VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2016-12-31
Miejsce: Koszalin
Dystans: 5.3 km
Klasyfikacja wg czasów netto.

HERKULES
www.herkules.org.pl

TKKF Koszalin

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	BEDNARZ PAWEŁ	31	13-TY FUN CLUB ASI CHMIEL:*	KOSZALIN-NACŁAW	POL	M30-39	1	M 1	00:05:32	00:11:37	00:17:37	00:18:10.90	3:25	17.5
2	WENT JAKUB	342		ŁEBA	POL	M30-39	2	M 2	00:06:01	00:12:04	00:17:38	00:18:13.45	3:26	17.4
3	RUDNIK KRZYSZTOF	278	NIGHT RUNNERS SŁUPSK	KRĘPA SŁUPSKA	POL	M30-39	3	M 3	00:05:53	00:12:05	00:17:40	00:18:15.90	3:26	17.4
4	GUZOWSKI DENIS	104	TALEX BORYSŁAW BORZYTUCHOM	CETYŃ	POL	M18-29	1	M 4	00:05:53	00:12:04	00:18:20	00:18:56.50	3:34	16.8
5	KURKUL PRZEMEK	189	PAŁÓWKO	PAŁÓWKO	POL	M18-29	2	M 5	00:06:08	00:12:24	00:18:36	00:19:15.50	3:38	16.5
6	KULCZYK JERZY	435		TYCHOWO	POL	M50-59	1	M 6	00:06:07	00:12:29	00:18:44	00:19:20.45	3:39	16.4
7	BARTKOWIAK JANUSZ	28	K.B. ZDRÓJ MENTOR	POŁCZYN ZDRÓJ	POL	M18-29	3	M 7	00:06:09	00:12:29	00:18:44	00:19:20.85	3:39	16.4
8	WIERZEJSKI SŁAWOMIR	348	KLUB BIEGACZA 'GOCH' BYTÓW	BYTÓW	POL	M40-49	1	M 8	00:06:19	00:12:35	00:18:47	00:19:21.50	3:39	16.4
9	ORZECHOWSKI KAMIL	240		RADOM/KOSZALIN	POL	M18-29	4	M 9	00:06:06	00:12:25	00:18:45	00:19:23.15	3:39	16.4
10	EMILIT GRZEGORZ	76	DZIESIĄTKA BIAŁOGARD	KARLINO	POL	M30-39	4	M 10	00:06:19	00:12:37	00:18:53	00:19:30.30	3:40	16.3
11	GOSTKOWSKI ŁUKASZ	95	KB GOCH BYTÓW	BYTÓW	POL	M18-29	5	M 11	00:06:17	00:12:32	00:18:53	00:19:31.25	3:40	16.3
12	LEŚNIEWSKI KONRAD	193	KB BRYZA POSTOMINO	POSTOMINO	POL	M18-29	6	M 12	00:06:12	00:12:35	00:18:59	00:19:37.15	3:42	16.2
13	GARSKI KRYSPIN	86	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	M40-49	2	M 13	00:06:19	00:12:36	00:19:00	00:19:41.40	3:42	16.2
14	KURKUL JANEK	188	KB BRYZA POSTOMINO	PAŁÓWKO	POL	M14-17	1	M 14	00:06:11	00:12:43	00:19:14	00:19:49.60	3:44	16
15	RUDNIKOWSKI MACIEJ	279	BIEGUZDROWISKOWY.PL	DARŁOWO	POL	M40-49	3	M 15	00:06:12	00:12:44	00:19:15	00:19:50.60	3:44	16
16	USTIANOWSKI WOJCIECH	329	JW 1223 (ROZBIEGANY KOSZALIN)	KOSZALIN	POL	M18-29	7	M 16	00:06:28	00:13:04	00:19:29	00:20:05.50	3:47	15.8
17	PEC MAREK	251		KOSZALIN	POL	M40-49	4	M 17	00:06:19	00:12:58	00:19:36	00:20:15.60	3:49	15.7
18	KLIMOWICZ MICHAŁ	151	NIEZRZESZONY	WARSZAWA	POL	M18-29	8	M 18	00:06:27	00:13:10	00:19:45	00:20:21.80	3:50	15.6
19	WOJTALIK ŁUKASZ	412	POŁCZYN -ZDRÓJ BIEGA	POŁCZYN-ZDRÓJ	POL	M30-39	5	M 19	00:06:17	00:13:05	00:19:48	00:20:27.15	3:51	15.6
20	JAŹWIŃSKI DAWID	129	TKKF KOSZALIN	KOSZALIN	POL	M14-17	2	M 20	00:06:12	00:13:05	00:19:49	00:20:27.25	3:51	15.6
21	SZEWCZUK PAWEŁ	308		ROSNOWO	POL	M30-39	6	M 21	00:06:18	00:13:01	00:19:52	00:20:36.15	3:53	15.4
22	GRZESIK EUGENIUSZ	102	TKKF KOSZALIN	KOSZALIN	POL	M50-59	2	M 22	00:06:33	00:13:22	00:20:08	00:20:47.55	3:55	15.3
23	WOJCIECHOWICZ JACEK	407	WWW.STUDIOTANCAPASJA.PL	KOSZALIN	POL	M30-39	7	M 23	00:06:33	00:13:21	00:20:09	00:20:49.60	3:55	15.3
24	RODZIEWICZ MARCIN	273		POZNAŃ	POL	M30-39	8	M 24	00:06:38	00:13:25	00:20:11	00:20:52.45	3:56	15.2
25	WÓJCIK DAMIAN	418	RUNNERSWALDE DARŁOWO	DARŁOWO	POL	M40-49	5	M 25	00:06:41	00:13:29	00:20:13	00:20:52.85	3:56	15.2
26	MOSEK RADOSŁAW	220		ROSNOWO	POL	M30-39	9	M 26	00:06:37	00:13:30	00:20:27	00:21:05.95	3:58	15.1
27	CZAPLIŃSKI JACEK	60		KOSZALIN	POL	M30-39	10	M 27	00:06:30	00:13:32	00:20:28	00:21:08.60	3:59	15
28	WOJDASIEWICZ TADEUSZ	411		KĘPICE	POL	M30-39	11	M 28	00:06:47	00:13:38	00:20:31	00:21:11.70	4:00	15
29	RUDZIŃSKI ADAM	261		KOSZALIN		M40-49	6	M 29	00:06:33	00:13:31	00:20:33	00:21:15.05	4:00	15
30	SZAMREJ WOJCIECH	306		KOSZALIN	POL	M50-59	3	M 30	00:06:37	00:13:34	00:20:32	00:21:17.30	4:00	14.9
31	LUBLEWSKI DAWID	436		KOSZALIN	POL	M18-29	9	M 31	00:06:32	00:13:31	00:20:36	00:21:18.95	4:01	14.9
32	CHUDY HENRYK	53	K S OLSZEWSKI I SYNOWIE	SŁAWSKO	POL	M60-69	1	M 32	00:06:44	00:13:45	00:20:48	00:21:32.05	4:03	14.8
33	HRYCYK ANNA	114		KOŁOBRZEG	POL	K14-17	1	K 1	00:06:45	00:13:50	00:21:01	00:21:41.00	4:05	14.7
34	BIEDRZYCKI KRZYSZTOF	32	CW FANZA	KOŁOBRZEG	POL	M40-49	7	M 33	00:06:50	00:14:02	00:21:02	00:21:44.50	4:06	14.6
35	KISIELEWICZ KRZYSZTOF	439	KORZYBSKIE REKINY	KORZYBIE	POL	M18-29	10	M 34	00:07:02	00:14:07	00:21:04	00:21:47.35	4:06	14.6
36	STĘŻAŁA ARTUR	300	JW1223	NOWE BIELICE	POL	M40-49	8	M 35	00:06:49	00:14:02	00:21:14	00:21:55.55	4:08	14.5
37	UZNAŃSKI RYSZARD	330	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M40-49	9	M 36	00:06:47	00:13:53	00:21:18	00:22:02.00	4:09	14.4
38	ZBOIŃSKI WOJCIECH	422		KOSZALIN	POL	M40-49	10	M 37	00:07:11	00:14:28	00:21:30	00:22:07.35	4:10	14.4
39	WUJTIUK PIOTR	417		SZCZECINEK	POL	M40-49	11	M 38	00:06:56	00:14:09	00:21:28	00:22:11.90	4:11	14.3
40	WALTER PRZEMYSŁAW	336	10 BIAŁOGARD	BIAŁOGARD	POL	M40-49	12	M 39	00:07:03	00:14:14	00:21:30	00:22:13.25	4:11	14.3
41	ŁUKAWSKI MARIUSZ	198	JW 1223	CHAŁUPY	POL	M18-29	11	M 40	00:06:47	00:14:00	00:21:31	00:22:15.05	4:12	14.3
42	HAMER SZYMON	433		KOSZALIN	POL	M30-39	12	M 41	00:06:46	00:14:07	00:21:35	00:22:15.05	4:11	14.3
43	SZYMAŃSKI PIOTR	314	POŁCZYN ZDRÓJ BIEGA	POŁCZYN ZDRÓJ	POL	M30-39	13	M 42	00:07:13	00:14:19	00:21:29	00:22:15.80	4:12	14.3
44	NOWAKOWSKI RAFAŁ	236		KOSZALIN	POL	M30-39	14	M 43	00:07:15	00:14:29	00:21:35	00:22:16.70	4:12	14.3
45	WEBER PAWEŁ	339	BAŁTYK KOSZALIN	KOSZALIN	POL	M30-39	15	M 44	00:06:44	00:14:06	00:21:35	00:22:18.10	4:12	14.3
46	CHOŁUJ JAREK	50	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	13	M 45	00:07:16	00:14:29	00:21:39	00:22:22.75	4:13	14.2

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
47	NOWACZYK CHRISTIAN	235		BOBOLIN	POL	M18-29	12	M 46	00:07:05	00:14:31	00:21:54	00:22:33.10	4:15	14.1
48	WINKEL ŁUKASZ	403		KOSZALIN	POL	M40-49	14	M 47	00:07:17	00:14:34	00:21:54	00:22:37.95	4:16	14.1
49	ŻEROMSKI DAWID	426		KOSZALIN	POL	M18-29	13	M 48	00:06:59	00:14:22	00:21:58	00:22:43.00	4:17	14
50	CHAJNOWSKI JAROSŁAW	48	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M50-59	4	M 49	00:07:34	00:15:01	00:22:07	00:22:47.70	4:18	13.9
51	FRONTCZAK IZABELA	82	TKKF KOSZALIN	SZCZECINEK	POL	K18-29	1	K 2	00:07:00	00:14:32	00:22:05	00:22:47.80	4:17	14
52	WILKOWSKI KRZYSZTOF	401		KOSZALIN	POL	M30-39	16	M 50	00:07:04	00:14:28	00:22:01	00:22:48.30	4:18	13.9
53	JAMNIAK BARTOSZ	120	MTS HAMER MIASTKO	MIASTKO	POL	M18-29	14	M 51	00:06:54	00:14:30	00:22:08	00:22:49.85	4:18	13.9
54	ŻYLICZ PAWEŁ	431	STOPA SŁUPSK	SŁUPSK	POL	M18-29	15	M 52	00:07:13	00:14:40	00:22:07	00:22:51.00	4:18	13.9
55	SZAŁKOWSKI WOJTEK	305	TUPOT USTKA	USTKA	POL	M40-49	15	M 53	00:07:34	00:14:56	00:22:12	00:22:55.50	4:19	13.9
56	PĘKAŁA PIOTR	256	ROZBIEGA KOSZALIN	KOSZALIN	POL	M40-49	16	M 54	00:07:14	00:14:45	00:22:12	00:22:58.65	4:20	13.8
57	MICHALSKI JAKUB	218	TRIATHLON KOSZALIN	KOSZALIN	POL	M40-49	17	M 55	00:07:35	00:15:03	00:22:24	00:23:04.20	4:21	13.8
58	ADAMCZAK ANDRZEJ	26	TRIATHLON KOSZALIN LABO SPORT	KOSZALIN	POL	M50-59	5	M 56	00:07:34	00:15:02	00:22:22	00:23:06.60	4:21	13.8
59	DESZCZ TOMASZ	434	RONIN GOLDTEAM	KOSZALIN	POL	M18-29	16	M 57	00:06:52	00:15:12	00:22:27	00:23:09.70	4:22	13.7
60	RUTKOWSKI RYSZARD	282	RUTKOWSKI TEAM	SIANÓW	POL	M50-59	6	M 58	00:07:18	00:14:55	00:22:28	00:23:10.85	4:22	13.7
61	KRACZKOWSKI PRZEMYSŁAW	170		KOSZALIN	POL	M30-39	17	M 59	00:07:26	00:14:55	00:22:26	00:23:11.40	4:22	13.7
62	CZERSKI PAWEŁ	62		KOSZALIN	POL	M18-29	17	M 60	00:07:18	00:14:51	00:22:34	00:23:12.95	4:22	13.7
63	KRAKOWIAK SŁAWOMIR	172	COSSG KOSZALIN	KOSZALIN	POL	M40-49	18	M 61	00:07:37	00:15:12	00:22:33	00:23:16.45	4:23	13.7
64	KOSIŃSKI MATEUSZ	164	DRUŻYNA SZPIKU	SZCZECIN	POL	M18-29	18	M 62	00:07:30	00:15:04	00:22:36	00:23:17.90	4:23	13.6
65	MOSIOŁEK PIOTR	221		KOSZALIN	POL	M40-49	19	M 63	00:07:34	00:15:03	00:22:36	00:23:23.90	4:24	13.6
66	CHROSTEK ADAM	52		GNIEZNO	POL	M40-49	20	M 64	00:07:32	00:15:11	00:22:44	00:23:24.00	4:24	13.6
67	NIEMCZUK DARIUSZ	233	JAMNO	KOSZALIN	POL	M50-59	7	M 65	00:07:36	00:15:05	00:22:46	00:23:27.20	4:25	13.6
68	PERCZYŃSKI JAREK	255		ROSNOWO	POL	M40-49	21	M 66	00:06:56	00:14:58	00:22:50	00:23:31.05	4:26	13.5
69	ŚNIADECKI WOJCIECH	317		DARŁOWO	POL	M18-29	19	M 67	00:06:50	00:14:39	00:22:45	00:23:32.30	4:26	13.5
70	IWANIEC DARIUSZ	116	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	22	M 68	00:07:15	00:15:02	00:22:51	00:23:34.70	4:26	13.5
71	KLEMANN PAWEŁ	150		NOWE BIELICE	POL	M30-39	18	M 69	00:07:20	00:15:05	00:22:51	00:23:36.50	4:27	13.5
72	KONIECZNA ANKA	156	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K40-49	1	K 3	00:07:24	00:15:08	00:22:50	00:23:37.80	4:27	13.5
73	HOC DARIUSZ	110		KOŁOBRZEG	POL	M40-49	23	M 70	00:07:38	00:15:28	00:22:54	00:23:38.65	4:27	13.4
74	BOBER JAKUB	37		MIASTKO	POL	M18-29	20	M 71	00:07:12	00:15:12	00:22:53	00:23:39.90	4:27	13.4
75	GOŁUŃSKA RENATA	93		MIASTKO	POL	K30-39	1	K 4	00:07:33	00:15:14	00:22:59	00:23:40.90	4:28	13.4
76	PARDEJ LILIANA	246		DUNINOWO	POL	K18-29	2	K 5	00:07:40	00:15:30	00:23:02	00:23:42.50	4:28	13.4
77	KUŁAKOWSKI DAWID	185	TKKF KOSZALIN	KOSZALIN	POL	M30-39	19	M 72	00:07:46	00:15:35	00:23:04	00:23:45.45	4:29	13.4
78	PSTRĄGOWSKI MARCIN	442	DZIKI KOSZALIN	KOSZALIN	POL	M30-39	20	M 73	00:07:19	00:15:12	00:23:01	00:23:47.85	4:29	13.4
79	KRAWCZYK TOMASZ	177		BIESIEKIERZ	POL	M30-39	21	M 74	00:07:30	00:15:13	00:23:01	00:23:48.25	4:29	13.4
80	JĘDRASZKO MAGDA	130	MTS HAMER	MIASTKO	POL	K30-39	2	K 6	00:07:31	00:15:14	00:23:03	00:23:48.45	4:29	13.4
81	ROGOŻA IRENEUSZ	276	BIEGNIJMY.PL	KOSZALIN	POL	M40-49	24	M 75	00:07:26	00:15:10	00:23:03	00:23:51.95	4:30	13.3
82	MICERSKI TOMASZ	216	TKKF KOSZALIN	KOSZALIN	POL	M40-49	25	M 76	00:07:44	00:15:33	00:23:09	00:23:54.15	4:30	13.3
83	MUCHA KRZYSZTOF	224		KOSZALIN	POL	M30-39	22	M 77	00:07:47	00:15:39	00:23:12	00:23:55.75	4:30	13.3
84	SIENICKI PIOTR	286	OPIUM	KOSZALIN	POL	M40-49	26	M 78	00:07:31	00:15:21	00:23:15	00:23:57.15	4:31	13.3
85	WASYLÓW MATEUSZ	337	DROZDOWO	DROZDOWO	POL	M18-29	21	M 79	00:07:10	00:15:19	00:23:14	00:24:01.60	4:31	13.2
86	FILIPEK DAMIAN	80		SŁAWNO	POL	M18-29	22	M 80	00:06:54	00:14:59	00:23:15	00:24:02.70	4:32	13.2
87	GOŃKA KRZYSZTOF	94	DECATHLON KOSZALIN	KOSZALIN	POL	M18-29	23	M 81	00:07:39	00:15:39	00:23:13	00:24:04.40	4:32	13.2
88	JARZYNA ROMAN	126		STARGARD	POL	M40-49	27	M 82	00:07:27	00:15:18	00:23:19	00:24:06.05	4:32	13.2
89	KILAR TOMASZ	148		KOSZALIN	POL	M40-49	28	M 83	00:07:32	00:15:25	00:23:22	00:24:08.30	4:33	13.2
90	KISIELIŃSKI IGOR	149		KOSZALIN	POL	M50-59	8	M 84	00:07:47	00:15:44	00:23:19	00:24:08.50	4:33	13.2
91	KUBIŃSKI RAFAŁ	184	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M50-59	9	M 85	00:07:34	00:15:23	00:23:22	00:24:11.30	4:33	13.1
92	STRUMIŃSKI RAFAŁ	302	DZIKI KOSZALIN	KOSZALIN	POL	M30-39	23	M 86	00:07:35	00:15:29	00:23:25	00:24:11.70	4:33	13.1
93	GOTOWAŁA RAFAŁ	96		KOSZALIN	POL	M30-39	24	M 87	00:07:40	00:15:34	00:23:28	00:24:15.85	4:34	13.1
94	CHWALEBA JAN	55		KOSZALIN	POL	M50-59	10	M 88	00:07:38	00:15:28	00:23:30	00:24:16.30	4:34	13.1
95	KOSECKA KATARZYNA	159	KB WYGAN	KOŁOBRZEG	POL	K30-39	3	K 7	00:07:36	00:15:31		00:24:16.30	4:34	13.1
96	CYBULSKI ROBERT	57	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	29	M 89	00:07:51	00:15:41	00:23:33	00:24:17.20	4:35	13.1
97	ŚNIEŻKO MARCIN	318	TKKF KOSZALIN	KOSZALIN	POL	M30-39	25	M 90	00:07:37	00:15:38	00:23:31	00:24:17.80	4:34	13.1
98	KRUPIŃSKI KRZYSZTOF	178	E-UROLOG	KOSZALIN	POL	M50-59	11	M 91	00:07:59	00:15:47	00:23:28	00:24:18.15	4:35	13.1
99	GOŁDYN MAREK	92	TKKF KOSZALIN	KOSZALIN	POL	M30-39	26	M 92	00:07:48	00:15:49	00:23:37	00:24:20.20	4:35	13.1
100	JAROSZEWSKI DANIEL	125	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	27	M 93	00:07:40	00:15:39	00:23:35	00:24:21.10	4:35	13.1
101	WICHER KRZYSZTOF	345	ADWOKATURA	KOSZALIN	POL	M30-39	28	M 94	00:07:34	00:15:38	00:23:35	00:24:22.20	4:35	13.1
102	KRASIŃSKI WITOLD	174		KOSZALIN	POL	M40-49	30	M 95	00:07:45	00:15:43	00:23:39	00:24:22.45	4:36	13
103	DOMASZK ZBIGNIEW	70		BYTÓW	POL	M40-49	31	M 96	00:07:42	00:15:45	00:23:40	00:24:23.60	4:36	13

