

**BIEG K-B-L - 110 KM**

Organizator: Fundacja MARATONY GÓRSKIE  
 Data: 2019-07-18  
 Miejsce: Łądek-Zdrój  
 Dystans: 110 km  
 Klasyfikacja wg czasów brutto.


**BIEG K-B-L - 110 KM, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	UZNAŃSKI PIOTR	3228	PAMTRANS / EUROCLEAR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	1	M 1	03:35:48	05:36:43	06:43:18	08:11:40	09:34:22	10:36:24.75	10:36:26.35	5:47	10.4
2	FRANKOWSKI MICHAŁ	3262		STOCKHOLM	SWE	SENIOR II M - 30	2	M 2	03:40:55	06:01:09	07:17:42	08:50:59	10:15:42	11:28:04.05	11:28:04.05	6:15	9.6
3	KOCIOŁOWICZ PIOTR	3084	BIEGAM W GÓRACH BARDZKICH / WKURW_TEAM	BARDO	POL	SENIOR II M - 30	3	M 3	03:48:34	06:05:03	07:18:49	09:00:18	10:30:33	11:35:20.45	11:35:22.70	6:19	9.5
4	GONCZARENKO JAREK	3281		ŻYWIEC	POL	SENIOR II M - 30	4	M 4	03:38:37	06:00:12	07:18:42	08:58:39	10:27:02	11:38:47.00	11:38:48.80	6:21	9.4
5	MARCINIAK PRZEMYSŁAW	3211	ATHLETICS NYSA	PRUDNIK	POL	SENIOR II M - 30	5	M 5	03:58:12	06:10:17	07:24:22	09:05:11	10:32:20	11:44:37.10	11:44:39.95	6:24	9.4
6	PIĄTEK MATEUSZ	3079	SM KAMOS/ HERCOG RUNNING TEAM	BUKOWNO	POL	SENIOR I M - 20	1	M 6	03:58:08	06:14:51	07:30:24	09:10:22	10:38:55	11:53:09.75	11:53:13.10	6:29	9.3
7	SZCZEPANIAK ANGELIKA	3174	CERI/AKADEMIABIEGA CZA.PL S.L. SALOS-WODNA	RĄBIEŃ	POL	SENIOR II K - 30	1	K 1	04:13:45	06:37:34	07:58:09	09:47:53	11:23:49	12:42:32.20	12:42:35.55	6:55	8.7
8	KOMZA RADOŚLAW	3210		WROCLAW	POL	MASTERS M - 40	1	M 7	04:04:57	06:30:51	07:55:46	09:48:21	11:32:16	12:49:00.95	12:49:11.10	6:59	8.6
9	DYJAK ROBERT	3111		STRONIE ŚLĄSKIE	POL	SENIOR II M - 30	6	M 8	04:13:47	06:43:42	08:08:00	09:55:31	11:34:03	12:49:23.50	12:49:28.10	6:59	8.6
10	STAŃCZAK PIOTR	3225	CZERWONAK BIEGA	KOZIEGŁOWY	POL	SENIOR II M - 30	7	M 9	04:13:44	06:46:05	08:07:53	09:55:21	11:33:58	12:49:18.40	12:49:28.25	6:59	8.6
11	KUŹNIAK MARCIN	3261		WARSZAWA	POL	MASTERS M - 40	2	M 10	04:11:09	06:37:42	07:58:33	09:51:28	11:32:42	12:54:29.05	12:54:32.65	7:02	8.5
12	GOŚCINIEWICZ PAWEŁ	3282	ZIEMOWIT TEAM	KATOWICE	POL	MASTERS M - 40	3	M 11	04:12:27	06:41:38	08:01:42	09:57:21	11:41:29	13:14:47.05	13:14:53.70	7:13	8.3
13	STOKŁOSA SEBASTIAN	3257	LESZ NO LIMITS RUNNERS	LESZNO	POL	SENIOR II M - 30	8	M 12	04:17:28	06:53:01	08:21:56	10:14:21	11:56:47	13:17:33.10	13:17:38.85	7:15	8.3
14	BŁACHUT RADOŚLAW	3280	ML TEAM	BIELSKO-BIAŁA	POL	MASTERS M - 40	4	M 13	04:13:44	06:43:47	08:08:02	10:04:54	11:56:55	13:18:47.60	13:18:50.60	7:15	8.3
15	GRZELAK KAMILA	3249	TEAM ALTRA RED	IWONICZ-ZDRÓJ	POL	SENIOR I K - 20	1	K 2	04:19:10	06:54:27	08:21:48	10:13:30	11:59:35	13:22:11.30	13:22:16.75	7:17	8.2
16	OSTAPSKI KAMIL	3306	TC WROCLAW / VEGE RUNNERS	WROCLAW	POL	SENIOR II M - 30	9	M 14	04:00:31	06:51:12	08:20:45	10:14:13	11:59:37	13:26:33.10	13:26:37.40	7:19	8.2
17	GRZELAK ADRIAN	3258		MĘCINA	POL	SENIOR II M - 30	10	M 15	04:26:52	07:07:21	08:36:54	10:33:30	12:16:42	13:40:08.55	13:40:14.40	7:27	8
18	KAROLAK ANIA	3303	MUAY RUNNING TEAM	ŚLUPSK	POL	SENIOR II K - 30	2	K 3	04:22:04	07:07:20	08:44:31	10:38:19	12:21:42	13:43:56.45	13:43:59.30	7:29	8
19	MAKOWSKI MATEUSZ	3263		WARSZAWA	POL	SENIOR I M - 20	2	M 16	04:19:37	07:07:27	08:57:19	10:46:17	12:33:58	13:54:25.35	13:54:29.45	7:35	7.9
20	REJ MIROŚLAW	3076	M & T WYJADACZE PARÓWKÓW	MIELEC	POL	SENIOR II M - 30	11	M 17	04:28:59	07:16:49	08:46:51	10:46:42	12:30:44	13:54:52.80	13:54:57.45	7:35	7.9
21	DZIUBIŃSKI MICHAŁ	3142	FAMILY EXTREME	NADARZYN	POL	SENIOR II M - 30	12	M 18	04:19:37	07:07:30	08:57:20	11:01:37	12:44:45	14:09:33.80	14:09:38.20	7:43	7.8
22	CAŁY PATRYK	3307	#KFD FALLOUT TEAM	WROCLAW	POL	SENIOR II M - 30	13	M 19	04:37:02	07:23:50	08:47:47	10:48:55	12:40:26	14:10:57.60	14:11:14.20	7:44	7.8
23	KIELASZEWSKI KAROL	3273	LESZNO LIMITS RUNNERS	LESZNO	POL	SENIOR II M - 30	14	M 20	04:32:28	07:32:56	08:55:41	10:54:46	12:47:34	14:20:27.60	14:20:39.15	7:49	7.7
24	ADLER ŁUKASZ	3214	LESZNO LIMITS RUNNERS	WILKOWICE	POL	SENIOR II M - 30	15	M 21	04:51:03	07:33:14	09:01:05	10:57:34	12:47:40	14:20:33.00	14:20:39.65	7:49	7.7
25	GÓRNIK-ANTKOWIAK AGNIESZKA	3122	GSM OBORNIKI ŚLĄSKIE	OBORNIKI ŚLĄSKIE	POL	MASTERS K - 40	1	K 4	04:32:31	07:22:30	08:53:54	10:56:38	12:51:33	14:22:54.80	14:23:04.35	7:50	7.6
26	KONIECZNY SZYMON	3135	CHOSZCZENSKA 10	CHOSZCZNO	POL	SENIOR II M - 30	16	M 22	04:38:18	07:33:44	09:06:48	11:12:08	13:00:04	14:24:40.35	14:25:05.65	7:51	7.6
27	MARZEC GRZEGORZ	3276	GMINA STRZELCE OPOLSKIE	SZCZEPANEK	POL	MASTERS M - 40	5	M 23	04:18:12	07:07:04	08:44:05	10:39:18	12:38:36	14:26:09.60	14:26:18.90	7:52	7.6
28	BALWIERCZAK PIOTR	3053	HERCOG RUNNING TEAM	WROCLAW	POL	SENIOR I M - 20	3	M 24	04:32:36	07:22:40	08:53:59	10:58:45	12:52:44	14:27:19.70	14:27:25.25	7:53	7.6
29	PAWLIK JAKUB	3045	1X1	KRAKÓW	POL	SENIOR II M - 30	17	M 25	04:48:47	07:34:01	09:07:09	11:12:45	13:00:25	14:28:25.70	14:28:28.35	7:53	7.6
30	KRAKOWCZYK MARTA	3234		WODZISŁAW ŚLĄSKI	POL	SENIOR I K - 20	2	K 5	04:34:11	07:25:25	08:49:27	11:05:20	13:03:11	14:29:43.60	14:29:58.20	7:54	7.6

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
31	FURMAN SŁAWOMIR	3088		SZCZEPANÓW	POL	MASTERS M - 40	6	M 26	04:31:36	07:25:43	09:04:31	11:14:56	13:03:39	14:33:30.70	14:33:35.80	7:56	7.6
32	GAJDA SEBASTIAN	3139	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	MASTERS M - 40	7	M 27	04:37:12	07:48:04	09:22:06	11:19:52	13:09:28	14:35:14.55	14:35:31.00	7:57	7.5
33	BORÓWKA RYSZARD	3082		GDYNIA	POL	MASTERS M - 40	8	M 28	04:34:26	07:22:01	08:54:00	11:02:30	13:04:13	14:36:51.80	14:36:55.50	7:58	7.5
34	KOWALIK ANDRZEJ	3219	BIEG OPOLSKI	OPOLE	POL	MASTERS M - 40	9	M 29	04:03:53	06:59:32	08:51:45	11:02:33	13:04:13	14:36:56.25	14:37:00.15	7:58	7.5
35	WYLEGAŁA MICHAŁ	3017	PCH_RUN	RATAJE	POL	MASTERS M - 40	10	M 30	04:34:55	07:33:24	09:01:56	11:13:57	13:09:50	14:43:44.30	14:43:52.05	8:02	7.5
36	LONC TOMASZ	3078		RZESZÓW	POL	MASTERS M - 40	11	M 31	04:37:10	07:42:07	09:12:13	11:20:59	13:09:52	14:46:51.25	14:46:56.70	8:03	7.4
37	ANUSZ ADAM	3066	ŻARÓW BIEGA	IMBRAMOWICE	POL	SENIOR II M - 30	18	M 32	04:49:09	07:56:44	09:29:14	11:25:27	13:15:01	14:49:23.95	14:49:41.30	8:05	7.4
38	ZIMKOWSKI MARCIN	3298	KGHM ZG RUN	GŁOGÓW	POL	SENIOR II M - 30	19	M 33	04:21:52	07:25:42	09:04:33	11:20:47	13:19:20	14:50:10.80	14:50:13.15	8:05	7.4
39	BAR STANISŁAW	3275	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	MASTERS M - 40	12	M 34	04:42:04	07:39:13	09:36:30	11:39:10	13:27:33	14:52:33.55	14:52:42.45	8:06	7.4
40	BIENIECKA ANNA	3309		GLIWICE	POL	MASTERS K - 40	2	K 6	04:51:45	07:47:32	09:24:34	11:25:05	13:20:24	14:53:30.10	14:53:33.20	8:07	7.4
41	SZEMIEL MACIEJ	3154		WROCLAW	POL	SENIOR II M - 30	20	M 35	04:43:56	07:49:41	09:34:09	11:36:13	13:24:10	14:53:58.50	14:54:04.25	8:07	7.4
42	ORACZ MATEUSZ	3251	BEZ LITOŚCI	ZALASEWO	POL	SENIOR II M - 30	21	M 36	04:37:21	07:41:45	09:22:55	11:41:04	13:33:38	14:54:24.25	14:54:27.60	8:07	7.4
43	SIKORA MICHAŁ	3207	BLUSZCZA	GLIWICE	POL	MASTERS M - 40	13	M 37	04:40:26	07:39:54	09:14:56	11:26:31	13:22:47	15:01:28.60	15:01:36.00	8:11	7.3
44	SCHWITALLA ADRIAN	3130	MKS SIECHNICE	SIECHNICE	POL	MASTERS M - 40	14	M 38	04:53:22	07:56:50	09:37:12	11:51:53	13:40:13	15:11:03.50	15:11:11.70	8:16	7.2
45	POBORSKI DARIUSZ	3026		JANKOWICE	POL	MASTERS M - 40	15	M 39	04:41:30	07:46:54	09:24:19	11:40:18	13:39:52	15:14:29.60	15:14:44.00	8:18	7.2
46	OBIDOWSKI ŁUKASZ	3080	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	SENIOR II M - 30	22	M 40	04:45:31	07:38:50	09:11:46	11:25:05	13:28:59	15:14:54.90	15:15:01.10	8:19	7.2
47	MIGACZ DAWID	3022	1X1	KRAKÓW	POL	SENIOR II M - 30	23	M 41	05:07:08	08:00:41	09:26:12	11:26:40	13:25:21	15:17:38.70	15:17:41.40	8:20	7.2
48	SIKORSKI MARCIN	3116	TT SZCZECIN	SZCZECIN	POL	MASTERS M - 40	16	M 42	04:58:05	08:02:25	09:42:15	12:04:46	13:56:59	15:21:17.15	15:21:31.45	8:22	7.2
49	MILEWSKI MACIEK	3208	SAMOTNY WILK	LEGIONOWO	POL	MASTERS M - 40	17	M 43	04:19:35	07:35:34	09:33:28	11:55:51	13:52:36	15:22:27.35	15:22:35.35	8:23	7.2
50	PRZYSIWEK PATRYK	3109		POZNAŃ	POL	SENIOR II M - 30	24	M 44	05:06:59	08:16:20	09:49:53	11:58:23	13:53:28	15:24:30.15	15:24:38.65	8:24	7.1
51	KAROLAK ASIA	3301	MUAY RUNNING TEAM	SŁUPSK	POL	SENIOR II K - 30	3	K 7	04:53:38	07:51:10	09:22:21	11:37:47	13:47:49	15:25:22.35	15:25:27.80	8:24	7.1
52	SZCZEPAŃSKI NORMAN	3288	AS-PL	GDANSK	POL	SENIOR I M - 20	4	M 45	04:34:15	07:47:13	09:22:32	11:36:39	13:47:43	15:25:18.00	15:25:30.35	8:24	7.1
53	KURPIEWSKI ANNA	3223	GT RAT	WROCLAW	POL	MASTERS K - 40	3	K 8	04:58:04	08:02:19	09:42:10	12:04:49	13:57:03	15:26:22.80	15:26:37.10	8:25	7.1
54	SOINSKI PRZEMYSŁAW	3131	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS M - 40	18	M 46	05:09:24	08:28:57	09:55:31	11:58:01	13:52:57	15:27:14.50	15:27:42.00	8:25	7.1
55	TOMICZEK TOMASZ	3238	ZDYSKWALIFIKOWANI	WROCLAW	POL	SENIOR II M - 30	25	M 47	05:13:02	08:12:01	09:47:15	12:06:07	14:01:12	15:39:01.00	15:39:35.50	8:32	7
56	MIKOŁAJCZYK MARCIN	3124	DROGA DO ULTRA	ŁÓDŹ	POL	SENIOR II M - 30	26	M 48	04:41:14	07:37:32	09:33:52	11:54:09	13:58:24	15:40:23.80	15:40:29.25	8:32	7
57	FRĄCZKOWIAK MICHAŁ	3179	CZERWONAK BIEGA	POTASZE	POL	MASTERS M - 40	19	M 49	05:13:42	08:47:05	10:14:40	12:21:55	14:10:41	15:40:42.10	15:40:51.25	8:33	7
58	HUEBNER MARIA	3008		KRAKÓW	POL	SENIOR I K - 20	3	K 9	05:04:18	07:52:43	09:34:10	12:05:44	14:12:45	15:41:08.60	15:41:22.40	8:33	7
59	KUPCZYK JACEK	3181	MOL RUNNERS	ROKIETNICA	POL	MASTERS M - 40	20	M 50	05:01:35	08:03:44	09:44:22	11:59:46	13:56:57	15:41:24.25	15:41:30.60	8:33	7
60	KOWALSKI MACIEJ	3216	LOTOS RUNNING TEAM	GDAŃSK	POL	MASTERS M - 40	21	M 51	04:57:13	07:51:57	09:35:08	11:54:22	13:59:09	15:41:32.35	15:41:45.40	8:33	7
61	PANEK KRZYSZTOF	3296	RZYĆ CHYŻA GZEGŻÓŁKI I CZYŻA	POZNAŃ	POL	MASTERS M - 40	22	M 52	04:45:52	07:49:52	09:36:58	12:01:35	14:07:43	15:42:45.10	15:42:55.80	8:34	7
62	JĘDRZEJEWSKI ŁUKASZ	3039	WATAHA	SŁAWA	POL	MASTERS M - 40	23	M 53	04:56:28	07:57:01	09:44:01	11:59:31	14:02:24	15:49:18.20	15:49:29.00	8:37	7
63	KRUPA PIOTR	3030	PCH-RUN	CHODZIEŻ	POL	MASTERS M - 40	24	M 54	05:13:50	08:23:45	09:59:19	12:13:27	14:16:03	15:51:39.80	15:51:50.10	8:39	6.9
64	KRUPA SŁAWOMIR	3107	PCH_RUN	CHODZIEŻ	POL	SENIOR II M - 30	27	M 55	05:13:55	08:23:44	09:59:21	12:13:21	14:16:01	15:51:42.15	15:51:50.40	8:39	6.9
65	CIEMBOROWICZ KAROL	3101	#KFD	KATOWICE	POL	SENIOR II M - 30	28	M 56	05:00:05	08:06:05	09:42:29	11:57:06	14:08:08	15:55:07.60	15:55:23.30	8:40	6.9
66	BOROWCZYK MARCIN	3037		CZMOŃ	POL	MASTERS M - 40	25	M 57	05:04:26	08:19:03	09:59:39	12:19:49	14:20:51	16:01:30.55	16:01:39.40	8:44	6.9
67	KNAPIK PIOTR	3217	KURORT ŁĄDEK ZDRÓJ TEAM	WROCLAW	POL	MASTERS M - 40	26	M 58	05:15:44	08:19:42	09:59:15	12:22:24	14:20:47	16:01:23.55	16:01:39.70	8:44	6.9
68	ZWOŁIŃSKI ŁUKASZ	3148	KASZUBSKA PONIEWIERKA	GDAŃSK	POL	SENIOR II M - 30	29	M 59	04:43:56	07:36:53	10:04:19	11:57:04	14:11:23	16:06:33.40	16:06:37.00	8:47	6.8
69	RAJTAR ZBIGNIEW	3086	RONTIL - COMPASS	KRAKÓW	POL	WETERAN II M - 60	1	M 60	04:39:58	07:52:29	09:43:34	12:24:56	14:31:52	16:08:22.55	16:08:26.45	8:48	6.8
70	KUBICA BARTOSZ	3149		WISŁA WIELKA	POL	MASTERS M - 40	27	M 61	05:03:09	08:07:52	10:04:27	12:20:29	14:30:26	16:16:30.35	16:16:41.05	8:52	6.8
71	WŁODARCZYK MICHAŁ	3176	EVERRUN	ŁÓDŹ	POL	SENIOR II M - 30	30	M 62	04:40:15	07:47:34	09:33:21	12:11:58	14:29:35	16:16:37.15	16:16:42.25	8:52	6.8
72	KOSTRZEWSKI SŁAWOMIR	3065		OPOLE	POL	MASTERS M - 40	28	M 63	04:55:03	09:47:34	10:47:34	12:15:37	14:30:47	16:18:33.95	16:18:41.95	8:53	6.7
73	ZGRAJ LESZEK	3266	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	MASTERS M - 40	29	M 64	05:03:17	08:13:40	09:52:33	12:17:26	14:29:24	16:19:11.50	16:19:16.80	8:54	6.7
74	KUTYBA MARIUSZ	3155	WOLNE ŚLIMAKI	POZNAŃ	POL	SENIOR II M - 30	31	M 65	04:39:15	07:49:22	09:36:49	12:10:25	14:34:39	16:20:03.80	16:20:16.85	8:54	6.7
75	GOLA DANIEL	3237		GLIWICE	POL	SENIOR I M - 20	5	M 66	04:46:11	07:52:00	09:39:13	12:24:38	14:46:35	16:20:39.50	16:20:46.00	8:54	6.7
76	BANACH MAGDA	3236		GLIWICE	POL	SENIOR I K - 20	4	K 10	04:46:06	07:51:57	09:39:12	12:24:48	14:46:34	16:20:38.85	16:20:46.20	8:54	6.7
77	STOLIŃSKI PRZEMYSŁAW	3092		OZORKÓW	POL	SENIOR II M - 30	32	M 67	04:44:57	08:00:44	09:33:37	12:15:35	14:33:48	16:27:33.35	16:27:38.45	8:58	6.7
78	PIECUCH KAROLINA	3190	LACHO TEAM	PRZEWORSK	POL	SENIOR II K - 30	4	K 11	05:03:21	08:29:04	10:14:35	12:41:39	14:51:35	16:31:09.10	16:31:14.05	9:00	6.7
79	MAJKOWSKI JACEK	3129		WROCLAW	POL	SENIOR II M - 30	33	M 68	05:50:09	09:02:30	10:43:11	12:50:51	14:51:06	16:33:23.20	16:33:51.75	9:01	6.6
80	LIPIŃSKI MAREK	3098		BORZYGNIEW	POL	MASTERS M - 40	30	M 69	05:01:15	08:09:52	10:00:24	12:20:49	14:51:08	16:40:30.45	16:41:01.40	9:05	6.6
81	JACKOWICZ RAFAŁ	3157	JACKOWICZ TEAM	SOBÓTKA	POL	MASTERS M - 40	31	M 70	05:31:47	08:48:24	10:40:29	12:54:46	14:58:34	16:42:09.10	16:42:29.20	9:06	6.6

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
82	MARCINIAK JANUSZ	3046	NIGHT RUNNERS	POZNAŃ	POL	MASTERS M - 40	32	M 71	05:24:57	08:56:28	10:35:44	13:09:19	15:14:16	16:52:51.85	16:53:10.50	9:12	6.5
83	MATCZAK MACIEJ	3242	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	ODOLANÓW	POL	SENIOR II M - 30	34	M 72	05:11:37	08:38:00	10:23:30	12:48:48	14:59:18	16:55:22.75	16:55:40.90	9:13	6.5
84	PIECUCH MARCIN	3182	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30	35	M 73	05:10:04	08:29:07	10:07:22	12:50:35	14:58:13	16:56:09.20	16:56:15.25	9:14	6.5
85	LEWANDOWSKI FILIP	3284		BYDGOSZCZ	POL	SENIOR II M - 30	36	M 74	05:54:32	09:22:28	11:01:03	13:15:19	15:23:07	17:02:47.10	17:02:51.70	9:17	6.5
86	DUDEK REMIGIUSZ	3077	ZIĘBICE	ZIĘBICE	POL	SENIOR II M - 30	37	M 75	05:41:40	09:11:28	10:56:16	13:14:22	15:19:15	17:05:19.20	17:05:40.65	9:19	6.4
87	JAROSŁAWSKI MARCIN	3229	KB-HARCOWNIK	JELCZ- LASKOWICE	POL	SENIOR II M - 30	38	M 76	04:54:53	08:17:44	10:16:06	13:04:15	15:28:22	17:08:40.15	17:08:57.50	9:21	6.4
88	BUK SŁAWOMIR	3040	LESZ NO LIMITS RUNNERS	ŚRODA	POL	SENIOR II M - 30	39	M 77	05:25:22	08:53:53	10:36:34	13:03:29	15:15:14	17:11:50.90	17:12:03.50	9:22	6.4
89	NOWICKI ZBIGNIEW	3145		GAŁKÓW MAŁY	POL	MASTERS M - 40	33	M 78	04:53:38	08:25:19	10:15:57	12:59:32	15:24:35	17:13:47.50	17:13:50.15	9:23	6.4
90	MACKIEWICZ ARTUR	3042	DŁUGOBIEGANIE	SZCZECIN	POL	MASTERS M - 40	34	M 79	05:05:13	08:39:16	10:30:18	13:08:11	15:27:17	17:14:22.10	17:14:27.30	9:24	6.4
91	MROZIAK MACIEK	3230	RUNPASSION.PLTEAM	GDYNIA	POL	MASTERS M - 40	35	M 80	05:05:13	08:39:07	10:30:18	13:08:07	15:27:05	17:14:21.40	17:14:27.45	9:24	6.4
92	LECHOWSKI BARTŁOMIEJ	3004	WKURW_TEAM	WROCŁAW	POL	SENIOR II M - 30	40	M 81	05:14:23	08:25:06	10:17:08	13:03:38	15:17:35	17:15:56.30	17:16:08.05	9:25	6.4
93	PROZOROWSKI WIESŁAW	3094	MARATON LESZNO	LESZNO	POL	WETERAN I M - 50	1	M 82	05:11:51	08:31:08	10:20:14	13:03:30	15:40:59	17:16:12.35	17:16:26.70	9:25	6.4
94	DYDUCH MACIEJ	3232	KB ORANGE	KANIE	POL	MASTERS M - 40	36	M 83	05:06:52	08:45:57	10:35:24	13:09:11	15:29:18	17:16:59.50	17:17:20.55	9:25	6.4
95	GŁOWACKA EDYTA	3057	MATNER RUNNING TEAM	WILKSZYN	POL	MASTERS K - 40	4	K 12	05:25:19	08:52:22	10:38:03	13:12:59	15:37:09	17:21:27.10	17:21:40.30	9:28	6.3
96	KOSZAREK MACIEJ	3300		POZNAŃ	POL	WETERAN I M - 50	2	M 84	05:25:19	08:52:30	10:38:04	13:12:57	15:37:09	17:23:32.90	17:23:46.25	9:29	6.3
97	HADAŁA IGNACY	3185		GDAŃSK	POL	SENIOR II M - 30	41	M 85	05:49:09	09:16:52	11:04:45	13:41:15	15:54:10	17:38:45.90	17:39:09.65	9:37	6.2
98	SIWEK JAREK	3060	RAZ SZCZECIN	SZCZECIN	POL	MASTERS M - 40	37	M 86	05:29:37	08:56:10	10:42:26	13:38:34	15:56:16	17:40:02.00	17:40:20.90	9:38	6.2
99	SUSMARSKA EWA	3299	MUAY RUNNING TEAM	POZNAŃ	POL	SENIOR I K - 20	5	K 13	06:03:56	09:44:25	11:32:25	13:52:18	16:02:36	17:41:39.15	17:41:59.15	9:39	6.2
100	JAZŁOCKI ŁUKASZ	3048	TWDW	WARSZAWA	POL	SENIOR II M - 30	42	M 87	06:03:49	09:44:14	11:32:16	13:50:55	16:02:15	17:41:33.10	17:42:00.30	9:39	6.2
101	ROSA JAROSŁAW	3075	NATURAL BORN RUNNERS	POZNAŃ	POL	MASTERS M - 40	38	M 88	05:57:47	09:21:53	11:04:32	13:50:18	15:57:46	17:43:04.35	17:43:25.20	9:39	6.2
102	PIETRASZEWSKI WITOLD	3099	GOSTYŃ EASY TRAIL	GOSTYŃ	POL	SENIOR II M - 30	43	M 89	05:34:02	09:05:18	10:51:31	13:18:16	15:37:07	17:43:38.85	17:43:52.20	9:40	6.2
103	KACZMAREK MARIA	3245		KRAKOW	POL	SENIOR II K - 30	5	K 14	06:15:15	09:36:26	11:22:00	13:54:38	16:04:52	17:44:56.85	17:45:18.80	9:40	6.2
104	GRYCMAN MAGDA	3270	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	5	K 15	05:56:17	09:27:45	11:22:51	13:54:22	16:07:20	17:47:24.10	17:47:41.75	9:42	6.2
105	OSAKOWICZ MATEUSZ	3191		WARSZAWA	POL	SENIOR II M - 30	44	M 90	05:17:06	08:36:28	10:23:30	13:10:57	15:37:53	17:52:23.65	17:52:52.75	9:44	6.2
106	MOSIEK ANDRZEJ	3193		RAWICZ	POL	SENIOR II M - 30	45	M 91	05:24:03	08:49:18	10:44:24	13:30:21	15:56:41	17:52:41.75	17:52:54.70	9:45	6.2
107	ŁAMPIKA KINGA	3052		SMOLEC	POL	SENIOR II K - 30	6	K 16	05:39:54	09:10:19	10:52:40	13:36:08	16:00:53	17:56:15.50	17:56:38.85	9:47	6.1
108	SZUBA TADEUSZ	3302		ŁOBEZ	POL	WETERAN II M - 60	2	M 92	05:44:36	09:15:41	11:03:19	13:45:39	16:03:04	18:10:28.90	18:10:33.55	9:54	6.1
109	SZUBA TEOFIL	3290	MARATOŃCZYK SZCZECIN	SZCZECIN	POL	MASTERS M - 40	39	M 93	05:44:38	09:15:49	11:03:20	13:45:24	16:02:52	18:10:30.10	18:10:34.00	9:54	6.1
110	POTOCKI MACIEJ	3265	ORANGE POLSKA	KÓRNIK - BIERNATKI	POL	MASTERS M - 40	40	M 94	05:55:11	09:29:31	11:19:25	13:56:49	16:22:41	18:17:48.30	18:18:04.75	9:58	6
111	SULIN MAREK	3100	SPARTANIE DZIECIOM	GLIWICE	POL	MASTERS M - 40	41	M 95	05:55:21	09:22:04	11:05:31	13:56:55	16:32:11	18:22:53.35	18:23:06.20	10:01	6
112	ZAKRZEWSKI MAREK	3248	EKOBIEGI	WARSZAWA	POL	MASTERS M - 40	42	M 96	05:28:51	08:54:38	10:49:55	13:45:32	16:24:12	18:24:30.00	18:24:36.05	10:02	6
113	BRZOZOWSKI RAFAŁ	3313		KŁODZKO	POL	MASTERS M - 40	43	M 97	05:54:57	09:21:57	11:06:05	13:56:49	16:32:24	18:24:27.75	18:24:50.60	10:02	6
114	DADAŚ JANUSZ	3083	NIGHT RUNNERS GLIWICE	GLIWICE	POL	MASTERS M - 40	44	M 98	05:19:25	08:45:49	10:44:04	13:28:09	16:11:34	18:30:01.30	18:30:13.95	10:05	5.9
115	PAŚ TOMASZ	3183	PASJOL TEAM WROCŁAW	WROCŁAW	POL	MASTERS M - 40	45	M 99	05:49:46	09:18:31	11:09:00	14:06:24	16:32:48	18:30:22.95	18:30:33.25	10:05	5.9
116	KWIECIEŃ MICHAŁ	3103		BIERUTÓW	POL	SENIOR II M - 30	46	M 100	05:58:22	09:33:47	11:32:26	14:01:41	16:25:59	18:34:03.15	18:34:24.65	10:07	5.9
117	DERMINE NICOLAS	3243		NYSA	POL	SENIOR II M - 30	47	M 101	04:52:49	08:55:34	10:55:34	13:14:18	15:55:21	18:35:21.90	18:35:52.70	10:08	5.9
118	SMOLAK AGATA	3285		WOLSZTYN	POL	SENIOR II K - 30	7	K 17	05:59:59	09:28:41	11:22:45	13:57:26	16:34:26	18:43:12.30	18:43:35.50	10:12	5.9
119	BĘDŹKOWSKI MAREK	3197	MORSY OSTROŁĘKA	OSTROŁĘKA	POL	WETERAN I M - 50	3	M 102	06:19:03	09:48:59	11:34:34	14:19:58	16:33:01	18:43:57.05	18:44:09.35	10:13	5.9
120	TÓRZ PAWEŁ	3250		ŚWIECIECHOWA	POL	SENIOR I M - 20	6	M 103	06:02:41	09:38:49	11:44:51	14:15:40	16:46:41	18:45:48.25	18:46:09.95	10:14	5.9
121	ANDRZEJEWSKI PAWEŁ	3093		NOWA WIEŚ WIELKA	POL	MASTERS M - 40	46	M 104	05:55:19	09:36:48	11:28:08	14:37:01	17:01:59	18:52:40.85	18:52:44.65	10:17	5.8
122	MALIŃSKI MAREK	3027		GDYNIA	POL	WETERAN I M - 50	4	M 105	06:25:25	10:10:18	12:02:51	14:48:57	17:01:53	18:55:06.30	18:55:30.40	10:19	5.8
123	SMOLEŃ TOMASZ	3260	TMTEAM	KOBIERZYCE	POL	MASTERS M - 40	47	M 106	05:48:35	09:18:26	11:17:42	14:11:38	16:55:49	18:55:29.35	18:55:49.85	10:19	5.8
124	HRAB WOJCIECH	3246		POZNAŃ	POL	SENIOR II M - 30	48	M 107	05:25:31	09:01:07	11:01:59	14:11:59	16:53:32	18:55:53.55	18:56:13.15	10:19	5.8
125	KOSMOWSKI WIESŁAW	3049		RYDZYNA	POL	SENIOR II M - 30	49	M 108	05:47:17	09:15:21	11:01:21	13:57:40	16:53:16	18:56:57.40	18:57:25.80	10:20	5.8
126	POPRAWSKI MATEUSZ	3015	MUKS SZOK BOJANOWO	BOJANOWO	POL	SENIOR II M - 30	50	M 109	05:47:17	09:15:29	11:01:23	13:57:44	16:53:24	18:56:59.60	18:57:27.35	10:20	5.8

