# GOLDEN MOUNTAINS TRAIL - 33 KM

Organizator: Fundacja MARATONY GÓRSKIE
Data: 2020-07-16
Miejsce: Lądek-Zdrój
Dystans: 33 km
Klasyfikacja wg czasów netto.

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | PRZEDWOJEWSKI BARTŁOMIEJ | 6314 | TEAM SALOMON | WROCŁAW | POL | SENIOR I M - 20 | 1 | M 1 | 00:40:30 | 01:10:47 | 01:51:07 | | 02:26:21.00 | 4:26 | 13.5 |
| 2 | RZESZÓTKO MARCIN | 6237 | BUFF TEAM POLAND | ZAKOPANE | POL | SENIOR II M - 30 | 1 | M 2 | 00:42:49 | 01:14:58 | 01:58:07 | | 02:34:45.20 | 4:41 | 12.8 |
| 3 | ŁOBODZIŃSKI PIOTR | 6279 | LŁKS PREFBET ŚNIADOWO ŁOMŻA | WARSZAWA | POL | SENIOR II M - 30 | 2 | M 3 | 00:42:56 | 01:15:45 | 01:58:47 | | 02:35:18.50 | 4:42 | 12.7 |
| 4 | KUBICA MARCIN | 6086 | INOV-8 TEAM POLSKA | BIELSKO-BIAŁA | POL | SENIOR I M - 20 | 2 | M 4 | 00:42:39 | 01:14:50 | 01:57:56 | | 02:35:23.90 | 4:42 | 12.7 |
| 5 | MACECEK TOMAS | 6288 | BUFF/SALOMON TEAM | OSTRAVA | FRA | SENIOR I M - 20 | 3 | M 5 | 00:45:15 | 01:20:36 | 02:01:06 | | 02:43:04.85 | 4:56 | 12.1 |
| 6 | DOMBROWSKI MACIEJ | 6337 | ATTIQ TEAM | KRAKÓW | POL | SENIOR II M - 30 | 3 | M 6 | 00:45:41 | 01:19:47 | 02:01:11 | | 02:47:20.10 | 5:04 | 11.8 |
| 7 | BRÝDL PAVEL | 6209 | SALOMON/SUUNTO - MUAY RUNNING TEAM | TRUTNOV | CZE | MASTERS M - 40 | 1 | M 7 | 00:44:54 | 01:19:55 | 02:01:07 | | 02:48:10.85 | 5:05 | 11.8 |
| 8 | HÜBL RADEK | 6301 | RUNSPORT / SALOMON TEAM | ÚSTÍ NAD ORLICÍ | CZE | SENIOR II M - 30 | 4 | M 8 | 00:46:54 | 01:22:17 | 02:01:33 | | 02:48:20.25 | 5:06 | 11.8 |
| 9 | GLAPIAK DAMIAN | 6027 | ADRUNALINE | BUCZ | POL | MASTERS M - 40 | 2 | M 9 | 00:45:42 | 01:21:30 | 02:02:10 | | 02:48:59.90 | 5:07 | 11.7 |
| 10 | MAREK DARIUSZ | 6291 | MONK SANDALS TEAM | KRAKÓW | CZE | SENIOR II M - 30 | 5 | M 10 | 00:46:06 | 01:21:54 | | | 02:49:30.95 | 5:08 | 11.7 |
| 11 | KRUPIČKA ROBERT | 6310 | SALOMON TEAM CZ | CHOCEŇ | CZE | MASTERS M - 40 | 3 | M 11 | 00:45:40 | 01:18:42 | | | 02:51:10.80 | 5:11 | 11.6 |
| 12 | BORAK MARTIN | 6390 | V12 TEAM | LIBINA | POL | SENIOR II M - 30 | 6 | M 12 | 00:49:37 | 01:27:22 | 02:09:33 | | 02:57:22.70 | 5:22 | 11.2 |
| 13 | HLAVATÍK JAN | 6096 | PIVOVAR KONÍČEK | FRÝDEK-MÍSTEK | CZE | SENIOR II M - 30 | 7 | M 13 | 00:50:27 | 01:30:01 | 02:13:06 | | 02:59:05.35 | 5:25 | 11.1 |
| 14 | CZERNIAK PAWEŁ | 6079 | | SOSNÓWKA | CZE | SENIOR II M - 30 | 8 | M 14 | 00:47:47 | 01:25:31 | 02:09:03 | | 02:59:18.00 | 5:26 | 11 |
| 15 | KALNINS GVIDO | 6382 | SALOMON LATVIA \| SUUNTO LATVIA | CESIS | LAT | SENIOR I M - 20 | 4 | M 15 | 00:49:17 | 01:27:03 | 02:11:13 | | 02:59:41.35 | 5:26 | 11 |
| 16 | PASIK TOMASZ | 6334 | | WOLSZTYN | POL | MASTERS M - 40 | 4 | M 16 | 00:50:01 | 01:28:56 | 02:11:56 | | 03:00:35.25 | 5:28 | 11 |
| 17 | RABIEJ PAWEŁ | 6220 | GRUPA PRO | WARSZAWA | POL | SENIOR II M - 30 | 9 | M 17 | 00:52:28 | 01:29:53 | 02:15:41 | | 03:01:10.90 | 5:29 | 10.9 |
| 18 | ONDRUCH ADAM | 6307 | | POLERADY | CZE | SENIOR II M - 30 | 10 | M 18 | 00:49:46 | 01:27:22 | 02:11:47 | | 03:01:59.45 | 5:30 | 10.9 |
| 19 | KANTOR MARTYNA | 6380 | BUFF TEAM POLAND | KRAKOW | POL | SENIOR II K - 30 | 1 | K 1 | 00:51:48 | 01:30:46 | 02:15:54 | | 03:07:24.45 | 5:40 | 10.6 |
| 20 | GARNIEWICZ MATEUSZ | 6207 | WSN POZNAŃ | POZNAN | POL | SENIOR II M - 30 | 11 | M 19 | 00:54:24 | 01:36:21 | 02:20:44 | | 03:09:39.80 | 5:44 | 10.4 |
| 21 | TRACZ PAULINA | 6223 | SALCO GARMIN TEAM | JAROSŁAW | POL | SENIOR II K - 30 | 2 | K 2 | 00:51:08 | 01:32:46 | 02:20:08 | | 03:10:43.30 | 5:46 | 10.4 |
| 22 | SOLIŃSKA KATARZYNA | 6359 | SALOMON SUUNTO TEAM POLAND | KRAKÓW | POL | SENIOR II K - 30 | 3 | K 3 | 00:55:12 | 01:36:06 | 02:20:49 | | 03:11:12.40 | 5:47 | 10.4 |
| 23 | GAZDA VÍTĚZSLAV | 6042 | | DIVIŠOV | CZE | MASTERS M - 40 | 5 | M 20 | 00:52:46 | 01:32:56 | 02:21:30 | | 03:16:23.55 | 5:57 | 10.1 |
| 24 | SZPULARZ ADAM | 6156 | CRAZY RUNNERS | KĄTY WROCŁAWSKIE | GBR | SENIOR II M - 30 | 12 | M 21 | 00:54:46 | 01:35:46 | 02:22:50 | | 03:16:26.30 | 5:57 | 10.1 |
| 25 | DZALBS EDIJS | 6320 | SCOTT RUNNING LATVIA \| SUUNTO LATVIA \| LATVIA TRAILRACE | CĒSIS | LAT | SENIOR I M - 20 | 5 | M 22 | 00:52:45 | 01:33:23 | 02:18:16 | | 03:18:34.80 | 6:01 | 10 |
| 26 | KŁOSOWSKI DANIEL | 6182 | BBŻ WAŁBRZYCH | WAŁBRZYCH | POL | SENIOR II M - 30 | 13 | M 23 | 00:54:46 | 01:35:04 | 02:22:16 | | 03:18:38.35 | 6:01 | 10 |
| 27 | KORPALSKI TOMASZ | 6029 | STAJNIA BALONA | GDAŃSK | POL | SENIOR II M - 30 | 14 | M 24 | 00:57:51 | 01:39:34 | 02:25:53 | | 03:19:25.40 | 6:02 | 9.9 |
| 28 | SIERADZKI KRZYSZTOF | 6244 | PRZEDWOJEWSKI MOUNTAIN TEAM | WARSZAWA | POL | SENIOR II M - 30 | 15 | M 25 | 00:54:31 | 01:37:49 | 02:25:21 | | 03:19:39.80 | 6:03 | 9.9 |
| 29 | GARNEK PIOTR | 6166 | VEGE RUNNERS | WROCŁAW | POL | MASTERS M - 40 | 6 | M 26 | 00:55:08 | | 02:25:18 | | 03:21:06.15 | 6:05 | 9.8 |
| 30 | ROSKOSZ BARTOSZ | 6035 | JELCZ TRIATHLON PROJECT | MIŁOSZYCE | POL | SENIOR II M - 30 | 16 | M 27 | 00:53:47 | 01:36:24 | 02:24:05 | | 03:21:19.45 | 6:06 | 9.8 |
| 31 | KNAP MATEUSZ | 6377 | DYNAFIT / TUTTU.PL | KATOWICE | POL | SENIOR I M - 20 | 6 | M 28 | 00:52:46 | 01:34:31 | 02:23:50 | | 03:23:18.55 | 6:09 | 9.7 |
| 32 | SZOPA ŁUKASZ | 6228 | KARKONOSZ RUNNING TEAM | DOBRA | POL | MASTERS M - 40 | 7 | M 29 | 00:56:04 | 01:39:51 | 02:28:10 | | 03:23:46.45 | 6:10 | 9.7 |
| 33 | MORAWA MATEUSZ | 6348 | LACHO TEAM | RADZISZÓW | POL | MASTERS M - 40 | 8 | M 30 | 00:58:07 | 01:42:10 | 02:30:48 | | 03:24:44.30 | 6:12 | 9.7 |
| 34 | SOKOŁOWSKI MAREK | 6095 | ALPIN SPORT HOKA ONE ONE TEAM | MYSŁOWICE-WESOŁA | POL | WETERAN I M - 50 | 1 | M 31 | 00:57:16 | 01:41:18 | 02:29:19 | | 03:25:32.90 | 6:13 | 9.6 |
| 35 | KAŹMIERCZYK ADAM | 6342 | | KATOWICE | POL | SENIOR II M - 30 | 17 | M 32 | 00:57:51 | 01:40:51 | 02:27:52 | | 03:26:02.80 | 6:14 | 9.6 |
| 36 | IRLIK LUCJAN | 6373 | | ŚWIERKLANIEC | POL | SENIOR I M - 20 | 7 | M 33 | 00:57:12 | 01:40:23 | 02:28:26 | | 03:26:07.65 | 6:14 | 9.6 |
| 37 | BAKALARZ EMIL | 6196 | ULTRA ALPACAS TEAM | WROCŁAW | POL | SENIOR II M - 30 | 18 | M 34 | 00:56:56 | 01:41:35 | 02:30:32 | | 03:28:35.10 | 6:19 | 9.5 |
| 38 | KOTKOWSKI PIOTR | 6287 | DRUŻYNA SZPIKU / MARATONYPOLSKIE TEAM | POZNAŃ | POL | MASTERS M - 40 | 9 | M 35 | 00:57:12 | 01:38:22 | 02:30:14 | | 03:34:02.00 | 6:29 | 9.3 |
| 39 | MOSZKOWICZ PAWEŁ | 6319 | NAVIGATOR/WAWEL KRAKÓW | KARNIOWICE | POL | WETERAN I M - 50 | 2 | M 36 | 00:58:10 | 01:42:12 | 02:33:18 | | 03:34:15.60 | 6:29 | 9.2 |
| 40 | ŁĘŻNIAK ALEKSANDER | 6300 | MONK SANDALS TEAM | SOBÓTKA | POL | SENIOR II M - 30 | 19 | M 37 | 01:00:52 | 01:44:27 | 02:35:15 | | 03:35:14.05 | 6:31 | 9.2 |
| 41 | WERNER KAMIL | 6055 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | SENIOR II M - 30 | 20 | M 38 | 00:58:44 | 01:42:38 | 02:33:26 | | 03:36:28.10 | 6:33 | 9.1 |
| 42 | KARWACKI MACIEJ | 6253 | | KAMIENNA GÓRA | POL | SENIOR I M - 20 | 8 | M 39 | 00:58:41 | 01:44:06 | 02:35:12 | | 03:36:40.95 | 6:33 | 9.1 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 43 | UMAÑA DIEGO | 6164 | CENTRUM REHABILITACJI FUNKCJONALNEJ SOWA | BARILOCHE | ARG | SENIOR II M - 30 | 21 | M 40 | 00:59:48 | | 02:36:59 | | 03:38:58.80 | 6:38 | 9 |
| 44 | TRZECIAKIEWICZ MIECZYSŁAW | 6088 | MLKS RADKÓW | MYSŁOWICE | POL | WETERAN I M - 50 | 3 | M 41 | 01:00:44 | 01:48:22 | 02:40:27 | | 03:40:04.00 | 6:40 | 9 |
| 45 | BALWIERCZAK PIOTR | 6225 | NIGHT RUNNERS WROCŁAW | WROCŁAW | POL | SENIOR II M - 30 | 22 | M 42 | 01:03:08 | 01:48:49 | 02:40:52 | | 03:41:24.45 | 6:42 | 8.9 |
| 46 | LISEK ANDRZEJ | 6333 | LISEK | POZNAN | POL | SENIOR II M - 30 | 23 | M 43 | 00:59:42 | 01:44:14 | 02:37:54 | | 03:42:27.10 | 6:44 | 8.9 |
| 47 | NOWAK MARIUSZ | 6069 | HRT | WROCŁAW | POL | SENIOR II M - 30 | 24 | M 44 | 01:03:09 | | 02:43:18 | | 03:42:32.65 | 6:44 | 8.9 |
| 48 | SŁOCIAK RAFAŁ | 6202 | RAJSPORT ACTIVE/PRZEDWOJEWSKI MOUNTAIN TEAM | OPOLE | POL | SENIOR II M - 30 | 25 | M 45 | 00:58:29 | 01:43:19 | 02:37:27 | | 03:42:39.95 | 6:44 | 8.9 |
| 49 | ZEMBIK ŁUKASZ | 6305 | KAMBODŻA | WARSZAWA | POL | SENIOR II M - 30 | 26 | M 46 | 00:54:25 | 01:37:09 | 02:32:27 | | 03:43:46.95 | 6:46 | 8.8 |
| 50 | SOBCZAK TOMASZ | 6269 | 140MINUT.PL | BRZEG DOLNY | POL | SENIOR II M - 30 | 27 | M 47 | 00:56:32 | 01:41:29 | 02:33:29 | | 03:43:49.40 | 6:46 | 8.8 |
| 51 | SOBOTA ADAM | 6260 | | POZNAŃ | POL | SENIOR I M - 20 | 9 | M 48 | 01:01:53 | 01:49:06 | 02:42:43 | | 03:44:25.80 | 6:48 | 8.8 |
| 52 | WALCZAK PATRYK | 6028 | | KONIN | POL | SENIOR II M - 30 | 28 | M 49 | 01:00:54 | 01:49:44 | 02:41:14 | | 03:44:25.95 | 6:48 | 8.8 |
| 53 | BAŁYS KATARZYNA | 6378 | | STRONIE ŚLĄSKIE | POL | SENIOR II K - 30 | 4 | K 4 | 00:59:32 | 01:45:59 | 02:40:34 | | 03:44:34.70 | 6:48 | 8.8 |
| 54 | WALACIK ADAM | 6206 | | WIERUSZÓW | POL | SENIOR I M - 20 | 10 | M 50 | 00:58:45 | 01:45:45 | 02:38:03 | | 03:44:39.70 | 6:48 | 8.8 |
| 55 | MIERZWA SŁAWOMIR | 6173 | 140MINUT.PL | MIRKÓW | POL | SENIOR II M - 30 | 29 | M 51 | 01:01:53 | 01:47:38 | 02:43:16 | | 03:44:58.15 | 6:49 | 8.8 |
| 56 | BRZOZOWSKI JACEK | 6020 | | OPOLE | POL | MASTERS M - 40 | 10 | M 52 | 01:00:19 | 01:47:22 | 02:41:17 | | 03:45:19.95 | 6:49 | 8.8 |
| 57 | MISZTAL KAMIL | 6284 | | GLIWICE | POL | SENIOR II M - 30 | 30 | M 53 | 01:05:04 | 01:49:56 | 02:43:29 | | 03:45:21.50 | 6:49 | 8.8 |
| 58 | GREIVELDINGER GILLES | 6261 | ŚWIAT BIEGACZA FEHLAU RUN TEAM | KORNIK | POL | MASTERS M - 40 | 11 | M 54 | 00:58:57 | 01:45:23 | 02:41:44 | | 03:46:48.90 | 6:52 | 8.7 |
| 59 | ŚWIERCZ SZYMON | 6159 | KGHM ZGRUN | GŁOGÓW | POL | SENIOR II M - 30 | 31 | M 55 | 00:55:32 | 01:40:30 | 02:33:06 | | 03:46:56.80 | 6:52 | 8.7 |
| 60 | STACHOWIAK ŁUKASZ | 6181 | STR POZNAŃ / CITY TRAIL TEAM | POZNAŃ | POL | SENIOR II M - 30 | 32 | M 56 | 00:59:45 | 01:46:05 | 02:39:57 | | 03:47:51.80 | 6:54 | 8.7 |
| 61 | WYROŚLAK JÓZEF | 6132 | #SOBASTEAM | WROCŁAW | POL | SENIOR II M - 30 | 33 | M 57 | 01:00:20 | 01:46:59 | 02:41:25 | | 03:48:52.85 | 6:56 | 8.7 |
| 62 | FLOREK PAWEŁ | 6222 | RUNADDICTS | BYDGOSZCZ | POL | SENIOR II M - 30 | 34 | M 58 | 01:02:59 | 01:52:39 | 02:45:32 | | 03:49:48.15 | 6:57 | 8.6 |
| 63 | SZEWCZUK PIOTR | 6308 | | WROCŁAW | POL | SENIOR II M - 30 | 35 | M 59 | 01:05:17 | 01:51:09 | 02:45:56 | | 03:50:01.65 | 6:58 | 8.6 |
| 64 | HADRYŚ TOMASZ | 6243 | | WROCŁAW | POL | SENIOR II M - 30 | 36 | M 60 | 01:03:39 | 01:52:19 | 02:44:48 | | 03:50:04.55 | 6:58 | 8.6 |
| 65 | MOSIEK PIOTR | 6072 | | RAWICZ | POL | SENIOR II M - 30 | 37 | M 61 | 01:04:58 | 01:53:45 | 02:47:13 | | 03:50:56.80 | 6:59 | 8.6 |
| 66 | STUDZIŃSKI MATEUSZ | 6109 | | TARNÓW | POL | SENIOR II M - 30 | 38 | M 62 | 01:01:45 | 01:46:27 | 02:41:37 | | 03:52:04.85 | 7:01 | 8.5 |
| 67 | ŻAK ADAM | 6376 | KB LUPUS OLEŚNICA | DOBROSZYCE | POL | SENIOR II M - 30 | 39 | M 63 | 01:05:47 | 01:51:58 | 02:49:03 | | 03:52:42.00 | 7:03 | 8.5 |
| 68 | LITWIN MICHAŁ | 6037 | LITEWIN | PASIKUROWICE | POL | SENIOR II M - 30 | 40 | M 64 | 00:59:16 | 01:48:22 | 02:44:21 | | 03:53:13.85 | 7:04 | 8.5 |
| 69 | DUDEK MONIKA | 6076 | #PCHSPORTTEAM | ZIĘBICE | POL | SENIOR II K - 30 | 5 | K 5 | 01:03:24 | 01:53:34 | 02:49:17 | | 03:53:45.05 | 7:05 | 8.5 |
| 70 | LASIKOWSKI MATEUSZ | 6219 | BIEGAJ POD OKIEM TRENERA | SOKOŁÓW PODLASKI | POL | SENIOR I M - 20 | 11 | M 65 | 01:03:33 | 01:49:00 | 02:46:27 | | 03:54:42.65 | 7:06 | 8.4 |
| 71 | ROGALSKI ANDRZEJ | 6381 | Q100TEAM | JEDLINA ZDRÓJ | POL | MASTERS M - 40 | 12 | M 66 | 01:04:24 | 01:51:28 | 02:48:43 | | 03:55:49.05 | 7:08 | 8.4 |
| 72 | KITA MICHAŁ | 6047 | PĘDZĄCY W MIEJSCU | WROCŁAW | POL | MASTERS M - 40 | 13 | M 67 | 00:54:34 | 01:43:43 | 02:48:07 | | 03:57:50.60 | 7:12 | 8.3 |
| 73 | BIHUN NATALIA | 6349 | GTRAT | SIECHNICE | POL | SENIOR II K - 30 | 6 | K 6 | 01:04:35 | 01:53:15 | 02:51:04 | | 04:00:30.30 | 7:17 | 8.2 |
| 74 | CHEREDNIKOV STEPAN | 6277 | CITYZEN_ | POZNAN | POL | SENIOR II M - 30 | 41 | M 68 | 01:04:03 | 01:53:42 | 02:53:31 | | 04:00:39.55 | 7:17 | 8.2 |
| 75 | PIĄTEK BEATA | 6157 | WWW.TRENINGFIZJOTERAPIA.PL/ULTRAŁAŃCUT | ŁAŃCUT | POL | SENIOR II K - 30 | 7 | K 7 | 01:10:22 | 02:02:55 | 02:57:01 | | 04:00:46.75 | 7:17 | 8.2 |
| 76 | FOGIEL-PAWŁOWSKA AGNIESZKA | 6049 | | WROCŁAW | POL | MASTERS K - 40 | 1 | K 8 | 01:05:20 | 01:55:53 | 02:53:44 | | 04:00:54.75 | 7:18 | 8.2 |
| 77 | GIL STANISŁAW | 6350 | BIELAWSKA AKADEMIA BIEGANIA | DZIERŻONIÓW | POL | WETERAN II M - 60 | 1 | M 69 | 01:05:41 | 01:55:42 | 02:55:53 | | 04:01:01.30 | 7:18 | 8.2 |
| 78 | PELA DARIUSZ | 6221 | TMT TORUŃ | ŁUBIANKA | POL | SENIOR II M - 30 | 42 | M 70 | 01:04:29 | 01:53:05 | 02:51:45 | | 04:01:38.10 | 7:19 | 8.2 |
| 79 | SŁADEK PATRYK | 6172 | EX TEAM | BEŁK | POL | SENIOR I M - 20 | 12 | M 71 | 01:01:17 | 01:52:31 | 02:48:46 | | 04:01:47.15 | 7:19 | 8.2 |
| 80 | GRYSZKIEWICZ PAWEŁ | 6352 | GVT | WROCŁAW | POL | SENIOR II M - 30 | 43 | M 72 | 01:05:07 | 01:58:21 | 02:56:42 | | 04:03:56.85 | 7:23 | 8.1 |
| 81 | CZAPLA SEWERYN | 6174 | | SIEMIANOWICE ŚLĄSKIE | POL | SENIOR II M - 30 | 44 | M 73 | 01:01:17 | | 02:50:19 | | 04:03:59.20 | 7:23 | 8.1 |
| 82 | MANJURA TOMASZ | 6302 | CSC ADVENTURE ACADEMY | CHORZÓW | POL | SENIOR I M - 20 | 13 | M 74 | 01:07:37 | 01:55:43 | 02:55:34 | | 04:03:59.60 | 7:23 | 8.1 |
| 83 | BLASZKIEWICZ BOGUSZ | 6195 | STR POZNAŃ/DZIKIE BOBRY | LUSOWO | POL | SENIOR II M - 30 | 45 | M 75 | 01:05:11 | 01:56:34 | | | 04:04:35.30 | 7:24 | 8.1 |
| 84 | CZAK TOMASZ | 6169 | MULTIFIT | KĘDZIERZYN- KOŹLE | POL | MASTERS M - 40 | 14 | M 76 | 01:05:07 | 01:55:36 | 02:50:59 | | 04:04:47.60 | 7:25 | 8.1 |
| 85 | ŻYŁKA PAWEŁ | 6367 | | OPOLE | POL | MASTERS M - 40 | 15 | M 77 | 01:06:49 | 01:59:30 | 03:00:15 | | 04:04:49.50 | 7:25 | 8.1 |
| 86 | BURYŁO KRZYSZTOF | 6125 | OBORYGENI | OBORNIKI ŚLĄSKIE | POL | SENIOR I M - 20 | 14 | M 78 | 01:02:30 | 01:50:23 | 02:48:25 | | 04:04:56.85 | 7:25 | 8.1 |
| 87 | MŁYNARSKI MATEUSZ | 6140 | | WROCLAW | POL | SENIOR II M - 30 | 46 | M 79 | 01:05:50 | 01:53:13 | 02:51:41 | | 04:05:34.35 | 7:26 | 8.1 |
| 88 | LIPIŃSKI HUBERT | 6214 | KS KANAŁEK | WARSZAWA | POL | SENIOR II M - 30 | 47 | M 80 | 01:07:40 | 01:58:44 | 02:58:08 | | 04:05:46.45 | 7:26 | 8.1 |
| 89 | SZARANIEC SEBASTIAN | 6251 | T-MOBILE SPORT TEAM | WARSZAWA | POL | MASTERS M - 40 | 16 | M 81 | 01:04:39 | 01:53:04 | 02:51:48 | | 04:06:17.90 | 7:27 | 8 |
| 90 | BATOR MICHAŁ | 6179 | #OJCIECNAGIGANCIE | NADOLICE WIELKIE | POL | SENIOR II M - 30 | 48 | M 82 | 01:03:54 | | 02:51:23 | | 04:07:09.15 | 7:29 | 8 |
| 91 | KOŁARZYK JUSTYNA | 6332 | | WROCŁAW | POL | SENIOR II K - 30 | 8 | K 9 | 01:07:41 | 02:01:10 | 02:59:30 | | 04:07:35.80 | 7:30 | 8 |
| 92 | ORCZYKOWSKI BOGDAN | 6280 | | NAWOJOWA | POL | SENIOR I M - 20 | 15 | M 83 | 01:09:23 | 01:59:24 | 02:55:59 | | 04:07:38.20 | 7:30 | 8 |
| 93 | SZAŁAŚNY PIOTR | 6170 | TESTYOUTDOOROWE.PL | KOBIÓR | POL | SENIOR II M - 30 | 49 | M 84 | 01:09:45 | 02:03:04 | 03:00:10 | | 04:08:14.00 | 7:31 | 8 |
| 94 | URBAŃSKI MICHAŁ | 6016 | FLUNKYBALL TEAM LĄDEK-ZDRÓJ | LĄDEK-ZDRÓJ | GBR | SENIOR II M - 30 | 50 | M 85 | 01:08:30 | 01:59:49 | 02:59:15 | | 04:08:18.40 | 7:31 | 8 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 95 | PACIA SEBASTIAN | 6154 | | ŁAŃCUT | POL | MASTERS M - 40 | 17 | M 86 | 01:10:23 | 02:02:50 | 02:58:51 | | 04:08:46.90 | 7:32 | 8 |
| 96 | MĘŻYKOWSKI MICHAŁ | 6388 | | WARSZAWA | POL | MASTERS M - 40 | 18 | M 87 | 01:05:40 | 01:55:24 | 02:54:46 | | 04:09:13.95 | 7:33 | 7.9 |
| 97 | KOTYRBA TOMASZ | 6036 | K_T_R_B | KATOWICE | POL | SENIOR II M - 30 | 51 | M 88 | 01:05:57 | 01:55:22 | 02:45:29 | 00:20:00 | 04:09:51.00 | 6:57 | 8.6 |
| 98 | ŻAKOWSKI KAROL | 6056 | PORT RELAKS CREW | POZNAŃ | POL | MASTERS M - 40 | 19 | M 89 | 01:07:43 | 01:56:53 | 03:04:00 | | 04:10:27.00 | 7:35 | 7.9 |
| 99 | STROZEK BARTEK | 6264 | | WROCLAW | POL | MASTERS M - 40 | 20 | M 90 | 01:07:37 | 01:55:51 | 02:57:19 | | 04:11:15.00 | 7:36 | 7.9 |
| 100 | MAGDA KATARZYNA | 6161 | | RZESZÓW | POL | MASTERS K - 40 | 2 | K 10 | 01:08:19 | 02:01:06 | 03:02:35 | | 04:12:25.30 | 7:38 | 7.8 |
| 101 | POLAŃSKI BARTOSZ | 6192 | | WROCŁAW | POL | SENIOR II M - 30 | 52 | M 91 | 01:04:48 | 01:55:54 | 02:55:21 | | 04:14:06.50 | 7:42 | 7.8 |
| 102 | NIEKRAŚ LIDIA | 6385 | | KŁODZKO | POL | MASTERS K - 40 | 3 | K 11 | 01:01:40 | 01:46:03 | 02:37:45 | | 04:14:09.95 | 7:42 | 7.8 |
| 103 | GRABOWSKI ARTII | 6394 | | KRAKÓW | POL | MASTERS M - 40 | 21 | M 92 | 01:06:25 | 02:00:57 | 03:01:48 | | 04:14:40.90 | 7:43 | 7.8 |
| 104 | KAYSIEWICZ MACIEJ | 6141 | NATURAL BORN RUNNERS TEAM | POZNAŃ | POL | MASTERS M - 40 | 22 | M 93 | 01:06:12 | 02:01:45 | 03:01:01 | | 04:15:13.95 | 7:44 | 7.8 |
| 105 | PONIATOWSKI SEWERYN | 6034 | TEBIA RUNNERS | WROCŁAW | POL | SENIOR II M - 30 | 53 | M 94 | 01:09:55 | 02:03:00 | 03:02:16 | | 04:15:26.10 | 7:44 | 7.8 |
| 106 | HACZ PAWEŁ | 6386 | | KROSNO | POL | SENIOR II M - 30 | 54 | M 95 | 01:09:15 | 02:01:57 | 03:01:26 | | 04:15:48.35 | 7:45 | 7.7 |
| 107 | RĘKOSIEWICZ JAKUB | 6351 | NOVITA | ZIELONA GÓRA | POL | MASTERS M - 40 | 23 | M 96 | 01:06:17 | 02:01:31 | 03:05:11 | | 04:18:01.40 | 7:49 | 7.7 |
| 108 | GRZEGOREK GRZEGORZ | 6327 | KLUB BIEGACZA KĄTY WROCŁAWSKIE | KĄTY WROCŁAWSKIE | POL | MASTERS M - 40 | 24 | M 97 | | 01:58:00 | | | 04:18:06.35 | 7:49 | 7.7 |
| 109 | BIEGAŃSKI MACIEJ | 6242 | ORTOSPOT | POZNAŃ | POL | SENIOR II M - 30 | 55 | M 98 | 01:09:04 | 02:00:33 | 03:01:53 | | 04:18:13.55 | 7:49 | 7.7 |
| 110 | WANKIEWICZ KRZYSZTOF | 6268 | | JELCZ-LASKOWICE | POL | MASTERS M - 40 | 25 | M 99 | 01:10:35 | | 03:05:02 | | 04:18:19.65 | 7:49 | 7.7 |
| 111 | MAKOCKI MICHAL | 6162 | FORMOSA BEARS | SZCZECIN | POL | MASTERS M - 40 | 26 | M 100 | 01:12:41 | 02:08:29 | 03:05:41 | | 04:18:32.20 | 7:50 | 7.7 |
| 112 | MUTRYNOWSKI PIOTR | 6155 | | WROCŁAW | POL | MASTERS M - 40 | 27 | M 101 | 01:14:40 | 02:06:46 | 03:11:05 | | 04:18:52.00 | 7:50 | 7.6 |
| 113 | KRZYŚKÓW PIOTR | 6012 | | WROCŁAW | POL | SENIOR II M - 30 | 56 | M 102 | 01:07:12 | 02:00:06 | 03:00:58 | | 04:19:02.65 | 7:50 | 7.6 |
| 114 | KILIAN MATEUSZ | 6078 | JÓZEFIŃSKA TEAM | KRAKÓW | POL | SENIOR II M - 30 | 57 | M 103 | 01:01:24 | 01:48:59 | 02:53:18 | | 04:20:33.80 | 7:53 | 7.6 |
| 115 | KONICA KARINA | 6254 | | ZDZIESZOWICE | POL | SENIOR I K - 20 | 1 | K 12 | 01:14:43 | 02:10:43 | 03:07:50 | | 04:20:41.45 | 7:54 | 7.6 |
| 116 | PODWÓJCI MICHAŁ | 6265 | #BIEGAJZESLAWKIEM | SKÓRZEWO | POL | SENIOR II M - 30 | 58 | M 104 | 01:08:43 | 01:59:40 | 03:08:06 | | 04:22:11.40 | 7:56 | 7.6 |
| 117 | HOFMAN JAKUB | 6339 | | WARSZAWA | POL | MASTERS M - 40 | 28 | M 105 | 01:09:50 | | 03:08:03 | | 04:22:11.80 | 7:56 | 7.6 |
| 118 | WALCZAK ADELA | 6363 | CURLING ŁÓDŹ | ŁÓDŹ | POL | SENIOR II K - 30 | 9 | K 13 | 01:13:59 | 02:09:48 | 03:10:25 | | 04:22:35.80 | 7:57 | 7.5 |
| 119 | MAĆKOWSKI MATEUSZ | 6065 | NATURAL BORN COFFEE LOVERS | POZNAŃ | POL | MASTERS M - 40 | 29 | M 106 | 01:13:10 | 02:09:24 | 03:11:20 | | 04:23:07.80 | 7:58 | 7.5 |
| 120 | SOKOLOWSKI ADAM | 6030 | | WROCŁAW | POL | SENIOR II M - 30 | 59 | M 107 | 01:06:26 | 02:00:36 | 03:04:40 | | 04:25:32.90 | 8:02 | 7.5 |
| 121 | CĄKAŁA ZUZANNA | 6343 | ZAŁOGA GÓRSKA | LUBIN | POL | SENIOR I K - 20 | 2 | K 14 | 01:11:21 | 02:05:21 | 03:10:40 | | 04:26:05.15 | 8:03 | 7.4 |
| 122 | SWATOWSKI TOMASZ | 6326 | KLUB BIEGACZA KĄTY WROCŁAWSKIE | KĄTY WROCŁAWSKIE | POL | SENIOR II M - 30 | 60 | M 108 | 01:07:20 | 01:57:41 | 03:12:51 | | 04:26:33.55 | 8:04 | 7.4 |
| 123 | JÓŹWIAK MICHAŁ | 6372 | | KÓRNIK | POL | MASTERS M - 40 | 30 | M 109 | 01:12:42 | 02:05:45 | 03:07:21 | | 04:27:28.30 | 8:06 | 7.4 |
| 124 | KUBAS KRYSTIAN | 6101 | PRUSZCZBIEGA/STRASZYNULTRATEAM | PRUSZCZ GDANSKI | POL | SENIOR II M - 30 | 61 | M 110 | 01:12:17 | 02:08:00 | 03:03:08 | | 04:27:39.40 | 8:06 | 7.4 |
| 125 | NIKOLIN ANDRZEJ | 6121 | | WROCŁAW (WROCŁAW-KRZYKI) | POL | SENIOR I M - 20 | 16 | M 111 | 01:08:42 | 02:01:26 | 03:09:20 | | 04:27:59.85 | 8:07 | 7.4 |
| 126 | HOŁYST MARCIN | 6379 | CENTRUM FORMY 58100 | MARCINOWICE | POL | SENIOR II M - 30 | 62 | M 112 | 01:06:52 | 02:00:45 | 03:03:07 | | 04:28:54.40 | 8:08 | 7.4 |
| 127 | NOWAKOWSKI KAROL | 6120 | | JEDLIŃSK | POL | SENIOR II M - 30 | 63 | M 113 | 01:14:14 | 02:12:30 | 03:16:55 | | 04:28:59.00 | 8:09 | 7.4 |
| 128 | ZIELIŃSKI DOMINIK | 6329 | | ŚREM | POL | SENIOR II M - 30 | 64 | M 114 | 01:10:45 | 02:06:32 | 03:10:04 | | 04:30:12.15 | 8:11 | 7.3 |
| 129 | BYCZKOWSKI DARIUSZ | 6061 | | LEGNICA | POL | SENIOR II M - 30 | 65 | M 115 | 01:12:20 | 02:06:53 | 03:10:25 | | 04:30:17.00 | 8:11 | 7.3 |
| 130 | GROZIK MICHAŁ | 6176 | PORANNI BIEGACZE | GAJKÓW | POL | WETERAN I M - 50 | 4 | M 116 | 01:08:29 | 02:03:26 | 03:08:30 | | 04:30:33.55 | 8:11 | 7.3 |
| 131 | MARECKI GRZEGORZ | 6231 | KRAPKOWICE BIEGA | KRAPKOWICE | POL | MASTERS M - 40 | 31 | M 117 | 01:10:11 | 02:05:29 | 03:11:10 | | 04:30:43.30 | 8:12 | 7.3 |
| 132 | ORDYNIEC SŁAWOMIR | 6311 | KB LEROY MERLIN | ŚWIDNICA | POL | SENIOR I M - 20 | 17 | M 118 | 01:06:36 | 01:57:51 | 02:55:13 | | 04:30:59.20 | 8:12 | 7.3 |
| 133 | WOJTKOWIAK MARTA | 6270 | | WARSZAWA | POL | SENIOR II K - 30 | 10 | K 15 | 01:16:04 | 02:12:29 | 03:14:07 | | 04:31:42.10 | 8:14 | 7.3 |
| 134 | KRUKOWSKI ŁUKASZ | 6067 | MKS SIECHNICE | GROBLICE | POL | SENIOR II M - 30 | 66 | M 119 | 01:12:53 | 02:11:14 | 03:18:23 | | 04:34:31.75 | 8:19 | 7.2 |
