

## NORDIC WALKING

Organizator: Stowarzyszenie Rowerowa Brzoza  
 Data: 2022-12-31  
 Miejsce: Brzoza  
 Dystans: 5 km  
 Klasyfikacja wg czasów netto.

## NORDIC WALKING , OPEN

| M-ce | Nazwisko i imię       | Nr  | Klub                     | M-scowość       | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1                | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-----------------------|-----|--------------------------|-----------------|------|--------|--------|------|---------|------|--------------------------|----------|----------|-------------|--------|------|
| 1    | KRAJNİK JACEK         | 409 | LIFE BALANCE PLACE       | BYDGOSZCZ       |      | M46-55 | 1      | M 1  |         |      | LIFE BALANCE PLACE       | 00:16:21 | 00:32:22 | 00:35:22.85 | 7:04   | 8.5  |
| 2    | KOLBERG KAMILA        | 337 |                          | ZIELEŃ          |      | K36-45 | 1      | K 1  |         |      |                          | 00:16:35 | 00:32:35 | 00:35:31.55 | 7:06   | 8.4  |
| 3    | KUSA PIOTR            | 393 | LIFE BALANCE PLACE       | BYDGOSZCZ       |      | M36-45 | 1      | M 2  |         |      | LIFE BALANCE PLACE       | 00:16:46 | 00:32:55 | 00:35:59.30 | 7:11   | 8.3  |
| 4    | KĘDZIERSKA AGNIESZKA  | 336 |                          | TRZEMESZNO      |      | K46-55 | 1      | K 2  |         |      |                          | 00:16:57 | 00:33:05 | 00:36:11.45 | 7:14   | 8.3  |
| 5    | NOWAKOWSKI GRZEGORZ   | 232 |                          | BYDGOSZCZ       |      | M36-45 | 2      | M 3  |         |      |                          | 00:17:02 | 00:33:19 | 00:36:25.45 | 7:17   | 8.2  |
| 6    | WOJTANIS MAGDALENA    | 45  |                          | TORUŃ           |      | K36-45 | 2      | K 3  |         |      |                          | 00:17:02 | 00:33:23 | 00:36:29.75 | 7:17   | 8.2  |
| 7    | POTRZEBOWSKA AGATA    | 121 | LIFE BALANCE PLACE       | BYDGOSZCZ       |      | K36-45 | 3      | K 4  |         |      | LIFE BALANCE PLACE       | 00:17:22 | 00:34:15 | 00:37:22.90 | 7:28   | 8    |
| 8    | GABRYSAK MAGDALENA    | 247 | ROWEROWA BRZOZA          | ROGOWO          |      | K36-45 | 4      | K 5  |         |      | ROWEROWA BRZOZA          | 00:17:51 | 00:34:32 | 00:37:43.40 | 7:32   | 8    |
| 9    | POTRZEBOWSKI MAREK    | 122 | LIFE BALANCE PLACE       | BYDGOSZCZ       |      | M36-45 | 3      | M 4  |         |      | LIFE BALANCE PLACE       | 00:17:02 | 00:34:29 | 00:37:46.00 | 7:33   | 7.9  |
| 10   | ĆWIKLIŃSKA ANNA       | 407 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ       |      | K36-45 | 5      | K 6  |         |      | AKADEMIA MISTRZÓW SPORTU | 00:17:51 | 00:34:50 | 00:38:02.80 | 7:36   | 7.9  |
| 11   | MACIŃSKI WALDEMAR     | 175 | ANTIDOTUM                | BYDGOSZCZ       |      | M36-45 | 4      | M 5  |         |      | ANTIDOTUM                | 00:18:29 | 00:35:34 | 00:38:44.70 | 7:44   | 7.7  |
| 12   | PIECHOWSKA MAGDALENA  | 133 |                          | CHOJNICE        |      | K36-45 | 6      | K 7  |         |      |                          | 00:18:13 | 00:35:32 | 00:38:48.55 | 7:45   | 7.7  |
| 13   | STEMPNIAK ANNA        | 112 |                          | INOWROCLAW      |      | K46-55 | 2      | K 8  |         |      |                          | 00:18:26 | 00:35:51 | 00:39:14.65 | 7:50   | 7.6  |
| 14   | CIESIELSKI KRZYSZTOF  | 68  |                          | GNIEZNO         |      | M56+   | 1      | M 6  |         |      |                          | 00:18:38 | 00:36:09 | 00:39:28.85 | 7:53   | 7.6  |
| 15   | STAWNIAK KAROL        | 178 |                          | ŻNIN            |      | M56+   | 2      | M 7  |         |      |                          | 00:18:28 | 00:36:12 | 00:39:39.95 | 7:55   | 7.6  |
| 16   | FRYZIAK MONIKA        | 37  |                          | SUCHORĄCZEK     |      | K46-55 | 3      | K 9  |         |      |                          | 00:18:27 | 00:36:17 | 00:39:45.20 | 7:57   | 7.5  |
| 17   | TRZCIŃSKI EUGENIUSZ   | 426 |                          | BYDGOSZCZ       |      | M56+   | 3      | M 8  |         |      |                          | 00:18:43 | 00:36:26 | 00:39:48.55 | 7:57   | 7.5  |
| 18   | LEWANDOWSKI MACIEJ    | 288 |                          | ROJEWO          |      | M35    | 1      | M 9  |         |      |                          | 00:18:48 | 00:36:30 | 00:39:52.85 | 7:58   | 7.5  |
| 19   | MINISZEWSKA IRENA     | 325 |                          | BYDGOSZCZ       |      | K36-45 | 7      | K 10 |         |      |                          | 00:18:53 | 00:36:57 | 00:40:22.50 | 8:04   | 7.4  |
| 20   | ZAKOŚCIELNY KRZYSZTOF | 39  |                          | 89-410 WIĘCBORK |      | M56+   | 4      | M 10 |         |      |                          | 00:18:42 | 00:36:48 | 00:40:27.30 | 8:05   | 7.4  |
| 21   | KUPER MARIUSZ         | 124 |                          | BYDGOSZCZ       |      | M36-45 | 5      | M 11 |         |      |                          | 00:18:42 | 00:37:14 | 00:40:48.05 | 8:09   | 7.4  |
| 22   | POLAK PAWEŁ           | 115 |                          | INOWROCLAW      |      | M35    | 2      | M 12 |         |      |                          | 00:19:37 | 00:37:37 | 00:40:56.60 | 8:11   | 7.3  |
| 23   | WILBRANDT KATARZYNA   | 324 | GOSIR OSIELSKO           | MAKSYMILIA NOWO |      | K36-45 | 8      | K 11 |         |      | GOSIR OSIELSKO           | 00:19:30 | 00:37:30 | 00:40:59.70 | 8:11   | 7.3  |
| 24   | SIÓDZIAK SŁAWOMIR     | 168 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ       |      | M36-45 | 6      | M 13 |         |      | AKADEMIA MISTRZÓW SPORTU | 00:19:21 | 00:37:33 | 00:41:03.20 | 8:12   | 7.3  |
| 25   | WONIAKOWSKI CZESŁAW   | 253 |                          | BYDGOSZCZ       |      | M56+   | 5      | M 14 |         |      |                          | 00:19:43 | 00:37:59 | 00:41:26.20 | 8:17   | 7.2  |