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
127	KUNKE TOMASZ	3156	13WOG GRUDZIĄDZ	GRUDZIĄDZ	POL	MASTERS M - 40	48	M 110	05:16:17	08:48:28	10:56:18	13:54:25	16:38:37	18:57:58.85	18:58:18.40	10:20	5.8
128	SOKOŁOWSKA ADRIANA	3029	VEGE RUNNERS	CHODZIEŻ	POL	SENIOR II K - 30	8	K 18	06:11:22	09:48:39	11:42:41	14:33:48	17:08:10	19:08:55.55	19:09:04.10	10:26	5.7
129	PAWŁOWSKI ROBERT	3023	VEGE RUNNERS	CHODZIEŻ	POL	MASTERS M - 40	49	M 111	06:11:24	09:48:33	11:42:41	14:33:42	17:08:10	19:08:55.80	19:09:04.60	10:26	5.7
130	KŁOPOTEK MARCIN	3144	EXTREME FAMILY	BARTKOWO	POL	MASTERS M - 40	50	M 112	05:04:54	08:31:23	10:56:15	14:10:34	16:54:55	19:09:59.95	19:10:04.60	10:27	5.7
131	TUCHOŁKA MARTA	3316	POCO LOCO/ZUK	KRAKÓW		SENIOR II K - 30	9	K 19	05:49:24	09:20:20	11:22:07	14:26:18	17:07:08	19:13:48.20	19:13:58.95	10:29	5.7
132	GAWŁAS PRZEMYŚLAW	3315		KŁODZKO		MASTERS M - 40	51	M 113	05:41:10	09:18:41	11:17:41	14:12:00	16:55:58	19:13:49.85	19:13:59.05	10:29	5.7
133	KRAWIŚZ MACIEJ	3221	LP500	BYDGOSZCZ	POL	MASTERS M - 40	52	M 114	04:50:21	08:09:54	10:10:49	13:15:27	16:30:43	19:14:36.55	19:14:43.80	10:29	5.7
134	KRZEMIŃSKI JACEK	3205	KW OPOLE	OPOLE	POL	SENIOR II M - 30	51	M 115	05:42:17	09:17:13	11:20:17	14:15:38	17:04:21	19:21:12.65	19:21:22.95	10:33	5.7
135	KRZEMIŃSKA ALEKSANDRA	3206	KW OPOLE	OPOLE	POL	SENIOR II K - 30	10	K 20	05:42:19	09:17:18	11:20:19	14:15:35	17:04:10	19:21:14.15	19:21:24.45	10:33	5.7
136	KRUPIŃSKI TADEUSZ	3200		LIGOTA PIĘKNA	POL	WETERAN I M - 50	5	M 116	06:01:07	09:34:33	11:21:34	14:38:26	17:11:03	19:21:05.95	19:21:41.45	10:33	5.7
137	WOŹNIAK RYSZARD	3062	BIERUTOWSKA GRUPA BIEGOWA	BIERUTÓW	POL	WETERAN I M - 50	6	M 117	05:58:22	09:38:30	11:37:32	14:33:15	17:00:25	19:21:24.45	19:21:46.45	10:33	5.7
138	DEC RAFAŁ	3003	BIERUTOWSKA GRUPA BIEGOWA	BIERUTÓW	POL	MASTERS M - 40	53	M 118	05:58:25	09:33:52	11:32:28	14:11:15	17:00:26	19:21:25.95	19:21:46.50	10:33	5.7
139	SZANDAŁA JACEK	3089	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	MASTERS M - 40	54	M 119	05:58:29	09:38:36	11:37:33	14:33:02	17:00:36	19:21:25.15	19:21:46.50	10:33	5.7
140	KONIECZNY TOMASZ	3050	TEAM KTW	SIEMIANOWICE ŚLĄSKIE	POL	SENIOR II M - 30	52	M 120	06:01:15	09:45:28	11:47:08	14:48:57	17:16:35	19:22:34.25	19:22:52.95	10:34	5.7
141	NARECKI JAROSŁAW	3272		KRUSZYŃ	POL	MASTERS M - 40	55	M 121	05:41:45	09:22:26	11:17:06	14:18:28	17:15:45	19:24:03.65	19:24:30.50	10:34	5.7
142	SIECZKOWSKI ARTUR	3058	NATURAL BORN RUNNERS TEAM	KOSTRZYN NAD ODRĄ	POL	MASTERS M - 40	56	M 122	06:17:33	09:51:35	11:56:03	14:47:06	17:20:01	19:25:06.30	19:25:34.10	10:35	5.7
143	PEKAŁA PAWEŁ	3072	AMATOR RYTWIANY	RYTWIANY	POL	MASTERS M - 40	57	M 123	06:08:12	09:44:16	11:46:45	14:46:16	17:15:46	19:25:48.00	19:26:10.15	10:35	5.7
144	BIAŁEK OLAF	3177	MEGATEL.COM.PL	KRAKÓW	POL	WETERAN I M - 50	7	M 124	06:03:42	09:34:56	11:34:19	14:31:25	17:19:54	19:30:05.25	19:30:37.30	10:38	5.6
145	KWIECIEŃ - LIPIŃSKA KAMILA	3227	TIGERS TEAM	ŁÓDŹ	POL	MASTERS K - 40	6	K 21	06:09:31	09:51:56	11:46:47	14:45:37	17:26:29	19:32:56.85	19:33:05.95	10:39	5.6
146	BIAŁECKI ZBIGNIEW	3226	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	WETERAN I M - 50	8	M 125	06:09:37	09:52:00	11:47:06	14:45:03	17:26:32	19:32:57.70	19:33:07.00	10:39	5.6
147	GODLEWSKI JAKUB	3158	RUNNERS TEAM QUIBL	WARSZAWA	POL	SENIOR II M - 30	53	M 126	06:25:22	10:09:03	11:55:13	15:01:47	17:48:42	19:33:51.25	19:34:22.80	10:40	5.6
148	PIŁAT JAROSŁAW	3153	CH10	CHOSZCZNO	POL	MASTERS M - 40	58	M 127	05:55:16	09:26:54	11:23:13	14:22:32	17:13:33	19:34:49.60	19:35:14.60	10:40	5.6
149	KONIECZNA PAULINA	3134	CH10	CHOSZCZNO	POL	SENIOR II K - 30	11	K 22	05:55:20	09:26:59	11:23:16	14:22:40	17:13:37	19:34:50.30	19:35:14.75	10:40	5.6
150	CZAJKOWSKI RAFAŁ	3180	EKOBIEGI	WARSZAWA	POL	MASTERS M - 40	59	M 128	06:05:25	09:53:09	11:52:16	14:48:29	17:19:37	19:36:20.90	19:36:29.90	10:41	5.6
151	APANOWICZ ANGELIKA	3173	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	7	K 23	06:05:24	09:53:09	11:52:23	14:48:35	17:19:37	19:36:22.55	19:36:29.95	10:41	5.6
152	BUCHALSKA EWA	3108	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	8	K 24	06:05:33	09:53:15	11:52:30	14:48:39	17:19:38	19:36:22.70	19:36:30.25	10:41	5.6
153	KOCIOŁEK ZBIGNIEW	3239		WOŁÓW	POL	MASTERS M - 40	60	M 129	05:41:26	09:20:39	11:46:14	14:51:01	17:39:58	19:36:28.90	19:36:39.40	10:41	5.6
154	PRZYBYŁ TOMASZ	3070		OSTRÓW WIELKOPOLSKI	POL	MASTERS M - 40	61	M 130	05:41:07	09:17:55	11:17:39	14:11:46	16:56:19	19:37:27.10	19:37:46.40	10:42	5.6
155	LASZCZYŃSKI TOMASZ	3188	TATA. NATALKI	STRZELIN	POL	MASTERS M - 40	62	M 131	06:43:26	10:34:21	12:31:59	15:28:01	17:49:15	19:37:35.40	19:37:52.60	10:42	5.6
156	WOSZCZAK JOLANTA	3090	STRZELIŃSKI KLUB BIEGACZA GRANIT	STRZELIN	POL	WETERAN K - 50	1	K 25	06:43:32	10:34:32	12:32:14	15:28:09	17:49:21	19:37:36.40	19:37:52.90	10:42	5.6
157	ZIEMKIEWICZ JAREK	3033	UKS RUNNING TEAM	LUBIN	POL	MASTERS M - 40	63	M 132	05:56:10	09:47:55	11:54:00	14:58:43	17:41:49	19:38:19.25	19:38:41.50	10:42	5.6
158	LIPSKI KRZYSZTOF	3091		BYDGOSZCZ	POL	MASTERS M - 40	64	M 133	06:04:38	09:46:17	11:48:20	15:03:07	17:39:46	19:40:19.10	19:40:25.75	10:43	5.6
159	BAK ANDRZEJ	3117	SPC	LUBICZ	POL	MASTERS M - 40	65	M 134	06:32:40	10:06:30	12:01:47	14:58:06	17:35:42	19:41:44.30	19:42:09.70	10:44	5.6
160	WŁODARCZYK TERESA	3120	SPC	TORUŃ	POL	WETERAN K - 50	2	K 26	06:32:37	10:06:34	12:01:47	14:58:04	17:35:41	19:41:43.85	19:42:09.75	10:44	5.6
161	SZULC-ŁĄTKOWSKA URSZULA	3305	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS K - 40	9	K 27	06:27:17	10:03:14	12:05:46	15:04:23	17:42:33	19:43:44.45	19:44:10.50	10:45	5.6
162	ŁĄTKOWSKI MACIEJ	3032	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS M - 40	66	M 135	06:27:21	10:03:19	12:05:48	15:04:41	17:42:32	19:43:46.60	19:44:11.80	10:45	5.6
163	WEISSENSTEINER DAWID	3186		SKOROSZYCE	POL	SENIOR II M - 30	54	M 136	05:41:44	09:27:34	11:44:47	14:57:02	17:28:53	19:44:22.40	19:44:48.00	10:46	5.6
164	ROSZAK WALDEMAR	3095	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	WETERAN I M - 50	9	M 137	06:42:43	10:32:54	12:36:59	15:40:50	17:59:33	19:46:51.75	19:47:01.90	10:47	5.6
165	ZYCH MICHAŁ	3291	KLUB BIEGACZA RTVEUROAGD	WARSZAWA	POL	SENIOR II M - 30	55	M 138	05:52:45	09:40:12	11:47:38	14:49:18	17:29:29	19:37:02.20	19:48:48.10	10:42	5.6
166	KLATKA ARLETA	3071	BIEGAM BO LUBIĘ	TOMASZÓW MAZOWIECKI	POL	MASTERS K - 40	10	K 28	06:04:43	09:56:56	12:01:30	15:31:46	17:58:40	19:49:18.85	19:49:41.00	10:48	5.5
167	KWIATKOWSKA ALEKSANDRA	3069	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	SENIOR I K - 20	6	K 29	05:22:37	08:54:36	10:45:50	13:50:54	16:20:07	19:50:40.20	19:50:56.15	10:49	5.5
168	LIPERTOWICZ SEBASTIAN	3169	LOVELASY	POLICE	POL	SENIOR II M - 30	56	M 139	05:22:48	08:54:47	10:45:51	13:50:50	16:20:08	19:50:39.55	19:50:56.20	10:49	5.5
169	MARGASIŃSKI MICHAŁ	3035		ZĄBKOWICE ŚLĄSKIE	POL	SENIOR II M - 30	57	M 140	06:08:12	09:56:13	12:00:46	15:02:16	17:50:03	19:51:56.40	19:52:11.75	10:50	5.5
170	ZYDORCZAK MATEUSZ	3295	REMOVE	WROCLAW	POL	SENIOR II M - 30	58	M 141	06:14:51	10:44:14	12:33:53	15:24:43	18:01:41	19:53:14.60	19:53:25.65	10:50	5.5
171	MOREVA DARIA	3195		WROCLAW	POL	SENIOR II K - 30	12	K 30	06:20:56	10:08:26	12:00:59	15:08:54	17:51:41	19:54:33.65	19:54:43.45	10:51	5.5
172	BURDAJEWICZ MAGDALENA	3264		MOSINA	POL	SENIOR II K - 30	13	K 31	06:20:23	10:17:09	12:06:10	15:03:59	17:51:59	19:56:48.20	19:57:14.75	10:52	5.5

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
173	TOMCZAK MARIUSZ	3292		MOSINA	POL	MASTERS M - 40	67	M 142	06:08:16	09:56:12	12:00:47	15:02:40	17:49:39	19:57:01.25	19:57:15.05	10:52	5.5
174	RELEWICZ MACIEJ	3168	WOLNE ŚLIMAKI	POZNAŃ	POL	MASTERS M - 40	68	M 143	06:08:13	09:56:07	12:00:45	15:02:21	17:50:15	19:57:02.30	19:57:17.50	10:52	5.5
175	KROLS HILDE	3119	VOS SCHAFFEN	MOL	BEL	WETERAN K - 50	3	K 32	06:20:05	10:17:28	12:29:20		18:14:16	20:06:32.00	20:06:55.65	10:58	5.5
176	FILIPAK SEBASTIAN	3056	LZS LIPA	LIPA	POL	MASTERS M - 40	69	M 144	05:53:19	09:48:53	11:46:37	14:51:54	17:37:54	20:07:29.85	20:07:55.15	10:58	5.5
177	KONIECZNY ANDRZEJ KONIECZNY	3034		GOSTYŃ	POL	MASTERS M - 40	70	M 145	06:39:48	10:18:35	12:12:13	15:11:53	17:51:51	20:07:42.55	20:07:55.40	10:58	5.5
178	RYTYCH GRZEGORZ	3097	DROGA DO ULTRA	ŁÓDŹ	POL	SENIOR II M - 30	59	M 146	06:18:00	09:54:54	11:53:06	14:45:41	17:30:08	20:07:49.30	20:08:03.90	10:58	5.5
179	KLATE ŁUKASZ	3068	DROGA DO ULTRA	ŁÓDŹ	POL	MASTERS M - 40	71	M 147	06:03:15	09:54:58	11:53:05	14:45:38	17:30:05	20:07:49.50	20:08:04.40	10:58	5.5
180	GULCZYŃSKI TOMASZ	3317		ZIELONKA		SENIOR II M - 30	60	M 148	06:12:26	10:06:37	12:07:36	15:38:55	18:20:18	20:13:50.70	20:14:02.45	11:02	5.4
181	BUDA MARZENA	3231	ALPACA TEAM	RZESZÓW	POL	SENIOR I K - 20	7	K 33	06:05:33	09:53:22	12:00:13	15:39:38	18:43:11	20:28:49.45	20:29:06.80	11:10	5.4
182	WYLEGAŁA IZABELA	3024	PCH_RUN	RATAJE	POL	SENIOR II K - 30	14	K 34	06:34:25	10:18:00	12:28:07	15:31:25	18:23:30	20:29:45.60	20:29:53.25	11:10	5.4
183	WYKA ANGELIKA	3001	PCH_RUN	CHODZIEŻ	POL	SENIOR II K - 30	15	K 35	06:34:24	10:18:04	12:28:08	15:31:20	18:23:30	20:29:45.75	20:29:53.30	11:10	5.4
184	CELEJEWSKI PRZEMYSŁAW	3192		GRÓJEC	POL	SENIOR II M - 30	61	M 149	06:05:33	09:46:18	12:01:06	15:16:08	18:08:03	20:35:51.80	20:36:15.35	11:14	5.3
185	KARCZ ANNA	3222		BYDGOSZCZ	POL	SENIOR I K - 20	8	K 36	06:48:44	10:52:42	13:23:37	16:27:27	18:59:44	20:47:07.80	20:47:37.10	11:20	5.3
186	SERWADCZAK MAREK	3259		DROGOSZOWICE	POL	WETERAN I M - 50	10	M 150	06:15:03	10:02:17	12:16:37	15:20:29	18:18:48	20:48:33.55	20:49:05.65	11:21	5.3
187	SZERSZENIEWSKI MAREK	3199	ŻÓRAWSKI TEAM	WARSZAWA	POL	WETERAN I M - 50	11	M 151	06:33:00	10:19:21	12:09:10	15:01:18	18:21:26	20:51:21.90	20:51:47.95	11:22	5.3
188	LUBIK ADAM	3184	KSE ON-SIGHT/ SPUHLAKI TEAM	POZNAŃ	POL	SENIOR II M - 30	62	M 152	06:12:23	10:06:32	12:07:36	15:38:04	18:25:59	20:52:22.40	20:52:35.05	11:23	5.3
189	NAMIOTA URSZULA	3171	KB MARATOŃCZYK	DĘBICA	POL	WETERAN K - 50	4	K 37	06:34:19	10:36:52	12:42:09	16:05:26	18:43:20	20:53:09.65	20:53:36.20	11:23	5.3
190	OPALIŃSKI MICHAŁ	3172	DĘBICKI KLUB BIEGACZA MARATOŃCZYK	DĘBICA	POL	SENIOR II M - 30	63	M 153	07:00:41	11:13:26	13:13:54	16:10:05	18:33:39	20:53:11.70	20:53:38.90	11:23	5.3
191	KAWA BARBARA	3170	KB MARATOŃCZYK	ŻYRAKÓW	POL	SENIOR II K - 30	16	K 38	07:00:41	11:13:20	13:13:55	16:10:02	18:33:41	20:53:13.05	20:53:39.70	11:23	5.3
192	STAWSKI MICHAŁ	3220	TRUCHT.COM	ŁÓDŹ	POL	SENIOR II M - 30	64	M 154	04:49:45	08:41:58	11:18:46	15:02:18	18:16:04	20:55:44.80	20:55:49.75	11:24	5.3
193	JĘDRYCHA ARTUR	3085		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	72	M 155	06:08:43	10:07:42	12:36:39	15:52:24	18:40:34	21:04:11.15	21:04:45.10	11:29	5.2
194	OSTACH DARIA	3009		OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	11	K 39	06:49:02	10:36:04	12:31:50	15:34:39	18:22:07	21:06:18.65	21:06:34.50	11:30	5.2
195	PRUSIEWICZ BEATA	3018		OSTRÓW WIELKOPOLSKI	POL	WETERAN K - 50	5	K 40	06:52:36	10:36:06	12:31:52	15:34:55	18:28:27	21:06:18.35	21:06:34.80	11:30	5.2
196	WASIL JOANNA	3021		ZABRZE	POL	SENIOR II K - 30	17	K 41	06:52:36	10:49:16	12:53:05	16:09:41	18:55:41	21:16:05.35	21:16:17.55	11:36	5.2
197	SAMOLAK ŁUKASZ	3002	22 KARPACI BATALION PIECHOTY GÓRSKIEJ	ŁĄDEK ZDRÓJ	POL	SENIOR II M - 30	65	M 156	06:49:45	10:52:15	13:05:05	16:13:27	19:01:36	21:16:48.50	21:17:22.15	11:36	5.2
198	SAMOLAK MACIEK	3141	PREDATORS WAŁBRZYCH	WAŁBRZYCH	POL	MASTERS M - 40	73	M 157	06:49:47	10:52:24	13:05:05	16:13:32	19:08:35	21:19:35.80	21:20:08.80	11:37	5.2
199	MOŃKA ŁUKASZ	3278	SPARTA ULTRA TEAM	WIERUSZÓW	POL	SENIOR II M - 30	66	M 158	06:02:59	09:53:37	12:16:40	15:59:14	18:59:43	21:31:35.90	21:31:54.00	11:44	5.1
200	ŁĄCZA ILONA	3096	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	12	K 42	06:42:42	10:35:58	12:50:47	16:17:26	19:14:07	21:32:09.85	21:32:18.40	11:44	5.1
201	SIKORSKA AGNIESZKA	3189	EKBIEGI	WARSZAWA	POL	MASTERS K - 40	13	K 43	06:27:16	10:33:50	12:50:55	16:18:03	19:14:23	21:32:08.85	21:32:18.55	11:44	5.1
202	KOREK KRYSZTIAN	3213		POZNAŃ	POL	MASTERS M - 40	74	M 159	06:50:13	11:06:24	13:26:17	16:44:48	19:24:46	21:40:32.85	21:41:02.65	11:49	5.1
203	KRANZ GRZEGORZ	3212		CZAPURY	POL	MASTERS M - 40	75	M 160	06:52:05	11:05:02	13:26:17	16:45:12	19:24:54	21:40:33.05	21:41:02.65	11:49	5.1
204	PIETRZAK TOMASZ	3198	WILD TRAIL RUNNER	KSIĄŻ WIELKOPOLSKI	POL	SENIOR II M - 30	67	M 161	06:02:28	10:07:42	12:12:45	15:51:56	19:01:29	21:43:21.40	21:43:48.40	11:50	5.1
205	JANUĆ WOJCIECH	3110	ARKA LEŚNA	PUSZCZYKOWO	POL	SENIOR I M - 20	7	M 162	06:02:28	10:07:40	12:12:47	15:52:00	19:01:41	21:43:23.90	21:43:50.60	11:50	5.1
206	KRAWCZYK JAKUB	3055		KRAKÓW	POL	SENIOR I M - 20	8	M 163	05:23:37	08:59:11	11:28:10	14:57:28	18:12:23	21:47:13.10	21:47:17.50	11:53	5
207	GRUSZCZYŃSKI MARCIN	3287	GRUSZKOWYTEAM	BYDGOSZCZ	POL	MASTERS M - 40	76	M 164	06:18:05	10:58:03	13:25:21	16:38:04	19:43:21	21:47:17.65	21:47:29.65	11:53	5
208	GMAJ KAROLINA	3126		GRÓJEC	POL	SENIOR II K - 30	18	K 44	06:21:18	10:29:02	12:45:12	16:23:58	19:30:23	21:51:14.25	21:51:37.25	11:55	5
209	GMAJ DANIEL	3127	1983	GRÓJEC	POL	SENIOR II M - 30	68	M 165	06:21:17	10:29:06	12:45:12	16:23:52	19:30:30	21:51:14.10	21:51:37.70	11:55	5
210	KÓZKA PRZEMO	3133	BIEGAM, BO NIE LUBIĘ	SKÓRZEWO	POL	MASTERS M - 40	77	M 166	06:18:37	10:43:55	13:15:10	16:22:11	19:32:12	21:51:18.05	21:51:39.40	11:55	5
211	ROSA BARTOSZ	3152	SMASHING PÄPKINS	TORUŃ	POL	SENIOR II M - 30	69	M 167	06:49:35	10:43:52	12:59:30	16:27:50	19:30:38	21:59:06.80	21:59:34.90	11:59	5
212	SULIMA JANUSZ	3311		MILANÓWEK	POL	WETERAN I M - 50	12	M 168	06:15:39	10:38:11	12:56:05	16:50:52	19:43:01	22:00:17.40	22:00:21.90	12:00	5
213	SZURKOWSKI MICHAŁ	3160	GRUNWALD TEAM	POZNAŃ	POL	SENIOR II M - 30	70	M 169	06:12:19	10:38:08	13:05:38	16:50:43	19:50:48	22:01:43.15	22:02:04.20	12:00	5
214	BAKOWICZ KAMIL	3044	AKTYWNI KAMIENSK	BARCZKOWICE	POL	SENIOR II M - 30	71	M 170	06:12:27	10:38:19	13:06:00	16:51:06	19:51:10	22:03:34.70	22:03:51.60	12:01	5
215	ZIEMNIAK MARCIN	3140		WARSZAWA	POL	SENIOR II M - 30	72	M 171	06:35:47	11:03:22	13:38:57	16:57:47	19:45:44	22:05:44.80	22:06:04.00	12:03	5
216	WAŁEK PIOTR	3020	RUNNERS TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40	78	M 172	07:12:27	11:23:20	13:45:06		19:56:51	22:13:11.65	22:13:41.90	12:07	5
217	GAŚSIOROWSKA DOROTA	3054	MPK WYBIEGANIE / ŚNIĘTY SUM	WARSZAWA	POL	WETERAN K - 50	6	K 45	07:12:30	11:23:16	13:44:07	17:04:32	19:56:28	22:13:12.35	22:13:42.05	12:07	5