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
104	SZYMAŃSKI PIOTR	315		ROSNOWO	POL	M40-49	32	M 97	00:07:49	00:15:50	00:23:37	00:24:25.95	4:36	13
105	GLISZCZYŃSKI ŁUKASZ	89	SPRINT SŁAWNO	BYTÓW	POL	M14-17	3	M 98	00:07:19	00:15:23	00:23:41	00:24:26.15	4:36	13
106	SHTEFAN YULIIA	285	KU AZS PWSZ KOSZALIN	BIAŁOGARD	POL	K30-39	4	K 8	00:07:19	00:15:22	00:23:31	00:24:27.15	4:36	13
107	KOWALCZYK MARIUSZ	167	WZAJEMNEJ ADORACJI:-)	KOSZALIN	POL	M40-49	33	M 99	00:07:35	00:15:27	00:23:40	00:24:28.65	4:37	13
108	NIECKARZ KRZYSZTOF	232		SŁAWNO	POL	M30-39	29	M 100	00:07:48	00:15:48	00:23:46	00:24:30.50	4:37	13
109	NIECKARZ MONIKA	231		SŁAWNO	POL	K30-39	5	K 9	00:07:48	00:15:48	00:23:46	00:24:30.75	4:37	13
110	TESKA BARTOSZ	322	TKKF KOSZALIN	KOSZALIN	POL	M30-39	30	M 101	00:07:36	00:15:43		00:24:32.65	4:37	13
111	SZABLA EWELINA	304		MIASTKO	POL	K30-39	6	K 10	00:07:35	00:15:38	00:23:43	00:24:34.05	4:38	12.9
112	ZACHCIAŁ-PEC JOANNA	419		KOSZALIN	POL	K40-49	2	K 11	00:07:44	00:15:48	00:23:48	00:24:34.80	4:38	12.9
113	MATYSIUK GRZEGORZ	210	7BOW	SŁUPSK	POL	M40-49	34	M 102	00:07:50	00:15:49		00:24:34.85	4:38	12.9
114	STAWISZYNSKI JAROSŁAW	298	FORUM ROZWOJU KOSZALINA	KOSZALIN	POL	M30-39	31	M 103	00:07:53	00:15:59	00:23:54	00:24:35.85	4:38	12.9
115	GARSKA JOANNA	85	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K40-49	3	K 12	00:07:37	00:15:40	00:23:49	00:24:38.45	4:38	12.9
116	KUBIAK ANDRZEJ	182		RUMIA	POL	M60-69	2	M 104	00:07:52	00:15:54	00:24:00	00:24:43.75	4:40	12.9
117	KRZEWIŃSKA MAŁGORZATA	180	TKKF KOSZALIN	KOSZALIN	POL	K50-59	1	K 13	00:07:56	00:16:00	00:23:59	00:24:44.15	4:40	12.8
118	WACHOLC MICHAŁ	333		KRETOMINO	POL	M18-29	24	M 105	00:07:52	00:15:55	00:23:58	00:24:44.80	4:40	12.8
119	PUŚCIAN KRZYSZTOF	263	GIMNAZJUM W MANOWIE	MANOWO	POL	M40-49	35	M 106	00:07:47	00:15:51	00:23:59	00:24:45.15	4:40	12.8
120	WIATRZYK KRZYSZTOF	344	DARŁOWO	DARŁOWO	POL	M40-49	36	M 107	00:07:50	00:15:42	00:23:57	00:24:45.35	4:40	12.8
121	NACHYŁA PAWEŁ	227	DZIKI KOSZALIN	KOSZALIN	POL	M18-29	25	M 108	00:08:03	00:16:02		00:24:48.75	4:40	12.8
122	SABISZ KRZYSZTOF	284		BYTÓW	POL	M18-29	26	M 109	00:08:17	00:16:18	00:24:07	00:24:53.15	4:41	12.8
123	BŁANK KRYSTIAN	35		BYTÓW	POL	M18-29	27	M 110	00:08:19	00:16:19	00:24:09	00:24:53.15	4:41	12.8
124	KUTKOWSKI MARCIN	190		KOŁOBRZEG	POL	M30-39	32	M 111	00:07:53	00:16:04	00:24:06	00:24:53.40	4:41	12.8
125	RUTKOWSKI ARTUR	283		KOSZALIN	POL	M18-29	28	M 112	00:07:26	00:15:41	00:24:14	00:24:54.40	4:41	12.8
126	PRUS MIKOŁAJ	441		SŁUPSK	POL	M18-29	29	M 113	00:08:19	00:16:20	00:24:21	00:24:54.65	4:42	12.8
127	WALTER JOANNA	335	10 BIAŁOGARD	BIAŁOGARD	POL	K40-49	4	K 14	00:08:19	00:16:28	00:24:12	00:24:57.95	4:42	12.7
128	ŁABEJSZA ŁUKASZ	195	WOJOWNICY WÓDY	KOSZALIN	POL	M30-39	33	M 114	00:08:13	00:16:16	00:24:14	00:24:58.85	4:42	12.7
129	KALISZUK DAMIAN	138		KOSZALIN	POL	M30-39	34	M 115	00:07:57	00:16:04	00:24:13	00:24:59.35	4:43	12.7
130	CYBULSKI ROBERT	58	MTS HAMER MIASTKO	MIASTKO	POL	M14-17	4	M 116	00:08:18	00:16:19	00:24:07	00:25:00.75	4:43	12.7
131	MARKOWSKA NATALIA	205	MTS HAMER MIASTKO	SZEPIETOWO	POL	K14-17	2	K 15	00:08:17	00:16:22	00:24:17	00:25:00.75	4:43	12.7
132	KAZIMIEROWICZ RADOSŁAW	144	VTT KOSZALIN	KOSZALIN	POL	M30-39	35	M 117	00:07:45	00:15:58	00:24:13	00:25:05.40	4:44	12.7
133	HRYCIÓW PAWEŁ	113	BIAŁOGARD	BIAŁOGARD	POL	M30-39	36	M 118	00:08:11	00:16:29	00:24:22	00:25:05.95	4:44	12.7
134	WYGANOWSKI ANDRZEJ	427	WYGAN KOŁOBRZEG	KOŁOBRZEG	POL	M70+	1	M 119	00:08:07	00:16:26	00:24:19	00:25:06.15	4:44	12.7
135	CAŁA BARTOSZ	47	KARATE KLUB BYTÓW	BYTÓW	POL	M30-39	37	M 120	00:08:14	00:16:21	00:24:19	00:25:08.20	4:44	12.7
136	MALINOWSKI MARIUSZ	203		KOSZALIN	POL	M30-39	38	M 121	00:07:59	00:16:18	00:24:22	00:25:10.60	4:45	12.6
137	KAŹMIERCZAK ROBERT	145		NIEKANIN	POL	M40-49	37	M 122	00:07:51	00:16:22	00:24:26	00:25:11.80	4:45	12.6
138	PEŁKA JANUSZ	254		KOSZALIN	POL	M50-59	12	M 123	00:07:47	00:16:23	00:24:29	00:25:12.45	4:45	12.6
139	KLOSKOWSKI DARIUSZ	152	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M40-49	38	M 124	00:07:50	00:16:11	00:24:25	00:25:12.55	4:45	12.6
140	WOJCIECHOWSKA-HRYCYK AGATA	409		KOŁOBRZEG	POL	K40-49	5	K 16	00:07:56	00:16:13	00:24:28	00:25:13.55	4:45	12.6
141	CYBULSKI SZYMON	59	MTS HAMER MIASTKO	MIASTKO	POL	M14-17	5	M 125	00:08:16	00:16:24	00:24:33	00:25:16.25	4:46	12.6
142	BIL ADRIAN	34		KOSZALIN	POL	M30-39	39	M 126	00:08:13	00:16:42	00:24:33	00:25:16.70	4:46	12.6
143	FIGURA ARKADIUSZ	79	KONIKOWO	KONIKOWO	POL	M40-49	39	M 127	00:08:00	00:16:35	00:24:37	00:25:21.60	4:46	12.5
144	NAGRABECKI HUBERT	229	HUBCIO TEAM :)	KOSZALIN	POL	M30-39	40	M 128	00:08:14	00:16:28	00:24:31	00:25:22.15	4:47	12.5
145	JANUSZEWSKI JACEK	124	17 WOG KOSZALIN	KOSZALIN	POL	M50-59	13	M 129	00:08:07	00:16:23	00:24:39	00:25:26.05	4:47	12.5
146	PEC DANIEL	252		KOSZALIN	POL	M14-17	6	M 130	00:08:08	00:16:36	00:24:40	00:25:27.75	4:48	12.5
147	TURCZYN GRZEGORZ	326	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M40-49	40	M 131	00:07:41	00:16:06	00:24:34	00:25:28.15	4:48	12.5
148	PIECHOTA ROBERT	257		KOSZALIN	POL	M40-49	41	M 132	00:07:34	00:16:16	00:24:54	00:25:30.45	4:48	12.5
149	DĄBROWSKI GRZEGORZ	69		KOSZALIN	POL	M40-49	42	M 133	00:08:07	00:16:28	00:24:48	00:25:30.85	4:48	12.5
150	ZDROWIECKI ARTUR	423		KOSZALIN	POL	M30-39	41	M 134	00:07:25	00:16:06	00:24:52	00:25:37.55	4:50	12.4
151	DZIESZUK DARIUSZ	75	TKKF KOSZALIN	KOSZALIN	POL	M40-49	43	M 135	00:08:19	00:16:38	00:24:54	00:25:38.10	4:50	12.4
152	ŚWIETLIK TOMASZ	320		KOSZALIN	POL	M50-59	14	M 136	00:08:04	00:16:17	00:24:53	00:25:39.35	4:50	12.4
153	TUKAJSKI TOMASZ	325	BIKE U UP	KOSZALIN	POL	M30-39	42	M 137	00:07:59	00:16:21	00:24:45	00:25:40.00	4:50	12.4
154	ROGALSKI ROBERTO	275	TKKF KOSZALIN	KOSZALIN	POL	M30-39	43	M 138	00:07:56	00:16:30	00:24:50	00:25:42.20	4:50	12.4
155	CHUDZIK ZBIGNIEW	54	TKKF KOSZALIN	KOSZALIN	POL	M50-59	15	M 139	00:08:20	00:16:39	00:24:58	00:25:45.40	4:51	12.3
156	KALOCIŃSKI KRZYSZTOF	139	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	44	M 140	00:08:30	00:16:41	00:24:57	00:25:48.50	4:52	12.3
157	BORKOWSKA-KOWALCZYK DARIA	40	WOMEN'S FIGHT CLUB KOSZALIN	KOSZALIN	POL	K30-39	7	K 17	00:08:10	00:16:34	00:24:58	00:25:48.60	4:52	12.3
158	STOKROCKI WOJCIECH	301		KOSZALIN	POL	M30-39	45	M 141	00:08:42	00:17:01	00:25:07	00:25:54.65	4:53	12.3
159	STASIAK GRZEGORZ	296		DĄBRÓWKA	POL	M30-39	46	M 142	00:08:43	00:17:02	00:25:08	00:25:55.25	4:53	12.3
160	REMPLAKOWSKI KRZYSZTOF	270	WE RUN	ROSNOWO	POL	M40-49	44	M 143	00:08:30	00:16:52	00:25:05	00:25:56.15	4:53	12.3

