

## KOBIETY NA 5+ :: NORDIC WALKING

Organizator: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój

Data: 2022-05-22

Miejsce: Jastrzębie-Zdrój

Dystans: 5.3 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 1500 miejsc wg czasu brutto



### KOBIETY NA 5+ :: NORDIC WALKING, Open NW

| M-ce | Nazwisko i imię                  | Nr   | Klub  | M-scowość             | Kraj | Kat.    | M. kat | K/M  | Drużyna 1 | Drużyna 2 | 2.5km    | Netto       | Brutto      | min/km | km/h |
|------|----------------------------------|------|---|-----------------------|------|---------|--------|------|-----------|-----------|----------|-------------|-------------|--------|------|
| 1    | ZACZYŃSKA-SKIBA ANNA             | 1011 | MSPORT TEAM   | LEGNICA               | POL  | OPEN NW | 1      | K 1  |           |           | 00:14:19 | 00:33:03.05 | 00:33:03.05 | 6:14   | 9.6  |
| 2    | KOŁODZIEJ JOANNA                 | 936  | MALINOWE GWIAZDY                                      | RUDA ŚLĄSKA           | POL  | OPEN NW | 2      | K 2  |           |           | 00:14:30 | 00:33:52.30 | 00:33:52.30 | 6:23   | 9.4  |
| 3    | BASISTA KASIA                    | 1013 | FORMA WODZISŁAW ŚLĄSKI                                | PSZÓW                 | POL  | OPEN NW | 3      | K 3  |           |           | 00:15:34 | 00:35:18.80 | 00:35:18.80 | 6:39   | 9    |
| 4    | DRÓŻDŻ BEATA                     | 1035 | SZARE MORSY   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 4      | K 4  |           |           | 00:15:35 | 00:35:45.50 | 00:35:45.50 | 6:44   | 8.9  |
| 5    | WOLNY ANIA                       | 926  | KAJ MY SOM?   | CIESZYN               | POL  | OPEN NW | 5      | K 5  |           |           | 00:15:33 | 00:35:52.65 | 00:35:52.65 | 6:46   | 8.9  |
| 6    | MERKEL SABINA                    | 1025 | RYBNICKA GRUPA BIEGOWA<br>PĘDZIMY RAZEM               | GASZOWICE             | POL  | OPEN NW | 6      | K 6  |           |           | 00:16:03 | 00:36:35.60 | 00:36:35.60 | 6:54   | 8.7  |
| 7    | PIECHOCZEK-NIEZGODA<br>LUCYNA    | 925  |   | ŻORY                  | POL  | OPEN NW | 7      | K 7  |           |           | 00:16:18 | 00:37:09.35 | 00:37:09.35 | 7:00   | 8.6  |
| 8    | KUCZERA BEATA                    | 979  | RYBNICKA GRUPA BIEGOWA<br>PĘDZIMY RAZEM               | RYBNIK                | POL  | OPEN NW | 8      | K 8  |           |           | 00:16:16 | 00:37:10.00 | 00:37:10.00 | 7:00   | 8.6  |
| 9    | JANICZEK KATARZYNA               | 1079 |   | CIESZYN               | POL  | OPEN NW | 9      | K 9  |           |           | 00:16:31 | 00:37:30.75 | 00:37:30.75 | 7:04   | 8.5  |
| 10   | SZENDZIELORZ ILONA               | 954  | MALINOWE GWIAZDY                                      | RUDA ŚLĄSKA           | POL  | OPEN NW | 10     | K 10 |           |           | 00:16:21 | 00:38:04.70 | 00:38:04.70 | 7:10   | 8.4  |
| 11   | SŁUPIK BOŻENA                    | 1007 |   | ORZESZE               | POL  | OPEN NW | 11     | K 11 |           |           | 00:16:38 | 00:38:08.80 | 00:38:08.80 | 7:11   | 8.3  |
| 12   | STEFANIAK EMILIA                 | 930  | HARPAGAN SOSNOWIEC NW                                 | SOSNOWIEC             | POL  | OPEN NW | 12     | K 12 |           |           | 00:16:44 | 00:38:22.05 | 00:38:22.05 | 7:14   | 8.3  |
| 13   | PIJARSKA BOŻENA                  | 975  |   | KATOWICE              | POL  | OPEN NW | 13     | K 13 |           |           | 00:17:01 | 00:38:27.65 | 00:38:27.65 | 7:15   | 8.3  |
| 14   | BUDREWICZ ELZBIETA               | 1083 | DYCUŚ TEAM  | ZDZIESZOWICE          | POL  | OPEN NW | 14     | K 14 |           |           | 00:17:20 | 00:38:30.35 | 00:38:30.35 | 7:15   | 8.3  |
| 15   | MILEWSKA-GROCHOWSKA<br>AGNIESZKA | 1150 | KIJANKI   | ZEBRZYDOWICE          | POL  | OPEN NW | 15     | K 15 |           |           | 00:16:51 | 00:38:32.50 | 00:38:32.50 | 7:16   | 8.3  |
| 16   | SZYMIK GRAŻYNA                   | 1100 |   | BELK                  | POL  | OPEN NW | 16     | K 16 |           |           | 00:17:10 | 00:38:38.50 | 00:38:38.50 | 7:17   | 8.2  |
| 17   | MIKA EMILIA                      | 977  |   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 17     | K 17 |           |           | 00:16:57 | 00:38:57.75 | 00:38:57.75 | 7:20   | 8.2  |
| 18   | KOZYRA GRAŻYNA                   | 1154 |   | RACIBÓRZ              | POL  | OPEN NW | 18     | K 18 |           |           | 00:16:59 | 00:39:01.30 | 00:39:01.30 | 7:21   | 8.2  |
| 19   | PRZADKA KATARZYNA                | 1166 |   | PSZCZYNA              | POL  | OPEN NW | 19     | K 19 |           |           | 00:17:09 | 00:39:02.95 | 00:39:02.95 | 7:21   | 8.1  |