**NORDIC WALKING , OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub                            | M-scowość        | Kraj   | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1                       | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|---------------------------------|------------------|--------|------|--------|------|---------|------|---------------------------------|----------|----------|-------------|--------|------|
| 26   | NOWAKOWSKA MARTA            | 231 |                                 | BYDGOSZCZ        | K35    |      | 1      | K 12 |         |      |                                 | 00:19:31 | 00:38:08 | 00:41:33.40 | 8:18   | 7.2  |
| 27   | OLEJNICZAK TOMASZ           | 314 |                                 | ZIELONKA         | M46-55 |      | 2      | M 15 |         |      |                                 | 00:19:57 | 00:38:39 | 00:42:13.30 | 8:26   | 7.1  |
| 28   | GRALIK MAREK                | 129 | KURATORIUM OŚWIATY W BYDGOSZCZY | BYDGOSZCZ        | M56+   |      | 6      | M 16 |         |      | KURATORIUM OŚWIATY W BYDGOSZCZY | 00:19:27 | 00:38:50 | 00:42:23.40 | 8:28   | 7.1  |
| 29   | KITKOWSKI MACIEJ            | 292 |                                 | OSIELSKO         | M46-55 |      | 3      | M 17 |         |      |                                 | 00:20:14 | 00:38:54 | 00:42:24.25 | 8:28   | 7.1  |
| 30   | KWIATKOWSKA ELŻBIETA        | 377 |                                 | 85-794 BYDGOSZCZ | K46-55 |      | 4      | K 13 |         |      |                                 | 00:19:45 | 00:38:50 | 00:42:26.45 | 8:29   | 7.1  |
| 31   | ADAMSKA MARCINIAK MONIKA    | 7   |                                 | ŁOCHOWICE        | K35    |      | 2      | K 14 |         |      |                                 | 00:19:49 | 00:38:57 | 00:42:36.80 | 8:31   | 7    |
| 32   | WRUK JUSTYNA                | 109 | DIABELSKIE PIORUNY              | GRODEK           | K46-55 |      | 5      | K 15 |         |      | DIABELSKIE PIORUNY              | 00:20:18 | 00:39:25 | 00:43:00.30 | 8:36   | 7    |
| 33   | PAŚ KATARZYNA               | 97  | CHARTY SZELEJEWO                | WYMYSŁÓW O       | K46-55 |      | 6      | K 16 |         |      | CHARTY SZELEJEWO                | 00:20:22 | 00:39:27 | 00:43:08.20 | 8:37   | 7    |
| 34   | ZALEWSKA ALINA              | 320 |                                 | SIEROŚŁAW        | K36-45 |      | 9      | K 17 |         |      |                                 | 00:20:19 | 00:39:46 | 00:43:30.15 | 8:42   | 6.9  |
| 35   | WIŚNIEWSKA ELŻBIETA         | 63  | ROWEROWA BRZOZA                 | OLIMPIN          | K56+   |      | 1      | K 18 |         |      | ROWEROWA BRZOZA                 | 00:20:24 | 00:39:49 | 00:43:32.45 | 8:42   | 6.9  |
| 36   | KUSA KAROLINA               | 394 | LIFE BALANCE PLACE              | BYDGOSZCZ        | K36-45 |      | 10     | K 19 |         |      | LIFE BALANCE PLACE              | 00:20:29 | 00:40:29 | 00:44:10.00 | 8:50   | 6.8  |
| 37   | RYDELSKA KINGA              | 29  |                                 | BYDGOSZCZ        | K46-55 |      | 7      | K 20 |         |      |                                 | 00:21:07 | 00:40:32 | 00:44:13.80 | 8:50   | 6.8  |
| 38   | POLIWODZIŃSKA AGNIESZKA     | 119 | FKS WISŁA FORDON                | BYDGOSZCZ        | K36-45 |      | 11     | K 21 |         |      | FKS WISŁA FORDON                | 00:21:05 | 00:40:38 | 00:44:18.90 | 8:51   | 6.8  |
| 39   | STACHURA MICHAŁ             | 125 |                                 | NOWA WIEŚ WIELKA | M46-55 |      | 4      | M 18 |         |      |                                 | 00:21:03 | 00:40:42 | 00:44:27.40 | 8:53   | 6.7  |
| 40   | PIECZKA ANETA               | 135 | ANTIDOTUM                       | BYŚLAW           | K35    |      | 3      | K 22 |         |      | ANTIDOTUM                       | 00:21:05 | 00:40:48 | 00:44:28.05 | 8:53   | 6.7  |
| 41   | BULIK-FRONTCZAK KATARZYNA   | 201 |                                 | NOWA WIEŚ WIELKA | K36-45 |      | 12     | K 23 |         |      |                                 | 00:21:05 | 00:40:44 | 00:44:28.50 | 8:53   | 6.7  |
| 42   | WOJTYSIAK-MAŁECKA KATARZYNA | 451 |                                 | MAKSYMILIA NOWO  | K36-45 |      | 13     | K 24 |         |      |                                 | 00:20:18 | 00:40:31 | 00:44:33.80 | 8:54   | 6.7  |
| 43   | ZALEWSKA OLIWIA             | 318 | DIABELSKIE PIORUNY              | DRZYCIM          | K35    |      | 4      | K 25 |         |      | DIABELSKIE PIORUNY              | 00:21:00 | 00:41:08 | 00:45:14.95 | 9:02   | 6.6  |
| 44   | SZYPURA JAROSŁAW            | 132 |                                 | BYDGOSZCZ        | M36-45 |      | 7      | M 19 |         |      |                                 | 00:21:46 | 00:41:58 | 00:45:48.10 | 9:09   | 6.6  |
| 45   | GONDEK BARBARA              | 500 |                                 | KROBIA           | K36-45 |      | 14     | K 26 |         |      |                                 | 00:21:34 | 00:42:06 | 00:46:03.20 | 9:12   | 6.5  |
| 46   | BARTOSZYŃSKA ALEKSANDRA     | 146 |                                 | TORUŃ            | K36-45 |      | 15     | K 27 |         |      |                                 | 00:21:35 | 00:42:06 | 00:46:03.40 | 9:12   | 6.5  |
| 47   | KARŁOWSKA RENATA            | 321 |                                 | GRÓDEK           | K46-55 |      | 8      | K 28 |         |      |                                 | 00:21:46 | 00:42:25 | 00:46:18.55 | 9:15   | 6.5  |
| 48   | JUNKA MAŁGORZATA            | 303 |                                 | BYDGOSZCZ        | K46-55 |      | 9      | K 29 |         |      |                                 | 00:22:42 | 00:43:00 | 00:46:52.75 | 9:22   | 6.4  |
| 49   | SPYCHALSKA ANNA             | 278 |                                 | KORONOWO         | K36-45 |      | 16     | K 29 |         |      |                                 | 00:22:41 | 00:42:59 | 00:46:52.75 | 9:22   | 6.4  |
| 50   | GRABOWSKA JOANNA            | 302 |                                 | BYDGOSZCZ        | K46-55 |      | 10     | K 31 |         |      |                                 | 00:22:41 | 00:43:01 | 00:46:53.55 | 9:22   | 6.4  |
| 51   | ZABŁOCKA MARIA              | 263 |                                 | GOGÓŁKOW O       | K46-55 |      | 11     | K 32 |         |      |                                 | 00:22:16 | 00:43:08 | 00:47:02.05 | 9:24   | 6.4  |
| 52   | TULIBACKA EWELINA           | 492 |                                 |                  | K36-45 |      | 17     | K 33 |         |      |                                 | 00:22:13 | 00:43:03 | 00:47:04.95 | 9:24   | 6.4  |
| 53   | MOSUR-GALICKA ANGELINA      | 65  | AKADEMIA MISTRZÓW SPORTU        | KOBYLARNIA       | K46-55 |      | 12     | K 34 |         |      | AKADEMIA MISTRZÓW SPORTU        | 00:22:10 | 00:43:19 | 00:47:10.55 | 9:26   | 6.4  |
| 54   | GALICKA NINA                | 391 | AKADEMIA MISTRZÓW SPORTU        | KOBYLARNIA       | K35    |      | 5      | K 35 |         |      | AKADEMIA MISTRZÓW SPORTU        | 00:22:11 | 00:43:20 | 00:47:11.20 | 9:26   | 6.4  |
| 55   | KRANZ ANNA                  | 257 |                                 | ŁABISZYN         | K36-45 |      | 18     | K 36 |         |      |                                 | 00:21:41 | 00:43:09 | 00:47:16.80 | 9:27   | 6.3  |

