

**ZIMOWA BIESZCZADZKA DYCHA 2015**

Organizator: OTK Rzeźnik  
 Data: 2015-01-25  
 Miejsce: Cisna  
 Dystans: 10 km  
 Klasyfikacja wg czasów brutto.


**ZIMOWA BIESZCZADZKA DYCHA 2015, OPEN**

| M-ce | Nazwisko i imię          | Nr  | Klub                     | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|--------------------------|-----|--------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | JÓZWIK PAWEŁ             | 137 | LUBLIN                   |           |      | M30  | 1      | M 1  | 00:39:31.60 | 00:39:36.25 | 3:57   | 15.2 |
| 2    | KIEŁBOŃ MICHAŁ           | 43  | PRZEWORSKA GRUPA BIEGOWA |           |      | M20  | 1      | M 2  | 00:40:03.95 | 00:40:11.45 | 4:00   | 15   |
| 3    | LIPA WOJCIECH            | 142 | RZESZÓW                  |           |      | M30  | 2      | M 3  | 00:43:48.70 | 00:44:03.35 | 4:22   | 13.7 |
| 4    | OLCHAWA JOANNA           | 138 | KRAKÓW                   |           |      | K40  | 1      | K 1  | 00:44:05.75 | 00:44:08.70 | 4:24   | 13.6 |
| 5    | MUSIAŁOWSKI MARCIN       | 176 | 2REP USTRZYKI GÓRNE      |           |      | M30  | 3      | M 4  | 00:44:02.35 | 00:44:14.30 | 4:24   | 13.6 |
| 6    | WARTA PRZEMYSŁAW         | 119 | CZARNA GÓRNA             |           |      | M20  | 2      | M 5  | 00:43:41.60 | 00:44:36.10 | 4:22   | 13.7 |
| 7    | STAWIARSKI JAKUB         | 99  | LONGPLAY                 |           |      | M20  | 3      | M 6  | 00:44:08.50 | 00:44:56.15 | 4:24   | 13.6 |
| 8    | ZAJEZIERSKI MATEUSZ      | 133 | PIASKI                   |           |      | M20  | 4      | M 7  | 00:44:50.35 | 00:45:10.05 | 4:29   | 13.4 |
| 9    | LEWANDOWSKI RAFAŁ        | 56  |                          |           |      | M30  | 4      | M 8  | 00:45:28.00 | 00:45:32.95 | 4:32   | 13.2 |
| 10   | TUCZAPSKI PIOTR          | 114 | RZESZÓW                  |           |      | M20  | 5      | M 9  | 00:45:32.20 | 00:45:46.50 | 4:33   | 13.2 |
| 11   | KSZYSZTOŃ GRZEGORZ       | 144 | WARSZAWA                 |           |      | M20  | 6      | M 10 | 00:45:47.65 | 00:45:58.20 | 4:34   | 13.1 |
| 12   | BIKOWSKA-JUSIS KATARZYNA | 156 | DŹ                       |           |      | K30  | 1      | K 2  | 00:45:58.35 | 00:46:05.40 | 4:35   | 13.1 |
| 13   | RĄCZKA RAFAŁ             | 86  |                          |           |      | M30  | 5      | M 11 | 00:45:24.85 | 00:46:26.40 | 4:32   | 13.2 |
| 14   | SZYBISTY GRZEGOSZ        | 163 | WROCANKA                 |           |      | M40  | 1      | M 12 | 00:47:04.30 | 00:47:08.05 | 4:42   | 12.7 |
| 15   | CZWERENKO WOJCIECH       | 18  | SANOK                    |           |      | M30  | 6      | M 13 | 00:46:37.85 | 00:47:10.60 | 4:39   | 12.9 |
| 16   | RYSZ TOMASZ              | 89  | SANOK                    |           |      | M30  | 7      | M 14 | 00:47:14.10 | 00:47:22.55 | 4:43   | 12.7 |
| 17   | KRAJEWSKI JAKUB          | 51  | SZAROTKA UHERCE          |           |      | M30  | 8      | M 15 | 00:47:22.65 | 00:47:48.40 | 4:44   | 12.7 |
| 18   | WALOSZEK MARCIN          | 118 | PASZCZYNA                |           |      | M30  | 9      | M 16 | 00:47:37.90 | 00:48:06.00 | 4:45   | 12.6 |
| 19   | SZCZUR WIESŁAW           | 105 | NOWA DĘBA                |           |      | M40  | 2      | M 17 | 00:47:38.60 | 00:48:11.10 | 4:45   | 12.6 |
| 20   | GRUSZKO ALICJA           | 30  | TEAM BIKE CONCEPT STORE  |           |      | K30  | 2      | K 3  | 00:48:02.60 | 00:48:28.80 | 4:48   | 12.5 |
| 21   | KOWALCZYK MATEUSZ        | 48  | WARSZAWA                 |           |      | M20  | 7      | M 18 | 00:47:03.00 | 00:48:29.05 | 4:42   | 12.8 |
| 22   | WAJCOWICZ WITOLD         | 116 | SANOK                    |           |      | M40  | 3      | M 19 | 00:48:26.80 | 00:48:35.70 | 4:50   | 12.4 |
| 23   | URBAN MARCIN             | 171 | BOGUCHWAŁA               |           |      | M30  | 10     | M 20 | 00:48:14.20 | 00:48:53.70 | 4:49   | 12.4 |
| 24   | RUDNICKI TOMASZ          | 87  | BIEGUNKA TEAM POLSKA     |           |      | M40  | 4      | M 21 | 00:48:37.05 | 00:49:17.45 | 4:51   | 12.3 |
| 25   | CZAJKOWSKI ROBERT        | 17  | KOSIENICE                |           |      | M20  | 8      | M 22 | 00:49:23.00 | 00:49:43.25 | 4:56   | 12.1 |
| 26   | BRENDZOWSKI ADAM         | 160 | SOLINA                   |           |      | M30  | 11     | M 23 | 00:49:47.85 | 00:49:57.60 | 4:58   | 12   |
| 27   | WOJTKIEWICZ JAROSŁAW     | 130 | PODKOWA LEŚNA            |           |      | M40  | 5      | M 24 | 00:49:49.75 | 00:50:00.20 | 4:59   | 12   |
| 28   | BOŻĘTKA JÓZEF            | 11  | POLANA                   |           |      | M40  | 6      | M 25 | 00:49:00.30 | 00:50:06.65 | 4:54   | 12.2 |
| 29   | CZUCHNOWSKI MARCIN       | 161 | RZESZÓW                  |           |      | M30  | 12     | M 26 | 00:49:49.05 | 00:50:11.45 | 4:58   | 12   |
| 30   | ZDEB KRZYSZTOF           | 164 | WROCANKA                 |           |      | M40  | 7      | M 27 | 00:50:12.30 | 00:50:15.55 | 5:01   | 12   |
| 31   | KARDACH KAMIL            | 149 | RYMANÓW ZDRÓJ            |           |      | M20  | 9      | M 28 | 00:50:19.70 | 00:50:30.55 | 5:02   | 11.9 |
| 32   | SOKOŁOWSKA MAJA          | 157 | ZABRZE                   |           |      | K20  | 1      | K 4  | 00:50:01.15 | 00:50:31.60 | 5:00   | 12   |
| 33   | BEDNARCZYK PAWEŁ         | 167 | SANOK                    |           |      | M30  | 13     | M 29 | 00:50:05.35 | 00:50:37.60 | 5:00   | 12   |
| 34   | WRÓBEL BARTŁOMIEJ        | 135 | CISNA                    |           |      | M40  | 8      | M 30 | 00:50:31.95 | 00:50:42.70 | 5:03   | 11.9 |
| 35   | ZYGADLEWICZ GRZEGORZ     | 134 | BIEGAJĄCY ŚWIDNIK        |           |      | M30  | 14     | M 31 | 00:50:30.70 | 00:50:43.25 | 5:03   | 11.9 |
| 36   | POPAJEWSKI KRZYSZTOF     | 159 | LUBLIN                   |           |      | M50  | 1      | M 32 | 00:50:17.60 | 00:50:49.20 | 5:01   | 11.9 |
| 37   | GRYCZ DAREK              | 31  | TWIERDZA MODLIN          |           |      | M20  | 10     | M 33 | 00:49:39.40 | 00:50:55.95 | 4:57   | 12.1 |
| 38   | WIECZOREK PAWEŁ          | 122 | TREND GLASS RUNNING TEAM |           |      | M30  | 15     | M 34 | 00:50:28.65 | 00:51:00.55 | 5:02   | 11.9 |
| 39   | WÓJCIK EWA               | 132 | KRAKÓW                   |           |      | K50  | 1      | K 5  | 00:50:41.30 | 00:51:08.55 | 5:04   | 11.8 |
| 40   | WINIARZ WITOLD           | 127 | PRZEMYSKI KLUB BIEGACZA  |           |      | M30  | 16     | M 35 | 00:51:27.15 | 00:51:56.85 | 5:08   | 11.7 |
| 41   | IGNASZAK UKASZ           | 35  | GRODZISK MAZOWIECKI      |           |      | M30  | 17     | M 36 | 00:51:08.75 | 00:52:03.65 | 5:06   | 11.7 |
| 42   | BAŁCHAN KRZYSZTOF        | 3   | CPR RZESZÓW              |           |      | M20  | 11     | M 37 | 00:52:00.70 | 00:52:18.30 | 5:12   | 11.5 |
| 43   | BYKOWSKI ANDRZEJ         | 16  |                          |           |      | M40  | 9      | M 38 | 00:51:29.50 | 00:52:33.00 | 5:09   | 11.7 |
| 44   | WALICKI SEBASTIAN        | 117 | MORSY                    |           |      | M40  | 10     | M 39 | 00:51:28.75 | 00:52:37.50 | 5:08   | 11.7 |
| 45   | BAK TYMOTEUSZ            | 6   | GLIWICE                  |           |      | M30  | 18     | M 40 | 00:52:11.30 | 00:52:46.30 | 5:13   | 11.5 |
| 46   | SZCZUR IWONA             | 104 | NOWA DĘBA                |           |      | K30  | 3      | K 6  | 00:52:30.00 | 00:53:04.80 | 5:15   | 11.4 |