| 20   | SKUBIS AGNIESZKA                 | 1139 | SŁAWKOWSKIE WŁÓCZY - KIJE<br>'SAMO SIĘ NIE PRZEJDZIE' | SŁAWKÓW               | POL  | OPEN NW | 20     | K 20 |           |           | 00:17:04 | 00:39:08.10 | 00:39:08.10 | 7:23   | 8.1  |
| 21   | MILERT JOLANTA                   | 514  | NORDIC WALKING LYSKI                                  | GASZOWICE             | POL  | OPEN NW | 21     | K 21 |           |           | 00:16:46 | 00:39:12.35 | 00:39:12.35 | 7:23   | 8.1  |
| 22   | BORUS JOANNA                     | 944  | KAJ MY SOM  | CIESZYN               | POL  | OPEN NW | 22     | K 22 |           |           | 00:17:19 | 00:39:27.65 | 00:39:27.65 | 7:26   | 8.1  |
| 23   | WOLNY MAGDALENA                  | 1153 |   | NĘDZA                 | POL  | OPEN NW | 23     | K 23 |           |           | 00:17:31 | 00:39:46.60 | 00:39:46.60 | 7:30   | 8    |
| 24   | MACHNIK ANNA                     | 961  | NORDIC WALKING LYSKI                                  | LYSKI                 | POL  | OPEN NW | 24     | K 24 |           |           | 00:17:20 | 00:39:54.20 | 00:39:54.20 | 7:31   | 8    |
| 25   | KOKOSZEK ALEKSANDRA              | 920  |   | RYBNIK                | POL  | OPEN NW | 25     | K 25 |           |           | 00:17:41 | 00:40:10.20 | 00:40:10.20 | 7:34   | 7.9  |
| 26   | GEMBALA VIOLETTA                 | 1090 |   | BELK                  | POL  | OPEN NW | 26     | K 26 |           |           | 00:17:39 | 00:40:27.05 | 00:40:27.05 | 7:37   | 7.9  |
| 27   | SŁODOWA-KONIEC ELA               | 1151 | BANK SPÓŁDZIELCZY W<br>JASTRZĘBIU ZDROJU              | ZEBRZYDOWICE          | POL  | OPEN NW | 27     | K 27 |           |           | 00:17:44 | 00:40:30.05 | 00:40:30.05 | 7:38   | 7.9  |
| 28   | ZDZIEBŁO ADRIANA                 | 922  |   | JASTRZĘBIE ZDROJ      | POL  | OPEN NW | 28     | K 28 |           |           | 00:17:42 | 00:40:52.60 | 00:40:52.60 | 7:42   | 7.8  |
| 29   | MOŁDRZYK MAŁGORZATA              | 1106 |   | CIESZYN               | POL  | OPEN NW | 29     | K 29 |           |           | 00:17:48 | 00:40:55.95 | 00:40:55.95 | 7:43   | 7.8  |
| 30   | ELIASZ EWA                       | 938  | ZABIEGANA ZOŁZA                                       | KATOWICE              | POL  | OPEN NW | 30     | K 30 |           |           | 00:18:04 | 00:40:56.05 | 00:40:56.05 | 7:43   | 7.8  |
| 31   | FAŁAT ANNA                       | 960  |   | KATOWICE              | POL  | OPEN NW | 31     | K 31 |           |           | 00:18:05 | 00:40:56.10 | 00:40:56.10 | 7:43   | 7.8  |
| 32   | LEGIERSKA NATALIA                | 1052 | TL ATHLETICS JASTRZĘBIE                               | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 32     | K 32 |           |           | 00:18:25 | 00:40:59.60 | 00:40:59.60 | 7:43   | 7.8  |
| 33   | NAWARYŃSKA EWA                   | 947  |   | RACIBÓRZ              | POL  | OPEN NW | 33     | K 33 |           |           | 00:18:20 | 00:41:00.80 | 00:41:00.80 | 7:44   | 7.8  |
| 34   | CZUDEK INGA                      | 1117 | PĘDZĄCE ŻÓŁWIE  | SKOCZÓW               | POL  | OPEN NW | 34     | K 34 |           |           | 00:18:27 | 00:41:01.05 | 00:41:01.05 | 7:44   | 7.8  |
| 35   | DANIEK KATARZYNA                 | 1165 | UZDROWISKO  | MIĘDZYRZECZE<br>GÓRNE | POL  | OPEN NW | 35     | K 35 |           |           | 00:18:16 | 00:41:16.95 | 00:41:16.95 | 7:47   | 7.7  |
| 36   | WYRWICH ANGELIKA                 | 980  |   | KATOWICE              | POL  | OPEN NW | 36     | K 36 |           |           | 00:18:21 | 00:41:21.55 | 00:41:21.55 | 7:48   | 7.7  |
| 37   | KASPRZIK JOLA                    | 29   | SIECHODZI   | TOSZEK                | POL  | OPEN NW | 37     | K 37 |           |           | 00:17:59 | 00:41:23.05 | 00:41:23.05 | 7:48   | 7.7  |
| 38   | NIESTRÓJ SYLWIA                  | 982  | DYSTANS   | LUBOMIA               | POL  | OPEN NW | 38     | K 38 |           |           | 00:18:15 | 00:41:25.80 | 00:41:25.80 | 7:48   | 7.7  |
| 39   | JANICKA MAŁGORZATA               | 1112 | PĘDZĄCE ŻÓŁWIE  | MIĘSZYŚWIEĆ           | POL  | OPEN NW | 39     | K 39 |           |           |          | 00:41:29.55 | 00:41:29.55 | 7:49   | 7.7  |





**KOBIETY NA 5+ :: NORDIC WALKING, Open NW c.d.**

| M-ce | Nazwisko i imię               | Nr   | Klub                              | M-scowość             | Kraj | Kat.    | M. kat | K/M   | Drużyna 1 | Drużyna 2                    | 2.5km       | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|------|-----------------------------------|-----------------------|------|---------|--------|-------|-----------|------------------------------|-------------|-------------|-------------|--------|------|