**NORDIC WALKING , OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub             | M-scowość   | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1        | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|------------------|-------------|------|--------|--------|------|---------|------|------------------|----------|----------|-------------|--------|------|
| 56   | KAWALERSKA ANNA             | 323 | GOSIR OSIELSKO   | NIEMCZ      |      | K46-55 | 13     | K 37 |         |      | GOSIR OSIELSKO   | 00:23:43 | 00:45:26 | 00:47:27.95 | 9:29   | 6.3  |
| 57   | KAWALERSKI KRZYSZTOF        | 322 | GOSIR OSIELSKO   | NIEMCZ      |      | M46-55 | 5      | M 20 |         |      | GOSIR OSIELSKO   | 00:22:32 | 00:44:15 | 00:48:20.25 | 9:40   | 6.2  |
| 58   | POMORSKA ANNA               | 301 |                  | ROGOWO      |      | K56+   | 2      | K 38 |         |      |                  | 00:22:40 | 00:44:21 | 00:48:27.95 | 9:41   | 6.2  |
| 59   | WOŁOSZYN KAZIMIERZ          | 489 |                  | BYDGOSZCZ   |      | M56+   | 7      | M 21 |         |      | ROWEROWA BRZOZA  | 00:23:59 | 00:45:49 | 00:48:36.20 | 9:43   | 6.2  |
| 60   | LESZCZYŃSKA EMILIA          | 258 |                  | COTOŃ       |      | K46-55 | 14     | K 39 |         |      |                  | 00:22:44 | 00:44:21 | 00:48:40.40 | 9:44   | 6.2  |
| 61   | KITKOWSKA MAGDALENA         | 293 |                  | OSIELSKO    |      | K46-55 | 15     | K 40 |         |      |                  | 00:22:51 | 00:44:40 | 00:48:44.00 | 9:44   | 6.2  |
| 62   | CIELECKA-WĄTOR OWSKA JOANNA | 234 |                  | BRZOZA      |      | K46-55 | 16     | K 41 |         |      |                  | 00:22:57 | 00:44:47 | 00:48:58.50 | 9:47   | 6.1  |
| 63   | AMROSZ ROXANA               | 233 |                  | BYDGOSZCZ   |      | K36-45 | 19     | K 42 |         |      |                  | 00:22:45 | 00:44:14 | 00:48:58.60 | 9:47   | 6.1  |
| 64   | BUTOWSKA ANNA               | 270 |                  | BYDGOSZCZ   |      | K46-55 | 17     | K 43 |         |      |                  | 00:22:34 | 00:45:02 | 00:49:29.00 | 9:53   | 6.1  |
| 65   | WESÓŁ VIOLETTA              | 313 |                  | BYDGOSZCZ   |      | K46-55 | 18     | K 44 |         |      |                  | 00:22:37 | 00:45:05 | 00:49:31.60 | 9:54   | 6.1  |
| 66   | ROHDE DANUTA                | 449 |                  | BYDGOSZCZ   |      | K46-55 | 19     | K 45 |         |      |                  | 00:22:37 | 00:45:05 | 00:49:32.45 | 9:54   | 6.1  |
| 67   | SPYCHALSKI JACEK            | 279 |                  | KORONOWO    |      | M56+   | 8      | M 22 |         |      |                  | 00:23:43 | 00:45:26 | 00:49:38.60 | 9:55   | 6    |
| 68   | PIERZGALSKA ANITA           | 77  | ZAMULONE OSTRYGI | BYDGOSZCZ   |      | K46-55 | 20     | K 46 |         |      | ZAMULONE OSTRYGI | 00:23:35 | 00:45:32 | 00:49:43.10 | 9:56   | 6    |
| 69   | IWANIUK ANITA               | 76  | PĘDZĄCE CHOMIKI  | BYDGOSZCZ   |      | K46-55 | 21     | K 47 |         |      | PĘDZĄCE CHOMIKI  | 00:23:35 | 00:45:33 | 00:49:43.25 | 9:56   | 6    |
| 70   | IWANIUK JACEK               | 75  | PĘDZĄCE CHOMIKI  | BYDGOSZCZ   |      | M46-55 | 6      | M 23 |         |      | PĘDZĄCE CHOMIKI  | 00:23:38 | 00:45:33 | 00:49:43.45 | 9:56   | 6    |
| 71   | PIERZGALSKI JAREK           | 73  | ZAMULONE OSTRYGI | BYDGOSZCZ   |      | M46-55 | 7      | M 24 |         |      | ZAMULONE OSTRYGI | 00:23:38 | 00:45:34 | 00:49:44.65 | 9:56   | 6    |
| 72   | CHUDECKA BEATA              | 114 |                  | GRÓDEK      |      | K36-45 | 20     | K 48 |         |      |                  | 00:24:08 | 00:45:48 | 00:50:03.10 | 10:00  | 6    |
| 73   | CHUDZIŃSKI JACEK            | 425 | FORWARD 50/34    | NIEMCZ      |      | M46-55 | 8      | M 25 |         |      | FORWARD 50/34    | 00:28:06 | 00:53:09 | 00:58:06.75 | 11:37  | 5.2  |
| 74   | KOCZĄB ROMAN                | 494 |                  | INOWROCŁA W |      | M56+   | 9      | M 26 |         |      |                  | 00:28:10 | 00:55:53 | 01:01:11.05 | 12:14  | 4.9  |

**NORDIC WALKING , Kobiety**

| M-ce | Nazwisko i imię      | Nr  | Klub                     | M-scowość    | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1                | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|----------------------|-----|--------------------------|--------------|------|--------|--------|------|---------|------|--------------------------|----------|----------|-------------|--------|------|
| 1    | KOLBERG KAMILA       | 337 |                          | ZIELEŃ       |      | K36-45 | 1      | K 1  |         |      |                          | 00:16:35 | 00:32:35 | 00:35:31.55 | 7:06   | 8.4  |
| 2    | KĘDZIERSKA AGNIESZKA | 336 |                          | TRZEMESZNO   |      | K46-55 | 1      | K 2  |         |      |                          | 00:16:57 | 00:33:05 | 00:36:11.45 | 7:14   | 8.3  |
| 3    | WOJTANIS MAGDALENA   | 45  |                          | TORUŃ        |      | K36-45 | 2      | K 3  |         |      |                          | 00:17:02 | 00:33:23 | 00:36:29.75 | 7:17   | 8.2  |
| 4    | POTRZEBOWSKA AGATA   | 121 | LIFE BALANCE PLACE       | BYDGOSZCZ    |      | K36-45 | 3      | K 4  |         |      | LIFE BALANCE PLACE       | 00:17:22 | 00:34:15 | 00:37:22.90 | 7:28   | 8    |
| 5    | GABRYSZAK MAGDALENA  | 247 | ROWEROWA BRZOZA          | ROGOWO       |      | K36-45 | 4      | K 5  |         |      | ROWEROWA BRZOZA          | 00:17:51 | 00:34:32 | 00:37:43.40 | 7:32   | 8    |
| 6    | ĆWIKLIŃSKA ANNA      | 407 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ    |      | K36-45 | 5      | K 6  |         |      | AKADEMIA MISTRZÓW SPORTU | 00:17:51 | 00:34:50 | 00:38:02.80 | 7:36   | 7.9  |
| 7    | PIECHOWSKA MAGDALENA | 133 |                          | CHOJNICE     |      | K36-45 | 6      | K 7  |         |      |                          | 00:18:13 | 00:35:32 | 00:38:48.55 | 7:45   | 7.7  |
| 8    | STEMPNIAK ANNA       | 112 |                          | INOWROCŁA W  |      | K46-55 | 2      | K 8  |         |      |                          | 00:18:26 | 00:35:51 | 00:39:14.65 | 7:50   | 7.6  |
| 9    | FRYZIAK MONIKA       | 37  |                          | SUCHORĄCZ EK |      | K46-55 | 3      | K 9  |         |      |                          | 00:18:27 | 00:36:17 | 00:39:45.20 | 7:57   | 7.5  |
| 10   | MINISZEWSKA IRENA    | 325 |                          | BYDGOSZCZ    |      | K36-45 | 7      | K 10 |         |      |                          | 00:18:53 | 00:36:57 | 00:40:22.50 | 8:04   | 7.4  |

