:29.20	0:00	2.1
DNC	ŁASKOWSKI PIOTR	382	BEFIT24TEAM		POL	M 30-34	DNC	DNC	02:23:17	02:23:45.35	02:23:48.60	0:00	2.1
DNC	GABELGAARD TANJA	102			DEN	W ELITE	DNC	DNC	02:23:45	02:23:55.40	02:23:57.80	0:00	2.1
DNC	KOŁCZYŃ MAGDALENA	93			POL	W ELITE	DNC	DNC	02:23:49	02:23:57.95	02:24:00.65	0:00	2.1
DNC	CASTILLO AYTHAMI CASTILLA DEL	400			ESP	M 30-34	DNC	DNC	02:23:50	02:23:58.40	02:24:00.95	0:00	2.1
DNC	SPIJKER DAYEN	903			NED	W 45-49	DNC	DNC	02:24:39	02:24:46.65	02:24:49.55	0:00	2.1
DNC	WARING EVIE	898				W 13-17	DNC	DNC	02:25:05	02:25:09.35	02:25:13.05	0:00	2.1
DNC	MISSALA MAGDA	897	POWER TRAINING		POL	W 13-17	DNC	DNC	02:25:06	02:25:10.60	02:25:13.20	0:00	2.1
DNC	ČÍŽEK JAN	268			CZE	M 25-29	DNC	DNC	02:25:04	02:25:14.40	02:25:18.70	0:00	2.1
DNC	OLEKSIUK LIUDMYLA	780			UKR	W 35-39	DNC	DNC	02:25:25	02:25:38.40	02:25:40.50	0:00	2.1
DNC	PHILLIPS ALASTAIR	248				M 25-29	DNC	DNC	02:25:59	02:26:07.25	02:26:09.95	0:00	2.1
DNC	JOHANSSON MALIN	805	OCR ELITE APPAREL		SWE	W 40-44	DNC	DNC	02:26:18	02:26:26.40	02:26:29.05	0:00	2
DNC	SWART MAARTEN	517			NED	M 35-39	DNC	DNC	02:26:32	02:26:37.15	02:26:39.65	0:00	2
DNC	RAKHIMBAYEV ALMAS	32			KAZ	M ELITE	DNC	DNC	02:27:03	02:27:14.10	02:27:15.10	0:00	2
DNC	TOJAR LUIS MARTIN	63	LEYENDAS OCR BY XFORCE		ESP	M ELITE	DNC	DNC	02:27:02	02:27:21.25	02:27:23.15	0:00	2
DNC	JOBANPUTRA MAYOOR	278				M 25-29	DNC	DNC	02:27:32	02:27:41.50	02:27:44.35	0:00	2
DNC	ROBBRECHT CHRIS	143			GER	M 18-24	DNC	DNC	02:27:33	02:27:44.75	02:27:45.55	0:00	2
DNC	STRÖM TOMAS	554			SWE	M 35-39	DNC	DNC	02:27:49	02:28:10.35	02:28:14.55	0:00	2
DNC	ROSSER CLAIRE	783	THE ELEMENTS ELITE			W 35-39	DNC	DNC	02:28:18	02:28:24.15	02:28:26.70	0:00	2
DNC	JOYCE KATIE	796				W 35-39	DNC	DNC	02:28:18	02:28:24.80	02:28:27.05	0:00	2
DNC	JOHANSSON CAROLINE	708	KFUM UPPSALA SURVIVAL		SWE	M 25-29	DNC	DNC	02:28:32	02:28:39.25	02:28:41.20	0:00	2
DNC	NOWAK LUKASZ	262	OCR FIGHTERS		POL	M 25-29	DNC	DNC	02:28:33	02:28:40.00	02:28:42.25	0:00	2
DNC	KOLLBERG LOUISE	685			SWE	W 18-24	DNC	DNC	02:29:03	02:29:11.30	02:29:13.65	0:00	2
DNC	NOWICKA JUSTYNA	775			POL	W 30-34	DNC	DNC	02:29:17	02:29:24.30	02:29:27.10	0:00	2

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	JOHANSSON ELLEN	767	TEAM KROPPSLABBET		SWE	W 30-34	DNC	DNC	02:29:56	02:30:01.35	02:30:04.65	0:00	2
DNC	HALLGREN MATILDA	769	TEAM KROPPSLABBET		SWE	W 30-34	DNC	DNC	02:29:56	02:30:01.15	02:30:04.75	0:00	2
DNC	LEŚNIAK GRZEGORZ	613	DIRTY SPARROWS		POL	M 40-44	DNC	DNC	02:29:55	02:30:02.40	02:30:04.85	0:00	2
DNC	DONALD LEE	779	TEAM LDPT			W 35-39	DNC	DNC	02:29:58	02:30:07.00	02:30:08.85	0:00	2
DNC	WÓJCIK MICHAŁ	164	HUSARIA RACE TEAM KATOWICE		POL	M 18-24	DNC	DNC	02:30:22	02:30:26.50	02:30:29.15	0:00	2
DNC	OLSSON ANDERS E	824	KARLSHAMN OCR		SWE	M 45-49	DNC	DNC	02:30:41	02:30:46.95	02:30:51.20	0:00	2
DNC	GAWRYLUK MICHAŁ	539			POL	M 35-39	DNC	DNC	02:30:40	02:30:48.55	02:30:51.40	0:00	2
DNC	HERNANDEZ ARNEDO	480			ESP	M 35-39	DNC	DNC	02:30:35	02:30:53.85	02:30:56.15	0:00	2
DNC	LIMANOWSKA OLGA	719			POL	W 25-29	DNC	DNC	02:31:19	02:31:26.30	02:31:27.40	0:00	2
DNC	KLONOWSKI KAMIL	346	HUSARIA RACE TEAM KATOWICE		POL	M 30-34	DNC	DNC	02:31:15	02:31:25.75	02:31:28.35	0:00	2
DNC	SCHEJBALOVÁ TEREZA	118			CZE	W ELITE	DNC	DNC	02:31:24	02:31:32.95	02:31:34.00	0:00	2
DNC	BOANDER CAMILLA	713			SWE	W 25-29	DNC	DNC	02:31:36	02:31:42.15	02:31:44.20	0:00	2
DNC	HOLUBAR MARTIN	476			CZE	M 35-39	DNC	DNC	02:31:51	02:31:58.25	02:32:00.25	0:00	2
DNC	SZUBA-LATA KLAUDIA	679	ENJOY BY SPORT		POL	W 18-24	DNC	DNC	02:31:58	02:32:06.70	02:32:08.95	0:00	2
DNC	JOHANNESSEN ANNE MARIE	87			NOR	W ELITE	DNC	DNC	02:32:06	02:32:11.00	02:32:12.90	0:00	2
DNC	GRIGALIONYTĖ DONATA	107			LTU	W ELITE	DNC	DNC	02:32:05	02:32:10.95	02:32:12.95	0:00	2
DNC	THORKILDSEN EYVY MARIE	94			NOR	W ELITE	DNC	DNC	02:32:06	02:32:11.15	02:32:12.95	0:00	2
DNC	SEREDA EVGENIY	208			RUS	M 25-29	DNC	DNC	02:32:11	02:32:18.15	02:32:20.15	0:00	2
DNC	CHMIELORZ DONATA	103			POL	W ELITE	DNC	DNC	02:32:26	02:32:34.50	02:32:37.40	0:00	2
DNC	MEIER ROLF	541			DEN	M 35-39	DNC	DNC	02:32:20	02:32:28.95	02:32:38.20	0:00	2
DNC	HAGLUND CECILIA	774			SWE	W 30-34	DNC	DNC	02:32:47	02:33:02.90	02:33:06.85	0:00	2
DNC	GALTIER MURIEL	99			FRA	W ELITE	DNC	DNC	02:32:59	02:33:08.80	02:33:10.70	0:00	2
DNC	OLESEN CHRISTINA	914			SWE	W 55+	DNC	DNC	02:34:21	02:34:28.50	02:34:33.10	0:00	1.9
DNC	GARDEBRAND LUCAS KJELLIN	146	GRIPEN OCR		SWE	M 18-24	DNC	DNC	02:34:51	02:35:00.15	02:35:01.60	0:00	1.9
DNC	ARONSSON ALEXANDER	215			SWE	M 25-29	DNC	DNC	02:35:09	02:35:28.20	02:35:30.80	0:00	1.9
DNC	GUILLAUMIN THOMAS	433	TR1BE OCR TEAM		FRA	M 30-34	DNC	DNC	02:35:10	02:35:29.60	02:35:32.30	0:00	1.9
DNC	MARTIN FLORE	750	OCR BELGIUM WALLONIA MEN		BEL	W 30-34	DNC	DNC	02:35:12	02:35:29.40	02:35:32.55	0:00	1.9
DNC	MARTIN LUCIE	751	OCR BELGIUM WALLONIA MEN		BEL	W 30-34	DNC	DNC	02:35:12	02:35:29.75	02:35:32.85	0:00	1.9
DNC	FRICK EMMA	721			SWE	W 25-29	DNC	DNC	02:35:56	02:36:01.15	02:36:02.80	0:00	1.9
DNC	HARVEY-VALLENDER OLIVER	421	CLIFF LAKES OCR			M 30-34	DNC	DNC	02:36:25	02:36:33.00	02:36:35.40	0:00	1.9
DNC	ALEKSANDR ANOKHIN	327	STAGE TEAM RUSSIA		RUS	M 30-34	DNC	DNC	02:36:26	02:36:39.50	02:36:42.30	0:00	1.9
DNC	PORTON DAVID	560				M 35-39	DNC	DNC	02:37:29	02:37:36.45	02:37:39.70	0:00	1.9
DNC	SANNA LUCA	582	ANIS MUDDERS		ITA	M 40-44	DNC	DNC	02:38:08	02:38:29.40	02:38:37.65	0:00	1.9
DNC	FRAMVIG MICA	726			DEN	W 25-29	DNC	DNC	02:38:53	02:39:01.45	02:39:03.45	0:00	1.9
DNC	SZYDŁOWSKI ŁUKASZ	498			POL	M 35-39	DNC	DNC	02:39:09	02:39:19.10	02:39:22.25	0:00	1.9
DNC	CERBA JAROSLAW	851			POL	M 45-49	DNC	DNC	02:40:34	02:40:41.15	02:40:43.80	0:00	1.9
DNC	JAGODZIŃSKI DAMIAN	157	XRUNNERS		POL	M 18-24	DNC	DNC	02:40:55	02:41:06.65	02:41:06.65	0:00	1.9
DNC	LEŚNIAK DOROTA	809	DIRTY SPARROWS		POL	W 40-44	DNC	DNC	02:40:57	02:41:04.90	02:41:08.20	0:00	1.9
DNC	SALUSTE CARRY	46			EST	W ELITE	DNC	DNC	02:41:12	02:41:21.35	02:41:24.05	0:00	1.9
DNC	FRONTCZAK IZABELA	758			POL	W 30-34	DNC	DNC	02:41:22	02:41:30.40	02:41:33.70	0:00	1.9
DNC	HINTON MIKE	523				M 35-39	DNC	DNC	02:41:33	02:41:40.00	02:41:40.00	0:00	1.9
DNC	DAVIDSSON RICHARD	284	MIT TOUGH TEAM		SWE	M 25-29	DNC	DNC	02:41:41	02:41:50.25	02:41:54.30	0:00	1.9
DNC	KOLOTII MYKOLA	364			UKR	M 30-34	DNC	DNC	02:41:45	02:41:54.70	02:41:57.30	0:00	1.9
DNC	KUZMYAK VASYLYNA	754			UKR	W 30-34	DNC	DNC	02:41:49	02:41:59.50	02:42:01.95	0:00	1.9
DNC	EGNER TORIL	786			NOR	W 35-39	DNC	DNC	02:42:02	02:42:10.40	02:42:12.55	0:00	1.8
DNC	BRORSSON SEBASTIAN	287			SWE	M 25-29	DNC	DNC	02:42:25	02:42:32.25	02:42:36.15	0:00	1.8
DNC	VIDAL RUBÉN PÉREZ	584			ESP	M 40-44	DNC	DNC	02:42:23	02:42:36.00	02:42:38.05	0:00	1.8
DNC	GOODWIN RUTH	812				W 40-44	DNC	DNC	02:42:33	02:42:40.85	02:42:43.65	0:00	1.8
DNC	TCHIKNAVORIAN CARLA	894			FRA	W 13-17	DNC	DNC	02:42:27	02:42:42.00	02:42:45.25	0:00	1.8
DNC	PLATA ARKADIUSZ	342			POL	M 30-34	DNC	DNC	02:42:28	02:42:45.50	02:42:48.70	0:00	1.8
DNC	KIRKWOOD EMMA	760				W 30-34	DNC	DNC	02:43:18	02:43:24.40	02:43:27.85	0:00	1.8
DNC	RAWSON JACK	652				M 13-17	DNC	DNC	02:43:23	02:43:28.05	02:43:30.10	0:00	1.8
DNC	ROSE-HORNE MAXIMUS	648				M 13-17	DNC	DNC	02:43:24	02:43:28.45	02:43:30.40	0:00	1.8
DNC	GRANT FRANK	654				M 13-17	DNC	DNC	02:43:23	02:43:28.45	02:43:30.95	0:00	1.8
DNC	LASKOWSKI TOMASZ	344			POL	M 30-34	DNC	DNC	02:43:27	02:43:43.65	02:43:47.15	0:00	1.8
DNC	CREVEAU ANTHONY	631	TEAMPRIDEORDIE		FRA	M 40-44	DNC	DNC	02:43:40	02:43:49.50	02:43:53.05	0:00	1.8
DNC	SØRENSEN METTE	672	ASICSFRONTRUNNER		DEN	W 18-24	DNC	DNC	02:44:19	02:44:26.65	02:44:29.30	0:00	1.8

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	ELENA GALUSHKINA	788			RUS	W 35-39	DNC	DNC	02:44:34	02:44:48.15	02:44:50.50	0:00	1.8
DNC	YAKUSHEV ANTON	179	OCR RUSSIA		RUS	M 18-24	DNC	DNC	02:45:07	02:45:24.20	02:45:26.85	0:00	1.8
DNC	POZO JUAN CARLOS CONTADOR	405	SONS OF WORKOUT OCR		ESP	M 30-34	DNC	DNC	02:45:37	02:45:45.15	02:45:45.15	0:00	1.8
DNC	GONZALEZ-DIAZ ANDRES RAMIRO	184	TEAMMADNESS			M 18-24	DNC	DNC	02:46:17	02:46:25.00	02:46:27.80	0:00	1.8
DNC	GŁOWACZ GRZEGORZ	852	HUSARIA RACE TEAM		POL	M 45-49	DNC	DNC	02:47:51	02:47:56.70	02:47:59.75	0:00	1.8
DNC	SOBRINO DAVID RUEDAS	510			ESP	M 35-39	DNC	DNC	02:48:52	02:48:59.05	02:49:01.45	0:00	1.8
DNC	SZOSTEK PATRYCJA	702			POL	W 18-24	DNC	DNC	02:50:00	02:50:05.80	02:50:08.30	0:00	1.8
DNC	KARPOVICH ALENA	748	VOLAT		BLR	W 30-34	DNC	DNC	02:51:18	02:51:26.75	02:51:30.45	0:00	1.7
DNC	DAVIS HELEN	802			GBR	W 40-44	DNC	DNC	02:51:24	02:51:31.15	02:51:34.70	0:00	1.7
DNC	MONTRON ADRIEN	441			FRA	M 30-34	DNC	DNC	02:51:35	02:51:42.75	02:51:44.85	0:00	1.7
DNC	ŽAK ELŽBIETA	785	BEFIT24TEAM		POL	W 35-39	DNC	DNC	02:51:38	02:51:45.35	02:51:48.55	0:00	1.7
DNC	WOŹNIAK JOANNA	731	HUSARIA RACE TEAM		POL	W 25-29	DNC	DNC	02:51:50	02:51:58.55	02:51:59.45	0:00	1.7
DNC	MARKSTEDT ANNA-LEE	819			SWE	W 40-44	DNC	DNC	02:51:54	02:52:00.55	02:52:03.10	0:00	1.7
DNC	SADOWSKI MICHAŁ	384			POL	M 30-34	DNC	DNC	02:52:14	02:52:22.10	02:52:23.55	0:00	1.7
DNC	MARIYA NOVOSELSKAYA	797	GAZPROMBANK OCR TEAM		RUS	W 35-39	DNC	DNC	02:53:08	02:53:15.20	02:53:17.65	0:00	1.7
DNC	RACZYŃSKA ANKA	795	BALTIC SEALS		POL	W 35-39	DNC	DNC	02:53:24	02:53:42.90	02:53:45.60	0:00	1.7
DNC	RUDY RYCHLIŃSKI	426			FRA	M 30-34	DNC	DNC	02:53:32	02:53:43.95	02:53:46.35	0:00	1.7
DNC	KALMAR SARA	671			HUN	W 18-24	DNC	DNC	02:53:40	02:53:47.90	02:53:50.10	0:00	1.7
DNC	HAMMARBÄCK MOA	686	TEAM VALKYRIA		SWE	W 18-24	DNC	DNC	02:54:26	02:54:31.90	02:54:34.55	0:00	1.7
DNC	MAJSZCZYK PAULINA	740	HARDCOROWE WYCHYLYBYMY		POL	W 25-29	DNC	DNC	02:54:39	02:54:47.25	02:54:48.80	0:00	1.7
DNC	KIND PIA	807			SWE	W 40-44	DNC	DNC	02:55:34	02:55:47.00	02:55:50.05	0:00	1.7
DNC	CZAJA PIOTR	833	CROSSTEAM SZCZECINEK POLSKA		POL	M 45-49	DNC	DNC	02:56:26	02:56:34.25	02:56:35.95	0:00	1.7
DNC	ZIÓŁKOWSKA ALEKSANDRA	735	HARDCOROWE WYCHYLYBYMY		POL	W 25-29	DNC	DNC	02:57:19	02:57:22.95	02:57:24.00	0:00	1.7
DNC	HAWKINS NATHAN	353				M 30-34	DNC	DNC	02:57:28	02:57:35.35	02:57:39.50	0:00	1.7
DNC	SHEPPARD ALISON	801				W 35-39	DNC	DNC	02:57:33	02:57:41.65	02:57:43.75	0:00	1.7
DNC	KARLSSON GUNILLA	813			SWE	W 40-44	DNC	DNC	02:57:53	02:58:01.05	02:58:04.35	0:00	1.7
DNC	OLENINA ELENA	798			ESP	W 35-39	DNC	DNC	02:58:51	02:58:57.35	02:58:59.45	0:00	1.7
DNC	CICHA NATALIA	694			POL	W 18-24	DNC	DNC	02:59:16	02:59:25.15	02:59:26.85	0:00	1.7
DNC	VALERIA SHCHERBININA	755			RUS	W 30-34	DNC	DNC	02:59:36	02:59:47.30	02:59:51.50	0:00	1.7
DNC	BREDIN ANNA OLSSON	730			SWE	W 25-29	DNC	DNC	03:00:01	03:00:08.45	03:00:10.10	0:00	1.7
DNC	RATCLIFFE HEATHER	794				W 35-39	DNC	DNC	03:00:12	03:00:19.90	03:00:22.15	0:00	1.7
DNC	KURAS BEATA	98	XRUNNERS		POL	W ELITE	DNC	DNC	03:00:27	03:00:35.45	03:00:37.80	0:00	1.7
DNC	STENBÄCK AMANDA	687			SWE	W 18-24	DNC	DNC	03:00:42	03:00:51.45	03:00:53.90	0:00	1.7
DNC	SZWARC JAGODA	787			POL	W 35-39	DNC	DNC	03:00:46	03:01:03.20	03:01:05.65	0:00	1.7
DNC	TOCHKA DZIANIS	319			BLR	M 30-34	DNC	DNC	03:01:55	03:02:01.90	03:02:05.00	0:00	1.6
DNC	GHAFFRY TOURIA ZAHRA	669	TEAMMADNESS			W 18-24	DNC	DNC	03:02:50	03:02:54.45	03:02:57.40	0:00	1.6
DNC	FARINA SUMATY PRISCILA HERNANDEZ	670	TEAMMADNESS			W 18-24	DNC	DNC	03:02:50	03:02:54.95	03:02:57.65	0:00	1.6
DNC	JIRKU MILAN	399			CZE	M 30-34	DNC	DNC	03:03:10	03:03:14.00	03:03:16.75	0:00	1.6
DNC	MARTOS EDUARDO	255	RACERS LEGION ANDALUCÍA		ESP	M 25-29	DNC	DNC	03:03:21	03:03:32.95	03:03:34.80	0:00	1.6
DNC	JAKOUBEK JAKUB	37	REHASPORT TEAM		CZE	M ELITE	DNC	DNC	03:04:34	03:04:45.75	03:04:47.20	0:00	1.6
DNC	COULY CHRISTOPHE - AKIRA	640	OCR BELGIUM WALLONIA MEN		BEL	M 40-44	DNC	DNC	03:04:47	03:04:54.05	03:04:56.60	0:00	1.6
DNC	GRAY SCOTT	375				M 30-34	DNC	DNC	03:05:33	03:05:43.90	03:05:47.55	0:00	1.6
DNC	MYALSKA KATARZYNA	79	DO PORZYGU OCR TEAM		POL	W ELITE	DNC	DNC	03:05:35	03:05:45.50	03:05:47.85	0:00	1.6
DNC	NATALIA MIKHAILOVA	771	GAZPROMBANK OCR TEAM		RUS	W 30-34	DNC	DNC	03:08:09	03:08:15.75	03:08:18.65	0:00	1.6
DNC	SIŃCZUK PATRYCJA	800			POL	W 35-39	DNC	DNC	03:08:09	03:08:17.45	03:08:20.40	37:39	1.6
DNC	MIRASLAU CHARAPOK	657	VOLAT		BLR	M 13-17	DNC	DNC	03:08:18	03:08:27.25	03:08:29.90	0:00	1.6
DNC	STEJSKALOVÁ BARBORA	96			CZE	W ELITE	DNC	DNC	03:08:46	03:09:04.10	03:09:05.60	0:00	1.6
DNC	GREC KLAUDIA	117	HUSARIA RACE TEAM		POL	W ELITE	DNC	DNC	03:10:28	03:10:34.30	03:10:37.25	0:00	1.6
DNC	TITOV DENIS	651			BLR	M 13-17	DNC	DNC	03:10:43	03:10:53.30	03:10:55.95	0:00	1.6
DNC	GARLACZ JUSTYNA	770			POL	W 30-34	DNC	DNC	03:11:53	03:12:00.70	03:12:04.30	0:00	1.6
DNC	GINON LOÍC	239	INVICTA		FRA	M 25-29	DNC	DNC	03:14:23	03:14:28.45	03:14:31.20	0:00	1.5
DNC	AUBRIOT PIERRE CHARLES	424			BEL	M 30-34	DNC	DNC	03:15:02	03:15:21.25	03:15:24.50	0:00	1.5
DNC	KULAK RAFAŁ	585	BALTIC SEALS		POL	M 40-44	DNC	DNC	03:16:40	03:16:47.65	03:16:50.45	0:00	1.5
DNC	THAYSEN SUSANNE	818			SWE	W 40-44	DNC	DNC	03:17:40	03:17:47.40	03:17:50.75	0:00	1.5
DNC	SZADYKO MONIKA	703			POL	W 18-24	DNC	DNC	03:17:44	03:17:57.00	03:17:58.85	0:00	1.5
DNC	CHMIELORZ JÓZEF	380	CARBON OCR RACING TEAM		POL	M 30-34	DNC	DNC	03:17:49	03:17:59.10	03:18:00.55	0:00	1.5
DNC	KRÓLAK MARGARITA	701			POL	W 18-24	DNC	DNC	03:18:41	03:18:47.20	03:18:48.75	0:00	1.5

**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	GONZÁLEZ ANA DE MIGUEL	765			ESP	W 30-34	DNC	DNC	03:19:16	03:19:23.25	03:19:26.30	0:00	1.5
DNC	CUERVO ALEX FELIPE	315	TRI OLENYA		RUS	M 30-34	DNC	DNC	03:19:39	03:19:48.05	03:19:51.00	0:00	1.5
DNC	BEORLEGI IRATI	109	DENONTZAT		ESP	W ELITE	DNC	DNC	03:20:43	03:20:51.55	03:20:53.90	0:00	1.5
DNC	МАКОРИНА ПОЛИНА	734			RUS	W 25-29	DNC	DNC	03:23:08	03:23:15.00	03:23:16.55	0:00	1.5
DNC	KLONOWICZ PATRYCJA	697			POL	W 18-24	DNC	DNC	03:23:20	03:23:26.70	03:23:28.65	0:00	1.5
DNC	SŁONIEWSKI RAFAŁ	500			POL	M 35-39	DNC	DNC	03:25:33	03:25:42.10	03:25:45.55	0:00	1.5
DNC	DADELEWSKA JOANNA	799	PIĘKNI I BESTIE		POL	W 35-39	DNC	DNC	03:25:36	03:26:14.20	03:26:17.65	0:00	1.5
DNC	VERSEPUCH ADÉLIE	746			FRA	W 30-34	DNC	DNC	03:25:58	03:26:15.45	03:26:19.05	0:00	1.5
DNC	GARNUSZEK ANITA	729			POL	W 25-29	DNC	DNC	03:26:53	03:27:00.95	03:27:02.45	0:00	1.4
DNC	BURS KLAUDIA	695			POL	W 18-24	DNC	DNC	03:28:09	03:28:26.45	03:28:28.70	0:00	1.4
DNC	FRANICA MATEUSZ	159	CARBON OCR RACING TEAM		POL	M 18-24	DNC	DNC	03:28:25	03:28:37.70	03:28:40.45	0:00	1.4
DNC	HOZ ISABEL DE LA	97	BRAVE BULLS		ESP	W ELITE	DNC	DNC	03:29:07	03:29:14.85	03:29:17.25	0:00	1.4
DNC	ZYWER URSZULA	717			POL	W 25-29	DNC	DNC	03:30:03	03:30:10.45	03:30:11.90	0:00	1.4
DNC	KOZIOŁ KAMIL	232			POL	M 25-29	DNC	DNC	03:31:19	03:31:38.15	03:31:40.75	0:00	1.4
DNC	BARALDI DAVIDE	395	WHITE DONKEYS		ITA	M 30-34	DNC	DNC	03:31:54	03:32:08.65	03:32:10.70	0:00	1.4
DNC	GÓRZYŃSKI KONRAD	662			POL	M 13-17	DNC	DNC	03:32:42	03:32:58.45	03:33:00.45	0:00	1.4
DNC	KUCZKOWSKA MARTA	718	WATAHA GRUPA TRENINGOWA		POL	W 25-29	DNC	DNC	03:33:15	03:33:21.75	03:33:22.75	0:00	1.4
DNC	RIPOLLÉS LLUNA SANZ	716			ESP	W 25-29	DNC	DNC	03:33:41	03:33:47.20	03:33:48.05	0:00	1.4
DNC	NAVARRO CRISTIAN MANUEL MADRID	211			ESP	M 25-29	DNC	DNC	03:35:25	03:35:50.75	03:35:52.55	0:00	1.4
DNC	BELLIDO DAVID FERNÁNDEZ	210			ESP	M 25-29	DNC	DNC	03:35:36	03:35:50.60	03:35:52.60	0:00	1.4
DNC	GOFFIN ANNELEEN	776	OCR WAASLAND BELGIUM		BEL	W 30-34	DNC	DNC	03:36:39	03:36:57.35	03:37:00.65	0:00	1.4
DNC	HEIJKENSKJÖLD FENJA	763			SWE	W 30-34	DNC	DNC	03:38:14	03:38:18.35	03:38:22.05	0:00	1.4
DNC	GARDABOU IBTISAM	680			BEL	W 18-24	DNC	DNC	03:39:55	03:40:21.20	03:40:23.40	0:00	1.4
DNC	JANSEN THEO	561			NED	M 35-39	DNC	DNC	03:40:45	03:40:51.55	03:40:54.15	0:00	1.4
DNC	HAHN HENRIK	389			DEN	M 30-34	DNC	DNC	03:41:54	03:42:03.30	03:42:05.65	0:00	1.4
DNC	GROBELNA ALEKSANDRA	693			POL	W 18-24	DNC	DNC	03:42:56	03:43:05.00	03:43:06.30	0:00	1.3
DNC	BALUTA-MAŁECKA EDYTA	700			POL	W 18-24	DNC	DNC	03:42:56	03:43:05.25	03:43:06.65	0:00	1.3
DNC	PAPIÓR JOLANTA	704			POL	W 18-24	DNC	DNC	03:48:15	03:48:21.75	03:48:23.75	0:00	1.3
DNC	KAŁUŻNY MICHAŁ	280	DIRTY SPARROWS		POL	M 25-29	DNC	DNC	04:00:41	04:00:47.20	04:00:51.05	0:00	1.2
DNC	RITZLER ANNA	712	UNTERFRANKEN VIKINGS		GER	W 25-29	DNC	DNC	04:02:43	04:02:51.50	04:02:53.65	0:00	1.2
DNC	MACIUSZEK JULIA	698			POL	W 18-24	DNC	DNC	04:03:58	04:04:08.30	04:04:09.75	0:00	1.2
DNC	TULLOCH JON 'ABS'	642				M 40-44	DNC	DNC	04:08:02	04:08:11.85	04:08:14.80	0:00	1.2
DNC	MISSALA ANDRZEJ	659	POWER TRAINING		POL	M 13-17	DNC	DNC	04:10:20	04:10:27.60	04:10:29.35	0:00	1.2
DNC	DELOGE ALEXANDRE	622			FRA	M 40-44	DNC	DNC	04:14:30	04:14:46.70	04:14:50.05	0:00	1.2
DNC	CASTEIJN SELMA	691	OUTDOOR VALLEY		NED	W 18-24	DNC	DNC	04:19:01	04:19:10.20	04:19:12.85	0:00	1.2
DNC	WUNDERLICH TOBIAS	292	UNTERFRANKEN VIKINGS		GER	M 25-29	DNC	DNC	04:31:54	04:32:04.05	04:32:06.95	0:00	1.1
DNC	STRNAD SEBASTIAN	398	UNTERFRANKEN VIKINGS		GER	M 30-34	DNC	DNC	04:37:52	04:38:01.25	04:38:03.40	0:00	1.1
	LINDBERG MADS	923			DEN	M JOURNEYMAN			DNF	DNF	DNF	-	-
	WITT ANDRÉ	73			SWE	M ELITE			DNF	DNF	DNF	-	-
	ŠNOPL VÍTA	140	#GLADIATORRACETEAM		CZE	M 18-24			DNF	DNF	DNF	-	-
	ILNICKI DAREK	340			POL	M 30-34			DNF	DNF	DNF	-	-
	LUND MARIA	683			DEN	W 18-24			DNF	DNF	DNF	-	-
	HAAVISTO ELLEN	675	EFI OCR TEAM		SWE	W 18-24			DNF	DNF	DNF	-	-
	LILJESTAM RICHARD	180			SWE	M 18-24			DNF	DNF	DNF	-	-
	NUTIL MICHAL	253			CZE	M 25-29			DNF	DNF	DNF	-	-
	KOZŁOWSKI ARTUR	124			POL	M 18-24			DNF	DNF	DNF	-	-
	HERNANDEZ AYOZE HERRERA	316	TFG/TONI MUSCLE		ESP	M 30-34			DNF	DNF	DNF	-	-
	CURTIS CARL	359				M 30-34			DNF	DNF	DNF	-	-
	BAKKER PIM	667			NED	M 13-17			DNF	DNF	DNF	-	-
	BEURER STEPHAN	258			GER	M 25-29			DNF	DNF	DNF	-	-
	ÁLVAREZ RAFITA FERNÁNDEZ	583			ESP	M 40-44			DNF	DNF	DNF	-	-
	HAJEWSKI MICHAŁ	618			POL	M 40-44			DNF	DNF	DNF	-	-
	COMMANDEUR TJEERD	437			NED	M 30-34			DNF	DNF	DNF	-	-
	OŚLIZŁO TOMASZ	3	HUSARIA RACE TEAM		POL	M ELITE			DNF	DNF	DNF	-	-
	HAAVISTO EMMY	673	EFI OCR TEAM		SWE	W 18-24			DNF	DNF	DNF	-	-
	BARANOWSKA KATARZYNA	105	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	W ELITE			DNF	DNF	DNF	-	-



**OCREC2019 - SHORT COURSE, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
	POZNYAK TATIANA	816	GAZPROMBANK OCR TEAM		RUS	W 40-44			DNF	DNF	DNF	-	-
	GRAUTE MATTHIAS	10			GER	M ELITE			DNF	DNF	DNF	-	-
	ULRICH SUSANNE	720			NED	W 25-29			DNF	DNF	DNF	-	-
	SANDBERG AMANDA	677	TEAM MERRELL		SWE	W 18-24			DNF	DNF	DNF	-	-
	SZECHLICKI DAWID	664			POL	M 13-17			DNF	DNF	DNF	-	-
	BAŁDYGA MIŁOSZ	665			POL	M 13-17			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, M 13-17**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	LAGRAND STIJN	649	TEAM HANG-ON THE NETHERLANDS		NED	M 13-17	1	M 79	00:55:30	00:55:33.80	00:55:35.40	11:06	5.4
2	SOBIERAJSKI BOLESŁAW	658			POL	M 13-17	2	M 82	00:55:53	00:55:58.35	00:56:00.35	11:11	5.4
3	GREGERSEN MADIS-CHRISTIAN AGERSKOV	653			DEN	M 13-17	3	M 96	00:56:57	00:57:01.20	00:57:03.85	11:24	5.3
4	SOBIERAJSKI KRZYSZTOF	656			POL	M 13-17	4	M 98	00:57:09	00:57:15.10	00:57:17.25	11:27	5.2
5	PROKUDIN YURY	647	RUSSIA-MOSCOW REGION		RUS	M 13-17	5	M 103	00:57:36	00:57:40.30	00:57:43.25	11:32	5.2
6	HORVÁTH ZSOLT	650	OCR GABORTEAM		HUN	M 13-17	6	M 110	00:59:03	00:59:06.45	00:59:08.30	11:49	5.1
7	POWELL ALF	660				M 13-17	7	M 166	01:09:40	01:09:45.15	01:09:47.10	13:57	4.3
8	DAMKOT TOM	661			NED	M 13-17	8	M 171	01:10:37	01:11:07.15	01:11:08.90	14:13	4.2
9	GEVEN TWAN	666	TEAM BRUGGINK NL		NED	M 13-17	9	M 211	01:19:16	01:19:20.55	01:19:22.60	15:52	3.8
10	SKUPIEŃ TOMASZ	663			POL	M 13-17	10	M 272	01:34:37	01:34:40.30	01:34:43.00	18:56	3.2
DNC	LEERBAEK MADIS	655			DEN	M 13-17	DNC	DNC	02:10:22	02:10:28.80	02:10:31.00	0:00	2.3
DNC	RAWSON JACK	652				M 13-17	DNC	DNC	02:43:23	02:43:28.05	02:43:30.10	0:00	1.8
DNC	ROSE-HORNE MAXIMUS	648				M 13-17	DNC	DNC	02:43:24	02:43:28.45	02:43:30.40	0:00	1.8
DNC	GRANT FRANK	654				M 13-17	DNC	DNC	02:43:23	02:43:28.45	02:43:30.95	0:00	1.8
DNC	MIRASLAU CHARAPOK	657	VOLAT		BLR	M 13-17	DNC	DNC	03:08:18	03:08:27.25	03:08:29.90	0:00	1.6
DNC	TITOV DENIS	651			BLR	M 13-17	DNC	DNC	03:10:43	03:10:53.30	03:10:55.95	0:00	1.6
DNC	GÓRZYŃSKI KONRAD	662			POL	M 13-17	DNC	DNC	03:32:42	03:32:58.45	03:33:00.45	0:00	1.4
DNC	MISSALA ANDRZEJ	659	POWER TRAINING		POL	M 13-17	DNC	DNC	04:10:20	04:10:27.60	04:10:29.35	0:00	1.2
	BAKKER PIM	667			NED	M 13-17			DNF	DNF	DNF	-	-
	SZECHLICKI DAWID	664			POL	M 13-17			DNF	DNF	DNF	-	-
	BAŁDYGA MIŁOSZ	665			POL	M 13-17			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, M 18-24**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KASPRZYK SEBASTIAN	125			POL	M 18-24	1	M 2	00:40:50	00:40:53.65	00:40:53.65	8:10	7.3
2	MORI RICCARDO	144			ITA	M 18-24	2	M 5	00:42:50	00:42:54.60	00:42:54.65	8:34	7
3	WILK SYLWESTER	120			POL	M 18-24	3	M 8	00:43:34	00:43:39.60	00:43:39.60	8:43	6.9
4	STENBECK FREDRIK	142			SWE	M 18-24	4	M 9	00:44:39	00:44:42.80	00:44:43.15	8:56	6.7
5	ALVES DUARTE	147	OCR PORTUGAL LAB		POR	M 18-24	5	M 15	00:47:16	00:47:21.10	00:47:21.35	9:28	6.3
6	ŚWIĘTEK BARTOSZ	123			POL	M 18-24	6	M 16	00:47:33	00:47:37.35	00:47:38.65	9:31	6.3
7	RIJNEKER JESPER	129	TEAM 4SPORT		NED	M 18-24	7	M 17	00:47:39	00:47:44.80	00:47:44.85	9:32	6.3
8	DECIUK TEOFIL	122			POL	M 18-24	8	M 24	00:48:23	00:48:28.30	00:48:28.95	9:41	6.2
9	SERAFIŃSKI MACIEJ	126	NEXTREME		POL	M 18-24	9	M 29	00:49:11	00:49:17.35	00:49:17.60	9:51	6.1
10	TITCOMB DANIEL	134				M 18-24	10	M 33	00:49:28	00:49:34.00	00:49:34.50	9:54	6.1
11	CEJKO DAWID	128			POL	M 18-24	11	M 34	00:49:51	00:49:55.85	00:49:56.20	9:59	6
12	KADRMAS MAREK	132	OCRA CZ		CZE	M 18-24	12	M 37	00:50:27	00:50:31.50	00:50:31.85	10:06	5.9
13	PANIN EGOR	133			RUS	M 18-24	13	M 40	00:50:41	00:50:46.20	00:50:46.75	10:09	5.9
14	MIKRUT JAKUB	127			POL	M 18-24	14	M 44	00:51:08	00:51:13.00	00:51:14.00	10:14	5.9
15	KUIK THOMAS	148	TEAM HANG-ON THE NETHERLANDS		NED	M 18-24	15	M 47	00:51:29	00:51:36.10	00:51:36.25	10:19	5.8
16	CLAESSON ALBIN	141			SWE	M 18-24	16	M 56	00:52:50	00:52:54.50	00:52:55.15	10:35	5.7
17	VILA JOSE	152	OCRAMICX		ESP	M 18-24	17	M 69	00:54:27	00:54:31.65	00:54:31.80	10:54	5.5
18	VOLÁK ADAM	177			CZE	M 18-24	18	M 71	00:54:36	00:54:41.20	00:54:43.25	10:56	5.5
19	SZYSZKA KACPER	163	KONIUCHY OCR		POL	M 18-24	19	M 107	00:58:37	00:58:41.90	00:58:44.05	11:44	5.1