| 135 | POLACZEK DANIEL | 6127 | IZBICKO W BIEGU | OTMICE | POL | SENIOR I M - 20 | 18 | M 120 | 01:10:53 | 02:03:15 | 03:10:14 | | 04:34:46.70 | 8:19 | 7.2 |
| 136 | WALEŃSKI MACIEJ | 6004 | | PIASKI | POL | SENIOR II M - 30 | 67 | M 121 | 01:09:45 | 02:08:30 | 03:15:27 | | 04:35:29.95 | 8:20 | 7.2 |
| 137 | DREAS JAKUB | 6263 | WĘDZIKOWSKITEAM / DZIKIE BOBRY | RYBITWY | POL | SENIOR II M - 30 | 68 | M 122 | 01:13:13 | 02:09:44 | 03:16:49 | | 04:35:54.55 | 8:21 | 7.2 |
| 138 | MARIN IRIGARAY ALBERTO | 6075 | | ALMERÍA | ESP | SENIOR II M - 30 | 69 | M 123 | 01:14:08 | 02:08:18 | 03:16:57 | | 04:36:41.20 | 8:23 | 7.2 |
| 139 | PAŻUCHA WOJCIECH | 6330 | | LUSÓWKO | POL | MASTERS M - 40 | 32 | M 124 | 01:08:50 | 02:02:45 | 03:19:24 | | 04:36:58.35 | 8:23 | 7.1 |
| 140 | KOŁODZIEJ MARIUSZ | 6054 | TMTEAM | LEGNICA | POL | MASTERS M - 40 | 33 | M 125 | 01:12:10 | | 03:17:45 | | 04:39:18.40 | 8:27 | 7.1 |
| 141 | PÓŁROLNICZAK PAWEL | 6340 | | ŁUBNIANY | POL | SENIOR II M - 30 | 70 | M 126 | 01:20:01 | 02:19:27 | 03:19:04 | | 04:40:43.85 | 8:30 | 7.1 |
| 142 | STRZELCZYK WIKTOR | 6102 | CARPATHIAN RUNNERS | RZESZÓW | POL | SENIOR II M - 30 | 71 | M 127 | 01:15:46 | 02:16:47 | 03:22:13 | | 04:40:50.75 | 8:30 | 7.1 |
| 143 | BARTOSIEWICZ ADAM | 6365 | | GRYFINO | POL | MASTERS M - 40 | 34 | M 128 | 01:15:48 | 02:12:19 | 03:20:10 | | 04:41:23.30 | 8:31 | 7 |
| 144 | GŁÓWKA MACIEJ | 6014 | ISOFIT.PL | KARWIANY | POL | SENIOR II M - 30 | 72 | M 129 | 01:18:05 | | 03:25:51 | | 04:41:56.40 | 8:32 | 7 |
| 145 | TALAREK ROBERT | 6335 | SMT SZCZECIN | SZCZECIN | POL | MASTERS M - 40 | 35 | M 130 | 01:13:58 | 02:11:39 | 03:16:44 | | 04:42:07.35 | 8:32 | 7 |
| 146 | PERENC MICHAŁ | 6184 | CARPATHIAN RUNNERS | JAROSŁAW | POL | SENIOR I M - 20 | 19 | M 131 | 01:20:46 | 02:21:10 | 03:23:53 | | 04:42:57.15 | 8:34 | 7 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 147 | MISIAK ARTUR | 6356 | | STRONIE ŚLĄSKIE | POL | WETERAN I M - 50 | 5 | M 132 | 01:12:42 | 02:10:22 | 03:19:57 | | 04:43:25.65 | 8:35 | 7 |
| 148 | MACHTAŁOWICZ SZYMON | 6022 | | ŁÓDŹ | POL | SENIOR II M - 30 | 73 | M 133 | 01:16:53 | 02:17:43 | 03:25:20 | | 04:43:45.85 | 8:35 | 7 |
| 149 | KRZESZOWIEC JACEK | 6077 | | WROCŁAW | POL | MASTERS M - 40 | 36 | M 134 | 01:13:03 | 02:11:18 | 03:20:33 | | 04:43:56.15 | 8:36 | 7 |
| 150 | JAŹWIŃSKI KRZYSZTOF | 6098 | ROZBIEGANI ŻYCHLIN | ŻYCHLIN | POL | MASTERS M - 40 | 37 | M 135 | 01:17:03 | 02:17:47 | 03:25:30 | | 04:44:12.05 | 8:36 | 7 |
| 151 | ZWOLIŃSKI MARIUSZ | 6165 | | WARSZAWA | POL | MASTERS M - 40 | 38 | M 136 | 01:12:31 | 02:10:36 | 03:17:07 | | 04:44:32.85 | 8:37 | 7 |
| 152 | DUPLA KONRAD | 6341 | | WROCŁAW | POL | MASTERS M - 40 | 39 | M 137 | 01:10:13 | 02:08:07 | 03:17:00 | | 04:44:42.95 | 8:37 | 7 |
| 153 | KSIĄDZ KAROL | 6213 | | KRYRY | POL | SENIOR II M - 30 | 74 | M 138 | 01:19:21 | 02:15:21 | 03:25:17 | | 04:45:06.90 | 8:38 | 6.9 |
| 154 | RYCHLEWICZ TOMASZ | 6019 | | WROCŁAW | POL | SENIOR II M - 30 | 75 | M 139 | 01:10:50 | 02:08:55 | 03:22:48 | | 04:45:11.45 | 8:38 | 6.9 |
| 155 | WOJTOWICZ KAROLINA | 6338 | | POZNAŃ | POL | SENIOR II K - 30 | 11 | K 16 | 01:12:49 | 02:07:45 | 03:15:00 | | 04:45:25.95 | 8:38 | 6.9 |
| 156 | WOJCIECHOWSKA DOROTA | 6150 | | OLEŚNICA | POL | MASTERS K - 40 | 4 | K 17 | 01:15:35 | 02:12:37 | 03:21:09 | | 04:46:02.20 | 8:40 | 6.9 |
| 157 | KARCZ TOMASZ | 6393 | | WROCŁAW | POL | MASTERS M - 40 | 40 | M 140 | 01:10:06 | 02:07:59 | 03:14:48 | | 04:46:14.10 | 8:40 | 6.9 |
| 158 | PASZKE MACIEJ | 6235 | SKALPEL | TORUŃ | POL | SENIOR II M - 30 | 76 | M 141 | | 02:16:46 | 03:28:13 | | 04:46:24.70 | 8:40 | 6.9 |
| 159 | PIWKO MATEUSZ | 6138 | | SZCZECIN | POL | SENIOR II M - 30 | 77 | M 142 | 01:14:18 | 02:10:01 | 03:25:33 | | 04:46:32.45 | 8:40 | 6.9 |
| 160 | HUBKA JERZY | 6306 | ZABRZAŃSKIE PARKOWE BIEGANIE | ZABRZE | POL | WETERAN I M - 50 | 6 | M 143 | 01:16:51 | 02:16:54 | 03:28:34 | | 04:46:42.70 | 8:41 | 6.9 |
| 161 | RESZKA MAREK | 6026 | | LUBLIN | POL | SENIOR II M - 30 | 78 | M 144 | 01:10:58 | 02:06:47 | 03:32:25 | | 04:47:03.00 | 8:41 | 6.9 |
| 162 | TYLKOWSKI FILIP | 6285 | | WROCŁAW | POL | SENIOR I M - 20 | 20 | M 145 | 01:11:42 | 02:05:26 | 03:15:54 | | 04:47:10.15 | 8:42 | 6.9 |
| 163 | PIĄTKIEWICZ ŁUKASZ | 6094 | TOUR DE ZBÓJ | RADZISZÓW | POL | SENIOR II M - 30 | 79 | M 146 | 01:16:48 | 02:15:50 | 03:26:04 | | 04:47:29.05 | 8:42 | 6.9 |
| 164 | WALENDA MATEUSZ | 6240 | KS KANAŁEK | GARWOLIN | POL | SENIOR II M - 30 | 80 | M 147 | 01:08:19 | 02:09:37 | 03:20:59 | | 04:48:25.05 | 8:44 | 6.9 |
| 165 | ZABŁOCKI MATEUSZ | 6071 | | WIELUŃ | POL | SENIOR II M - 30 | 81 | M 148 | 01:18:19 | 02:18:12 | 03:27:22 | | 04:49:25.85 | 8:46 | 6.8 |
| 166 | WALCZAK AGNIESZKA | 6146 | OLKUSZBIEGA | BOLESŁAW | POL | MASTERS K - 40 | 5 | K 18 | 01:15:18 | 02:12:06 | 03:27:33 | | 04:49:51.65 | 8:47 | 6.8 |
| 167 | ŁUBIK RENATA | 6199 | PRO-RUN WROCŁAW | KIEŁCZÓW | POL | WETERAN K - 50 | 1 | K 19 | 01:20:27 | | 03:27:42 | | 04:50:09.05 | 8:47 | 6.8 |
| 168 | NESTEREWICZ RYSZARD | 6204 | LKS ISKRA JASZKOWA | KŁODZKO | POL | WETERAN II M - 60 | 2 | M 149 | 01:11:18 | 02:07:37 | 03:26:05 | | 04:51:14.50 | 8:49 | 6.8 |
| 169 | KURCZEK TOMASZ | 6290 | | GLIWICE | POL | MASTERS M - 40 | 41 | M 150 | 01:16:07 | 02:14:35 | 03:26:16 | | 04:51:40.95 | 8:50 | 6.8 |
| 170 | TOMCZYK ANGELIKA | 6312 | ZABRZAŃSKIE PARKOWE BIEGANIE | ZABRZE | POL | SENIOR II K - 30 | 12 | K 20 | 01:21:58 | 02:23:19 | 03:33:13 | | 04:52:15.95 | 8:51 | 6.8 |
| 171 | KOTKIEWICZ KAROL | 6066 | LOTOS RUNNING TEAM | GDAŃSK | POL | SENIOR II M - 30 | 82 | M 151 | 01:12:15 | 02:12:27 | 03:26:22 | | 04:52:27.50 | 8:51 | 6.8 |
| 172 | VON OSSOWSKA ALEKSANDRA VON OSSOWSKA | 6139 | TJ | POZNAŃ | POL | SENIOR II K - 30 | 13 | K 21 | 01:22:47 | 02:23:51 | 03:35:13 | | 04:52:31.15 | 8:51 | 6.8 |
| 173 | KNEBLOCH KASPER | 6362 | DZIK KOMANDO | ŁÓDŹ | POL | SENIOR II M - 30 | 83 | M 152 | 01:16:03 | 02:13:08 | 03:27:55 | | 04:53:25.85 | 8:53 | 6.7 |
| 174 | JĘCZMIEŃ MARLENA | 6097 | CENTRUM FORMY 58100 | ŚWIDNICA | POL | SENIOR II K - 30 | 14 | K 22 | 01:19:37 | 02:23:02 | 03:33:18 | | 04:54:08.95 | 8:54 | 6.7 |
| 175 | KANTOREK PIOTR | 6060 | | SKIERNIEWICE | POL | MASTERS M - 40 | 42 | M 153 | 01:18:11 | 02:12:59 | 03:26:50 | | 04:55:01.65 | 8:56 | 6.7 |
| 176 | SZCZEPAŃSKA-BUDA ANNA | 6074 | | WROCŁAW | POL | SENIOR II K - 30 | 15 | K 23 | 01:19:07 | | 03:32:35 | | 04:55:09.50 | 8:56 | 6.7 |
| 177 | KNEZEVIC SRDJAN | 6123 | | LJUBLJANA | SLO | MASTERS M - 40 | 43 | M 154 | 01:18:23 | 02:13:15 | 03:27:02 | | 04:55:14.00 | 8:56 | 6.7 |
| 178 | BIERNACKA KASIA | 6286 | | WARSZAWA | POL | WETERAN K - 50 | 2 | K 24 | 01:17:31 | 02:17:44 | 03:31:07 | | 04:55:32.55 | 8:57 | 6.7 |
| 179 | STASZEWSKI DARIUSZ | 6198 | | TOMASZÓW MAZOWIECKI | POL | SENIOR II M - 30 | 84 | M 155 | 01:20:38 | 02:22:27 | 03:35:09 | | 04:56:18.65 | 8:58 | 6.7 |
| 180 | HAŁA MARTA | 6278 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS K - 40 | 6 | K 25 | 01:23:14 | | 03:29:48 | | 04:56:55.65 | 8:59 | 6.7 |
| 181 | PILC ANNA | 6267 | | TARNOWO PODGORNE | POL | SENIOR II K - 30 | 16 | K 26 | 01:23:26 | 02:19:12 | 03:30:00 | | 04:57:06.95 | 9:00 | 6.7 |
| 182 | BEDNARCZYK PAWEŁ | 6084 | PZU SPORT TEAM | BABKI | POL | MASTERS M - 40 | 44 | M 156 | 01:12:51 | 02:11:50 | 03:23:34 | | 04:57:17.00 | 9:00 | 6.7 |
| 183 | CHMURKO MICHAŁ | 6246 | BLACKSHEEPTEAM | GLIWICE | POL | SENIOR II M - 30 | 85 | M 157 | 01:17:37 | 02:18:43 | 03:32:02 | | 04:57:19.95 | 9:00 | 6.7 |
| 184 | STANIEK SŁAWOMIR | 6245 | BST | RYBNIK | POL | MASTERS M - 40 | 45 | M 158 | 01:17:46 | 02:18:47 | 03:32:13 | | 04:57:29.75 | 9:00 | 6.7 |
| 185 | NOWAK SEBASTIAN | 6357 | | ŚWIĘTA KATARZYNA | POL | MASTERS M - 40 | 46 | M 159 | 01:19:30 | 02:19:55 | 03:34:13 | | 04:58:08.15 | 9:02 | 6.6 |
| 186 | JANCZAK PIOTR | 6358 | | ŻERNIKI WROCŁAWSKIE | POL | MASTERS M - 40 | 47 | M 160 | 01:19:23 | 02:19:41 | 03:34:04 | | 04:58:17.40 | 9:02 | 6.6 |
| 187 | FRĄCKOWIAK DARIUSZ | 6168 | | GOSTYŃ | POL | SENIOR II M - 30 | 86 | M 161 | 01:09:35 | 02:09:23 | 03:18:34 | | 04:58:33.35 | 9:02 | 6.6 |
| 188 | KRASUSKI MARCIN | 6227 | MARCIN KRASUSKI | WARSZAWA | POL | SENIOR II M - 30 | 87 | M 162 | 01:16:19 | 02:15:13 | 03:28:02 | | 04:58:57.00 | 9:03 | 6.6 |
| 189 | WOLEK JERZY | 6234 | | TYCHY | POL | WETERAN II M - 60 | 3 | M 163 | 01:18:38 | | 03:32:34 | | 05:00:46.90 | 9:06 | 6.6 |
| 190 | RELEWICZ MACIEJ | 6021 | WOLNE ŚLIMAKI | POZNAŃ | POL | MASTERS M - 40 | 48 | M 164 | 01:22:02 | 02:22:11 | 03:34:40 | | 05:01:27.80 | 9:08 | 6.6 |
| 191 | SKOCZEK PRZEMYSŁAW | 6233 | | WARSZAWA | POL | SENIOR II M - 30 | 88 | M 165 | 01:12:42 | 02:13:46 | 03:32:52 | | 05:01:42.65 | 9:08 | 6.6 |
| 192 | ZALIŃSKI LESZEK | 6189 | | WROCŁAW | POL | SENIOR II M - 30 | 89 | M 166 | 01:15:26 | | 03:29:22 | | 05:03:02.50 | 9:11 | 6.5 |
| 193 | NEUMANN JACEK | 6355 | CENTRUM ŁĄKOWA 1 | RADKÓW | POL | WETERAN I M - 50 | 7 | M 167 | 01:22:01 | 02:25:29 | 03:34:32 | | 05:03:22.50 | 9:11 | 6.5 |
| 194 | WALCZAK DARIUSZ | 6144 | OLKUSZBIEGA | BOLESŁAW | POL | MASTERS M - 40 | 49 | M 168 | 01:18:50 | 02:24:24 | 03:39:43 | | 05:05:07.55 | 9:14 | 6.5 |
| 195 | RYSZCZYK ADAM | 6354 | RUN2BFREE | RYBNIK | POL | MASTERS M - 40 | 50 | M 169 | 01:29:19 | 02:28:51 | 03:39:19 | | 05:05:52.45 | 9:16 | 6.5 |
| 196 | HELIOSZ ADAM | 6353 | RUN2BFREE | RYBNIK | POL | MASTERS M - 40 | 51 | M 170 | 01:29:30 | 02:28:57 | 03:39:32 | | 05:06:01.90 | 9:16 | 6.5 |
| 197 | SZELĄGIEWICZ AREK | 6175 | | SZCZECIN | POL | MASTERS M - 40 | 52 | M 171 | 01:19:43 | 02:22:47 | 03:38:51 | | 05:06:11.20 | 9:16 | 6.5 |
| 198 | GIERASIMOWICZ SZYMON | 6239 | TOTALSPORT.PL | DOBRA | POL | MASTERS M - 40 | 53 | M 172 | 01:22:14 | 02:24:09 | 03:37:44 | | 05:06:11.65 | 9:16 | 6.5 |
| 199 | MAJ MAREK | 6151 | ŚLĘZAK TEAM | WROCŁAW | POL | MASTERS M - 40 | 54 | M 173 | 01:20:41 | 02:23:23 | 03:37:49 | | 05:06:27.55 | 9:17 | 6.5 |
| 200 | KRZYŻEWSKI ROGER | 6136 | INDYWIDUALNA PRAKTYKA LEKARSKA ROGER KRZYŻEWSKI | KRAKÓW | POL | SENIOR II M - 30 | 90 | M 174 | 01:21:08 | 02:21:59 | 03:39:45 | | 05:06:50.60 | 9:17 | 6.5 |
| 201 | KAMYSZ ROBERT | 6292 | KLUB WYSKOGÓRSKI KRAKÓW | KRAKÓW | POL | WETERAN I M - 50 | 8 | M 175 | 01:19:15 | 02:19:14 | 03:34:18 | | 05:07:22.95 | 9:18 | 6.4 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 202 | LEWANDOWSKI LESZEK | 6323 | POWSTAŃCY Z KANAPY | BRZEZINA | POL | MASTERS M - 40 | 55 | M 176 | 01:24:05 | 02:28:56 | 03:44:13 | | 05:07:44.50 | 9:19 | 6.4 |
| 203 | TRZASKACZ TOMASZ | 6347 | OBORYGENI | TRZEBNICA | POL | MASTERS M - 40 | 56 | M 177 | 01:31:50 | 02:30:14 | 03:38:28 | | 05:08:25.45 | 9:20 | 6.4 |
| 204 | ZIÓŁKOWSKI PIOTR | 6105 | | BRUKSELA | BEL | MASTERS M - 40 | 57 | M 178 | 01:21:17 | 02:22:20 | 03:37:33 | | 05:08:28.55 | 9:20 | 6.4 |
| 205 | CZERNIAK TOBIASZ | 6250 | | KRAPKOWICE | POL | SENIOR II M - 30 | 91 | M 179 | 01:10:35 | 02:08:36 | 03:32:45 | | 05:10:29.70 | 9:24 | 6.4 |
| 206 | BRONOWSKA JUSTYNA | 6122 | TUPTAM.PL | BIELSKO-BIAŁA | POL | MASTERS K - 40 | 7 | K 27 | 01:23:47 | 02:26:28 | 03:44:14 | | 05:10:39.30 | 9:24 | 6.4 |
| 207 | JOŃCZYK ANNA | 6070 | | OZIMEK | POL | SENIOR II K - 30 | 17 | K 28 | 01:24:56 | 02:27:05 | 03:40:27 | | 05:10:54.60 | 9:25 | 6.4 |
| 208 | POLAŃSKI MATEUSZ | 6361 | | SPALICE | POL | SENIOR II M - 30 | 92 | M 180 | 01:15:35 | 02:17:01 | 03:37:05 | | 05:12:11.05 | 9:27 | 6.3 |
| 209 | TOMASZEWSKI WOJCIECH | 6346 | | KUDOWA ZDRÓJ | POL | SENIOR I M - 20 | 21 | M 181 | 01:22:08 | 02:29:35 | 03:44:43 | | 05:12:13.35 | 9:27 | 6.3 |
| 210 | KURZYNIEC ŁUKASZ | 6197 | | WROCŁAW | POL | SENIOR II M - 30 | 93 | M 182 | 01:33:04 | | 03:46:31 | | 05:16:16.05 | 9:35 | 6.3 |
| 211 | DOBOSZ LESZEK | 6133 | | POZNAŃ | POL | SENIOR II M - 30 | 94 | M 183 | 01:23:51 | 02:30:18 | 03:41:50 | | 05:16:52.70 | 9:36 | 6.2 |
| 212 | PILARSKA MAGDALENA | 6324 | STR POZNAN | POZNAN | POL | SENIOR II K - 30 | 18 | K 29 | 01:22:46 | 02:27:28 | 03:41:39 | | 05:17:03.35 | 9:36 | 6.2 |
| 213 | WALASZCZYK MICHALINA | 6258 | @HAPPYMUMOF4KIDS | GNIEZNO | POL | SENIOR II K - 30 | 19 | K 30 | 01:26:18 | 02:30:38 | 03:45:33 | | 05:17:10.60 | 9:36 | 6.2 |
| 214 | MATYLA ROMAN | 6193 | | WROCŁAW | POL | SENIOR II M - 30 | 95 | M 184 | | 02:36:15 | | | 05:17:56.00 | 9:38 | 6.2 |
| 215 | GODLEWSKI ADAM | 6236 | SKALPEL | PŁOCK | POL | SENIOR II M - 30 | 96 | M 185 | 01:18:04 | 02:23:06 | 03:37:00 | | 05:18:26.20 | 9:38 | 6.2 |
| 216 | DOMOSŁAWSKA JOANNA | 6191 | | WROCŁAW | POL | MASTERS K - 40 | 8 | K 31 | 01:20:53 | 02:23:51 | 03:44:00 | | 05:18:41.30 | 9:39 | 6.2 |
| 217 | KOPACKA ELIZA | 6015 | | WAŁBRZYCH | POL | SENIOR II K - 30 | 20 | K 32 | 01:21:07 | 02:24:49 | 03:44:19 | | 05:19:18.25 | 9:40 | 6.2 |
| 218 | KRAJEWSKA AGATA | 6366 | | OŁAWA | POL | MASTERS K - 40 | 9 | K 33 | 01:27:27 | 02:30:13 | 03:46:31 | | 05:19:49.45 | 9:41 | 6.2 |
| 219 | CHWALISZ PAWEŁ | 6190 | | WROCŁAW | POL | MASTERS M - 40 | 58 | M 186 | 01:18:39 | 02:19:54 | 03:41:25 | | 05:20:00.50 | 9:41 | 6.2 |
| 220 | HAWRYLISZYN JAN | 6194 | | ŁOZINA | POL | SENIOR II M - 30 | 97 | M 187 | 01:26:04 | 02:36:59 | 03:50:41 | | 05:21:42.35 | 9:44 | 6.2 |
| 221 | GRUSZKA ANNA | 6186 | | PLEWISKA | POL | MASTERS K - 40 | 10 | K 34 | 01:26:13 | 02:36:17 | 03:51:05 | | 05:21:51.05 | 9:45 | 6.2 |
| 222 | KWIECIEŃ ROBERT | 6085 | | KIELCE | POL | MASTERS M - 40 | 59 | M 188 | 01:21:24 | 02:25:57 | 03:46:10 | | 05:22:30.25 | 9:46 | 6.1 |
| 223 | STEFANIAK MARCIN | 6011 | STR POZNAŃ/PREFAWAAB | DĄBRÓWKA | POL | MASTERS M - 40 | 60 | M 189 | 01:17:55 | 02:23:15 | 03:38:39 | | 05:22:30.35 | 9:46 | 6.1 |
| 224 | RYPUŁA MARIA | 6063 | ZEN RUNNING TEAM | BOJSZOWY | POL | SENIOR II K - 30 | 21 | K 35 | 01:22:18 | 02:25:24 | 03:50:13 | | 05:23:27.45 | 9:48 | 6.1 |
| 225 | SOBORSKA SYLWIA | 6208 | SAINT GOBAIN SQUAD | OLKUSZ | POL | MASTERS K - 40 | 11 | K 36 | 01:27:21 | 02:34:56 | 03:48:42 | | 05:25:09.85 | 9:51 | 6.1 |
| 226 | SNIEGOCKI PAWEL | 6145 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS M - 40 | 61 | M 190 | 01:26:51 | 02:31:17 | 03:54:18 | | 05:25:13.70 | 9:51 | 6.1 |
| 227 | WIŚNIEWSKI TOMASZ | 6032 | | ALEKSANDRÓW KUJAWSKI | POL | MASTERS M - 40 | 62 | M 191 | 01:21:13 | 02:29:06 | 03:51:07 | | 05:25:53.40 | 9:52 | 6.1 |
| 228 | CZARNIECKI DANIEL | 6171 | TIE | POLANICA-ZDRÓJ | POL | SENIOR II M - 30 | 98 | M 192 | 01:21:19 | 02:25:49 | 03:49:00 | | 05:26:19.95 | 9:53 | 6.1 |
| 229 | ŻMIJEWSKA DOMINIKA | 6108 | TSK ORZEŁ OSIEK | WYRZYSK | POL | SENIOR II K - 30 | 22 | K 37 | 01:26:08 | 02:32:08 | 03:50:31 | | 05:26:38.70 | 9:53 | 6.1 |
| 230 | KOT TOMASZ | 6282 | | WARSZAWA | POL | MASTERS M - 40 | 63 | M 193 | 01:22:09 | 02:27:55 | 03:52:11 | | 05:27:07.70 | 9:54 | 6.1 |
| 231 | KISIELIŃSKI TOMASZ | 6201 | | GDYNIA | POL | WETERAN I M - 50 | 9 | M 194 | 01:17:24 | 02:21:56 | 03:47:17 | | 05:27:25.90 | 9:55 | 6 |
| 232 | GREŃ MARIA | 6180 | CENTRUM FORMY 58100 | DZIERŻONIÓW | POL | SENIOR I K - 20 | 3 | K 38 | 01:21:29 | 02:25:49 | 03:45:56 | | 05:28:53.35 | 9:57 | 6 |
| 233 | GRZESIOK WOJCIECH | 6395 | | DĄBROWA GÓRNICZA | POL | MASTERS M - 40 | 64 | M 195 | 01:17:25 | 02:17:31 | 03:43:59 | | 05:30:32.45 | 10:00 | 6 |
| 234 | PUZIO MACIEJ | 6183 | | KRAKÓW | POL | SENIOR II M - 30 | 99 | M 196 | 01:22:17 | 02:29:45 | 03:47:00 | | 05:30:52.90 | 10:01 | 6 |
| 235 | MAZUR KATARZYNA | 6371 | UMLAUT | KROSNO ODRZAŃSKIE | POL | MASTERS K - 40 | 12 | K 39 | 01:30:55 | | 04:00:01 | | 05:31:53.05 | 10:03 | 6 |
| 236 | GRZYBEK TOMASZ | 6111 | KLUB GÓRSKI ŚWISTAK BIAŁY | ZIELONA GÓRA | POL | MASTERS M - 40 | 65 | M 197 | 01:19:59 | 02:23:11 | 03:45:12 | | 05:32:12.15 | 10:04 | 6 |
| 237 | KRUTULSKI MICHAŁ | 6112 | KLUB GÓRSKI ŚWISTAK BIAŁY | ZIELONA GÓRA | POL | MASTERS M - 40 | 66 | M 198 | 01:20:08 | 02:23:04 | 03:45:18 | | 05:32:22.85 | 10:04 | 6 |
| 238 | SOSNÓWKA LESZEK | 6153 | KLUB SOSNOWY | DZIAŁDOWO | POL | WETERAN I M - 50 | 10 | M 199 | 01:22:07 | 02:25:14 | 03:47:31 | | 05:33:30.30 | 10:06 | 5.9 |
| 239 | MISZCZYK MARCIN | 6389 | | KRAKÓW | POL | MASTERS M - 40 | 67 | M 200 | 01:27:10 | 02:33:56 | 03:54:36 | | 05:34:26.00 | 10:08 | 5.9 |
| 240 | SAWICKA AGNIESZKA SAWICKA | 6143 | DELOITTE ADVENTURE TEAM | POZNAŃ | POL | SENIOR II K - 30 | 23 | K 40 | 01:32:01 | 02:39:45 | 04:01:29 | | 05:35:27.40 | 10:09 | 5.9 |
| 241 | PIEKIELNIAK RAFAŁ | 6313 | BIAŁE CZY CZARNE SKARPETKI? | PYSKOWICE | POL | SENIOR II M - 30 | 100 | M 201 | 01:28:35 | 02:32:52 | 03:55:51 | | 05:35:58.15 | 10:10 | 5.9 |
| 242 | JAGACKI PIOTR | 6226 | RYKOWISKO | PŁOCK | POL | MASTERS M - 40 | 68 | M 202 | 01:21:36 | 02:32:01 | 03:55:27 | | 05:35:59.55 | 10:10 | 5.9 |
| 243 | GRUCHOT MAŁGORZATA | 6256 | WBO | GOGOLIN | POL | MASTERS K - 40 | 13 | K 41 | 01:20:35 | 02:22:57 | 03:55:36 | | 05:37:10.50 | 10:13 | 5.9 |
| 244 | PFAJFER MAREK | 6092 | MARATONYPOLSKIE.PL TEAM | POZNAŃ | POL | SENIOR II M - 30 | 101 | M 203 | 01:31:06 | 02:37:00 | 03:55:38 | | 05:37:57.35 | 10:14 | 5.9 |
| 245 | FLORCZAK BARTOSZ | 6321 | BARTOSZ FLORCZAK - DIETETYK | WROCŁAW | POL | SENIOR I M - 20 | 22 | M 204 | 01:35:40 | 02:45:13 | 04:04:28 | | 05:38:36.10 | 10:15 | 5.8 |
| 246 | BARANIECKI ZBIGNIEW | 6203 | 100 MCP | POZNAŃ | POL | WETERAN II M - 60 | 4 | M 205 | 01:33:11 | 02:40:43 | 04:00:35 | | 05:38:37.60 | 10:15 | 5.8 |
| 247 | FLORCZAK ZDZISŁAW | 6148 | SIŁA OGRA | WROCŁAW | POL | WETERAN II M - 60 | 5 | M 206 | 01:35:22 | 02:45:19 | 04:04:40 | | 05:38:45.75 | 10:15 | 5.8 |
| 248 | CHORĄŻY IZABELA | 6229 | CAŁA OLEŚNICA BIEGA | OLEŚNICA | POL | SENIOR I K - 20 | 4 | K 42 | 01:40:10 | 02:49:50 | 04:08:47 | | 05:38:54.10 | 10:16 | 5.8 |
| 249 | KARCZEWSKI TOMASZ | 6318 | 10 MINUT PO PŁASKIM | PUSZCZYKOWO | POL | MASTERS M - 40 | 69 | M 207 | 01:19:41 | 02:31:34 | 03:56:04 | | 05:39:35.35 | 10:17 | 5.8 |
| 250 | CZESKA KAROLINA | 6083 | LAMPART TRENING | MOSINA | POL | SENIOR II K - 30 | 24 | K 43 | 01:30:24 | 02:41:07 | 04:00:56 | | 05:40:08.45 | 10:18 | 5.8 |
| 251 | WALCZAK ANNA | 6119 | | WARSZAWA | POL | MASTERS K - 40 | 14 | K 44 | 01:29:18 | 02:41:17 | 04:02:29 | | 05:40:38.90 | 10:19 | 5.8 |
| 252 | KRZEMIEŃ BARTOSZ | 6128 | | KATOWICE | POL | MASTERS M - 40 | 70 | M 208 | 01:28:02 | 02:34:26 | 04:03:34 | | 05:41:27.55 | 10:20 | 5.8 |
| 253 | PIOTROWSKI MARIUSZ | 6137 | | CHORZÓW | POL | MASTERS M - 40 | 71 | M 209 | 01:28:04 | 02:34:30 | 04:03:38 | | 05:41:35.25 | 10:21 | 5.8 |
| 254 | GRZYBEK SŁAWOMIR | 6230 | | KATOWICE | POL | SENIOR II M - 30 | 102 | M 210 | 01:26:52 | 02:39:56 | 04:06:20 | | 05:41:35.85 | 10:21 | 5.8 |
| 255 | STACHOWIAK MAGDA | 6224 | | RYDZYNA | POL | SENIOR II K - 30 | 25 | K 45 | 01:25:57 | 02:38:51 | 03:59:45 | | 05:42:07.70 | 10:22 | 5.8 |
| 256 | KORECKI MARCIN | 6325 | 4FI16 | DOBCZYCE | POL | MASTERS M - 40 | 72 | M 211 | 01:24:44 | 02:28:46 | 04:00:53 | | 05:42:09.65 | 10:22 | 5.8 |
| 257 | MADAJ PAWEŁ | 6062 | BIEGAM, BO NIE LUBIĘ | POZNAŃ | POL | MASTERS M - 40 | 73 | M 212 | 01:27:32 | 02:38:39 | 03:56:37 | | 05:42:21.80 | 10:22 | 5.8 |
| 258 | OHLA JUSTYNA | 6031 | BIEGAM BO NIE LUBIĘ | POZNAŃ | POL | MASTERS K - 40 | 15 | K 46 | 01:27:43 | 02:39:01 | 03:56:48 | | 05:42:31.75 | 10:22 | 5.8 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 259 | ŚNIEGOCKA MAGDALENA | 6215 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS K - 40 | 16 | K 47 | 01:27:21 | 02:39:49 | 04:03:01 | | 05:43:06.85 | 10:23 | 5.8 |
| 260 | BUCKO KAROLINA | 6259 | TARNOWO PODGÓRNE BIEGA | KIEKRZ | POL | MASTERS K - 40 | 17 | K 48 | 01:27:25 | | 04:03:11 | | 05:43:13.40 | 10:24 | 5.8 |
| 261 | SMOLARCZYK GRZEGORZ | 6211 | | SIEMIANOWICE ŚLĄSKIE | POL | MASTERS M - 40 | 74 | M 213 | 01:30:36 | 02:50:08 | 04:05:14 | | 05:43:42.20 | 10:24 | 5.8 |
| 262 | KRYSZTOFIAK DAWID | 6266 | | WARSZAWA | POL | SENIOR I M - 20 | 23 | M 214 | 01:14:43 | 02:23:30 | 03:54:29 | | 05:44:20.75 | 10:26 | 5.7 |
| 263 | NOWICKI MAREK | 6177 | PORANNI BIEGACZE | DOBRZYKOWICE | POL | MASTERS M - 40 | 75 | M 215 | 01:35:46 | 02:57:00 | 04:03:19 | | 05:44:39.75 | 10:26 | 5.7 |
| 264 | BAR ALEKSANDRA | 6163 | GMINA STRZELCE OPOLSKIE | STRZELCE OPOLSKIE | POL | MASTERS K - 40 | 18 | K 49 | 01:35:49 | 02:51:13 | 04:10:55 | | 05:44:42.95 | 10:26 | 5.7 |
| 265 | SKORNIAK KATARZYNA | 6387 | | POZNAŃ | POL | SENIOR II K - 30 | 26 | K 50 | 01:32:41 | 02:44:28 | 04:06:10 | | 05:45:23.40 | 10:28 | 5.7 |
| 266 | PLACKOWSKI MARCIN | 6296 | GOSTYŃ | POZNAŃ | POL | SENIOR I M - 20 | 24 | M 216 | 01:19:32 | 02:25:47 | 03:56:49 | | 05:47:56.15 | 10:32 | 5.7 |
| 267 | LOPATIN ILYA | 6160 | | WROCŁAW | | SENIOR II M - 30 | 103 | M 217 | 01:36:42 | 02:42:18 | 04:05:58 | | 05:48:04.80 | 10:32 | 5.7 |
| 268 | LISZKA ELA | 6200 | JEJKOWICE BIEGAJĄ | RYBNIK | POL | MASTERS K - 40 | 19 | K 51 | 01:40:49 | 02:55:24 | 04:15:08 | | 05:48:10.70 | 10:33 | 5.7 |
| 269 | ŻURAWIK MARCIN | 6322 | SAINT GOBAIN SQUAD | KOŁO | POL | MASTERS M - 40 | 76 | M 218 | 01:36:17 | 02:44:15 | 04:02:03 | | 05:48:20.90 | 10:33 | 5.7 |
| 270 | SKÓRA MARCIN | 6276 | EMES I PARTNERZY | TARNÓW | POL | MASTERS M - 40 | 77 | M 219 | 01:29:19 | 02:31:03 | 04:01:59 | | 05:48:35.35 | 10:33 | 5.7 |
| 271 | NETOLICKÝ MARTIN | 6271 | | BRNO | CZE | SENIOR II M - 30 | 104 | M 220 | 01:37:45 | 02:47:29 | 04:07:00 | | 05:49:10.85 | 10:34 | 5.7 |
| 272 | SOKOLOWSKA KATARZYNA | 6188 | | WARSZAWA | POL | MASTERS K - 40 | 20 | K 52 | 01:31:22 | 02:37:42 | 04:06:50 | | 05:51:27.50 | 10:39 | 5.6 |