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| M-ce | Nazwisko i imię         | Nr  | Klub                            | M-scowość | Kraj | Kat.      | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|---------------------------------|-----------|------|-----------|--------|------|-------------|-------------|--------|------|
| 47   | MAZIARZ WOJCIECH        | 61  | PGR PRZEWORSK                   |           |      | M20       | 12     | M 41 | 00:52:12.35 | 00:53:10.95 | 5:13   | 11.5 |
| 48   | HEC GRZEGORZ            | 169 | GŁOWIENKA                       |           |      | M30       | 19     | M 42 | 00:53:08.90 | 00:53:18.55 | 5:18   | 11.3 |
| 49   | JĘDRZEJCZYK AGNIESZKA   | 38  | RZESZÓW                         |           |      | K30       | 4      | K 7  | 00:53:25.30 | 00:53:30.25 | 5:20   | 11.2 |
| 50   | PICHETA MAGDALENA       | 75  | DISNEY VOLUNTEARS               |           |      | K30       | 5      | K 8  | 00:52:19.80 | 00:53:36.60 | 5:14   | 11.5 |
| 51   | BROŻYNA MARCIN          | 166 | SANOK                           |           |      | M30       | 20     | M 43 | 00:53:06.65 | 00:53:38.25 | 5:18   | 11.3 |
| 52   | WAŚOWICZ UKASZ          | 173 | TYCHY                           |           |      | M30       | 21     | M 44 | 00:53:25.60 | 00:53:40.75 | 5:20   | 11.2 |
| 53   | BAŻYŃSKA MARTA          | 5   | LESZNO                          |           |      | K30       | 6      | K 9  | 00:52:44.35 | 00:53:42.80 | 5:16   | 11.4 |
| 54   | MUSIAŁ KAMIL            | 67  | BUDY GŁOGOWSKIE                 |           |      | M20       | 13     | M 45 | 00:52:41.55 | 00:53:47.30 | 5:16   | 11.4 |
| 55   | SŁOBODA ELŻBIETA        | 93  | USTRZYKI DOLNE                  |           |      | K30       | 7      | K 10 | 00:53:18.85 | 00:53:47.55 | 5:19   | 11.3 |
| 56   | DOMISZEWSKA MARIA       | 20  | USTRZYKI DOLNE                  |           |      | K40       | 2      | K 11 | 00:52:51.50 | 00:53:47.85 | 5:17   | 11.4 |
| 57   | KRASOŃ JANUSZ           | 52  | RZESZOWSKI KLUB MORSA "SOPELEK" |           |      | M30       | 22     | M 46 | 00:52:45.60 | 00:53:51.05 | 5:16   | 11.4 |
| 58   | KRENZEL REGINA          | 54  | JAROSŁAW                        |           |      | K20       | 2      | K 12 | 00:53:34.85 | 00:53:53.15 | 5:21   | 11.2 |
| 59   | BURY BEATA              | 14  | KKB MOSIR KROSNO                |           |      | K20       | 3      | K 13 | 00:53:41.00 | 00:53:54.15 | 5:22   | 11.2 |
| 60   | RESZTYŁO GRZEGORZ       | 165 | AŃCUT                           |           |      | M40       | 11     | M 47 | 00:53:42.05 | 00:53:54.75 | 5:22   | 11.2 |
| 61   | WIDEREK KATARZYNA       | 145 | JÓZEFOSŁAW                      |           |      | K40       | 3      | K 14 | 00:53:42.45 | 00:53:58.50 | 5:22   | 11.2 |
| 62   | OBŁĄK AGNIESZKA         | 72  | BIEGNE, ŻEBY BARTEK MÓGŁ BIEGAĆ |           |      | K30       | 8      | K 15 | 00:53:15.85 | 00:54:01.60 | 5:19   | 11.3 |
| 63   | WOJCIECHOWSKA KATARZYNA | 128 | SANDOMIERZ                      |           |      | K30       | 9      | K 16 | 00:53:36.35 | 00:54:05.75 | 5:21   | 11.2 |
| 64   | STEC SEBASTIAN          | 162 | WARSZAWA                        |           |      | M40       | 12     | M 48 | 00:53:48.10 | 00:54:26.35 | 5:22   | 11.2 |
| 65   | WNEK BOGUMIŁ            | 172 | BOGUCHWAŁA                      |           |      | M40       | 13     | M 49 | 00:54:15.95 | 00:54:27.10 | 5:25   | 11.1 |
| 66   | FIRLEJ AGNIESZKA        | 170 | WIERZOWA POLSKA                 |           |      | K30       | 10     | K 17 | 00:54:31.90 | 00:54:42.55 | 5:27   | 11   |
| 67   | CZUBA MARZENA           | 146 | WARSZAWA                        |           |      | K40       | 4      | K 18 | 00:53:58.10 | 00:54:50.05 | 5:23   | 11.1 |
| 68   | SZUSZKIEWICZ MARZENA    | 109 | WARSZAWA                        |           |      | K40       | 5      | K 19 | 00:54:56.75 | 00:55:10.45 | 5:29   | 10.9 |
| 69   | DUDEK ARKADIUSZ         | 22  | 4 PORY ROKU BRZOZÓW             |           |      | M50       | 2      | M 50 | 00:54:55.35 | 00:55:12.75 | 5:29   | 10.9 |
| 70   | SONDEJ WIESŁAW          | 185 | MORSY                           |           |      | M50       | 3      | M 51 | 00:54:09.75 | 00:55:19.05 | 5:25   | 11.1 |
| 71   | SOBIESKA ALEKSANDRA     | 97  | WARSZAWA                        |           |      | K30       | 11     | K 20 | 00:54:17.40 | 00:55:31.75 | 5:25   | 11.1 |
| 72   | DYNARSKA-ŁYCZAK IWONA   | 23  | KM TRUCHCIK ŁUBIANKA            |           |      | K30       | 12     | K 21 | 00:55:35.30 | 00:55:40.70 | 5:33   | 10.8 |
| 73   | WIEWIÓRA JAKUB          | 125 | WARSZAWA                        |           |      | M20       | 14     | M 52 | 00:54:19.20 | 00:55:45.40 | 5:25   | 11   |
| 74   | SARNOWSKA KAROLINA      | 90  | WARSZAWA                        |           |      | K30       | 13     | K 22 | 00:55:03.85 | 00:55:59.70 | 5:30   | 10.9 |
| 75   | LOREK MAREK             | 57  | DĘBICA                          |           |      | M40       | 14     | M 53 | 00:55:06.85 | 00:56:03.80 | 5:30   | 10.9 |
| 76   | KACZMAREK NORBERT       | 40  | PRZEMYŚL                        |           |      | M30       | 23     | M 54 | 00:55:46.25 | 00:56:15.35 | 5:34   | 10.8 |
| 77   | GOLBA PRZEMEK           | 27  |                                 |           |      | M30       | 24     | M 55 | 00:55:35.10 | 00:56:17.65 | 5:33   | 10.8 |
| 78   | KIERES MICHAŁ           | 140 | OLSZTYN                         |           |      | M30       | 25     | M 56 | 00:55:56.00 | 00:56:24.85 | 5:35   | 10.7 |
| 79   | PITAS SABINA            | 78  | ZAPIERDALACZE.PL                |           |      | K30       | 14     | K 23 | 00:56:20.55 | 00:56:34.00 | 5:38   | 10.6 |
| 80   | GUCWA JAROSŁAW          | 33  | KRZYŻANOWICE                    |           |      | M40       | 15     | M 57 | 00:56:29.10 | 00:56:45.75 | 5:38   | 10.6 |
| 81   | JAZEL MAŁGORZATA        | 36  | ASTERZENECA                     |           |      | K30       | 15     | K 24 | 00:56:25.20 | 00:57:03.35 | 5:38   | 10.6 |
| 82   | KOZŁOWSKI BARTŁOMIEJ    | 175 | KIELCE                          |           |      | M40       | 16     | M 58 | 00:56:20.40 | 00:57:04.00 | 5:38   | 10.6 |
| 83   | GRZYŚKA PIOTR           | 32  | NIGHT RUNNERS ZABRZE            |           |      | M30       | 26     | M 59 | 00:56:40.00 | 00:57:13.60 | 5:40   | 10.6 |
| 84   | PISTL JACEK             | 151 | WROCLAW                         |           |      | M30       | 27     | M 60 | 00:56:22.30 | 00:57:33.05 | 5:38   | 10.6 |
| 85   | NOWOTARSKA ANITA        | 70  | USTRZYKI DOLNE                  |           |      | K40       | 6      | K 25 | 00:57:25.55 | 00:57:36.40 | 5:44   | 10.4 |
| 86   | PASZKO PATRYK           | 74  | KLUB BIEGACZA RTV EURO AGD      |           |      | M20       | 15     | M 61 | 00:56:09.75 | 00:57:36.40 | 5:37   | 10.7 |
| 87   | SZCZYPEK KAROLINA       | 106 | WARSZAWA                        |           |      | K20       | 4      | K 26 | 00:56:54.65 | 00:57:37.25 | 5:41   | 10.5 |
| 88   | PANTERA WOJCIECH        | 73  | KRAKÓW                          |           |      | M30       | 28     | M 62 | 00:56:32.75 | 00:57:38.20 | 5:39   | 10.6 |
| 89   | KUCIA BEATA             | 55  | WARSZAWA                        |           |      | K30       | 16     | K 27 | 00:57:29.35 | 00:57:43.35 | 5:44   | 10.4 |
| 90   | NALEPA MARCIN           | 68  | NIGHT RUNNERS ZABRZE            |           |      | M30       | 29     | M 63 | 00:57:02.75 | 00:57:45.90 | 5:42   | 10.5 |
| 91   | WIETECZA PAWEŁ          | 124 | WARZYCE                         |           |      | M30       | 30     | M 64 | 00:56:57.75 | 00:58:01.45 | 5:41   | 10.5 |
| 92   | MŁODZIKOWSKA WERONIKA   | 66  | KB V-MAX ADAMÓW                 |           |      | K20       | 5      | K 28 | 00:57:51.25 | 00:58:06.00 | 5:47   | 10.4 |
| 93   | NIEDZIELA MICHAŁ        | 69  | JAROSŁAW                        |           |      | M30       | 31     | M 65 | 00:57:14.95 | 00:58:27.15 | 5:43   | 10.5 |
| 94   | KORNIŁÓW PIOTR          | 148 | WARSZAWA                        |           |      | M40       | 17     | M 66 | 00:57:52.10 | 00:58:32.00 | 5:47   | 10.4 |
| 95   | SZEWIC MARIAN           | 107 | BILGORAJ                        |           |      | MEŻCZYŹNI | 1      | M 67 | 00:58:17.00 | 00:58:37.25 | 5:49   | 10.3 |
| 96   | TUORA MICHAŁ            | 115 |                                 |           |      | M30       | 32     | M 68 | 00:57:27.05 | 00:58:39.30 | 5:44   | 10.4 |
| 97   | SŁUPEK-KUBAS AGNIESZKA  | 95  | BIEGUNKA TEAM                   |           |      | K30       | 17     | K 29 | 00:58:07.20 | 00:58:44.75 | 5:48   | 10.3 |
| 98   | SZYBIAK MACIEJ          | 111 | AGONA WM                        |           |      | M20       | 16     | M 69 | 00:58:34.65 | 00:58:46.05 | 5:51   | 10.2 |
| 99   | SZYBIAK JOANNA          | 110 | AGONA WM                        |           |      | K40       | 7      | K 30 | 00:58:35.75 | 00:58:47.25 | 5:51   | 10.2 |
| 100  | KONIK JAROSŁAW          | 46  | BBL KRAKÓW                      |           |      | M40       | 18     | M 70 | 00:57:33.60 | 00:58:49.45 | 5:45   | 10.4 |
| 101  | PORĘBSKA DOROTA         | 82  | NOWA HUTA TEAM                  |           |      | K30       | 18     | K 31 | 00:58:43.30 | 00:59:02.45 | 5:52   | 10.2 |
| 102  | DANILUK ANDRZEJ         | 19  | ZACISZE NIGHT RUNNERS           |           |      | M30       | 33     | M 71 | 00:59:06.00 | 00:59:06.00 | 5:54   | 10.2 |
| 103  | SUJAK MAŁGORZATA        | 100 | SALON SPORTOWY "FANSPORT" S.C.  |           |      | K40       | 8      | K 32 | 00:58:54.15 | 00:59:06.05 | 5:53   | 10.2 |