**OCREC2019 - SHORT COURSE, M 18-24 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
20	HANSEN MAD S VOSS	137			DEN	M 18-24	20	M 108	00:58:53	00:58:57.70	00:58:58.55	11:47	5.1
21	ALMERSKÅR VIKTOR	131			SWE	M 18-24	21	M 109	00:58:56	00:59:02.15	00:59:02.95	11:48	5.1
22	ORICHOWSKI WITALIJ	156			POL	M 18-24	22	M 111	00:59:15	00:59:21.60	00:59:24.10	11:52	5.1
23	WISPELWEIJ SEM	150	HANG ON THE NETHERLANDS		NED	M 18-24	23	M 112	00:59:19	00:59:24.85	00:59:25.00	11:53	5
24	PAWŁOWSKI KAMIL	162			POL	M 18-24	24	M 130	01:01:24	01:01:29.20	01:01:31.25	12:17	4.9
25	VASYA DUDNIKOV	151			RUS	M 18-24	25	M 151	01:05:21	01:05:27.30	01:05:27.55	13:05	4.6
26	KERSTEN MAX	190	OUTDOOR VALLEY		NED	M 18-24	26	M 153	01:06:02	01:06:06.70	01:06:09.55	13:13	4.5
27	CIEPIELA JAN	166			POL	M 18-24	27	M 155	01:06:45	01:06:57.80	01:07:00.15	13:23	4.5
28	ZDEB MACIEK	160			POL	M 18-24	28	M 159	01:07:50	01:07:54.70	01:07:57.45	13:35	4.4
29	BUCCARELLA LUCA	185			DEN	M 18-24	29	M 160	01:07:54	01:07:59.50	01:08:02.00	13:36	4.4
30	KOSIŃSKI JAKUB	167			POL	M 18-24	30	M 164	01:09:31	01:09:37.05	01:09:39.40	13:55	4.3
31	SRNSKÝ DANIEL	189			CZE	M 18-24	31	M 168	01:09:54	01:09:58.70	01:10:01.45	13:59	4.3
32	NILSSON ERIK	136			SWE	M 18-24	32	M 174	01:11:45	01:11:52.55	01:11:52.70	14:22	4.2
33	DORNYI TAMÁS	178			HUN	M 18-24	33	M 183	01:13:22	01:13:27.05	01:13:29.00	14:41	4.1
34	ŠULDA JAKUB	188			CZE	M 18-24	34	M 192	01:15:31	01:15:37.50	01:15:39.50	15:07	4
35	ŁUKASZEWSKI JAKUB	158	HUSARIA RACE TEAM		POL	M 18-24	35	M 228	01:22:59	01:23:03.65	01:23:05.95	16:36	3.6
36	KMIECIAK JAKUB	165	DIRTY SPARROWS		POL	M 18-24	36	M 302	01:42:17	01:42:22.80	01:42:25.45	20:28	2.9
37	JANOŮŠEK PETR	183	GLADIATORS CZECH		CZE	M 18-24	37	M 332	02:01:59	02:02:05.15	02:02:08.10	24:25	2.5
38	JÓZWIK ADRIAN	121	NEXTREME		POL	M 18-24	38	M 340	02:08:12	02:08:18.95	02:08:19.60	25:39	2.3
39	SZEPANSKI MICHAEL	187			GER	M 18-24	39	M 387	02:50:59	02:51:04.05	02:51:06.65	34:12	1.8
DNC	ADAMEC JAKUB	130			SVK	M 18-24	DNC	DNC	01:28:31	01:28:39.45	01:28:39.80	0:00	3.4
DNC	YUCEL JEFFREY	174	OCR BELGIUM		BEL	M 18-24	DNC	DNC	01:32:18	01:32:36.70	01:32:36.70	0:00	3.2
DNC	BURDZY DANIEL	169	BESTIE OCR LEGIONOWO		POL	M 18-24	DNC	DNC	01:42:16	01:42:23.75	01:42:25.55	0:00	2.9
DNC	MISKA DANIEL	168	ENJOY BY SPORT		POL	M 18-24	DNC	DNC	01:42:38	01:42:47.65	01:42:49.50	0:00	2.9
DNC	SIMMONS JOHN	186	RENEGADE RUNNERS			M 18-24	DNC	DNC	01:44:09	01:44:14.95	01:44:17.85	0:00	2.9
DNC	CASTRO CHRISTIAN DANIS	138			ESP	M 18-24	DNC	DNC	01:52:17	01:52:36.50	01:52:37.05	0:00	2.7
DNC	KINDBOM ARON	145			SWE	M 18-24	DNC	DNC	01:57:55	01:58:00.40	01:58:01.45	0:00	2.5
DNC	MADSEN DITLEV	181			DEN	M 18-24	DNC	DNC	02:01:55	02:02:03.80	02:02:06.25	0:00	2.5
DNC	JURNÍK LUKÁŠ	176			CZE	M 18-24	DNC	DNC	02:03:26	02:03:41.90	02:03:44.55	0:00	2.4
DNC	CHATFIELD CONNOR	149				M 18-24	DNC	DNC	02:04:08	02:04:14.50	02:04:15.15	0:00	2.4
DNC	DOUHAN DYLAN	173	KARLSHAMN OCR		SWE	M 18-24	DNC	DNC	02:09:45	02:09:51.75	02:09:54.65	0:00	2.3
DNC	BRUUN EMIL HVIDENLUND	172			DEN	M 18-24	DNC	DNC	02:10:33	02:10:40.05	02:10:42.30	0:00	2.3
DNC	BAK ŁUKASZ	161			POL	M 18-24	DNC	DNC	02:10:39	02:10:46.30	02:10:48.90	0:00	2.3
DNC	THOMAYER JAN	182			CZE	M 18-24	DNC	DNC	02:10:59	02:11:06.55	02:11:09.50	0:00	2.3
DNC	BROKEŠ ONDŘEJ	139			CZE	M 18-24	DNC	DNC	02:15:57	02:16:05.50	02:16:06.50	0:00	2.2
DNC	SEGARRA JOSSUAN	170			FRA	M 18-24	DNC	DNC	02:19:14	02:19:26.15	02:19:26.15	0:00	2.2
DNC	DIDIER LUDOVIC	175			FRA	M 18-24	DNC	DNC	02:19:54	02:20:03.05	02:20:06.20	0:00	2.1
DNC	ROBBRECHT CHRIS	143			GER	M 18-24	DNC	DNC	02:27:33	02:27:44.75	02:27:45.55	0:00	2
DNC	WÓJCIK MICHAŁ	164	HUSARIA RACE TEAM KATOWICE		POL	M 18-24	DNC	DNC	02:30:22	02:30:26.50	02:30:29.15	0:00	2
DNC	GARDEBRAND LUCAS KJELLIN	146	GRIPEN OCR		SWE	M 18-24	DNC	DNC	02:34:51	02:35:00.15	02:35:01.60	0:00	1.9
DNC	JAGODZIŃSKI DAMIAN	157	XRUNNERS		POL	M 18-24	DNC	DNC	02:40:55	02:41:06.65	02:41:06.65	0:00	1.9
DNC	YAKUSHEV ANTON	179	OCR RUSSIA		RUS	M 18-24	DNC	DNC	02:45:07	02:45:24.20	02:45:26.85	0:00	1.8
DNC	GONZALEZ-DIAZ ANDRES RAMIRO	184	TEAMMADNESS			M 18-24	DNC	DNC	02:46:17	02:46:25.00	02:46:27.80	0:00	1.8
DNC	FRANICA MATEUSZ	159	CARBON OCR RACING TEAM		POL	M 18-24	DNC	DNC	03:28:25	03:28:37.70	03:28:40.45	0:00	1.4
	ŠNOPL VÍŤA	140	#GLADIATORRACETEAM		CZE	M 18-24			DNF	DNF	DNF	-	-
	LILJESTAM RICHARD	180			SWE	M 18-24			DNF	DNF	DNF	-	-
	KOZŁOWSKI ARTUR	124			POL	M 18-24			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, M 25-29**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	DINKELMAN RUBEN	206			NED	M 25-29	1	M 1	00:40:25	00:40:29.35	00:40:30.85	8:05	7.4
2	VANDEWALLE BILLY	198			BEL	M 25-29	2	M 7	00:43:29	00:43:32.50	00:43:33.95	8:42	6.9
3	JANUSZEWSKI BARTOSZ	193			POL	M 25-29	3	M 11	00:45:57	00:46:00.85	00:46:02.60	9:12	6.5
4	HANYK LUKÁŠ	204			CZE	M 25-29	4	M 13	00:46:18	00:46:22.25	00:46:23.80	9:16	6.5
5	TOMASIK ALAN	231	NEXTREME		POL	M 25-29	5	M 25	00:48:33	00:48:42.35	00:48:43.85	9:44	6.2

**OCREC2019 - SHORT COURSE, M 25-29 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
6	ZAKOLODKIN ROMAN	223	HERO RACE TEAM		RUS	M 25-29	6	M 26	00:48:43	00:48:48.45	00:48:50.45	9:45	6.1
7	DIECKMANN JAN-PHILIP	207			GER	M 25-29	7	M 27	00:49:04	00:49:07.65	00:49:09.10	9:49	6.1
8	BLANKENBURGH DAVID	228			NED	M 25-29	8	M 28	00:49:02	00:49:07.40	00:49:09.50	9:49	6.1
9	MUSSCHE FRANS	264			NED	M 25-29	9	M 38	00:50:26	00:50:31.60	00:50:33.65	10:06	5.9
10	ZAWISTOWSKI JAKUB	197			POL	M 25-29	10	M 43	00:51:02	00:51:07.15	00:51:09.15	10:13	5.9
11	PRYKOWSKI TOMASZ	200	XRUNNERS		POL	M 25-29	11	M 48	00:51:44	00:51:47.65	00:51:49.20	10:21	5.8
12	VLAM THIJS	263			NED	M 25-29	12	M 50	00:52:04	00:52:11.85	00:52:14.35	10:26	5.7
13	KONEWKA JACEK	196	HUSARIA RACE TEAM		POL	M 25-29	13	M 51	00:52:13	00:52:17.45	00:52:18.85	10:27	5.7
14	GUIBERT ROMAIN	219	TEAM FRANCE		FRA	M 25-29	14	M 53	00:52:25	00:52:30.05	00:52:32.05	10:30	5.7
15	CZERWIŃSKI MACIEJ	237	BALTIC SEALS		POL	M 25-29	15	M 58	00:53:04	00:53:07.00	00:53:08.95	10:37	5.6
16	STIIG JONATHAN	289			SWE	M 25-29	16	M 75	00:55:13	00:55:18.75	00:55:23.45	11:03	5.4
17	VADZIM SHALKOUSKI	209	OCR BELARUS		BLR	M 25-29	17	M 78	00:55:24	00:55:27.30	00:55:31.00	11:05	5.4
18	BRZOSKWINIA WOJCIECH	201			POL	M 25-29	18	M 80	00:55:30	00:55:35.75	00:55:35.75	11:07	5.4
19	VIKTOROVICH GRUZDEV VLADIMIR	221			RUS	M 25-29	19	M 81	00:55:43	00:55:47.65	00:55:49.65	11:09	5.4
20	WITEK PIOTR	274			POL	M 25-29	20	M 83	00:55:54	00:55:58.35	00:56:01.55	11:11	5.4
21	BRZOZOWSKI FILIP	202	HUSARIA RACE TEAM		POL	M 25-29	21	M 84	00:55:58	00:56:01.60	00:56:03.40	11:12	5.4
22	VERHEUL PAUL PIETER CORNELIS	297	ATLAS OUTDOOR TRAINING		NED	M 25-29	22	M 92	00:56:36	00:56:42.15	00:56:45.50	11:20	5.3
23	JUSTESEN SIMON	246	TEAM SOLID		SWE	M 25-29	23	M 95	00:56:20	00:57:00.95	00:57:02.80	11:24	5.3
24	KRUCZKOWSKI MICHAŁ	194	XRUNNERS		POL	M 25-29	24	M 97	00:57:03	00:57:06.55	00:57:08.10	11:25	5.3
25	ANTCZAK MARCIN	199	NEXTREME / 17 BRYGADA ZMECHANIZOWANA		POL	M 25-29	25	M 99	00:57:14	00:57:19.80	00:57:21.20	11:28	5.2
26	MĘDYGRAŁ KRYSZTIAN	235			POL	M 25-29	26	M 105	00:58:05	00:58:10.55	00:58:12.00	11:38	5.2
27	POLYAKOV OLEG	220			RUS	M 25-29	27	M 106	00:58:07	00:58:13.50	00:58:15.45	11:38	5.2
28	KRASOŃ BARTŁOMIJ	272			POL	M 25-29	28	M 115	00:59:22	00:59:26.00	00:59:30.25	11:53	5
29	TOMAKA TOMASZ	203	HUSARIA RACE TEAM		POL	M 25-29	29	M 118	00:59:38	00:59:43.40	00:59:45.15	11:56	5
30	PÉREZ SERGIO GÓMEZ	212	EGYPTIAN RACERS		ESP	M 25-29	30	M 122	01:00:19	01:00:23.60	01:00:25.10	12:04	5
31	HEŁMECKI MATEUSZ	270	KONIUCHY OCR		POL	M 25-29	31	M 124	01:00:38	01:00:44.75	01:00:48.10	12:09	4.9
32	YAROSLAV SLAVUSHCHEV	261			RUS	M 25-29	32	M 127	01:00:56	01:01:00.45	01:01:02.75	12:12	4.9
33	STAMATEL SEBASTIAN	281	SOCIOS SILESIA		POL	M 25-29	33	M 131	01:01:25	01:01:30.20	01:01:33.80	12:18	4.9
34	KEANE JOSH	222	TEAM MADNESS		M 25-29		34	M 138	01:03:14	01:03:17.70	01:03:20.05	12:39	4.7
35	LEGÅNDER SIMON	290			SWE	M 25-29	35	M 141	01:03:51	01:03:56.35	01:04:00.05	12:47	4.7
36	LLAPASSET VICTOR	298			FRA	M 25-29	36	M 143	01:03:56	01:04:01.65	01:04:05.25	12:48	4.7
37	LEJK BENIAMIN	277	XRUNNERS		POL	M 25-29	37	M 144	01:04:04	01:04:07.70	01:04:11.15	12:49	4.7
38	BIRKENFELD THORBEN	279			GER	M 25-29	38	M 146	01:04:05	01:04:09.60	01:04:13.80	12:49	4.7
39	VERLAAT KEES	286			NED	M 25-29	39	M 149	01:04:49	01:04:54.60	01:04:58.55	12:59	4.6
40	LENOIR CYRIL	260			BEL	M 25-29	40	M 158	01:07:26	01:07:33.45	01:07:34.90	13:30	4.4
41	MARTIN DARREN	300			M 25-29		41	M 165	01:09:31	01:09:36.45	01:09:39.50	13:55	4.3
42	VEPŘEK MARTIN	256			CZE	M 25-29	42	M 169	01:10:31	01:10:35.55	01:10:37.65	14:07	4.3
43	HANSEN JONAS	259			DEN	M 25-29	43	M 170	01:10:33	01:10:39.00	01:10:41.45	14:07	4.2
44	RACZEK RADOŚLAW	233	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M 25-29	44	M 173	01:11:35	01:11:40.00	01:11:41.75	14:20	4.2
45	SCHWEIGERT MATTHIAS	288			GER	M 25-29	45	M 180	01:12:46	01:12:51.70	01:12:54.90	14:34	4.1
46	FIGUEIREDO RUI PEDRO CRUZ	213			POR	M 25-29	46	M 204	01:17:50	01:18:08.10	01:18:09.90	15:37	3.8
47	BASIAK MICHAŁ	273	HARDCOROWE WYCHYLYBYMY		POL	M 25-29	47	M 295	01:39:29	01:39:34.80	01:39:38.55	19:55	3
48	LARSSON TONI	282	SOCRA		SWE	M 25-29	48	M 298	01:40:31	01:40:35.25	01:40:39.05	20:07	3
49	PACIOREK PIOTR	269	HUSARIA RACE TEAM		POL	M 25-29	49	M 300	01:41:30	01:41:34.90	01:41:38.25	20:19	3
50	PEÑA MIGUEL	252			ESP	M 25-29	50	M 321	01:54:05	01:54:10.95	01:54:13.35	22:50	2.6
51	CHRISTOPHER BAILLY	218			FRA	M 25-29	51	M 324	01:56:10	01:56:24.20	01:56:25.75	23:16	2.6
52	JACIÓW PAWEŁ	275	WATAHA		POL	M 25-29	52	M 328	01:58:38	01:58:58.80	01:59:02.85	23:47	2.5
53	PEDERSEN PEDER EJSING	294	OCRHOLSTEBRO		DEN	M 25-29	53	M 344	02:10:28	02:10:33.00	02:10:36.95	26:06	2.3
54	RAYNAUD JIMMY	240	TR1BU OCR		FRA	M 25-29	54	M 355	02:15:40	02:15:44.95	02:15:46.55	27:09	2.2
55	CRESPO ANTONIO RUBIO	254			ESP	M 25-29	55	M 360	02:18:27	02:18:31.35	02:18:33.85	27:42	2.2
56	TRUJILLO FERNANDO PAJUELO	242			ESP	M 25-29	56	M 365	02:22:00	02:22:05.35	02:22:07.60	28:25	2.1
57	FISCHER OLIVER	293			GER	M 25-29	57	M 366	02:23:13	02:23:18.30	02:23:21.95	28:39	2.1
58	KHALEF DALI	195	TEAM MADNESS		M 25-29		58	M 378	02:28:33	02:28:38.75	02:28:41.35	29:43	2
59	KOLEGOWICZ DAMIAN	276			POL	M 25-29	59	M 383	02:34:09	02:34:13.80	02:34:17.45	30:50	1.9
60	RODRIGUES ALEXANDRE	238			FRA	M 25-29	60	M 392	03:29:41	03:29:50.55	03:29:53.30	41:58	1.4

**OCREC2019 - SHORT COURSE, M 25-29 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	OCHERETIUK ANDRII	225			UKR	M 25-29	DNC	DNC	01:16:23	01:16:29.55	01:16:31.35	0:00	3.9
DNC	BENICEWICZ KACPER	257				M 25-29	DNC	DNC	01:26:56	01:27:02.75	01:27:04.60	0:00	3.4
DNC	SARABUN NAZAR	265			UKR	M 25-29	DNC	DNC	01:32:59	01:33:05.55	01:33:07.45	0:00	3.2
DNC	CHILDS JAKE	227				M 25-29	DNC	DNC	01:33:59	01:34:07.65	01:34:10.40	0:00	3.2
DNC	MANTYCKI RAFAŁ	234			POL	M 25-29	DNC	DNC	01:40:16	01:40:23.45	01:40:25.35	0:00	3
DNC	BRONS SONNY	302	FAMILY FIT INDOOR SURVIVAL		NED	M 25-29	DNC	DNC	01:44:26	01:44:35.15	01:44:38.35	0:00	2.9
DNC	SPRUTTA MATEUSZ	303	CARBON OCR RACING TEAM		POL	M 25-29	DNC	DNC	01:44:15	01:44:35.25	01:44:38.45	0:00	2.9
DNC	KORTHOUT BRUCE	296	ATLAS OUTDOOR TRAINING		NED	M 25-29	DNC	DNC	01:47:36	01:47:42.65	01:47:45.85	0:00	2.8
DNC	KASULIS GERALD	250	TEAM MADNESS			M 25-29	DNC	DNC	01:48:48	01:48:54.50	01:48:55.70	0:00	2.8
DNC	ALEXANDRE RENATO	251			POR	M 25-29	DNC	DNC	01:52:14	01:52:22.70	01:52:25.40	0:00	2.7
DNC	ROEFAERS SANDER	241			BEL	M 25-29	DNC	DNC	01:53:39	01:53:50.00	01:53:51.45	0:00	2.6
DNC	MARTÍNEZ RAFAEL	217			ESP	M 25-29	DNC	DNC	01:54:34	01:54:40.75	01:54:42.15	0:00	2.6
DNC	FELLDIN MARKUS	247			SWE	M 25-29	DNC	DNC	01:55:57	01:56:03.70	01:56:06.45	0:00	2.6
DNC	PCHELIAKOV ALEKSANDR	205	GAZPROMBANK OCR TEAM		RUS	M 25-29	DNC	DNC	01:58:01	01:58:06.55	01:58:09.15	0:00	2.5
DNC	OHLSSON JESPER	245	KARLSHAMN OCR		SWE	M 25-29	DNC	DNC	02:01:31	02:01:40.80	02:01:42.90	0:00	2.5
DNC	CURDY MAXENCE	299	INVICTA		FRA	M 25-29	DNC	DNC	02:04:46	02:04:55.40	02:04:59.45	0:00	2.4
DNC	RECIO DIEGO SERRANO	291			ESP	M 25-29	DNC	DNC	02:07:40	02:07:46.85	02:07:50.10	0:00	2.3
DNC	OSTERMEIER GABRIEL	266			GER	M 25-29	DNC	DNC	02:08:32	02:08:45.35	02:08:47.40	0:00	2.3
DNC	MAZUEL ALEXANDRE	244	TEAM SENZU		FRA	M 25-29	DNC	DNC	02:08:48	02:08:55.65	02:08:57.60	0:00	2.3
DNC	LÜPKE SEBASTIAN	214	HERAKLIDEN-TEAM DEUTSCHLAND		GER	M 25-29	DNC	DNC	02:09:17	02:09:25.30	02:09:27.45	0:00	2.3
DNC	JOHANSSON TOM	216			SWE	M 25-29	DNC	DNC	02:13:00	02:13:16.50	02:13:18.85	0:00	2.3
DNC	JÄGER ROBIN DE	283			NED	M 25-29	DNC	DNC	02:13:35	02:13:43.55	02:13:47.15	0:00	2.2
DNC	TORESÄTER LUDVIG "LUDDET"	249	OCR ELITE APPAREL		SWE	M 25-29	DNC	DNC	02:14:27	02:14:33.85	02:14:36.00	0:00	2.2
DNC	JOHANSEN PHILIP HUST	224			DEN	M 25-29	DNC	DNC	02:14:40	02:14:49.55	02:14:51.55	0:00	2.2
DNC	KANSTRUP NICOLAI	226			DEN	M 25-29	DNC	DNC	02:16:26	02:16:36.15	02:16:38.30	0:00	2.2
DNC	SVENSSON NICKLAS	243			SWE	M 25-29	DNC	DNC	02:18:59	02:19:06.65	02:19:09.20	0:00	2.2
DNC	ČÍŽEK JAN	268			CZE	M 25-29	DNC	DNC	02:25:04	02:25:14.40	02:25:18.70	0:00	2.1
DNC	PHILLIPS ALASTAIR	248				M 25-29	DNC	DNC	02:25:59	02:26:07.25	02:26:09.95	0:00	2.1
DNC	JOBANPUTRA MAYOOR	278				M 25-29	DNC	DNC	02:27:32	02:27:41.50	02:27:44.35	0:00	2
DNC	NOWAK LUKASZ	262	OCR FIGHTERS		POL	M 25-29	DNC	DNC	02:28:33	02:28:40.00	02:28:42.25	0:00	2
DNC	SEREDA EVGENIY	208			RUS	M 25-29	DNC	DNC	02:32:11	02:32:18.15	02:32:20.15	0:00	2
DNC	ARONSSON ALEXANDER	215			SWE	M 25-29	DNC	DNC	02:35:09	02:35:28.20	02:35:30.80	0:00	1.9
DNC	DAVIDSSON RICHARD	284	MIT TOUGH TEAM		SWE	M 25-29	DNC	DNC	02:41:41	02:41:50.25	02:41:54.30	0:00	1.9
DNC	BRORSSON SEBASTIAN	287			SWE	M 25-29	DNC	DNC	02:42:25	02:42:32.25	02:42:36.15	0:00	1.8
DNC	MARTOS EDUARDO	255	RACERS LEGION ANDALUCÍA		ESP	M 25-29	DNC	DNC	03:03:21	03:03:32.95	03:03:34.80	0:00	1.6
DNC	GINON LOÍC	239	INVICTA		FRA	M 25-29	DNC	DNC	03:14:23	03:14:28.45	03:14:31.20	0:00	1.5
DNC	KOZIOŁ KAMIL	232			POL	M 25-29	DNC	DNC	03:31:19	03:31:38.15	03:31:40.75	0:00	1.4
DNC	NAVARRO CRISTIAN MANUEL MADRID	211			ESP	M 25-29	DNC	DNC	03:35:25	03:35:50.75	03:35:52.55	0:00	1.4
DNC	BELLIDO DAVID FERNÁNDEZ	210			ESP	M 25-29	DNC	DNC	03:35:36	03:35:50.60	03:35:52.60	0:00	1.4
DNC	KĄŁUŻNY MICHAŁ	280	DIRTY SPARROWS		POL	M 25-29	DNC	DNC	04:00:41	04:00:47.20	04:00:51.05	0:00	1.2
DNC	WUNDERLICH TOBIAS	292	UNTERFRANKEN VIKINGS		GER	M 25-29	DNC	DNC	04:31:54	04:32:04.05	04:32:06.95	0:00	1.1
	NUTIL MICHAL	253			CZE	M 25-29			DNF	DNF	DNF	-	-
	BEURER STEPHAN	258			GER	M 25-29			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, M 30-34**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	PRUSAK PIOTR	312			POL	M 30-34	1	M 6	00:43:20	00:43:24.55	00:43:27.45	8:41	6.9
2	SELIANIN DMYTRO	309			POL	M 30-34	2	M 12	00:46:08	00:46:12.50	00:46:15.70	9:14	6.5
3	MOSE KRISTIAN	311	TEAM REBORN OCR		DEN	M 30-34	3	M 31	00:49:14	00:49:18.40	00:49:21.55	9:51	6.1
4	GRAVERS MADS	322			DEN	M 30-34	4	M 35	00:50:07	00:50:11.45	00:50:14.60	10:02	6
5	URBAŃSKI KAMIL	307	NEXTREME / 17 BRYGADA ZMECHANIZOWANA		POL	M 30-34	5	M 36	00:50:18	00:50:22.40	00:50:25.75	10:04	6
6	JAROSZ DAWID	308	XRUNNERS		POL	M 30-34	6	M 49	00:51:54	00:51:59.05	00:52:02.05	10:23	5.8
7	MAZUR DAMIAN	310	SOCIOS SILESIA		POL	M 30-34	7	M 52	00:52:13	00:52:17.45	00:52:20.75	10:27	5.7
8	JOLES ROËL	393	TEAM HANG-ON THE NETHERLANDS		NED	M 30-34	8	M 62	00:53:24	00:53:28.55	00:53:30.75	10:41	5.6

**OCREC2019 - SHORT COURSE, M 30-34 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
9	PELISSIER BENOIT	377			FRA	M 30-34	9	M 67	00:54:03	00:54:07.25	00:54:10.15	10:49	5.5
10	KARCZMARSKI MATEUSZ	305			POL	M 30-34	10	M 74	00:55:09	00:55:14.25	00:55:16.75	11:02	5.4
11	GYÖMREI MÁTÉ	397	TEST TEAM		HUN	M 30-34	11	M 77	00:55:20	00:55:24.75	00:55:26.10	11:05	5.4
12	MENSINK NICK	361	OCR SKILLZ		NED	M 30-34	12	M 101	00:57:18	00:57:22.50	00:57:25.35	11:28	5.2
13	SETTELE STEFAN	368	MIT OCR GERMANY		GER	M 30-34	13	M 113	00:59:20	00:59:23.40	00:59:26.10	11:52	5.1
14	ASMUSSEN ANDREAS MUNK	335			DEN	M 30-34	14	M 114	00:59:19	00:59:22.65	00:59:26.60	11:52	5.1
15	KOŁOSZUK MARCIN	343	NEXTREME / 4 ZPLOT		POL	M 30-34	15	M 119	00:59:52	00:59:57.50	01:00:00.15	11:59	5
16	CAMBRIDGE LUKE	365	TEAM NORTHMAN OCR		NOR	M 30-34	16	M 125	01:00:44	01:00:49.80	01:00:53.05	12:10	4.9
17	MEEL JIM VAN DER	333	TEAM HANG-ON THE NETHERLANDS		NED	M 30-34	17	M 129	01:01:06	01:01:11.65	01:01:15.10	12:14	4.9
18	WALTILLA MARCUS	325	OCR TEAM MAUS		SWE	M 30-34	18	M 136	01:02:43	01:02:46.95	01:02:50.45	12:33	4.8
19	LEMA DAMIÁN ESPASANDÍN	410			ESP	M 30-34	19	M 139	01:03:38	01:03:42.95	01:03:44.45	12:44	4.7
20	SVOBODA VÍTEK	409	CHALLENGER		CZE	M 30-34	20	M 148	01:04:40	01:04:45.05	01:04:47.05	12:57	4.6
21	SJÖLIN JOHAN	376			SWE	M 30-34	21	M 194	01:16:16	01:16:21.75	01:16:24.80	15:16	3.9
22	MAROZ ARTSIOM	321			BLR	M 30-34	22	M 202	01:17:41	01:17:46.45	01:17:49.90	15:33	3.9
23	REGNELL FREDRICK	326			SWE	M 30-34	23	M 206	01:18:09	01:18:14.10	01:18:17.45	15:38	3.8
24	YANN CHAMBERT	328	SPARTAN LIONS		FRA	M 30-34	24	M 213	01:19:15	01:19:20.90	01:19:24.25	15:52	3.8
25	PLÓCIENNIK PIOTR	348			POL	M 30-34	25	M 220	01:21:09	01:21:13.65	01:21:16.25	16:14	3.7
26	NIELSEN SØREN	432			DEN	M 30-34	26	M 225	01:22:10	01:22:14.45	01:22:17.50	16:26	3.6
27	GAWRYLUK MARCIN	415			POL	M 30-34	27	M 229	01:23:05	01:23:11.60	01:23:13.45	16:38	3.6
28	TYL LUKÁŠ	374			CZE	M 30-34	28	M 231	01:23:32	01:23:38.10	01:23:41.55	16:43	3.6
29	MÉDARD OLIVIER	411	LES BISONS		FRA	M 30-34	29	M 238	01:25:04	01:25:10.00	01:25:12.30	17:02	3.5
30	REKUTIN IVAN	422			RUS	M 30-34	30	M 242	01:26:16	01:26:19.60	01:26:22.45	17:16	3.5
31	JASTRZEBSKI PIOTR	352			POL	M 30-34	31	M 244	01:26:30	01:26:35.90	01:26:38.50	17:19	3.5
32	NIELSEN DANIEL BIRK	413			DEN	M 30-34	32	M 245	01:26:34	01:26:38.00	01:26:40.80	17:19	3.5
33	JULIEN ANDREW	355	TEAMMADNESS			M 30-34	33	M 246	01:27:43	01:27:50.60	01:27:53.65	17:34	3.4
34	ÖBERG ROBIN	354	@HEJAPAPPA		SWE	M 30-34	34	M 250	01:28:33	01:28:38.20	01:28:40.60	17:43	3.4
35	JAKOBSSON NIKLAS	323			SWE	M 30-34	35	M 252	01:28:45	01:28:50.75	01:28:54.40	17:46	3.4
36	BÄR MARCEL	404	MIT OCR GERMANY		GER	M 30-34	36	M 254	01:29:11	01:29:16.75	01:29:18.65	17:51	3.4
37	CSÁSZÁR VILMOS	392	OCR GABORTEAM		HUN	M 30-34	37	M 257	01:30:31	01:30:36.25	01:30:39.20	18:07	3.3
38	BYRCZEK MICHAŁ	349			POL	M 30-34	38	M 259	01:31:38	01:31:42.70	01:31:45.30	18:20	3.3
39	OLSEN MADS-CHRISTIAN BRILL	351			DEN	M 30-34	39	M 260	01:32:13	01:32:18.15	01:32:21.05	18:27	3.2
40	WILSON TOM	371				M 30-34	40	M 261	01:32:15	01:32:23.95	01:32:27.30	18:28	3.2
41	VITALI HRACHOV	439			BLR	M 30-34	41	M 263	01:32:33	01:32:38.55	01:32:42.00	18:31	3.2
42	PETERSEN THOMAS	360			DEN	M 30-34	42	M 264	01:32:37	01:32:42.70	01:32:46.75	18:32	3.2
43	FABRÉGUE RÉMI	339			FRA	M 30-34	43	M 265	01:32:37	01:32:43.70	01:32:47.35	18:32	3.2
44	GARCIA ADRIÁN RUIZ	332	THE LAST TRAINING		ESP	M 30-34	44	M 267	01:32:53	01:33:16.15	01:33:19.40	18:39	3.2
45	URBANO DAVID QUINTANA	324	TFG/TONI MUSCLE		ESP	M 30-34	45	M 269	01:34:00	01:34:09.15	01:34:13.25	18:49	3.2
46	ZAPPA STEFANO	428	WHITE DONKEYS		ITA	M 30-34	46	M 270	01:34:08	01:34:12.00	01:34:14.40	18:50	3.2
47	MOROŃ BARTŁOMIEJ	381			POL	M 30-34	47	M 271	01:33:54	01:34:32.40	01:34:34.40	18:54	3.2
48	SAVIN ALEKSEI	331			RUS	M 30-34	48	M 273	01:34:48	01:34:51.20	01:34:55.00	18:58	3.2
49	BŁĘDZKI ADAM	418			POL	M 30-34	49	M 275	01:35:03	01:35:08.95	01:35:11.05	19:01	3.2
50	CHOŁUJ ŁUKASZ	419			POL	M 30-34	50	M 276	01:35:08	01:35:11.85	01:35:13.70	19:02	3.2
51	ANANIN ARTEM	367			RUS	M 30-34	51	M 278	01:35:47	01:35:53.75	01:35:56.15	19:10	3.1
52	NIELSEN DENNIS	391			DEN	M 30-34	52	M 281	01:36:39	01:36:43.50	01:36:46.45	19:20	3.1
53	ZIMMER MARKUS	429			GER	M 30-34	53	M 284	01:37:10	01:37:17.85	01:37:20.45	19:27	3.1
54	PIELATOWSKI ADAM	420			POL	M 30-34	54	M 286	01:37:56	01:38:03.05	01:38:06.30	19:36	3.1
55	BAPTISTE DAVID	356	TEAMMADNESS			M 30-34	55	M 287	01:38:10	01:38:14.85	01:38:17.60	19:39	3.1
56	DUPUIS JEAN-CHARLES	357	SWAT NORD		FRA	M 30-34	56	M 290	01:38:50	01:38:57.85	01:39:00.60	19:47	3
57	SĄŁATA MARCIN	306			POL	M 30-34	57	M 296	01:39:37	01:39:44.40	01:39:47.50	19:56	3
58	ALEX FASTRES	412			BEL	M 30-34	58	M 303	01:42:18	01:42:27.00	01:42:29.15	20:29	2.9
59	GESSLER SERGEJ	317	TEAM OUTDOOR OCR		GER	M 30-34	59	M 305	01:44:21	01:44:28.15	01:44:31.20	20:53	2.9
60	LIUTKUS DAINIUS	337	OCR BALTIC WARRIORS		LTU	M 30-34	60	M 315	01:50:57	01:51:03.45	01:51:06.45	22:12	2.7
61	BARANAUSKAS DARIUS	372	OCR BALTIC WARRIORS		LTU	M 30-34	61	M 323	01:55:23	01:55:27.45	01:55:30.50	23:05	2.6
62	THONON SIMON	390	OCR BELGIUM WALLONIA MEN		BEL	M 30-34	62	M 326	01:57:03	01:57:10.65	01:57:12.15	23:26	2.6
63	VALERII KALDIN	370			RUS	M 30-34	63	M 329	01:59:39	01:59:42.95	01:59:45.55	23:56	2.5
64	DEDIEU SEMI	403			BEL	M 30-34	64	M 350	02:13:13	02:13:25.55	02:13:27.35	26:41	2.2
65	REMMER THOMAS	434			DEN	M 30-34	65	M 356	02:10:04	02:10:09.45	02:16:12.40	26:02	2.3

**OCREC2019 - SHORT COURSE, M 30-34 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
66	WOJEWÓDKA KRYSZTIAN	417	ETRANS TEAM		POL	M 30-34	66	M 359	02:17:43	02:17:50.30	02:17:52.35	27:34	2.2
67	IDCZAK PIOTR	345			POL	M 30-34	67	M 377	02:26:58	02:27:04.90	02:27:07.85	29:25	2
68	ZIMON NORBERT	385	WATAHA GRUPA TRENINGOWA		POL	M 30-34	68	M 382	02:33:38	02:33:43.25	02:33:45.55	30:44	2
69	PALMA PEDRO	358			POR	M 30-34	69	M 390	03:06:13	03:06:24.30	03:06:28.05	37:17	1.6
DNC	BUGYS RENALDAS	336			DEN	M 30-34	DNC	DNC	01:12:33	01:12:40.35	01:12:43.35	0:00	4.1
DNC	BRÄHMIG MATTES	363			GER	M 30-34	DNC	DNC	01:16:42	01:16:49.15	01:16:52.15	0:00	3.9
DNC	T. MARTIN	446			CZE	M 30-34	DNC	DNC	01:19:24	01:19:34.25	01:19:37.50	0:00	3.8
DNC	DOUBEK MILAN	366			CZE	M 30-34	DNC	DNC	01:28:46	01:28:58.60	01:29:02.20	0:00	3.4
DNC	HAAN JOHN DE	396			NED	M 30-34	DNC	DNC	01:30:01	01:30:08.70	01:30:11.15	0:00	3.3
DNC	ČERNÝ VACLAV	330			CZE	M 30-34	DNC	DNC	01:33:44	01:33:49.55	01:33:52.50	0:00	3.2
DNC	JONSSON NILS	320			SWE	M 30-34	DNC	DNC	01:35:06	01:35:14.65	01:35:17.45	0:00	3.1
DNC	LARNEMARK DAVID	406			SWE	M 30-34	DNC	DNC	01:40:34	01:40:43.55	01:40:45.70	0:00	3
DNC	MOBERG LINUS	443	AB KARL HEDIN IF		SWE	M 30-34	DNC	DNC	01:40:44	01:40:49.50	01:40:52.35	0:00	3
DNC	KASCHE DENNY	329			GER	M 30-34	DNC	DNC	01:43:14	01:43:31.00	01:43:34.85	0:00	2.9
DNC	BALASHOV ROMAN	314	GAZPROMBANK OCR TEAM		RUS	M 30-34	DNC	DNC	01:43:32	01:43:36.70	01:43:39.25	0:00	2.9
DNC	GERGELY SZABÓ BÁLINT	416	OCR GABORTEAM		HUN	M 30-34	DNC	DNC	01:44:07	01:44:16.20	01:44:18.70	0:00	2.9
DNC	RAVENZWAAIJ JEROEN VAN	436			NED	M 30-34	DNC	DNC	01:44:12	01:44:21.15	01:44:23.90	0:00	2.9
DNC	ARTZ CLAUS	387			GER	M 30-34	DNC	DNC	01:47:47	01:47:57.25	01:47:59.25	0:00	2.8
DNC	HORSCH STEFAN	435	OCRCREWDUISBURG		GER	M 30-34	DNC	DNC	01:48:02	01:48:15.85	01:48:18.65	0:00	2.8
DNC	ROTH ZDENĚK	350			CZE	M 30-34	DNC	DNC	01:48:47	01:48:55.80	01:48:58.65	0:00	2.8
DNC	HORBACH LARS	431			NED	M 30-34	DNC	DNC	01:50:42	01:50:49.10	01:50:51.80	0:00	2.7
DNC	KOLB LARS	362	FIT FOR ME		GER	M 30-34	DNC	DNC	01:50:46	01:50:55.00	01:50:58.75	0:00	2.7
DNC	GRIFFITHS JAMES	440	CLIFF LAKES OCR		M 30-34		DNC	DNC	01:51:14	01:51:20.70	01:51:23.15	0:00	2.7
DNC	DOMORÁD VOJTĚCH	408			CZE	M 30-34	DNC	DNC	01:52:53	01:53:01.25	01:53:03.85	0:00	2.7
DNC	PRZYSTAW MAXIM	425	OPFERCREW		GER	M 30-34	DNC	DNC	01:53:00	01:53:09.45	01:53:13.75	0:00	2.7
DNC	BEELEN TIMOTHY VAN	318			NED	M 30-34	DNC	DNC	01:54:05	01:54:10.90	01:54:14.40	0:00	2.6
DNC	RIHA ZDENEK	444	TEAM CZECH REPUBLIC		CZE	M 30-34	DNC	DNC	01:57:14	01:57:20.85	01:57:23.55	0:00	2.6
DNC	JACKIEWICZ LUKASZ	438			POL	M 30-34	DNC	DNC	02:06:43	02:06:50.85	02:06:54.15	0:00	2.4
DNC	POULTER MARK	386	TEAM BRIGHTHAMMER		M 30-34		DNC	DNC	02:09:43	02:09:52.00	02:09:54.65	0:00	2.3
DNC	KILIMNIK TOMASZ	347			POL	M 30-34	DNC	DNC	02:09:52	02:10:00.75	02:10:03.75	0:00	2.3
DNC	MAWLAM JASON	394			M 30-34		DNC	DNC	02:10:43	02:10:53.15	02:10:54.85	0:00	2.3
DNC	SÉBASTIEN GALDEANO	430			FRA	M 30-34	DNC	DNC	02:13:23	02:13:31.20	02:13:33.10	0:00	2.2
DNC	SZUMLAŃSKI MARCIN	383			POL	M 30-34	DNC	DNC	02:15:30	02:15:35.50	02:15:37.85	0:00	2.2
DNC	CHRISTENSEN MICHAEL	338	OCR FIGHTERS		DEN	M 30-34	DNC	DNC	02:17:33	02:17:39.70	02:17:43.20	0:00	2.2
DNC	KOMOSIŃSKI ŁUKASZ	313			POL	M 30-34	DNC	DNC	02:20:18	02:20:27.85	02:20:31.40	0:00	2.1
DNC	DOODY KELVIN	442			M 30-34		DNC	DNC	02:20:28	02:20:35.30	02:20:37.25	0:00	2.1
DNC	CHRISTOPHER MICHEL	369			BEL	M 30-34	DNC	DNC	02:20:44	02:21:01.05	02:21:04.05	0:00	2.1
DNC	POLSTRA BERRY	427			NED	M 30-34	DNC	DNC	02:23:17	02:23:25.90	02:23:29.20	0:00	2.1
DNC	ŁASKOWSKI PIOTR	382	BEFIT24TEAM		POL	M 30-34	DNC	DNC	02:23:17	02:23:45.35	02:23:48.60	0:00	2.1
DNC	CASTILLO AYTHAMI CASTILLA DEL	400			ESP	M 30-34	DNC	DNC	02:23:50	02:23:58.40	02:24:00.95	0:00	2.1
DNC	KLONOWSKI KAMIL	346	HUSARIA RACE TEAM KATOWICE		POL	M 30-34	DNC	DNC	02:31:15	02:31:25.75	02:31:28.35	0:00	2
DNC	GUILLAUMIN THOMAS	433	TR1BE OCR TEAM		FRA	M 30-34	DNC	DNC	02:35:10	02:35:29.60	02:35:32.30	0:00	1.9
DNC	HARVEY-VALLENDER OLIVER	421	CLIFF LAKES OCR		M 30-34		DNC	DNC	02:36:25	02:36:33.00	02:36:35.40	0:00	1.9
DNC	ALEKSANDR ANOKHIN	327	STAGE TEAM RUSSIA		RUS	M 30-34	DNC	DNC	02:36:26	02:36:39.50	02:36:42.30	0:00	1.9
DNC	KOLOTII MYKOLA	364			UKR	M 30-34	DNC	DNC	02:41:45	02:41:54.70	02:41:57.30	0:00	1.9
DNC	PLATA ARKADIUSZ	342			POL	M 30-34	DNC	DNC	02:42:28	02:42:45.50	02:42:48.70	0:00	1.8
DNC	LASKOWSKI TOMASZ	344			POL	M 30-34	DNC	DNC	02:43:27	02:43:43.65	02:43:47.15	0:00	1.8
DNC	POZO JUAN CARLOS CONTADOR	405	SONS OF WORKOUT OCR		ESP	M 30-34	DNC	DNC	02:45:37	02:45:45.15	02:45:45.15	0:00	1.8
DNC	MONTRON ADRIEN	441			FRA	M 30-34	DNC	DNC	02:51:35	02:51:42.75	02:51:44.85	0:00	1.7
DNC	SADOWSKI MICHAŁ	384			POL	M 30-34	DNC	DNC	02:52:14	02:52:22.10	02:52:23.55	0:00	1.7
DNC	RUDY RYCHLIŃSKI	426			FRA	M 30-34	DNC	DNC	02:53:32	02:53:43.95	02:53:46.35	0:00	1.7
DNC	HAWKINS NATHAN	353			M 30-34		DNC	DNC	02:57:28	02:57:35.35	02:57:39.50	0:00	1.7
DNC	TOCHKA DZIANIS	319			BLR	M 30-34	DNC	DNC	03:01:55	03:02:01.90	03:02:05.00	0:00	1.6
DNC	JIRKU MILAN	399			CZE	M 30-34	DNC	DNC	03:03:10	03:03:14.00	03:03:16.75	0:00	1.6
DNC	GRAY SCOTT	375			M 30-34		DNC	DNC	03:05:33	03:05:43.90	03:05:47.55	0:00	1.6
DNC	AUBRIOT PIERRE CHARLES	424			BEL	M 30-34	DNC	DNC	03:15:02	03:15:21.25	03:15:24.50	0:00	1.5
DNC	CHMIELORZ JÓZEF	380	CARBON OCR RACING TEAM		POL	M 30-34	DNC	DNC	03:17:49	03:17:59.10	03:18:00.55	0:00	1.5

