

## MISTRZOSTWA MW W BIEGACH PRZEŁAJOWYCH - M DO 35 LAT - 3 000M

Organizator: 8. Flotylla Obrony Wybrzeża  
Data: 2020-10-21  
Miejsce: Świnoujście  
Dystans: 3 km  
Klasyfikacja wg czasów netto.



## MISTRZOSTWA MW W BIEGACH PRZEŁAJOWYCH - M DO 35 LAT - 3 000M, OPEN

| M-ce | Nazwisko i imię                | Nr | Klub         | M-scowość   | Kraj | Kat. | M. kat | K/M | 1km      | 2km      | Netto       | min/km | km/h |
|------|--------------------------------|----|--------------|-------------|------|------|--------|-----|----------|----------|-------------|--------|------|
| 1    | MAR. ADRIAN BUKOWSKI           | 26 | 6 OREL./DZH  |             | POL  |      | M 1    |     | 00:04:22 | 00:08:39 | 00:12:31.21 | 4:10   | 14.4 |
| 2    | MAR. JACEK LESZCZYŃSKI         | 25 | 6 OREL./DZH  |             | POL  |      | M 2    |     | 00:04:22 | 00:08:39 | 00:12:54.81 | 4:18   | 14   |
| 3    | MAR. DAWID RÓŻAŃSKI            | 27 | 8.FOW        | ŚWINOUJŚCIE | POL  |      | M 3    |     | 00:04:22 | 00:08:42 | 00:13:29.50 | 4:29   | 13.3 |
| 4    | MAR. KAMIL LUBIŃSKI            | 22 | 3. FO GDYNIA | GDYNIA      | POL  |      | M 4    |     | 00:04:22 | 00:08:47 | 00:13:50.47 | 4:36   | 13   |
| 5    | MAT MATEUSZ WACHOWIAK          | 24 | 6 OREL./DZH  |             | POL  |      | M 5    |     | 00:04:38 | 00:09:29 | 00:14:14.59 | 4:44   | 12.6 |
| 6    | MAR. MARCIN DATA               | 30 | BL MW/ RCI   |             | POL  |      | M 6    |     | 00:04:27 | 00:09:34 | 00:14:23.22 | 4:47   | 12.5 |
| 7    | MAR. DAWID TRAFALSKI           | 29 | 8.FOW        | ŚWINOUJŚCIE | POL  |      | M 7    |     | 00:04:38 | 00:09:41 | 00:14:56.45 | 4:58   | 12.1 |
| 8    | MAT BŁAŻEJ BONK                | 31 | BL MW/ RCI   |             | POL  |      | M 8    |     | 00:04:45 | 00:10:08 | 00:15:18.50 | 5:06   | 11.8 |
| 9    | ST.MAR. PAWEŁ KOTKIEWICZ       | 61 | 8.FOW        | ŚWINOUJŚCIE | POL  |      | M 9    |     | 00:04:38 | 00:10:08 | 00:15:24.20 | 5:08   | 11.7 |
| 10   | BOSM. MICHAŁ KOPAL             | 32 | BL MW/ RCI   |             | POL  |      | M 10   |     | 00:04:46 | 00:10:10 | 00:15:45.37 | 5:15   | 11.4 |
| 11   | MAR. BARTOSZ BANASZCZAK        | 28 | 8.FOW        | ŚWINOUJŚCIE | POL  |      | M 11   |     | 00:04:46 | 00:10:19 | 00:15:46.54 | 5:15   | 11.4 |
| 12   | MAR. KONRAD CZERNIACHOWSKI     | 23 | 3. FO GDYNIA | GDYNIA      | POL  |      | M 12   |     | 00:05:05 | 00:11:01 | 00:16:50.14 | 5:36   | 10.7 |
| 13   | ST.MAR. SEBASTIAN GRACZYKOWSKI | 49 | 8.FOW        | ŚWINOUJŚCIE | POL  |      | M 13   |     | 00:05:00 | 00:11:02 | 00:16:55.29 | 5:38   | 10.6 |

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| M-ce | Nazwisko i imię                | Nr | Klub         | M-scowość   | Kraj | Kat. | M. kat | K/M      | 1km      | 2km         | Netto | min/km | km/h |
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| 1    | MAR. ADRIAN BUKOWSKI           | 26 | 6 OREL./DZH  |             | POL  |      | M 1    | 00:04:22 | 00:08:39 | 00:12:31.21 | 4:10  | 14.4   |      |
| 2    | MAR. JACEK LESZCZYŃSKI         | 25 | 6 OREL./DZH  |             | POL  |      | M 2    | 00:04:22 | 00:08:39 | 00:12:54.81 | 4:18  | 14     |      |
| 3    | MAR. DAWID RÓŻAŃSKI            | 27 | 8.FOW        | ŚWINOUJŚCIE | POL  |      | M 3    | 00:04:22 | 00:08:42 | 00:13:29.50 | 4:29  | 13.3   |      |
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| 5    | MAT MATEUSZ WACHOWIAK          | 24 | 6 OREL./DZH  |             | POL  |      | M 5    | 00:04:38 | 00:09:29 | 00:14:14.59 | 4:44  | 12.6   |      |
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