| 145  | KABATA IZABELA                | 1205 |                                   | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 145    | K 145 |           |                              | 00:21:18    | 00:47:01.00 | 00:47:01.00 | 8:52   | 6.8  |
| 146  | SROCZYŃSKA MARIA              | 973  | KOBIETY NA 5+                     | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 146    | K 146 |           |                              | 00:21:46    | 00:47:12.65 | 00:47:12.65 | 8:54   | 6.7  |
| 147  | PARZYCH RENATA                | 984  | KOBIETY NA 5+                     | JASTRZĘBIE - ZDRÓJ    | POL  | OPEN NW | 147    | K 147 |           |                              | 00:21:05    | 00:47:13.65 | 00:47:13.65 | 8:54   | 6.7  |
| 148  | SOŁTYSIK MARIA                | 929  |                                   | SOSNOWIEC             | POL  | OPEN NW | 148    | K 148 |           |                              | 00:21:15    | 00:47:19.95 | 00:47:19.95 | 8:55   | 6.7  |
| 149  | MAZUR-ŁAGODA DARIA            | 1022 | AKTYWNE KIJANKI GRODZIEC          | BĘDZIN                | POL  | OPEN NW | 149    | K 149 |           |                              | 00:20:57    | 00:47:21.05 | 00:47:21.05 | 8:56   | 6.7  |
| 150  | FALKIEWICZ KASIA              | 1108 |                                   | CIESZYN               | POL  | OPEN NW | 150    | K 150 |           |                              | 00:20:43    | 00:47:24.25 | 00:47:24.25 | 8:56   | 6.7  |
| 151  | SZWARLIK BOŻENA               | 932  | KOBIETY NA 5+                     | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 151    | K 151 |           |                              | 00:21:52    | 00:47:26.10 | 00:47:26.10 | 8:56   | 6.7  |
| 152  | KRAKOWCZYK JANINA             | 994  | NORDIC WALKING LYSKI              | GASZOWICE             | POL  | OPEN NW | 152    | K 152 |           |                              | 00:20:45    | 00:47:27.90 | 00:47:27.90 | 8:57   | 6.7  |
| 153  | WINKLER BEATA                 | 1057 |                                   | DROGOMYŚL             | POL  | OPEN NW | 153    | K 153 |           |                              | 00:47:28.15 | 00:47:28.15 | 00:47:28.15 | 8:57   | 6.7  |
| 154  | POPCZYK EWA                   | 1031 | HARPAGANSOSNOWIEC NW              | BĘDZIN                | POL  | OPEN NW | 154    | K 154 |           |                              | 00:21:05    | 00:47:29.90 | 00:47:29.90 | 8:57   | 6.7  |
| 155  | WELET MARZENA                 | 359  |                                   | OCHABY MAŁE           | POL  | OPEN NW | 155    | K 155 |           |                              | 00:21:42    | 00:47:31.55 | 00:47:31.55 | 8:57   | 6.7  |
| 156  | BIENIEK JĘDRYKA EWA           | 1055 |                                   | OCHABY WIELKIE        | POL  | OPEN NW | 156    | K 156 |           |                              | 00:21:36    | 00:47:33.40 | 00:47:33.40 | 8:58   | 6.7  |
| 157  | KUPCZAK BARBARA               | 1163 |                                   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 157    | K 157 |           |                              | 00:20:54    | 00:47:33.65 | 00:47:33.65 | 8:58   | 6.7  |
| 158  | BOGOCZ MIROŚLAWA              | 1137 |                                   | WODZISŁAW ŚLĄSKI      | POL  | OPEN NW | 158    | K 158 |           |                              | 00:20:54    | 00:47:33.90 | 00:47:33.90 | 8:58   | 6.7  |
| 159  | PAPROCKA GRAŻYNA              | 1184 | UZDROWISKO                        | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 159    | K 159 |           |                              | 00:20:56    | 00:47:41.40 | 00:47:41.40 | 8:59   | 6.7  |
| 160  | MATIOSZEK AGNIESZKA           | 992  |                                   | RACIBÓRZ              | POL  | OPEN NW | 160    | K 160 |           |                              | 00:20:42    | 00:47:43.55 | 00:47:43.55 | 9:00   | 6.7  |
| 161  | WOLNIK JOLKA                  | 586  | SMERFY BIEGAJĄ RAZEM PO 0.7       | LIGOTA KSIĄŻĘCA       | POL  | OPEN NW | 161    | K 161 |           |                              | 00:20:43    | 00:47:45.15 | 00:47:45.15 | 9:00   | 6.7  |
| 162  | BUDREWICZ MARTYNA             | 1204 | DYCZUS TEAM                       | ZDZIESZOWICE          | POL  | OPEN NW | 162    | K 162 |           |                              | 00:20:45    | 00:48:07.10 | 00:48:07.10 | 9:04   | 6.6  |
| 163  | BAJGROWICZ BARBARA            | 948  |                                   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 163    | K 163 |           |                              |             | 00:48:10.80 | 00:48:10.80 | 9:05   | 6.6  |