**OCREC2019 - SHORT COURSE, M 30-34 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	CUERVO ALEX FELIPE	315	TRI OLENYA		RUS	M 30-34	DNC	DNC	03:19:39	03:19:48.05	03:19:51.00	0:00	1.5
DNC	BARALDI DAVIDE	395	WHITE DONKEYS		ITA	M 30-34	DNC	DNC	03:31:54	03:32:08.65	03:32:10.70	0:00	1.4
DNC	HAHN HENRIK	389			DEN	M 30-34	DNC	DNC	03:41:54	03:42:03.30	03:42:05.65	0:00	1.4
DNC	STRNAD SEBASTIAN	398	UNTERFRANKEN VIKINGS		GER	M 30-34	DNC	DNC	04:37:52	04:38:01.25	04:38:03.40	0:00	1.1
	ILNICKI DAREK	340			POL	M 30-34			DNF	DNF	DNF	-	-
	HERNANDEZ AYOZE HERRERA	316	TFG/TONI MUSCLE		ESP	M 30-34			DNF	DNF	DNF	-	-
	CURTIS CARL	359				M 30-34			DNF	DNF	DNF	-	-
	COMMANDEUR TJEERD	437			NED	M 30-34			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, M 35-39**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KRAUCHANKA ALIAKSANDR	521			BLR	M 35-39	1	M 157	01:07:13	01:07:18.15	01:07:20.60	13:27	4.5
2	SZCZEPANIAK MARCIN	454	XRUNNERS		POL	M 35-39	2	M 167	01:09:45	01:09:50.15	01:09:51.90	13:58	4.3
3	DIJKSTRA DOOITZE	562	TEAM HANG-ON THE NETHERLANDS		NED	M 35-39	3	M 172	01:11:33	01:11:38.65	01:11:41.55	14:19	4.2
4	BURÉN JOHAN	481	KARLSHAMN OCR		SWE	M 35-39	4	M 176	01:12:00	01:12:05.75	01:12:07.65	14:25	4.2
5	JOZEFIAK LUKASZ	453	XRUNNERS		POL	M 35-39	5	M 178	01:12:33	01:12:38.50	01:12:40.65	14:31	4.1
6	WAŁDOWSKI DOMINIK	459			POL	M 35-39	6	M 182	01:13:19	01:13:25.20	01:13:27.75	14:41	4.1
7	WISSING ARJAN	470	VUDA OBSTACLE TEAM		NED	M 35-39	7	M 186	01:14:27	01:14:32.55	01:14:34.35	14:54	4
8	MADSEN TOMMY	450	GRIPEN OCR		SWE	M 35-39	8	M 190	01:14:52	01:14:57.60	01:14:59.45	14:59	4
9	LISOWSKI GRZEGORZ	458	SOCIOS SILESIA		POL	M 35-39	9	M 193	01:16:00	01:16:05.15	01:16:07.10	15:13	3.9
10	САПАТОВ КОНСТАНТИН	553			RUS	M 35-39	10	M 196	01:17:12	01:17:16.80	01:17:19.45	15:27	3.9
11	CRUZ SEBASTIEN	486			FRA	M 35-39	11	M 197	01:17:16	01:17:22.25	01:17:24.40	15:28	3.9
12	MARUSZEWSKI MARCIN	455	NEXTREME		POL	M 35-39	12	M 200	01:17:38	01:17:42.35	01:17:43.90	15:32	3.9
13	CAPPELEN DAN	549	#3KLØVERENOCR		DEN	M 35-39	13	M 201	01:17:34	01:17:40.55	01:17:49.65	15:32	3.9
14	KASZA RAFAL	456	HUSARIA RACE TEAM		POL	M 35-39	14	M 203	01:17:48	01:17:54.20	01:17:55.35	15:34	3.9
15	TOMASZ KOMARNICKI	530	GRUBIORZE LOTAJOM		POL	M 35-39	15	M 209	01:18:51	01:18:56.70	01:18:58.95	15:47	3.8
16	SLUIS RICHARD	514			NED	M 35-39	16	M 212	01:19:16	01:19:21.40	01:19:24.05	15:52	3.8
17	RYDSTRÖM JOHAN	513	KARLSHAMN OCR		SWE	M 35-39	17	M 215	01:20:08	01:20:13.90	01:20:17.15	16:02	3.7
18	LISOWSKI ADAM	460	SOCIOS SILESIA		POL	M 35-39	18	M 219	01:20:45	01:20:49.70	01:20:51.40	16:10	3.7
19	OVECHKIN TARAS	474			RUS	M 35-39	19	M 221	01:21:09	01:21:15.05	01:21:17.35	16:15	3.7
20	ALEKSEI GIATCINTOV	462			RUS	M 35-39	20	M 222	01:21:39	01:21:44.45	01:21:46.30	16:21	3.7
21	KONARSKI ŁUKASZ	534	KONTENER FORMY		POL	M 35-39	21	M 230	01:23:25	01:23:31.20	01:23:33.45	16:42	3.6
22	OLEKSIUK ANDRII	467			UKR	M 35-39	22	M 232	01:23:51	01:23:56.15	01:23:57.55	16:47	3.6
23	MAŁEK RAFAŁ	489	WATAHA		POL	M 35-39	23	M 233	01:23:57	01:24:01.00	01:24:03.95	16:48	3.6
24	JAKUBCZAK MARCIN	452			POL	M 35-39	24	M 234	01:24:10	01:24:15.70	01:24:18.25	16:51	3.6
25	CHRISTIAN RAMBERGER	478	TEAM CELTIC WARRIOR		AUT	M 35-39	25	M 235	01:24:17	01:24:23.95	01:24:26.50	16:52	3.6
26	PODGORSKI MAREK	492			POL	M 35-39	26	M 236	01:24:51	01:24:56.20	01:24:58.30	16:59	3.5
27	ENDERBY RICH	464	TEAM OMRM			M 35-39	27	M 237	01:24:58	01:25:04.95	01:25:07.00	17:01	3.5
28	SWACZYNSKI KRZYSZTOF	497	HUSARIA RACE TEAM		POL	M 35-39	28	M 239	01:25:41	01:25:46.60	01:25:49.85	17:09	3.5
29	TAYLOR ADAM	466				M 35-39	29	M 240	01:25:45	01:25:50.15	01:25:52.45	17:10	3.5
30	SCHYBERG OSCAR	556	KARLSHAMN OCR		SWE	M 35-39	30	M 241	01:25:59	01:26:03.80	01:26:07.15	17:12	3.5
31	YANIN DENIS	472			RUS	M 35-39	31	M 247	01:28:17	01:28:21.45	01:28:23.65	17:40	3.4
32	PAPPERMANN JENS	483			GER	M 35-39	32	M 249	01:28:20	01:28:23.55	01:28:26.00	17:40	3.4
33	CAJDERT JOHAN	482			SWE	M 35-39	33	M 251	01:28:37	01:28:49.05	01:28:51.70	17:45	3.4
34	WHETTON EDDIE	473				M 35-39	34	M 256	01:30:31	01:30:36.25	01:30:37.70	18:07	3.3
35	HANSEN STEFAN	471	#3KLØVERENOCR		DEN	M 35-39	35	M 258	01:31:02	01:31:09.35	01:31:11.90	18:13	3.3
36	HÅKONSEN CATO	479	THE BEAST OCR TEAM MEN		NOR	M 35-39	36	M 299	01:40:32	01:40:37.85	01:40:40.55	20:07	3
37	BORUC TOMASZ	538			POL	M 35-39	37	M 307	01:46:15	01:46:22.65	01:46:25.75	21:16	2.8
38	GÖSTA CHRISTIAN	512	EVOLUTIONRACE		DEN	M 35-39	38	M 316	01:50:57	01:51:07.50	01:51:12.05	22:13	2.7
39	MILEHAM NICKY	501	TEAM OMRM			M 35-39	39	M 327	01:57:50	01:57:57.00	01:57:59.30	23:35	2.5
40	BELLINI GIULIO	544	ANIS MUDDERS		ITA	M 35-39	40	M 331	02:01:47	02:01:55.20	02:01:58.45	24:23	2.5
41	HÖGSTRÖM ANDREAS	545	FIGEHOLMS BRYGGERI		SWE	M 35-39	41	M 334	02:02:34	02:02:41.40	02:02:45.10	24:32	2.4
42	NOVIN THOMAS	503	GRIPEN OCR		SWE	M 35-39	42	M 336	02:05:01	02:05:04.10	02:05:06.85	25:00	2.4
43	ROMANOWSKI ŁUKASZ	494	HUSARIA RACE TEAM		POL	M 35-39	43	M 337	02:04:57	02:05:04.30	02:05:07.90	25:00	2.4
44	BRØDLØS KRISTIAN	542			DEN	M 35-39	44	M 341	02:09:04	02:09:08.75	02:09:17.90	25:49	2.3

**OCREC2019 - SHORT COURSE, M 35-39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
45	PETERSEN ULF	508	TEAM SOLID		SWE	M 35-39	45	M 347	02:11:04	02:11:13.70	02:11:16.00	26:14	2.3
46	PYSZNIK PAWEŁ	493			POL	M 35-39	46	M 349	02:12:34	02:12:38.70	02:12:41.20	26:31	2.3
47	ROETS ELIO	518	OCR BELGIUM		BEL	M 35-39	47	M 361	02:19:01	02:19:11.40	02:19:14.50	27:50	2.2
48	GAWIN KRZYSZTOF	495	BEFIT24TEAM		POL	M 35-39	48	M 385	02:49:22	02:49:28.75	02:49:31.50	33:53	1.8
49	KUBIESA JAKUB	491	HUSARIA RACE TEAM		POL	M 35-39	49	M 386	02:49:54	02:49:59.90	02:50:03.60	34:00	1.8
50	KULIK SERGEY	552			RUS	M 35-39	50	M 388	02:54:50	02:54:55.05	02:54:57.20	34:59	1.7
DNC	HERK ERIK VAN	484			NED	M 35-39	DNC	DNC	01:21:02	01:21:09.20	01:21:10.95	0:00	3.7
DNC	BELT RICO VAN DEN	511			NED	M 35-39	DNC	DNC	01:26:03	01:26:18.60	01:26:20.55	0:00	3.5
DNC	OPOLONY IRENEUSZ	499	SOCIOS SILESIA		POL	M 35-39	DNC	DNC	01:26:08	01:26:24.65	01:26:26.75	0:00	3.5
DNC	SHIROKOV IGOR	504	GAZPROMBANK OCR TEAM		RUS	M 35-39	DNC	DNC	01:28:12	01:28:20.95	01:28:23.85	0:00	3.4
DNC	BAKER STEPHEN	485				M 35-39	DNC	DNC	01:28:28	01:28:36.65	01:28:38.50	0:00	3.4
DNC	SCHÜLER CONSTANTIN	509			AUT	M 35-39	DNC	DNC	01:29:16	01:29:24.10	01:29:26.75	0:00	3.4
DNC	KRAUS TOMAŠ	546	SUNNY GANG PLZEŃ		CZE	M 35-39	DNC	DNC	01:33:40	01:34:00.45	01:34:02.65	0:00	3.2
DNC	JENSEN MICHAEL DEGN	543			DEN	M 35-39	DNC	DNC	01:35:24	01:35:34.60	01:35:43.70	0:00	3.1
DNC	BAIA RAFAEL	468			POR	M 35-39	DNC	DNC	01:38:03	01:38:11.00	01:38:14.55	0:00	3.1
DNC	WONNEBERGER LARS	465	MUDBUSTERS		GER	M 35-39	DNC	DNC	01:42:03	01:42:18.05	01:42:20.30	0:00	2.9
DNC	RICHTER LUKÁŠ	558			CZE	M 35-39	DNC	DNC	01:44:11	01:44:18.45	01:44:20.70	0:00	2.9
DNC	BRUECKER CHRISTOPH	555	OCR CREW DUISBURG		GER	M 35-39	DNC	DNC	01:49:55	01:50:04.20	01:50:06.95	0:00	2.7
DNC	KHOSCHNUD RAMIN	463	DAS GRIMSGRAMS		GER	M 35-39	DNC	DNC	01:51:32	01:51:43.60	01:51:46.35	0:00	2.7
DNC	SZTAJER BARTEK	537	LUBIĘ BURPEES'Y		POL	M 35-39	DNC	DNC	01:52:42	01:52:46.70	01:52:49.35	0:00	2.7
DNC	BUKSZYŃSKI JANO	451			POL	M 35-39	DNC	DNC	01:58:16	01:58:22.45	01:58:24.15	0:00	2.5
DNC	ESTIVAL JULIEN	515			FRA	M 35-39	DNC	DNC	01:58:15	01:58:23.35	01:58:26.80	0:00	2.5
DNC	DION STÉPHANE	519			BEL	M 35-39	DNC	DNC	02:00:11	02:00:25.20	02:00:30.35	0:00	2.5
DNC	JUSZCZYK JAROSLAW	527	DZIKI Z GOSŁAWA		POL	M 35-39	DNC	DNC	02:00:50	02:00:57.60	02:01:01.35	0:00	2.5
DNC	MONTAN JOHAN	548			SWE	M 35-39	DNC	DNC	02:02:35	02:02:41.45	02:02:45.15	0:00	2.4
DNC	LOUCA SEBASTIAN	516			GER	M 35-39	DNC	DNC	02:02:57	02:03:14.05	02:03:17.40	0:00	2.4
DNC	BERGE KJETIL	475			NOR	M 35-39	DNC	DNC	02:04:06	02:04:15.90	02:04:19.05	0:00	2.4
DNC	SERGEY RUDOMETOV	477			RUS	M 35-39	DNC	DNC	02:05:05	02:05:23.15	02:05:26.15	0:00	2.4
DNC	LAGREZE SVEN	461	OCR MUNICH		GER	M 35-39	DNC	DNC	02:05:19	02:05:28.05	02:05:30.30	0:00	2.4
DNC	SUBBOTINAS VITALIJUS	449	OCR BALTIC WARRIORS		LTU	M 35-39	DNC	DNC	02:05:38	02:05:48.40	02:05:50.70	0:00	2.4
DNC	STEVENSON ALAN	532				M 35-39	DNC	DNC	02:06:27	02:06:34.55	02:06:37.00	0:00	2.4
DNC	VIAGA RAUL FIDEL DUHARTE	505			GER	M 35-39	DNC	DNC	02:08:57	02:09:05.20	02:09:08.65	0:00	2.3
DNC	FAVA ALAN	520			MLT	M 35-39	DNC	DNC	02:10:27	02:10:34.25	02:10:37.10	0:00	2.3
DNC	CHŁĄD ALEKSANDER	535			POL	M 35-39	DNC	DNC	02:11:24	02:11:32.10	02:11:34.35	0:00	2.3
DNC	KAMIŃSKI ZBIGNIEW	496			POL	M 35-39	DNC	DNC	02:11:43	02:11:51.15	02:11:53.80	0:00	2.3
DNC	VOSSLER MARTIN	557			GER	M 35-39	DNC	DNC	02:12:08	02:12:16.35	02:12:16.35	0:00	2.3
DNC	DAY NICK	551				M 35-39	DNC	DNC	02:12:53	02:13:01.55	02:13:04.10	0:00	2.3
DNC	KEREK BERNHARD	502	BÄHRINGER WILDSAUE		GER	M 35-39	DNC	DNC	02:14:50	02:14:59.90	02:15:03.35	0:00	2.2
DNC	SJÖGREN NIKLAS	469	TEAM FRIGOVÅST		SWE	M 35-39	DNC	DNC	02:15:30	02:15:36.80	02:15:39.60	0:00	2.2
DNC	MORAWSKI GRZEGORZ	490			POL	M 35-39	DNC	DNC	02:16:20	02:16:28.50	02:16:30.80	0:00	2.2
DNC	ZALEJASZ SYLWESTER	536	HELL SQUAD		POL	M 35-39	DNC	DNC	02:17:26	02:17:37.45	02:17:39.90	0:00	2.2
DNC	KRZYŻOWSKI GRZEGORZ	563			POL	M 35-39	DNC	DNC	02:19:04	02:19:20.50	02:19:22.95	0:00	2.2
DNC	PETROW JANECK	506			FRA	M 35-39	DNC	DNC	02:20:52	02:21:32.95	02:21:35.35	0:00	2.1
DNC	MIODEK ADRIAN	533	DIRTY SPARROWS		POL	M 35-39	DNC	DNC	02:21:29	02:21:35.55	02:21:38.00	0:00	2.1
DNC	SWART MAARTEN	517			NED	M 35-39	DNC	DNC	02:26:32	02:26:37.15	02:26:39.65	0:00	2
DNC	STRÖM TOMAS	554			SWE	M 35-39	DNC	DNC	02:27:49	02:28:10.35	02:28:14.55	0:00	2
DNC	GAWRYLUK MICHAŁ	539			POL	M 35-39	DNC	DNC	02:30:40	02:30:48.55	02:30:51.40	0:00	2
DNC	HERNANDEZ ARNEDO	480			ESP	M 35-39	DNC	DNC	02:30:35	02:30:53.85	02:30:56.15	0:00	2
DNC	HOLUBAR MARTIN	476			CZE	M 35-39	DNC	DNC	02:31:51	02:31:58.25	02:32:00.25	0:00	2
DNC	MEIER ROLF	541			DEN	M 35-39	DNC	DNC	02:32:20	02:32:28.95	02:32:38.20	0:00	2
DNC	PORTON DAVID	560				M 35-39	DNC	DNC	02:37:29	02:37:36.45	02:37:39.70	0:00	1.9
DNC	SZYDŁOWSKI ŁUKASZ	498			POL	M 35-39	DNC	DNC	02:39:09	02:39:19.10	02:39:22.25	0:00	1.9
DNC	HINTON MIKE	523				M 35-39	DNC	DNC	02:41:33	02:41:40.00	02:41:40.00	0:00	1.9
DNC	SOBRINO DAVID RUEDAS	510			ESP	M 35-39	DNC	DNC	02:48:52	02:48:59.05	02:49:01.45	0:00	1.8
DNC	SŁONIEWSKI RAFAŁ	500			POL	M 35-39	DNC	DNC	03:25:33	03:25:42.10	03:25:45.55	0:00	1.5
DNC	JANSEN THEO	561			NED	M 35-39	DNC	DNC	03:40:45	03:40:51.55	03:40:54.15	0:00	1.4



**OCREC2019 - SHORT COURSE, M 40-44**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	DICKSON MARK	573				M 40-44	1	M 100	00:57:16	00:57:20.95	00:57:22.60	11:28	5.2
2	BLOEM MARTIJN	597	TEAM HANG-ON THE NETHERLANDS		NED	M 40-44	2	M 134	01:01:42	01:01:46.30	01:01:48.55	12:21	4.9
3	BUDZISZ KRZYSZTOF	565			POL	M 40-44	3	M 137	01:03:07	01:03:11.60	01:03:13.25	12:38	4.7
4	SAVANOVICH VITALI	574			BLR	M 40-44	4	M 140	01:03:40	01:03:46.40	01:03:48.75	12:45	4.7
5	SEBASTIEN FAGE	587	TEAM KONG OCR FRANCE		FRA	M 40-44	5	M 150	01:05:14	01:05:20.15	01:05:22.25	13:04	4.6
6	BOARDER ROBERT	567				M 40-44	6	M 156	01:07:11	01:07:15.25	01:07:17.65	13:27	4.5
7	ŁUKASZ LORENC	568			POL	M 40-44	7	M 161	01:08:47	01:08:53.65	01:08:53.65	13:46	4.4
8	GERICH JAN VON	611			FIN	M 40-44	8	M 162	01:09:04	01:09:07.60	01:09:10.05	13:49	4.3
9	KAMIESHKOV DENYS	602			UKR	M 40-44	9	M 179	01:12:37	01:12:42.25	01:12:45.05	14:32	4.1
10	BUENK PETER	595	TEAM OUTDOOR OCR		NED	M 40-44	10	M 185	01:13:43	01:13:48.50	01:13:50.65	14:45	4.1
11	WIKTOROWICZ MARIUSZ	566	RMF4RT GLADIATORS		POL	M 40-44	11	M 187	01:14:29	01:14:37.70	01:14:39.85	14:55	4
12	ESPINOSA JOAQUÍN MALO	581			ESP	M 40-44	12	M 195	01:16:29	01:16:34.10	01:16:35.90	15:18	3.9
13	ALFREDSSON TOBIAS	620			SWE	M 40-44	13	M 198	01:17:26	01:17:30.30	01:17:32.50	15:30	3.9
14	CANACCINI DENIS	572			ITA	M 40-44	14	M 199	01:17:30	01:17:34.10	01:17:35.95	15:30	3.9
15	BENTO TONI	600			AFG	M 40-44	15	M 207	01:18:33	01:18:39.55	01:18:42.75	15:43	3.8
16	HANSSON RICKARD	615	GRIPEN OCR		SWE	M 40-44	16	M 208	01:18:35	01:18:39.75	01:18:42.80	15:43	3.8
17	PELLUZ LUIS	599			ESP	M 40-44	17	M 217	01:20:30	01:20:35.55	01:20:37.85	16:07	3.7
18	FAGERSTRÖM PO	586	TEAM SOLID		SWE	M 40-44	18	M 227	01:22:22	01:22:26.85	01:22:29.55	16:29	3.6
19	KRÁSA DAVID	596			CZE	M 40-44	19	M 243	01:26:26	01:26:32.35	01:26:34.95	17:18	3.5
20	GALLI DARIO	641			ITA	M 40-44	20	M 253	01:29:01	01:29:07.70	01:29:10.85	17:49	3.4
21	HELGERS MIKE	598			NED	M 40-44	21	M 255	01:29:44	01:29:48.50	01:29:51.20	17:57	3.3
22	GRABARCZYK WOJCIECH	645	BEST BEASTS		POL	M 40-44	22	M 262	01:32:27	01:32:31.50	01:32:33.75	18:30	3.2
23	GOMEZ MANUEL VALERO	570	LEYENDAS OCR BY XFORCE		ESP	M 40-44	23	M 274	01:34:50	01:34:53.90	01:34:56.00	18:58	3.2
24	TAKÁČ VLADIMÍR	629			SVK	M 40-44	24	M 279	01:35:57	01:36:01.35	01:36:04.10	19:12	3.1
25	PEDERSEN BRIAN	616			DEN	M 40-44	25	M 280	01:36:15	01:36:23.20	01:36:28.80	19:16	3.1
26	CHMIELEWSKI MARIUSZ	610	GRUPA BIEGOWA CZARNA BIAŁOSTOCKA		POL	M 40-44	26	M 282	01:36:56	01:37:01.90	01:37:04.55	19:24	3.1
27	BERTA PAOLO	592			ITA	M 40-44	27	M 285	01:37:37	01:37:47.05	01:37:49.75	19:33	3.1
28	KALISZYK GRZEGORZ	607			POL	M 40-44	28	M 291	01:38:53	01:39:00.80	01:39:02.95	19:48	3
29	KAUFMANN NIKOLAJ	639			DEN	M 40-44	29	M 294	01:39:13	01:39:16.45	01:39:20.00	19:51	3
30	VOIGT STEPHAN	603	OCR BIERATHLETICS		GER	M 40-44	30	M 297	01:39:51	01:39:58.20	01:40:01.45	19:59	3
31	VINCK MARK	621			NED	M 40-44	31	M 308	01:47:07	01:47:13.65	01:47:16.90	21:26	2.8
32	KRAWIEC ROBERT	624	CROSSTEAM SZCZECINEK POLSKA		POL	M 40-44	32	M 309	01:47:11	01:47:16.90	01:47:19.40	21:27	2.8
33	GERTSEN CARSTEN	637			DEN	M 40-44	33	M 314	01:50:46	01:50:52.75	01:50:56.40	22:10	2.7
34	LAENEN RENÉ	614			NED	M 40-44	34	M 345	02:10:32	02:10:36.95	02:10:39.60	26:07	2.3
35	BERGSTRÖM ROBERT	630	SPORTS CLUB OCR		SWE	M 40-44	35	M 351	02:14:07	02:14:13.25	02:14:16.85	26:50	2.2
36	OLIN KENNETH	589			DEN	M 40-44	36	M 391		03:28:02.00	03:28:02.00	41:36	1.4
DNC	RÖNNBERG MIKAEL	579	TEAM PROWORK		SWE	M 40-44	DNC	DNC	01:10:12	01:10:17.70	01:10:20.30	0:00	4.3
DNC	QVIST TOBIAS	590			SWE	M 40-44	DNC	DNC	01:27:24	01:27:32.05	01:27:34.85	0:00	3.4
DNC	ЗАХАРКИН СЕРГЕЙ	593			RUS	M 40-44	DNC	DNC	01:27:59	01:28:02.85	01:28:05.00	0:00	3.4
DNC	BÜHRING SVEN	638	OCR BIERATHLETICS		GER	M 40-44	DNC	DNC	01:27:55	01:28:02.55	01:28:06.10	0:00	3.4
DNC	ŠEDA RADEK	591	OCRA CZ		CZE	M 40-44	DNC	DNC	01:33:35	01:33:44.25	01:33:47.20	0:00	3.2
DNC	GEBSKI MARIUSZ	644	R.AMBO		POL	M 40-44	DNC	DNC	01:37:51	01:37:54.25	01:37:56.80	0:00	3.1
DNC	SYWANYCZ IRENEUSZ	612	PODTRZEPAKIEM		POL	M 40-44	DNC	DNC	01:38:42	01:38:50.05	01:38:53.40	0:00	3
DNC	GUNN PAUL	626	TEAM BRIGHTHAMMER			M 40-44	DNC	DNC	01:39:25	01:39:30.55	01:39:33.20	0:00	3
DNC	SOUSA BRUNO	577	OCR PORTUGAL LAB		POR	M 40-44	DNC	DNC	01:40:03	01:40:13.00	01:40:16.40	0:00	3
DNC	SAMTLEBEN THOMAS HEBBE	643	TEAM CELTIC WARRIOR		GER	M 40-44	DNC	DNC	01:44:57	01:45:17.80	01:45:20.45	0:00	2.8
DNC	CAFÉ NUNO	625	LYNXTEAM		POR	M 40-44	DNC	DNC	01:46:25	01:46:38.90	01:46:40.75	0:00	2.8
DNC	BENTLEY ANDY	617				M 40-44	DNC	DNC	01:51:11	01:51:19.25	01:51:22.50	0:00	2.7
DNC	HOCHSTEIN DIRK	623	OCR-PACEMAKERS		GER	M 40-44	DNC	DNC	01:54:26	01:54:37.60	01:54:40.95	0:00	2.6
DNC	MITCHELL ALEXANDER	571				M 40-44	DNC	DNC	01:50:27	01:50:36.00	01:50:38.80	0:00	2.7
DNC	HEIMBURG STEFAN VON	609	URBANRUNNING		GER	M 40-44	DNC	DNC	01:56:24	01:56:34.70	01:56:38.85	0:00	2.6
DNC	MÜLLERS KAI	634	OCR MUNICH		GER	M 40-44	DNC	DNC	01:57:28	01:57:36.20	01:57:39.15	0:00	2.6
DNC	WALTHER OLIVER	636	OCR MUNICH		GER	M 40-44	DNC	DNC	01:57:57	01:58:05.00	01:58:08.00	0:00	2.5
DNC	ENTICKNAP COLIN	578	TEAM X			M 40-44	DNC	DNC	01:58:03	01:58:13.15	01:58:16.60	0:00	2.5
DNC	NIELSEN RENE	627	OCRHOLSTEBRO		DEN	M 40-44	DNC	DNC	01:58:23	01:58:30.70	01:58:34.95	0:00	2.5
DNC	GRZEGORZYCA DAMIAN	608	SOCIOS SILESIA		POL	M 40-44	DNC	DNC	01:59:06	01:59:16.65	01:59:18.80	0:00	2.5
DNC	TORRES OSCAR BARRANQUERO	588	THE LAST TRAINING		ESP	M 40-44	DNC	DNC	02:00:15	02:00:23.40	02:00:25.75	0:00	2.5

**OCREC2019 - SHORT COURSE, M 40-44 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	GROOTERS LEO	594	TEAM OUTDOOR OCR		NED	M 40-44	DNC	DNC	02:03:34	02:03:43.10	02:03:46.00	0:00	2.4
DNC	LANTZ ANDERS	580			SWE	M 40-44	DNC	DNC	02:04:41	02:04:49.45	02:04:52.40	0:00	2.4
DNC	ALGERSTEDT JIMMY	575			SWE	M 40-44	DNC	DNC	02:09:39	02:09:47.65	02:09:50.65	0:00	2.3
DNC	WAHLUND JESPER	635	TEAM BAREKOHUDDINGE.SE		SWE	M 40-44	DNC	DNC	02:15:40	02:15:58.15	02:16:00.70	0:00	2.2
DNC	VEDERSØ MIK	619			DEN	M 40-44	DNC	DNC	02:19:46	02:19:54.60	02:19:58.20	0:00	2.1
DNC	KOŁODZIEJCZYK DARIUSZ	576	SOCIOS SILESIA		POL	M 40-44	DNC	DNC	02:21:04	02:21:12.00	02:21:14.25	0:00	2.1
DNC	MORAN FRED	569			IRL	M 40-44	DNC	DNC	02:21:10	02:21:20.45	02:21:23.00	0:00	2.1
DNC	LEŚNIAK GRZEGORZ	613	DIRTY SPARROWS		POL	M 40-44	DNC	DNC	02:29:55	02:30:02.40	02:30:04.85	0:00	2
DNC	SANNA LUCA	582	ANIS MUDDERS		ITA	M 40-44	DNC	DNC	02:38:08	02:38:29.40	02:38:37.65	0:00	1.9
DNC	VIDAL RUBÉN PÉREZ	584			ESP	M 40-44	DNC	DNC	02:42:23	02:42:36.00	02:42:38.05	0:00	1.8
DNC	CREVEAU ANTHONY	631	TEAMPRIDEORDIE		FRA	M 40-44	DNC	DNC	02:43:40	02:43:49.50	02:43:53.05	0:00	1.8
DNC	COULY CHRISTOPHE - AKIRA	640	OCR BELGIUM WALLONIA MEN		BEL	M 40-44	DNC	DNC	03:04:47	03:04:54.05	03:04:56.60	0:00	1.6
DNC	KULAK RAFAŁ	585	BALTIC SEALS		POL	M 40-44	DNC	DNC	03:16:40	03:16:47.65	03:16:50.45	0:00	1.5
DNC	TULLOCH JON 'ABS'	642				M 40-44	DNC	DNC	04:08:02	04:08:11.85	04:08:14.80	0:00	1.2
DNC	DELOGE ALEXANDRE	622			FRA	M 40-44	DNC	DNC	04:14:30	04:14:46.70	04:14:50.05	0:00	1.2
	ÁLVAREZ RAFITA FERNÁNDEZ	583			ESP	M 40-44			DNF	DNF	DNF	-	-
	HAJEWSKI MICHAŁ	618			POL	M 40-44			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, M 45-49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KRZYSTYNIAK ROBERT	843			POL	M 45-49	1	M 41	00:50:50	00:50:54.65	00:50:57.30	10:11	5.9
2	CHRISTENSEN BRIAN VIBORG	826			DEN	M 45-49	2	M 68	00:54:10	00:54:14.25	00:54:16.75	10:50	5.5
3	MACHTYL ZYGMUNT	831	BEST BEASTS		POL	M 45-49	3	M 135	01:01:58	01:02:03.30	01:02:05.45	12:24	4.8
4	RAMOS SÉRGIO	829	LYNX		POR	M 45-49	4	M 142	01:03:55	01:04:00.40	01:04:02.50	12:48	4.7
5	PEDERSEN CHRISTIAN	823	EVOLUTIONRACE		DEN	M 45-49	5	M 147	01:04:37	01:04:40.70	01:04:43.50	12:56	4.6
6	ROBBEMOND ROBIN	842	TEAM HANG-ON THE NETHERLANDS		NED	M 45-49	6	M 175	01:11:48	01:11:53.70	01:11:55.75	14:22	4.2
7	WRIGHT JASON	836				M 45-49	7	M 191	01:15:27	01:15:32.75	01:15:34.60	15:06	4
8	BATES DANIEL	853	TEAM ULTIMATE OCR		SWE	M 45-49	8	M 214	01:19:40	01:19:45.95	01:19:48.70	15:57	3.8
9	LOZANO MIGUEL ÁNGEL CHARRO	858			ESP	M 45-49	9	M 216	01:20:19	01:20:25.85	01:20:27.95	16:05	3.7
10	WROBBEL MICHAEL	835			GER	M 45-49	10	M 384	02:43:54	02:44:05.30	02:44:07.80	32:49	1.8
11	YVES PUGLIARI	832	OCR BELGIUM		BEL	M 45-49	11	M 389	02:55:44	02:55:58.85	02:56:01.05	35:11	1.7
DNC	FIŠER ROSTISLAV	841			CZE	M 45-49	DNC	DNC	01:06:56	01:07:04.00	01:07:05.90	0:00	4.5
DNC	PAL MARIO	834	RUNTERRA		GER	M 45-49	DNC	DNC	01:27:47	01:27:57.70	01:28:00.90	0:00	3.4
DNC	KVIKSTAD RUNE	825			NOR	M 45-49	DNC	DNC	01:28:46	01:29:05.10	01:29:07.65	0:00	3.4
DNC	KOWALSKI TOMASZ	839	HUSARIA RACE TEAM		POL	M 45-49	DNC	DNC	01:29:40	01:29:49.35	01:29:52.40	0:00	3.3
DNC	WILLIS RICHARD	838				M 45-49	DNC	DNC	01:39:10	01:39:18.30	01:39:20.35	0:00	3
DNC	KOZA ROBERT	855	CARBON OCR RACING TEAM		POL	M 45-49	DNC	DNC	01:43:11	01:43:28.60	01:43:31.65	0:00	2.9
DNC	SCHMIDT HOLGER	848	HERAKLIDEN-TEAM DEUTSCHLAND		GER	M 45-49	DNC	DNC	01:47:51	01:47:58.80	01:48:01.55	0:00	2.8
DNC	JANSEN ROEL	849			NED	M 45-49	DNC	DNC	01:52:14	01:52:20.75	01:52:23.10	0:00	2.7
DNC	PUTMAN DAVID	844	VUDA OBSTACLE TEAM		NED	M 45-49	DNC	DNC	01:53:19	01:53:28.05	01:53:29.90	0:00	2.6
DNC	DUURSMAN PAUL	837			NED	M 45-49	DNC	DNC	01:53:23	01:53:30.05	01:53:32.95	0:00	2.6
DNC	ALEXANDER ALEXANDER	828				M 45-49	DNC	DNC	01:54:59	01:55:06.40	01:55:08.60	0:00	2.6
DNC	JÜRGENS FRIEDRICH	830			GER	M 45-49	DNC	DNC	01:55:18	01:55:36.25	01:55:38.45	0:00	2.6
DNC	LEONI MAURO	856			ITA	M 45-49	DNC	DNC	01:59:04	01:59:12.45	01:59:14.70	0:00	2.5
DNC	CECCOTTI DANIELE	846			ITA	M 45-49	DNC	DNC	01:59:05	01:59:12.75	01:59:14.70	0:00	2.5
DNC	PENNISI DARIO	847			ITA	M 45-49	DNC	DNC	01:59:05	01:59:12.15	01:59:14.70	0:00	2.5
DNC	OLDHAM JUSTIN	857				M 45-49	DNC	DNC	02:03:44	02:03:51.30	02:03:53.95	0:00	2.4
DNC	MACH MARTIN	845			CZE	M 45-49	DNC	DNC	02:08:56	02:09:14.80	02:09:17.45	0:00	2.3
DNC	GRESZTA WALDEMAR	850			POL	M 45-49	DNC	DNC	02:15:23	02:15:32.80	02:15:35.55	0:00	2.2
DNC	RĘBACZ KRZYSZTOF	854			POL	M 45-49	DNC	DNC	02:15:37	02:15:47.80	02:15:51.15	0:00	2.2
DNC	OLSSON ANDERS E	824	KARLSHAMN OCR		SWE	M 45-49	DNC	DNC	02:30:41	02:30:46.95	02:30:51.20	0:00	2
DNC	CERBA JAROSLAW	851			POL	M 45-49	DNC	DNC	02:40:34	02:40:41.15	02:40:43.80	0:00	1.9
DNC	GŁOWACZ GRZEGORZ	852	HUSARIA RACE TEAM		POL	M 45-49	DNC	DNC	02:47:51	02:47:56.70	02:47:59.75	0:00	1.8
DNC	CZAJA PIOTR	833	CROSSTEAM SZCZECIŃSKA POLSKA		POL	M 45-49	DNC	DNC	02:56:26	02:56:34.25	02:56:35.95	0:00	1.7

**OCREC2019 - SHORT COURSE, M 50-54**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	STROMMER LÁSZLÓ	875			HUN	M 50-54	1	M 59	00:53:04	00:53:09.75	00:53:11.55	10:38	5.6
2	SLITS PETER	861			NED	M 50-54	2	M 116	00:59:23	00:59:28.60	00:59:30.35	11:53	5
3	HEER ERIK DE	869	HANG ON THE NETHERLANDS		NED	M 50-54	3	M 145	01:04:05	01:04:10.70	01:04:12.30	12:50	4.7
4	KURACH STANISLAW	871	DZIADY OCR		POL	M 50-54	4	M 177	01:12:31	01:12:34.95	01:12:37.95	14:30	4.1
5	ANDRESEN PETTER	872	TEAM OCR NORWAY		NOR	M 50-54	5	M 205	01:18:06	01:18:11.90	01:18:14.05	15:38	3.8
6	LEARY TONY	880				M 50-54	6	M 218	01:20:37	01:20:46.75	01:20:48.45	16:09	3.7
7	ABRAM EUGENIUSZ	879			SWE	M 50-54	7	M 310	01:48:38	01:48:46.75	01:48:48.90	21:45	2.8
8	MALUENDA JUAN	868	TEAM OCR ELITE APPAREL		SWE	M 50-54	8	M 318	01:52:18	01:52:24.55	01:52:26.35	22:29	2.7
9	MILHANO CARLOS	873			POR	M 50-54	9	M 348	02:11:12	02:11:20.40	02:11:22.25	26:16	2.3
DNC	GRITSYNA OLEG	862			RUS	M 50-54	DNC	DNC	01:31:51	01:31:59.45	01:32:01.90	0:00	3.3
DNC	SPIEKER ALFRED	877			GER	M 50-54	DNC	DNC	01:35:38	01:35:46.35	01:35:49.05	0:00	3.1
DNC	GATZ DETLEF	874	OCR BIERATHLETICS		GER	M 50-54	DNC	DNC	01:36:06	01:36:14.75	01:36:17.30	0:00	3.1
DNC	SERNBO JENS	876			SWE	M 50-54	DNC	DNC	01:52:49	01:52:59.45	01:53:01.80	0:00	2.7
DNC	BIGLANDS STEVE	864				M 50-54	DNC	DNC	02:09:02	02:09:08.90	02:09:10.80	0:00	2.3
DNC	JANISZEWSKI GRZEGORZ	878	DZIADY OCR		POL	M 50-54	DNC	DNC	02:10:31	02:10:42.00	02:10:45.15	0:00	2.3
DNC	BLEYS PASCAL	863			BEL	M 50-54	DNC	DNC	02:12:26	02:12:36.70	02:12:38.75	0:00	2.3
DNC	MATYASI GÁBOR	865			HUN	M 50-54	DNC	DNC	02:14:26	02:14:31.55	02:14:33.15	0:00	2.2
DNC	MESZAROS CSABA	870			HUN	M 50-54	DNC	DNC	02:19:09	02:19:17.00	02:19:19.10	0:00	2.2

**OCREC2019 - SHORT COURSE, M 55+**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	WEETS MARC	884	OCR BELGIUM		BEL	M 55+	DNC	DNC	01:22:57	01:23:20.00	01:23:22.20	0:00	3.6
DNC	LEVY PHILIPPE	883	OCR FLANDERS		BEL	M 55+	DNC	DNC	01:22:56	01:23:19.90	01:23:22.60	0:00	3.6
DNC	TOMCZYK ANDRZEJ	886			POL	M 55+	DNC	DNC	01:33:04	01:33:19.45	01:33:23.40	0:00	3.2
DNC	CONVERS JEAN-LUC	887			FRA	M 55+	DNC	DNC	02:06:07	02:06:15.90	02:06:18.85	0:00	2.4
DNC	BENGTSSON PER	885			SWE	M 55+	DNC	DNC	02:21:11	02:21:19.40	02:21:22.10	0:00	2.1