| 273 | SIELIWONIK ANITA | 6130 | | WARSZAWA | POL | MASTERS K - 40 | 21 | K 53 | 01:32:54 | 02:39:34 | 04:01:54 | | 05:51:39.45 | 10:39 | 5.6 |
| 274 | SUŁEK TOMEK | 6129 | | WARSZAWA | POL | MASTERS M - 40 | 78 | M 221 | 01:33:06 | | 04:02:05 | | 05:51:51.75 | 10:39 | 5.6 |
| 275 | BARAN JĘDRZEJ | 6283 | HASAJ TO! | SZCZECIN | POL | SENIOR II M - 30 | 105 | M 222 | 01:32:25 | 02:40:29 | 04:03:38 | | 05:52:27.75 | 10:40 | 5.6 |
| 276 | MROZIŃSKI ALBERT | 6051 | | ALEKSANDRÓW ŁÓDZKI | POL | MASTERS M - 40 | 79 | M 223 | 01:46:03 | 02:55:57 | 04:09:23 | | 05:52:38.20 | 10:41 | 5.6 |
| 277 | TKACZ RAFAŁ | 6275 | HASAJ TO! | SZCZECIN | POL | SENIOR II M - 30 | 106 | M 224 | 01:32:18 | 02:40:51 | 04:03:52 | | 05:52:43.25 | 10:41 | 5.6 |
| 278 | MROZIŃSKA RENATA | 6050 | | ALEKSANDRÓW ŁÓDZKI | POL | MASTERS K - 40 | 22 | K 54 | 01:46:14 | 02:56:10 | 04:09:37 | | 05:52:48.70 | 10:41 | 5.6 |
| 279 | NOWOSAD ARTUR | 6289 | | WOŁÓW | POL | MASTERS M - 40 | 80 | M 225 | 01:25:01 | 02:32:32 | 04:04:44 | | 05:53:50.50 | 10:43 | 5.6 |
| 280 | KOWALCZYK KATARZYNA | 6293 | | IWINY | POL | SENIOR II K - 30 | 27 | K 55 | 01:40:09 | 02:51:20 | 04:18:06 | | 05:54:35.60 | 10:44 | 5.6 |
| 281 | MODRZYŃSKI PRZEMYSŁAW | 6149 | | ELBLĄG | POL | WETERAN I M - 50 | 11 | M 226 | 01:33:15 | 02:42:04 | 04:13:01 | | 05:54:42.20 | 10:44 | 5.6 |
| 282 | SOBKOWIAK SŁAWOMIR | 6295 | WRONIECKI KLUB BIEGACZA | WRONKI | POL | MASTERS M - 40 | 81 | M 227 | 01:27:51 | 02:38:14 | 04:12:53 | | 05:54:54.05 | 10:45 | 5.6 |
| 283 | SCHLAPPA SEBASTIAN | 6124 | IZBICKO W BIEGU | IZBICKO | POL | MASTERS M - 40 | 82 | M 228 | 01:29:37 | 02:46:35 | 04:09:09 | | 05:55:05.05 | 10:45 | 5.6 |
| 284 | TRZCINA AGATA | 6057 | | ŚWIDNICA | POL | MASTERS K - 40 | 23 | K 56 | 01:33:10 | 02:43:40 | 04:10:45 | | 05:55:52.90 | 10:47 | 5.6 |
| 285 | TOKARSKI RAFAŁ | 6375 | | KRAKÓW | POL | MASTERS M - 40 | 83 | M 229 | 01:34:54 | 02:49:56 | 04:01:50 | | 05:56:22.55 | 10:47 | 5.6 |
| 286 | TOKARSKA BOŻENA | 6374 | #ADAMCZERWIŃSKITEAM | KRAKÓW | POL | MASTERS K - 40 | 24 | K 57 | 01:35:04 | 02:50:00 | 04:02:00 | | 05:56:31.30 | 10:48 | 5.6 |
| 287 | WYSMOLINSKA KAROLINA | 6205 | | BIERNATKI | POL | MASTERS K - 40 | 25 | K 58 | 01:32:50 | 02:49:15 | 04:16:47 | | 05:57:02.70 | 10:49 | 5.5 |
| 288 | GONERA KAZIMIERZ | 6002 | KB HARCOWNIK JELCZ-LASKOWICE | MIŁOSZYCE | POL | WETERAN II M - 60 | 6 | M 230 | 01:27:24 | 02:42:05 | 04:14:48 | | 06:00:24.15 | 10:55 | 5.5 |
| 289 | CZUPRYNSKI RAFAL | 6090 | | WARSZAWA | POL | SENIOR II M - 30 | 107 | M 231 | 01:24:20 | 02:32:40 | 04:01:11 | | 06:01:25.85 | 10:57 | 5.5 |
| 290 | KAWĘCKA KINGA | 6087 | ADIDAS RUNNERS | WARSZAWA | POL | MASTERS K - 40 | 26 | K 59 | 01:44:46 | 02:58:13 | 04:17:02 | | 06:01:31.80 | 10:57 | 5.5 |
| 291 | TERKA BARBARA | 6068 | | POZNAŃ | POL | MASTERS K - 40 | 27 | K 60 | 01:44:56 | 02:58:32 | 04:17:12 | | 06:01:42.20 | 10:57 | 5.5 |
| 292 | SEREDA ANDRII | 6135 | | KRAKOW | POL | SENIOR II M - 30 | 108 | M 232 | 01:31:51 | 02:41:47 | 04:08:15 | | 06:01:49.20 | 10:57 | 5.5 |
| 293 | STASZCZUK JAROSŁAW | 6210 | WATAHA- ŁĄCZY NAS BIEGANIE | BRZEG | POL | MASTERS M - 40 | 84 | M 233 | 01:36:00 | 02:53:52 | 04:11:26 | | 06:02:06.40 | 10:58 | 5.5 |
| 294 | CYKOWSKI WOJCIECH | 6344 | KOMENDA MIEJSKA PAŃSTWOWEJ STRAŻY POŻARNEJ W OPOLU | TUŁOWICE | POL | SENIOR I M - 20 | 25 | M 234 | 01:29:35 | 02:44:35 | 04:03:32 | | 06:02:52.70 | 10:59 | 5.5 |
| 295 | PISULA PAULINA | 6345 | KLUCZBORSKA GRUPA BIEGOWA | TUŁOWICE | POL | SENIOR II K - 30 | 28 | K 61 | 01:29:44 | 02:44:49 | 04:03:42 | | 06:03:03.40 | 11:00 | 5.5 |
| 296 | NEUMANN BEATA | 6043 | CENTRUM ŁĄKOWA 1 | RADKÓW | POL | WETERAN K - 50 | 3 | K 62 | 01:37:55 | 02:55:25 | 04:25:11 | | 06:03:04.50 | 11:00 | 5.5 |
| 297 | ADAMSKI BARTŁOMIEJ | 6272 | | MODLNICA | POL | MASTERS M - 40 | 85 | M 235 | 01:34:52 | 02:55:24 | 04:20:22 | | 06:04:58.90 | 11:03 | 5.4 |
| 298 | WALKER STEPHEN | 6298 | | WARSAW | POL | SENIOR I M - 20 | 26 | M 236 | 01:44:42 | 03:00:17 | 04:22:27 | | 06:05:22.00 | 11:04 | 5.4 |
| 299 | ABGAROWICZ MAJA | 6299 | | WARSZAWA | POL | SENIOR II K - 30 | 29 | K 63 | 01:44:52 | 03:00:28 | | | 06:05:31.00 | 11:04 | 5.4 |
| 300 | FALENDER ANNA | 6058 | CENTRUM FORMY 58-100 | ŚWIDNICA | POL | MASTERS K - 40 | 28 | K 64 | 01:33:04 | 02:51:05 | 04:19:18 | | 06:05:52.25 | 11:05 | 5.4 |
| 301 | ŁUKASIK BARTŁOMIEJ | 6107 | | PNIEWY | POL | SENIOR II M - 30 | 109 | M 237 | 01:40:39 | 03:01:06 | 04:25:49 | | 06:06:10.45 | 11:05 | 5.4 |
| 302 | SADOWSKA JUSTYNA | 6007 | | SULEJÓWEK | POL | MASTERS K - 40 | 29 | K 65 | 01:38:30 | 02:49:03 | 04:17:28 | | 06:06:57.15 | 11:07 | 5.4 |
| 303 | KOTNIEWICZ PIOTR | 6391 | | OPOLE | POL | SENIOR I M - 20 | 27 | M 238 | 01:30:14 | 02:41:14 | 04:15:17 | | 06:07:14.15 | 11:07 | 5.4 |
| 304 | PRZYBYLSKI WITEK | 6392 | MUAY RUNNING TEAM | ZALASEWO | POL | MASTERS M - 40 | 86 | M 239 | 01:44:37 | 03:12:13 | 04:23:21 | | 06:09:07.90 | 11:11 | 5.4 |
| 305 | CICHY ROMAN | 6384 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS M - 40 | 87 | M 240 | 01:44:49 | 03:12:16 | 04:23:31 | | 06:09:17.25 | 11:11 | 5.4 |
| 306 | KAPŁON ANNA | 6118 | | WARSZAWA | POL | MASTERS K - 40 | 30 | K 66 | 01:37:01 | 02:58:03 | 04:23:33 | | 06:11:03.80 | 11:14 | 5.3 |
| 307 | STOŁOWSKI ROBERT | 6294 | AMICA | WIELEŃ | POL | MASTERS M - 40 | 88 | M 241 | 01:31:45 | 02:50:01 | 04:25:28 | | 06:11:06.95 | 11:14 | 5.3 |
| 308 | KOWALSKI IRENEUSZ | 6082 | | WROCŁAW | POL | WETERAN I M - 50 | 12 | M 242 | 01:44:43 | 03:08:45 | 04:30:36 | | 06:11:33.55 | 11:15 | 5.3 |
| 309 | NAKONECZNA ANNA | 6081 | | WROCŁAW | POL | MASTERS K - 40 | 31 | K 67 | 01:44:51 | 03:08:59 | 04:30:48 | | 06:11:43.50 | 11:15 | 5.3 |
| 310 | KUREK JAROSŁAW | 6212 | RAJ-D ORZESZE | ORZESZE | POL | MASTERS M - 40 | 89 | M 243 | 01:30:45 | 02:50:23 | 04:21:29 | | 06:12:21.50 | 11:17 | 5.3 |
| 311 | PIÓRKOWSKA JOLANTA | 6010 | KOŁO BIEGA | KOŁO | POL | MASTERS K - 40 | 32 | K 68 | 01:35:46 | 02:49:43 | 04:23:45 | | 06:14:16.75 | 11:20 | 5.3 |
| 312 | PAWLAK KATARZYNA | 6134 | KOŁO BIEGA | KOŁO | POL | SENIOR II K - 30 | 30 | K 69 | 01:35:54 | 02:43:48 | 04:12:03 | | 06:14:24.10 | 11:20 | 5.3 |
| 313 | JANKOWSKI RAFAŁ | 6103 | KOŁO BIEGA | KOŁO | POL | SENIOR II M - 30 | 110 | M 244 | 01:36:05 | 02:44:02 | 04:12:11 | | 06:14:35.20 | 11:21 | 5.3 |
| 314 | HACHOŁ JUSTYNA | 6080 | | WEOCŁAW | POL | SENIOR II K - 30 | 31 | K 70 | 01:44:57 | 03:09:11 | 04:30:58 | | 06:14:45.45 | 11:21 | 5.3 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 315 | PLEWA KATARZYNA | 6099 | | STRONIE ŚLĄSKIE | POL | SENIOR II K - 30 | 32 | K 71 | 01:31:29 | 02:53:10 | 04:28:56 | | 06:16:42.90 | 11:24 | 5.3 |
| 316 | FRĄCZEK MICHAŁ | 6091 | BNW WROCŁAW | WROCŁAW | POL | MASTERS M - 40 | 90 | M 245 | 01:30:30 | 02:50:43 | 04:28:30 | | 06:18:56.60 | 11:29 | 5.2 |
| 317 | FRUCZ JACEK | 6005 | | SOSNOWIEC | POL | WETERAN I M - 50 | 13 | M 246 | 01:38:52 | 02:59:11 | 04:33:00 | | 06:23:19.35 | 11:36 | 5.2 |
| 318 | PĘCKA BEATA | 6106 | | SOSNOWIEC | POL | MASTERS K - 40 | 33 | K 72 | 01:39:01 | 02:59:11 | 04:33:09 | | 06:23:29.15 | 11:37 | 5.2 |
| 319 | POSIŁA JOANNA | 6370 | | MOSINA | POL | MASTERS K - 40 | 34 | K 73 | 01:41:53 | 03:09:03 | 04:26:40 | | 06:24:12.20 | 11:38 | 5.2 |
| 320 | FEDOROWICZ JOWITA | 6304 | KOTWICA BRZEG | BRZEG | POL | SENIOR II K - 30 | 33 | K 74 | 01:43:30 | 03:10:30 | 04:44:08 | | 06:24:41.05 | 11:39 | 5.1 |
| 321 | BEDNARSKA-KOZIOŁ DANUTA | 6158 | WKURW_TEAM | ZIELĘCICE | POL | MASTERS K - 40 | 35 | K 75 | 01:43:39 | 03:10:35 | 04:44:18 | | 06:24:50.75 | 11:39 | 5.1 |
| 322 | OWCZARZAK DARIA | 6248 | | BYDGOSZCZ | POL | SENIOR II K - 30 | 34 | K 76 | 01:51:29 | 03:03:59 | 04:36:25 | | 06:26:55.80 | 11:43 | 5.1 |
| 323 | ROŻKO PAWEŁ | 6131 | TORNADO | SZCZECIN | POL | SENIOR II M - 30 | 111 | M 247 | 01:30:17 | 02:45:19 | 04:27:22 | | 06:28:54.50 | 11:47 | 5.1 |
| 324 | JÓZEFIAK MAGDALENA | 6064 | ASSECO ACTIVE TEAM | OSIELSKO | POL | WETERAN K - 50 | 4 | K 77 | 01:38:01 | 03:01:58 | 04:35:03 | | 06:29:37.85 | 11:48 | 5.1 |
| 325 | MACHTAŁOWICZ BEATA | 6024 | | ŁÓDŹ | POL | SENIOR II K - 30 | 35 | K 78 | 01:36:43 | 02:52:34 | 04:28:42 | | 06:30:36.30 | 11:50 | 5.1 |
| 326 | BARTOSIEWICZ DOROTA | 6262 | | POZNAŃ | POL | SENIOR II K - 30 | 36 | K 79 | 01:38:46 | 02:59:46 | 04:34:36 | | 06:33:59.25 | 11:56 | 5 |
| 327 | ANDRZEJEWSKI ARKADIUSZ | 6396 | | BOGATYNIA | POL | MASTERS M - 40 | 91 | M 248 | 01:24:33 | 02:49:13 | 04:23:11 | | 06:35:12.00 | 11:58 | 5 |
| 328 | IWANIUK ADAM | 6238 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN | POL | MASTERS M - 40 | 92 | M 249 | 01:35:32 | 02:54:32 | 04:29:29 | | 06:36:19.25 | 12:00 | 5 |
| 329 | FRANKOWICZ MAGDALENA | 6008 | TJ | POZNAŃ | POL | SENIOR II K - 30 | 37 | K 80 | 01:43:45 | 03:05:47 | 04:39:28 | | 06:41:24.35 | 12:09 | 4.9 |
| 330 | MARKIEWICZ JOANNA ZUZA | 6009 | KOBIETY BIEGAJA / TJ | POZNŃ | POL | MASTERS K - 40 | 36 | K 81 | 01:43:55 | 03:05:52 | 04:40:22 | | 06:41:33.95 | 12:10 | 4.9 |
| 331 | PAKUŁA ARKADIUSZ | 6059 | | KROSNO ODRZAŃSKIE | POL | MASTERS M - 40 | 93 | M 250 | 01:42:24 | 03:09:55 | 04:51:10 | | 06:45:48.15 | 12:17 | 4.9 |
| 332 | WIŚNIEWSKA DOROTA | 6033 | | ALEKSANDRÓW KUJAWSKI | POL | MASTERS K - 40 | 37 | K 82 | 01:52:45 | 03:25:52 | 04:52:06 | | 06:46:03.75 | 12:18 | 4.9 |
| 333 | WOLEK MARCIN | 6232 | | TYCHY | POL | MASTERS M - 40 | 94 | M 251 | 01:46:00 | 03:02:59 | 04:50:32 | | 06:46:32.00 | 12:19 | 4.9 |
| 334 | SANTOS PHILLIPE | 6317 | | LUSOWKO | POL | SENIOR II M - 30 | 112 | M 252 | 01:37:03 | 03:18:57 | 04:59:51 | | 06:48:57.90 | 12:23 | 4.8 |
| 335 | GRUDNIEWSKI JAKUB | 6113 | | WROCŁAW | POL | SENIOR II M - 30 | 113 | M 253 | 01:43:41 | 03:00:40 | 04:39:37 | | 06:48:58.70 | 12:23 | 4.8 |
| 336 | PIETROWICZ MAREK | 6185 | | TARNOWO PODGÓRNE | POL | WETERAN I M - 50 | 14 | M 254 | 01:37:12 | 03:19:29 | 04:59:28 | | 06:49:07.60 | 12:23 | 4.8 |
| 337 | GWIZDAŁA DANIEL | 6303 | | WROCŁAW | POL | MASTERS M - 40 | 95 | M 255 | 01:38:11 | 02:53:09 | 04:39:37 | | 06:54:57.25 | 12:34 | 4.8 |
| 338 | TRZCIŃSKA JOLANTA | 6364 | | WROCŁAW | POL | MASTERS K - 40 | 38 | K 83 | 01:36:22 | 02:53:15 | 04:38:46 | | 06:55:05.95 | 12:34 | 4.8 |
| 339 | PIECZKA WOJCIECH | 6025 | WKURW_TEAM | WROCŁAW | POL | SENIOR II M - 30 | 114 | M 256 | 01:41:20 | 03:11:20 | 04:52:34 | | 06:57:31.30 | 12:39 | 4.7 |
| 340 | GOŁEMBIOWSKA KATARZYNA | 6018 | WKURW_TEAM | WROCŁAW | POL | SENIOR II K - 30 | 38 | K 84 | 01:41:27 | 03:11:44 | 04:45:39 | | 06:59:02.50 | 12:41 | 4.7 |
| 341 | KORTAS SLAWOMIR | 6331 | DESTYLATOR | WROCLAW | POL | SENIOR II M - 30 | 115 | M 257 | 01:49:08 | 03:20:43 | 05:04:57 | | 07:01:26.65 | 12:46 | 4.7 |
| 342 | IDZIK ANGELIKA | 6110 | SPARTA RUNNERS | POZNAŃ | POL | SENIOR I K - 20 | 5 | K 85 | 01:44:58 | 03:09:26 | 05:05:26 | | 07:08:01.35 | 12:58 | 4.6 |
| 343 | DRAJERCZAK MARLENA | 6383 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS K - 40 | 39 | K 86 | 01:51:26 | 03:32:42 | 05:08:34 | | 07:08:56.20 | 12:59 | 4.6 |
| 344 | KURDZIEL TOMASZ | 6167 | | SZCZAWNICA | POL | MASTERS M - 40 | 96 | M 258 | 01:40:08 | 03:15:43 | 05:18:18 | | 07:13:59.00 | 13:09 | 4.6 |
| 345 | BESTRZYŃSKI OLECH | 6369 | CZŁAPAK ROBAKOWO | GĄDKI | POL | MASTERS M - 40 | 97 | M 259 | 01:54:24 | 03:19:08 | 05:05:08 | | 07:14:42.75 | 13:10 | 4.6 |
| 346 | SADOWSKI ANDRZEJ | 6187 | LZS DZIEWIĘTLICE | DZIEWIĘTLICE | POL | WETERAN II M - 60 | 7 | M 260 | 01:51:49 | 03:32:05 | 05:15:43 | | 07:14:49.85 | 13:10 | 4.6 |
| 347 | BEREZIUK MICHAŁ | 6100 | | DZIEWIĘTLICE | POL | MASTERS M - 40 | 98 | M 261 | 01:52:01 | 03:32:06 | 05:15:53 | | 07:15:00.80 | 13:10 | 4.6 |
| 348 | JASIUL MARIOLA | 6006 | | LEGIONOWO | POL | MASTERS K - 40 | 40 | K 87 | 01:49:42 | 03:18:15 | 05:07:39 | | 07:19:02.70 | 13:18 | 4.5 |
| 349 | KOCIUBA KATARZYNA | 6281 | | POZNAŃ | POL | SENIOR II K - 30 | 39 | K 88 | 01:49:40 | 03:16:58 | 05:11:36 | | 07:20:21.35 | 13:20 | 4.5 |
| 350 | ZIELENKIEWICZ AGNIESZKA | 6316 | GPT | WROCŁAW | POL | SENIOR II K - 30 | 40 | K 89 | 02:00:59 | 03:40:26 | 05:21:33 | | 07:21:38.40 | 13:23 | 4.5 |
| 351 | SZYMAŃSKA-ANTOSIAK MONIKA | 6116 | GPT | WROCŁAW | POL | SENIOR II K - 30 | 41 | K 90 | 02:01:10 | 03:40:45 | 05:21:52 | | 07:21:49.70 | 13:23 | 4.5 |
| 352 | CZOCHARA ROBERT | 6040 | | OPOLE | POL | MASTERS M - 40 | 99 | M 262 | 01:53:29 | 03:39:30 | 05:01:16 | | 07:32:44.55 | 13:43 | 4.4 |
| 353 | CZOCHARA MARTA | 6041 | | OPOLE | POL | MASTERS K - 40 | 41 | K 91 | 01:56:50 | 03:40:28 | 05:25:02 | | 07:32:53.45 | 13:43 | 4.4 |
| 354 | NOWICKA IWONA | 6241 | BOOTCAMP | KATOWICE | POL | SENIOR II K - 30 | 42 | K 92 | 02:01:24 | 03:51:29 | 05:25:57 | | 07:36:31.25 | 13:50 | 4.3 |
| 355 | PIECHACZEK MAREK | 6257 | BOOTCAMP | ŚWIĘTOCHŁOWICE | POL | MASTERS M - 40 | 100 | M 263 | 02:01:26 | 03:51:45 | 05:25:58 | | 07:36:33.05 | 13:50 | 4.3 |
| 356 | WIŚNIEWSKA JUSTYNA | 6252 | | WARSZAWA | POL | SENIOR II K - 30 | 43 | K 93 | 02:28:36 | 04:15:32 | 05:45:29 | | 08:34:25.95 | 15:35 | 3.8 |
| 357 | SZYMAŃSKI PAWEŁ | 6013 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS M - 40 | 101 | M 264 | 02:11:19 | 03:48:32 | 06:09:14 | | 09:04:10.90 | 16:29 | 3.6 |
| | BODURKA KRZYSZTOF | 6360 | SALOMON SUUNTO TEAM POLAND | NIELEPICE | POL | SENIOR II M - 30 | | | 00:43:00 DNF | DNF | 02:05:32 DNF | | DNF | - | - |
| | GAŁEK ALEKSANDER | 6178 | | POZNAŃ | POL | SENIOR II M - 30 | | | 01:21:23 DNF | DNF | DNF | | DNF | - | - |
| | NAWROCKI JAROSŁAW | 6115 | | BYDGOSZCZ | POL | WETERAN I M - 50 | | | 01:58:34 DNF | DNF | DNF | | DNF | - | - |
| | CAUSIDIS MAREK | 6273 | BUFF/SALOMON TEAM | DOBRÁ | CZE | SENIOR I M - 20 | | | DNF | DNF | DNF | | DNF | - | - |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN KOBIET

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | KANTOR MARTYNA | 6380 | BUFF TEAM POLAND | KRAKOW | POL | SENIOR II K - 30 | 1 | K 1 | 00:51:48 | 01:30:46 | 02:15:54 | | 03:07:24.45 | 5:40 | 10.6 |
| 2 | TRACZ PAULINA | 6223 | SALCO GARMIN TEAM | JAROSŁAW | POL | SENIOR II K - 30 | 2 | K 2 | 00:51:08 | 01:32:46 | 02:20:08 | | 03:10:43.30 | 5:46 | 10.4 |
| 3 | SOLIŃSKA KATARZYNA | 6359 | SALOMON SUUNTO TEAM POLAND | KRAKÓW | POL | SENIOR II K - 30 | 3 | K 3 | 00:55:12 | 01:36:06 | 02:20:49 | | 03:11:12.40 | 5:47 | 10.4 |
| 4 | BAŁYS KATARZYNA | 6378 | | STRONIE ŚLĄSKIE | POL | SENIOR II K - 30 | 4 | K 4 | 00:59:32 | 01:45:59 | 02:40:34 | | 03:44:34.70 | 6:48 | 8.8 |
| 5 | DUDEK MONIKA | 6076 | #PCHSPORTTEAM | ZIĘBICE | POL | SENIOR II K - 30 | 5 | K 5 | 01:03:24 | 01:53:34 | 02:49:17 | | 03:53:45.05 | 7:05 | 8.5 |
| 6 | BIHUN NATALIA | 6349 | GTRAT | SIECHNICE | POL | SENIOR II K - 30 | 6 | K 6 | 01:04:35 | 01:53:15 | 02:51:04 | | 04:00:30.30 | 7:17 | 8.2 |
| 7 | PIĄTEK BEATA | 6157 | WWW.TRENINGFIZJOTERAPIA.PL/ULTRAŁAŃCUT | ŁAŃCUT | POL | SENIOR II K - 30 | 7 | K 7 | 01:10:22 | 02:02:55 | 02:57:01 | | 04:00:46.75 | 7:17 | 8.2 |
| 8 | FOGIEL-PAWŁOWSKA AGNIESZKA | 6049 | | WROCŁAW | POL | MASTERS K - 40 | 1 | K 8 | 01:05:20 | 01:55:53 | 02:53:44 | | 04:00:54.75 | 7:18 | 8.2 |
| 9 | KOŁARZYK JUSTYNA | 6332 | | WROCŁAW | POL | SENIOR II K - 30 | 8 | K 9 | 01:07:41 | 02:01:10 | 02:59:30 | | 04:07:35.80 | 7:30 | 8 |
| 10 | MAGDA KATARZYNA | 6161 | | RZESZÓW | POL | MASTERS K - 40 | 2 | K 10 | 01:08:19 | 02:01:06 | 03:02:35 | | 04:12:25.30 | 7:38 | 7.8 |
| 11 | NIEKRAŚ LIDIA | 6385 | | KŁODZKO | POL | MASTERS K - 40 | 3 | K 11 | 01:01:40 | 01:46:03 | 02:37:45 | | 04:14:09.95 | 7:42 | 7.8 |
| 12 | KONICA KARINA | 6254 | | ZDZIESZOWICE | POL | SENIOR I K - 20 | 1 | K 12 | 01:14:43 | 02:10:43 | 03:07:50 | | 04:20:41.45 | 7:54 | 7.6 |
| 13 | WALCZAK ADELA | 6363 | CURLING ŁÓDŹ | ŁÓDŹ | POL | SENIOR II K - 30 | 9 | K 13 | 01:13:59 | 02:09:48 | 03:10:25 | | 04:22:35.80 | 7:57 | 7.5 |
| 14 | CĄKAŁA ZUZANNA | 6343 | ZAŁOGA GÓRSKA | LUBIN | POL | SENIOR I K - 20 | 2 | K 14 | 01:11:21 | 02:05:21 | 03:10:40 | | 04:26:05.15 | 8:03 | 7.4 |
| 15 | WOJTKOWIAK MARTA | 6270 | | WARSZAWA | POL | SENIOR II K - 30 | 10 | K 15 | 01:16:04 | 02:12:29 | 03:14:07 | | 04:31:42.10 | 8:14 | 7.3 |
| 16 | WOJTOWICZ KAROLINA | 6338 | | POZNAŃ | POL | SENIOR II K - 30 | 11 | K 16 | 01:12:49 | 02:07:45 | 03:15:00 | | 04:45:25.95 | 8:38 | 6.9 |
| 17 | WOJCIECHOWSKA DOROTA | 6150 | | OLEŚNICA | POL | MASTERS K - 40 | 4 | K 17 | 01:15:35 | 02:12:37 | 03:21:09 | | 04:46:02.20 | 8:40 | 6.9 |
| 18 | WALCZAK AGNIESZKA | 6146 | OLKUSZBIEGA | BOLESŁAW | POL | MASTERS K - 40 | 5 | K 18 | 01:15:18 | 02:12:06 | 03:27:33 | | 04:49:51.65 | 8:47 | 6.8 |
| 19 | ŁUBIK RENATA | 6199 | PRO-RUN WROCŁAW | KIEŁCZÓW | POL | WETERAN K - 50 | 1 | K 19 | 01:20:27 | | 03:27:42 | | 04:50:09.05 | 8:47 | 6.8 |
| 20 | TOMCZYK ANGELIKA | 6312 | ZABRZAŃSKIE PARKOWE BIEGANIE | ZABRZE | POL | SENIOR II K - 30 | 12 | K 20 | 01:21:58 | 02:23:19 | 03:33:13 | | 04:52:15.95 | 8:51 | 6.8 |
| 21 | VON OSSOWSKA ALEKSANDRA VON OSSOWSKA | 6139 | TJ | POZNAŃ | POL | SENIOR II K - 30 | 13 | K 21 | 01:22:47 | 02:23:51 | 03:35:13 | | 04:52:31.15 | 8:51 | 6.8 |
| 22 | JĘCZMIEŃ MARLENA | 6097 | CENTRUM FORMY 58100 | ŚWIDNICA | POL | SENIOR II K - 30 | 14 | K 22 | 01:19:37 | 02:23:02 | 03:33:18 | | 04:54:08.95 | 8:54 | 6.7 |
| 23 | SZCZEPAŃSKA-BUDA ANNA | 6074 | | WROCŁAW | POL | SENIOR II K - 30 | 15 | K 23 | 01:19:07 | | 03:32:35 | | 04:55:09.50 | 8:56 | 6.7 |
| 24 | BIERNACKA KASIA | 6286 | | WARSZAWA | POL | WETERAN K - 50 | 2 | K 24 | 01:17:31 | 02:17:44 | 03:31:07 | | 04:55:32.55 | 8:57 | 6.7 |
| 25 | HAŁA MARTA | 6278 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS K - 40 | 6 | K 25 | 01:23:14 | | 03:29:48 | | 04:56:55.65 | 8:59 | 6.7 |
| 26 | PILC ANNA | 6267 | | TARNOWO PODGORNE | POL | SENIOR II K - 30 | 16 | K 26 | 01:23:26 | 02:19:12 | 03:30:00 | | 04:57:06.95 | 9:00 | 6.7 |
| 27 | BRONOWSKA JUSTYNA | 6122 | TUPTAM.PL | BIELSKO-BIAŁA | POL | MASTERS K - 40 | 7 | K 27 | 01:23:47 | 02:26:28 | 03:44:14 | | 05:10:39.30 | 9:24 | 6.4 |
| 28 | JOŃCZYK ANNA | 6070 | | OZIMEK | POL | SENIOR II K - 30 | 17 | K 28 | 01:24:56 | 02:27:05 | 03:40:27 | | 05:10:54.60 | 9:25 | 6.4 |
| 29 | PILARSKA MAGDALENA | 6324 | STR POZNAN | POZNAN | POL | SENIOR II K - 30 | 18 | K 29 | 01:22:46 | 02:27:28 | 03:41:39 | | 05:17:03.35 | 9:36 | 6.2 |
| 30 | WALASZCZYK MICHALINA | 6258 | @HAPPYMUMOF4KIDS | GNIEZNO | POL | SENIOR II K - 30 | 19 | K 30 | 01:26:18 | 02:30:38 | 03:45:33 | | 05:17:10.60 | 9:36 | 6.2 |
| 31 | DOMOSŁAWSKA JOANNA | 6191 | | WROCŁAW | POL | MASTERS K - 40 | 8 | K 31 | 01:20:53 | 02:23:51 | 03:44:00 | | 05:18:41.30 | 9:39 | 6.2 |
| 32 | KOPACKA ELIZA | 6015 | | WAŁBRZYCH | POL | SENIOR II K - 30 | 20 | K 32 | 01:21:07 | 02:24:49 | 03:44:19 | | 05:19:18.25 | 9:40 | 6.2 |
| 33 | KRAJEWSKA AGATA | 6366 | | OŁAWA | POL | MASTERS K - 40 | 9 | K 33 | 01:27:27 | 02:30:13 | 03:46:31 | | 05:19:49.45 | 9:41 | 6.2 |
| 34 | GRUSZKA ANNA | 6186 | | PLEWISKA | POL | MASTERS K - 40 | 10 | K 34 | 01:26:13 | 02:36:17 | 03:51:05 | | 05:21:51.05 | 9:45 | 6.2 |
| 35 | RYPUŁA MARIA | 6063 | ZEN RUNNING TEAM | BOJSZOWY | POL | SENIOR II K - 30 | 21 | K 35 | 01:22:18 | 02:25:24 | 03:50:13 | | 05:23:27.45 | 9:48 | 6.1 |
| 36 | SOBORSKA SYLWIA | 6208 | SAINT GOBAIN SQUAD | OLKUSZ | POL | MASTERS K - 40 | 11 | K 36 | 01:27:21 | 02:34:56 | 03:48:42 | | 05:25:09.85 | 9:51 | 6.1 |
| 37 | ŻMIJEWSKA DOMINIKA | 6108 | TSK ORZEŁ OSIEK | WYRZYSK | POL | SENIOR II K - 30 | 22 | K 37 | 01:26:08 | 02:32:08 | 03:50:31 | | 05:26:38.70 | 9:53 | 6.1 |
| 38 | GREŃ MARIA | 6180 | CENTRUM FORMY 58100 | DZIERŻONIÓW | POL | SENIOR I K - 20 | 3 | K 38 | 01:21:29 | 02:25:49 | 03:45:56 | | 05:28:53.35 | 9:57 | 6 |
| 39 | MAZUR KATARZYNA | 6371 | UMLAUT | KROSNO ODRZAŃSKIE | POL | MASTERS K - 40 | 12 | K 39 | 01:30:55 | | 04:00:01 | | 05:31:53.05 | 10:03 | 6 |
| 40 | SAWICKA AGNIESZKA SAWICKA | 6143 | DELOITTE ADVENTURE TEAM | POZNAŃ | POL | SENIOR II K - 30 | 23 | K 40 | 01:32:01 | 02:39:45 | 04:01:29 | | 05:35:27.40 | 10:09 | 5.9 |
| 41 | GRUCHOT MAŁGORZATA | 6256 | WBO | GOGOLIN | POL | MASTERS K - 40 | 13 | K 41 | 01:20:35 | 02:22:57 | 03:55:36 | | 05:37:10.50 | 10:13 | 5.9 |
| 42 | CHORĄŻY IZABELA | 6229 | CAŁA OLEŚNICA BIEGA | OLEŚNICA | POL | SENIOR I K - 20 | 4 | K 42 | 01:40:10 | 02:49:50 | 04:08:47 | | 05:38:54.10 | 10:16 | 5.8 |
| 43 | CZESKA KAROLINA | 6083 | LAMPART TRENING | MOSINA | POL | SENIOR II K - 30 | 24 | K 43 | 01:30:24 | 02:41:07 | 04:00:56 | | 05:40:08.45 | 10:18 | 5.8 |
| 44 | WALCZAK ANNA | 6119 | | WARSZAWA | POL | MASTERS K - 40 | 14 | K 44 | 01:29:18 | 02:41:17 | 04:02:29 | | 05:40:38.90 | 10:19 | 5.8 |
| 45 | STACHOWIAK MAGDA | 6224 | | RYDZYNA | POL | SENIOR II K - 30 | 25 | K 45 | 01:25:57 | 02:38:51 | 03:59:45 | | 05:42:07.70 | 10:22 | 5.8 |
| 46 | OHLA JUSTYNA | 6031 | BIEGAM BO NIE LUBIĘ | POZNAŃ | POL | MASTERS K - 40 | 15 | K 46 | 01:27:43 | 02:39:01 | 03:56:48 | | 05:42:31.75 | 10:22 | 5.8 |
| 47 | ŚNIEGOCKA MAGDALENA | 6215 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS K - 40 | 16 | K 47 | 01:27:21 | 02:39:49 | 04:03:01 | | 05:43:06.85 | 10:23 | 5.8 |
| 48 | BUCKO KAROLINA | 6259 | TARNOWO PODGÓRNE BIEGA | KIEKRZ | POL | MASTERS K - 40 | 17 | K 48 | 01:27:25 | | 04:03:11 | | 05:43:13.40 | 10:24 | 5.8 |