| 164  | KUCZERA DUDEK ANNA            | 988  |                                   | RUDE ŚLĄSKA           | POL  | OPEN NW | 164    | K 164 |           |                              | 00:21:48    | 00:48:14.25 | 00:48:14.25 | 9:06   | 6.6  |
| 165  | MUCHA JUSTYNA                 | 1091 |                                   | WODZISŁAW ŚLĄSKI      | POL  | OPEN NW | 165    | K 165 |           |                              | 00:21:01    | 00:48:14.55 | 00:48:14.55 | 9:06   | 6.6  |
| 166  | GÓRAL ALINA                   | 1030 |                                   | MYSŁOWICE             | POL  | OPEN NW | 166    | K 166 |           |                              | 00:21:09    | 00:48:16.80 | 00:48:16.80 | 9:06   | 6.6  |
| 167  | BENO-GĘSIKOWSKA DOROTA        | 99   |                                   | RUDE ŚLĄSKA           | POL  | OPEN NW | 167    | K 167 |           |                              | 00:21:09    | 00:48:17.90 | 00:48:17.90 | 9:06   | 6.6  |
| 168  | MENDECKA GRAŻYNA              | 965  |                                   | ŁAZISKA GÓRNE         | POL  | OPEN NW | 168    | K 168 |           |                              | 00:21:13    | 00:48:18.20 | 00:48:18.20 | 9:06   | 6.6  |
| 169  | GAWLICZEK IWONA               | 1110 |                                   | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 169    | K 169 |           |                              | 00:20:31    | 00:48:19.05 | 00:48:19.05 | 9:06   | 6.6  |
| 170  | ŁODZIŃSKA-CZOCH JOANNA        | 1080 | TEAM PRZEDSZKOLE MAŁYCH BOHATERÓW | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 170    | K 170 |           | PRZEDSZKOLE MAŁYCH BOHATERÓW | 00:20:28    | 00:48:19.35 | 00:48:19.35 | 9:06   | 6.6  |
| 171  | MACHACZEK ALEKSANDRA          | 1029 |                                   | BYTOM                 | POL  | OPEN NW | 171    | K 171 |           |                              | 00:21:48    | 00:48:31.05 | 00:48:31.05 | 9:09   | 6.6  |
| 172  | BURZYŃSKA BARBARA             | 1028 |                                   | KATOWICE              | POL  | OPEN NW | 172    | K 172 |           |                              | 00:21:49    | 00:48:31.85 | 00:48:31.85 | 9:09   | 6.6  |
| 173  | POPKO AGATA                   | 996  |                                   | JASTRZĘBIE- ZDRÓJ     | POL  | OPEN NW | 173    | K 173 |           |                              | 00:21:48    | 00:48:33.50 | 00:48:33.50 | 9:09   | 6.5  |
| 174  | DRĄG MONIKA                   | 943  |                                   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 174    | K 174 |           |                              | 00:21:51    | 00:48:36.20 | 00:48:36.20 | 9:10   | 6.5  |
| 175  | ISKRA JOANNA                  | 1065 |                                   | RACIBÓRZ              | POL  | OPEN NW | 175    | K 175 |           |                              | 00:21:27    | 00:48:37.15 | 00:48:37.15 | 9:10   | 6.5  |
| 176  | MIKUĆ HONORATA                | 1063 |                                   | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 176    | K 176 |           |                              | 00:21:47    | 00:48:43.15 | 00:48:43.15 | 9:11   | 6.5  |
| 177  | KOWALSKA ANNA                 | 993  |                                   | MSZANA                | POL  | OPEN NW | 177    | K 177 |           |                              | 00:21:59    | 00:48:45.40 | 00:48:45.40 | 9:11   | 6.5  |
| 178  | ZYSK JOLANTA                  | 990  |                                   | RADLIN                | POL  | OPEN NW | 178    | K 178 |           |                              | 00:22:01    | 00:48:47.45 | 00:48:47.45 | 9:12   | 6.5  |
| 179  | GRZYMKIEWICZ BEATA            | 1014 |                                   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 179    | K 179 |           |                              | 00:21:52    | 00:48:49.05 | 00:48:49.05 | 9:12   | 6.5  |
| 180  | STACHURA KRYSZYNA             | 1097 |                                   | BEŁK                  | POL  | OPEN NW | 180    | K 180 |           |                              | 00:22:03    | 00:48:52.60 | 00:48:52.60 | 9:13   | 6.5  |
| 181  | SMORZ GABRIELA                | 1186 |                                   | PANIÓWKI              | POL  | OPEN NW | 181    | K 181 |           |                              | 00:21:57    | 00:48:53.20 | 00:48:53.20 | 9:13   | 6.5  |