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
161	JUSZCZAK KRZYSZTOF	132		KOSZALIN	POL	M60-69	3	M 144	00:08:22	00:16:33	00:25:04	00:25:57.25	4:53	12.3
162	LASKOWSKI GRZEGORZ	192		PARNOWO	POL	M18-29	30	M 145	00:07:58	00:16:23	00:25:10	00:26:00.70	4:54	12.2
163	CHWALEBA MACIEJ	56		KOSZALIN	POL	M18-29	31	M 146	00:08:18	00:16:39	00:25:10	00:26:01.00	4:54	12.2
164	ŻANDARSKI PAWEŁ	425		KOSZALIN	POL	M18-29	32	M 147	00:08:01	00:16:36	00:25:09	00:26:01.75	4:54	12.2
165	RUDZIŃSKI BRONISŁAW	281		KOSZALIN	POL	M60-69	4	M 148	00:08:13	00:16:41	00:25:07	00:26:02.55	4:54	12.2
166	GROCHOWSKI RAFAŁ	101		KOSZALIN	POL	M40-49	45	M 149	00:08:09	00:16:40	00:25:15	00:26:02.65	4:54	12.2
167	OTTO MICHAŁ	243		KOSZALIN	POL	M30-39	47	M 150	00:08:01	00:16:36	00:25:15	00:26:02.95	4:54	12.2
168	DĄBROWSKA ANNA	68		KOSZALIN	POL	K30-39	8	K 18	00:08:13	00:16:42	00:25:12	00:26:05.00	4:55	12.2
169	KAMIŃSKI TOMASZ	140	JEDNOSTKA WOJSKOWA 1223	KOSZALIN	POL	M30-39	48	M 151	00:07:59	00:16:43	00:25:19	00:26:05.35	4:55	12.2
170	FELSKI ŁUKASZ	78		TORUŃ/KOSZALIN	POL	M30-39	49	M 152	00:08:11	00:16:47	00:25:19	00:26:05.35	4:55	12.2
171	ROMBALSKA JULIA	277	AWFIS GDAŃSK	SŁUPSK	POL	K18-29	3	K 19	00:08:28	00:16:58	00:25:21	00:26:06.10	4:55	12.2
172	PRZYMORSKI WALDEMAR	259	W.P.K. SŁOŃ TEAM USTKA	USTKA	POL	M40-49	46	M 153	00:08:28	00:16:55	00:25:19	00:26:10.10	4:56	12.1
173	BOGACKA LUCYNA	38	TKKF KOSZALIN	KOSZALIN	POL	K50-59	2	K 20	00:08:14	00:16:44	00:25:21	00:26:12.80	4:56	12.1
174	DUDZIAK PIOTR	72	KOSZALIN	KOSZALIN	POL	M40-49	47	M 154	00:07:52	00:16:20	00:25:18	00:26:13.70	4:56	12.1
175	SKOWYRSKI JANUSZ	289	TKKF KOSZALIN	BIESIEKIERZ	POL	M50-59	16	M 155	00:08:01	00:16:34	00:25:22	00:26:17.30	4:57	12.1
176	OSOBNIAK RYSZARD	241	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M60-69	5	M 156	00:08:25	00:17:01	00:25:28	00:26:17.30	4:57	12.1
177	NADSTAWNY MAREK	228		KOSZALIN	POL	M30-39	50	M 157	00:08:10	00:16:40	00:25:24	00:26:17.80	4:57	12.1
178	SZULC MAREK	313		BIALOGARD	POL	M50-59	17	M 158	00:08:42	00:17:08	00:25:31	00:26:22.15	4:58	12.1
179	MADEJ KRZYSZTOF	200		SŁUPSK	POL	M30-39	51	M 159	00:08:15	00:16:48	00:25:31	00:26:25.35	4:59	12
180	GRABOWSKA-LESISZ ANETA	98		KOSZALIN	POL	K30-39	9	K 21	00:08:01	00:16:50	00:25:28	00:26:26.45	4:59	12
181	KOZŁOWIECKI WALDEMAR	169	TKKF KOSZALIN	KOSZALIN	POL	M60-69	6	M 160	00:08:29	00:17:02	00:25:33	00:26:27.15	4:59	12
182	JABŁOŃSKI TOMASZ	117	AR SPOKO SŁAWNO	SŁAWNO	POL	M30-39	52	M 161	00:08:44	00:17:09	00:25:38	00:26:29.90	5:00	12
183	MEGIER WOJTEK	212		KOSZALIN	POL	M50-59	18	M 162	00:08:25	00:17:07	00:25:43	00:26:35.55	5:00	12
184	KUBIŃSKA BEATA	183	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K40-49	6	K 22	00:08:32	00:17:08	00:25:44	00:26:35.55	5:00	12
185	GŁUCH KATARZYNA	91		KOSZALIN	POL	K30-39	10	K 23	00:08:27	00:17:08	00:25:45	00:26:35.80	5:01	12
186	GRZYBOWSKI PIOTR	103	KB RUN 42	SZCZEGLINO NOWE	POL	M40-49	48	M 163	00:08:23	00:17:02	00:25:41	00:26:38.30	5:01	11.9
187	JASIŃSKI CEZARY	128	UBUDUBU	KOSZALIN	POL	M40-49	49	M 164	00:08:14	00:16:59	00:25:48	00:26:38.90	5:01	11.9
188	MĘDEL MARTA	215		KOSZALIN	POL	K40-49	7	K 24	00:08:34	00:17:18	00:25:55	00:26:40.85	5:02	11.9
189	MĘDEL CEZARY	214		KOSZALIN	POL	M40-49	50	M 165	00:08:34	00:17:17	00:25:54	00:26:42.20	5:02	11.9
190	KOWALCZYK PIOTR	166		KOSZALIN	POL	M30-39	53	M 166	00:08:21	00:17:04	00:25:55	00:26:45.90	5:03	11.9
191	SZULC SZYMON	437		BIALOGARD	POL	M30-39	54	M 167	00:08:54	00:17:52	00:26:12	00:26:54.15	5:04	11.8
192	JASIENIECKI PIOTR	127		KOSZALIN	POL	M40-49	51	M 168	00:08:37	00:17:18	00:26:06	00:26:55.20	5:04	11.8
193	JANKOWSKI GRZEGORZ	123	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	M40-49	52	M 169	00:08:09	00:17:03	00:26:06	00:26:57.45	5:05	11.8
194	DRABKOWSKA AGNIESZKA	71		BIAŁOGARD	POL	K30-39	11	K 25	00:08:08	00:16:59	00:26:02	00:26:57.60	5:05	11.8
195	MAJCHRZAK PAWEŁ	201	SUNDAYBIKERS KARLINO TEAM	KARLINO	POL	M40-49	53	M 170	00:08:34	00:17:21	00:26:07	00:26:59.80	5:05	11.8
196	WENCŁAWSKI MICHAŁ	341	ARAGORTEAM\ NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M18-29	33	M 171	00:08:34	00:17:21	00:26:10	00:27:01.15	5:05	11.8
197	PUZYREWSKI WOJCIECH	264	FORREST GUMP	KOSZALIN	POL	M30-39	55	M 172	00:09:36	00:18:05	00:26:16	00:27:04.65	5:06	11.7
198	RABKA MONIKA	265		KOSZALIN	POL	K30-39	12	K 26	00:08:44	00:17:35	00:26:04	00:27:05.20	5:06	11.7
199	RADECKA KATARZYNA	266		KOSZALIN	POL	K30-39	13	K 27	00:08:39	00:17:26	00:26:12	00:27:05.20	5:06	11.7
200	MEJER ALEKSANDRA	213		ROSNOWO	POL	K14-17	3	K 28	00:08:37	00:17:23	00:26:16	00:27:06.75	5:06	11.7
201	RUDZIK GRZEGORZ	280	KL 'ISKRA' BIAŁOGARD	BIAŁOGARD	POL	M30-39	56	M 173	00:08:29	00:17:33	00:26:24	00:27:15.85	5:08	11.7
202	GREBIENIK ANDRZEJ	100		SŁUPSK	POL	M40-49	54	M 174	00:08:50	00:17:29	00:26:22	00:27:16.95	5:08	11.7
203	KACZMAREK ŁUKASZ	136	1984	KOSZALIN	POL	M30-39	57	M 175	00:08:39	00:17:45	00:26:37	00:27:20.45	5:09	11.6
204	CHROSTEK DOROTA	51		POZNAŃ	POL	K40-49	8	K 29	00:08:52	00:17:48	00:26:33	00:27:21.95	5:09	11.6
205	ATALSKI DAMIAN	27		KOSZALIN	POL	M30-39	58	M 176	00:08:37	00:17:30	00:26:31	00:27:23.40	5:10	11.6
206	HRYCAJ TOMASZ	112		KOŁOBRZEG	POL	M30-39	59	M 177	00:08:46	00:17:51	00:26:32	00:27:24.30	5:10	11.6
207	NIWIŃSKI GRZEGORZ	234	K.B. TUPOT USTKA	USTKA	POL	M50-59	19	M 178	00:08:52	00:17:42	00:26:36	00:27:30.15	5:11	11.6
208	HOC AGNIESZKA	111		KOŁOBRZEG	POL	K30-39	14	K 30	00:08:48	00:17:48	00:26:44	00:27:31.40	5:11	11.5
209	WOJCIECHOWSKI ANDRZEJ	410		KOSZALIN	POL	M40-49	55	M 179	00:08:48	00:17:48	00:26:44	00:27:32.60	5:11	11.5
210	KĘPKA MIROSŁAW	147	K.B.SPRINT ŚWIDWIN	ŚWIDWIN	POL	M40-49	56	M 180	00:08:54	00:17:50	00:26:41	00:27:33.45	5:12	11.5
211	KOŁAKOWSKI DARIUSZ	154	K.B.SPRINT ŚWIDWIN	ŚWIDWIN	POL	M40-49	57	M 181	00:08:54	00:17:50	00:26:42	00:27:33.70	5:12	11.5
212	WILIŃSKI MAREK	349	K. B SPRINT ŚWIDWIN	ŚWIDWIN	POL	M50-59	20	M 182	00:08:55	00:17:51	00:26:42	00:27:34.65	5:12	11.5
213	DĄBROWSKA ALICJA	67	TKKF KOSZALIN	SIANÓW	POL	K50-59	3	K 31	00:09:01	00:18:03	00:26:47	00:27:35.55	5:12	11.5
214	MARZEC ŁUKASZ	207		KOSZALIN	POL	M30-39	60	M 183	00:08:30	00:17:28	00:26:43	00:27:40.25	5:13	11.5
215	KONKEL JOANNA	157	MKS 'ŚWIĘC SŁAWNO'	SŁAWNO	POL	K50-59	4	K 32	00:09:03	00:17:59	00:26:50	00:27:43.25	5:13	11.5
216	JURA KAZIMIERZ	131	MTS HAMER	MIASTKO	POL	M60-69	7	M 184	00:08:49	00:17:48	00:26:55	00:27:47.20	5:14	11.4
217	RETERSKI DAMIAN	272		KOSZALIN	POL	M14-17	7	M 185	00:08:49	00:17:56	00:26:58	00:27:48.85	5:14	11.4

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
218	OSOWSKI ANDRZEJ	242	OSATEAM	WARSZAWA	POL	M40-49	58	M 186	00:08:07	00:17:28	00:26:56	00:27:49.40	5:14	11.4
219	FAJGIER TOMASZ	77		MANOWO	POL	M40-49	59	M 187	00:08:23	00:17:39	00:26:55	00:27:49.45	5:15	11.4
220	KRYGIER IRENEUSZ	179	W.P.K SŁOŃ TEAM USTKA	USTKA	POL	M30-39	61	M 188	00:08:55	00:17:59	00:26:59	00:27:51.95	5:15	11.4
221	PUCHALSKI MARCIN	262		KOŁOBRZEG	POL	M30-39	62	M 189	00:08:35	00:17:42	00:27:00	00:27:53.70	5:15	11.4
222	JANKOWSKA JUSTYNA	122		SŁUPSK	POL	K30-39	15	K 33	00:08:39	00:17:48	00:27:00	00:27:54.25	5:15	11.4
223	GŁOWACKI WŁODZIMIERZ	90		KOSZALIN	POL	M70+	2	M 190	00:08:29	00:17:44	00:27:03	00:27:58.40	5:16	11.4
224	DANOWSKI MACIEJ	65	FITNESS CLUB FORMA	BIAŁOGARD	POL	M40-49	60	M 191	00:08:57	00:18:20	00:27:14	00:27:58.85	5:16	11.4
225	JAKÓBCZAK DARIUSZ	118		KOSZALIN	POL	M40-49	61	M 192	00:08:49	00:18:02	00:27:02	00:28:00.30	5:17	11.4
226	WALCZAK AGNIESZKA	334	TKKF KOSZALIN	KOSZALIN	POL	K40-49	9	K 34	00:08:47	00:17:53	00:27:09	00:28:02.35	5:17	11.3
227	WIERZBICKI SYLWESTER	346		DARŁOWO	POL	M30-39	63	M 193	00:09:31	00:19:16	00:27:23	00:28:02.40	5:17	11.3
228	KARNICKI ZYGMUNT	142	TKKF KOSZALIN	KOSZALIN	POL	M60-69	8	M 194	00:08:37	00:17:53	00:27:13	00:28:06.00	5:18	11.3
229	KACAŁA OLGA	133		KOSZALIN	POL	K30-39	16	K 35	00:08:45	00:18:11	00:27:22	00:28:10.15	5:19	11.3
230	KOWALSKA MAGDALENA	247		KOSZALIN	POL	K18-29	4	K 36	00:08:44	00:18:09	00:27:21	00:28:10.25	5:18	11.3
231	HELLER ZDZISŁAW	108	NIEZRZESZONY	KOSZALIN	POL	M60-69	9	M 195	00:08:56	00:18:02	00:27:19	00:28:12.35	5:19	11.3
232	WĘGIEL ALEKSANDRA	343		SŁUPSK	POL	K18-29	5	K 37	00:08:39	00:17:50	00:27:17	00:28:14.00	5:19	11.3
233	RETERSKI PRZEMYSŁAW	271		KOSZALIN	POL	M30-39	64	M 196	00:08:49	00:17:58	00:27:19	00:28:14.30	5:19	11.3
234	KOSECKI TOMASZ	162		KOSZALIN	POL	M30-39	65	M 197	00:09:49	00:18:59	00:27:35	00:28:25.00	5:21	11.2
235	NOWIŃSKA WIKTORIA	237	AML SŁUPSK	SŁUPSK	POL	K14-17	4	K 38	00:09:01	00:18:16	00:27:36	00:28:30.45	5:22	11.2
236	WACHHOLZ BEATA	332	KB BRYZA POSTOMINO	SŁAWNO	POL	K40-49	10	K 39	00:09:10	00:18:17	00:27:34	00:28:33.20	5:23	11.1
237	GRAJ JOANNA	99		KOSZALIN	POL	K18-29	6	K 40	00:09:03	00:18:22	00:27:42	00:28:35.30	5:23	11.1
238	ŻUREK DANIEL	430		KOSZALIN	POL	M30-39	66	M 198	00:09:35	00:18:51	00:27:51	00:28:36.55	5:23	11.1
239	MRUGALSKI STANISŁAW	223		MIASTKO	POL	M50-59	21	M 199	00:09:11	00:18:27	00:27:38	00:28:39.05	5:24	11.1
240	NAPIERAŁA MARCIN	230		SKWIERZYNKA	POL	M30-39	67	M 200	00:09:43	00:19:05	00:27:46	00:28:41.25	5:24	11.1
241	WOLAŃSKI MACIEJ	415		KOŁOBRZEG	POL	M14-17	8	M 201	00:09:26	00:18:54	00:28:03	00:28:59.85	5:28	11
242	KOTULSKI PIOTR	165	KLUB BIEGACZY JYSK	KOSZALIN	POL	M30-39	68	M 202	00:09:05	00:18:36	00:28:07	00:29:01.45	5:28	11
243	HNATOWSKI ARTUR	109	DM FC KOSZALIN	KOSZALIN	POL	M40-49	62	M 203	00:09:08	00:18:48	00:28:15	00:29:03.85	5:29	10.9
244	HAŁKA OLA	106		KOSZALIN	POL	K18-29	7	K 41	00:09:01	00:18:36	00:28:07	00:29:05.00	5:29	10.9
245	MICHALAK KAMILA	217		GDAŃSK	POL	K30-39	17	K 42	00:09:05	00:18:36	00:28:09	00:29:06.15	5:29	10.9
246	KRAWCZYK BOHDAN	176		KOSZALIN	POL	M50-59	22	M 204	00:10:09	00:19:30	00:28:09	00:29:07.30	5:29	10.9
247	SPICA ŁUKASZ	294		KOSZALIN	POL	M18-29	34	M 205	00:09:13	00:18:39	00:28:22	00:29:07.30	5:29	10.9
248	ŻYWOT NORBERT	432	PARKRUN KOŁOBRZEG	KOŁOBRZEG	POL	M40-49	63	M 206	00:09:25	00:19:03	00:28:19	00:29:10.05	5:30	10.9
249	KLENIEWICZ PIOTR	440		KOSZALIN	POL	M50-59	23	M 207	00:08:52	00:18:20	00:28:13	00:29:10.80	5:30	10.9
250	KOLASA TOMASZ	153	KĄPIELE NA SPONTANIE	KOŁOBRZEG	POL	M40-49	64	M 208	00:09:25	00:19:03	00:28:18	00:29:12.35	5:30	10.9
251	MALINOWSKA-BURDA ALEKSANDRA	202		KOSZALIN	POL	K18-29	8	K 43	00:09:29	00:19:06	00:28:20	00:29:13.10	5:30	10.9
252	WOLAŃSKI MARIUSZ	414		KOŁOBRZEG	POL	M50-59	24	M 209	00:09:39	00:19:07	00:28:16	00:29:13.65	5:30	10.9
253	FRUBA KARINA	83	STOPA SŁUPSK	REDZIKOWO	POL	K30-39	18	K 44	00:09:01	00:18:29	00:28:16	00:29:13.95	5:30	10.9
254	ŚRODA WOJCIECH	319		KOSZALIN	POL	M40-49	65	M 210	00:09:36	00:19:07	00:28:24	00:29:17.35	5:31	10.9
255	ORYSZCZYN ARKADIUSZ	239		KOSZALIN	POL	M30-39	69	M 211	00:09:13	00:18:40	00:28:25	00:29:19.90	5:32	10.8
256	KOSECKA SYLWIA	160		KOSZALIN	POL	K18-29	9	K 45	00:09:49	00:19:13	00:28:33	00:29:24.95	5:33	10.8
257	SKIERKA GRZEGORZ	288	MKS ŚWIĘC SŁAWNO	KWASOWO	POL	M30-39	70	M 212	00:09:36	00:19:12	00:28:28	00:29:25.25	5:33	10.8
258	FRASZKIEWICZ JAROSŁAW	81		KOSZALIN	POL	M40-49	66	M 213	00:09:34	00:19:13	00:28:38	00:29:28.85	5:33	10.8
259	KOMOROWSKA BEATA	155	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K30-39	19	K 46	00:09:29	00:18:58	00:28:33	00:29:29.80	5:33	10.8
260	SZPAKOWSKA PAULINA	311		KOSZALIN	POL	K18-29	10	K 47	00:09:44	00:19:10	00:28:37	00:29:30.90	5:34	10.8
261	CZERSKI PIOTR	61		KOSZALIN	POL	M50-59	25	M 214	00:10:07	00:19:43	00:28:40	00:29:31.15	5:34	10.8
262	TRZEŚNIEWSKI ZBIGNIEW	324		GRUDZIADZ	POL	M40-49	67	M 215	00:09:35	00:19:13	00:28:38	00:29:34.65	5:34	10.7
263	STRZELECKA-DRAGUN HALINA	303	NIEZRZESZONA	SŁUPSK	POL	K60+	1	K 48	00:09:40	00:19:15	00:28:45	00:29:38.25	5:35	10.7
264	DYRCZ MARIKA	74	VEGE RUNNERS	SŁAWNO	POL	K30-39	20	K 49	00:09:56	00:19:18	00:28:44	00:29:38.35	5:35	10.7
265	IMIOŁEK JACEK	115		KOSZALIN	POL	M40-49	68	M 216	00:09:30	00:19:08	00:28:53	00:29:43.85	5:36	10.7
266	BASIAK KRYSTIAN	30	KOSZALIN	KOSZALIN	POL	M30-39	71	M 217	00:09:05	00:18:30	00:28:56	00:29:46.25	5:36	10.7
267	PSTRĄGOWSKA MARLENA	260	BIEGNIJMY.PL	KOSZALIN	POL	K30-39	21	K 50	00:09:33	00:19:11	00:28:49	00:29:49.50	5:37	10.7
268	WIERZBICKI KACPER	347		KOSZALIN	POL	M18-29	35	M 218	00:09:06	00:18:32	00:28:58	00:29:51.90	5:38	10.6
269	KACAŁA JACEK	134		KOSZALIN	POL	M30-39	72	M 219	00:09:38	00:19:15	00:29:04	00:29:52.30	5:38	10.6
270	PAWŁOWSKA URSZULA	250		SKWIERZYNKA	POL	K30-39	22	K 51	00:09:49	00:19:27	00:28:56	00:29:53.65	5:38	10.6
271	MAZUREK BARBARA	211	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	23	K 52	00:10:07	00:19:35	00:29:08	00:30:03.15	5:40	10.6
272	BONISŁAWSKI JAROSŁAW	39	FADOMODA TEAM	SŁAWNO	POL	M30-39	73	M 220	00:09:36	00:19:19	00:29:08	00:30:04.80	5:40	10.6
273	WAWRZYNIAK KAROLINA	338		DARŁOWO	POL	K18-29	11	K 53	00:09:28	00:19:15	00:29:08	00:30:07.15	5:40	10.6
274	SZKATULSKI TOMASZ	309	DARŁOWO	DARŁOWO	POL	M18-29	36	M 221	00:09:30	00:19:16	00:29:06	00:30:08.10	5:41	10.6