**NORDIC WALKING , Kobiety c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                        | M-scowość           | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1                   | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|--------------------------------|-----|-----------------------------|---------------------|------|--------|--------|------|---------|------|-----------------------------|----------|----------|-------------|--------|------|
| 11   | WILBRANDT<br>KATARZYNA         | 324 | GOSIR OSIELSKO              | MAKSYMILIA<br>NOWO  |      | K36-45 | 8      | K 11 |         |      | GOSIR OSIELSKO              | 00:19:30 | 00:37:30 | 00:40:59.70 | 8:11   | 7.3  |
| 12   | NOWAKOWSKA<br>MARTA            | 231 |                             | BYDGOSZCZ           |      | K35    | 1      | K 12 |         |      |                             | 00:19:31 | 00:38:08 | 00:41:33.40 | 8:18   | 7.2  |
| 13   | KWIATKOWSKA<br>ELŻBIETA        | 377 |                             | 85-794<br>BYDGOSZCZ |      | K46-55 | 4      | K 13 |         |      |                             | 00:19:45 | 00:38:50 | 00:42:26.45 | 8:29   | 7.1  |
| 14   | ADAMSKA<br>MARCINIAK<br>MONIKA | 7   |                             | ŁOCHOWICE           |      | K35    | 2      | K 14 |         |      |                             | 00:19:49 | 00:38:57 | 00:42:36.80 | 8:31   | 7    |
| 15   | WRUK JUSTYNA                   | 109 | DIABELSKIE PIORUNY          | GRODEK              |      | K46-55 | 5      | K 15 |         |      | DIABELSKIE PIORUNY          | 00:20:18 | 00:39:25 | 00:43:00.30 | 8:36   | 7    |
| 16   | PĄS KATARZYNA                  | 97  | CHARTY SZELEJEWO            | WYMYSŁÓW<br>O       |      | K46-55 | 6      | K 16 |         |      | CHARTY SZELEJEWO            | 00:20:22 | 00:39:27 | 00:43:08.20 | 8:37   | 7    |
| 17   | ZALEWSKA ALINA                 | 320 |                             | SIEROŚŁAW           |      | K36-45 | 9      | K 17 |         |      |                             | 00:20:19 | 00:39:46 | 00:43:30.15 | 8:42   | 6.9  |
| 18   | WIŚNIEWSKA<br>ELŻBIETA         | 63  | ROWEROWA BRZOZA             | OLIMPIN             |      | K56+   | 1      | K 18 |         |      | ROWEROWA BRZOZA             | 00:20:24 | 00:39:49 | 00:43:32.45 | 8:42   | 6.9  |
| 19   | KUSA KAROLINA                  | 394 | LIFE BALANCE PLACE          | BYDGOSZCZ           |      | K36-45 | 10     | K 19 |         |      | LIFE BALANCE PLACE          | 00:20:29 | 00:40:29 | 00:44:10.00 | 8:50   | 6.8  |
| 20   | RYDELSKA KINGA                 | 29  |                             | BYDGOSZCZ           |      | K46-55 | 7      | K 20 |         |      |                             | 00:21:07 | 00:40:32 | 00:44:13.80 | 8:50   | 6.8  |
| 21   | POLIWODZIŃSKA<br>AGNIESZKA     | 119 | FKS WISŁA FORDON            | BYDGOSZCZ           |      | K36-45 | 11     | K 21 |         |      | FKS WISŁA FORDON            | 00:21:05 | 00:40:38 | 00:44:18.90 | 8:51   | 6.8  |
| 22   | PIECZKA ANETA                  | 135 | ANTIDOTUM                   | BYSŁAW              |      | K35    | 3      | K 22 |         |      | ANTIDOTUM                   | 00:21:05 | 00:40:48 | 00:44:28.05 | 8:53   | 6.7  |
| 23   | BULIK-FRONTCZAK<br>KATARZYNA   | 201 |                             | NOWA WIEŚ<br>WIELKA |      | K36-45 | 12     | K 23 |         |      |                             | 00:21:05 | 00:40:44 | 00:44:28.50 | 8:53   | 6.7  |
| 24   | WOJTYSIAK-MAŁECKA<br>KATARZYNA | 451 |                             | MAKSYMILIA<br>NOWO  |      | K36-45 | 13     | K 24 |         |      |                             | 00:20:18 | 00:40:31 | 00:44:33.80 | 8:54   | 6.7  |
| 25   | ZALEWSKA OLIVIA                | 318 | DIABELSKIE PIORUNY          | DRZYMIM             |      | K35    | 4      | K 25 |         |      | DIABELSKIE PIORUNY          | 00:21:00 | 00:41:08 | 00:45:14.95 | 9:02   | 6.6  |
| 26   | GONDEK<br>BARBARA              | 500 |                             | KROBIA              |      | K36-45 | 14     | K 26 |         |      |                             | 00:21:34 | 00:42:06 | 00:46:03.20 | 9:12   | 6.5  |
| 27   | BARTOSZYŃSKA<br>ALEKSANDRA     | 146 |                             | TORUŃ               |      | K36-45 | 15     | K 27 |         |      |                             | 00:21:35 | 00:42:06 | 00:46:03.40 | 9:12   | 6.5  |
| 28   | KARŁOWSKA<br>RENATA            | 321 |                             | GRÓDEK              |      | K46-55 | 8      | K 28 |         |      |                             | 00:21:46 | 00:42:25 | 00:46:18.55 | 9:15   | 6.5  |
| 29   | SPYCHALSKA<br>ANNA             | 278 |                             | KORONOWO            |      | K36-45 | 16     | K 29 |         |      |                             | 00:22:41 | 00:42:59 | 00:46:52.75 | 9:22   | 6.4  |
| 30   | JUNKA<br>MAŁGORZATA            | 303 |                             | BYDGOSZCZ           |      | K46-55 | 9      | K 29 |         |      |                             | 00:22:42 | 00:43:00 | 00:46:52.75 | 9:22   | 6.4  |
| 31   | GRABOWSKA<br>JOANNA            | 302 |                             | BYDGOSZCZ           |      | K46-55 | 10     | K 31 |         |      |                             | 00:22:41 | 00:43:01 | 00:46:53.55 | 9:22   | 6.4  |
| 32   | ZABŁOCKA MARIA                 | 263 |                             | GOGÓŁKOW<br>O       |      | K46-55 | 11     | K 32 |         |      |                             | 00:22:16 | 00:43:08 | 00:47:02.05 | 9:24   | 6.4  |
| 33   | TULIBACKA<br>EWELINA           | 492 |                             |                     |      | K36-45 | 17     | K 33 |         |      |                             | 00:22:13 | 00:43:03 | 00:47:04.95 | 9:24   | 6.4  |
| 34   | MOSUR-GALICKA<br>ANGELINA      | 65  | AKADEMIA MISTRZÓW<br>SPORTU | KOBYLARNIA          |      | K46-55 | 12     | K 34 |         |      | AKADEMIA MISTRZÓW<br>SPORTU | 00:22:10 | 00:43:19 | 00:47:10.55 | 9:26   | 6.4  |
| 35   | GALICKA NINA                   | 391 | AKADEMIA MISTRZÓW<br>SPORTU | KOBYLARNIA          |      | K35    | 5      | K 35 |         |      | AKADEMIA MISTRZÓW<br>SPORTU | 00:22:11 | 00:43:20 | 00:47:11.20 | 9:26   | 6.4  |
| 36   | KRANZ ANNA                     | 257 |                             | ŁABISZYN            |      | K36-45 | 18     | K 36 |         |      |                             | 00:21:41 | 00:43:09 | 00:47:16.80 | 9:27   | 6.3  |
| 37   | KAWALERSKA<br>ANNA             | 323 | GOSIR OSIELSKO              | NIEMCZ              |      | K46-55 | 13     | K 37 |         |      | GOSIR OSIELSKO              | 00:23:43 | 00:45:26 | 00:47:27.95 | 9:29   | 6.3  |
| 38   | POMORSKA ANNA                  | 301 |                             | ROGOWO              |      | K56+   | 2      | K 38 |         |      |                             | 00:22:40 | 00:44:21 | 00:48:27.95 | 9:41   | 6.2  |
| 39   | LESZCZYŃSKA<br>EMILIA          | 258 |                             | COTOŃ               |      | K46-55 | 14     | K 39 |         |      |                             | 00:22:44 | 00:44:21 | 00:48:40.40 | 9:44   | 6.2  |
| 40   | KITKOWSKA<br>MAGDALENA         | 293 |                             | OSIELSKO            |      | K46-55 | 15     | K 40 |         |      |                             | 00:22:51 | 00:44:40 | 00:48:44.00 | 9:44   | 6.2  |
| 41   | CIELECKA-WĄTOR<br>OWSKA JOANNA | 234 |                             | BRZOZA              |      | K46-55 | 16     | K 41 |         |      |                             | 00:22:57 | 00:44:47 | 00:48:58.50 | 9:47   | 6.1  |
| 42   | AMROSZ ROXANA                  | 233 |                             | BYDGOSZCZ           |      | K36-45 | 19     | K 42 |         |      |                             | 00:22:45 | 00:44:14 | 00:48:58.60 | 9:47   | 6.1  |