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
218	MARKOWSKI PIOTR	3087	MARKOTNYSKOWRON EK	WROCŁAW	POL	MASTERS M - 40	79	M 173	06:25:14	10:28:55	12:53:10	16:28:05	19:35:14	22:16:41.40	22:17:01.50	12:09	4.9
219	STAWSKA ANNA	3241	WKURW_TEAM	LUXEMBOURG	LUX	MASTERS K - 40	14	K 46	06:36:20	10:37:54	13:12:46	16:39:23	19:35:31	22:17:20.50	22:17:27.35	12:09	4.9
220	SKOWRONEK ARTUR	3132	MARKOTNYSKOWRON EK	ŁADEK ZDRÓJ	POL	MASTERS M - 40	80	M 174	06:25:17	10:29:21	12:59:16	16:36:41	19:43:21	22:21:18.75	22:21:38.30	12:11	4.9
221	FRĄCZKOWIAK JACEK	3136	RUNNER'S POWER ŚREM	ŚREM	POL	MASTERS M - 40	81	M 175	06:15:53	10:15:22	12:36:38	16:17:09	19:47:34	22:27:23.35	22:27:38.40	12:14	4.9
222	DĘBEK PIOTR	3064	PRZEDWOJEWSKI MOUNTAIN TEAM	ŚWIDNICA	POL	MASTERS M - 40	82	M 176	06:15:55	10:15:28	12:36:39	16:17:00	19:53:14	22:27:24.50	22:27:39.30	12:14	4.9
223	SZACHEWICZ SŁAWEK	3143	JEŻOZWIERZE GROUP	WROCŁAW	POL	MASTERS M - 40	83	M 177	06:25:18	10:38:18	13:16:28	17:13:16	20:23:48	22:34:08.50	22:34:39.30	12:18	4.9
224	GRYGIER ROBERT	3215		ŚREM	POL	SENIOR I M - 20	9	M 178	06:20:27	10:13:31	12:32:40	16:02:28	19:32:59	22:36:49.30	22:36:56.15	12:20	4.9
225	STOLPE MACIEJ	3028		LUBOŃ	POL	WETERAN I M - 50	13	M 179	07:00:12		13:35:19	17:05:05	20:05:53	22:39:18.15	22:39:47.80	12:21	4.9
226	HOFFMANN GRZEGORZ	3036		CZEMPIŃ	POL	MASTERS M - 40	84	M 180	07:00:12	11:04:39	13:35:21	17:07:05	20:06:43	22:40:02.65	22:40:31.20	12:21	4.9
227	SIELUTIN WADIM	3297	KB LEW LEGNICA 2000	LEGNICA	POL	WETERAN II M - 60	3	M 181	06:49:25	11:02:53	13:26:27	17:25:23	20:22:28	22:40:49.65	22:41:14.25	12:22	4.8
228	KAMROWSKI DAWID	3102	ROCHE RUNNERS	POZNAŃ	POL	SENIOR II M - 30	73	M 182	07:37:27	12:02:29	14:39:10	17:37:10	20:27:08	22:51:30.60	22:52:02.45	12:28	4.8
229	RECZUCH ADAM	3194		WROCŁAW	POL	MASTERS M - 40	85	M 183	06:18:18		12:10:28		19:45:35	22:51:50.30	22:52:21.40	12:28	4.8
230	CIECIELĄG PIOTR	3006		PIASECZNO	POL	MASTERS M - 40	86	M 184	05:53:44	09:49:32	12:10:27	16:10:07	20:21:36	23:00:56.65	23:01:10.95	12:33	4.8
231	KONOWROCKA WIOLETTA	3012	SEE YOU LATER TEAM	ZYRARDÓW	POL	MASTERS K - 40	15	K 47	06:18:18	10:15:32	12:33:12	15:59:51	19:36:23	23:03:04.20	23:03:29.20	12:34	4.8
232	BIELSKI JANUSZ	3010	SEE YOU LATER TEAM	WARSZAWA	POL	SENIOR II M - 30	74	M 185	06:18:05	10:15:25	12:33:00	15:59:05	19:35:17	23:03:05.40	23:03:29.80	12:34	4.8
233	RYCHŁOWSKA MAGDALENA	3067		PIŁA	POL	MASTERS K - 40	16	K 48	06:45:27	10:59:08	13:27:56	17:21:06	20:28:13	23:07:36.05	23:07:54.95	12:36	4.8
234	KALBARCZYK BEATA	3162	ORANGE POLSKA	OTWOCK	POL	WETERAN K - 50	7	K 49	06:52:05	11:30:14	14:05:13	17:38:17	20:39:03	23:07:44.25	23:08:03.75	12:36	4.8
235	WRZESIŃSKA JOANNA	3115		BYDGOSZCZ	POL	MASTERS K - 40	17	K 50	06:14:36	10:04:12	12:23:02	15:50:42	19:21:19	23:10:14.00	23:10:22.20	12:38	4.7
236	BORIS ANETA	3016	EL - AKTYWNI	ELBLĄG	POL	SENIOR II K - 30	19	K 51	07:48:11	12:08:25	14:32:48	18:07:39	21:08:49	23:16:13.50	23:16:33.60	12:41	4.7
237	MARCINEK ŁUKASZ	3007	NIE TERAZ, POTEM	SIEMIENOWICE ŚL.	POL	SENIOR II M - 30	75	M 186	06:38:16	10:52:30	13:43:32	17:14:41	20:50:52	23:31:02.90	23:31:13.85	12:49	4.7
238	HANGIEL URSZULA	3318		WARSZAWA		SENIOR II K - 30	20	K 52	07:48:39	12:08:19	14:37:17	18:06:07	21:08:41	23:31:54.55	23:32:25.35	12:50	4.7
239	SOSZYŃSKA MAŁGORZATA	3314		WARSZAWA		WETERAN K - 50	8	K 53	07:48:38	12:08:10	14:37:17	18:06:03	21:08:41	23:31:55.05	23:32:25.55	12:50	4.7
240	GRZESIAK RAFAŁ	3081		GŁOGÓW	POL	MASTERS M - 40	87	M 187	07:31:40	12:02:59	14:41:31	17:35:36	20:41:07	23:52:03.65	23:52:17.05	13:01	4.6
241	KOSMIDER TOMASZ	3209	SPARTANIE DZIECIOM	WROCŁAW	POL	MASTERS M - 40	88	M 188	06:47:58	11:02:40	13:58:31	17:37:19	20:56:39	23:58:28.15	23:58:59.90	13:04	4.6
242	OHLA JUSTYNA	3112	BIEGAM, BO NIE LUBIĘ...	POZNAŃ	POL	MASTERS K - 40	18	K 54	06:18:40	10:50:55	13:42:41	17:41:24	21:14:27	23:58:57.60	23:59:17.20	13:04	4.6
243	MADAJ PAWEŁ	3118	BIEGAM, BO NIE LUBIĘ	POZNAŃ	POL	MASTERS M - 40	89	M 189	06:18:41	10:51:02	13:42:42	17:41:29	21:14:30	23:58:57.70	23:59:17.20	13:04	4.6
244	ZACHARZYŃSKA KATARZYNA	3161	ORANGE POLSKA	LUBLIN	POL	SENIOR II K - 30	21	K 55	06:51:21	11:30:18	14:06:19	17:57:30	21:18:47	24:05:21.50	24:05:41.75	13:08	4.6
245	CECUEŁA ANDRZEJ	3202		GŁOGÓW	POL	SENIOR I M - 20	10	M 190	07:31:37	12:02:51	14:41:31	17:35:30	20:41:23	24:13:18.50	24:13:32.80	13:12	4.5
246	PIKUSA MICHAŁ	3104		POZNAŃ	POL	SENIOR II M - 30	76	M 191	07:37:25	12:03:00	14:45:50	18:15:23	21:29:03	24:14:58.10	24:15:30.50	13:13	4.5
247	HAUTON MONIKA	3013	NIE TERAZ, POTEM	SOSNOWIEC	POL	MASTERS K - 40	19	K 56	08:11:19	12:30:25	15:12:51	18:44:59	21:57:02	24:18:45.85	24:18:57.10	13:15	4.5
248	WITECKA MILENA	3312		POBIEROWO		SENIOR II K - 30	22	K 57	07:13:55	12:32:37	15:12:29	18:54:22	22:00:39	24:29:57.30	24:30:21.60	13:21	4.5
249	RURKA GRZEGORZ	3146	SAMBIEGAM	WARSZAWA	POL	WETERAN I M - 50	14	M 192	07:16:42	11:46:50	14:39:59	19:04:05	22:15:43	24:31:49.40	24:32:17.45	13:22	4.5
250	ŻRÓDLEWSKA ANNA	3308		OSTRÓW WIELKOPOLSKI	POL	SENIOR II K - 30	23	K 58	07:04:26	12:03:11	14:56:31	18:42:18	21:56:51	24:36:58.50	24:37:13.90	13:25	4.5
251	KAPA PATRYCJA	3310	K.S. MARATON OSTRÓW WIELKOPOLSKI	BIEGANIN	POL	SENIOR I K - 20	9	K 59	07:04:24	12:03:03	14:56:28	18:43:23	21:56:53	24:36:59.75	24:37:14.95	13:25	4.5
252	ŚWITALSKI ANDRZEJ	3166	KAPITAN POLSKA/ŻYCIE CZĘSTOCHOWY TEAM	CZĘSTOCHOWA	POL	SENIOR II M - 30	77	M 193	07:04:24	12:03:10	14:56:30	18:45:27	22:01:06	24:42:26.10	24:42:44.40	13:28	4.5
253	STEFANOWSKI MARCIN	3019	ŻARÓW BIEGA	ŻARÓW	POL	MASTERS M - 40	90	M 194	07:50:28	12:38:40	15:15:02	18:42:40	21:56:02	24:43:42.65	24:44:01.65	13:29	4.4
254	ZIEMKOWSKA MONIKA	3014		ŻARÓW	POL	MASTERS K - 40	20	K 60	07:50:33	12:39:07	15:15:06	18:42:51	21:56:03	24:43:44.40	24:44:01.95	13:29	4.4
255	WYSTRYCHOWSKI MARCIN	3121	BFAGENCJA.PL	WARSZAWA	POL	SENIOR II M - 30	78	M 195	07:59:55	12:21:47	15:04:08	19:24:02	22:24:55	24:55:44.70	24:56:03.25	13:35	4.4
256	TALARCZYK MIKOŁAJ	3254		ŁOPUCHOWO	POL	MASTERS M - 40	91	M 196	06:25:10	10:19:09	12:57:13	17:01:37	21:46:09	25:21:10.30	25:21:39.40	13:49	4.3
257	BOHDZIEWICZ IZABELA	3283	WKURW_TEAM	WARSZAWA	POL	SENIOR I K - 20	10	K 61	09:14:00	13:34:33	16:43:56	20:49:04	23:54:02	25:22:14.55	25:22:36.55	13:50	4.3
258	OBARSKA MAŁGORZATA	3031		STARACHOWICE	POL	WETERAN K - 50	9	K 62	08:11:32	12:34:40	15:19:36	19:26:47	22:41:11	25:23:46.00	25:24:08.75	13:51	4.3
259	OBARSKI NORBERT	3043		KIELCE	POL	WETERAN I M - 50	15	M 197	08:11:08	12:34:36	15:19:34	19:26:42	22:41:11	25:23:46.90	25:24:09.90	13:51	4.3
260	BOCHENEK JANUSZ	3063	WKURW_TEAM	KIELCE	POL	WETERAN II M - 60	4	M 198	09:13:59	13:13:03	16:01:00	19:31:07	22:48:10	25:31:47.65	25:32:09.50	13:55	4.3
261	MAŁEK TOMASZ	3269		GOSTYŃ	POL	SENIOR I M - 20	11	M 199								6:33	9.2
	KAMIŃSKI BARTOSZ	3204		ZIELONA GÓRA	POL	MASTERS M - 40			06:00:25	09:47:34	12:19:17	15:13:14	18:21:31	DNF	DNF	-	-
	MULARCZYK MARTA	3165	WKURW_TEAM	POZNAŃ	POL	SENIOR I K - 20			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
	GNIELKA DAWID	3286	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20			06:51:06 DNF	11:40:36 DNF	14:39:38 DNF	19:00:13 DNF	23:58:18 DNF	DNF	DNF	-	-
	ŚWIERAD DARIUSZ	3279	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	KRAKÓW	POL	SENIOR II M - 30			04:13:09 DNF	06:43:52 DNF	08:07:45 DNF	10:04:47 DNF	DNF	DNF	DNF	-	-
	PIETRASZEWSKI ROBERT	3106	BIEGAM BO LUBIĘ - TOMASZÓW MAZOWIECKI	TOMASZÓW MAZOWIECKI	POL	MASTERS M - 40			06:04:57 DNF	09:57:46 DNF	12:01:29 DNF	15:41:41 DNF	DNF	DNF	DNF	-	-
	DROŹDZIEL MARIUSZ	3247		WARSZAWA	POL	SENIOR II M - 30			04:57:54 DNF	08:15:22 DNF	11:01:15 DNF	DNF	DNF	DNF	DNF	-	-
	MACHUL EWA	3293	DREAM RUN	WARSZAWA	POL	SENIOR II K - 30			05:05:49 DNF	09:03:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CHRZAN ANDRZEJ	3323	AA TARNÓW			SENIOR I M - 20			05:40:50 DNF	09:30:16 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	TALAGA DAWID	3061	OLKUSZBIEGA.PL	OLKUSZ	POL	SENIOR II M - 30			05:25:25 DNF	09:47:45 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PISKORZ IRENEUSZ	3277		KODEŃ	POL	SENIOR II M - 30			05:45:30 DNF	10:02:07 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WERNER KAMIL	3164	BIEGAM NA TARCHOMINIE/ULTRA PASTERZE	WARSZAWA	POL	SENIOR II M - 30			04:13:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JĘDZURA DANIEL	3255	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR II M - 30			04:49:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JANIK RAFAŁ	3167	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	MASTERS M - 40			04:51:21 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIASECKA - WSZOŁA ANNA	3304	MUAY RUNNING TEAM	BĘDZIN	POL	SENIOR II K - 30			04:58:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SLOWINSKI GRZEGORZ	3175		IWINY	POL	SENIOR II M - 30			05:13:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ŁĘCKI PIOTRUŚ	3252	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR II M - 30			05:22:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CHRZAN DANIEL	3322		TARNÓW		SENIOR II M - 30			05:25:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BOREJSZO KAROL	3274		ŻARY	POL	SENIOR I M - 20			05:34:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FIJAŁKOWSKI ARTUR	3159	EKOBIEGI	RADZYMIN	POL	SENIOR II M - 30			05:40:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	REJMAN GRZEGORZ	3138	DREAM RUN	WAŁBRZYCH	POL	SENIOR II M - 30			05:48:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOZŁOWSKI BARTŁOMIEJ	3320		TRZEBIESZOWICE		MASTERS M - 40			06:17:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOJSZEWSKA ANIKA	3319		WARSZAWA		SENIOR II K - 30			06:17:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LIEBCHEN PIOTR	3187		ŁOMIANKI	POL	MASTERS M - 40			06:17:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ARMATYS GRZEGORZ	3253	ORANGE POLSKA	DĄBROWA GÓRNICZA	POL	WETERAN I M - 50			07:55:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	RUTKOWSKI ŁUKASZ	3051		WARSZAWA	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GÓRA MARCIN	3244	TWM-TERMO MARCIN GÓRA, JANUSZ SZUBA SP.J.	WARSZAWA	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CZERNIAK TOBIASZ	3240		KRAPKOWICE	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
0	UZNAŃSKI PIOTR	3228	PAMTRANS / EUROCLEAR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	1	M 1	03:35:48	05:36:43	06:43:18	08:11:40	09:34:22	10:36:24.75	10:36:26.35	5:47	10.4
1	FRANKOWSKI MICHAŁ	3262		STOCKHOLM	SWE	SENIOR II M - 30	2	M 2	03:40:55	06:01:09	07:17:42	08:50:59	10:15:42	11:28:04.05	11:28:04.05	6:15	9.6
2	KOCIOŁOWICZ PIOTR	3084	BIEGAM W GÓRACH BARDZKICH / WKURW_TEAM	BARDO	POL	SENIOR II M - 30	3	M 3	03:48:34	06:05:03	07:18:49	09:00:18	10:30:33	11:35:20.45	11:35:22.70	6:19	9.5

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
3	GONCZARENKO JAREK	3281		ŻYWIĘC	POL	SENIOR II M - 30	4	M 4	03:38:37	06:00:12	07:18:42	08:58:39	10:27:02	11:38:47.00	11:38:48.80	6:21	9.4
4	MARCINIAK PRZEMYSŁAW	3211	ATHLETICS NYSA	PRUDNIK	POL	SENIOR II M - 30	5	M 5	03:58:12	06:10:17	07:24:22	09:05:11	10:32:20	11:44:37.10	11:44:39.95	6:24	9.4
5	PIĄTEK MATEUSZ	3079	SM KAMOS/ HERCOG RUNNING TEAM	BUKOWNO	POL	SENIOR I M - 20	1	M 6	03:58:08	06:14:51	07:30:24	09:10:22	10:38:55	11:53:09.75	11:53:13.10	6:29	9.3
6	SZCZEPANIAK ANGELIKA	3174	CERI/AKADEMIABIEGA CZA.PL S.L. SALOS-WODNA	RĄBIEŃ	POL	SENIOR II K - 30	1	K 1	04:13:45	06:37:34	07:58:09	09:47:53	11:23:49	12:42:32.20	12:42:35.55	6:55	8.7
7	KOMZA RADOŚLAW	3210		WROCLAW	POL	MASTERS M - 40	1	M 7	04:04:57	06:30:51	07:55:46	09:48:21	11:32:16	12:49:00.95	12:49:11.10	6:59	8.6
8	DYJAK ROBERT	3111		STRONIE ŚLĄSKIE	POL	SENIOR II M - 30	6	M 8	04:13:47	06:43:42	08:08:00	09:55:31	11:34:03	12:49:23.50	12:49:28.10	6:59	8.6
9	STAŃCZAK PIOTR	3225	CZERWONAK BIEGA	KOZIEGŁOWY	POL	SENIOR II M - 30	7	M 9	04:13:44	06:46:05	08:07:53	09:55:21	11:33:58	12:49:18.40	12:49:28.25	6:59	8.6
10	KUŹNIAK MARCIN	3261		WARSZAWA	POL	MASTERS M - 40	2	M 10	04:11:09	06:37:42	07:58:33	09:51:28	11:32:42	12:54:29.05	12:54:32.65	7:02	8.5
11	GOŚCINIEWICZ PAWEŁ	3282	ZIEMOWIT TEAM	KATOWICE	POL	MASTERS M - 40	3	M 11	04:12:27	06:41:38	08:01:42	09:57:21	11:41:29	13:14:47.05	13:14:53.70	7:13	8.3
12	STOKŁOSA SEBASTIAN	3257	LESZ NO LIMITS RUNNERS	LESZNO	POL	SENIOR II M - 30	8	M 12	04:17:28	06:53:01	08:21:56	10:14:21	11:56:47	13:17:33.10	13:17:38.85	7:15	8.3
13	BŁACHUT RADOŚLAW	3280	ML TEAM	BIELSKO-BIAŁA	POL	MASTERS M - 40	4	M 13	04:13:44	06:43:47	08:08:02	10:04:54	11:56:55	13:18:47.60	13:18:50.60	7:15	8.3
14	GRZELAK KAMILA	3249	TEAM ALTRA RED	IWONICZ-ZDRÓJ	POL	SENIOR I K - 20	1	K 2	04:19:10	06:54:27	08:21:48	10:13:30	11:59:35	13:22:11.30	13:22:16.75	7:17	8.2
15	OSTAPSKI KAMIL	3306	TC WROCLAW / VEGE RUNNERS	WROCLAW	POL	SENIOR II M - 30	9	M 14	04:00:31	06:51:12	08:20:45	10:14:13	11:59:37	13:26:33.10	13:26:37.40	7:19	8.2
16	GRZELAK ADRIAN	3258		MĘCINA	POL	SENIOR II M - 30	10	M 15	04:26:52	07:07:21	08:36:54	10:33:30	12:16:42	13:40:08.55	13:40:14.40	7:27	8
17	KAROLAK ANIA	3303	MUAY RUNNING TEAM	SLUPSK	POL	SENIOR II K - 30	2	K 3	04:22:04	07:07:20	08:44:31	10:38:19	12:21:42	13:43:56.45	13:43:59.30	7:29	8
18	MAKOWSKI MATEUSZ	3263		WARSZAWA	POL	SENIOR I M - 20	2	M 16	04:19:37	07:07:27	08:57:19	10:46:17	12:33:58	13:54:25.35	13:54:29.45	7:35	7.9
19	REJ MIROŚLAW	3076	M & T WYJADACZE PARÓWKÓW	MIELEC	POL	SENIOR II M - 30	11	M 17	04:28:59	07:16:49	08:46:51	10:46:42	12:30:44	13:54:52.80	13:54:57.45	7:35	7.9
20	DZIUBIŃSKI MICHAŁ	3142	FAMILY EXTREME	NADARZYN	POL	SENIOR II M - 30	12	M 18	04:19:37	07:07:30	08:57:20	11:01:37	12:44:45	14:09:33.80	14:09:38.20	7:43	7.8
21	CAŁY PATRYK	3307	#KFD FALLOUT TEAM	WROCLAW	POL	SENIOR II M - 30	13	M 19	04:37:02	07:23:50	08:47:47	10:48:55	12:40:26	14:10:57.60	14:11:14.20	7:44	7.8
22	KIELASZEWSKI KAROL	3273	LESZNO LIMITS RUNNERS	LESZNO	POL	SENIOR II M - 30	14	M 20	04:32:28	07:32:56	08:55:41	10:54:46	12:47:34	14:20:27.60	14:20:39.15	7:49	7.7
23	ADLER ŁUKASZ	3214	LESZ NO LIMITS RUNNERS	WILKOWICE	POL	SENIOR II M - 30	15	M 21	04:51:03	07:33:14	09:01:05	10:57:34	12:47:40	14:20:33.00	14:20:39.65	7:49	7.7
24	GÓRNIAK-ANTKOWIAK AGNIESZKA	3122	GSM OBORNIKI ŚLĄSKIE	OBORNIKI ŚLĄSKIE	POL	MASTERS K - 40	1	K 4	04:32:31	07:22:30	08:53:54	10:56:38	12:51:33	14:22:54.80	14:23:04.35	7:50	7.6
25	KONIECZNY SZYMON	3135	CHOSZCZENSKA 10	CHOSZCZNO	POL	SENIOR II M - 30	16	M 22	04:38:18	07:33:44	09:06:48	11:12:08	13:00:04	14:24:40.35	14:25:05.65	7:51	7.6
26	MARZEC GRZEGORZ	3276	GMINA STRZELCE OPOLSKIE	SZCZEPANEK	POL	MASTERS M - 40	5	M 23	04:18:12	07:07:04	08:44:05	10:39:18	12:38:36	14:26:09.60	14:26:18.90	7:52	7.6
27	BALWIERCZAK PIOTR	3053	HERCOG RUNNING TEAM	WROCLAW	POL	SENIOR I M - 20	3	M 24	04:32:36	07:22:40	08:53:59	10:58:45	12:52:44	14:27:19.70	14:27:25.25	7:53	7.6
28	PAWLIK JAKUB	3045	1X1	KRAKÓW	POL	SENIOR II M - 30	17	M 25	04:48:47	07:34:01	09:07:09	11:12:45	13:00:25	14:28:25.70	14:28:28.35	7:53	7.6
29	KRAKOWCZYK MARTA	3234		WODZISŁAW ŚLĄSKI	POL	SENIOR I K - 20	2	K 5	04:34:11	07:25:25	08:49:27	11:05:20	13:03:11	14:29:43.60	14:29:58.20	7:54	7.6
30	FURMAN SŁAWOMIR	3088		SZCZEPANÓW	POL	MASTERS M - 40	6	M 26	04:31:36	07:25:43	09:04:31	11:14:56	13:03:39	14:33:30.70	14:33:35.80	7:56	7.6
31	GAJDA SEBASTIAN	3139	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	MASTERS M - 40	7	M 27	04:37:12	07:48:04	09:22:06	11:19:52	13:09:28	14:35:14.55	14:35:31.00	7:57	7.5
32	BORÓWKA RYSZARD	3082		GDYNIA	POL	MASTERS M - 40	8	M 28	04:34:26	07:22:01	08:54:00	11:02:30	13:04:13	14:36:51.80	14:36:55.50	7:58	7.5
33	KOWALIK ANDRZEJ	3219	BIEG OPOLSKI	OPOLE	POL	MASTERS M - 40	9	M 29	04:03:53	06:59:32	08:51:45	11:02:33	13:04:13	14:36:56.25	14:37:00.15	7:58	7.5
34	WYLEGAŁA MICHAŁ	3017	PCH_RUN	RATAJE	POL	MASTERS M - 40	10	M 30	04:34:55	07:33:24	09:01:56	11:13:57	13:09:50	14:43:44.30	14:43:52.05	8:02	7.5
35	LONC TOMASZ	3078		RZESZÓW	POL	MASTERS M - 40	11	M 31	04:37:10	07:42:07	09:12:13	11:20:59	13:09:52	14:46:51.25	14:46:56.70	8:03	7.4
36	ANUSZ ADAM	3066	ŻARÓW BIEGA	IMBRAMOWICE	POL	SENIOR II M - 30	18	M 32	04:49:09	07:56:44	09:29:14	11:25:27	13:15:01	14:49:23.95	14:49:41.30	8:05	7.4
37	ZIMKOWSKI MARCIN	3298	KGHM ZG RUN	GŁOGÓW	POL	SENIOR II M - 30	19	M 33	04:21:52	07:25:42	09:04:33	11:20:47	13:19:20	14:50:10.80	14:50:13.15	8:05	7.4
38	BAR STANISŁAW	3275	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	MASTERS M - 40	12	M 34	04:42:04	07:39:13	09:36:30	11:39:10	13:27:33	14:52:33.55	14:52:42.45	8:06	7.4
39	BIENIECKA ANNA	3309		GLIWICE	POL	MASTERS K - 40	2	K 6	04:51:45	07:47:32	09:24:34	11:25:05	13:20:24	14:53:30.10	14:53:33.20	8:07	7.4
40	SZEMIEL MACIEJ	3154		WROCLAW	POL	SENIOR II M - 30	20	M 35	04:43:56	07:49:41	09:34:09	11:36:13	13:24:10	14:53:58.50	14:54:04.25	8:07	7.4
41	ORACZ MATEUSZ	3251	BEZ LITOŚCI	ZALASEWO	POL	SENIOR II M - 30	21	M 36	04:37:21	07:41:45	09:22:55	11:41:04	13:33:38	14:54:24.25	14:54:27.60	8:07	7.4
42	SIKORA MICHAŁ	3207	BLUSZCZA	GLIWICE	POL	MASTERS M - 40	13	M 37	04:40:26	07:39:54	09:14:56	11:26:31	13:22:47	15:01:28.60	15:01:36.00	8:11	7.3
43	SCHWITALA ADRIAN	3130	MKS SIECHNICE	SIECHNICE	POL	MASTERS M - 40	14	M 38	04:53:22	07:56:50	09:37:12	11:51:53	13:40:13	15:11:03.50	15:11:11.70	8:16	7.2
44	POBORSKI DARIUSZ	3026		JANKOWICE	POL	MASTERS M - 40	15	M 39	04:41:30	07:46:54	09:24:19	11:40:18	13:39:52	15:14:29.60	15:14:44.00	8:18	7.2
45	OBIDOWSKI ŁUKASZ	3080	NARAMOWICE BIEGAJA	POZNAŃ	POL	SENIOR II M - 30	22	M 40	04:45:31	07:38:50	09:11:46	11:25:05	13:28:59	15:14:54.90	15:15:01.10	8:19	7.2



