

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM**

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
 Data: 2022-12-31  
 Miejsce: Koszalin  
 Dystans: 5.1 km  
 Klasyfikacja wg czasów netto.

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, OPEN**

| M-ce | Nazwisko i imię        | Nr  | Klub                                      | M-scowość      | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|-------------------------------------------|----------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | PYSHNIAK KOSTIANTYN    | 234 |                                           |                | UKR  | M18  | 1      | M 1  | 00:05:08 | 00:10:31 | 00:16:03.00 | 3:08   | 19.1 |
| 2    | PROWANCKI PATRYK       | 318 | WILKI POMORSKI                            | KOSZALIN       | POL  | M18  | 2      | M 2  | 00:05:12 | 00:11:07 | 00:17:09.75 | 3:21   | 17.8 |
| 3    | RYBARCZYK JAN          | 168 | ŻYJ Z ENERGIĄ                             | DARŁOWO        | POL  | M50  | 1      | M 3  | 00:05:26 | 00:11:22 | 00:17:21.60 | 3:24   | 17.6 |
| 4    | KĘPKA ADRIAN           | 88  |                                           | WIEKOWO        | POL  | M18  | 3      | M 4  | 00:05:29 | 00:11:31 | 00:17:35.25 | 3:26   | 17.4 |
| 5    | KOZAK ARKADIUSZ        | 98  | TKKF KOSZALIN                             | BONIN          | POL  | M50  | 2      | M 5  | 00:05:28 | 00:11:37 | 00:17:52.25 | 3:30   | 17.1 |
| 6    | MIERZLIKIN NATALIA     | 128 |                                           | WARSZAWA       | POL  | K30  | 1      | K 1  | 00:05:41 | 00:11:50 | 00:17:57.05 | 3:31   | 17   |
| 7    | WOJTKIEWICZ MATEUSZ    | 215 | KB 10 BIAŁOGARD                           | BIAŁOGARD      | POL  | M18  | 4      | M 6  | 00:05:36 | 00:11:57 | 00:18:07.15 | 3:33   | 16.9 |
| 8    | GUZOWSKI DARIUSZ       | 59  | TALEX BORZYTUCHOM                         | CETYŃ          | POL  | M50  | 3      | M 7  | 00:05:40 | 00:11:58 | 00:18:08.85 | 3:33   | 16.9 |
| 9    | RODZIOCH DANIEL        | 162 |                                           | WARSZAWA       | POL  | M30  | 1      | M 8  | 00:05:42 | 00:11:58 | 00:18:10.35 | 3:33   | 16.8 |
| 10   | MAKOWSKI MAREK         | 117 |                                           | CHOCIWEL       | POL  | M18  | 5      | M 9  | 00:05:25 | 00:11:31 | 00:18:32.70 | 3:38   | 16.5 |
| 11   | MICHAŁOWSKI PIOTR      | 127 |                                           | PRZECHELEWO    | POL  | M30  | 2      | M 10 | 00:05:45 | 00:12:12 | 00:18:35.00 | 3:38   | 16.5 |
| 12   | ORZECHOWSKI KAMIL      | 141 | TKKF KOSZALIN                             | KOSZALIN       | POL  | M30  | 3      | M 11 | 00:06:06 | 00:12:41 | 00:18:47.45 | 3:40   | 16.3 |
| 13   | RUDNIKOWSKI MACIEJ     | 165 | DARŁOWSKIE CHARTY /<br>BIEGUZDROWISKOWYPL | DARŁOWO        | POL  | M40  | 1      | M 12 | 00:05:51 | 00:12:24 | 00:18:47.80 | 3:40   | 16.3 |
| 14   | PICK TOMASZ            | 152 | BIEGOLAS / KORONA                         | KOSZALIN       | POL  | M50  | 4      | M 13 | 00:06:00 | 00:12:33 | 00:18:51.35 | 3:41   | 16.2 |
| 15   | CYRULEWSKI RAFAŁ       | 32  |                                           | GUTOWO MAŁE    | POL  | M50  | 5      | M 14 | 00:06:00 | 00:12:27 | 00:18:56.05 | 3:42   | 16.2 |
| 16   | WITKIEWICZ ERYK        | 213 |                                           | BIAŁOGARD      | POL  | M40  | 2      | M 15 | 00:05:56 | 00:12:32 | 00:18:57.00 | 3:42   | 16.1 |
| 17   | WALEŃSKI MICHAŁ        | 204 | TKKF KOSZALIN                             | SKIBIENKO      | POL  | M40  | 3      | M 16 | 00:06:00 | 00:12:33 | 00:18:59.60 | 3:43   | 16.1 |
| 18   | NEJMAN JERZY           | 133 |                                           | KOSZALIN       | POL  | M30  | 4      | M 17 | 00:05:45 | 00:12:15 | 00:19:02.90 | 3:43   | 16.1 |
| 19   | FOLTYNIEWICZ HANNA     | 49  | 7PRO TEAM/LITWIN TRIATHLON ELITE          | SZCZECINEK     | POL  | K14  | 1      | K 2  | 00:06:05 | 00:12:37 | 00:19:03.85 | 3:44   | 16.1 |
| 20   | FEDORCZAK ŁUKASZ       | 45  | BIEGOLAS KOSZALIN                         | KONIKOWO       | POL  | M30  | 5      | M 18 | 00:06:01 | 00:12:33 | 00:19:06.30 | 3:44   | 16   |
| 21   | SOBKO MAKSYMILIAN      | 181 |                                           | MIELNO         | POL  | M14  | 1      | M 19 | 00:05:47 | 00:12:26 | 00:19:12.05 | 3:45   | 15.9 |
| 22   | KLIMOWICZ MICHAŁ       | 92  |                                           | KOSZALIN       | POL  | M30  | 6      | M 20 | 00:05:58 | 00:12:34 | 00:19:15.30 | 3:46   | 15.9 |
| 23   | SMAGOWSKI WOJTEK       | 179 | OSP RABINO                                | RABINO         | POL  | M40  | 4      | M 21 | 00:06:04 | 00:12:46 | 00:19:26.80 | 3:48   | 15.7 |
| 24   | BLOCH RADOSŁAW         | 15  | WITKOWSKI RUNNING TEAM                    | DOBROWO        | POL  | M18  | 6      | M 22 | 00:06:21 | 00:13:10 | 00:19:37.35 | 3:50   | 15.6 |
| 25   | MIKODA GRZEGORZ        | 129 |                                           | BIAŁOGARD      | POL  | M40  | 5      | M 23 | 00:06:07 | 00:12:52 | 00:19:46.00 | 3:52   | 15.5 |
| 26   | SZOPIŃSKI TOMASZ       | 191 |                                           | NACMIERZ       | POL  | M30  | 7      | M 24 | 00:06:00 | 00:12:48 | 00:19:48.60 | 3:52   | 15.5 |
| 27   | KALETA SEBASTIAN       | 79  |                                           | KOSZALIN       | POL  | M40  | 6      | M 25 | 00:06:10 | 00:13:07 | 00:20:04.85 | 3:56   | 15.2 |
| 28   | ZWOLIŃSKI JAN          | 228 | TKKF KOSZALIN                             | WIERCISZEWO    | POL  | M50  | 6      | M 26 | 00:06:08 | 00:13:08 | 00:20:05.00 | 3:56   | 15.2 |
| 29   | TLUSTEK ŁUKASZ         | 198 | KB BRYZA POSTOMINO                        | RUSINOWO       | POL  | M30  | 8      | M 27 | 00:06:12 | 00:13:09 | 00:20:08.00 | 3:56   | 15.2 |
| 30   | WILK DANIEL            | 212 | WILK I ZAJĄC                              | KRZYŻ WLKP     | POL  | M50  | 7      | M 27 | 00:06:05 | 00:13:06 | 00:20:08.00 | 3:56   | 15.2 |
| 31   | WICHER KRZYSZTOF       | 211 | ADWOKATURA                                | KOSZALIN       | POL  | M40  | 7      | M 29 | 00:06:11 | 00:13:10 | 00:20:08.80 | 3:56   | 15.2 |
| 32   | BARAN KRZYSZTOF        | 7   |                                           | ZŁOCENIEC      | POL  | M30  | 9      | M 30 | 00:06:06 | 00:13:04 | 00:20:18.85 | 3:58   | 15.1 |
| 33   | KOZIEŁ PAWEŁ           | 99  |                                           | RABINO         | POL  | M40  | 8      | M 31 | 00:06:17 | 00:13:22 | 00:20:20.75 | 3:59   | 15   |
| 34   | SZNYTER HUBERT         | 190 |                                           | POLANÓW        | POL  | M18  | 7      | M 32 | 00:06:22 | 00:13:18 | 00:20:23.00 | 3:59   | 15   |
| 35   | WENT JAKUB             | 207 |                                           | LEBA           | POL  | M40  | 9      | M 33 | 00:05:30 | 00:12:14 | 00:20:37.20 | 4:02   | 14.8 |
| 36   | HISZCZYŃSKA ALEKSANDRA | 65  | SPORT GENERATION                          | KOSZALIN       | POL  | K18  | 1      | K 3  | 00:06:21 | 00:13:25 | 00:20:42.90 | 4:03   | 14.8 |
| 37   | BARTHA ADRIAN          | 9   |                                           | KOŁOBRZEG      | POL  | M30  | 10     | M 34 | 00:06:15 | 00:13:29 | 00:20:47.75 | 4:04   | 14.7 |
| 38   | PEKAŁA MIKOŁAJ         | 151 |                                           | KOSZALIN       | POL  | M18  | 8      | M 35 | 00:06:50 | 00:14:06 | 00:21:08.05 | 4:08   | 14.5 |
| 39   | MOSZYŃSKI JACEK        | 132 | TKKF KOSZALIN                             | SIANÓW         | POL  | M50  | 8      | M 36 | 00:06:35 | 00:13:57 | 00:21:10.95 | 4:09   | 14.5 |
| 40   | KISIELEWICZ KRZYSZTOF  | 90  | KORZYBSKIE REKINY                         | KORZYBIE       | POL  | M30  | 11     | M 37 | 00:06:53 | 00:14:10 | 00:21:23.65 | 4:11   | 14.3 |
| 41   | KRACZKOWSKI PRZEMYSŁAW | 101 |                                           | KOSZALIN       | POL  | M40  | 10     | M 38 | 00:06:38 | 00:13:58 | 00:21:27.95 | 4:12   | 14.3 |
| 42   | WRZESZCZ BARTOSZ       | 224 |                                           | BROKĘCINO      | POL  | M18  | 9      | M 39 | 00:06:36 | 00:14:01 | 00:21:31.00 | 4:13   | 14.2 |
| 43   | MAZUREK MARCIN         | 124 |                                           | WARSZAWA       | POL  | M40  | 11     | M 40 | 00:06:44 | 00:14:15 | 00:21:33.90 | 4:13   | 14.2 |
| 44   | GAWĘDA EMIL            | 51  | DARŁOWSKIE CHARTY/KĘPKA NA TRASIE         | STARY JAROSŁAW | POL  | M30  | 12     | M 41 | 00:06:48 | 00:14:15 | 00:21:34.15 | 4:13   | 14.2 |
| 45   | HAŁKA JUSTYNA          | 61  |                                           | ŁOBEZ          | POL  | K40  | 1      | K 4  | 00:06:40 | 00:14:07 | 00:21:36.05 | 4:14   | 14.2 |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, OPEN c.d.

| M-ce | Nazwisko i imię            | Nr  | Klub                      | M-scowość        | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|----------------------------|-----|---------------------------|------------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 46   | SAWIŃSKI JACEK             | 171 |                           | KOSZALIN         | POL  | M40  | 12     | M 42 | 00:06:42 | 00:14:09 | 00:21:37.60 | 4:14   | 14.2 |
| 47   | KLUCZEWSKA EMILIA          | 93  | RUNASTYCZNI TEAM BYTÓW    | BYTÓW            | POL  | K30  | 2      | K 5  | 00:06:49 | 00:14:17 | 00:21:41.25 | 4:15   | 14.1 |
| 48   | KRUK MARCIN                | 102 | TKKF MASTERS KOSZALIN     | KOSZALIN         | POL  | M40  | 13     | M 43 | 00:06:33 | 00:14:06 | 00:21:51.85 | 4:17   | 14   |
| 49   | LIPIŃSKI SEBASTIAN         | 111 | ZDARTE PODESZWY           | BIAŁOGARD        | POL  | M30  | 13     | M 44 | 00:06:46 | 00:14:18 | 00:21:56.75 | 4:18   | 14   |
| 50   | ŁUKAWSKI MARIUSZ           | 115 | JW 1223                   | CHALUPY          | POL  | M30  | 14     | M 45 | 00:06:32 | 00:14:16 | 00:22:02.35 | 4:19   | 13.9 |
| 51   | PODŁYŚKA TADEUSZ           | 157 | ZASAPANI HYDRO            | TRZCIANKA        | POL  | M40  | 14     | M 46 | 00:06:57 | 00:14:33 | 00:22:05.90 | 4:19   | 13.9 |
| 52   | IWANIEC DARIUSZ            | 69  | TKKF KOSZALIN             | SIERAKOWO        | POL  | M40  | 15     | M 47 | 00:06:43 | 00:14:24 | 00:22:08.30 | 4:20   | 13.8 |
| 53   | ZUKAL PIOTR                | 227 | 7PRO SIÓDZIAK TEAM        | KOSZALIN         | POL  | M40  | 16     | M 48 | 00:07:08 | 00:14:46 | 00:22:10.65 | 4:20   | 13.8 |
| 54   | SŁUPCZEWSKI KRZYSZTOF      | 177 | SDROG KOSZALIN            | SIAŃÓW           | POL  | M40  | 17     | M 49 | 00:07:13 | 00:14:58 | 00:22:23.65 | 4:23   | 13.7 |
| 55   | PŁOSKI KRZYSZTOF           | 156 | DOM RYBAKA BOBOLIN        | BOBOLIN          | POL  | M40  | 18     | M 50 | 00:07:19 | 00:14:55 | 00:22:27.60 | 4:24   | 13.6 |
| 56   | KRUPIŃSKI KRZYSZTOF        | 104 | E-UROLOG.EU               | KOSZALIN         | POL  | M50  | 9      | M 51 | 00:07:01 | 00:14:46 | 00:22:28.90 | 4:24   | 13.6 |
| 57   | MOKRZYCKI MICHAŁ           | 130 |                           | KOSZALIN         | POL  | M18  | 10     | M 52 | 00:07:09 | 00:15:09 | 00:22:36.25 | 4:25   | 13.5 |
| 58   | BOREJKO ŁUKASZ             | 21  |                           | KOSZALIN         | POL  | M30  | 15     | M 53 | 00:07:44 | 00:15:47 | 00:22:37.20 | 4:26   | 13.5 |
| 59   | BARUTOWICZ GRZEGORZ        | 12  |                           | KOSZALIN         | POL  | M40  | 19     | M 54 | 00:07:01 | 00:14:45 | 00:22:50.50 | 4:28   | 13.4 |
| 60   | MAZUR EMILIUSZ             | 123 |                           | DARŁOWO          | POL  | M40  | 20     | M 55 | 00:06:55 | 00:14:51 | 00:22:55.35 | 4:29   | 13.4 |
| 61   | DĄBROWSKA ALICJA           | 35  | TKKF KOSZALIN             | SIAŃÓW           | POL  | K50  | 1      | K 6  | 00:07:13 | 00:15:13 | 00:22:58.40 | 4:30   | 13.3 |
| 62   | CZERNAK GRACJAN            | 33  |                           | KOSZALIN         | POL  | M40  | 21     | M 56 | 00:07:13 | 00:15:11 | 00:22:59.35 | 4:30   | 13.3 |
| 63   | CHUDY HENRYK               | 27  | K SOLSZEWSKI I SYNOWIE    | SŁAWSKO          | POL  | M60  | 1      | M 57 | 00:07:02 | 00:14:58 | 00:23:05.05 | 4:31   | 13.3 |
| 64   | BRZEZIŃSKI PAWEŁ           | 22  | IRON DAD                  | KOSZALIN         | POL  | M40  | 22     | M 58 | 00:07:14 | 00:15:23 | 00:23:15.75 | 4:33   | 13.2 |
| 65   | PEKAŁA PIOTR               | 150 | SOSW KOSZALIN             | KOSZALIN         | POL  | M50  | 10     | M 59 | 00:07:22 | 00:15:26 | 00:23:16.65 | 4:33   | 13.2 |
| 66   | MAZIEC BEATA               | 122 | BIEGOLAS / TKKF KOSZALIN  | KOSZALIN         | POL  | K30  | 3      | K 7  | 00:07:33 | 00:15:31 | 00:23:18.15 | 4:34   | 13.1 |
| 67   | ADASZYŃSKI WIESŁAW         | 2   | BIEGOLAS KOSZALIN         | BOBOLICE         | POL  | M50  | 11     | M 60 | 00:06:59 | 00:15:10 | 00:23:27.45 | 4:35   | 13   |
| 68   | NOSAL MARIUSZ              | 134 |                           | SZCZECINEK       | POL  | M40  | 23     | M 61 | 00:07:25 | 00:15:32 | 00:23:29.50 | 4:36   | 13   |
| 69   | BOJANOWSKI MICHAŁ          | 20  | KOŁOBRZESKI KLUB MORSÓW   | KOŁOBRZEG        | POL  | M40  | 24     | M 62 | 00:07:15 | 00:15:18 | 00:23:35.70 | 4:37   | 13   |
| 70   | ŚNIEŻKO MARCIN             | 196 |                           | KOSZALIN         | POL  | M30  | 16     | M 63 | 00:07:23 | 00:15:35 | 00:23:37.25 | 4:37   | 13   |
| 71   | MICERSKI TOMASZ            | 126 | TKKF KOSZALIN             | KOSZALIN         | POL  | M40  | 25     | M 64 | 00:07:31 | 00:15:41 | 00:23:38.05 | 4:38   | 12.9 |
| 72   | OWCZARZ MARCIN             | 142 | FIGA PRACOWNIA PROJEKTOWA | BIAŁOGARD        | POL  | M30  | 17     | M 65 | 00:07:18 | 00:15:32 | 00:23:38.90 | 4:38   | 12.9 |
| 73   | KALINOWSKI KRZYSZTOF       | 240 |                           | KOSZALIN         | POL  | M40  | 26     | M 66 | 00:06:54 | 00:14:59 | 00:23:43.65 | 4:39   | 12.9 |
| 74   | CHUDZIK ZBIGNIEW           | 28  | TKKF KOSZALIN             | STARE BIELICE    | POL  | M60  | 2      | M 67 | 00:07:32 | 00:15:43 | 00:23:46.60 | 4:39   | 12.9 |
| 75   | HOREGLAD PAWEŁ             | 68  | SPEEDY GONZALES           | KOSZALIN         | POL  | M18  | 11     | M 68 | 00:07:25 | 00:15:48 | 00:23:52.25 | 4:40   | 12.8 |
| 76   | LUBLEWSKI DAWID            | 112 | MARNI BIEGACZE            | KOSZALIN         | POL  | M30  | 18     | M 69 | 00:07:45 | 00:15:53 | 00:23:55.60 | 4:41   | 12.8 |
| 77   | MAZUR MIROSŁAW             | 238 | TKKF KOSZALIN             | KOSZALIN         | POL  | M50  | 12     | M 70 | 00:07:34 | 00:15:50 | 00:23:56.80 | 4:41   | 12.8 |
| 78   | SKOWYRSKI JANUSZ           | 175 | TKKF KOSZALIN             | STARE BIELICE    | POL  | M60  | 3      | M 71 | 00:07:30 | 00:15:43 | 00:24:02.50 | 4:42   | 12.7 |
| 79   | ZACHARSKI JERZY            | 226 | FABRYKA NORDICA TRZCIANKA | TRZCIANKA        | POL  | M60  | 4      | M 72 | 00:07:21 | 00:15:44 | 00:24:03.85 | 4:42   | 12.7 |
| 80   | KISIELIŃSKI IGOR           | 91  |                           | KOSZALIN         | POL  | M50  | 13     | M 73 | 00:07:37 | 00:15:55 | 00:24:04.95 | 4:43   | 12.7 |
| 81   | DIDŁUCH JACEK              | 37  | KARLINOBIEGAJ             | POBŁOCIE WIELKIE | POL  | M40  | 27     | M 74 | 00:07:44 | 00:15:54 | 00:24:05.55 | 4:43   | 12.7 |
| 82   | BOGACKI TOMASZ             | 19  | TKKF KOSZALIN             | KOSZALIN         | POL  | M60  | 5      | M 75 | 00:07:37 | 00:15:56 | 00:24:07.80 | 4:43   | 12.7 |
| 83   | SUDER-MAKSYMOWICZ GRZEGORZ | 187 | :-)                       | USTRONIE MORSKIE | POL  | M40  | 28     | M 76 | 00:07:15 | 00:15:39 | 00:24:08.85 | 4:43   | 12.7 |
| 84   | SCHWARZ LUDWIK             | 233 |                           | KOSZALIN         | POL  | M50  | 14     | M 77 | 00:07:36 | 00:15:57 | 00:24:16.05 | 4:45   | 12.6 |
| 85   | SZULTKA MARIUSZ            | 193 |                           | KOSZALIN         | POL  | M30  | 19     | M 78 | 00:07:38 | 00:16:02 | 00:24:19.15 | 4:46   | 12.6 |
| 86   | DĄBROWSKI GRZEGORZ         | 36  |                           | KOSZALIN         | POL  | M40  | 29     | M 79 | 00:07:50 | 00:16:08 | 00:24:19.60 | 4:46   | 12.6 |
| 87   | BODO RAFAŁ                 | 17  | ZOZKOSZ KOSZALIN          | KOSZALIN         | POL  | M40  | 30     | M 80 | 00:07:39 | 00:16:03 | 00:24:20.75 | 4:46   | 12.6 |
| 88   | BARTHA TOMASZ              | 10  |                           | KOŁOBRZEG        | POL  | M14  | 2      | M 81 | 00:07:32 | 00:16:13 | 00:24:25.00 | 4:47   | 12.5 |
| 89   | STRZELECKI GRZEGORZ        | 185 | FIGA PRACOWNIA PROJEKTOWA | BIAŁOGARD        | POL  | M40  | 31     | M 82 | 00:07:19 | 00:15:53 | 00:24:27.65 | 4:47   | 12.5 |
| 90   | SARBIEWSKI PRZEMYSŁAW      | 170 |                           | TRZEBIATÓW       | POL  | M40  | 32     | M 83 | 00:08:08 | 00:16:34 | 00:24:33.25 | 4:48   | 12.5 |
| 91   | PAWŁOWSKI GRZEGORZ         | 148 | GAMMAX                    | MIELNO           | POL  | M40  | 33     | M 84 | 00:07:47 | 00:16:29 | 00:24:35.60 | 4:49   | 12.4 |
| 92   | RYBAK PRZEMYSŁAW           | 167 |                           | KOSZALIN         | POL  | M40  | 34     | M 85 | 00:07:56 | 00:16:29 | 00:24:38.55 | 4:49   | 12.4 |
| 93   | FEDORCZAK JOANNA           | 46  | BIEGOLAS KOSZALIN         | ŚWIESZYNO        | POL  | K40  | 2      | K 8  | 00:07:38 | 00:16:16 | 00:24:40.50 | 4:50   | 12.4 |
| 94   | BURKIET PAWEŁ              | 23  |                           | KOSZALIN         | POL  | M40  | 35     | M 86 | 00:07:42 | 00:16:14 | 00:24:41.75 | 4:50   | 12.4 |
| 95   | KRUPIŃSKA BEATA            | 103 | E-UROLOG.EU               | KOSZALIN         | POL  | K50  | 2      | K 9  | 00:07:42 | 00:16:18 | 00:24:49.20 | 4:51   | 12.3 |
| 96   | DRABKOWSKA AGNIESZKA       | 40  | CUDAKI♥                   | BIAŁOGARD        | POL  | K40  | 3      | K 10 | 00:07:36 | 00:16:08 | 00:24:49.35 | 4:51   | 12.3 |
| 97   | ORLIKOWSKI ROBERT          | 139 | POŁCZYN BIEGA♥            | POŁCZYN ZDRÓJ    | POL  | M30  | 20     | M 87 | 00:07:36 | 00:16:07 | 00:24:49.75 | 4:51   | 12.3 |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, OPEN c.d.**