| 49 | BAR ALEKSANDRA | 6163 | GMINA STRZELCE OPOLSKIE | STRZELCE OPOLSKIE | POL | MASTERS K - 40 | 18 | K 49 | 01:35:49 | 02:51:13 | 04:10:55 | | 05:44:42.95 | 10:26 | 5.7 |
| 50 | SKORNIAK KATARZYNA | 6387 | | POZNAŃ | POL | SENIOR II K - 30 | 26 | K 50 | 01:32:41 | 02:44:28 | 04:06:10 | | 05:45:23.40 | 10:28 | 5.7 |
| 51 | LISZKA ELA | 6200 | JEJKOWICE BIEGAJĄ | RYBNIK | POL | MASTERS K - 40 | 19 | K 51 | 01:40:49 | 02:55:24 | 04:15:08 | | 05:48:10.70 | 10:33 | 5.7 |
| 52 | SOKOLOWSKA KATARZYNA | 6188 | | WARSZAWA | POL | MASTERS K - 40 | 20 | K 52 | 01:31:22 | 02:37:42 | 04:06:50 | | 05:51:27.50 | 10:39 | 5.6 |
| 53 | SIELIWONIK ANITA | 6130 | | WARSZAWA | POL | MASTERS K - 40 | 21 | K 53 | 01:32:54 | 02:39:34 | 04:01:54 | | 05:51:39.45 | 10:39 | 5.6 |
| 54 | MROZIŃSKA RENATA | 6050 | | ALEKSANDRÓW ŁÓDZKI | POL | MASTERS K - 40 | 22 | K 54 | 01:46:14 | 02:56:10 | 04:09:37 | | 05:52:48.70 | 10:41 | 5.6 |
| 55 | KOWALCZYK KATARZYNA | 6293 | | IWINY | POL | SENIOR II K - 30 | 27 | K 55 | 01:40:09 | 02:51:20 | 04:18:06 | | 05:54:35.60 | 10:44 | 5.6 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN KOBIET c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 56 | TRZCINA AGATA | 6057 | | ŚWIDNICA | POL | MASTERS K - 40 | 23 | K 56 | 01:33:10 | 02:43:40 | 04:10:45 | | 05:55:52.90 | 10:47 | 5.6 |
| 57 | TOKARSKA BOŻENA | 6374 | #ADAMCZERWIŃSKITEAM | KRAKÓW | POL | MASTERS K - 40 | 24 | K 57 | 01:35:04 | 02:50:00 | 04:02:00 | | 05:56:31.30 | 10:48 | 5.6 |
| 58 | WYSMOLINSKA KAROLINA | 6205 | | BIERNATKI | POL | MASTERS K - 40 | 25 | K 58 | 01:32:50 | 02:49:15 | 04:16:47 | | 05:57:02.70 | 10:49 | 5.5 |
| 59 | KAWĘCKA KINGA | 6087 | ADIDAS RUNNERS | WARSZAWA | POL | MASTERS K - 40 | 26 | K 59 | 01:44:46 | 02:58:13 | 04:17:02 | | 06:01:31.80 | 10:57 | 5.5 |
| 60 | TERKA BARBARA | 6068 | | POZNAŃ | POL | MASTERS K - 40 | 27 | K 60 | 01:44:56 | 02:58:32 | 04:17:12 | | 06:01:42.20 | 10:57 | 5.5 |
| 61 | PISULA PAULINA | 6345 | KLUCZBORSKA GRUPA BIEGOWA | TUŁOWICE | POL | SENIOR II K - 30 | 28 | K 61 | 01:29:44 | 02:44:49 | 04:03:42 | | 06:03:03.40 | 11:00 | 5.5 |
| 62 | NEUMANN BEATA | 6043 | CENTRUM ŁĄKOWA 1 | RADKÓW | POL | WETERAN K - 50 | 3 | K 62 | 01:37:55 | 02:55:25 | 04:25:11 | | 06:03:04.50 | 11:00 | 5.5 |
| 63 | ABGAROWICZ MAJA | 6299 | | WARSZAWA | POL | SENIOR II K - 30 | 29 | K 63 | 01:44:52 | 03:00:28 | | | 06:05:31.00 | 11:04 | 5.4 |
| 64 | FALENDER ANNA | 6058 | CENTRUM FORMY 58-100 | ŚWIDNICA | POL | MASTERS K - 40 | 28 | K 64 | 01:33:04 | 02:51:05 | 04:19:18 | | 06:05:52.25 | 11:05 | 5.4 |
| 65 | SADOWSKA JUSTYNA | 6007 | | SULEJÓWEK | POL | MASTERS K - 40 | 29 | K 65 | 01:38:30 | 02:49:03 | 04:17:28 | | 06:06:57.15 | 11:07 | 5.4 |
| 66 | KAPŁON ANNA | 6118 | | WARSZAWA | POL | MASTERS K - 40 | 30 | K 66 | 01:37:01 | 02:58:03 | 04:23:33 | | 06:11:03.80 | 11:14 | 5.3 |
| 67 | NAKONECZNA ANNA | 6081 | | WROCŁAW | POL | MASTERS K - 40 | 31 | K 67 | 01:44:51 | 03:08:59 | 04:30:48 | | 06:11:43.50 | 11:15 | 5.3 |
| 68 | PIÓRKOWSKA JOLANTA | 6010 | KOŁO BIEGA | KOŁO | POL | MASTERS K - 40 | 32 | K 68 | 01:35:46 | 02:49:43 | 04:23:45 | | 06:14:16.75 | 11:20 | 5.3 |
| 69 | PAWLAK KATARZYNA | 6134 | KOŁO BIEGA | KOŁO | POL | SENIOR II K - 30 | 30 | K 69 | 01:35:54 | 02:43:48 | 04:12:03 | | 06:14:24.10 | 11:20 | 5.3 |
| 70 | HACHOŁ JUSTYNA | 6080 | | WEOCŁAW | POL | SENIOR II K - 30 | 31 | K 70 | 01:44:57 | 03:09:11 | 04:30:58 | | 06:14:45.45 | 11:21 | 5.3 |
| 71 | PLEWA KATARZYNA | 6099 | | STRONIE ŚLĄSKIE | POL | SENIOR II K - 30 | 32 | K 71 | 01:31:29 | 02:53:10 | 04:28:56 | | 06:16:42.90 | 11:24 | 5.3 |
| 72 | PĘCKA BEATA | 6106 | | SOSNOWIEC | POL | MASTERS K - 40 | 33 | K 72 | 01:39:01 | 02:59:11 | 04:33:09 | | 06:23:29.15 | 11:37 | 5.2 |
| 73 | POSIŁA JOANNA | 6370 | | MOSINA | POL | MASTERS K - 40 | 34 | K 73 | 01:41:53 | 03:09:03 | 04:26:40 | | 06:24:12.20 | 11:38 | 5.2 |
| 74 | FEDOROWICZ JOWITA | 6304 | KOTWICA BRZEG | BRZEG | POL | SENIOR II K - 30 | 33 | K 74 | 01:43:30 | 03:10:30 | 04:44:08 | | 06:24:41.05 | 11:39 | 5.1 |
| 75 | BEDNARSKA-KOZIOŁ DANUTA | 6158 | WKURW_TEAM | ZIELĘCICE | POL | MASTERS K - 40 | 35 | K 75 | 01:43:39 | 03:10:35 | 04:44:18 | | 06:24:50.75 | 11:39 | 5.1 |
| 76 | OWCZARZAK DARIA | 6248 | | BYDGOSZCZ | POL | SENIOR II K - 30 | 34 | K 76 | 01:51:29 | 03:03:59 | 04:36:25 | | 06:26:55.80 | 11:43 | 5.1 |
| 77 | JÓZEFIAK MAGDALENA | 6064 | ASSECO ACTIVE TEAM | OSIELSKO | POL | WETERAN K - 50 | 4 | K 77 | 01:38:01 | 03:01:58 | 04:35:03 | | 06:29:37.85 | 11:48 | 5.1 |
| 78 | MACHTAŁOWICZ BEATA | 6024 | | ŁÓDŹ | POL | SENIOR II K - 30 | 35 | K 78 | 01:36:43 | 02:52:34 | 04:28:42 | | 06:30:36.30 | 11:50 | 5.1 |
| 79 | BARTOSIEWICZ DOROTA | 6262 | | POZNAŃ | POL | SENIOR II K - 30 | 36 | K 79 | 01:38:46 | 02:59:46 | 04:34:36 | | 06:33:59.25 | 11:56 | 5 |
| 80 | FRANKOWICZ MAGDALENA | 6008 | TJ | POZNAŃ | POL | SENIOR II K - 30 | 37 | K 80 | 01:43:45 | 03:05:47 | 04:39:28 | | 06:41:24.35 | 12:09 | 4.9 |
| 81 | MARKIEWICZ JOANNA ZUZA | 6009 | KOBIETY BIEGAJA / TJ | POZNŃ | POL | MASTERS K - 40 | 36 | K 81 | 01:43:55 | 03:05:52 | 04:40:22 | | 06:41:33.95 | 12:10 | 4.9 |
| 82 | WIŚNIEWSKA DOROTA | 6033 | | ALEKSANDRÓW KUJAWSKI | POL | MASTERS K - 40 | 37 | K 82 | 01:52:45 | 03:25:52 | 04:52:06 | | 06:46:03.75 | 12:18 | 4.9 |
| 83 | TRZCIŃSKA JOLANTA | 6364 | | WROCŁAW | POL | MASTERS K - 40 | 38 | K 83 | 01:36:22 | 02:53:15 | 04:38:46 | | 06:55:05.95 | 12:34 | 4.8 |
| 84 | GOŁEMBIOWSKA KATARZYNA | 6018 | WKURW_TEAM | WROCŁAW | POL | SENIOR II K - 30 | 38 | K 84 | 01:41:27 | 03:11:44 | 04:45:39 | | 06:59:02.50 | 12:41 | 4.7 |
| 85 | IDZIK ANGELIKA | 6110 | SPARTA RUNNERS | POZNAŃ | POL | SENIOR I K - 20 | 5 | K 85 | 01:44:58 | 03:09:26 | 05:05:26 | | 07:08:01.35 | 12:58 | 4.6 |
| 86 | DRAJERCZAK MARLENA | 6383 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS K - 40 | 39 | K 86 | 01:51:26 | 03:32:42 | 05:08:34 | | 07:08:56.20 | 12:59 | 4.6 |
| 87 | JASIUL MARIOLA | 6006 | | LEGIONOWO | POL | MASTERS K - 40 | 40 | K 87 | 01:49:42 | 03:18:15 | 05:07:39 | | 07:19:02.70 | 13:18 | 4.5 |
| 88 | KOCIUBA KATARZYNA | 6281 | | POZNAŃ | POL | SENIOR II K - 30 | 39 | K 88 | 01:49:40 | 03:16:58 | 05:11:36 | | 07:20:21.35 | 13:20 | 4.5 |
| 89 | ZIELENKIEWICZ AGNIESZKA | 6316 | GPT | WROCŁAW | POL | SENIOR II K - 30 | 40 | K 89 | 02:00:59 | 03:40:26 | 05:21:33 | | 07:21:38.40 | 13:23 | 4.5 |
| 90 | SZYMAŃSKA-ANTOSIAK MONIKA | 6116 | GPT | WROCŁAW | POL | SENIOR II K - 30 | 41 | K 90 | 02:01:10 | 03:40:45 | 05:21:52 | | 07:21:49.70 | 13:23 | 4.5 |
| 91 | CZOCHARA MARTA | 6041 | | OPOLE | POL | MASTERS K - 40 | 41 | K 91 | 01:56:50 | 03:40:28 | 05:25:02 | | 07:32:53.45 | 13:43 | 4.4 |
| 92 | NOWICKA IWONA | 6241 | BOOTCAMP | KATOWICE | POL | SENIOR II K - 30 | 42 | K 92 | 02:01:24 | 03:51:29 | 05:25:57 | | 07:36:31.25 | 13:50 | 4.3 |
| 93 | WIŚNIEWSKA JUSTYNA | 6252 | | WARSZAWA | POL | SENIOR II K - 30 | 43 | K 93 | 02:28:36 | 04:15:32 | 05:45:29 | | 08:34:25.95 | 15:35 | 3.8 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN MĘŻCZYZN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | PRZEDWOJEWSKI BARTŁOMIEJ | 6314 | TEAM SALOMON | WROCŁAW | POL | SENIOR I M - 20 | 1 | M 1 | 00:40:30 | 01:10:47 | 01:51:07 | | 02:26:21.00 | 4:26 | 13.5 |
| 2 | RZESZÓTKO MARCIN | 6237 | BUFF TEAM POLAND | ZAKOPANE | POL | SENIOR II M - 30 | 1 | M 2 | 00:42:49 | 01:14:58 | 01:58:07 | | 02:34:45.20 | 4:41 | 12.8 |
| 3 | ŁOBODZIŃSKI PIOTR | 6279 | LŁKS PREFBET ŚNIADOWO ŁOMŻA | WARSZAWA | POL | SENIOR II M - 30 | 2 | M 3 | 00:42:56 | 01:15:45 | 01:58:47 | | 02:35:18.50 | 4:42 | 12.7 |
| 4 | KUBICA MARCIN | 6086 | INOV-8 TEAM POLSKA | BIELSKO-BIAŁA | POL | SENIOR I M - 20 | 2 | M 4 | 00:42:39 | 01:14:50 | 01:57:56 | | 02:35:23.90 | 4:42 | 12.7 |
| 5 | MACECEK TOMAS | 6288 | BUFF/SALOMON TEAM | OSTRAVA | FRA | SENIOR I M - 20 | 3 | M 5 | 00:45:15 | 01:20:36 | 02:01:06 | | 02:43:04.85 | 4:56 | 12.1 |
| 6 | DOMBROWSKI MACIEJ | 6337 | ATTIQ TEAM | KRAKÓW | POL | SENIOR II M - 30 | 3 | M 6 | 00:45:41 | 01:19:47 | 02:01:11 | | 02:47:20.10 | 5:04 | 11.8 |
| 7 | BRÝDL PAVEL | 6209 | SALOMON/SUUNTO - MUAY RUNNING TEAM | TRUTNOV | CZE | MASTERS M - 40 | 1 | M 7 | 00:44:54 | 01:19:55 | 02:01:07 | | 02:48:10.85 | 5:05 | 11.8 |
| 8 | HÜBL RADEK | 6301 | RUNSPORT / SALOMON TEAM | ÚSTÍ NAD ORLICÍ | CZE | SENIOR II M - 30 | 4 | M 8 | 00:46:54 | 01:22:17 | 02:01:33 | | 02:48:20.25 | 5:06 | 11.8 |
| 9 | GLAPIAK DAMIAN | 6027 | ADRUNALINE | BUCZ | POL | MASTERS M - 40 | 2 | M 9 | 00:45:42 | 01:21:30 | 02:02:10 | | 02:48:59.90 | 5:07 | 11.7 |
| 10 | MAREK DARIUSZ | 6291 | MONK SANDALS TEAM | KRAKÓW | CZE | SENIOR II M - 30 | 5 | M 10 | 00:46:06 | 01:21:54 | | | 02:49:30.95 | 5:08 | 11.7 |
| 11 | KRUPIČKA ROBERT | 6310 | SALOMON TEAM CZ | CHOCEŇ | CZE | MASTERS M - 40 | 3 | M 11 | 00:45:40 | 01:18:42 | | | 02:51:10.80 | 5:11 | 11.6 |
| 12 | BORAK MARTIN | 6390 | V12 TEAM | LIBINA | POL | SENIOR II M - 30 | 6 | M 12 | 00:49:37 | 01:27:22 | 02:09:33 | | 02:57:22.70 | 5:22 | 11.2 |
| 13 | HLAVATÍK JAN | 6096 | PIVOVAR KONÍČEK | FRÝDEK-MÍSTEK | CZE | SENIOR II M - 30 | 7 | M 13 | 00:50:27 | 01:30:01 | 02:13:06 | | 02:59:05.35 | 5:25 | 11.1 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN MĘŻCZYZN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 14 | CZERNIAK PAWEŁ | 6079 | | SOSNÓWKA | CZE | SENIOR II M - 30 | 8 | M 14 | 00:47:47 | 01:25:31 | 02:09:03 | | 02:59:18.00 | 5:26 | 11 |
| 15 | KALNINS GVIDO | 6382 | SALOMON LATVIA \| SUUNTO LATVIA | CESIS | LAT | SENIOR I M - 20 | 4 | M 15 | 00:49:17 | 01:27:03 | 02:11:13 | | 02:59:41.35 | 5:26 | 11 |
| 16 | PASIK TOMASZ | 6334 | | WOLSZTYN | POL | MASTERS M - 40 | 4 | M 16 | 00:50:01 | 01:28:56 | 02:11:56 | | 03:00:35.25 | 5:28 | 11 |
| 17 | RABIEJ PAWEŁ | 6220 | GRUPA PRO | WARSZAWA | POL | SENIOR II M - 30 | 9 | M 17 | 00:52:28 | 01:29:53 | 02:15:41 | | 03:01:10.90 | 5:29 | 10.9 |
| 18 | ONDRUCH ADAM | 6307 | | POLERADY | CZE | SENIOR II M - 30 | 10 | M 18 | 00:49:46 | 01:27:22 | 02:11:47 | | 03:01:59.45 | 5:30 | 10.9 |
| 19 | GARNIEWICZ MATEUSZ | 6207 | WSN POZNAŃ | POZNAN | POL | SENIOR II M - 30 | 11 | M 19 | 00:54:24 | 01:36:21 | 02:20:44 | | 03:09:39.80 | 5:44 | 10.4 |
| 20 | GAZDA VÍTĚZSLAV | 6042 | | DIVIŠOV | CZE | MASTERS M - 40 | 5 | M 20 | 00:52:46 | 01:32:56 | 02:21:30 | | 03:16:23.55 | 5:57 | 10.1 |
| 21 | SZPULARZ ADAM | 6156 | CRAZY RUNNERS | KĄTY WROCŁAWSKIE | GBR | SENIOR II M - 30 | 12 | M 21 | 00:54:46 | 01:35:46 | 02:22:50 | | 03:16:26.30 | 5:57 | 10.1 |
| 22 | DZALBS EDIJS | 6320 | SCOTT RUNNING LATVIA \| SUUNTO LATVIA \| LATVIA TRAILRACE | CĒSIS | LAT | SENIOR I M - 20 | 5 | M 22 | 00:52:45 | 01:33:23 | 02:18:16 | | 03:18:34.80 | 6:01 | 10 |
| 23 | KŁOSOWSKI DANIEL | 6182 | BBŻ WAŁBRZYCH | WAŁBRZYCH | POL | SENIOR II M - 30 | 13 | M 23 | 00:54:46 | 01:35:04 | 02:22:16 | | 03:18:38.35 | 6:01 | 10 |
| 24 | KORPALSKI TOMASZ | 6029 | STAJNIA BALONA | GDAŃSK | POL | SENIOR II M - 30 | 14 | M 24 | 00:57:51 | 01:39:34 | 02:25:53 | | 03:19:25.40 | 6:02 | 9.9 |
| 25 | SIERADZKI KRZYSZTOF | 6244 | PRZEDWOJEWSKI MOUNTAIN TEAM | WARSZAWA | POL | SENIOR II M - 30 | 15 | M 25 | 00:54:31 | 01:37:49 | 02:25:21 | | 03:19:39.80 | 6:03 | 9.9 |
| 26 | GARNEK PIOTR | 6166 | VEGE RUNNERS | WROCŁAW | POL | MASTERS M - 40 | 6 | M 26 | 00:55:08 | | 02:25:18 | | 03:21:06.15 | 6:05 | 9.8 |
| 27 | ROSKOSZ BARTOSZ | 6035 | JELCZ TRIATHLON PROJECT | MIŁOSZYCE | POL | SENIOR II M - 30 | 16 | M 27 | 00:53:47 | 01:36:24 | 02:24:05 | | 03:21:19.45 | 6:06 | 9.8 |
| 28 | KNAP MATEUSZ | 6377 | DYNAFIT / TUTTU.PL | KATOWICE | POL | SENIOR I M - 20 | 6 | M 28 | 00:52:46 | 01:34:31 | 02:23:50 | | 03:23:18.55 | 6:09 | 9.7 |
| 29 | SZOPA ŁUKASZ | 6228 | KARKONOSZ RUNNING TEAM | DOBRA | POL | MASTERS M - 40 | 7 | M 29 | 00:56:04 | 01:39:51 | 02:28:10 | | 03:23:46.45 | 6:10 | 9.7 |
| 30 | MORAWA MATEUSZ | 6348 | LACHO TEAM | RADZISZÓW | POL | MASTERS M - 40 | 8 | M 30 | 00:58:07 | 01:42:10 | 02:30:48 | | 03:24:44.30 | 6:12 | 9.7 |
| 31 | SOKOŁOWSKI MAREK | 6095 | ALPIN SPORT HOKA ONE ONE TEAM | MYSŁOWICE-WESOŁA | POL | WETERAN I M - 50 | 1 | M 31 | 00:57:16 | 01:41:18 | 02:29:19 | | 03:25:32.90 | 6:13 | 9.6 |
| 32 | KAŹMIERCZYK ADAM | 6342 | | KATOWICE | POL | SENIOR II M - 30 | 17 | M 32 | 00:57:51 | 01:40:51 | 02:27:52 | | 03:26:02.80 | 6:14 | 9.6 |
| 33 | IRLIK LUCJAN | 6373 | | ŚWIERKLANIEC | POL | SENIOR I M - 20 | 7 | M 33 | 00:57:12 | 01:40:23 | 02:28:26 | | 03:26:07.65 | 6:14 | 9.6 |
| 34 | BAKALARZ EMIL | 6196 | ULTRA ALPACAS TEAM | WROCŁAW | POL | SENIOR II M - 30 | 18 | M 34 | 00:56:56 | 01:41:35 | 02:30:32 | | 03:28:35.10 | 6:19 | 9.5 |
| 35 | KOTKOWSKI PIOTR | 6287 | DRUŻYNA SZPIKU / MARATONYPOLSKIE TEAM | POZNAŃ | POL | MASTERS M - 40 | 9 | M 35 | 00:57:12 | 01:38:22 | 02:30:14 | | 03:34:02.00 | 6:29 | 9.3 |
| 36 | MOSZKOWICZ PAWEŁ | 6319 | NAVIGATOR/WAWEL KRAKÓW | KARNIOWICE | POL | WETERAN I M - 50 | 2 | M 36 | 00:58:10 | 01:42:12 | 02:33:18 | | 03:34:15.60 | 6:29 | 9.2 |
| 37 | ŁĘŻNIAK ALEKSANDER | 6300 | MONK SANDALS TEAM | SOBÓTKA | POL | SENIOR II M - 30 | 19 | M 37 | 01:00:52 | 01:44:27 | 02:35:15 | | 03:35:14.05 | 6:31 | 9.2 |
| 38 | WERNER KAMIL | 6055 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | SENIOR II M - 30 | 20 | M 38 | 00:58:44 | 01:42:38 | 02:33:26 | | 03:36:28.10 | 6:33 | 9.1 |
| 39 | KARWACKI MACIEJ | 6253 | | KAMIENNA GÓRA | POL | SENIOR I M - 20 | 8 | M 39 | 00:58:41 | 01:44:06 | 02:35:12 | | 03:36:40.95 | 6:33 | 9.1 |
| 40 | UMAÑA DIEGO | 6164 | CENTRUM REHABILITACJI FUNKCJONALNEJ SOWA | BARILOCHE | ARG | SENIOR II M - 30 | 21 | M 40 | 00:59:48 | | 02:36:59 | | 03:38:58.80 | 6:38 | 9 |
| 41 | TRZECIAKIEWICZ MIECZYSŁAW | 6088 | MLKS RADKÓW | MYSŁOWICE | POL | WETERAN I M - 50 | 3 | M 41 | 01:00:44 | 01:48:22 | 02:40:27 | | 03:40:04.00 | 6:40 | 9 |
| 42 | BALWIERCZAK PIOTR | 6225 | NIGHT RUNNERS WROCŁAW | WROCŁAW | POL | SENIOR II M - 30 | 22 | M 42 | 01:03:08 | 01:48:49 | 02:40:52 | | 03:41:24.45 | 6:42 | 8.9 |
| 43 | LISEK ANDRZEJ | 6333 | LISEK | POZNAN | POL | SENIOR II M - 30 | 23 | M 43 | 00:59:42 | 01:44:14 | 02:37:54 | | 03:42:27.10 | 6:44 | 8.9 |
| 44 | NOWAK MARIUSZ | 6069 | HRT | WROCŁAW | POL | SENIOR II M - 30 | 24 | M 44 | 01:03:09 | | 02:43:18 | | 03:42:32.65 | 6:44 | 8.9 |
| 45 | SŁOCIAK RAFAŁ | 6202 | RAJSPORT ACTIVE/PRZEDWOJEWSKI MOUNTAIN TEAM | OPOLE | POL | SENIOR II M - 30 | 25 | M 45 | 00:58:29 | 01:43:19 | 02:37:27 | | 03:42:39.95 | 6:44 | 8.9 |
| 46 | ZEMBIK ŁUKASZ | 6305 | KAMBODŻA | WARSZAWA | POL | SENIOR II M - 30 | 26 | M 46 | 00:54:25 | 01:37:09 | 02:32:27 | | 03:43:46.95 | 6:46 | 8.8 |
| 47 | SOBCZAK TOMASZ | 6269 | 140MINUT.PL | BRZEG DOLNY | POL | SENIOR II M - 30 | 27 | M 47 | 00:56:32 | 01:41:29 | 02:33:29 | | 03:43:49.40 | 6:46 | 8.8 |
| 48 | SOBOTA ADAM | 6260 | | POZNAŃ | POL | SENIOR I M - 20 | 9 | M 48 | 01:01:53 | 01:49:06 | 02:42:43 | | 03:44:25.80 | 6:48 | 8.8 |
| 49 | WALCZAK PATRYK | 6028 | | KONIN | POL | SENIOR II M - 30 | 28 | M 49 | 01:00:54 | 01:49:44 | 02:41:14 | | 03:44:25.95 | 6:48 | 8.8 |
| 50 | WALACIK ADAM | 6206 | | WIERUSZÓW | POL | SENIOR I M - 20 | 10 | M 50 | 00:58:45 | 01:45:45 | 02:38:03 | | 03:44:39.70 | 6:48 | 8.8 |
| 51 | MIERZWA SŁAWOMIR | 6173 | 140MINUT.PL | MIRKÓW | POL | SENIOR II M - 30 | 29 | M 51 | 01:01:53 | 01:47:38 | 02:43:16 | | 03:44:58.15 | 6:49 | 8.8 |
| 52 | BRZOZOWSKI JACEK | 6020 | | OPOLE | POL | MASTERS M - 40 | 10 | M 52 | 01:00:19 | 01:47:22 | 02:41:17 | | 03:45:19.95 | 6:49 | 8.8 |
| 53 | MISZTAL KAMIL | 6284 | | GLIWICE | POL | SENIOR II M - 30 | 30 | M 53 | 01:05:04 | 01:49:56 | 02:43:29 | | 03:45:21.50 | 6:49 | 8.8 |
| 54 | GREIVELDINGER GILLES | 6261 | ŚWIAT BIEGACZA FEHLAU RUN TEAM | KORNIK | POL | MASTERS M - 40 | 11 | M 54 | 00:58:57 | 01:45:23 | 02:41:44 | | 03:46:48.90 | 6:52 | 8.7 |
| 55 | ŚWIERCZ SZYMON | 6159 | KGHM ZGRUN | GŁOGÓW | POL | SENIOR II M - 30 | 31 | M 55 | 00:55:32 | 01:40:30 | 02:33:06 | | 03:46:56.80 | 6:52 | 8.7 |
| 56 | STACHOWIAK ŁUKASZ | 6181 | STR POZNAŃ / CITY TRAIL TEAM | POZNAŃ | POL | SENIOR II M - 30 | 32 | M 56 | 00:59:45 | 01:46:05 | 02:39:57 | | 03:47:51.80 | 6:54 | 8.7 |
| 57 | WYROŚLAK JÓZEF | 6132 | #SOBASTEAM | WROCŁAW | POL | SENIOR II M - 30 | 33 | M 57 | 01:00:20 | 01:46:59 | 02:41:25 | | 03:48:52.85 | 6:56 | 8.7 |
| 58 | FLOREK PAWEŁ | 6222 | RUNADDICTS | BYDGOSZCZ | POL | SENIOR II M - 30 | 34 | M 58 | 01:02:59 | 01:52:39 | 02:45:32 | | 03:49:48.15 | 6:57 | 8.6 |
| 59 | SZEWCZUK PIOTR | 6308 | | WROCŁAW | POL | SENIOR II M - 30 | 35 | M 59 | 01:05:17 | 01:51:09 | 02:45:56 | | 03:50:01.65 | 6:58 | 8.6 |
| 60 | HADRYŚ TOMASZ | 6243 | | WROCŁAW | POL | SENIOR II M - 30 | 36 | M 60 | 01:03:39 | 01:52:19 | 02:44:48 | | 03:50:04.55 | 6:58 | 8.6 |
| 61 | MOSIEK PIOTR | 6072 | | RAWICZ | POL | SENIOR II M - 30 | 37 | M 61 | 01:04:58 | 01:53:45 | 02:47:13 | | 03:50:56.80 | 6:59 | 8.6 |
| 62 | STUDZIŃSKI MATEUSZ | 6109 | | TARNÓW | POL | SENIOR II M - 30 | 38 | M 62 | 01:01:45 | 01:46:27 | 02:41:37 | | 03:52:04.85 | 7:01 | 8.5 |
| 63 | ŻAK ADAM | 6376 | KB LUPUS OLEŚNICA | DOBROSZYCE | POL | SENIOR II M - 30 | 39 | M 63 | 01:05:47 | 01:51:58 | 02:49:03 | | 03:52:42.00 | 7:03 | 8.5 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN MĘŻCZYZN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 64 | LITWIN MICHAŁ | 6037 | LITEWIN | PASIKUROWICE | POL | SENIOR II M - 30 | 40 | M 64 | 00:59:16 | 01:48:22 | 02:44:21 | | 03:53:13.85 | 7:04 | 8.5 |
| 65 | LASIKOWSKI MATEUSZ | 6219 | BIEGAJ POD OKIEM TRENERA | SOKOŁÓW PODLASKI | POL | SENIOR I M - 20 | 11 | M 65 | 01:03:33 | 01:49:00 | 02:46:27 | | 03:54:42.65 | 7:06 | 8.4 |
| 66 | ROGALSKI ANDRZEJ | 6381 | Q100TEAM | JEDLINA ZDRÓJ | POL | MASTERS M - 40 | 12 | M 66 | 01:04:24 | 01:51:28 | 02:48:43 | | 03:55:49.05 | 7:08 | 8.4 |
| 67 | KITA MICHAŁ | 6047 | PĘDZĄCY W MIEJSCU | WROCŁAW | POL | MASTERS M - 40 | 13 | M 67 | 00:54:34 | 01:43:43 | 02:48:07 | | 03:57:50.60 | 7:12 | 8.3 |
| 68 | CHEREDNIKOV STEPAN | 6277 | CITYZEN_ | POZNAN | POL | SENIOR II M - 30 | 41 | M 68 | 01:04:03 | 01:53:42 | 02:53:31 | | 04:00:39.55 | 7:17 | 8.2 |
| 69 | GIL STANISŁAW | 6350 | BIELAWSKA AKADEMIA BIEGANIA | DZIERŻONIÓW | POL | WETERAN II M - 60 | 1 | M 69 | 01:05:41 | 01:55:42 | 02:55:53 | | 04:01:01.30 | 7:18 | 8.2 |
| 70 | PELA DARIUSZ | 6221 | TMT TORUŃ | ŁUBIANKA | POL | SENIOR II M - 30 | 42 | M 70 | 01:04:29 | 01:53:05 | 02:51:45 | | 04:01:38.10 | 7:19 | 8.2 |
| 71 | SŁADEK PATRYK | 6172 | EX TEAM | BEŁK | POL | SENIOR I M - 20 | 12 | M 71 | 01:01:17 | 01:52:31 | 02:48:46 | | 04:01:47.15 | 7:19 | 8.2 |
| 72 | GRYSZKIEWICZ PAWEŁ | 6352 | GVT | WROCŁAW | POL | SENIOR II M - 30 | 43 | M 72 | 01:05:07 | 01:58:21 | 02:56:42 | | 04:03:56.85 | 7:23 | 8.1 |
| 73 | CZAPLA SEWERYN | 6174 | | SIEMIANOWICE ŚLĄSKIE | POL | SENIOR II M - 30 | 44 | M 73 | 01:01:17 | | 02:50:19 | | 04:03:59.20 | 7:23 | 8.1 |
| 74 | MANJURA TOMASZ | 6302 | CSC ADVENTURE ACADEMY | CHORZÓW | POL | SENIOR I M - 20 | 13 | M 74 | 01:07:37 | 01:55:43 | 02:55:34 | | 04:03:59.60 | 7:23 | 8.1 |
| 75 | BLASZKIEWICZ BOGUSZ | 6195 | STR POZNAŃ/DZIKIE BOBRY | LUSOWO | POL | SENIOR II M - 30 | 45 | M 75 | 01:05:11 | 01:56:34 | | | 04:04:35.30 | 7:24 | 8.1 |
| 76 | CZAK TOMASZ | 6169 | MULTIFIT | KĘDZIERZYN- KOŹLE | POL | MASTERS M - 40 | 14 | M 76 | 01:05:07 | 01:55:36 | 02:50:59 | | 04:04:47.60 | 7:25 | 8.1 |
| 77 | ŻYŁKA PAWEŁ | 6367 | | OPOLE | POL | MASTERS M - 40 | 15 | M 77 | 01:06:49 | 01:59:30 | 03:00:15 | | 04:04:49.50 | 7:25 | 8.1 |
| 78 | BURYŁO KRZYSZTOF | 6125 | OBORYGENI | OBORNIKI ŚLĄSKIE | POL | SENIOR I M - 20 | 14 | M 78 | 01:02:30 | 01:50:23 | 02:48:25 | | 04:04:56.85 | 7:25 | 8.1 |
| 79 | MŁYNARSKI MATEUSZ | 6140 | | WROCLAW | POL | SENIOR II M - 30 | 46 | M 79 | 01:05:50 | 01:53:13 | 02:51:41 | | 04:05:34.35 | 7:26 | 8.1 |
| 80 | LIPIŃSKI HUBERT | 6214 | KS KANAŁEK | WARSZAWA | POL | SENIOR II M - 30 | 47 | M 80 | 01:07:40 | 01:58:44 | 02:58:08 | | 04:05:46.45 | 7:26 | 8.1 |
| 81 | SZARANIEC SEBASTIAN | 6251 | T-MOBILE SPORT TEAM | WARSZAWA | POL | MASTERS M - 40 | 16 | M 81 | 01:04:39 | 01:53:04 | 02:51:48 | | 04:06:17.90 | 7:27 | 8 |
| 82 | BATOR MICHAŁ | 6179 | #OJCIECNAGIGANCIE | NADOLICE WIELKIE | POL | SENIOR II M - 30 | 48 | M 82 | 01:03:54 | | 02:51:23 | | 04:07:09.15 | 7:29 | 8 |
| 83 | ORCZYKOWSKI BOGDAN | 6280 | | NAWOJOWA | POL | SENIOR I M - 20 | 15 | M 83 | 01:09:23 | 01:59:24 | 02:55:59 | | 04:07:38.20 | 7:30 | 8 |
| 84 | SZAŁAŚNY PIOTR | 6170 | TESTYOUTDOOROWE.PL | KOBIÓR | POL | SENIOR II M - 30 | 49 | M 84 | 01:09:45 | 02:03:04 | 03:00:10 | | 04:08:14.00 | 7:31 | 8 |
| 85 | URBAŃSKI MICHAŁ | 6016 | FLUNKYBALL TEAM LĄDEK-ZDRÓJ | LĄDEK-ZDRÓJ | GBR | SENIOR II M - 30 | 50 | M 85 | 01:08:30 | 01:59:49 | 02:59:15 | | 04:08:18.40 | 7:31 | 8 |
| 86 | PACIA SEBASTIAN | 6154 | | ŁAŃCUT | POL | MASTERS M - 40 | 17 | M 86 | 01:10:23 | 02:02:50 | 02:58:51 | | 04:08:46.90 | 7:32 | 8 |
| 87 | MĘŻYKOWSKI MICHAŁ | 6388 | | WARSZAWA | POL | MASTERS M - 40 | 18 | M 87 | 01:05:40 | 01:55:24 | 02:54:46 | | 04:09:13.95 | 7:33 | 7.9 |
| 88 | KOTYRBA TOMASZ | 6036 | K_T_R_B | KATOWICE | POL | SENIOR II M - 30 | 51 | M 88 | 01:05:57 | 01:55:22 | 02:45:29 | 00:20:00 | 04:09:51.00 | 6:57 | 8.6 |
| 89 | ŻAKOWSKI KAROL | 6056 | PORT RELAKS CREW | POZNAŃ | POL | MASTERS M - 40 | 19 | M 89 | 01:07:43 | 01:56:53 | 03:04:00 | | 04:10:27.00 | 7:35 | 7.9 |
| 90 | STROZEK BARTEK | 6264 | | WROCLAW | POL | MASTERS M - 40 | 20 | M 90 | 01:07:37 | 01:55:51 | 02:57:19 | | 04:11:15.00 | 7:36 | 7.9 |