## NORDIC WALKING , Kobiety c.d.

| M-ce | Nazwisko i imię   | Nr  | Klub             | M-scowość | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1        | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-------------------|-----|------------------|-----------|------|--------|--------|------|---------|------|------------------|----------|----------|-------------|--------|------|
| 43   | BUTOWSKA ANNA     | 270 |                  | BYDGOSZCZ |      | K46-55 | 17     | K 43 |         |      |                  | 00:22:34 | 00:45:02 | 00:49:29.00 | 9:53   | 6.1  |
| 44   | WESOŁ VIOLETTA    | 313 |                  | BYDGOSZCZ |      | K46-55 | 18     | K 44 |         |      |                  | 00:22:37 | 00:45:05 | 00:49:31.60 | 9:54   | 6.1  |
| 45   | ROHDE DANUTA      | 449 |                  | BYDGOSZCZ |      | K46-55 | 19     | K 45 |         |      |                  | 00:22:37 | 00:45:05 | 00:49:32.45 | 9:54   | 6.1  |
| 46   | PIERZGAŁSKA ANITA | 77  | ZAMULONE OSTRYGI | BYDGOSZCZ |      | K46-55 | 20     | K 46 |         |      | ZAMULONE OSTRYGI | 00:23:35 | 00:45:32 | 00:49:43.10 | 9:56   | 6    |
| 47   | IWANIUK ANITA     | 76  | PĘDZĄCE CHOMIKI  | BYDGOSZCZ |      | K46-55 | 21     | K 47 |         |      | PĘDZĄCE CHOMIKI  | 00:23:35 | 00:45:33 | 00:49:43.25 | 9:56   | 6    |
| 48   | CHUDECKA BEATA    | 114 |                  | GRÓDEK    |      | K36-45 | 20     | K 48 |         |      |                  | 00:24:08 | 00:45:48 | 00:50:03.10 | 10:00  | 6    |

## NORDIC WALKING , Mężczyźni

| M-ce | Nazwisko i imię       | Nr  | Klub                            | M-scowość        | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1                       | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-----------------------|-----|---------------------------------|------------------|------|--------|--------|------|---------|------|---------------------------------|----------|----------|-------------|--------|------|
| 1    | KRAJNIK JACEK         | 409 | LIFE BALANCE PLACE              | BYDGOSZCZ        |      | M46-55 | 1      | M 1  |         |      | LIFE BALANCE PLACE              | 00:16:21 | 00:32:22 | 00:35:22.85 | 7:04   | 8.5  |
| 2    | KUSA PIOTR            | 393 | LIFE BALANCE PLACE              | BYDGOSZCZ        |      | M36-45 | 1      | M 2  |         |      | LIFE BALANCE PLACE              | 00:16:46 | 00:32:55 | 00:35:59.30 | 7:11   | 8.3  |
| 3    | NOWAKOWSKI GRZEGORZ   | 232 |                                 | BYDGOSZCZ        |      | M36-45 | 2      | M 3  |         |      |                                 | 00:17:02 | 00:33:19 | 00:36:25.45 | 7:17   | 8.2  |
| 4    | POTRZEBOWSKI MAREK    | 122 | LIFE BALANCE PLACE              | BYDGOSZCZ        |      | M36-45 | 3      | M 4  |         |      | LIFE BALANCE PLACE              | 00:17:02 | 00:34:29 | 00:37:46.00 | 7:33   | 7.9  |
| 5    | MACIŃSKI WALDEMAR     | 175 | ANTIDOTUM                       | BYDGOSZCZ        |      | M36-45 | 4      | M 5  |         |      | ANTIDOTUM                       | 00:18:29 | 00:35:34 | 00:38:44.70 | 7:44   | 7.7  |
| 6    | CIESIELSKI KRZYSZTOF  | 68  |                                 | GNIEZNO          |      | M56+   | 1      | M 6  |         |      |                                 | 00:18:38 | 00:36:09 | 00:39:28.85 | 7:53   | 7.6  |
| 7    | STAWIAK KAROL         | 178 |                                 | ŻNIN             |      | M56+   | 2      | M 7  |         |      |                                 | 00:18:28 | 00:36:12 | 00:39:39.95 | 7:55   | 7.6  |
| 8    | TRZCIŃSKI EUGENIUSZ   | 426 |                                 | BYDGOSZCZ        |      | M56+   | 3      | M 8  |         |      |                                 | 00:18:43 | 00:36:26 | 00:39:48.55 | 7:57   | 7.5  |
| 9    | LEWANDOWSKI MACIEJ    | 288 |                                 | ROJEWO           |      | M35    | 1      | M 9  |         |      |                                 | 00:18:48 | 00:36:30 | 00:39:52.85 | 7:58   | 7.5  |
| 10   | ZAKOŚCIELNY KRZYSZTOF | 39  |                                 | 89-410 WIĘCBORK  |      | M56+   | 4      | M 10 |         |      |                                 | 00:18:42 | 00:36:48 | 00:40:27.30 | 8:05   | 7.4  |
| 11   | KUPER MARIUSZ         | 124 |                                 | BYDGOSZCZ        |      | M36-45 | 5      | M 11 |         |      |                                 | 00:18:42 | 00:37:14 | 00:40:48.05 | 8:09   | 7.4  |
| 12   | POLAK PAWEŁ           | 115 |                                 | INOWROCŁA W      |      | M35    | 2      | M 12 |         |      |                                 | 00:19:37 | 00:37:37 | 00:40:56.60 | 8:11   | 7.3  |
| 13   | SIÓDZIAK SŁAWOMIR     | 168 | AKADEMIA MISTRZÓW SPORTU        | BYDGOSZCZ        |      | M36-45 | 6      | M 13 |         |      | AKADEMIA MISTRZÓW SPORTU        | 00:19:21 | 00:37:33 | 00:41:03.20 | 8:12   | 7.3  |
| 14   | WONIAKOWSKI CZESŁAW   | 253 |                                 | BYDGOSZCZ        |      | M56+   | 5      | M 14 |         |      |                                 | 00:19:43 | 00:37:59 | 00:41:26.20 | 8:17   | 7.2  |
| 15   | OLEJNICZAK TOMASZ     | 314 |                                 | ZIELONKA         |      | M46-55 | 2      | M 15 |         |      |                                 | 00:19:57 | 00:38:39 | 00:42:13.30 | 8:26   | 7.1  |
| 16   | GRALIK MAREK          | 129 | KURATORIUM OŚWIATY W BYDGOSZCZY | BYDGOSZCZ        |      | M56+   | 6      | M 16 |         |      | KURATORIUM OŚWIATY W BYDGOSZCZY | 00:19:27 | 00:38:50 | 00:42:23.40 | 8:28   | 7.1  |
| 17   | KITKOWSKI MACIEJ      | 292 |                                 | OSIELSKO         |      | M46-55 | 3      | M 17 |         |      |                                 | 00:20:14 | 00:38:54 | 00:42:24.25 | 8:28   | 7.1  |
| 18   | STACHURA MICHAŁ       | 125 |                                 | NOWA WIEŚ WIELKA |      | M46-55 | 4      | M 18 |         |      |                                 | 00:21:03 | 00:40:42 | 00:44:27.40 | 8:53   | 6.7  |
| 19   | SZYPURA JAROSŁAW      | 132 |                                 | BYDGOSZCZ        |      | M36-45 | 7      | M 19 |         |      |                                 | 00:21:46 | 00:41:58 | 00:45:48.10 | 9:09   | 6.6  |
| 20   | KAWALERSKI KRZYSZTOF  | 322 | GOSIR OSIELSKO                  | NIEMCZ           |      | M46-55 | 5      | M 20 |         |      | GOSIR OSIELSKO                  | 00:22:32 | 00:44:15 | 00:48:20.25 | 9:40   | 6.2  |
| 21   | WOŁOSZYN KAZIMIERZ    | 489 |                                 | BYDGOSZCZ        |      | M56+   | 7      | M 21 |         |      | ROWEROWA BRZOZA                 | 00:23:59 | 00:45:49 | 00:48:36.20 | 9:43   | 6.2  |
| 22   | SPYCHAŁSKI JACEK      | 279 |                                 | KORONOWO         |      | M56+   | 8      | M 22 |         |      |                                 | 00:23:43 | 00:45:26 | 00:49:38.60 | 9:55   | 6    |
| 23   | IWANIUK JACEK         | 75  | PĘDZĄCE CHOMIKI                 | BYDGOSZCZ        |      | M46-55 | 6      | M 23 |         |      | PĘDZĄCE CHOMIKI                 | 00:23:38 | 00:45:33 | 00:49:43.45 | 9:56   | 6    |
| 24   | PIERZGAŁSKI JAREK     | 73  | ZAMULONE OSTRYGI                | BYDGOSZCZ        |      | M46-55 | 7      | M 24 |         |      | ZAMULONE OSTRYGI                | 00:23:38 | 00:45:34 | 00:49:44.65 | 9:56   | 6    |