**OCREC2019 - SHORT COURSE, M Elite**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KOFOED LEON	1	TEAM REBORN OCR		DEN	M ELITE	1	M 3	00:41:23	00:41:25.55	00:41:27.00	8:17	7.2
2	SILIN SERGEY	8	RUSSIA FOSR		RUS	M ELITE	2	M 4	00:41:36	00:41:39.80	00:41:41.00	8:20	7.2
3	HAJNOS DAWID	9	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M ELITE	3	M 10	00:45:02	00:45:05.35	00:45:07.00	9:01	6.7
4	SHERETOV EUGENE	11			UKR	M ELITE	4	M 14	00:46:47	00:46:50.70	00:46:52.00	9:22	6.4
5	HEER JESSE DE	13	HANG ON THE NETHERLANDS		NED	M ELITE	5	M 18	00:47:40	00:47:43.95	00:47:45.00	9:32	6.3
6	NOVÁK LUKÁŠ	33			CZE	M ELITE	6	M 19	00:47:42	00:47:45.70	00:47:47.00	9:33	6.3
7	SCHÄFER MARTIN	21	OCR-PACEMAKERS GERMANY		GER	M ELITE	7	M 20	00:47:43	00:47:45.70	00:47:47.20	9:33	6.3
8	KREJCI PAVEL	4			CZE	M ELITE	8	M 21	00:47:42	00:47:46.35	00:47:47.35	9:33	6.3
9	MENDES AXEL	36	ASTAXIN		SWE	M ELITE	9	M 22	00:47:44	00:47:47.45	00:47:50.00	9:33	6.3
10	NORDVANG TOMMY KVAKKESTAD	64	TEAM OCR NORWAY		NOR	M ELITE	10	M 23	00:47:45	00:47:52.45	00:47:54.85	9:34	6.3
11	TARKA ANDRZEJ	45			POL	M ELITE	11	M 30	00:49:12	00:49:17.55	00:49:19.70	9:51	6.1
12	CAPARROS NATHAN	14			FRA	M ELITE	12	M 32	00:49:25	00:49:30.45	00:49:32.15	9:54	6.1
13	KOWALCZYK DAWID	44			POL	M ELITE	13	M 39	00:50:27	00:50:32.95	00:50:34.85	10:06	5.9
14	BANDOSZ ROBERT	18	ADRENALINE RUSH OCR		POL	M ELITE	14	M 42	00:51:01	00:51:06.85	00:51:07.45	10:13	5.9
15	JANSSON THOMAS	47	TEAM FIT		SWE	M ELITE	15	M 45	00:51:14	00:51:19.90	00:51:22.40	10:16	5.8
16	ПЕРМЯКОВ ИГОРЬ	34	OCR RUSSIA 2		RUS	M ELITE	16	M 46	00:51:24	00:51:29.00	00:51:30.25	10:17	5.8
17	ДЕГТЯРЕВ ИВАН	22			RUS	M ELITE	17	M 54	00:52:28	00:52:34.05	00:52:34.75	10:30	5.7
18	REN EMIL FRIIS	50	EVOLUTIONRACE		DEN	M ELITE	18	M 55	00:52:43	00:52:46.50	00:52:49.10	10:33	5.7
19	BARBE LLUIS	2	OLLLU WOLF		ESP	M ELITE	19	M 57	00:52:55	00:53:00.75	00:53:01.75	10:36	5.7
20	WAŃCZYK ŁUKASZ	17			POL	M ELITE	20	M 60	00:53:05	00:53:10.35	00:53:11.85	10:38	5.6
21	BELOV ARTUR	70			RUS	M ELITE	21	M 61	00:53:13	00:53:19.25	00:53:21.40	10:39	5.6
22	WOJTYSZYN WOJCIECH	24	XRUNNERS		POL	M ELITE	22	M 63	00:53:26	00:53:33.70	00:53:33.70	10:42	5.6

**OCREC2019 - SHORT COURSE, M Elite c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
23	GRZONDKO MATEUSZ	42			POL	M ELITE	23	M 64	00:53:56	00:54:00.25	00:54:03.35	10:48	5.6
24	VOROBOK TOMÁŠ	52			CZE	M ELITE	24	M 65	00:53:57	00:54:01.00	00:54:03.50	10:48	5.6
25	OOSTEROM FRANK	12			NED	M ELITE	25	M 66	00:54:02	00:54:07.00	00:54:07.90	10:49	5.5
26	KALININ JAROSŁAW	43	XRUNNERS		POL	M ELITE	26	M 70	00:54:32	00:54:35.85	00:54:38.25	10:55	5.5
27	RUMMEL ALEXANDER	67			GER	M ELITE	27	M 72	00:54:58	00:55:04.05	00:55:06.20	11:00	5.4
28	GAZUREK KACPER	40			POL	M ELITE	28	M 73	00:55:00	00:55:03.90	00:55:06.60	11:00	5.4
29	PRUDÊNCIO GONÇALO	27	TEAM URBAN OBSTACLES		POR	M ELITE	29	M 76	00:55:20	00:55:25.15	00:55:26.05	11:05	5.4
30	OLKHOVSKII DMITRI	35	RUSSIA		RUS	M ELITE	30	M 86	00:55:58	00:56:03.35	00:56:05.05	11:12	5.4
31	EPMAKOB AHTOH	71	39RUS		RUS	M ELITE	31	M 87	00:56:09	00:56:13.85	00:56:15.85	11:14	5.3
32	SCHUH MARTIN	61	UNION DIRTRUN.COMPANY		AUT	M ELITE	32	M 88	00:56:12	00:56:15.80	00:56:18.75	11:15	5.3
33	PAVEL KOCHERYGIN	29			RUS	M ELITE	33	M 89	00:56:17	00:56:21.25	00:56:22.75	11:16	5.3
34	MÓRAWSKI MIESZKO	41			POL	M ELITE	34	M 90	00:56:17	00:56:22.20	00:56:24.50	11:16	5.3
35	BETTS JESSE	25				M ELITE	35	M 91	00:56:32	00:56:40.00	00:56:41.15	11:20	5.3
36	GONZÁLEZ MIGUEL PINTO	20	OCR COMANDO DEL NORTE OSCAR FERNANDEZ		ESP	M ELITE	36	M 93	00:56:44	00:56:49.60	00:56:51.00	11:22	5.3
37	MILLAN DANIEL OSMA	69	BRAVE BULLS		ESP	M ELITE	37	M 94	00:56:55	00:56:58.40	00:57:00.20	11:23	5.3
38	DAVID SEBASTIEN	53	ELANCIA		FRA	M ELITE	38	M 102	00:57:21	00:57:25.10	00:57:27.25	11:29	5.2
39	OLEXANDR TARSUKOV	56			UKR	M ELITE	39	M 104	00:57:26	00:57:59.05	00:58:00.50	11:35	5.2
40	DOMÍNGUEZ EDUARDO DÍAZ	66	LEYENDAS OCR BY XFORCE		ESP	M ELITE	40	M 117	00:59:33	00:59:36.20	00:59:38.00	11:55	5
41	ARZADUN IMANOL PESO	72	DENONTZAT		ESP	M ELITE	41	M 120	00:59:54	00:59:59.25	01:00:01.15	12:00	5
42	DRAGSTED ANDREAS	19	EVOLUTIONRACE		DEN	M ELITE	42	M 121	01:00:02	01:00:08.35	01:00:10.45	12:01	5
43	TROIAN MAKAR	23			UKR	M ELITE	43	M 123	01:00:24	01:00:27.45	01:00:29.15	12:05	5
44	HARBUNOU IHAR	6			BLR	M ELITE	44	M 126	01:00:50	01:00:55.80	01:00:56.65	12:11	4.9
45	OSHKIN EGOR	31			RUS	M ELITE	45	M 128	01:01:02	01:01:08.75	01:01:09.55	12:13	4.9
46	SABIROV ZHANSEK	76			KAZ	M ELITE	46	M 132	01:01:27	01:01:32.85	01:01:34.45	12:18	4.9
47	HANDLER CHRISTIAN	57			AUT	M ELITE	47	M 133	01:01:30	01:01:37.50	01:01:39.60	12:19	4.9
48	REZNIK ANTON	54	RUSSIA		RUS	M ELITE	48	M 152	01:05:59	01:06:04.10	01:06:06.20	13:12	4.5
49	ECHERRIA ASIER LANDART	30	DENONTZAT		ESP	M ELITE	49	M 163	01:09:20	01:09:26.50	01:09:27.35	13:53	4.3
50	HOWARD JOHN	51				M ELITE	50	M 181	01:12:51	01:12:56.95	01:13:00.25	14:35	4.1
51	MONZON IMRE	49			NED	M ELITE	51	M 184	01:13:30	01:13:35.85	01:13:35.85	14:43	4.1
52	MICHEL JÉRÉMY	62			FRA	M ELITE	52	M 188	01:14:47	01:14:51.95	01:14:53.95	14:58	4
53	ГОВОРОВ АНДРЕЙ	58			RUS	M ELITE	53	M 189	01:14:50	01:14:55.35	01:14:57.35	14:59	4
54	CIMLER JIŘÍ	55	GLADIATORS CZECH		CZE	M ELITE	54	M 210	01:19:12	01:19:18.60	01:19:21.10	15:51	3.8
55	SULTANOV SHAMIL	74			RUS	M ELITE	55	M 301	01:42:15	01:42:20.45	01:42:22.75	20:28	2.9
DNC	KAŁOL KACPER	16	BIEGOWY ŚWIR		POL	M ELITE	DNC	DNC	00:53:31	00:53:37.70	00:53:38.25	0:00	5.6
DNC	TOCHKA ARTSIOM	7			BLR	M ELITE	DNC	DNC	00:54:25	00:54:32.45	00:54:33.85	0:00	5.5
DNC	СУЗДАЛЕВ АНТОН	15	OCR ACADEMY		RUS	M ELITE	DNC	DNC	01:01:43	01:01:55.05	01:01:56.10	0:00	4.8
DNC	ARZADUN JOSE MARIA PESO	28	DENONTZAT		ESP	M ELITE	DNC	DNC	01:23:17	01:23:27.00	01:23:28.20	0:00	3.6
DNC	ADOLFSEN KRISTOFFER	48			NOR	M ELITE	DNC	DNC	01:31:33	01:31:42.25	01:31:44.65	0:00	3.3
DNC	KUDYMETS MAKSYM	68			UKR	M ELITE	DNC	DNC	01:52:37	01:52:44.50	01:52:46.50	0:00	2.7
DNC	ROMANOV SEMEN	65	RUSSIA		RUS	M ELITE	DNC	DNC	02:01:02	02:01:11.90	02:01:13.40	0:00	2.5
DNC	TIMUR	75			KAZ	M ELITE	DNC	DNC	02:07:49	02:07:56.75	02:07:58.30	0:00	2.3
DNC	BOCCON ALEXANDRE	60	OCR FRANCE		FRA	M ELITE	DNC	DNC	02:10:15	02:10:34.30	02:10:36.15	0:00	2.3
DNC	RAKHIMBAYEV ALMAS	32			KAZ	M ELITE	DNC	DNC	02:27:03	02:27:14.10	02:27:15.10	0:00	2
DNC	TOJAR LUIS MARTIN	63	LEYENDAS OCR BY XFORCE		ESP	M ELITE	DNC	DNC	02:27:02	02:27:21.25	02:27:23.15	0:00	2
DNC	SALUSTE CARRY	46			EST	M ELITE	DNC	DNC	02:41:12	02:41:21.35	02:41:24.05	0:00	1.9
DNC	JAKOUBEK JAKUB	37	REHASPORT TEAM		CZE	M ELITE	DNC	DNC	03:04:34	03:04:45.75	03:04:47.20	0:00	1.6
	WITT ANDRÉ	73			SWE	M ELITE			DNF	DNF	DNF	-	-
	OŚLIZŁO TOMASZ	3	HUSARIA RACE TEAM		POL	M ELITE			DNF	DNF	DNF	-	-
	GRAUTE MATTHIAS	10			GER	M ELITE			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, M Journeyman**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	SALOMÁKI VILLE	934			SWE	M JOURNEYMAN	1	M 85	00:55:57	00:56:02.85	00:56:05.05	11:12	5.4
2	BINDSLEV THOMAS GREGERS	950			DEN	M JOURNEYMAN	2	M 154	01:06:17	01:06:22.35	01:06:26.35	13:16	4.5

**OCREC2019 - SHORT COURSE, M Journeyman c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
3	CHRISTIAN RAMBERGER	940	TEAM CELTIC WARRIOR		AUT	M JOURNEYMAN	3	M 223	01:21:57	01:22:06.50	01:22:09.15	16:25	3.7
4	SCHÜLER CONSTANTIN	936			AUT	M JOURNEYMAN	4	M 224	01:21:57	01:22:06.40	01:22:09.35	16:25	3.7
5	SAAL PATRICK	920	MUDDY UNICORNS		GER	M JOURNEYMAN	5	M 226	01:22:12	01:22:22.60	01:22:26.30	16:28	3.6
6	STANCLIK KRZYSZTOF	975			POL	M JOURNEYMAN	6	M 248	01:28:13	01:28:21.75	01:28:25.20	17:40	3.4
7	KÖNIG ALEXANDER	967			GER	M JOURNEYMAN	7	M 266	01:32:52	01:32:57.70	01:33:00.65	18:35	3.2
8	ANDERSEN STEEN	925			DEN	M JOURNEYMAN	8	M 268	01:33:39	01:33:46.05	01:33:48.55	18:45	3.2
9	KAŁOL KACPER	998			POL	M JOURNEYMAN	9	M 277	01:35:32	01:35:40.30	01:35:42.95	19:08	3.1
10	RAMPIR JIŘÍ	942			CZE	M JOURNEYMAN	10	M 283	01:37:04	01:37:11.10	01:37:13.95	19:26	3.1
11	GANE MR JAMIE	922				M JOURNEYMAN	11	M 288	01:38:10	01:38:16.95	01:38:20.10	19:39	3.1
12	LYNG RASMUS	916	OCR FIGHTERS		DEN	M JOURNEYMAN	12	M 289	01:38:32	01:38:39.30	01:38:41.70	19:43	3
13	JENSEN MIKKEL	946			DEN	M JOURNEYMAN	13	M 292	01:38:58	01:39:06.30	01:39:08.30	19:49	3
14	JULIKOWSKI KAROL	943			POL	M JOURNEYMAN	14	M 293	01:38:58	01:39:09.05	01:39:12.10	19:49	3
15	SHPYLCHYN VITALII	958			UKR	M JOURNEYMAN	15	M 304	01:43:16	01:43:26.50	01:43:30.75	20:41	2.9
16	STANGEL PIOTR	957	KONTENER FORMY		POL	M JOURNEYMAN	16	M 306	01:46:01	01:46:08.40	01:46:12.10	21:13	2.8
17	WERYK MATEUSZ	949	GRIMPADO/CF3M		POL	M JOURNEYMAN	17	M 311	01:49:17	01:49:28.00	01:49:31.25	21:53	2.7
18	OLSEN ANDREAS STAHL	951			DEN	M JOURNEYMAN	18	M 312	01:49:54	01:50:14.75	01:50:19.25	22:03	2.7
19	BAGER LARS	968			DEN	M JOURNEYMAN	19	M 313	01:50:07	01:50:16.45	01:50:21.10	22:03	2.7
20	WASILEWSKI ARTEMIUSZ	931			BLR	M JOURNEYMAN	20	M 317	01:52:01	01:52:22.05	01:52:25.25	22:28	2.7
21	KUCIEWICZ JAROSŁAW	926			POL	M JOURNEYMAN	21	M 319	01:52:17	01:52:22.90	01:52:26.60	22:28	2.7
22	POLUJANSKIS RAMŪNAS	964	OCR BALTIC WARRIORS		LTU	M JOURNEYMAN	22	M 320	01:53:34	01:53:40.80	01:53:43.65	22:44	2.6
23	DAM NIKOLAJ M	929			DEN	M JOURNEYMAN	23	M 322	01:50:07	01:50:16.55	01:50:20.00	22:03	2.7
24	NILSSON OSCAR	919	SPORTS CLUB OCR SWEDEN		SWE	M JOURNEYMAN	24	M 325	01:56:17	01:56:23.25	01:56:27.50	23:16	2.6
25	JØRGENSEN MICHAEL	932			DEN	M JOURNEYMAN	25	M 330	02:01:19	02:01:27.00	02:01:31.05	24:17	2.5
26	MARTINAITIS JUOZAS	965	OCR BALTIC WARRIORS		LTU	M JOURNEYMAN	26	M 333	02:01:58	02:02:04.80	02:02:08.25	24:25	2.5
27	KWIATKOWSKI HUBERT	937	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M JOURNEYMAN	27	M 335	02:03:35	02:03:42.35	02:03:44.45	24:44	2.4
28	AARHUS MARK KOFOED	930			DEN	M JOURNEYMAN	28	M 338	02:05:47	02:05:58.25	02:05:58.25	25:11	2.4
29	PRZĄDKA MARCIN	927	WATAHA		POL	M JOURNEYMAN	29	M 339	02:08:03	02:08:10.70	02:08:12.35	25:38	2.3
30	POLAŃSKI PAWEŁ	928	WATAHA		POL	M JOURNEYMAN	30	M 342	02:09:21	02:09:27.75	02:09:27.75	25:53	2.3
31	GÓRSKI EMIL	947	HUSARIA RACE TEAM		POL	M JOURNEYMAN	31	M 343	02:10:17	02:10:33.85	02:10:36.90	26:06	2.3
32	MISSALA MICHAŁ	948	POWER TRAINING		POL	M JOURNEYMAN	32	M 346	02:10:46	02:10:52.30	02:10:55.20	26:10	2.3
33	MILBRANT MICHAŁ	935	RMF4RT GLADIATORS		POL	M JOURNEYMAN	33	M 352	02:14:34	02:14:40.40	02:14:42.25	26:56	2.2
34	FIAŁKOWSKI ŁUKASZ	962			POL	M JOURNEYMAN	34	M 353	02:15:14	02:15:23.10	02:15:26.25	27:04	2.2
35	LIBERADZKI MARCIN	961			POL	M JOURNEYMAN	35	M 354	02:15:14	02:15:27.85	02:15:32.10	27:05	2.2
36	GULLAUD AUDRIC	921			BEL	M JOURNEYMAN	36	M 357	02:16:59	02:17:07.50	02:17:11.05	27:25	2.2
37	SZKLARSKI PRZEMYSŁAW	974			POL	M JOURNEYMAN	37	M 358	02:17:15	02:17:38.30	02:17:42.00	27:31	2.2
38	TRUSZCZYŃSKI ROBERT	970			POL	M JOURNEYMAN	38	M 362	02:19:07	02:19:17.05	02:19:20.25	27:51	2.2
39	ZIOBRO CHRIS	944	MEMORIES NOT DREAMS OCR TEAM		POL	M JOURNEYMAN	39	M 363	02:19:08	02:20:09.10	02:20:12.60	28:01	2.1
40	ROGÓŻ ADRIAN	938			POL	M JOURNEYMAN	40	M 364	02:21:22	02:21:28.50	02:21:31.15	28:17	2.1
41	WAWRZYŃIAK SŁAWO	939			POL	M JOURNEYMAN	41	M 367	02:25:08	02:25:16.00	02:25:18.40	29:03	2.1
42	KOKOWSKI MARIUSZ	955	TREE CREW		POL	M JOURNEYMAN	42	M 368	02:25:06	02:25:17.05	02:25:20.75	29:03	2.1
43	MIKOŚ ADAM	954	HUSARIA RACE TEAM		POL	M JOURNEYMAN	43	M 369	02:25:29	02:25:44.45	02:25:47.60	29:08	2.1
44	BOŚ TOMASZ	941			POL	M JOURNEYMAN	44	M 370	02:25:36	02:26:10.45	02:26:13.15	29:14	2.1
45	BERGLING DANIEL	963			SWE	M JOURNEYMAN	45	M 371	02:26:07	02:26:21.15	02:26:24.65	29:16	2
46	JOULIN STEFAN	952	SPORTS CLUB OCR		SWE	M JOURNEYMAN	46	M 372	02:26:06	02:26:22.25	02:26:26.30	29:16	2
47	PIERZGAŁSKI PIOTR	956			POL	M JOURNEYMAN	47	M 373	02:26:26	02:26:34.50	02:26:39.35	29:19	2
48	SARLEJ ROBERT	933			POL	M JOURNEYMAN	48	M 374	02:26:34	02:26:40.00	02:26:42.10	29:20	2
49	DĄBROWSKI ADAM	953			POL	M JOURNEYMAN	49	M 375	02:26:31	02:26:39.25	02:26:42.70	29:19	2
50	LIPIECKI JACEK	969			POL	M JOURNEYMAN	50	M 376	02:26:52	02:26:58.45	02:27:02.45	29:23	2
51	NIKIEL DARIUSZ	972			POL	M JOURNEYMAN	51	M 379	02:29:11	02:29:27.55	02:29:31.85	29:53	2
52	TOPA RADOŚLAW	924			POL	M JOURNEYMAN	52	M 380	02:31:24	02:31:32.55	02:31:34.85	30:18	2
53	LÓPEZ JULIO	959			ESP	M JOURNEYMAN	53	M 381		02:33:24.95	02:33:27.75	30:41	2
	LINDBERG MADS	923			DEN	M JOURNEYMAN			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, W 13-17**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	GIESBERTS VALÉRIE	891	TEAM HANG-ON THE NETHERLANDS		NED	W 13-17	1	K 21	01:17:41	01:17:45.55	01:17:48.15	15:33	3.9
2	DRUIJFF MEIKE	892			NED	W 13-17	2	K 23	01:20:19	01:20:23.45	01:20:26.35	16:04	3.7
3	MUL ELISA	896			NED	W 13-17	3	K 55	02:18:20	02:18:23.95	02:18:26.80	27:40	2.2
DNC	SVENSSON ENGLA	895			SWE	W 13-17	DNC	DNC	02:08:02	02:08:08.15	02:08:11.30	0:00	2.3
DNC	ZEBERG ALICJA	890	KARLSHAMN OCR		SWE	W 13-17	DNC	DNC	02:15:37	02:15:45.05	02:15:47.45	0:00	2.2
DNC	JASIŃSKA ALICJA	893	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	W 13-17	DNC	DNC	02:22:45	02:22:58.80	02:23:01.85	0:00	2.1
DNC	WARING EVIE	898				W 13-17	DNC	DNC	02:25:05	02:25:09.35	02:25:13.05	0:00	2.1
DNC	MISSALA MAGDA	897	POWER TRAINING		POL	W 13-17	DNC	DNC	02:25:06	02:25:10.60	02:25:13.20	0:00	2.1
DNC	TCHIKNAVORIAN CARLA	894			FRA	W 13-17	DNC	DNC	02:42:27	02:42:42.00	02:42:45.25	0:00	1.8

**OCREC2019 - SHORT COURSE, W 18-24**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	LOMNICKÁ TEREZA	682			CZE	W 18-24	1	K 22	01:18:19	01:18:24.40	01:18:27.35	15:41	3.8
2	ONOFRIENKO KARINA	678			RUS	W 18-24	2	K 24	01:22:42	01:22:49.25	01:22:51.45	16:33	3.6
DNC	DAHLBÄCK MALIN	674	EFI OCR TEAM		SWE	W 18-24	DNC	DNC	01:43:19	01:43:26.40	01:43:28.40	0:00	2.9
DNC	VERDIESEN MARLOES	684			NED	W 18-24	DNC	DNC	01:51:58	01:52:07.60	01:52:09.95	0:00	2.7
DNC	TAHIROVIC ADNA	676			NOR	W 18-24	DNC	DNC	01:54:33	01:54:41.10	01:54:43.05	0:00	2.6
DNC	STØLEN GUNHILD	696			NOR	W 18-24	DNC	DNC	01:57:00	01:57:10.40	01:57:12.45	0:00	2.6
DNC	KUNZMANNOVÁ EVA	688			CZE	W 18-24	DNC	DNC	01:58:14	01:58:20.75	01:58:23.55	0:00	2.5
DNC	ZELENKOVÁ SIMONA	692	#GLADIATORRACETEAM		CZE	W 18-24	DNC	DNC	02:01:15	02:01:19.45	02:01:22.20	0:00	2.5
DNC	POUROVA KATERINA	699			CZE	W 18-24	DNC	DNC	02:13:10	02:13:16.60	02:13:19.95	0:00	2.3
DNC	SUŠÁNKOVÁ KLÁRA	690			CZE	W 18-24	DNC	DNC	02:16:17	02:16:34.50	02:16:37.45	0:00	2.2
DNC	MACANOVÁ ZUZANA	689			CZE	W 18-24	DNC	DNC	02:12:04	02:16:34.70	02:16:37.75	0:00	2.2
DNC	DRÁBKOVÁ VERONIKA	681			CZE	W 18-24	DNC	DNC	02:21:40	02:21:47.90	02:21:50.95	0:00	2.1
DNC	KOLLBERG LOUISE	685			SWE	W 18-24	DNC	DNC	02:29:03	02:29:11.30	02:29:13.65	0:00	2
DNC	SZUBA-LATA KLAUDIA	679	ENJOY BY SPORT		POL	W 18-24	DNC	DNC	02:31:58	02:32:06.70	02:32:08.95	0:00	2
DNC	SØRENSEN METTE	672	ASICSFONTRUNNER		DEN	W 18-24	DNC	DNC	02:44:19	02:44:26.65	02:44:29.30	0:00	1.8
DNC	SZOSTEK PATRYCJA	702			POL	W 18-24	DNC	DNC	02:50:00	02:50:05.80	02:50:08.30	0:00	1.8
DNC	KALMAR SARA	671			HUN	W 18-24	DNC	DNC	02:53:40	02:53:47.90	02:53:50.10	0:00	1.7
DNC	HAMMARBÄCK MOA	686	TEAM VALKYRIA		SWE	W 18-24	DNC	DNC	02:54:26	02:54:31.90	02:54:34.55	0:00	1.7
DNC	CICHA NATALIA	694			POL	W 18-24	DNC	DNC	02:59:16	02:59:25.15	02:59:26.85	0:00	1.7
DNC	STENBÄCK AMANDA	687			SWE	W 18-24	DNC	DNC	03:00:42	03:00:51.45	03:00:53.90	0:00	1.7
DNC	GHAFFRY TOURIA ZAHRA	669	TEAMMADNESS			W 18-24	DNC	DNC	03:02:50	03:02:54.45	03:02:57.40	0:00	1.6
DNC	FARINA SUMATY PRISCILA HERNANDEZ	670	TEAMMADNESS			W 18-24	DNC	DNC	03:02:50	03:02:54.95	03:02:57.65	0:00	1.6
DNC	SZADYKO MONIKA	703			POL	W 18-24	DNC	DNC	03:17:44	03:17:57.00	03:17:58.85	0:00	1.5
DNC	KRÓLAK MARGARITA	701			POL	W 18-24	DNC	DNC	03:18:41	03:18:47.20	03:18:48.75	0:00	1.5
DNC	KLONOWICZ PATRYCJA	697			POL	W 18-24	DNC	DNC	03:23:20	03:23:26.70	03:23:28.65	0:00	1.5
DNC	BURS KLAUDIA	695			POL	W 18-24	DNC	DNC	03:28:09	03:28:26.45	03:28:28.70	0:00	1.4
DNC	GARDABOU IBTISAM	680			BEL	W 18-24	DNC	DNC	03:39:55	03:40:21.20	03:40:23.40	0:00	1.4
DNC	GROBELNA ALEKSANDRA	693			POL	W 18-24	DNC	DNC	03:42:56	03:43:05.00	03:43:06.30	0:00	1.3
DNC	BALUTA-MAŁECKA EDYTA	700			POL	W 18-24	DNC	DNC	03:42:56	03:43:05.25	03:43:06.65	0:00	1.3
DNC	PAPIÓR JOLANTA	704			POL	W 18-24	DNC	DNC	03:48:15	03:48:21.75	03:48:23.75	0:00	1.3
DNC	MACIUSZEK JULIA	698			POL	W 18-24	DNC	DNC	04:03:58	04:04:08.30	04:04:09.75	0:00	1.2
DNC	CASTEIJN SELMA	691	OUTDOOR VALLEY		NED	W 18-24	DNC	DNC	04:19:01	04:19:10.20	04:19:12.85	0:00	1.2
	LUND MARIA	683			DEN	W 18-24			DNF	DNF	DNF	-	-
	HAAVISTO ELLEN	675	EFI OCR TEAM		SWE	W 18-24			DNF	DNF	DNF	-	-
	HAAVISTO EMMY	673	EFI OCR TEAM		SWE	W 18-24			DNF	DNF	DNF	-	-
	SANDBERG AMANDA	677	TEAM MERRELL		SWE	W 18-24			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, W 25-29**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	MARTIN ASTRID	732			DEN	W 25-29	1	K 18	01:12:31	01:12:37.45	01:12:38.85	14:31	4.1
2	LEVERAAS KATRINE HAALAND	709	TOUGH RACE SWEDEN		NOR	W 25-29	2	K 20	01:15:37	01:15:40.85	01:15:42.55	15:08	4
3	BRINKMANN SABRINA	733			GER	W 25-29	3	K 29	01:29:15	01:29:19.90	01:29:22.25	17:52	3.4
4	WAGNER PIA	724			GER	W 25-29	4	K 35	01:39:05	01:39:11.20	01:39:12.70	19:50	3
5	JESSING IBEN	710			DEN	W 25-29	5	K 40	01:52:51	01:52:55.10	01:52:56.05	22:35	2.7
6	BAGROWSKA AGATA	727			POL	W 25-29	6	K 62	03:35:53	03:36:10.40	03:36:10.80	43:14	1.4
DNC	ARVIDSSON SARA	722	GRIPEN OCR		SWE	W 25-29	DNC	DNC	01:15:51	01:16:05.40	01:16:07.25	0:00	3.9
DNC	ROLIN ERIKA	728	TEAM VALKYRIA		SWE	W 25-29	DNC	DNC	01:40:14	01:40:20.95	01:40:22.90	0:00	3
DNC	BRÍZOVÁ JANA	725			CZE	W 25-29	DNC	DNC	01:42:45	01:42:59.10	01:42:59.85	0:00	2.9
DNC	FELLDIN JENNY	723			SWE	W 25-29	DNC	DNC	01:48:28	01:48:33.55	01:48:35.50	0:00	2.8
DNC	RANGNAU OLGA	714			GER	W 25-29	DNC	DNC	01:53:23	01:53:28.95	01:53:31.10	0:00	2.6
DNC	PELLA KRISTINA	737			SWE	W 25-29	DNC	DNC	01:55:30	01:55:45.30	01:55:46.35	0:00	2.6
DNC	KUŽELÍKOVÁ ZUZANA	715			CZE	W 25-29	DNC	DNC	01:58:11	01:58:17.40	01:58:18.95	0:00	2.5
DNC	KRYVKO MARGARYTA	736			UKR	W 25-29	DNC	DNC	02:06:54	02:07:00.85	02:07:02.00	0:00	2.4
DNC	GILARSKA MARTA	739			POL	W 25-29	DNC	DNC	02:12:12	02:12:19.15	02:12:20.85	0:00	2.3
DNC	BERLIN NANNA	711			DEN	W 25-29	DNC	DNC	02:12:54	02:13:02.30	02:13:03.85	0:00	2.3
DNC	MARUSZAK ANNA	738			POL	W 25-29	DNC	DNC	02:18:15	02:18:18.45	02:18:20.00	0:00	2.2
DNC	JOHANSSON CAROLINE	708	KFUM UPPSALA SURVIVAL		SWE	W 25-29	DNC	DNC	02:28:32	02:28:39.25	02:28:41.20	0:00	2
DNC	LIMANOWSKA OLGA	719			POL	W 25-29	DNC	DNC	02:31:19	02:31:26.30	02:31:27.40	0:00	2
DNC	BOANDER CAMILLA	713			SWE	W 25-29	DNC	DNC	02:31:36	02:31:42.15	02:31:44.20	0:00	2
DNC	FRICK EMMA	721			SWE	W 25-29	DNC	DNC	02:35:56	02:36:01.15	02:36:02.80	0:00	1.9
DNC	FRAMVIG MICA	726			DEN	W 25-29	DNC	DNC	02:38:53	02:39:01.45	02:39:03.45	0:00	1.9
DNC	WOŹNIAK JOANNA	731	HUSARIA RACE TEAM		POL	W 25-29	DNC	DNC	02:51:50	02:51:58.55	02:51:59.45	0:00	1.7
DNC	MAJSZCZYK PAULINA	740	HARDCOROWE WYCHYLILYBYMY		POL	W 25-29	DNC	DNC	02:54:39	02:54:47.25	02:54:48.80	0:00	1.7
DNC	ZIÓŁKOWSKA ALEKSANDRA	735	HARDCOROWE WYCHYLILYBYMY		POL	W 25-29	DNC	DNC	02:57:19	02:57:22.95	02:57:24.00	0:00	1.7
DNC	BREDIN ANNA OLSSON	730			SWE	W 25-29	DNC	DNC	03:00:01	03:00:08.45	03:00:10.10	0:00	1.7
DNC	МАКОРИНА ПОЛИНА	734			RUS	W 25-29	DNC	DNC	03:23:08	03:23:15.00	03:23:16.55	0:00	1.5
DNC	GARNUSZEK ANITA	729			POL	W 25-29	DNC	DNC	03:26:53	03:27:00.95	03:27:02.45	0:00	1.4
DNC	ZYWER URSZULA	717			POL	W 25-29	DNC	DNC	03:30:03	03:30:10.45	03:30:11.90	0:00	1.4
DNC	KUCZKOWSKA MARTA	718	WATAHA GRUPA TRENINGOWA		POL	W 25-29	DNC	DNC	03:33:15	03:33:21.75	03:33:22.75	0:00	1.4
DNC	RIPOLLÉS LLUNA SANZ	716			ESP	W 25-29	DNC	DNC	03:33:41	03:33:47.20	03:33:48.05	0:00	1.4
DNC	RITZLER ANNA	712	UNTERFRANKEN VIKINGS		GER	W 25-29	DNC	DNC	04:02:43	04:02:51.50	04:02:53.65	0:00	1.2
	ULRICH SUSANNE	720			NED	W 25-29			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, W 30-34**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	PEHTSERAVA TATSIANA	762			BLR	W 30-34	1	K 10	01:07:25	01:07:31.95	01:07:34.70	13:30	4.4
2	WOROBIEWA JEKATIERINA	773			POL	W 30-34	2	K 17	01:11:54	01:11:58.50	01:12:01.90	14:23	4.2
3	LUNDBERG SARA	764			SWE	W 30-34	3	K 25	01:23:16	01:23:21.45	01:23:25.35	16:40	3.6
4	SCHUTTRUPS MARGREET	772			NED	W 30-34	4	K 38	01:47:50	01:47:55.20	01:47:58.05	21:35	2.8
DNC	GREIBIG MICHAELA	753	OPFERCREW		GER	W 30-34	DNC	DNC	01:29:18	01:29:28.50	01:29:31.80	0:00	3.4
DNC	SCHLAEPFER TAMARA	743	THOR		SUI	W 30-34	DNC	DNC	01:36:08	01:36:17.95	01:36:21.95	0:00	3.1
DNC	LUNDIN ALEXANDRA	761			SWE	W 30-34	DNC	DNC	01:46:22	01:46:31.35	01:46:35.05	0:00	2.8
DNC	BATE CHARLOTTE	747				W 30-34	DNC	DNC	01:51:22	01:51:28.95	01:51:32.55	0:00	2.7
DNC	RYLKOVA KATERINA	757	OCRA CZ		CZE	W 30-34	DNC	DNC	01:51:44	01:51:51.65	01:51:51.65	0:00	2.7
DNC	JONES HOLLY	768				W 30-34	DNC	DNC	01:56:06	01:56:27.65	01:56:31.55	0:00	2.6
DNC	SCHREUDER MYRTE	766			NED	W 30-34	DNC	DNC	01:56:59	01:57:05.20	01:57:08.95	0:00	2.6
DNC	KASTSIUCHENKA VOLHA	752			BLR	W 30-34	DNC	DNC	02:00:02	02:00:09.40	02:00:13.05	0:00	2.5
DNC	FROLOVA POLINA	756			RUS	W 30-34	DNC	DNC	02:03:35	02:03:41.40	02:03:43.95	0:00	2.4
DNC	ÖLUND EMMA	749			FIN	W 30-34	DNC	DNC	02:05:17	02:05:24.25	02:05:27.55	0:00	2.4
DNC	KOLEGOWICZ KLAUDIA	759			POL	W 30-34	DNC	DNC	02:08:07	02:08:23.65	02:08:26.75	0:00	2.3
DNC	DUBROVINA NATALIA	744			RUS	W 30-34	DNC	DNC	02:09:14	02:09:24.75	02:09:27.20	0:00	2.3
DNC	WILKINSON BECCA	745	TEAM MACTUFF			W 30-34	DNC	DNC	02:21:07	02:21:15.55	02:21:19.15	0:00	2.1
DNC	NOWICKA JUSTYNA	775			POL	W 30-34	DNC	DNC	02:29:17	02:29:24.30	02:29:27.10	0:00	2
DNC	JOHANSSON ELLEN	767	TEAM KROPPSLABBET		SWE	W 30-34	DNC	DNC	02:29:56	02:30:01.35	02:30:04.65	0:00	2

**OCREC2019 - SHORT COURSE, W 30-34 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	HALLGREN MATILDA	769	TEAM KROPPSLABBET		SWE	W 30-34	DNC	DNC	02:29:56	02:30:01.15	02:30:04.75	0:00	2
DNC	HAGLUND CECILIA	774			SWE	W 30-34	DNC	DNC	02:32:47	02:33:02.90	02:33:06.85	0:00	2
DNC	MARTIN FLORE	750	OCR BELGIUM WALLONIA MEN		BEL	W 30-34	DNC	DNC	02:35:12	02:35:29.40	02:35:32.55	0:00	1.9
DNC	MARTIN LUCIE	751	OCR BELGIUM WALLONIA MEN		BEL	W 30-34	DNC	DNC	02:35:12	02:35:29.75	02:35:32.85	0:00	1.9
DNC	FRONTCZAK IZABELA	758			POL	W 30-34	DNC	DNC	02:41:22	02:41:30.40	02:41:33.70	0:00	1.9
DNC	KUZMYAK VASYLYNA	754			UKR	W 30-34	DNC	DNC	02:41:49	02:41:59.50	02:42:01.95	0:00	1.9
DNC	KIRKWOOD EMMA	760				W 30-34	DNC	DNC	02:43:18	02:43:24.40	02:43:27.85	0:00	1.8
DNC	KARPOVICH ALENA	748	VOLAT		BLR	W 30-34	DNC	DNC	02:51:18	02:51:26.75	02:51:30.45	0:00	1.7
DNC	VALERIA SHCHERBININA	755			RUS	W 30-34	DNC	DNC	02:59:36	02:59:47.30	02:59:51.50	0:00	1.7
DNC	NATALIIA MIKHAILOVA	771	GAZPROMBANK OCR TEAM		RUS	W 30-34	DNC	DNC	03:08:09	03:08:15.75	03:08:18.65	0:00	1.6
DNC	GARLACZ JUSTYNA	770			POL	W 30-34	DNC	DNC	03:11:53	03:12:00.70	03:12:04.30	0:00	1.6
DNC	GONZÁLEZ ANA DE MIGUEL	765			ESP	W 30-34	DNC	DNC	03:19:16	03:19:23.25	03:19:26.30	0:00	1.5
DNC	VERSEPECH ADÉLIE	746			FRA	W 30-34	DNC	DNC	03:25:58	03:26:15.45	03:26:19.05	0:00	1.5
DNC	GOFFIN ANNELEEN	776	OCR WAASLAND BELGIUM		BEL	W 30-34	DNC	DNC	03:36:39	03:36:57.35	03:37:00.65	0:00	1.4
DNC	HEIJKENSJÖLD FENJA	763			SWE	W 30-34	DNC	DNC	03:38:14	03:38:18.35	03:38:22.05	0:00	1.4

**OCREC2019 - SHORT COURSE, W 35-39**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	LARSSON MADELEINE	792	TEAM SOLID SWEDEN		SWE	W 35-39	1	K 8	01:05:23	01:05:29.15	01:05:30.95	13:05	4.6
2	RAMOS PAULA ESTEIRO	784			ESP	W 35-39	2	K 12	01:10:09	01:10:15.25	01:10:17.40	14:03	4.3
DNC	RAMPIROVÁ PETRA	789			CZE	W 35-39	DNC	DNC	01:56:38	01:56:46.20	01:56:48.55	0:00	2.6
DNC	RANNIKKO EMMY	781	KFUM UPPSALA SURVIVAL		SWE	W 35-39	DNC	DNC	02:02:26	02:02:36.85	02:02:39.90	0:00	2.4
DNC	GOLISCH NINA	791	HERAKLIDEN-TEAM DEUTSCHLAND		GER	W 35-39	DNC	DNC	02:09:47	02:09:58.45	02:10:00.85	0:00	2.3
DNC	BARKSKOG CARITHA	793	TEAMTOUGHHRACESWEDEN		SWE	W 35-39	DNC	DNC	02:12:12	02:12:19.45	02:12:22.60	0:00	2.3
DNC	BOZIC SARAH	782	OCR-PACEMAKERS		GER	W 35-39	DNC	DNC	02:13:54	02:14:02.05	02:14:05.00	0:00	2.2
DNC	DITTMANN KERSTIN	790	URBANRUNNING		GER	W 35-39	DNC	DNC	02:17:52	02:17:58.80	02:18:01.25	0:00	2.2
DNC	OLEKSIUK LIUDMYLA	780			UKR	W 35-39	DNC	DNC	02:25:25	02:25:38.40	02:25:40.50	0:00	2.1
DNC	ROSSER CLAIRE	783	THE ELEMENTS ELITE			W 35-39	DNC	DNC	02:28:18	02:28:24.15	02:28:26.70	0:00	2
DNC	JOYCE KATIE	796				W 35-39	DNC	DNC	02:28:18	02:28:24.80	02:28:27.05	0:00	2
DNC	DONALD LEE	779	TEAM LDPT			W 35-39	DNC	DNC	02:29:58	02:30:07.00	02:30:08.85	0:00	2
DNC	EGNER TORIL	786			NOR	W 35-39	DNC	DNC	02:42:02	02:42:10.40	02:42:12.55	0:00	1.8
DNC	ELENA GALUSHKINA	788			RUS	W 35-39	DNC	DNC	02:44:34	02:44:48.15	02:44:50.50	0:00	1.8
DNC	ŽAK ELŽBIETA	785	BEFIT24TEAM		POL	W 35-39	DNC	DNC	02:51:38	02:51:45.35	02:51:48.55	0:00	1.7
DNC	MARIYA NOVOSELSKAYA	797	GAZPROMBANK OCR TEAM		RUS	W 35-39	DNC	DNC	02:53:08	02:53:15.20	02:53:17.65	0:00	1.7
DNC	RACZYŃSKA ANKA	795	BALTIC SEALS		POL	W 35-39	DNC	DNC	02:53:24	02:53:42.90	02:53:45.60	0:00	1.7
DNC	SHEPPARD ALISON	801				W 35-39	DNC	DNC	02:57:33	02:57:41.65	02:57:43.75	0:00	1.7
DNC	OLENINA ELENA	798			ESP	W 35-39	DNC	DNC	02:58:51	02:58:57.35	02:58:59.45	0:00	1.7
DNC	RATCLIFFE HEATHER	794				W 35-39	DNC	DNC	03:00:12	03:00:19.90	03:00:22.15	0:00	1.7
DNC	SZWARC JAGODA	787			POL	W 35-39	DNC	DNC	03:00:46	03:01:03.20	03:01:05.65	0:00	1.7
DNC	SIŃCZUK PATRYCJA	800			POL	W 35-39	DNC	DNC	03:08:09	03:08:17.45	03:08:20.40	37:39	1.6
DNC	DADELEWSKA JOANNA	799	PIĘKNI I BESTIE		POL	W 35-39	DNC	DNC	03:25:36	03:26:14.20	03:26:17.65	0:00	1.5