**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
46	MIGACZ DAWID	3022	1X1	KRAKÓW	POL	SENIOR II M - 30	23	M 41	05:07:08	08:00:41	09:26:12	11:26:40	13:25:21	15:17:38.70	15:17:41.40	8:20	7.2
47	SIKORSKI MARCIN	3116	TT SZCZECIN	SZCZECIN	POL	MASTERS M - 40	16	M 42	04:58:05	08:02:25	09:42:15	12:04:46	13:56:59	15:21:17.15	15:21:31.45	8:22	7.2
48	MILEWSKI MACIEK	3208	SAMOTNY WILK	LEGIONOWO	POL	MASTERS M - 40	17	M 43	04:19:35	07:35:34	09:33:28	11:55:51	13:52:36	15:22:27.35	15:22:35.35	8:23	7.2
49	PRZYSIWEK PATRYK	3109		POZNAŃ	POL	SENIOR II M - 30	24	M 44	05:06:59	08:16:20	09:49:53	11:58:23	13:53:28	15:24:30.15	15:24:38.65	8:24	7.1
50	KAROLAK ASIA	3301	MUAY RUNNING TEAM	SŁUPSK	POL	SENIOR II K - 30	3	K 7	04:53:38	07:51:10	09:22:21	11:37:47	13:47:49	15:25:22.35	15:25:27.80	8:24	7.1
51	SZCZEPAŃSKI NORMAN	3288	AS-PL	GDAŃSK	POL	SENIOR II M - 20	4	M 45	04:34:15	07:47:13	09:22:32	11:36:39	13:47:43	15:25:18.00	15:25:30.35	8:24	7.1
52	KURPIEWSKA ANNA	3223	GT RAT	WROCLAW	POL	MASTERS K - 40	3	K 8	04:58:04	08:02:19	09:42:10	12:04:49	13:57:03	15:26:22.80	15:26:37.10	8:25	7.1
53	SOINSKI PRZEMYSŁAW	3131	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS M - 40	18	M 46	05:09:24	08:28:57	09:55:31	11:58:01	13:52:57	15:27:14.50	15:27:42.00	8:25	7.1
54	TOMICZEK TOMASZ	3238	ZDYSKWALIFIKOWANI	WROCLAW	POL	SENIOR II M - 30	25	M 47	05:13:02	08:12:01	09:47:15	12:06:07	14:01:12	15:39:01.00	15:39:35.50	8:32	7
55	MIKOŁAJCZYK MARCIN	3124	DROGA DO ULTRA	ŁÓDŹ	POL	SENIOR II M - 30	26	M 48	04:41:14	07:37:32	09:33:52	11:54:09	13:58:24	15:40:23.80	15:40:29.25	8:32	7
56	FRACKOWIAK MICHAŁ	3179	CZERWONAK BIEGA	POTASZE	POL	MASTERS M - 40	19	M 49	05:13:42	08:47:05	10:14:40	12:21:55	14:10:41	15:40:42.10	15:40:51.25	8:33	7
57	HUEBNER MARIA	3008		KRAKÓW	POL	SENIOR I K - 20	3	K 9	05:04:18	07:52:43	09:34:10	12:05:44	14:12:45	15:41:08.60	15:41:22.40	8:33	7
58	KUPCZYK JACEK	3181	MOL RUNNERS	ROKIETNICA	POL	MASTERS M - 40	20	M 50	05:01:35	08:03:44	09:44:22	11:59:46	13:56:57	15:41:24.25	15:41:30.60	8:33	7
59	KOWALSKI MACIEJ	3216	LOTOS RUNNING TEAM	GDAŃSK	POL	MASTERS M - 40	21	M 51	04:57:13	07:51:57	09:35:08	11:54:22	13:59:09	15:41:32.35	15:41:45.40	8:33	7
60	PANEK KRZYSZTOF	3296	RZYĆ CHYŻA GŻEGŻÓŁKI I CZYŻA	POZNAŃ	POL	MASTERS M - 40	22	M 52	04:45:52	07:49:52	09:36:58	12:01:35	14:07:43	15:42:45.10	15:42:55.80	8:34	7
61	JĘDRZEJEWSKI ŁUKASZ	3039	WATAHA	SŁAWA	POL	MASTERS M - 40	23	M 53	04:56:28	07:57:01	09:44:01	11:59:31	14:02:24	15:49:18.20	15:49:29.00	8:37	7
62	KRUPA PIOTR	3030	PCH-RUN	CHODZIEŻ	POL	MASTERS M - 40	24	M 54	05:13:50	08:23:45	09:59:19	12:13:27	14:16:03	15:51:39.80	15:51:50.10	8:39	6.9
63	KRUPA SŁAWOMIR	3107	PCH_RUN	CHODZIEŻ	POL	SENIOR II M - 30	27	M 55	05:13:55	08:23:44	09:59:21	12:13:21	14:16:01	15:51:42.15	15:51:50.40	8:39	6.9
64	CIEMBOROWICZ KAROL	3101	#KFD	KATOWICE	POL	SENIOR II M - 30	28	M 56	05:00:05	08:06:05	09:42:29	11:57:06	14:08:08	15:55:07.60	15:55:23.30	8:40	6.9
65	BOROWCZYK MARCIN	3037		CZMOŃ	POL	MASTERS M - 40	25	M 57	05:04:26	08:19:03	09:59:39	12:19:49	14:20:51	16:01:30.55	16:01:39.40	8:44	6.9
66	KNAPIK PIOTR	3217	KURORT ŁĄDEK ZDRÓJ TEAM	WROCLAW	POL	MASTERS M - 40	26	M 58	05:15:44	08:19:42	09:59:15	12:22:24	14:20:47	16:01:23.55	16:01:39.70	8:44	6.9
67	ZWOLIŃSKI ŁUKASZ	3148	KASZUBSKA PONIEWIERKA	GDAŃSK	POL	SENIOR II M - 30	29	M 59	04:43:56	07:36:53	10:04:19	11:57:04	14:11:23	16:06:33.40	16:06:37.00	8:47	6.8
68	RAJTAR ZBIGNIEW	3086	RONTIL - COMPASS	KRAKÓW	POL	WETERAN II M - 60	1	M 60	04:39:58	07:52:29	09:43:34	12:24:56	14:31:52	16:08:22.55	16:08:26.45	8:48	6.8
69	KUBICA BARTOSZ	3149		WISŁA WIELKA	POL	MASTERS M - 40	27	M 61	05:03:09	08:07:52	10:04:27	12:20:29	14:30:26	16:16:30.35	16:16:41.05	8:52	6.8
70	WŁODARCZYK MICHAŁ	3176	EVERRUN	ŁÓDŹ	POL	SENIOR II M - 30	30	M 62	04:40:15	07:47:34	09:33:21	12:11:58	14:29:35	16:16:37.15	16:16:42.25	8:52	6.8
71	KOSTRZEWSKI SŁAWOMIR	3065		OPOLE	POL	MASTERS M - 40	28	M 63	04:55:03		09:47:34	12:15:37	14:30:47	16:18:33.95	16:18:41.95	8:53	6.7
72	ZGRAJ LESZEK	3266	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	MASTERS M - 40	29	M 64	05:03:17	08:13:40	09:52:33	12:17:26	14:29:24	16:19:11.50	16:19:16.80	8:54	6.7
73	KUTYBA MARIUSZ	3155	WOLNE ŚLIMAKI	POZNAŃ	POL	SENIOR II M - 30	31	M 65	04:39:15	07:49:22	09:36:49	12:10:25	14:34:39	16:20:03.80	16:20:16.85	8:54	6.7
74	GOLA DANIEL	3237		GLIWICE	POL	SENIOR I M - 20	5	M 66	04:46:11	07:52:00	09:39:13	12:24:38	14:46:35	16:20:39.50	16:20:46.00	8:54	6.7
75	BANACH MAGDA	3236		GLIWICE	POL	SENIOR I K - 20	4	K 10	04:46:06	07:51:57	09:39:12	12:24:48	14:46:34	16:20:38.85	16:20:46.20	8:54	6.7
76	STOLIŃSKI PRZEMYSŁAW	3092		OZORKÓW	POL	SENIOR II M - 30	32	M 67	04:44:57	08:00:44	09:33:37	12:15:35	14:33:48	16:27:33.35	16:27:38.45	8:58	6.7
77	PIECUCH KAROLINA	3190	LACHO TEAM	PRZEWORSK	POL	SENIOR II K - 30	4	K 11	05:03:21	08:29:04	10:14:35	12:41:39	14:51:35	16:31:09.10	16:31:14.05	9:00	6.7
78	MAJKOWSKI JACEK	3129		WROCLAW	POL	SENIOR II M - 30	33	M 68	05:50:09	09:02:30	10:43:11	12:50:51	14:51:06	16:33:23.20	16:33:51.75	9:01	6.6
79	LIPIŃSKI MAREK	3098		BORZYGNIEW	POL	MASTERS M - 40	30	M 69	05:01:15	08:09:52	10:00:24	12:20:49	14:51:08	16:40:30.45	16:41:01.40	9:05	6.6
80	JACKOWICZ RAFAŁ	3157	JACKOWICZ TEAM	SOBÓTKA	POL	MASTERS M - 40	31	M 70	05:31:47	08:48:24	10:40:29	12:54:46	14:58:34	16:42:09.10	16:42:29.20	9:06	6.6
81	MARCINIAK JANUSZ	3046	NIGHT RUNNERS	POZNAŃ	POL	MASTERS M - 40	32	M 71	05:24:57	08:56:28	10:35:44	13:09:19	15:14:16	16:52:51.85	16:53:10.50	9:12	6.5
82	MATCZAK MACIEJ	3242	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	ODOLANÓW	POL	SENIOR II M - 30	34	M 72	05:11:37	08:38:00	10:23:30	12:48:48	14:59:18	16:55:22.75	16:55:40.90	9:13	6.5
83	PIECUCH MARCIN	3182	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30	35	M 73	05:10:04	08:29:07	10:07:22	12:50:35	14:58:13	16:56:09.20	16:56:15.25	9:14	6.5
84	LEWANDOWSKI FILIP	3284		BYDGOSZCZ	POL	SENIOR II M - 30	36	M 74	05:54:32	09:22:28	11:01:03	13:15:19	15:23:07	17:02:47.10	17:02:51.70	9:17	6.5
85	DUDEK REMIGIUSZ	3077	ZIĘBICE	ZIĘBICE	POL	SENIOR II M - 30	37	M 75	05:41:40	09:11:28	10:56:16	13:14:22	15:19:15	17:05:19.20	17:05:40.65	9:19	6.4
86	JAROSŁAWSKI MARCIN	3229	KB-HARCOWNIK	JELCZ- LASKOWICE	POL	SENIOR II M - 30	38	M 76	04:54:53	08:17:44	10:16:06	13:04:15	15:28:22	17:08:40.15	17:08:57.50	9:21	6.4
87	BUK SŁAWOMIR	3040	LESZ NO LIMITS RUNNERS	ŚRODA WIELKOPOLSKA	POL	SENIOR II M - 30	39	M 77	05:25:22	08:53:53	10:36:34	13:03:29	15:15:14	17:11:50.90	17:12:03.50	9:22	6.4
88	NOWICKI ZBIGNIEW	3145		GAŁKÓW MAŁY	POL	MASTERS M - 40	33	M 78	04:53:38	08:25:19	10:15:57	12:59:32	15:24:35	17:13:47.50	17:13:50.15	9:23	6.4
89	MACKIEWICZ ARTUR	3042	DŁUGOBIEGANIE	SZCZECIN	POL	MASTERS M - 40	34	M 79	05:05:13	08:39:16	10:30:18	13:08:11	15:27:17	17:14:22.10	17:14:27.30	9:24	6.4
90	MROZIAK MACIEK	3230	RUNPASSION.PLTEAM	GDYŃA	POL	MASTERS M - 40	35	M 80	05:05:13	08:39:07	10:30:18	13:08:07	15:27:05	17:14:21.40	17:14:27.45	9:24	6.4
91	LECHOWSKI BARTŁOMIEJ	3004	WKURW_TEAM	WROCLAW	POL	SENIOR II M - 30	40	M 81	05:14:23	08:25:06	10:17:08	13:03:38	15:17:35	17:15:56.30	17:16:08.05	9:25	6.4
92	PROZOROWSKI WIESŁAW	3094	MARATON LESZNO	LESZNO	POL	WETERAN I M - 50	1	M 82	05:11:51	08:31:08	10:20:14	13:03:30	15:40:59	17:16:12.35	17:16:26.70	9:25	6.4
93	DYDUCH MACIEJ	3232	KB ORANGE	KANIE	POL	MASTERS M - 40	36	M 83	05:06:52	08:45:57	10:35:24	13:09:11	15:29:18	17:16:59.50	17:17:20.55	9:25	6.4

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
94	GŁOWACKA EDYTA	3057	MATNER RUNNING TEAM	WILKSZYŃ	POL	MASTERS K - 40	4	K 12	05:25:19	08:52:22	10:38:03	13:12:59	15:37:09	17:21:27.10	17:21:40.30	9:28	6.3
95	KOSZAREK MACIEJ	3300		POZNAŃ	POL	WETERAN I M - 50	2	M 84	05:25:19	08:52:30	10:38:04	13:12:57	15:37:09	17:23:32.90	17:23:46.25	9:29	6.3
96	HADAŁA IGNACY	3185		GDAŃSK	POL	SENIOR II M - 30	41	M 85	05:49:09	09:16:52	11:04:45	13:41:15	15:54:10	17:38:45.90	17:39:09.65	9:37	6.2
97	SIWEK JAREK	3060	RAZ SZCZECIN	SZCZECIN	POL	MASTERS M - 40	37	M 86	05:29:37	08:56:10	10:42:26	13:38:34	15:56:16	17:40:02.00	17:40:20.90	9:38	6.2
98	SUSMARSKA EWA	3299	MUAY RUNNING TEAM	POZNAŃ	POL	SENIOR I K - 20	5	K 13	06:03:56	09:44:25	11:32:25	13:52:18	16:02:36	17:41:39.15	17:41:59.15	9:39	6.2
99	JAZŁOCKI LUKASZ	3048	TWDW	WARSZAWA	POL	SENIOR II M - 30	42	M 87	06:03:49	09:44:14	11:32:16	13:50:55	16:02:15	17:41:33.10	17:42:00.30	9:39	6.2
100	ROSA JAROSŁAW	3075	NATURAL BORN RUNNERS	POZNAŃ	POL	MASTERS M - 40	38	M 88	05:57:47	09:21:53	11:04:32	13:50:18	15:57:46	17:43:04.35	17:43:25.20	9:39	6.2
101	PIETRASZEWSKI WITOLD	3099	GOSTYŃ EASY TRAIL	GOSTYŃ	POL	SENIOR II M - 30	43	M 89	05:34:02	09:05:18	10:51:31	13:18:16	15:37:07	17:43:38.85	17:43:52.20	9:40	6.2
102	KACZMAREK MARIA	3245		KRAKOW	POL	SENIOR II K - 30	5	K 14	06:15:15	09:36:26	11:22:00	13:54:38	16:04:52	17:44:56.85	17:45:18.80	9:40	6.2
103	GRYCMAN MAGDA	3270	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	5	K 15	05:56:17	09:27:45	11:22:51	13:54:22	16:07:20	17:47:24.10	17:47:41.75	9:42	6.2
104	OSAKOWICZ MATEUSZ	3191		WARSZAWA	POL	SENIOR II M - 30	44	M 90	05:17:06	08:36:28	10:23:30	13:10:57	15:37:53	17:52:23.65	17:52:52.75	9:44	6.2
105	MOSIEK ANDRZEJ	3193		RAWICZ	POL	SENIOR II M - 30	45	M 91	05:24:03	08:49:18	10:44:24	13:30:21	15:56:41	17:52:41.75	17:52:54.70	9:45	6.2
106	ŁAMPIKA KINGA	3052		SMOLEC	POL	SENIOR II K - 30	6	K 16	05:39:54	09:10:19	10:52:40	13:36:08	16:00:53	17:56:15.50	17:56:38.85	9:47	6.1
107	SZUBA TADEUSZ	3302		ŁOBEZ	POL	WETERAN II M - 60	2	M 92	05:44:36	09:15:41	11:03:19	13:45:39	16:03:04	18:10:28.90	18:10:33.55	9:54	6.1
108	SZUBA TEOFIL	3290	MARATOŃCZYK SZCZECIN	SZCZECIN	POL	MASTERS M - 40	39	M 93	05:44:38	09:15:49	11:03:20	13:45:24	16:02:52	18:10:30.10	18:10:34.00	9:54	6.1
109	POTOCKI MACIEJ	3265	ORANGE POLSKA	KÓRNIK - BIERNATKI	POL	MASTERS M - 40	40	M 94	05:55:11	09:29:31	11:19:25	13:56:49	16:22:41	18:17:48.30	18:18:04.75	9:58	6
110	SULIN MAREK	3100	SPARTANIE DZIECIOM	GLIWICE	POL	MASTERS M - 40	41	M 95	05:55:21	09:22:04	11:05:31	13:56:55	16:32:11	18:22:53.35	18:23:06.20	10:01	6
111	ZAKRZEWSKI MAREK	3248	EKOBIEGI	WARSZAWA	POL	MASTERS M - 40	42	M 96	05:28:51	08:54:38	10:49:55	13:45:32	16:24:12	18:24:30.00	18:24:36.05	10:02	6
112	BRZOZOWSKI RAFAŁ	3313		KŁODZKO	POL	MASTERS M - 40	43	M 97	05:54:57	09:21:57	11:06:05	13:56:49	16:32:24	18:24:27.75	18:24:50.60	10:02	6
113	DADAŚ JANUSZ	3083	NIGHT RUNNERS GLIWICE	GLIWICE	POL	MASTERS M - 40	44	M 98	05:19:25	08:45:49	10:44:04	13:28:09	16:11:34	18:30:01.30	18:30:13.95	10:05	5.9
114	PAŚ TOMASZ	3183	PASJOL TEAM WROCŁAW	WROCŁAW	POL	MASTERS M - 40	45	M 99	05:49:46	09:18:31	11:09:00	14:06:24	16:32:48	18:30:22.95	18:30:33.25	10:05	5.9
115	KWIECIEŃ MICHAŁ	3103		BIERUTÓW	POL	SENIOR II M - 30	46	M 100	05:58:22	09:33:47	11:32:26	14:01:41	16:25:59	18:34:03.15	18:34:24.65	10:07	5.9
116	DERMINE NICOLAS	3243		NYSA	POL	SENIOR II M - 30	47	M 101	04:52:49	09:55:34	11:42:41	13:14:18	15:55:21	18:35:21.90	18:35:52.70	10:08	5.9
117	SMOLAK AGATA	3285		WOLSZTYN	POL	SENIOR II K - 30	7	K 17	05:59:59	09:28:41	11:22:45	13:57:26	16:34:26	18:43:12.30	18:43:35.50	10:12	5.9
118	BĘDŹKOWSKI MAREK	3197	MORSY OSTROŁĘKA	OSTROŁĘKA	POL	WETERAN I M - 50	3	M 102	06:19:03	09:48:59	11:34:34	14:19:58	16:33:01	18:43:57.05	18:44:09.35	10:13	5.9
119	TÓRZ PAWEŁ	3250		ŚWIĘCIECHOWA	POL	SENIOR I M - 20	6	M 103	06:02:41	09:38:49	11:44:51	14:15:40	16:46:41	18:45:48.25	18:46:09.95	10:14	5.9
120	ANDRZEJEWSKI PAWEŁ	3093		NOWA WIEŚ WIELKA	POL	MASTERS M - 40	46	M 104	05:55:19	09:36:48	11:28:08	14:37:01	17:01:59	18:52:40.85	18:52:44.65	10:17	5.8
121	MALIŃSKI MAREK	3027		GDYNIA	POL	WETERAN I M - 50	4	M 105	06:25:25	10:10:18	12:02:51	14:48:57	17:01:53	18:55:06.30	18:55:30.40	10:19	5.8
122	SMOLEŃ TOMASZ	3260	TMTEAM	KOBIERZYCE	POL	MASTERS M - 40	47	M 106	05:48:35	09:18:26	11:17:42	14:11:38	16:55:49	18:55:29.35	18:55:49.85	10:19	5.8
123	HRAB WOJCIECH	3246		POZNAŃ	POL	SENIOR II M - 30	48	M 107	05:25:31	09:01:07	11:01:59	14:11:59	16:53:32	18:55:53.55	18:56:13.15	10:19	5.8
124	KOSMOWSKI WIESŁAW	3049		RYDZYNA	POL	SENIOR II M - 30	49	M 108	05:47:17	09:15:21	11:01:21	13:57:40	16:53:16	18:56:57.40	18:57:25.80	10:20	5.8
125	POPRAWSKI MATEUSZ	3015	MUKS SZOK BOJANOWO	BOJANOWO	POL	SENIOR II M - 30	50	M 109	05:47:17	09:15:29	11:01:23	13:57:44	16:53:24	18:56:59.60	18:57:27.35	10:20	5.8
126	KUNKE TOMASZ	3156	13WOG GRUDZIĄDZ	GRUDZIĄDZ	POL	MASTERS M - 40	48	M 110	05:16:17	08:48:28	10:56:18	13:54:25	16:38:37	18:57:58.85	18:58:18.40	10:20	5.8
127	SOKOŁOWSKA ADRIANA	3029	VEGE RUNNERS	CHODZIEŻ	POL	SENIOR II K - 30	8	K 18	06:11:22	09:48:39	11:42:41	14:33:48	17:08:10	19:08:55.55	19:09:04.10	10:26	5.7
128	PAWŁOWSKI ROBERT	3023	VEGE RUNNERS	CHODZIEŻ	POL	MASTERS M - 40	49	M 111	06:11:24	09:48:33	11:42:41	14:33:42	17:08:10	19:08:55.80	19:09:04.60	10:26	5.7
129	KŁOPOTEK MARCIN	3144	EXTREME FAMILY	BARTKOWO	POL	MASTERS M - 40	50	M 112	05:04:54	08:31:23	10:56:15	14:10:34	16:54:55	19:09:59.95	19:10:04.60	10:27	5.7
130	TUCHOŁKA MARTA	3316	POCO LOCO/ZUK	KRAKÓW	POL	SENIOR II K - 30	9	K 19	05:49:24	09:20:20	11:22:07	14:26:18	17:07:08	19:13:48.20	19:13:58.95	10:29	5.7
131	GAWŁAS PRZEMYSŁAW	3315		KŁODZKO	POL	MASTERS M - 40	51	M 113	05:41:10	09:18:41	11:17:41	14:12:00	16:55:58	19:13:49.85	19:13:59.05	10:29	5.7
132	KRAWIŃSKI MACIEJ	3221	LP500	BYDGOSZCZ	POL	MASTERS M - 40	52	M 114	04:50:21	08:09:54	10:10:49	13:15:27	16:30:43	19:14:36.55	19:14:43.80	10:29	5.7
133	KRZEMIŃSKI JACEK	3205	KW OPOLE	OPOLE	POL	SENIOR II M - 30	51	M 115	05:42:17	09:17:13	11:20:17	14:15:38	17:04:21	19:21:12.65	19:21:22.95	10:33	5.7
134	KRZEMIŃSKA ALEKSANDRA	3206	KW OPOLE	OPOLE	POL	SENIOR II K - 30	10	K 20	05:42:19	09:17:18	11:20:19	14:15:35	17:04:10	19:21:14.15	19:21:24.45	10:33	5.7
135	KRUPIŃSKI TADEUSZ	3200		LIGOTA PIĘKNA	POL	WETERAN I M - 50	5	M 116	06:01:07	09:34:33	11:21:34	14:38:26	17:11:03	19:21:05.95	19:21:41.45	10:33	5.7
136	WOŹNIAK RYSZARD	3062	BIERUTOWSKA GRUPA BIEGOWA	BIERUTÓW	POL	WETERAN I M - 50	6	M 117	05:58:22	09:38:30	11:37:32	14:33:15	17:00:25	19:21:24.45	19:21:46.45	10:33	5.7
137	DEC RAFAŁ	3003	BIERUTOWSKA GRUPA BIEGOWA	BIERUTÓW	POL	MASTERS M - 40	53	M 118	05:58:25	09:33:52	11:32:28	14:11:15	17:00:26	19:21:25.95	19:21:46.50	10:33	5.7
138	SZANDAŁA JACEK	3089	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	MASTERS M - 40	54	M 119	05:58:29	09:38:36	11:37:33	14:33:02	17:00:36	19:21:25.15	19:21:46.50	10:33	5.7
139	KONIECZNY TOMASZ	3050	TEAM KTW	SIEMIANOWICE ŚLĄSKIE	POL	SENIOR II M - 30	52	M 120	06:01:15	09:45:28	11:47:08	14:48:57	17:16:35	19:22:34.25	19:22:52.95	10:34	5.7

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
140	NARECKI JAROSŁAW	3272		KRUSZYN	POL	MASTERS M - 40	55	M 121	05:41:45	09:22:26	11:17:06	14:18:28	17:15:45	19:24:03.65	19:24:30.50	10:34	5.7
141	SIECZKOWSKI ARTUR	3058	NATURAL BORN RUNNERS TEAM	KOSTRZYN NAD ODRĄ	POL	MASTERS M - 40	56	M 122	06:17:33	09:51:35	11:56:03	14:47:06	17:20:01	19:25:06.30	19:25:34.10	10:35	5.7
142	PEKAŁA PAWEŁ	3072	AMATOR RYTWIANY	RYTWIANY	POL	MASTERS M - 40	57	M 123	06:08:12	09:44:16	11:46:45	14:46:16	17:15:46	19:25:48.00	19:26:10.15	10:35	5.7
143	BIAŁEK OLAF	3177	MEGATEL.COM.PL	KRAKÓW	POL	WETERAN I M - 50	7	M 124	06:03:42	09:34:56	11:34:19	14:31:25	17:19:54	19:30:05.25	19:30:37.30	10:38	5.6
144	KWIECIEŃ - LIPIŃSKA KAMILA	3227	TIGERS TEAM	ŁÓDŹ	POL	MASTERS K - 40	6	K 21	06:09:31	09:51:56	11:46:47	14:45:37	17:26:29	19:32:56.85	19:33:05.95	10:39	5.6
145	BIAŁECKI ZBIGNIEW	3226	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	WETERAN I M - 50	8	M 125	06:09:37	09:52:00	11:47:06	14:45:03	17:26:32	19:32:57.70	19:33:07.00	10:39	5.6
146	GODLEWSKI JAKUB	3158	RUNNERS TEAM QUIBL	WARSZAWA	POL	SENIOR II M - 30	53	M 126	06:25:22	10:09:03	11:55:13	15:01:47	17:48:42	19:33:51.25	19:34:22.80	10:40	5.6
147	PIŁAT JAROSŁAW	3153	CH10	CHOSZCZNO	POL	MASTERS M - 40	58	M 127	05:55:16	09:26:54	11:23:13	14:22:32	17:13:33	19:34:49.60	19:35:14.60	10:40	5.6
148	KONIECZNA PAULINA	3134	CH10	CHOSZCZNO	POL	SENIOR II K - 30	11	K 22	05:55:20	09:26:59	11:23:16	14:22:40	17:13:37	19:34:50.30	19:35:14.75	10:40	5.6
149	CZAJKOWSKI RAFAŁ	3180	EKOBIEGI	WARSZAWA	POL	MASTERS M - 40	59	M 128	06:05:25	09:53:09	11:52:16	14:48:29	17:19:37	19:36:20.90	19:36:29.90	10:41	5.6
150	APANOWICZ ANGELIKA	3173	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	7	K 23	06:05:24	09:53:09	11:52:23	14:48:35	17:19:37	19:36:22.55	19:36:29.95	10:41	5.6
151	BUCHALSKA EWA	3108	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	8	K 24	06:05:33	09:53:15	11:52:30	14:48:39	17:19:38	19:36:22.70	19:36:30.25	10:41	5.6
152	KOCIOŁEK ZBIGNIEW	3239		WOŁÓW	POL	MASTERS M - 40	60	M 129	05:41:26	09:20:39	11:46:14	14:51:01	17:39:58	19:36:28.90	19:36:39.40	10:41	5.6
153	PRZYBYŁ TOMASZ	3070		OSTRÓW WIELKOPOLSKI	POL	MASTERS M - 40	61	M 130	05:41:07	09:17:55	11:17:39	14:11:46	16:56:19	19:37:27.10	19:37:46.40	10:42	5.6
154	LASZCZYŃSKI TOMASZ	3188	TATA. NATALKI	STRZELIN	POL	MASTERS M - 40	62	M 131	06:43:26	10:34:21	12:31:59	15:28:01	17:49:15	19:37:35.40	19:37:52.60	10:42	5.6
155	WOSZCZAK JOLANTA	3090	STRZELIŃSKI KLUB BIEGACZA GRANIT	STRZELIN	POL	WETERAN K - 50	1	K 25	06:43:32	10:34:32	12:32:14	15:28:09	17:49:21	19:37:36.40	19:37:52.90	10:42	5.6
156	ZIEMKIEWICZ JAREK	3033	UKS RUNNING TEAM	LUBIN	POL	MASTERS M - 40	63	M 132	05:56:10	09:47:55	11:54:00	14:58:43	17:41:49	19:38:19.25	19:38:41.50	10:42	5.6
157	LIPSKI KRZYSZTOF	3091		BYDGOSZCZ	POL	MASTERS M - 40	64	M 133	06:04:38	09:46:17	11:48:20	15:03:07	17:39:46	19:40:19.10	19:40:25.75	10:43	5.6
158	BAK ANDRZEJ	3117	SPC	LUBICZ	POL	MASTERS M - 40	65	M 134	06:32:40	10:06:30	12:01:47	14:58:06	17:35:42	19:41:44.30	19:42:09.70	10:44	5.6
159	WŁODARCZYK TERESA	3120	SPC	TORUŃ	POL	WETERAN K - 50	2	K 26	06:32:37	10:06:34	12:01:47	14:58:04	17:35:41	19:41:43.85	19:42:09.75	10:44	5.6
160	SZULC-ŁĄTKOWSKA URSZULA	3305	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS K - 40	9	K 27	06:27:17	10:03:14	12:05:46	15:04:23	17:42:33	19:43:44.45	19:44:10.50	10:45	5.6
161	ŁĄTKOWSKI MACIEJ	3032	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS M - 40	66	M 135	06:27:21	10:03:19	12:05:48	15:04:41	17:42:32	19:43:46.60	19:44:11.80	10:45	5.6
162	WEISSENSTEINER DAWID	3186		SKOROSZYCE	POL	SENIOR II M - 30	54	M 136	05:41:44	09:27:34	11:44:47	14:57:02	17:28:53	19:44:22.40	19:44:48.00	10:46	5.6
163	ROSZAK WALDEMAR	3095	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	WETERAN I M - 50	9	M 137	06:42:43	10:32:54	12:36:59	15:40:50	17:59:33	19:46:51.75	19:47:01.90	10:47	5.6
164	ZYCH MICHAŁ	3291	KLUB BIEGACZA RTVEUROAGD	WARSZAWA	POL	SENIOR II M - 30	55	M 138	05:52:45	09:40:12	11:47:38	14:49:18	17:29:29	19:37:02.20	19:48:48.10	10:42	5.6
165	KLATKA ARLETA	3071	BIEGAM BO LUBIĘ	TOMASZÓW MAZOWIECKI	POL	MASTERS K - 40	10	K 28	06:04:43	09:56:56	12:01:30	15:31:46	17:58:40	19:49:18.85	19:49:41.00	10:48	5.5
166	KWIATKOWSKA ALEKSANDRA	3069	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	SENIOR I K - 20	6	K 29	05:22:37	08:54:36	10:45:50	13:50:54	16:20:07	19:50:40.20	19:50:56.15	10:49	5.5
167	LIPERTOWICZ SEBASTIAN	3169	LOVELASY	POLICE	POL	SENIOR II M - 30	56	M 139	05:22:48	08:54:47	10:45:51	13:50:50	16:20:08	19:50:39.55	19:50:56.20	10:49	5.5
168	MARGASIŃSKI MICHAŁ	3035		ZĄBKOWICE ŚLĄSKIE	POL	SENIOR II M - 30	57	M 140	06:08:12	09:56:13	12:00:46	15:02:16	17:50:03	19:51:56.40	19:52:11.75	10:50	5.5
169	ZYDORCZAK MATEUSZ	3295	REMOVE	WROCŁAW	POL	SENIOR II M - 30	58	M 141	06:14:51	10:44:14	12:33:53	15:24:43	18:01:41	19:53:14.60	19:53:25.65	10:50	5.5
170	MOREVA DARIA	3195		WROCŁAW	POL	SENIOR II K - 30	12	K 30	06:20:56	10:08:26	12:00:59	15:08:54	17:51:41	19:54:33.65	19:54:43.45	10:51	5.5
171	BURDAJEWICZ MAGDALENA	3264		MOSINA	POL	SENIOR II K - 30	13	K 31	06:20:23	10:17:09	12:06:10	15:03:59	17:51:59	19:56:48.20	19:57:14.75	10:52	5.5
172	TOMCZAK MARIUSZ	3292		MOSINA	POL	MASTERS M - 40	67	M 142	06:08:16	09:56:12	12:00:47	15:02:40	17:49:39	19:57:01.25	19:57:15.05	10:52	5.5
173	RELEWICZ MACIEJ	3168	WOLNE ŚLIMAKI	POZNAŃ	POL	MASTERS M - 40	68	M 143	06:08:13	09:56:07	12:00:45	15:02:21	17:50:15	19:57:02.30	19:57:17.50	10:52	5.5
174	KROLS HILDE	3119	VOS SCHAFFEN	MOL	BEL	WETERAN K - 50	3	K 32	06:20:05	10:17:28	12:29:20	18:14:16	20:06:32.00	20:06:55.65	10:58	5.5	
175	FILIPIAK SEBASTIAN	3056	LZS LIPA	LIPA	POL	MASTERS M - 40	69	M 144	05:53:19	09:48:53	11:46:37	14:51:54	17:37:54	20:07:29.85	20:07:55.15	10:58	5.5
176	KONIECZNY ANDRZEJ KONIECZNY	3034		GOSTYŃ	POL	MASTERS M - 40	70	M 145	06:39:48	10:18:35	12:12:13	15:11:53	17:51:51	20:07:42.55	20:07:55.40	10:58	5.5
177	RYTYCH GRZEGORZ	3097	DROGA DO ULTRA	ŁÓDŹ	POL	SENIOR II M - 30	59	M 146	06:18:00	09:54:54	11:53:06	14:45:41	17:30:08	20:07:49.30	20:08:03.90	10:58	5.5
178	KLATE ŁUKASZ	3068	DROGA DO ULTRA	ŁÓDŹ	POL	MASTERS M - 40	71	M 147	06:03:15	09:54:58	11:53:05	14:45:38	17:30:05	20:07:49.50	20:08:04.40	10:58	5.5
179	GULCZYŃSKI TOMASZ	3317		ZIELONKA	POL	SENIOR II M - 30	60	M 148	06:12:26	10:06:37	12:07:36	15:38:55	18:20:18	20:13:50.70	20:14:02.45	11:02	5.4
180	BUDA MARZENA	3231	ALPACA TEAM	RZESZÓW	POL	SENIOR I K - 20	7	K 33	06:05:33	09:53:22	12:00:13	15:39:38	18:43:11	20:28:49.45	20:29:06.80	11:10	5.4
181	WYŁEGAŁA IZABELA	3024	PCH_RUN	RATAJE	POL	SENIOR II K - 30	14	K 34	06:34:25	10:18:00	12:28:07	15:31:25	18:23:30	20:29:45.60	20:29:53.25	11:10	5.4
182	WYKA ANGELIKA	3001	PCH_RUN	CHODZIEŻ	POL	SENIOR II K - 30	15	K 35	06:34:24	10:18:04	12:28:08	15:31:20	18:23:30	20:29:45.75	20:29:53.30	11:10	5.4
183	CELEJEWSKI PRZEMYSŁAW	3192		GRÓJEC	POL	SENIOR II M - 30	61	M 149	06:05:33	09:46:18	12:01:06	15:16:08	18:08:03	20:35:51.80	20:36:15.35	11:14	5.3
184	KARCZ ANNA	3222		BYDGOSZCZ	POL	SENIOR I K - 20	8	K 36	06:48:44	10:52:42	13:23:37	16:27:27	18:59:44	20:47:07.80	20:47:37.10	11:20	5.3
185	SERWADCZAK MAREK	3259		DROGOSZOWICE	POL	WETERAN I M - 50	10	M 150	06:15:03	10:02:17	12:16:37	15:20:29	18:18:48	20:48:33.55	20:49:05.65	11:21	5.3
186	SZERSZENIEWSKI MAREK	3199	ŻÓRAWSKI TEAM	WARSZAWA	POL	WETERAN I M - 50	11	M 151	06:33:00	10:19:21	12:09:10	15:01:18	18:21:26	20:51:21.90	20:51:47.95	11:22	5.3
187	LUBIK ADAM	3184	KSE ON-SIGHT/ SPUCHLAKI TEAM	POZNAŃ	POL	SENIOR II M - 30	62	M 152	06:12:23	10:06:32	12:07:36	15:38:04	18:25:59	20:52:22.40	20:52:35.05	11:23	5.3