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|------|-------------------------------|-----|------------------------------------|-----------|-----------|------|--------|------|-------------|-------------|--------|------|
| 104  | POŁOŻYŃSKI ANDRZEJ            | 81  | ZACISZE NIGHT RUNNERS              |           | M30       |      | 34     | M 72 | 00:59:10.35 | 00:59:10.35 | 5:55   | 10.1 |
| 105  | BARCZEWSKA AGNIESZKA          | 143 | WARSZAWA                           |           | K20       |      | 6      | K 33 | 00:58:25.95 | 00:59:15.05 | 5:50   | 10.3 |
| 106  | MACHNIK-BRONCEL JOANNA        | 58  | TYCHY                              |           | K40       |      | 9      | K 34 | 00:59:03.85 | 00:59:20.35 | 5:54   | 10.2 |
| 107  | KĄŁUCKI ADAM                  | 42  | BBL KRAKÓW                         |           | M40       |      | 19     | M 73 | 00:58:15.20 | 00:59:30.95 | 5:49   | 10.3 |
| 108  | PIETYRA KAROLINA              | 76  | ŁOŻA SZYDERCÓW                     |           | K30       |      | 19     | K 35 | 00:58:50.90 | 00:59:35.90 | 5:53   | 10.2 |
| 109  | MAZUREK JAKUB                 | 62  | PRZEWORSKA GRUPA BIEGOWA           |           | M20       |      | 17     | M 74 | 00:58:47.15 | 00:59:45.75 | 5:52   | 10.2 |
| 110  | SMOLIŃSKA BEATA               | 154 | WARSZAWA                           |           | K50       |      | 2      | K 36 | 00:59:23.70 | 00:59:47.10 | 5:56   | 10.1 |
| 111  | KOZIŃSKA SONIA                | 49  | LONGPLAY                           |           | K20       |      | 7      | K 37 | 00:59:36.90 | 01:00:25.35 | 5:57   | 10.1 |
| 112  | BALIŃSKA MARIA                | 2   | MAJDAN                             |           | K30       |      | 20     | K 38 | 00:59:54.30 | 01:00:35.25 | 5:59   | 10   |
| 113  | KRAJEWSKA JOANNA              | 50  | LEJDIS ORELEC                      |           | K30       |      | 21     | K 39 | 01:00:16.25 | 01:00:41.10 | 6:01   | 10   |
| 114  | KRASOWSKA MATYLDA             | 53  | USTRZYKI DOLNE                     |           | K20       |      | 8      | K 40 | 00:59:46.90 | 01:00:50.80 | 5:58   | 10   |
| 115  | DZIAĞ ANNA                    | 150 | WARSZAWA                           |           | K40       |      | 10     | K 41 | 00:59:54.20 | 01:00:54.45 | 5:59   | 10   |
| 116  | GEZELA JOANNA                 | 26  | RODZINA GEZELA                     |           | K40       |      | 11     | K 42 | 01:00:26.80 | 01:01:10.35 | 6:02   | 9.9  |
| 117  | BROŹEK TERESA                 | 12  | WARSZTAT FORMY TYCHY               |           | K20       |      | 9      | K 43 | 01:01:01.95 | 01:01:24.65 | 6:06   | 9.8  |
| 118  | RYŁKO MARIOLA                 | 88  | SOLINA                             |           | K40       |      | 12     | K 44 | 01:00:26.20 | 01:01:29.30 | 6:02   | 9.9  |
| 119  | PRASEK ARTUR                  | 83  | ALFA STAR RADOM                    |           | M40       |      | 20     | M 75 | 01:01:12.35 | 01:01:31.40 | 6:07   | 9.8  |
| 120  | TOMCZYK KAMILA                | 113 | WROCLAW                            |           | K30       |      | 22     | K 45 | 01:01:12.15 | 01:01:31.55 | 6:07   | 9.8  |
| 121  | GOŁDA ANNA                    | 28  | AŃCUT                              |           | K30       |      | 23     | K 46 | 01:00:24.10 | 01:01:32.70 | 6:02   | 9.9  |
| 122  | KRYPCZYK KATARZYNA            | 168 | CHORZÓW                            |           | K40       |      | 13     | K 47 | 01:00:41.30 | 01:01:38.80 | 6:04   | 9.9  |
| 123  | MICKIEWICZ JOLANTA            | 64  | JGB "SOKÓŁ"                        |           | K40       |      | 14     | K 48 | 01:00:31.15 | 01:02:01.65 | 6:03   | 9.9  |
| 124  | KLISZ AGNIESZKA               | 45  | LUBLIN                             |           | K30       |      | 24     | K 49 | 01:02:29.75 | 01:03:06.10 | 6:15   | 9.6  |
| 125  | JURA-SUKNAROWSKA MAŁGORZATA   | 158 | CHOCZNIA                           |           | K40       |      | 15     | K 50 | 01:02:40.05 | 01:03:24.95 | 6:16   | 9.6  |
| 126  | MALINOWSKA ANNA               | 60  | WOŁOMIN                            |           | K30       |      | 25     | K 51 | 01:03:12.80 | 01:03:49.55 | 6:19   | 9.5  |
| 127  | MALEC BARBARA                 | 59  | LUBLIN                             |           | K50       |      | 3      | K 52 | 01:04:03.85 | 01:04:38.80 | 6:24   | 9.4  |
| 128  | BEŁKOWSKA VEL KAMIŃSKA DOROTA | 7   |                                    |           | K40       |      | 16     | K 53 | 01:04:58.55 | 01:05:04.65 | 6:29   | 9.2  |
| 129  | PRZYJEMSKI KRZYSZTOF          | 85  | NOWA HUTA TEAM                     |           | M30       |      | 35     | M 76 | 01:04:05.40 | 01:05:11.05 | 6:24   | 9.4  |
| 130  | SZANECKI MICHAŁ               | 102 | RZESZÓW                            |           | M30       |      | 36     | M 77 | 01:04:46.60 | 01:05:43.45 | 6:28   | 9.3  |
| 131  | SUWAŁA ANNA                   | 101 | TREND GLASS RUNNING TEAM           |           | K30       |      | 26     | K 54 | 01:05:19.75 | 01:05:45.05 | 6:32   | 9.2  |
| 132  | HYZIAK JOANNA                 | 34  | JJ.RUNNERS GORLICE                 |           | K40       |      | 17     | K 55 | 01:05:43.55 | 01:05:54.40 | 6:34   | 9.1  |
| 133  | KORDULA KAMILA                | 47  | KLUB BIEGACZA RTV EURO AGD         |           | K20       |      | 10     | K 56 | 01:05:03.30 | 01:06:26.35 | 6:30   | 9.2  |
| 134  | BARTNIK DOMINIKA              | 4   | LUBLIN                             |           | K20       |      | 11     | K 57 | 01:06:05.25 | 01:06:53.70 | 6:36   | 9.1  |
| 135  | SOBIERAJ MARCIN               | 96  | SOCHACZEW                          |           | M20       |      | 18     | M 78 | 01:07:12.80 | 01:08:19.00 | 6:43   | 8.9  |
| 136  | OLESIJUK ANTONI               | 174 | LUBARTÓW                           |           | MĘZCZYŃNI |      | 2      | M 79 | 01:07:58.90 | 01:08:27.75 | 6:47   | 8.8  |
| 137  | BRZEZIŃSKA SYLWIA             | 13  | KLUB BIEGACZA RTV EURO AGD         |           | K20       |      | 12     | K 58 | 01:07:12.35 | 01:08:35.70 | 6:43   | 8.9  |
| 138  | PILCHOWSKI KONRAD             | 77  | BIEGACZA RTV EURO AGD              |           | M30       |      | 37     | M 80 | 01:07:19.35 | 01:08:40.30 | 6:44   | 8.9  |
| 139  | WIERZBIŃSKA KAROLINA          | 123 | WARSZAWA                           |           | K30       |      | 27     | K 59 | 01:08:40.50 | 01:09:03.35 | 6:52   | 8.7  |
| 140  | PLISZCZYŃSKA JUSTYNA          | 79  | LUBLIN                             |           | K40       |      | 18     | K 60 | 01:08:55.30 | 01:09:08.10 | 6:53   | 8.7  |
| 141  | WĘGIERSKA AGNIESZKA           | 121 | NIGHT RUNNERS ZABRZE               |           | K20       |      | 13     | K 61 | 01:08:27.50 | 01:09:09.50 | 6:50   | 8.8  |
| 142  | SZOSTAK DOROTA                | 108 | LUBLIN                             |           | K40       |      | 19     | K 62 | 01:09:01.35 | 01:09:13.05 | 6:54   | 8.7  |
| 143  | SŁOMIAK MAGDALENA             | 94  |                                    |           | K20       |      | 14     | K 63 | 01:08:48.45 | 01:09:23.60 | 6:52   | 8.7  |
| 144  | MAJDA DOMINIKA                | 152 | KRAKÓW                             |           | K20       |      | 15     | K 64 | 01:08:42.80 | 01:09:47.25 | 6:52   | 8.7  |
| 145  | WIERZBICKA BEATA              | 153 | KRAKÓW                             |           | K30       |      | 28     | K 65 | 01:08:50.15 | 01:09:55.00 | 6:53   | 8.7  |
| 146  | GABRIEL ALEKSANDRA            | 25  | KRAKÓW                             |           | K30       |      | 29     | K 66 | 01:10:11.70 | 01:10:30.05 | 7:01   | 8.5  |
| 147  | MERKLEJN WERONIKA             | 63  | PZU SPORT TEAM                     |           | K30       |      | 30     | K 67 | 01:10:05.85 | 01:10:38.65 | 7:00   | 8.6  |
| 148  | KLASZ JUSTYNA                 | 44  | NH TEAM                            |           | K30       |      | 31     | K 68 | 01:10:31.90 | 01:10:50.50 | 7:03   | 8.5  |
| 149  | JĘŻAK JOANNA                  | 37  | NOWA HUTA TEAM                     |           | K20       |      | 16     | K 69 | 01:09:45.55 | 01:10:50.80 | 6:58   | 8.6  |
| 150  | OBARSKA MAŁGORZATA            | 71  |                                    |           | K50       |      | 4      | K 70 | 01:11:15.65 | 01:11:55.15 | 7:07   | 8.4  |
| 151  | ANTOSZ MONIKA                 | 1   | NORAFSPORT                         |           | K40       |      | 20     | K 71 | 01:11:26.60 | 01:12:42.15 | 7:08   | 8.4  |
| 152  | STANISZEWSKA EWA              | 98  | BIEGAM BO LUBIĘ KRAKÓW, NORAFSPORT |           | K50       |      | 5      | K 72 | 01:11:58.80 | 01:13:15.00 | 7:11   | 8.3  |
| 153  | SZUKALSKA-WALCZAK EWA         | 147 | PRUSZKÓW                           |           | K30       |      | 32     | K 73 | 01:12:43.95 | 01:13:22.65 | 7:16   | 8.2  |
| 154  | POLEWKA ANETA                 | 141 | DĄBRÓWKA STARZEŃSKA                |           | K40       |      | 21     | K 74 | 01:14:53.50 | 01:15:00.95 | 7:29   | 8    |
| 155  | BOLANOWSKI PIOTR              | 139 | DOMARAC                            |           | M40       |      | 21     | M 81 | 01:14:53.50 | 01:15:01.50 | 7:29   | 8    |
| 156  | KALMUS GRAŻYNA                | 41  | BBL TORUŃ                          |           | K50       |      | 6      | K 75 | 01:14:24.05 | 01:15:40.60 | 7:26   | 8.1  |
| 157  | BOBELLA ERIK                  | 8   | TRENDGLASS RUNNING TEAM            |           | M30       |      | 38     | M 82 | 01:21:22.50 | 01:21:46.95 | 8:08   | 7.4  |
| 158  | BOBELLA KASIA                 | 9   | TRENDGLASS RUNNING TEAM            |           | K30       |      | 33     | K 76 | 01:21:26.70 | 01:21:48.15 | 8:08   | 7.4  |
| 159  | PIETRZAK OLGA                 | 136 |                                    |           | K20       |      | 17     | K 77 | 01:21:11.05 | 01:22:26.90 | 8:07   | 7.4  |
| 160  | SOT LUCJAN                    | 155 | WETLINA                            |           | M50       |      | 4      | M 83 | 01:29:49.80 | 01:31:03.15 | 8:59   | 6.7  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, OPEN c.d.**

| M-ce | Nazwisko i imię | Nr | Klub     | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-----------------|----|----------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 161  | MIRECKI JAN     | 65 | WARSZAWA |           |      | M40  | 22     | M 84 | 01:30:04.55 | 01:31:19.10 | 9:00   | 6.7  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, Kobiety**