**OCREC2019 - SHORT COURSE, W 40-44**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	BABUŠKOVÁ STANISLAVA	806			CZE	W 40-44	1	K 5	00:59:08	00:59:12.80	00:59:15.75	11:50	5.1
2	VRIES LISAN DE	811	FAMILYFIT OCR TEAM		NED	W 40-44	2	K 15	01:10:38	01:10:43.20	01:10:46.00	14:08	4.2
3	LINDSGREN CHRISTINA	803			DEN	W 40-44	3	K 16	01:11:40	01:11:45.45	01:11:48.20	14:21	4.2
4	SPÅNG MALIN	815			SWE	W 40-44	4	K 44	02:01:59	02:02:07.50	02:02:10.65	24:25	2.5
5	BJERRE SECILIE VICKTORIA	814			DEN	W 40-44	5	K 58	02:25:07	02:25:13.00	02:25:15.85	29:02	2.1
6	HEYWOOD LAURA	810	TEAM OMRM			W 40-44	6	K 59	02:27:13	02:27:17.50	02:27:20.30	29:27	2
7	KALINOWSKA WIOLETTA	817	BEST BEASTS		POL	W 40-44	7	K 60	02:51:26	02:51:33.85	02:51:37.15	34:18	1.7
8	DIJK SANDRA VAN	808	HANG ON THE NETHERLANDS		NED	W 40-44	8	K 61	03:25:01	03:25:06.80	03:25:09.70	41:01	1.5



**OCREC2019 - SHORT COURSE, W 40-44 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	JOHANSSON MALIN	805	OCR ELITE APPAREL		SWE	W 40-44	DNC	DNC	02:26:18	02:26:26.40	02:26:29.05	0:00	2
DNC	LEŚNIAK DOROTA	809	DIRTY SPARROWS		POL	W 40-44	DNC	DNC	02:40:57	02:41:04.90	02:41:08.20	0:00	1.9
DNC	GOODWIN RUTH	812				W 40-44	DNC	DNC	02:42:33	02:42:40.85	02:42:43.65	0:00	1.8
DNC	DAVIS HELEN	802			GBR	W 40-44	DNC	DNC	02:51:24	02:51:31.15	02:51:34.70	0:00	1.7
DNC	MARKSTEDT ANNA-LEE	819			SWE	W 40-44	DNC	DNC	02:51:54	02:52:00.55	02:52:03.10	0:00	1.7
DNC	KIND PIA	807			SWE	W 40-44	DNC	DNC	02:55:34	02:55:47.00	02:55:50.05	0:00	1.7
DNC	KARLSSON GUNILLA	813			SWE	W 40-44	DNC	DNC	02:57:53	02:58:01.05	02:58:04.35	0:00	1.7
DNC	THAYSEN SUSANNE	818			SWE	W 40-44	DNC	DNC	03:17:40	03:17:47.40	03:17:50.75	0:00	1.5
	POZNYAK TATIANA	816	GAZPROMBANK OCR TEAM		RUS	W 40-44			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, W 45-49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	HEIBØ GUNN ELIN	905			NOR	W 45-49	DNC	DNC	01:23:43	01:23:50.40	01:23:54.45	0:00	3.6
DNC	GRANT JANE	904				W 45-49	DNC	DNC	01:41:14	01:41:21.10	01:41:24.30	0:00	3
DNC	SAMOW CORINNA	907	URBANRUNNING		GER	W 45-49	DNC	DNC	01:56:36	01:56:42.75	01:56:46.25	0:00	2.6
DNC	KOVALEFF LENA	906			SWE	W 45-49	DNC	DNC	02:04:55	02:05:03.40	02:05:07.10	0:00	2.4
DNC	LEE MIKAELA	902	SPORTS CLUB OCR SWEDEN		SWE	W 45-49	DNC	DNC	02:14:24	02:14:32.85	02:14:37.15	0:00	2.2
DNC	WRIGHT SALLY	901				W 45-49	DNC	DNC	02:18:56	02:19:03.15	02:19:07.05	0:00	2.2
DNC	SPIJKER DAYEN	903			NED	W 45-49	DNC	DNC	02:24:39	02:24:46.65	02:24:49.55	0:00	2.1

**OCREC2019 - SHORT COURSE, W 50-54**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	COHEN REBECCA	910				W 50-54	DNC	DNC	01:56:31	01:56:39.20	01:56:43.50	0:00	2.6
DNC	VIRTANEN MAGGIE	912			POL	W 50-54	DNC	DNC	02:11:49	02:11:59.30	02:12:03.30	0:00	2.3

**OCREC2019 - SHORT COURSE, W 55+**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	NATALIA BONDARENKO	913			UKR	W 55+	DNC	DNC	02:01:54	02:02:03.25	02:02:07.45	0:00	2.5
DNC	OLESEN CHRISTINA	914			SWE	W 55+	DNC	DNC	02:34:21	02:34:28.50	02:34:33.10	0:00	1.9

**OCREC2019 - SHORT COURSE, W Elite**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KARLSSON KARIN	115			SWE	W ELITE	1	K 1	00:51:20	00:51:24.85	00:51:26.35	10:17	5.8
2	CHRISTENSEN KATJA	80			DEN	W ELITE	2	K 2	00:51:35	00:51:40.05	00:51:41.55	10:20	5.8
3	EVENSEN ULRIKKE	104			DEN	W ELITE	3	K 3	00:52:42	00:52:48.10	00:52:49.70	10:33	5.7
4	JANSEN CORIEN	82	FAMILY FIT INDOOR SURVIVAL		NED	W ELITE	4	K 4	00:57:53	00:57:57.70	00:58:00.00	11:35	5.2
5	GROOT BO DE	100			NED	W ELITE	5	K 6	01:01:48	01:01:53.85	01:01:55.90	12:22	4.8
6	HÄRKÖNEN ELIN	110			SWE	W ELITE	6	K 7	01:03:33	01:03:37.50	01:03:39.00	12:43	4.7
7	MIRA LORENA GONZÁLEZ	101			ESP	W ELITE	7	K 9	01:06:40	01:06:44.80	01:06:46.55	13:21	4.5
8	MIKHINA ANASTASIA	85			RUS	W ELITE	8	K 11	01:09:20	01:09:24.15	01:09:25.50	13:52	4.3
9	GARNIER ANOUK	111			FRA	W ELITE	9	K 13	01:10:28	01:10:32.65	01:10:34.15	14:06	4.3
10	STEENSGAARD IDA MATHILDE	92			DEN	W ELITE	10	K 14	01:10:37	01:10:41.75	01:10:43.65	14:08	4.2
11	RIECHERT VIOLA	81	MUD MONKEYS OCR TEAM		GER	W ELITE	11	K 19	01:13:47	01:13:51.65	01:13:53.25	14:46	4.1
12	HŮRKOVÁ KRISTÝNA	114			CZE	W ELITE	12	K 27	01:26:20	01:26:25.90	01:26:27.70	17:17	3.5
13	KŮNIGOVÁ LUCIE	90			CZE	W ELITE	13	K 28	01:28:19	01:28:25.05	01:28:27.15	17:41	3.4
14	WIELECHOWSKA NATALIA	112			POL	W ELITE	14	K 30	01:28:27	01:29:28.30	01:29:30.20	17:53	3.4
15	PISARCZYK KAROLINA	89			POL	W ELITE	15	K 31	01:32:38	01:32:42.35	01:32:44.95	18:32	3.2

**OCREC2019 - SHORT COURSE, W Elite c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
16	MARIA SMYSHLYAEVA	84			RUS	W ELITE	16	K 32	01:33:07	01:33:13.35	01:33:14.90	18:38	3.2
17	RIBOUD CAMILLE	106	TR1BE OCR TEAM		FRA	W ELITE	17	K 49	02:12:26	02:12:32.90	02:12:34.55	26:30	2.3
DNC	SOLAKIEWICZ ANNA	91	BEFIT24TEAM-SPIDERWOMENTEAM		POL	W ELITE	DNC	DNC	01:36:26	01:36:34.30	01:36:36.20	0:00	3.1
DNC	HENNEKEN CLAUDIA MARIA	88			GER	W ELITE	DNC	DNC	01:51:34	01:51:41.00	01:51:42.65	0:00	2.7
DNC	STILLWELL KATE	86			W	ELITE	DNC	DNC	02:15:32	02:15:38.90	02:15:41.05	0:00	2.2
DNC	ŻUKOWSKA ANIELA	113			POL	W ELITE	DNC	DNC	02:19:57	02:20:05.90	02:20:08.75	0:00	2.1
DNC	BERQUEZ ANDREA	116	TEAM OMRM			W ELITE	DNC	DNC	02:21:51	02:21:59.85	02:22:00.95	0:00	2.1
DNC	WYSŁUCH IZA	95			POL	W ELITE	DNC	DNC	02:23:17	02:23:25.20	02:23:27.25	0:00	2.1
DNC	GABELGAARD TANJA	102			DEN	W ELITE	DNC	DNC	02:23:45	02:23:55.40	02:23:57.80	0:00	2.1
DNC	KOŁCZYŃ MAGDALENA	93			POL	W ELITE	DNC	DNC	02:23:49	02:23:57.95	02:24:00.65	0:00	2.1
DNC	SCHEJBALOVÁ TEREZA	118			CZE	W ELITE	DNC	DNC	02:31:24	02:31:32.95	02:31:34.00	0:00	2
DNC	JOHANNESSEN ANNE MARIE	87			NOR	W ELITE	DNC	DNC	02:32:06	02:32:11.00	02:32:12.90	0:00	2
DNC	GRIGALIONYTĖ DONATA	107			LTU	W ELITE	DNC	DNC	02:32:05	02:32:10.95	02:32:12.95	0:00	2
DNC	THORKILDSEN EVY MARIE	94			NOR	W ELITE	DNC	DNC	02:32:06	02:32:11.15	02:32:12.95	0:00	2
DNC	CHMIELORZ DONATA	103			POL	W ELITE	DNC	DNC	02:32:26	02:32:34.50	02:32:37.40	0:00	2
DNC	GALTIER MURIEL	99			FRA	W ELITE	DNC	DNC	02:32:59	02:33:08.80	02:33:10.70	0:00	2
DNC	KURAS BEATA	98	XRUNNERS		POL	W ELITE	DNC	DNC	03:00:27	03:00:35.45	03:00:37.80	0:00	1.7
DNC	MYALSKA KATARZYNA	79	DO PORZYGU OCR TEAM		POL	W ELITE	DNC	DNC	03:05:35	03:05:45.50	03:05:47.85	0:00	1.6
DNC	STEJSKALOVÁ BARBORA	96			CZE	W ELITE	DNC	DNC	03:08:46	03:09:04.10	03:09:05.60	0:00	1.6
DNC	GREC KLAUDIA	117	HUSARIA RACE TEAM		POL	W ELITE	DNC	DNC	03:10:28	03:10:34.30	03:10:37.25	0:00	1.6
DNC	BEORLEGI IRATI	109	DENONTZAT		ESP	W ELITE	DNC	DNC	03:20:43	03:20:51.55	03:20:53.90	0:00	1.5
DNC	HOZ ISABEL DE LA	97	BRAVE BULLS		ESP	W ELITE	DNC	DNC	03:29:07	03:29:14.85	03:29:17.25	0:00	1.4
	BARANOWSKA KATARZYNA	105	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	W ELITE			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, W Journeyman**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KUZMENKO IRINA	978			RUS	W JOURNEYMAN	1	K 26	01:24:54	01:25:00.90	01:25:03.45	17:00	3.5
2	WYSOCKA KLAUDIA	997	CARBON OCR RACING TEAM		POL	W JOURNEYMAN	2	K 33	01:35:30	01:35:37.80	01:35:40.35	19:07	3.1
3	KOXAHЧYK AHACTACИЯ	995			UKR	W JOURNEYMAN	3	K 34	01:35:55	01:36:03.25	01:36:05.60	19:12	3.1
4	NIELSEN LINDA	986			DEN	W JOURNEYMAN	4	K 36	01:43:43	01:43:50.10	01:43:53.05	20:46	2.9
5	ALISA IMAMOVA	985			RUS	W JOURNEYMAN	5	K 37	01:44:36	01:44:44.35	01:44:46.95	20:56	2.9
6	CASADO NIEVES	996			ESP	W JOURNEYMAN	6	K 39	01:52:25	01:52:32.55	01:52:35.55	22:30	2.7
7	SRNSKÁ PETRA	994			CZE	W JOURNEYMAN	7	K 41	01:54:55	01:55:04.30	01:55:08.35	23:00	2.6
8	CHRISTENSEN UNNI MARIE	980	ACHIEVERS MST		NOR	W JOURNEYMAN	8	K 42	02:01:11	02:01:17.95	02:01:21.70	24:15	2.5
9	POLETTI ANGELA	989			ITA	W JOURNEYMAN	9	K 43	02:01:51	02:02:00.20	02:02:02.80	24:24	2.5
10	KARLSSON LINE	976			DEN	W JOURNEYMAN	10	K 45	02:03:31	02:03:39.85	02:03:43.15	24:44	2.4
11	DITLEV DITTE B.	981			DEN	W JOURNEYMAN	11	K 46	02:03:31	02:03:39.95	02:03:43.55	24:44	2.4
12	PODBIELSKA GOSIA	987	EXTREME WARRIOR PARK		POL	W JOURNEYMAN	12	K 47	02:08:12	02:08:20.15	02:08:24.55	25:40	2.3
13	ANTONINA	984			RUS	W JOURNEYMAN	13	K 48	02:08:36	02:08:44.80	02:08:47.95	25:44	2.3
14	DRZEWOWSKA MARLENA	993	TREE CREW		POL	W JOURNEYMAN	14	K 50	02:15:10	02:15:40.95	02:15:43.50	27:08	2.2
15	RYBAK PAULINA	988			POL	W JOURNEYMAN	15	K 51	02:15:27	02:15:41.40	02:15:43.70	27:08	2.2
16	SØRENSEN SARA	991			DEN	W JOURNEYMAN	16	K 52	02:16:40	02:16:47.45	02:16:51.15	27:21	2.2
17	NIELSEN HEIDI HØJGAARD	992			DEN	W JOURNEYMAN	17	K 53	02:16:40	02:16:47.60	02:16:51.30	27:21	2.2
18	SOLVANG SOLVEIG	990			NOR	W JOURNEYMAN	18	K 54	02:17:01	02:17:09.40	02:17:13.40	27:25	2.2
19	RONDE NAOMI DE	983			NED	W JOURNEYMAN	19	K 56	02:19:16	02:19:20.65	02:19:22.95	27:52	2.2
20	NIELSEN CECILIE JULIUS	979	OCRHOLSTEBRO		DEN	W JOURNEYMAN	20	K 57	02:19:34	02:19:41.75	02:19:44.30	27:56	2.1

**OCREC2019 - SHORT COURSE, 12:00**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KOFOED LEON	1	TEAM REBORN OCR		DEN	M ELITE	1	M 3	00:41:23	00:41:25.55	00:41:27.00	8:17	7.2
2	SILIN SERGEY	8	RUSSIA FOSR		RUS	M ELITE	2	M 4	00:41:36	00:41:39.80	00:41:41.00	8:20	7.2

**OCREC2019 - SHORT COURSE, 12:00 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
3	HAJNOS DAWID	9	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M ELITE	3	M 10	00:45:02	00:45:05.35	00:45:07.00	9:01	6.7
4	SHERETOV EUGENE	11			UKR	M ELITE	4	M 14	00:46:47	00:46:50.70	00:46:52.00	9:22	6.4
5	HEER JESSE DE	13	HANG ON THE NETHERLANDS		NED	M ELITE	5	M 18	00:47:40	00:47:43.95	00:47:45.00	9:32	6.3
6	NOVÁK LUKÁŠ	33			CZE	M ELITE	6	M 19	00:47:42	00:47:45.70	00:47:47.00	9:33	6.3
7	SCHÄFER MARTIN	21	OCR-PACEMAKERS GERMANY		GER	M ELITE	7	M 20	00:47:43	00:47:45.70	00:47:47.20	9:33	6.3
8	KREJCI PAVEL	4			CZE	M ELITE	8	M 21	00:47:42	00:47:46.35	00:47:47.35	9:33	6.3
9	MENDES AXEL	36	ASTAXIN		SWE	M ELITE	9	M 22	00:47:44	00:47:47.45	00:47:50.00	9:33	6.3
10	CAPARROS NATHAN	14			FRA	M ELITE	12	M 32	00:49:25	00:49:30.45	00:49:32.15	9:54	6.1
11	BANDOSZ ROBERT	18	ADRENALINE RUSH OCR		POL	M ELITE	14	M 42	00:51:01	00:51:06.85	00:51:07.45	10:13	5.9
12	ПЕРМЯКОВ ИГОРЬ	34	OCR RUSSIA 2		RUS	M ELITE	16	M 46	00:51:24	00:51:29.00	00:51:30.25	10:17	5.8
13	ДЕГТЯРЕВ ИВАН	22			RUS	M ELITE	17	M 54	00:52:28	00:52:34.05	00:52:34.75	10:30	5.7
14	BARBE LLUIS	2	OLLU WOLF		ESP	M ELITE	19	M 57	00:52:55	00:53:00.75	00:53:01.75	10:36	5.7
15	WAŃCZYK ŁUKASZ	17			POL	M ELITE	20	M 60	00:53:05	00:53:10.35	00:53:11.85	10:38	5.6
16	WOJTYSZYN WOJCIECH	24	XRUNNERS		POL	M ELITE	22	M 63	00:53:26	00:53:33.70	00:53:33.70	10:42	5.6
17	OOSTEROM FRANK	12			NED	M ELITE	25	M 66	00:54:02	00:54:07.00	00:54:07.90	10:49	5.5
18	PRUDÊNCIO GONÇALO	27	TEAM URBAN OBSTACLES		POR	M ELITE	29	M 76	00:55:20	00:55:25.15	00:55:26.05	11:05	5.4
19	OLKHOVSKII DMITRI	35	RUSSIA		RUS	M ELITE	30	M 86	00:55:58	00:56:03.35	00:56:05.05	11:12	5.4
20	PAVEL KOCHERYGIN	29			RUS	M ELITE	33	M 89	00:56:17	00:56:21.25	00:56:22.75	11:16	5.3
21	BETTS JESSE	25				M ELITE	35	M 91	00:56:32	00:56:40.00	00:56:41.15	11:20	5.3
22	GONZÁLEZ MIGUEL PINTO	20	OCR COMANDO DEL NORTE OSCAR FERNANDEZ		ESP	M ELITE	36	M 93	00:56:44	00:56:49.60	00:56:51.00	11:22	5.3
23	DRAGSTED ANDREAS	19	EVOLUTIONRACE		DEN	M ELITE	42	M 121	01:00:02	01:00:08.35	01:00:10.45	12:01	5
24	TROIAN MAKAR	23			UKR	M ELITE	43	M 123	01:00:24	01:00:27.45	01:00:29.15	12:05	5
25	HARBUNOU IHAR	6			BLR	M ELITE	44	M 126	01:00:50	01:00:55.80	01:00:56.65	12:11	4.9
26	OSHKIN EGOR	31			RUS	M ELITE	45	M 128	01:01:02	01:01:08.75	01:01:09.55	12:13	4.9
27	ECHVERRIA ASIER LANDART	30	DENONTZAT		ESP	M ELITE	49	M 163	01:09:20	01:09:26.50	01:09:27.35	13:53	4.3
DNC	KAŁOL KACPER	16	BIEGOWY_SWIR		POL	M ELITE	DNC	DNC	00:53:31	00:53:37.70	00:53:38.25	0:00	5.6
DNC	TOCHKA ARTSIOM	7			BLR	M ELITE	DNC	DNC	00:54:25	00:54:32.45	00:54:33.85	0:00	5.5
DNC	СУЗДАЛЕВ АНТОН	15	OCR ACADEMY		RUS	M ELITE	DNC	DNC	01:01:43	01:01:55.05	01:01:56.10	0:00	4.8
DNC	ARZADUN JOSE MARIA PESO	28	DENONTZAT		ESP	M ELITE	DNC	DNC	01:23:17	01:23:27.00	01:23:28.20	0:00	3.6
DNC	RAKHIMBAYEV ALMAS	32			KAZ	M ELITE	DNC	DNC	02:27:03	02:27:14.10	02:27:15.10	0:00	2
DNC	JAKOUBEK JAKUB	37	REHASPORT TEAM		CZE	M ELITE	DNC	DNC	03:04:34	03:04:45.75	03:04:47.20	0:00	1.6
	OŚLIŹŁO TOMASZ	3	HUSARIA RACE TEAM		POL	M ELITE			DNF	DNF	DNF	-	-
	GRAUTE MATTHIAS	10			GER	M ELITE			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 12:05**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	NORDVANG TOMMY KVAKKESTAD	64	TEAM OCR NORWAY		NOR	M ELITE	10	M 23	00:47:45	00:47:52.45	00:47:54.85	9:34	6.3
2	TARKA ANDRZEJ	45			POL	M ELITE	11	M 30	00:49:12	00:49:17.55	00:49:19.70	9:51	6.1
3	KOWALCZYK DAWID	44			POL	M ELITE	13	M 39	00:50:27	00:50:32.95	00:50:34.85	10:06	5.9
4	JANSSON THOMAS	47	TEAM FIT		SWE	M ELITE	15	M 45	00:51:14	00:51:19.90	00:51:22.40	10:16	5.8
5	REN EMIL FRIIS	50	EVOLUTIONRACE		DEN	M ELITE	18	M 55	00:52:43	00:52:46.50	00:52:49.10	10:33	5.7
6	BELOV ARTUR	70			RUS	M ELITE	21	M 61	00:53:13	00:53:19.25	00:53:21.40	10:39	5.6
7	GRZONDKO MATEUSZ	42			POL	M ELITE	23	M 64	00:53:56	00:54:00.25	00:54:03.35	10:48	5.6
8	VOROBOK TOMÁŠ	52			CZE	M ELITE	24	M 65	00:53:57	00:54:01.00	00:54:03.50	10:48	5.6
9	KALININ JAROSŁAW	43	XRUNNERS		POL	M ELITE	26	M 70	00:54:32	00:54:35.85	00:54:38.25	10:55	5.5
10	RUMMEL ALEXANDER	67			GER	M ELITE	27	M 72	00:54:58	00:55:04.05	00:55:06.20	11:00	5.4
11	GAZUREK KACPER	40			POL	M ELITE	28	M 73	00:55:00	00:55:03.90	00:55:06.60	11:00	5.4
12	EPMAKOB AHTOH	71	39RUS		RUS	M ELITE	31	M 87	00:56:09	00:56:13.85	00:56:15.85	11:14	5.3
13	SCHUH MARTIN	61	UNION DIRTRUN.COMPANY		AUT	M ELITE	32	M 88	00:56:12	00:56:15.80	00:56:18.75	11:15	5.3
14	MÓRAWSKI MIESZKO	41			POL	M ELITE	34	M 90	00:56:17	00:56:22.20	00:56:24.50	11:16	5.3
15	MILLAN DANIEL OSMÁ	69	BRAVE BULLS		ESP	M ELITE	37	M 94	00:56:55	00:56:58.40	00:57:00.20	11:23	5.3
16	DAVID SEBASTIEN	53	ELANCIA		FRA	M ELITE	38	M 102	00:57:21	00:57:25.10	00:57:27.25	11:29	5.2
17	OLEXANDR TARSUKOV	56			UKR	M ELITE	39	M 104	00:57:26	00:57:59.05	00:58:00.50	11:35	5.2

**OCREC2019 - SHORT COURSE, 12:05 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
18	DOMÍNGUEZ EDUARDO DÍAZ	66	LEYENDAS OCR BY XFORCE		ESP	M ELITE	40	M 117	00:59:33	00:59:36.20	00:59:38.00	11:55	5
19	ARZADUN IMANOL PESO	72	DENONTZAT		ESP	M ELITE	41	M 120	00:59:54	00:59:59.25	01:00:01.15	12:00	5
20	SABIROV ZHANSEK	76			KAZ	M ELITE	46	M 132	01:01:27	01:01:32.85	01:01:34.45	12:18	4.9
21	HANDLER CHRISTIAN	57			AUT	M ELITE	47	M 133	01:01:30	01:01:37.50	01:01:39.60	12:19	4.9
22	REZNIK ANTON	54	RUSSIA		RUS	M ELITE	48	M 152	01:05:59	01:06:04.10	01:06:06.20	13:12	4.5
23	HOWARD JOHN	51				M ELITE	50	M 181	01:12:51	01:12:56.95	01:13:00.25	14:35	4.1
24	MONZON IMRE	49			NED	M ELITE	51	M 184	01:13:30	01:13:35.85	01:13:35.85	14:43	4.1
25	MICHEL JÉRÉMY	62			FRA	M ELITE	52	M 188	01:14:47	01:14:51.95	01:14:53.95	14:58	4
26	ГОВОРОВ АНДРЕЙ	58			RUS	M ELITE	53	M 189	01:14:50	01:14:55.35	01:14:57.35	14:59	4
27	SIMLER JIŘÍ	55	GLADIATORS CZECH		CZE	M ELITE	54	M 210	01:19:12	01:19:18.60	01:19:21.10	15:51	3.8
28	SULTANOV SHAMIL	74			RUS	M ELITE	55	M 301	01:42:15	01:42:20.45	01:42:22.75	20:28	2.9
DNC	ADOLFSEN KRISTOFFER	48			NOR	M ELITE	DNC	DNC	01:31:33	01:31:42.25	01:31:44.65	0:00	3.3
DNC	KUDYMETYS MAKSYM	68			UKR	M ELITE	DNC	DNC	01:52:37	01:52:44.50	01:52:46.50	0:00	2.7
DNC	ROMANOV SEMEN	65	RUSSIA		RUS	M ELITE	DNC	DNC	02:01:02	02:01:11.90	02:01:13.40	0:00	2.5
DNC	TIMUR	75			KAZ	M ELITE	DNC	DNC	02:07:49	02:07:56.75	02:07:58.30	0:00	2.3
DNC	BOCCON ALEXANDRE	60	OCR FRANCE		FRA	M ELITE	DNC	DNC	02:10:15	02:10:34.30	02:10:36.15	0:00	2.3
DNC	TOJAR LUIS MARTIN	63	LEYENDAS OCR BY XFORCE		ESP	M ELITE	DNC	DNC	02:27:02	02:27:21.25	02:27:23.15	0:00	2
DNC	SALUSTE CARRY	46			EST	M ELITE	DNC	DNC	02:41:12	02:41:21.35	02:41:24.05	0:00	1.9
	WITT ANDRÉ	73			SWE	M ELITE			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 12:15**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KARLSSON KARIN	115			SWE	W ELITE	1	K 1	00:51:20	00:51:24.85	00:51:26.35	10:17	5.8
2	CHRISTENSEN KATJA	80			DEN	W ELITE	2	K 2	00:51:35	00:51:40.05	00:51:41.55	10:20	5.8
3	EVENSEN ULRIKKE	104			DEN	W ELITE	3	K 3	00:52:42	00:52:48.10	00:52:49.70	10:33	5.7
4	JANSEN CORIEN	82	FAMILY FIT INDOOR SURVIVAL		NED	W ELITE	4	K 4	00:57:53	00:57:57.70	00:58:00.00	11:35	5.2
5	GROOT BO DE	100			NED	W ELITE	5	K 6	01:01:48	01:01:53.85	01:01:55.90	12:22	4.8
6	HÄRKÖNEN ELIN	110			SWE	W ELITE	6	K 7	01:03:33	01:03:37.50	01:03:39.00	12:43	4.7
7	MIRA LORENA GONZÁLEZ	101			ESP	W ELITE	7	K 9	01:06:40	01:06:44.80	01:06:46.55	13:21	4.5
8	MIKHINA ANASTASIA	85			RUS	W ELITE	8	K 11	01:09:20	01:09:24.15	01:09:25.50	13:52	4.3
9	GARNIER ANOUK	111			FRA	W ELITE	9	K 13	01:10:28	01:10:32.65	01:10:34.15	14:06	4.3
10	STEENSGAARD IDA MATHILDE	92			DEN	W ELITE	10	K 14	01:10:37	01:10:41.75	01:10:43.65	14:08	4.2
11	RIECHERT VIOLA	81	MUD MONKEYS OCR TEAM		GER	W ELITE	11	K 19	01:13:47	01:13:51.65	01:13:53.25	14:46	4.1
12	HŮRKOVÁ KRISTÝNA	114			CZE	W ELITE	12	K 27	01:26:20	01:26:25.90	01:26:27.70	17:17	3.5
13	KÖNIGOVÁ LUCIE	90			CZE	W ELITE	13	K 28	01:28:19	01:28:25.05	01:28:27.15	17:41	3.4
14	WIELECHOWSKA NATALIA	112			POL	W ELITE	14	K 30	01:28:27	01:29:28.30	01:29:30.20	17:53	3.4
15	PISARCZYK KAROLINA	89			POL	W ELITE	15	K 31	01:32:38	01:32:42.35	01:32:44.95	18:32	3.2
16	MARIA SMYSHLYAEVA	84			RUS	W ELITE	16	K 32	01:33:07	01:33:13.35	01:33:14.90	18:38	3.2
17	RIBOUD CAMILLE	106	TR1BE OCR TEAM		FRA	W ELITE	17	K 49	02:12:26	02:12:32.90	02:12:34.55	26:30	2.3
DNC	SOLAKIEWICZ ANNA	91	BEFIT24TEAM-SPIDERWOMENTTEAM		POL	W ELITE	DNC	DNC	01:36:26	01:36:34.30	01:36:36.20	0:00	3.1
DNC	HENNEKEN CLAUDIA MARIA	88			GER	W ELITE	DNC	DNC	01:51:34	01:51:41.00	01:51:42.65	0:00	2.7
DNC	STILLWELL KATE	86				W ELITE	DNC	DNC	02:15:32	02:15:38.90	02:15:41.05	0:00	2.2
DNC	ŻUKOWSKA ANIELA	113			POL	W ELITE	DNC	DNC	02:19:57	02:20:05.90	02:20:08.75	0:00	2.1
DNC	BERQUEZ ANDREA	116	TEAM OMRM			W ELITE	DNC	DNC	02:21:51	02:21:59.85	02:22:00.95	0:00	2.1
DNC	WYSŁUCH IZA	95			POL	W ELITE	DNC	DNC	02:23:17	02:23:25.20	02:23:27.25	0:00	2.1
DNC	GABELGAARD TANJA	102			DEN	W ELITE	DNC	DNC	02:23:45	02:23:55.40	02:23:57.80	0:00	2.1
DNC	KOŁCZYŃ MAGDALENA	93			POL	W ELITE	DNC	DNC	02:23:49	02:23:57.95	02:24:00.65	0:00	2.1
DNC	SCHEJBALOVÁ TEREZA	118			CZE	W ELITE	DNC	DNC	02:31:24	02:31:32.95	02:31:34.00	0:00	2
DNC	JOHANNESSEN ANNE MARIE	87			NOR	W ELITE	DNC	DNC	02:32:06	02:32:11.00	02:32:12.90	0:00	2
DNC	GRIGALIONYTÉ DONATA	107			LTU	W ELITE	DNC	DNC	02:32:05	02:32:10.95	02:32:12.95	0:00	2
DNC	THORKILDSEN EVY MARIE	94			NOR	W ELITE	DNC	DNC	02:32:06	02:32:11.15	02:32:12.95	0:00	2
DNC	CHMIELORZ DONATA	103			POL	W ELITE	DNC	DNC	02:32:26	02:32:34.50	02:32:37.40	0:00	2
DNC	GALTIER MURIEL	99			FRA	W ELITE	DNC	DNC	02:32:59	02:33:08.80	02:33:10.70	0:00	2
DNC	KURAS BEATA	98	XRUNNERS		POL	W ELITE	DNC	DNC	03:00:27	03:00:35.45	03:00:37.80	0:00	1.7
DNC	MYALSKA KATARZYNA	79	DO PORZYGU OCR TEAM		POL	W ELITE	DNC	DNC	03:05:35	03:05:45.50	03:05:47.85	0:00	1.6

**OCREC2019 - SHORT COURSE, 12:15 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	STEJSKALOVÁ BARBORA	96			CZE	W ELITE	DNC	DNC	03:08:46	03:09:04.10	03:09:05.60	0:00	1.6
DNC	GREC KLAUDIA	117	HUSARIA RACE TEAM		POL	W ELITE	DNC	DNC	03:10:28	03:10:34.30	03:10:37.25	0:00	1.6
DNC	BEORLEGI IRATI	109	DENONTZAT		ESP	W ELITE	DNC	DNC	03:20:43	03:20:51.55	03:20:53.90	0:00	1.5
DNC	HOZ ISABEL DE LA	97	BRAVE BULLS		ESP	W ELITE	DNC	DNC	03:29:07	03:29:14.85	03:29:17.25	0:00	1.4
	BARANOWSKA KATARZYNA	105	GORAĆY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	W ELITE			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 13:00**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KASPRZYK SEBASTIAN	125			POL	M 18-24	1	M 2	00:40:50	00:40:53.65	00:40:53.65	8:10	7.3
2	MORI RICCARDO	144			ITA	M 18-24	2	M 5	00:42:50	00:42:54.60	00:42:54.65	8:34	7
3	WILK SYLWESTER	120			POL	M 18-24	3	M 8	00:43:34	00:43:39.60	00:43:39.60	8:43	6.9
4	STENBECK FREDRIK	142			SWE	M 18-24	4	M 9	00:44:39	00:44:42.80	00:44:43.15	8:56	6.7
5	ALVES DUARTE	147	OCR PORTUGAL LAB		POR	M 18-24	5	M 15	00:47:16	00:47:21.10	00:47:21.35	9:28	6.3
6	ŚWIĘTEK BARTOSZ	123			POL	M 18-24	6	M 16	00:47:33	00:47:37.35	00:47:38.65	9:31	6.3
7	RIJNEKER JESPER	129	TEAM 4SPORT		NED	M 18-24	7	M 17	00:47:39	00:47:44.80	00:47:44.85	9:32	6.3
8	DECIUK TEOFIL	122			POL	M 18-24	8	M 24	00:48:23	00:48:28.30	00:48:28.95	9:41	6.2
9	SERAFIŃSKI MACIEJ	126	NEXTREME		POL	M 18-24	9	M 29	00:49:11	00:49:17.35	00:49:17.60	9:51	6.1
10	TITCOMB DANIEL	134				M 18-24	10	M 33	00:49:28	00:49:34.00	00:49:34.50	9:54	6.1
11	CEJKO DAWID	128			POL	M 18-24	11	M 34	00:49:51	00:49:55.85	00:49:56.20	9:59	6
12	KADRMAS MAREK	132	OCRA CZ		CZE	M 18-24	12	M 37	00:50:27	00:50:31.50	00:50:31.85	10:06	5.9
13	PANIN EGOR	133			RUS	M 18-24	13	M 40	00:50:41	00:50:46.20	00:50:46.75	10:09	5.9
14	MIKRUT JAKUB	127			POL	M 18-24	14	M 44	00:51:08	00:51:13.00	00:51:14.00	10:14	5.9
15	KUIK THOMAS	148	TEAM HANG-ON THE NETHERLANDS		NED	M 18-24	15	M 47	00:51:29	00:51:36.10	00:51:36.25	10:19	5.8
16	CLAESSON ALBIN	141			SWE	M 18-24	16	M 56	00:52:50	00:52:54.50	00:52:55.15	10:35	5.7
17	VILA JOSE	152	OCRAMICX		ESP	M 18-24	17	M 69	00:54:27	00:54:31.65	00:54:31.80	10:54	5.5
18	HANSEN MADS VOSS	137			DEN	M 18-24	20	M 108	00:58:53	00:58:57.70	00:58:58.55	11:47	5.1
19	ALMERSKÅR VIKTOR	131			SWE	M 18-24	21	M 109	00:58:56	00:59:02.15	00:59:02.95	11:48	5.1
20	WISPELWEIJ SEM	150	HANG ON THE NETHERLANDS		NED	M 18-24	23	M 112	00:59:19	00:59:24.85	00:59:25.00	11:53	5
21	VASYA DUDNIKOV	151			RUS	M 18-24	25	M 151	01:05:21	01:05:27.30	01:05:27.55	13:05	4.6
22	NILSSON ERIK	136			SWE	M 18-24	32	M 174	01:11:45	01:11:52.55	01:11:52.70	14:22	4.2
23	JÓZWIK ADRIAN	121	NEXTREME		POL	M 18-24	38	M 340	02:08:12	02:08:18.95	02:08:19.60	25:39	2.3
DNC	ADAMEC JAKUB	130			SVK	M 18-24	DNC	DNC	01:28:31	01:28:39.45	01:28:39.80	0:00	3.4
DNC	CASTRO CHRISTIAN DANIS	138			ESP	M 18-24	DNC	DNC	01:52:17	01:52:36.50	01:52:37.05	0:00	2.7
DNC	KINDBOM ARON	145			SWE	M 18-24	DNC	DNC	01:57:55	01:58:00.40	01:58:01.45	0:00	2.5
DNC	CHATFIELD CONNOR	149				M 18-24	DNC	DNC	02:04:08	02:04:14.50	02:04:15.15	0:00	2.4
DNC	BROKEŠ ONDŘEJ	139			CZE	M 18-24	DNC	DNC	02:15:57	02:16:05.50	02:16:06.50	0:00	2.2
DNC	ROBBRECHT CHRIS	143			GER	M 18-24	DNC	DNC	02:27:33	02:27:44.75	02:27:45.55	0:00	2
DNC	GARDEBRAND LUCAS KJELLIN	146	GRIPEN OCR		SWE	M 18-24	DNC	DNC	02:34:51	02:35:00.15	02:35:01.60	0:00	1.9
	ŠNOPL VÍTA	140	#GLADIATORRACETEAM		CZE	M 18-24			DNF	DNF	DNF	-	-
	KOZŁOWSKI ARTUR	124			POL	M 18-24			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 13:05**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	VOLÁK ADAM	177			CZE	M 18-24	18	M 71	00:54:36	00:54:41.20	00:54:43.25	10:56	5.5
2	SZYSZKA KACPER	163	KONIUCHY OCR		POL	M 18-24	19	M 107	00:58:37	00:58:41.90	00:58:44.05	11:44	5.1
3	ORICHOWSKI WITALIJ	156			POL	M 18-24	22	M 111	00:59:15	00:59:21.60	00:59:24.10	11:52	5.1
4	PAWŁOWSKI KAMIL	162			POL	M 18-24	24	M 130	01:01:24	01:01:29.20	01:01:31.25	12:17	4.9
5	KERSTEN MAX	190	OUTDOOR VALLEY		NED	M 18-24	26	M 153	01:06:02	01:06:06.70	01:06:09.55	13:13	4.5
6	CIEPIELA JAN	166			POL	M 18-24	27	M 155	01:06:45	01:06:57.80	01:07:00.15	13:23	4.5
7	ZDEB MACIEK	160			POL	M 18-24	28	M 159	01:07:50	01:07:54.70	01:07:57.45	13:35	4.4
8	BUCCARELLA LUCA	185			DEN	M 18-24	29	M 160	01:07:54	01:07:59.50	01:08:02.00	13:36	4.4