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
188	NAMIOTA URSZULA	3171	KB MARATOŃCZYK	DĘBICA	POL	WETERAN K - 50	4	K 37	06:34:19	10:36:52	12:42:09	16:05:26	18:43:20	20:53:09.65	20:53:36.20	11:23	5.3
189	OPALIŃSKI MICHAŁ	3172	DĘBICKI KLUB BIEGACZA MARATOŃCZYK	DĘBICA	POL	SENIOR II M - 30	63	M 153	07:00:41	11:13:26	13:13:54	16:10:05	18:33:39	20:53:11.70	20:53:38.90	11:23	5.3
190	KAWA BARBARA	3170	KB MARATOŃCZYK	ŻYRAKÓW	POL	SENIOR II K - 30	16	K 38	07:00:41	11:13:20	13:13:55	16:10:02	18:33:41	20:53:13.05	20:53:39.70	11:23	5.3
191	STAWSKI MICHAŁ	3220	TRUCHT.COM	ŁÓDŹ	POL	SENIOR II M - 30	64	M 154	04:49:45	08:41:58	11:18:46	15:02:18	18:16:04	20:55:44.80	20:55:49.75	11:24	5.3
192	JĘDRYCHA ARTUR	3085		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	72	M 155	06:08:43	10:07:42	12:36:39	15:52:24	18:40:34	21:04:11.15	21:04:45.10	11:29	5.2
193	OSTACH DARIA	3009		OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	11	K 39	06:49:02	10:36:04	12:31:50	15:34:39	18:22:07	21:06:18.65	21:06:34.50	11:30	5.2
194	PRUSIEWICZ BEATA	3018		OSTRÓW WIELKOPOLSKI	POL	WETERAN K - 50	5	K 40	06:52:36	10:36:06	12:31:52	15:34:55	18:28:27	21:06:18.35	21:06:34.80	11:30	5.2
195	WASIL JOANNA	3021		ZABRZE	POL	SENIOR II K - 30	17	K 41	06:52:36	10:49:16	12:53:05	16:09:41	18:55:41	21:16:05.35	21:16:17.55	11:36	5.2
196	SAMOLAK ŁUKASZ	3002	22 KARPACKI BATALION PIECHOTY GÓRSKIEJ	ŁĄDEK ZDRÓJ	POL	SENIOR II M - 30	65	M 156	06:49:45	10:52:15	13:05:05	16:13:27	19:01:36	21:16:48.50	21:17:22.15	11:36	5.2
197	SAMOLAK MACIEK	3141	PREDATORS WAŁBRZYCH	WAŁBRZYCH	POL	MASTERS M - 40	73	M 157	06:49:47	10:52:24	13:05:05	16:13:32	19:08:35	21:19:35.80	21:20:08.80	11:37	5.2
198	MOŃKA ŁUKASZ	3278	SPARTA ULTRA TEAM	WIERUSZÓW	POL	SENIOR II M - 30	66	M 158	06:02:59	09:53:37	12:16:40	15:59:14	18:59:43	21:31:35.90	21:31:54.00	11:44	5.1
199	ŁĄCKA ILONA	3096	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	12	K 42	06:42:42	10:35:58	12:50:47	16:17:26	19:14:07	21:32:09.85	21:32:18.40	11:44	5.1
200	SIKORSKA AGNIESZKA	3189	EKBIEGI	WARSZAWA	POL	MASTERS K - 40	13	K 43	06:27:16	10:33:50	12:50:55	16:18:03	19:14:23	21:32:08.85	21:32:18.55	11:44	5.1
201	KÓREK KRYSZTIAN	3213		POZNAŃ	POL	MASTERS M - 40	74	M 159	06:50:13	11:06:24	13:26:17	16:44:48	19:24:46	21:40:32.85	21:41:02.65	11:49	5.1
202	KRANZ GRZEGORZ	3212		CZAPURY	POL	MASTERS M - 40	75	M 160	06:52:05	11:05:02	13:26:17	16:45:12	19:24:54	21:40:33.05	21:41:02.65	11:49	5.1
203	PIETRZAK TOMASZ	3198	WILD TRAIL RUNNER	KSIĄŻ	POL	SENIOR II M - 30	67	M 161	06:02:28	10:07:42	12:12:45	15:51:56	19:01:29	21:43:21.40	21:43:48.40	11:50	5.1
204	JANUĆ WOJCIECH	3110	ARKA LEŚNA	PUSZCZYKOWO	POL	SENIOR I M - 20	7	M 162	06:02:28	10:07:40	12:12:47	15:52:00	19:01:41	21:43:23.90	21:43:50.60	11:50	5.1
205	KRAWCZYK JAKUB	3055		KRAKÓW	POL	SENIOR I M - 20	8	M 163	05:23:37	08:59:11	11:28:10	14:57:28	18:12:23	21:47:13.10	21:47:17.50	11:53	5
206	GRUSZCZYŃSKI MARCIN	3287	GRUSZKOWYTEAM	BYDGOSZCZ	POL	MASTERS M - 40	76	M 164	06:18:05	10:58:03	13:25:21	16:38:04	19:43:21	21:47:17.65	21:47:29.65	11:53	5
207	GMAJ KAROLINA	3126		GRÓJEC	POL	SENIOR II K - 30	18	K 44	06:21:18	10:29:02	12:45:12	16:23:58	19:30:23	21:51:14.25	21:51:37.25	11:55	5
208	GMAJ DANIEL	3127	1983	GRÓJEC	POL	SENIOR II M - 30	68	M 165	06:21:17	10:29:06	12:45:12	16:23:52	19:30:30	21:51:14.10	21:51:37.70	11:55	5
209	KÓZKA PRZEMO	3133	BIEGAM, BO NIE LUBIĘ	SKÓRZEWO	POL	MASTERS M - 40	77	M 166	06:18:37	10:43:55	13:15:10	16:22:11	19:32:12	21:51:18.05	21:51:39.40	11:55	5
210	ROSA BARTOSZ	3152	SMASHING PĄPKINS	TORUŃ	POL	SENIOR II M - 30	69	M 167	06:49:35	10:43:52	12:59:30	16:27:50	19:30:38	21:59:06.80	21:59:34.90	11:59	5
211	SULIMA JANUSZ	3311		MILANÓWEK	POL	WETERAN I M - 50	12	M 168	06:15:39	10:38:11	12:56:05	16:50:52	19:43:01	22:00:17.40	22:00:21.90	12:00	5
212	SZURKOWSKI MICHAŁ	3160	GRUNWALD TEAM POZNAŃ	POZNAŃ	POL	SENIOR II M - 30	70	M 169	06:12:19	10:38:08	13:05:38	16:50:43	19:50:48	22:01:43.15	22:02:04.20	12:00	5
213	BAKOWICZ KAMIL	3044	AKTYWNI KAMIENSK	BARCZKOWICE	POL	SENIOR II M - 30	71	M 170	06:12:27	10:38:19	13:06:00	16:51:06	19:51:10	22:03:34.70	22:03:51.60	12:01	5
214	ZIEMNIAK MARCIN	3140		WARSZAWA	POL	SENIOR II M - 30	72	M 171	06:35:47	11:03:22	13:38:57	16:57:47	19:45:44	22:05:44.80	22:06:04.00	12:03	5
215	WALEK PIOTR	3020	RUNNERS TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40	78	M 172	07:12:27	11:23:20	13:45:06		19:56:51	22:13:11.65	22:13:41.90	12:07	5
216	GAŚSIOROWSKA DOROTA	3054	MPK WYBIEGANIE / ŚNIĘTY SUM	WARSZAWA	POL	WETERAN K - 50	6	K 45	07:12:30	11:23:16	13:44:07	17:04:32	19:56:28	22:13:12.35	22:13:42.05	12:07	5
217	MARKOWSKI PIOTR	3087	MARKOTNYSKOWRON EK	WROCŁAW	POL	MASTERS M - 40	79	M 173	06:25:14	10:28:55	12:53:10	16:28:05	19:35:14	22:16:41.40	22:17:01.50	12:09	4.9
218	STAWSKA ANNA	3241	WKURW_TEAM	LUXEMBOURG	LUX	MASTERS K - 40	14	K 46	06:36:20	10:37:54	13:12:46	16:39:23	19:35:31	22:17:20.50	22:17:27.35	12:09	4.9
219	SKOWRONEK ARTUR	3132	MARKOTNYSKOWRON EK	ŁĄDEK ZDRÓJ	POL	MASTERS M - 40	80	M 174	06:25:17	10:29:21	12:59:16	16:36:41	19:43:21	22:21:18.75	22:21:38.30	12:11	4.9
220	FRĄCKOWIAK JACEK	3136	RUNNER'S POWER ŚREM	ŚREM	POL	MASTERS M - 40	81	M 175	06:15:53	10:15:22	12:36:38	16:17:09	19:47:34	22:27:23.35	22:27:38.40	12:14	4.9
221	DĘBEK PIOTR	3064	PRZEDWOJEWSKI MOUNTAIN TEAM	ŚWIDNICA	POL	MASTERS M - 40	82	M 176	06:15:55	10:15:28	12:36:39	16:17:00	19:53:14	22:27:24.50	22:27:39.30	12:14	4.9
222	SZACHEWICZ SŁAWEK	3143	JĘZOZWIERZE GROUP	WROCŁAW	POL	MASTERS M - 40	83	M 177	06:25:18	10:38:18	13:16:28	17:13:16	20:23:48	22:34:08.50	22:34:39.30	12:18	4.9
223	GRYGIER ROBERT	3215		ŚREM	POL	SENIOR I M - 20	9	M 178	06:20:27	10:13:31	12:32:40	16:02:28	19:32:59	22:36:49.30	22:36:56.15	12:20	4.9
224	STOLPE MACIEJ	3028		LUBOŃ	POL	WETERAN I M - 50	13	M 179	07:00:12		13:35:19	17:05:05	20:05:53	22:39:18.15	22:39:47.80	12:21	4.9
225	HOFFMANN GRZEGORZ	3036		CZEMPIŃ	POL	MASTERS M - 40	84	M 180	07:00:12	11:04:39	13:35:21	17:07:05	20:06:43	22:40:02.65	22:40:31.20	12:21	4.9
226	SIELUTIN WADIM	3297	KB LEW LEGNICA 2000	LEGNICA	POL	WETERAN II M - 60	3	M 181	06:49:25	11:02:53	13:26:27	17:25:23	20:22:28	22:40:49.65	22:41:14.25	12:22	4.8
227	KAMROWSKI DAWID	3102	ROCHE RUNNERS	POZNAŃ	POL	SENIOR II M - 30	73	M 182	07:37:27	12:02:29	14:39:10	17:37:10	20:27:08	22:51:30.60	22:52:02.45	12:28	4.8
228	RECZUCH ADAM	3194		WROCŁAW	POL	MASTERS M - 40	85	M 183	06:18:18		12:10:28		19:45:35	22:51:50.30	22:52:21.40	12:28	4.8

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
229	CIECIEŁAŁ PIOTR	3006		PIASECZNO	POL	MASTERS M - 40	86	M 184	05:53:44	09:49:32	12:10:27	16:10:07	20:21:36	23:00:56.65	23:01:10.95	12:33	4.8
230	KONOWROCKA WIOLETTA	3012	SEE YOU LATER TEAM	ŻYRARDÓW	POL	MASTERS K - 40	15	K 47	06:18:18	10:15:32	12:33:12	15:59:51	19:36:23	23:03:04.20	23:03:29.20	12:34	4.8
231	BIELSKI JANUSZ	3010	SEE YOU LATER TEAM	WARSZAWA	POL	SENIOR II M - 30	74	M 185	06:18:05	10:15:25	12:33:00	15:59:05	19:35:17	23:03:05.40	23:03:29.80	12:34	4.8
232	RYCHŁOWSKA MAGDALENA	3067		PIŁA	POL	MASTERS K - 40	16	K 48	06:45:27	10:59:08	13:27:56	17:21:06	20:28:13	23:07:36.05	23:07:54.95	12:36	4.8
233	KALBARCZYK BEATA	3162	ORANGE POLSKA	OTWOCK	POL	WETERAN K - 50	7	K 49	06:52:05	11:30:14	14:05:13	17:38:17	20:39:03	23:07:44.25	23:08:03.75	12:36	4.8
234	WRZESIŃSKA JOANNA	3115		BYDGOSZCZ	POL	MASTERS K - 40	17	K 50	06:14:36	10:04:12	12:23:02	15:50:42	19:21:19	23:10:14.00	23:10:22.20	12:38	4.7
235	BORIS ANETA	3016	EL - AKTYWNI	ELBLĄG	POL	SENIOR II K - 30	19	K 51	07:48:11	12:08:25	14:32:48	18:07:39	21:08:49	23:16:13.50	23:16:33.60	12:41	4.7
236	MARCINEK ŁUKASZ	3007	NIE TERAZ, POTEM	SIEMIANOWICE ŚL.	POL	SENIOR II M - 30	75	M 186	06:38:16	10:52:30	13:43:32	17:14:41	20:50:52	23:31:02.90	23:31:13.85	12:49	4.7
237	HANGIEL URSZULA	3318		WARSZAWA	POL	SENIOR II K - 30	20	K 52	07:48:39	12:08:19	14:37:17	18:06:07	21:08:41	23:31:54.55	23:32:25.35	12:50	4.7
238	SOSZYŃSKA MAŁGORZATA	3314		WARSZAWA	POL	WETERAN K - 50	8	K 53	07:48:38	12:08:10	14:37:17	18:06:03	21:08:41	23:31:55.05	23:32:25.55	12:50	4.7
239	GRZEŚIAK RAFAŁ	3081		GŁOGÓW	POL	MASTERS M - 40	87	M 187	07:31:40	12:02:59	14:41:31	17:35:36	20:41:07	23:52:03.65	23:52:17.05	13:01	4.6
240	KOSMIDER TOMASZ	3209	SPARTANIE DZIECIOM	WOŃCŁAW	POL	MASTERS M - 40	88	M 188	06:47:58	11:02:40	13:58:31	17:37:19	20:56:39	23:58:28.15	23:58:59.90	13:04	4.6
241	OHLA JUSTYNA	3112	BIEGAM, BO NIE LUBIĘ...	POZNAŃ	POL	MASTERS K - 40	18	K 54	06:18:40	10:50:55	13:42:41	17:41:24	21:14:27	23:58:57.60	23:59:17.20	13:04	4.6
242	MADAJ PAWEŁ	3118	BIEGAM, BO NIE LUBIĘ	POZNAŃ	POL	MASTERS M - 40	89	M 189	06:18:41	10:51:02	13:42:42	17:41:29	21:14:30	23:58:57.70	23:59:17.20	13:04	4.6
243	ZACHARZYŃSKA KATARZYNA	3161	ORANGE POLSKA	LUBLIN	POL	SENIOR II K - 30	21	K 55	06:51:21	11:30:18	14:06:19	17:57:30	21:18:47	24:05:21.50	24:05:41.75	13:08	4.6
244	CECUŁA ANDRZEJ	3202		GŁOGÓW	POL	SENIOR I M - 20	10	M 190	07:31:37	12:02:51	14:41:31	17:35:30	20:41:23	24:13:18.50	24:13:32.80	13:12	4.5
245	PIKUSA MICHAŁ	3104		POZNAŃ	POL	SENIOR II M - 30	76	M 191	07:37:25	12:03:00	14:45:50	18:15:23	21:29:03	24:14:58.10	24:15:30.50	13:13	4.5
246	HAUTON MONIKA	3013	NIE TERAZ, POTEM	SOSNOWIEC	POL	MASTERS K - 40	19	K 56	08:11:19	12:30:25	15:12:51	18:44:59	21:57:02	24:18:45.85	24:18:57.10	13:15	4.5
247	WITECKA MIŁENA	3312		POBIEROWO	POL	SENIOR II K - 30	22	K 57	07:13:55	12:32:37	15:12:29	18:54:22	22:00:39	24:29:57.30	24:30:21.60	13:21	4.5
248	RURKA GRZEGORZ	3146	SAMBIEGAM	WARSZAWA	POL	WETERAN I M - 50	14	M 192	07:16:42	11:46:50	14:39:59	19:04:05	22:15:43	24:31:49.40	24:32:17.45	13:22	4.5
249	ŻRÓDLEWSKA ANNA	3308		OSTRÓW WIELKOPOLSKI	POL	SENIOR II K - 30	23	K 58	07:04:26	12:03:11	14:56:31	18:42:18	21:56:51	24:36:58.50	24:37:13.90	13:25	4.5
250	KAPA PATRYCJA	3310	K.S. MARATON OSTRÓW WIELKOPOLSKI	BIEGANIN	POL	SENIOR I K - 20	9	K 59	07:04:24	12:03:03	14:56:28	18:43:23	21:56:53	24:36:59.75	24:37:14.95	13:25	4.5
251	ŚWITALSKI ANDRZEJ	3166	KAPITAN POLSKA/ŻYCIE CZĘSTOCHOWY TEAM	CZĘSTOCHOWA	POL	SENIOR II M - 30	77	M 193	07:04:24	12:03:10	14:56:30	18:45:27	22:01:06	24:42:26.10	24:42:44.40	13:28	4.5
252	STEFANOWSKI MARCIN	3019		ŻARÓW BIEGA	POL	MASTERS M - 40	90	M 194	07:50:28	12:38:40	15:15:02	18:42:40	21:56:02	24:43:42.65	24:44:01.65	13:29	4.4
253	ZIEMKOWSKA MONIKA	3014		ŻARÓW	POL	MASTERS K - 40	20	K 60	07:50:33	12:39:07	15:15:06	18:42:51	21:56:03	24:43:44.40	24:44:01.95	13:29	4.4
254	WYSTRYCHOWSKI MARCIN	3121	BFAGENCJA.PL	WARSZAWA	POL	SENIOR II M - 30	78	M 195	07:59:55	12:21:47	15:04:08	19:24:02	22:24:55	24:55:44.70	24:56:03.25	13:35	4.4
255	TALARCZYK MIKOŁAJ	3254		ŁOPUCHOWO	POL	MASTERS M - 40	91	M 196	06:25:10	10:19:09	12:57:13	17:01:37	21:46:09	25:21:10.30	25:21:39.40	13:49	4.3
256	BOHDZIEWICZ IZABELA	3283	WKURW_TEAM	WARSZAWA	POL	SENIOR I K - 20	10	K 61	09:14:00	13:34:33	16:43:56	20:49:04	23:54:02	25:22:14.55	25:22:36.55	13:50	4.3
257	OBARSKA MAŁGORZATA	3031		STARACHOWICE	POL	WETERAN K - 50	9	K 62	08:11:32	12:34:40	15:19:36	19:26:47	22:41:11	25:23:46.00	25:24:08.75	13:51	4.3
258	OBARSKI NORBERT	3043		KIELCE	POL	WETERAN I M - 50	15	M 197	08:11:08	12:34:36	15:19:34	19:26:42	22:41:11	25:23:46.90	25:24:09.90	13:51	4.3
259	BOCHENEK JANUSZ	3063	WKURW_TEAM	KIELCE	POL	WETERAN II M - 60	4	M 198	09:13:59	13:13:03	16:01:00	19:31:07	22:48:10	25:31:47.65	25:32:09.50	13:55	4.3
260	MAŁEK TOMASZ	3269		GOSTYŃ	POL	SENIOR I M - 20	11	M 199								6:33	9.2
	KAMIŃSKI BARTOSZ	3204		ZIELONA GÓRA	POL	MASTERS M - 40			06:00:25	09:47:34	12:19:17	15:13:14	18:21:31	DNF	DNF	-	-
	MULARCZYK MARTA	3165	WKURW_TEAM	POZNAŃ	POL	SENIOR I K - 20			06:25:00	10:16:39	13:07:45	16:49:14	21:46:23	DNF	DNF	-	-
	GNIELKA DAWID	3286	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20			06:51:06	11:40:36	14:39:38	19:00:13	23:58:18	DNF	DNF	-	-
	ŚWIERAD DARIUSZ	3279	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	KRAKÓW	POL	SENIOR II M - 30			04:13:09	06:43:52	08:07:45	10:04:47	DNF	DNF	DNF	-	-
	PIETRASZEWSKI ROBERT	3106	BIEGAM BO LUBIĘ - TOMASZÓW MAZOWIECKI	TOMASZÓW MAZOWIECKI	POL	MASTERS M - 40			06:04:57	09:57:46	12:01:29	15:41:41	DNF	DNF	DNF	-	-
	DROŹDZIEL MARIUSZ	3247		WARSZAWA	POL	SENIOR II M - 30			04:57:54	08:15:22	11:01:15	DNF	DNF	DNF	DNF	-	-
	MACHUL EWA	3293	DREAM RUN	WARSZAWA	POL	SENIOR II K - 30			05:05:49	09:03:47	DNF	DNF	DNF	DNF	DNF	-	-
	CHRZAN ANDRZEJ	3323	AA TARNÓW		POL	SENIOR I M - 20			05:40:50	09:30:16	DNF	DNF	DNF	DNF	DNF	-	-
	TALAGA DAWID	3061	OLKUSZBIEGA.PL	OLKUSZ	POL	SENIOR II M - 30			05:25:25	09:47:45	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
	PISKORZ IRENEUSZ	3277		KODEN	POL	SENIOR II M - 30			05:45:30 DNF	10:02:07 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WERNER KAMIL	3164	BIEGAM NA TARCHOMINIE/ULTRA PASTERZE	WARSZAWA	POL	SENIOR II M - 30			04:13:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JĘDZURA DANIEL	3255	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR II M - 30			04:49:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JANIK RAFAŁ	3167	GMINA STRZELCE OPOLSKIE	STRZELCE	POL	MASTERS M - 40			04:51:21 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIASECKA - WSZOŁA ANNA	3304	MUAY RUNNING TEAM	BĘDZIN	POL	SENIOR II K - 30			04:58:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SLOWINSKI GRZEGORZ	3175		IWINY	POL	SENIOR II M - 30			05:13:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ŁĘCKI PIOTRUŚ	3252	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR II M - 30			05:22:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CHRZAN DANIEL	3322		TARNÓW		SENIOR II M - 30			05:25:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BOREJSZO KAROL	3274		ŻARY	POL	SENIOR I M - 20			05:34:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FIJAŁKOWSKI ARTUR	3159	EKOBIEGI	RADZYMIN	POL	SENIOR II M - 30			05:40:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	REJMAN GRZEGORZ	3138	DREAM RUN	WAŁBRZYCH	POL	SENIOR II M - 30			05:48:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOZŁOWSKI BARTŁOMIEJ	3320		TRZEBIESZOWICE		MASTERS M - 40			06:17:03 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOJSZEWSKA ANIKA	3319		WARSZAWA		SENIOR II K - 30			06:17:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LIEBCHEN PIOTR	3187		ŁOMIANKI	POL	MASTERS M - 40			06:17:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ARMATYS GRZEGORZ	3253	ORANGE POLSKA	DĄBROWA GÓRNICZA	POL	WETERAN I M - 50			07:55:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	RUTKOWSKI ŁUKASZ	3051		WARSZAWA	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GÓRA MARCIN	3244	TWM-TERMO MARCIN GÓRA, JANUSZ SZUBA SP.J.	WARSZAWA	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CZERNAK TOBIASZ	3240		KRAPKOWICE	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, OPEN KOBIEC**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	SZCZEPANIAK ANGELIKA	3174	CERI/AKADEMIABIEGA CZA.PL S.L. SALOS-WODNA	RĄBIEN	POL	SENIOR II K - 30	1	K 1	04:13:45	06:37:34	07:58:09	09:47:53	11:23:49	12:42:32.20	12:42:35.55	6:55	8.7
2	GRZELAK KAMILA	3249	TEAM ALTRA RED	IWONICZ-ZDRÓJ	POL	SENIOR I K - 20	1	K 2	04:19:10	06:54:27	08:21:48	10:13:30	11:59:35	13:22:11.30	13:22:16.75	7:17	8.2
3	KAROLAK ANIA	3303	MUAY RUNNING TEAM	SLUPSK	POL	SENIOR II K - 30	2	K 3	04:22:04	07:07:20	08:44:31	10:38:19	12:21:42	13:43:56.45	13:43:59.30	7:29	8
4	GÓRNIAK-ANTKOWIAK AGNIESZKA	3122	GSM OBORNIKI ŚLĄSKIE	OBORNIKI ŚLĄSKIE	POL	MASTERS K - 40	1	K 4	04:32:31	07:22:30	08:53:54	10:56:38	12:51:33	14:22:54.80	14:23:04.35	7:50	7.6
5	KRAKOWCZYK MARTA	3234		WODZISŁAW ŚLĄSKI	POL	SENIOR I K - 20	2	K 5	04:34:11	07:25:25	08:49:27	11:05:20	13:03:11	14:29:43.60	14:29:58.20	7:54	7.6
6	BIENIECKA ANNA	3309		GLIWICE	POL	MASTERS K - 40	2	K 6	04:51:45	07:47:32	09:24:34	11:25:05	13:20:24	14:53:30.10	14:53:33.20	8:07	7.4
7	KAROLAK ASIA	3301	MUAY RUNNING TEAM	SLUPSK	POL	SENIOR II K - 30	3	K 7	04:53:38	07:51:10	09:22:21	11:37:47	13:47:49	15:25:22.35	15:25:27.80	8:24	7.1
8	KURPIEWSKA ANNA	3223	GT RAT	WROCLAW	POL	MASTERS K - 40	3	K 8	04:58:04	08:02:19	09:42:10	12:04:49	13:57:03	15:26:22.80	15:26:37.10	8:25	7.1
9	HUEBNER MARIA	3008		KRAKÓW	POL	SENIOR I K - 20	3	K 9	05:04:18	07:52:43	09:34:10	12:05:44	14:12:45	15:41:08.60	15:41:22.40	8:33	7
10	BANACH MAGDA	3236		GLIWICE	POL	SENIOR I K - 20	4	K 10	04:46:06	07:51:57	09:39:12	12:24:48	14:46:34	16:20:38.85	16:20:46.20	8:54	6.7
11	PIECUCH KAROLINA	3190	LACHO TEAM	PRZEWORSK	POL	SENIOR II K - 30	4	K 11	05:03:21	08:29:04	10:14:35	12:41:39	14:51:35	16:31:09.10	16:31:14.05	9:00	6.7
12	GŁOWACKA EDYTA	3057	MATNER RUNNING TEAM	WILKSZYIN	POL	MASTERS K - 40	4	K 12	05:25:19	08:52:22	10:38:03	13:12:59	15:37:09	17:21:27.10	17:21:40.30	9:28	6.3