**NORDIC WALKING , Mężczyźni c.d.**

| M-ce | Nazwisko i imię     | Nr  | Klub          | M-scowość      | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1     | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|---------------------|-----|---------------|----------------|------|--------|--------|------|---------|------|---------------|----------|----------|-------------|--------|------|
| 25   | CHUDZIŃSKI<br>JACEK | 425 | FORWARD 50/34 | NIEMCZ         |      | M46-55 | 8      | M 25 |         |      | FORWARD 50/34 | 00:28:06 | 00:53:09 | 00:58:06.75 | 11:37  | 5.2  |
| 26   | KOCZĄB ROMAN        | 494 |               | INOWROCŁA<br>W |      | M56+   | 9      | M 26 |         |      |               | 00:28:10 | 00:55:53 | 01:01:11.05 | 12:14  | 4.9  |

**NORDIC WALKING , K35**

| M-ce | Nazwisko i imię                | Nr  | Klub                        | M-scowość  | Kraj | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1                   | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|--------------------------------|-----|-----------------------------|------------|------|------|--------|------|---------|------|-----------------------------|----------|----------|-------------|--------|------|
| 1    | NOWAKOWSKA<br>MARTA            | 231 |                             | BYDGOSZCZ  |      | K35  | 1      | K 12 |         |      |                             | 00:19:31 | 00:38:08 | 00:41:33.40 | 8:18   | 7.2  |
| 2    | ADAMSKA<br>MARCINIAK<br>MONIKA | 7   |                             | ŁOCHOWICE  |      | K35  | 2      | K 14 |         |      |                             | 00:19:49 | 00:38:57 | 00:42:36.80 | 8:31   | 7    |
| 3    | PIECZKA ANETA                  | 135 | ANTIDOTUM                   | BYŚLAW     |      | K35  | 3      | K 22 |         |      | ANTIDOTUM                   | 00:21:05 | 00:40:48 | 00:44:28.05 | 8:53   | 6.7  |
| 4    | ZAŁEWSKA OLIWIA                | 318 | DIABELSKIE PIORUNY          | DRZYCIM    |      | K35  | 4      | K 25 |         |      | DIABELSKIE PIORUNY          | 00:21:00 | 00:41:08 | 00:45:14.95 | 9:02   | 6.6  |
| 5    | GALICKA NINA                   | 391 | AKADEMIA MISTRZÓW<br>SPORTU | KOBYLARNIA |      | K35  | 5      | K 35 |         |      | AKADEMIA MISTRZÓW<br>SPORTU | 00:22:11 | 00:43:20 | 00:47:11.20 | 9:26   | 6.4  |

**NORDIC WALKING , M35**

| M-ce | Nazwisko i imię       | Nr  | Klub | M-scowość      | Kraj | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1 | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-----------------------|-----|------|----------------|------|------|--------|------|---------|------|-----------|----------|----------|-------------|--------|------|
| 1    | LEWANDOWSKI<br>MACIEJ | 288 |      | ROJEWO         |      | M35  | 1      | M 9  |         |      |           | 00:18:48 | 00:36:30 | 00:39:52.85 | 7:58   | 7.5  |
| 2    | POLAK PAWEŁ           | 115 |      | INOWROCŁA<br>W |      | M35  | 2      | M 12 |         |      |           | 00:19:37 | 00:37:37 | 00:40:56.60 | 8:11   | 7.3  |

**NORDIC WALKING , K36-45**

| M-ce | Nazwisko i imię                 | Nr  | Klub                        | M-scowość           | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1                   | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|---------------------------------|-----|-----------------------------|---------------------|------|--------|--------|------|---------|------|-----------------------------|----------|----------|-------------|--------|------|
| 1    | KOLBERG KAMILA                  | 337 |                             | ZIELEŃ              |      | K36-45 | 1      | K 1  |         |      |                             | 00:16:35 | 00:32:35 | 00:35:31.55 | 7:06   | 8.4  |
| 2    | WOJTANIS<br>MAGDALENA           | 45  |                             | TORUŃ               |      | K36-45 | 2      | K 3  |         |      |                             | 00:17:02 | 00:33:23 | 00:36:29.75 | 7:17   | 8.2  |
| 3    | POTRZEBOWSKA<br>AGATA           | 121 | LIFE BALANCE PLACE          | BYDGOSZCZ           |      | K36-45 | 3      | K 4  |         |      | LIFE BALANCE PLACE          | 00:17:22 | 00:34:15 | 00:37:22.90 | 7:28   | 8    |
| 4    | GABRYSAK<br>MAGDALENA           | 247 | ROWEROWA BRZOZA             | ROGOWO              |      | K36-45 | 4      | K 5  |         |      | ROWEROWA BRZOZA             | 00:17:51 | 00:34:32 | 00:37:43.40 | 7:32   | 8    |
| 5    | ĆWIKLIŃSKA ANNA                 | 407 | AKADEMIA MISTRZÓW<br>SPORTU | BYDGOSZCZ           |      | K36-45 | 5      | K 6  |         |      | AKADEMIA MISTRZÓW<br>SPORTU | 00:17:51 | 00:34:50 | 00:38:02.80 | 7:36   | 7.9  |
| 6    | PIECHOWSKA<br>MAGDALENA         | 133 |                             | CHOJNICE            |      | K36-45 | 6      | K 7  |         |      |                             | 00:18:13 | 00:35:32 | 00:38:48.55 | 7:45   | 7.7  |
| 7    | MINISZEWSKA<br>IRENA            | 325 |                             | BYDGOSZCZ           |      | K36-45 | 7      | K 10 |         |      |                             | 00:18:53 | 00:36:57 | 00:40:22.50 | 8:04   | 7.4  |
| 8    | WILBRANDT<br>KATARZYNA          | 324 | GOSIR OSIELSKO              | MAKSYMILIA<br>NOWO  |      | K36-45 | 8      | K 11 |         |      | GOSIR OSIELSKO              | 00:19:30 | 00:37:30 | 00:40:59.70 | 8:11   | 7.3  |
| 9    | ZAŁEWSKA ALINA                  | 320 |                             | SIEROSŁAW           |      | K36-45 | 9      | K 17 |         |      |                             | 00:20:19 | 00:39:46 | 00:43:30.15 | 8:42   | 6.9  |
| 10   | KUSA KAROLINA                   | 394 | LIFE BALANCE PLACE          | BYDGOSZCZ           |      | K36-45 | 10     | K 19 |         |      | LIFE BALANCE PLACE          | 00:20:29 | 00:40:29 | 00:44:10.00 | 8:50   | 6.8  |
| 11   | POLIWODZIŃSKA<br>AGNIESZKA      | 119 | FKS WISŁA FORDON            | BYDGOSZCZ           |      | K36-45 | 11     | K 21 |         |      | FKS WISŁA FORDON            | 00:21:05 | 00:40:38 | 00:44:18.90 | 8:51   | 6.8  |
| 12   | BULIK-FRONTCZAK<br>KATARZYNA    | 201 |                             | NOWA WIEŚ<br>WIELKA |      | K36-45 | 12     | K 23 |         |      |                             | 00:21:05 | 00:40:44 | 00:44:28.50 | 8:53   | 6.7  |
| 13   | WOJTYSIAK-MAŁEC<br>KA KATARZYNA | 451 |                             | MAKSYMILIA<br>NOWO  |      | K36-45 | 13     | K 24 |         |      |                             | 00:20:18 | 00:40:31 | 00:44:33.80 | 8:54   | 6.7  |

