# RAJD NORDIC WALKING

Organizator: Polska Federacja Nordic Walking; Urząd Miasta i Gminy Biały Bór
Data: 2020-10-10
Miejsce: Biały Bór
Dystans: 4.2 km
Klasyfikacja wg czasów netto.

## RAJD NORDIC WALKING, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | SZYMAŃSKI STEFAN | 289 | XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH | KIEŹLINY | POL | M-OPEN | 1 | M 1 | | | 00:29:04.50 | 6:55 | 8.7 |
| 2 | MOTYL ANNA | 276 | NWBEŁCHATÓW | BEŁCHATÓW | POL | K-OPEN | 1 | K 1 | | | 00:29:29.25 | 7:01 | 8.5 |
| 3 | ANDRUSZKIEWICZ PAWEL | 251 | | SZCZECINEK | POL | M-OPEN | 2 | M 2 | | | 00:31:29.05 | 7:29 | 8 |
| 4 | WALESZKO ADAM | 291 | PASJA NORDIC WALKING | WARSZAWA | POL | M-OPEN | 3 | M 3 | | | 00:31:40.90 | 7:32 | 8 |
| 5 | LIPECKA MAGDALENA | 299 | PAUL TEAM | MALBORK | POL | K-OPEN | 2 | K 2 | | | 00:31:50.30 | 7:34 | 7.9 |
| 6 | ANDRUSZKIEWICZA GRZEGORZ | 252 | PARKRUN SZCZECINEK | SZCZECINEK | POL | M-OPEN | 4 | M 4 | | | 00:32:11.25 | 7:39 | 7.8 |
| 7 | KWAŚNIEWSKA DOROTA | 268 | BIAŁY BÓR | BIAŁY BÓR | POL | K-OPEN | 3 | K 3 | | | 00:32:36.90 | 7:45 | 7.7 |
| 8 | GUTOWSKI PAWEŁ | 298 | PAUL TEAM | MALBORK | POL | M-OPEN | 5 | M 5 | | | 00:32:41.75 | 7:46 | 7.7 |
| 9 | CIŹMOWSKA BARBARA | 259 | MTS HAMER MIASTKO | KĘPICE | POL | K-OPEN | 4 | K 4 | | | 00:32:59.50 | 7:51 | 7.6 |
| 10 | WOŹNIAK IWONA | 80 | | RESKO | POL | K-OPEN | 5 | K 5 | | | 00:34:09.25 | 8:07 | 7.4 |
| 11 | KUC - BREJNA ANNA | 272 | | SZCZECINEK | POL | K-OPEN | 6 | K 6 | | | 00:34:56.65 | 8:19 | 7.2 |
| 12 | STRZELEC JAN | 286 | | PRZYBKOWO | POL | M-OPEN | 6 | M 6 | | | 00:35:07.45 | 8:21 | 7.2 |
| 13 | KASZUBA ZOFIA | 265 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K-OPEN | 7 | K 7 | | | 00:35:19.55 | 8:24 | 7.1 |
| 14 | KORPAL GRAŻYNA | 267 | | KOSZALIN | POL | K-OPEN | 8 | K 8 | | | 00:35:38.85 | 8:29 | 7.1 |
| 15 | ŻACZEK ELŻBIETA | 300 | ANDRESPOL AKTYWNIE | ANDRESPOL | POL | K-OPEN | 9 | K 9 | | | 00:36:22.10 | 8:39 | 6.9 |
| 16 | OLECH ANNA | 277 | | GDAŃSK | POL | K-OPEN | 10 | K 10 | | | 00:37:09.10 | 8:50 | 6.8 |
| 17 | OLECH MATEUSZ | 294 | | GDAŃSK | POL | M-OPEN | 7 | M 7 | | | 00:37:13.55 | 8:51 | 6.8 |
| 18 | OWCZAREK HENRYKA | 278 | MARSZ PO ZDROWIA | POZNAŃ | POL | K-OPEN | 11 | K 11 | | | 00:37:59.50 | 9:02 | 6.6 |
| 19 | SZAMOTUŁA - STRZELEC MARYLA | 287 | | PRZYBKOWO | POL | K-OPEN | 12 | K 12 | | | 00:38:14.70 | 9:06 | 6.6 |
| 20 | KARKUT DARIUSZ | 262 | MTS HAMER | MIASTKO | POL | M-OPEN | 8 | M 8 | | | 00:38:31.65 | 9:10 | 6.5 |
| 21 | ANGIELCZYK MAŁGORZATA | 253 | MARSZ PO ZDROWIA | POZNAŃ | POL | K-OPEN | 13 | K 13 | | | 00:39:00.00 | 9:17 | 6.5 |
| 22 | KOMAR MARLENA | 266 | WYCHODZĘ Z KIJAMI | KONIKOWO | POL | K-OPEN | 14 | K 14 | | | 00:40:10.65 | 9:33 | 6.3 |
| 23 | LAMORSKA WIESŁAWA | 274 | MTS HAMER | MIASTKO | POL | K-OPEN | 15 | K 15 | | | 00:40:47.85 | 9:42 | 6.2 |
| 24 | KARKUT MONIKA | 263 | MTS HAMER | MIASTKO | POL | K-OPEN | 16 | K 16 | | | 00:41:08.05 | 9:47 | 6.1 |
| 25 | KOWALCZUK DARIA | 269 | WYCHODZE Z KIJAMI | KOSZALIN | POL | K-OPEN | 17 | K 17 | | | 00:43:18.10 | 10:18 | 5.8 |
| 26 | JÓŹWIAK DOMINIK | 261 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK | POL | M-OPEN | 9 | M 9 | | | 00:46:05.85 | 10:58 | 5.5 |
| 27 | ROMANOWSKA DANUTA | 282 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K-OPEN | 18 | K 18 | | | 00:51:37.30 | 12:17 | 4.9 |