| 182  | DOBIECKA IZABELA              | 1084 |                                   | RUDE ŚLĄSKA           | POL  | OPEN NW | 182    | K 182 |           |                              | 00:22:04    | 00:48:53.50 | 00:48:53.50 | 9:13   | 6.5  |
| 183  | TEINERT KRYSZYNA              | 1093 |                                   | BEŁK                  | POL  | OPEN NW | 183    | K 183 |           |                              | 00:22:04    | 00:48:54.60 | 00:48:54.60 | 9:13   | 6.5  |
| 184  | KLUSKA SYLWIA                 | 1124 | HURAGAN LIGOTA                    | KATOWICE              | POL  | OPEN NW | 184    | K 184 |           |                              | 00:21:36    | 00:49:02.10 | 00:49:02.10 | 9:15   | 6.5  |
| 185  | WITEK JUDYTA                  | 1005 | DECATHLON & PRZYJACIELE           | RYBNIK                | POL  | OPEN NW | 185    | K 185 |           |                              | 00:22:02    | 00:49:03.55 | 00:49:03.55 | 9:15   | 6.5  |
| 186  | JASIŃSKA BOŻENA               | 931  | DECATHLON& PRZYJACIELE            | RYBNIK                | POL  | OPEN NW | 186    | K 186 |           |                              | 00:22:02    | 00:49:04.80 | 00:49:04.80 | 9:15   | 6.5  |
| 187  | KULCZYCKA PRUSZYŃSKA KRYSZYNA | 1085 |                                   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 187    | K 187 |           |                              | 00:21:28    | 00:49:04.85 | 00:49:04.85 | 9:15   | 6.5  |
| 188  | SZAJER JADWIGA                | 955  | DECATHLON& PRZYJACIELE            | RYBNIK                | POL  | OPEN NW | 188    | K 188 |           |                              | 00:22:03    | 00:49:05.00 | 00:49:05.00 | 9:15   | 6.5  |
| 189  | ZDEJSZY MAGDALENA             | 1015 |                                   | CIESZYN               | POL  | OPEN NW | 189    | K 189 |           |                              | 00:21:39    | 00:49:05.90 | 00:49:05.90 | 9:15   | 6.5  |
| 190  | JEZIORSKA AGNIESZKA           | 1162 |                                   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 190    | K 190 |           |                              | 00:21:57    | 00:49:08.10 | 00:49:08.10 | 9:16   | 6.5  |
| 191  | CZAJOWSKA KATARZYNA           | 1167 |                                   | CZECHOWICE-DZIED ZICE | POL  | OPEN NW | 191    | K 191 |           |                              | 00:21:46    | 00:49:10.50 | 00:49:10.50 | 9:16   | 6.5  |
| 192  | MACIOCHA ANNA                 | 1169 |                                   | BIELSKO-BIAŁA         | POL  | OPEN NW | 192    | K 192 |           |                              | 00:21:45    | 00:49:10.55 | 00:49:10.55 | 9:16   | 6.5  |
| 193  | TRAMŚ ANNA                    | 1133 |                                   | RYBNIK                | POL  | OPEN NW | 193    | K 193 |           |                              | 00:21:42    | 00:49:10.70 | 00:49:10.70 | 9:16   | 6.5  |
| 194  | KRZUS AGNIESZKA               | 1168 |                                   | WĘGIESKA GÓRKA        | POL  | OPEN NW | 194    | K 194 |           |                              | 00:21:46    | 00:49:10.90 | 00:49:10.90 | 9:16   | 6.5  |
| 195  | CIEŚLA EDYTA                  | 1131 | RYBNICKI KLUB NORDIC WALKING      | RYBNIK                | POL  | OPEN NW | 195    | K 195 |           |                              | 00:21:43    | 00:49:11.70 | 00:49:11.70 | 9:16   | 6.5  |
| 196  | KUDASZEWICZ - DUDA SYLWIA     | 946  | MIECHOWICKA GRUPA BIEGOWA         | BYTOM                 | POL  | OPEN NW | 196    | K 196 |           |                              | 00:21:19    | 00:49:29.30 | 00:49:29.30 | 9:20   | 6.4  |

**KOBIETY NA 5+ :: NORDIC WALKING, Open NW c.d.**

| M-ce | Nazwisko i imię         | Nr   | Klub                      | M-scowość             | Kraj | Kat.    | M. kat | K/M   | Drużyna 1  | Drużyna 2 | 2.5km    | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|------|---------------------------|-----------------------|------|---------|--------|-------|------------|-----------|----------|-------------|-------------|--------|------|
| 197  | JASIONEK MARIA          | 1120 |                           | JASTRZĘBIE - ZDRÓJ    | POL  | OPEN NW | 197    | K 197 |            |           | 00:21:49 | 00:49:32.55 | 00:49:32.55 | 9:20   | 6.4  |
| 198  | DEBERNA-SŁAWEK JUSTYNA  | 1121 |                           | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 198    | K 198 |            |           | 00:22:05 | 00:49:32.90 | 00:49:32.90 | 9:20   | 6.4  |
| 199  | BUDZIŃSKA-LIPKA BARBARA | 1042 | OLZA CIESZYN              | POGWIZDÓW             | POL  | OPEN NW | 199    | K 199 |            |           |          | 00:49:36.25 | 00:49:36.25 | 9:21   | 6.4  |