**OCREC2019 - SHORT COURSE, 13:05 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
9	KOSIŃSKI JAKUB	167			POL	M 18-24	30	M 164	01:09:31	01:09:37.05	01:09:39.40	13:55	4.3
10	SRNSKÝ DANIEL	189			CZE	M 18-24	31	M 168	01:09:54	01:09:58.70	01:10:01.45	13:59	4.3
11	DORNYI TAMÁS	178			HUN	M 18-24	33	M 183	01:13:22	01:13:27.05	01:13:29.00	14:41	4.1
12	ŠULDA JAKUB	188			CZE	M 18-24	34	M 192	01:15:31	01:15:37.50	01:15:39.50	15:07	4
13	ŁUKASZEWSKI JAKUB	158	HUSARIA RACE TEAM		POL	M 18-24	35	M 228	01:22:59	01:23:03.65	01:23:05.95	16:36	3.6
14	KMIECIAK JAKUB	165	DIRTY SPARROWS		POL	M 18-24	36	M 302	01:42:17	01:42:22.80	01:42:25.45	20:28	2.9
15	JANOUŠEK PETR	183	GLADIATORS CZECH		CZE	M 18-24	37	M 332	02:01:59	02:02:05.15	02:02:08.10	24:25	2.5
16	SZEPANSKI MICHAEL	187			GER	M 18-24	39	M 387	02:50:59	02:51:04.05	02:51:06.65	34:12	1.8
DNC	YUCEL JEFFREY	174	OCR BELGIUM		BEL	M 18-24	DNC	DNC	01:32:18	01:32:36.70	01:32:36.70	0:00	3.2
DNC	BURDZY DANIEL	169	BESTIE OCR LEGIONOWO		POL	M 18-24	DNC	DNC	01:42:16	01:42:23.75	01:42:25.55	0:00	2.9
DNC	MISKA DANIEL	168	ENJOY BY SPORT		POL	M 18-24	DNC	DNC	01:42:38	01:42:47.65	01:42:49.50	0:00	2.9
DNC	SIMMONS JOHN	186	RENEGADE RUNNERS			M 18-24	DNC	DNC	01:44:09	01:44:14.95	01:44:17.85	0:00	2.9
DNC	MADSEN DITLEV	181			DEN	M 18-24	DNC	DNC	02:01:55	02:02:03.80	02:02:06.25	0:00	2.5
DNC	JURNÍK LUKÁŠ	176			CZE	M 18-24	DNC	DNC	02:03:26	02:03:41.90	02:03:44.55	0:00	2.4
DNC	DOUHAN DYLAN	173	KARLSHAMN OCR		SWE	M 18-24	DNC	DNC	02:09:45	02:09:51.75	02:09:54.65	0:00	2.3
DNC	BRUUN EMIL HVIDENLUND	172			DEN	M 18-24	DNC	DNC	02:10:33	02:10:40.05	02:10:42.30	0:00	2.3
DNC	BAK ŁUKASZ	161			POL	M 18-24	DNC	DNC	02:10:39	02:10:46.30	02:10:48.90	0:00	2.3
DNC	THOMAYER JAN	182			CZE	M 18-24	DNC	DNC	02:10:59	02:11:06.55	02:11:09.50	0:00	2.3
DNC	SEGARRA JOSSUAN	170			FRA	M 18-24	DNC	DNC	02:19:14	02:19:26.15	02:19:26.15	0:00	2.2
DNC	DIDIER LUDOVIC	175			FRA	M 18-24	DNC	DNC	02:19:54	02:20:03.05	02:20:06.20	0:00	2.1
DNC	WÓJCIK MICHAŁ	164	HUSARIA RACE TEAM KATOWICE		POL	M 18-24	DNC	DNC	02:30:22	02:30:26.50	02:30:29.15	0:00	2
DNC	JAGODZIŃSKI DAMIAN	157	XRUNNERS		POL	M 18-24	DNC	DNC	02:40:55	02:41:06.65	02:41:06.65	0:00	1.9
DNC	YAKUSHEV ANTON	179	OCR RUSSIA		RUS	M 18-24	DNC	DNC	02:45:07	02:45:24.20	02:45:26.85	0:00	1.8
DNC	GONZALEZ-DIAZ ANDRES RAMIRO	184	TEAMMADNESS			M 18-24	DNC	DNC	02:46:17	02:46:25.00	02:46:27.80	0:00	1.8
DNC	FRANICA MATEUSZ	159	CARBON OCR RACING TEAM		POL	M 18-24	DNC	DNC	03:28:25	03:28:37.70	03:28:40.45	0:00	1.4
	LILJESTAM RICHARD	180			SWE	M 18-24			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 13:15**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	DINKELMAN RUBEN	206			NED	M 25-29	1	M 1	00:40:25	00:40:29.35	00:40:30.85	8:05	7.4
2	VANDEWALLE BILLY	198			BEL	M 25-29	2	M 7	00:43:29	00:43:32.50	00:43:33.95	8:42	6.9
3	JANUSZEWSKI BARTOSZ	193			POL	M 25-29	3	M 11	00:45:57	00:46:00.85	00:46:02.60	9:12	6.5
4	HANYK LUKÁŠ	204			CZE	M 25-29	4	M 13	00:46:18	00:46:22.25	00:46:23.80	9:16	6.5
5	ZAKOLODKIN ROMAN	223	HERO RACE TEAM		RUS	M 25-29	6	M 26	00:48:43	00:48:48.45	00:48:50.45	9:45	6.1
6	DIECKMANN JAN-PHILIP	207			GER	M 25-29	7	M 27	00:49:04	00:49:07.65	00:49:09.10	9:49	6.1
7	BLANKENBURGH DAVID	228			NED	M 25-29	8	M 28	00:49:02	00:49:07.40	00:49:09.50	9:49	6.1
8	ZAWISTOWSKI JAKUB	197			POL	M 25-29	10	M 43	00:51:02	00:51:07.15	00:51:09.15	10:13	5.9
9	PRYKOWSKI TOMASZ	200	XRUNNERS		POL	M 25-29	11	M 48	00:51:44	00:51:47.65	00:51:49.20	10:21	5.8
10	KONEWKA JACEK	196	HUSARIA RACE TEAM		POL	M 25-29	13	M 51	00:52:13	00:52:17.45	00:52:18.85	10:27	5.7
11	GUIBERT ROMAIN	219	TEAM FRANCE		FRA	M 25-29	14	M 53	00:52:25	00:52:30.05	00:52:32.05	10:30	5.7
12	VADZIM SHALKOUSKI	209	OCR BELARUS		BLR	M 25-29	17	M 78	00:55:24	00:55:27.30	00:55:31.00	11:05	5.4
13	BRZOSKWINIA WOJCIECH	201			POL	M 25-29	18	M 80	00:55:30	00:55:35.75	00:55:35.75	11:07	5.4
14	VIKTOROVICH GRUZDEV VLADIMIR	221			RUS	M 25-29	19	M 81	00:55:43	00:55:47.65	00:55:49.65	11:09	5.4
15	BRZOSOWSKI FILIP	202	HUSARIA RACE TEAM		POL	M 25-29	21	M 84	00:55:58	00:56:01.60	00:56:03.40	11:12	5.4
16	KRUCZKOWSKI MICHAŁ	194	XRUNNERS		POL	M 25-29	24	M 97	00:57:03	00:57:06.55	00:57:08.10	11:25	5.3
17	ANTCZAK MARCIN	199	NEXTREME / 17 BRYGADA ZMECHANIZOWANA		POL	M 25-29	25	M 99	00:57:14	00:57:19.80	00:57:21.20	11:28	5.2
18	POLYAKOV OLEG	220			RUS	M 25-29	27	M 106	00:58:07	00:58:13.50	00:58:15.45	11:38	5.2
19	TOMAKA TOMASZ	203	HUSARIA RACE TEAM		POL	M 25-29	29	M 118	00:59:38	00:59:43.40	00:59:45.15	11:56	5
20	PÉREZ SERGIO GÓMEZ	212	EGYPTIAN RACERS		ESP	M 25-29	30	M 122	01:00:19	01:00:23.60	01:00:25.10	12:04	5
21	KEANE JOSH	222	TEAM MADNESS			M 25-29	34	M 138	01:03:14	01:03:17.70	01:03:20.05	12:39	4.7
22	FIGUEIREDO RUI PEDRO CRUZ	213			POR	M 25-29	46	M 204	01:17:50	01:18:08.10	01:18:09.90	15:37	3.8
23	CHRISTOPHER BAILLY	218			FRA	M 25-29	51	M 324	01:56:10	01:56:24.20	01:56:25.75	23:16	2.6
24	KHALEF DALI	195	TEAM MADNESS			M 25-29	58	M 378	02:28:33	02:28:38.75	02:28:41.35	29:43	2
DNC	OCHERETIUK ANDRII	225			UKR	M 25-29	DNC	DNC	01:16:23	01:16:29.55	01:16:31.35	0:00	3.9

**OCREC2019 - SHORT COURSE, 13:15 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	CHILDS JAKE	227				M 25-29	DNC	DNC	01:33:59	01:34:07.65	01:34:10.40	0:00	3.2
DNC	MARTINEZ RAFAEL	217			ESP	M 25-29	DNC	DNC	01:54:34	01:54:40.75	01:54:42.15	0:00	2.6
DNC	PCHELIAKOV ALEKSANDR	205	GAZPROMBANK OCR TEAM		RUS	M 25-29	DNC	DNC	01:58:01	01:58:06.55	01:58:09.15	0:00	2.5
DNC	LÜPKE SEBASTIAN	214	HERAKLIDEN-TEAM DEUTSCHLAND		GER	M 25-29	DNC	DNC	02:09:17	02:09:25.30	02:09:27.45	0:00	2.3
DNC	JOHANSSON TOM	216			SWE	M 25-29	DNC	DNC	02:13:00	02:13:16.50	02:13:18.85	0:00	2.3
DNC	JOHANSEN PHILIP HUST	224			DEN	M 25-29	DNC	DNC	02:14:40	02:14:49.55	02:14:51.55	0:00	2.2
DNC	KANSTRUP NICOLAI	226			DEN	M 25-29	DNC	DNC	02:16:26	02:16:36.15	02:16:38.30	0:00	2.2
DNC	SEREDA EVGENIY	208			RUS	M 25-29	DNC	DNC	02:32:11	02:32:18.15	02:32:20.15	0:00	2
DNC	ARONSSON ALEXANDER	215			SWE	M 25-29	DNC	DNC	02:35:09	02:35:28.20	02:35:30.80	0:00	1.9
DNC	NAVARRO CRISTIAN MANUEL MADRID	211			ESP	M 25-29	DNC	DNC	03:35:25	03:35:50.75	03:35:52.55	0:00	1.4
DNC	BELLIDO DAVID FERNÁNDEZ	210			ESP	M 25-29	DNC	DNC	03:35:36	03:35:50.60	03:35:52.60	0:00	1.4

**OCREC2019 - SHORT COURSE, 13:19**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	TOMASIK ALAN	231	NEXTREME		POL	M 25-29	5	M 25	00:48:33	00:48:42.35	00:48:43.85	9:44	6.2
2	MUSSCHE FRANS	264			NED	M 25-29	9	M 38	00:50:26	00:50:31.60	00:50:33.65	10:06	5.9
3	VLAM THIJS	263			NED	M 25-29	12	M 50	00:52:04	00:52:11.85	00:52:14.35	10:26	5.7
4	CZERWIŃSKI MACIEJ	237	BALTIC SEALS		POL	M 25-29	15	M 58	00:53:04	00:53:07.00	00:53:08.95	10:37	5.6
5	JUSTESEN SIMON	246	TEAM SOLID		SWE	M 25-29	23	M 95	00:56:20	00:57:00.95	00:57:02.80	11:24	5.3
6	MĘDYGRAŁ KRYSZTIAN	235			POL	M 25-29	26	M 105	00:58:05	00:58:10.55	00:58:12.00	11:38	5.2
7	YAROSLAV SLAVUSHCHEV	261			RUS	M 25-29	32	M 127	01:00:56	01:01:00.45	01:01:02.75	12:12	4.9
8	LENOIR CYRIL	260			BEL	M 25-29	40	M 158	01:07:26	01:07:33.45	01:07:34.90	13:30	4.4
9	VEPŘEK MARTIN	256			CZE	M 25-29	42	M 169	01:10:31	01:10:35.55	01:10:37.65	14:07	4.3
10	HANSEN JONAS	259			DEN	M 25-29	43	M 170	01:10:33	01:10:39.00	01:10:41.45	14:07	4.2
11	RACZEK RADOŚLAW	233	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M 25-29	44	M 173	01:11:35	01:11:40.00	01:11:41.75	14:20	4.2
12	PEÑA MIGUEL	252			ESP	M 25-29	50	M 321	01:54:05	01:54:10.95	01:54:13.35	22:50	2.6
13	RAYNAUD JIMMY	240	TR1BU OCR		FRA	M 25-29	54	M 355	02:15:40	02:15:44.95	02:15:46.55	27:09	2.2
14	CRESPO ANTONIO RUBIO	254			ESP	M 25-29	55	M 360	02:18:27	02:18:31.35	02:18:33.85	27:42	2.2
15	TRUJILLO FERNANDO PAJUELO	242			ESP	M 25-29	56	M 365	02:22:00	02:22:05.35	02:22:07.60	28:25	2.1
16	RODRIGUES ALEXANDRE	238			FRA	M 25-29	60	M 392	03:29:41	03:29:50.55	03:29:53.30	41:58	1.4
DNC	BENICEWICZ KACPER	257				M 25-29	DNC	DNC	01:26:56	01:27:02.75	01:27:04.60	0:00	3.4
DNC	SARABUN NAZAR	265			UKR	M 25-29	DNC	DNC	01:32:59	01:33:05.55	01:33:07.45	0:00	3.2
DNC	MANTYCKI RAFAŁ	234			POL	M 25-29	DNC	DNC	01:40:16	01:40:23.45	01:40:25.35	0:00	3
DNC	KASULIS GERALD	250	TEAM MADNESS			M 25-29	DNC	DNC	01:48:48	01:48:54.50	01:48:55.70	0:00	2.8
DNC	ALEXANDRE RENATO	251			POR	M 25-29	DNC	DNC	01:52:14	01:52:22.70	01:52:25.40	0:00	2.7
DNC	ROEFAERS SANDER	241			BEL	M 25-29	DNC	DNC	01:53:39	01:53:50.00	01:53:51.45	0:00	2.6
DNC	FELLDIN MARKUS	247			SWE	M 25-29	DNC	DNC	01:55:57	01:56:03.70	01:56:06.45	0:00	2.6
DNC	OHLSSON JESPER	245	KARLSHAMN OCR		SWE	M 25-29	DNC	DNC	02:01:31	02:01:40.80	02:01:42.90	0:00	2.5
DNC	OSTERMEIER GABRIEL	266			GER	M 25-29	DNC	DNC	02:08:32	02:08:45.35	02:08:47.40	0:00	2.3
DNC	MAZUEL ALEXANDRE	244	TEAM SENZU		FRA	M 25-29	DNC	DNC	02:08:48	02:08:55.65	02:08:57.60	0:00	2.3
DNC	TORESÁTER LUDVIG "LUDDET"	249	OCR ELITE APPAREL		SWE	M 25-29	DNC	DNC	02:14:27	02:14:33.85	02:14:36.00	0:00	2.2
DNC	SVENSSON NICKLAS	243			SWE	M 25-29	DNC	DNC	02:18:59	02:19:06.65	02:19:09.20	0:00	2.2
DNC	PHILLIPS ALASTAIR	248				M 25-29	DNC	DNC	02:25:59	02:26:07.25	02:26:09.95	0:00	2.1
DNC	NOWAK LUKASZ	262	OCR FIGHTERS		POL	M 25-29	DNC	DNC	02:28:33	02:28:40.00	02:28:42.25	0:00	2
DNC	MARTOS EDUARDO	255	RACERS LEGION ANDALUCÍA		ESP	M 25-29	DNC	DNC	03:03:21	03:03:32.95	03:03:34.80	0:00	1.6
DNC	GINON LÓIC	239	INVICTA		FRA	M 25-29	DNC	DNC	03:14:23	03:14:28.45	03:14:31.20	0:00	1.5
DNC	KOZIOŁ KAMIL	232			POL	M 25-29	DNC	DNC	03:31:19	03:31:38.15	03:31:40.75	0:00	1.4
DNC	NUTIL MICHAL	253			CZE	M 25-29			DNF	DNF	DNF	-	-
DNC	BEURER STEPHAN	258			GER	M 25-29			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 13:23**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	STIIG JONATHAN	289			SWE	M 25-29	16	M 75	00:55:13	00:55:18.75	00:55:23.45	11:03	5.4
2	WITEK PIOTR	274			POL	M 25-29	20	M 83	00:55:54	00:55:58.35	00:56:01.55	11:11	5.4
3	VERHEUL PAUL PIETER CORNELIS	297	ATLAS OUTDOOR TRAINING		NED	M 25-29	22	M 92	00:56:36	00:56:42.15	00:56:45.50	11:20	5.3
4	KRASOŃ BARTŁOMIEJ	272			POL	M 25-29	28	M 115	00:59:22	00:59:26.00	00:59:30.25	11:53	5
5	HEŁMECKI MATEUSZ	270	KONIUCHY OCR		POL	M 25-29	31	M 124	01:00:38	01:00:44.75	01:00:48.10	12:09	4.9
6	STAMATEL SEBASTIAN	281	SOCIOS SILESIA		POL	M 25-29	33	M 131	01:01:25	01:01:30.20	01:01:33.80	12:18	4.9
7	LEGANDER SIMON	290			SWE	M 25-29	35	M 141	01:03:51	01:03:56.35	01:04:00.05	12:47	4.7
8	LLAPASSET VICTOR	298			FRA	M 25-29	36	M 143	01:03:56	01:04:01.65	01:04:05.25	12:48	4.7
9	LEJK BENIAMIN	277	XRUNNERS		POL	M 25-29	37	M 144	01:04:04	01:04:07.70	01:04:11.15	12:49	4.7
10	BIRKENFELD THORBEN	279			GER	M 25-29	38	M 146	01:04:05	01:04:09.60	01:04:13.80	12:49	4.7
11	VERLAAT KEES	286			NED	M 25-29	39	M 149	01:04:49	01:04:54.60	01:04:58.55	12:59	4.6
12	MARTIN DARREN	300				M 25-29	41	M 165	01:09:31	01:09:36.45	01:09:39.50	13:55	4.3
13	SCHWEIGERT MATTHIAS	288			GER	M 25-29	45	M 180	01:12:46	01:12:51.70	01:12:54.90	14:34	4.1
14	BASIAK MICHAŁ	273	HARDCOROWE WYCHYLYBYMY		POL	M 25-29	47	M 295	01:39:29	01:39:34.80	01:39:38.55	19:55	3
15	LARSSON TONI	282	SOCRA		SWE	M 25-29	48	M 298	01:40:31	01:40:35.25	01:40:39.05	20:07	3
16	PACIOREK PIOTR	269	HUSARIA RACE TEAM		POL	M 25-29	49	M 300	01:41:30	01:41:34.90	01:41:38.25	20:19	3
17	JACIÓW PAWEŁ	275	WATAHA		POL	M 25-29	52	M 328	01:58:38	01:58:58.80	01:59:02.85	23:47	2.5
18	PEDERSEN PEDER EJSING	294	OCRHOLSTEBRO		DEN	M 25-29	53	M 344	02:10:28	02:10:33.00	02:10:36.95	26:06	2.3
19	FISCHER OLIVER	293			GER	M 25-29	57	M 366	02:23:13	02:23:18.30	02:23:21.95	28:39	2.1
20	KOLEGOWICZ DAMIAN	276			POL	M 25-29	59	M 383	02:34:09	02:34:13.80	02:34:17.45	30:50	1.9
DNC	BRONS SONNY	302	FAMILY FIT INDOOR SURVIVAL		NED	M 25-29	DNC	DNC	01:44:26	01:44:35.15	01:44:38.35	0:00	2.9
DNC	SPRUTTA MATEUSZ	303	CARBON OCR RACING TEAM		POL	M 25-29	DNC	DNC	01:44:15	01:44:35.25	01:44:38.45	0:00	2.9
DNC	KORTHOOT BRUCE	296	ATLAS OUTDOOR TRAINING		NED	M 25-29	DNC	DNC	01:47:36	01:47:42.65	01:47:45.85	0:00	2.8
DNC	CURDY MAXENCE	299	INVICTA		FRA	M 25-29	DNC	DNC	02:04:46	02:04:55.40	02:04:59.45	0:00	2.4
DNC	RECIO DIEGO SERRANO	291			ESP	M 25-29	DNC	DNC	02:07:40	02:07:46.85	02:07:50.10	0:00	2.3
DNC	JAGER ROBIN DE	283			NED	M 25-29	DNC	DNC	02:13:35	02:13:43.55	02:13:47.15	0:00	2.2
DNC	ČÍŽEK JAN	268			CZE	M 25-29	DNC	DNC	02:25:04	02:25:14.40	02:25:18.70	0:00	2.1
DNC	JOBANPUTRA MAYOOR	278				M 25-29	DNC	DNC	02:27:32	02:27:41.50	02:27:44.35	0:00	2
DNC	DAVIDSSON RICHARD	284	MIT TOUGH TEAM		SWE	M 25-29	DNC	DNC	02:41:41	02:41:50.25	02:41:54.30	0:00	1.9
DNC	BRORSSON SEBASTIAN	287			SWE	M 25-29	DNC	DNC	02:42:25	02:42:32.25	02:42:36.15	0:00	1.8
DNC	KALUŻNY MICHAŁ	280	DIRTY SPARROWS		POL	M 25-29	DNC	DNC	04:00:41	04:00:47.20	04:00:51.05	0:00	1.2
DNC	WUNDERLICH TOBIAS	292	UNTERFRANKEN VIKINGS		GER	M 25-29	DNC	DNC	04:31:54	04:32:04.05	04:32:06.95	0:00	1.1

**OCREC2019 - SHORT COURSE, 13:30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	PRUSAK PIOTR	312			POL	M 30-34	1	M 6	00:43:20	00:43:24.55	00:43:27.45	8:41	6.9
2	SELIANIN DMYTRO	309			POL	M 30-34	2	M 12	00:46:08	00:46:12.50	00:46:15.70	9:14	6.5
3	MOSE KRISTIAN	311	TEAM REBORN OCR		DEN	M 30-34	3	M 31	00:49:14	00:49:18.40	00:49:21.55	9:51	6.1
4	GRAVERS MADS	322			DEN	M 30-34	4	M 35	00:50:07	00:50:11.45	00:50:14.60	10:02	6
5	URBAŃSKI KAMIL	307	NEXTREME / 17 BRYGADA ZMECHANIZOWANA		POL	M 30-34	5	M 36	00:50:18	00:50:22.40	00:50:25.75	10:04	6
6	JAROSZ DAWID	308	XRUNNERS		POL	M 30-34	6	M 49	00:51:54	00:51:59.05	00:52:02.05	10:23	5.8
7	MAZUR DAMIAN	310	SOCIOS SILESIA		POL	M 30-34	7	M 52	00:52:13	00:52:17.45	00:52:20.75	10:27	5.7
8	KARCZMARSKI MATEUSZ	305			POL	M 30-34	10	M 74	00:55:09	00:55:14.25	00:55:16.75	11:02	5.4
9	ASMUSSEN ANDREAS MUNK	335			DEN	M 30-34	14	M 114	00:59:19	00:59:22.65	00:59:26.60	11:52	5.1
10	MEEL JIM VAN DER	333	TEAM HANG-ON THE NETHERLANDS		NED	M 30-34	17	M 129	01:01:06	01:01:11.65	01:01:15.10	12:14	4.9
11	WALTILLA MARCUS	325	OCR TEAM MAUS		SWE	M 30-34	18	M 136	01:02:43	01:02:46.95	01:02:50.45	12:33	4.8
12	MAROZ ARTSIOM	321			BLR	M 30-34	22	M 202	01:17:41	01:17:46.45	01:17:49.90	15:33	3.9
13	REGNELL FREDRICK	326			SWE	M 30-34	23	M 206	01:18:09	01:18:14.10	01:18:17.45	15:38	3.8
14	YANN CHAMBERT	328	SPARTAN LIONS		FRA	M 30-34	24	M 213	01:19:15	01:19:20.90	01:19:24.25	15:52	3.8
15	JAKOBSSON NIKLAS	323			SWE	M 30-34	35	M 252	01:28:45	01:28:50.75	01:28:54.40	17:46	3.4
16	FABRÉGUE RÉMI	339			FRA	M 30-34	43	M 265	01:32:37	01:32:43.70	01:32:47.35	18:32	3.2
17	GARCIA ADRIÁN RUIZ	332	THE LAST TRAINING		ESP	M 30-34	44	M 267	01:32:53	01:33:16.15	01:33:19.40	18:39	3.2
18	URBANO DAVID QUINTANA	324	TFG/TONI MUSCLE		ESP	M 30-34	45	M 269	01:34:00	01:34:09.15	01:34:13.25	18:49	3.2
19	SAVIN ALEKSEI	331			RUS	M 30-34	48	M 273	01:34:48	01:34:51.20	01:34:55.00	18:58	3.2



**OCREC2019 - SHORT COURSE, 13:30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
20	SALAŁA MARCIN	306			POL	M 30-34	57	M 296	01:39:37	01:39:44.40	01:39:47.50	19:56	3
21	GESSLER SERGEJ	317	TEAM OUTDOOR OCR		GER	M 30-34	59	M 305	01:44:21	01:44:28.15	01:44:31.20	20:53	2.9
22	LIUTKUS DAINIUS	337	OCR BALTIC WARRIORS		LTU	M 30-34	60	M 315	01:50:57	01:51:03.45	01:51:06.45	22:12	2.7
DNC	BUGYS RENALDAS	336			DEN	M 30-34	DNC	DNC	01:12:33	01:12:40.35	01:12:43.35	0:00	4.1
DNC	ČERNÝ VACLAV	330			CZE	M 30-34	DNC	DNC	01:33:44	01:33:49.55	01:33:52.50	0:00	3.2
DNC	JONSSON NILS	320			SWE	M 30-34	DNC	DNC	01:35:06	01:35:14.65	01:35:17.45	0:00	3.1
DNC	KASCHE DENNY	329			GER	M 30-34	DNC	DNC	01:43:14	01:43:31.00	01:43:34.85	0:00	2.9
DNC	BALASHOV ROMAN	314	GAZPROMBANK OCR TEAM		RUS	M 30-34	DNC	DNC	01:43:32	01:43:36.70	01:43:39.25	0:00	2.9
DNC	BEELEN TIMOTHY VAN	318			NED	M 30-34	DNC	DNC	01:54:05	01:54:10.90	01:54:14.40	0:00	2.6
DNC	CHRISTENSEN MICHAEL	338	OCR FIGHTERS		DEN	M 30-34	DNC	DNC	02:17:33	02:17:39.70	02:17:43.20	0:00	2.2
DNC	KOMOSIŃSKI ŁUKASZ	313			POL	M 30-34	DNC	DNC	02:20:18	02:20:27.85	02:20:31.40	0:00	2.1
DNC	ALEKSANDR ANOKHIN	327	STAGE TEAM RUSSIA		RUS	M 30-34	DNC	DNC	02:36:26	02:36:39.50	02:36:42.30	0:00	1.9
DNC	TOCHKA DZIANIS	319			BLR	M 30-34	DNC	DNC	03:01:55	03:02:01.90	03:02:05.00	0:00	1.6
DNC	CUERVO ALEX FELIPE	315	TRI OLENYA		RUS	M 30-34	DNC	DNC	03:19:39	03:19:48.05	03:19:51.00	0:00	1.5
	ILNICKI DAREK	340			POL	M 30-34			DNF	DNF	DNF	-	-
	HERNANDEZ AYOZE HERRERA	316	TFG/TONI MUSCLE		ESP	M 30-34			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 13:33**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	PELISSIER BENOIT	377			FRA	M 30-34	9	M 67	00:54:03	00:54:07.25	00:54:10.15	10:49	5.5
2	MENSINK NICK	361	OCR SKILLZ		NED	M 30-34	12	M 101	00:57:18	00:57:22.50	00:57:25.35	11:28	5.2
3	SETTELE STEFAN	368	MIT OCR GERMANY		GER	M 30-34	13	M 113	00:59:20	00:59:23.40	00:59:26.10	11:52	5.1
4	KOŁOSZUK MARCIN	343	NEXTREME / 4 ZPLOT		POL	M 30-34	15	M 119	00:59:52	00:59:57.50	01:00:00.15	11:59	5
5	CAMBRIDGE LUKE	365	TEAM NORTHMAN OCR		NOR	M 30-34	16	M 125	01:00:44	01:00:49.80	01:00:53.05	12:10	4.9
6	SJÖLIN JOHAN	376			SWE	M 30-34	21	M 194	01:16:16	01:16:21.75	01:16:24.80	15:16	3.9
7	PLÓCIENNIK PIOTR	348			POL	M 30-34	25	M 220	01:21:09	01:21:13.65	01:21:16.25	16:14	3.7
8	TYL LUKÁŠ	374			CZE	M 30-34	28	M 231	01:23:32	01:23:38.10	01:23:41.55	16:43	3.6
9	JASTRZĘBSKI PIOTR	352			POL	M 30-34	31	M 244	01:26:30	01:26:35.90	01:26:38.50	17:19	3.5
10	JULIEN ANDREW	355	TEAMMADNESS		M 30-34	33	M 246	01:27:43	01:27:50.60	01:27:53.65	17:34	3.4	
11	ÖBERG ROBIN	354	@HEJAPAPPA		SWE	M 30-34	34	M 250	01:28:33	01:28:38.20	01:28:40.60	17:43	3.4
12	CSÁSZÁR VILMOS	392	OCR GABORTEAM		HUN	M 30-34	37	M 257	01:30:31	01:30:36.25	01:30:39.20	18:07	3.3
13	BYRCZEK MICHAŁ	349			POL	M 30-34	38	M 259	01:31:38	01:31:42.70	01:31:45.30	18:20	3.3
14	OLSEN MADIS-CHRISTIAN BRILL	351			DEN	M 30-34	39	M 260	01:32:13	01:32:18.15	01:32:21.05	18:27	3.2
15	WILSON TOM	371			M 30-34	40	M 261	01:32:15	01:32:23.95	01:32:27.30	18:28	3.2	
16	PETERSEN THOMAS	360			DEN	M 30-34	42	M 264	01:32:37	01:32:42.70	01:32:46.75	18:32	3.2
17	ANANIN ARTEM	367			RUS	M 30-34	51	M 278	01:35:47	01:35:53.75	01:35:56.15	19:10	3.1
18	BAPTISTE DAVID	356	TEAMMADNESS		M 30-34	55	M 287	01:38:10	01:38:14.85	01:38:17.60	19:39	3.1	
19	DUPUIS JEAN-CHARLES	357	SWAT NORD		FRA	M 30-34	56	M 290	01:38:50	01:38:57.85	01:39:00.60	19:47	3
20	BARANAUSKAS DARIUS	372	OCR BALTIC WARRIORS		LTU	M 30-34	61	M 323	01:55:23	01:55:27.45	01:55:30.50	23:05	2.6
21	VALERII KALDIN	370			RUS	M 30-34	63	M 329	01:59:39	01:59:42.95	01:59:45.55	23:56	2.5
22	IDCZAK PIOTR	345			POL	M 30-34	67	M 377	02:26:58	02:27:04.90	02:27:07.85	29:25	2
23	PALMA PEDRO	358			POR	M 30-34	69	M 390	03:06:13	03:06:24.30	03:06:28.05	37:17	1.6
DNC	BRÄHMIG MATTES	363			GER	M 30-34	DNC	DNC	01:16:42	01:16:49.15	01:16:52.15	0:00	3.9
DNC	DOUBEK MILAN	366			CZE	M 30-34	DNC	DNC	01:28:46	01:28:58.60	01:29:02.20	0:00	3.4
DNC	ROTH ZDENĚK	350			CZE	M 30-34	DNC	DNC	01:48:47	01:48:55.80	01:48:58.65	0:00	2.8
DNC	KOLB LARS	362	FIT FOR ME		GER	M 30-34	DNC	DNC	01:50:46	01:50:55.00	01:50:58.75	0:00	2.7
DNC	KILIMNIK TOMASZ	347			POL	M 30-34	DNC	DNC	02:09:52	02:10:00.75	02:10:03.75	0:00	2.3
DNC	CHRISTOPHER MICHEL	369			BEL	M 30-34	DNC	DNC	02:20:44	02:21:01.05	02:21:04.05	0:00	2.1
DNC	KLONOWSKI KAMIL	346	HUSARIA RACE TEAM KATOWICE		POL	M 30-34	DNC	DNC	02:31:15	02:31:25.75	02:31:28.35	0:00	2
DNC	KOLOTII MYKOLA	364			UKR	M 30-34	DNC	DNC	02:41:45	02:41:54.70	02:41:57.30	0:00	1.9
DNC	PLATA ARKADIUSZ	342			POL	M 30-34	DNC	DNC	02:42:28	02:42:45.50	02:42:48.70	0:00	1.8
DNC	LASKOWSKI TOMASZ	344			POL	M 30-34	DNC	DNC	02:43:27	02:43:43.65	02:43:47.15	0:00	1.8
DNC	HAWKINS NATHAN	353			M 30-34	DNC	DNC	DNC	02:57:28	02:57:35.35	02:57:39.50	0:00	1.7
DNC	GRAY SCOTT	375			M 30-34	DNC	DNC	DNC	03:05:33	03:05:43.90	03:05:47.55	0:00	1.6
	CURTIS CARL	359			M 30-34				DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 13:36**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	JOLE ROËL	393	TEAM HANG-ON THE NETHERLANDS		NED	M 30-34	8	M 62	00:53:24	00:53:28.55	00:53:30.75	10:41	5.6
2	GYÖMREI MÁTÉ	397	TEST TEAM		HUN	M 30-34	11	M 77	00:55:20	00:55:24.75	00:55:26.10	11:05	5.4
3	LEMA DAMIÁN ESPASANDIN	410			ESP	M 30-34	19	M 139	01:03:38	01:03:42.95	01:03:44.45	12:44	4.7
4	SVOBODA VÍTEK	409	CHALLENGER		CZE	M 30-34	20	M 148	01:04:40	01:04:45.05	01:04:47.05	12:57	4.6
5	MÉDARD OLIVIER	411	LES BISONS		FRA	M 30-34	29	M 238	01:25:04	01:25:10.00	01:25:12.30	17:02	3.5
6	NIELSEN DANIEL BIRK	413			DEN	M 30-34	32	M 245	01:26:34	01:26:38.00	01:26:40.80	17:19	3.5
7	BÄR MARCEL	404	MIT OCR GERMANY		GER	M 30-34	36	M 254	01:29:11	01:29:16.75	01:29:18.65	17:51	3.4
8	MOROŃ BARTŁOMIEJ	381			POL	M 30-34	47	M 271	01:33:54	01:34:32.40	01:34:34.40	18:54	3.2
9	NIELSEN DENNIS	391			DEN	M 30-34	52	M 281	01:36:39	01:36:43.50	01:36:46.45	19:20	3.1
10	ALEX FASTRES	412			BEL	M 30-34	58	M 303	01:42:18	01:42:27.00	01:42:29.15	20:29	2.9
11	THONON SIMON	390	OCR BELGIUM WALLONIA MEN		BEL	M 30-34	62	M 326	01:57:03	01:57:10.65	01:57:12.15	23:26	2.6
12	DEDIEU SEMI	403			BEL	M 30-34	64	M 350	02:13:13	02:13:25.55	02:13:27.35	26:41	2.2
13	ZIMOŃ NORBERT	385	WATAHA GRUPA TRENINGOWA		POL	M 30-34	68	M 382	02:33:38	02:33:43.25	02:33:45.55	30:44	2
DNC	HAAN JOHN DE	396			NED	M 30-34	DNC	DNC	01:30:01	01:30:08.70	01:30:11.15	0:00	3.3
DNC	LARNEMARK DAVID	406			SWE	M 30-34	DNC	DNC	01:40:34	01:40:43.55	01:40:45.70	0:00	3
DNC	ARTZ CLAUS	387			GER	M 30-34	DNC	DNC	01:47:47	01:47:57.25	01:47:59.25	0:00	2.8
DNC	DOMORÁD VOJTĚCH	408			CZE	M 30-34	DNC	DNC	01:52:53	01:53:01.25	01:53:03.85	0:00	2.7
DNC	POULTER MARK	386	TEAM BRIGHTHAMMER			M 30-34	DNC	DNC	02:09:43	02:09:52.00	02:09:54.65	0:00	2.3
DNC	MAWLAM JASON	394				M 30-34	DNC	DNC	02:10:43	02:10:53.15	02:10:54.85	0:00	2.3
DNC	SZUMLAŃSKI MARCIN	383			POL	M 30-34	DNC	DNC	02:15:30	02:15:35.50	02:15:37.85	0:00	2.2
DNC	ŁASKOWSKI PIOTR	382	BEFIT24TEAM		POL	M 30-34	DNC	DNC	02:23:17	02:23:45.35	02:23:48.60	0:00	2.1
DNC	CASTILLO AYTHAMI CASTILLA DEL	400			ESP	M 30-34	DNC	DNC	02:23:50	02:23:58.40	02:24:00.95	0:00	2.1
DNC	POZO JUAN CARLOS CONTADOR	405	SONS OF WORKOUT OCR		ESP	M 30-34	DNC	DNC	02:45:37	02:45:45.15	02:45:45.15	0:00	1.8
DNC	SADOWSKI MICHAŁ	384			POL	M 30-34	DNC	DNC	02:52:14	02:52:22.10	02:52:23.55	0:00	1.7
DNC	JIRKU MILAN	399			CZE	M 30-34	DNC	DNC	03:03:10	03:03:14.00	03:03:16.75	0:00	1.6
DNC	CHMIELORZ JÓZEF	380	CARBON OCR RACING TEAM		POL	M 30-34	DNC	DNC	03:17:49	03:17:59.10	03:18:00.55	0:00	1.5
DNC	BARALDI DAVIDE	395	WHITE DONKEYS		ITA	M 30-34	DNC	DNC	03:31:54	03:32:08.65	03:32:10.70	0:00	1.4
DNC	HAHN HENRIK	389			DEN	M 30-34	DNC	DNC	03:41:54	03:42:03.30	03:42:05.65	0:00	1.4
DNC	STRNAD SEBASTIAN	398	UNTERFRANKEN VIKINGS		GER	M 30-34	DNC	DNC	04:37:52	04:38:01.25	04:38:03.40	0:00	1.1

**OCREC2019 - SHORT COURSE, 13:39**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	NIELSEN SØREN	432			DEN	M 30-34	26	M 225	01:22:10	01:22:14.45	01:22:17.50	16:26	3.6
2	GAWRYLUK MARCIN	415			POL	M 30-34	27	M 229	01:23:05	01:23:11.60	01:23:13.45	16:38	3.6
3	REKUTIN IVAN	422			RUS	M 30-34	30	M 242	01:26:16	01:26:19.60	01:26:22.45	17:16	3.5
4	VITALI HRACHOV	439			BLR	M 30-34	41	M 263	01:32:33	01:32:38.55	01:32:42.00	18:31	3.2
5	ZAPPA STEFANO	428	WHITE DONKEYS		ITA	M 30-34	46	M 270	01:34:08	01:34:12.00	01:34:14.40	18:50	3.2
6	BŁĘDZKI ADAM	418			POL	M 30-34	49	M 275	01:35:03	01:35:08.95	01:35:11.05	19:01	3.2
7	CHOŁUJ ŁUKASZ	419			POL	M 30-34	50	M 276	01:35:08	01:35:11.85	01:35:13.70	19:02	3.2
8	ZIMMER MARKUS	429			GER	M 30-34	53	M 284	01:37:10	01:37:17.85	01:37:20.45	19:27	3.1
9	PIELATOWSKI ADAM	420			POL	M 30-34	54	M 286	01:37:56	01:38:03.05	01:38:06.30	19:36	3.1
10	REMMER THOMAS	434			DEN	M 30-34	65	M 356	02:10:04	02:10:09.45	02:16:12.40	26:02	2.3
11	WOJEWÓDKA KRYSZTIAN	417	ETRANS TEAM		POL	M 30-34	66	M 359	02:17:43	02:17:50.30	02:17:52.35	27:34	2.2
DNC	T. MARTIN	446			CZE	M 30-34	DNC	DNC	01:19:24	01:19:34.25	01:19:37.50	0:00	3.8
DNC	MOBERG LINUS	443	AB KARL HEDIN IF		SWE	M 30-34	DNC	DNC	01:40:44	01:40:49.50	01:40:52.35	0:00	3
DNC	GERGELY SZABÓ BÁLINT	416	OCR GABORTEAM		HUN	M 30-34	DNC	DNC	01:44:07	01:44:16.20	01:44:18.70	0:00	2.9
DNC	RAVENZWAIJ JEROEN VAN	436			NED	M 30-34	DNC	DNC	01:44:12	01:44:21.15	01:44:23.90	0:00	2.9
DNC	HORSCH STEFAN	435	OCR CREW DUISBURG		GER	M 30-34	DNC	DNC	01:48:02	01:48:15.85	01:48:18.65	0:00	2.8
DNC	HORBACH LARS	431			NED	M 30-34	DNC	DNC	01:50:42	01:50:49.10	01:50:51.80	0:00	2.7
DNC	GRIFFITHS JAMES	440	CLIFF LAKES OCR			M 30-34	DNC	DNC	01:51:14	01:51:20.70	01:51:23.15	0:00	2.7
DNC	PRZYSTAW MAXIM	425	OPFERCREW		GER	M 30-34	DNC	DNC	01:53:00	01:53:09.45	01:53:13.75	0:00	2.7
DNC	RIHA ZDENEK	444	TEAM CZECH REPUBLIC		CZE	M 30-34	DNC	DNC	01:57:14	01:57:20.85	01:57:23.55	0:00	2.6
DNC	JACKIEWICZ ŁUKASZ	438			POL	M 30-34	DNC	DNC	02:06:43	02:06:50.85	02:06:54.15	0:00	2.4
DNC	SÉBASTIEN GALDEANO	430			FRA	M 30-34	DNC	DNC	02:13:23	02:13:31.20	02:13:33.10	0:00	2.2
DNC	DOODY KELVIN	442				M 30-34	DNC	DNC	02:20:28	02:20:35.30	02:20:37.25	0:00	2.1