**NORDIC WALKING , K36-45 c.d.**

| M-ce | Nazwisko i imię         | Nr  | Klub | M-scowość | Kraj   | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1 | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-------------------------|-----|------|-----------|--------|------|--------|------|---------|------|-----------|----------|----------|-------------|--------|------|
| 14   | GONDEK BARBARA          | 500 |      | KROBIA    | K36-45 |      | 14     | K 26 |         |      |           | 00:21:34 | 00:42:06 | 00:46:03.20 | 9:12   | 6.5  |
| 15   | BARTOSZYŃSKA ALEKSANDRA | 146 |      | TORUŃ     | K36-45 |      | 15     | K 27 |         |      |           | 00:21:35 | 00:42:06 | 00:46:03.40 | 9:12   | 6.5  |
| 16   | SPYCHALSKA ANNA         | 278 |      | KORONOWO  | K36-45 |      | 16     | K 29 |         |      |           | 00:22:41 | 00:42:59 | 00:46:52.75 | 9:22   | 6.4  |
| 17   | TULIBACKA EWELINA       | 492 |      |           | K36-45 |      | 17     | K 33 |         |      |           | 00:22:13 | 00:43:03 | 00:47:04.95 | 9:24   | 6.4  |
| 18   | KRANZ ANNA              | 257 |      | ŁABISZYN  | K36-45 |      | 18     | K 36 |         |      |           | 00:21:41 | 00:43:09 | 00:47:16.80 | 9:27   | 6.3  |
| 19   | AMROSZ ROXANA           | 233 |      | BYDGOSZCZ | K36-45 |      | 19     | K 42 |         |      |           | 00:22:45 | 00:44:14 | 00:48:58.60 | 9:47   | 6.1  |
| 20   | CHUDECKA BEATA          | 114 |      | GRÓDEK    | K36-45 |      | 20     | K 48 |         |      |           | 00:24:08 | 00:45:48 | 00:50:03.10 | 10:00  | 6    |

**NORDIC WALKING , M36-45**

| M-ce | Nazwisko i imię     | Nr  | Klub                     | M-scowość | Kraj   | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1                | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|---------------------|-----|--------------------------|-----------|--------|------|--------|------|---------|------|--------------------------|----------|----------|-------------|--------|------|
| 1    | KUSA PIOTR          | 393 | LIFE BALANCE PLACE       | BYDGOSZCZ | M36-45 |      | 1      | M 2  |         |      | LIFE BALANCE PLACE       | 00:16:46 | 00:32:55 | 00:35:59.30 | 7:11   | 8.3  |
| 2    | NOWAKOWSKI GRZEGORZ | 232 |                          | BYDGOSZCZ | M36-45 |      | 2      | M 3  |         |      |                          | 00:17:02 | 00:33:19 | 00:36:25.45 | 7:17   | 8.2  |
| 3    | POTRZEBOWSKI MAREK  | 122 | LIFE BALANCE PLACE       | BYDGOSZCZ | M36-45 |      | 3      | M 4  |         |      | LIFE BALANCE PLACE       | 00:17:02 | 00:34:29 | 00:37:46.00 | 7:33   | 7.9  |
| 4    | MACIŃSKI WALDEMAR   | 175 | ANTIDOTUM                | BYDGOSZCZ | M36-45 |      | 4      | M 5  |         |      | ANTIDOTUM                | 00:18:29 | 00:35:34 | 00:38:44.70 | 7:44   | 7.7  |
| 5    | KUPER MARIUSZ       | 124 |                          | BYDGOSZCZ | M36-45 |      | 5      | M 11 |         |      |                          | 00:18:42 | 00:37:14 | 00:40:48.05 | 8:09   | 7.4  |
| 6    | SIÓDIAK SŁAWOMIR    | 168 | AKADEMIA MISTRZÓW SPORTU | BYDGOSZCZ | M36-45 |      | 6      | M 13 |         |      | AKADEMIA MISTRZÓW SPORTU | 00:19:21 | 00:37:33 | 00:41:03.20 | 8:12   | 7.3  |
| 7    | SZYPURA JAROSŁAW    | 132 |                          | BYDGOSZCZ | M36-45 |      | 7      | M 19 |         |      |                          | 00:21:46 | 00:41:58 | 00:45:48.10 | 9:09   | 6.6  |

**NORDIC WALKING , K46-55**

| M-ce | Nazwisko i imię        | Nr  | Klub                     | M-scowość        | Kraj   | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1                | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|------------------------|-----|--------------------------|------------------|--------|------|--------|------|---------|------|--------------------------|----------|----------|-------------|--------|------|
| 1    | KĘDZierska Agnieszka   | 336 |                          | TRZEMESZNO       | K46-55 |      | 1      | K 2  |         |      |                          | 00:16:57 | 00:33:05 | 00:36:11.45 | 7:14   | 8.3  |
| 2    | STEMPNIAK ANNA         | 112 |                          | INOWROCLAW       | K46-55 |      | 2      | K 8  |         |      |                          | 00:18:26 | 00:35:51 | 00:39:14.65 | 7:50   | 7.6  |
| 3    | FRYZIAK MONIKA         | 37  |                          | SUCHORĄCEK       | K46-55 |      | 3      | K 9  |         |      |                          | 00:18:27 | 00:36:17 | 00:39:45.20 | 7:57   | 7.5  |
| 4    | KWIATKOWSKA ELŻBIETA   | 377 |                          | 85-794 BYDGOSZCZ | K46-55 |      | 4      | K 13 |         |      |                          | 00:19:45 | 00:38:50 | 00:42:26.45 | 8:29   | 7.1  |
| 5    | WRUK JUSTYNA           | 109 | DIABELSKIE PIORUNY       | GRODEK           | K46-55 |      | 5      | K 15 |         |      | DIABELSKIE PIORUNY       | 00:20:18 | 00:39:25 | 00:43:00.30 | 8:36   | 7    |
| 6    | PAŚ KATARZYNA          | 97  | CHARTY SZELEJEWO         | WYMYSŁOWO        | K46-55 |      | 6      | K 16 |         |      | CHARTY SZELEJEWO         | 00:20:22 | 00:39:27 | 00:43:08.20 | 8:37   | 7    |
| 7    | RYDELSKA KINGA         | 29  |                          | BYDGOSZCZ        | K46-55 |      | 7      | K 20 |         |      |                          | 00:21:07 | 00:40:32 | 00:44:13.80 | 8:50   | 6.8  |
| 8    | KARŁOWSKA RENATA       | 321 |                          | GRÓDEK           | K46-55 |      | 8      | K 28 |         |      |                          | 00:21:46 | 00:42:25 | 00:46:18.55 | 9:15   | 6.5  |
| 9    | JUNKA MAŁGORZATA       | 303 |                          | BYDGOSZCZ        | K46-55 |      | 9      | K 29 |         |      |                          | 00:22:42 | 00:43:00 | 00:46:52.75 | 9:22   | 6.4  |
| 10   | GRABOWSKA JOANNA       | 302 |                          | BYDGOSZCZ        | K46-55 |      | 10     | K 31 |         |      |                          | 00:22:41 | 00:43:01 | 00:46:53.55 | 9:22   | 6.4  |
| 11   | ZABŁOCKA MARIA         | 263 |                          | GOGÓŁKOWO        | K46-55 |      | 11     | K 32 |         |      |                          | 00:22:16 | 00:43:08 | 00:47:02.05 | 9:24   | 6.4  |
| 12   | MOSUR-GALICKA ANGELINA | 65  | AKADEMIA MISTRZÓW SPORTU | KOBYLARNIA       | K46-55 |      | 12     | K 34 |         |      | AKADEMIA MISTRZÓW SPORTU | 00:22:10 | 00:43:19 | 00:47:10.55 | 9:26   | 6.4  |