| 91 | POLAŃSKI BARTOSZ | 6192 | | WROCŁAW | POL | SENIOR II M - 30 | 52 | M 91 | 01:04:48 | 01:55:54 | 02:55:21 | | 04:14:06.50 | 7:42 | 7.8 |
| 92 | GRABOWSKI ARTII | 6394 | | KRAKÓW | POL | MASTERS M - 40 | 21 | M 92 | 01:06:25 | 02:00:57 | 03:01:48 | | 04:14:40.90 | 7:43 | 7.8 |
| 93 | KAYSIEWICZ MACIEJ | 6141 | NATURAL BORN RUNNERS TEAM | POZNAŃ | POL | MASTERS M - 40 | 22 | M 93 | 01:06:12 | 02:01:45 | 03:01:01 | | 04:15:13.95 | 7:44 | 7.8 |
| 94 | PONIATOWSKI SEWERYN | 6034 | TEBIA RUNNERS | WROCŁAW | POL | SENIOR II M - 30 | 53 | M 94 | 01:09:55 | 02:03:00 | 03:02:16 | | 04:15:26.10 | 7:44 | 7.8 |
| 95 | HACZ PAWEŁ | 6386 | | KROSNO | POL | SENIOR II M - 30 | 54 | M 95 | 01:09:15 | 02:01:57 | 03:01:26 | | 04:15:48.35 | 7:45 | 7.7 |
| 96 | RĘKOSIEWICZ JAKUB | 6351 | NOVITA | ZIELONA GÓRA | POL | MASTERS M - 40 | 23 | M 96 | 01:06:17 | 02:01:31 | 03:05:11 | | 04:18:01.40 | 7:49 | 7.7 |
| 97 | GRZEGOREK GRZEGORZ | 6327 | KLUB BIEGACZA KĄTY WROCŁAWSKIE | KĄTY WROCŁAWSKIE | POL | MASTERS M - 40 | 24 | M 97 | | 01:58:00 | | | 04:18:06.35 | 7:49 | 7.7 |
| 98 | BIEGAŃSKI MACIEJ | 6242 | ORTOSPOT | POZNAŃ | POL | SENIOR II M - 30 | 55 | M 98 | 01:09:04 | 02:00:33 | 03:01:53 | | 04:18:13.55 | 7:49 | 7.7 |
| 99 | WANKIEWICZ KRZYSZTOF | 6268 | | JELCZ-LASKOWICE | POL | MASTERS M - 40 | 25 | M 99 | 01:10:35 | | 03:05:02 | | 04:18:19.65 | 7:49 | 7.7 |
| 100 | MAKOCKI MICHAL | 6162 | FORMOSA BEARS | SZCZECIN | POL | MASTERS M - 40 | 26 | M 100 | 01:12:41 | 02:08:29 | 03:05:41 | | 04:18:32.20 | 7:50 | 7.7 |
| 101 | MUTRYNOWSKI PIOTR | 6155 | | WROCŁAW | POL | MASTERS M - 40 | 27 | M 101 | 01:14:40 | 02:06:46 | 03:11:05 | | 04:18:52.00 | 7:50 | 7.6 |
| 102 | KRZYŚKÓW PIOTR | 6012 | | WROCŁAW | POL | SENIOR II M - 30 | 56 | M 102 | 01:07:12 | 02:00:06 | 03:00:58 | | 04:19:02.65 | 7:50 | 7.6 |
| 103 | KILIAN MATEUSZ | 6078 | JÓZEFIŃSKA TEAM | KRAKÓW | POL | SENIOR II M - 30 | 57 | M 103 | 01:01:24 | 01:48:59 | 02:53:18 | | 04:20:33.80 | 7:53 | 7.6 |
| 104 | PODWÓJCI MICHAŁ | 6265 | #BIEGAJZESLAWKIEM | SKÓRZEWO | POL | SENIOR II M - 30 | 58 | M 104 | 01:08:43 | 01:59:40 | 03:08:06 | | 04:22:11.40 | 7:56 | 7.6 |
| 105 | HOFMAN JAKUB | 6339 | | WARSZAWA | POL | MASTERS M - 40 | 28 | M 105 | 01:09:50 | | 03:08:03 | | 04:22:11.80 | 7:56 | 7.6 |
| 106 | MAĆKOWSKI MATEUSZ | 6065 | NATURAL BORN COFFEE LOVERS | POZNAŃ | POL | MASTERS M - 40 | 29 | M 106 | 01:13:10 | 02:09:24 | 03:11:20 | | 04:23:07.80 | 7:58 | 7.5 |
| 107 | SOKOLOWSKI ADAM | 6030 | | WROCŁAW | POL | SENIOR II M - 30 | 59 | M 107 | 01:06:26 | 02:00:36 | 03:04:40 | | 04:25:32.90 | 8:02 | 7.5 |
| 108 | SWATOWSKI TOMASZ | 6326 | KLUB BIEGACZA KĄTY WROCŁAWSKIE | KĄTY WROCŁAWSKIE | POL | SENIOR II M - 30 | 60 | M 108 | 01:07:20 | 01:57:41 | 03:12:51 | | 04:26:33.55 | 8:04 | 7.4 |
| 109 | JÓŹWIAK MICHAŁ | 6372 | | KÓRNIK | POL | MASTERS M - 40 | 30 | M 109 | 01:12:42 | 02:05:45 | 03:07:21 | | 04:27:28.30 | 8:06 | 7.4 |
| 110 | KUBAS KRYSTIAN | 6101 | PRUSZCZBIEGA/STRASZYNULTRATEAM | PRUSZCZ GDANSKI | POL | SENIOR II M - 30 | 61 | M 110 | 01:12:17 | 02:08:00 | 03:03:08 | | 04:27:39.40 | 8:06 | 7.4 |
| 111 | NIKOLIN ANDRZEJ | 6121 | | WROCŁAW (WROCŁAW-KRZYKI) | POL | SENIOR I M - 20 | 16 | M 111 | 01:08:42 | 02:01:26 | 03:09:20 | | 04:27:59.85 | 8:07 | 7.4 |
| 112 | HOŁYST MARCIN | 6379 | CENTRUM FORMY 58100 | MARCINOWICE | POL | SENIOR II M - 30 | 62 | M 112 | 01:06:52 | 02:00:45 | 03:03:07 | | 04:28:54.40 | 8:08 | 7.4 |
| 113 | NOWAKOWSKI KAROL | 6120 | | JEDLIŃSK | POL | SENIOR II M - 30 | 63 | M 113 | 01:14:14 | 02:12:30 | 03:16:55 | | 04:28:59.00 | 8:09 | 7.4 |
| 114 | ZIELIŃSKI DOMINIK | 6329 | | ŚREM | POL | SENIOR II M - 30 | 64 | M 114 | 01:10:45 | 02:06:32 | 03:10:04 | | 04:30:12.15 | 8:11 | 7.3 |
| 115 | BYCZKOWSKI DARIUSZ | 6061 | | LEGNICA | POL | SENIOR II M - 30 | 65 | M 115 | 01:12:20 | 02:06:53 | 03:10:25 | | 04:30:17.00 | 8:11 | 7.3 |
| 116 | GROZIK MICHAŁ | 6176 | PORANNI BIEGACZE | GAJKÓW | POL | WETERAN I M - 50 | 4 | M 116 | 01:08:29 | 02:03:26 | 03:08:30 | | 04:30:33.55 | 8:11 | 7.3 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN MĘŻCZYZN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 117 | MARECKI GRZEGORZ | 6231 | KRAPKOWICE BIEGA | KRAPKOWICE | POL | MASTERS M - 40 | 31 | M 117 | 01:10:11 | 02:05:29 | 03:11:10 | | 04:30:43.30 | 8:12 | 7.3 |
| 118 | ORDYNIEC SŁAWOMIR | 6311 | KB LEROY MERLIN | ŚWIDNICA | POL | SENIOR I M - 20 | 17 | M 118 | 01:06:36 | 01:57:51 | 02:55:13 | | 04:30:59.20 | 8:12 | 7.3 |
| 119 | KRUKOWSKI ŁUKASZ | 6067 | MKS SIECHNICE | GROBLICE | POL | SENIOR II M - 30 | 66 | M 119 | 01:12:53 | 02:11:14 | 03:18:23 | | 04:34:31.75 | 8:19 | 7.2 |
| 120 | POLACZEK DANIEL | 6127 | IZBICKO W BIEGU | OTMICE | POL | SENIOR I M - 20 | 18 | M 120 | 01:10:53 | 02:03:15 | 03:10:14 | | 04:34:46.70 | 8:19 | 7.2 |
| 121 | WALEŃSKI MACIEJ | 6004 | | PIASKI | POL | SENIOR II M - 30 | 67 | M 121 | 01:09:45 | 02:08:30 | 03:15:27 | | 04:35:29.95 | 8:20 | 7.2 |
| 122 | DREAS JAKUB | 6263 | WĘDZIKOWSKITEAM / DZIKIE BOBRY | RYBITWY | POL | SENIOR II M - 30 | 68 | M 122 | 01:13:13 | 02:09:44 | 03:16:49 | | 04:35:54.55 | 8:21 | 7.2 |
| 123 | MARIN IRIGARAY ALBERTO | 6075 | | ALMERÍA | ESP | SENIOR II M - 30 | 69 | M 123 | 01:14:08 | 02:08:18 | 03:16:57 | | 04:36:41.20 | 8:23 | 7.2 |
| 124 | PAŻUCHA WOJCIECH | 6330 | | LUSÓWKO | POL | MASTERS M - 40 | 32 | M 124 | 01:08:50 | 02:02:45 | 03:19:24 | | 04:36:58.35 | 8:23 | 7.1 |
| 125 | KOŁODZIEJ MARIUSZ | 6054 | TMTEAM | LEGNICA | POL | MASTERS M - 40 | 33 | M 125 | 01:12:10 | | 03:17:45 | | 04:39:18.40 | 8:27 | 7.1 |
| 126 | PÓŁROLNICZAK PAWEL | 6340 | | ŁUBNIANY | POL | SENIOR II M - 30 | 70 | M 126 | 01:20:01 | 02:19:27 | 03:19:04 | | 04:40:43.85 | 8:30 | 7.1 |
| 127 | STRZELCZYK WIKTOR | 6102 | CARPATHIAN RUNNERS | RZESZÓW | POL | SENIOR II M - 30 | 71 | M 127 | 01:15:46 | 02:16:47 | 03:22:13 | | 04:40:50.75 | 8:30 | 7.1 |
| 128 | BARTOSIEWICZ ADAM | 6365 | | GRYFINO | POL | MASTERS M - 40 | 34 | M 128 | 01:15:48 | 02:12:19 | 03:20:10 | | 04:41:23.30 | 8:31 | 7 |
| 129 | GŁÓWKA MACIEJ | 6014 | ISOFIT.PL | KARWIANY | POL | SENIOR II M - 30 | 72 | M 129 | 01:18:05 | | 03:25:51 | | 04:41:56.40 | 8:32 | 7 |
| 130 | TALAREK ROBERT | 6335 | SMT SZCZECIN | SZCZECIN | POL | MASTERS M - 40 | 35 | M 130 | 01:13:58 | 02:11:39 | 03:16:44 | | 04:42:07.35 | 8:32 | 7 |
| 131 | PERENC MICHAŁ | 6184 | CARPATHIAN RUNNERS | JAROSŁAW | POL | SENIOR I M - 20 | 19 | M 131 | 01:20:46 | 02:21:10 | 03:23:53 | | 04:42:57.15 | 8:34 | 7 |
| 132 | MISIAK ARTUR | 6356 | | STRONIE ŚLĄSKIE | POL | WETERAN I M - 50 | 5 | M 132 | 01:12:42 | 02:10:22 | 03:19:57 | | 04:43:25.65 | 8:35 | 7 |
| 133 | MACHTAŁOWICZ SZYMON | 6022 | | ŁÓDŹ | POL | SENIOR II M - 30 | 73 | M 133 | 01:16:53 | 02:17:43 | 03:25:20 | | 04:43:45.85 | 8:35 | 7 |
| 134 | KRZESZOWIEC JACEK | 6077 | | WROCŁAW | POL | MASTERS M - 40 | 36 | M 134 | 01:13:03 | 02:11:18 | 03:20:33 | | 04:43:56.15 | 8:36 | 7 |
| 135 | JAŹWIŃSKI KRZYSZTOF | 6098 | ROZBIEGANI ŻYCHLIN | ŻYCHLIN | POL | MASTERS M - 40 | 37 | M 135 | 01:17:03 | 02:17:47 | 03:25:30 | | 04:44:12.05 | 8:36 | 7 |
| 136 | ZWOLIŃSKI MARIUSZ | 6165 | | WARSZAWA | POL | MASTERS M - 40 | 38 | M 136 | 01:12:31 | 02:10:36 | 03:17:07 | | 04:44:32.85 | 8:37 | 7 |
| 137 | DUPLA KONRAD | 6341 | | WROCŁAW | POL | MASTERS M - 40 | 39 | M 137 | 01:10:13 | 02:08:07 | 03:17:00 | | 04:44:42.95 | 8:37 | 7 |
| 138 | KSIĄDZ KAROL | 6213 | | KRYRY | POL | SENIOR II M - 30 | 74 | M 138 | 01:19:21 | 02:15:21 | 03:25:17 | | 04:45:06.90 | 8:38 | 6.9 |
| 139 | RYCHLEWICZ TOMASZ | 6019 | | WROCŁAW | POL | SENIOR II M - 30 | 75 | M 139 | 01:10:50 | 02:08:55 | 03:22:48 | | 04:45:11.45 | 8:38 | 6.9 |
| 140 | KARCZ TOMASZ | 6393 | | WROCŁAW | POL | MASTERS M - 40 | 40 | M 140 | 01:10:06 | 02:07:59 | 03:14:48 | | 04:46:14.10 | 8:40 | 6.9 |
| 141 | PASZKE MACIEJ | 6235 | SKALPEL | TORUŃ | POL | SENIOR II M - 30 | 76 | M 141 | | 02:16:46 | 03:28:13 | | 04:46:24.70 | 8:40 | 6.9 |
| 142 | PIWKO MATEUSZ | 6138 | | SZCZECIN | POL | SENIOR II M - 30 | 77 | M 142 | 01:14:18 | 02:10:01 | 03:25:33 | | 04:46:32.45 | 8:40 | 6.9 |
| 143 | HUBKA JERZY | 6306 | ZABRZAŃSKIE PARKOWE BIEGANIE | ZABRZE | POL | WETERAN I M - 50 | 6 | M 143 | 01:16:51 | 02:16:54 | 03:28:34 | | 04:46:42.70 | 8:41 | 6.9 |
| 144 | RESZKA MAREK | 6026 | | LUBLIN | POL | SENIOR II M - 30 | 78 | M 144 | 01:10:58 | 02:06:47 | 03:32:25 | | 04:47:03.00 | 8:41 | 6.9 |
| 145 | TYLKOWSKI FILIP | 6285 | | WROCŁAW | POL | SENIOR I M - 20 | 20 | M 145 | 01:11:42 | 02:05:26 | 03:15:54 | | 04:47:10.15 | 8:42 | 6.9 |
| 146 | PIĄTKIEWICZ ŁUKASZ | 6094 | TOUR DE ZBÓJ | RADZISZÓW | POL | SENIOR II M - 30 | 79 | M 146 | 01:16:48 | 02:15:50 | 03:26:04 | | 04:47:29.05 | 8:42 | 6.9 |
| 147 | WALENDA MATEUSZ | 6240 | KS KANAŁEK | GARWOLIN | POL | SENIOR II M - 30 | 80 | M 147 | 01:08:19 | 02:09:37 | 03:20:59 | | 04:48:25.05 | 8:44 | 6.9 |
| 148 | ZABŁOCKI MATEUSZ | 6071 | | WIELUŃ | POL | SENIOR II M - 30 | 81 | M 148 | 01:18:19 | 02:18:12 | 03:27:22 | | 04:49:25.85 | 8:46 | 6.8 |
| 149 | NESTEREWICZ RYSZARD | 6204 | LKS ISKRA JASZKOWA | KŁODZKO | POL | WETERAN II M - 60 | 2 | M 149 | 01:11:18 | 02:07:37 | 03:26:05 | | 04:51:14.50 | 8:49 | 6.8 |
| 150 | KURCZEK TOMASZ | 6290 | | GLIWICE | POL | MASTERS M - 40 | 41 | M 150 | 01:16:07 | 02:14:35 | 03:26:16 | | 04:51:40.95 | 8:50 | 6.8 |
| 151 | KOTKIEWICZ KAROL | 6066 | LOTOS RUNNING TEAM | GDAŃSK | POL | SENIOR II M - 30 | 82 | M 151 | 01:12:15 | 02:12:27 | 03:26:22 | | 04:52:27.50 | 8:51 | 6.8 |
| 152 | KNEBLOCH KASPER | 6362 | DZIK KOMANDO | ŁÓDŹ | POL | SENIOR II M - 30 | 83 | M 152 | 01:16:03 | 02:13:08 | 03:27:55 | | 04:53:25.85 | 8:53 | 6.7 |
| 153 | KANTOREK PIOTR | 6060 | | SKIERNIEWICE | POL | MASTERS M - 40 | 42 | M 153 | 01:18:11 | 02:12:59 | 03:26:50 | | 04:55:01.65 | 8:56 | 6.7 |
| 154 | KNEZEVIC SRDJAN | 6123 | | LJUBLJANA | SLO | MASTERS M - 40 | 43 | M 154 | 01:18:23 | 02:13:15 | 03:27:02 | | 04:55:14.00 | 8:56 | 6.7 |
| 155 | STASZEWSKI DARIUSZ | 6198 | | TOMASZÓW MAZOWIECKI | POL | SENIOR II M - 30 | 84 | M 155 | 01:20:38 | 02:22:27 | 03:35:09 | | 04:56:18.65 | 8:58 | 6.7 |
| 156 | BEDNARCZYK PAWEŁ | 6084 | PZU SPORT TEAM | BABKI | POL | MASTERS M - 40 | 44 | M 156 | 01:12:51 | 02:11:50 | 03:23:34 | | 04:57:17.00 | 9:00 | 6.7 |
| 157 | CHMURKO MICHAŁ | 6246 | BLACKSHEEPTEAM | GLIWICE | POL | SENIOR II M - 30 | 85 | M 157 | 01:17:37 | 02:18:43 | 03:32:02 | | 04:57:19.95 | 9:00 | 6.7 |
| 158 | STANIEK SŁAWOMIR | 6245 | BST | RYBNIK | POL | MASTERS M - 40 | 45 | M 158 | 01:17:46 | 02:18:47 | 03:32:13 | | 04:57:29.75 | 9:00 | 6.7 |
| 159 | NOWAK SEBASTIAN | 6357 | | ŚWIĘTA KATARZYNA | POL | MASTERS M - 40 | 46 | M 159 | 01:19:30 | 02:19:55 | 03:34:13 | | 04:58:08.15 | 9:02 | 6.6 |
| 160 | JANCZAK PIOTR | 6358 | | ŻERNIKI WROCŁAWSKIE | POL | MASTERS M - 40 | 47 | M 160 | 01:19:23 | 02:19:41 | 03:34:04 | | 04:58:17.40 | 9:02 | 6.6 |
| 161 | FRĄCKOWIAK DARIUSZ | 6168 | | GOSTYŃ | POL | SENIOR II M - 30 | 86 | M 161 | 01:09:35 | 02:09:23 | 03:18:34 | | 04:58:33.35 | 9:02 | 6.6 |
| 162 | KRASUSKI MARCIN | 6227 | MARCIN KRASUSKI | WARSZAWA | POL | SENIOR II M - 30 | 87 | M 162 | 01:16:19 | 02:15:13 | 03:28:02 | | 04:58:57.00 | 9:03 | 6.6 |
| 163 | WOLEK JERZY | 6234 | | TYCHY | POL | WETERAN II M - 60 | 3 | M 163 | 01:18:38 | | 03:32:34 | | 05:00:46.90 | 9:06 | 6.6 |
| 164 | RELEWICZ MACIEJ | 6021 | WOLNE ŚLIMAKI | POZNAŃ | POL | MASTERS M - 40 | 48 | M 164 | 01:22:02 | 02:22:11 | 03:34:40 | | 05:01:27.80 | 9:08 | 6.6 |
| 165 | SKOCZEK PRZEMYSŁAW | 6233 | | WARSZAWA | POL | SENIOR II M - 30 | 88 | M 165 | 01:12:42 | 02:13:46 | 03:32:52 | | 05:01:42.65 | 9:08 | 6.6 |
| 166 | ZALIŃSKI LESZEK | 6189 | | WROCŁAW | POL | SENIOR II M - 30 | 89 | M 166 | 01:15:26 | | 03:29:22 | | 05:03:02.50 | 9:11 | 6.5 |
| 167 | NEUMANN JACEK | 6355 | CENTRUM ŁĄKOWA 1 | RADKÓW | POL | WETERAN I M - 50 | 7 | M 167 | 01:22:01 | 02:25:29 | 03:34:32 | | 05:03:22.50 | 9:11 | 6.5 |
| 168 | WALCZAK DARIUSZ | 6144 | OLKUSZBIEGA | BOLESŁAW | POL | MASTERS M - 40 | 49 | M 168 | 01:18:50 | 02:24:24 | 03:39:43 | | 05:05:07.55 | 9:14 | 6.5 |
| 169 | RYSZCZYK ADAM | 6354 | RUN2BFREE | RYBNIK | POL | MASTERS M - 40 | 50 | M 169 | 01:29:19 | 02:28:51 | 03:39:19 | | 05:05:52.45 | 9:16 | 6.5 |
| 170 | HELIOSZ ADAM | 6353 | RUN2BFREE | RYBNIK | POL | MASTERS M - 40 | 51 | M 170 | 01:29:30 | 02:28:57 | 03:39:32 | | 05:06:01.90 | 9:16 | 6.5 |
| 171 | SZELĄGIEWICZ AREK | 6175 | | SZCZECIN | POL | MASTERS M - 40 | 52 | M 171 | 01:19:43 | 02:22:47 | 03:38:51 | | 05:06:11.20 | 9:16 | 6.5 |
| 172 | GIERASIMOWICZ SZYMON | 6239 | TOTALSPORT.PL | DOBRA | POL | MASTERS M - 40 | 53 | M 172 | 01:22:14 | 02:24:09 | 03:37:44 | | 05:06:11.65 | 9:16 | 6.5 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN MĘŻCZYZN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 173 | MAJ MAREK | 6151 | ŚLĘZAK TEAM | WROCŁAW | POL | MASTERS M - 40 | 54 | M 173 | 01:20:41 | 02:23:23 | 03:37:49 | | 05:06:27.55 | 9:17 | 6.5 |
| 174 | KRZYŻEWSKI ROGER | 6136 | INDYWIDUALNA PRAKTYKA LEKARSKA ROGER KRZYŻEWSKI | KRAKÓW | POL | SENIOR II M - 30 | 90 | M 174 | 01:21:08 | 02:21:59 | 03:39:45 | | 05:06:50.60 | 9:17 | 6.5 |
| 175 | KAMYSZ ROBERT | 6292 | KLUB WYSKOGÓRSKI KRAKÓW | KRAKÓW | POL | WETERAN I M - 50 | 8 | M 175 | 01:19:15 | 02:19:14 | 03:34:18 | | 05:07:22.95 | 9:18 | 6.4 |
| 176 | LEWANDOWSKI LESZEK | 6323 | POWSTAŃCY Z KANAPY | BRZEZINA | POL | MASTERS M - 40 | 55 | M 176 | 01:24:05 | 02:28:56 | 03:44:13 | | 05:07:44.50 | 9:19 | 6.4 |
| 177 | TRZASKACZ TOMASZ | 6347 | OBORYGENI | TRZEBNICA | POL | MASTERS M - 40 | 56 | M 177 | 01:31:50 | 02:30:14 | 03:38:28 | | 05:08:25.45 | 9:20 | 6.4 |
| 178 | ZIÓŁKOWSKI PIOTR | 6105 | | BRUKSELA | BEL | MASTERS M - 40 | 57 | M 178 | 01:21:17 | 02:22:20 | 03:37:33 | | 05:08:28.55 | 9:20 | 6.4 |
| 179 | CZERNIAK TOBIASZ | 6250 | | KRAPKOWICE | POL | SENIOR II M - 30 | 91 | M 179 | 01:10:35 | 02:08:36 | 03:32:45 | | 05:10:29.70 | 9:24 | 6.4 |
| 180 | POLAŃSKI MATEUSZ | 6361 | | SPALICE | POL | SENIOR II M - 30 | 92 | M 180 | 01:15:35 | 02:17:01 | 03:37:05 | | 05:12:11.05 | 9:27 | 6.3 |
| 181 | TOMASZEWSKI WOJCIECH | 6346 | | KUDOWA ZDRÓJ | POL | SENIOR I M - 20 | 21 | M 181 | 01:22:08 | 02:29:35 | 03:44:43 | | 05:12:13.35 | 9:27 | 6.3 |
| 182 | KURZYNIEC ŁUKASZ | 6197 | | WROCŁAW | POL | SENIOR II M - 30 | 93 | M 182 | 01:33:04 | | 03:46:31 | | 05:16:16.05 | 9:35 | 6.3 |
| 183 | DOBOSZ LESZEK | 6133 | | POZNAŃ | POL | SENIOR II M - 30 | 94 | M 183 | 01:23:51 | 02:30:18 | 03:41:50 | | 05:16:52.70 | 9:36 | 6.2 |
| 184 | MATYLA ROMAN | 6193 | | WROCŁAW | POL | SENIOR II M - 30 | 95 | M 184 | | 02:36:15 | | | 05:17:56.00 | 9:38 | 6.2 |
| 185 | GODLEWSKI ADAM | 6236 | SKALPEL | PŁOCK | POL | SENIOR II M - 30 | 96 | M 185 | 01:18:04 | 02:23:06 | 03:37:00 | | 05:18:26.20 | 9:38 | 6.2 |
| 186 | CHWALISZ PAWEŁ | 6190 | | WROCŁAW | POL | MASTERS M - 40 | 58 | M 186 | 01:18:39 | 02:19:54 | 03:41:25 | | 05:20:00.50 | 9:41 | 6.2 |
| 187 | HAWRYLISZYN JAN | 6194 | | ŁOZINA | POL | SENIOR II M - 30 | 97 | M 187 | 01:26:04 | 02:36:59 | 03:50:41 | | 05:21:42.35 | 9:44 | 6.2 |
| 188 | KWIECIEŃ ROBERT | 6085 | | KIELCE | POL | MASTERS M - 40 | 59 | M 188 | 01:21:24 | 02:25:57 | 03:46:10 | | 05:22:30.25 | 9:46 | 6.1 |
| 189 | STEFANIAK MARCIN | 6011 | STR POZNAŃ/PREFAWAAB | DĄBRÓWKA | POL | MASTERS M - 40 | 60 | M 189 | 01:17:55 | 02:23:15 | 03:38:39 | | 05:22:30.35 | 9:46 | 6.1 |
| 190 | SNIEGOCKI PAWEL | 6145 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS M - 40 | 61 | M 190 | 01:26:51 | 02:31:17 | 03:54:18 | | 05:25:13.70 | 9:51 | 6.1 |
| 191 | WIŚNIEWSKI TOMASZ | 6032 | | ALEKSANDRÓW KUJAWSKI | POL | MASTERS M - 40 | 62 | M 191 | 01:21:13 | 02:29:06 | 03:51:07 | | 05:25:53.40 | 9:52 | 6.1 |
| 192 | CZARNIECKI DANIEL | 6171 | TIE | POLANICA-ZDRÓJ | POL | SENIOR II M - 30 | 98 | M 192 | 01:21:19 | 02:25:49 | 03:49:00 | | 05:26:19.95 | 9:53 | 6.1 |
| 193 | KOT TOMASZ | 6282 | | WARSZAWA | POL | MASTERS M - 40 | 63 | M 193 | 01:22:09 | 02:27:55 | 03:52:11 | | 05:27:07.70 | 9:54 | 6.1 |
| 194 | KISIELIŃSKI TOMASZ | 6201 | | GDYNIA | POL | WETERAN I M - 50 | 9 | M 194 | 01:17:24 | 02:21:56 | 03:47:17 | | 05:27:25.90 | 9:55 | 6 |
| 195 | GRZESIOK WOJCIECH | 6395 | | DĄBROWA GÓRNICZA | POL | MASTERS M - 40 | 64 | M 195 | 01:17:25 | 02:17:31 | 03:43:59 | | 05:30:32.45 | 10:00 | 6 |
| 196 | PUZIO MACIEJ | 6183 | | KRAKÓW | POL | SENIOR II M - 30 | 99 | M 196 | 01:22:17 | 02:29:45 | 03:47:00 | | 05:30:52.90 | 10:01 | 6 |
| 197 | GRZYBEK TOMASZ | 6111 | KLUB GÓRSKI ŚWISTAK BIAŁY | ZIELONA GÓRA | POL | MASTERS M - 40 | 65 | M 197 | 01:19:59 | 02:23:11 | 03:45:12 | | 05:32:12.15 | 10:04 | 6 |
| 198 | KRUTULSKI MICHAŁ | 6112 | KLUB GÓRSKI ŚWISTAK BIAŁY | ZIELONA GÓRA | POL | MASTERS M - 40 | 66 | M 198 | 01:20:08 | 02:23:04 | 03:45:18 | | 05:32:22.85 | 10:04 | 6 |
| 199 | SOSNÓWKA LESZEK | 6153 | KLUB SOSNOWY | DZIAŁDOWO | POL | WETERAN I M - 50 | 10 | M 199 | 01:22:07 | 02:25:14 | 03:47:31 | | 05:33:30.30 | 10:06 | 5.9 |
| 200 | MISZCZYK MARCIN | 6389 | | KRAKÓW | POL | MASTERS M - 40 | 67 | M 200 | 01:27:10 | 02:33:56 | 03:54:36 | | 05:34:26.00 | 10:08 | 5.9 |
| 201 | PIEKIELNIAK RAFAŁ | 6313 | BIAŁE CZY CZARNE SKARPETKI? | PYSKOWICE | POL | SENIOR II M - 30 | 100 | M 201 | 01:28:35 | 02:32:52 | 03:55:51 | | 05:35:58.15 | 10:10 | 5.9 |
| 202 | JAGACKI PIOTR | 6226 | RYKOWISKO | PŁOCK | POL | MASTERS M - 40 | 68 | M 202 | 01:21:36 | 02:32:01 | 03:55:27 | | 05:35:59.55 | 10:10 | 5.9 |
| 203 | PFAJFER MAREK | 6092 | MARATONYPOLSKIE.PL TEAM | POZNAŃ | POL | SENIOR II M - 30 | 101 | M 203 | 01:31:06 | 02:37:00 | 03:55:38 | | 05:37:57.35 | 10:14 | 5.9 |
| 204 | FLORCZAK BARTOSZ | 6321 | BARTOSZ FLORCZAK - DIETETYK | WROCŁAW | POL | SENIOR I M - 20 | 22 | M 204 | 01:35:40 | 02:45:13 | 04:04:28 | | 05:38:36.10 | 10:15 | 5.8 |
| 205 | BARANIECKI ZBIGNIEW | 6203 | 100 MCP | POZNAŃ | POL | WETERAN II M - 60 | 4 | M 205 | 01:33:11 | 02:40:43 | 04:00:35 | | 05:38:37.60 | 10:15 | 5.8 |
| 206 | FLORCZAK ZDZISŁAW | 6148 | SIŁA OGRA | WROCŁAW | POL | WETERAN II M - 60 | 5 | M 206 | 01:35:22 | 02:45:19 | 04:04:40 | | 05:38:45.75 | 10:15 | 5.8 |
| 207 | KARCZEWSKI TOMASZ | 6318 | 10 MINUT PO PŁASKIM | PUSZCZYKOWO | POL | MASTERS M - 40 | 69 | M 207 | 01:19:41 | 02:31:34 | 03:56:04 | | 05:39:35.35 | 10:17 | 5.8 |
| 208 | KRZEMIEŃ BARTOSZ | 6128 | | KATOWICE | POL | MASTERS M - 40 | 70 | M 208 | 01:28:02 | 02:34:26 | 04:03:34 | | 05:41:27.55 | 10:20 | 5.8 |
| 209 | PIOTROWSKI MARIUSZ | 6137 | | CHORZÓW | POL | MASTERS M - 40 | 71 | M 209 | 01:28:04 | 02:34:30 | 04:03:38 | | 05:41:35.25 | 10:21 | 5.8 |
| 210 | GRZYBEK SŁAWOMIR | 6230 | | KATOWICE | POL | SENIOR II M - 30 | 102 | M 210 | 01:26:52 | 02:39:56 | 04:06:20 | | 05:41:35.85 | 10:21 | 5.8 |
| 211 | KORECKI MARCIN | 6325 | 4FI16 | DOBCZYCE | POL | MASTERS M - 40 | 72 | M 211 | 01:24:44 | 02:28:46 | 04:00:53 | | 05:42:09.65 | 10:22 | 5.8 |
| 212 | MADAJ PAWEŁ | 6062 | BIEGAM, BO NIE LUBIĘ | POZNAŃ | POL | MASTERS M - 40 | 73 | M 212 | 01:27:32 | 02:38:39 | 03:56:37 | | 05:42:21.80 | 10:22 | 5.8 |
| 213 | SMOLARCZYK GRZEGORZ | 6211 | | SIEMIANOWICE ŚLĄSKIE | POL | MASTERS M - 40 | 74 | M 213 | 01:30:36 | 02:50:08 | 04:05:14 | | 05:43:42.20 | 10:24 | 5.8 |
| 214 | KRYSZTOFIAK DAWID | 6266 | | WARSZAWA | POL | SENIOR I M - 20 | 23 | M 214 | 01:14:43 | 02:23:30 | 03:54:29 | | 05:44:20.75 | 10:26 | 5.7 |
| 215 | NOWICKI MAREK | 6177 | PORANNI BIEGACZE | DOBRZYKOWICE | POL | MASTERS M - 40 | 75 | M 215 | 01:35:46 | 02:57:00 | 04:03:19 | | 05:44:39.75 | 10:26 | 5.7 |
| 216 | PLACKOWSKI MARCIN | 6296 | GOSTYŃ | POZNAŃ | POL | SENIOR I M - 20 | 24 | M 216 | 01:19:32 | 02:25:47 | 03:56:49 | | 05:47:56.15 | 10:32 | 5.7 |
| 217 | LOPATIN ILYA | 6160 | | WROCŁAW | | SENIOR II M - 30 | 103 | M 217 | 01:36:42 | 02:42:18 | 04:05:58 | | 05:48:04.80 | 10:32 | 5.7 |
| 218 | ŻURAWIK MARCIN | 6322 | SAINT GOBAIN SQUAD | KOŁO | POL | MASTERS M - 40 | 76 | M 218 | 01:36:17 | 02:44:15 | 04:02:03 | | 05:48:20.90 | 10:33 | 5.7 |
| 219 | SKÓRA MARCIN | 6276 | EMES I PARTNERZY | TARNÓW | POL | MASTERS M - 40 | 77 | M 219 | 01:29:19 | 02:31:03 | 04:01:59 | | 05:48:35.35 | 10:33 | 5.7 |
| 220 | NETOLICKÝ MARTIN | 6271 | | BRNO | CZE | SENIOR II M - 30 | 104 | M 220 | 01:37:45 | 02:47:29 | 04:07:00 | | 05:49:10.85 | 10:34 | 5.7 |
| 221 | SUŁEK TOMEK | 6129 | | WARSZAWA | POL | MASTERS M - 40 | 78 | M 221 | 01:33:06 | | 04:02:05 | | 05:51:51.75 | 10:39 | 5.6 |
| 222 | BARAN JĘDRZEJ | 6283 | HASAJ TO! | SZCZECIN | POL | SENIOR II M - 30 | 105 | M 222 | 01:32:25 | 02:40:29 | 04:03:38 | | 05:52:27.75 | 10:40 | 5.6 |
| 223 | MROZIŃSKI ALBERT | 6051 | | ALEKSANDRÓW ŁÓDZKI | POL | MASTERS M - 40 | 79 | M 223 | 01:46:03 | 02:55:57 | 04:09:23 | | 05:52:38.20 | 10:41 | 5.6 |
| 224 | TKACZ RAFAŁ | 6275 | HASAJ TO! | SZCZECIN | POL | SENIOR II M - 30 | 106 | M 224 | 01:32:18 | 02:40:51 | 04:03:52 | | 05:52:43.25 | 10:41 | 5.6 |
| 225 | NOWOSAD ARTUR | 6289 | | WOŁÓW | POL | MASTERS M - 40 | 80 | M 225 | 01:25:01 | 02:32:32 | 04:04:44 | | 05:53:50.50 | 10:43 | 5.6 |
| 226 | MODRZYŃSKI PRZEMYSŁAW | 6149 | | ELBLĄG | POL | WETERAN I M - 50 | 11 | M 226 | 01:33:15 | 02:42:04 | 04:13:01 | | 05:54:42.20 | 10:44 | 5.6 |