| M-ce | Nazwisko i imię             | Nr  | Klub                            | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|-----|---------------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | OLCHAWA JOANNA              | 138 | KRAKÓW                          |           |      | K40  | 1      | K 1  | 00:44:05.75 | 00:44:08.70 | 4:24   | 13.6 |
| 2    | BIKOWSKA-JUSIS KATARZYNA    | 156 | DŹ                              |           |      | K30  | 1      | K 2  | 00:45:58.35 | 00:46:05.40 | 4:35   | 13.1 |
| 3    | GRUSZKO ALICJA              | 30  | TEAM BIKE CONCEPT STORE         |           |      | K30  | 2      | K 3  | 00:48:02.60 | 00:48:28.80 | 4:48   | 12.5 |
| 4    | SOKOŁOWSKA MAJA             | 157 | ZABRZE                          |           |      | K20  | 1      | K 4  | 00:50:01.15 | 00:50:31.60 | 5:00   | 12   |
| 5    | WÓJCIK EWA                  | 132 | KRAKÓW                          |           |      | K50  | 1      | K 5  | 00:50:41.30 | 00:51:08.55 | 5:04   | 11.8 |
| 6    | SZCZUR IWONA                | 104 | NOWA DĘBA                       |           |      | K30  | 3      | K 6  | 00:52:30.00 | 00:53:04.80 | 5:15   | 11.4 |
| 7    | JĘDRZEJCZYK AGNIESZKA       | 38  | RZESZÓW                         |           |      | K30  | 4      | K 7  | 00:53:25.30 | 00:53:30.25 | 5:20   | 11.2 |
| 8    | PICHETA MAGDALENA           | 75  | DISNEY VOLUNTEARS               |           |      | K30  | 5      | K 8  | 00:52:19.80 | 00:53:36.60 | 5:14   | 11.5 |
| 9    | BAŻYŃSKA MARTA              | 5   | LESZNO                          |           |      | K30  | 6      | K 9  | 00:52:44.35 | 00:53:42.80 | 5:16   | 11.4 |
| 10   | SŁOBODA ELŻBIETA            | 93  | USTRZYKI DOLNE                  |           |      | K30  | 7      | K 10 | 00:53:18.85 | 00:53:47.55 | 5:19   | 11.3 |
| 11   | DOMISZEWSKA MARIA           | 20  | USTRZYKI DOLNE                  |           |      | K40  | 2      | K 11 | 00:52:51.50 | 00:53:47.85 | 5:17   | 11.4 |
| 12   | KRENZEL REGINA              | 54  | JAROSŁAW                        |           |      | K20  | 2      | K 12 | 00:53:34.85 | 00:53:53.15 | 5:21   | 11.2 |
| 13   | BURY BEATA                  | 14  | KKB MOSIR KROSNO                |           |      | K20  | 3      | K 13 | 00:53:41.00 | 00:53:54.15 | 5:22   | 11.2 |
| 14   | WIDEREK KATARZYNA           | 145 | JÓZEFOSŁAW                      |           |      | K40  | 3      | K 14 | 00:53:42.45 | 00:53:58.50 | 5:22   | 11.2 |
| 15   | OBŁĄK AGNIESZKA             | 72  | BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ |           |      | K30  | 8      | K 15 | 00:53:15.85 | 00:54:01.60 | 5:19   | 11.3 |
| 16   | WOJCIECHOWSKA KATARZYNA     | 128 | SANDOMIERZ                      |           |      | K30  | 9      | K 16 | 00:53:36.35 | 00:54:05.75 | 5:21   | 11.2 |
| 17   | FIRLEJ AGNIESZKA            | 170 | WIERZOWA POLSKA                 |           |      | K30  | 10     | K 17 | 00:54:31.90 | 00:54:42.55 | 5:27   | 11   |
| 18   | CZUBA MARZENA               | 146 | WARSZAWA                        |           |      | K40  | 4      | K 18 | 00:53:58.10 | 00:54:50.05 | 5:23   | 11.1 |
| 19   | SZUSZKIEWICZ MARZENA        | 109 | WARSZAWA                        |           |      | K40  | 5      | K 19 | 00:54:56.75 | 00:55:10.45 | 5:29   | 10.9 |
| 20   | SOBIESKA ALEKSANDRA         | 97  | WARSZAWA                        |           |      | K30  | 11     | K 20 | 00:54:17.40 | 00:55:31.75 | 5:25   | 11.1 |
| 21   | DYNARSKA-ŁYCZAK IWONA       | 23  | KM TRUCHCIK ŁUBIANKA            |           |      | K30  | 12     | K 21 | 00:55:35.30 | 00:55:40.70 | 5:33   | 10.8 |
| 22   | SARNOWSKA KAROLINA          | 90  | WARSZAWA                        |           |      | K30  | 13     | K 22 | 00:55:03.85 | 00:55:59.70 | 5:30   | 10.9 |
| 23   | PITAS SABINA                | 78  | ZAPIERDALACZE.PL                |           |      | K30  | 14     | K 23 | 00:56:20.55 | 00:56:34.00 | 5:38   | 10.6 |
| 24   | JAZEL MAŁGORZATA            | 36  | ASTERZENECA                     |           |      | K30  | 15     | K 24 | 00:56:25.20 | 00:57:03.35 | 5:38   | 10.6 |
| 25   | NOWOTARSKA ANITA            | 70  | USTRZYKI DOLNE                  |           |      | K40  | 6      | K 25 | 00:57:25.55 | 00:57:36.40 | 5:44   | 10.4 |
| 26   | SZCZYPEK KAROLINA           | 106 | WARSZAWA                        |           |      | K20  | 4      | K 26 | 00:56:54.65 | 00:57:37.25 | 5:41   | 10.5 |
| 27   | KUCIA BEATA                 | 55  | WARSZAWA                        |           |      | K30  | 16     | K 27 | 00:57:29.35 | 00:57:43.35 | 5:44   | 10.4 |
| 28   | MŁODZIKOWSKA WERONIKA       | 66  | KB V-MAX ADAMÓW                 |           |      | K20  | 5      | K 28 | 00:57:51.25 | 00:58:06.00 | 5:47   | 10.4 |
| 29   | SŁUPEK-KUBAS AGNIESZKA      | 95  | BIEGUNKA TEAM                   |           |      | K30  | 17     | K 29 | 00:58:07.20 | 00:58:44.75 | 5:48   | 10.3 |
| 30   | SZYBIAK JOANNA              | 110 | AGONA WM                        |           |      | K40  | 7      | K 30 | 00:58:35.75 | 00:58:47.25 | 5:51   | 10.2 |
| 31   | PORĘBSKA DOROTA             | 82  | NOWA HUTA TEAM                  |           |      | K30  | 18     | K 31 | 00:58:43.30 | 00:59:02.45 | 5:52   | 10.2 |
| 32   | SUJAK MAŁGORZATA            | 100 | SALON SPORTOWY "FANSPOORT" S.C. |           |      | K40  | 8      | K 32 | 00:58:54.15 | 00:59:06.05 | 5:53   | 10.2 |
| 33   | BARCZEWSKA AGNIESZKA        | 143 | WARSZAWA                        |           |      | K20  | 6      | K 33 | 00:58:25.95 | 00:59:15.05 | 5:50   | 10.3 |
| 34   | MACHNIK-BRONCEL JOANNA      | 58  | TYCHY                           |           |      | K40  | 9      | K 34 | 00:59:03.85 | 00:59:20.35 | 5:54   | 10.2 |
| 35   | PIETYRA KAROLINA            | 76  | ŁOŻA SZYDERCÓW                  |           |      | K30  | 19     | K 35 | 00:58:50.90 | 00:59:35.90 | 5:53   | 10.2 |
| 36   | SMOLIŃSKA BEATA             | 154 | WARSZAWA                        |           |      | K50  | 2      | K 36 | 00:59:23.70 | 00:59:47.10 | 5:56   | 10.1 |
| 37   | KOZIŃSKA SONIA              | 49  | LONGPLAY                        |           |      | K20  | 7      | K 37 | 00:59:36.90 | 01:00:25.35 | 5:57   | 10.1 |
| 38   | BALIŃSKA MARIA              | 2   | MAJDAN                          |           |      | K30  | 20     | K 38 | 00:59:54.30 | 01:00:35.25 | 5:59   | 10   |
| 39   | KRAJEWSKA JOANNA            | 50  | LEJDIS ORELEC                   |           |      | K30  | 21     | K 39 | 01:00:16.25 | 01:00:41.10 | 6:01   | 10   |
| 40   | KRASOWSKA MATYLDA           | 53  | USTRZYKI DOLNE                  |           |      | K20  | 8      | K 40 | 00:59:46.90 | 01:00:50.80 | 5:58   | 10   |
| 41   | DZIĄG ANNA                  | 150 | WARSZAWA                        |           |      | K40  | 10     | K 41 | 00:59:54.20 | 01:00:54.45 | 5:59   | 10   |
| 42   | GEZELA JOANNA               | 26  | RODZINA GEZELA                  |           |      | K40  | 11     | K 42 | 01:00:26.80 | 01:01:10.35 | 6:02   | 9.9  |
| 43   | BROŹEK TERESA               | 12  | WARSZTAT FORMY TYCHY            |           |      | K20  | 9      | K 43 | 01:01:01.95 | 01:01:24.65 | 6:06   | 9.8  |
| 44   | RYŁKO MARIOLA               | 88  | SOLINA                          |           |      | K40  | 12     | K 44 | 01:00:26.20 | 01:01:29.30 | 6:02   | 9.9  |
| 45   | TOMCZYK KAMILA              | 113 | WROCŁAW                         |           |      | K30  | 22     | K 45 | 01:01:12.15 | 01:01:31.55 | 6:07   | 9.8  |
| 46   | GOŁDA ANNA                  | 28  | AŃCUT                           |           |      | K30  | 23     | K 46 | 01:00:24.10 | 01:01:32.70 | 6:02   | 9.9  |
| 47   | KRYPCZYK KATARZYNA          | 168 | CHORZÓW                         |           |      | K40  | 13     | K 47 | 01:00:41.30 | 01:01:38.80 | 6:04   | 9.9  |
| 48   | MICKIEWICZ JOLANTA          | 64  | JGB "SOKÓŁ"                     |           |      | K40  | 14     | K 48 | 01:00:31.15 | 01:02:01.65 | 6:03   | 9.9  |
| 49   | KLISZ AGNIESZKA             | 45  | LUBLIN                          |           |      | K30  | 24     | K 49 | 01:02:29.75 | 01:03:06.10 | 6:15   | 9.6  |
| 50   | JURA-SUKNAROWSKA MAŁGORZATA | 158 | CHOCZANIA                       |           |      | K40  | 15     | K 50 | 01:02:40.05 | 01:03:24.95 | 6:16   | 9.6  |
| 51   | MALINOWSKA ANNA             | 60  | WOŁOMIN                         |           |      | K30  | 25     | K 51 | 01:03:12.80 | 01:03:49.55 | 6:19   | 9.5  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, Kobiety c.d.**

| M-ce | Nazwisko i imię               | Nr  | Klub                               | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|-----|------------------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 52   | MALEC BARBARA                 | 59  | LUBLIN                             |           |      | K50  | 3      | K 52 | 01:04:03.85 | 01:04:38.80 | 6:24   | 9.4  |
| 53   | BEŁKOWSKA VEL KAMIŃSKA DOROTA | 7   |                                    |           |      | K40  | 16     | K 53 | 01:04:58.55 | 01:05:04.65 | 6:29   | 9.2  |
| 54   | SUWAŁA ANNA                   | 101 | TREND GLASS RUNNING TEAM           |           |      | K30  | 26     | K 54 | 01:05:19.75 | 01:05:45.05 | 6:32   | 9.2  |
| 55   | HYZIAK JOANNA                 | 34  | JJ.RUNNERS GORLICE                 |           |      | K40  | 17     | K 55 | 01:05:43.55 | 01:05:54.40 | 6:34   | 9.1  |
| 56   | KORDULA KAMILA                | 47  | KLUB BIEGACZA RTV EURO AGD         |           |      | K20  | 10     | K 56 | 01:05:03.30 | 01:06:26.35 | 6:30   | 9.2  |
| 57   | BARTNIK DOMINIKA              | 4   | LUBLIN                             |           |      | K20  | 11     | K 57 | 01:06:05.25 | 01:06:53.70 | 6:36   | 9.1  |
| 58   | BRZEZIŃSKA SYLWIA             | 13  | KLUB BIEGACZA RTV EURO AGD         |           |      | K20  | 12     | K 58 | 01:07:12.35 | 01:08:35.70 | 6:43   | 8.9  |
| 59   | WIERZBIŃSKA KAROLINA          | 123 | WARSZAWA                           |           |      | K30  | 27     | K 59 | 01:08:40.50 | 01:09:03.35 | 6:52   | 8.7  |
| 60   | PLISZCZYŃSKA JUSTYNA          | 79  | LUBLIN                             |           |      | K40  | 18     | K 60 | 01:08:55.30 | 01:09:08.10 | 6:53   | 8.7  |
| 61   | WĘGIERSKA AGNIESZKA           | 121 | NIGHT RUNNERS ZABRZE               |           |      | K20  | 13     | K 61 | 01:08:27.50 | 01:09:09.50 | 6:50   | 8.8  |
| 62   | SZOSTAK DOROTA                | 108 | LUBLIN                             |           |      | K40  | 19     | K 62 | 01:09:01.35 | 01:09:13.05 | 6:54   | 8.7  |
| 63   | SŁOMIAK MAGDALENA             | 94  |                                    |           |      | K20  | 14     | K 63 | 01:08:48.45 | 01:09:23.60 | 6:52   | 8.7  |
| 64   | MAJDA DOMINIKA                | 152 | KRAKÓW                             |           |      | K20  | 15     | K 64 | 01:08:42.80 | 01:09:47.25 | 6:52   | 8.7  |
| 65   | WIERZBICKA BEATA              | 153 | KRAKÓW                             |           |      | K30  | 28     | K 65 | 01:08:50.15 | 01:09:55.00 | 6:53   | 8.7  |
| 66   | GABRIEL ALEKSANDRA            | 25  | KRAKÓW                             |           |      | K30  | 29     | K 66 | 01:10:11.70 | 01:10:30.05 | 7:01   | 8.5  |
| 67   | MERKLEJN WERONIKA             | 63  | PZU SPORT TEAM                     |           |      | K30  | 30     | K 67 | 01:10:05.85 | 01:10:38.65 | 7:00   | 8.6  |
| 68   | KLAŚ JUSTYNA                  | 44  | NH TEAM                            |           |      | K30  | 31     | K 68 | 01:10:31.90 | 01:10:50.50 | 7:03   | 8.5  |
| 69   | JĘŻAK JOANNA                  | 37  | NOWA HUTA TEAM                     |           |      | K20  | 16     | K 69 | 01:09:45.55 | 01:10:50.80 | 6:58   | 8.6  |
| 70   | OBARSKA MAŁGORZATA            | 71  |                                    |           |      | K50  | 4      | K 70 | 01:11:15.65 | 01:11:55.15 | 7:07   | 8.4  |
| 71   | ANTOSZ MONIKA                 | 1   | NORAFSPORT                         |           |      | K40  | 20     | K 71 | 01:11:26.60 | 01:12:42.15 | 7:08   | 8.4  |
| 72   | STANISZEWSKA EWA              | 98  | BIEGAM BO LUBIĘ KRAKÓW, NORAFSPORT |           |      | K50  | 5      | K 72 | 01:11:58.80 | 01:13:15.00 | 7:11   | 8.3  |
| 73   | SZUKALSKA-WALCZAK EWA         | 147 | PRUSZKÓW                           |           |      | K30  | 32     | K 73 | 01:12:43.95 | 01:13:22.65 | 7:16   | 8.2  |
| 74   | POLEWKA ANETA                 | 141 | DĄBRÓWKA STARZEŃSKA                |           |      | K40  | 21     | K 74 | 01:14:53.50 | 01:15:00.95 | 7:29   | 8    |
| 75   | KALMUS GRAŻYNA                | 41  | BBL TORUŃ                          |           |      | K50  | 6      | K 75 | 01:14:24.05 | 01:15:40.60 | 7:26   | 8.1  |
| 76   | BOBELLA KASIA                 | 9   | TRENDGLASS RUNNING TEAM            |           |      | K30  | 33     | K 76 | 01:21:26.70 | 01:21:48.15 | 8:08   | 7.4  |
| 77   | PIETRZAK OLGA                 | 136 |                                    |           |      | K20  | 17     | K 77 | 01:21:11.05 | 01:22:26.90 | 8:07   | 7.4  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, Mężczyźni**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|--------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | JÓZWIK PAWEŁ         | 137 | LUBLIN                   |           |      | M30  | 1      | M 1  | 00:39:31.60 | 00:39:36.25 | 3:57   | 15.2 |
| 2    | KIEŁBOŃ MICHAŁ       | 43  | PRZEWORSKA GRUPA BIEGOWA |           |      | M20  | 1      | M 2  | 00:40:03.95 | 00:40:11.45 | 4:00   | 15   |
| 3    | LIPA WOJCIECH        | 142 | RZESZÓW                  |           |      | M30  | 2      | M 3  | 00:43:48.70 | 00:44:03.35 | 4:22   | 13.7 |
| 4    | MUSIAŁOWSKI MARCIN   | 176 | ZREP USTRZYKI GÓRNE      |           |      | M30  | 3      | M 4  | 00:44:02.35 | 00:44:14.30 | 4:24   | 13.6 |
| 5    | WARTA PRZEMYSŁAW     | 119 | CZARNA GÓRNA             |           |      | M20  | 2      | M 5  | 00:43:41.60 | 00:44:36.10 | 4:22   | 13.7 |
| 6    | STAWIARSKI JAKUB     | 99  | LONGPLAY                 |           |      | M20  | 3      | M 6  | 00:44:08.50 | 00:44:56.15 | 4:24   | 13.6 |
| 7    | ZAJEZIERSKI MATEUSZ  | 133 | PIASKI                   |           |      | M20  | 4      | M 7  | 00:44:50.35 | 00:45:10.05 | 4:29   | 13.4 |
| 8    | LEWANDOWSKI RAFAŁ    | 56  |                          |           |      | M30  | 4      | M 8  | 00:45:28.00 | 00:45:32.95 | 4:32   | 13.2 |
| 9    | TUCZAPSKI PIOTR      | 114 | RZESZÓW                  |           |      | M20  | 5      | M 9  | 00:45:32.20 | 00:45:46.50 | 4:33   | 13.2 |
| 10   | KSZYSZTOŃ GRZEGORZ   | 144 | WARSZAWA                 |           |      | M20  | 6      | M 10 | 00:45:47.65 | 00:45:58.20 | 4:34   | 13.1 |
| 11   | RAĆZKA RAFAŁ         | 86  |                          |           |      | M30  | 5      | M 11 | 00:45:24.85 | 00:46:26.40 | 4:32   | 13.2 |
| 12   | SZYBISTY GRZEGOSZ    | 163 | WROCANKA                 |           |      | M40  | 1      | M 12 | 00:47:04.30 | 00:47:08.05 | 4:42   | 12.7 |
| 13   | CZWERENKO WOJCIECH   | 18  | SANOK                    |           |      | M30  | 6      | M 13 | 00:46:37.85 | 00:47:10.60 | 4:39   | 12.9 |
| 14   | RYSZ TOMASZ          | 89  | SANOK                    |           |      | M30  | 7      | M 14 | 00:47:14.10 | 00:47:22.55 | 4:43   | 12.7 |
| 15   | KRAJEWSKI JAKUB      | 51  | SZAROTKA UHERCE          |           |      | M30  | 8      | M 15 | 00:47:22.65 | 00:47:48.40 | 4:44   | 12.7 |
| 16   | WALOSZEK MARCIN      | 118 | PASZCZYNA                |           |      | M30  | 9      | M 16 | 00:47:37.90 | 00:48:06.00 | 4:45   | 12.6 |
| 17   | SZCZUR WIESŁAW       | 105 | NOWA DĘBA                |           |      | M40  | 2      | M 17 | 00:47:38.60 | 00:48:11.10 | 4:45   | 12.6 |
| 18   | KOWALCZYK MATEUSZ    | 48  | WARSZAWA                 |           |      | M20  | 7      | M 18 | 00:47:03.00 | 00:48:29.05 | 4:42   | 12.8 |
| 19   | WAJCOWICZ WITOLD     | 116 | SANOK                    |           |      | M40  | 3      | M 19 | 00:48:26.80 | 00:48:35.70 | 4:50   | 12.4 |
| 20   | URBAN MARCIN         | 171 | BOGUCHWAŁA               |           |      | M30  | 10     | M 20 | 00:48:14.20 | 00:48:53.70 | 4:49   | 12.4 |
| 21   | RUDNICKI TOMASZ      | 87  | BIEGUNKA TEAM POLSKA     |           |      | M40  | 4      | M 21 | 00:48:37.05 | 00:49:17.45 | 4:51   | 12.3 |
| 22   | CZAJKOWSKI ROBERT    | 17  | KOSIENICE                |           |      | M20  | 8      | M 22 | 00:49:23.00 | 00:49:43.25 | 4:56   | 12.1 |
| 23   | BRENDZOWSKI ADAM     | 160 | SOLINA                   |           |      | M30  | 11     | M 23 | 00:49:47.85 | 00:49:57.60 | 4:58   | 12   |
| 24   | WOJTKIEWICZ JAROSŁAW | 130 | PODKOWA LEŚNA            |           |      | M40  | 5      | M 24 | 00:49:49.75 | 00:50:00.20 | 4:59   | 12   |
| 25   | BOŻĘTKA JÓZEF        | 11  | POLANA                   |           |      | M40  | 6      | M 25 | 00:49:00.30 | 00:50:06.65 | 4:54   | 12.2 |
| 26   | CZUCHNOWSKI MARCIN   | 161 | RZESZÓW                  |           |      | M30  | 12     | M 26 | 00:49:49.05 | 00:50:11.45 | 4:58   | 12   |