| M-ce | Nazwisko i imię            | Nr  | Klub                     | M-scowość              | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|----------------------------|-----|--------------------------|------------------------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 98   | FIGARSKI LESZEK            | 47  |                          | KOSZALIN               | POL  | M30  | 21     | M 88  | 00:07:15 | 00:15:53 | 00:24:55.65 | 4:53   | 12.3 |
| 99   | KASPRZYK BOGDAN            | 84  |                          | MŚCICE                 | POL  | M40  | 36     | M 89  | 00:07:53 | 00:16:33 | 00:25:01.15 | 4:54   | 12.2 |
| 100  | ANGRYŚ MACIEJ              | 3   | FUNDACJA ZASTOPIJ        | SIANÓW                 | POL  | M30  | 22     | M 90  | 00:08:08 | 00:16:50 | 00:25:06.50 | 4:55   | 12.2 |
| 101  | WALCZAK ANNA               | 203 |                          | MAŁECHÓWKO             | POL  | K30  | 4      | K 11  | 00:07:51 | 00:16:25 | 00:25:09.65 | 4:55   | 12.2 |
| 102  | WALCZAK RAFAŁ              | 202 |                          | KOSZALIN               | POL  | M40  | 37     | M 91  | 00:07:12 | 00:16:05 | 00:25:11.20 | 4:56   | 12.2 |
| 103  | RYBAK DARIA                | 166 |                          | KOSZALIN               | POL  | K40  | 4      | K 12  | 00:08:11 | 00:17:11 | 00:25:14.50 | 4:56   | 12.1 |
| 104  | JASIEŃIECKI PIOTR          | 75  |                          | KOSZALIN               | POL  | M50  | 15     | M 92  | 00:08:17 | 00:16:59 | 00:25:14.50 | 4:56   | 12.1 |
| 105  | GIEDROWICZ ALEKSANDRA      | 239 |                          | KOSZALIN               | POL  | K30  | 5      | K 13  | 00:07:19 | 00:16:00 | 00:25:15.00 | 4:57   | 12.1 |
| 106  | FLIS ANNA                  | 48  |                          | KRETOMINO              | POL  | K30  | 6      | K 14  | 00:08:18 | 00:16:36 | 00:25:16.00 | 4:57   | 12.1 |
| 107  | BUTRYM WIKTOR              | 25  | BĄŁTYK KOSZALIN          | KOSZALIN               | POL  | M40  | 38     | M 93  | 00:07:43 | 00:16:25 | 00:25:17.95 | 4:57   | 12.1 |
| 108  | DRULIK-HOŁUB MARTA         | 42  |                          | KOSZALIN               | POL  | K40  | 5      | K 15  | 00:07:59 | 00:16:44 | 00:25:24.90 | 4:58   | 12   |
| 109  | MENDELSKI LUKASZ           | 125 |                          | KOSZALIN               | POL  | M30  | 23     | M 94  | 00:06:45 | 00:12:54 | 00:25:25.00 | 4:59   | 12   |
| 110  | ZAREMBA TOMASZ             | 231 |                          | KOSZALIN               | POL  | M30  | 24     | M 95  | 00:08:09 | 00:17:03 | 00:25:27.95 | 4:59   | 12   |
| 111  | ORŁOWSKI PAWEŁ             | 140 |                          | SIANÓW                 | POL  | M40  | 39     | M 96  | 00:08:05 | 00:16:47 | 00:25:29.10 | 4:59   | 12   |
| 112  | WĄSOWICZ ANNA              | 206 |                          | KOŁOBRZEG/STRAMNICA 29 | POL  | K40  | 6      | K 16  | 00:07:48 | 00:16:37 | 00:25:29.30 | 4:59   | 12   |
| 113  | GRABAREK EWELINA           | 53  |                          | WIERCISZEWO            | POL  | K30  | 7      | K 17  | 00:07:54 | 00:16:42 | 00:25:29.80 | 4:59   | 12   |
| 114  | KANIEWSKI JACEK            | 82  | W. P. K. SŁON TEAM USTKA | SŁAWNO                 | POL  | M40  | 40     | M 97  | 00:07:52 | 00:16:34 | 00:25:30.10 | 5:00   | 12   |
| 115  | KUBIAK KATARZYNA           | 106 |                          | GNIEZNO                | POL  | K40  | 7      | K 18  | 00:08:10 | 00:16:57 | 00:25:32.30 | 5:00   | 12   |
| 116  | ANTKOWIAK SEBASTIAN        | 4   | DB - ACTIVE              | KOSZALIN               | POL  | M40  | 41     | M 98  | 00:07:26 | 00:16:21 | 00:25:34.75 | 5:00   | 12   |
| 117  | MONGIAŁO MARCIN            | 131 |                          | KOSZALIN               | POL  | M40  | 42     | M 99  | 00:08:07 | 00:17:01 | 00:25:39.85 | 5:01   | 11.9 |
| 118  | KINOWSKI KAROL             | 89  | CHURUP, CHURUP...        | KOSZALIN               | POL  | M40  | 43     | M 100 | 00:08:21 | 00:17:16 | 00:25:44.85 | 5:02   | 11.9 |
| 119  | PANASZEWSKI PRZEMYSŁAW     | 143 |                          | KOSZALIN               | POL  | M30  | 25     | M 101 | 00:07:57 | 00:16:54 | 00:25:46.85 | 5:03   | 11.9 |
| 120  | RETORSKI DAMIAN            | 161 |                          | SKWIERZYŃKA            | POL  | M18  | 12     | M 102 | 00:07:48 | 00:16:50 | 00:25:47.25 | 5:03   | 11.9 |
| 121  | RADZIMSKI MARCEL           | 160 |                          | ŚWIEMINO               | POL  | M18  | 13     | M 103 | 00:07:01 | 00:16:07 | 00:25:49.15 | 5:03   | 11.9 |
| 122  | GUDANIEC KATARZYNA         | 56  | TKKF TRIATHLON KOSZALIN  | KOSZALIN KRETOMINO     | POL  | K30  | 8      | K 19  | 00:08:33 | 00:17:35 | 00:25:50.50 | 5:03   | 11.8 |
| 123  | GRABOWSKA-LESISZ ANETA     | 54  |                          | KOSZALIN               | POL  | K40  | 8      | K 20  | 00:07:50 | 00:16:56 | 00:25:51.40 | 5:04   | 11.8 |
| 124  | ORŁOWSKI BARTOSZ           | 34  | 51050942                 | KOSZALIN               | POL  | M40  | 44     | M 104 | 00:07:51 | 00:16:57 | 00:25:52.70 | 5:04   | 11.8 |
| 125  | BOGACKA LUCYNA             | 18  | TKKF KOSZALIN            | KOSZALIN               | POL  | K60+ | 1      | K 21  | 00:08:10 | 00:16:58 | 00:25:54.15 | 5:04   | 11.8 |
| 126  | KOLIGAT ANNA               | 95  |                          | KOSZALIN               | POL  | K40  | 9      | K 22  | 00:08:17 | 00:17:06 | 00:25:56.65 | 5:05   | 11.8 |
| 127  | NOSAL MARTYNA              | 135 | KS PENTATHLON SZCZECINEK | SZCZECINEK             | POL  | K14  | 2      | K 23  | 00:07:55 | 00:17:03 | 00:25:56.75 | 5:05   | 11.8 |
| 128  | MANDZIAK PIOTR             | 316 |                          | KOSZALIN               | POL  | M30  | 26     | M 105 | 00:08:16 | 00:17:27 | 00:26:03.70 | 5:06   | 11.7 |
| 129  | ZUCHELKOWSKI HENRYK        | 230 | NEPTUN KOŁOBRZEG         | KOŁOBRZEG              | POL  | M30  | 27     | M 106 | 00:08:14 | 00:17:18 | 00:26:11.00 | 5:08   | 11.7 |
| 130  | KARASIEWICZ ROBERT         | 83  |                          | KOSZALIN               | POL  | M40  | 45     | M 107 | 00:08:04 | 00:17:01 | 00:26:19.85 | 5:09   | 11.6 |
| 131  | PAWŁOWSKA MAGDALENA        | 147 | GAMMAX                   | MIELNO                 | POL  | K40  | 10     | K 24  | 00:08:11 | 00:17:12 | 00:26:23.50 | 5:10   | 11.6 |
| 132  | KOZŁOWIECKI WALDEMAR       | 100 | TKKF KOSZALIN            | KOSZALIN               | POL  | M70+ | 1      | M 108 | 00:08:16 | 00:17:19 | 00:26:23.70 | 5:10   | 11.6 |
| 133  | LEWKOWICZ KAROL            | 232 |                          | KOSZALIN               | POL  | M30  | 28     | M 109 | 00:08:02 | 00:17:10 | 00:26:28.25 | 5:11   | 11.6 |
| 134  | MAJEWSKI KAMIL             | 116 |                          | GDAŃSK                 | POL  | M30  | 29     | M 110 | 00:08:03 | 00:17:13 | 00:26:28.40 | 5:11   | 11.6 |
| 135  | MALINOWSKA MAŁGORZATA      | 118 |                          | ŚWIDWIN                | POL  | K60+ | 2      | K 25  | 00:08:40 | 00:17:44 | 00:26:33.50 | 5:12   | 11.5 |
| 136  | JĘDRZEJCZYK FRANCISZEK     | 77  |                          | TRZEBIATÓW             | POL  | M50  | 16     | M 111 | 00:08:34 | 00:17:36 | 00:26:35.00 | 5:12   | 11.5 |
| 137  | KANIEWSKI PAWEŁ            | 81  |                          | BONIN                  | POL  | M40  | 46     | M 112 | 00:08:08 | 00:17:19 | 00:26:38.85 | 5:13   | 11.5 |
| 138  | PIECHOTA ROBERT            | 153 |                          | KOSZALIN               | POL  | M50  | 17     | M 113 | 00:08:16 | 00:17:33 | 00:26:42.05 | 5:14   | 11.5 |
| 139  | STOCKA-PODŁYSKA ŻANETA     | 184 | ZASAPANI HYDRO           | TRZCIANKA              | POL  | K40  | 11     | K 26  | 00:08:39 | 00:17:45 | 00:26:42.90 | 5:14   | 11.5 |
| 140  | SIERGIEJ IWONA             | 173 |                          | SIANÓW                 | POL  | K40  | 12     | K 27  | 00:08:33 | 00:17:36 | 00:26:44.75 | 5:14   | 11.4 |
| 141  | GUDANIEC DOROTA            | 57  | TKKF TRIATHLON KOSZALIN  | KOSZALIN KRETOMINO     | POL  | K60+ | 3      | K 28  | 00:08:33 | 00:17:35 | 00:26:45.20 | 5:14   | 11.4 |
| 142  | ROGAŁA JACEK               | 163 | FUNDACJA ZASTOPIJ        | SIANÓW                 | POL  | M50  | 18     | M 114 | 00:08:18 | 00:17:26 | 00:26:48.60 | 5:15   | 11.4 |
| 143  | PLESIEWICZ TOMASZ          | 155 | TKKF KOSZALIN            | KOSZALIN               | POL  | M50  | 19     | M 115 | 00:08:35 | 00:17:46 | 00:26:55.00 | 5:16   | 11.4 |
| 144  | JANUSZEWSKI JACEK          | 71  | NIEZRZESZONY             | KOSZALIN               | POL  | M60  | 6      | M 116 | 00:08:25 | 00:17:39 | 00:26:58.85 | 5:17   | 11.3 |
| 145  | SOCHA EWA                  | 182 |                          | WROCŁAW                | POL  | K30  | 9      | K 29  | 00:08:42 | 00:18:16 | 00:27:07.30 | 5:19   | 11.3 |
| 146  | JASIAKIEWICZ-JELEŃ NATALIA | 74  |                          | KOSZALIN               | POL  | K30  | 10     | K 30  | 00:08:31 | 00:17:49 | 00:27:08.95 | 5:19   | 11.3 |
| 147  | WRÓBLEWSKI MATEUSZ         | 223 |                          | KOSZALIN               | POL  | M14  | 3      | M 117 | 00:09:07 | 00:18:44 | 00:27:19.05 | 5:21   | 11.2 |
| 148  | BUTOWICZ ADAM              | 24  |                          | SZCZECINEK             | POL  | M60  | 7      | M 118 | 00:08:20 | 00:17:51 | 00:27:21.75 | 5:21   | 11.2 |
| 149  | GUTOWSKI MAREK             | 58  |                          | KOSZALIN               | POL  | M40  | 47     | M 119 | 00:08:47 | 00:18:15 | 00:27:46.65 | 5:26   | 11   |
| 150  | OLEJARCZYK SYLWIA          | 137 |                          | ŻYDOWK                 | POL  | K18  | 2      | K 31  | 00:08:38 | 00:18:02 | 00:27:54.00 | 5:28   | 11   |
| 151  | PEŁKA IWONA PEŁKA          | 149 |                          | KOSZALIN               | POL  | K50  | 3      | K 32  | 00:08:54 | 00:18:47 | 00:28:03.65 | 5:30   | 10.9 |
| 152  | HAŁAJKO MAGDALENA          | 60  |                          | KOSZALIN               | POL  | K40  | 13     | K 33  | 00:08:54 | 00:18:28 | 00:28:12.20 | 5:31   | 10.9 |
| 153  | SKRZYPCZYK JOANNA          | 176 | DARŁOWSKIE CHARTY        | KOSZALIN               | POL  | K40  | 14     | K 34  | 00:08:20 | 00:17:56 | 00:28:18.20 | 5:32   | 10.8 |
| 154  | BARTON KRYSZYNA            | 11  | PRZECHELEWO              | PRZECHELEWO            | POL  | K60+ | 4      | K 35  | 00:08:20 | 00:18:08 | 00:28:30.70 | 5:35   | 10.7 |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, OPEN c.d.