**OCREC2019 - SHORT COURSE, 13:39 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	POLSTRA BERRY	427			NED	M 30-34	DNC	DNC	02:23:17	02:23:25.90	02:23:29.20	0:00	2.1
DNC	GUILLAUMIN THOMAS	433	TR1BE OCR TEAM		FRA	M 30-34	DNC	DNC	02:35:10	02:35:29.60	02:35:32.30	0:00	1.9
DNC	HARVEY-VALLENDER OLIVER	421	CLIFF LAKES OCR			M 30-34	DNC	DNC	02:36:25	02:36:33.00	02:36:35.40	0:00	1.9
DNC	MONTRON ADRIEN	441			FRA	M 30-34	DNC	DNC	02:51:35	02:51:42.75	02:51:44.85	0:00	1.7
DNC	RUDY RYCHLINSKI	426			FRA	M 30-34	DNC	DNC	02:53:32	02:53:43.95	02:53:46.35	0:00	1.7
DNC	AUBRIOT PIERRE CHARLES	424			BEL	M 30-34	DNC	DNC	03:15:02	03:15:21.25	03:15:24.50	0:00	1.5
	COMMANDEUR TJEERD	437			NED	M 30-34			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 13:45**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	SZCZEPANIAK MARCIN	454	XRUNNERS		POL	M 35-39	2	M 167	01:09:45	01:09:50.15	01:09:51.90	13:58	4.3
2	BURÉN JOHAN	481	KARLSHAMN OCR		SWE	M 35-39	4	M 176	01:12:00	01:12:05.75	01:12:07.65	14:25	4.2
3	JOZEFIAK LUKASZ	453	XRUNNERS		POL	M 35-39	5	M 178	01:12:33	01:12:38.50	01:12:40.65	14:31	4.1
4	WAŁDOWSKI DOMINIK	459			POL	M 35-39	6	M 182	01:13:19	01:13:25.20	01:13:27.75	14:41	4.1
5	MADSEN TOMMY	450	GRIPEN OCR		SWE	M 35-39	8	M 190	01:14:52	01:14:57.60	01:14:59.45	14:59	4
6	LISOWSKI GRZEGORZ	458	SOCIOS SILESIA		POL	M 35-39	9	M 193	01:16:00	01:16:05.15	01:16:07.10	15:13	3.9
7	CRUZ SEBASTIEN	486			FRA	M 35-39	11	M 197	01:17:16	01:17:22.25	01:17:24.40	15:28	3.9
8	MARUSZEWSKI MARCIN	455	NEXTREME		POL	M 35-39	12	M 200	01:17:38	01:17:42.35	01:17:43.90	15:32	3.9
9	KASZA RAFAL	456	HUSARIA RACE TEAM		POL	M 35-39	14	M 203	01:17:48	01:17:54.20	01:17:55.35	15:34	3.9
10	LISOWSKI ADAM	460	SOCIOS SILESIA		POL	M 35-39	18	M 219	01:20:45	01:20:49.70	01:20:51.40	16:10	3.7
11	OVECHKIN TARAS	474			RUS	M 35-39	19	M 221	01:21:09	01:21:15.05	01:21:17.35	16:15	3.7
12	ALEKSEI GIATCINTOV	462			RUS	M 35-39	20	M 222	01:21:39	01:21:44.45	01:21:46.30	16:21	3.7
13	OLEKSIUK ANDRII	467			UKR	M 35-39	22	M 232	01:23:51	01:23:56.15	01:23:57.55	16:47	3.6
14	JAKUBCZAK MARCIN	452			POL	M 35-39	24	M 234	01:24:10	01:24:15.70	01:24:18.25	16:51	3.6
15	CHRISTIAN RAMBERGER	478	TEAM CELTIC WARRIOR		AUT	M 35-39	25	M 235	01:24:17	01:24:23.95	01:24:26.50	16:52	3.6
16	ENDERBY RICH	464	TEAM OMRM			M 35-39	27	M 237	01:24:58	01:25:04.95	01:25:07.00	17:01	3.5
17	TAYLOR ADAM	466				M 35-39	29	M 240	01:25:45	01:25:50.15	01:25:52.45	17:10	3.5
18	YANIN DENIS	472			RUS	M 35-39	31	M 247	01:28:17	01:28:21.45	01:28:23.65	17:40	3.4
19	PAPPERMANN JENS	483			GER	M 35-39	32	M 249	01:28:20	01:28:23.55	01:28:26.00	17:40	3.4
20	CAJDERT JOHAN	482			SWE	M 35-39	33	M 251	01:28:37	01:28:49.05	01:28:51.70	17:45	3.4
21	WHETTON EDDIE	473				M 35-39	34	M 256	01:30:31	01:30:36.25	01:30:37.70	18:07	3.3
22	HANSEN STEFAN	471	#3KLØVERENOCR		DEN	M 35-39	35	M 258	01:31:02	01:31:09.35	01:31:11.90	18:13	3.3
23	HÅKONSEN CATO	479	THE BEAST OCR TEAM MEN		NOR	M 35-39	36	M 299	01:40:32	01:40:37.85	01:40:40.55	20:07	3
DNC	HERK ERIK VAN	484			NED	M 35-39		DNC	01:21:02	01:21:09.20	01:21:10.95	0:00	3.7
DNC	BAKER STEPHEN	485				M 35-39		DNC	01:28:28	01:28:36.65	01:28:38.50	0:00	3.4
DNC	BAIA RAFAEL	468			POR	M 35-39		DNC	01:38:03	01:38:11.00	01:38:14.55	0:00	3.1
DNC	WONNEBERGER LARS	465	MUDBUSTERS		GER	M 35-39		DNC	01:42:03	01:42:18.05	01:42:20.30	0:00	2.9
DNC	KHOSCHNUD RAMIN	463	DAS GRIMSGRAMS		GER	M 35-39		DNC	01:51:32	01:51:43.60	01:51:46.35	0:00	2.7
DNC	BUKSZYŃSKI JANO	451			POL	M 35-39		DNC	01:58:16	01:58:22.45	01:58:24.15	0:00	2.5
DNC	BERGE KJETIL	475			NOR	M 35-39		DNC	02:04:06	02:04:15.90	02:04:19.05	0:00	2.4
DNC	SERGEY RUDOMETOV	477			RUS	M 35-39		DNC	02:05:05	02:05:23.15	02:05:26.15	0:00	2.4
DNC	LAGREZE SVEN	461	OCR MUNICH		GER	M 35-39		DNC	02:05:19	02:05:28.05	02:05:30.30	0:00	2.4
DNC	SUBBOTINAS VITALIJUS	449	OCR BALTIC WARRIORS		LTU	M 35-39		DNC	02:05:38	02:05:48.40	02:05:50.70	0:00	2.4
DNC	SJÖGREN NIKLAS	469	TEAM FRIGOVÅST		SWE	M 35-39		DNC	02:15:30	02:15:36.80	02:15:39.60	0:00	2.2
DNC	HERNANDEZ ARNEDO	480			ESP	M 35-39		DNC	02:30:35	02:30:53.85	02:30:56.15	0:00	2
DNC	HOLUBAR MARTIN	476			CZE	M 35-39		DNC	02:31:51	02:31:58.25	02:32:00.25	0:00	2

**OCREC2019 - SHORT COURSE, 13:49**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KRAUCHANKA ALIAKSANDR	521			BLR	M 35-39	1	M 157	01:07:13	01:07:18.15	01:07:20.60	13:27	4.5
2	WISSING ARJAN	470	VUDA OBSTACLE TEAM		NED	M 35-39	7	M 186	01:14:27	01:14:32.55	01:14:34.35	14:54	4
3	SLUIS RICHARD	514			NED	M 35-39	16	M 212	01:19:16	01:19:21.40	01:19:24.05	15:52	3.8

**OCREC2019 - SHORT COURSE, 13:49 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
4	RYDSTRÖM JOHAN	513	KARLSHAMN OCR		SWE	M 35-39	17	M 215	01:20:08	01:20:13.90	01:20:17.15	16:02	3.7
5	MĄŁEK RAFAŁ	489	WATAHA		POL	M 35-39	23	M 233	01:23:57	01:24:01.00	01:24:03.95	16:48	3.6
6	PODGORSKI MAREK	492			POL	M 35-39	26	M 236	01:24:51	01:24:56.20	01:24:58.30	16:59	3.5
7	SWACZYŃSKI KRZYSZTOF	497	HUSARIA RACE TEAM		POL	M 35-39	28	M 239	01:25:41	01:25:46.60	01:25:49.85	17:09	3.5
8	GÖSTA CHRISTIAN	512	EVOLUTIONRACE		DEN	M 35-39	38	M 316	01:50:57	01:51:07.50	01:51:12.05	22:13	2.7
9	MILEHAM NICKY	501	TEAM OMRM			M 35-39	39	M 327	01:57:50	01:57:57.00	01:57:59.30	23:35	2.5
10	NOVIN THOMAS	503	GRIPEN OCR		SWE	M 35-39	42	M 336	02:05:01	02:05:04.10	02:05:06.85	25:00	2.4
11	ROMANOWSKI ŁUKASZ	494	HUSARIA RACE TEAM		POL	M 35-39	43	M 337	02:04:57	02:05:04.30	02:05:07.90	25:00	2.4
12	PETERSEN ULF	508	TEAM SOLID		SWE	M 35-39	45	M 347	02:11:04	02:11:13.70	02:11:16.00	26:14	2.3
13	PYSZŃIAK PAWEŁ	493			POL	M 35-39	46	M 349	02:12:34	02:12:38.70	02:12:41.20	26:31	2.3
14	ROETS ELIO	518	OCR BELGIUM		BEL	M 35-39	47	M 361	02:19:01	02:19:11.40	02:19:14.50	27:50	2.2
15	GAWIN KRZYSZTOF	495	BEFIT24TEAM		POL	M 35-39	48	M 385	02:49:22	02:49:28.75	02:49:31.50	33:53	1.8
16	KUBIESA JAKUB	491	HUSARIA RACE TEAM		POL	M 35-39	49	M 386	02:49:54	02:49:59.90	02:50:03.60	34:00	1.8
DNC	BELT RICO VAN DEN	511			NED	M 35-39	DNC	DNC	01:26:03	01:26:18.60	01:26:20.55	0:00	3.5
DNC	OPOLONY IRENEUSZ	499	SOCIOS SILESIA		POL	M 35-39	DNC	DNC	01:26:08	01:26:24.65	01:26:26.75	0:00	3.5
DNC	SHIROKOV IGOR	504	GAZPROMBANK OCR TEAM		RUS	M 35-39	DNC	DNC	01:28:12	01:28:20.95	01:28:23.85	0:00	3.4
DNC	SCHÜLER CONSTANTIN	509			AUT	M 35-39	DNC	DNC	01:29:16	01:29:24.10	01:29:26.75	0:00	3.4
DNC	ESTIVAL JULIEN	515			FRA	M 35-39	DNC	DNC	01:58:15	01:58:23.35	01:58:26.80	0:00	2.5
DNC	DION STÉPHANE	519			BEL	M 35-39	DNC	DNC	02:00:11	02:00:25.20	02:00:30.35	0:00	2.5
DNC	LOUCA SEBASTIAN	516			GER	M 35-39	DNC	DNC	02:02:57	02:03:14.05	02:03:17.40	0:00	2.4
DNC	VIAGA RAUL FIDEL DUHARTE	505			GER	M 35-39	DNC	DNC	02:08:57	02:09:05.20	02:09:08.65	0:00	2.3
DNC	FAVA ALAN	520			MLT	M 35-39	DNC	DNC	02:10:27	02:10:34.25	02:10:37.10	0:00	2.3
DNC	KAMIŃSKI ZBIGNIEW	496			POL	M 35-39	DNC	DNC	02:11:43	02:11:51.15	02:11:53.80	0:00	2.3
DNC	KEREK BERNHARD	502	BÄHRINGER WILDSAUE		GER	M 35-39	DNC	DNC	02:14:50	02:14:59.90	02:15:03.35	0:00	2.2
DNC	MORAWSKI GRZEGORZ	490			POL	M 35-39	DNC	DNC	02:16:20	02:16:28.50	02:16:30.80	0:00	2.2
DNC	PETROW JANECK	506			FRA	M 35-39	DNC	DNC	02:20:52	02:21:32.95	02:21:35.35	0:00	2.1
DNC	SWART MAARTEN	517			NED	M 35-39	DNC	DNC	02:26:32	02:26:37.15	02:26:39.65	0:00	2
DNC	SZYDŁOWSKI ŁUKASZ	498			POL	M 35-39	DNC	DNC	02:39:09	02:39:19.10	02:39:22.25	0:00	1.9
DNC	HINTON MIKE	523				M 35-39	DNC	DNC	02:41:33	02:41:40.00	02:41:40.00	0:00	1.9
DNC	SOBRINO DAVID RUEDAS	510			ESP	M 35-39	DNC	DNC	02:48:52	02:48:59.05	02:49:01.45	0:00	1.8
DNC	SŁONIEWSKI RAFAŁ	500			POL	M 35-39	DNC	DNC	03:25:33	03:25:42.10	03:25:45.55	0:00	1.5

**OCREC2019 - SHORT COURSE, 13:53**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	DIJKSTRA DOOITZE	562	TEAM HANG-ON THE NETHERLANDS		NED	M 35-39	3	M 172	01:11:33	01:11:38.65	01:11:41.55	14:19	4.2
2	САПАТОВ КОНСТАНТИН	553			RUS	M 35-39	10	M 196	01:17:12	01:17:16.80	01:17:19.45	15:27	3.9
3	CAPPELEN DAN	549	#3KLØVERENOCR		DEN	M 35-39	13	M 201	01:17:34	01:17:40.55	01:17:49.65	15:32	3.9
4	TOMASZ KOMARNICKI	530	GRUBIORZE LOTAJOM		POL	M 35-39	15	M 209	01:18:51	01:18:56.70	01:18:58.95	15:47	3.8
5	KONARSKI ŁUKASZ	534	KONTENER FORMY		POL	M 35-39	21	M 230	01:23:25	01:23:31.20	01:23:33.45	16:42	3.6
6	SCHYBERG OSCAR	556	KARLSHAMN OCR		SWE	M 35-39	30	M 241	01:25:59	01:26:03.80	01:26:07.15	17:12	3.5
7	BORUC TOMASZ	538			POL	M 35-39	37	M 307	01:46:15	01:46:22.65	01:46:25.75	21:16	2.8
8	BELLINI GIULIO	544	ANIS MUDDERS		ITA	M 35-39	40	M 331	02:01:47	02:01:55.20	02:01:58.45	24:23	2.5
9	HÖGSTRÖM ANDREAS	545	FIGEHOLMS BRYGGERI		SWE	M 35-39	41	M 334	02:02:34	02:02:41.40	02:02:45.10	24:32	2.4
10	BRØDLØS KRISTIAN	542			DEN	M 35-39	44	M 341	02:09:04	02:09:08.75	02:09:17.90	25:49	2.3
11	KULIK SERGEY	552			RUS	M 35-39	50	M 388	02:54:50	02:54:55.05	02:54:57.20	34:59	1.7
DNC	KRAUS TOMÁŠ	546	SUNNY GANG PLZEŃ		CZE	M 35-39	DNC	DNC	01:33:40	01:34:00.45	01:34:02.65	0:00	3.2
DNC	JENSEN MICHAEL DEGN	543			DEN	M 35-39	DNC	DNC	01:35:24	01:35:34.60	01:35:43.70	0:00	3.1
DNC	RICHTER LUKÁŠ	558			CZE	M 35-39	DNC	DNC	01:44:11	01:44:18.45	01:44:20.70	0:00	2.9
DNC	BRUECKER CHRISTOPH	555	OCR CREW DUISBURG		GER	M 35-39	DNC	DNC	01:49:55	01:50:04.20	01:50:06.95	0:00	2.7
DNC	SZTAJER BARTEK	537	LUBIĘ BURPEES'Y		POL	M 35-39	DNC	DNC	01:52:42	01:52:46.70	01:52:49.35	0:00	2.7
DNC	JUSZCZYK JAROSLAW	527	DZIKI Z GOŚLAWA		POL	M 35-39	DNC	DNC	02:00:50	02:00:57.60	02:01:01.35	0:00	2.5
DNC	MONTAN JOHAN	548			SWE	M 35-39	DNC	DNC	02:02:35	02:02:41.45	02:02:45.15	0:00	2.4
DNC	STEVENSON ALAN	532				M 35-39	DNC	DNC	02:06:27	02:06:34.55	02:06:37.00	0:00	2.4
DNC	CHŁĄD ALEKSANDER	535			POL	M 35-39	DNC	DNC	02:11:24	02:11:32.10	02:11:34.35	0:00	2.3
DNC	VOSSLER MARTIN	557			GER	M 35-39	DNC	DNC	02:12:08	02:12:16.35	02:12:16.35	0:00	2.3

**OCREC2019 - SHORT COURSE, 13:53 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	DAY NICK	551				M 35-39	DNC	DNC	02:12:53	02:13:01.55	02:13:04.10	0:00	2.3
DNC	ZALEJASZ SYLWESTER	536	HELL SQUAD		POL	M 35-39	DNC	DNC	02:17:26	02:17:37.45	02:17:39.90	0:00	2.2
DNC	KRZYŻOWSKI GRZEGORZ	563			POL	M 35-39	DNC	DNC	02:19:04	02:19:20.50	02:19:22.95	0:00	2.2
DNC	MIODEK ADRIAN	533	DIRTY SPARROWS		POL	M 35-39	DNC	DNC	02:21:29	02:21:35.55	02:21:38.00	0:00	2.1
DNC	STRÖM TOMAS	554			SWE	M 35-39	DNC	DNC	02:27:49	02:28:10.35	02:28:14.55	0:00	2
DNC	GAWRYLUK MICHAŁ	539			POL	M 35-39	DNC	DNC	02:30:40	02:30:48.55	02:30:51.40	0:00	2
DNC	MEIER ROLF	541			DEN	M 35-39	DNC	DNC	02:32:20	02:32:28.95	02:32:38.20	0:00	2
DNC	PORTON DAVID	560				M 35-39	DNC	DNC	02:37:29	02:37:36.45	02:37:39.70	0:00	1.9
DNC	JANSEN THEO	561			NED	M 35-39	DNC	DNC	03:40:45	03:40:51.55	03:40:54.15	0:00	1.4

**OCREC2019 - SHORT COURSE, 14:00**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	DICKSON MARK	573				M 40-44	1	M 100	00:57:16	00:57:20.95	00:57:22.60	11:28	5.2
2	BLOEM MARTIJN	597	TEAM HANG-ON THE NETHERLANDS		NED	M 40-44	2	M 134	01:01:42	01:01:46.30	01:01:48.55	12:21	4.9
3	BUDZISZ KRZYSZTOF	565			POL	M 40-44	3	M 137	01:03:07	01:03:11.60	01:03:13.25	12:38	4.7
4	SAVANOVICH VITALI	574			BLR	M 40-44	4	M 140	01:03:40	01:03:46.40	01:03:48.75	12:45	4.7
5	SEBASTIEN FAGE	587	TEAM KONG OCR FRANCE		FRA	M 40-44	5	M 150	01:05:14	01:05:20.15	01:05:22.25	13:04	4.6
6	BOARDER ROBERT	567				M 40-44	6	M 156	01:07:11	01:07:15.25	01:07:17.65	13:27	4.5
7	ŁUKASZ LORENC	568			POL	M 40-44	7	M 161	01:08:47	01:08:53.65	01:08:53.65	13:46	4.4
8	KAMIESHKOV DENYS	602			UKR	M 40-44	9	M 179	01:12:37	01:12:42.25	01:12:45.05	14:32	4.1
9	BUENK PETER	595	TEAM OUTDOOR OCR		NED	M 40-44	10	M 185	01:13:43	01:13:48.50	01:13:50.65	14:45	4.1
10	WIKTOROWICZ MARIUSZ	566	RMF4RT GLADIATORS		POL	M 40-44	11	M 187	01:14:29	01:14:37.70	01:14:39.85	14:55	4
11	ESPINOSA JOAQUÍN MALO	581			ESP	M 40-44	12	M 195	01:16:29	01:16:34.10	01:16:35.90	15:18	3.9
12	CANACCINI DENIS	572			ITA	M 40-44	14	M 199	01:17:30	01:17:34.10	01:17:35.95	15:30	3.9
13	BENTO TONI	600			AFG	M 40-44	15	M 207	01:18:33	01:18:39.55	01:18:42.75	15:43	3.8
14	PELLUZ LUIS	599			ESP	M 40-44	17	M 217	01:20:30	01:20:35.55	01:20:37.85	16:07	3.7
15	FAGERSTRÖM PO	586	TEAM SOLID		SWE	M 40-44	18	M 227	01:22:22	01:22:26.85	01:22:29.55	16:29	3.6
16	KRÁSA DAVID	596			CZE	M 40-44	19	M 243	01:26:26	01:26:32.35	01:26:34.95	17:18	3.5
17	HELTERS MIKE	598			NED	M 40-44	21	M 255	01:29:44	01:29:48.50	01:29:51.20	17:57	3.3
18	GOMEZ MANUEL VALERO	570	LEYENDAS OCR BY XFORCE		ESP	M 40-44	23	M 274	01:34:50	01:34:53.90	01:34:56.00	18:58	3.2
19	BERTA PAOLO	592			ITA	M 40-44	27	M 285	01:37:37	01:37:47.05	01:37:49.75	19:33	3.1
20	VOIGT STEPHAN	603	OCR BIERATHLETICS		GER	M 40-44	30	M 297	01:39:51	01:39:58.20	01:40:01.45	19:59	3
21	OLIN KENNETH	589			DEN	M 40-44	36	M 391		03:28:02.00	03:28:02.00	41:36	1.4
DNC	RÖNNBERG MIKAEL	579	TEAM PROWORK		SWE	M 40-44	DNC	DNC	01:10:12	01:10:17.70	01:10:20.30	0:00	4.3
DNC	QVIST TOBIAS	590			SWE	M 40-44	DNC	DNC	01:27:24	01:27:32.05	01:27:34.85	0:00	3.4
DNC	ЗАХАРКИН СЕРГЕЙ	593			RUS	M 40-44	DNC	DNC	01:27:59	01:28:02.85	01:28:05.00	0:00	3.4
DNC	ŠEDA RADEK	591	OCRA CZ		CZE	M 40-44	DNC	DNC	01:33:35	01:33:44.25	01:33:47.20	0:00	3.2
DNC	SOSA BRUNO	577	OCR PORTUGAL LAB		POR	M 40-44	DNC	DNC	01:40:03	01:40:13.00	01:40:16.40	0:00	3
DNC	MITCHELL ALEXANDER	571				M 40-44	DNC	DNC	01:50:27	01:50:36.00	01:55:38.80	0:00	2.7
DNC	ENTICKNAP COLIN	578	TEAM X			M 40-44	DNC	DNC	01:58:03	01:58:13.15	01:58:16.60	0:00	2.5
DNC	TORRES OSCAR BARRANQUERO	588	THE LAST TRAINING		ESP	M 40-44	DNC	DNC	02:00:15	02:00:23.40	02:00:25.75	0:00	2.5
DNC	GROOTERS LEO	594	TEAM OUTDOOR OCR		NED	M 40-44	DNC	DNC	02:03:34	02:03:43.10	02:03:46.00	0:00	2.4
DNC	LANTZ ANDERS	580			SWE	M 40-44	DNC	DNC	02:04:41	02:04:49.45	02:04:52.40	0:00	2.4
DNC	ALGERSTEDT JIMMY	575			SWE	M 40-44	DNC	DNC	02:09:39	02:09:47.65	02:09:50.65	0:00	2.3
DNC	KOŁODZIEJCZYK DARIUSZ	576	SOCIOS SILESIA		POL	M 40-44	DNC	DNC	02:21:04	02:21:12.00	02:21:14.25	0:00	2.1
DNC	MORAN FRED	569			IRL	M 40-44	DNC	DNC	02:21:10	02:21:20.45	02:21:23.00	0:00	2.1
DNC	SANNA LUCA	582	ANIS MUDDERS		ITA	M 40-44	DNC	DNC	02:38:08	02:38:29.40	02:38:37.65	0:00	1.9
DNC	VIDAL RUBÉN PÉREZ	584			ESP	M 40-44	DNC	DNC	02:42:23	02:42:36.00	02:42:38.05	0:00	1.8
DNC	KULAK RAFAŁ	585	BALTIC SEALS		POL	M 40-44	DNC	DNC	03:16:40	03:16:47.65	03:16:50.45	0:00	1.5
DNC	ÁLVAREZ RAFITA FERNÁNDEZ	583			ESP	M 40-44			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 14:05**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	GERICH JAN VON	611			FIN	M 40-44	8	M 162	01:09:04	01:09:07.60	01:09:10.05	13:49	4.3
2	ALFREDSSON TOBIAS	620			SWE	M 40-44	13	M 198	01:17:26	01:17:30.30	01:17:32.50	15:30	3.9
3	HANSSON RICKARD	615	GRIPEN OCR		SWE	M 40-44	16	M 208	01:18:35	01:18:39.75	01:18:42.80	15:43	3.8
4	GALLI DARIO	641			ITA	M 40-44	20	M 253	01:29:01	01:29:07.70	01:29:10.85	17:49	3.4
5	GRABARCZYK WOJCIECH	645	BEST BEASTS		POL	M 40-44	22	M 262	01:32:27	01:32:31.50	01:32:33.75	18:30	3.2
6	TAKÁČ VLADIMÍR	629			SVK	M 40-44	24	M 279	01:35:57	01:36:01.35	01:36:04.10	19:12	3.1
7	PEDERSEN BRIAN	616			DEN	M 40-44	25	M 280	01:36:15	01:36:23.20	01:36:28.80	19:16	3.1
8	CHMIELEWSKI MARIUSZ	610	GRUPA BIEGOWA CZARNA BIAŁOSTOCKA		POL	M 40-44	26	M 282	01:36:56	01:37:01.90	01:37:04.55	19:24	3.1
9	KALISZYK GRZEGORZ	607			POL	M 40-44	28	M 291	01:38:53	01:39:00.80	01:39:02.95	19:48	3
10	KAUFMANN NIKOLAJ	639			DEN	M 40-44	29	M 294	01:39:13	01:39:16.45	01:39:20.00	19:51	3
11	VINCK MARK	621			NED	M 40-44	31	M 308	01:47:07	01:47:13.65	01:47:16.90	21:26	2.8
12	KRAWIEC ROBERT	624	CROSSTEAM SZCZECINEK POLSKA		POL	M 40-44	32	M 309	01:47:11	01:47:16.90	01:47:19.40	21:27	2.8
13	GERTSEN CARSTEN	637			DEN	M 40-44	33	M 314	01:50:46	01:50:52.75	01:50:56.40	22:10	2.7
14	LAENEN RENÉ	614			NED	M 40-44	34	M 345	02:10:32	02:10:36.95	02:10:39.60	26:07	2.3
15	BERGSTRÖM ROBERT	630	SPORTS CLUB OCR		SWE	M 40-44	35	M 351	02:14:07	02:14:13.25	02:14:16.85	26:50	2.2
DNC	BÜHRING SVEN	638	OCR BIERATHLETICS		GER	M 40-44	DNC	DNC	01:27:55	01:28:02.55	01:28:06.10	0:00	3.4
DNC	GEBSKI MARIUSZ	644	R.AMBO		POL	M 40-44	DNC	DNC	01:37:51	01:37:54.25	01:37:56.80	0:00	3.1
DNC	SYWANYCZ IRENEUSZ	612	PODTRZEPAKIEM		POL	M 40-44	DNC	DNC	01:38:42	01:38:50.05	01:38:53.40	0:00	3
DNC	GUNN PAUL	626	TEAM BRIGHTHAMMER		M 40-44	DNC	DNC	DNC	01:39:25	01:39:30.55	01:39:33.20	0:00	3
DNC	SAMTLEBEN THOMAS HEBBE	643	TEAM CELTIC WARRIOR		GER	M 40-44	DNC	DNC	01:44:57	01:45:17.80	01:45:20.45	0:00	2.8
DNC	CAFÉ NUNO	625	LYNXTEAM		POR	M 40-44	DNC	DNC	01:46:25	01:46:38.90	01:46:40.75	0:00	2.8
DNC	BENTLEY ANDY	617			M 40-44	DNC	DNC	DNC	01:51:11	01:51:19.25	01:51:22.50	0:00	2.7
DNC	HOCHSTEIN DIRK	623	OCR-PACEMAKERS		GER	M 40-44	DNC	DNC	01:54:26	01:54:37.60	01:54:40.95	0:00	2.6
DNC	HEIMBURG STEFAN VON	609	URBANRUNNING		GER	M 40-44	DNC	DNC	01:56:24	01:56:34.70	01:56:38.85	0:00	2.6
DNC	MÜLLERS KAI	634	OCR MUNICH		GER	M 40-44	DNC	DNC	01:57:28	01:57:36.20	01:57:39.15	0:00	2.6
DNC	WALTHER OLIVER	636	OCR MUNICH		GER	M 40-44	DNC	DNC	01:57:57	01:58:05.00	01:58:08.00	0:00	2.5
DNC	NIELSEN RENE	627	OCRHOLSTEBRO		DEN	M 40-44	DNC	DNC	01:58:23	01:58:30.70	01:58:34.95	0:00	2.5
DNC	GRZEGORZYCA DAMIAN	608	SOCIOS SILESIA		POL	M 40-44	DNC	DNC	01:59:06	01:59:16.65	01:59:18.80	0:00	2.5
DNC	WAHLUND JESPER	635	TEAM BAREKOHUDDINGE.SE		SWE	M 40-44	DNC	DNC	02:15:40	02:15:58.15	02:16:00.70	0:00	2.2
DNC	VEDERSØ MIK	619			DEN	M 40-44	DNC	DNC	02:19:46	02:19:54.60	02:19:58.20	0:00	2.1
DNC	LEŚNIAK GRZEGORZ	613	DIRTY SPARROWS		POL	M 40-44	DNC	DNC	02:29:55	02:30:02.40	02:30:04.85	0:00	2
DNC	CREVEAU ANTHONY	631	TEAMPRIDEORDIE		FRA	M 40-44	DNC	DNC	02:43:40	02:43:49.50	02:43:53.05	0:00	1.8
DNC	COULY CHRISTOPHE - AKIRA	640	OCR BELGIUM WALLONIA MEN		BEL	M 40-44	DNC	DNC	03:04:47	03:04:54.05	03:04:56.60	0:00	1.6
DNC	TULLOCH JON 'ABS'	642			M 40-44	DNC	DNC	DNC	04:08:02	04:08:11.85	04:08:14.80	0:00	1.2
DNC	DELOGE ALEXANDRE	622			FRA	M 40-44	DNC	DNC	04:14:30	04:14:46.70	04:14:50.05	0:00	1.2
	HAJEWSKI MICHAŁ	618			POL	M 40-44			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 14:15**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	LAGRAND STIJN	649	TEAM HANG-ON THE NETHERLANDS		NED	M 13-17	1	M 79	00:55:30	00:55:33.80	00:55:35.40	11:06	5.4
2	SOBIERAJSKI BOLESŁAW	658			POL	M 13-17	2	M 82	00:55:53	00:55:58.35	00:56:00.35	11:11	5.4
3	GREGersen MADS-CHRISTIAN AGERSKOV	653			DEN	M 13-17	3	M 96	00:56:57	00:57:01.20	00:57:03.85	11:24	5.3
4	SOBIERAJSKI KRZYSZTOF	656			POL	M 13-17	4	M 98	00:57:09	00:57:15.10	00:57:17.25	11:27	5.2
5	PROKUDIN YURY	647	RUSSIA-MOSCOW REGION		RUS	M 13-17	5	M 103	00:57:36	00:57:40.30	00:57:43.25	11:32	5.2
6	HORVÁTH ZSOLT	650	OCR GABORTEAM		HUN	M 13-17	6	M 110	00:59:03	00:59:06.45	00:59:08.30	11:49	5.1
7	POWELL ALF	660			M 13-17	7	M 166	01:09:40	01:09:45.15	01:09:47.10	13:57	4.3	
8	DAMKOT TOM	661			NED	M 13-17	8	M 171	01:10:37	01:11:07.15	01:11:08.90	14:13	4.2
9	GEVEN TWAN	666	TEAM BRUGGINK NL		NED	M 13-17	9	M 211	01:19:16	01:19:20.55	01:19:22.60	15:52	3.8
10	SKUPIEŃ TOMASZ	663			POL	M 13-17	10	M 272	01:34:37	01:34:40.30	01:34:43.00	18:56	3.2
DNC	LEERBAEK MADS	655			DEN	M 13-17	DNC	DNC	02:10:22	02:10:28.80	02:10:31.00	0:00	2.3
DNC	RAWSON JACK	652			M 13-17	DNC	DNC	DNC	02:43:23	02:43:28.05	02:43:30.10	0:00	1.8
DNC	ROSE-HORNE MAXIMUS	648			M 13-17	DNC	DNC	DNC	02:43:24	02:43:28.45	02:43:30.40	0:00	1.8
DNC	GRANT FRANK	654			M 13-17	DNC	DNC	DNC	02:43:23	02:43:28.45	02:43:30.95	0:00	1.8
DNC	MIRASLAU CHARAPOK	657	VOLAT		BLR	M 13-17	DNC	DNC	03:08:18	03:08:27.25	03:08:29.90	0:00	1.6
DNC	TITOV DENIS	651			BLR	M 13-17	DNC	DNC	03:10:43	03:10:53.30	03:10:55.95	0:00	1.6

**OCREC2019 - SHORT COURSE, 14:15 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	GÓRZYŃSKI KONRAD	662			POL	M 13-17	DNC	DNC	03:32:42	03:32:58.45	03:33:00.45	0:00	1.4
DNC	MISSALA ANDRZEJ	659	POWER TRAINING		POL	M 13-17	DNC	DNC	04:10:20	04:10:27.60	04:10:29.35	0:00	1.2
	BAKKER PIM	667			NED	M 13-17			DNF	DNF	DNF	-	-
	SZECHLIICKI DAWID	664			POL	M 13-17			DNF	DNF	DNF	-	-
	BAŁDYGA MIŁOSZ	665			POL	M 13-17			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 14:30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	LOMNICKÁ TEREZA	682			CZE	W 18-24	1	K 22	01:18:19	01:18:24.40	01:18:27.35	15:41	3.8
2	ONOFRIENKO KARINA	678			RUS	W 18-24	2	K 24	01:22:42	01:22:49.25	01:22:51.45	16:33	3.6
DNC	DAHLBÄCK MALIN	674	EFI OCR TEAM		SWE	W 18-24	DNC	DNC	01:43:19	01:43:26.40	01:43:28.40	0:00	2.9
DNC	VERDIESEN MARLOES	684			NED	W 18-24	DNC	DNC	01:51:58	01:52:07.60	01:52:09.95	0:00	2.7
DNC	TAHIROVIC ADNA	676			NOR	W 18-24	DNC	DNC	01:54:33	01:54:41.10	01:54:43.05	0:00	2.6
DNC	STØLEN GUNHILD	696			NOR	W 18-24	DNC	DNC	01:57:00	01:57:10.40	01:57:12.45	0:00	2.6
DNC	KUNZMANNOVÁ EVA	688			CZE	W 18-24	DNC	DNC	01:58:14	01:58:20.75	01:58:23.55	0:00	2.5
DNC	ZELENKOVÁ SIMONA	692	#GLADIATORRACETEAM		CZE	W 18-24	DNC	DNC	02:01:15	02:01:19.45	02:01:22.20	0:00	2.5
DNC	POUROVA KATERINA	699			CZE	W 18-24	DNC	DNC	02:13:10	02:13:16.60	02:13:19.95	0:00	2.3
DNC	SUŠÁNKOVÁ KLÁRA	690			CZE	W 18-24	DNC	DNC	02:16:17	02:16:34.50	02:16:37.45	0:00	2.2
DNC	MACANOVÁ ZUZANA	689			CZE	W 18-24	DNC	DNC	02:12:04	02:16:34.70	02:16:37.75	0:00	2.2
DNC	DRÁBKOVÁ VERONIKA	681			CZE	W 18-24	DNC	DNC	02:21:40	02:21:47.90	02:21:50.95	0:00	2.1
DNC	KOLLBERG LOUISE	685			SWE	W 18-24	DNC	DNC	02:29:03	02:29:11.30	02:29:13.65	0:00	2
DNC	SZUBA-LATA KLAUDIA	679	ENJOY BY SPORT		POL	W 18-24	DNC	DNC	02:31:58	02:32:06.70	02:32:08.95	0:00	2
DNC	SØRENSEN METTE	672	ASICSFONTRUNNER		DEN	W 18-24	DNC	DNC	02:44:19	02:44:26.65	02:44:29.30	0:00	1.8
DNC	SZOSTEK PATRYCJA	702			POL	W 18-24	DNC	DNC	02:50:00	02:50:05.80	02:50:08.30	0:00	1.8
DNC	KALMAR SARA	671			HUN	W 18-24	DNC	DNC	02:53:40	02:53:47.90	02:53:50.10	0:00	1.7
DNC	HAMMARBÄCK MOA	686	TEAM VALKYRIA		SWE	W 18-24	DNC	DNC	02:54:26	02:54:31.90	02:54:34.55	0:00	1.7
DNC	CICHA NATALIA	694			POL	W 18-24	DNC	DNC	02:59:16	02:59:25.15	02:59:26.85	0:00	1.7
DNC	STENBÄCK AMANDA	687			SWE	W 18-24	DNC	DNC	03:00:42	03:00:51.45	03:00:53.90	0:00	1.7
DNC	GHAFFRY TOURIA ZAHRA	669	TEAMMADNESS			W 18-24	DNC	DNC	03:02:50	03:02:54.45	03:02:57.40	0:00	1.6
DNC	FARINA SUMATY PRISCILA HERNANDEZ	670	TEAMMADNESS			W 18-24	DNC	DNC	03:02:50	03:02:54.95	03:02:57.65	0:00	1.6
DNC	SZADYKO MONIKA	703			POL	W 18-24	DNC	DNC	03:17:44	03:17:57.00	03:17:58.85	0:00	1.5
DNC	KRÓLAK MARGARITA	701			POL	W 18-24	DNC	DNC	03:18:41	03:18:47.20	03:18:48.75	0:00	1.5
DNC	KLONOWICZ PATRYCJA	697			POL	W 18-24	DNC	DNC	03:23:20	03:23:26.70	03:23:28.65	0:00	1.5
DNC	BURS KLAUDIA	695			POL	W 18-24	DNC	DNC	03:28:09	03:28:26.45	03:28:28.70	0:00	1.4
DNC	GARDABOU IBTISAM	680			BEL	W 18-24	DNC	DNC	03:39:55	03:40:21.20	03:40:23.40	0:00	1.4
DNC	GROBELNA ALEKSANDRA	693			POL	W 18-24	DNC	DNC	03:42:56	03:43:05.00	03:43:06.30	0:00	1.3
DNC	BALUTA-MAŁECKA EDYTA	700			POL	W 18-24	DNC	DNC	03:42:56	03:43:05.25	03:43:06.65	0:00	1.3
DNC	PAPIÓR JOLANTA	704			POL	W 18-24	DNC	DNC	03:48:15	03:48:21.75	03:48:23.75	0:00	1.3
DNC	MACIUSZEK JULIA	698			POL	W 18-24	DNC	DNC	04:03:58	04:04:08.30	04:04:09.75	0:00	1.2
DNC	CASTEIJN SELMA	691	OUTDOOR VALLEY		NED	W 18-24	DNC	DNC	04:19:01	04:19:10.20	04:19:12.85	0:00	1.2
	LUND MARIA	683			DEN	W 18-24			DNF	DNF	DNF	-	-
	HAAVISTO ELLEN	675	EFI OCR TEAM		SWE	W 18-24			DNF	DNF	DNF	-	-
	HAAVISTO EMMY	673	EFI OCR TEAM		SWE	W 18-24			DNF	DNF	DNF	-	-
	SANDBERG AMANDA	677	TEAM MERRELL		SWE	W 18-24			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 14:45**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	MARTIN ASTRID	732			DEN	W 25-29	1	K 18	01:12:31	01:12:37.45	01:12:38.85	14:31	4.1
2	LEVERAAS KATRINE HAALAND	709	TOUGH RACE SWEDEN		NOR	W 25-29	2	K 20	01:15:37	01:15:40.85	01:15:42.55	15:08	4
3	BRINKMANN SABRINA	733			GER	W 25-29	3	K 29	01:29:15	01:29:19.90	01:29:22.25	17:52	3.4
4	WAGNER PIA	724			GER	W 25-29	4	K 35	01:39:05	01:39:11.20	01:39:12.70	19:50	3
5	JESSING IBEN	710			DEN	W 25-29	5	K 40	01:52:51	01:52:55.10	01:52:56.05	22:35	2.7