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
275	BRESZKA PAWEŁ	43	BIEGNIJMY TO DARŁOWO	DARŁOWO	POL	M40-49	69	M 222	00:09:31	00:19:17	00:29:07	00:30:08.95	5:41	10.5
276	CAŁA MAŁGORZATA	46		BYTÓW	POL	K30-39	24	K 54	00:09:48	00:19:39	00:29:17	00:30:09.90	5:41	10.5
277	CHODNICZAK JOANNA	49		WLEŃ	POL	K30-39	25	K 55	00:09:56	00:19:51	00:29:18	00:30:12.05	5:41	10.5
278	KUPREWICZ GRZEGORZ	186	JW1223	KOSZALIN	POL	M30-39	74	M 223	00:09:42	00:19:29	00:29:23	00:30:15.55	5:42	10.5
279	BROMIŃSKA WIESŁAWA	44	BIEGNIJMY.PL	KOSZALIN	POL	K50-59	5	K 56	00:09:42	00:19:26	00:29:16	00:30:16.00	5:42	10.5
280	URBAŃSKA ANETTA	328		KOSZALIN	POL	K30-39	26	K 57	00:09:21	00:19:20	00:29:26	00:30:25.45	5:44	10.4
281	PAULIŃSKI JAN	249	JAMNO	KOSZALIN	POL	M60-69	10	M 224	00:09:06	00:18:57	00:29:14	00:30:36.75	5:46	10.4
282	SZULC ADAM	312		BIALOGARD	POL	M18-29	37	M 225	00:09:29	00:19:37	00:29:45	00:30:36.75	5:46	10.4
283	HAŁAJKO MAGDALENA	105		KOSZALIN	POL	K30-39	27	K 58	00:09:35	00:19:41	00:29:43	00:30:45.50	5:48	10.3
284	WOLF BEATA	66	TKKF KOSZALIN	KOSZALIN	POL	K30-39	28	K 59	00:09:36	00:19:41	00:29:43	00:30:45.80	5:48	10.3
285	WOLF WERONIKA	416	TKKF KOSZALIN	SIANÓW	POL	K40-49	11	K 60	00:09:36	00:19:42	00:29:44	00:30:47.20	5:48	10.3
286	SIKORSKI WITOLD	287	KB RUN 42	ROSNOWO	POL	M50-59	26	M 226	00:09:25	00:18:48	00:29:16	00:30:50.05	5:49	10.3
287	KOSIŃSKA MAŁGORZATA	163		SZCZECIN	POL	K50-59	6	K 61	00:10:00	00:20:02	00:29:59	00:31:00.90	5:50	10.3
288	BUDZYŃSKA ELŻBIETA	438		SŁUPSK	POL	K50-59	7	K 62	00:09:38	00:19:51	00:30:03	00:31:03.75	5:51	10.2
289	GAWEŁ MICHAŁ	87		WROCŁAW	POL	M18-29	38	M 227	00:10:09	00:20:41	00:30:25	00:31:12.50	5:53	10.2
290	KUBIAK MARIA	181		RUMIA	POL	K60+	2	K 63	00:10:04	00:20:14	00:30:23	00:31:21.85	5:55	10.1
291	SKRZYPEK MARCIN	290	NIETOPERZE KOSZALIN	KOSZALIN	POL	M30-39	75	M 228	00:09:38	00:19:40	00:30:26	00:31:24.35	5:55	10.1
292	BIELĘDA KAROLINA	33		NIEKANIN	POL	K30-39	29	K 64	00:09:35	00:20:08	00:30:26	00:31:25.55	5:55	10.1
293	KACZKOWSKA JUSTYNA	135	RAMS	KOŁOBRZEG	POL	K30-39	30	K 65	00:09:30	00:20:08	00:30:26	00:31:28.00	5:56	10.1
294	PACAN BARTOSZ	245		BYTÓW	POL	M30-39	76	M 229	00:09:59	00:20:35	00:30:40	00:31:34.10	5:57	10.1
295	PACAN MIRA	244	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K18-29	12	K 66	00:09:59	00:20:35	00:30:39	00:31:34.55	5:57	10.1
296	TELEGA MICHAŁ	321		KOSZALIN	POL	M30-39	77	M 230	00:10:01	00:20:20	00:30:45	00:31:46.80	5:59	10
297	RADOSZ KATARZYNA	267		KOSZALIN	POL	K40-49	12	K 67	00:10:03	00:20:33	00:30:46	00:31:48.10	6:00	10
298	WENCŁAW-JUSZCZAK MARTA	340		KOŁOBRZEG	POL	K40-49	13	K 68	00:10:18	00:20:21	00:30:55	00:31:52.90	6:00	10
299	MARSCHAŁKOWSKA DOROTA	206	TKKF KOSZALIN	KOSZALIN	POL	K50-59	8	K 69	00:10:12	00:20:44	00:31:13	00:32:14.30	6:04	9.9
300	BORSUK DOROTA	42		KOSZALIN	POL	K40-49	14	K 70	00:10:13	00:20:45	00:31:14	00:32:15.45	6:05	9.9
301	ZIELIŃSKI JAROSŁAW	424	AMATOR	BIAŁOGARD	POL	M30-39	78	M 231	00:09:54	00:20:21	00:31:18	00:32:18.35	6:05	9.8
302	MYSZKOWSKA GRAŻYNA	225	NIGHT RUNNERSSŁUPSK	SŁUPSK	POL	K50-59	9	K 71	00:09:36	00:20:13	00:31:13	00:32:18.45	6:05	9.8
303	MARCHEWKA KATARZYNA	204		KOSZALIN	POL	K18-29	13	K 72	00:09:49	00:20:21	00:31:14	00:32:19.55	6:06	9.8
304	LEWEK MACIEJ	194	PRZYJACIELE Z RADZYN	POZNAŃ	POL	M50-59	27	M 232	00:09:25	00:20:24	00:31:20	00:32:22.60	6:06	9.8
305	RATAJCZYK GRAŻYNA	269		SŁUPSK	POL	K60+	3	K 73	00:10:35	00:21:07	00:31:36	00:32:33.55	6:08	9.8
306	STASZYŃSKA MARIANNA	297	BTC'ORZEŁ,,	BIAŁOGARD	POL	K60+	4	K 74	00:10:14	00:20:51	00:31:45	00:32:51.25	6:11	9.7
307	SZYSZKOWSKI TOMASZ	316		KOSZALIN	POL	M30-39	79	M 233	00:10:11	00:21:00	00:31:59	00:33:01.80	6:13	9.6
308	WILKOWSKA BEATA	350		KOSZALIN	POL	K30-39	31	K 75	00:10:22	00:21:17	00:32:08	00:33:10.65	6:15	9.6
309	WILKOWSKI PIOTR	402		KOSZALIN	POL	M30-39	80	M 234	00:10:22	00:21:17	00:32:08	00:33:10.80	6:15	9.6
310	STANCZEWSKA KAROLINA	295		BIAŁOGARD	POL	K30-39	32	K 76	00:10:42	00:22:05	00:32:23	00:33:22.95	6:17	9.5
311	GAWLIK ARTUR	88	BIEGNIJMY.PL	KOSZALIN	POL	M30-39	81	M 235	00:09:48	00:20:33	00:32:29	00:33:26.60	6:18	9.5
312	KOSECKI MARIUSZ	161		KOŁOBRZEG	POL	M30-39	82	M 236	00:10:16	00:21:38	00:33:28	00:34:29.15	6:30	9.2
313	WOJCIECHOWSKA MAŁGORZATA	408		KRETOMINO	POL	K40-49	15	K 77	00:10:57	00:22:03	00:33:33	00:34:35.20	6:31	9.2
314	PASEK JAN	248		ŚWIESZYNO	POL	M60-69	11	M 237	00:10:18	00:21:49	00:33:37	00:34:37.35	6:31	9.2
315	KOZŁOWIECKA MAŁGORZATA	168	TKKF KOSZALIN	KOSZALIN	POL	K50-59	10	K 78	00:10:44	00:22:17	00:33:50	00:34:50.70	6:34	9.1
316	RAMA EWA	268		KOŁOBRZEG	POL	K50-59	11	K 79	00:11:35	00:22:50	00:34:03	00:34:57.25	6:35	9.1
317	ŻURAŃSKI DARIUSZ	428	WIKING KOSZALIN	KOSZALIN	POL	M40-49	70	M 238	00:10:58	00:22:07	00:34:02	00:35:12.75	6:38	9
318	DAMPS JULITA	63	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K30-39	33	K 80	00:11:18	00:22:53	00:34:22	00:35:17.55	6:39	9
319	DAMPS NATALIA	64	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K14-17	5	K 81	00:11:18	00:22:53	00:34:21	00:35:18.30	6:39	9
320	VON BARDELEBEN AGNIESZKA	331	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	16	K 82	00:11:16	00:22:38	00:33:48	00:35:23.55	6:40	9
321	STEC EDYTA	299	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	34	K 83	00:11:17	00:22:39	00:33:50	00:35:23.85	6:40	9
322	BŁOŃSKA AGNIESZKA	36	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	17	K 84	00:11:17	00:22:38	00:33:49	00:35:24.30	6:40	9
323	PEŁKA IWONA	253		KOSZALIN	POL	K40-49	18	K 85	00:11:43	00:34:26		00:35:24.40	6:40	9
324	KURCZ BARBARA	187	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	19	K 86	00:11:18	00:22:40	00:33:50	00:35:24.55	6:40	9
325	MOŻEJKO ANNA	222	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	35	K 87	00:11:18	00:22:40	00:33:51	00:35:24.95	6:40	9
326	KOROL ELŻBIETA	158	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	20	K 88	00:11:19	00:22:40	00:33:51	00:35:25.15	6:41	9
327	PANKOWIECKI ROMAN	226		SŁUPSK	POL	M60-69	12	M 239	00:10:05	00:21:57	00:34:22	00:35:33.85	6:42	8.9
328	ŁUBNIEWSKA NATALIA	197	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K30-39	36	K 89	00:10:42	00:22:38	00:34:28	00:35:36.00	6:43	8.9
329	JAKUBOWSKA ANNA	119		KOSZALIN	POL	K18-29	14	K 90	00:11:39	00:23:15	00:34:42	00:35:41.10	6:43	8.9
330	KASPRZAK MAŁGORZATA	143		BIAŁOGARD	POL	K30-39	37	K 91	00:10:41	00:22:20	00:34:17	00:36:00.25	6:47	8.8
331	MAŚLACH JULIA	208		KOŁOBRZEG	POL	K14-17	6	K 92	00:10:20	00:22:48	00:35:06	00:36:31.00	6:53	8.7

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
332	MACIEJEWSKA AGNIESZKA	199		KOŁOBRZEG	POL	K14-17	7	K 93	00:10:18	00:22:47	00:35:05	00:36:32.00	6:53	8.7
333	HAUSMAN ANDRZEJ	107	KSR ROWERIA	KOSZALIN	POL	M60-69	13	M 240	00:10:24	00:22:48	00:35:17	00:36:32.70	6:53	8.7
334	WOJTKIEWICZ-BĄKOWSKA DOROTA	413	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	38	K 94	00:11:19	00:23:24	00:35:30	00:36:53.00	6:57	8.6
335	JANDURA PATRYCJA	121		KOSZALIN	POL	K18-29	15	K 95	00:11:52	00:24:01	00:36:10	00:37:20.65	7:02	8.5
336	KRAWCZUK-KIEŁB ANNA	175	ŻYJ Z ENERGIĄ	WIEKOWO	POL	K40-49	21	K 96	00:11:51	00:24:01	00:36:23	00:37:28.65	7:04	8.5
337	ZATORSKI ZBIGNIEW	421	KOŁOBRZEG BIEGA	GRZYBOWO	POL	M30-39	83	M 241	00:11:44	00:24:43	00:37:55	00:39:10.60	7:23	8.1
338	GARBACZ-ZATORSKA MILENA	84	KOŁOBRZEG BIEGA	GRZYBOWO	POL	K30-39	39	K 97	00:11:45	00:24:44	00:37:56	00:39:11.30	7:23	8.1
339	SOLAK HALINA	292	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K60+	5	K 98	00:12:37	00:26:00	00:40:06	00:41:18.95	7:47	7.7
340	KĘPIŃSKI JAN	146		DOBRE	POL	M50-59	28	M 242	00:12:00	00:26:14	00:40:20	00:41:33.65	7:50	7.7
341	BARTNIK MARIAN	29	TKKF KOSZALIN	KOSZALIN	POL	M70+	3	M 243	00:13:07	00:27:06	00:41:57	00:43:25.85	8:11	7.3
342	WALENTOWICZ IRENEUSZ	443		KOSZALIN	POL	M60-69	14	M 244	00:16:21	00:34:35	00:53:36	00:57:04.20	10:46	5.6