| M-ce | Nazwisko i imię          | Nr  | Klub                   | M-scowość           | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|--------------------------|-----|------------------------|---------------------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 155  | PIETRYKA ARTUR           | 154 | KARLINOBIEGAJ          | KARLINO             | POL  | M40  | 48     | M 120 | 00:08:58 | 00:18:44 | 00:28:36.25 | 5:36   | 10.7 |
| 156  | JEWSTAFIEW ADAM          | 76  | BIEGAJ KAROLINA        | KARLINO             | POL  | M30  | 30     | M 121 | 00:08:58 | 00:18:44 | 00:28:36.50 | 5:36   | 10.7 |
| 157  | SOBKO KRZYSZTOF          | 180 |                        | MIELNO              | POL  | M50  | 20     | M 122 | 00:08:42 | 00:18:40 | 00:28:38.60 | 5:36   | 10.7 |
| 158  | HELLER ZDZISŁAW          | 64  | HERBMARATONOW.PL       | KOSZALIN            | POL  | M60  | 8      | M 123 | 00:08:47 | 00:18:47 | 00:28:43.65 | 5:37   | 10.7 |
| 159  | WÓJCIK EDYTA             | 220 |                        | POZNAŃ              | POL  | K30  | 11     | K 36  | 00:08:59 | 00:18:52 | 00:28:45.45 | 5:38   | 10.6 |
| 160  | KOS JANEK                | 97  | FUNDACJA ZASTOPIJ      | SIAŃÓW              | POL  | M50  | 21     | M 124 | 00:08:59 | 00:19:11 | 00:28:53.75 | 5:39   | 10.6 |
| 161  | KANIEWSKA ANETTA         | 80  |                        | BONIN               | POL  | K40  | 15     | K 37  | 00:08:45 | 00:18:54 | 00:28:58.50 | 5:40   | 10.6 |
| 162  | SUDER-MAKSYMOWICZ MONIKA | 186 | :-)                    | USTRONIE MORSKIE    | POL  | K40  | 16     | K 38  | 00:09:20 | 00:19:24 | 00:28:59.10 | 5:40   | 10.6 |
| 163  | WRÓBLEWSKA MARTA         | 222 |                        | KOSZALIN            | POL  | K40  | 17     | K 39  | 00:09:17 | 00:19:20 | 00:29:01.60 | 5:41   | 10.5 |
| 164  | SŁUPECKA ANETA           | 178 |                        | KOSZALIN            | POL  | K30  | 12     | K 40  | 00:09:34 | 00:19:52 | 00:29:25.45 | 5:46   | 10.4 |
| 165  | BEDNARZ KATARZYNA        | 13  |                        | KOŁOBRZEG           | POL  | K40  | 18     | K 41  | 00:09:18 | 00:19:29 | 00:29:30.40 | 5:47   | 10.4 |
| 166  | DZIESZUK DARIUSZ         | 44  |                        | KOSZALIN            | POL  | M50  | 22     | M 125 | 00:09:34 | 00:19:51 | 00:29:35.55 | 5:48   | 10.3 |
| 167  | URBAN EWELINA            | 200 | ANANASY Z 3 FAL        | DĘBNICA KASZUBSKA   | POL  | K30  | 13     | K 42  | 00:10:05 | 00:20:11 | 00:29:49.00 | 5:50   | 10.3 |
| 168  | SAGAŁA PATRYCJA          | 169 | ANANASY Z 3 FAL        | SŁUPSK              | POL  | K40  | 19     | K 43  | 00:10:05 | 00:20:11 | 00:29:53.05 | 5:51   | 10.2 |
| 169  | ANDRZEJCZYK EWELINA      | 236 | ANANASY Z 3 FAL        | SŁUPSK              | POL  | K30  | 14     | K 44  | 00:10:04 | 00:20:11 | 00:29:55.35 | 5:51   | 10.2 |
| 170  | SEREJ DARIA              | 172 |                        | ZGORZELEC           | POL  | K18  | 3      | K 45  | 00:09:14 | 00:19:18 | 00:30:01.60 | 5:53   | 10.2 |
| 171  | PAWLIK MARCIN            | 146 |                        | BIAŁOGARD           | POL  | M30  | 31     | M 126 | 00:09:35 | 00:19:56 | 00:30:03.50 | 5:53   | 10.2 |
| 172  | TOMCZYK KRZYSZTOF        | 199 |                        | KOSZALIN            | POL  | M40  | 49     | M 127 | 00:09:36 | 00:19:55 | 00:30:03.60 | 5:53   | 10.2 |
| 173  | WÓJCIK ANNA              | 218 |                        | KOSZALIN            | POL  | K30  | 15     | K 46  | 00:09:35 | 00:19:55 | 00:30:03.90 | 5:53   | 10.2 |
| 174  | SZULTKA SYLWIA           | 194 |                        | KOSZALIN            | POL  | K30  | 15     | K 46  | 00:08:59 | 00:19:15 | 00:30:03.90 | 5:53   | 10.2 |
| 175  | SZOPKA JAKUB             | 192 |                        | HELMOND             | NED  | M30  | 32     | M 128 | 00:09:39 | 00:20:09 | 00:30:15.65 | 5:55   | 10.1 |
| 176  | ŁUBNIEWSKI ARKADIUSZ     | 114 |                        | KOSZALIN            | POL  | M30  | 33     | M 129 | 00:11:11 | 00:20:56 | 00:30:27.35 | 5:58   | 10   |
| 177  | WOLF BEATA               | 217 | TKKF KOSZALIN          | KOSZALIN            | POL  | K40  | 20     | K 48  | 00:09:19 | 00:20:00 | 00:30:30.80 | 5:58   | 10   |
| 178  | HARASYM MATEUSZ          | 63  | FUNDACJA ZASTOPIJ      | SIAŃÓW              | POL  | M14  | 4      | M 130 | 00:08:10 | 00:19:49 | 00:30:43.00 | 6:01   | 10   |
| 179  | BURMAN TOMASZ            | 237 | ANANASY Z 3 FAL        | SŁUPSK              | POL  | M30  | 34     | M 131 | 00:10:05 | 00:20:11 | 00:30:45.00 | 6:01   | 10   |
| 180  | KEPKA MIROSLAW           | 87  |                        | ŚWIDWIN             | POL  | M50  | 23     | M 132 | 00:09:11 | 00:19:41 | 00:30:45.80 | 6:01   | 10   |
| 181  | KOŁAKOWSKI DARIUSZ       | 96  |                        | ŚWIDWIN             | POL  | M50  | 24     | M 133 | 00:09:11 | 00:19:41 | 00:30:45.85 | 6:01   | 10   |
| 182  | PUDEKO DARIUSZ           | 159 | STELLANTIS ACTIVE TEAM | KOZŁÓW              | GBR  | M50  | 25     | M 134 | 00:10:14 | 00:20:34 | 00:31:02.05 | 6:05   | 9.9  |
| 183  | MARSCZAŁKOWSKA DOROTA    | 121 | TKKF KOSZALIN          | KOSZALIN            | POL  | K50  | 4      | K 49  | 00:09:36 | 00:20:30 | 00:31:23.20 | 6:09   | 9.8  |
| 184  | KWOLEK MACIEJ            | 109 |                        | KOSZALIN            | POL  | M40  | 50     | M 135 | 00:09:16 | 00:20:27 | 00:31:41.80 | 6:12   | 9.7  |
| 185  | MARCZAK MAŁGORZATA       | 120 |                        | ŻELKOWO             | POL  | K60+ | 5      | K 50  | 00:09:26 | 00:20:26 | 00:31:56.20 | 6:15   | 9.6  |
| 186  | HARASYM DANIEL           | 62  | FUNDACJA ZASTOPIJ      | SIAŃÓW              | POL  | M40  | 51     | M 136 | 00:09:54 | 00:20:51 | 00:32:10.90 | 6:18   | 9.5  |
| 187  | WALCZAK MAGDALENA        | 201 |                        | KOSZALIN            | POL  | K40  | 21     | K 51  | 00:10:11 | 00:21:13 | 00:32:44.45 | 6:25   | 9.3  |
| 188  | PAŃCZYK JUSTYNA          | 144 |                        | KOSZALIN            | POL  | K40  | 22     | K 52  | 00:10:11 | 00:21:13 | 00:32:44.70 | 6:25   | 9.3  |
| 189  | SIWAK KINGA              | 174 |                        | GORZÓW WIELKOPOLSKI | POL  | K18  | 4      | K 53  | 00:09:56 | 00:21:22 | 00:33:23.80 | 6:32   | 9.2  |
| 190  | ŚWIĄTEK DANIEL           | 197 |                        | GORZÓW WIELKOPOLSKI | POL  | M18  | 14     | M 137 | 00:09:56 | 00:21:21 | 00:33:24.40 | 6:32   | 9.2  |
| 191  | CICHOSZ JERZY            | 29  | ----                   | KOSZALIN            | POL  | M70+ | 2      | M 138 | 00:10:30 | 00:22:04 | 00:33:50.45 | 6:38   | 9    |
| 192  | CHRYSTOFIAK JANINA       | 26  |                        | KOSZALIN            | POL  | K40  | 23     | K 54  | 00:08:58 | 00:21:52 | 00:33:54.00 | 6:38   | 9    |
| 193  | DOBRZAŃSKI MATEUSZ       | 38  |                        | GORZÓW WIELKOPOLSKI | POL  | M18  | 15     | M 139 | 00:10:46 | 00:24:06 | 00:35:57.30 | 7:02   | 8.5  |
| 194  | DROZDA SANDRA            | 41  |                        | GORZÓW WIELKOPOLSKI | POL  | K18  | 5      | K 55  | 00:10:46 | 00:24:07 | 00:35:57.70 | 7:02   | 8.5  |
| 195  | WÓJCIK KAROLINA          | 219 |                        | BIAŁOGARD           | POL  | K18  | 6      | K 56  | 00:10:57 | 00:23:44 | 00:37:26.90 | 7:20   | 8.2  |
| 196  | ŁASYCIA KRZYSZTOF        | 113 |                        | BIAŁOGARD           | POL  | M30  | 35     | M 140 | 00:10:58 | 00:23:44 | 00:37:27.30 | 7:20   | 8.2  |
| 197  | WESOŁOWSKI ŁUKASZ        | 209 |                        | KOSZALIN            | POL  | M30  | 36     | M 141 | 00:11:13 | 00:24:42 | 00:37:42.15 | 7:23   | 8.1  |
| 198  | WESOŁOWSKA JUSTYNA       | 208 |                        | KOSZALIN            | POL  | K30  | 17     | K 57  | 00:11:13 | 00:24:43 | 00:37:42.40 | 7:23   | 8.1  |
| 199  | WESOŁOWSKI KRZYSZTOF     | 210 |                        | KOSZALIN            | POL  | M14  | 5      | M 142 | 00:11:13 | 00:24:43 | 00:37:43.00 | 7:23   | 8.1  |
| 200  | WOJTKOWIAK AGATA         | 216 |                        | GORZÓW WIELKOPOLSKI | POL  | K18  | 7      | K 58  | 00:10:09 | 00:24:48 | 00:38:59.30 | 7:38   | 7.8  |
| 201  | JUSZCZYK AGNIESZKA       | 78  |                        | KOSZALIN            | POL  | K40  | 24     | K 59  | 00:11:17 | 00:25:09 | 00:39:10.45 | 7:40   | 7.8  |
| 202  | KOZŁOWIECKA MAŁGORZATA   | 255 | TKKF KOSZALIN          | KOSZALIN            | POL  | K60+ | 6      | K 60  | 00:11:47 | 00:25:33 | 00:39:38.85 | 7:46   | 7.7  |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K-OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub                             | M-scowość  | Kraj | Kat. | M. kat | K/M | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|----------------------------------|------------|------|------|--------|-----|----------|----------|-------------|--------|------|
| 1    | MIERZLIKIN NATALIA     | 128 |                                  | WARSZAWA   | POL  | K30  | 1      | K 1 | 00:05:41 | 00:11:50 | 00:17:57.05 | 3:31   | 17   |
| 2    | FOLTYNIEWICZ HANNA     | 49  | 7PRO TEAM/LITWIN TRIATHLON ELITE | SZCZECINEK | POL  | K14  | 1      | K 2 | 00:06:05 | 00:12:37 | 00:19:03.85 | 3:44   | 16.1 |
| 3    | HISZCZYŃSKA ALEKSANDRA | 65  | SPORT GENERATION                 | KOSZALIN   | POL  | K18  | 1      | K 3 | 00:06:21 | 00:13:25 | 00:20:42.90 | 4:03   | 14.8 |
| 4    | HAŁKA JUSTYNA          | 61  |                                  | ŁÓBEZ      | POL  | K40  | 1      | K 4 | 00:06:40 | 00:14:07 | 00:21:36.05 | 4:14   | 14.2 |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K-OPEN c.d.