**ZIMOWA BIESZCZADZKA DYCHA 2015, Mężczyźni c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                             | M-scowość | Kraj | Kat.      | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|----------------------------------|-----------|------|-----------|--------|------|-------------|-------------|--------|------|
| 27   | ZDEB KRZYSZTOF       | 164 | WROCANKA                         |           |      | M40       | 7      | M 27 | 00:50:12.30 | 00:50:15.55 | 5:01   | 12   |
| 28   | KARDACH KAMIL        | 149 | RYMANÓW ZDRÓJ                    |           |      | M20       | 9      | M 28 | 00:50:19.70 | 00:50:30.55 | 5:02   | 11.9 |
| 29   | BEDNARCZYK PAWEŁ     | 167 | SANOK                            |           |      | M30       | 13     | M 29 | 00:50:05.35 | 00:50:37.60 | 5:00   | 12   |
| 30   | WRÓBEL BARTŁOMIEJ    | 135 | CISNA                            |           |      | M40       | 8      | M 30 | 00:50:31.95 | 00:50:42.70 | 5:03   | 11.9 |
| 31   | ZYGADLEWICZ GRZEGORZ | 134 | BIEGAJĄCY ŚWIDNIK                |           |      | M30       | 14     | M 31 | 00:50:30.70 | 00:50:43.25 | 5:03   | 11.9 |
| 32   | POPAJEWSKI KRZYSZTOF | 159 | LUBLIN                           |           |      | M50       | 1      | M 32 | 00:50:17.60 | 00:50:49.20 | 5:01   | 11.9 |
| 33   | GRYCZ DAREK          | 31  | TWIERDZA MODLIN                  |           |      | M20       | 10     | M 33 | 00:49:39.40 | 00:50:55.95 | 4:57   | 12.1 |
| 34   | WIECZOREK PAWEŁ      | 122 | TREND GLASS RUNNING TEAM         |           |      | M30       | 15     | M 34 | 00:50:28.65 | 00:51:00.55 | 5:02   | 11.9 |
| 35   | WINIARZ WITOLD       | 127 | PRZEMYSKI KLUB BIEGACZA          |           |      | M30       | 16     | M 35 | 00:51:27.15 | 00:51:56.85 | 5:08   | 11.7 |
| 36   | IGNASZAK UKASZ       | 35  | GRODZISK MAZOWIECKI              |           |      | M30       | 17     | M 36 | 00:51:08.75 | 00:52:03.65 | 5:06   | 11.7 |
| 37   | BAŁCHAN KRZYSZTOF    | 3   | CPR RZESZÓW                      |           |      | M20       | 11     | M 37 | 00:52:00.70 | 00:52:18.30 | 5:12   | 11.5 |
| 38   | BYKOWSKI ANDRZEJ     | 16  |                                  |           |      | M40       | 9      | M 38 | 00:51:29.50 | 00:52:33.00 | 5:09   | 11.7 |
| 39   | WALICKI SEBASTIAN    | 117 | MORSY                            |           |      | M40       | 10     | M 39 | 00:51:28.75 | 00:52:37.50 | 5:08   | 11.7 |
| 40   | BAK TYMOTEUSZ        | 6   | GLIWICE                          |           |      | M30       | 18     | M 40 | 00:52:11.30 | 00:52:46.30 | 5:13   | 11.5 |
| 41   | MAZIARZ WOJCIECH     | 61  | PGR PRZEWORSK                    |           |      | M20       | 12     | M 41 | 00:52:12.35 | 00:53:10.95 | 5:13   | 11.5 |
| 42   | HEC GRZEGORZ         | 169 | GŁOWIENKA                        |           |      | M30       | 19     | M 42 | 00:53:08.90 | 00:53:18.55 | 5:18   | 11.3 |
| 43   | BROŻYNA MARCIN       | 166 | SANOK                            |           |      | M30       | 20     | M 43 | 00:53:06.65 | 00:53:38.25 | 5:18   | 11.3 |
| 44   | WAŚOWICZ UKASZ       | 173 | TYCHY                            |           |      | M30       | 21     | M 44 | 00:53:25.60 | 00:53:40.75 | 5:20   | 11.2 |
| 45   | MUSIAŁ KAMIL         | 67  | BUDY GŁOGOWSKIE                  |           |      | M20       | 13     | M 45 | 00:52:41.55 | 00:53:47.30 | 5:16   | 11.4 |
| 46   | KRASOŃ JANUSZ        | 52  | RZESZOWSKI KLUB MORSZA "SOPELEK" |           |      | M30       | 22     | M 46 | 00:52:45.60 | 00:53:51.05 | 5:16   | 11.4 |
| 47   | RESZTYŁO GRZEGORZ    | 165 | AŃCUT                            |           |      | M40       | 11     | M 47 | 00:53:42.05 | 00:53:54.75 | 5:22   | 11.2 |
| 48   | STEC SEBASTIAN       | 162 | WARSZAWA                         |           |      | M40       | 12     | M 48 | 00:53:48.10 | 00:54:26.35 | 5:22   | 11.2 |
| 49   | WNEK BOGUMIŁ         | 172 | BOGUCHWAŁA                       |           |      | M40       | 13     | M 49 | 00:54:15.95 | 00:54:27.10 | 5:25   | 11.1 |
| 50   | DUDEK ARKADIUSZ      | 22  | 4 PORY ROKU BRZOZÓW              |           |      | M50       | 2      | M 50 | 00:54:55.35 | 00:55:12.75 | 5:29   | 10.9 |
| 51   | SONDEJ WIESŁAW       | 185 | MORSY                            |           |      | M50       | 3      | M 51 | 00:54:09.75 | 00:55:19.05 | 5:25   | 11.1 |
| 52   | WIEWIÓRA JAKUB       | 125 | WARSZAWA                         |           |      | M20       | 14     | M 52 | 00:54:19.20 | 00:55:45.40 | 5:25   | 11   |
| 53   | LOREK MAREK          | 57  | DĘBICA                           |           |      | M40       | 14     | M 53 | 00:55:06.85 | 00:56:03.80 | 5:30   | 10.9 |
| 54   | KACZMAREK NORBERT    | 40  | PRZEMYSŁ                         |           |      | M30       | 23     | M 54 | 00:55:46.25 | 00:56:15.35 | 5:34   | 10.8 |
| 55   | GOLBA PRZEMEK        | 27  |                                  |           |      | M30       | 24     | M 55 | 00:55:35.10 | 00:56:17.65 | 5:33   | 10.8 |
| 56   | KIERES MICHAŁ        | 140 | OLSZTYN                          |           |      | M30       | 25     | M 56 | 00:55:56.00 | 00:56:24.85 | 5:35   | 10.7 |
| 57   | GUCWA JAROSŁAW       | 33  | KRZYŻANOWICE                     |           |      | M40       | 15     | M 57 | 00:56:29.10 | 00:56:45.75 | 5:38   | 10.6 |
| 58   | KOZŁOWSKI BARTŁOMIEJ | 175 | KIELCE                           |           |      | M40       | 16     | M 58 | 00:56:20.40 | 00:57:04.00 | 5:38   | 10.6 |
| 59   | GRZYŚKA PIOTR        | 32  | NIGHT RUNNERS ZABRZE             |           |      | M30       | 26     | M 59 | 00:56:40.00 | 00:57:13.60 | 5:40   | 10.6 |
| 60   | PISTL JACEK          | 151 | WROCLAW                          |           |      | M30       | 27     | M 60 | 00:56:22.30 | 00:57:33.05 | 5:38   | 10.6 |
| 61   | PASZKO PATRYK        | 74  | KLUB BIEGACZA RTV EURO AGD       |           |      | M20       | 15     | M 61 | 00:56:09.75 | 00:57:36.40 | 5:37   | 10.7 |
| 62   | PANTERA WOJCIECH     | 73  | KRAKÓW                           |           |      | M30       | 28     | M 62 | 00:56:32.75 | 00:57:38.20 | 5:39   | 10.6 |
| 63   | NALEPA MARCIN        | 68  | NIGHT RUNNERS ZABRZE             |           |      | M30       | 29     | M 63 | 00:57:02.75 | 00:57:45.90 | 5:42   | 10.5 |
| 64   | WIETECZA PAWEŁ       | 124 | WARZYCE                          |           |      | M30       | 30     | M 64 | 00:56:57.75 | 00:58:01.45 | 5:41   | 10.5 |
| 65   | NIEDZIELA MICHAŁ     | 69  | JAROSŁAW                         |           |      | M30       | 31     | M 65 | 00:57:14.95 | 00:58:27.15 | 5:43   | 10.5 |
| 66   | KORNIŁÓW PIOTR       | 148 | WARSZAWA                         |           |      | M40       | 17     | M 66 | 00:57:52.10 | 00:58:32.00 | 5:47   | 10.4 |
| 67   | SZEWC MARIAN         | 107 | BILGORAJ                         |           |      | MĘZCZYŃNI | 1      | M 67 | 00:58:17.00 | 00:58:37.25 | 5:49   | 10.3 |
| 68   | TUORA MICHAŁ         | 115 |                                  |           |      | M30       | 32     | M 68 | 00:57:27.05 | 00:58:39.30 | 5:44   | 10.4 |
| 69   | SZYBIAK MACIEJ       | 111 | AGONA WM                         |           |      | M20       | 16     | M 69 | 00:58:34.65 | 00:58:46.05 | 5:51   | 10.2 |
| 70   | KONIK JAROSŁAW       | 46  | BBL KRAKÓW                       |           |      | M40       | 18     | M 70 | 00:57:33.60 | 00:58:49.45 | 5:45   | 10.4 |
| 71   | DANILUK ANDRZEJ      | 19  | ZACISZE NIGHT RUNNERS            |           |      | M30       | 33     | M 71 | 00:59:06.00 | 00:59:06.00 | 5:54   | 10.2 |
| 72   | POŁOŻYŃSKI ANDRZEJ   | 81  | ZACISZE NIGHT RUNNERS            |           |      | M30       | 34     | M 72 | 00:59:10.35 | 00:59:10.35 | 5:55   | 10.1 |
| 73   | KAŁUCKI ADAM         | 42  | BBL KRAKÓW                       |           |      | M40       | 19     | M 73 | 00:58:15.20 | 00:59:30.95 | 5:49   | 10.3 |
| 74   | MAZUREK JAKUB        | 62  | PRZEWORSKA GRUPA BIEGOWA         |           |      | M20       | 17     | M 74 | 00:58:47.15 | 00:59:45.75 | 5:52   | 10.2 |
| 75   | PRASEK ARTUR         | 83  | ALFA STAR RADOM                  |           |      | M40       | 20     | M 75 | 01:01:12.35 | 01:01:31.40 | 6:07   | 9.8  |
| 76   | PRZYJEMSKI KRZYSZTOF | 85  | NOWA HUTA TEAM                   |           |      | M30       | 35     | M 76 | 01:04:05.40 | 01:05:11.05 | 6:24   | 9.4  |
| 77   | SZANECKI MICHAŁ      | 102 | RZESZÓW                          |           |      | M30       | 36     | M 77 | 01:04:46.60 | 01:05:43.45 | 6:28   | 9.3  |
| 78   | SOBIERAJ MARCIN      | 96  | SOCHACZEW                        |           |      | M20       | 18     | M 78 | 01:07:12.80 | 01:08:19.00 | 6:43   | 8.9  |
| 79   | OLESIJUK ANTONI      | 174 | LUBARTÓW                         |           |      | MĘZCZYŃNI | 2      | M 79 | 01:07:58.90 | 01:08:27.75 | 6:47   | 8.8  |
| 80   | PILCHOWSKI KONRAD    | 77  | BIEGACZA RTV EURO AGD            |           |      | M30       | 37     | M 80 | 01:07:19.35 | 01:08:40.30 | 6:44   | 8.9  |
| 81   | BOLANOWSKI PIOTR     | 139 | DOMARAC                          |           |      | M40       | 21     | M 81 | 01:14:53.50 | 01:15:01.50 | 7:29   | 8    |
| 82   | BOBELLA ERIK         | 8   | TRENDGLASS RUNNING TEAM          |           |      | M30       | 38     | M 82 | 01:21:22.50 | 01:21:46.95 | 8:08   | 7.4  |
| 83   | SOT LUCJAN           | 155 | WETLINA                          |           |      | M50       | 4      | M 83 | 01:29:49.80 | 01:31:03.15 | 8:59   | 6.7  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, Mężczyźni c.d.**