| 227 | SOBKOWIAK SŁAWOMIR | 6295 | WRONIECKI KLUB BIEGACZA | WRONKI | POL | MASTERS M - 40 | 81 | M 227 | 01:27:51 | 02:38:14 | 04:12:53 | | 05:54:54.05 | 10:45 | 5.6 |
| 228 | SCHLAPPA SEBASTIAN | 6124 | IZBICKO W BIEGU | IZBICKO | POL | MASTERS M - 40 | 82 | M 228 | 01:29:37 | 02:46:35 | 04:09:09 | | 05:55:05.05 | 10:45 | 5.6 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, OPEN MĘŻCZYZN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 229 | TOKARSKI RAFAŁ | 6375 | | KRAKÓW | POL | MASTERS M - 40 | 83 | M 229 | 01:34:54 | 02:49:56 | 04:01:50 | | 05:56:22.55 | 10:47 | 5.6 |
| 230 | GONERA KAZIMIERZ | 6002 | KB HARCOWNIK JELCZ-LASKOWICE | MIŁOSZYCE | POL | WETERAN II M - 60 | 6 | M 230 | 01:27:24 | 02:42:05 | 04:14:48 | | 06:00:24.15 | 10:55 | 5.5 |
| 231 | CZUPRYNSKI RAFAL | 6090 | | WARSZAWA | POL | SENIOR II M - 30 | 107 | M 231 | 01:24:20 | 02:32:40 | 04:01:11 | | 06:01:25.85 | 10:57 | 5.5 |
| 232 | SEREDA ANDRII | 6135 | | KRAKOW | POL | SENIOR II M - 30 | 108 | M 232 | 01:31:51 | 02:41:47 | 04:08:15 | | 06:01:49.20 | 10:57 | 5.5 |
| 233 | STASZCZUK JAROSŁAW | 6210 | WATAHA- ŁĄCZY NAS BIEGANIE | BRZEG | POL | MASTERS M - 40 | 84 | M 233 | 01:36:00 | 02:53:52 | 04:11:26 | | 06:02:06.40 | 10:58 | 5.5 |
| 234 | CYKOWSKI WOJCIECH | 6344 | KOMENDA MIEJSKA PAŃSTWOWEJ STRAŻY POŻARNEJ W OPOLU | TUŁOWICE | POL | SENIOR I M - 20 | 25 | M 234 | 01:29:35 | 02:44:35 | 04:03:32 | | 06:02:52.70 | 10:59 | 5.5 |
| 235 | ADAMSKI BARTŁOMIEJ | 6272 | | MODLNICA | POL | MASTERS M - 40 | 85 | M 235 | 01:34:52 | 02:55:24 | 04:20:22 | | 06:04:58.90 | 11:03 | 5.4 |
| 236 | WALKER STEPHEN | 6298 | | WARSAW | POL | SENIOR I M - 20 | 26 | M 236 | 01:44:42 | 03:00:17 | 04:22:27 | | 06:05:22.00 | 11:04 | 5.4 |
| 237 | ŁUKASIK BARTŁOMIEJ | 6107 | | PNIEWY | POL | SENIOR II M - 30 | 109 | M 237 | 01:40:39 | 03:01:06 | 04:25:49 | | 06:06:10.45 | 11:05 | 5.4 |
| 238 | KOTNIEWICZ PIOTR | 6391 | | OPOLE | POL | SENIOR I M - 20 | 27 | M 238 | 01:30:14 | 02:41:14 | 04:15:17 | | 06:07:14.15 | 11:07 | 5.4 |
| 239 | PRZYBYLSKI WITEK | 6392 | MUAY RUNNING TEAM | ZALASEWO | POL | MASTERS M - 40 | 86 | M 239 | 01:44:37 | 03:12:13 | 04:23:21 | | 06:09:07.90 | 11:11 | 5.4 |
| 240 | CICHY ROMAN | 6384 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS M - 40 | 87 | M 240 | 01:44:49 | 03:12:16 | 04:23:31 | | 06:09:17.25 | 11:11 | 5.4 |
| 241 | STOŁOWSKI ROBERT | 6294 | AMICA | WIELEŃ | POL | MASTERS M - 40 | 88 | M 241 | 01:31:45 | 02:50:01 | 04:25:28 | | 06:11:06.95 | 11:14 | 5.3 |
| 242 | KOWALSKI IRENEUSZ | 6082 | | WROCŁAW | POL | WETERAN I M - 50 | 12 | M 242 | 01:44:43 | 03:08:45 | 04:30:36 | | 06:11:33.55 | 11:15 | 5.3 |
| 243 | KUREK JAROSŁAW | 6212 | RAJ-D ORZESZE | ORZESZE | POL | MASTERS M - 40 | 89 | M 243 | 01:30:45 | 02:50:23 | 04:21:29 | | 06:12:21.50 | 11:17 | 5.3 |
| 244 | JANKOWSKI RAFAŁ | 6103 | KOŁO BIEGA | KOŁO | POL | SENIOR II M - 30 | 110 | M 244 | 01:36:05 | 02:44:02 | 04:12:11 | | 06:14:35.20 | 11:21 | 5.3 |
| 245 | FRĄCZEK MICHAŁ | 6091 | BNW WROCŁAW | WROCŁAW | POL | MASTERS M - 40 | 90 | M 245 | 01:30:30 | 02:50:43 | 04:28:30 | | 06:18:56.60 | 11:29 | 5.2 |
| 246 | FRUCZ JACEK | 6005 | | SOSNOWIEC | POL | WETERAN I M - 50 | 13 | M 246 | 01:38:52 | 02:59:11 | 04:33:00 | | 06:23:19.35 | 11:36 | 5.2 |
| 247 | ROŻKO PAWEŁ | 6131 | TORNADO | SZCZECIN | POL | SENIOR II M - 30 | 111 | M 247 | 01:30:17 | 02:45:19 | 04:27:22 | | 06:28:54.50 | 11:47 | 5.1 |
| 248 | ANDRZEJEWSKI ARKADIUSZ | 6396 | | BOGATYNIA | POL | MASTERS M - 40 | 91 | M 248 | 01:24:33 | 02:49:13 | 04:23:11 | | 06:35:12.00 | 11:58 | 5 |
| 249 | IWANIUK ADAM | 6238 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN | POL | MASTERS M - 40 | 92 | M 249 | 01:35:32 | 02:54:32 | 04:29:29 | | 06:36:19.25 | 12:00 | 5 |
| 250 | PAKUŁA ARKADIUSZ | 6059 | | KROSNO ODRZAŃSKIE | POL | MASTERS M - 40 | 93 | M 250 | 01:42:24 | 03:09:55 | 04:51:10 | | 06:45:48.15 | 12:17 | 4.9 |
| 251 | WOLEK MARCIN | 6232 | | TYCHY | POL | MASTERS M - 40 | 94 | M 251 | 01:46:00 | 03:02:59 | 04:50:32 | | 06:46:32.00 | 12:19 | 4.9 |
| 252 | SANTOS PHILLIPE | 6317 | | LUSOWKO | POL | SENIOR II M - 30 | 112 | M 252 | 01:37:03 | 03:18:57 | 04:59:51 | | 06:48:57.90 | 12:23 | 4.8 |
| 253 | GRUDNIEWSKI JAKUB | 6113 | | WROCŁAW | POL | SENIOR II M - 30 | 113 | M 253 | 01:43:41 | 03:00:40 | 04:39:37 | | 06:48:58.70 | 12:23 | 4.8 |
| 254 | PIETROWICZ MAREK | 6185 | | TARNOWO PODGÓRNE | POL | WETERAN I M - 50 | 14 | M 254 | 01:37:12 | 03:19:29 | 04:59:28 | | 06:49:07.60 | 12:23 | 4.8 |
| 255 | GWIZDAŁA DANIEL | 6303 | | WROCŁAW | POL | MASTERS M - 40 | 95 | M 255 | 01:38:11 | 02:53:09 | 04:39:37 | | 06:54:57.25 | 12:34 | 4.8 |
| 256 | PIECZKA WOJCIECH | 6025 | WKURW_TEAM | WROCŁAW | POL | SENIOR II M - 30 | 114 | M 256 | 01:41:20 | 03:11:20 | 04:52:34 | | 06:57:31.30 | 12:39 | 4.7 |
| 257 | KORTAS SLAWOMIR | 6331 | DESTYLATOR | WROCLAW | POL | SENIOR II M - 30 | 115 | M 257 | 01:49:08 | 03:20:43 | 05:04:57 | | 07:01:26.65 | 12:46 | 4.7 |
| 258 | KURDZIEL TOMASZ | 6167 | | SZCZAWNICA | POL | MASTERS M - 40 | 96 | M 258 | 01:40:08 | 03:15:43 | 05:18:18 | | 07:13:59.00 | 13:09 | 4.6 |
| 259 | BESTRZYŃSKI OLECH | 6369 | CZŁAPAK ROBAKOWO | GĄDKI | POL | MASTERS M - 40 | 97 | M 259 | 01:54:24 | 03:19:08 | 05:05:08 | | 07:14:42.75 | 13:10 | 4.6 |
| 260 | SADOWSKI ANDRZEJ | 6187 | LZS DZIEWIĘTLICE | DZIEWIĘTLICE | POL | WETERAN II M - 60 | 7 | M 260 | 01:51:49 | 03:32:05 | 05:15:43 | | 07:14:49.85 | 13:10 | 4.6 |
| 261 | BEREZIUK MICHAŁ | 6100 | | DZIEWIĘTLICE | POL | MASTERS M - 40 | 98 | M 261 | 01:52:01 | 03:32:06 | 05:15:53 | | 07:15:00.80 | 13:10 | 4.6 |
| 262 | CZOCHARA ROBERT | 6040 | | OPOLE | POL | MASTERS M - 40 | 99 | M 262 | 01:53:29 | 03:39:30 | 05:01:16 | | 07:32:44.55 | 13:43 | 4.4 |
| 263 | PIECHACZEK MAREK | 6257 | BOOTCAMP | ŚWIĘTOCHŁOWICE | POL | MASTERS M - 40 | 100 | M 263 | 02:01:26 | 03:51:45 | 05:25:58 | | 07:36:33.05 | 13:50 | 4.3 |
| 264 | SZYMAŃSKI PAWEŁ | 6013 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS M - 40 | 101 | M 264 | 02:11:19 | 03:48:32 | 06:09:14 | | 09:04:10.90 | 16:29 | 3.6 |
| | BODURKA KRZYSZTOF | 6360 | SALOMON SUUNTO TEAM POLAND | NIELEPICE | POL | SENIOR II M - 30 | | | 00:43:00<br>DNF | DNF | 02:05:32<br>DNF | | DNF | - | - |
| | GAŁEK ALEKSANDER | 6178 | | POZNAŃ | POL | SENIOR II M - 30 | | | 01:21:23<br>DNF | DNF | DNF | | DNF | - | - |
| | NAWROCKI JAROSŁAW | 6115 | | BYDGOSZCZ | POL | WETERAN I M - 50 | | | 01:58:34<br>DNF | DNF | DNF | | DNF | - | - |
| | CAUSIDIS MAREK | 6273 | BUFF/SALOMON TEAM | DOBRÁ | CZE | SENIOR I M - 20 | | | DNF | DNF | DNF | | DNF | - | - |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Senior I K - 20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | KONICA KARINA | 6254 | | ZDZIESZOWICE | POL | SENIOR I K - 20 | 1 | K 12 | 01:14:43 | 02:10:43 | 03:07:50 | | 04:20:41.45 | 7:54 | 7.6 |
| 2 | CĄKAŁA ZUZANNA | 6343 | ZAŁOGA GÓRSKA | LUBIN | POL | SENIOR I K - 20 | 2 | K 14 | 01:11:21 | 02:05:21 | 03:10:40 | | 04:26:05.15 | 8:03 | 7.4 |
| 3 | GREŃ MARIA | 6180 | CENTRUM FORMY 58100 | DZIERŻONIÓW | POL | SENIOR I K - 20 | 3 | K 38 | 01:21:29 | 02:25:49 | 03:45:56 | | 05:28:53.35 | 9:57 | 6 |
| 4 | CHORĄŻY IZABELA | 6229 | CAŁA OLEŚNICA BIEGA | OLEŚNICA | POL | SENIOR I K - 20 | 4 | K 42 | 01:40:10 | 02:49:50 | 04:08:47 | | 05:38:54.10 | 10:16 | 5.8 |
| 5 | IDZIK ANGELIKA | 6110 | SPARTA RUNNERS | POZNAŃ | POL | SENIOR I K - 20 | 5 | K 85 | 01:44:58 | 03:09:26 | 05:05:26 | | 07:08:01.35 | 12:58 | 4.6 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Senior I M - 20

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | PRZEDWOJEWSKI BARTŁOMIEJ | 6314 | TEAM SALOMON | WROCŁAW | POL | SENIOR I M - 20 | 1 | M 1 | 00:40:30 | 01:10:47 | 01:51:07 | | 02:26:21.00 | 4:26 | 13.5 |
| 2 | KUBICA MARCIN | 6086 | INOV-8 TEAM POLSKA | BIELSKO-BIAŁA | POL | SENIOR I M - 20 | 2 | M 4 | 00:42:39 | 01:14:50 | 01:57:56 | | 02:35:23.90 | 4:42 | 12.7 |
| 3 | MACECEK TOMAS | 6288 | BUFF/SALOMON TEAM | OSTRAVA | FRA | SENIOR I M - 20 | 3 | M 5 | 00:45:15 | 01:20:36 | 02:01:06 | | 02:43:04.85 | 4:56 | 12.1 |
| 4 | KALNINS GVIDO | 6382 | SALOMON LATVIA \| SUUNTO LATVIA | CESIS | LAT | SENIOR I M - 20 | 4 | M 15 | 00:49:17 | 01:27:03 | 02:11:13 | | 02:59:41.35 | 5:26 | 11 |
| 5 | DZALBS EDIJS | 6320 | SCOTT RUNNING LATVIA \| SUUNTO LATVIA \| LATVIA TRAILRACE | CĒSIS | LAT | SENIOR I M - 20 | 5 | M 22 | 00:52:45 | 01:33:23 | 02:18:16 | | 03:18:34.80 | 6:01 | 10 |
| 6 | KNAP MATEUSZ | 6377 | DYNAFIT / TUTTU.PL | KATOWICE | POL | SENIOR I M - 20 | 6 | M 28 | 00:52:46 | 01:34:31 | 02:23:50 | | 03:23:18.55 | 6:09 | 9.7 |
| 7 | IRLIK LUCJAN | 6373 | | ŚWIERKLANIEC | POL | SENIOR I M - 20 | 7 | M 33 | 00:57:12 | 01:40:23 | 02:28:26 | | 03:26:07.65 | 6:14 | 9.6 |
| 8 | KARWACKI MACIEJ | 6253 | | KAMIENNA GÓRA | POL | SENIOR I M - 20 | 8 | M 39 | 00:58:41 | 01:44:06 | 02:35:12 | | 03:36:40.95 | 6:33 | 9.1 |
| 9 | SOBOTA ADAM | 6260 | | POZNAŃ | POL | SENIOR I M - 20 | 9 | M 48 | 01:01:53 | 01:49:06 | 02:42:43 | | 03:44:25.80 | 6:48 | 8.8 |
| 10 | WALACIK ADAM | 6206 | | WIERUSZÓW | POL | SENIOR I M - 20 | 10 | M 50 | 00:58:45 | 01:45:45 | 02:38:03 | | 03:44:39.70 | 6:48 | 8.8 |
| 11 | LASIKOWSKI MATEUSZ | 6219 | BIEGAJ POD OKIEM TRENERA | SOKOŁÓW PODLASKI | POL | SENIOR I M - 20 | 11 | M 65 | 01:03:33 | 01:49:00 | 02:46:27 | | 03:54:42.65 | 7:06 | 8.4 |
| 12 | SŁADEK PATRYK | 6172 | EX TEAM | BEŁK | POL | SENIOR I M - 20 | 12 | M 71 | 01:01:17 | 01:52:31 | 02:48:46 | | 04:01:47.15 | 7:19 | 8.2 |
| 13 | MANJURA TOMASZ | 6302 | CSC ADVENTURE ACADEMY | CHORZÓW | POL | SENIOR I M - 20 | 13 | M 74 | 01:07:37 | 01:55:43 | 02:55:34 | | 04:03:59.60 | 7:23 | 8.1 |
| 14 | BURYŁO KRZYSZTOF | 6125 | OBORYGENI | OBORNIKI ŚLĄSKIE | POL | SENIOR I M - 20 | 14 | M 78 | 01:02:30 | 01:50:23 | 02:48:25 | | 04:04:56.85 | 7:25 | 8.1 |
| 15 | ORCZYKOWSKI BOGDAN | 6280 | | NAWOJOWA | POL | SENIOR I M - 20 | 15 | M 83 | 01:09:23 | 01:59:24 | 02:55:59 | | 04:07:38.20 | 7:30 | 8 |
| 16 | NIKOLIN ANDRZEJ | 6121 | | WROCŁAW (WROCŁAW-KRZYKI) | POL | SENIOR I M - 20 | 16 | M 111 | 01:08:42 | 02:01:26 | 03:09:20 | | 04:27:59.85 | 8:07 | 7.4 |
| 17 | ORDYNIEC SŁAWOMIR | 6311 | KB LEROY MERLIN | ŚWIDNICA | POL | SENIOR I M - 20 | 17 | M 118 | 01:06:36 | 01:57:51 | 02:55:13 | | 04:30:59.20 | 8:12 | 7.3 |
| 18 | POLACZEK DANIEL | 6127 | IZBICKO W BIEGU | OTMICE | POL | SENIOR I M - 20 | 18 | M 120 | 01:10:53 | 02:03:15 | 03:10:14 | | 04:34:46.70 | 8:19 | 7.2 |
| 19 | PERENC MICHAŁ | 6184 | CARPATHIAN RUNNERS | JAROSŁAW | POL | SENIOR I M - 20 | 19 | M 131 | 01:20:46 | 02:21:10 | 03:23:53 | | 04:42:57.15 | 8:34 | 7 |
| 20 | TYLKOWSKI FILIP | 6285 | | WROCŁAW | POL | SENIOR I M - 20 | 20 | M 145 | 01:11:42 | 02:05:26 | 03:15:54 | | 04:47:10.15 | 8:42 | 6.9 |
| 21 | TOMASZEWSKI WOJCIECH | 6346 | | KUDOWA ZDRÓJ | POL | SENIOR I M - 20 | 21 | M 181 | 01:22:08 | 02:29:35 | 03:44:43 | | 05:12:13.35 | 9:27 | 6.3 |
| 22 | FLORCZAK BARTOSZ | 6321 | BARTOSZ FLORCZAK - DIETETYK | WROCŁAW | POL | SENIOR I M - 20 | 22 | M 204 | 01:35:40 | 02:45:13 | 04:04:28 | | 05:38:36.10 | 10:15 | 5.8 |
| 23 | KRYSZTOFIAK DAWID | 6266 | | WARSZAWA | POL | SENIOR I M - 20 | 23 | M 214 | 01:14:43 | 02:23:30 | 03:54:29 | | 05:44:20.75 | 10:26 | 5.7 |
| 24 | PLACKOWSKI MARCIN | 6296 | GOSTYŃ | POZNAŃ | POL | SENIOR I M - 20 | 24 | M 216 | 01:19:32 | 02:25:47 | 03:56:49 | | 05:47:56.15 | 10:32 | 5.7 |
| 25 | CYKOWSKI WOJCIECH | 6344 | KOMENDA MIEJSKA PAŃSTWOWEJ STRAŻY POŻARNEJ W OPOLU | TUŁOWICE | POL | SENIOR I M - 20 | 25 | M 234 | 01:29:35 | 02:44:35 | 04:03:32 | | 06:02:52.70 | 10:59 | 5.5 |
| 26 | WALKER STEPHEN | 6298 | | WARSAW | POL | SENIOR I M - 20 | 26 | M 236 | 01:44:42 | 03:00:17 | 04:22:27 | | 06:05:22.00 | 11:04 | 5.4 |
| 27 | KOTNIEWICZ PIOTR | 6391 | | OPOLE | POL | SENIOR I M - 20 | 27 | M 238 | 01:30:14 | 02:41:14 | 04:15:17 | | 06:07:14.15 | 11:07 | 5.4 |
| | CAUSIDIS MAREK | 6273 | BUFF/SALOMON TEAM | DOBRÁ | CZE | SENIOR I M - 20 | | | DNF | DNF | DNF | | DNF | - | - |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Senior II K - 30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | KANTOR MARTYNA | 6380 | BUFF TEAM POLAND | KRAKOW | POL | SENIOR II K - 30 | 1 | K 1 | 00:51:48 | 01:30:46 | 02:15:54 | | 03:07:24.45 | 5:40 | 10.6 |
| 2 | TRACZ PAULINA | 6223 | SALCO GARMIN TEAM | JAROSŁAW | POL | SENIOR II K - 30 | 2 | K 2 | 00:51:08 | 01:32:46 | 02:20:08 | | 03:10:43.30 | 5:46 | 10.4 |
| 3 | SOLIŃSKA KATARZYNA | 6359 | SALOMON SUUNTO TEAM POLAND | KRAKÓW | POL | SENIOR II K - 30 | 3 | K 3 | 00:55:12 | 01:36:06 | 02:20:49 | | 03:11:12.40 | 5:47 | 10.4 |
| 4 | BAŁYS KATARZYNA | 6378 | | STRONIE ŚLĄSKIE | POL | SENIOR II K - 30 | 4 | K 4 | 00:59:32 | 01:45:59 | 02:40:34 | | 03:44:34.70 | 6:48 | 8.8 |
| 5 | DUDEK MONIKA | 6076 | #PCHSPORTTEAM | ZIĘBICE | POL | SENIOR II K - 30 | 5 | K 5 | 01:03:24 | 01:53:34 | 02:49:17 | | 03:53:45.05 | 7:05 | 8.5 |
| 6 | BIHUN NATALIA | 6349 | GTRAT | SIECHNICE | POL | SENIOR II K - 30 | 6 | K 6 | 01:04:35 | 01:53:15 | 02:51:04 | | 04:00:30.30 | 7:17 | 8.2 |
| 7 | PIĄTEK BEATA | 6157 | WWW.TRENINGFIZJOTERAPIA.PL/ULTRAŁAŃCUT | ŁAŃCUT | POL | SENIOR II K - 30 | 7 | K 7 | 01:10:22 | 02:02:55 | 02:57:01 | | 04:00:46.75 | 7:17 | 8.2 |
| 8 | KOŁARZYK JUSTYNA | 6332 | | WROCŁAW | POL | SENIOR II K - 30 | 8 | K 9 | 01:07:41 | 02:01:10 | 02:59:30 | | 04:07:35.80 | 7:30 | 8 |
| 9 | WALCZAK ADELA | 6363 | CURLING ŁÓDŹ | ŁÓDŹ | POL | SENIOR II K - 30 | 9 | K 13 | 01:13:59 | 02:09:48 | 03:10:25 | | 04:22:35.80 | 7:57 | 7.5 |
| 10 | WOJTKOWIAK MARTA | 6270 | | WARSZAWA | POL | SENIOR II K - 30 | 10 | K 15 | 01:16:04 | 02:12:29 | 03:14:07 | | 04:31:42.10 | 8:14 | 7.3 |
| 11 | WOJTOWICZ KAROLINA | 6338 | | POZNAŃ | POL | SENIOR II K - 30 | 11 | K 16 | 01:12:49 | 02:07:45 | 03:15:00 | | 04:45:25.95 | 8:38 | 6.9 |
| 12 | TOMCZYK ANGELIKA | 6312 | ZABRZAŃSKIE PARKOWE BIEGANIE | ZABRZE | POL | SENIOR II K - 30 | 12 | K 20 | 01:21:58 | 02:23:19 | 03:33:13 | | 04:52:15.95 | 8:51 | 6.8 |
| 13 | VON OSSOWSKA ALEKSANDRA VON OSSOWSKA | 6139 | TJ | POZNAŃ | POL | SENIOR II K - 30 | 13 | K 21 | 01:22:47 | 02:23:51 | 03:35:13 | | 04:52:31.15 | 8:51 | 6.8 |
| 14 | JĘCZMIEŃ MARLENA | 6097 | CENTRUM FORMY 58100 | ŚWIDNICA | POL | SENIOR II K - 30 | 14 | K 22 | 01:19:37 | 02:23:02 | 03:33:18 | | 04:54:08.95 | 8:54 | 6.7 |
| 15 | SZCZEPAŃSKA-BUDA ANNA | 6074 | | WROCŁAW | POL | SENIOR II K - 30 | 15 | K 23 | 01:19:07 | | 03:32:35 | | 04:55:09.50 | 8:56 | 6.7 |
| 16 | PILC ANNA | 6267 | | TARNOWO PODGORNE | POL | SENIOR II K - 30 | 16 | K 26 | 01:23:26 | 02:19:12 | 03:30:00 | | 04:57:06.95 | 9:00 | 6.7 |
| 17 | JOŃCZYK ANNA | 6070 | | OZIMEK | POL | SENIOR II K - 30 | 17 | K 28 | 01:24:56 | 02:27:05 | 03:40:27 | | 05:10:54.60 | 9:25 | 6.4 |
| 18 | PILARSKA MAGDALENA | 6324 | STR POZNAN | POZNAN | POL | SENIOR II K - 30 | 18 | K 29 | 01:22:46 | 02:27:28 | 03:41:39 | | 05:17:03.35 | 9:36 | 6.2 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Senior II K - 30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 19 | WALASZCZYK MICHALINA | 6258 | @HAPPYMUMOF4KIDS | GNIEZNO | POL | SENIOR II K - 30 | 19 | K 30 | 01:26:18 | 02:30:38 | 03:45:33 | | 05:17:10.60 | 9:36 | 6.2 |
| 20 | KOPACKA ELIZA | 6015 | | WAŁBRZYCH | POL | SENIOR II K - 30 | 20 | K 32 | 01:21:07 | 02:24:49 | 03:44:19 | | 05:19:18.25 | 9:40 | 6.2 |
| 21 | RYPUŁA MARIA | 6063 | ZEN RUNNING TEAM | BOJSZOWY | POL | SENIOR II K - 30 | 21 | K 35 | 01:22:18 | 02:25:24 | 03:50:13 | | 05:23:27.45 | 9:48 | 6.1 |
| 22 | ŻMIJEWSKA DOMINIKA | 6108 | TSK ORZEŁ OSIEK | WYRZYSK | POL | SENIOR II K - 30 | 22 | K 37 | 01:26:08 | 02:32:08 | 03:50:31 | | 05:26:38.70 | 9:53 | 6.1 |
| 23 | SAWICKA AGNIESZKA SAWICKA | 6143 | DELOITTE ADVENTURE TEAM | POZNAŃ | POL | SENIOR II K - 30 | 23 | K 40 | 01:32:01 | 02:39:45 | 04:01:29 | | 05:35:27.40 | 10:09 | 5.9 |
| 24 | CZESKA KAROLINA | 6083 | LAMPART TRENING | MOSINA | POL | SENIOR II K - 30 | 24 | K 43 | 01:30:24 | 02:41:07 | 04:00:56 | | 05:40:08.45 | 10:18 | 5.8 |
| 25 | STACHOWIAK MAGDA | 6224 | | RYDZYNA | POL | SENIOR II K - 30 | 25 | K 45 | 01:25:57 | 02:38:51 | 03:59:45 | | 05:42:07.70 | 10:22 | 5.8 |
| 26 | SKORNIAK KATARZYNA | 6387 | | POZNAŃ | POL | SENIOR II K - 30 | 26 | K 50 | 01:32:41 | 02:44:28 | 04:06:10 | | 05:45:23.40 | 10:28 | 5.7 |
| 27 | KOWALCZYK KATARZYNA | 6293 | | IWINY | POL | SENIOR II K - 30 | 27 | K 55 | 01:40:09 | 02:51:20 | 04:18:06 | | 05:54:35.60 | 10:44 | 5.6 |
| 28 | PISULA PAULINA | 6345 | KLUCZBORSKA GRUPA BIEGOWA | TUŁOWICE | POL | SENIOR II K - 30 | 28 | K 61 | 01:29:44 | 02:44:49 | 04:03:42 | | 06:03:03.40 | 11:00 | 5.5 |
| 29 | ABGAROWICZ MAJA | 6299 | | WARSZAWA | POL | SENIOR II K - 30 | 29 | K 63 | 01:44:52 | 03:00:28 | | | 06:05:31.00 | 11:04 | 5.4 |
| 30 | PAWLAK KATARZYNA | 6134 | KOŁO BIEGA | KOŁO | POL | SENIOR II K - 30 | 30 | K 69 | 01:35:54 | 02:43:48 | 04:12:03 | | 06:14:24.10 | 11:20 | 5.3 |
| 31 | HACHOŁ JUSTYNA | 6080 | | WEOCŁAW | POL | SENIOR II K - 30 | 31 | K 70 | 01:44:57 | 03:09:11 | 04:30:58 | | 06:14:45.45 | 11:21 | 5.3 |
| 32 | PLEWA KATARZYNA | 6099 | | STRONIE ŚLĄSKIE | POL | SENIOR II K - 30 | 32 | K 71 | 01:31:29 | 02:53:10 | 04:28:56 | | 06:16:42.90 | 11:24 | 5.3 |
| 33 | FEDOROWICZ JOWITA | 6304 | KOTWICA BRZEG | BRZEG | POL | SENIOR II K - 30 | 33 | K 74 | 01:43:30 | 03:10:30 | 04:44:08 | | 06:24:41.05 | 11:39 | 5.1 |
| 34 | OWCZARZAK DARIA | 6248 | | BYDGOSZCZ | POL | SENIOR II K - 30 | 34 | K 76 | 01:51:29 | 03:03:59 | 04:36:25 | | 06:26:55.80 | 11:43 | 5.1 |
| 35 | MACHTAŁOWICZ BEATA | 6024 | | ŁÓDŹ | POL | SENIOR II K - 30 | 35 | K 78 | 01:36:43 | 02:52:34 | 04:28:42 | | 06:30:36.30 | 11:50 | 5.1 |
| 36 | BARTOSIEWICZ DOROTA | 6262 | | POZNAŃ | POL | SENIOR II K - 30 | 36 | K 79 | 01:38:46 | 02:59:46 | 04:34:36 | | 06:33:59.25 | 11:56 | 5 |
| 37 | FRANKOWICZ MAGDALENA | 6008 | TJ | POZNAŃ | POL | SENIOR II K - 30 | 37 | K 80 | 01:43:45 | 03:05:47 | 04:39:28 | | 06:41:24.35 | 12:09 | 4.9 |
| 38 | GOŁEMBIOWSKA KATARZYNA | 6018 | WKURW_TEAM | WROCŁAW | POL | SENIOR II K - 30 | 38 | K 84 | 01:41:27 | 03:11:44 | 04:45:39 | | 06:59:02.50 | 12:41 | 4.7 |
| 39 | KOCIUBA KATARZYNA | 6281 | | POZNAŃ | POL | SENIOR II K - 30 | 39 | K 88 | 01:49:40 | 03:16:58 | 05:11:36 | | 07:20:21.35 | 13:20 | 4.5 |
| 40 | ZIELENKIEWICZ AGNIESZKA | 6316 | GPT | WROCŁAW | POL | SENIOR II K - 30 | 40 | K 89 | 02:00:59 | 03:40:26 | 05:21:33 | | 07:21:38.40 | 13:23 | 4.5 |
| 41 | SZYMAŃSKA-ANTOSIAK MONIKA | 6116 | GPT | WROCŁAW | POL | SENIOR II K - 30 | 41 | K 90 | 02:01:10 | 03:40:45 | 05:21:52 | | 07:21:49.70 | 13:23 | 4.5 |
| 42 | NOWICKA IWONA | 6241 | BOOTCAMP | KATOWICE | POL | SENIOR II K - 30 | 42 | K 92 | 02:01:24 | 03:51:29 | 05:25:57 | | 07:36:31.25 | 13:50 | 4.3 |
| 43 | WIŚNIEWSKA JUSTYNA | 6252 | | WARSZAWA | POL | SENIOR II K - 30 | 43 | K 93 | 02:28:36 | 04:15:32 | 05:45:29 | | 08:34:25.95 | 15:35 | 3.8 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Senior II M - 30

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | RZESZÓTKO MARCIN | 6237 | BUFF TEAM POLAND | ZAKOPANE | POL | SENIOR II M - 30 | 1 | M 2 | 00:42:49 | 01:14:58 | 01:58:07 | | 02:34:45.20 | 4:41 | 12.8 |
| 2 | ŁOBODZIŃSKI PIOTR | 6279 | LŁKS PREFBET ŚNIADOWO ŁOMŻA | WARSZAWA | POL | SENIOR II M - 30 | 2 | M 3 | 00:42:56 | 01:15:45 | 01:58:47 | | 02:35:18.50 | 4:42 | 12.7 |
| 3 | DOMBROWSKI MACIEJ | 6337 | ATTIQ TEAM | KRAKÓW | POL | SENIOR II M - 30 | 3 | M 6 | 00:45:41 | 01:19:47 | 02:01:11 | | 02:47:20.10 | 5:04 | 11.8 |
| 4 | HÜBL RADEK | 6301 | RUNSPORT / SALOMON TEAM | ÚSTÍ NAD ORLICÍ | CZE | SENIOR II M - 30 | 4 | M 8 | 00:46:54 | 01:22:17 | 02:01:33 | | 02:48:20.25 | 5:06 | 11.8 |
| 5 | MAREK DARIUSZ | 6291 | MONK SANDALS TEAM | KRAKÓW | CZE | SENIOR II M - 30 | 5 | M 10 | 00:46:06 | 01:21:54 | | | 02:49:30.95 | 5:08 | 11.7 |
| 6 | BORAK MARTIN | 6390 | V12 TEAM | LIBINA | POL | SENIOR II M - 30 | 6 | M 12 | 00:49:37 | 01:27:22 | 02:09:33 | | 02:57:22.70 | 5:22 | 11.2 |
| 7 | HLAVATÍK JAN | 6096 | PIVOVAR KONÍČEK | FRÝDEK-MÍSTEK | CZE | SENIOR II M - 30 | 7 | M 13 | 00:50:27 | 01:30:01 | 02:13:06 | | 02:59:05.35 | 5:25 | 11.1 |
| 8 | CZERNIAK PAWEŁ | 6079 | | SOSNÓWKA | CZE | SENIOR II M - 30 | 8 | M 14 | 00:47:47 | 01:25:31 | 02:09:03 | | 02:59:18.00 | 5:26 | 11 |
| 9 | RABIEJ PAWEŁ | 6220 | GRUPA PRO | WARSZAWA | POL | SENIOR II M - 30 | 9 | M 17 | 00:52:28 | 01:29:53 | 02:15:41 | | 03:01:10.90 | 5:29 | 10.9 |
| 10 | ONDRUCH ADAM | 6307 | | POLERADY | CZE | SENIOR II M - 30 | 10 | M 18 | 00:49:46 | 01:27:22 | 02:11:47 | | 03:01:59.45 | 5:30 | 10.9 |
| 11 | GARNIEWICZ MATEUSZ | 6207 | WSN POZNAŃ | POZNAN | POL | SENIOR II M - 30 | 11 | M 19 | 00:54:24 | 01:36:21 | 02:20:44 | | 03:09:39.80 | 5:44 | 10.4 |
| 12 | SZPULARZ ADAM | 6156 | CRAZY RUNNERS | KĄTY WROCŁAWSKIE | GBR | SENIOR II M - 30 | 12 | M 21 | 00:54:46 | 01:35:46 | 02:22:50 | | 03:16:26.30 | 5:57 | 10.1 |
| 13 | KŁOSOWSKI DANIEL | 6182 | BBŻ WAŁBRZYCH | WAŁBRZYCH | POL | SENIOR II M - 30 | 13 | M 23 | 00:54:46 | 01:35:04 | 02:22:16 | | 03:18:38.35 | 6:01 | 10 |
| 14 | KORPALSKI TOMASZ | 6029 | STAJNIA BALONA | GDAŃSK | POL | SENIOR II M - 30 | 14 | M 24 | 00:57:51 | 01:39:34 | 02:25:53 | | 03:19:25.40 | 6:02 | 9.9 |
| 15 | SIERADZKI KRZYSZTOF | 6244 | PRZEDWOJEWSKI MOUNTAIN TEAM | WARSZAWA | POL | SENIOR II M - 30 | 15 | M 25 | 00:54:31 | 01:37:49 | 02:25:21 | | 03:19:39.80 | 6:03 | 9.9 |