| M-ce | Nazwisko i imię            | Nr  | Klub                     | M-scowość              | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|----------------------------|-----|--------------------------|------------------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 5    | KLUCZEWSKA EMILIA          | 93  | RUNASTYCZNI TEAM BYTÓW   | BYTÓW                  | POL  | K30  | 2      | K 5  | 00:06:49 | 00:14:17 | 00:21:41.25 | 4:15   | 14.1 |
| 6    | DĄBROWSKA ALICJA           | 35  | TKKF KOSZALIN            | SIANÓW                 | POL  | K50  | 1      | K 6  | 00:07:13 | 00:15:13 | 00:22:58.40 | 4:30   | 13.3 |
| 7    | MAZIEC BEATA               | 122 | BIEGOLAS / TKKF KOSZALIN | KOSZALIN               | POL  | K30  | 3      | K 7  | 00:07:33 | 00:15:31 | 00:23:18.15 | 4:34   | 13.1 |
| 8    | FEDORCZAK JOANNA           | 46  | BIEGOLAS KOSZALIN        | ŚWIESZYNO              | POL  | K40  | 2      | K 8  | 00:07:38 | 00:16:16 | 00:24:40.50 | 4:50   | 12.4 |
| 9    | KRUPIŃSKA BEATA            | 103 | E-UROLOG.EU              | KOSZALIN               | POL  | K50  | 2      | K 9  | 00:07:42 | 00:16:18 | 00:24:49.20 | 4:51   | 12.3 |
| 10   | DRABKOWSKA AGNIESZKA       | 40  | CUDAKI♥                  | BIAŁOGARD              | POL  | K40  | 3      | K 10 | 00:07:36 | 00:16:08 | 00:24:49.35 | 4:51   | 12.3 |
| 11   | WALCZAK ANNA               | 203 |                          | MALECHÓWKO             | POL  | K30  | 4      | K 11 | 00:07:51 | 00:16:25 | 00:25:09.65 | 4:55   | 12.2 |
| 12   | RYBAK DARIA                | 166 |                          | KOSZALIN               | POL  | K40  | 4      | K 12 | 00:08:11 | 00:17:11 | 00:25:14.50 | 4:56   | 12.1 |
| 13   | GIEDROWICZ ALEKSANDRA      | 239 |                          | KOSZALIN               | POL  | K30  | 5      | K 13 | 00:07:19 | 00:16:00 | 00:25:15.00 | 4:57   | 12.1 |
| 14   | FLIS ANNA                  | 48  |                          | KRETOMINO              | POL  | K30  | 6      | K 14 | 00:08:18 | 00:16:36 | 00:25:16.00 | 4:57   | 12.1 |
| 15   | DRULIK-HOŁUB MARTA         | 42  |                          | KOSZALIN               | POL  | K40  | 5      | K 15 | 00:07:59 | 00:16:44 | 00:25:24.90 | 4:58   | 12   |
| 16   | WĄSOWICZ ANNA              | 206 |                          | KOŁOBRZEG/STRAMNICA 29 | POL  | K40  | 6      | K 16 | 00:07:48 | 00:16:37 | 00:25:29.30 | 4:59   | 12   |
| 17   | GRABAREK EWELINA           | 53  |                          | WIERCISZEWO            | POL  | K30  | 7      | K 17 | 00:07:54 | 00:16:42 | 00:25:29.80 | 4:59   | 12   |
| 18   | KUBIAK KATARZYNA           | 106 |                          | GNIEZNO                | POL  | K40  | 7      | K 18 | 00:08:10 | 00:16:57 | 00:25:32.30 | 5:00   | 12   |
| 19   | GUDANIEC KATARZYNA         | 56  | TKKF TRIATHLON KOSZALIN  | KOSZALIN KRETOMINO     | POL  | K30  | 8      | K 19 | 00:08:33 | 00:17:35 | 00:25:50.50 | 5:03   | 11.8 |
| 20   | GRABOWSKA-LESISZ ANETA     | 54  |                          | KOSZALIN               | POL  | K40  | 8      | K 20 | 00:07:50 | 00:16:56 | 00:25:51.40 | 5:04   | 11.8 |
| 21   | BOGACKA LUCYNA             | 18  | TKKF KOSZALIN            | KOSZALIN               | POL  | K60+ | 1      | K 21 | 00:08:10 | 00:16:58 | 00:25:54.15 | 5:04   | 11.8 |
| 22   | KOLIGAT ANNA               | 95  |                          | KOSZALIN               | POL  | K40  | 9      | K 22 | 00:08:17 | 00:17:06 | 00:25:56.65 | 5:05   | 11.8 |
| 23   | NOSAL MARTYNA              | 135 | KS PENTATHLON SZCZECINEK | SZCZECINEK             | POL  | K14  | 2      | K 23 | 00:07:55 | 00:17:03 | 00:25:56.75 | 5:05   | 11.8 |
| 24   | PAWŁOWSKA MAGDALENA        | 147 | GAMMAX                   | MIELNO                 | POL  | K40  | 10     | K 24 | 00:08:11 | 00:17:12 | 00:26:23.50 | 5:10   | 11.6 |
| 25   | MALINOWSKA MAŁGORZATA      | 118 |                          | ŚWIDWIN                | POL  | K60+ | 2      | K 25 | 00:08:40 | 00:17:44 | 00:26:33.50 | 5:12   | 11.5 |
| 26   | STOCKA-PODĘSKA ŻANETA      | 184 | ZASAPANI HYDRO           | TRZCIANKA              | POL  | K40  | 11     | K 26 | 00:08:39 | 00:17:45 | 00:26:42.90 | 5:14   | 11.5 |
| 27   | SIERGIEJ IWONA             | 173 |                          | SIANÓW                 | POL  | K40  | 12     | K 27 | 00:08:33 | 00:17:36 | 00:26:44.75 | 5:14   | 11.4 |
| 28   | GUDANIEC DOROTA            | 57  | TKKF TRIATHLON KOSZALIN  | KOSZALIN KRETOMINO     | POL  | K60+ | 3      | K 28 | 00:08:33 | 00:17:35 | 00:26:45.20 | 5:14   | 11.4 |
| 29   | SOCHA EWA                  | 182 |                          | WROCŁAW                | POL  | K30  | 9      | K 29 | 00:08:42 | 00:18:16 | 00:27:07.30 | 5:19   | 11.3 |
| 30   | JASIAKIEWICZ-JELEŃ NATALIA | 74  |                          | KOSZALIN               | POL  | K30  | 10     | K 30 | 00:08:31 | 00:17:49 | 00:27:08.95 | 5:19   | 11.3 |
| 31   | OLEJARCZYK SYLWIA          | 137 |                          | ŻYDOWK                 | POL  | K18  | 2      | K 31 | 00:08:38 | 00:18:02 | 00:27:54.00 | 5:28   | 11   |
| 32   | PEŁKA IWONA PEŁKA          | 149 |                          | KOSZALIN               | POL  | K50  | 3      | K 32 | 00:08:54 | 00:18:47 | 00:28:03.65 | 5:30   | 10.9 |
| 33   | HAŁAJKO MAGDALENA          | 60  |                          | KOSZALIN               | POL  | K40  | 13     | K 33 | 00:08:54 | 00:18:28 | 00:28:12.20 | 5:31   | 10.9 |
| 34   | SKRZYPCZYK JOANNA          | 176 | DARŁOWSKIE CHARTY        | KOSZALIN               | POL  | K40  | 14     | K 34 | 00:08:20 | 00:17:56 | 00:28:18.20 | 5:32   | 10.8 |
| 35   | BARTON KRYSZYNA            | 11  | PRZECHELEWO              | PRZECHELEWO            | POL  | K60+ | 4      | K 35 | 00:08:20 | 00:18:08 | 00:28:30.70 | 5:35   | 10.7 |
| 36   | WÓJCIK EDYTA               | 220 |                          | POZNAŃ                 | POL  | K30  | 11     | K 36 | 00:08:59 | 00:18:52 | 00:28:45.45 | 5:38   | 10.6 |
| 37   | KANIEWSKA ANETTA           | 80  |                          | BONIN                  | POL  | K40  | 15     | K 37 | 00:08:45 | 00:18:54 | 00:28:58.50 | 5:40   | 10.6 |
| 38   | SUDER-MAKSYMOWICZ MONIKA   | 186 | :-)                      | USTRONIE MORSKIE       | POL  | K40  | 16     | K 38 | 00:09:20 | 00:19:24 | 00:28:59.10 | 5:40   | 10.6 |
| 39   | WRÓBLEWSKA MARTA           | 222 |                          | KOSZALIN               | POL  | K40  | 17     | K 39 | 00:09:17 | 00:19:20 | 00:29:01.60 | 5:41   | 10.5 |
| 40   | SŁUPECKA ANETA             | 178 |                          | KOSZALIN               | POL  | K30  | 12     | K 40 | 00:09:34 | 00:19:52 | 00:29:25.45 | 5:46   | 10.4 |
| 41   | BEDNARZ KATARZYNA          | 13  |                          | KOŁOBRZEG              | POL  | K40  | 18     | K 41 | 00:09:18 | 00:19:29 | 00:29:30.40 | 5:47   | 10.4 |
| 42   | URBAN EWELINA              | 200 | ANANASY Z 3 FAL          | DĘBNICA KASZUBSKA      | POL  | K30  | 13     | K 42 | 00:10:05 | 00:20:11 | 00:29:49.00 | 5:50   | 10.3 |
| 43   | SAGAŁA PATRYCJA            | 169 | ANANASY Z 3 FAL          | SŁUPSK                 | POL  | K40  | 19     | K 43 | 00:10:05 | 00:20:11 | 00:29:53.05 | 5:51   | 10.2 |
| 44   | ANDRZEJCZYK EWELINA        | 236 | ANANASY Z 3 FAL          | SŁUPSK                 | POL  | K30  | 14     | K 44 | 00:10:04 | 00:20:11 | 00:29:55.35 | 5:51   | 10.2 |
| 45   | SEREJ DARIA                | 172 |                          | ZGORZELEC              | POL  | K18  | 3      | K 45 | 00:09:14 | 00:19:18 | 00:30:01.60 | 5:53   | 10.2 |
| 46   | SZULTKA SYLWIA             | 194 |                          | KOSZALIN               | POL  | K30  | 15     | K 46 | 00:08:59 | 00:19:15 | 00:30:03.90 | 5:53   | 10.2 |
| 47   | WÓJCIK ANNA                | 218 |                          | KOSZALIN               | POL  | K30  | 15     | K 46 | 00:09:35 | 00:19:55 | 00:30:03.90 | 5:53   | 10.2 |
| 48   | WOLF BEATA                 | 217 | TKKF KOSZALIN            | KOSZALIN               | POL  | K40  | 20     | K 48 | 00:09:19 | 00:20:00 | 00:30:30.80 | 5:58   | 10   |
| 49   | MARSCHAŁKOWSKA DOROTA      | 121 | TKKF KOSZALIN            | KOSZALIN               | POL  | K50  | 4      | K 49 | 00:09:36 | 00:20:30 | 00:31:23.20 | 6:09   | 9.8  |
| 50   | MARCZAK MAŁGORZATA         | 120 |                          | ŻELKOWO                | POL  | K60+ | 5      | K 50 | 00:09:26 | 00:20:26 | 00:31:56.20 | 6:15   | 9.6  |
| 51   | WALCZAK MAGDALENA          | 201 |                          | KOSZALIN               | POL  | K40  | 21     | K 51 | 00:10:11 | 00:21:13 | 00:32:44.45 | 6:25   | 9.3  |
| 52   | PAŃCZYK JUSTYNA            | 144 |                          | KOSZALIN               | POL  | K40  | 22     | K 52 | 00:10:11 | 00:21:13 | 00:32:44.70 | 6:25   | 9.3  |
| 53   | SIWAK KINGA                | 174 |                          | GORZÓW WIELKOPOLSKI    | POL  | K18  | 4      | K 53 | 00:09:56 | 00:21:22 | 00:33:23.80 | 6:32   | 9.2  |
| 54   | CHRYSTOFIAK JANINA         | 26  |                          | KOSZALIN               | POL  | K40  | 23     | K 54 | 00:08:58 | 00:21:52 | 00:33:54.00 | 6:38   | 9    |
| 55   | DROZDA SANDRA              | 41  |                          | GORZÓW WIELKOPOLSKI    | POL  | K18  | 5      | K 55 | 00:10:46 | 00:24:07 | 00:35:57.70 | 7:02   | 8.5  |
| 56   | WÓJCIK KAROLINA            | 219 |                          | BIAŁOGARD              | POL  | K18  | 6      | K 56 | 00:10:57 | 00:23:44 | 00:37:26.90 | 7:20   | 8.2  |
| 57   | WESOŁOWSKA JUSTYNA         | 208 |                          | KOSZALIN               | POL  | K30  | 17     | K 57 | 00:11:13 | 00:24:43 | 00:37:42.40 | 7:23   | 8.1  |
| 58   | WOJTKOWIAK AGATA           | 216 |                          | GORZÓW WIELKOPOLSKI    | POL  | K18  | 7      | K 58 | 00:10:09 | 00:24:48 | 00:38:59.30 | 7:38   | 7.8  |
| 59   | JUSZCZYK AGNIESZKA         | 78  |                          | KOSZALIN               | POL  | K40  | 24     | K 59 | 00:11:17 | 00:25:09 | 00:39:10.45 | 7:40   | 7.8  |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K-OPEN c.d.

| M-ce | Nazwisko i imię        | Nr  | Klub          | M-scowość | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|---------------|-----------|------|------|--------|------|----------|----------|-------------|--------|------|
| 60   | KOZŁOWIECKA MAŁGORZATA | 255 | TKKF KOSZALIN | KOSZALIN  | POL  | K60+ | 6      | K 60 | 00:11:47 | 00:25:33 | 00:39:38.85 | 7:46   | 7.7  |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M-OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub                                   | M-scowość      | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|----------------------------------------|----------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | PYSHNIAK KOSTIANTYN    | 234 |                                        |                | UKR  | M18  | 1      | M 1  | 00:05:08 | 00:10:31 | 00:16:03.00 | 3:08   | 19.1 |
| 2    | PROWANCKI PATRYK       | 318 | WILKI POMORSKI                         | KOSZALIN       | POL  | M18  | 2      | M 2  | 00:05:12 | 00:11:07 | 00:17:09.75 | 3:21   | 17.8 |
| 3    | RYBARCZYK JAN          | 168 | ŻYJ Z ENERGIĄ                          | DARŁOWO        | POL  | M50  | 1      | M 3  | 00:05:26 | 00:11:22 | 00:17:21.60 | 3:24   | 17.6 |
| 4    | KĘPKA ADRIAN           | 88  |                                        | WIEKOWO        | POL  | M18  | 3      | M 4  | 00:05:29 | 00:11:31 | 00:17:35.25 | 3:26   | 17.4 |
| 5    | KOZAK ARKADIUSZ        | 98  | TKKF KOSZALIN                          | BONIN          | POL  | M50  | 2      | M 5  | 00:05:28 | 00:11:37 | 00:17:52.25 | 3:30   | 17.1 |
| 6    | WOJTKIEWICZ MATEUSZ    | 215 | KB 10 BIAŁOGARD                        | BIAŁOGARD      | POL  | M18  | 4      | M 6  | 00:05:36 | 00:11:57 | 00:18:07.15 | 3:33   | 16.9 |
| 7    | GUZOWSKI DARIUSZ       | 59  | TALEX BORZYTUCHOM                      | CETYŃ          | POL  | M50  | 3      | M 7  | 00:05:40 | 00:11:58 | 00:18:08.85 | 3:33   | 16.9 |
| 8    | RODZOCH DANIEL         | 162 |                                        | WARSZAWA       | POL  | M30  | 1      | M 8  | 00:05:42 | 00:11:58 | 00:18:10.35 | 3:33   | 16.8 |
| 9    | MAKOWSKI MAREK         | 117 |                                        | CHOCIWEL       | POL  | M18  | 5      | M 9  | 00:05:25 | 00:11:31 | 00:18:32.70 | 3:38   | 16.5 |
| 10   | MICHAŁOWSKI PIOTR      | 127 |                                        | PRZECHELEWO    | POL  | M30  | 2      | M 10 | 00:05:45 | 00:12:12 | 00:18:35.00 | 3:38   | 16.5 |
| 11   | ORZECZOWSKI KAMIL      | 141 | TKKF KOSZALIN                          | KOSZALIN       | POL  | M30  | 3      | M 11 | 00:06:06 | 00:12:41 | 00:18:47.45 | 3:40   | 16.3 |
| 12   | RUDNIKOWSKI MACIEJ     | 165 | DARŁOWSKIE CHARTY / BIEGUZDROWISKOWYPL | DARŁOWO        | POL  | M40  | 1      | M 12 | 00:05:51 | 00:12:24 | 00:18:47.80 | 3:40   | 16.3 |
| 13   | PICK TOMASZ            | 152 | BIEGOLAS / KORONA                      | KOSZALIN       | POL  | M50  | 4      | M 13 | 00:06:00 | 00:12:33 | 00:18:51.35 | 3:41   | 16.2 |
| 14   | CYRULEWSKI RAFAŁ       | 32  |                                        | GUTOWO MAŁE    | POL  | M50  | 5      | M 14 | 00:06:00 | 00:12:27 | 00:18:56.05 | 3:42   | 16.2 |
| 15   | WITKIEWICZ ERYK        | 213 |                                        | BIAŁOGARD      | POL  | M40  | 2      | M 15 | 00:05:56 | 00:12:32 | 00:18:57.00 | 3:42   | 16.1 |
| 16   | WALEŃSKI MICHAŁ        | 204 | TKKF KOSZALIN                          | SKIBIENKO      | POL  | M40  | 3      | M 16 | 00:06:00 | 00:12:33 | 00:18:59.60 | 3:43   | 16.1 |
| 17   | NEJMAN JERZY           | 133 |                                        | KOSZALIN       | POL  | M30  | 4      | M 17 | 00:05:45 | 00:12:15 | 00:19:02.90 | 3:43   | 16.1 |
| 18   | FEDORCZAK ŁUKASZ       | 45  | BIEGOLAS KOSZALIN                      | KONIKOWO       | POL  | M30  | 5      | M 18 | 00:06:01 | 00:12:33 | 00:19:06.30 | 3:44   | 16   |
| 19   | SOBKO MAKSYMILIAN      | 181 |                                        | MIELNO         | POL  | M14  | 1      | M 19 | 00:05:47 | 00:12:26 | 00:19:12.05 | 3:45   | 15.9 |
| 20   | KLIMOWICZ MICHAŁ       | 92  |                                        | KOSZALIN       | POL  | M30  | 6      | M 20 | 00:05:58 | 00:12:34 | 00:19:15.30 | 3:46   | 15.9 |
| 21   | SMAGOWSKI WOJTEK       | 179 | OSP RABINO                             | RABINO         | POL  | M40  | 4      | M 21 | 00:06:04 | 00:12:46 | 00:19:26.80 | 3:48   | 15.7 |
| 22   | BLOCH RADOŚLAW         | 15  | WITKOWSKI RUNNING TEAM                 | DOBROWO        | POL  | M18  | 6      | M 22 | 00:06:21 | 00:13:10 | 00:19:37.35 | 3:50   | 15.6 |
| 23   | MIKODA GRZEGORZ        | 129 |                                        | BIAŁOGARD      | POL  | M40  | 5      | M 23 | 00:06:07 | 00:12:52 | 00:19:46.00 | 3:52   | 15.5 |
| 24   | SZOPIŃSKI TOMASZ       | 191 |                                        | NACMIERZ       | POL  | M30  | 7      | M 24 | 00:06:00 | 00:12:48 | 00:19:48.60 | 3:52   | 15.5 |
| 25   | KALETA SEBASTIAN       | 79  |                                        | KOSZALIN       | POL  | M40  | 6      | M 25 | 00:06:10 | 00:13:07 | 00:20:04.85 | 3:56   | 15.2 |
| 26   | ZWOLIŃSKI JAN          | 228 | TKKF KOSZALIN                          | WIERCISZEWO    | POL  | M50  | 6      | M 26 | 00:06:08 | 00:13:08 | 00:20:05.00 | 3:56   | 15.2 |
| 27   | TLUSTEK ŁUKASZ         | 198 | KB BRYZA POSTOMINO                     | RUSINOWO       | POL  | M30  | 8      | M 27 | 00:06:12 | 00:13:09 | 00:20:08.00 | 3:56   | 15.2 |
| 28   | WILK DANIEL            | 212 | WILK I ZAJĄC                           | KRZYŻ WLKP     | POL  | M50  | 7      | M 27 | 00:06:05 | 00:13:06 | 00:20:08.00 | 3:56   | 15.2 |
| 29   | WICHER KRZYSZTOF       | 211 | ADWOKATURA                             | KOSZALIN       | POL  | M40  | 7      | M 29 | 00:06:11 | 00:13:10 | 00:20:08.80 | 3:56   | 15.2 |
| 30   | BARAN KRZYSZTOF        | 7   |                                        | ZŁOCENIEC      | POL  | M30  | 9      | M 30 | 00:06:06 | 00:13:04 | 00:20:18.85 | 3:58   | 15.1 |
| 31   | KOZIEŁ PAWEŁ           | 99  |                                        | RABINO         | POL  | M40  | 8      | M 31 | 00:06:17 | 00:13:22 | 00:20:20.75 | 3:59   | 15   |
| 32   | SZNYTER HUBERT         | 190 |                                        | POLANÓW        | POL  | M18  | 7      | M 32 | 00:06:22 | 00:13:18 | 00:20:23.00 | 3:59   | 15   |
| 33   | WENT JAKUB             | 207 |                                        | LEBA           | POL  | M40  | 9      | M 33 | 00:05:30 | 00:12:14 | 00:20:37.20 | 4:02   | 14.8 |
| 34   | BARTHA ADRIAN          | 9   |                                        | KOŁOBRZEG      | POL  | M30  | 10     | M 34 | 00:06:15 | 00:13:29 | 00:20:47.75 | 4:04   | 14.7 |
| 35   | PEKAŁA MIKOŁAJ         | 151 |                                        | KOSZALIN       | POL  | M18  | 8      | M 35 | 00:06:50 | 00:14:06 | 00:21:08.05 | 4:08   | 14.5 |
| 36   | MOSZYŃSKI JACEK        | 132 | TKKF KOSZALIN                          | SIANÓW         | POL  | M50  | 8      | M 36 | 00:06:35 | 00:13:57 | 00:21:10.95 | 4:09   | 14.5 |
| 37   | KISIELEWICZ KRZYSZTOF  | 90  | KORZYBSKIE REKINY                      | KORZYBIE       | POL  | M30  | 11     | M 37 | 00:06:53 | 00:14:10 | 00:21:23.65 | 4:11   | 14.3 |
| 38   | KRACZKOWSKI PRZEMYSŁAW | 101 |                                        | KOSZALIN       | POL  | M40  | 10     | M 38 | 00:06:38 | 00:13:58 | 00:21:27.95 | 4:12   | 14.3 |
| 39   | WRZESZCZ BARTOSZ       | 224 |                                        | BROKĘCINO      | POL  | M18  | 9      | M 39 | 00:06:36 | 00:14:01 | 00:21:31.00 | 4:13   | 14.2 |
| 40   | MAZUREK MARCIN         | 124 |                                        | WARSZAWA       | POL  | M40  | 11     | M 40 | 00:06:44 | 00:14:15 | 00:21:33.90 | 4:13   | 14.2 |
| 41   | GAWĘDA EMIL            | 51  | DARŁOWSKIE CHARTY/KĘPKA NA TRASIE      | STARY JAROSŁAW | POL  | M30  | 12     | M 41 | 00:06:48 | 00:14:15 | 00:21:34.15 | 4:13   | 14.2 |
| 42   | SAWIŃSKI JACEK         | 171 |                                        | KOSZALIN       | POL  | M40  | 12     | M 42 | 00:06:42 | 00:14:09 | 00:21:37.60 | 4:14   | 14.2 |
| 43   | KRUK MARCIN            | 102 | TKKF MASTERS KOSZALIN                  | KOSZALIN       | POL  | M40  | 13     | M 43 | 00:06:33 | 00:14:06 | 00:21:51.85 | 4:17   | 14   |
| 44   | LIPIŃSKI SEBASTIAN     | 111 | ZDARTE PODESZWY                        | BIAŁOGARD      | POL  | M30  | 13     | M 44 | 00:06:46 | 00:14:18 | 00:21:56.75 | 4:18   | 14   |
| 45   | ŁUKAWSKI MARIUSZ       | 115 | JW 1223                                | CHALUPY        | POL  | M30  | 14     | M 45 | 00:06:32 | 00:14:16 | 00:22:02.35 | 4:19   | 13.9 |
| 46   | PODŁYSKA TADEUSZ       | 157 | ZASAPANI HYDRO                         | TRZCIANKA      | POL  | M40  | 14     | M 46 | 00:06:57 | 00:14:33 | 00:22:05.90 | 4:19   | 13.9 |
| 47   | IWANIEC DARIUSZ        | 69  | TKKF KOSZALIN                          | SIERAKOWO      | POL  | M40  | 15     | M 47 | 00:06:43 | 00:14:24 | 00:22:08.30 | 4:20   | 13.8 |
| 48   | ZUKAL PIOTR            | 227 | 7PRO SIÓDZIAK TEAM                     | KOSZALIN       | POL  | M40  | 16     | M 48 | 00:07:08 | 00:14:46 | 00:22:10.65 | 4:20   | 13.8 |
| 49   | SŁUPCZEWSKI KRZYSZTOF  | 177 | SDROG KOSZALIN                         | SIANÓW         | POL  | M40  | 17     | M 49 | 00:07:13 | 00:14:58 | 00:22:23.65 | 4:23   | 13.7 |
| 50   | PŁOSKI KRZYSZTOF       | 156 | DOM RYBAKA BOBOLIN                     | BOBOLIN        | POL  | M40  | 18     | M 50 | 00:07:19 | 00:14:55 | 00:22:27.60 | 4:24   | 13.6 |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M-OPEN c.d.