| M-ce | Nazwisko i imię | Nr | Klub     | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-----------------|----|----------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 84   | MIRECKI JAN     | 65 | WARSZAWA |           |      | M40  | 22     | M 84 | 01:30:04.55 | 01:31:19.10 | 9:00   | 6.7  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, K20**

| M-ce | Nazwisko i imię       | Nr  | Klub                       | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------|-----|----------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | SOKOŁOWSKA MAJA       | 157 | ZABRZE                     |           |      | K20  | 1      | K 4  | 00:50:01.15 | 00:50:31.60 | 5:00   | 12   |
| 2    | KRENZEL REGINA        | 54  | JAROSŁAW                   |           |      | K20  | 2      | K 12 | 00:53:34.85 | 00:53:53.15 | 5:21   | 11.2 |
| 3    | BURY BEATA            | 14  | KKB MOSIR KROSNO           |           |      | K20  | 3      | K 13 | 00:53:41.00 | 00:53:54.15 | 5:22   | 11.2 |
| 4    | SZCZYPEK KAROLINA     | 106 | WARSZAWA                   |           |      | K20  | 4      | K 26 | 00:56:54.65 | 00:57:37.25 | 5:41   | 10.5 |
| 5    | MŁODZIKOWSKA WERONIKA | 66  | KB V-MAX ADAMÓW            |           |      | K20  | 5      | K 28 | 00:57:51.25 | 00:58:06.00 | 5:47   | 10.4 |
| 6    | BARCZEWSKA AGNIESZKA  | 143 | WARSZAWA                   |           |      | K20  | 6      | K 33 | 00:58:25.95 | 00:59:15.05 | 5:50   | 10.3 |
| 7    | KOZIŃSKA SONIA        | 49  | LONGPLAY                   |           |      | K20  | 7      | K 37 | 00:59:36.90 | 01:00:25.35 | 5:57   | 10.1 |
| 8    | KRASOWSKA MATYŁDA     | 53  | USTRZYKI DOLNE             |           |      | K20  | 8      | K 40 | 00:59:46.90 | 01:00:50.80 | 5:58   | 10   |
| 9    | BROŻEK TERESA         | 12  | WARSZTAT FORMY TYCHY       |           |      | K20  | 9      | K 43 | 01:01:01.95 | 01:01:24.65 | 6:06   | 9.8  |
| 10   | KORDULA KAMILA        | 47  | KLUB BIEGACZA RTV EURO AGD |           |      | K20  | 10     | K 56 | 01:05:03.30 | 01:06:26.35 | 6:30   | 9.2  |
| 11   | BARTNIK DOMINIKA      | 4   | LUBLIN                     |           |      | K20  | 11     | K 57 | 01:06:05.25 | 01:06:53.70 | 6:36   | 9.1  |
| 12   | BRZEZIŃSKA SYLWIA     | 13  | KLUB BIEGACZA RTV EURO AGD |           |      | K20  | 12     | K 58 | 01:07:12.35 | 01:08:35.70 | 6:43   | 8.9  |
| 13   | WĘGIERSKA AGNIESZKA   | 121 | NIGHT RUNNERS ZABRZE       |           |      | K20  | 13     | K 61 | 01:08:27.50 | 01:09:09.50 | 6:50   | 8.8  |
| 14   | SŁOMIAK MAGDALENA     | 94  |                            |           |      | K20  | 14     | K 63 | 01:08:48.45 | 01:09:23.60 | 6:52   | 8.7  |
| 15   | MAJDA DOMINIKA        | 152 | KRAKÓW                     |           |      | K20  | 15     | K 64 | 01:08:42.80 | 01:09:47.25 | 6:52   | 8.7  |
| 16   | JEŻAK JOANNA          | 37  | NOWA HUTA TEAM             |           |      | K20  | 16     | K 69 | 01:09:45.55 | 01:10:50.80 | 6:58   | 8.6  |
| 17   | PIETRZAK OLGA         | 136 |                            |           |      | K20  | 17     | K 77 | 01:21:11.05 | 01:22:26.90 | 8:07   | 7.4  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, M20**

| M-ce | Nazwisko i imię     | Nr  | Klub                       | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|---------------------|-----|----------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | KIEŁBOŃ MICHAŁ      | 43  | PRZEWORSKA GRUPA BIEGOWA   |           |      | M20  | 1      | M 2  | 00:40:03.95 | 00:40:11.45 | 4:00   | 15   |
| 2    | WARTA PRZEMYSŁAW    | 119 | CZARNA GÓRNA               |           |      | M20  | 2      | M 5  | 00:43:41.60 | 00:44:36.10 | 4:22   | 13.7 |
| 3    | STAWIARSKI JAKUB    | 99  | LONGPLAY                   |           |      | M20  | 3      | M 6  | 00:44:08.50 | 00:44:56.15 | 4:24   | 13.6 |
| 4    | ZAJEZIERSKI MATEUSZ | 133 | PIASKI                     |           |      | M20  | 4      | M 7  | 00:44:50.35 | 00:45:10.05 | 4:29   | 13.4 |
| 5    | TUCZAPSKI PIOTR     | 114 | RZESZÓW                    |           |      | M20  | 5      | M 9  | 00:45:32.20 | 00:45:46.50 | 4:33   | 13.2 |
| 6    | KSZYSZTOŃ GRZEGORZ  | 144 | WARSZAWA                   |           |      | M20  | 6      | M 10 | 00:45:47.65 | 00:45:58.20 | 4:34   | 13.1 |
| 7    | KOWALCZYK MATEUSZ   | 48  | WARSZAWA                   |           |      | M20  | 7      | M 18 | 00:47:03.00 | 00:48:29.05 | 4:42   | 12.8 |
| 8    | CZAJKOWSKI ROBERT   | 17  | KOSIENICE                  |           |      | M20  | 8      | M 22 | 00:49:23.00 | 00:49:43.25 | 4:56   | 12.1 |
| 9    | KARDACH KAMIL       | 149 | RYMANÓW ZDRÓJ              |           |      | M20  | 9      | M 28 | 00:50:19.70 | 00:50:30.55 | 5:02   | 11.9 |
| 10   | GRYCZ DAREK         | 31  | TWIERDZA MODLIN            |           |      | M20  | 10     | M 33 | 00:49:39.40 | 00:50:55.95 | 4:57   | 12.1 |
| 11   | BAŁCHAN KRZYSZTOF   | 3   | CPR RZESZÓW                |           |      | M20  | 11     | M 37 | 00:52:00.70 | 00:52:18.30 | 5:12   | 11.5 |
| 12   | MAZIARZ WOJCIECH    | 61  | PGR PRZEWORSK              |           |      | M20  | 12     | M 41 | 00:52:12.35 | 00:53:10.95 | 5:13   | 11.5 |
| 13   | MUSIAŁ KAMIL        | 67  | BUDY GŁOGOWSKIE            |           |      | M20  | 13     | M 45 | 00:52:41.55 | 00:53:47.30 | 5:16   | 11.4 |
| 14   | WIEWIÓRA JAKUB      | 125 | WARSZAWA                   |           |      | M20  | 14     | M 52 | 00:54:19.20 | 00:55:45.40 | 5:25   | 11   |
| 15   | PASZKO PATRYK       | 74  | KLUB BIEGACZA RTV EURO AGD |           |      | M20  | 15     | M 61 | 00:56:09.75 | 00:57:36.40 | 5:37   | 10.7 |
| 16   | SZYBIAK MACIEJ      | 111 | AGONA WM                   |           |      | M20  | 16     | M 69 | 00:58:34.65 | 00:58:46.05 | 5:51   | 10.2 |
| 17   | MAZUREK JAKUB       | 62  | PRZEWORSKA GRUPA BIEGOWA   |           |      | M20  | 17     | M 74 | 00:58:47.15 | 00:59:45.75 | 5:52   | 10.2 |
| 18   | SOBIERAJ MARCIN     | 96  | SOCHACZEW                  |           |      | M20  | 18     | M 78 | 01:07:12.80 | 01:08:19.00 | 6:43   | 8.9  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, K30**

| M-ce | Nazwisko i imię          | Nr  | Klub                    | M-scowość | Kraj | Kat. | M. kat | K/M | Netto       | Brutto      | min/km | km/h |
|------|--------------------------|-----|-------------------------|-----------|------|------|--------|-----|-------------|-------------|--------|------|
| 1    | BIKOWSKA-JUSIS KATARZYNA | 156 | DŹ                      |           |      | K30  | 1      | K 2 | 00:45:58.35 | 00:46:05.40 | 4:35   | 13.1 |
| 2    | GRUSZKO ALICJA           | 30  | TEAM BIKE CONCEPT STORE |           |      | K30  | 2      | K 3 | 00:48:02.60 | 00:48:28.80 | 4:48   | 12.5 |
| 3    | SZCZUR IWONA             | 104 | NOWA DĘBA               |           |      | K30  | 3      | K 6 | 00:52:30.00 | 00:53:04.80 | 5:15   | 11.4 |
| 4    | JĘDRZEJCZYK AGNIESZKA    | 38  | RZESZÓW                 |           |      | K30  | 4      | K 7 | 00:53:25.30 | 00:53:30.25 | 5:20   | 11.2 |