| 200  | MISTEROWICZ JOLANTA     | 978  | RUNSZ-TEAM                | PISARZOWICE           | POL  | OPEN NW | 200    | K 200 |            |           | 00:21:44 | 00:49:37.35 | 00:49:37.35 | 9:21   | 6.4  |
| 201  | KUTA MARZENA            | 1111 | TEAM UM                   | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 201    | K 201 |            |           | 00:22:02 | 00:49:41.75 | 00:49:41.75 | 9:22   | 6.4  |
| 202  | GUTOWSKA EWA            | 1089 | TEAMUM                    | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 202    | K 202 |            |           | 00:22:03 | 00:49:42.50 | 00:49:42.50 | 9:22   | 6.4  |
| 203  | KMIECİK ANNA            | 951  |                           | BYTOM                 | POL  | OPEN NW | 203    | K 203 |            |           | 00:22:17 | 00:49:45.25 | 00:49:45.25 | 9:23   | 6.4  |
| 204  | PIECHOTA HANKA          | 964  | MIECHOWICKA GRUPA BIEGOWA | BYTOM                 | POL  | OPEN NW | 204    | K 204 |            |           | 00:22:19 | 00:49:45.30 | 00:49:45.30 | 9:23   | 6.4  |
| 205  | SKŁADOWSKA ANNA         | 1192 |                           | JASTRZEBIE ZDRÓJ      | POL  | OPEN NW | 205    | K 205 |            |           | 00:22:19 | 00:49:45.40 | 00:49:45.40 | 9:23   | 6.4  |
| 206  | SZMER EWA               | 928  | MIECHOWICKA GRUPA BIEGOWA | BYTOM                 | POL  | OPEN NW | 206    | K 206 |            |           | 00:22:19 | 00:49:45.95 | 00:49:45.95 | 9:23   | 6.4  |
| 207  | WOLAK KRYSZYNA          | 950  | KOBIETY NA 5+             | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 207    | K 207 |            |           | 00:21:57 | 00:49:47.85 | 00:49:47.85 | 9:23   | 6.4  |
| 208  | KRAWCZYK MAŁGORZATA     | 1021 |                           | ŻORY                  | POL  | OPEN NW | 208    | K 208 |            |           | 00:22:07 | 00:49:56.20 | 00:49:56.20 | 9:25   | 6.4  |
| 209  | GEZA ANNA               | 1196 |                           | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 209    | K 209 |            |           | 00:22:08 | 00:50:01.70 | 00:50:01.70 | 9:26   | 6.4  |
| 210  | STUDNIK AGNIESZKA       | 1197 |                           | RYBNIK                | POL  | OPEN NW | 210    | K 210 |            |           | 00:22:08 | 00:50:02.65 | 00:50:02.65 | 9:26   | 6.4  |
| 211  | ZALEWSKA MARIANNA       | 958  |                           | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 211    | K 211 |            |           | 00:21:54 | 00:50:42.20 | 00:50:42.20 | 9:33   | 6.3  |
| 212  | WALCZAK KRYSZYNA        | 1181 |                           | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 212    | K 212 |            |           | 00:22:00 | 00:51:14.50 | 00:51:14.50 | 9:40   | 6.2  |
| 213  | DYNIA JADWIGA           | 1216 |                           | JASTRZĘBIE - ZDRÓJ    | POL  | OPEN NW | 213    | K 213 |            |           | 00:22:30 | 00:51:16.00 | 00:51:16.00 | 9:40   | 6.2  |
| 214  | TRUCHAN IZABELA         | 1122 |                           | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 214    | K 214 |            |           | 00:22:09 | 00:51:18.05 | 00:51:18.05 | 9:40   | 6.2  |
| 215  | ORPEL DOROTA            | 1096 |                           | RUĐA ŚLĄSKA           | POL  | OPEN NW | 215    | K 215 |            |           | 00:23:03 | 00:51:24.50 | 00:51:24.50 | 9:41   | 6.2  |
| 216  | MALIK KATARZYNA         | 1073 |                           | ŚWIĘTOCHŁOWICE        | POL  | OPEN NW | 216    | K 216 |            |           | 00:23:04 | 00:51:27.20 | 00:51:27.20 | 9:42   | 6.2  |
| 217  | HORZELA MAŁGORZATA      | 1138 |                           | WYRY                  | POL  | OPEN NW | 217    | K 217 |            |           | 00:22:15 | 00:51:27.25 | 00:51:27.25 | 9:42   | 6.2  |
| 218  | DANIKIEWICZ WIOLETTA    | 953  |                           | CZECHOWICE-DZIED ZICE | POL  | OPEN NW | 218    | K 218 |            |           | 00:22:30 | 00:51:33.40 | 00:51:33.40 | 9:43   | 6.2  |
| 219  | REIMAN SYLWIA           | 1188 |                           | JASTRZEBIE ZDROJ      | POL  | OPEN NW | 219    | K 219 |            |           | 00:22:25 | 00:51:39.45 | 00:51:39.45 | 9:44   | 6.2  |
| 220  | STECKA MONIKA           | 939  | MORS HUBERTUS MYSŁOWICE   | CZELADŹ               | POL  | OPEN NW | 220    | K 220 |            |           | 00:23:14 | 00:51:43.95 | 00:51:43.95 | 9:45   | 6.1  |
| 221  | POJDA JUSTYNA           | 969  |                           | ZABRZE                | POL  | OPEN NW | 221    | K 221 |            |           | 00:22:49 | 00:51:46.85 | 00:51:46.85 | 9:46   | 6.1  |