| 16 | ROSKOSZ BARTOSZ | 6035 | JELCZ TRIATHLON PROJECT | MIŁOSZYCE | POL | SENIOR II M - 30 | 16 | M 27 | 00:53:47 | 01:36:24 | 02:24:05 | | 03:21:19.45 | 6:06 | 9.8 |
| 17 | KAŹMIERCZYK ADAM | 6342 | | KATOWICE | POL | SENIOR II M - 30 | 17 | M 32 | 00:57:51 | 01:40:51 | 02:27:52 | | 03:26:02.80 | 6:14 | 9.6 |
| 18 | BAKALARZ EMIL | 6196 | ULTRA ALPACAS TEAM | WROCŁAW | POL | SENIOR II M - 30 | 18 | M 34 | 00:56:56 | 01:41:35 | 02:30:32 | | 03:28:35.10 | 6:19 | 9.5 |
| 19 | ŁĘŻNIAK ALEKSANDER | 6300 | MONK SANDALS TEAM | SOBÓTKA | POL | SENIOR II M - 30 | 19 | M 37 | 01:00:52 | 01:44:27 | 02:35:15 | | 03:35:14.05 | 6:31 | 9.2 |
| 20 | WERNER KAMIL | 6055 | BIEGAM NA TARCHOMINIE | WARSZAWA | POL | SENIOR II M - 30 | 20 | M 38 | 00:58:44 | 01:42:38 | 02:33:26 | | 03:36:28.10 | 6:33 | 9.1 |
| 21 | UMAÑA DIEGO | 6164 | CENTRUM REHABILITACJI FUNKCJONALNEJ SOWA | BARILOCHE | ARG | SENIOR II M - 30 | 21 | M 40 | 00:59:48 | | 02:36:59 | | 03:38:58.80 | 6:38 | 9 |
| 22 | BALWIERCZAK PIOTR | 6225 | NIGHT RUNNERS WROCŁAW | WROCŁAW | POL | SENIOR II M - 30 | 22 | M 42 | 01:03:08 | 01:48:49 | 02:40:52 | | 03:41:24.45 | 6:42 | 8.9 |
| 23 | LISEK ANDRZEJ | 6333 | LISEK | POZNAN | POL | SENIOR II M - 30 | 23 | M 43 | 00:59:42 | 01:44:14 | 02:37:54 | | 03:42:27.10 | 6:44 | 8.9 |
| 24 | NOWAK MARIUSZ | 6069 | HRT | WROCŁAW | POL | SENIOR II M - 30 | 24 | M 44 | 01:03:09 | | 02:43:18 | | 03:42:32.65 | 6:44 | 8.9 |
| 25 | SŁOCIAK RAFAŁ | 6202 | RAJSPORT ACTIVE/PRZEDWOJEWSKI MOUNTAIN TEAM | OPOLE | POL | SENIOR II M - 30 | 25 | M 45 | 00:58:29 | 01:43:19 | 02:37:27 | | 03:42:39.95 | 6:44 | 8.9 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Senior II M - 30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 26 | ZEMBIK ŁUKASZ | 6305 | KAMBODŻA | WARSZAWA | POL | SENIOR II M - 30 | 26 | M 46 | 00:54:25 | 01:37:09 | 02:32:27 | | 03:43:46.95 | 6:46 | 8.8 |
| 27 | SOBCZAK TOMASZ | 6269 | 140MINUT.PL | BRZEG DOLNY | POL | SENIOR II M - 30 | 27 | M 47 | 00:56:32 | 01:41:29 | 02:33:29 | | 03:43:49.40 | 6:46 | 8.8 |
| 28 | WALCZAK PATRYK | 6028 | | KONIN | POL | SENIOR II M - 30 | 28 | M 49 | 01:00:54 | 01:49:44 | 02:41:14 | | 03:44:25.95 | 6:48 | 8.8 |
| 29 | MIERZWA SŁAWOMIR | 6173 | 140MINUT.PL | MIRKÓW | POL | SENIOR II M - 30 | 29 | M 51 | 01:01:53 | 01:47:38 | 02:43:16 | | 03:44:58.15 | 6:49 | 8.8 |
| 30 | MISZTAL KAMIL | 6284 | | GLIWICE | POL | SENIOR II M - 30 | 30 | M 53 | 01:05:04 | 01:49:56 | 02:43:29 | | 03:45:21.50 | 6:49 | 8.8 |
| 31 | ŚWIERCZ SZYMON | 6159 | KGHM ZGRUN | GŁOGÓW | POL | SENIOR II M - 30 | 31 | M 55 | 00:55:32 | 01:40:30 | 02:33:06 | | 03:46:56.80 | 6:52 | 8.7 |
| 32 | STACHOWIAK ŁUKASZ | 6181 | STR POZNAŃ / CITY TRAIL TEAM | POZNAŃ | POL | SENIOR II M - 30 | 32 | M 56 | 00:59:45 | 01:46:05 | 02:39:57 | | 03:47:51.80 | 6:54 | 8.7 |
| 33 | WYROŚLAK JÓZEF | 6132 | #SOBASTEAM | WROCŁAW | POL | SENIOR II M - 30 | 33 | M 57 | 01:00:20 | 01:46:59 | 02:41:25 | | 03:48:52.85 | 6:56 | 8.7 |
| 34 | FLOREK PAWEŁ | 6222 | RUNADDICTS | BYDGOSZCZ | POL | SENIOR II M - 30 | 34 | M 58 | 01:02:59 | 01:52:39 | 02:45:32 | | 03:49:48.15 | 6:57 | 8.6 |
| 35 | SZEWCZUK PIOTR | 6308 | | WROCŁAW | POL | SENIOR II M - 30 | 35 | M 59 | 01:05:17 | 01:51:09 | 02:45:56 | | 03:50:01.65 | 6:58 | 8.6 |
| 36 | HADRYŚ TOMASZ | 6243 | | WROCŁAW | POL | SENIOR II M - 30 | 36 | M 60 | 01:03:39 | 01:52:19 | 02:44:48 | | 03:50:04.55 | 6:58 | 8.6 |
| 37 | MOSIEK PIOTR | 6072 | | RAWICZ | POL | SENIOR II M - 30 | 37 | M 61 | 01:04:58 | 01:53:45 | 02:47:13 | | 03:50:56.80 | 6:59 | 8.6 |
| 38 | STUDZIŃSKI MATEUSZ | 6109 | | TARNÓW | POL | SENIOR II M - 30 | 38 | M 62 | 01:01:45 | 01:46:27 | 02:41:37 | | 03:52:04.85 | 7:01 | 8.5 |
| 39 | ŻAK ADAM | 6376 | KB LUPUS OLEŚNICA | DOBROSZYCE | POL | SENIOR II M - 30 | 39 | M 63 | 01:05:47 | 01:51:58 | 02:49:03 | | 03:52:42.00 | 7:03 | 8.5 |
| 40 | LITWIN MICHAŁ | 6037 | LITEWIN | PASIKUROWICE | POL | SENIOR II M - 30 | 40 | M 64 | 00:59:16 | 01:48:22 | 02:44:21 | | 03:53:13.85 | 7:04 | 8.5 |
| 41 | CHEREDNIKOV STEPAN | 6277 | CITYZEN_ | POZNAN | POL | SENIOR II M - 30 | 41 | M 68 | 01:04:03 | 01:53:42 | 02:53:31 | | 04:00:39.55 | 7:17 | 8.2 |
| 42 | PELA DARIUSZ | 6221 | TMT TORUŃ | ŁUBIANKA | POL | SENIOR II M - 30 | 42 | M 70 | 01:04:29 | 01:53:05 | 02:51:45 | | 04:01:38.10 | 7:19 | 8.2 |
| 43 | GRYSZKIEWICZ PAWEŁ | 6352 | GVT | WROCŁAW | POL | SENIOR II M - 30 | 43 | M 72 | 01:05:07 | 01:58:21 | 02:56:42 | | 04:03:56.85 | 7:23 | 8.1 |
| 44 | CZAPLA SEWERYN | 6174 | | SIEMIANOWICE ŚLĄSKIE | POL | SENIOR II M - 30 | 44 | M 73 | 01:01:17 | | 02:50:19 | | 04:03:59.20 | 7:23 | 8.1 |
| 45 | BLASZKIEWICZ BOGUSZ | 6195 | STR POZNAŃ/DZIKIE BOBRY | LUSOWO | POL | SENIOR II M - 30 | 45 | M 75 | 01:05:11 | 01:56:34 | | | 04:04:35.30 | 7:24 | 8.1 |
| 46 | MŁYNARSKI MATEUSZ | 6140 | | WROCLAW | POL | SENIOR II M - 30 | 46 | M 79 | 01:05:50 | 01:53:13 | 02:51:41 | | 04:05:34.35 | 7:26 | 8.1 |
| 47 | LIPIŃSKI HUBERT | 6214 | KS KANAŁEK | WARSZAWA | POL | SENIOR II M - 30 | 47 | M 80 | 01:07:40 | 01:58:44 | 02:58:08 | | 04:05:46.45 | 7:26 | 8.1 |
| 48 | BATOR MICHAŁ | 6179 | #OJCIECNAGIGANCIE | NADOLICE WIELKIE | POL | SENIOR II M - 30 | 48 | M 82 | 01:03:54 | | 02:51:23 | | 04:07:09.15 | 7:29 | 8 |
| 49 | SZAŁAŚNY PIOTR | 6170 | TESTYOUTDOOROWE.PL | KOBIÓR | POL | SENIOR II M - 30 | 49 | M 84 | 01:09:45 | 02:03:04 | 03:00:10 | | 04:08:14.00 | 7:31 | 8 |
| 50 | URBAŃSKI MICHAŁ | 6016 | FLUNKYBALL TEAM LĄDEK-ZDRÓJ | LĄDEK-ZDRÓJ | GBR | SENIOR II M - 30 | 50 | M 85 | 01:08:30 | 01:59:49 | 02:59:15 | | 04:08:18.40 | 7:31 | 8 |
| 51 | KOTYRBA TOMASZ | 6036 | K_T_R_B | KATOWICE | POL | SENIOR II M - 30 | 51 | M 88 | 01:05:57 | 01:55:22 | 02:45:29 | 00:20:00 | 04:09:51.00 | 6:57 | 8.6 |
| 52 | POLAŃSKI BARTOSZ | 6192 | | WROCŁAW | POL | SENIOR II M - 30 | 52 | M 91 | 01:04:48 | 01:55:54 | 02:55:21 | | 04:14:06.50 | 7:42 | 7.8 |
| 53 | PONIATOWSKI SEWERYN | 6034 | TEBIA RUNNERS | WROCŁAW | POL | SENIOR II M - 30 | 53 | M 94 | 01:09:55 | 02:03:00 | 03:02:16 | | 04:15:26.10 | 7:44 | 7.8 |
| 54 | HACZ PAWEŁ | 6386 | | KROSNO | POL | SENIOR II M - 30 | 54 | M 95 | 01:09:15 | 02:01:57 | 03:01:26 | | 04:15:48.35 | 7:45 | 7.7 |
| 55 | BIEGAŃSKI MACIEJ | 6242 | ORTOSPOT | POZNAŃ | POL | SENIOR II M - 30 | 55 | M 98 | 01:09:04 | 02:00:33 | 03:01:53 | | 04:18:13.55 | 7:49 | 7.7 |
| 56 | KRZYŚKÓW PIOTR | 6012 | | WROCŁAW | POL | SENIOR II M - 30 | 56 | M 102 | 01:07:12 | 02:00:06 | 03:00:58 | | 04:19:02.65 | 7:50 | 7.6 |
| 57 | KILIAN MATEUSZ | 6078 | JÓZEFIŃSKA TEAM | KRAKÓW | POL | SENIOR II M - 30 | 57 | M 103 | 01:01:24 | 01:48:59 | 02:53:18 | | 04:20:33.80 | 7:53 | 7.6 |
| 58 | PODWÓJCI MICHAŁ | 6265 | #BIEGAJZESLAWKIEM | SKÓRZEWO | POL | SENIOR II M - 30 | 58 | M 104 | 01:08:43 | 01:59:40 | 03:08:06 | | 04:22:11.40 | 7:56 | 7.6 |
| 59 | SOKOLOWSKI ADAM | 6030 | | WROCŁAW | POL | SENIOR II M - 30 | 59 | M 107 | 01:06:26 | 02:00:36 | 03:04:40 | | 04:25:32.90 | 8:02 | 7.5 |
| 60 | SWATOWSKI TOMASZ | 6326 | KLUB BIEGACZA KĄTY WROCŁAWSKIE | KĄTY WROCŁAWSKIE | POL | SENIOR II M - 30 | 60 | M 108 | 01:07:20 | 01:57:41 | 03:12:51 | | 04:26:33.55 | 8:04 | 7.4 |
| 61 | KUBAS KRYSTIAN | 6101 | PRUSZCZBIEGA/STRASZYNULTRATEAM | PRUSZCZ GDANSKI | POL | SENIOR II M - 30 | 61 | M 110 | 01:12:17 | 02:08:00 | 03:03:08 | | 04:27:39.40 | 8:06 | 7.4 |
| 62 | HOŁYST MARCIN | 6379 | CENTRUM FORMY 58100 | MARCINOWICE | POL | SENIOR II M - 30 | 62 | M 112 | 01:06:52 | 02:00:45 | 03:03:07 | | 04:28:54.40 | 8:08 | 7.4 |
| 63 | NOWAKOWSKI KAROL | 6120 | | JEDLIŃSK | POL | SENIOR II M - 30 | 63 | M 113 | 01:14:14 | 02:12:30 | 03:16:55 | | 04:28:59.00 | 8:09 | 7.4 |
| 64 | ZIELIŃSKI DOMINIK | 6329 | | ŚREM | POL | SENIOR II M - 30 | 64 | M 114 | 01:10:45 | 02:06:32 | 03:10:04 | | 04:30:12.15 | 8:11 | 7.3 |
| 65 | BYCZKOWSKI DARIUSZ | 6061 | | LEGNICA | POL | SENIOR II M - 30 | 65 | M 115 | 01:12:20 | 02:06:53 | 03:10:25 | | 04:30:17.00 | 8:11 | 7.3 |
| 66 | KRUKOWSKI ŁUKASZ | 6067 | MKS SIECHNICE | GROBLICE | POL | SENIOR II M - 30 | 66 | M 119 | 01:12:53 | 02:11:14 | 03:18:23 | | 04:34:31.75 | 8:19 | 7.2 |
| 67 | WALEŃSKI MACIEJ | 6004 | | PIASKI | POL | SENIOR II M - 30 | 67 | M 121 | 01:09:45 | 02:08:30 | 03:15:27 | | 04:35:29.95 | 8:20 | 7.2 |
| 68 | DREAS JAKUB | 6263 | WĘDZIKOWSKITEAM / DZIKIE BOBRY | RYBITWY | POL | SENIOR II M - 30 | 68 | M 122 | 01:13:13 | 02:09:44 | 03:16:49 | | 04:35:54.55 | 8:21 | 7.2 |
| 69 | MARIN IRIGARAY ALBERTO | 6075 | | ALMERÍA | ESP | SENIOR II M - 30 | 69 | M 123 | 01:14:08 | 02:08:18 | 03:16:57 | | 04:36:41.20 | 8:23 | 7.2 |
| 70 | PÓŁROLNICZAK PAWEL | 6340 | | ŁUBNIANY | POL | SENIOR II M - 30 | 70 | M 126 | 01:20:01 | 02:19:27 | 03:19:04 | | 04:40:43.85 | 8:30 | 7.1 |
| 71 | STRZELCZYK WIKTOR | 6102 | CARPATHIAN RUNNERS | RZESZÓW | POL | SENIOR II M - 30 | 71 | M 127 | 01:15:46 | 02:16:47 | 03:22:13 | | 04:40:50.75 | 8:30 | 7.1 |
| 72 | GŁÓWKA MACIEJ | 6014 | ISOFIT.PL | KARWIANY | POL | SENIOR II M - 30 | 72 | M 129 | 01:18:05 | | 03:25:51 | | 04:41:56.40 | 8:32 | 7 |
| 73 | MACHTAŁOWICZ SZYMON | 6022 | | ŁÓDŹ | POL | SENIOR II M - 30 | 73 | M 133 | 01:16:53 | 02:17:43 | 03:25:20 | | 04:43:45.85 | 8:35 | 7 |
| 74 | KSIĄDZ KAROL | 6213 | | KRYRY | POL | SENIOR II M - 30 | 74 | M 138 | 01:19:21 | 02:15:21 | 03:25:17 | | 04:45:06.90 | 8:38 | 6.9 |
| 75 | RYCHLEWICZ TOMASZ | 6019 | | WROCŁAW | POL | SENIOR II M - 30 | 75 | M 139 | 01:10:50 | 02:08:55 | 03:22:48 | | 04:45:11.45 | 8:38 | 6.9 |
| 76 | PASZKE MACIEJ | 6235 | SKALPEL | TORUŃ | POL | SENIOR II M - 30 | 76 | M 141 | | 02:16:46 | 03:28:13 | | 04:46:24.70 | 8:40 | 6.9 |
| 77 | PIWKO MATEUSZ | 6138 | | SZCZECIN | POL | SENIOR II M - 30 | 77 | M 142 | 01:14:18 | 02:10:01 | 03:25:33 | | 04:46:32.45 | 8:40 | 6.9 |
| 78 | RESZKA MAREK | 6026 | | LUBLIN | POL | SENIOR II M - 30 | 78 | M 144 | 01:10:58 | 02:06:47 | 03:32:25 | | 04:47:03.00 | 8:41 | 6.9 |
| 79 | PIĄTKIEWICZ ŁUKASZ | 6094 | TOUR DE ZBÓJ | RADZISZÓW | POL | SENIOR II M - 30 | 79 | M 146 | 01:16:48 | 02:15:50 | 03:26:04 | | 04:47:29.05 | 8:42 | 6.9 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Senior II M - 30 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 80 | WALENDA MATEUSZ | 6240 | KS KANAŁEK | GARWOLIN | POL | SENIOR II M - 30 | 80 | M 147 | 01:08:19 | 02:09:37 | 03:20:59 | | 04:48:25.05 | 8:44 | 6.9 |
| 81 | ZABŁOCKI MATEUSZ | 6071 | | WIELUŃ | POL | SENIOR II M - 30 | 81 | M 148 | 01:18:19 | 02:18:12 | 03:27:22 | | 04:49:25.85 | 8:46 | 6.8 |
| 82 | KOTKIEWICZ KAROL | 6066 | LOTOS RUNNING TEAM | GDAŃSK | POL | SENIOR II M - 30 | 82 | M 151 | 01:12:15 | 02:12:27 | 03:26:22 | | 04:52:27.50 | 8:51 | 6.8 |
| 83 | KNEBLOCH KASPER | 6362 | DZIK KOMANDO | ŁÓDŹ | POL | SENIOR II M - 30 | 83 | M 152 | 01:16:03 | 02:13:08 | 03:27:55 | | 04:53:25.85 | 8:53 | 6.7 |
| 84 | STASZEWSKI DARIUSZ | 6198 | | TOMASZÓW MAZOWIECKI | POL | SENIOR II M - 30 | 84 | M 155 | 01:20:38 | 02:22:27 | 03:35:09 | | 04:56:18.65 | 8:58 | 6.7 |
| 85 | CHMURKO MICHAŁ | 6246 | BLACKSHEEPTEAM | GLIWICE | POL | SENIOR II M - 30 | 85 | M 157 | 01:17:37 | 02:18:43 | 03:32:02 | | 04:57:19.95 | 9:00 | 6.7 |
| 86 | FRĄCKOWIAK DARIUSZ | 6168 | | GOSTYŃ | POL | SENIOR II M - 30 | 86 | M 161 | 01:09:35 | 02:09:23 | 03:18:34 | | 04:58:33.35 | 9:02 | 6.6 |
| 87 | KRASUSKI MARCIN | 6227 | MARCIN KRASUSKI | WARSZAWA | POL | SENIOR II M - 30 | 87 | M 162 | 01:16:19 | 02:15:13 | 03:28:02 | | 04:58:57.00 | 9:03 | 6.6 |
| 88 | SKOCZEK PRZEMYSŁAW | 6233 | | WARSZAWA | POL | SENIOR II M - 30 | 88 | M 165 | 01:12:42 | 02:13:46 | 03:32:52 | | 05:01:42.65 | 9:08 | 6.6 |
| 89 | ZALIŃSKI LESZEK | 6189 | | WROCŁAW | POL | SENIOR II M - 30 | 89 | M 166 | 01:15:26 | | 03:29:22 | | 05:03:02.50 | 9:11 | 6.5 |
| 90 | KRZYŻEWSKI ROGER | 6136 | INDYWIDUALNA PRAKTYKA LEKARSKA ROGER KRZYŻEWSKI | KRAKÓW | POL | SENIOR II M - 30 | 90 | M 174 | 01:21:08 | 02:21:59 | 03:39:45 | | 05:06:50.60 | 9:17 | 6.5 |
| 91 | CZERNIAK TOBIASZ | 6250 | | KRAPKOWICE | POL | SENIOR II M - 30 | 91 | M 179 | 01:10:35 | 02:08:36 | 03:32:45 | | 05:10:29.70 | 9:24 | 6.4 |
| 92 | POLAŃSKI MATEUSZ | 6361 | | SPALICE | POL | SENIOR II M - 30 | 92 | M 180 | 01:15:35 | 02:17:01 | 03:37:05 | | 05:12:11.05 | 9:27 | 6.3 |
| 93 | KURZYNIEC ŁUKASZ | 6197 | | WROCŁAW | POL | SENIOR II M - 30 | 93 | M 182 | 01:33:04 | | 03:46:31 | | 05:16:16.05 | 9:35 | 6.3 |
| 94 | DOBOSZ LESZEK | 6133 | | POZNAŃ | POL | SENIOR II M - 30 | 94 | M 183 | 01:23:51 | 02:30:18 | 03:41:50 | | 05:16:52.70 | 9:36 | 6.2 |
| 95 | MATYLA ROMAN | 6193 | | WROCŁAW | POL | SENIOR II M - 30 | 95 | M 184 | | 02:36:15 | | | 05:17:56.00 | 9:38 | 6.2 |
| 96 | GODLEWSKI ADAM | 6236 | SKALPEL | PŁOCK | POL | SENIOR II M - 30 | 96 | M 185 | 01:18:04 | 02:23:06 | 03:37:00 | | 05:18:26.20 | 9:38 | 6.2 |
| 97 | HAWRYLISZYN JAN | 6194 | | ŁOZINA | POL | SENIOR II M - 30 | 97 | M 187 | 01:26:04 | 02:36:59 | 03:50:41 | | 05:21:42.35 | 9:44 | 6.2 |
| 98 | CZARNIECKI DANIEL | 6171 | TIE | POLANICA-ZDRÓJ | POL | SENIOR II M - 30 | 98 | M 192 | 01:21:19 | 02:25:49 | 03:49:00 | | 05:26:19.95 | 9:53 | 6.1 |
| 99 | PUZIO MACIEJ | 6183 | | KRAKÓW | POL | SENIOR II M - 30 | 99 | M 196 | 01:22:17 | 02:29:45 | 03:47:00 | | 05:30:52.90 | 10:01 | 6 |
| 100 | PIEKIELNIAK RAFAŁ | 6313 | BIAŁE CZY CZARNE SKARPETKI? | PYSKOWICE | POL | SENIOR II M - 30 | 100 | M 201 | 01:28:35 | 02:32:52 | 03:55:51 | | 05:35:58.15 | 10:10 | 5.9 |
| 101 | PFAJFER MAREK | 6092 | MARATONYPOLSKIE.PL TEAM | POZNAŃ | POL | SENIOR II M - 30 | 101 | M 203 | 01:31:06 | 02:37:00 | 03:55:38 | | 05:37:57.35 | 10:14 | 5.9 |
| 102 | GRZYBEK SŁAWOMIR | 6230 | | KATOWICE | POL | SENIOR II M - 30 | 102 | M 210 | 01:26:52 | 02:39:56 | 04:06:20 | | 05:41:35.85 | 10:21 | 5.8 |
| 103 | LOPATIN ILYA | 6160 | | WROCŁAW | | SENIOR II M - 30 | 103 | M 217 | 01:36:42 | 02:42:18 | 04:05:58 | | 05:48:04.80 | 10:32 | 5.7 |
| 104 | NETOLICKÝ MARTIN | 6271 | | BRNO | CZE | SENIOR II M - 30 | 104 | M 220 | 01:37:45 | 02:47:29 | 04:07:00 | | 05:49:10.85 | 10:34 | 5.7 |
| 105 | BARAN JĘDRZEJ | 6283 | HASAJ TO! | SZCZECIN | POL | SENIOR II M - 30 | 105 | M 222 | 01:32:25 | 02:40:29 | 04:03:38 | | 05:52:27.75 | 10:40 | 5.6 |
| 106 | TKACZ RAFAŁ | 6275 | HASAJ TO! | SZCZECIN | POL | SENIOR II M - 30 | 106 | M 224 | 01:32:18 | 02:40:51 | 04:03:52 | | 05:52:43.25 | 10:41 | 5.6 |
| 107 | CZUPRYNSKI RAFAL | 6090 | | WARSZAWA | POL | SENIOR II M - 30 | 107 | M 231 | 01:24:20 | 02:32:40 | 04:01:11 | | 06:01:25.85 | 10:57 | 5.5 |
| 108 | SEREDA ANDRII | 6135 | | KRAKOW | POL | SENIOR II M - 30 | 108 | M 232 | 01:31:51 | 02:41:47 | 04:08:15 | | 06:01:49.20 | 10:57 | 5.5 |
| 109 | ŁUKASIK BARTŁOMIEJ | 6107 | | PNIEWY | POL | SENIOR II M - 30 | 109 | M 237 | 01:40:39 | 03:01:06 | 04:25:49 | | 06:06:10.45 | 11:05 | 5.4 |
| 110 | JANKOWSKI RAFAŁ | 6103 | KOŁO BIEGA | KOŁO | POL | SENIOR II M - 30 | 110 | M 244 | 01:36:05 | 02:44:02 | 04:12:11 | | 06:14:35.20 | 11:21 | 5.3 |
| 111 | ROŻKO PAWEŁ | 6131 | TORNADO | SZCZECIN | POL | SENIOR II M - 30 | 111 | M 247 | 01:30:17 | 02:45:19 | 04:27:22 | | 06:28:54.50 | 11:47 | 5.1 |
| 112 | SANTOS PHILLIPE | 6317 | | LUSOWKO | POL | SENIOR II M - 30 | 112 | M 252 | 01:37:03 | 03:18:57 | 04:59:51 | | 06:48:57.90 | 12:23 | 4.8 |
| 113 | GRUDNIEWSKI JAKUB | 6113 | | WROCŁAW | POL | SENIOR II M - 30 | 113 | M 253 | 01:43:41 | 03:00:40 | 04:39:37 | | 06:48:58.70 | 12:23 | 4.8 |
| 114 | PIECZKA WOJCIECH | 6025 | WKURW_TEAM | WROCŁAW | POL | SENIOR II M - 30 | 114 | M 256 | 01:41:20 | 03:11:20 | 04:52:34 | | 06:57:31.30 | 12:39 | 4.7 |
| 115 | KORTAS SLAWOMIR | 6331 | DESTYLATOR | WROCLAW | POL | SENIOR II M - 30 | 115 | M 257 | 01:49:08 | 03:20:43 | 05:04:57 | | 07:01:26.65 | 12:46 | 4.7 |
| | BODURKA KRZYSZTOF | 6360 | SALOMON SUUNTO TEAM POLAND | NIELEPICE | POL | SENIOR II M - 30 | | | 00:43:00 DNF | DNF | 02:05:32 DNF | | DNF | - | - |
| | GAŁEK ALEKSANDER | 6178 | | POZNAŃ | POL | SENIOR II M - 30 | | | 01:21:23 DNF | DNF | DNF | | DNF | - | - |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Masters K - 40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | FOGIEL-PAWŁOWSKA AGNIESZKA | 6049 | | WROCŁAW | POL | MASTERS K - 40 | 1 | K 8 | 01:05:20 | 01:55:53 | 02:53:44 | | 04:00:54.75 | 7:18 | 8.2 |
| 2 | MAGDA KATARZYNA | 6161 | | RZESZÓW | POL | MASTERS K - 40 | 2 | K 10 | 01:08:19 | 02:01:06 | 03:02:35 | | 04:12:25.30 | 7:38 | 7.8 |
| 3 | NIEKRAŚ LIDIA | 6385 | | KŁODZKO | POL | MASTERS K - 40 | 3 | K 11 | 01:01:40 | 01:46:03 | 02:37:45 | | 04:14:09.95 | 7:42 | 7.8 |
| 4 | WOJCIECHOWSKA DOROTA | 6150 | | OLEŚNICA | POL | MASTERS K - 40 | 4 | K 17 | 01:15:35 | 02:12:37 | 03:21:09 | | 04:46:02.20 | 8:40 | 6.9 |
| 5 | WALCZAK AGNIESZKA | 6146 | OLKUSZBIEGA | BOLESŁAW | POL | MASTERS K - 40 | 5 | K 18 | 01:15:18 | 02:12:06 | 03:27:33 | | 04:49:51.65 | 8:47 | 6.8 |
| 6 | HAŁA MARTA | 6278 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS K - 40 | 6 | K 25 | 01:23:14 | | 03:29:48 | | 04:56:55.65 | 8:59 | 6.7 |
| 7 | BRONOWSKA JUSTYNA | 6122 | TUPTAM.PL | BIELSKO-BIAŁA | POL | MASTERS K - 40 | 7 | K 27 | 01:23:47 | 02:26:28 | 03:44:14 | | 05:10:39.30 | 9:24 | 6.4 |
| 8 | DOMOSŁAWSKA JOANNA | 6191 | | WROCŁAW | POL | MASTERS K - 40 | 8 | K 31 | 01:20:53 | 02:23:51 | 03:44:00 | | 05:18:41.30 | 9:39 | 6.2 |
| 9 | KRAJEWSKA AGATA | 6366 | | OŁAWA | POL | MASTERS K - 40 | 9 | K 33 | 01:27:27 | 02:30:13 | 03:46:31 | | 05:19:49.45 | 9:41 | 6.2 |
| 10 | GRUSZKA ANNA | 6186 | | PLEWISKA | POL | MASTERS K - 40 | 10 | K 34 | 01:26:13 | 02:36:17 | 03:51:05 | | 05:21:51.05 | 9:45 | 6.2 |
| 11 | SOBORSKA SYLWIA | 6208 | SAINT GOBAIN SQUAD | OLKUSZ | POL | MASTERS K - 40 | 11 | K 36 | 01:27:21 | 02:34:56 | 03:48:42 | | 05:25:09.85 | 9:51 | 6.1 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Masters K - 40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 12 | MAZUR KATARZYNA | 6371 | UMLAUT | KROSNO ODRZAŃSKIE | POL | MASTERS K - 40 | 12 | K 39 | 01:30:55 | | 04:00:01 | | 05:31:53.05 | 10:03 | 6 |
| 13 | GRUCHOT MAŁGORZATA | 6256 | WBO | GOGOLIN | POL | MASTERS K - 40 | 13 | K 41 | 01:20:35 | 02:22:57 | 03:55:36 | | 05:37:10.50 | 10:13 | 5.9 |
| 14 | WALCZAK ANNA | 6119 | | WARSZAWA | POL | MASTERS K - 40 | 14 | K 44 | 01:29:18 | 02:41:17 | 04:02:29 | | 05:40:38.90 | 10:19 | 5.8 |
| 15 | OHLA JUSTYNA | 6031 | BIEGAM BO NIE LUBIĘ | POZNAŃ | POL | MASTERS K - 40 | 15 | K 46 | 01:27:43 | 02:39:01 | 03:56:48 | | 05:42:31.75 | 10:22 | 5.8 |
| 16 | ŚNIEGOCKA MAGDALENA | 6215 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS K - 40 | 16 | K 47 | 01:27:21 | 02:39:49 | 04:03:01 | | 05:43:06.85 | 10:23 | 5.8 |
| 17 | BUCKO KAROLINA | 6259 | TARNOWO PODGÓRNE BIEGA | KIEKRZ | POL | MASTERS K - 40 | 17 | K 48 | 01:27:25 | | 04:03:11 | | 05:43:13.40 | 10:24 | 5.8 |
| 18 | BAR ALEKSANDRA | 6163 | GMINA STRZELCE OPOLSKIE | STRZELCE OPOLSKIE | POL | MASTERS K - 40 | 18 | K 49 | 01:35:49 | 02:51:13 | 04:10:55 | | 05:44:42.95 | 10:26 | 5.7 |
| 19 | LISZKA ELA | 6200 | JEJKOWICE BIEGAJĄ | RYBNIK | POL | MASTERS K - 40 | 19 | K 51 | 01:40:49 | 02:55:24 | 04:15:08 | | 05:48:10.70 | 10:33 | 5.7 |
| 20 | SOKOLOWSKA KATARZYNA | 6188 | | WARSZAWA | POL | MASTERS K - 40 | 20 | K 52 | 01:31:22 | 02:37:42 | 04:06:50 | | 05:51:27.50 | 10:39 | 5.6 |
| 21 | SIELIWONIK ANITA | 6130 | | WARSZAWA | POL | MASTERS K - 40 | 21 | K 53 | 01:32:54 | 02:39:34 | 04:01:54 | | 05:51:39.45 | 10:39 | 5.6 |
| 22 | MROZIŃSKA RENATA | 6050 | | ALEKSANDRÓW ŁÓDZKI | POL | MASTERS K - 40 | 22 | K 54 | 01:46:14 | 02:56:10 | 04:09:37 | | 05:52:48.70 | 10:41 | 5.6 |
| 23 | TRZCINA AGATA | 6057 | | ŚWIDNICA | POL | MASTERS K - 40 | 23 | K 56 | 01:33:10 | 02:43:40 | 04:10:45 | | 05:55:52.90 | 10:47 | 5.6 |
| 24 | TOKARSKA BOŻENA | 6374 | #ADAMCZERWIŃSKITEAM | KRAKÓW | POL | MASTERS K - 40 | 24 | K 57 | 01:35:04 | 02:50:00 | 04:02:00 | | 05:56:31.30 | 10:48 | 5.6 |
| 25 | WYSMOLINSKA KAROLINA | 6205 | | BIERNATKI | POL | MASTERS K - 40 | 25 | K 58 | 01:32:50 | 02:49:15 | 04:16:47 | | 05:57:02.70 | 10:49 | 5.5 |
| 26 | KAWĘCKA KINGA | 6087 | ADIDAS RUNNERS | WARSZAWA | POL | MASTERS K - 40 | 26 | K 59 | 01:44:46 | 02:58:13 | 04:17:02 | | 06:01:31.80 | 10:57 | 5.5 |
| 27 | TERKA BARBARA | 6068 | | POZNAŃ | POL | MASTERS K - 40 | 27 | K 60 | 01:44:56 | 02:58:32 | 04:17:12 | | 06:01:42.20 | 10:57 | 5.5 |
| 28 | FALENDER ANNA | 6058 | CENTRUM FORMY 58-100 | ŚWIDNICA | POL | MASTERS K - 40 | 28 | K 64 | 01:33:04 | 02:51:05 | 04:19:18 | | 06:05:52.25 | 11:05 | 5.4 |
| 29 | SADOWSKA JUSTYNA | 6007 | | SULEJÓWEK | POL | MASTERS K - 40 | 29 | K 65 | 01:38:30 | 02:49:03 | 04:17:28 | | 06:06:57.15 | 11:07 | 5.4 |
| 30 | KAPŁON ANNA | 6118 | | WARSZAWA | POL | MASTERS K - 40 | 30 | K 66 | 01:37:01 | 02:58:03 | 04:23:33 | | 06:11:03.80 | 11:14 | 5.3 |
| 31 | NAKONECZNA ANNA | 6081 | | WROCŁAW | POL | MASTERS K - 40 | 31 | K 67 | 01:44:51 | 03:08:59 | 04:30:48 | | 06:11:43.50 | 11:15 | 5.3 |
| 32 | PIÓRKOWSKA JOLANTA | 6010 | KOŁO BIEGA | KOŁO | POL | MASTERS K - 40 | 32 | K 68 | 01:35:46 | 02:49:43 | 04:23:45 | | 06:14:16.75 | 11:20 | 5.3 |
| 33 | PĘCKA BEATA | 6106 | | SOSNOWIEC | POL | MASTERS K - 40 | 33 | K 72 | 01:39:01 | 02:59:11 | 04:33:09 | | 06:23:29.15 | 11:37 | 5.2 |
| 34 | POSIŁA JOANNA | 6370 | | MOSINA | POL | MASTERS K - 40 | 34 | K 73 | 01:41:53 | 03:09:03 | 04:26:40 | | 06:24:12.20 | 11:38 | 5.2 |