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K-OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	HRYCYK ANNA	114		KOŁOBRZEG	POL	K14-17	1	K 1	00:06:45	00:13:50	00:21:01	00:21:41.00	4:05	14.7
2	FRONTCZAK IZABELA	82	TKKF KOSZALIN	SZCZECINEK	POL	K18-29	1	K 2	00:07:00	00:14:32	00:22:05	00:22:47.80	4:17	14
3	KONIECZNA ANKA	156	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K40-49	1	K 3	00:07:24	00:15:08	00:22:50	00:23:37.80	4:27	13.5
4	GOŁUŃSKA RENATA	93		MIASTKO	POL	K30-39	1	K 4	00:07:33	00:15:14	00:22:59	00:23:40.90	4:28	13.4
5	PARDEJ LILIANA	246		DUNINOWO	POL	K18-29	2	K 5	00:07:40	00:15:30	00:23:02	00:23:42.50	4:28	13.4
6	JĘDRASZKO MAGDA	130	MTS HAMER	MIASTKO	POL	K30-39	2	K 6	00:07:31	00:15:14	00:23:03	00:23:48.45	4:29	13.4
7	KOSECKA KATARZYNA	159	KB WYGAN	KOŁOBRZEG	POL	K30-39	3	K 7	00:07:36	00:15:31		00:24:16.30	4:34	13.1
8	SHTEFAN YULIIA	285	KU AZS PWSZ KOSZALIN	BIAŁOGARD	POL	K30-39	4	K 8	00:07:19	00:15:22	00:23:31	00:24:27.15	4:36	13
9	NIECKARZ MONIKA	231		SŁAWNO	POL	K30-39	5	K 9	00:07:48	00:15:48	00:23:46	00:24:30.75	4:37	13
10	SZABLA EWELINA	304		MIASTKO	POL	K30-39	6	K 10	00:07:35	00:15:38	00:23:43	00:24:34.05	4:38	12.9
11	ZACHCIAŁ-PEC JOANNA	419		KOSZALIN	POL	K40-49	2	K 11	00:07:44	00:15:48	00:23:48	00:24:34.80	4:38	12.9
12	GARSKA JOANNA	85	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K40-49	3	K 12	00:07:37	00:15:40	00:23:49	00:24:38.45	4:38	12.9
13	KRZEWIŃSKA MAŁGORZATA	180	TKKF KOSZALIN	KOSZALIN	POL	K50-59	1	K 13	00:07:56	00:16:00	00:23:59	00:24:44.15	4:40	12.8
14	WALTER JOANNA	335	10 BIAŁOGARD	BIAŁOGARD	POL	K40-49	4	K 14	00:08:19	00:16:28	00:24:12	00:24:57.95	4:42	12.7
15	MARKOWSKA NATALIA	205	MTS HAMER MIASTKO	SZEPIETOWO	POL	K14-17	2	K 15	00:08:17	00:16:22	00:24:17	00:25:00.75	4:43	12.7
16	WOJCIECHOWSKA-HRYCYK AGATA	409		KOŁOBRZEG	POL	K40-49	5	K 16	00:07:56	00:16:13	00:24:28	00:25:13.55	4:45	12.6
17	BORKOWSKA-KOWALCZYK DARIA	40	WOMEN'S FIGHT CLUB KOSZALIN	KOSZALIN	POL	K30-39	7	K 17	00:08:10	00:16:34	00:24:58	00:25:48.60	4:52	12.3
18	DĄBROWSKA ANNA	68		KOSZALIN	POL	K30-39	8	K 18	00:08:13	00:16:42	00:25:12	00:26:05.00	4:55	12.2
19	ROMBALSKA JULIA	277	AWFIS GDAŃSK	SŁUPSK	POL	K18-29	3	K 19	00:08:28	00:16:58	00:25:21	00:26:06.10	4:55	12.2
20	BOGACKA LUCYNA	38	TKKF KOSZALIN	KOSZALIN	POL	K50-59	2	K 20	00:08:14	00:16:44	00:25:21	00:26:12.80	4:56	12.1
21	GRABOWSKA-LESISZ ANETA	98		KOSZALIN	POL	K30-39	9	K 21	00:08:01	00:16:50	00:25:28	00:26:26.45	4:59	12
22	KUBIŃSKA BEATA	183	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K40-49	6	K 22	00:08:32	00:17:08	00:25:44	00:26:35.55	5:00	12
23	GŁUCH KATARZYNA	91		KOSZALIN	POL	K30-39	10	K 23	00:08:27	00:17:08	00:25:45	00:26:35.80	5:01	12
24	MĘDEL MARTA	215		KOSZALIN	POL	K40-49	7	K 24	00:08:34	00:17:18	00:25:55	00:26:40.85	5:02	11.9
25	DRABKOWSKA AGNIESZKA	71		BIAŁOGARD	POL	K30-39	11	K 25	00:08:08	00:16:59	00:26:02	00:26:57.60	5:05	11.8
26	RABKA MONIKA	265		KOSZALIN	POL	K30-39	12	K 26	00:08:44	00:17:35	00:26:04	00:27:05.20	5:06	11.7
27	RADECKA KATARZYNA	266		KOSZALIN	POL	K30-39	13	K 27	00:08:39	00:17:26	00:26:12	00:27:05.20	5:06	11.7
28	MEJER ALEKSANDRA	213		ROSNOWO	POL	K14-17	3	K 28	00:08:37	00:17:23	00:26:16	00:27:06.75	5:06	11.7
29	CHROSTEK DOROTA	51		POZNAŃ	POL	K40-49	8	K 29	00:08:52	00:17:48	00:26:33	00:27:21.95	5:09	11.6
30	HOC AGNIESZKA	111		KOŁOBRZEG	POL	K30-39	14	K 30	00:08:48	00:17:48	00:26:44	00:27:31.40	5:11	11.5
31	DĄBROWSKA ALICJA	67	TKKF KOSZALIN	SIANÓW	POL	K50-59	3	K 31	00:09:01	00:18:03	00:26:47	00:27:35.55	5:12	11.5
32	KONKEL JOANNA	157	MKS 'ŚWIĘC SŁAWNO'	SŁAWNO	POL	K50-59	4	K 32	00:09:03	00:17:59	00:26:50	00:27:43.25	5:13	11.5
33	JANKOWSKA JUSTYNA	122		SŁUPSK	POL	K30-39	15	K 33	00:08:39	00:17:48	00:27:00	00:27:54.25	5:15	11.4
34	WALCZAK AGNIESZKA	334	TKKF KOSZALIN	KOSZALIN	POL	K40-49	9	K 34	00:08:47	00:17:53	00:27:09	00:28:02.35	5:17	11.3
35	KACAŁA OLGA	133		KOSZALIN	POL	K30-39	16	K 35	00:08:45	00:18:11	00:27:22	00:28:10.15	5:19	11.3
36	KOWALSKA MAGDALENA	247		KOSZALIN	POL	K18-29	4	K 36	00:08:44	00:18:09	00:27:21	00:28:10.25	5:18	11.3
37	WĘGIEL ALEKSANDRA	343		SŁUPSK	POL	K18-29	5	K 37	00:08:39	00:17:50	00:27:17	00:28:14.00	5:19	11.3
38	NOWIŃSKA WIKTORIA	237	AML SŁUPSK	SŁUPSK	POL	K14-17	4	K 38	00:09:01	00:18:16	00:27:36	00:28:30.45	5:22	11.2
39	WACHHOLZ BEATA	332	KB BRYZA POSTOMINO	SŁAWNO	POL	K40-49	10	K 39	00:09:10	00:18:17	00:27:34	00:28:33.20	5:23	11.1
40	GRAJ JOANNA	99		KOSZALIN	POL	K18-29	6	K 40	00:09:03	00:18:22	00:27:42	00:28:35.30	5:23	11.1
41	HAŁKA OLA	106		KOSZALIN	POL	K18-29	7	K 41	00:09:01	00:18:36	00:28:07	00:29:05.00	5:29	10.9

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
42	MICHALAK KAMILA	217		GDAŃSK	POL	K30-39	17	K 42	00:09:05	00:18:36	00:28:09	00:29:06.15	5:29	10.9
43	MALINOWSKA-BURDA ALEKSANDRA	202		KOSZALIN	POL	K18-29	8	K 43	00:09:29	00:19:06	00:28:20	00:29:13.10	5:30	10.9
44	FRUBA KARINA	83	STOPA SŁUPSK	REDZIKOWO	POL	K30-39	18	K 44	00:09:01	00:18:29	00:28:16	00:29:13.95	5:30	10.9
45	KOSECKA SYLWIA	160		KOSZALIN	POL	K18-29	9	K 45	00:09:49	00:19:13	00:28:33	00:29:24.95	5:33	10.8
46	KOMOROWSKA BEATA	155	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K30-39	19	K 46	00:09:29	00:18:58	00:28:33	00:29:29.80	5:33	10.8
47	SZPAKOWSKA PAULINA	311		KOSZALIN	POL	K18-29	10	K 47	00:09:44	00:19:10	00:28:37	00:29:30.90	5:34	10.8
48	STRZELECKA-DRAGUN HALINA	303	NIEZRZESZONA	SŁUPSK	POL	K60+	1	K 48	00:09:40	00:19:15	00:28:45	00:29:38.25	5:35	10.7
49	DYRCZ MARIKA	74	VEGE RUNNERS	SŁAWNO	POL	K30-39	20	K 49	00:09:56	00:19:18	00:28:44	00:29:38.35	5:35	10.7
50	PSTRĄGOWSKA MARLENA	260	BIEGNIJMY.PL	KOSZALIN	POL	K30-39	21	K 50	00:09:33	00:19:11	00:28:49	00:29:49.50	5:37	10.7
51	PAWŁOWSKA URSZULA	250		SKWIERZYNKA	POL	K30-39	22	K 51	00:09:49	00:19:27	00:28:56	00:29:53.65	5:38	10.6
52	MAZUREK BARBARA	211	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	23	K 52	00:10:07	00:19:35	00:29:08	00:30:03.15	5:40	10.6
53	WAWRZYNIAK KAROLINA	338		DARŁOWO	POL	K18-29	11	K 53	00:09:28	00:19:15	00:29:08	00:30:07.15	5:40	10.6
54	CAŁA MAŁGORZATA	46		BYTÓW	POL	K30-39	24	K 54	00:09:48	00:19:39	00:29:17	00:30:09.90	5:41	10.5
55	CHODNICZAK JOANNA	49		WLEŃ	POL	K30-39	25	K 55	00:09:56	00:19:51	00:29:18	00:30:12.05	5:41	10.5
56	BROMIŃSKA WIESŁAWA	44	BIEGNIJMY.PL	KOSZALIN	POL	K50-59	5	K 56	00:09:42	00:19:26	00:29:16	00:30:16.00	5:42	10.5
57	URBAŃSKA ANETTA	328		KOSZALIN	POL	K30-39	26	K 57	00:09:21	00:19:20	00:29:26	00:30:25.45	5:44	10.4
58	HAŁAJKO MAGDALENA	105		KOSZALIN	POL	K30-39	27	K 58	00:09:35	00:19:41	00:29:43	00:30:45.50	5:48	10.3
59	WOLF BEATA	66	TKKF KOSZALIN	KOSZALIN	POL	K30-39	28	K 59	00:09:36	00:19:41	00:29:43	00:30:45.80	5:48	10.3
60	WOLF WERONIKA	416	TKKF KOSZALIN	SIANÓW	POL	K40-49	11	K 60	00:09:36	00:19:42	00:29:44	00:30:47.20	5:48	10.3
61	KOSIŃSKA MAŁGORZATA	163		SZCZECIN	POL	K50-59	6	K 61	00:10:00	00:20:02	00:29:59	00:31:00.90	5:50	10.3
62	BUDZYŃSKA ELŻBIETA	438		SŁUPSK	POL	K50-59	7	K 62	00:09:38	00:19:51	00:30:03	00:31:03.75	5:51	10.2
63	KUBIAK MARIA	181		RUMIA	POL	K60+	2	K 63	00:10:04	00:20:14	00:30:23	00:31:21.85	5:55	10.1
64	BIELĘDA KAROLINA	33		NIEKANIN	POL	K30-39	29	K 64	00:09:35	00:20:08	00:30:26	00:31:25.55	5:55	10.1
65	KACZKOWSKA JUSTYNA	135	RAMS	KOŁOBRZEG	POL	K30-39	30	K 65	00:09:30	00:20:08	00:30:26	00:31:28.00	5:56	10.1
66	PACAN MIRA	244	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K18-29	12	K 66	00:09:59	00:20:35	00:30:39	00:31:34.55	5:57	10.1
67	RADOSZ KATARZYNA	267		KOSZALIN	POL	K40-49	12	K 67	00:10:03	00:20:33	00:30:46	00:31:48.10	6:00	10
68	WENCŁAW-JUSZCZAK MARTA	340		KOŁOBRZEG	POL	K40-49	13	K 68	00:10:18	00:20:21	00:30:55	00:31:52.90	6:00	10
69	MARSCHAŁKOWSKA DOROTA	206	TKKF KOSZALIN	KOSZALIN	POL	K50-59	8	K 69	00:10:12	00:20:44	00:31:13	00:32:14.30	6:04	9.9
70	BORSUK DOROTA	42		KOSZALIN	POL	K40-49	14	K 70	00:10:13	00:20:45	00:31:14	00:32:15.45	6:05	9.9
71	MYSZKOWSKA GRAŻYNA	225	NIGHT RUNNERSSŁUPSK	SŁUPSK	POL	K50-59	9	K 71	00:09:36	00:20:13	00:31:13	00:32:18.45	6:05	9.8
72	MARCHEWKA KATARZYNA	204		KOSZALIN	POL	K18-29	13	K 72	00:09:49	00:20:21	00:31:14	00:32:19.55	6:06	9.8
73	RATAJCZYK GRAŻYNA	269		SŁUPSK	POL	K60+	3	K 73	00:10:35	00:21:07	00:31:36	00:32:33.55	6:08	9.8
74	STASZYŃSKA MARIANNA	297	BTC'ORZEŁ,,	BIAŁOGARD	POL	K60+	4	K 74	00:10:14	00:20:51	00:31:45	00:32:51.25	6:11	9.7
75	WILKOWSKA BEATA	350		KOSZALIN	POL	K30-39	31	K 75	00:10:22	00:21:17	00:32:08	00:33:10.65	6:15	9.6
76	STANCZEWSKA KAROLINA	295		BIAŁOGARD	POL	K30-39	32	K 76	00:10:42	00:22:05	00:32:23	00:33:22.95	6:17	9.5
77	WOJCIECHOWSKA MAŁGORZATA	408		KRETOMINO	POL	K40-49	15	K 77	00:10:57	00:22:03	00:33:33	00:34:35.20	6:31	9.2
78	KOZŁOWIECKA MAŁGORZATA	168	TKKF KOSZALIN	KOSZALIN	POL	K50-59	10	K 78	00:10:44	00:22:17	00:33:50	00:34:50.70	6:34	9.1
79	RAMA EWA	268		KOŁOBRZEG	POL	K50-59	11	K 79	00:11:35	00:22:50	00:34:03	00:34:57.25	6:35	9.1
80	DAMPS JULITA	63	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K30-39	33	K 80	00:11:18	00:22:53	00:34:22	00:35:17.55	6:39	9
81	DAMPS NATALIA	64	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K14-17	5	K 81	00:11:18	00:22:53	00:34:21	00:35:18.30	6:39	9
82	VON BARDELEBEN AGNIESZKA	331	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	16	K 82	00:11:16	00:22:38	00:33:48	00:35:23.55	6:40	9
83	STEC EDYTA	299	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	34	K 83	00:11:17	00:22:39	00:33:50	00:35:23.85	6:40	9
84	BŁOŃSKA AGNIESZKA	36	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	17	K 84	00:11:17	00:22:38	00:33:49	00:35:24.30	6:40	9
85	PEŁKA IWONA	253		KOSZALIN	POL	K40-49	18	K 85	00:11:43	00:34:26		00:35:24.40	6:40	9
86	KURCZ BARBARA	187	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	19	K 86	00:11:18	00:22:40	00:33:50	00:35:24.55	6:40	9
87	MOŻEJKO ANNA	222	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	35	K 87	00:11:18	00:22:40	00:33:51	00:35:24.95	6:40	9
88	KOROL ELŻBIETA	158	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	20	K 88	00:11:19	00:22:40	00:33:51	00:35:25.15	6:41	9
89	ŁUBNIEWSKA NATALIA	197	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K30-39	36	K 89	00:10:42	00:22:38	00:34:28	00:35:36.00	6:43	8.9
90	JAKUBOWSKA ANNA	119		KOSZALIN	POL	K18-29	14	K 90	00:11:39	00:23:15	00:34:42	00:35:41.10	6:43	8.9
91	KASPRZAK MAŁGORZATA	143		BIAŁOGARD	POL	K30-39	37	K 91	00:10:41	00:22:20	00:34:17	00:36:00.25	6:47	8.8
92	MAŚLACH JULIA	208		KOŁOBRZEG	POL	K14-17	6	K 92	00:10:20	00:22:48	00:35:06	00:36:31.00	6:53	8.7
93	MACIEJEWSKA AGNIESZKA	199		KOŁOBRZEG	POL	K14-17	7	K 93	00:10:18	00:22:47	00:35:05	00:36:32.00	6:53	8.7
94	WOJTKIEWICZ-BĄKOWSKA DOROTA	413	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	38	K 94	00:11:19	00:23:24	00:35:30	00:36:53.00	6:57	8.6
95	JANDURA PATRYCJA	121		KOSZALIN	POL	K18-29	15	K 95	00:11:52	00:24:01	00:36:10	00:37:20.65	7:02	8.5
96	KRAWCZUK-KIEŁB ANNA	175	ŻYJ Z ENERGIĄ	WIEKOWO	POL	K40-49	21	K 96	00:11:51	00:24:01	00:36:23	00:37:28.65	7:04	8.5
97	GARBACZ-ZATORSKA MILENA	84	KOŁOBRZEG BIEGA	GRZYBOWO	POL	K30-39	39	K 97	00:11:45	00:24:44	00:37:56	00:39:11.30	7:23	8.1
98	SOLAK HALINA	292	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K60+	5	K 98	00:12:37	00:26:00	00:40:06	00:41:18.95	7:47	7.7