**OCREC2019 - SHORT COURSE, 14:45 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
6	BAGROWSKA AGATA	727			POL	W 25-29	6	K 62	03:35:53	03:36:10.40	03:36:10.80	43:14	1.4
DNC	ARVIDSSON SARA	722	GRIPEN OCR		SWE	W 25-29	DNC	DNC	01:15:51	01:16:05.40	01:16:07.25	0:00	3.9
DNC	ROLIN ERIKA	728	TEAM VALKYRIA		SWE	W 25-29	DNC	DNC	01:40:14	01:40:20.95	01:40:22.90	0:00	3
DNC	BRÍZOVÁ JANA	725			CZE	W 25-29	DNC	DNC	01:42:45	01:42:59.10	01:42:59.85	0:00	2.9
DNC	FELLDIN JENNY	723			SWE	W 25-29	DNC	DNC	01:48:28	01:48:33.55	01:48:35.50	0:00	2.8
DNC	RANGNAU OLGA	714			GER	W 25-29	DNC	DNC	01:53:23	01:53:28.95	01:53:31.10	0:00	2.6
DNC	PELLA KRISTINA	737			SWE	W 25-29	DNC	DNC	01:55:30	01:55:45.30	01:55:46.35	0:00	2.6
DNC	KUŽELÍKOVÁ ZUZANA	715			CZE	W 25-29	DNC	DNC	01:58:11	01:58:17.40	01:58:18.95	0:00	2.5
DNC	KRYVKO MARGARYTA	736			UKR	W 25-29	DNC	DNC	02:06:54	02:07:00.85	02:07:02.00	0:00	2.4
DNC	GILARSKA MARTA	739			POL	W 25-29	DNC	DNC	02:12:12	02:12:19.15	02:12:20.85	0:00	2.3
DNC	BERLIN NANNA	711			DEN	W 25-29	DNC	DNC	02:12:54	02:13:02.30	02:13:03.85	0:00	2.3
DNC	MARUSZAK ANNA	738			POL	W 25-29	DNC	DNC	02:18:15	02:18:18.45	02:18:20.00	0:00	2.2
DNC	JOHANSSON CAROLINE	708	KFUM UPPSALA SURVIVAL		SWE	W 25-29	DNC	DNC	02:28:32	02:28:39.25	02:28:41.20	0:00	2
DNC	LIMANOWSKA OLGA	719			POL	W 25-29	DNC	DNC	02:31:19	02:31:26.30	02:31:27.40	0:00	2
DNC	BOANDER CAMILLA	713			SWE	W 25-29	DNC	DNC	02:31:36	02:31:42.15	02:31:44.20	0:00	2
DNC	FRICK EMMA	721			SWE	W 25-29	DNC	DNC	02:35:56	02:36:01.15	02:36:02.80	0:00	1.9
DNC	FRAMVIG MICA	726			DEN	W 25-29	DNC	DNC	02:38:53	02:39:01.45	02:39:03.45	0:00	1.9
DNC	WOŹNIAK JOANNA	731	HUSARIA RACE TEAM		POL	W 25-29	DNC	DNC	02:51:50	02:51:58.55	02:51:59.45	0:00	1.7
DNC	MAJSZCZYK PAULINA	740	HARDCOROWE WYCHYLYBYMY		POL	W 25-29	DNC	DNC	02:54:39	02:54:47.25	02:54:48.80	0:00	1.7
DNC	ZIÓŁKOWSKA ALEKSANDRA	735	HARDCOROWE WYCHYLYBYMY		POL	W 25-29	DNC	DNC	02:57:19	02:57:22.95	02:57:24.00	0:00	1.7
DNC	BREDIN ANNA OLSSON	730			SWE	W 25-29	DNC	DNC	03:00:01	03:00:08.45	03:00:10.10	0:00	1.7
DNC	МАКОРИНА ПОЛИНА	734			RUS	W 25-29	DNC	DNC	03:23:08	03:23:15.00	03:23:16.55	0:00	1.5
DNC	GARNUSZEK ANITA	729			POL	W 25-29	DNC	DNC	03:26:53	03:27:00.95	03:27:02.45	0:00	1.4
DNC	ZYWER URSZULA	717			POL	W 25-29	DNC	DNC	03:30:03	03:30:10.45	03:30:11.90	0:00	1.4
DNC	KUCZKOWSKA MARTA	718	WATAHA GRUPA TRENINGOWA		POL	W 25-29	DNC	DNC	03:33:15	03:33:21.75	03:33:22.75	0:00	1.4
DNC	RIPOLLÉS LLUNA SANZ	716			ESP	W 25-29	DNC	DNC	03:33:41	03:33:47.20	03:33:48.05	0:00	1.4
DNC	RITZLER ANNA	712	UNTERFRANKEN VIKINGS		GER	W 25-29	DNC	DNC	04:02:43	04:02:51.50	04:02:53.65	0:00	1.2
	ULRICH SUSANNE	720			NED	W 25-29			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 15:00**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	PEHTSERAVA TATSIANA	762			BLR	W 30-34	1	K 10	01:07:25	01:07:31.95	01:07:34.70	13:30	4.4
2	WOROBIEWA JEKATIERINA	773			POL	W 30-34	2	K 17	01:11:54	01:11:58.50	01:12:01.90	14:23	4.2
3	LUNDBERG SARA	764			SWE	W 30-34	3	K 25	01:23:16	01:23:21.45	01:23:25.35	16:40	3.6
4	SCHUTTRUPS MARGREET	772			NED	W 30-34	4	K 38	01:47:50	01:47:55.20	01:47:58.05	21:35	2.8
DNC	GREIBIG MICHAELA	753	OPFERCREW		GER	W 30-34	DNC	DNC	01:29:18	01:29:28.50	01:29:31.80	0:00	3.4
DNC	SCHLAEPFER TAMARA	743	THOR		SUI	W 30-34	DNC	DNC	01:36:08	01:36:17.95	01:36:21.95	0:00	3.1
DNC	LUNDIN ALEXANDRA	761			SWE	W 30-34	DNC	DNC	01:46:22	01:46:31.35	01:46:35.05	0:00	2.8
DNC	BATE CHARLOTTE	747				W 30-34	DNC	DNC	01:51:22	01:51:28.95	01:51:32.55	0:00	2.7
DNC	RYLKOVA KATERINA	757	OCRA CZ		CZE	W 30-34	DNC	DNC	01:51:44	01:51:51.65	01:51:51.65	0:00	2.7
DNC	JONES HOLLY	768				W 30-34	DNC	DNC	01:56:06	01:56:27.65	01:56:31.55	0:00	2.6
DNC	SCHREUDER MYRTE	766			NED	W 30-34	DNC	DNC	01:56:59	01:57:05.20	01:57:08.95	0:00	2.6
DNC	KASTSIUCHENKA VOLHA	752			BLR	W 30-34	DNC	DNC	02:00:02	02:00:09.40	02:00:13.05	0:00	2.5
DNC	FROLOVA POLINA	756			RUS	W 30-34	DNC	DNC	02:03:35	02:03:41.40	02:03:43.95	0:00	2.4
DNC	ÖLUND EMMA	749			FIN	W 30-34	DNC	DNC	02:05:17	02:05:24.25	02:05:27.55	0:00	2.4
DNC	KOLEGOWICZ KLAUDIA	759			POL	W 30-34	DNC	DNC	02:08:07	02:08:23.65	02:08:26.75	0:00	2.3
DNC	DUBROVINA NATALIA	744			RUS	W 30-34	DNC	DNC	02:09:14	02:09:24.75	02:09:27.20	0:00	2.3
DNC	WILKINSON BECCA	745	TEAM MACTUFF			W 30-34	DNC	DNC	02:21:07	02:21:15.55	02:21:19.15	0:00	2.1
DNC	NOWICKA JUSTYNA	775			POL	W 30-34	DNC	DNC	02:29:17	02:29:24.30	02:29:27.10	0:00	2
DNC	JOHANSSON ELLEN	767	TEAM KROPPSLABBET		SWE	W 30-34	DNC	DNC	02:29:56	02:30:01.35	02:30:04.65	0:00	2
DNC	HALLGREN MATILDA	769	TEAM KROPPSLABBET		SWE	W 30-34	DNC	DNC	02:29:56	02:30:01.15	02:30:04.75	0:00	2
DNC	HAGLUND CECILIA	774			SWE	W 30-34	DNC	DNC	02:32:47	02:33:02.90	02:33:06.85	0:00	2
DNC	MARTIN FLORE	750	OCR BELGIUM WALLONIA MEN		BEL	W 30-34	DNC	DNC	02:35:12	02:35:29.40	02:35:32.55	0:00	1.9
DNC	MARTIN LUCIE	751	OCR BELGIUM WALLONIA MEN		BEL	W 30-34	DNC	DNC	02:35:12	02:35:29.75	02:35:32.85	0:00	1.9
DNC	FRONTCZAK IZABELA	758			POL	W 30-34	DNC	DNC	02:41:22	02:41:30.40	02:41:33.70	0:00	1.9



**OCREC2019 - SHORT COURSE, 15:00 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	KUZMYAK VASYLYNA	754			UKR	W 30-34	DNC	DNC	02:41:49	02:41:59.50	02:42:01.95	0:00	1.9
DNC	KIRKWOOD EMMA	760				W 30-34	DNC	DNC	02:43:18	02:43:24.40	02:43:27.85	0:00	1.8
DNC	KARPOVICH ALENA	748	VOLAT		BLR	W 30-34	DNC	DNC	02:51:18	02:51:26.75	02:51:30.45	0:00	1.7
DNC	VALERIA SHCHERBININA	755			RUS	W 30-34	DNC	DNC	02:59:36	02:59:47.30	02:59:51.50	0:00	1.7
DNC	NATALIA MIKHAILOVA	771	GAZPROMBANK OCR TEAM		RUS	W 30-34	DNC	DNC	03:08:09	03:08:15.75	03:08:18.65	0:00	1.6
DNC	GARLACZ JUSTYNA	770			POL	W 30-34	DNC	DNC	03:11:53	03:12:00.70	03:12:04.30	0:00	1.6
DNC	GONZÁLEZ ANA DE MIGUEL	765			ESP	W 30-34	DNC	DNC	03:19:16	03:19:23.25	03:19:26.30	0:00	1.5
DNC	VERSEPUCH ADÉLIE	746			FRA	W 30-34	DNC	DNC	03:25:58	03:26:15.45	03:26:19.05	0:00	1.5
DNC	GOFFIN ANNELEEN	776	OCR WAASLAND BELGIUM		BEL	W 30-34	DNC	DNC	03:36:39	03:36:57.35	03:37:00.65	0:00	1.4
DNC	HEIJKENSKJÖLD FENJA	763			SWE	W 30-34	DNC	DNC	03:38:14	03:38:18.35	03:38:22.05	0:00	1.4

**OCREC2019 - SHORT COURSE, 15:15**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	LARSSON MADELEINE	792	TEAM SOLID SWEDEN		SWE	W 35-39	1	K 8	01:05:23	01:05:29.15	01:05:30.95	13:05	4.6
2	RAMOS PAULA ESTEIRO	784			ESP	W 35-39	2	K 12	01:10:09	01:10:15.25	01:10:17.40	14:03	4.3
3	DIJK SANDRA VAN	808	HANG ON THE NETHERLANDS		NED	W 40-44	8	K 61	03:25:01	03:25:06.80	03:25:09.70	41:01	1.5
DNC	RAMPIROVÁ PETRA	789			CZE	W 35-39	DNC	DNC	01:56:38	01:56:46.20	01:56:48.55	0:00	2.6
DNC	RANNIKKO EMMY	781	KFUM UPPSALA SURVIVAL		SWE	W 35-39	DNC	DNC	02:02:26	02:02:36.85	02:02:39.90	0:00	2.4
DNC	GOLISCH NINA	791	HERAKLIDEN-TEAM DEUTSCHLAND		GER	W 35-39	DNC	DNC	02:09:47	02:09:58.45	02:10:00.85	0:00	2.3
DNC	BARKSKOG CARITHA	793	TEAMTOUGHACESWEDEN		SWE	W 35-39	DNC	DNC	02:12:12	02:12:19.45	02:12:22.60	0:00	2.3
DNC	BOZIC SARAH	782	OCR-PACEMAKERS		GER	W 35-39	DNC	DNC	02:13:54	02:14:02.05	02:14:05.00	0:00	2.2
DNC	DITTMANN KERSTIN	790	URBANRUNNING		GER	W 35-39	DNC	DNC	02:17:52	02:17:58.80	02:18:01.25	0:00	2.2
DNC	OLEKSIUK LIUDMYLA	780			UKR	W 35-39	DNC	DNC	02:25:25	02:25:38.40	02:25:40.50	0:00	2.1
DNC	ROSSER CLAIRE	783	THE ELEMENTS ELITE			W 35-39	DNC	DNC	02:28:18	02:28:24.15	02:28:26.70	0:00	2
DNC	JOYCE KATIE	796				W 35-39	DNC	DNC	02:28:18	02:28:24.80	02:28:27.05	0:00	2
DNC	DONALD LEE	779	TEAM LDPT			W 35-39	DNC	DNC	02:29:58	02:30:07.00	02:30:08.85	0:00	2
DNC	EGNER TORIL	786			NOR	W 35-39	DNC	DNC	02:42:02	02:42:10.40	02:42:12.55	0:00	1.8
DNC	ELENA GALUSHKINA	788			RUS	W 35-39	DNC	DNC	02:44:34	02:44:48.15	02:44:50.50	0:00	1.8
DNC	ŽAK ELŽBIETA	785	BEFIT24TEAM		POL	W 35-39	DNC	DNC	02:51:38	02:51:45.35	02:51:48.55	0:00	1.7
DNC	MARIYA NOVOSELSKAYA	797	GAZPROMBANK OCR TEAM		RUS	W 35-39	DNC	DNC	02:53:08	02:53:15.20	02:53:17.65	0:00	1.7
DNC	RACZYŃSKA ANKA	795	BALTIC SEALS		POL	W 35-39	DNC	DNC	02:53:24	02:53:42.90	02:53:45.60	0:00	1.7
DNC	SHEPPARD ALISON	801				W 35-39	DNC	DNC	02:57:33	02:57:41.65	02:57:43.75	0:00	1.7
DNC	OLENINA ELENA	798			ESP	W 35-39	DNC	DNC	02:58:51	02:58:57.35	02:58:59.45	0:00	1.7
DNC	RATCLIFFE HEATHER	794				W 35-39	DNC	DNC	03:00:12	03:00:19.90	03:00:22.15	0:00	1.7
DNC	SZWARC JAGODA	787			POL	W 35-39	DNC	DNC	03:00:46	03:01:03.20	03:01:05.65	0:00	1.7
DNC	SIŃCZUK PATRYCJA	800			POL	W 35-39	DNC	DNC	03:08:09	03:08:17.45	03:08:20.40	37:39	1.6
DNC	DADELEWSKA JOANNA	799	PIĘKNI I BESTIE		POL	W 35-39	DNC	DNC	03:25:36	03:26:14.20	03:26:17.65	0:00	1.5

**OCREC2019 - SHORT COURSE, 15:30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	BABUŠKOVÁ STANISLAVA	806			CZE	W 40-44	1	K 5	00:59:08	00:59:12.80	00:59:15.75	11:50	5.1
2	VRIES LISAN DE	811	FAMILYFIT OCR TEAM		NED	W 40-44	2	K 15	01:10:38	01:10:43.20	01:10:46.00	14:08	4.2
3	LINDSGREN CHRISTINA	803			DEN	W 40-44	3	K 16	01:11:40	01:11:45.45	01:11:48.20	14:21	4.2
4	SPÅNG MALIN	815			SWE	W 40-44	4	K 44	02:01:59	02:02:07.50	02:02:10.65	24:25	2.5
5	BJERRE SECILIE VICKTORIA	814			DEN	W 40-44	5	K 58	02:25:07	02:25:13.00	02:25:15.85	29:02	2.1
6	HEYWOOD LAURA	810	TEAM OMRM			W 40-44	6	K 59	02:27:13	02:27:17.50	02:27:20.30	29:27	2
7	KALINOWSKA WIOLETTA	817	BEST BEASTS		POL	W 40-44	7	K 60	02:51:26	02:51:33.85	02:51:37.15	34:18	1.7
DNC	JOHANSSON MALIN	805	OCR ELITE APPAREL		SWE	W 40-44	DNC	DNC	02:26:18	02:26:26.40	02:26:29.05	0:00	2
DNC	LEŚNIAK DOROTA	809	DIRTY SPARROWS		POL	W 40-44	DNC	DNC	02:40:57	02:41:04.90	02:41:08.20	0:00	1.9
DNC	GOODWIN RUTH	812				W 40-44	DNC	DNC	02:42:33	02:42:40.85	02:42:43.65	0:00	1.8
DNC	DAVIS HELEN	802			GBR	W 40-44	DNC	DNC	02:51:24	02:51:31.15	02:51:34.70	0:00	1.7
DNC	MARKSTEDT ANNA-LEE	819			SWE	W 40-44	DNC	DNC	02:51:54	02:52:00.55	02:52:03.10	0:00	1.7

**OCREC2019 - SHORT COURSE, 15:30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
DNC	KIND PIA	807			SWE	W 40-44	DNC	DNC	02:55:34	02:55:47.00	02:55:50.05	0:00	1.7
DNC	KARLSSON GUNILLA	813			SWE	W 40-44	DNC	DNC	02:57:53	02:58:01.05	02:58:04.35	0:00	1.7
DNC	THAYSEN SUSANNE	818			SWE	W 40-44	DNC	DNC	03:17:40	03:17:47.40	03:17:50.75	0:00	1.5
	POZNYAK TATIANA	816	GAZPROMBANK OCR TEAM		RUS	W 40-44			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 15:45**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KRZYSTYNIAK ROBERT	843			POL	M 45-49	1	M 41	00:50:50	00:50:54.65	00:50:57.30	10:11	5.9
2	CHRISTENSEN BRIAN VIBORG	826			DEN	M 45-49	2	M 68	00:54:10	00:54:14.25	00:54:16.75	10:50	5.5
3	MACHTYL ZYGMUNT	831	BEST BEASTS		POL	M 45-49	3	M 135	01:01:58	01:02:03.30	01:02:05.45	12:24	4.8
4	RAMOS SÉRGIO	829	LYNX		POR	M 45-49	4	M 142	01:03:55	01:04:00.40	01:04:02.50	12:48	4.7
5	PEDERSEN CHRISTIAN	823	EVOLUTIONRACE		DEN	M 45-49	5	M 147	01:04:37	01:04:40.70	01:04:43.50	12:56	4.6
6	ROBBEMOND ROBIN	842	TEAM HANG-ON THE NETHERLANDS		NED	M 45-49	6	M 175	01:11:48	01:11:53.70	01:11:55.75	14:22	4.2
7	WRIGHT JASON	836				M 45-49	7	M 191	01:15:27	01:15:32.75	01:15:34.60	15:06	4
8	BATES DANIEL	853	TEAM ULTIMATE OCR		SWE	M 45-49	8	M 214	01:19:40	01:19:45.95	01:19:48.70	15:57	3.8
9	LOZANO MIGUEL ÁNGEL CHARRO	858			ESP	M 45-49	9	M 216	01:20:19	01:20:25.85	01:20:27.95	16:05	3.7
10	WROBBEL MICHAEL	835			GER	M 45-49	10	M 384	02:43:54	02:44:05.30	02:44:07.80	32:49	1.8
11	YVES PUGLIARI	832	OCR BELGIUM		BEL	M 45-49	11	M 389	02:55:44	02:55:58.85	02:56:01.05	35:11	1.7
DNC	FIŠER ROSTISLAV	841			CZE	M 45-49	DNC	DNC	01:06:56	01:07:04.00	01:07:05.90	0:00	4.5
DNC	PAL MARIO	834	RUNTERRA		GER	M 45-49	DNC	DNC	01:27:47	01:27:57.70	01:28:00.90	0:00	3.4
DNC	KVIKSTAD RUNE	825			NOR	M 45-49	DNC	DNC	01:28:46	01:29:05.10	01:29:07.65	0:00	3.4
DNC	KOWALSKI TOMASZ	839	HUSARIA RACE TEAM		POL	M 45-49	DNC	DNC	01:29:40	01:29:49.35	01:29:52.40	0:00	3.3
DNC	WILLIS RICHARD	838				M 45-49	DNC	DNC	01:39:10	01:39:18.30	01:39:20.35	0:00	3
DNC	KOZA ROBERT	855	CARBON OCR RACING TEAM		POL	M 45-49	DNC	DNC	01:43:11	01:43:28.60	01:43:31.65	0:00	2.9
DNC	SCHMIDT HOLGER	848	HERAKLIDEN-TEAM DEUTSCHLAND		GER	M 45-49	DNC	DNC	01:47:51	01:47:58.80	01:48:01.55	0:00	2.8
DNC	JANSEN ROEL	849			NED	M 45-49	DNC	DNC	01:52:14	01:52:20.75	01:52:23.10	0:00	2.7
DNC	PUTMAN DAVID	844	VUDA OBSTACLE TEAM		NED	M 45-49	DNC	DNC	01:53:19	01:53:28.05	01:53:29.90	0:00	2.6
DNC	DUURSMA PAUL	837			NED	M 45-49	DNC	DNC	01:53:23	01:53:30.05	01:53:32.95	0:00	2.6
DNC	ALEXANDER ALEXANDER	828				M 45-49	DNC	DNC	01:54:59	01:55:06.40	01:55:08.60	0:00	2.6
DNC	JÜRGENS FRIEDRICH	830			GER	M 45-49	DNC	DNC	01:55:18	01:55:36.25	01:55:38.45	0:00	2.6
DNC	LEONI MAURO	856			ITA	M 45-49	DNC	DNC	01:59:04	01:59:12.45	01:59:14.70	0:00	2.5
DNC	CECCOTTI DANIELE	846			ITA	M 45-49	DNC	DNC	01:59:05	01:59:12.75	01:59:14.70	0:00	2.5
DNC	PENNISI DARIO	847			ITA	M 45-49	DNC	DNC	01:59:05	01:59:12.15	01:59:14.70	0:00	2.5
DNC	OLDHAM JUSTIN	857				M 45-49	DNC	DNC	02:03:44	02:03:51.30	02:03:53.95	0:00	2.4
DNC	MACH MARTIN	845			CZE	M 45-49	DNC	DNC	02:08:56	02:09:14.80	02:09:17.45	0:00	2.3
DNC	GRESZTA WALDEMAR	850			POL	M 45-49	DNC	DNC	02:15:23	02:15:32.80	02:15:35.55	0:00	2.2
DNC	RĘBACZ KRZYSZTOF	854			POL	M 45-49	DNC	DNC	02:15:37	02:15:47.80	02:15:51.15	0:00	2.2
DNC	OLSSON ANDERS E	824	KARLSHAMN OCR		SWE	M 45-49	DNC	DNC	02:30:41	02:30:46.95	02:30:51.20	0:00	2
DNC	CERBA JAROSLAW	851			POL	M 45-49	DNC	DNC	02:40:34	02:40:41.15	02:40:43.80	0:00	1.9
DNC	GŁOWACZ GRZEGORZ	852	HUSARIA RACE TEAM		POL	M 45-49	DNC	DNC	02:47:51	02:47:56.70	02:47:59.75	0:00	1.8
DNC	CZAJA PIOTR	833	CROSSTEAM SZCZECINEK POLSKA		POL	M 45-49	DNC	DNC	02:56:26	02:56:34.25	02:56:35.95	0:00	1.7

**OCREC2019 - SHORT COURSE, 15:50**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	STROMMER LÁSZLÓ	875			HUN	M 50-54	1	M 59	00:53:04	00:53:09.75	00:53:11.55	10:38	5.6
2	SLITS PETER	861			NED	M 50-54	2	M 116	00:59:23	00:59:28.60	00:59:30.35	11:53	5
3	HEER ERIK DE	869	HANG ON THE NETHERLANDS		NED	M 50-54	3	M 145	01:04:05	01:04:10.70	01:04:12.30	12:50	4.7
4	KURACH STANISLAW	871	DZIADY OCR		POL	M 50-54	4	M 177	01:12:31	01:12:34.95	01:12:37.95	14:30	4.1
5	ANDRESEN PETTER	872	TEAM OCR NORWAY		NOR	M 50-54	5	M 205	01:18:06	01:18:11.90	01:18:14.05	15:38	3.8
6	LEARY TONY	880				M 50-54	6	M 218	01:20:37	01:20:46.75	01:20:48.45	16:09	3.7
7	KAŁOL KACPER	998			POL	M JOURNEYMAN	9	M 277	01:35:32	01:35:40.30	01:35:42.95	19:08	3.1
8	ABRAM EUGENIUSZ	879			SWE	M 50-54	7	M 310	01:48:38	01:48:46.75	01:48:48.90	21:45	2.8

**OCREC2019 - SHORT COURSE, 15:50 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
9	MALUENDA JUAN	868	TEAM OCR ELITE APPAREL		SWE	M 50-54	8	M 318	01:52:18	01:52:24.55	01:52:26.35	22:29	2.7
10	MILHANO CARLOS	873			POR	M 50-54	9	M 348	02:11:12	02:11:20.40	02:11:22.25	26:16	2.3
DNC	WEETS MARC	884	OCR BELGIUM		BEL	M 55+	DNC	DNC	01:22:57	01:23:20.00	01:23:22.20	0:00	3.6
DNC	LEVY PHILIPPE	883	OCR FLANDERS		BEL	M 55+	DNC	DNC	01:22:56	01:23:19.90	01:23:22.60	0:00	3.6
DNC	GRITSYNA OLEG	862			RUS	M 50-54	DNC	DNC	01:31:51	01:31:59.45	01:32:01.90	0:00	3.3
DNC	TOMCZYK ANDRZEJ	886			POL	M 55+	DNC	DNC	01:33:04	01:33:19.45	01:33:23.40	0:00	3.2
DNC	SPIEKER ALFRED	877			GER	M 50-54	DNC	DNC	01:35:38	01:35:46.35	01:35:49.05	0:00	3.1
DNC	GATZ DETLEF	874	OCR BIERATHLETICS		GER	M 50-54	DNC	DNC	01:36:06	01:36:14.75	01:36:17.30	0:00	3.1
DNC	SERNBO JENS	876			SWE	M 50-54	DNC	DNC	01:52:49	01:52:59.45	01:53:01.80	0:00	2.7
DNC	CONVERS JEAN-LUC	887			FRA	M 55+	DNC	DNC	02:06:07	02:06:15.90	02:06:18.85	0:00	2.4
DNC	BIGLANDS STEVE	864				M 50-54	DNC	DNC	02:09:02	02:09:08.90	02:09:10.80	0:00	2.3
DNC	JANISZEWSKI GRZEGORZ	878	DZIADY OCR		POL	M 50-54	DNC	DNC	02:10:31	02:10:42.00	02:10:45.15	0:00	2.3
DNC	BLEYS PASCAL	863			BEL	M 50-54	DNC	DNC	02:12:26	02:12:36.70	02:12:38.75	0:00	2.3
DNC	MATYASI GÁBOR	865			HUN	M 50-54	DNC	DNC	02:14:26	02:14:31.55	02:14:33.15	0:00	2.2
DNC	MESZAROS CSABA	870			HUN	M 50-54	DNC	DNC	02:19:09	02:19:17.00	02:19:19.10	0:00	2.2
DNC	BENGTSSON PER	885			SWE	M 55+	DNC	DNC	02:21:11	02:21:19.40	02:21:22.10	0:00	2.1

**OCREC2019 - SHORT COURSE, 16:00**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	GIESBERTS VALÉRIE	891	TEAM HANG-ON THE NETHERLANDS		NED	W 13-17	1	K 21	01:17:41	01:17:45.55	01:17:48.15	15:33	3.9
2	DRUIJFF MEIKE	892			NED	W 13-17	2	K 23	01:20:19	01:20:23.45	01:20:26.35	16:04	3.7
3	MUL ELISA	896			NED	W 13-17	3	K 55	02:18:20	02:18:23.95	02:18:26.80	27:40	2.2
DNC	HEIBØ GUNN ELIN	905			NOR	W 45-49	DNC	DNC	01:23:43	01:23:50.40	01:23:54.45	0:00	3.6
DNC	GRANT JANE	904				W 45-49	DNC	DNC	01:41:14	01:41:21.10	01:41:24.30	0:00	3
DNC	COHEN REBECCA	910				W 50-54	DNC	DNC	01:56:31	01:56:39.20	01:56:43.50	0:00	2.6
DNC	SAMOW CORINNA	907	URBANRUNNING		GER	W 45-49	DNC	DNC	01:56:36	01:56:42.75	01:56:46.25	0:00	2.6
DNC	NATALIA BONDARENKO	913			UKR	W 55+	DNC	DNC	02:01:54	02:02:03.25	02:02:07.45	0:00	2.5
DNC	KOVALEFF LENA	906			SWE	W 45-49	DNC	DNC	02:04:55	02:05:03.40	02:05:07.10	0:00	2.4
DNC	SVENSSON ENGLA	895			SWE	W 13-17	DNC	DNC	02:08:02	02:08:08.15	02:08:11.30	0:00	2.3
DNC	VIRTANEN MAGGIE	912			POL	W 50-54	DNC	DNC	02:11:49	02:11:59.30	02:12:03.30	0:00	2.3
DNC	LEE MIKAELA	902	SPORTS CLUB OCR SWEDEN		SWE	W 45-49	DNC	DNC	02:14:24	02:14:32.85	02:14:37.15	0:00	2.2
DNC	ZEBERG ALICIA	890	KARLSHAMN OCR		SWE	W 13-17	DNC	DNC	02:15:37	02:15:45.05	02:15:47.45	0:00	2.2
DNC	WRIGHT SALLY	901				W 45-49	DNC	DNC	02:18:56	02:19:03.15	02:19:07.05	0:00	2.2
DNC	JASIŃSKA ALICJA	893	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	W 13-17	DNC	DNC	02:22:45	02:22:58.80	02:23:01.85	0:00	2.1
DNC	SPIJKER DAYEN	903			NED	W 45-49	DNC	DNC	02:24:39	02:24:46.65	02:24:49.55	0:00	2.1
DNC	WARING EVIE	898				W 13-17	DNC	DNC	02:25:05	02:25:09.35	02:25:13.05	0:00	2.1
DNC	MISSALA MAGDA	897	POWER TRAINING		POL	W 13-17	DNC	DNC	02:25:06	02:25:10.60	02:25:13.20	0:00	2.1
DNC	OLESEN CHRISTINA	914			SWE	W 55+	DNC	DNC	02:34:21	02:34:28.50	02:34:33.10	0:00	1.9
DNC	TCHIKNAVORIAN CARLA	894			FRA	W 13-17	DNC	DNC	02:42:27	02:42:42.00	02:42:45.25	0:00	1.8

**OCREC2019 - SHORT COURSE, 16:15**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	SALOMÄKI VILLE	934			SWE	M JOURNEYMAN	1	M 85	00:55:57	00:56:02.85	00:56:05.05	11:12	5.4
2	CHRISTIAN RAMBERGER	940	TEAM CELTIC WARRIOR		AUT	M JOURNEYMAN	3	M 223	01:21:57	01:22:06.50	01:22:09.15	16:25	3.7
3	SCHÜLER CONSTANTIN	936			AUT	M JOURNEYMAN	4	M 224	01:21:57	01:22:06.40	01:22:09.35	16:25	3.7
4	SAAL PATRICK	920	MUDDY UNICORNS		GER	M JOURNEYMAN	5	M 226	01:22:12	01:22:22.60	01:22:26.30	16:28	3.6
5	ANDERSEN STEEN	925			DEN	M JOURNEYMAN	8	M 268	01:33:39	01:33:46.05	01:33:48.55	18:45	3.2
6	RAMPIR JIŘÍ	942			CZE	M JOURNEYMAN	10	M 283	01:37:04	01:37:11.10	01:37:13.95	19:26	3.1
7	GANE MR JAMIE	922				M JOURNEYMAN	11	M 288	01:38:10	01:38:16.95	01:38:20.10	19:39	3.1
8	LYNG RASMUS	916	OCR FIGHTERS		DEN	M JOURNEYMAN	12	M 289	01:38:32	01:38:39.30	01:38:41.70	19:43	3
9	JENSEN MIKKEL	946			DEN	M JOURNEYMAN	13	M 292	01:38:58	01:39:06.30	01:39:08.30	19:49	3

**OCREC2019 - SHORT COURSE, 16:15 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
10	JULIKOWSKI KAROL	943			POL	M JOURNEYMAN	14	M 293	01:38:58	01:39:09.05	01:39:12.10	19:49	3
11	WASILEWSKI ARTEMIUSZ	931			BLR	M JOURNEYMAN	20	M 317	01:52:01	01:52:22.05	01:52:25.25	22:28	2.7
12	KUCIEWICZ JAROSŁAW	926			POL	M JOURNEYMAN	21	M 319	01:52:17	01:52:22.90	01:52:26.60	22:28	2.7
13	DAM NIKOLAJ M	929			DEN	M JOURNEYMAN	23	M 322	01:50:07	01:50:16.55	01:55:20.00	22:03	2.7
14	NILSSON OSCAR	919	SPORTS CLUB OCR SWEDEN		SWE	M JOURNEYMAN	24	M 325	01:56:17	01:56:23.25	01:56:27.50	23:16	2.6
15	JØRGENSEN MICHAEL	932			DEN	M JOURNEYMAN	25	M 330	02:01:19	02:01:27.00	02:01:31.05	24:17	2.5
16	KWIATKOWSKI HUBERT	937	GORĄCY POTOK TEAM- PODHALAŃSKIE DZIKI		POL	M JOURNEYMAN	27	M 335	02:03:35	02:03:42.35	02:03:44.45	24:44	2.4
17	AARHUS MARK KOFOED	930			DEN	M JOURNEYMAN	28	M 338	02:05:47	02:05:58.25	02:05:58.25	25:11	2.4
18	PRZĄDKA MARCIN	927	WATAHA		POL	M JOURNEYMAN	29	M 339	02:08:03	02:08:10.70	02:08:12.35	25:38	2.3
19	POLAŃSKI PAWEŁ	928	WATAHA		POL	M JOURNEYMAN	30	M 342	02:09:21	02:09:27.75	02:09:27.75	25:53	2.3
20	MILBRANT MICHAŁ	935	RMF4RT GLADIATORS		POL	M JOURNEYMAN	33	M 352	02:14:34	02:14:40.40	02:14:42.25	26:56	2.2
21	GULLAUD AUDRIC	921			BEL	M JOURNEYMAN	36	M 357	02:16:59	02:17:07.50	02:17:11.05	27:25	2.2
22	ZIOBRO CHRIS	944	MEMORIES NOT DREAMS OCR TEAM		POL	M JOURNEYMAN	39	M 363	02:19:08	02:20:09.10	02:20:12.60	28:01	2.1
23	ROGÓŻ ADRIAN	938			POL	M JOURNEYMAN	40	M 364	02:21:22	02:21:28.50	02:21:31.15	28:17	2.1
24	WAWRZYNIAK SŁAWO	939			POL	M JOURNEYMAN	41	M 367	02:25:08	02:25:16.00	02:25:18.40	29:03	2.1
25	BOŚ TOMASZ	941			POL	M JOURNEYMAN	44	M 370	02:25:36	02:26:10.45	02:26:13.15	29:14	2.1
26	SARLEJ ROBERT	933			POL	M JOURNEYMAN	48	M 374	02:26:34	02:26:40.00	02:26:42.10	29:20	2
27	TOPA RADOŚŁAW	924			POL	M JOURNEYMAN	52	M 380	02:31:24	02:31:32.55	02:31:34.85	30:18	2
28	LÓPEZ JULIO	959			ESP	M JOURNEYMAN	53	M 381	02:33:24	02:33:24.95	02:33:27.75	30:41	2
	LINDBERG MADS	923			DEN	M JOURNEYMAN			DNF	DNF	DNF	-	-

**OCREC2019 - SHORT COURSE, 16:20**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	BINDSLEV THOMAS GREGERS	950			DEN	M JOURNEYMAN	2	M 154	01:06:17	01:06:22.35	01:06:26.35	13:16	4.5
2	STANCLIK KRZYSZTOF	975			POL	M JOURNEYMAN	6	M 248	01:28:13	01:28:21.75	01:28:25.20	17:40	3.4
3	KÖNIG ALEXANDER	967			GER	M JOURNEYMAN	7	M 266	01:32:52	01:32:57.70	01:33:00.65	18:35	3.2
4	SHPYLCHYN VITALII	958			UKR	M JOURNEYMAN	15	M 304	01:43:16	01:43:26.50	01:43:30.75	20:41	2.9
5	STANGEL PIOTR	957	KONTENER FORMY		POL	M JOURNEYMAN	16	M 306	01:46:01	01:46:08.40	01:46:12.10	21:13	2.8
6	WERYK MATEUSZ	949	GRIMPADO/CF3M		POL	M JOURNEYMAN	17	M 311	01:49:17	01:49:28.00	01:49:31.25	21:53	2.7
7	OLSEN ANDREAS STAHL	951			DEN	M JOURNEYMAN	18	M 312	01:49:54	01:50:14.75	01:50:19.25	22:03	2.7
8	BAGER LARS	968			DEN	M JOURNEYMAN	19	M 313	01:50:07	01:50:16.45	01:50:21.10	22:03	2.7
9	POLUJANSKIS RAMŪNAS	964	OCR BALTIC WARRIORS		LTU	M JOURNEYMAN	22	M 320	01:53:34	01:53:40.80	01:53:43.65	22:44	2.6
10	MARTINAITIS JUOZAS	965	OCR BALTIC WARRIORS		LTU	M JOURNEYMAN	26	M 333	02:01:58	02:02:04.80	02:02:08.25	24:25	2.5
11	GÓRSKI EMIL	947	HUSARIA RACE TEAM		POL	M JOURNEYMAN	31	M 343	02:10:17	02:10:33.85	02:10:36.90	26:06	2.3
12	MISSALA MICHAŁ	948	POWER TRAINING		POL	M JOURNEYMAN	32	M 346	02:10:46	02:10:52.30	02:10:55.20	26:10	2.3
13	FIĄLKOWSKI ŁUKASZ	962			POL	M JOURNEYMAN	34	M 353	02:15:14	02:15:23.10	02:15:26.25	27:04	2.2
14	LIBERADZKI MARCIN	961			POL	M JOURNEYMAN	35	M 354	02:15:14	02:15:27.85	02:15:32.10	27:05	2.2
15	SZKLARSKI PRZEMYSŁAW	974			POL	M JOURNEYMAN	37	M 358	02:17:15	02:17:38.30	02:17:42.00	27:31	2.2
16	TRUSZCZYŃSKI ROBERT	970			POL	M JOURNEYMAN	38	M 362	02:19:07	02:19:17.05	02:19:20.25	27:51	2.2
17	KOKOWSKI MARIUSZ	955	TREE CREW		POL	M JOURNEYMAN	42	M 368	02:25:06	02:25:17.05	02:25:20.75	29:03	2.1
18	MIKOŚ ADAM	954	HUSARIA RACE TEAM		POL	M JOURNEYMAN	43	M 369	02:25:29	02:25:44.45	02:25:47.60	29:08	2.1
19	BERGLING DANIEL	963			SWE	M JOURNEYMAN	45	M 371	02:26:07	02:26:21.15	02:26:24.65	29:16	2
20	JOULIN STEFAN	952	SPORTS CLUB OCR		SWE	M JOURNEYMAN	46	M 372	02:26:06	02:26:22.25	02:26:26.30	29:16	2
21	PIERZGALSKI PIOTR	956			POL	M JOURNEYMAN	47	M 373	02:26:26	02:26:34.50	02:26:39.35	29:19	2
22	DĄBROWSKI ADAM	953			POL	M JOURNEYMAN	49	M 375	02:26:31	02:26:39.25	02:26:42.70	29:19	2
23	LIPIECKI JACEK	969			POL	M JOURNEYMAN	50	M 376	02:26:52	02:26:58.45	02:27:02.45	29:23	2
24	NIKIEL DARIUSZ	972			POL	M JOURNEYMAN	51	M 379	02:29:11	02:29:27.55	02:29:31.85	29:53	2

**OCREC2019 - SHORT COURSE, 16:30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1	KUZMENKO IRINA	978			RUS	W JOURNEYMAN	1	K 26	01:24:54	01:25:00.90	01:25:03.45	17:00	3.5
2	WYSOCKA KLAUDIA	997	CARBON OCR RACING TEAM		POL	W JOURNEYMAN	2	K 33	01:35:30	01:35:37.80	01:35:40.35	19:07	3.1
3	КОХАНЧУК АНАСТАСИЯ	995			UKR	W JOURNEYMAN	3	K 34	01:35:55	01:36:03.25	01:36:05.60	19:12	3.1
4	NIELSEN LINDA	986			DEN	W JOURNEYMAN	4	K 36	01:43:43	01:43:50.10	01:43:53.05	20:46	2.9
5	ALISA IMAMOVA	985			RUS	W JOURNEYMAN	5	K 37	01:44:36	01:44:44.35	01:44:46.95	20:56	2.9
6	CASADO NIEVES	996			ESP	W JOURNEYMAN	6	K 39	01:52:25	01:52:32.55	01:52:35.55	22:30	2.7
7	SRNSKÁ PETRA	994			CZE	W JOURNEYMAN	7	K 41	01:54:55	01:55:04.30	01:55:08.35	23:00	2.6
8	CHRISTENSEN UNNI MARIE	980	ACHIEVERS MST		NOR	W JOURNEYMAN	8	K 42	02:01:11	02:01:17.95	02:01:21.70	24:15	2.5
9	POLETTI ANGELA	989			ITA	W JOURNEYMAN	9	K 43	02:01:51	02:02:00.20	02:02:02.80	24:24	2.5
10	KARLSSON LINE	976			DEN	W JOURNEYMAN	10	K 45	02:03:31	02:03:39.85	02:03:43.15	24:44	2.4
11	DITLEV DITTE B.	981			DEN	W JOURNEYMAN	11	K 46	02:03:31	02:03:39.95	02:03:43.55	24:44	2.4
12	PODBIELSKA GOSIA	987	EXTREME WARRIOR PARK		POL	W JOURNEYMAN	12	K 47	02:08:12	02:08:20.15	02:08:24.55	25:40	2.3
13	ANTONINA	984			RUS	W JOURNEYMAN	13	K 48	02:08:36	02:08:44.80	02:08:47.95	25:44	2.3
14	DRZEWOWSKA MARLENA	993	TREE CREW		POL	W JOURNEYMAN	14	K 50	02:15:10	02:15:40.95	02:15:43.50	27:08	2.2
15	RYBAK PAULINA	988			POL	W JOURNEYMAN	15	K 51	02:15:27	02:15:41.40	02:15:43.70	27:08	2.2
16	SØRENSEN SARA	991			DEN	W JOURNEYMAN	16	K 52	02:16:40	02:16:47.45	02:16:51.15	27:21	2.2
17	NIELSEN HEIDI HØJGAARD	992			DEN	W JOURNEYMAN	17	K 53	02:16:40	02:16:47.60	02:16:51.30	27:21	2.2
18	SOLVANG SOLVEIG	990			NOR	W JOURNEYMAN	18	K 54	02:17:01	02:17:09.40	02:17:13.40	27:25	2.2
19	RONDE NAOMI DE	983			NED	W JOURNEYMAN	19	K 56	02:19:16	02:19:20.65	02:19:22.95	27:52	2.2
20	NIELSEN CECILIE JULIUS	979	OCRHOLSTEBRO		DEN	W JOURNEYMAN	20	K 57	02:19:34	02:19:41.75	02:19:44.30	27:56	2.1

**OCREC2019 - SHORT COURSE,**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	4.9km	Netto	Brutto	min/km	km/h
1		909						1	01:37:00	01:37:06.90	05:52:06.90	19:25	3.1
2		908						2	01:39:16	01:39:27.05	05:54:28.50	19:53	3