## RAJD NORDIC WALKING, K-Open

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | MOTYL ANNA | 276 | NWBEŁCHATÓW | BEŁCHATÓW | POL | K-OPEN | 1 | K 1 | | | 00:29:29.25 | 7:01 | 8.5 |
| 2 | LIPECKA MAGDALENA | 299 | PAUL TEAM | MALBORK | POL | K-OPEN | 2 | K 2 | | | 00:31:50.30 | 7:34 | 7.9 |
| 3 | KWAŚNIEWSKA DOROTA | 268 | BIAŁY BÓR | BIAŁY BÓR | POL | K-OPEN | 3 | K 3 | | | 00:32:36.90 | 7:45 | 7.7 |
| 4 | CIŹMOWSKA BARBARA | 259 | MTS HAMER MIASTKO | KĘPICE | POL | K-OPEN | 4 | K 4 | | | 00:32:59.50 | 7:51 | 7.6 |
| 5 | WOŹNIAK IWONA | 80 | | RESKO | POL | K-OPEN | 5 | K 5 | | | 00:34:09.25 | 8:07 | 7.4 |
| 6 | KUC - BREJNA ANNA | 272 | | SZCZECINEK | POL | K-OPEN | 6 | K 6 | | | 00:34:56.65 | 8:19 | 7.2 |
| 7 | KASZUBA ZOFIA | 265 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K-OPEN | 7 | K 7 | | | 00:35:19.55 | 8:24 | 7.1 |
| 8 | KORPAL GRAŻYNA | 267 | | KOSZALIN | POL | K-OPEN | 8 | K 8 | | | 00:35:38.85 | 8:29 | 7.1 |
| 9 | ŻACZEK ELŻBIETA | 300 | ANDRESPOL AKTYWNIE | ANDRESPOL | POL | K-OPEN | 9 | K 9 | | | 00:36:22.10 | 8:39 | 6.9 |
| 10 | OLECH ANNA | 277 | | GDAŃSK | POL | K-OPEN | 10 | K 10 | | | 00:37:09.10 | 8:50 | 6.8 |
| 11 | OWCZAREK HENRYKA | 278 | MARSZ PO ZDROWIA | POZNAŃ | POL | K-OPEN | 11 | K 11 | | | 00:37:59.50 | 9:02 | 6.6 |
| 12 | SZAMOTUŁA - STRZELEC MARYLA | 287 | | PRZYBKOWO | POL | K-OPEN | 12 | K 12 | | | 00:38:14.70 | 9:06 | 6.6 |
| 13 | ANGIELCZYK MAŁGORZATA | 253 | MARSZ PO ZDROWIA | POZNAŃ | POL | K-OPEN | 13 | K 13 | | | 00:39:00.00 | 9:17 | 6.5 |