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	BEDNARZ PAWEŁ	31	13-TY FUN CLUB ASI CHMIEL:*	KOSZALIN-NACŁAW	POL	M30-39	1	M 1	00:05:32	00:11:37	00:17:37	00:18:10.90	3:25	17.5
2	WENT JAKUB	342		ŁEBA	POL	M30-39	2	M 2	00:06:01	00:12:04	00:17:38	00:18:13.45	3:26	17.4
3	RUDNIK KRZYSZTOF	278	NIGHT RUNNERS SŁUPSK	KRĘPA SŁUPSKA	POL	M30-39	3	M 3	00:05:53	00:12:05	00:17:40	00:18:15.90	3:26	17.4
4	GUZOWSKI DENIS	104	TALEX BORYSŁAW BORZYTUCHOM	CETYŃ	POL	M18-29	1	M 4	00:05:53	00:12:04	00:18:20	00:18:56.50	3:34	16.8
5	KURKUL PRZEMEK	189	PAŁÓWKO	PAŁÓWKO	POL	M18-29	2	M 5	00:06:08	00:12:24	00:18:36	00:19:15.50	3:38	16.5
6	KULCZYK JERZY	435		TYCHOWO	POL	M50-59	1	M 6	00:06:07	00:12:29	00:18:44	00:19:20.45	3:39	16.4
7	BARTKOWIAK JANUSZ	28	K.B. ZDRÓJ MENTOR	POŁCZYN ZDRÓJ	POL	M18-29	3	M 7	00:06:09	00:12:29	00:18:44	00:19:20.85	3:39	16.4
8	WIERZEJSKI SŁAWOMIR	348	KLUB BIEGACZA 'GOCH' BYTÓW	BYTÓW	POL	M40-49	1	M 8	00:06:19	00:12:35	00:18:47	00:19:21.50	3:39	16.4
9	ORZECHOWSKI KAMIL	240		RADOM/KOSZALIN	POL	M18-29	4	M 9	00:06:06	00:12:25	00:18:45	00:19:23.15	3:39	16.4
10	EMILIT GRZEGORZ	76	DZIESIĄTKA BIAŁOGARD	KARLINO	POL	M30-39	4	M 10	00:06:19	00:12:37	00:18:53	00:19:30.30	3:40	16.3
11	GOSTKOWSKI ŁUKASZ	95	KB GOCH BYTÓW	BYTÓW	POL	M18-29	5	M 11	00:06:17	00:12:32	00:18:53	00:19:31.25	3:40	16.3
12	LEŚNIEWSKI KONRAD	193	KB BRYZA POSTOMINO	POSTOMINO	POL	M18-29	6	M 12	00:06:12	00:12:35	00:18:59	00:19:37.15	3:42	16.2
13	GARSKI KRYSPIN	86	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	M40-49	2	M 13	00:06:19	00:12:36	00:19:00	00:19:41.40	3:42	16.2
14	KURKUL JANEK	188	KB BRYZA POSTOMINO	PAŁÓWKO	POL	M14-17	1	M 14	00:06:11	00:12:43	00:19:14	00:19:49.60	3:44	16
15	RUDNIKOWSKI MACIEJ	279	BIEGUZDROWISKOWY.PL	DARŁOWO	POL	M40-49	3	M 15	00:06:12	00:12:44	00:19:15	00:19:50.60	3:44	16
16	USTIANOWSKI WOJCIECH	329	JW 1223 (ROZBIEGANY KOSZALIN)	KOSZALIN	POL	M18-29	7	M 16	00:06:28	00:13:04	00:19:29	00:20:05.50	3:47	15.8
17	PEC MAREK	251		KOSZALIN	POL	M40-49	4	M 17	00:06:19	00:12:58	00:19:36	00:20:15.60	3:49	15.7
18	KLIMOWICZ MICHAŁ	151	NIEZRZESZONY	WARSZAWA	POL	M18-29	8	M 18	00:06:27	00:13:10	00:19:45	00:20:21.80	3:50	15.6
19	WOJTALIK ŁUKASZ	412	POŁCZYN -ZDRÓJ BIEGA	POŁCZYN-ZDRÓJ	POL	M30-39	5	M 19	00:06:17	00:13:05	00:19:48	00:20:27.15	3:51	15.6
20	JAŹWIŃSKI DAWID	129	TKKF KOSZALIN	KOSZALIN	POL	M14-17	2	M 20	00:06:12	00:13:05	00:19:49	00:20:27.25	3:51	15.6
21	SZEWCZUK PAWEŁ	308		ROSNOWO	POL	M30-39	6	M 21	00:06:18	00:13:01	00:19:52	00:20:36.15	3:53	15.4
22	GRZESIK EUGENIUSZ	102	TKKF KOSZALIN	KOSZALIN	POL	M50-59	2	M 22	00:06:33	00:13:22	00:20:08	00:20:47.55	3:55	15.3
23	WOJCIECHOWICZ JACEK	407	WWW.STUDIOTANCAPASJA.PL	KOSZALIN	POL	M30-39	7	M 23	00:06:33	00:13:21	00:20:09	00:20:49.60	3:55	15.3
24	RODZIEWICZ MARCIN	273		POZNAŃ	POL	M30-39	8	M 24	00:06:38	00:13:25	00:20:11	00:20:52.45	3:56	15.2
25	WÓJCIK DAMIAN	418	RUNNERSWALDE DARŁOWO	DARŁOWO	POL	M40-49	5	M 25	00:06:41	00:13:29	00:20:13	00:20:52.85	3:56	15.2
26	MOSEK RADOSŁAW	220		ROSNOWO	POL	M30-39	9	M 26	00:06:37	00:13:30	00:20:27	00:21:05.95	3:58	15.1
27	CZAPLIŃSKI JACEK	60		KOSZALIN	POL	M30-39	10	M 27	00:06:30	00:13:32	00:20:28	00:21:08.60	3:59	15
28	WOJDASIEWICZ TADEUSZ	411		KĘPICE	POL	M30-39	11	M 28	00:06:47	00:13:38	00:20:31	00:21:11.70	4:00	15
29	RUDZIŃSKI ADAM	261		KOSZALIN		M40-49	6	M 29	00:06:33	00:13:31	00:20:33	00:21:15.05	4:00	15
30	SZAMREJ WOJCIECH	306		KOSZALIN	POL	M50-59	3	M 30	00:06:37	00:13:34	00:20:32	00:21:17.30	4:00	14.9
31	LUBLEWSKI DAWID	436		KOSZALIN	POL	M18-29	9	M 31	00:06:32	00:13:31	00:20:36	00:21:18.95	4:01	14.9
32	CHUDY HENRYK	53	K S OLSZEWSKI I SYNOWIE	SŁAWSKO	POL	M60-69	1	M 32	00:06:44	00:13:45	00:20:48	00:21:32.05	4:03	14.8
33	BIEDRZYCKI KRZYSZTOF	32	CW FANZA	KOŁOBRZEG	POL	M40-49	7	M 33	00:06:50	00:14:02	00:21:02	00:21:44.50	4:06	14.6
34	KISIELEWICZ KRZYSZTOF	439	KORZYBSKIE REKINY	KORZYBIE	POL	M18-29	10	M 34	00:07:02	00:14:07	00:21:04	00:21:47.35	4:06	14.6
35	STĘŻAŁA ARTUR	300	JW1223	NOWE BIELICE	POL	M40-49	8	M 35	00:06:49	00:14:02	00:21:14	00:21:55.55	4:08	14.5
36	UZNAŃSKI RYSZARD	330	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M40-49	9	M 36	00:06:47	00:13:53	00:21:18	00:22:02.00	4:09	14.4
37	ZBOIŃSKI WOJCIECH	422		KOSZALIN	POL	M40-49	10	M 37	00:07:11	00:14:28	00:21:30	00:22:07.35	4:10	14.4
38	WUJTIUK PIOTR	417		SZCZECINEK	POL	M40-49	11	M 38	00:06:56	00:14:09	00:21:28	00:22:11.90	4:11	14.3
39	WALTER PRZEMYSŁAW	336	10 BIAŁOGARD	BIAŁOGARD	POL	M40-49	12	M 39	00:07:03	00:14:14	00:21:30	00:22:13.25	4:11	14.3
40	ŁUKAWSKI MARIUSZ	198	JW 1223	CHAŁUPY	POL	M18-29	11	M 40	00:06:47	00:14:00	00:21:31	00:22:15.05	4:12	14.3
41	HAMER SZYMON	433		KOSZALIN	POL	M30-39	12	M 41	00:06:46	00:14:07	00:21:35	00:22:15.05	4:11	14.3
42	SZYMAŃSKI PIOTR	314	POŁCZYN ZDRÓJ BIEGA	POŁCZYN ZDRÓJ	POL	M30-39	13	M 42	00:07:13	00:14:19	00:21:29	00:22:15.80	4:12	14.3
43	NOWAKOWSKI RAFAŁ	236		KOSZALIN	POL	M30-39	14	M 43	00:07:15	00:14:29	00:21:35	00:22:16.70	4:12	14.3
44	WEBER PAWEŁ	339	BAŁTYK KOSZALIN	KOSZALIN	POL	M30-39	15	M 44	00:06:44	00:14:06	00:21:35	00:22:18.10	4:12	14.3
45	CHOŁUJ JAREK	50	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	13	M 45	00:07:16	00:14:29	00:21:39	00:22:22.75	4:13	14.2
46	NOWACZYK CHRISTIAN	235		BOBOLIN	POL	M18-29	12	M 46	00:07:05	00:14:31	00:21:54	00:22:33.10	4:15	14.1
47	WINKEL ŁUKASZ	403		KOSZALIN	POL	M40-49	14	M 47	00:07:17	00:14:34	00:21:54	00:22:37.95	4:16	14.1
48	ŻEROMSKI DAWID	426		KOSZALIN	POL	M18-29	13	M 48	00:06:59	00:14:22	00:21:58	00:22:43.00	4:17	14
49	CHAJNOWSKI JAROSŁAW	48	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M50-59	4	M 49	00:07:34	00:15:01	00:22:07	00:22:47.70	4:18	13.9
50	WILKOWSKI KRZYSZTOF	401		KOSZALIN	POL	M30-39	16	M 50	00:07:04	00:14:28	00:22:01	00:22:48.30	4:18	13.9
51	JAMNIAK BARTOSZ	120	MTS HAMER MIASTKO	MIASTKO	POL	M18-29	14	M 51	00:06:54	00:14:30	00:22:08	00:22:49.85	4:18	13.9
52	ŻYLICZ PAWEŁ	431	STOPA SŁUPSK	SŁUPSK	POL	M18-29	15	M 52	00:07:13	00:14:40	00:22:07	00:22:51.00	4:18	13.9
53	SZAŁKOWSKI WOJTEK	305	TUPOT USTKA	USTKA	POL	M40-49	15	M 53	00:07:34	00:14:56	00:22:12	00:22:55.50	4:19	13.9
54	PĘKAŁA PIOTR	256	ROZBIEGA KOSZALIN	KOSZALIN	POL	M40-49	16	M 54	00:07:14	00:14:45	00:22:12	00:22:58.65	4:20	13.8
55	MICHALSKI JAKUB	218	TRIATHLON KOSZALIN	KOSZALIN	POL	M40-49	17	M 55	00:07:35	00:15:03	00:22:24	00:23:04.20	4:21	13.8
56	ADAMCZAK ANDRZEJ	26	TRIATHLON KOSZALIN LABO SPORT	KOSZALIN	POL	M50-59	5	M 56	00:07:34	00:15:02	00:22:22	00:23:06.60	4:21	13.8
57	DESZCZ TOMASZ	434	RONIN GOLDTEAM	KOSZALIN	POL	M18-29	16	M 57	00:06:52	00:15:12	00:22:27	00:23:09.70	4:22	13.7