**NORDIC WALKING , K46-55 c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub             | M-scowość | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1        | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-----------------------------|-----|------------------|-----------|------|--------|--------|------|---------|------|------------------|----------|----------|-------------|--------|------|
| 13   | KAWALERSKA ANNA             | 323 | GOSIR OSIELSKO   | NIEMCZ    |      | K46-55 | 13     | K 37 |         |      | GOSIR OSIELSKO   | 00:23:43 | 00:45:26 | 00:47:27.95 | 9:29   | 6.3  |
| 14   | LESZCZYŃSKA EMILIA          | 258 |                  | COTOŃ     |      | K46-55 | 14     | K 39 |         |      |                  | 00:22:44 | 00:44:21 | 00:48:40.40 | 9:44   | 6.2  |
| 15   | KITKOWSKA MAGDALENA         | 293 |                  | OSIELSKO  |      | K46-55 | 15     | K 40 |         |      |                  | 00:22:51 | 00:44:40 | 00:48:44.00 | 9:44   | 6.2  |
| 16   | CIELECKA-WĄTOR OWSKA JOANNA | 234 |                  | BRZOZA    |      | K46-55 | 16     | K 41 |         |      |                  | 00:22:57 | 00:44:47 | 00:48:58.50 | 9:47   | 6.1  |
| 17   | BUTOWSKA ANNA               | 270 |                  | BYDGOSZCZ |      | K46-55 | 17     | K 43 |         |      |                  | 00:22:34 | 00:45:02 | 00:49:29.00 | 9:53   | 6.1  |
| 18   | WESÓŁ VIOLETTA              | 313 |                  | BYDGOSZCZ |      | K46-55 | 18     | K 44 |         |      |                  | 00:22:37 | 00:45:05 | 00:49:31.60 | 9:54   | 6.1  |
| 19   | ROHDE DANUTA                | 449 |                  | BYDGOSZCZ |      | K46-55 | 19     | K 45 |         |      |                  | 00:22:37 | 00:45:05 | 00:49:32.45 | 9:54   | 6.1  |
| 20   | PIERZGAŁSKA ANITA           | 77  | ZAMULONE OSTRYGI | BYDGOSZCZ |      | K46-55 | 20     | K 46 |         |      | ZAMULONE OSTRYGI | 00:23:35 | 00:45:32 | 00:49:43.10 | 9:56   | 6    |
| 21   | IWANIUK ANITA               | 76  | PĘDZĄCE CHOMIKI  | BYDGOSZCZ |      | K46-55 | 21     | K 47 |         |      | PĘDZĄCE CHOMIKI  | 00:23:35 | 00:45:33 | 00:49:43.25 | 9:56   | 6    |

**NORDIC WALKING , M46-55**

| M-ce | Nazwisko i imię      | Nr  | Klub               | M-scowość        | Kraj | Kat.   | M. kat | K/M  | Drużyna | Klub | Drużyna 1          | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|----------------------|-----|--------------------|------------------|------|--------|--------|------|---------|------|--------------------|----------|----------|-------------|--------|------|
| 1    | KRAJNIK JACEK        | 409 | LIFE BALANCE PLACE | BYDGOSZCZ        |      | M46-55 | 1      | M 1  |         |      | LIFE BALANCE PLACE | 00:16:21 | 00:32:22 | 00:35:22.85 | 7:04   | 8.5  |
| 2    | OLEJNICZAK TOMASZ    | 314 |                    | ZIELONKA         |      | M46-55 | 2      | M 15 |         |      |                    | 00:19:57 | 00:38:39 | 00:42:13.30 | 8:26   | 7.1  |
| 3    | KITKOWSKI MACIEJ     | 292 |                    | OSIELSKO         |      | M46-55 | 3      | M 17 |         |      |                    | 00:20:14 | 00:38:54 | 00:42:24.25 | 8:28   | 7.1  |
| 4    | STACHURA MICHAŁ      | 125 |                    | NOWA WIEŚ WIELKA |      | M46-55 | 4      | M 18 |         |      |                    | 00:21:03 | 00:40:42 | 00:44:27.40 | 8:53   | 6.7  |
| 5    | KAWALERSKI KRZYSZTOF | 322 | GOSIR OSIELSKO     | NIEMCZ           |      | M46-55 | 5      | M 20 |         |      | GOSIR OSIELSKO     | 00:22:32 | 00:44:15 | 00:48:20.25 | 9:40   | 6.2  |
| 6    | IWANIUK JACEK        | 75  | PĘDZĄCE CHOMIKI    | BYDGOSZCZ        |      | M46-55 | 6      | M 23 |         |      | PĘDZĄCE CHOMIKI    | 00:23:38 | 00:45:33 | 00:49:43.45 | 9:56   | 6    |
| 7    | PIERZGAŁSKI JAREK    | 73  | ZAMULONE OSTRYGI   | BYDGOSZCZ        |      | M46-55 | 7      | M 24 |         |      | ZAMULONE OSTRYGI   | 00:23:38 | 00:45:34 | 00:49:44.65 | 9:56   | 6    |
| 8    | CHUDZIŃSKI JACEK     | 425 | FORWARD 50/34      | NIEMCZ           |      | M46-55 | 8      | M 25 |         |      | FORWARD 50/34      | 00:28:06 | 00:53:09 | 00:58:06.75 | 11:37  | 5.2  |

**NORDIC WALKING , K56+**

| M-ce | Nazwisko i imię     | Nr  | Klub            | M-scowość | Kraj | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1       | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|---------------------|-----|-----------------|-----------|------|------|--------|------|---------|------|-----------------|----------|----------|-------------|--------|------|
| 1    | WIŚNIEWSKA ELŻBIETA | 63  | ROWEROWA BRZOZA | OLIMPIN   |      | K56+ | 1      | K 18 |         |      | ROWEROWA BRZOZA | 00:20:24 | 00:39:49 | 00:43:32.45 | 8:42   | 6.9  |
| 2    | POMORSKA ANNA       | 301 |                 | ROGOWO    |      | K56+ | 2      | K 38 |         |      |                 | 00:22:40 | 00:44:21 | 00:48:27.95 | 9:41   | 6.2  |

**NORDIC WALKING , M56+**

| M-ce | Nazwisko i imię       | Nr  | Klub | M-scowość       | Kraj | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1 | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-----------------------|-----|------|-----------------|------|------|--------|------|---------|------|-----------|----------|----------|-------------|--------|------|
| 1    | CIESIELSKI KRZYSZTOF  | 68  |      | GNIEZNO         |      | M56+ | 1      | M 6  |         |      |           | 00:18:38 | 00:36:09 | 00:39:28.85 | 7:53   | 7.6  |
| 2    | STAWNIAK KAROL        | 178 |      | ŻNIN            |      | M56+ | 2      | M 7  |         |      |           | 00:18:28 | 00:36:12 | 00:39:39.95 | 7:55   | 7.6  |
| 3    | TRZCIŃSKI EUGENIUSZ   | 426 |      | BYDGOSZCZ       |      | M56+ | 3      | M 8  |         |      |           | 00:18:43 | 00:36:26 | 00:39:48.55 | 7:57   | 7.5  |
| 4    | ZAKOŚCIELNY KRZYSZTOF | 39  |      | 89-410 WIĘCBORK |      | M56+ | 4      | M 10 |         |      |           | 00:18:42 | 00:36:48 | 00:40:27.30 | 8:05   | 7.4  |
| 5    | WONIAKOWSKI CZESŁAW   | 253 |      | BYDGOSZCZ       |      | M56+ | 5      | M 14 |         |      |           | 00:19:43 | 00:37:59 | 00:41:26.20 | 8:17   | 7.2  |

**NORDIC WALKING , M56+ c.d.**

| M-ce | Nazwisko i imię       | Nr  | Klub                               | M-scowość      | Kraj | Kat. | M. kat | K/M  | Drużyna | Klub | Drużyna 1                             | 2.4km    | 4.9km    | Netto       | min/km | km/h |
|------|-----------------------|-----|------------------------------------|----------------|------|------|--------|------|---------|------|---------------------------------------|----------|----------|-------------|--------|------|
| 6    | GRALIK MAREK          | 129 | KURATORIUM OŚWIATY W<br>BYDGOSZCZY | BYDGOSZCZ      |      | M56+ | 6      | M 16 |         |      | KURATORIUM<br>OŚWIATY W<br>BYDGOSZCZY | 00:19:27 | 00:38:50 | 00:42:23.40 | 8:28   | 7.1  |
| 7    | WOŁOSZYN<br>KAZIMIERZ | 489 |                                    | BYDGOSZCZ      |      | M56+ | 7      | M 21 |         |      | ROWEROWA BRZOZA                       | 00:23:59 | 00:45:49 | 00:48:36.20 | 9:43   | 6.2  |
| 8    | SPYCHALSKI JACEK      | 279 |                                    | KORONOWO       |      | M56+ | 8      | M 22 |         |      |                                       | 00:23:43 | 00:45:26 | 00:49:38.60 | 9:55   | 6    |
| 9    | KOCZĄB ROMAN          | 494 |                                    | INOWROCŁA<br>W |      | M56+ | 9      | M 26 |         |      |                                       | 00:28:10 | 00:55:53 | 01:01:11.05 | 12:14  | 4.9  |