| 35 | BEDNARSKA-KOZIOŁ DANUTA | 6158 | WKURW_TEAM | ZIELĘCICE | POL | MASTERS K - 40 | 35 | K 75 | 01:43:39 | 03:10:35 | 04:44:18 | | 06:24:50.75 | 11:39 | 5.1 |
| 36 | MARKIEWICZ JOANNA ZUZA | 6009 | KOBIETY BIEGAJA / TJ | POZNŃ | POL | MASTERS K - 40 | 36 | K 81 | 01:43:55 | 03:05:52 | 04:40:22 | | 06:41:33.95 | 12:10 | 4.9 |
| 37 | WIŚNIEWSKA DOROTA | 6033 | | ALEKSANDRÓW KUJAWSKI | POL | MASTERS K - 40 | 37 | K 82 | 01:52:45 | 03:25:52 | 04:52:06 | | 06:46:03.75 | 12:18 | 4.9 |
| 38 | TRZCIŃSKA JOLANTA | 6364 | | WROCŁAW | POL | MASTERS K - 40 | 38 | K 83 | 01:36:22 | 02:53:15 | 04:38:46 | | 06:55:05.95 | 12:34 | 4.8 |
| 39 | DRAJERCZAK MARLENA | 6383 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS K - 40 | 39 | K 86 | 01:51:26 | 03:32:42 | 05:08:34 | | 07:08:56.20 | 12:59 | 4.6 |
| 40 | JASIUL MARIOLA | 6006 | | LEGIONOWO | POL | MASTERS K - 40 | 40 | K 87 | 01:49:42 | 03:18:15 | 05:07:39 | | 07:19:02.70 | 13:18 | 4.5 |
| 41 | CZOCHARA MARTA | 6041 | | OPOLE | POL | MASTERS K - 40 | 41 | K 91 | 01:56:50 | 03:40:28 | 05:25:02 | | 07:32:53.45 | 13:43 | 4.4 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Masters M - 40

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | BRÝDL PAVEL | 6209 | SALOMON/SUUNTO - MUAY RUNNING TEAM | TRUTNOV | CZE | MASTERS M - 40 | 1 | M 7 | 00:44:54 | 01:19:55 | 02:01:07 | | 02:48:10.85 | 5:05 | 11.8 |
| 2 | GLAPIAK DAMIAN | 6027 | ADRUNALINE | BUCZ | POL | MASTERS M - 40 | 2 | M 9 | 00:45:42 | 01:21:30 | 02:02:10 | | 02:48:59.90 | 5:07 | 11.7 |
| 3 | KRUPIČKA ROBERT | 6310 | SALOMON TEAM CZ | CHOCEŇ | CZE | MASTERS M - 40 | 3 | M 11 | 00:45:40 | 01:18:42 | | | 02:51:10.80 | 5:11 | 11.6 |
| 4 | PASIK TOMASZ | 6334 | | WOLSZTYN | POL | MASTERS M - 40 | 4 | M 16 | 00:50:01 | 01:28:56 | 02:11:56 | | 03:00:35.25 | 5:28 | 11 |
| 5 | GAZDA VÍTĚZSLAV | 6042 | | DIVIŠOV | CZE | MASTERS M - 40 | 5 | M 20 | 00:52:46 | 01:32:56 | 02:21:30 | | 03:16:23.55 | 5:57 | 10.1 |
| 6 | GARNEK PIOTR | 6166 | VEGE RUNNERS | WROCŁAW | POL | MASTERS M - 40 | 6 | M 26 | 00:55:08 | | 02:25:18 | | 03:21:06.15 | 6:05 | 9.8 |
| 7 | SZOPA ŁUKASZ | 6228 | KARKONOSZ RUNNING TEAM | DOBRA | POL | MASTERS M - 40 | 7 | M 29 | 00:56:04 | 01:39:51 | 02:28:10 | | 03:23:46.45 | 6:10 | 9.7 |
| 8 | MORAWA MATEUSZ | 6348 | LACHO TEAM | RADZISZÓW | POL | MASTERS M - 40 | 8 | M 30 | 00:58:07 | 01:42:10 | 02:30:48 | | 03:24:44.30 | 6:12 | 9.7 |
| 9 | KOTKOWSKI PIOTR | 6287 | DRUŻYNA SZPIKU / MARATONYPOLSKIE TEAM | POZNAŃ | POL | MASTERS M - 40 | 9 | M 35 | 00:57:12 | 01:38:22 | 02:30:14 | | 03:34:02.00 | 6:29 | 9.3 |
| 10 | BRZOZOWSKI JACEK | 6020 | | OPOLE | POL | MASTERS M - 40 | 10 | M 52 | 01:00:19 | 01:47:22 | 02:41:17 | | 03:45:19.95 | 6:49 | 8.8 |
| 11 | GREIVELDINGER GILLES | 6261 | ŚWIAT BIEGACZA FEHLAU RUN TEAM | KORNIK | POL | MASTERS M - 40 | 11 | M 54 | 00:58:57 | 01:45:23 | 02:41:44 | | 03:46:48.90 | 6:52 | 8.7 |
| 12 | ROGALSKI ANDRZEJ | 6381 | Q100TEAM | JEDLINA ZDRÓJ | POL | MASTERS M - 40 | 12 | M 66 | 01:04:24 | 01:51:28 | 02:48:43 | | 03:55:49.05 | 7:08 | 8.4 |
| 13 | KITA MICHAŁ | 6047 | PĘDZĄCY W MIEJSCU | WROCŁAW | POL | MASTERS M - 40 | 13 | M 67 | 00:54:34 | 01:43:43 | 02:48:07 | | 03:57:50.60 | 7:12 | 8.3 |
| 14 | CZAK TOMASZ | 6169 | MULTIFIT | KĘDZIERZYN- KOŹLE | POL | MASTERS M - 40 | 14 | M 76 | 01:05:07 | 01:55:36 | 02:50:59 | | 04:04:47.60 | 7:25 | 8.1 |
| 15 | ŻYŁKA PAWEŁ | 6367 | | OPOLE | POL | MASTERS M - 40 | 15 | M 77 | 01:06:49 | 01:59:30 | 03:00:15 | | 04:04:49.50 | 7:25 | 8.1 |
| 16 | SZARANIEC SEBASTIAN | 6251 | T-MOBILE SPORT TEAM | WARSZAWA | POL | MASTERS M - 40 | 16 | M 81 | 01:04:39 | 01:53:04 | 02:51:48 | | 04:06:17.90 | 7:27 | 8 |
| 17 | PACIA SEBASTIAN | 6154 | | ŁAŃCUT | POL | MASTERS M - 40 | 17 | M 86 | 01:10:23 | 02:02:50 | 02:58:51 | | 04:08:46.90 | 7:32 | 8 |
| 18 | MĘŻYKOWSKI MICHAŁ | 6388 | | WARSZAWA | POL | MASTERS M - 40 | 18 | M 87 | 01:05:40 | 01:55:24 | 02:54:46 | | 04:09:13.95 | 7:33 | 7.9 |
| 19 | ŻAKOWSKI KAROL | 6056 | PORT RELAKS CREW | POZNAŃ | POL | MASTERS M - 40 | 19 | M 89 | 01:07:43 | 01:56:53 | 03:04:00 | | 04:10:27.00 | 7:35 | 7.9 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Masters M - 40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 20 | STROZEK BARTEK | 6264 | | WROCLAW | POL | MASTERS M - 40 | 20 | M 90 | 01:07:37 | 01:55:51 | 02:57:19 | | 04:11:15.00 | 7:36 | 7.9 |
| 21 | GRABOWSKI ARTII | 6394 | | KRAKÓW | POL | MASTERS M - 40 | 21 | M 92 | 01:06:25 | 02:00:57 | 03:01:48 | | 04:14:40.90 | 7:43 | 7.8 |
| 22 | KAYSIEWICZ MACIEJ | 6141 | NATURAL BORN RUNNERS TEAM | POZNAŃ | POL | MASTERS M - 40 | 22 | M 93 | 01:06:12 | 02:01:45 | 03:01:01 | | 04:15:13.95 | 7:44 | 7.8 |
| 23 | RĘKOSIEWICZ JAKUB | 6351 | NOVITA | ZIELONA GÓRA | POL | MASTERS M - 40 | 23 | M 96 | 01:06:17 | 02:01:31 | 03:05:11 | | 04:18:01.40 | 7:49 | 7.7 |
| 24 | GRZEGOREK GRZEGORZ | 6327 | KLUB BIEGACZA KĄTY WROCŁAWSKIE | KĄTY WROCŁAWSKIE | POL | MASTERS M - 40 | 24 | M 97 | | 01:58:00 | | | 04:18:06.35 | 7:49 | 7.7 |
| 25 | WANKIEWICZ KRZYSZTOF | 6268 | | JELCZ-LASKOWICE | POL | MASTERS M - 40 | 25 | M 99 | 01:10:35 | | 03:05:02 | | 04:18:19.65 | 7:49 | 7.7 |
| 26 | MAKOCKI MICHAL | 6162 | FORMOSA BEARS | SZCZECIN | POL | MASTERS M - 40 | 26 | M 100 | 01:12:41 | 02:08:29 | 03:05:41 | | 04:18:32.20 | 7:50 | 7.7 |
| 27 | MUTRYNOWSKI PIOTR | 6155 | | WROCŁAW | POL | MASTERS M - 40 | 27 | M 101 | 01:14:40 | 02:06:46 | 03:11:05 | | 04:18:52.00 | 7:50 | 7.6 |
| 28 | HOFMAN JAKUB | 6339 | | WARSZAWA | POL | MASTERS M - 40 | 28 | M 105 | 01:09:50 | | 03:08:03 | | 04:22:11.80 | 7:56 | 7.6 |
| 29 | MAĆKOWSKI MATEUSZ | 6065 | NATURAL BORN COFFEE LOVERS | POZNAŃ | POL | MASTERS M - 40 | 29 | M 106 | 01:13:10 | 02:09:24 | 03:11:20 | | 04:23:07.80 | 7:58 | 7.5 |
| 30 | JÓŹWIAK MICHAŁ | 6372 | | KÓRNIK | POL | MASTERS M - 40 | 30 | M 109 | 01:12:42 | 02:05:45 | 03:07:21 | | 04:27:28.30 | 8:06 | 7.4 |
| 31 | MARECKI GRZEGORZ | 6231 | KRAPKOWICE BIEGA | KRAPKOWICE | POL | MASTERS M - 40 | 31 | M 117 | 01:10:11 | 02:05:29 | 03:11:10 | | 04:30:43.30 | 8:12 | 7.3 |
| 32 | PAŻUCHA WOJCIECH | 6330 | | LUSÓWKO | POL | MASTERS M - 40 | 32 | M 124 | 01:08:50 | 02:02:45 | 03:19:24 | | 04:36:58.35 | 8:23 | 7.1 |
| 33 | KOŁODZIEJ MARIUSZ | 6054 | TMTEAM | LEGNICA | POL | MASTERS M - 40 | 33 | M 125 | 01:12:10 | | 03:17:45 | | 04:39:18.40 | 8:27 | 7.1 |
| 34 | BARTOSIEWICZ ADAM | 6365 | | GRYFINO | POL | MASTERS M - 40 | 34 | M 128 | 01:15:48 | 02:12:19 | 03:20:10 | | 04:41:23.30 | 8:31 | 7 |
| 35 | TALAREK ROBERT | 6335 | SMT SZCZECIN | SZCZECIN | POL | MASTERS M - 40 | 35 | M 130 | 01:13:58 | 02:11:39 | 03:16:44 | | 04:42:07.35 | 8:32 | 7 |
| 36 | KRZESZOWIEC JACEK | 6077 | | WROCŁAW | POL | MASTERS M - 40 | 36 | M 134 | 01:13:03 | 02:11:18 | 03:20:33 | | 04:43:56.15 | 8:36 | 7 |
| 37 | JAŹWIŃSKI KRZYSZTOF | 6098 | ROZBIEGANI ŻYCHLIN | ŻYCHLIN | POL | MASTERS M - 40 | 37 | M 135 | 01:17:03 | 02:17:47 | 03:25:30 | | 04:44:12.05 | 8:36 | 7 |
| 38 | ZWOLIŃSKI MARIUSZ | 6165 | | WARSZAWA | POL | MASTERS M - 40 | 38 | M 136 | 01:12:31 | 02:10:36 | 03:17:07 | | 04:44:32.85 | 8:37 | 7 |
| 39 | DUPLA KONRAD | 6341 | | WROCŁAW | POL | MASTERS M - 40 | 39 | M 137 | 01:10:13 | 02:08:07 | 03:17:00 | | 04:44:42.95 | 8:37 | 7 |
| 40 | KARCZ TOMASZ | 6393 | | WROCŁAW | POL | MASTERS M - 40 | 40 | M 140 | 01:10:06 | 02:07:59 | 03:14:48 | | 04:46:14.10 | 8:40 | 6.9 |
| 41 | KURCZEK TOMASZ | 6290 | | GLIWICE | POL | MASTERS M - 40 | 41 | M 150 | 01:16:07 | 02:14:35 | 03:26:16 | | 04:51:40.95 | 8:50 | 6.8 |
| 42 | KANTOREK PIOTR | 6060 | | SKIERNIEWICE | POL | MASTERS M - 40 | 42 | M 153 | 01:18:11 | 02:12:59 | 03:26:50 | | 04:55:01.65 | 8:56 | 6.7 |
| 43 | KNEZEVIC SRDJAN | 6123 | | LJUBLJANA | SLO | MASTERS M - 40 | 43 | M 154 | 01:18:23 | 02:13:15 | 03:27:02 | | 04:55:14.00 | 8:56 | 6.7 |
| 44 | BEDNARCZYK PAWEŁ | 6084 | PZU SPORT TEAM | BABKI | POL | MASTERS M - 40 | 44 | M 156 | 01:12:51 | 02:11:50 | 03:23:34 | | 04:57:17.00 | 9:00 | 6.7 |
| 45 | STANIEK SŁAWOMIR | 6245 | BST | RYBNIK | POL | MASTERS M - 40 | 45 | M 158 | 01:17:46 | 02:18:47 | 03:32:13 | | 04:57:29.75 | 9:00 | 6.7 |
| 46 | NOWAK SEBASTIAN | 6357 | | ŚWIĘTA KATARZYNA | POL | MASTERS M - 40 | 46 | M 159 | 01:19:30 | 02:19:55 | 03:34:13 | | 04:58:08.15 | 9:02 | 6.6 |
| 47 | JANCZAK PIOTR | 6358 | | ŻERNIKI WROCŁAWSKIE | POL | MASTERS M - 40 | 47 | M 160 | 01:19:23 | 02:19:41 | 03:34:04 | | 04:58:17.40 | 9:02 | 6.6 |
| 48 | RELEWICZ MACIEJ | 6021 | WOLNE ŚLIMAKI | POZNAŃ | POL | MASTERS M - 40 | 48 | M 164 | 01:22:02 | 02:22:11 | 03:34:40 | | 05:01:27.80 | 9:08 | 6.6 |
| 49 | WALCZAK DARIUSZ | 6144 | OLKUSZBIEGA | BOLESŁAW | POL | MASTERS M - 40 | 49 | M 168 | 01:18:50 | 02:24:24 | 03:39:43 | | 05:05:07.55 | 9:14 | 6.5 |
| 50 | RYSZCZYK ADAM | 6354 | RUN2BFREE | RYBNIK | POL | MASTERS M - 40 | 50 | M 169 | 01:29:19 | 02:28:51 | 03:39:19 | | 05:05:52.45 | 9:16 | 6.5 |
| 51 | HELIOSZ ADAM | 6353 | RUN2BFREE | RYBNIK | POL | MASTERS M - 40 | 51 | M 170 | 01:29:30 | 02:28:57 | 03:39:32 | | 05:06:01.90 | 9:16 | 6.5 |
| 52 | SZELĄGIEWICZ AREK | 6175 | | SZCZECIN | POL | MASTERS M - 40 | 52 | M 171 | 01:19:43 | 02:22:47 | 03:38:51 | | 05:06:11.20 | 9:16 | 6.5 |
| 53 | GIERASIMOWICZ SZYMON | 6239 | TOTALSPORT.PL | DOBRA | POL | MASTERS M - 40 | 53 | M 172 | 01:22:14 | 02:24:09 | 03:37:44 | | 05:06:11.65 | 9:16 | 6.5 |
| 54 | MAJ MAREK | 6151 | ŚLĘZAK TEAM | WROCŁAW | POL | MASTERS M - 40 | 54 | M 173 | 01:20:41 | 02:23:23 | 03:37:49 | | 05:06:27.55 | 9:17 | 6.5 |
| 55 | LEWANDOWSKI LESZEK | 6323 | POWSTAŃCY Z KANAPY | BRZEZINA | POL | MASTERS M - 40 | 55 | M 176 | 01:24:05 | 02:28:56 | 03:44:13 | | 05:07:44.50 | 9:19 | 6.4 |
| 56 | TRZASKACZ TOMASZ | 6347 | OBORYGENI | TRZEBNICA | POL | MASTERS M - 40 | 56 | M 177 | 01:31:50 | 02:30:14 | 03:38:28 | | 05:08:25.45 | 9:20 | 6.4 |
| 57 | ZIÓŁKOWSKI PIOTR | 6105 | | BRUKSELA | BEL | MASTERS M - 40 | 57 | M 178 | 01:21:17 | 02:22:20 | 03:37:33 | | 05:08:28.55 | 9:20 | 6.4 |
| 58 | CHWALISZ PAWEŁ | 6190 | | WROCŁAW | POL | MASTERS M - 40 | 58 | M 186 | 01:18:39 | 02:19:54 | 03:41:25 | | 05:20:00.50 | 9:41 | 6.2 |
| 59 | KWIECIEŃ ROBERT | 6085 | | KIELCE | POL | MASTERS M - 40 | 59 | M 188 | 01:21:24 | 02:25:57 | 03:46:10 | | 05:22:30.25 | 9:46 | 6.1 |
| 60 | STEFANIAK MARCIN | 6011 | STR POZNAŃ/PREFAWAAB | DĄBRÓWKA | POL | MASTERS M - 40 | 60 | M 189 | 01:17:55 | 02:23:15 | 03:38:39 | | 05:22:30.35 | 9:46 | 6.1 |
| 61 | SNIEGOCKI PAWEL | 6145 | TARNOWO PODGÓRNE BIEGA | TARNOWO PODGÓRNE | POL | MASTERS M - 40 | 61 | M 190 | 01:26:51 | 02:31:17 | 03:54:18 | | 05:25:13.70 | 9:51 | 6.1 |
| 62 | WIŚNIEWSKI TOMASZ | 6032 | | ALEKSANDRÓW KUJAWSKI | POL | MASTERS M - 40 | 62 | M 191 | 01:21:13 | 02:29:06 | 03:51:07 | | 05:25:53.40 | 9:52 | 6.1 |
| 63 | KOT TOMASZ | 6282 | | WARSZAWA | POL | MASTERS M - 40 | 63 | M 193 | 01:22:09 | 02:27:55 | 03:52:11 | | 05:27:07.70 | 9:54 | 6.1 |
| 64 | GRZESIOK WOJCIECH | 6395 | | DĄBROWA GÓRNICZA | POL | MASTERS M - 40 | 64 | M 195 | 01:17:25 | 02:17:31 | 03:43:59 | | 05:30:32.45 | 10:00 | 6 |
| 65 | GRZYBEK TOMASZ | 6111 | KLUB GÓRSKI ŚWISTAK BIAŁY | ZIELONA GÓRA | POL | MASTERS M - 40 | 65 | M 197 | 01:19:59 | 02:23:11 | 03:45:12 | | 05:32:12.15 | 10:04 | 6 |
| 66 | KRUTULSKI MICHAŁ | 6112 | KLUB GÓRSKI ŚWISTAK BIAŁY | ZIELONA GÓRA | POL | MASTERS M - 40 | 66 | M 198 | 01:20:08 | 02:23:04 | 03:45:18 | | 05:32:22.85 | 10:04 | 6 |
| 67 | MISZCZYK MARCIN | 6389 | | KRAKÓW | POL | MASTERS M - 40 | 67 | M 200 | 01:27:10 | 02:33:56 | 03:54:36 | | 05:34:26.00 | 10:08 | 5.9 |
| 68 | JAGACKI PIOTR | 6226 | RYKOWISKO | PŁOCK | POL | MASTERS M - 40 | 68 | M 202 | 01:21:36 | 02:32:01 | 03:55:27 | | 05:35:59.55 | 10:10 | 5.9 |
| 69 | KARCZEWSKI TOMASZ | 6318 | 10 MINUT PO PŁASKIM | PUSZCZYKOWO | POL | MASTERS M - 40 | 69 | M 207 | 01:19:41 | 02:31:34 | 03:56:04 | | 05:39:35.35 | 10:17 | 5.8 |
| 70 | KRZEMIEŃ BARTOSZ | 6128 | | KATOWICE | POL | MASTERS M - 40 | 70 | M 208 | 01:28:02 | 02:34:26 | 04:03:34 | | 05:41:27.55 | 10:20 | 5.8 |
| 71 | PIOTROWSKI MARIUSZ | 6137 | | CHORZÓW | POL | MASTERS M - 40 | 71 | M 209 | 01:28:04 | 02:34:30 | 04:03:38 | | 05:41:35.25 | 10:21 | 5.8 |
| 72 | KORECKI MARCIN | 6325 | 4FI16 | DOBCZYCE | POL | MASTERS M - 40 | 72 | M 211 | 01:24:44 | 02:28:46 | 04:00:53 | | 05:42:09.65 | 10:22 | 5.8 |
| 73 | MADAJ PAWEŁ | 6062 | BIEGAM, BO NIE LUBIĘ | POZNAŃ | POL | MASTERS M - 40 | 73 | M 212 | 01:27:32 | 02:38:39 | 03:56:37 | | 05:42:21.80 | 10:22 | 5.8 |
| 74 | SMOLARCZYK GRZEGORZ | 6211 | | SIEMIANOWICE ŚLĄSKIE | POL | MASTERS M - 40 | 74 | M 213 | 01:30:36 | 02:50:08 | 04:05:14 | | 05:43:42.20 | 10:24 | 5.8 |
| 75 | NOWICKI MAREK | 6177 | PORANNI BIEGACZE | DOBRZYKOWICE | POL | MASTERS M - 40 | 75 | M 215 | 01:35:46 | 02:57:00 | 04:03:19 | | 05:44:39.75 | 10:26 | 5.7 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Masters M - 40 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 76 | ŻURAWIK MARCIN | 6322 | SAINT GOBAIN SQUAD | KOŁO | POL | MASTERS M - 40 | 76 | M 218 | 01:36:17 | 02:44:15 | 04:02:03 | | 05:48:20.90 | 10:33 | 5.7 |
| 77 | SKÓRA MARCIN | 6276 | EMES I PARTNERZY | TARNÓW | POL | MASTERS M - 40 | 77 | M 219 | 01:29:19 | 02:31:03 | 04:01:59 | | 05:48:35.35 | 10:33 | 5.7 |
| 78 | SUŁEK TOMEK | 6129 | | WARSZAWA | POL | MASTERS M - 40 | 78 | M 221 | 01:33:06 | | 04:02:05 | | 05:51:51.75 | 10:39 | 5.6 |
| 79 | MROZIŃSKI ALBERT | 6051 | | ALEKSANDRÓW ŁÓDZKI | POL | MASTERS M - 40 | 79 | M 223 | 01:46:03 | 02:55:57 | 04:09:23 | | 05:52:38.20 | 10:41 | 5.6 |
| 80 | NOWOSAD ARTUR | 6289 | | WOŁÓW | POL | MASTERS M - 40 | 80 | M 225 | 01:25:01 | 02:32:32 | 04:04:44 | | 05:53:50.50 | 10:43 | 5.6 |
| 81 | SOBKOWIAK SŁAWOMIR | 6295 | WRONIECKI KLUB BIEGACZA | WRONKI | POL | MASTERS M - 40 | 81 | M 227 | 01:27:51 | 02:38:14 | 04:12:53 | | 05:54:54.05 | 10:45 | 5.6 |
| 82 | SCHLAPPA SEBASTIAN | 6124 | IZBICKO W BIEGU | IZBICKO | POL | MASTERS M - 40 | 82 | M 228 | 01:29:37 | 02:46:35 | 04:09:09 | | 05:55:05.05 | 10:45 | 5.6 |
| 83 | TOKARSKI RAFAŁ | 6375 | | KRAKÓW | POL | MASTERS M - 40 | 83 | M 229 | 01:34:54 | 02:49:56 | 04:01:50 | | 05:56:22.55 | 10:47 | 5.6 |
| 84 | STASZCZUK JAROSŁAW | 6210 | WATAHA- ŁĄCZY NAS BIEGANIE | BRZEG | POL | MASTERS M - 40 | 84 | M 233 | 01:36:00 | 02:53:52 | 04:11:26 | | 06:02:06.40 | 10:58 | 5.5 |
| 85 | ADAMSKI BARTŁOMIEJ | 6272 | | MODLNICA | POL | MASTERS M - 40 | 85 | M 235 | 01:34:52 | 02:55:24 | 04:20:22 | | 06:04:58.90 | 11:03 | 5.4 |
| 86 | PRZYBYLSKI WITEK | 6392 | MUAY RUNNING TEAM | ZALASEWO | POL | MASTERS M - 40 | 86 | M 239 | 01:44:37 | 03:12:13 | 04:23:21 | | 06:09:07.90 | 11:11 | 5.4 |
| 87 | CICHY ROMAN | 6384 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS M - 40 | 87 | M 240 | 01:44:49 | 03:12:16 | 04:23:31 | | 06:09:17.25 | 11:11 | 5.4 |
| 88 | STOŁOWSKI ROBERT | 6294 | AMICA | WIELEŃ | POL | MASTERS M - 40 | 88 | M 241 | 01:31:45 | 02:50:01 | 04:25:28 | | 06:11:06.95 | 11:14 | 5.3 |
| 89 | KUREK JAROSŁAW | 6212 | RAJ-D ORZESZE | ORZESZE | POL | MASTERS M - 40 | 89 | M 243 | 01:30:45 | 02:50:23 | 04:21:29 | | 06:12:21.50 | 11:17 | 5.3 |
| 90 | FRĄCZEK MICHAŁ | 6091 | BNW WROCŁAW | WROCŁAW | POL | MASTERS M - 40 | 90 | M 245 | 01:30:30 | 02:50:43 | 04:28:30 | | 06:18:56.60 | 11:29 | 5.2 |
| 91 | ANDRZEJEWSKI ARKADIUSZ | 6396 | | BOGATYNIA | POL | MASTERS M - 40 | 91 | M 248 | 01:24:33 | 02:49:13 | 04:23:11 | | 06:35:12.00 | 11:58 | 5 |
| 92 | IWANIUK ADAM | 6238 | WIECZORNE BIEGANIE W SZCZECINIE | SZCZECIN | POL | MASTERS M - 40 | 92 | M 249 | 01:35:32 | 02:54:32 | 04:29:29 | | 06:36:19.25 | 12:00 | 5 |
| 93 | PAKUŁA ARKADIUSZ | 6059 | | KROSNO ODRZAŃSKIE | POL | MASTERS M - 40 | 93 | M 250 | 01:42:24 | 03:09:55 | 04:51:10 | | 06:45:48.15 | 12:17 | 4.9 |
| 94 | WOLEK MARCIN | 6232 | | TYCHY | POL | MASTERS M - 40 | 94 | M 251 | 01:46:00 | 03:02:59 | 04:50:32 | | 06:46:32.00 | 12:19 | 4.9 |
| 95 | GWIZDAŁA DANIEL | 6303 | | WROCŁAW | POL | MASTERS M - 40 | 95 | M 255 | 01:38:11 | 02:53:09 | 04:39:37 | | 06:54:57.25 | 12:34 | 4.8 |
| 96 | KURDZIEL TOMASZ | 6167 | | SZCZAWNICA | POL | MASTERS M - 40 | 96 | M 258 | 01:40:08 | 03:15:43 | 05:18:18 | | 07:13:59.00 | 13:09 | 4.6 |
| 97 | BESTRZYŃSKI OLECH | 6369 | CZŁAPAK ROBAKOWO | GĄDKI | POL | MASTERS M - 40 | 97 | M 259 | 01:54:24 | 03:19:08 | 05:05:08 | | 07:14:42.75 | 13:10 | 4.6 |
| 98 | BEREZIUK MICHAŁ | 6100 | | DZIEWIĘTLICE | POL | MASTERS M - 40 | 98 | M 261 | 01:52:01 | 03:32:06 | 05:15:53 | | 07:15:00.80 | 13:10 | 4.6 |
| 99 | CZOCHARA ROBERT | 6040 | | OPOLE | POL | MASTERS M - 40 | 99 | M 262 | 01:53:29 | 03:39:30 | 05:01:16 | | 07:32:44.55 | 13:43 | 4.4 |
| 100 | PIECHACZEK MAREK | 6257 | BOOTCAMP | ŚWIĘTOCHŁOWICE | POL | MASTERS M - 40 | 100 | M 263 | 02:01:26 | 03:51:45 | 05:25:58 | | 07:36:33.05 | 13:50 | 4.3 |
| 101 | SZYMAŃSKI PAWEŁ | 6013 | MUAY RUNNING TEAM | POZNAŃ | POL | MASTERS M - 40 | 101 | M 264 | 02:11:19 | 03:48:32 | 06:09:14 | | 09:04:10.90 | 16:29 | 3.6 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Weteran K - 50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | ŁUBIK RENATA | 6199 | PRO-RUN WROCŁAW | KIEŁCZÓW | POL | WETERAN K - 50 | 1 | K 19 | 01:20:27 | | 03:27:42 | | 04:50:09.05 | 8:47 | 6.8 |
| 2 | BIERNACKA KASIA | 6286 | | WARSZAWA | POL | WETERAN K - 50 | 2 | K 24 | 01:17:31 | 02:17:44 | 03:31:07 | | 04:55:32.55 | 8:57 | 6.7 |
| 3 | NEUMANN BEATA | 6043 | CENTRUM ŁĄKOWA 1 | RADKÓW | POL | WETERAN K - 50 | 3 | K 62 | 01:37:55 | 02:55:25 | 04:25:11 | | 06:03:04.50 | 11:00 | 5.5 |
| 4 | JÓZEFIAK MAGDALENA | 6064 | ASSECO ACTIVE TEAM | OSIELSKO | POL | WETERAN K - 50 | 4 | K 77 | 01:38:01 | 03:01:58 | 04:35:03 | | 06:29:37.85 | 11:48 | 5.1 |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Weteran I M - 50

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | SOKOŁOWSKI MAREK | 6095 | ALPIN SPORT HOKA ONE ONE TEAM | MYSŁOWICE-WESOŁA | POL | WETERAN I M - 50 | 1 | M 31 | 00:57:16 | 01:41:18 | 02:29:19 | | 03:25:32.90 | 6:13 | 9.6 |
| 2 | MOSZKOWICZ PAWEŁ | 6319 | NAVIGATOR/WAWEL KRAKÓW | KARNIOWICE | POL | WETERAN I M - 50 | 2 | M 36 | 00:58:10 | 01:42:12 | 02:33:18 | | 03:34:15.60 | 6:29 | 9.2 |
| 3 | TRZECIAKIEWICZ MIECZYSŁAW | 6088 | MLKS RADKÓW | MYSŁOWICE | POL | WETERAN I M - 50 | 3 | M 41 | 01:00:44 | 01:48:22 | 02:40:27 | | 03:40:04.00 | 6:40 | 9 |
| 4 | GROZIK MICHAŁ | 6176 | PORANNI BIEGACZE | GAJKÓW | POL | WETERAN I M - 50 | 4 | M 116 | 01:08:29 | 02:03:26 | 03:08:30 | | 04:30:33.55 | 8:11 | 7.3 |
| 5 | MISIAK ARTUR | 6356 | | STRONIE ŚLĄSKIE | POL | WETERAN I M - 50 | 5 | M 132 | 01:12:42 | 02:10:22 | 03:19:57 | | 04:43:25.65 | 8:35 | 7 |
| 6 | HUBKA JERZY | 6306 | ZABRZAŃSKIE PARKOWE BIEGANIE | ZABRZE | POL | WETERAN I M - 50 | 6 | M 143 | 01:16:51 | 02:16:54 | 03:28:34 | | 04:46:42.70 | 8:41 | 6.9 |
| 7 | NEUMANN JACEK | 6355 | CENTRUM ŁĄKOWA 1 | RADKÓW | POL | WETERAN I M - 50 | 7 | M 167 | 01:22:01 | 02:25:29 | 03:34:32 | | 05:03:22.50 | 9:11 | 6.5 |
| 8 | KAMYSZ ROBERT | 6292 | KLUB WYSKOGÓRSKI KRAKÓW | KRAKÓW | POL | WETERAN I M - 50 | 8 | M 175 | 01:19:15 | 02:19:14 | 03:34:18 | | 05:07:22.95 | 9:18 | 6.4 |
| 9 | KISIELIŃSKI TOMASZ | 6201 | | GDYNIA | POL | WETERAN I M - 50 | 9 | M 194 | 01:17:24 | 02:21:56 | 03:47:17 | | 05:27:25.90 | 9:55 | 6 |
| 10 | SOSNÓWKA LESZEK | 6153 | KLUB SOSNOWY | DZIAŁDOWO | POL | WETERAN I M - 50 | 10 | M 199 | 01:22:07 | 02:25:14 | 03:47:31 | | 05:33:30.30 | 10:06 | 5.9 |
| 11 | MODRZYŃSKI PRZEMYSŁAW | 6149 | | ELBLĄG | POL | WETERAN I M - 50 | 11 | M 226 | 01:33:15 | 02:42:04 | 04:13:01 | | 05:54:42.20 | 10:44 | 5.6 |
| 12 | KOWALSKI IRENEUSZ | 6082 | | WROCŁAW | POL | WETERAN I M - 50 | 12 | M 242 | 01:44:43 | 03:08:45 | 04:30:36 | | 06:11:33.55 | 11:15 | 5.3 |
| 13 | FRUCZ JACEK | 6005 | | SOSNOWIEC | POL | WETERAN I M - 50 | 13 | M 246 | 01:38:52 | 02:59:11 | 04:33:00 | | 06:23:19.35 | 11:36 | 5.2 |
| 14 | PIETROWICZ MAREK | 6185 | | TARNOWO PODGÓRNE | POL | WETERAN I M - 50 | 14 | M 254 | 01:37:12 | 03:19:29 | 04:59:28 | | 06:49:07.60 | 12:23 | 4.8 |
| | NAWROCKI JAROSŁAW | 6115 | | BYDGOSZCZ | POL | WETERAN I M - 50 | | | 01:58:34 DNF | DNF | DNF | | DNF | - | - |

## GOLDEN MOUNTAINS TRAIL - 33 KM, Weteran II M - 60

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | 9km | 16km | 24km | Kar/Bon | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | GIL STANISŁAW | 6350 | BIELAWSKA AKADEMIA BIEGANIA | DZIERŻONIÓW | POL | WETERAN II M - 60 | 1 | M 69 | 01:05:41 | 01:55:42 | 02:55:53 | | 04:01:01.30 | 7:18 | 8.2 |
| 2 | NESTEREWICZ RYSZARD | 6204 | LKS ISKRA JASZKOWA | KŁODZKO | POL | WETERAN II M - 60 | 2 | M 149 | 01:11:18 | 02:07:37 | 03:26:05 | | 04:51:14.50 | 8:49 | 6.8 |
| 3 | WOLEK JERZY | 6234 | | TYCHY | POL | WETERAN II M - 60 | 3 | M 163 | 01:18:38 | | 03:32:34 | | 05:00:46.90 | 9:06 | 6.6 |
| 4 | BARANIECKI ZBIGNIEW | 6203 | 100 MCP | POZNAŃ | POL | WETERAN II M - 60 | 4 | M 205 | 01:33:11 | 02:40:43 | 04:00:35 | | 05:38:37.60 | 10:15 | 5.8 |
| 5 | FLORCZAK ZDZISŁAW | 6148 | SIŁA OGRA | WROCŁAW | POL | WETERAN II M - 60 | 5 | M 206 | 01:35:22 | 02:45:19 | 04:04:40 | | 05:38:45.75 | 10:15 | 5.8 |
| 6 | GONERA KAZIMIERZ | 6002 | KB HARCOWNIK JELCZ-LASKOWICE | MIŁOSZYCE | POL | WETERAN II M - 60 | 6 | M 230 | 01:27:24 | 02:42:05 | 04:14:48 | | 06:00:24.15 | 10:55 | 5.5 |
| 7 | SADOWSKI ANDRZEJ | 6187 | LZS DZIEWIĘTLICE | DZIEWIĘTLICE | POL | WETERAN II M - 60 | 7 | M 260 | 01:51:49 | 03:32:05 | 05:15:43 | | 07:14:49.85 | 13:10 | 4.6 |