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
58	RUTKOWSKI RYSZARD	282	RUTKOWSKI TEAM	SIANÓW	POL	M50-59	6	M 58	00:07:18	00:14:55	00:22:28	00:23:10.85	4:22	13.7
59	KRACZKOWSKI PRZEMYSŁAW	170		KOSZALIN	POL	M30-39	17	M 59	00:07:26	00:14:55	00:22:26	00:23:11.40	4:22	13.7
60	CZERSKI PAWEŁ	62		KOSZALIN	POL	M18-29	17	M 60	00:07:18	00:14:51	00:22:34	00:23:12.95	4:22	13.7
61	KRAKOWIAK SŁAWOMIR	172	COSSG KOSZALIN	KOSZALIN	POL	M40-49	18	M 61	00:07:37	00:15:12	00:22:33	00:23:16.45	4:23	13.7
62	KOSIŃSKI MATEUSZ	164	DRUŻYNA SZPIKU	SZCZECIN	POL	M18-29	18	M 62	00:07:30	00:15:04	00:22:36	00:23:17.90	4:23	13.6
63	MOSIOŁEK PIOTR	221		KOSZALIN	POL	M40-49	19	M 63	00:07:34	00:15:03	00:22:36	00:23:23.90	4:24	13.6
64	CHROSTEK ADAM	52		GNIEZNO	POL	M40-49	20	M 64	00:07:32	00:15:11	00:22:44	00:23:24.00	4:24	13.6
65	NIEMCZUK DARIUSZ	233	JAMNO	KOSZALIN	POL	M50-59	7	M 65	00:07:36	00:15:05	00:22:46	00:23:27.20	4:25	13.6
66	PERCZYŃSKI JAREK	255		ROSNOWO	POL	M40-49	21	M 66	00:06:56	00:14:58	00:22:50	00:23:31.05	4:26	13.5
67	ŚNIADECKI WOJCIECH	317		DARŁOWO	POL	M18-29	19	M 67	00:06:50	00:14:39	00:22:45	00:23:32.30	4:26	13.5
68	IWANIEC DARIUSZ	116	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	22	M 68	00:07:15	00:15:02	00:22:51	00:23:34.70	4:26	13.5
69	KLEMANN PAWEŁ	150		NOWE BIELICE	POL	M30-39	18	M 69	00:07:20	00:15:05	00:22:51	00:23:36.50	4:27	13.5
70	HOC DARIUSZ	110		KOŁOBRZEG	POL	M40-49	23	M 70	00:07:38	00:15:28	00:22:54	00:23:38.65	4:27	13.4
71	BOBER JAKUB	37		MIASTKO	POL	M18-29	20	M 71	00:07:12	00:15:12	00:22:53	00:23:39.90	4:27	13.4
72	KUŁAKOWSKI DAWID	185	TKKF KOSZALIN	KOSZALIN	POL	M30-39	19	M 72	00:07:46	00:15:35	00:23:04	00:23:45.45	4:29	13.4
73	PSTRĄGOWSKI MARCIN	442	DZIKI KOSZALIN	KOSZALIN	POL	M30-39	20	M 73	00:07:19	00:15:12	00:23:01	00:23:47.85	4:29	13.4
74	KRAWCZYK TOMASZ	177		BIESIEKIERZ	POL	M30-39	21	M 74	00:07:30	00:15:13	00:23:01	00:23:48.25	4:29	13.4
75	ROGOŻA IRENEUSZ	276	BIEGNIJMY.PL	KOSZALIN	POL	M40-49	24	M 75	00:07:26	00:15:10	00:23:03	00:23:51.95	4:30	13.3
76	MICERSKI TOMASZ	216	TKKF KOSZALIN	KOSZALIN	POL	M40-49	25	M 76	00:07:44	00:15:33	00:23:09	00:23:54.15	4:30	13.3
77	MUCHA KRZYSZTOF	224		KOSZALIN	POL	M30-39	22	M 77	00:07:47	00:15:39	00:23:12	00:23:55.75	4:30	13.3
78	SIENICKI PIOTR	286	OPIUM	KOSZALIN	POL	M40-49	26	M 78	00:07:31	00:15:21	00:23:15	00:23:57.15	4:31	13.3
79	WASYLÓW MATEUSZ	337	DROZDOWO	DROZDOWO	POL	M18-29	21	M 79	00:07:10	00:15:19	00:23:14	00:24:01.60	4:31	13.2
80	FILIPEK DAMIAN	80		SŁAWNO	POL	M18-29	22	M 80	00:06:54	00:14:59	00:23:15	00:24:02.70	4:32	13.2
81	GOŃKA KRZYSZTOF	94	DECATHLON KOSZALIN	KOSZALIN	POL	M18-29	23	M 81	00:07:39	00:15:39	00:23:13	00:24:04.40	4:32	13.2
82	JARZYNA ROMAN	126		STARGARD	POL	M40-49	27	M 82	00:07:27	00:15:18	00:23:19	00:24:06.05	4:32	13.2
83	KILAR TOMASZ	148		KOSZALIN	POL	M40-49	28	M 83	00:07:32	00:15:25	00:23:22	00:24:08.30	4:33	13.2
84	KISIELIŃSKI IGOR	149		KOSZALIN	POL	M50-59	8	M 84	00:07:47	00:15:44	00:23:19	00:24:08.50	4:33	13.2
85	KUBIŃSKI RAFAŁ	184	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M50-59	9	M 85	00:07:34	00:15:23	00:23:22	00:24:11.30	4:33	13.1
86	STRUMIŃSKI RAFAŁ	302	DZIKI KOSZALIN	KOSZALIN	POL	M30-39	23	M 86	00:07:35	00:15:29	00:23:25	00:24:11.70	4:33	13.1
87	GOTOWAŁA RAFAŁ	96		KOSZALIN	POL	M30-39	24	M 87	00:07:40	00:15:34	00:23:28	00:24:15.85	4:34	13.1
88	CHWALEBA JAN	55		KOSZALIN	POL	M50-59	10	M 88	00:07:38	00:15:28	00:23:30	00:24:16.30	4:34	13.1
89	CYBULSKI ROBERT	57	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	29	M 89	00:07:51	00:15:41	00:23:33	00:24:17.20	4:35	13.1
90	ŚNIEŻKO MARCIN	318	TKKF KOSZALIN	KOSZALIN	POL	M30-39	25	M 90	00:07:37	00:15:38	00:23:31	00:24:17.80	4:34	13.1
91	KRUPIŃSKI KRZYSZTOF	178	E-UROLOG	KOSZALIN	POL	M50-59	11	M 91	00:07:59	00:15:47	00:23:28	00:24:18.15	4:35	13.1
92	GOŁDYN MAREK	92	TKKF KOSZALIN	KOSZALIN	POL	M30-39	26	M 92	00:07:48	00:15:49	00:23:37	00:24:20.20	4:35	13.1
93	JAROSZEWSKI DANIEL	125	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	27	M 93	00:07:40	00:15:39	00:23:35	00:24:21.10	4:35	13.1
94	WICHER KRZYSZTOF	345	ADWOKATURA	KOSZALIN	POL	M30-39	28	M 94	00:07:34	00:15:38	00:23:35	00:24:22.20	4:35	13.1
95	KRASIŃSKI WITOLD	174		KOSZALIN	POL	M40-49	30	M 95	00:07:45	00:15:43	00:23:39	00:24:22.45	4:36	13
96	DOMASZK ZBIGNIEW	70		BYTÓW	POL	M40-49	31	M 96	00:07:42	00:15:45	00:23:40	00:24:23.60	4:36	13
97	SZYMAŃSKI PIOTR	315		ROSNOWO	POL	M40-49	32	M 97	00:07:49	00:15:50	00:23:37	00:24:25.95	4:36	13
98	GLISZCZYŃSKI ŁUKASZ	89	SPRINT SŁAWNO	BYTÓW	POL	M14-17	3	M 98	00:07:19	00:15:23	00:23:41	00:24:26.15	4:36	13
99	KOWALCZYK MARIUSZ	167	WZAJEMNEJ ADORACJI:-)	KOSZALIN	POL	M40-49	33	M 99	00:07:35	00:15:27	00:23:40	00:24:28.65	4:37	13
100	NIECKARZ KRZYSZTOF	232		SŁAWNO	POL	M30-39	29	M 100	00:07:48	00:15:48	00:23:46	00:24:30.50	4:37	13
101	TESKA BARTOSZ	322	TKKF KOSZALIN	KOSZALIN	POL	M30-39	30	M 101	00:07:36	00:15:43		00:24:32.65	4:37	13
102	MATYSIUK GRZEGORZ	210	7BOW	SŁUPSK	POL	M40-49	34	M 102	00:07:50	00:15:49		00:24:34.85	4:38	12.9
103	STAWISZYNSKI JAROSŁAW	298	FORUM ROZWOJU KOSZALINA	KOSZALIN	POL	M30-39	31	M 103	00:07:53	00:15:59	00:23:54	00:24:35.85	4:38	12.9
104	KUBIAK ANDRZEJ	182		RUMIA	POL	M60-69	2	M 104	00:07:52	00:15:54	00:24:00	00:24:43.75	4:40	12.9
105	WACHOLC MICHAŁ	333		KRETOMINO	POL	M18-29	24	M 105	00:07:52	00:15:55	00:23:58	00:24:44.80	4:40	12.8
106	PUŚCIAN KRZYSZTOF	263	GIMNAZJUM W MANOWIE	MANOWO	POL	M40-49	35	M 106	00:07:47	00:15:51	00:23:59	00:24:45.15	4:40	12.8
107	WIATRZYK KRZYSZTOF	344	DARŁOWO	DARŁOWO	POL	M40-49	36	M 107	00:07:50	00:15:42	00:23:57	00:24:45.35	4:40	12.8
108	NACHYŁA PAWEŁ	227	DZIKI KOSZALIN	KOSZALIN	POL	M18-29	25	M 108	00:08:03	00:16:02		00:24:48.75	4:40	12.8
109	SABISZ KRZYSZTOF	284		BYTÓW	POL	M18-29	26	M 109	00:08:17	00:16:18	00:24:07	00:24:53.15	4:41	12.8
110	BŁANK KRYSTIAN	35		BYTÓW	POL	M18-29	27	M 110	00:08:19	00:16:19	00:24:09	00:24:53.15	4:41	12.8
111	KUTKOWSKI MARCIN	190		KOŁOBRZEG	POL	M30-39	32	M 111	00:07:53	00:16:04	00:24:06	00:24:53.40	4:41	12.8
112	RUTKOWSKI ARTUR	283		KOSZALIN	POL	M18-29	28	M 112	00:07:26	00:15:41	00:24:14	00:24:54.40	4:41	12.8
113	PRUS MIKOŁAJ	441		SŁUPSK	POL	M18-29	29	M 113	00:08:19	00:16:20	00:24:21	00:24:54.65	4:42	12.8
114	ŁABEJSZA ŁUKASZ	195	WOJOWNICY WÓDY	KOSZALIN	POL	M30-39	33	M 114	00:08:13	00:16:16	00:24:14	00:24:58.85	4:42	12.7

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
115	KALISZUK DAMIAN	138		KOSZALIN	POL	M30-39	34	M 115	00:07:57	00:16:04	00:24:13	00:24:59.35	4:43	12.7
116	CYBULSKI ROBERT	58	MTS HAMER MIASTKO	MIASTKO	POL	M14-17	4	M 116	00:08:18	00:16:19	00:24:07	00:25:00.75	4:43	12.7
117	KAZIMIEROWICZ RADOSŁAW	144	VTT KOSZALIN	KOSZALIN	POL	M30-39	35	M 117	00:07:45	00:15:58	00:24:13	00:25:05.40	4:44	12.7
118	HRYCIÓW PAWEŁ	113	BIAŁOGARD	BIAŁOGARD	POL	M30-39	36	M 118	00:08:11	00:16:29	00:24:22	00:25:05.95	4:44	12.7
119	WYGANOWSKI ANDRZEJ	427	WYGAN KOŁOBRZEG	KOŁOBRZEG	POL	M70+	1	M 119	00:08:07	00:16:26	00:24:19	00:25:06.15	4:44	12.7
120	CAŁA BARTOSZ	47	KARATE KLUB BYTÓW	BYTÓW	POL	M30-39	37	M 120	00:08:14	00:16:21	00:24:19	00:25:08.20	4:44	12.7
121	MALINOWSKI MARIUSZ	203		KOSZALIN	POL	M30-39	38	M 121	00:07:59	00:16:18	00:24:22	00:25:10.60	4:45	12.6
122	KAŹMIERCZAK ROBERT	145		NIEKANIN	POL	M40-49	37	M 122	00:07:51	00:16:22	00:24:26	00:25:11.80	4:45	12.6
123	PEŁKA JANUSZ	254		KOSZALIN	POL	M50-59	12	M 123	00:07:47	00:16:23	00:24:29	00:25:12.45	4:45	12.6
124	KLOSKOWSKI DARIUSZ	152	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M40-49	38	M 124	00:07:50	00:16:11	00:24:25	00:25:12.55	4:45	12.6
125	CYBULSKI SZYMON	59	MTS HAMER MIASTKO	MIASTKO	POL	M14-17	5	M 125	00:08:16	00:16:24	00:24:33	00:25:16.25	4:46	12.6
126	BIL ADRIAN	34		KOSZALIN	POL	M30-39	39	M 126	00:08:13	00:16:42	00:24:33	00:25:16.70	4:46	12.6
127	FIGURA ARKADIUSZ	79	KONIKOWO	KONIKOWO	POL	M40-49	39	M 127	00:08:00	00:16:35	00:24:37	00:25:21.60	4:46	12.5
128	NAGRABECKI HUBERT	229	HUBCIO TEAM :)	KOSZALIN	POL	M30-39	40	M 128	00:08:14	00:16:28	00:24:31	00:25:22.15	4:47	12.5
129	JANUSZEWSKI JACEK	124	17 WOG KOSZALIN	KOSZALIN	POL	M50-59	13	M 129	00:08:07	00:16:23	00:24:39	00:25:26.05	4:47	12.5
130	PEC DANIEL	252		KOSZALIN	POL	M14-17	6	M 130	00:08:08	00:16:36	00:24:40	00:25:27.75	4:48	12.5
131	TURCZYN GRZEGORZ	326	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M40-49	40	M 131	00:07:41	00:16:06	00:24:34	00:25:28.15	4:48	12.5
132	PIECHOTA ROBERT	257		KOSZALIN	POL	M40-49	41	M 132	00:07:34	00:16:16	00:24:54	00:25:30.45	4:48	12.5
133	DĄBROWSKI GRZEGORZ	69		KOSZALIN	POL	M40-49	42	M 133	00:08:07	00:16:28	00:24:48	00:25:30.85	4:48	12.5
134	ZDROWIECKI ARTUR	423		KOSZALIN	POL	M30-39	41	M 134	00:07:25	00:16:06	00:24:52	00:25:37.55	4:50	12.4
135	DZIESZUK DARIUSZ	75	TKKF KOSZALIN	KOSZALIN	POL	M40-49	43	M 135	00:08:19	00:16:38	00:24:54	00:25:38.10	4:50	12.4
136	ŚWIETLIK TOMASZ	320		KOSZALIN	POL	M50-59	14	M 136	00:08:04	00:16:17	00:24:53	00:25:39.35	4:50	12.4
137	TUKAJSKI TOMASZ	325	BIKE U UP	KOSZALIN	POL	M30-39	42	M 137	00:07:59	00:16:21	00:24:45	00:25:40.00	4:50	12.4
138	ROGALSKI ROBERTO	275	TKKF KOSZALIN	KOSZALIN	POL	M30-39	43	M 138	00:07:56	00:16:30	00:24:50	00:25:42.20	4:50	12.4
139	CHUDZIK ZBIGNIEW	54	TKKF KOSZALIN	KOSZALIN	POL	M50-59	15	M 139	00:08:20	00:16:39	00:24:58	00:25:45.40	4:51	12.3
140	KALOCIŃSKI KRZYSZTOF	139	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	44	M 140	00:08:30	00:16:41	00:24:57	00:25:48.50	4:52	12.3
141	STOKROCKI WOJCIECH	301		KOSZALIN	POL	M30-39	45	M 141	00:08:42	00:17:01	00:25:07	00:25:54.65	4:53	12.3
142	STASIAK GRZEGORZ	296		DĄBRÓWKA	POL	M30-39	46	M 142	00:08:43	00:17:02	00:25:08	00:25:55.25	4:53	12.3
143	REMPLAKOWSKI KRZYSZTOF	270	WE RUN	ROSNOWO	POL	M40-49	44	M 143	00:08:30	00:16:52	00:25:05	00:25:56.15	4:53	12.3
144	JUSZCZAK KRZYSZTOF	132		KOSZALIN	POL	M60-69	3	M 144	00:08:22	00:16:33	00:25:04	00:25:57.25	4:53	12.3
145	LASKOWSKI GRZEGORZ	192		PARNOWO	POL	M18-29	30	M 145	00:07:58	00:16:23	00:25:10	00:26:00.70	4:54	12.2
146	CHWALEBA MACIEJ	56		KOSZALIN	POL	M18-29	31	M 146	00:08:18	00:16:39	00:25:10	00:26:01.00	4:54	12.2
147	ŻANDARSKI PAWEŁ	425		KOSZALIN	POL	M18-29	32	M 147	00:08:01	00:16:36	00:25:09	00:26:01.75	4:54	12.2
148	RUDZIŃSKI BRONISŁAW	281		KOSZALIN	POL	M60-69	4	M 148	00:08:13	00:16:41	00:25:07	00:26:02.55	4:54	12.2
149	GROCHOWSKI RAFAŁ	101		KOSZALIN	POL	M40-49	45	M 149	00:08:09	00:16:40	00:25:15	00:26:02.65	4:54	12.2
150	OTTO MICHAŁ	243		KOSZALIN	POL	M30-39	47	M 150	00:08:01	00:16:36	00:25:15	00:26:02.95	4:54	12.2
151	KAMIŃSKI TOMASZ	140	JEDNOSTKA WOJSKOWA 1223	KOSZALIN	POL	M30-39	48	M 151	00:07:59	00:16:43	00:25:19	00:26:05.35	4:55	12.2
152	FELSKI ŁUKASZ	78		TORUŃ/KOSZALIN	POL	M30-39	49	M 152	00:08:11	00:16:47	00:25:19	00:26:05.35	4:55	12.2
153	PRZYMORSKI WALDEMAR	259	W.P.K. SŁOŃ TEAM USTKA	USTKA	POL	M40-49	46	M 153	00:08:28	00:16:55	00:25:19	00:26:10.10	4:56	12.1
154	DUDZIAK PIOTR	72	KOSZALIN	KOSZALIN	POL	M40-49	47	M 154	00:07:52	00:16:20	00:25:18	00:26:13.70	4:56	12.1
155	SKOWYRSKI JANUSZ	289	TKKF KOSZALIN	BIESIEKIERZ	POL	M50-59	16	M 155	00:08:01	00:16:34	00:25:22	00:26:17.30	4:57	12.1
156	OSOBNIAK RYSZARD	241	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M60-69	5	M 156	00:08:25	00:17:01	00:25:28	00:26:17.30	4:57	12.1
157	NADSTAWNY MAREK	228		KOSZALIN	POL	M30-39	50	M 157	00:08:10	00:16:40	00:25:24	00:26:17.80	4:57	12.1
158	SZULC MAREK	313		BIALOGARD	POL	M50-59	17	M 158	00:08:42	00:17:08	00:25:31	00:26:22.15	4:58	12.1
159	MADEJ KRZYSZTOF	200		SŁUPSK	POL	M30-39	51	M 159	00:08:15	00:16:48	00:25:31	00:26:25.35	4:59	12
160	KOZŁOWIECKI WALDEMAR	169	TKKF KOSZALIN	KOSZALIN	POL	M60-69	6	M 160	00:08:29	00:17:02	00:25:33	00:26:27.15	4:59	12
161	JABŁOŃSKI TOMASZ	117	AR SPOKO SŁAWNO	SŁAWNO	POL	M30-39	52	M 161	00:08:44	00:17:09	00:25:38	00:26:29.90	5:00	12
162	MEGIER WOJTEK	212		KOSZALIN	POL	M50-59	18	M 162	00:08:25	00:17:07	00:25:43	00:26:35.55	5:00	12
163	GRZYBOWSKI PIOTR	103	KB RUN 42	SZCZEGLINO NOWE	POL	M40-49	48	M 163	00:08:23	00:17:02	00:25:41	00:26:38.30	5:01	11.9
164	JASIŃSKI CEZARY	128	UBUDUBU	KOSZALIN	POL	M40-49	49	M 164	00:08:14	00:16:59	00:25:48	00:26:38.90	5:01	11.9
165	MĘDEL CEZARY	214		KOSZALIN	POL	M40-49	50	M 165	00:08:34	00:17:17	00:25:54	00:26:42.20	5:02	11.9
166	KOWALCZYK PIOTR	166		KOSZALIN	POL	M30-39	53	M 166	00:08:21	00:17:04	00:25:55	00:26:45.90	5:03	11.9
167	SZULC SZYMON	437		BIALOGARD	POL	M30-39	54	M 167	00:08:54	00:17:52	00:26:12	00:26:54.15	5:04	11.8
168	JASIENIECKI PIOTR	127		KOSZALIN	POL	M40-49	51	M 168	00:08:37	00:17:18	00:26:06	00:26:55.20	5:04	11.8
169	JANKOWSKI GRZEGORZ	123	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	M40-49	52	M 169	00:08:09	00:17:03	00:26:06	00:26:57.45	5:05	11.8
170	MAJCHRZAK PAWEŁ	201	SUNDAYBIKERS KARLINO TEAM	KARLINO	POL	M40-49	53	M 170	00:08:34	00:17:21	00:26:07	00:26:59.80	5:05	11.8
171	WENCŁAWSKI MICHAŁ	341	ARAGORTEAM\ NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M18-29	33	M 171	00:08:34	00:17:21	00:26:10	00:27:01.15	5:05	11.8