**BIEG K-B-L - 110 KM, OPEN KOBIEC c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
13	SUSMARSKA EWA	3299	MUAY RUNNING TEAM	POZNAŃ	POL	SENIOR I K - 20	5	K 13	06:03:56	09:44:25	11:32:25	13:52:18	16:02:36	17:41:39.15	17:41:59.15	9:39	6.2
14	KACZMAREK MARIA	3245		KRAKOW	POL	SENIOR II K - 30	5	K 14	06:15:15	09:36:26	11:22:00	13:54:38	16:04:52	17:44:56.85	17:45:18.80	9:40	6.2
15	GRYCMAN MAGDA	3270	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	5	K 15	05:56:17	09:27:45	11:22:51	13:54:22	16:07:20	17:47:24.10	17:47:41.75	9:42	6.2
16	ŁAMPIKA KINGA	3052		SMOLEC	POL	SENIOR II K - 30	6	K 16	05:39:54	09:10:19	10:52:40	13:36:08	16:00:53	17:56:15.50	17:56:38.85	9:47	6.1
17	SMOLAK AGATA	3285		WOLSZTYN	POL	SENIOR II K - 30	7	K 17	05:59:59	09:28:41	11:22:45	13:57:26	16:34:26	18:43:12.30	18:43:35.50	10:12	5.9
18	SOKOŁOWSKA ADRIANA	3029	VEGE RUNNERS	CHODZIEŻ	POL	SENIOR II K - 30	8	K 18	06:11:22	09:48:39	11:42:41	14:33:48	17:08:10	19:08:55.55	19:09:04.10	10:26	5.7
19	TUCHOŁKA MARTA	3316	POCO LOCO/ZUK	KRAKÓW	POL	SENIOR II K - 30	9	K 19	05:49:24	09:20:20	11:22:07	14:26:18	17:07:08	19:13:48.20	19:13:58.95	10:29	5.7
20	KRZEMIŃSKA ALEKSANDRA	3206	KW OPOLE	OPOLE	POL	SENIOR II K - 30	10	K 20	05:42:19	09:17:18	11:20:19	14:15:35	17:04:10	19:21:14.15	19:21:24.45	10:33	5.7
21	KWIECIEŃ - LIPIŃSKA KAMILA	3227	TIGERS TEAM	ŁÓDŹ	POL	MASTERS K - 40	6	K 21	06:09:31	09:51:56	11:46:47	14:45:37	17:26:29	19:32:56.85	19:33:05.95	10:39	5.6
22	KONIECZNA PAULINA	3134	CH10	CHOSZCZNO	POL	SENIOR II K - 30	11	K 22	05:55:20	09:26:59	11:23:16	14:22:40	17:13:37	19:34:50.30	19:35:14.75	10:40	5.6
23	APANOWICZ ANGELIKA	3173	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	7	K 23	06:05:24	09:53:09	11:52:23	14:48:35	17:19:37	19:36:22.55	19:36:29.95	10:41	5.6
24	BUCHALSKA EWA	3108	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	8	K 24	06:05:33	09:53:15	11:52:30	14:48:39	17:19:38	19:36:22.70	19:36:30.25	10:41	5.6
25	WOSZCZAK JOLANTA	3090	STRZELIŃSKI KLUB BIEGACZA GRANIT	STRZELIN	POL	WETERAN K - 50	1	K 25	06:43:32	10:34:32	12:32:14	15:28:09	17:49:21	19:37:36.40	19:37:52.90	10:42	5.6
26	WŁODARCZYK TERESA	3120	SPC	TORUŃ	POL	WETERAN K - 50	2	K 26	06:32:37	10:06:34	12:01:47	14:58:04	17:35:41	19:41:43.85	19:42:09.75	10:44	5.6
27	SZULC-ŁĄTKOWSKA URSZULA	3305	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS K - 40	9	K 27	06:27:17	10:03:14	12:05:46	15:04:23	17:42:33	19:43:44.45	19:44:10.50	10:45	5.6
28	KLATKA ARLETA	3071	BIEGAM BO LUBIĘ MAZOWIECKI	TOMASZÓW	POL	MASTERS K - 40	10	K 28	06:04:43	09:56:56	12:01:30	15:31:46	17:58:40	19:49:18.85	19:49:41.00	10:48	5.5
29	KWIATKOWSKA ALEKSANDRA	3069	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	SENIOR I K - 20	6	K 29	05:22:37	08:54:36	10:45:50	13:50:54	16:20:07	19:50:40.20	19:50:56.15	10:49	5.5
30	MOREVA DARIA	3195		WROCLAW	POL	SENIOR II K - 30	12	K 30	06:20:56	10:08:26	12:00:59	15:08:54	17:51:41	19:54:33.65	19:54:43.45	10:51	5.5
31	BURDAJEWICZ MAGDALENA	3264		MOSINA	POL	SENIOR II K - 30	13	K 31	06:20:23	10:17:09	12:06:10	15:03:59	17:51:59	19:56:48.20	19:57:14.75	10:52	5.5
32	KROLS HILDE	3119	VOS SCHAFFEN	MOL	BEL	WETERAN K - 50	3	K 32	06:20:05	10:17:28	12:29:20		18:14:16	20:06:32.00	20:06:55.65	10:58	5.5
33	BUDA MARZENA	3231	ALPACA TEAM	RZESZÓW	POL	SENIOR I K - 20	7	K 33	06:05:33	09:53:22	12:00:13	15:39:38	18:43:11	20:28:49.45	20:29:06.80	11:10	5.4
34	WYLEGAŁA IZABELA	3024	PCH_RUN	RATAJE	POL	SENIOR II K - 30	14	K 34	06:34:25	10:18:00	12:28:07	15:31:25	18:23:30	20:29:45.60	20:29:53.25	11:10	5.4
35	WYKA ANGELIKA	3001	PCH_RUN	CHODZIEŻ	POL	SENIOR II K - 30	15	K 35	06:34:24	10:18:04	12:28:08	15:31:20	18:23:30	20:29:45.75	20:29:53.30	11:10	5.4
36	KARCZ ANNA	3222		BYDGOSZCZ	POL	SENIOR I K - 20	8	K 36	06:48:44	10:52:42	13:23:37	16:27:27	18:59:44	20:47:07.80	20:47:37.10	11:20	5.3
37	NAMIOTA URSZULA	3171	KB MARATOŃCZYK	DĘBICA	POL	WETERAN K - 50	4	K 37	06:34:19	10:36:52	12:42:09	16:05:26	18:43:20	20:53:09.65	20:53:36.20	11:23	5.3
38	KAWA BARBARA	3170	KB MARATOŃCZYK DĘBICA	ŻYRAKÓW	POL	SENIOR II K - 30	16	K 38	07:00:41	11:13:20	13:13:55	16:10:02	18:33:41	20:53:13.05	20:53:39.70	11:23	5.3
39	OSTACH DARIA	3009		OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	11	K 39	06:49:02	10:36:04	12:31:50	15:34:39	18:22:07	21:06:18.65	21:06:34.50	11:30	5.2
40	PRUSIEWICZ BEATA	3018		OSTRÓW WIELKOPOLSKI	POL	WETERAN K - 50	5	K 40	06:52:36	10:36:06	12:31:52	15:34:55	18:28:27	21:06:18.35	21:06:34.80	11:30	5.2
41	WASIL JOANNA	3021		ZABRZE	POL	SENIOR II K - 30	17	K 41	06:52:36	10:49:16	12:53:05	16:09:41	18:55:41	21:16:05.35	21:16:17.55	11:36	5.2
42	ŁĄCKA ILONA	3096	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	12	K 42	06:42:42	10:35:58	12:50:47	16:17:26	19:14:07	21:32:09.85	21:32:18.40	11:44	5.1
43	SIKORSKA AGNIESZKA	3189	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	13	K 43	06:27:16	10:33:50	12:50:55	16:18:03	19:14:23	21:32:08.85	21:32:18.55	11:44	5.1
44	GMAJ KAROLINA	3126		GRÓJEC	POL	SENIOR II K - 30	18	K 44	06:21:18	10:29:02	12:45:12	16:23:58	19:30:23	21:51:14.25	21:51:37.25	11:55	5
45	GAŚSIOROWSKA DOROTA	3054	MPK WYBIEGANIE / ŚNIĘTY SUM	WARSZAWA	POL	WETERAN K - 50	6	K 45	07:12:30	11:23:16	13:44:07	17:04:32	19:56:28	22:13:12.35	22:13:42.05	12:07	5
46	STAWSKA ANNA	3241	WKURW_TEAM	LUXEMBOURG	LUX	MASTERS K - 40	14	K 46	06:36:20	10:37:54	13:12:46	16:39:23	19:35:31	22:17:20.50	22:17:27.35	12:09	4.9
47	KONOWROCKA WIOLETTA	3012	SEE YOU LATER TEAM	ŻYRARDÓW	POL	MASTERS K - 40	15	K 47	06:18:18	10:15:32	12:33:12	15:59:51	19:36:23	23:03:04.20	23:03:29.20	12:34	4.8
48	RYCHŁOWSKA MAGDALENA	3067		PIŁA	POL	MASTERS K - 40	16	K 48	06:45:27	10:59:08	13:27:56	17:21:06	20:28:13	23:07:36.05	23:07:54.95	12:36	4.8
49	KALBARCZYK BEATA	3162	ORANGE POLSKA	OTWOCK	POL	WETERAN K - 50	7	K 49	06:52:05	11:30:14	14:05:13	17:38:17	20:39:03	23:07:44.25	23:08:03.75	12:36	4.8
50	WRZESIŃSKA JOANNA	3115		BYDGOSZCZ	POL	MASTERS K - 40	17	K 50	06:14:36	10:04:12	12:23:02	15:50:42	19:21:19	23:10:14.00	23:10:22.20	12:38	4.7
51	BORIS ANETA	3016	EL - AKTYWNI	ELBLĄG	POL	SENIOR II K - 30	19	K 51	07:48:11	12:08:25	14:32:48	18:07:39	21:08:49	23:16:13.50	23:16:33.60	12:41	4.7
52	HANGIEL URSZULA	3318		WARSZAWA	POL	SENIOR II K - 30	20	K 52	07:48:39	12:08:19	14:37:17	18:06:07	21:08:41	23:31:54.55	23:32:25.35	12:50	4.7
53	SOSZYŃSKA MAŁGORZATA	3314		WARSZAWA	POL	WETERAN K - 50	8	K 53	07:48:38	12:08:10	14:37:17	18:06:03	21:08:41	23:31:55.05	23:32:25.55	12:50	4.7
54	OHLA JUSTYNA	3112	BIEGAM, BO NIE LUBIĘ...	POZNAŃ	POL	MASTERS K - 40	18	K 54	06:18:40	10:50:55	13:42:41	17:41:24	21:14:27	23:58:57.60	23:59:17.20	13:04	4.6
55	ZACHARZYŃSKA KATARZYNA	3161	ORANGE POLSKA	LUBLIN	POL	SENIOR II K - 30	21	K 55	06:51:21	11:30:18	14:06:19	17:57:30	21:18:47	24:05:21.50	24:05:41.75	13:08	4.6
56	HAUTON MONIKA	3013	NIE TERAZ, POTEM	SOSNOWIEC	POL	MASTERS K - 40	19	K 56	08:11:19	12:30:25	15:12:51	18:44:59	21:57:02	24:18:45.85	24:18:57.10	13:15	4.5
57	WITECKA MIŁENA	3312		POBIEROWO	POL	SENIOR II K - 30	22	K 57	07:13:55	12:32:37	15:12:29	18:54:22	22:00:39	24:29:57.30	24:30:21.60	13:21	4.5
58	ŹRÓDLEWSKA ANNA	3308		OSTRÓW WIELKOPOLSKI	POL	SENIOR II K - 30	23	K 58	07:04:26	12:03:11	14:56:31	18:42:18	21:56:51	24:36:58.50	24:37:13.90	13:25	4.5
59	KAPA PATRYCJA	3310	K.S. MARATON OSTRÓW WIELKOPOLSKI	BIEGANIN	POL	SENIOR I K - 20	9	K 59	07:04:24	12:03:03	14:56:28	18:43:23	21:56:53	24:36:59.75	24:37:14.95	13:25	4.5

**BIEG K-B-L - 110 KM, OPEN KOBIEC c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
60	ZIEMKOWSKA MONIKA	3014		ŻARÓW	POL	MASTERS K - 40	20	K 60	07:50:33	12:39:07	15:15:06	18:42:51	21:56:03	24:43:44.40	24:44:01.95	13:29	4.4
61	BOHDZIEWICZ IZABELA	3283	WKURW_TEAM	WARSZAWA	POL	SENIOR I K - 20	10	K 61	09:14:00	13:34:33	16:43:56	20:49:04	23:54:02	25:22:14.55	25:22:36.55	13:50	4.3
62	OBARSKA MAŁGORZATA	3031		STARACHOWICE	POL	WETERAN K - 50	9	K 62	08:11:32	12:34:40	15:19:36	19:26:47	22:41:11	25:23:46.00	25:24:08.75	13:51	4.3
	MULARCZYK MARTA	3165	WKURW_TEAM	POZNAŃ	POL	SENIOR I K - 20			06:25:00	10:16:39	13:07:45	16:49:14	21:46:23	DNF	DNF	-	-
	MACHUL EWA	3293	DREAM RUN	WARSZAWA	POL	SENIOR II K - 30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIASECKA - WSOŁA ANNA	3304	MUAY RUNNING TEAM	BĘDZIN	POL	SENIOR II K - 30			04:58:07	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOJSZEWSKA ANIKA	3319		WARSZAWA		SENIOR II K - 30			06:17:06	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, Senior I M - 20**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	PIĄTEK MATEUSZ	3079	SM KAMOS/ HERCOG RUNNING TEAM	BUKOWNO	POL	SENIOR I M - 20	1	M 6	03:58:08	06:14:51	07:30:24	09:10:22	10:38:55	11:53:09.75	11:53:13.10	6:29	9.3
2	MAKOWSKI MATEUSZ	3263		WARSZAWA	POL	SENIOR I M - 20	2	M 16	04:19:37	07:07:27	08:57:19	10:46:17	12:33:58	13:54:25.35	13:54:29.45	7:35	7.9
3	BALWIERCZAK PIOTR	3053	HERCOG RUNNING TEAM	WROCLAW	POL	SENIOR I M - 20	3	M 24	04:32:36	07:22:40	08:53:59	10:58:45	12:52:44	14:27:19.70	14:27:25.25	7:53	7.6
4	SZCZEPAŃSKI NORMAN	3288	AS-PL	GDANSK	POL	SENIOR I M - 20	4	M 45	04:34:15	07:47:13	09:22:32	11:36:39	13:47:43	15:25:18.00	15:25:30.35	8:24	7.1
5	GOLA DANIEL	3237		GLIWICE	POL	SENIOR I M - 20	5	M 66	04:46:11	07:52:00	09:39:13	12:24:38	14:46:35	16:20:39.50	16:20:46.00	8:54	6.7
6	TÓRZ PAWEŁ	3250		ŚWIECIECHOWA	POL	SENIOR I M - 20	6	M 103	06:02:41	09:38:49	11:44:51	14:15:40	16:46:41	18:45:48.25	18:46:09.95	10:14	5.9
7	JANUĆ WOJCIECH	3110	ARKA LEŚNA	PUSZCZYKOWO	POL	SENIOR I M - 20	7	M 162	06:02:28	10:07:40	12:12:47	15:52:00	19:01:41	21:43:23.90	21:43:50.60	11:50	5.1
8	KRAWCZYK JAKUB	3055		KRAKÓW	POL	SENIOR I M - 20	8	M 163	05:23:37	08:59:11	11:28:10	14:57:28	18:12:23	21:47:13.10	21:47:17.50	11:53	5
9	GRYGIER ROBERT	3215		ŚREM	POL	SENIOR I M - 20	9	M 178	06:20:27	10:13:31	12:32:40	16:02:28	19:32:59	22:36:49.30	22:36:56.15	12:20	4.9
10	CECUŁA ANDRZEJ	3202		GŁOGÓW	POL	SENIOR I M - 20	10	M 190	07:31:37	12:02:51	14:41:31	17:35:30	20:41:23	24:13:18.50	24:13:32.80	13:12	4.5
11	MAŁEK TOMASZ	3269		GOSTYŃ	POL	SENIOR I M - 20	11	M 199								6:33	9.2
	GNIELKA DAWID	3286	ZAMKOWIEC TOSZEK	TOSZEK	POL	SENIOR I M - 20			06:51:06	11:40:36	14:39:38	19:00:13	23:58:18	DNF	DNF	-	-
	CHRZAN ANDRZEJ	3323	AA TARNÓW			SENIOR I M - 20			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	BOREJSZO KAROL	3274		ŻARY	POL	SENIOR I M - 20			05:34:18	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, Senior I K - 20**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	GRZELAK KAMILA	3249	TEAM ALTRA RED	IWONICZ-ZDRÓJ	POL	SENIOR I K - 20	1	K 2	04:19:10	06:54:27	08:21:48	10:13:30	11:59:35	13:22:11.30	13:22:16.75	7:17	8.2
2	KRAKOWCZYK MARTA	3234		WODZIŚLAW ŚLĄSKI	POL	SENIOR I K - 20	2	K 5	04:34:11	07:25:25	08:49:27	11:05:20	13:03:11	14:29:43.60	14:29:58.20	7:54	7.6
3	HUEBNER MARIA	3008		KRAKÓW	POL	SENIOR I K - 20	3	K 9	05:04:18	07:52:43	09:34:10	12:05:44	14:12:45	15:41:08.60	15:41:22.40	8:33	7
4	BANACH MAGDA	3236		GLIWICE	POL	SENIOR I K - 20	4	K 10	04:46:06	07:51:57	09:39:12	12:24:48	14:46:34	16:20:38.85	16:20:46.20	8:54	6.7
5	SUSMARSKA EWA	3299	MUAY RUNNING TEAM	POZNAŃ	POL	SENIOR I K - 20	5	K 13	06:03:56	09:44:25	11:32:25	13:52:18	16:02:36	17:41:39.15	17:41:59.15	9:39	6.2
6	KWIATKOWSKA ALEKSANDRA	3069	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	SENIOR I K - 20	6	K 29	05:22:37	08:54:36	10:45:50	13:50:54	16:20:07	19:50:40.20	19:50:56.15	10:49	5.5
7	BUDA MARZENA	3231	ALPACA TEAM	RZESZÓW	POL	SENIOR I K - 20	7	K 33	06:05:33	09:53:22	12:00:13	15:39:38	18:43:11	20:28:49.45	20:29:06.80	11:10	5.4
8	KARCZ ANNA	3222		BYDGOSZCZ	POL	SENIOR I K - 20	8	K 36	06:48:44	10:52:42	13:23:37	16:27:27	18:59:44	20:47:07.80	20:47:37.10	11:20	5.3
9	KAPA PATRYCJA	3310	K.S. MARATON OSTRÓW WIELKOPOLSKI	BIEGANIN	POL	SENIOR I K - 20	9	K 59	07:04:24	12:03:03	14:56:28	18:43:23	21:56:53	24:36:59.75	24:37:14.95	13:25	4.5
10	BOHDZIEWICZ IZABELA	3283	WKURW_TEAM	WARSZAWA	POL	SENIOR I K - 20	10	K 61	09:14:00	13:34:33	16:43:56	20:49:04	23:54:02	25:22:14.55	25:22:36.55	13:50	4.3
	MULARCZYK MARTA	3165	WKURW_TEAM	POZNAŃ	POL	SENIOR I K - 20			06:25:00	10:16:39	13:07:45	16:49:14	21:46:23	DNF	DNF	-	-



**BIEG K-B-L - 110 KM, Senior II K - 30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	SZCZEPANIAK ANGELIKA	3174	CERI/AKADEMIABIEGA CZA.PL S.L. SALOS-WODNA	RABIEN	POL	SENIOR II K - 30	1	K 1	04:13:45	06:37:34	07:58:09	09:47:53	11:23:49	12:42:32.20	12:42:35.55	6:55	8.7
2	KAROLAK ANIA	3303	MUAY RUNNING TEAM	SLUPSK	POL	SENIOR II K - 30	2	K 3	04:22:04	07:07:20	08:44:31	10:38:19	12:21:42	13:43:56.45	13:43:59.30	7:29	8
3	KAROLAK ASIA	3301	MUAY RUNNING TEAM	SLUPSK	POL	SENIOR II K - 30	3	K 7	04:53:38	07:51:10	09:22:21	11:37:47	13:47:49	15:25:22.35	15:25:27.80	8:24	7.1
4	PIECUCH KAROLINA	3190	LACHO TEAM	PRZEWORSK	POL	SENIOR II K - 30	4	K 11	05:03:21	08:29:04	10:14:35	12:41:39	14:51:35	16:31:09.10	16:31:14.05	9:00	6.7
5	KACZMAREK MARIA	3245		KRAKOW	POL	SENIOR II K - 30	5	K 14	06:15:15	09:36:26	11:22:00	13:54:38	16:04:52	17:44:56.85	17:45:18.80	9:40	6.2
6	ŁAMPIKA KINGA	3052		SMOLEC	POL	SENIOR II K - 30	6	K 16	05:39:54	09:10:19	10:52:40	13:36:08	16:00:53	17:56:15.50	17:56:38.85	9:47	6.1
7	SMOLAK AGATA	3285		WOLSZTYN	POL	SENIOR II K - 30	7	K 17	05:59:59	09:28:41	11:22:45	13:57:26	16:34:26	18:43:12.30	18:43:35.50	10:12	5.9
8	SOKOŁOWSKA ADRIANA	3029	VEGE RUNNERS	CHODZIEŻ	POL	SENIOR II K - 30	8	K 18	06:11:22	09:48:39	11:42:41	14:33:48	17:08:10	19:08:55.55	19:09:04.10	10:26	5.7
9	TUCHOŁKA MARTA	3316	POCO LOCO/ZUK	KRAKÓW	POL	SENIOR II K - 30	9	K 19	05:49:24	09:20:20	11:22:07	14:26:18	17:07:08	19:13:48.20	19:13:58.95	10:29	5.7
10	KRZEMIŃSKA ALEKSANDRA	3206	KW OPOLE	OPOLE	POL	SENIOR II K - 30	10	K 20	05:42:19	09:17:18	11:20:19	14:15:35	17:04:10	19:21:14.15	19:21:24.45	10:33	5.7
11	KONIECZNA PAULINA	3134	CH10	CHOSZCZNO	POL	SENIOR II K - 30	11	K 22	05:55:20	09:26:59	11:23:16	14:22:40	17:13:37	19:34:50.30	19:35:14.75	10:40	5.6
12	MOREVA DARIA	3195		WROCLAW	POL	SENIOR II K - 30	12	K 30	06:20:56	10:08:26	12:00:59	15:08:54	17:51:41	19:54:33.65	19:54:43.45	10:51	5.5
13	BURDAJEWICZ MAGDALENA	3264		MOSINA	POL	SENIOR II K - 30	13	K 31	06:20:23	10:17:09	12:06:10	15:03:59	17:51:59	19:56:48.20	19:57:14.75	10:52	5.5
14	WYLEGAŁA IZABELA	3024	PCH_RUN	RATAJE	POL	SENIOR II K - 30	14	K 34	06:34:25	10:18:00	12:28:07	15:31:25	18:23:30	20:29:45.60	20:29:53.25	11:10	5.4
15	WYKA ANGELIKA	3001	PCH_RUN	CHODZIEŻ	POL	SENIOR II K - 30	15	K 35	06:34:24	10:18:04	12:28:08	15:31:20	18:23:30	20:29:45.75	20:29:53.30	11:10	5.4
16	KAWA BARBARA	3170	KB MARATOŃCZYK DĘBICA	ZYRAKÓW	POL	SENIOR II K - 30	16	K 38	07:00:41	11:13:20	13:13:55	16:10:02	18:33:41	20:53:13.05	20:53:39.70	11:23	5.3
17	WASIL JOANNA	3021		ZABRZE	POL	SENIOR II K - 30	17	K 41	06:52:36	10:49:16	12:53:05	16:09:41	18:55:41	21:16:05.35	21:16:17.55	11:36	5.2
18	GMĄJ KAROLINA	3126		GRÓJEC	POL	SENIOR II K - 30	18	K 44	06:21:18	10:29:02	12:45:12	16:23:58	19:30:23	21:51:14.25	21:51:37.25	11:55	5
19	BORIS ANETA	3016	EL - AKTYWNI	ELBLĄG	POL	SENIOR II K - 30	19	K 51	07:48:11	12:08:25	14:32:48	18:07:39	21:08:49	23:16:13.50	23:16:33.60	12:41	4.7
20	HANGIEL URSZULA	3318		WARSZAWA	POL	SENIOR II K - 30	20	K 52	07:48:39	12:08:19	14:37:17	18:06:07	21:08:41	23:31:54.55	23:32:25.35	12:50	4.7
21	ZACHARZYŃSKA KATARZYNA	3161	ORANGE POLSKA	LUBLIN	POL	SENIOR II K - 30	21	K 55	06:51:21	11:30:18	14:06:19	17:57:30	21:18:47	24:05:21.50	24:05:41.75	13:08	4.6
22	WITECKA MILENA	3312		POBIEROWO	POL	SENIOR II K - 30	22	K 57	07:13:55	12:32:37	15:12:29	18:54:22	22:00:39	24:29:57.30	24:30:21.60	13:21	4.5
23	ŹRÓDLEWSKA ANNA	3308		OSTRÓW WIELKOPOLSKI	POL	SENIOR II K - 30	23	K 58	07:04:26	12:03:11	14:56:31	18:42:18	21:56:51	24:36:58.50	24:37:13.90	13:25	4.5
	MACHUL EWA	3293	DREAM RUN	WARSZAWA	POL	SENIOR II K - 30			05:05:49 DNF	09:03:47 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PIASECKA - WSZOŁA ANNA	3304	MUAY RUNNING TEAM	BĘDZIN	POL	SENIOR II K - 30			04:58:07 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	NOJSZEWSKA ANIKA	3319		WARSZAWA	POL	SENIOR II K - 30			06:17:06 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, Senior II M - 30**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	UZNAŃSKI PIOTR	3228	PAMTRANS / EUROCLEAR RUNNING TEAM	KRAKÓW	POL	SENIOR II M - 30	1	M 1	03:35:48	05:36:43	06:43:18	08:11:40	09:34:22	10:36:24.75	10:36:26.35	5:47	10.4
2	FRANKOWSKI MICHAŁ	3262		STOCKHOLM	SWE	SENIOR II M - 30	2	M 2	03:40:55	06:01:09	07:17:42	08:50:59	10:15:42	11:28:04.05	11:28:04.05	6:15	9.6
3	KOCIOŁOWICZ PIOTR	3084	BIEGAM W GÓRACH BARDZKICH / WKURW_TEAM	BARDO	POL	SENIOR II M - 30	3	M 3	03:48:34	06:05:03	07:18:49	09:00:18	10:30:33	11:35:20.45	11:35:22.70	6:19	9.5
4	GONCZARENKO JAREK	3281		ŻYWIEC	POL	SENIOR II M - 30	4	M 4	03:38:37	06:00:12	07:18:42	08:58:39	10:27:02	11:38:47.00	11:38:48.80	6:21	9.4
5	MARCINIAK PRZEMYSŁAW	3211	ATHLETICS NYSA	PRUDNIK	POL	SENIOR II M - 30	5	M 5	03:58:12	06:10:17	07:24:22	09:05:11	10:32:20	11:44:37.10	11:44:39.95	6:24	9.4
6	DYJAK ROBERT	3111		STRONIE ŚLĄSKIE	POL	SENIOR II M - 30	6	M 8	04:13:47	06:43:42	08:08:00	09:55:31	11:34:03	12:49:23.50	12:49:28.10	6:59	8.6
7	STAŃCZAK PIOTR	3225	CZERWONAK BIEGA	KOZIEGŁOWY	POL	SENIOR II M - 30	7	M 9	04:13:44	06:46:05	08:07:53	09:55:21	11:33:58	12:49:18.40	12:49:28.25	6:59	8.6
8	STOKŁOSA SEBASTIAN	3257	LESZ NO LIMITS RUNNERS	LESZNO	POL	SENIOR II M - 30	8	M 12	04:17:28	06:53:01	08:21:56	10:14:21	11:56:47	13:17:33.10	13:17:38.85	7:15	8.3
9	OSTAPSKI KAMIL	3306	TC WROCLAW / VEGE RUNNERS	WROCLAW	POL	SENIOR II M - 30	9	M 14	04:00:31	06:51:12	08:20:45	10:14:13	11:59:37	13:26:33.10	13:26:37.40	7:19	8.2
10	GRZELAK ADRIAN	3258		MĘCINA	POL	SENIOR II M - 30	10	M 15	04:26:52	07:07:21	08:36:54	10:33:30	12:16:42	13:40:08.55	13:40:14.40	7:27	8
11	REJ MIROSLAW	3076	M & T WYJADACZE PARÓWKÓW	MIELEC	POL	SENIOR II M - 30	11	M 17	04:28:59	07:16:49	08:46:51	10:46:42	12:30:44	13:54:52.80	13:54:57.45	7:35	7.9
12	DZIUBIŃSKI MICHAŁ	3142	FAMILY EXTREME	NADARZYN	POL	SENIOR II M - 30	12	M 18	04:19:37	07:07:30	08:57:20	11:01:37	12:44:45	14:09:33.80	14:09:38.20	7:43	7.8