| M-ce | Nazwisko i imię            | Nr  | Klub                      | M-scowość        | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|----------------------------|-----|---------------------------|------------------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 51   | KRUPIŃSKI KRZYSZTOF        | 104 | E-UROLOG.EU               | KOSZALIN         | POL  | M50  | 9      | M 51  | 00:07:01 | 00:14:46 | 00:22:28.90 | 4:24   | 13.6 |
| 52   | MOKRZYCKI MICHAŁ           | 130 |                           | KOSZALIN         | POL  | M18  | 10     | M 52  | 00:07:09 | 00:15:09 | 00:22:36.25 | 4:25   | 13.5 |
| 53   | BOREJKO ŁUKASZ             | 21  |                           | KOSZALIN         | POL  | M30  | 15     | M 53  | 00:07:44 | 00:15:47 | 00:22:37.20 | 4:26   | 13.5 |
| 54   | BARUTOWICZ GRZEGORZ        | 12  |                           | KOSZALIN         | POL  | M40  | 19     | M 54  | 00:07:01 | 00:14:45 | 00:22:50.50 | 4:28   | 13.4 |
| 55   | MAZUR EMILIUSZ             | 123 |                           | DARŁOWO          | POL  | M40  | 20     | M 55  | 00:06:55 | 00:14:51 | 00:22:55.35 | 4:29   | 13.4 |
| 56   | CZERNAK GRACJAN            | 33  |                           | KOSZALIN         | POL  | M40  | 21     | M 56  | 00:07:13 | 00:15:11 | 00:22:59.35 | 4:30   | 13.3 |
| 57   | CHUDY HENRYK               | 27  | K SOLSZEWSKI I SYNOWIE    | SŁAWSKO          | POL  | M60  | 1      | M 57  | 00:07:02 | 00:14:58 | 00:23:05.05 | 4:31   | 13.3 |
| 58   | BRZEZIŃSKI PAWEŁ           | 22  | IRON DAD                  | KOSZALIN         | POL  | M40  | 22     | M 58  | 00:07:14 | 00:15:23 | 00:23:15.75 | 4:33   | 13.2 |
| 59   | PEKAŁA PIOTR               | 150 | SOSW KOSZALIN             | KOSZALIN         | POL  | M50  | 10     | M 59  | 00:07:22 | 00:15:26 | 00:23:16.65 | 4:33   | 13.2 |
| 60   | ADASZYŃSKI WIESŁAW         | 2   | BIEGOLAS KOSZALIN         | BOBOLICE         | POL  | M50  | 11     | M 60  | 00:06:59 | 00:15:10 | 00:23:27.45 | 4:35   | 13   |
| 61   | NOSAŁ MARIUSZ              | 134 |                           | SZCZECINEK       | POL  | M40  | 23     | M 61  | 00:07:25 | 00:15:32 | 00:23:29.50 | 4:36   | 13   |
| 62   | BOJANOWSKI MICHAŁ          | 20  | KOŁOBRZESKI KLUB MORSÓW   | KOŁOBRZEG        | POL  | M40  | 24     | M 62  | 00:07:15 | 00:15:18 | 00:23:35.70 | 4:37   | 13   |
| 63   | ŚNIEŻKO MARCIN             | 196 |                           | KOSZALIN         | POL  | M30  | 16     | M 63  | 00:07:23 | 00:15:35 | 00:23:37.25 | 4:37   | 13   |
| 64   | MICERSKI TOMASZ            | 126 | TKKF KOSZALIN             | KOSZALIN         | POL  | M40  | 25     | M 64  | 00:07:31 | 00:15:41 | 00:23:38.05 | 4:38   | 12.9 |
| 65   | OWCZARZ MARCIN             | 142 | FIGA PRACOWNIA PROJEKTOWA | BIAŁOGARD        | POL  | M30  | 17     | M 65  | 00:07:18 | 00:15:32 | 00:23:38.90 | 4:38   | 12.9 |
| 66   | KALINOWSKI KRZYSZTOF       | 240 |                           | KOSZALIN         | POL  | M40  | 26     | M 66  | 00:06:54 | 00:14:59 | 00:23:43.65 | 4:39   | 12.9 |
| 67   | CHUDZIK ZBIGNIEW           | 28  | TKKF KOSZALIN             | STARE BIELICE    | POL  | M60  | 2      | M 67  | 00:07:32 | 00:15:43 | 00:23:46.60 | 4:39   | 12.9 |
| 68   | HOREGLAD PAWEŁ             | 68  | SPEEDY GONZALES           | KOSZALIN         | POL  | M18  | 11     | M 68  | 00:07:25 | 00:15:48 | 00:23:52.25 | 4:40   | 12.8 |
| 69   | LUBLEWSKI DAWID            | 112 | MARNI BIEGACZE            | KOSZALIN         | POL  | M30  | 18     | M 69  | 00:07:45 | 00:15:53 | 00:23:55.60 | 4:41   | 12.8 |
| 70   | MAZUR MIROSŁAW             | 238 | TKKF KOSZALIN             | KOSZALIN         | POL  | M50  | 12     | M 70  | 00:07:34 | 00:15:50 | 00:23:56.80 | 4:41   | 12.8 |
| 71   | SKOWYRSKI JANUSZ           | 175 | TKKF KOSZALIN             | STARE BIELICE    | POL  | M60  | 3      | M 71  | 00:07:30 | 00:15:43 | 00:24:02.50 | 4:42   | 12.7 |
| 72   | ZACHARSKI JERZY            | 226 | FABRYKA NORDICA TRZCIANKA | TRZCIANKA        | POL  | M60  | 4      | M 72  | 00:07:21 | 00:15:44 | 00:24:03.85 | 4:42   | 12.7 |
| 73   | KISIELIŃSKI IGOR           | 91  |                           | KOSZALIN         | POL  | M50  | 13     | M 73  | 00:07:37 | 00:15:55 | 00:24:04.95 | 4:43   | 12.7 |
| 74   | DIDŁUCH JACEK              | 37  | KARLINOBIEGAJ             | POBŁOCIE WIELKIE | POL  | M40  | 27     | M 74  | 00:07:44 | 00:15:54 | 00:24:05.55 | 4:43   | 12.7 |
| 75   | BOGACKI TOMASZ             | 19  | TKKF KOSZALIN             | KOSZALIN         | POL  | M60  | 5      | M 75  | 00:07:37 | 00:15:56 | 00:24:07.80 | 4:43   | 12.7 |
| 76   | SUDER-MAKSYMOWICZ GRZEGORZ | 187 | :-)                       | USTRONIE MORSKIE | POL  | M40  | 28     | M 76  | 00:07:15 | 00:15:39 | 00:24:08.85 | 4:43   | 12.7 |
| 77   | SCHWARZ LUDWIK             | 233 |                           | KOSZALIN         | POL  | M50  | 14     | M 77  | 00:07:36 | 00:15:57 | 00:24:16.05 | 4:45   | 12.6 |
| 78   | SZULTKA MARIUSZ            | 193 |                           | KOSZALIN         | POL  | M30  | 19     | M 78  | 00:07:38 | 00:16:02 | 00:24:19.15 | 4:46   | 12.6 |
| 79   | DĄBROWSKI GRZEGORZ         | 36  |                           | KOSZALIN         | POL  | M40  | 29     | M 79  | 00:07:50 | 00:16:08 | 00:24:19.60 | 4:46   | 12.6 |
| 80   | BODO RAFAŁ                 | 17  | ZOZKOSZ KOSZALIN          | KOSZALIN         | POL  | M40  | 30     | M 80  | 00:07:39 | 00:16:03 | 00:24:20.75 | 4:46   | 12.6 |
| 81   | BARTHA TOMASZ              | 10  |                           | KOŁOBRZEG        | POL  | M14  | 2      | M 81  | 00:07:32 | 00:16:13 | 00:24:25.00 | 4:47   | 12.5 |
| 82   | STRZELECKI GRZEGORZ        | 185 | FIGA PRACOWNIA PROJEKTOWA | BIAŁOGARD        | POL  | M40  | 31     | M 82  | 00:07:19 | 00:15:53 | 00:24:27.65 | 4:47   | 12.5 |
| 83   | SARBIEWSKI PRZEMYSŁAW      | 170 |                           | TRZEBIATÓW       | POL  | M40  | 32     | M 83  | 00:08:08 | 00:16:34 | 00:24:33.25 | 4:48   | 12.5 |
| 84   | PAWŁOWSKI GRZEGORZ         | 148 | GAMMAX                    | MIELNO           | POL  | M40  | 33     | M 84  | 00:07:47 | 00:16:29 | 00:24:35.60 | 4:49   | 12.4 |
| 85   | RYBAK PRZEMYSŁAW           | 167 |                           | KOSZALIN         | POL  | M40  | 34     | M 85  | 00:07:56 | 00:16:29 | 00:24:38.55 | 4:49   | 12.4 |
| 86   | BURKIET PAWEŁ              | 23  |                           | KOSZALIN         | POL  | M40  | 35     | M 86  | 00:07:42 | 00:16:14 | 00:24:41.75 | 4:50   | 12.4 |
| 87   | ORLIKOWSKI ROBERT          | 139 | POŁCZYN BIEGA             | POŁCZYN ZDRÓJ    | POL  | M30  | 20     | M 87  | 00:07:36 | 00:16:07 | 00:24:49.75 | 4:51   | 12.3 |
| ♥    |                            |     |                           |                  |      |      |        |       |          |          |             |        |      |
| 88   | FIGARSKI LESZEK            | 47  |                           | KOSZALIN         | POL  | M30  | 21     | M 88  | 00:07:15 | 00:15:53 | 00:24:55.65 | 4:53   | 12.3 |
| 89   | KASPRZYK BOGDAN            | 84  |                           | MŚCICE           | POL  | M40  | 36     | M 89  | 00:07:53 | 00:16:33 | 00:25:01.15 | 4:54   | 12.2 |
| 90   | ANGRYS MACIEJ              | 3   | FUNDACJA ZASTOPIJ         | SIANÓW           | POL  | M30  | 22     | M 90  | 00:08:08 | 00:16:50 | 00:25:06.50 | 4:55   | 12.2 |
| 91   | WALCZAK RAFAŁ              | 202 |                           | KOSZALIN         | POL  | M40  | 37     | M 91  | 00:07:12 | 00:16:05 | 00:25:11.20 | 4:56   | 12.2 |
| 92   | JASIENIECKI PIOTR          | 75  |                           | KOSZALIN         | POL  | M50  | 15     | M 92  | 00:08:17 | 00:16:59 | 00:25:14.50 | 4:56   | 12.1 |
| 93   | BUTRYM WIKTOR              | 25  | BAŁTYK KOSZALIN           | KOSZALIN         | POL  | M40  | 38     | M 93  | 00:07:43 | 00:16:25 | 00:25:17.95 | 4:57   | 12.1 |
| 94   | MENDELSKI LUKASZ           | 125 |                           | KOSZALIN         | POL  | M30  | 23     | M 94  | 00:06:45 | 00:12:54 | 00:25:25.00 | 4:59   | 12   |
| 95   | ZAREMBA TOMASZ             | 231 |                           | KOSZALIN         | POL  | M30  | 24     | M 95  | 00:08:09 | 00:17:03 | 00:25:27.95 | 4:59   | 12   |
| 96   | ORŁOWSKI PAWEŁ             | 140 |                           | SIANÓW           | POL  | M40  | 39     | M 96  | 00:08:05 | 00:16:47 | 00:25:29.10 | 4:59   | 12   |
| 97   | KANIEWSKI JACEK            | 82  | W. P. K. SŁON TEAM USTKA  | SŁAWNO           | POL  | M40  | 40     | M 97  | 00:07:52 | 00:16:34 | 00:25:30.10 | 5:00   | 12   |
| 98   | ANTKOWIAK SEBASTIAN        | 4   | DB - ACTIVE               | KOSZALIN         | POL  | M40  | 41     | M 98  | 00:07:26 | 00:16:21 | 00:25:34.75 | 5:00   | 12   |
| 99   | MONGIAŁO MARCIN            | 131 |                           | KOSZALIN         | POL  | M40  | 42     | M 99  | 00:08:07 | 00:17:01 | 00:25:39.85 | 5:01   | 11.9 |
| 100  | KINOWSKI KAROL             | 89  | CHRUPI, CHRUP...          | KOSZALIN         | POL  | M40  | 43     | M 100 | 00:08:21 | 00:17:16 | 00:25:44.85 | 5:02   | 11.9 |
| 101  | PANASZEWSKI PRZEMYSŁAW     | 143 |                           | KOSZALIN         | POL  | M30  | 25     | M 101 | 00:07:57 | 00:16:54 | 00:25:46.85 | 5:03   | 11.9 |
| 102  | RETERSKI DAMIAN            | 161 |                           | SKWIERZYŃKA      | POL  | M18  | 12     | M 102 | 00:07:48 | 00:16:50 | 00:25:47.25 | 5:03   | 11.9 |
| 103  | RADZIŃSKI MARCEL           | 160 |                           | ŚWIEMINO         | POL  | M18  | 13     | M 103 | 00:07:01 | 00:16:07 | 00:25:49.15 | 5:03   | 11.9 |
| 104  | ORŁOWSKI BARTOSZ           | 34  | 51050942                  | KOSZALIN         | POL  | M40  | 44     | M 104 | 00:07:51 | 00:16:57 | 00:25:52.70 | 5:04   | 11.8 |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M-OPEN c.d.