**ZIMOWA BIESZCZADZKA DYCHA 2015, K30 c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub                             | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|----------------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 5    | PICHETA MAGDALENA       | 75  | DISNEY VOLUNTEARS                |           | K30  |      | 5      | K 8  | 00:52:19.80 | 00:53:36.60 | 5:14   | 11.5 |
| 6    | BAŻYŃSKA MARTA          | 5   | LESZNO                           |           | K30  |      | 6      | K 9  | 00:52:44.35 | 00:53:42.80 | 5:16   | 11.4 |
| 7    | SŁOBODA ELŻBIETA        | 93  | USTRZYKI DOLNE                   |           | K30  |      | 7      | K 10 | 00:53:18.85 | 00:53:47.55 | 5:19   | 11.3 |
| 8    | OBŁĄK AGNIESZKA         | 72  | BIEGNE, ŻEBY BARTEK MÓGLE BIEGAĆ |           | K30  |      | 8      | K 15 | 00:53:15.85 | 00:54:01.60 | 5:19   | 11.3 |
| 9    | WOJCIECHOWSKA KATARZYNA | 128 | SANDOMIERZ                       |           | K30  |      | 9      | K 16 | 00:53:36.35 | 00:54:05.75 | 5:21   | 11.2 |
| 10   | FIRLEJ AGNIESZKA        | 170 | WIERZOWA POLSKA                  |           | K30  |      | 10     | K 17 | 00:54:31.90 | 00:54:42.55 | 5:27   | 11   |
| 11   | SOBIESKA ALEKSANDRA     | 97  | WARSZAWA                         |           | K30  |      | 11     | K 20 | 00:54:17.40 | 00:55:31.75 | 5:25   | 11.1 |
| 12   | DYNARSKA-LYCZAK IWONA   | 23  | KM TRUCHCIK ŁUBIANKA             |           | K30  |      | 12     | K 21 | 00:55:35.30 | 00:55:40.70 | 5:33   | 10.8 |
| 13   | SARNOWSKA KAROLINA      | 90  | WARSZAWA                         |           | K30  |      | 13     | K 22 | 00:55:03.85 | 00:55:59.70 | 5:30   | 10.9 |
| 14   | PITAS SABINA            | 78  | ZAPIERDALACZE.PL                 |           | K30  |      | 14     | K 23 | 00:56:20.55 | 00:56:34.00 | 5:38   | 10.6 |
| 15   | JAZEL MAŁGORZATA        | 36  | ASTERZENECA                      |           | K30  |      | 15     | K 24 | 00:56:25.20 | 00:57:03.35 | 5:38   | 10.6 |
| 16   | KUCIA BEATA             | 55  | WARSZAWA                         |           | K30  |      | 16     | K 27 | 00:57:29.35 | 00:57:43.35 | 5:44   | 10.4 |
| 17   | SŁUPEK-KUBAS AGNIESZKA  | 95  | BIEGUNKA TEAM                    |           | K30  |      | 17     | K 29 | 00:58:07.20 | 00:58:44.75 | 5:48   | 10.3 |
| 18   | PORĘBSKA DOROTA         | 82  | NOWA HUTA TEAM                   |           | K30  |      | 18     | K 31 | 00:58:43.30 | 00:59:02.45 | 5:52   | 10.2 |
| 19   | PIETYRA KAROLINA        | 76  | ŁOŻA SZYDERCÓW                   |           | K30  |      | 19     | K 35 | 00:58:50.90 | 00:59:35.90 | 5:53   | 10.2 |
| 20   | BALIŃSKA MARIA          | 2   | MAJDAN                           |           | K30  |      | 20     | K 38 | 00:59:54.30 | 01:00:35.25 | 5:59   | 10   |
| 21   | KRAJEWSKA JOANNA        | 50  | LEJDIS ORELEC                    |           | K30  |      | 21     | K 39 | 01:00:16.25 | 01:00:41.10 | 6:01   | 10   |
| 22   | TOMCZYK KAMILA          | 113 | WROCŁAW                          |           | K30  |      | 22     | K 45 | 01:01:12.15 | 01:01:31.55 | 6:07   | 9.8  |
| 23   | GOŁDA ANNA              | 28  | AŃCUT                            |           | K30  |      | 23     | K 46 | 01:00:24.10 | 01:01:32.70 | 6:02   | 9.9  |
| 24   | KLISZ AGNIESZKA         | 45  | LUBLIN                           |           | K30  |      | 24     | K 49 | 01:02:29.75 | 01:03:06.10 | 6:15   | 9.6  |
| 25   | MALINOWSKA ANNA         | 60  | WOŁOMIN                          |           | K30  |      | 25     | K 51 | 01:03:12.80 | 01:03:49.55 | 6:19   | 9.5  |
| 26   | SUWAŁA ANNA             | 101 | TREND GLASS RUNNING TEAM         |           | K30  |      | 26     | K 54 | 01:05:19.75 | 01:05:45.05 | 6:32   | 9.2  |
| 27   | WIERZBIŃSKA KAROLINA    | 123 | WARSZAWA                         |           | K30  |      | 27     | K 59 | 01:08:40.50 | 01:09:03.35 | 6:52   | 8.7  |
| 28   | WIERZBICKA BEATA        | 153 | KRAKÓW                           |           | K30  |      | 28     | K 65 | 01:08:50.15 | 01:09:55.00 | 6:53   | 8.7  |
| 29   | GABRIEL ALEKSANDRA      | 25  | KRAKÓW                           |           | K30  |      | 29     | K 66 | 01:10:11.70 | 01:10:30.05 | 7:01   | 8.5  |
| 30   | MERKLEJN WERONIKA       | 63  | PZU SPORT TEAM                   |           | K30  |      | 30     | K 67 | 01:10:05.85 | 01:10:38.65 | 7:00   | 8.6  |
| 31   | KLAŚ JUSTYNA            | 44  | NH TEAM                          |           | K30  |      | 31     | K 68 | 01:10:31.90 | 01:10:50.50 | 7:03   | 8.5  |
| 32   | SZUKAŁSKA-WALCZAK EWA   | 147 | PRUSZKÓW                         |           | K30  |      | 32     | K 73 | 01:12:43.95 | 01:13:22.65 | 7:16   | 8.2  |
| 33   | BOBELLA KASIA           | 9   | TRENDGLASS RUNNING TEAM          |           | K30  |      | 33     | K 76 | 01:21:26.70 | 01:21:48.15 | 8:08   | 7.4  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, M30**

| M-ce | Nazwisko i imię      | Nr  | Klub                            | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|---------------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | JÓZWIK PAWEŁ         | 137 | LUBLIN                          |           | M30  |      | 1      | M 1  | 00:39:31.60 | 00:39:36.25 | 3:57   | 15.2 |
| 2    | LIPA WOJCIECH        | 142 | RZESZÓW                         |           | M30  |      | 2      | M 3  | 00:43:48.70 | 00:44:03.35 | 4:22   | 13.7 |
| 3    | MUSIAŁOWSKI MARCIN   | 176 | 2REP USTRZYKI GÓRNE             |           | M30  |      | 3      | M 4  | 00:44:02.35 | 00:44:14.30 | 4:24   | 13.6 |
| 4    | LEWANDOWSKI RAFAŁ    | 56  |                                 |           | M30  |      | 4      | M 8  | 00:45:28.00 | 00:45:32.95 | 4:32   | 13.2 |
| 5    | RĄCZKA RAFAŁ         | 86  |                                 |           | M30  |      | 5      | M 11 | 00:45:24.85 | 00:46:26.40 | 4:32   | 13.2 |
| 6    | CZWERENKO WOJCIECH   | 18  | SANOK                           |           | M30  |      | 6      | M 13 | 00:46:37.85 | 00:47:10.60 | 4:39   | 12.9 |
| 7    | RYSZ TOMASZ          | 89  | SANOK                           |           | M30  |      | 7      | M 14 | 00:47:14.10 | 00:47:22.55 | 4:43   | 12.7 |
| 8    | KRAJEWSKI JAKUB      | 51  | SZAROTKA UHERCE                 |           | M30  |      | 8      | M 15 | 00:47:22.65 | 00:47:48.40 | 4:44   | 12.7 |
| 9    | WALOSZEK MARCIN      | 118 | PASZCZYNA                       |           | M30  |      | 9      | M 16 | 00:47:37.90 | 00:48:06.00 | 4:45   | 12.6 |
| 10   | URBAN MARCIN         | 171 | BOGUCHWAŁA                      |           | M30  |      | 10     | M 20 | 00:48:14.20 | 00:48:53.70 | 4:49   | 12.4 |
| 11   | BRENDZOWSKI ADAM     | 160 | SOLINA                          |           | M30  |      | 11     | M 23 | 00:49:47.85 | 00:49:57.60 | 4:58   | 12   |
| 12   | CZUCHNOWSKI MARCIN   | 161 | RZESZÓW                         |           | M30  |      | 12     | M 26 | 00:49:49.05 | 00:50:11.45 | 4:58   | 12   |
| 13   | BEDNARCZYK PAWEŁ     | 167 | SANOK                           |           | M30  |      | 13     | M 29 | 00:50:05.35 | 00:50:37.60 | 5:00   | 12   |
| 14   | ZYGADLEWICZ GRZEGORZ | 134 | BIEGAJĄCY ŚWIDNIK               |           | M30  |      | 14     | M 31 | 00:50:30.70 | 00:50:43.25 | 5:03   | 11.9 |
| 15   | WIECZOREK PAWEŁ      | 122 | TREND GLASS RUNNING TEAM        |           | M30  |      | 15     | M 34 | 00:50:28.65 | 00:51:00.55 | 5:02   | 11.9 |
| 16   | WINIARZ WITOLD       | 127 | PRZEMYSKI KLUB BIEGACZA         |           | M30  |      | 16     | M 35 | 00:51:27.15 | 00:51:56.85 | 5:08   | 11.7 |
| 17   | IGNASZAK UKASZ       | 35  | GRODZISK MAZOWIECKI             |           | M30  |      | 17     | M 36 | 00:51:08.75 | 00:52:03.65 | 5:06   | 11.7 |
| 18   | BAK TYMOTEUSZ        | 6   | GLIWICE                         |           | M30  |      | 18     | M 40 | 00:52:11.30 | 00:52:46.30 | 5:13   | 11.5 |
| 19   | HEC GRZEGORZ         | 169 | GŁOWIENKA                       |           | M30  |      | 19     | M 42 | 00:53:08.90 | 00:53:18.55 | 5:18   | 11.3 |
| 20   | BROŻYNA MARCIN       | 166 | SANOK                           |           | M30  |      | 20     | M 43 | 00:53:06.65 | 00:53:38.25 | 5:18   | 11.3 |
| 21   | WAŚOWICZ UKASZ       | 173 | TYCHY                           |           | M30  |      | 21     | M 44 | 00:53:25.60 | 00:53:40.75 | 5:20   | 11.2 |
| 22   | KRASOŃ JANUSZ        | 52  | RZESZOWSKI KLUB MORMA "SOPELEK" |           | M30  |      | 22     | M 46 | 00:52:45.60 | 00:53:51.05 | 5:16   | 11.4 |
| 23   | KACZMAREK NORBERT    | 40  | PRZEMYSŁ                        |           | M30  |      | 23     | M 54 | 00:55:46.25 | 00:56:15.35 | 5:34   | 10.8 |



**ZIMOWA BIESZCZADZKA DYCHA 2015, M30 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub                    | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|-------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 24   | GOLBA PRZEMEK        | 27  |                         |           | M30  |      | 24     | M 55 | 00:55:35.10 | 00:56:17.65 | 5:33   | 10.8 |
| 25   | KIERES MICHAŁ        | 140 | OLSZTYN                 |           | M30  |      | 25     | M 56 | 00:55:56.00 | 00:56:24.85 | 5:35   | 10.7 |
| 26   | GRZYŚKA PIOTR        | 32  | NIGHT RUNNERS ZABRZE    |           | M30  |      | 26     | M 59 | 00:56:40.00 | 00:57:13.60 | 5:40   | 10.6 |
| 27   | PISTL JACEK          | 151 | WROCLAW                 |           | M30  |      | 27     | M 60 | 00:56:22.30 | 00:57:33.05 | 5:38   | 10.6 |
| 28   | PANTERA WOJCIECH     | 73  | KRAKÓW                  |           | M30  |      | 28     | M 62 | 00:56:32.75 | 00:57:38.20 | 5:39   | 10.6 |
| 29   | NALEPA MARCIN        | 68  | NIGHT RUNNERS ZABRZE    |           | M30  |      | 29     | M 63 | 00:57:02.75 | 00:57:45.90 | 5:42   | 10.5 |
| 30   | WIETECHA PAWEŁ       | 124 | WARZYCE                 |           | M30  |      | 30     | M 64 | 00:56:57.75 | 00:58:01.45 | 5:41   | 10.5 |
| 31   | NIEDZIELA MICHAŁ     | 69  | JAROSŁAW                |           | M30  |      | 31     | M 65 | 00:57:14.95 | 00:58:27.15 | 5:43   | 10.5 |
| 32   | TUORA MICHAŁ         | 115 |                         |           | M30  |      | 32     | M 68 | 00:57:27.05 | 00:58:39.30 | 5:44   | 10.4 |
| 33   | DANILUK ANDRZEJ      | 19  | ZACISZE NIGHT RUNNERS   |           | M30  |      | 33     | M 71 | 00:59:06.00 | 00:59:06.00 | 5:54   | 10.2 |
| 34   | POŁOŻYŃSKI ANDRZEJ   | 81  | ZACISZE NIGHT RUNNERS   |           | M30  |      | 34     | M 72 | 00:59:10.35 | 00:59:10.35 | 5:55   | 10.1 |
| 35   | PRZYJEMSKI KRZYSZTOF | 85  | NOWA HUTA TEAM          |           | M30  |      | 35     | M 76 | 01:04:05.40 | 01:05:11.05 | 6:24   | 9.4  |
| 36   | SZANECKI MICHAŁ      | 102 | RZESZÓW                 |           | M30  |      | 36     | M 77 | 01:04:46.60 | 01:05:43.45 | 6:28   | 9.3  |
| 37   | PILCHOWSKI KONRAD    | 77  | BIEGACZA RTV EURO AGD   |           | M30  |      | 37     | M 80 | 01:07:19.35 | 01:08:40.30 | 6:44   | 8.9  |
| 38   | BOBELLA ERIK         | 8   | TRENDGLASS RUNNING TEAM |           | M30  |      | 38     | M 82 | 01:21:22.50 | 01:21:46.95 | 8:08   | 7.4  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, K40**