| 222  | POJDA EWA               | 957  |                           | RYBNIK                | POL  | OPEN NW | 222    | K 222 |            |           | 00:22:50 | 00:51:47.00 | 00:51:47.00 | 9:46   | 6.1  |
| 223  | SZAL ANNA               | 917  | MORS HUBERTUS MYSŁOWICE   | MYSŁOWICE             | POL  | OPEN NW | 223    | K 223 |            |           | 00:23:15 | 00:51:47.80 | 00:51:47.80 | 9:46   | 6.1  |
| 224  | WIECZOREK AGATA         | 945  |                           | ZABRZE                | POL  | OPEN NW | 224    | K 224 |            |           | 00:23:24 | 00:51:49.90 | 00:51:49.90 | 9:46   | 6.1  |
| 225  | ŁOŚ KATARZYNA           | 1203 |                           | BYTOM                 | POL  | OPEN NW | 225    | K 225 |            |           | 00:23:26 | 00:51:51.45 | 00:51:51.45 | 9:46   | 6.1  |
| 226  | MILCUSZEK MAGDALENA     | 1123 |                           | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 226    | K 226 |            |           | 00:22:55 | 00:52:03.65 | 00:52:03.65 | 9:49   | 6.1  |
| 227  | NADOLNIK JADWIGA        | 1045 |                           | JASTRZEBIE-ZDRÓJ      | POL  | OPEN NW | 227    | K 227 |            |           | 00:22:44 | 00:52:16.80 | 00:52:16.80 | 9:51   | 6.1  |
| 228  | FILIPIAK ANETA          | 1193 |                           | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 228    | K 228 |            |           | 00:23:14 | 00:52:17.05 | 00:52:17.05 | 9:51   | 6.1  |
| 229  | SZYMAŃSKA TERESA        | 966  |                           | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 229    | K 229 |            |           | 00:22:37 | 00:52:22.30 | 00:52:22.30 | 9:52   | 6.1  |
| 230  | RÓZGA ELŻBIETA          | 1159 |                           | JASTRZĘBIE SZEROKA    | POL  | OPEN NW | 230    | K 230 |            |           | 00:23:28 | 00:52:34.80 | 00:52:34.80 | 9:55   | 6    |
| 231  | STĘPIEŃ ALEKSANDRA      | 1003 |                           | RADLIN                | POL  | OPEN NW | 231    | K 231 |            |           | 00:23:02 | 00:52:36.65 | 00:52:36.65 | 9:55   | 6    |
| 232  | AGNIESZKA STYRNOL       | 1078 |                           | MARKLOWICE            | POL  | OPEN NW | 232    | K 232 |            |           | 00:23:02 | 00:52:37.90 | 00:52:37.90 | 9:55   | 6    |
| 233  | PISZCZAN MARIA          | 1006 |                           | RADLIN                | POL  | OPEN NW | 233    | K 233 |            |           | 00:23:03 | 00:52:38.15 | 00:52:38.15 | 9:55   | 6    |
| 234  | ANDROSZ KATARZYNA       | 649  |                           | CZYŻOWICE             | POL  | OPEN NW | 234    | K 234 |            |           | 00:22:54 | 00:52:38.40 | 00:52:38.40 | 9:55   | 6    |
| 235  | KUBICIUSZ ZOFIA         | 1036 | OLZA CIESZYN              | KACZYCE               | POL  | OPEN NW | 235    | K 235 |            |           |          | 00:52:45.00 | 00:52:45.00 | 9:57   | 6    |
| 236  | KOLORZ TERESA           | 1020 | DECATHLON I PRZYJACIELE   | RADLIN                | POL  | OPEN NW | 236    | K 236 |            |           | 00:22:18 | 00:52:51.25 | 00:52:51.25 | 9:58   | 6    |
| 237  | GOŁDYN BOŻENA           | 923  |                           | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 237    | K 237 |            |           | 00:23:38 | 00:52:56.90 | 00:52:56.90 | 9:59   | 6    |
| 238  | TARKA HILDEGARDA        | 963  | KOBIETY NA 5+             | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 238    | K 238 |            |           | 00:23:08 | 00:53:01.50 | 00:53:01.50 | 10:00  | 6    |
| 239  | MIERZWA JOANNA          | 1087 |                           | ŚWIĘTOCHŁOWICE        | POL  | OPEN NW | 239    | K 239 |            |           | 00:22:04 | 00:53:03.60 | 00:53:03.60 | 10:00  | 6    |
| 240  | WYCHORSKA POLA          | 1207 | UZDROWISKO                | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 240    | K 240 |            |           | 00:23:32 | 00:53:30.25 | 00:53:30.25 | 10:05  | 5.9  |
| 241  | MUZAL BEATA             | 1144 |                           | MYSŁOWICE             | POL  | OPEN NW | 241    | K 241 |            |           | 00:23:27 | 00:53:37.75 | 00:53:37.75 | 10:06  | 5.9  |
| 242  | OLGA ŻAK                | 1210 | UZDROWISKO                | JASTRZEBIE ZDRÓJ      | POL  | OPEN NW | 242    | K 242 | UZDROWISKO |           | 00:23:33 | 00:53:37.90 | 00:53:37.90 | 10:06  | 5.9  |
| 243  | ANETA WYCHORSKA         | 1212 | UZDROWISKO                | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 243    | K 243 | UZDROWISKO |           | 00:23:33 | 00:53:40.25 | 00:53:40.25 | 10:07  | 5.9  |