**BIEG K-B-L - 110 KM, Senior II M - 30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
13	CAŁY PATRYK	3307	#KFD FALLOUT TEAM	WROCŁAW	POL	SENIOR II M - 30	13	M 19	04:37:02	07:23:50	08:47:47	10:48:55	12:40:26	14:10:57.60	14:11:14.20	7:44	7.8
14	KIELASZEWSKI KAROL	3273	LESZNO LIMITS RUNNERS	LESZNO	POL	SENIOR II M - 30	14	M 20	04:32:28	07:32:56	08:55:41	10:54:46	12:47:34	14:20:27.60	14:20:39.15	7:49	7.7
15	ADLER ŁUKASZ	3214	LESZ NO LIMITS RUNNERS	WILKOWICE	POL	SENIOR II M - 30	15	M 21	04:51:03	07:33:14	09:01:05	10:57:34	12:47:40	14:20:33.00	14:20:39.65	7:49	7.7
16	KONIECZNY SZYMON	3135	CHOSZCZENSKA 10	CHOSZCZNO	POL	SENIOR II M - 30	16	M 22	04:38:18	07:33:44	09:06:48	11:12:08	13:00:04	14:24:40.35	14:25:05.65	7:51	7.6
17	PAWLIK JAKUB	3045	1X1	KRAKÓW	POL	SENIOR II M - 30	17	M 25	04:48:47	07:34:01	09:07:09	11:12:45	13:00:25	14:28:25.70	14:28:28.35	7:53	7.6
18	ANUSZ ADAM	3066	ŻARÓW BIEGA	IMBRAMOWICE	POL	SENIOR II M - 30	18	M 32	04:49:09	07:56:44	09:29:14	11:25:27	13:15:01	14:49:23.95	14:49:41.30	8:05	7.4
19	ZIMKOWSKI MARCIN	3298	KGHM ZG RUN	GŁOGÓW	POL	SENIOR II M - 30	19	M 33	04:21:52	07:25:42	09:04:33	11:20:47	13:19:20	14:50:10.80	14:50:13.15	8:05	7.4
20	SZEMIEL MACIEJ	3154		WROCŁAW	POL	SENIOR II M - 30	20	M 35	04:43:56	07:49:41	09:34:09	11:36:13	13:24:10	14:53:58.50	14:54:04.25	8:07	7.4
21	ORACZ MATEUSZ	3251	BEZ LITOŚCI	ZALASEWO	POL	SENIOR II M - 30	21	M 36	04:37:21	07:41:45	09:22:55	11:41:04	13:33:38	14:54:24.25	14:54:27.60	8:07	7.4
22	OBIDOWSKI ŁUKASZ	3080	NARAMOWICE BIEGAJĄ	POZNAŃ	POL	SENIOR II M - 30	22	M 40	04:45:31	07:38:50	09:11:46	11:25:05	13:28:59	15:14:54.90	15:15:01.10	8:19	7.2
23	MIGACZ DAWID	3022	1X1	KRAKÓW	POL	SENIOR II M - 30	23	M 41	05:07:08	08:00:41	09:26:12	11:26:40	13:25:21	15:17:38.70	15:17:41.40	8:20	7.2
24	PRZYSIWEK PATRYK	3109		POZNAŃ	POL	SENIOR II M - 30	24	M 44	05:06:59	08:16:20	09:49:53	11:58:23	13:53:28	15:24:30.15	15:24:38.65	8:24	7.1
25	TOMICZEK TOMASZ	3238	ZDYSKWALIFIKOWANI	WROCŁAW	POL	SENIOR II M - 30	25	M 47	05:13:02	08:12:01	09:47:15	12:06:07	14:01:12	15:39:01.00	15:39:35.50	8:32	7
26	MIKOŁAJCZYK MARCIN	3124	DROGA DO ULTRA	ŁÓDŹ	POL	SENIOR II M - 30	26	M 48	04:41:14	07:37:32	09:33:52	11:54:09	13:58:24	15:40:23.80	15:40:29.25	8:32	7
27	KRUPA SŁAWOMIR	3107	PCH_RUN	CHODZIEŹ	POL	SENIOR II M - 30	27	M 55	05:13:55	08:23:44	09:59:21	12:13:21	14:16:01	15:51:42.15	15:51:50.40	8:39	6.9
28	CIEMBOROWICZ KAROL	3101	#KFD	KATOWICE	POL	SENIOR II M - 30	28	M 56	05:00:05	08:06:05	09:42:29	11:57:06	14:08:08	15:55:07.60	15:55:23.30	8:40	6.9
29	ZWOŁIŃSKI ŁUKASZ	3148	KASZUBSKA PONIEWIERKA	GDAŃSK	POL	SENIOR II M - 30	29	M 59	04:43:56	07:36:53	10:04:19	11:57:04	14:11:23	16:06:33.40	16:06:37.00	8:47	6.8
30	WŁODARCZYK MICHAŁ	3176	EVERRUN	ŁÓDŹ	POL	SENIOR II M - 30	30	M 62	04:40:15	07:47:34	09:33:21	12:11:58	14:29:35	16:16:37.15	16:16:42.25	8:52	6.8
31	KUTYBA MARIUSZ	3155	WOLNE ŚLIMAKI	POZNAŃ	POL	SENIOR II M - 30	31	M 65	04:39:15	07:49:22	09:36:49	12:10:25	14:34:39	16:20:03.80	16:20:16.85	8:54	6.7
32	STOLIŃSKI PRZEMYSŁAW	3092		OZORKÓW	POL	SENIOR II M - 30	32	M 67	04:44:57	08:00:44	09:33:37	12:15:35	14:33:48	16:27:33.35	16:27:38.45	8:58	6.7
33	MAJKOWSKI JACEK	3129		WROCŁAW	POL	SENIOR II M - 30	33	M 68	05:50:09	09:02:30	10:43:11	12:50:51	14:51:06	16:33:23.20	16:33:51.75	9:01	6.6
34	MATCZAK MACIEJ	3242	KLUB SPORTOWY FABRYKA BIEGANIA OSTRÓW WIELKOPOLSKI	ODOLANÓW	POL	SENIOR II M - 30	34	M 72	05:11:37	08:38:00	10:23:30	12:48:48	14:59:18	16:55:22.75	16:55:40.90	9:13	6.5
35	PIECUCH MARCIN	3182	LACHO TEAM	KRAKÓW	POL	SENIOR II M - 30	35	M 73	05:10:04	08:29:07	10:07:22	12:50:35	14:58:13	16:56:09.20	16:56:15.25	9:14	6.5
36	LEWANDOWSKI FILIP	3284		BYDGOSZCZ	POL	SENIOR II M - 30	36	M 74	05:54:32	09:22:28	11:01:03	13:15:19	15:23:07	17:02:47.10	17:02:51.70	9:17	6.5
37	DUDEK REMIGIUSZ	3077	ZIĘBICE	ZIĘBICE	POL	SENIOR II M - 30	37	M 75	05:41:40	09:11:28	10:56:16	13:14:22	15:19:15	17:05:19.20	17:05:40.65	9:19	6.4
38	JAROSŁAWSKI MARCIN	3229	KB-HARCOWNIK	JELCZ- LASKOWICE	POL	SENIOR II M - 30	38	M 76	04:54:53	08:17:44	10:16:06	13:04:15	15:28:22	17:08:40.15	17:08:57.50	9:21	6.4
39	BUK SŁAWOMIR	3040	LESZ NO LIMITS RUNNERS	ŚRODA WIELKOPOLSKA	POL	SENIOR II M - 30	39	M 77	05:25:22	08:53:53	10:36:34	13:03:29	15:15:14	17:11:50.90	17:12:03.50	9:22	6.4
40	LECHOWSKI BARTŁOMIJ	3004	WKURW_TEAM	WROCŁAW	POL	SENIOR II M - 30	40	M 81	05:14:23	08:25:06	10:17:08	13:03:38	15:17:35	17:15:56.30	17:16:08.05	9:25	6.4
41	HADAŁA IGNACY	3185		GDAŃSK	POL	SENIOR II M - 30	41	M 85	05:49:09	09:16:52	11:04:45	13:41:15	15:54:10	17:38:45.90	17:39:09.65	9:37	6.2
42	JAZŁOCKI ŁUKASZ	3048	TWDW	WARSZAWA	POL	SENIOR II M - 30	42	M 87	06:03:49	09:44:14	11:32:16	13:50:55	16:02:15	17:41:33.10	17:42:00.30	9:39	6.2
43	PIETRASZEWSKI WITOLD	3099	GOSTYŃ EASY TRAIL	GOSTYŃ	POL	SENIOR II M - 30	43	M 89	05:34:02	09:05:18	10:51:31	13:18:16	15:37:07	17:43:38.85	17:43:52.20	9:40	6.2
44	OSAKOWICZ MATEUSZ	3191		WARSZAWA	POL	SENIOR II M - 30	44	M 90	05:17:06	08:36:28	10:23:30	13:10:57	15:37:53	17:52:23.65	17:52:52.75	9:44	6.2
45	MOSIEK ANDRZEJ	3193		RAWICZ	POL	SENIOR II M - 30	45	M 91	05:24:03	08:49:18	10:44:24	13:30:21	15:56:41	17:52:41.75	17:52:54.70	9:45	6.2
46	KWIECIEŃ MICHAŁ	3103		BIERUTÓW	POL	SENIOR II M - 30	46	M 100	05:58:22	09:33:47	11:32:26	14:01:41	16:25:59	18:34:03.15	18:34:24.65	10:07	5.9
47	DERMINE NICOLAS	3243		NYSA	POL	SENIOR II M - 30	47	M 101	04:52:49	08:49:18	09:55:34	13:14:18	15:55:21	18:35:21.90	18:35:52.70	10:08	5.9
48	HRAB WOJCIECH	3246		POZNAŃ	POL	SENIOR II M - 30	48	M 107	05:25:31	09:01:07	11:01:59	14:11:59	16:53:32	18:55:53.55	18:56:13.15	10:19	5.8
49	KOSMOWSKI WIESŁAW	3049		RYDZYNA	POL	SENIOR II M - 30	49	M 108	05:47:17	09:15:21	11:01:21	13:57:40	16:53:16	18:56:57.40	18:57:25.80	10:20	5.8
50	POPRAWSKI MATEUSZ	3015	MUKS SZOK BOJANOWO	BOJANOWO	POL	SENIOR II M - 30	50	M 109	05:47:17	09:15:29	11:01:23	13:57:44	16:53:24	18:56:59.60	18:57:27.35	10:20	5.8
51	KRZEMIŃSKI JACEK	3205	KW OPOLE	OPOLE	POL	SENIOR II M - 30	51	M 115	05:42:17	09:17:13	11:20:17	14:15:38	17:04:21	19:21:12.65	19:21:22.95	10:33	5.7
52	KONIECZNY TOMASZ	3050	TEAM KTW	SIEMIANOWICE ŚLĄSKIE	POL	SENIOR II M - 30	52	M 120	06:01:15	09:45:28	11:47:08	14:48:57	17:16:35	19:22:34.25	19:22:52.95	10:34	5.7
53	GODLEWSKI JAKUB	3158	RUNNERS TEAM QUIBL	WARSZAWA	POL	SENIOR II M - 30	53	M 126	06:25:22	10:09:03	11:55:13	15:01:47	17:48:42	19:33:51.25	19:34:22.80	10:40	5.6
54	WEISSENSTEINER DAWID	3186		SKOROSZYCE	POL	SENIOR II M - 30	54	M 136	05:41:44	09:27:34	11:44:47	14:57:02	17:28:53	19:44:22.40	19:44:48.00	10:46	5.6
55	ZYCH MICHAŁ	3291	KLUB BIEGACZA RTVEUROAGD	WARSZAWA	POL	SENIOR II M - 30	55	M 138	05:52:45	09:40:12	11:47:38	14:49:18	17:29:29	19:37:02.20	19:48:48.10	10:42	5.6
56	LIPERTOWICZ SEBASTIAN	3169	LOVELASY	POLICE	POL	SENIOR II M - 30	56	M 139	05:22:48	08:54:47	10:45:51	13:50:50	16:20:08	19:50:39.55	19:50:56.20	10:49	5.5
57	MARGASIŃSKI MICHAŁ	3035		ZĄBKOWICE ŚLĄSKIE	POL	SENIOR II M - 30	57	M 140	06:08:12	09:56:13	12:00:46	15:02:16	17:50:03	19:51:56.40	19:52:11.75	10:50	5.5

**BIEG K-B-L - 110 KM, Senior II M - 30 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
58	ZYDORCZAK MATEUSZ	3295	REMOVE	WROCŁAW	POL	SENIOR II M - 30	58	M 141	06:14:51	10:44:14	12:33:53	15:24:43	18:01:41	19:53:14.60	19:53:25.65	10:50	5.5
59	RYTYCH GRZEGORZ	3097	DROGA DO ULTRA	ŁÓDŹ	POL	SENIOR II M - 30	59	M 146	06:18:00	09:54:54	11:53:06	14:45:41	17:30:08	20:07:49.30	20:08:03.90	10:58	5.5
60	GULCZYŃSKI TOMASZ	3317		ZIELONKA		SENIOR II M - 30	60	M 148	06:12:26	10:06:37	12:07:36	15:38:55	18:20:18	20:13:50.70	20:14:02.45	11:02	5.4
61	CELEJEWSKI PRZEMYSŁAW	3192		GRÓJEC	POL	SENIOR II M - 30	61	M 149	06:05:33	09:46:18	12:01:06	15:16:08	18:08:03	20:35:51.80	20:36:15.35	11:14	5.3
62	LUBIK ADAM	3184	KSE ON-SIGHT/ SPUCLAKI TEAM	POZNAŃ	POL	SENIOR II M - 30	62	M 152	06:12:23	10:06:32	12:07:36	15:38:04	18:25:59	20:52:22.40	20:52:35.05	11:23	5.3
63	OPALIŃSKI MICHAŁ	3172	DĘBICKI KLUB BIEGACZA MARATOŃCZYK	DĘBICA	POL	SENIOR II M - 30	63	M 153	07:00:41	11:13:26	13:13:54	16:10:05	18:33:39	20:53:11.70	20:53:38.90	11:23	5.3
64	STAWSKI MICHAŁ	3220	TRUCHT.COM	ŁÓDŹ	POL	SENIOR II M - 30	64	M 154	04:49:45	08:41:58	11:18:46	15:02:18	18:16:04	20:55:44.80	20:55:49.75	11:24	5.3
65	SAMOLAK ŁUKASZ	3002	22 KARPACKI BATALION PIECHOTY GÓRSKIEJ	ŁĄDEK ZDRÓJ	POL	SENIOR II M - 30	65	M 156	06:49:45	10:52:15	13:05:05	16:13:27	19:01:36	21:16:48.50	21:17:22.15	11:36	5.2
66	MOŃKA ŁUKASZ	3278	SPARTA ULTRA TEAM	WIERUSZÓW	POL	SENIOR II M - 30	66	M 158	06:02:59	09:53:37	12:16:40	15:59:14	18:59:43	21:31:35.90	21:31:54.00	11:44	5.1
67	PIETRZAK TOMASZ	3198	WILD TRAIL RUNNER	KSIAŹ WIELKOPOLSKI	POL	SENIOR II M - 30	67	M 161	06:02:28	10:07:42	12:12:45	15:51:56	19:01:29	21:43:21.40	21:43:48.40	11:50	5.1
68	GMAJ DANIEL	3127	1983	GRÓJEC	POL	SENIOR II M - 30	68	M 165	06:21:17	10:29:06	12:45:12	16:23:52	19:30:30	21:51:14.10	21:51:37.70	11:55	5
69	ROSA BARTOSZ	3152	SMASHING PAPKINS	TORUŃ	POL	SENIOR II M - 30	69	M 167	06:49:35	10:43:52	12:59:30	16:27:50	19:30:38	21:59:06.80	21:59:34.90	11:59	5
70	SZURKOWSKI MICHAŁ	3160	GRUNWALD TEAM POZNAŃ	POZNAŃ	POL	SENIOR II M - 30	70	M 169	06:12:19	10:38:08	13:05:38	16:50:43	19:50:48	22:01:43.15	22:02:04.20	12:00	5
71	BAKOWICZ KAMIL	3044	AKTYWNI KAMIENSK	BARCZKOWICE	POL	SENIOR II M - 30	71	M 170	06:12:27	10:38:19	13:06:00	16:51:06	19:51:10	22:03:34.70	22:03:51.60	12:01	5
72	ZIEMNIAK MARCIN	3140		WARSZAWA	POL	SENIOR II M - 30	72	M 171	06:35:47	11:03:22	13:38:57	16:57:47	19:45:44	22:05:44.80	22:06:04.00	12:03	5
73	KAMROWSKI DAWID	3102	ROCHE RUNNERS	POZNAŃ	POL	SENIOR II M - 30	73	M 182	07:37:27	12:02:29	14:39:10	17:37:10	20:27:08	22:51:30.60	22:52:02.45	12:28	4.8
74	BIELSKI JANUSZ	3010	SEE YOU LATER TEAM	WARSZAWA	POL	SENIOR II M - 30	74	M 185	06:18:05	10:15:25	12:33:00	15:59:05	19:35:17	23:03:05.40	23:03:29.80	12:34	4.8
75	MARCINEK ŁUKASZ	3007	NIE TERAZ, POTEM	SIEMIANOWICE ŚL.	POL	SENIOR II M - 30	75	M 186	06:38:16	10:52:30	13:43:32	17:14:41	20:50:52	23:31:02.90	23:31:13.85	12:49	4.7
76	PIKUSA MICHAŁ	3104		POZNAŃ	POL	SENIOR II M - 30	76	M 191	07:37:25	12:03:00	14:45:50	18:15:23	21:29:03	24:14:58.10	24:15:30.50	13:13	4.5
77	ŚWITALSKI ANDRZEJ	3166	KAPITAN POLSKA/ŻYCIE CZĘSTOCHOWY TEAM	CZĘSTOCHOWA	POL	SENIOR II M - 30	77	M 193	07:04:24	12:03:10	14:56:30	18:45:27	22:01:06	24:42:26.10	24:42:44.40	13:28	4.5
78	WYSTRYCHOWSKI MARCIN	3121	BFAGENCJA.PL	WARSZAWA	POL	SENIOR II M - 30	78	M 195	07:59:55	12:21:47	15:04:08	19:24:02	22:24:55	24:55:44.70	24:56:03.25	13:35	4.4
	ŚWIERAD DARIUSZ	3279	ASICS FRONTRUNNER POLAND / CAMELBAK POLSKA	KRAKÓW	POL	SENIOR II M - 30			04:13:09 DNF	06:43:52 DNF	08:07:45 DNF	10:04:47 DNF	DNF	DNF	DNF	-	-
	DROŹDZIEL MARIUSZ	3247		WARSZAWA	POL	SENIOR II M - 30			04:57:54 DNF	08:15:22 DNF	11:01:15 DNF	DNF	DNF	DNF	DNF	-	-
	TALAGA DAWID	3061	OLKUSZBIEGA.PL	OLKUSZ	POL	SENIOR II M - 30			05:25:25 DNF	09:47:45 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	PISKORZ IRENEUSZ	3277		KODEŃ	POL	SENIOR II M - 30			05:45:30 DNF	10:02:07 DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WERNER KAMIL	3164	BIEGAM NA TARCHOMINIE/ULTRA PASTERZE	WARSZAWA	POL	SENIOR II M - 30			04:13:45 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	JĘDZURA DANIEL	3255	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR II M - 30			04:49:17 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	SLOWINSKI GRZEGORZ	3175		IWINY	POL	SENIOR II M - 30			05:13:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	ŁĘCKI PIOTRUŚ	3252	NIGHT RUNNERS GLIWICE	GLIWICE	POL	SENIOR II M - 30			05:22:18 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CHRZAN DANIEL	3322		TARNÓW		SENIOR II M - 30			05:25:16 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	FIJAŁKOWSKI ARTUR	3159	EKOBIEGI	RADZYMIN	POL	SENIOR II M - 30			05:40:13 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	REJMAN GRZEGORZ	3138	DREAM RUN	WAŁBRZYCH	POL	SENIOR II M - 30			05:48:32 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	CZERNIAK TOBIASZ	3240		KRAPKOWICE	POL	SENIOR II M - 30			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, Masters K - 40**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	GÓRNIK-ANTKOWIAK AGNIESZKA	3122	GSM OBORNIKI ŚLĄSKIE	OBORNIKI ŚLĄSKIE	POL	MASTERS K - 40	1	K 4	04:32:31	07:22:30	08:53:54	10:56:38	12:51:33	14:22:54.80	14:23:04.35	7:50	7.6
2	BIENIECKA ANNA	3309		GLIWICE	POL	MASTERS K - 40	2	K 6	04:51:45	07:47:32	09:24:34	11:25:05	13:20:24	14:53:30.10	14:53:33.20	8:07	7.4
3	KURPIEWSKA ANNA	3223	GT RAT	WROCŁAW	POL	MASTERS K - 40	3	K 8	04:58:04	08:02:19	09:42:10	12:04:49	13:57:03	15:26:22.80	15:26:37.10	8:25	7.1
4	GŁOWACKA EDYTA	3057	MATNER RUNNING TEAM	WILK SZYDZYN	POL	MASTERS K - 40	4	K 12	05:25:19	08:52:22	10:38:03	13:12:59	15:37:09	17:21:27.10	17:21:40.30	9:28	6.3
5	GRYCMAN MAGDA	3270	SPARTA ULTRA TEAM	TRZCINICA	POL	MASTERS K - 40	5	K 15	05:56:17	09:27:45	11:22:51	13:54:22	16:07:20	17:47:24.10	17:47:41.75	9:42	6.2
6	KWIECIEŃ - LIPIŃSKA KAMILA	3227	TIGERS TEAM	ŁÓDŹ	POL	MASTERS K - 40	6	K 21	06:09:31	09:51:56	11:46:47	14:45:37	17:26:29	19:32:56.85	19:33:05.95	10:39	5.6
7	APANOWICZ ANGELIKA	3173	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	7	K 23	06:05:24	09:53:09	11:52:23	14:48:35	17:19:37	19:36:22.55	19:36:29.95	10:41	5.6
8	BUCHALSKA EWA	3108	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	8	K 24	06:05:33	09:53:15	11:52:30	14:48:39	17:19:38	19:36:22.70	19:36:30.25	10:41	5.6
9	SZULC-ŁĄTKOWSKA URSZULA	3305	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS K - 40	9	K 27	06:27:17	10:03:14	12:05:46	15:04:23	17:42:33	19:43:44.45	19:44:10.50	10:45	5.6
10	KLATKA ARLETA	3071	BIEGAM BO LUBIĘ	TOMASZÓW MAZOWIECKI	POL	MASTERS K - 40	10	K 28	06:04:43	09:56:56	12:01:30	15:31:46	17:58:40	19:49:18.85	19:49:41.00	10:48	5.5
11	OSTACH DARIA	3009		OSTRÓW WIELKOPOLSKI	POL	MASTERS K - 40	11	K 39	06:49:02	10:36:04	12:31:50	15:34:39	18:22:07	21:06:18.65	21:06:34.50	11:30	5.2
12	ŁĄCKA ILONA	3096	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	12	K 42	06:42:42	10:35:58	12:50:47	16:17:26	19:14:07	21:32:09.85	21:32:18.40	11:44	5.1
13	SIKORSKA AGNIESZKA	3189	EKOBIEGI	WARSZAWA	POL	MASTERS K - 40	13	K 43	06:27:16	10:33:50	12:50:55	16:18:03	19:14:23	21:32:08.85	21:32:18.55	11:44	5.1
14	STAWSKA ANNA	3241	WKURW_TEAM	LUXEMBOURG	LUX	MASTERS K - 40	14	K 46	06:36:20	10:37:54	13:12:46	16:39:23	19:35:31	22:17:20.50	22:17:27.35	12:09	4.9
15	KONOWROCKA WIOLETTA	3012	SEE YOU LATER TEAM	ŻYRAÓDÓW	POL	MASTERS K - 40	15	K 47	06:18:18	10:15:32	12:33:12	15:59:51	19:36:23	23:03:04.20	23:03:29.20	12:34	4.8
16	RYCHŁOWSKA MAGDALENA	3067		PIŁA	POL	MASTERS K - 40	16	K 48	06:45:27	10:59:08	13:27:56	17:21:06	20:28:13	23:07:36.05	23:07:54.95	12:36	4.8
17	WRZESIŃSKA JOANNA	3115		BYDGOSZCZ	POL	MASTERS K - 40	17	K 50	06:14:36	10:04:12	12:23:02	15:50:42	19:21:19	23:10:14.00	23:10:22.20	12:38	4.7
18	OHLA JUSTYNA	3112	BIEGAM, BO NIE LUBIĘ...	POZNAŃ	POL	MASTERS K - 40	18	K 54	06:18:40	10:50:55	13:42:41	17:41:24	21:14:27	23:58:57.60	23:59:17.20	13:04	4.6
19	HAUTON MONIKA	3013	NIE TERAZ, POTEM	SOSNOWIEC	POL	MASTERS K - 40	19	K 56	08:11:19	12:30:25	15:12:51	18:44:59	21:57:02	24:18:45.85	24:18:57.10	13:15	4.5
20	ZIEMKOWSKA MONIKA	3014		ZARÓW	POL	MASTERS K - 40	20	K 60	07:50:33	12:39:07	15:15:06	18:42:51	21:56:03	24:43:44.40	24:44:01.95	13:29	4.4

**BIEG K-B-L - 110 KM, Masters M - 40**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	KOMZA RADOSŁAW	3210		WROCŁAW	POL	MASTERS M - 40	1	M 7	04:04:57	06:30:51	07:55:46	09:48:21	11:32:16	12:49:00.95	12:49:11.10	6:59	8.6
2	KUŹNIK MARCIN	3261		WARSZAWA	POL	MASTERS M - 40	2	M 10	04:11:09	06:37:42	07:58:33	09:51:28	11:32:42	12:54:29.05	12:54:32.65	7:02	8.5
3	GOŚCINIOWICZ PAWEŁ	3282	ZIEMOWIT TEAM	KATOWICE	POL	MASTERS M - 40	3	M 11	04:12:27	06:41:38	08:01:42	09:57:21	11:41:29	13:14:47.05	13:14:53.70	7:13	8.3
4	BŁACHUT RADOSŁAW	3280	ML TEAM	BIELSKO-BIAŁA	POL	MASTERS M - 40	4	M 13	04:13:44	06:43:47	08:08:02	10:04:54	11:56:55	13:18:47.60	13:18:50.60	7:15	8.3
5	MARZEC GRZEGORZ	3276	GMINA STRZELCE OPOLSKIE	SZCZEPANEK	POL	MASTERS M - 40	5	M 23	04:18:12	07:07:04	08:44:05	10:39:18	12:38:36	14:26:09.60	14:26:18.90	7:52	7.6
6	FURMAN SŁAWOMIR	3088		SZCZEPANÓW	POL	MASTERS M - 40	6	M 26	04:31:36	07:25:43	09:04:31	11:14:56	13:03:39	14:33:30.70	14:33:35.80	7:56	7.6
7	GAJDA SEBASTIAN	3139	WIECZORNE BIEGANIE W SZCZECINIE	SZCZECIN	POL	MASTERS M - 40	7	M 27	04:37:12	07:48:04	09:22:06	11:19:52	13:09:28	14:35:14.55	14:35:31.00	7:57	7.5
8	BORÓWKA RYSZARD	3082		GDYNIA	POL	MASTERS M - 40	8	M 28	04:34:26	07:22:01	08:54:00	11:02:30	13:04:13	14:36:51.80	14:36:55.50	7:58	7.5
9	KOWALIK ANDRZEJ	3219	BIEG OPOLSKI	OPOLE	POL	MASTERS M - 40	9	M 29	04:03:53	06:59:32	08:51:45	11:02:33	13:04:13	14:36:56.25	14:37:00.15	7:58	7.5
10	WYLEGAŁA MICHAŁ	3017	PCH_RUN	RATAJE	POL	MASTERS M - 40	10	M 30	04:34:55	07:33:24	09:01:56	11:13:57	13:09:50	14:43:44.30	14:43:52.05	8:02	7.5
11	LONC TOMASZ	3078		RZESZÓW	POL	MASTERS M - 40	11	M 31	04:37:10	07:42:07	09:12:13	11:20:59	13:09:52	14:46:51.25	14:46:56.70	8:03	7.4
12	BAR STANISŁAW	3275	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	MASTERS M - 40	12	M 34	04:42:04	07:39:13	09:36:30	11:39:10	13:27:33	14:52:33.55	14:52:42.45	8:06	7.4
13	SIKORA MICHAŁ	3207	BLUSZCZA	GLIWICE	POL	MASTERS M - 40	13	M 37	04:40:26	07:39:54	09:14:56	11:26:31	13:22:47	15:01:28.60	15:01:36.00	8:11	7.3
14	SCHWITALA ADRIAN	3130	MKS SIECHNICE	SIECHNICE	POL	MASTERS M - 40	14	M 38	04:53:22	07:56:50	09:37:12	11:51:53	13:40:13	15:11:03.50	15:11:11.70	8:16	7.2
15	POBORSKI DARIUSZ	3026		JANKOWICE	POL	MASTERS M - 40	15	M 39	04:41:30	07:46:54	09:24:19	11:40:18	13:39:52	15:14:29.60	15:14:44.00	8:18	7.2
16	SIKORSKI MARCIN	3116	TT SZCZECIN	SZCZECIN	POL	MASTERS M - 40	16	M 42	04:58:05	08:02:25	09:42:15	12:04:46	13:56:59	15:21:17.15	15:21:31.45	8:22	7.2
17	MILEWSKI MACIEK	3208	SAMOTNY WILK	LEGIONOWO	POL	MASTERS M - 40	17	M 43	04:19:35	07:35:34	09:33:28	11:55:51	13:52:36	15:22:27.35	15:22:35.35	8:23	7.2
18	SOIŃSKI PRZEMYSŁAW	3131	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS M - 40	18	M 46	05:09:24	08:28:57	09:55:31	11:58:01	13:52:57	15:27:14.50	15:27:42.00	8:25	7.1
19	FRĄCZKOWIAK MICHAŁ	3179	CZERWONAK BIEGA	POTASZE	POL	MASTERS M - 40	19	M 49	05:13:42	08:47:05	10:14:40	12:21:55	14:10:41	15:40:42.10	15:40:51.25	8:33	7
20	KUPCZYK JACEK	3181	MOL RUNNERS	ROKIETNICA	POL	MASTERS M - 40	20	M 50	05:01:35	08:03:44	09:44:22	11:59:46	13:56:57	15:41:24.25	15:41:30.60	8:33	7
21	KOWALSKI MACIEJ	3216	LOTOS RUNNING TEAM	GDAŃSK	POL	MASTERS M - 40	21	M 51	04:57:13	07:51:57	09:35:08	11:54:22	13:59:09	15:41:32.35	15:41:45.40	8:33	7
22	PANEK KRZYSZTOF	3296	RZYĆ CHYŻA	POZNAŃ	POL	MASTERS M - 40	22	M 52	04:45:52	07:49:52	09:36:58	12:01:35	14:07:43	15:42:45.10	15:42:55.80	8:34	7
23	JĘDRZEJEWSKI ŁUKASZ	3039	WATAHA	SŁAWA	POL	MASTERS M - 40	23	M 53	04:56:28	07:57:01	09:44:01	11:59:31	14:02:24	15:49:18.20	15:49:29.00	8:37	7