| M-ce | Nazwisko i imię        | Nr  | Klub                   | M-scowość           | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|------------------------|---------------------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 105  | MANDZIAK PIOTR         | 316 |                        | KOSZALIN            | POL  | M30  | 26     | M 105 | 00:08:16 | 00:17:27 | 00:26:03.70 | 5:06   | 11.7 |
| 106  | ŻUCHEŁKOWSKI HENRYK    | 230 | NEPTUN KOŁOBRZEG       | KOŁOBRZEG           | POL  | M30  | 27     | M 106 | 00:08:14 | 00:17:18 | 00:26:11.00 | 5:08   | 11.7 |
| 107  | KARASIEWICZ ROBERT     | 83  |                        | KOSZALIN            | POL  | M40  | 45     | M 107 | 00:08:04 | 00:17:01 | 00:26:19.85 | 5:09   | 11.6 |
| 108  | KOZŁOWIECKI WALDEMAR   | 100 | TKKF KOSZALIN          | KOSZALIN            | POL  | M70+ | 1      | M 108 | 00:08:16 | 00:17:19 | 00:26:23.70 | 5:10   | 11.6 |
| 109  | LEWKOWICZ KAROL        | 232 |                        | KOSZALIN            | POL  | M30  | 28     | M 109 | 00:08:02 | 00:17:10 | 00:26:28.25 | 5:11   | 11.6 |
| 110  | MAJEWSKI KAMIL         | 116 |                        | GDAŃSK              | POL  | M30  | 29     | M 110 | 00:08:03 | 00:17:13 | 00:26:28.40 | 5:11   | 11.6 |
| 111  | JĘDRZEJCZYK FRANCISZEK | 77  |                        | TRZEBIATÓW          | POL  | M50  | 16     | M 111 | 00:08:34 | 00:17:36 | 00:26:35.00 | 5:12   | 11.5 |
| 112  | KANIEWSKI PAWEŁ        | 81  |                        | BONIN               | POL  | M40  | 46     | M 112 | 00:08:08 | 00:17:19 | 00:26:38.85 | 5:13   | 11.5 |
| 113  | PIECHOTA ROBERT        | 153 |                        | KOSZALIN            | POL  | M50  | 17     | M 113 | 00:08:16 | 00:17:33 | 00:26:42.05 | 5:14   | 11.5 |
| 114  | ROGAŁA JACEK           | 163 | FUNDACJA ZASTOPIJ      | SIANÓW              | POL  | M50  | 18     | M 114 | 00:08:18 | 00:17:26 | 00:26:48.60 | 5:15   | 11.4 |
| 115  | PLESIEWICZ TOMASZ      | 155 | TKKF KOSZALIN          | KOSZALIN            | POL  | M50  | 19     | M 115 | 00:08:35 | 00:17:46 | 00:26:55.00 | 5:16   | 11.4 |
| 116  | JANUSZEWSKI JACEK      | 71  | NIEZRZESZONY           | KOSZALIN            | POL  | M60  | 6      | M 116 | 00:08:25 | 00:17:39 | 00:26:58.85 | 5:17   | 11.3 |
| 117  | WRÓBLEWSKI MATEUSZ     | 223 |                        | KOSZALIN            | POL  | M14  | 3      | M 117 | 00:09:07 | 00:18:44 | 00:27:19.05 | 5:21   | 11.2 |
| 118  | BUTOWICZ ADAM          | 24  |                        | SZCZECINEK          | POL  | M60  | 7      | M 118 | 00:08:20 | 00:17:51 | 00:27:21.75 | 5:21   | 11.2 |
| 119  | GUTOWSKI MAREK         | 58  |                        | KOSZALIN            | POL  | M40  | 47     | M 119 | 00:08:47 | 00:18:15 | 00:27:46.65 | 5:26   | 11   |
| 120  | PIETRYKA ARTUR         | 154 | KARLINOBIEGAJ          | KARLINO             | POL  | M40  | 48     | M 120 | 00:08:58 | 00:18:44 | 00:28:36.25 | 5:36   | 10.7 |
| 121  | JEWSTAFIEW ADAM        | 76  | BIEGAJ KAROLINA        | KARLINO             | POL  | M30  | 30     | M 121 | 00:08:58 | 00:18:44 | 00:28:36.50 | 5:36   | 10.7 |
| 122  | SOBKO KRZYSZTOF        | 180 |                        | MIELNO              | POL  | M50  | 20     | M 122 | 00:08:42 | 00:18:40 | 00:28:38.60 | 5:36   | 10.7 |
| 123  | HELLER ZDZISŁAW        | 64  | HERBMARATONOW.PL       | KOSZALIN            | POL  | M60  | 8      | M 123 | 00:08:47 | 00:18:47 | 00:28:43.65 | 5:37   | 10.7 |
| 124  | KOS JANEK              | 97  | FUNDACJA ZASTOPIJ      | SIANÓW              | POL  | M50  | 21     | M 124 | 00:08:59 | 00:19:11 | 00:28:53.75 | 5:39   | 10.6 |
| 125  | DZIESZUK DARIUSZ       | 44  |                        | KOSZALIN            | POL  | M50  | 22     | M 125 | 00:09:34 | 00:19:51 | 00:29:35.55 | 5:48   | 10.3 |
| 126  | PAWLIK MARCIN          | 146 |                        | BIAŁOGARD           | POL  | M30  | 31     | M 126 | 00:09:35 | 00:19:56 | 00:30:03.50 | 5:53   | 10.2 |
| 127  | TOMCZYK KRZYSZTOF      | 199 |                        | KOSZALIN            | POL  | M40  | 49     | M 127 | 00:09:36 | 00:19:55 | 00:30:03.60 | 5:53   | 10.2 |
| 128  | SZOPKA JAKUB           | 192 |                        | HELMOND             | NED  | M30  | 32     | M 128 | 00:09:39 | 00:20:09 | 00:30:15.65 | 5:55   | 10.1 |
| 129  | ŁUBNIEWSKI ARKADIUSZ   | 114 |                        | KOSZALIN            | POL  | M30  | 33     | M 129 | 00:11:11 | 00:20:56 | 00:30:27.35 | 5:58   | 10   |
| 130  | HARASYM MATEUSZ        | 63  | FUNDACJA ZASTOPIJ      | SIANÓW              | POL  | M14  | 4      | M 130 | 00:08:10 | 00:19:49 | 00:30:43.00 | 6:01   | 10   |
| 131  | BURMAN TOMASZ          | 237 | ANANASY Z 3 FAL        | SŁUPSK              | POL  | M30  | 34     | M 131 | 00:10:05 | 00:20:11 | 00:30:45.00 | 6:01   | 10   |
| 132  | KEPKA MIROSŁAW         | 87  |                        | ŚWIDWIN             | POL  | M50  | 23     | M 132 | 00:09:11 | 00:19:41 | 00:30:45.80 | 6:01   | 10   |
| 133  | KOŁAKOWSKI DARIUSZ     | 96  |                        | ŚWIDWIN             | POL  | M50  | 24     | M 133 | 00:09:11 | 00:19:41 | 00:30:45.85 | 6:01   | 10   |
| 134  | PUDEKO DARIUSZ         | 159 | STELLANTIS ACTIVE TEAM | KOZŁÓW              | GBR  | M50  | 25     | M 134 | 00:10:14 | 00:20:34 | 00:31:02.05 | 6:05   | 9.9  |
| 135  | KWOLEK MACIEJ          | 109 |                        | KOSZALIN            | POL  | M40  | 50     | M 135 | 00:09:16 | 00:20:27 | 00:31:41.80 | 6:12   | 9.7  |
| 136  | HARASYM DANIEL         | 62  | FUNDACJA ZASTOPIJ      | SIANÓW              | POL  | M40  | 51     | M 136 | 00:09:54 | 00:20:51 | 00:32:10.90 | 6:18   | 9.5  |
| 137  | ŚWIĄTEK DANIEL         | 197 |                        | GORZÓW WIELKOPOLSKI | POL  | M18  | 14     | M 137 | 00:09:56 | 00:21:21 | 00:33:24.40 | 6:32   | 9.2  |
| 138  | CICHOSZ JERZY          | 29  | ----                   | KOSZALIN            | POL  | M70+ | 2      | M 138 | 00:10:30 | 00:22:04 | 00:33:50.45 | 6:38   | 9    |
| 139  | DOBRZAŃSKI MATEUSZ     | 38  |                        | GORZÓW WIELKOPOLSKI | POL  | M18  | 15     | M 139 | 00:10:46 | 00:24:06 | 00:35:57.30 | 7:02   | 8.5  |
| 140  | ŁASYCIA KRZYSZTOF      | 113 |                        | BIAŁOGARD           | POL  | M30  | 35     | M 140 | 00:10:58 | 00:23:44 | 00:37:27.30 | 7:20   | 8.2  |
| 141  | WESOŁOWSKI ŁUKASZ      | 209 |                        | KOSZALIN            | POL  | M30  | 36     | M 141 | 00:11:13 | 00:24:42 | 00:37:42.15 | 7:23   | 8.1  |
| 142  | WESOŁOWSKI KRZYSZTOF   | 210 |                        | KOSZALIN            | POL  | M14  | 5      | M 142 | 00:11:13 | 00:24:43 | 00:37:43.00 | 7:23   | 8.1  |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K14

| M-ce | Nazwisko i imię    | Nr  | Klub                             | M-scowość  | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|--------------------|-----|----------------------------------|------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | FOLTYNIEWICZ HANNA | 49  | 7PRO TEAM/LITWIN TRIATHLON ELITE | SZCZECINEK | POL  | K14  | 1      | K 2  | 00:06:05 | 00:12:37 | 00:19:03.85 | 3:44   | 16.1 |
| 2    | NOSAŁ MARTYNA      | 135 | KS PENTATHLON SZCZECINEK         | SZCZECINEK | POL  | K14  | 2      | K 23 | 00:07:55 | 00:17:03 | 00:25:56.75 | 5:05   | 11.8 |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M14

| M-ce | Nazwisko i imię      | Nr  | Klub              | M-scowość | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|----------------------|-----|-------------------|-----------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 1    | SOBKO MAKSYMILIAN    | 181 |                   | MIELNO    | POL  | M14  | 1      | M 19  | 00:05:47 | 00:12:26 | 00:19:12.05 | 3:45   | 15.9 |
| 2    | BARTHA TOMASZ        | 10  |                   | KOŁOBRZEG | POL  | M14  | 2      | M 81  | 00:07:32 | 00:16:13 | 00:24:25.00 | 4:47   | 12.5 |
| 3    | WRÓBLEWSKI MATEUSZ   | 223 |                   | KOSZALIN  | POL  | M14  | 3      | M 117 | 00:09:07 | 00:18:44 | 00:27:19.05 | 5:21   | 11.2 |
| 4    | HARASYM MATEUSZ      | 63  | FUNDACJA ZASTOPIJ | SIANÓW    | POL  | M14  | 4      | M 130 | 00:08:10 | 00:19:49 | 00:30:43.00 | 6:01   | 10   |
| 5    | WESOŁOWSKI KRZYSZTOF | 210 |                   | KOSZALIN  | POL  | M14  | 5      | M 142 | 00:11:13 | 00:24:43 | 00:37:43.00 | 7:23   | 8.1  |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K18**

| M-ce | Nazwisko i imię        | Nr  | Klub             | M-scowość           | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|------------------|---------------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | HISZCZYŃSKA ALEKSANDRA | 65  | SPORT GENERATION | KOSZALIN            | POL  | K18  | 1      | K 3  | 00:06:21 | 00:13:25 | 00:20:42.90 | 4:03   | 14.8 |
| 2    | OLEJARCZYK SYLWIA      | 137 |                  | ZYDOWK              | POL  | K18  | 2      | K 31 | 00:08:38 | 00:18:02 | 00:27:54.00 | 5:28   | 11   |
| 3    | SEREJ DARIA            | 172 |                  | ZGORZELEC           | POL  | K18  | 3      | K 45 | 00:09:14 | 00:19:18 | 00:30:01.60 | 5:53   | 10.2 |
| 4    | SIWAK KINGA            | 174 |                  | GORZÓW WIELKOPOLSKI | POL  | K18  | 4      | K 53 | 00:09:56 | 00:21:22 | 00:33:23.80 | 6:32   | 9.2  |
| 5    | DROZDA SANDRA          | 41  |                  | GORZÓW WIELKOPOLSKI | POL  | K18  | 5      | K 55 | 00:10:46 | 00:24:07 | 00:35:57.70 | 7:02   | 8.5  |
| 6    | WÓJCIK KAROLINA        | 219 |                  | BIAŁOGARD           | POL  | K18  | 6      | K 56 | 00:10:57 | 00:23:44 | 00:37:26.90 | 7:20   | 8.2  |
| 7    | WOJTKOWIAK AGATA       | 216 |                  | GORZÓW WIELKOPOLSKI | POL  | K18  | 7      | K 58 | 00:10:09 | 00:24:48 | 00:38:59.30 | 7:38   | 7.8  |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M18**

| M-ce | Nazwisko i imię     | Nr  | Klub                   | M-scowość           | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|---------------------|-----|------------------------|---------------------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 1    | PYSHNIAK KOSTIANTYN | 234 |                        |                     | UKR  | M18  | 1      | M 1   | 00:05:08 | 00:10:31 | 00:16:03.00 | 3:08   | 19.1 |
| 2    | PROWANCKI PATRYK    | 318 | WILKI POMORSKI         | KOSZALIN            | POL  | M18  | 2      | M 2   | 00:05:12 | 00:11:07 | 00:17:09.75 | 3:21   | 17.8 |
| 3    | KĘPKA ADRIAN        | 88  |                        | WIEKOWO             | POL  | M18  | 3      | M 4   | 00:05:29 | 00:11:31 | 00:17:35.25 | 3:26   | 17.4 |
| 4    | WOJTKIEWICZ MATEUSZ | 215 | KB 10 BIAŁOGARD        | BIAŁOGARD           | POL  | M18  | 4      | M 6   | 00:05:36 | 00:11:57 | 00:18:07.15 | 3:33   | 16.9 |
| 5    | MAKOWSKI MAREK      | 117 |                        | CHOCIWEL            | POL  | M18  | 5      | M 9   | 00:05:25 | 00:11:31 | 00:18:32.70 | 3:38   | 16.5 |
| 6    | BLOCH RADOŚŁAW      | 15  | WITKOWSKI RUNNING TEAM | DOBROWO             | POL  | M18  | 6      | M 22  | 00:06:21 | 00:13:10 | 00:19:37.35 | 3:50   | 15.6 |
| 7    | SZNYTER HUBERT      | 190 |                        | POLANÓW             | POL  | M18  | 7      | M 32  | 00:06:22 | 00:13:18 | 00:20:23.00 | 3:59   | 15   |
| 8    | PEKAŁA MIKOŁAJ      | 151 |                        | KOSZALIN            | POL  | M18  | 8      | M 35  | 00:06:50 | 00:14:06 | 00:21:08.05 | 4:08   | 14.5 |
| 9    | WRZESZCZ BARTOSZ    | 224 |                        | BROKĘCINO           | POL  | M18  | 9      | M 39  | 00:06:36 | 00:14:01 | 00:21:31.00 | 4:13   | 14.2 |
| 10   | MOKRZYCKI MICHAŁ    | 130 |                        | KOSZALIN            | POL  | M18  | 10     | M 52  | 00:07:09 | 00:15:09 | 00:22:36.25 | 4:25   | 13.5 |
| 11   | HOREGLAD PAWEŁ      | 68  | SPEEDY GONZALES        | KOSZALIN            | POL  | M18  | 11     | M 68  | 00:07:25 | 00:15:48 | 00:23:52.25 | 4:40   | 12.8 |
| 12   | RETERSKI DAMIAN     | 161 |                        | SKWIERZYŃKA         | POL  | M18  | 12     | M 102 | 00:07:48 | 00:16:50 | 00:25:47.25 | 5:03   | 11.9 |
| 13   | RADZIŃSKI MARCEL    | 160 |                        | ŚWIEMINO            | POL  | M18  | 13     | M 103 | 00:07:01 | 00:16:07 | 00:25:49.15 | 5:03   | 11.9 |
| 14   | ŚWIĄTEK DANIEL      | 197 |                        | GORZÓW WIELKOPOLSKI | POL  | M18  | 14     | M 137 | 00:09:56 | 00:21:21 | 00:33:24.40 | 6:32   | 9.2  |
| 15   | DOBRZAŃSKI MATEUSZ  | 38  |                        | GORZÓW WIELKOPOLSKI | POL  | M18  | 15     | M 139 | 00:10:46 | 00:24:06 | 00:35:57.30 | 7:02   | 8.5  |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K30**

| M-ce | Nazwisko i imię            | Nr  | Klub                     | M-scowość          | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|----------------------------|-----|--------------------------|--------------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | MIERZLIKIN NATALIA         | 128 |                          | WARSZAWA           | POL  | K30  | 1      | K 1  | 00:05:41 | 00:11:50 | 00:17:57.05 | 3:31   | 17   |
| 2    | KLUCZEWSKA EMILIA          | 93  | RUNASTYCZNI TEAM BYTÓW   | BYTÓW              | POL  | K30  | 2      | K 5  | 00:06:49 | 00:14:17 | 00:21:41.25 | 4:15   | 14.1 |
| 3    | MAZIEC BEATA               | 122 | BIEGOLAS / TTKF KOSZALIN | KOSZALIN           | POL  | K30  | 3      | K 7  | 00:07:33 | 00:15:31 | 00:23:18.15 | 4:34   | 13.1 |
| 4    | WALCZAK ANNA               | 203 |                          | MALECHÓWKO         | POL  | K30  | 4      | K 11 | 00:07:51 | 00:16:25 | 00:25:09.65 | 4:55   | 12.2 |
| 5    | GEDROWICZ ALEKSANDRA       | 239 |                          | KOSZALIN           | POL  | K30  | 5      | K 13 | 00:07:19 | 00:16:00 | 00:25:15.00 | 4:57   | 12.1 |
| 6    | FLIS ANNA                  | 48  |                          | KRETOMINO          | POL  | K30  | 6      | K 14 | 00:08:18 | 00:16:36 | 00:25:16.00 | 4:57   | 12.1 |
| 7    | GRABAREK EWELINA           | 53  |                          | WIERCISZEWO        | POL  | K30  | 7      | K 17 | 00:07:54 | 00:16:42 | 00:25:29.80 | 4:59   | 12   |
| 8    | GUDANIEC KATARZYNA         | 56  | TKKF TRIATHLON KOSZALIN  | KOSZALIN KRETOMINO | POL  | K30  | 8      | K 19 | 00:08:33 | 00:17:35 | 00:25:50.50 | 5:03   | 11.8 |
| 9    | SOCHA EWA                  | 182 |                          | WROCŁAW            | POL  | K30  | 9      | K 29 | 00:08:42 | 00:18:16 | 00:27:07.30 | 5:19   | 11.3 |
| 10   | JASIAKIEWICZ-JELEN NATALIA | 74  |                          | KOSZALIN           | POL  | K30  | 10     | K 30 | 00:08:31 | 00:17:49 | 00:27:08.95 | 5:19   | 11.3 |
| 11   | WÓJCIK EDYTA               | 220 |                          | POZNAŃ             | POL  | K30  | 11     | K 36 | 00:08:59 | 00:18:52 | 00:28:45.45 | 5:38   | 10.6 |
| 12   | SŁUPECKA ANETA             | 178 |                          | KOSZALIN           | POL  | K30  | 12     | K 40 | 00:09:34 | 00:19:52 | 00:29:25.45 | 5:46   | 10.4 |
| 13   | URBAN EWELINA              | 200 | ANANASY Z 3 FAL          | DĘBNICA KASZUBSKA  | POL  | K30  | 13     | K 42 | 00:10:05 | 00:20:11 | 00:29:49.00 | 5:50   | 10.3 |
| 14   | ANDRZEJCZYK EWELINA        | 236 | ANANASY Z 3 FAL          | SŁUPSK             | POL  | K30  | 14     | K 44 | 00:10:04 | 00:20:11 | 00:29:55.35 | 5:51   | 10.2 |
| 15   | SZULTKA SYLWIA             | 194 |                          | KOSZALIN           | POL  | K30  | 15     | K 46 | 00:08:59 | 00:19:15 | 00:30:03.90 | 5:53   | 10.2 |
| 16   | WÓJCIK ANNA                | 218 |                          | KOSZALIN           | POL  | K30  | 15     | K 46 | 00:09:35 | 00:19:55 | 00:30:03.90 | 5:53   | 10.2 |
| 17   | WESOŁOWSKA JUSTYNA         | 208 |                          | KOSZALIN           | POL  | K30  | 17     | K 57 | 00:11:13 | 00:24:43 | 00:37:42.40 | 7:23   | 8.1  |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M30