| M-ce | Nazwisko i imię               | Nr  | Klub                           | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-------------------------------|-----|--------------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | OLCHAWA JOANNA                | 138 | KRAKÓW                         |           | K40  |      | 1      | K 1  | 00:44:05.75 | 00:44:08.70 | 4:24   | 13.6 |
| 2    | DOMISZEWSKA MARIA             | 20  | USTRZYKI DOLNE                 |           | K40  |      | 2      | K 11 | 00:52:51.50 | 00:53:47.85 | 5:17   | 11.4 |
| 3    | WIDEREK KATARZYNA             | 145 | JÓZEFOSŁAW                     |           | K40  |      | 3      | K 14 | 00:53:42.45 | 00:53:58.50 | 5:22   | 11.2 |
| 4    | CZUBA MARZENA                 | 146 | WARSZAWA                       |           | K40  |      | 4      | K 18 | 00:53:58.10 | 00:54:50.05 | 5:23   | 11.1 |
| 5    | SZUSZKIEWICZ MARZENA          | 109 | WARSZAWA                       |           | K40  |      | 5      | K 19 | 00:54:56.75 | 00:55:10.45 | 5:29   | 10.9 |
| 6    | NOWOTARSKA ANITA              | 70  | USTRZYKI DOLNE                 |           | K40  |      | 6      | K 25 | 00:57:25.55 | 00:57:36.40 | 5:44   | 10.4 |
| 7    | SZYBIAK JOANNA                | 110 | AGONA WM                       |           | K40  |      | 7      | K 30 | 00:58:35.75 | 00:58:47.25 | 5:51   | 10.2 |
| 8    | SUJAK MAŁGORZATA              | 100 | SALON SPORTOWY "FANSPORT" S.C. |           | K40  |      | 8      | K 32 | 00:58:54.15 | 00:59:06.05 | 5:53   | 10.2 |
| 9    | MACHNIK-BRONCEL JOANNA        | 58  | TYCHY                          |           | K40  |      | 9      | K 34 | 00:59:03.85 | 00:59:20.35 | 5:54   | 10.2 |
| 10   | DZIĄG ANNA                    | 150 | WARSZAWA                       |           | K40  |      | 10     | K 41 | 00:59:54.20 | 01:00:54.45 | 5:59   | 10   |
| 11   | GEZELA JOANNA                 | 26  | RODZINA GEZELA                 |           | K40  |      | 11     | K 42 | 01:00:26.80 | 01:01:10.35 | 6:02   | 9.9  |
| 12   | RYŁKO MARIOLA                 | 88  | SOLINA                         |           | K40  |      | 12     | K 44 | 01:00:26.20 | 01:01:29.30 | 6:02   | 9.9  |
| 13   | KRYPCZYK KATARZYNA            | 168 | CHORZÓW                        |           | K40  |      | 13     | K 47 | 01:00:41.30 | 01:01:38.80 | 6:04   | 9.9  |
| 14   | MICKIEWICZ JOLANTA            | 64  | JGB "SOKÓŁ"                    |           | K40  |      | 14     | K 48 | 01:00:31.15 | 01:02:01.65 | 6:03   | 9.9  |
| 15   | JURA-SUKNAROWSKA MAŁGORZATA   | 158 | CHOCZNIA                       |           | K40  |      | 15     | K 50 | 01:02:40.05 | 01:03:24.95 | 6:16   | 9.6  |
| 16   | BEŁKOWSKA VEL KAMIŃSKA DOROTA | 7   |                                |           | K40  |      | 16     | K 53 | 01:04:58.55 | 01:05:04.65 | 6:29   | 9.2  |
| 17   | HYZIAK JOANNA                 | 34  | JJ.RUNNERS GORLICE             |           | K40  |      | 17     | K 55 | 01:05:43.55 | 01:05:54.40 | 6:34   | 9.1  |
| 18   | PLISZCZYŃSKA JUSTYNA          | 79  | LUBLIN                         |           | K40  |      | 18     | K 60 | 01:08:55.30 | 01:09:08.10 | 6:53   | 8.7  |
| 19   | SZOSTAK DOROTA                | 108 | LUBLIN                         |           | K40  |      | 19     | K 62 | 01:09:01.35 | 01:09:13.05 | 6:54   | 8.7  |
| 20   | ANTOSZ MONIKA                 | 1   | NORAFSPORT                     |           | K40  |      | 20     | K 71 | 01:11:26.60 | 01:12:42.15 | 7:08   | 8.4  |
| 21   | POLEWKA ANETA                 | 141 | DĄBRÓWKA STARZEŃSKA            |           | K40  |      | 21     | K 74 | 01:14:53.50 | 01:15:00.95 | 7:29   | 8    |

**ZIMOWA BIESZCZADZKA DYCHA 2015, M40**

| M-ce | Nazwisko i imię      | Nr  | Klub                 | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|----------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | SZYBISTY GRZEGOSZ    | 163 | WROCANKA             |           | M40  |      | 1      | M 12 | 00:47:04.30 | 00:47:08.05 | 4:42   | 12.7 |
| 2    | SZCZUR WIESŁAW       | 105 | NOWA DĘBA            |           | M40  |      | 2      | M 17 | 00:47:38.60 | 00:48:11.10 | 4:45   | 12.6 |
| 3    | WAJCOWICZ WITOLD     | 116 | SANOK                |           | M40  |      | 3      | M 19 | 00:48:26.80 | 00:48:35.70 | 4:50   | 12.4 |
| 4    | RUDNICKI TOMASZ      | 87  | BIEGUNKA TEAM POLSKA |           | M40  |      | 4      | M 21 | 00:48:37.05 | 00:49:17.45 | 4:51   | 12.3 |
| 5    | WOJTKIEWICZ JAROSŁAW | 130 | PODKOWA LEŚNA        |           | M40  |      | 5      | M 24 | 00:49:49.75 | 00:50:00.20 | 4:59   | 12   |
| 6    | BOŻĘTKA JÓZEF        | 11  | POLANA               |           | M40  |      | 6      | M 25 | 00:49:00.30 | 00:50:06.65 | 4:54   | 12.2 |
| 7    | ZDEB KRZYSZTOF       | 164 | WROCANKA             |           | M40  |      | 7      | M 27 | 00:50:12.30 | 00:50:15.55 | 5:01   | 12   |
| 8    | WRÓBEL BARTŁOMIEJ    | 135 | CISNA                |           | M40  |      | 8      | M 30 | 00:50:31.95 | 00:50:42.70 | 5:03   | 11.9 |
| 9    | BYKOWSKI ANDRZEJ     | 16  |                      |           | M40  |      | 9      | M 38 | 00:51:29.50 | 00:52:33.00 | 5:09   | 11.7 |
| 10   | WALICKI SEBASTIAN    | 117 | MORSY                |           | M40  |      | 10     | M 39 | 00:51:28.75 | 00:52:37.50 | 5:08   | 11.7 |

**ZIMOWA BIESZCZADZKA DYCHA 2015, M40 c.d.**

| M-ce | Nazwisko i imię      | Nr  | Klub            | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|-----------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 11   | RESZTYŁO GRZEGORZ    | 165 | AŃCUT           |           |      | M40  | 11     | M 47 | 00:53:42.05 | 00:53:54.75 | 5:22   | 11.2 |
| 12   | STEC SEBASTIAN       | 162 | WARSZAWA        |           |      | M40  | 12     | M 48 | 00:53:48.10 | 00:54:26.35 | 5:22   | 11.2 |
| 13   | WNEK BOGUMIŁ         | 172 | BOGUCHWAŁA      |           |      | M40  | 13     | M 49 | 00:54:15.95 | 00:54:27.10 | 5:25   | 11.1 |
| 14   | LOREK MAREK          | 57  | DĘBICA          |           |      | M40  | 14     | M 53 | 00:55:06.85 | 00:56:03.80 | 5:30   | 10.9 |
| 15   | GUCWA JAROSŁAW       | 33  | KRZYŻANOWICE    |           |      | M40  | 15     | M 57 | 00:56:29.10 | 00:56:45.75 | 5:38   | 10.6 |
| 16   | KOZŁOWSKI BARTŁOMIEJ | 175 | KIELCE          |           |      | M40  | 16     | M 58 | 00:56:20.40 | 00:57:04.00 | 5:38   | 10.6 |
| 17   | KORNIŁOW PIOTR       | 148 | WARSZAWA        |           |      | M40  | 17     | M 66 | 00:57:52.10 | 00:58:32.00 | 5:47   | 10.4 |
| 18   | KONIK JAROSŁAW       | 46  | BBL KRAKÓW      |           |      | M40  | 18     | M 70 | 00:57:33.60 | 00:58:49.45 | 5:45   | 10.4 |
| 19   | KĄLUCKI ADAM         | 42  | BBL KRAKÓW      |           |      | M40  | 19     | M 73 | 00:58:15.20 | 00:59:30.95 | 5:49   | 10.3 |
| 20   | PRASEK ARTUR         | 83  | ALFA STAR RADOM |           |      | M40  | 20     | M 75 | 01:01:12.35 | 01:01:31.40 | 6:07   | 9.8  |
| 21   | BOLANOWSKI PIOTR     | 139 | DOMARAC         |           |      | M40  | 21     | M 81 | 01:14:53.50 | 01:15:01.50 | 7:29   | 8    |
| 22   | MIRECKI JAN          | 65  | WARSZAWA        |           |      | M40  | 22     | M 84 | 01:30:04.55 | 01:31:19.10 | 9:00   | 6.7  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, K50**

| M-ce | Nazwisko i imię    | Nr  | Klub                               | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|--------------------|-----|------------------------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | WÓJCIK EWA         | 132 | KRAKÓW                             |           |      | K50  | 1      | K 5  | 00:50:41.30 | 00:51:08.55 | 5:04   | 11.8 |
| 2    | SMOLIŃSKA BEATA    | 154 | WARSZAWA                           |           |      | K50  | 2      | K 36 | 00:59:23.70 | 00:59:47.10 | 5:56   | 10.1 |
| 3    | MALEC BARBARA      | 59  | LUBLIN                             |           |      | K50  | 3      | K 52 | 01:04:03.85 | 01:04:38.80 | 6:24   | 9.4  |
| 4    | OBARSKA MAŁGORZATA | 71  |                                    |           |      | K50  | 4      | K 70 | 01:11:15.65 | 01:11:55.15 | 7:07   | 8.4  |
| 5    | STANISZEWSKA EWA   | 98  | BIEGAM BO LUBIĘ KRAKÓW, NORAFSPORT |           |      | K50  | 5      | K 72 | 01:11:58.80 | 01:13:15.00 | 7:11   | 8.3  |
| 6    | KALMUS GRAŻYNA     | 41  | BBL TORUŃ                          |           |      | K50  | 6      | K 75 | 01:14:24.05 | 01:15:40.60 | 7:26   | 8.1  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, M50**

| M-ce | Nazwisko i imię      | Nr  | Klub                | M-scowość | Kraj | Kat. | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|---------------------|-----------|------|------|--------|------|-------------|-------------|--------|------|
| 1    | POPAJEWSKI KRZYSZTOF | 159 | LUBLIN              |           |      | M50  | 1      | M 32 | 00:50:17.60 | 00:50:49.20 | 5:01   | 11.9 |
| 2    | DUDEK ARKADIUSZ      | 22  | 4 PORY ROKU BRZOZÓW |           |      | M50  | 2      | M 50 | 00:54:55.35 | 00:55:12.75 | 5:29   | 10.9 |
| 3    | SONDEJ WIESŁAW       | 185 | MORSY               |           |      | M50  | 3      | M 51 | 00:54:09.75 | 00:55:19.05 | 5:25   | 11.1 |
| 4    | SOT LUCJAN           | 155 | WETLINA             |           |      | M50  | 4      | M 83 | 01:29:49.80 | 01:31:03.15 | 8:59   | 6.7  |

**ZIMOWA BIESZCZADZKA DYCHA 2015, M60**

| M-ce | Nazwisko i imię | Nr  | Klub     | M-scowość | Kraj | Kat.      | M. kat | K/M  | Netto       | Brutto      | min/km | km/h |
|------|-----------------|-----|----------|-----------|------|-----------|--------|------|-------------|-------------|--------|------|
| 1    | SZEWC MARIAN    | 107 | BILGORAJ |           |      | MĘZCZYŹNI | 1      | M 67 | 00:58:17.00 | 00:58:37.25 | 5:49   | 10.3 |
| 2    | OLESIJUK ANTONI | 174 | LUBARTÓW |           |      | MĘZCZYŹNI | 2      | M 79 | 01:07:58.90 | 01:08:27.75 | 6:47   | 8.8  |