| 244  | MARIOLA JARGUZ          | 1211 | UZDROWISKO                | JASTRZEBIE ZDRÓJ      | POL  | OPEN NW | 244    | K 244 |            |           | 00:23:20 | 00:53:40.45 | 00:53:40.45 | 10:07  | 5.9  |
| 245  | TOKARZ JUSTYNA          | 1145 |                           | SOSNOWIEC             | POL  | OPEN NW | 245    | K 245 |            |           | 00:23:27 | 00:53:43.95 | 00:53:43.95 | 10:08  | 5.9  |
| 246  | BUJKO JUSTYNA           | 1189 | UZDROWISKO                | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 246    | K 246 |            |           | 00:23:30 | 00:53:43.95 | 00:53:43.95 | 10:08  | 5.9  |
| 247  | MENDEL SABINA           | 1187 |                           | MIKOŁÓW               | POL  | OPEN NW | 247    | K 247 |            |           | 00:23:38 | 00:53:50.40 | 00:53:50.40 | 10:09  | 5.9  |
| 248  | MROZEK EWA              | 1160 |                           | JASTRZĘBIE SZEROKA    | POL  | OPEN NW | 248    | K 248 |            |           | 00:23:49 | 00:53:50.70 | 00:53:50.70 | 10:09  | 5.9  |

**KOBIETY NA 5+ :: NORDIC WALKING, Open NW c.d.**

| M-ce | Nazwisko i imię       | Nr   | Klub                 | M-scowość             | Kraj | Kat.    | M. kat | K/M   | Drużyna 1 | Drużyna 2 | 2.5km    | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|------|----------------------|-----------------------|------|---------|--------|-------|-----------|-----------|----------|-------------|-------------|--------|------|
| 249  | WIATR DOROTA          | 956  |                      | RYDUŁTOWY             | POL  | OPEN NW | 249    | K 249 |           |           | 00:23:54 | 00:53:59.10 | 00:53:59.10 | 10:11  | 5.9  |
| 250  | KADŁUBEK MAGDALENA    | 959  |                      | CHORZÓW               | POL  | OPEN NW | 250    | K 250 |           |           | 00:23:18 | 00:54:51.15 | 00:54:51.15 | 10:20  | 5.8  |
| 251  | DZIUBA KASIA          | 1221 |                      | RYBNIK                |      | OPEN NW | 251    | K 251 |           |           | 00:23:10 | 00:54:51.25 | 00:54:51.25 | 10:20  | 5.8  |
| 252  | ŻYŁAK DANUTA          | 1220 | SŁOWIAŃSKIE PREZENTY | RYBNIK                |      | OPEN NW | 252    | K 252 |           |           | 00:23:13 | 00:54:51.45 | 00:54:51.45 | 10:20  | 5.8  |
| 253  | BERNACISKO WERONIKA   | 927  | BBL RUDA ŚLĄSKA      | RUDA ŚLĄSKA           | POL  | OPEN NW | 253    | K 253 |           |           | 00:24:52 | 00:54:54.25 | 00:54:54.25 | 10:21  | 5.8  |
| 254  | MAJEWSKA RENATA       | 1086 |                      | SOSNOWIEC             | POL  | OPEN NW | 254    | K 254 |           |           | 00:23:33 | 00:55:07.45 | 00:55:07.45 | 10:23  | 5.8  |
| 255  | ZAWISŁA HALINA        | 1019 |                      | JASTRZĘBIE-ZDRÓJ      | POL  | OPEN NW | 255    | K 255 |           |           | 00:24:16 | 00:55:13.45 | 00:55:13.45 | 10:25  | 5.8  |
| 256  | KIZINKIEWICZ ELŻBIETA | 1180 | PIGUATEAM            | USTROŃ                | POL  | OPEN NW | 256    | K 256 |           |           | 00:24:31 | 00:55:34.50 | 00:55:34.50 | 10:29  | 5.7  |
| 257  | HUSAR ALDONA          | 1177 | PIGUATEAM            | USTROŃ                | POL  | OPEN NW | 257    | K 257 |           |           | 00:24:31 | 00:55:36.30 | 00:55:36.30 | 10:29  | 5.7  |
| 258  | HERUD URSZULA         | 1058 |                      | PIETROWICE<br>WIELKIE | POL  | OPEN NW | 258    | K 258 |           |           | 00:25:02 | 00:56:35.70 | 00:56:35.70 | 10:40  | 5.6  |
| 259  | TYMAN ANNA            | 1198 |                      | JASTRZĘBIE ZDRÓJ      | POL  | OPEN NW | 259    | K 259 |           |           | 00:25:20 | 00:57:07.45 | 00:57:07.45 | 10:46  | 5.6  |
| 260  | SZUMLAS BOGUSŁAWA     | 1178 | PIGUATEAM            | DZIĘGIELÓW            | POL  | OPEN NW | 260    | K 260 |           |           | 00:25:13 | 00:57:20.50 | 00:57:20.50 | 10:49  | 5.5  |
| 261  | JEDZOK KATARZYNA      | 1179 | PIGUATEAM            | USTROŃ                | POL  | OPEN NW | 261    | K 261 |           |           | 00:25:15 | 00:57:21.40 | 00:57:21.40 | 10:49  | 5.5  |
| 262  | KOJ AGNIESZKA         | 1070 |                      | ŚWIĘTOCHŁOWICE        | POL  | OPEN NW | 262    | K 262 |           |           | 00:25:30 | 00:58:02.90 | 00:58:02.90 | 10:56  | 5.5  |
| 263  | POLOCZEK BARBARA      | 1044 |                      | JASTRZĘBIE -ZDRÓJ     | POL  | OPEN NW | 263    | K 263 |           |           | 00:26:13 | 00:59:21.45 | 00:59:21.45 | 11:11  | 5.4  |
| 264  | PIKSA EWELINA         | 1050 |                      | ZDZIESZOWICE          | POL  | OPEN NW | 264    | K 264 |           |           | 00:26:48 | 00:59:46.70 | 00:59:46.70 | 11:16  | 5.3  |