| M-ce | Nazwisko i imię        | Nr  | Klub                              | M-scowość      | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|-----------------------------------|----------------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 1    | RODZIOCH DANIEL        | 162 |                                   | WARSZAWA       | POL  | M30  | 1      | M 8   | 00:05:42 | 00:11:58 | 00:18:10.35 | 3:33   | 16.8 |
| 2    | MICHAŁOWSKI PIOTR      | 127 |                                   | PRZECHELEWO    | POL  | M30  | 2      | M 10  | 00:05:45 | 00:12:12 | 00:18:35.00 | 3:38   | 16.5 |
| 3    | ORZECZOWSKI KAMIL      | 141 | TKKF KOSZALIN                     | KOSZALIN       | POL  | M30  | 3      | M 11  | 00:06:06 | 00:12:41 | 00:18:47.45 | 3:40   | 16.3 |
| 4    | NEJMAN JERZY           | 133 |                                   | KOSZALIN       | POL  | M30  | 4      | M 17  | 00:05:45 | 00:12:15 | 00:19:02.90 | 3:43   | 16.1 |
| 5    | FEDORCZAK ŁUKASZ       | 45  | BIEGOLAS KOSZALIN                 | KONIKOWO       | POL  | M30  | 5      | M 18  | 00:06:01 | 00:12:33 | 00:19:06.30 | 3:44   | 16   |
| 6    | KLIMOWICZ MICHAŁ       | 92  |                                   | KOSZALIN       | POL  | M30  | 6      | M 20  | 00:05:58 | 00:12:34 | 00:19:15.30 | 3:46   | 15.9 |
| 7    | SZUPIŃSKI TOMASZ       | 191 |                                   | NACMIERZ       | POL  | M30  | 7      | M 24  | 00:06:00 | 00:12:48 | 00:19:48.60 | 3:52   | 15.5 |
| 8    | TŁUSTEK ŁUKASZ         | 198 | KB BRYZA POSTOMINO                | RUSINOWO       | POL  | M30  | 8      | M 27  | 00:06:12 | 00:13:09 | 00:20:08.00 | 3:56   | 15.2 |
| 9    | BARAN KRZYSZTOF        | 7   |                                   | ZŁOCENIEC      | POL  | M30  | 9      | M 30  | 00:06:06 | 00:13:04 | 00:20:18.85 | 3:58   | 15.1 |
| 10   | BARTHA ADRIAN          | 9   |                                   | KOŁOBRZEG      | POL  | M30  | 10     | M 34  | 00:06:15 | 00:13:29 | 00:20:47.75 | 4:04   | 14.7 |
| 11   | KISIELEWICZ KRZYSZTOF  | 90  | KORZYBSKIE REKINY                 | KORZYBIE       | POL  | M30  | 11     | M 37  | 00:06:53 | 00:14:10 | 00:21:23.65 | 4:11   | 14.3 |
| 12   | GAWĘDA EMIL            | 51  | DARŁOWSKIE CHARTY/KĘPKA NA TRASIE | STARY JAROSŁAW | POL  | M30  | 12     | M 41  | 00:06:48 | 00:14:15 | 00:21:34.15 | 4:13   | 14.2 |
| 13   | LIPIŃSKI SEBASTIAN     | 111 | ZDARTE PODESZWY                   | BIĄŁOGARD      | POL  | M30  | 13     | M 44  | 00:06:46 | 00:14:18 | 00:21:56.75 | 4:18   | 14   |
| 14   | ŁUKAWSKI MARIUSZ       | 115 | JW 1223                           | CHALUPY        | POL  | M30  | 14     | M 45  | 00:06:32 | 00:14:16 | 00:22:02.35 | 4:19   | 13.9 |
| 15   | BOREJKO ŁUKASZ         | 21  |                                   | KOSZALIN       | POL  | M30  | 15     | M 53  | 00:07:44 | 00:15:47 | 00:22:37.20 | 4:26   | 13.5 |
| 16   | ŚNIEŻKO MARCIN         | 196 |                                   | KOSZALIN       | POL  | M30  | 16     | M 63  | 00:07:23 | 00:15:35 | 00:23:37.25 | 4:37   | 13   |
| 17   | OWCZARZ MARCIN         | 142 | FIGA PRACOWNIA PROJEKTOWA         | BIĄŁOGARD      | POL  | M30  | 17     | M 65  | 00:07:18 | 00:15:32 | 00:23:38.90 | 4:38   | 12.9 |
| 18   | LUBLEWSKI DAWID        | 112 | MARNI BIEGACZE                    | KOSZALIN       | POL  | M30  | 18     | M 69  | 00:07:45 | 00:15:53 | 00:23:55.60 | 4:41   | 12.8 |
| 19   | SZULTKA MARIUSZ        | 193 |                                   | KOSZALIN       | POL  | M30  | 19     | M 78  | 00:07:38 | 00:16:02 | 00:24:19.15 | 4:46   | 12.6 |
| 20   | ORLIKOWSKI ROBERT      | 139 | POŁCZYN BIEGA<br>♥                | POŁCZYN ZDRÓJ  | POL  | M30  | 20     | M 87  | 00:07:36 | 00:16:07 | 00:24:49.75 | 4:51   | 12.3 |
| 21   | FIGARSKI LESZEK        | 47  |                                   | KOSZALIN       | POL  | M30  | 21     | M 88  | 00:07:15 | 00:15:53 | 00:24:55.65 | 4:53   | 12.3 |
| 22   | ANGRYŚ MACIEJ          | 3   | FUNDACJA ZASTOPIJ                 | SIANÓW         | POL  | M30  | 22     | M 90  | 00:08:08 | 00:16:50 | 00:25:06.50 | 4:55   | 12.2 |
| 23   | MENDELSKI ŁUKASZ       | 125 |                                   | KOSZALIN       | POL  | M30  | 23     | M 94  | 00:06:45 | 00:12:54 | 00:25:25.00 | 4:59   | 12   |
| 24   | ZAREMBA TOMASZ         | 231 |                                   | KOSZALIN       | POL  | M30  | 24     | M 95  | 00:08:09 | 00:17:03 | 00:25:27.95 | 4:59   | 12   |
| 25   | PANASZEWSKI PRZEMYSŁAW | 143 |                                   | KOSZALIN       | POL  | M30  | 25     | M 101 | 00:07:57 | 00:16:54 | 00:25:46.85 | 5:03   | 11.9 |
| 26   | MANDZIAK PIOTR         | 316 |                                   | KOSZALIN       | POL  | M30  | 26     | M 105 | 00:08:16 | 00:17:27 | 00:26:03.70 | 5:06   | 11.7 |
| 27   | ŻUCHEŁKOWSKI HENRYK    | 230 | NEPTUN KOŁOBRZEG                  | KOŁOBRZEG      | POL  | M30  | 27     | M 106 | 00:08:14 | 00:17:18 | 00:26:11.00 | 5:08   | 11.7 |
| 28   | LEWKOWICZ KAROL        | 232 |                                   | KOSZALIN       | POL  | M30  | 28     | M 109 | 00:08:02 | 00:17:10 | 00:26:28.25 | 5:11   | 11.6 |
| 29   | MAJEWSKI KAMIL         | 116 |                                   | GDAŃSK         | POL  | M30  | 29     | M 110 | 00:08:03 | 00:17:13 | 00:26:28.40 | 5:11   | 11.6 |
| 30   | JEWSTAFIEW ADAM        | 76  | BIEGAJ KAROLINA                   | KARLINO        | POL  | M30  | 30     | M 121 | 00:08:58 | 00:18:44 | 00:28:36.50 | 5:36   | 10.7 |
| 31   | PAWLIK MARCIN          | 146 |                                   | BIĄŁOGARD      | POL  | M30  | 31     | M 126 | 00:09:35 | 00:19:56 | 00:30:03.50 | 5:53   | 10.2 |
| 32   | SZOPKA JAKUB           | 192 |                                   | HELMOND        | NED  | M30  | 32     | M 128 | 00:09:39 | 00:20:09 | 00:30:15.65 | 5:55   | 10.1 |
| 33   | ŁUBNIEWSKI ARKADIUSZ   | 114 |                                   | KOSZALIN       | POL  | M30  | 33     | M 129 | 00:11:11 | 00:20:56 | 00:30:27.35 | 5:58   | 10   |
| 34   | BURMAN TOMASZ          | 237 | ANANASY Z 3 FAL                   | SŁUPSK         | POL  | M30  | 34     | M 131 | 00:10:05 | 00:20:11 | 00:30:45.00 | 6:01   | 10   |
| 35   | ŁASYCIA KRZYSZTOF      | 113 |                                   | BIĄŁOGARD      | POL  | M30  | 35     | M 140 | 00:10:58 | 00:23:44 | 00:37:27.30 | 7:20   | 8.2  |
| 36   | WESOŁOWSKI ŁUKASZ      | 209 |                                   | KOSZALIN       | POL  | M30  | 36     | M 141 | 00:11:13 | 00:24:42 | 00:37:42.15 | 7:23   | 8.1  |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K40

| M-ce | Nazwisko i imię        | Nr  | Klub              | M-scowość              | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|-------------------|------------------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | HAŁKA JUSTYNA          | 61  |                   | ŁOBEZ                  | POL  | K40  | 1      | K 4  | 00:06:40 | 00:14:07 | 00:21:36.05 | 4:14   | 14.2 |
| 2    | FEDORCZAK JOANNA       | 46  | BIEGOLAS KOSZALIN | ŚWIESZYNO              | POL  | K40  | 2      | K 8  | 00:07:38 | 00:16:16 | 00:24:40.50 | 4:50   | 12.4 |
| 3    | DRABKOWSKA AGNIESZKA   | 40  | CUDAKI♥           | BIĄŁOGARD              | POL  | K40  | 3      | K 10 | 00:07:36 | 00:16:08 | 00:24:49.35 | 4:51   | 12.3 |
| 4    | RYBAK DARIA            | 166 |                   | KOSZALIN               | POL  | K40  | 4      | K 12 | 00:08:11 | 00:17:11 | 00:25:14.50 | 4:56   | 12.1 |
| 5    | DRULIK-HOŁUB MARTA     | 42  |                   | KOSZALIN               | POL  | K40  | 5      | K 15 | 00:07:59 | 00:16:44 | 00:25:24.90 | 4:58   | 12   |
| 6    | WĄSOWICZ ANNA          | 206 |                   | KOŁOBRZEG/STRAMNICA 29 | POL  | K40  | 6      | K 16 | 00:07:48 | 00:16:37 | 00:25:29.30 | 4:59   | 12   |
| 7    | KUBIAK KATARZYNA       | 106 |                   | GNIEZNO                | POL  | K40  | 7      | K 18 | 00:08:10 | 00:16:57 | 00:25:32.30 | 5:00   | 12   |
| 8    | GRABOWSKA-LESISZ ANETA | 54  |                   | KOSZALIN               | POL  | K40  | 8      | K 20 | 00:07:50 | 00:16:56 | 00:25:51.40 | 5:04   | 11.8 |
| 9    | KOLIGAT ANNA           | 95  |                   | KOSZALIN               | POL  | K40  | 9      | K 22 | 00:08:17 | 00:17:06 | 00:25:56.65 | 5:05   | 11.8 |
| 10   | PAWŁOWSKA MAGDALENA    | 147 | GAMMAX            | MIELNO                 | POL  | K40  | 10     | K 24 | 00:08:11 | 00:17:12 | 00:26:23.50 | 5:10   | 11.6 |
| 11   | STOCKA-PODŁYSKA ŻANETA | 184 | ZASAPANI HYDRO    | TRZCIANKA              | POL  | K40  | 11     | K 26 | 00:08:39 | 00:17:45 | 00:26:42.90 | 5:14   | 11.5 |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K40 c.d.

| M-ce | Nazwisko i imię          | Nr  | Klub              | M-scowość        | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|--------------------------|-----|-------------------|------------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 12   | SIERGIEJ IWONA           | 173 |                   | SIANOW           | POL  | K40  | 12     | K 27 | 00:08:33 | 00:17:36 | 00:26:44.75 | 5:14   | 11.4 |
| 13   | HAŁAJKO MAGDALENA        | 60  |                   | KOSZALIN         | POL  | K40  | 13     | K 33 | 00:08:54 | 00:18:28 | 00:28:12.20 | 5:31   | 10.9 |
| 14   | SKRZYPCZYK JOANNA        | 176 | DARŁOWSKIE CHARTY | KOSZALIN         | POL  | K40  | 14     | K 34 | 00:08:20 | 00:17:56 | 00:28:18.20 | 5:32   | 10.8 |
| 15   | KANIEWSKA ANETTA         | 80  |                   | BONIN            | POL  | K40  | 15     | K 37 | 00:08:45 | 00:18:54 | 00:28:58.50 | 5:40   | 10.6 |
| 16   | SUDER-MAKSYMOWICZ MONIKA | 186 | :-)               | USTRONIE MORSKIE | POL  | K40  | 16     | K 38 | 00:09:20 | 00:19:24 | 00:28:59.10 | 5:40   | 10.6 |
| 17   | WRÓBLEWSKA MARTA         | 222 |                   | KOSZALIN         | POL  | K40  | 17     | K 39 | 00:09:17 | 00:19:20 | 00:29:01.60 | 5:41   | 10.5 |
| 18   | BEDNARZ KATARZYNA        | 13  |                   | KOŁOBRZEG        | POL  | K40  | 18     | K 41 | 00:09:18 | 00:19:29 | 00:29:30.40 | 5:47   | 10.4 |
| 19   | SAGAŁA PATRYCJA          | 169 | ANANASY Z 3 FAL   | SŁUPSK           | POL  | K40  | 19     | K 43 | 00:10:05 | 00:20:11 | 00:29:53.05 | 5:51   | 10.2 |
| 20   | WOLF BEATA               | 217 | TKKF KOSZALIN     | KOSZALIN         | POL  | K40  | 20     | K 48 | 00:09:19 | 00:20:00 | 00:30:30.80 | 5:58   | 10   |
| 21   | WALCZAK MAGDALENA        | 201 |                   | KOSZALIN         | POL  | K40  | 21     | K 51 | 00:10:11 | 00:21:13 | 00:32:44.45 | 6:25   | 9.3  |
| 22   | PAŃCZYK JUSTYNA          | 144 |                   | KOSZALIN         | POL  | K40  | 22     | K 52 | 00:10:11 | 00:21:13 | 00:32:44.70 | 6:25   | 9.3  |
| 23   | CHRYSTOFIAK JANINA       | 26  |                   | KOSZALIN         | POL  | K40  | 23     | K 54 | 00:08:58 | 00:21:52 | 00:33:54.00 | 6:38   | 9    |
| 24   | JUSZCZYK AGNIESZKA       | 78  |                   | KOSZALIN         | POL  | K40  | 24     | K 59 | 00:11:17 | 00:25:09 | 00:39:10.45 | 7:40   | 7.8  |

### XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M40

| M-ce | Nazwisko i imię            | Nr  | Klub                                      | M-scowość        | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|----------------------------|-----|-------------------------------------------|------------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | RUDNIKOWSKI MACIEJ         | 165 | DARŁOWSKIE CHARTY /<br>BIEGUZDROWISKOWYPL | DARŁOWO          | POL  | M40  | 1      | M 12 | 00:05:51 | 00:12:24 | 00:18:47.80 | 3:40   | 16.3 |
| 2    | WITKIEWICZ ERYK            | 213 |                                           | BIAŁOGARD        | POL  | M40  | 2      | M 15 | 00:05:56 | 00:12:32 | 00:18:57.00 | 3:42   | 16.1 |
| 3    | WALEŃSKI MICHAŁ            | 204 | TKKF KOSZALIN                             | SKIBIENKO        | POL  | M40  | 3      | M 16 | 00:06:00 | 00:12:33 | 00:18:59.60 | 3:43   | 16.1 |
| 4    | SMAGOWSKI WOJTEK           | 179 | OSP RĄBINO                                | RĄBINO           | POL  | M40  | 4      | M 21 | 00:06:04 | 00:12:46 | 00:19:26.80 | 3:48   | 15.7 |
| 5    | MIKODA GRZEGORZ            | 129 |                                           | BIAŁOGARD        | POL  | M40  | 5      | M 23 | 00:06:07 | 00:12:52 | 00:19:46.00 | 3:52   | 15.5 |
| 6    | KALETA SEBASTIAN           | 79  |                                           | KOSZALIN         | POL  | M40  | 6      | M 25 | 00:06:10 | 00:13:07 | 00:20:04.85 | 3:56   | 15.2 |
| 7    | WICHER KRZYSZTOF           | 211 | ADWOKATURA                                | KOSZALIN         | POL  | M40  | 7      | M 29 | 00:06:11 | 00:13:10 | 00:20:08.80 | 3:56   | 15.2 |
| 8    | KOZIEŁ PAWEŁ               | 99  |                                           | RĄBINO           | POL  | M40  | 8      | M 31 | 00:06:17 | 00:13:22 | 00:20:20.75 | 3:59   | 15   |
| 9    | WENT JAKUB                 | 207 |                                           | LEBA             | POL  | M40  | 9      | M 33 | 00:05:30 | 00:12:14 | 00:20:37.20 | 4:02   | 14.8 |
| 10   | KRACZKOWSKI PRZEMYSŁAW     | 101 |                                           | KOSZALIN         | POL  | M40  | 10     | M 38 | 00:06:38 | 00:13:58 | 00:21:27.95 | 4:12   | 14.3 |
| 11   | MAZUREK MARCIN             | 124 |                                           | WARSZAWA         | POL  | M40  | 11     | M 40 | 00:06:44 | 00:14:15 | 00:21:33.90 | 4:13   | 14.2 |
| 12   | SAWIŃSKI JACEK             | 171 |                                           | KOSZALIN         | POL  | M40  | 12     | M 42 | 00:06:42 | 00:14:09 | 00:21:37.60 | 4:14   | 14.2 |
| 13   | KRUK MARCIN                | 102 | TKKF MASTERS KOSZALIN                     | KOSZALIN         | POL  | M40  | 13     | M 43 | 00:06:33 | 00:14:06 | 00:21:51.85 | 4:17   | 14   |
| 14   | PODŁYSKA TADEUSZ           | 157 | ZASAPANI HYDRO                            | TRZCIANKA        | POL  | M40  | 14     | M 46 | 00:06:57 | 00:14:33 | 00:22:05.90 | 4:19   | 13.9 |
| 15   | IWANIEC DARIUSZ            | 69  | TKKF KOSZALIN                             | SIERAKOWO        | POL  | M40  | 15     | M 47 | 00:06:43 | 00:14:24 | 00:22:08.30 | 4:20   | 13.8 |
| 16   | ZUKAŁ PIOTR                | 227 | 7PRO SIÓDZIAK TEAM                        | KOSZALIN         | POL  | M40  | 16     | M 48 | 00:07:08 | 00:14:46 | 00:22:10.65 | 4:20   | 13.8 |
| 17   | SŁUPCZEWSKI KRZYSZTOF      | 177 | SDROG KOSZALIN                            | SIANÓW           | POL  | M40  | 17     | M 49 | 00:07:13 | 00:14:58 | 00:22:23.65 | 4:23   | 13.7 |
| 18   | PŁOSKI KRZYSZTOF           | 156 | DOM RYBAKA BOBOLIN                        | BOBOLIN          | POL  | M40  | 18     | M 50 | 00:07:19 | 00:14:55 | 00:22:27.60 | 4:24   | 13.6 |
| 19   | BARUTOWICZ GRZEGORZ        | 12  |                                           | KOSZALIN         | POL  | M40  | 19     | M 54 | 00:07:01 | 00:14:45 | 00:22:50.50 | 4:28   | 13.4 |
| 20   | MAZUR EMILIUSZ             | 123 |                                           | DARŁOWO          | POL  | M40  | 20     | M 55 | 00:06:55 | 00:14:51 | 00:22:55.35 | 4:29   | 13.4 |
| 21   | CZERŃIAK GRACJAN           | 33  |                                           | KOSZALIN         | POL  | M40  | 21     | M 56 | 00:07:13 | 00:15:11 | 00:22:59.35 | 4:30   | 13.3 |
| 22   | BRZEZIŃSKI PAWEŁ           | 22  | IRON DAD                                  | KOSZALIN         | POL  | M40  | 22     | M 58 | 00:07:14 | 00:15:23 | 00:23:15.75 | 4:33   | 13.2 |
| 23   | NOSAŁ MARIUSZ              | 134 |                                           | SZCZECINEK       | POL  | M40  | 23     | M 61 | 00:07:25 | 00:15:32 | 00:23:29.50 | 4:36   | 13   |
| 24   | BOJANOWSKI MICHAŁ          | 20  | KOŁOBRZESKI KLUB MORSÓW                   | KOŁOBRZEG        | POL  | M40  | 24     | M 62 | 00:07:15 | 00:15:18 | 00:23:35.70 | 4:37   | 13   |
| 25   | MICERSKI TOMASZ            | 126 | TKKF KOSZALIN                             | KOSZALIN         | POL  | M40  | 25     | M 64 | 00:07:31 | 00:15:41 | 00:23:38.05 | 4:38   | 12.9 |
| 26   | KALINOWSKI KRZYSZTOF       | 240 |                                           | KOSZALIN         | POL  | M40  | 26     | M 66 | 00:06:54 | 00:14:59 | 00:23:43.65 | 4:39   | 12.9 |
| 27   | DIDEŁUCH JACEK             | 37  | KARLINOBIEGAJ                             | POBŁOCIE WIELKIE | POL  | M40  | 27     | M 74 | 00:07:44 | 00:15:54 | 00:24:05.55 | 4:43   | 12.7 |
| 28   | SUDER-MAKSYMOWICZ GRZEGORZ | 187 | :-)                                       | USTRONIE MORSKIE | POL  | M40  | 28     | M 76 | 00:07:15 | 00:15:39 | 00:24:08.85 | 4:43   | 12.7 |
| 29   | DĄBROWSKI GRZEGORZ         | 36  |                                           | KOSZALIN         | POL  | M40  | 29     | M 79 | 00:07:50 | 00:16:08 | 00:24:19.60 | 4:46   | 12.6 |
| 30   | BODO RAFAŁ                 | 17  | ZOZKOSZ KOSZALIN                          | KOSZALIN         | POL  | M40  | 30     | M 80 | 00:07:39 | 00:16:03 | 00:24:20.75 | 4:46   | 12.6 |
| 31   | STRZELECKI GRZEGORZ        | 185 | FIGA PRACOWNIA PROJEKTOWA                 | BIAŁOGARD        | POL  | M40  | 31     | M 82 | 00:07:19 | 00:15:53 | 00:24:27.65 | 4:47   | 12.5 |
| 32   | SARBIEWSKI PRZEMYSŁAW      | 170 |                                           | TRZEBIATÓW       | POL  | M40  | 32     | M 83 | 00:08:08 | 00:16:34 | 00:24:33.25 | 4:48   | 12.5 |
| 33   | PAWŁOWSKI GRZEGORZ         | 148 | GAMMAX                                    | MIELNO           | POL  | M40  | 33     | M 84 | 00:07:47 | 00:16:29 | 00:24:35.60 | 4:49   | 12.4 |
| 34   | RYBAK PRZEMYSŁAW           | 167 |                                           | KOSZALIN         | POL  | M40  | 34     | M 85 | 00:07:56 | 00:16:29 | 00:24:38.55 | 4:49   | 12.4 |
| 35   | BURKIET PAWEŁ              | 23  |                                           | KOSZALIN         | POL  | M40  | 35     | M 86 | 00:07:42 | 00:16:14 | 00:24:41.75 | 4:50   | 12.4 |
| 36   | KASPRZYK BOGDAN            | 84  |                                           | MŚCICE           | POL  | M40  | 36     | M 89 | 00:07:53 | 00:16:33 | 00:25:01.15 | 4:54   | 12.2 |
| 37   | WALCZAK RAFAŁ              | 202 |                                           | KOSZALIN         | POL  | M40  | 37     | M 91 | 00:07:12 | 00:16:05 | 00:25:11.20 | 4:56   | 12.2 |
| 38   | BUTRYM WIKTOR              | 25  | BAŁTYK KOSZALIN                           | KOSZALIN         | POL  | M40  | 38     | M 93 | 00:07:43 | 00:16:25 | 00:25:17.95 | 4:57   | 12.1 |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M40 c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub                     | M-scowość | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|---------------------|-----|--------------------------|-----------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 39   | ORŁOWSKI PAWEŁ      | 140 |                          | SIANÓW    | POL  | M40  | 39     | M 96  | 00:08:05 | 00:16:47 | 00:25:29.10 | 4:59   | 12   |
| 40   | KANIOWSKI JACEK     | 82  | W. P. K. SŁON TEAM USTKA | SŁAWNO    | POL  | M40  | 40     | M 97  | 00:07:52 | 00:16:34 | 00:25:30.10 | 5:00   | 12   |
| 41   | ANTKOWIAK SEBASTIAN | 4   | DB - ACTIVE              | KOSZALIN  | POL  | M40  | 41     | M 98  | 00:07:26 | 00:16:21 | 00:25:34.75 | 5:00   | 12   |
| 42   | MONGIAŁO MARCIN     | 131 |                          | KOSZALIN  | POL  | M40  | 42     | M 99  | 00:08:07 | 00:17:01 | 00:25:39.85 | 5:01   | 11.9 |
| 43   | KINOWSKI KAROL      | 89  | CHRUPIŃSKI CHRUPIŃSKI... | KOSZALIN  | POL  | M40  | 43     | M 100 | 00:08:21 | 00:17:16 | 00:25:44.85 | 5:02   | 11.9 |
| 44   | ORŁOWSKI BARTOSZ    | 34  | 51050942                 | KOSZALIN  | POL  | M40  | 44     | M 104 | 00:07:51 | 00:16:57 | 00:25:52.70 | 5:04   | 11.8 |
| 45   | KARASIEWICZ ROBERT  | 83  |                          | KOSZALIN  | POL  | M40  | 45     | M 107 | 00:08:04 | 00:17:01 | 00:26:19.85 | 5:09   | 11.6 |
| 46   | KANIEWSKI PAWEŁ     | 81  |                          | BONIN     | POL  | M40  | 46     | M 112 | 00:08:08 | 00:17:19 | 00:26:38.85 | 5:13   | 11.5 |
| 47   | GUTOWSKI MAREK      | 58  |                          | KOSZALIN  | POL  | M40  | 47     | M 119 | 00:08:47 | 00:18:15 | 00:27:46.65 | 5:26   | 11   |
| 48   | PIETRYKA ARTUR      | 154 | KARLINOBIEGAJ            | KARLINO   | POL  | M40  | 48     | M 120 | 00:08:58 | 00:18:44 | 00:28:36.25 | 5:36   | 10.7 |
| 49   | TOMCZYK KRZYSZTOF   | 199 |                          | KOSZALIN  | POL  | M40  | 49     | M 127 | 00:09:36 | 00:19:55 | 00:30:03.60 | 5:53   | 10.2 |
| 50   | KWOLEK MACIEJ       | 109 |                          | KOSZALIN  | POL  | M40  | 50     | M 135 | 00:09:16 | 00:20:27 | 00:31:41.80 | 6:12   | 9.7  |
| 51   | HARASYM DANIEL      | 62  | FUNDACJA ZASTOPIJ        | SIANÓW    | POL  | M40  | 51     | M 136 | 00:09:54 | 00:20:51 | 00:32:10.90 | 6:18   | 9.5  |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K50**

| M-ce | Nazwisko i imię       | Nr  | Klub          | M-scowość | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|-----------------------|-----|---------------|-----------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | DĄBROWSKA ALICJA      | 35  | TKKF KOSZALIN | SIANÓW    | POL  | K50  | 1      | K 6  | 00:07:13 | 00:15:13 | 00:22:58.40 | 4:30   | 13.3 |
| 2    | KRUPIŃSKA BEATA       | 103 | E-UROLOG.EU   | KOSZALIN  | POL  | K50  | 2      | K 9  | 00:07:42 | 00:16:18 | 00:24:49.20 | 4:51   | 12.3 |
| 3    | PEŁKA IWONA PEŁKA     | 149 |               | KOSZALIN  | POL  | K50  | 3      | K 32 | 00:08:54 | 00:18:47 | 00:28:03.65 | 5:30   | 10.9 |
| 4    | MARSCZAŁKOWSKA DOROTA | 121 | TKKF KOSZALIN | KOSZALIN  | POL  | K50  | 4      | K 49 | 00:09:36 | 00:20:30 | 00:31:23.20 | 6:09   | 9.8  |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M50**

| M-ce | Nazwisko i imię        | Nr  | Klub                   | M-scowość   | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|------------------------|-------------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 1    | RYBARCZYK JAN          | 168 | ŻYJ Z ENERGIA          | DARŁOWO     | POL  | M50  | 1      | M 3   | 00:05:26 | 00:11:22 | 00:17:21.60 | 3:24   | 17.6 |
| 2    | KOZAK ARKADIUSZ        | 98  | TKKF KOSZALIN          | BONIN       | POL  | M50  | 2      | M 5   | 00:05:28 | 00:11:37 | 00:17:52.25 | 3:30   | 17.1 |
| 3    | GUZOWSKI DARIUSZ       | 59  | TALEX BORZYTUCHOM      | CETYŃ       | POL  | M50  | 3      | M 7   | 00:05:40 | 00:11:58 | 00:18:08.85 | 3:33   | 16.9 |
| 4    | PICK TOMASZ            | 152 | BIEGOLAS / KORONA      | KOSZALIN    | POL  | M50  | 4      | M 13  | 00:06:00 | 00:12:33 | 00:18:51.35 | 3:41   | 16.2 |
| 5    | CYRULEWSKI RAFAŁ       | 32  |                        | GUTOWO MAŁE | POL  | M50  | 5      | M 14  | 00:06:00 | 00:12:27 | 00:18:56.05 | 3:42   | 16.2 |
| 6    | ZWOLIŃSKI JAN          | 228 | TKKF KOSZALIN          | WIERCISZEWO | POL  | M50  | 6      | M 26  | 00:06:08 | 00:13:08 | 00:20:05.00 | 3:56   | 15.2 |
| 7    | WILK DANIEL            | 212 | WILK I ZAJĄC           | KRZYŻ WLKP  | POL  | M50  | 7      | M 27  | 00:06:05 | 00:13:06 | 00:20:08.00 | 3:56   | 15.2 |
| 8    | MOSZYŃSKI JACEK        | 132 | TKKF KOSZALIN          | SIANÓW      | POL  | M50  | 8      | M 36  | 00:06:35 | 00:13:57 | 00:21:10.95 | 4:09   | 14.5 |
| 9    | KRUPIŃSKI KRZYSZTOF    | 104 | E-UROLOG.EU            | KOSZALIN    | POL  | M50  | 9      | M 51  | 00:07:01 | 00:14:46 | 00:22:28.90 | 4:24   | 13.6 |
| 10   | PEKAŁA PIOTR           | 150 | SOSW KOSZALIN          | KOSZALIN    | POL  | M50  | 10     | M 59  | 00:07:22 | 00:15:26 | 00:23:16.65 | 4:33   | 13.2 |
| 11   | ADASZYŃSKI WIESŁAW     | 2   | BIEGOLAS KOSZALIN      | BOBOLICE    | POL  | M50  | 11     | M 60  | 00:06:59 | 00:15:10 | 00:23:27.45 | 4:35   | 13   |
| 12   | MAZUR MIROSŁAW         | 238 | TKKF KOSZALIN          | KOSZALIN    | POL  | M50  | 12     | M 70  | 00:07:34 | 00:15:50 | 00:23:56.80 | 4:41   | 12.8 |
| 13   | KISIELIŃSKI IGOR       | 91  |                        | KOSZALIN    | POL  | M50  | 13     | M 73  | 00:07:37 | 00:15:55 | 00:24:04.95 | 4:43   | 12.7 |
| 14   | SCHWARZ LUDWIK         | 233 |                        | KOSZALIN    | POL  | M50  | 14     | M 77  | 00:07:36 | 00:15:57 | 00:24:16.05 | 4:45   | 12.6 |
| 15   | JASIEŃSKI PIOTR        | 75  |                        | KOSZALIN    | POL  | M50  | 15     | M 92  | 00:08:17 | 00:16:59 | 00:25:14.50 | 4:56   | 12.1 |
| 16   | JĘDRZEJCZYK FRANCISZEK | 77  |                        | TRZEBIATÓW  | POL  | M50  | 16     | M 111 | 00:08:34 | 00:17:36 | 00:26:35.00 | 5:12   | 11.5 |
| 17   | PIECHOTA ROBERT        | 153 |                        | KOSZALIN    | POL  | M50  | 17     | M 113 | 00:08:16 | 00:17:33 | 00:26:42.05 | 5:14   | 11.5 |
| 18   | ROGAŁA JACEK           | 163 | FUNDACJA ZASTOPIJ      | SIANÓW      | POL  | M50  | 18     | M 114 | 00:08:18 | 00:17:26 | 00:26:48.60 | 5:15   | 11.4 |
| 19   | PLESIEWICZ TOMASZ      | 155 | TKKF KOSZALIN          | KOSZALIN    | POL  | M50  | 19     | M 115 | 00:08:35 | 00:17:46 | 00:26:55.00 | 5:16   | 11.4 |
| 20   | SOBKÓ KRZYSZTOF        | 180 |                        | MIELNO      | POL  | M50  | 20     | M 122 | 00:08:42 | 00:18:40 | 00:28:38.60 | 5:36   | 10.7 |
| 21   | KOS JANEK              | 97  | FUNDACJA ZASTOPIJ      | SIANÓW      | POL  | M50  | 21     | M 124 | 00:08:59 | 00:19:11 | 00:28:53.75 | 5:39   | 10.6 |
| 22   | DZIESZUK DARIUSZ       | 44  |                        | KOSZALIN    | POL  | M50  | 22     | M 125 | 00:09:34 | 00:19:51 | 00:29:35.55 | 5:48   | 10.3 |
| 23   | KEPKA MIROSŁAW         | 87  |                        | ŚWIDWIN     | POL  | M50  | 23     | M 132 | 00:09:11 | 00:19:41 | 00:30:45.80 | 6:01   | 10   |
| 24   | KOŁAKOWSKI DARIUSZ     | 96  |                        | ŚWIDWIN     | POL  | M50  | 24     | M 133 | 00:09:11 | 00:19:41 | 00:30:45.85 | 6:01   | 10   |
| 25   | PUDEŁKO DARIUSZ        | 159 | STELLANTIS ACTIVE TEAM | KOZŁÓW      | GBR  | M50  | 25     | M 134 | 00:10:14 | 00:20:34 | 00:31:02.05 | 6:05   | 9.9  |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, K60+**

| M-ce | Nazwisko i imię        | Nr  | Klub                    | M-scowość          | Kraj | Kat. | M. kat | K/M  | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|------------------------|-----|-------------------------|--------------------|------|------|--------|------|----------|----------|-------------|--------|------|
| 1    | BOGACKA LUCYNA         | 18  | TKKF KOSZALIN           | KOSZALIN           | POL  | K60+ | 1      | K 21 | 00:08:10 | 00:16:58 | 00:25:54.15 | 5:04   | 11.8 |
| 2    | MALINOWSKA MAŁGORZATA  | 118 |                         | ŚWIDWIN            | POL  | K60+ | 2      | K 25 | 00:08:40 | 00:17:44 | 00:26:33.50 | 5:12   | 11.5 |
| 3    | GUDANIEC DOROTA        | 57  | TKKF TRIATHLON KOSZALIN | KOSZALIN KRETOMINO | POL  | K60+ | 3      | K 28 | 00:08:33 | 00:17:35 | 00:26:45.20 | 5:14   | 11.4 |
| 4    | BARTON KRYSZYNA        | 11  | PRZECHELEWO             | PRZECHELEWO        | POL  | K60+ | 4      | K 35 | 00:08:20 | 00:18:08 | 00:28:30.70 | 5:35   | 10.7 |
| 5    | MARCZAK MAŁGORZATA     | 120 |                         | ŻELKOWO            | POL  | K60+ | 5      | K 50 | 00:09:26 | 00:20:26 | 00:31:56.20 | 6:15   | 9.6  |
| 6    | KOZŁOWIECKA MAŁGORZATA | 255 | TKKF KOSZALIN           | KOSZALIN           | POL  | K60+ | 6      | K 60 | 00:11:47 | 00:25:33 | 00:39:38.85 | 7:46   | 7.7  |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M60**

| M-ce | Nazwisko i imię   | Nr  | Klub                      | M-scowość     | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|-------------------|-----|---------------------------|---------------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 1    | CHUDY HENRYK      | 27  | K SOLSZEWSKI I SYNOWIE    | SŁAWSKO       | POL  | M60  | 1      | M 57  | 00:07:02 | 00:14:58 | 00:23:05.05 | 4:31   | 13.3 |
| 2    | CHUDZIK ZBIGNIEW  | 28  | TKKF KOSZALIN             | STARE BIELICE | POL  | M60  | 2      | M 67  | 00:07:32 | 00:15:43 | 00:23:46.60 | 4:39   | 12.9 |
| 3    | SKOWYRSKI JANUSZ  | 175 | TKKF KOSZALIN             | STARE BIELICE | POL  | M60  | 3      | M 71  | 00:07:30 | 00:15:43 | 00:24:02.50 | 4:42   | 12.7 |
| 4    | ZACHARSKI JERZY   | 226 | FABRYKA NORDICA TRZCIANKA | TRZCIANKA     | POL  | M60  | 4      | M 72  | 00:07:21 | 00:15:44 | 00:24:03.85 | 4:42   | 12.7 |
| 5    | BOGACKI TOMASZ    | 19  | TKKF KOSZALIN             | KOSZALIN      | POL  | M60  | 5      | M 75  | 00:07:37 | 00:15:56 | 00:24:07.80 | 4:43   | 12.7 |
| 6    | JANUSZEWSKI JACEK | 71  | NIEZRZESZONY              | KOSZALIN      | POL  | M60  | 6      | M 116 | 00:08:25 | 00:17:39 | 00:26:58.85 | 5:17   | 11.3 |
| 7    | BUTOWICZ ADAM     | 24  |                           | SZCZECINEK    | POL  | M60  | 7      | M 118 | 00:08:20 | 00:17:51 | 00:27:21.75 | 5:21   | 11.2 |
| 8    | HELLER ZDZISŁAW   | 64  | HERBMARATONOW.PL          | KOSZALIN      | POL  | M60  | 8      | M 123 | 00:08:47 | 00:18:47 | 00:28:43.65 | 5:37   | 10.7 |

**XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM, M70+**

| M-ce | Nazwisko i imię      | Nr  | Klub          | M-scowość | Kraj | Kat. | M. kat | K/M   | 1.6km    | 3.35km   | Netto       | min/km | km/h |
|------|----------------------|-----|---------------|-----------|------|------|--------|-------|----------|----------|-------------|--------|------|
| 1    | KOZŁOWIECKI WALDEMAR | 100 | TKKF KOSZALIN | KOSZALIN  | POL  | M70+ | 1      | M 108 | 00:08:16 | 00:17:19 | 00:26:23.70 | 5:10   | 11.6 |
| 2    | CICHOSZ JERZY        | 29  | ----          | KOSZALIN  | POL  | M70+ | 2      | M 138 | 00:10:30 | 00:22:04 | 00:33:50.45 | 6:38   | 9    |