**BIEG K-B-L - 110 KM, Masters M - 40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
24	KRUPA PIOTR	3030	PCH-RUN	CHODZIEŻ	POL	MASTERS M - 40	24	M 54	05:13:50	08:23:45	09:59:19	12:13:27	14:16:03	15:51:39.80	15:51:50.10	8:39	6.9
25	BOROWCZYK MARCIN	3037		CZMOŃ	POL	MASTERS M - 40	25	M 57	05:04:26	08:19:03	09:59:39	12:19:49	14:20:51	16:01:30.55	16:01:39.40	8:44	6.9
26	KNAPIK PIOTR	3217	KURORT LADEK ZDRÓJ TEAM	WROCŁAW	POL	MASTERS M - 40	26	M 58	05:15:44	08:19:42	09:59:15	12:22:24	14:20:47	16:01:23.55	16:01:39.70	8:44	6.9
27	KUBICA BARTOSZ	3149		WISŁA WIELKA	POL	MASTERS M - 40	27	M 61	05:03:09	08:07:52	10:04:27	12:20:29	14:30:26	16:16:30.35	16:16:41.05	8:52	6.8
28	KOSTRZEWSKI SŁAWOMIR	3065		OPOLE	POL	MASTERS M - 40	28	M 63	04:55:03		09:47:34	12:15:37	14:30:47	16:18:33.95	16:18:41.95	8:53	6.7
29	ZGRAJ LESZEK	3266	STS BIEGATON MIKOŁÓW	MIKOŁÓW	POL	MASTERS M - 40	29	M 64	05:03:17	08:13:40	09:52:33	12:17:26	14:29:24	16:19:11.50	16:19:16.80	8:54	6.7
30	LIPŃSKI MAREK	3098		BORZYGNIIEW	POL	MASTERS M - 40	30	M 69	05:01:15	08:09:52	10:00:24	12:20:49	14:51:08	16:40:30.45	16:41:01.40	9:05	6.6
31	JACKOWICZ RAFAŁ	3157	JACKOWICZ TEAM	SOBÓTKA	POL	MASTERS M - 40	31	M 70	05:31:47	08:48:24	10:40:29	12:54:46	14:58:34	16:42:09.10	16:42:29.20	9:06	6.6
32	MARCINIAK JANUSZ	3046	NIGHT RUNNERS	POZNAŃ	POL	MASTERS M - 40	32	M 71	05:24:57	08:56:28	10:35:44	13:09:19	15:14:16	16:52:51.85	16:53:10.50	9:12	6.5
33	NOWICKI ZBIGNIEW	3145		GAŁKÓW MAŁY	POL	MASTERS M - 40	33	M 78	04:53:38	08:25:19	10:15:57	12:59:32	15:24:35	17:13:47.50	17:13:50.15	9:23	6.4
34	MACKIEWICZ ARTUR	3042	DŁUGOBIEGANIE	SZCZECIN	POL	MASTERS M - 40	34	M 79	05:05:13	08:39:16	10:30:18	13:08:11	15:27:17	17:14:22.10	17:14:27.30	9:24	6.4
35	MROZIAK MACIEK	3230	RUNPASSION.PLTEAM	GDYNIA	POL	MASTERS M - 40	35	M 80	05:05:13	08:39:07	10:30:18	13:08:07	15:27:05	17:14:21.40	17:14:27.45	9:24	6.4
36	DYDUCH MACIEJ	3232	KB ORANGE	KANIE	POL	MASTERS M - 40	36	M 83	05:06:52	08:45:57	10:35:24	13:09:11	15:29:18	17:16:59.50	17:17:20.55	9:25	6.4
37	SIWEK JAREK	3060	RAZ SZCZECIN	SZCZECIN	POL	MASTERS M - 40	37	M 86	05:29:37	08:56:10	10:42:26	13:08:34	15:56:16	17:40:02.00	17:40:20.90	9:38	6.2
38	ROSA JAROSŁAW	3075	NATURAL BORN RUNNERS	POZNAŃ	POL	MASTERS M - 40	38	M 88	05:57:47	09:21:53	11:04:32	13:50:18	15:57:46	17:43:04.35	17:43:25.20	9:39	6.2
39	SZUBA TEOFIL	3290	MARATOŃCZYK SZCZECIN	SZCZECIN	POL	MASTERS M - 40	39	M 93	05:44:38	09:15:49	11:03:20	13:45:24	16:02:52	18:10:30.10	18:10:34.00	9:54	6.1
40	POTOCKI MACIEJ	3265	ORANGE POLSKA	KÓRNIK - BIERNATKI	POL	MASTERS M - 40	40	M 94	05:55:11	09:29:31	11:19:25	13:56:49	16:22:41	18:17:48.30	18:18:04.75	9:58	6
41	SULIN MAREK	3100	SPARTANIE DZIECIOM	GLIWICE	POL	MASTERS M - 40	41	M 95	05:55:21	09:22:04	11:05:31	13:56:55	16:32:11	18:22:53.35	18:23:06.20	10:01	6
42	ZAKRZEWSKI MAREK	3248	EKOBIEGI	WARSZAWA	POL	MASTERS M - 40	42	M 96	05:28:51	08:54:38	10:49:55	13:45:32	16:24:12	18:24:30.00	18:24:36.05	10:02	6
43	BRZozowski RAFAŁ	3313		KŁODZKO		MASTERS M - 40	43	M 97	05:54:57	09:21:57	11:06:05	13:56:49	16:32:24	18:24:27.75	18:24:50.60	10:02	6
44	DADAŚ JANUSZ	3083	NIGHT RUNNERS GLIWICE	GLIWICE	POL	MASTERS M - 40	44	M 98	05:19:25	08:45:49	10:44:04	13:28:09	16:11:34	18:30:01.30	18:30:13.95	10:05	5.9
45	PAŚ TOMASZ	3183	PASIOŁ TEAM WROCŁAW	WROCŁAW	POL	MASTERS M - 40	45	M 99	05:49:46	09:18:31	11:09:00	14:06:24	16:32:48	18:30:22.95	18:30:33.25	10:05	5.9
46	ANDRZEJEWSKI PAWEŁ	3093		NOWA WIEŚ WIELKA	POL	MASTERS M - 40	46	M 104	05:55:19	09:36:48	11:28:08	14:37:01	17:01:59	18:52:40.85	18:52:44.65	10:17	5.8
47	SMOLEŃ TOMASZ	3260	TMTEAM	KOBIERZYCE	POL	MASTERS M - 40	47	M 106	05:48:35	09:18:26	11:17:42	14:11:38	16:55:49	18:55:29.35	18:55:49.85	10:19	5.8
48	KUNKE TOMASZ	3156	13WOG GRUDZIĄDZ	GRUDZIĄDZ	POL	MASTERS M - 40	48	M 110	05:16:17	08:48:28	10:56:18	13:54:25	16:38:37	18:57:58.85	18:58:18.40	10:20	5.8
49	PAWŁOWSKI ROBERT	3023	VEGE RUNNERS	CHODZIEŻ	POL	MASTERS M - 40	49	M 111	06:11:24	09:48:33	11:42:41	14:33:42	17:08:10	19:08:55.80	19:09:04.60	10:26	5.7
50	KŁOPOTEK MARCIN	3144	EXTREME FAMILY	BARTKOWO	POL	MASTERS M - 40	50	M 112	05:04:54	08:31:23	10:56:15	14:10:34	16:54:55	19:09:59.95	19:10:04.60	10:27	5.7
51	GAWŁAS PRZEMYSŁAW	3315		KŁODZKO		MASTERS M - 40	51	M 113	05:41:10	09:18:41	11:17:41	14:12:00	16:55:58	19:13:49.85	19:13:59.05	10:29	5.7
52	KRAWISZ MACIEJ	3221	LP500	BYDGOSZCZ	POL	MASTERS M - 40	52	M 114	04:50:21	08:09:54	10:10:49	13:15:27	16:30:43	19:14:36.55	19:14:43.80	10:29	5.7
53	DEC RAFAŁ	3003	BIERUTOWSKA GRUPA BIEGOWA	BIERUTÓW	POL	MASTERS M - 40	53	M 118	05:58:25	09:33:52	11:32:28	14:11:15	17:00:26	19:21:25.95	19:21:46.50	10:33	5.7
54	SZANDAŁA JACEK	3089	CAŁA OLEŚNICA BIEGA	OLEŚNICA	POL	MASTERS M - 40	54	M 119	05:58:29	09:38:36	11:37:33	14:33:02	17:00:36	19:21:25.15	19:21:46.50	10:33	5.7
55	NARECKI JAROSŁAW	3272		KRUSZYN	POL	MASTERS M - 40	55	M 121	05:41:45	09:22:26	11:17:06	14:18:28	17:15:45	19:24:03.65	19:24:30.50	10:34	5.7
56	SIECZKOWSKI ARTUR	3058	NATURAL BORN RUNNERS TEAM	KOSTRZYN NAD ODRĄ	POL	MASTERS M - 40	56	M 122	06:17:33	09:51:35	11:56:03	14:47:06	17:20:01	19:25:06.30	19:25:34.10	10:35	5.7
57	PEKAŁA PAWEŁ	3072	AMATOR RYTWIANY	RYTWIANY	POL	MASTERS M - 40	57	M 123	06:08:12	09:44:16	11:46:45	14:46:16	17:15:46	19:25:48.00	19:26:10.15	10:35	5.7
58	PŁĄT JAROSŁAW	3153	CH10	CHOSZCZNO	POL	MASTERS M - 40	58	M 127	05:55:16	09:26:54	11:23:13	14:22:32	17:13:33	19:34:49.60	19:35:14.60	10:40	5.6
59	CZAJKOWSKI RAFAŁ	3180	EKOBIEGI	WARSZAWA	POL	MASTERS M - 40	59	M 128	06:05:25	09:53:09	11:52:16	14:48:29	17:19:37	19:36:20.90	19:36:29.90	10:41	5.6
60	KOCIOŁEK ZBIGNIEW	3239		WOŁÓW	POL	MASTERS M - 40	60	M 129	05:41:26	09:20:39	11:46:14	14:51:01	17:39:58	19:36:28.90	19:36:39.40	10:41	5.6
61	PRZYBYŁ TOMASZ	3070		OSTRÓW WIELKOPOLSKI	POL	MASTERS M - 40	61	M 130	05:41:07	09:17:55	11:17:39	14:11:46	16:56:19	19:37:27.10	19:37:46.40	10:42	5.6
62	LASZCZYŃSKI TOMASZ	3188	TATA. NATALKI	STRZELIN	POL	MASTERS M - 40	62	M 131	06:43:26	10:34:21	12:31:59	15:28:01	17:49:15	19:37:35.40	19:37:52.60	10:42	5.6
63	ZIEMKIEWICZ JAREK	3033	UKS RUNNING TEAM	LUBIN	POL	MASTERS M - 40	63	M 132	05:56:10	09:47:55	11:54:00	14:58:43	17:41:49	19:38:19.25	19:38:41.50	10:42	5.6
64	LIPSKI KRZYSZTOF	3091		BYDGOSZCZ	POL	MASTERS M - 40	64	M 133	06:04:38	09:46:17	11:48:20	15:03:07	17:39:46	19:40:19.10	19:40:25.75	10:43	5.6
65	BAK ANDRZEJ	3117	SPC	LUBICZ	POL	MASTERS M - 40	65	M 134	06:32:40	10:06:30	12:01:47	14:58:06	17:35:42	19:41:44.30	19:42:09.70	10:44	5.6
66	ŁĄTKOWSKI MACIEJ	3032	KB MANIAC POZNAŃ	POZNAŃ	POL	MASTERS M - 40	66	M 135	06:27:21	10:03:19	12:05:48	15:04:41	17:42:32	19:43:46.60	19:44:11.80	10:45	5.6
67	TOMCZAK MARIUSZ	3292		MOSINA	POL	MASTERS M - 40	67	M 142	06:08:16	09:56:12	12:00:47	15:02:40	17:49:39	19:57:01.25	19:57:15.05	10:52	5.5
68	RELEWICZ MACIEJ	3168	WOLNE ŚLIMAKI	POZNAŃ	POL	MASTERS M - 40	68	M 143	06:08:13	09:56:07	12:00:45	15:02:21	17:50:15	19:57:02.30	19:57:17.50	10:52	5.5
69	FILIPIAK SEBASTIAN	3056	LZS LIPA	LIPA	POL	MASTERS M - 40	69	M 144	05:53:19	09:48:53	11:46:37	14:51:54	17:37:54	20:07:29.85	20:07:55.15	10:58	5.5

**BIEG K-B-L - 110 KM, Masters M - 40 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
70	KONIECZNY ANDRZEJ KONIECZNY	3034		GOSTYŃ	POL	MASTERS M - 40	70	M 145	06:39:48	10:18:35	12:12:13	15:11:53	17:51:51	20:07:42.55	20:07:55.40	10:58	5.5
71	KLATE ŁUKASZ	3068	DROGA DO ULTRA	ŁÓDŹ	POL	MASTERS M - 40	71	M 147	06:03:15	09:54:58	11:53:05	14:45:38	17:30:05	20:07:49.50	20:08:04.40	10:58	5.5
72	JĘDRYCHA ARTUR	3085		DĄBROWA GÓRNICZA	POL	MASTERS M - 40	72	M 155	06:08:43	10:07:42	12:36:39	15:52:24	18:40:34	21:04:11.15	21:04:45.10	11:29	5.2
73	SAMOLAK MACIEK	3141	PREDATORS WAŁBRZYCH	WAŁBRZYCH	POL	MASTERS M - 40	73	M 157	06:49:47	10:52:24	13:05:05	16:13:32	19:08:35	21:19:35.80	21:20:08.80	11:37	5.2
74	KOREK KRYSZTIAN	3213		POZNAŃ	POL	MASTERS M - 40	74	M 159	06:50:13	11:06:24	13:26:17	16:44:48	19:24:46	21:40:32.85	21:41:02.65	11:49	5.1
75	KRANZ GRZEGORZ	3212		CZAPURY	POL	MASTERS M - 40	75	M 160	06:52:05	11:05:02	13:26:17	16:45:12	19:24:54	21:40:33.05	21:41:02.65	11:49	5.1
76	GRUSZCZYŃSKI MARCIN	3287	GRUSZKOWYTEAM	BYDGOSZCZ	POL	MASTERS M - 40	76	M 164	06:18:05	10:58:03	13:25:21	16:38:04	19:43:21	21:47:17.65	21:47:29.65	11:53	5
77	KÓZKA PRZEMO	3133	BIEGAM, BO NIE LUBIĘ	SKÓRZEWO	POL	MASTERS M - 40	77	M 166	06:18:37	10:43:55	13:15:10	16:22:11	19:32:12	21:51:18.05	21:51:39.40	11:55	5
78	WAŁEK PIOTR	3020	RUNNERS TEAM QUIBL	WARSZAWA	POL	MASTERS M - 40	78	M 172	07:12:27	11:23:20	13:45:06		19:56:51	22:13:11.65	22:13:41.90	12:07	5
79	MARKOWSKI PIOTR	3087	MARKOTNYSKOWRON EK	WROCŁAW	POL	MASTERS M - 40	79	M 173	06:25:14	10:28:55	12:53:10	16:28:05	19:35:14	22:16:41.40	22:17:01.50	12:09	4.9
80	SKOWRONEK ARTUR	3132	MARKOTNYSKOWRON EK	ŁĄDEK ZDRÓJ	POL	MASTERS M - 40	80	M 174	06:25:17	10:29:21	12:59:16	16:36:41	19:43:21	22:21:18.75	22:21:38.30	12:11	4.9
81	FRĄCKOWIAK JACEK	3136	RUNNER'S POWER ŚREM	ŚREM	POL	MASTERS M - 40	81	M 175	06:15:53	10:15:22	12:36:38	16:17:09	19:47:34	22:27:23.35	22:27:38.40	12:14	4.9
82	DĘBEK PIOTR	3064	PRZEDWOJEWSKI MOUNTAIN TEAM	ŚWIDNICA	POL	MASTERS M - 40	82	M 176	06:15:55	10:15:28	12:36:39	16:17:00	19:53:14	22:27:24.50	22:27:39.30	12:14	4.9
83	SZACHEWICZ SŁAWEK	3143	JEŻOZWIERZE GROUP	WROCŁAW	POL	MASTERS M - 40	83	M 177	06:25:18	10:38:18	13:16:28	17:13:16	20:23:48	22:34:08.50	22:34:39.30	12:18	4.9
84	HOFFMANN GRZEGORZ	3036		CZEMPIŃ	POL	MASTERS M - 40	84	M 180	07:00:12	11:04:39	13:35:21	17:07:05	20:06:43	22:40:02.65	22:40:31.20	12:21	4.9
85	RECZUCH ADAM	3194		WROCŁAW	POL	MASTERS M - 40	85	M 183	06:18:18		12:10:28		19:45:35	22:51:50.30	22:52:21.40	12:28	4.8
86	CIECIELĄG PIOTR	3006		PIASECZNO	POL	MASTERS M - 40	86	M 184	05:53:44	09:49:32	12:10:27	16:10:07	20:21:36	23:00:56.65	23:01:10.95	12:33	4.8
87	GRZESIAK RAFAŁ	3081		GŁOGÓW	POL	MASTERS M - 40	87	M 187	07:31:40	12:02:59	14:41:31	17:35:36	20:41:07	23:52:03.65	23:52:17.05	13:01	4.6
88	KOSMIDER TOMASZ	3209	SPARTANIE DZIECIOM	WROCŁAW	POL	MASTERS M - 40	88	M 188	06:47:58	11:02:40	13:58:31	17:37:19	20:56:39	23:58:28.15	23:58:59.90	13:04	4.6
89	MADAJ PAWEŁ	3118	BIEGAM, BO NIE LUBIĘ	POZNAŃ	POL	MASTERS M - 40	89	M 189	06:18:41	10:51:02	13:42:42	17:41:29	21:14:30	23:58:57.70	23:59:17.20	13:04	4.6
90	STEFANOWSKI MARCIN	3019	ŻARÓW BIEGA	ŻARÓW	POL	MASTERS M - 40	90	M 194	07:50:28	12:38:40	15:15:02	18:42:40	21:56:02	24:43:42.65	24:44:01.65	13:29	4.4
91	TALARCYK MIKOŁAJ	3254		ŁOPUCHOWO	POL	MASTERS M - 40	91	M 196	06:25:10	10:19:09	12:57:13	17:01:37	21:46:09	25:21:10.30	25:21:39.40	13:49	4.3
	KAMIŃSKI BARTOSZ	3204		ZIELONA GÓRA	POL	MASTERS M - 40			06:00:25	09:47:34	12:19:17	15:13:14	18:21:31	DNF	DNF	-	-
	PIETRASZEWSKI ROBERT	3106	BIEGAM BO LUBIĘ - TOMASZÓW MAZOWIECKI	TOMASZÓW MAZOWIECKI	POL	MASTERS M - 40			06:04:57	09:57:46	12:01:29	15:41:41	DNF	DNF	DNF	-	-
	JANIK RAFAŁ	3167	GMINA STRZELCE OPOLSKIE	STRZELCE OPOLSKIE	POL	MASTERS M - 40			04:51:21	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	KOZŁOWSKI BARTŁOMIEJ	3320		TRZEBIESZOWICE		MASTERS M - 40			06:17:03	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	LIEBCHEN PIOTR	3187		ŁOMIANKI	POL	MASTERS M - 40			06:17:07	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	RUTKOWSKI ŁUKASZ	3051		WARSZAWA	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-
	GÓRA MARCIN	3244	TWM-TERMO MARCIN GÓRA, JANUSZ SZUBA SP.J.	WARSZAWA	POL	MASTERS M - 40			DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, Weteran K - 50**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	WOSZCZAK JOLANTA	3090	STRZELIŃSKI KLUB BIEGACZA GRANIT	STRZELIN	POL	WETERAN K - 50	1	K 25	06:43:32	10:34:32	12:32:14	15:28:09	17:49:21	19:37:36.40	19:37:52.90	10:42	5.6
2	WŁODARCZYK TERESA	3120	SPC	TORUŃ	POL	WETERAN K - 50	2	K 26	06:32:37	10:06:34	12:01:47	14:58:04	17:35:41	19:41:43.85	19:42:09.75	10:44	5.6
3	KROLS HILDE	3119	VOS SCHAFFEN	MOL	BEL	WETERAN K - 50	3	K 32	06:20:05	10:17:28	12:29:20		18:14:16	20:06:32.00	20:06:55.65	10:58	5.5
4	NAMIOTA URSZULA	3171	KB MARATOŃCZYK	DĘBICA	POL	WETERAN K - 50	4	K 37	06:34:19	10:36:52	12:42:09	16:05:26	18:43:20	20:53:09.65	20:53:36.20	11:23	5.3
5	PRUSIEWICZ BEATA	3018		OSTRÓW WIELKOPOLSKI	POL	WETERAN K - 50	5	K 40	06:52:36	10:36:06	12:31:52	15:34:55	18:28:27	21:06:18.35	21:06:34.80	11:30	5.2
6	GAŚSIOROWSKA DOROTA	3054	MPK WYBIEGANIE / ŚNIĘTY SUM	WARSZAWA	POL	WETERAN K - 50	6	K 45	07:12:30	11:23:16	13:44:07	17:04:32	19:56:28	22:13:12.35	22:13:42.05	12:07	5

**BIEG K-B-L - 110 KM, Weteran K - 50 c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
7	KALBARCZYK BEATA	3162	ORANGE POLSKA	OTWOCK	POL	WETERAN K - 50	7	K 49	06:52:05	11:30:14	14:05:13	17:38:17	20:39:03	23:07:44.25	23:08:03.75	12:36	4.8
8	SOSZYŃSKA MAŁGORZATA	3314		WARSZAWA	POL	WETERAN K - 50	8	K 53	07:48:38	12:08:10	14:37:17	18:06:03	21:08:41	23:31:55.05	23:32:25.55	12:50	4.7
9	OBARSKA MAŁGORZATA	3031		STARACHOWICE	POL	WETERAN K - 50	9	K 62	08:11:32	12:34:40	15:19:36	19:26:47	22:41:11	25:23:46.00	25:24:08.75	13:51	4.3

**BIEG K-B-L - 110 KM, Weteran I M - 50**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	PROZOROWSKI WIESŁAW	3094	MARATON LESZNO	LESZNO	POL	WETERAN I M - 50	1	M 82	05:11:51	08:31:08	10:20:14	13:03:30	15:40:59	17:16:12.35	17:16:26.70	9:25	6.4
2	KOSZAREK MACIEJ	3300		POZNAŃ	POL	WETERAN I M - 50	2	M 84	05:25:19	08:52:30	10:38:04	13:12:57	15:37:09	17:23:32.90	17:23:46.25	9:29	6.3
3	BĘDŹKOWSKI MAREK	3197	MORSY OSTROŁĘKA	OSTROŁĘKA	POL	WETERAN I M - 50	3	M 102	06:19:03	09:48:59	11:34:34	14:19:58	16:33:01	18:43:57.05	18:44:09.35	10:13	5.9
4	MALIŃSKI MAREK	3027		GDYNIA	POL	WETERAN I M - 50	4	M 105	06:25:25	10:10:18	12:02:51	14:48:57	17:01:53	18:55:06.30	18:55:30.40	10:19	5.8
5	KRUPIŃSKI TADEUSZ	3200		LIGOTA PIĘKNA	POL	WETERAN I M - 50	5	M 116	06:01:07	09:34:33	11:21:34	14:38:26	17:11:03	19:21:05.95	19:21:41.45	10:33	5.7
6	WOŹNIAK RYSZARD	3062	BIERUTOWSKA GRUPA BIEGOWA	BIERUTÓW	POL	WETERAN I M - 50	6	M 117	05:58:22	09:38:30	11:37:32	14:33:15	17:00:25	19:21:24.45	19:21:46.45	10:33	5.7
7	BIAŁEK OLAF	3177	MEGATEL.COM.PL	KRAKÓW	POL	WETERAN I M - 50	7	M 124	06:03:42	09:34:56	11:34:19	14:31:25	17:19:54	19:30:05.25	19:30:37.30	10:38	5.6
8	BIAŁECKI ZBIGNIEW	3226	ŁÓDŹ RUNNING TEAM	ŁÓDŹ	POL	WETERAN I M - 50	8	M 125	06:09:37	09:52:00	11:47:06	14:45:03	17:26:32	19:32:57.70	19:33:07.00	10:39	5.6
9	ROSZAK WALDEMAR	3095	BIEGAM NA ZIELONEJ BIAŁOŁĘCE	WARSZAWA	POL	WETERAN I M - 50	9	M 137	06:42:43	10:32:54	12:36:59	15:40:50	17:59:33	19:46:51.75	19:47:01.90	10:47	5.6
10	SERWADCZAK MAREK	3259		DROGOSZOWICE	POL	WETERAN I M - 50	10	M 150	06:15:03	10:02:17	12:16:37	15:20:29	18:18:48	20:48:33.55	20:49:05.65	11:21	5.3
11	SZERSZENIEWSKI MAREK	3199	ŻÓRAWSKI TEAM	WARSZAWA	POL	WETERAN I M - 50	11	M 151	06:33:00	10:19:21	12:09:10	15:01:18	18:21:26	20:51:21.90	20:51:47.95	11:22	5.3
12	SULIMA JANUSZ	3311		MILANÓWEK	POL	WETERAN I M - 50	12	M 168	06:15:39	10:38:11	12:56:05	16:50:52	19:43:01	22:00:17.40	22:00:21.90	12:00	5
13	STOLPE MACIEJ	3028		LUBOŃ	POL	WETERAN I M - 50	13	M 179	07:00:12		13:35:19	17:05:05	20:05:53	22:39:18.15	22:39:47.80	12:21	4.9
14	RURKA GRZEGORZ	3146	SAMBIEGAM	WARSZAWA	POL	WETERAN I M - 50	14	M 192	07:16:42	11:46:50	14:39:59	19:04:05	22:15:43	24:31:49.40	24:32:17.45	13:22	4.5
15	OBARSKI NORBERT	3043		KIELCE	POL	WETERAN I M - 50	15	M 197	08:11:08	12:34:36	15:19:34	19:26:42	22:41:11	25:23:46.90	25:24:09.90	13:51	4.3
	ARMATYS GRZEGORZ	3253	ORANGE POLSKA	DĄBROWA GÓRNICZA	POL	WETERAN I M - 50			07:55:17	DNF	DNF	DNF	DNF	DNF	DNF	-	-

**BIEG K-B-L - 110 KM, Weteran II M - 60**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	40km	61km	70km	85km	98km	Netto	Brutto	min/km	km/h
1	RAJTAR ZBIGNIEW	3086	RONTIL - COMPASS	KRAKÓW	POL	WETERAN II M - 60	1	M 60	04:39:58	07:52:29	09:43:34	12:24:56	14:31:52	16:08:22.55	16:08:26.45	8:48	6.8
2	SZUBA TADEUSZ	3302		ŁOBEZ	POL	WETERAN II M - 60	2	M 92	05:44:36	09:15:41	11:03:19	13:45:39	16:03:04	18:10:28.90	18:10:33.55	9:54	6.1
3	SIELUTIN WADIM	3297	KB LEW LEGNICA 2000	LEGNICA	POL	WETERAN II M - 60	3	M 181	06:49:25	11:02:53	13:26:27	17:25:23	20:22:28	22:40:49.65	22:41:14.25	12:22	4.8
4	BOCHENEK JANUSZ	3063	WKURW_TEAM	KIELCE	POL	WETERAN II M - 60	4	M 198	09:13:59	13:13:03	16:01:00	19:31:07	22:48:10	25:31:47.65	25:32:09.50	13:55	4.3