## RAJD NORDIC WALKING, K-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 14 | KOMAR MARLENA | 266 | WYCHODZĘ Z KIJAMI | KONIKOWO | POL | K-OPEN | 14 | K 14 | | | 00:40:10.65 | 9:33 | 6.3 |
| 15 | LAMORSKA WIESŁAWA | 274 | MTS HAMER | MIASTKO | POL | K-OPEN | 15 | K 15 | | | 00:40:47.85 | 9:42 | 6.2 |
| 16 | KARKUT MONIKA | 263 | MTS HAMER | MIASTKO | POL | K-OPEN | 16 | K 16 | | | 00:41:08.05 | 9:47 | 6.1 |
| 17 | KOWALCZUK DARIA | 269 | WYCHODZE Z KIJAMI | KOSZALIN | POL | K-OPEN | 17 | K 17 | | | 00:43:18.10 | 10:18 | 5.8 |
| 18 | ROMANOWSKA DANUTA | 282 | WYCHODZĘ Z KIJAMI | KOSZALIN | POL | K-OPEN | 18 | K 18 | | | 00:51:37.30 | 12:17 | 4.9 |

## RAJD NORDIC WALKING, M-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Żół. kartki | Czer. kartki | Netto | min/km | km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | SZYMAŃSKI STEFAN | 289 | XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH | KIEŹLINY | POL | M-OPEN | 1 | M 1 | | | 00:29:04.50 | 6:55 | 8.7 |
| 2 | ANDRUSZKIEWICZ PAWEL | 251 | | SZCZECINEK | POL | M-OPEN | 2 | M 2 | | | 00:31:29.05 | 7:29 | 8 |
| 3 | WALESZKO ADAM | 291 | PASJA NORDIC WALKING | WARSZAWA | POL | M-OPEN | 3 | M 3 | | | 00:31:40.90 | 7:32 | 8 |
| 4 | ANDRUSZKIEWICZA GRZEGORZ | 252 | PARKRUN SZCZECINEK | SZCZECINEK | POL | M-OPEN | 4 | M 4 | | | 00:32:11.25 | 7:39 | 7.8 |
| 5 | GUTOWSKI PAWEŁ | 298 | PAUL TEAM | MALBORK | POL | M-OPEN | 5 | M 5 | | | 00:32:41.75 | 7:46 | 7.7 |
| 6 | STRZELEC JAN | 286 | | PRZYBKOWO | POL | M-OPEN | 6 | M 6 | | | 00:35:07.45 | 8:21 | 7.2 |
| 7 | OLECH MATEUSZ | 294 | | GDAŃSK | POL | M-OPEN | 7 | M 7 | | | 00:37:13.55 | 8:51 | 6.8 |
| 8 | KARKUT DARIUSZ | 262 | MTS HAMER | MIASTKO | POL | M-OPEN | 8 | M 8 | | | 00:38:31.65 | 9:10 | 6.5 |
| 9 | JÓŹWIAK DOMINIK | 261 | SERCE NORDICA WŁOCŁAWEK | WŁOCŁAWEK | POL | M-OPEN | 9 | M 9 | | | 00:46:05.85 | 10:58 | 5.5 |