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
172	PUZYREWSKI WOJCIECH	264	FORREST GUMP	KOSZALIN	POL	M30-39	55	M 172	00:09:36	00:18:05	00:26:16	00:27:04.65	5:06	11.7
173	RUDZIK GRZEGORZ	280	KL 'ISKRA' BIAŁOGARD	BIAŁOGARD	POL	M30-39	56	M 173	00:08:29	00:17:33	00:26:24	00:27:15.85	5:08	11.7
174	GREBIENIK ANDRZEJ	100		SŁUPSK	POL	M40-49	54	M 174	00:08:50	00:17:29	00:26:22	00:27:16.95	5:08	11.7
175	KACZMAREK ŁUKASZ	136	1984	KOSZALIN	POL	M30-39	57	M 175	00:08:39	00:17:45	00:26:37	00:27:20.45	5:09	11.6
176	ATALSKI DAMIAN	27		KOSZALIN	POL	M30-39	58	M 176	00:08:37	00:17:30	00:26:31	00:27:23.40	5:10	11.6
177	HRYCAJ TOMASZ	112		KOŁOBRZEG	POL	M30-39	59	M 177	00:08:46	00:17:51	00:26:32	00:27:24.30	5:10	11.6
178	NIWIŃSKI GRZEGORZ	234	K.B. TUPOT USTKA	USTKA	POL	M50-59	19	M 178	00:08:52	00:17:42	00:26:36	00:27:30.15	5:11	11.6
179	WOJCIECHOWSKI ANDRZEJ	410		KOSZALIN	POL	M40-49	55	M 179	00:08:48	00:17:48	00:26:44	00:27:32.60	5:11	11.5
180	KĘPKA MIROSŁAW	147	K.B.SPRINT ŚWIDWIN	ŚWIDWIN	POL	M40-49	56	M 180	00:08:54	00:17:50	00:26:41	00:27:33.45	5:12	11.5
181	KOŁAKOWSKI DARIUSZ	154	K.B.SPRINT ŚWIDWIN	ŚWIDWIN	POL	M40-49	57	M 181	00:08:54	00:17:50	00:26:42	00:27:33.70	5:12	11.5
182	WILIŃSKI MAREK	349	K. B SPRINT ŚWIDWIN	ŚWIDWIN	POL	M50-59	20	M 182	00:08:55	00:17:51	00:26:42	00:27:34.65	5:12	11.5
183	MARZEC ŁUKASZ	207		KOSZALIN	POL	M30-39	60	M 183	00:08:30	00:17:28	00:26:43	00:27:40.25	5:13	11.5
184	JURA KAZIMIERZ	131	MTS HAMER	MIASTKO	POL	M60-69	7	M 184	00:08:49	00:17:48	00:26:55	00:27:47.20	5:14	11.4
185	RETERSKI DAMIAN	272		KOSZALIN	POL	M14-17	7	M 185	00:08:49	00:17:56	00:26:58	00:27:48.85	5:14	11.4
186	OSOWSKI ANDRZEJ	242	OSATEAM	WARSZAWA	POL	M40-49	58	M 186	00:08:07	00:17:28	00:26:56	00:27:49.40	5:14	11.4
187	FAJGIER TOMASZ	77		MANOWO	POL	M40-49	59	M 187	00:08:23	00:17:39	00:26:55	00:27:49.45	5:15	11.4
188	KRYGIER IRENEUSZ	179	W.P.K SŁOŃ TEAM USTKA	USTKA	POL	M30-39	61	M 188	00:08:55	00:17:59	00:26:59	00:27:51.95	5:15	11.4
189	PUCHALSKI MARCIN	262		KOŁOBRZEG	POL	M30-39	62	M 189	00:08:35	00:17:42	00:27:00	00:27:53.70	5:15	11.4
190	GŁOWACKI WŁODZIMIERZ	90		KOSZALIN	POL	M70+	2	M 190	00:08:29	00:17:44	00:27:03	00:27:58.40	5:16	11.4
191	DANOWSKI MACIEJ	65	FITNESS CLUB FORMA	BIAŁOGARD	POL	M40-49	60	M 191	00:08:57	00:18:20	00:27:14	00:27:58.85	5:16	11.4
192	JAKÓBCZAK DARIUSZ	118		KOSZALIN	POL	M40-49	61	M 192	00:08:49	00:18:02	00:27:02	00:28:00.30	5:17	11.4
193	WIERZBICKI SYLWESTER	346		DARŁOWO	POL	M30-39	63	M 193	00:09:31	00:19:16	00:27:23	00:28:02.40	5:17	11.3
194	KARNICKI ZYGMUNT	142	TKKF KOSZALIN	KOSZALIN	POL	M60-69	8	M 194	00:08:37	00:17:53	00:27:13	00:28:06.00	5:18	11.3
195	HELLER ZDZISŁAW	108	NIEZRZESZONY	KOSZALIN	POL	M60-69	9	M 195	00:08:56	00:18:02	00:27:19	00:28:12.35	5:19	11.3
196	RETERSKI PRZEMYSŁAW	271		KOSZALIN	POL	M30-39	64	M 196	00:08:49	00:17:58	00:27:19	00:28:14.30	5:19	11.3
197	KOSECKI TOMASZ	162		KOSZALIN	POL	M30-39	65	M 197	00:09:49	00:18:59	00:27:35	00:28:25.00	5:21	11.2
198	ŻUREK DANIEL	430		KOSZALIN	POL	M30-39	66	M 198	00:09:35	00:18:51	00:27:51	00:28:36.55	5:23	11.1
199	MRUGALSKI STANISŁAW	223		MIASTKO	POL	M50-59	21	M 199	00:09:11	00:18:27	00:27:38	00:28:39.05	5:24	11.1
200	NAPIERAŁA MARCIN	230		SKWIERZYNKA	POL	M30-39	67	M 200	00:09:43	00:19:05	00:27:46	00:28:41.25	5:24	11.1
201	WOLAŃSKI MACIEJ	415		KOŁOBRZEG	POL	M14-17	8	M 201	00:09:26	00:18:54	00:28:03	00:28:59.85	5:28	11
202	KOTULSKI PIOTR	165	KLUB BIEGACZY JYSK	KOSZALIN	POL	M30-39	68	M 202	00:09:05	00:18:36	00:28:07	00:29:01.45	5:28	11
203	HNATOWSKI ARTUR	109	DM FC KOSZALIN	KOSZALIN	POL	M40-49	62	M 203	00:09:08	00:18:48	00:28:15	00:29:03.85	5:29	10.9
204	KRAWCZYK BOHDAN	176		KOSZALIN	POL	M50-59	22	M 204	00:10:09	00:19:30	00:28:09	00:29:07.30	5:29	10.9
205	SPICA ŁUKASZ	294		KOSZALIN	POL	M18-29	34	M 205	00:09:13	00:18:39	00:28:22	00:29:07.30	5:29	10.9
206	ŻYWOT NORBERT	432	PARKRUN KOŁOBRZEG	KOŁOBRZEG	POL	M40-49	63	M 206	00:09:25	00:19:03	00:28:19	00:29:10.05	5:30	10.9
207	KLENIEWICZ PIOTR	440		KOSZALIN	POL	M50-59	23	M 207	00:08:52	00:18:20	00:28:13	00:29:10.80	5:30	10.9
208	KOLASA TOMASZ	153	KĄPIELE NA SPONTANIE	KOŁOBRZEG	POL	M40-49	64	M 208	00:09:25	00:19:03	00:28:18	00:29:12.35	5:30	10.9
209	WOLAŃSKI MARIUSZ	414		KOŁOBRZEG	POL	M50-59	24	M 209	00:09:39	00:19:07	00:28:16	00:29:13.65	5:30	10.9
210	ŚRODA WOJCIECH	319		KOSZALIN	POL	M40-49	65	M 210	00:09:36	00:19:07	00:28:24	00:29:17.35	5:31	10.9
211	ORYSZCZYN ARKADIUSZ	239		KOSZALIN	POL	M30-39	69	M 211	00:09:13	00:18:40	00:28:25	00:29:19.90	5:32	10.8
212	SKIERKA GRZEGORZ	288	MKS ŚWIĘC SŁAWNO	KWASOWO	POL	M30-39	70	M 212	00:09:36	00:19:12	00:28:28	00:29:25.25	5:33	10.8
213	FRASZKIEWICZ JAROSŁAW	81		KOSZALIN	POL	M40-49	66	M 213	00:09:34	00:19:13	00:28:38	00:29:28.85	5:33	10.8
214	CZERSKI PIOTR	61		KOSZALIN	POL	M50-59	25	M 214	00:10:07	00:19:43	00:28:40	00:29:31.15	5:34	10.8
215	TRZEŚNIEWSKI ZBIGNIEW	324		GRUDZIADZ	POL	M40-49	67	M 215	00:09:35	00:19:13	00:28:38	00:29:34.65	5:34	10.7
216	IMIOŁEK JACEK	115		KOSZALIN	POL	M40-49	68	M 216	00:09:30	00:19:08	00:28:53	00:29:43.85	5:36	10.7
217	BASIAK KRYSTIAN	30	KOSZALIN	KOSZALIN	POL	M30-39	71	M 217	00:09:05	00:18:30	00:28:56	00:29:46.25	5:36	10.7
218	WIERZBICKI KACPER	347		KOSZALIN	POL	M18-29	35	M 218	00:09:06	00:18:32	00:28:58	00:29:51.90	5:38	10.6
219	KACAŁA JACEK	134		KOSZALIN	POL	M30-39	72	M 219	00:09:38	00:19:15	00:29:04	00:29:52.30	5:38	10.6
220	BONISŁAWSKI JAROSŁAW	39	FADOMODA TEAM	SŁAWNO	POL	M30-39	73	M 220	00:09:36	00:19:19	00:29:08	00:30:04.80	5:40	10.6
221	SZKATULSKI TOMASZ	309	DARŁOWO	DARŁOWO	POL	M18-29	36	M 221	00:09:30	00:19:16	00:29:06	00:30:08.10	5:41	10.6
222	BRESZKA PAWEŁ	43	BIEGNIJMY TO DARŁOWO	DARŁOWO	POL	M40-49	69	M 222	00:09:31	00:19:17	00:29:07	00:30:08.95	5:41	10.5
223	KUPREWICZ GRZEGORZ	186	JW1223	KOSZALIN	POL	M30-39	74	M 223	00:09:42	00:19:29	00:29:23	00:30:15.55	5:42	10.5
224	PAULIŃSKI JAN	249	JAMNO	KOSZALIN	POL	M60-69	10	M 224	00:09:06	00:18:57	00:29:14	00:30:36.75	5:46	10.4
225	SZULC ADAM	312		BIALOGARD	POL	M18-29	37	M 225	00:09:29	00:19:37	00:29:45	00:30:36.75	5:46	10.4
226	SIKORSKI WITOLD	287	KB RUN 42	ROSNOWO	POL	M50-59	26	M 226	00:09:25	00:18:48	00:29:16	00:30:50.05	5:49	10.3
227	GAWEŁ MICHAŁ	87		WROCŁAW	POL	M18-29	38	M 227	00:10:09	00:20:41	00:30:25	00:31:12.50	5:53	10.2
228	SKRZYPEK MARCIN	290	NIETOPERZE KOSZALIN	KOSZALIN	POL	M30-39	75	M 228	00:09:38	00:19:40	00:30:26	00:31:24.35	5:55	10.1

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M-OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
229	PACAN BARTOSZ	245		BYTÓW	POL	M30-39	76	M 229	00:09:59	00:20:35	00:30:40	00:31:34.10	5:57	10.1
230	TELEGA MICHAŁ	321		KOSZALIN	POL	M30-39	77	M 230	00:10:01	00:20:20	00:30:45	00:31:46.80	5:59	10
231	ZIELIŃSKI JAROSŁAW	424	AMATOR	BIAŁOGARD	POL	M30-39	78	M 231	00:09:54	00:20:21	00:31:18	00:32:18.35	6:05	9.8
232	LEWEK MACIEJ	194	PRZYJACIELE Z RADZYN	POZNAŃ	POL	M50-59	27	M 232	00:09:25	00:20:24	00:31:20	00:32:22.60	6:06	9.8
233	SZYSZKOWSKI TOMASZ	316		KOSZALIN	POL	M30-39	79	M 233	00:10:11	00:21:00	00:31:59	00:33:01.80	6:13	9.6
234	WILKOWSKI PIOTR	402		KOSZALIN	POL	M30-39	80	M 234	00:10:22	00:21:17	00:32:08	00:33:10.80	6:15	9.6
235	GAWLIK ARTUR	88	BIEGNIJMY.PL	KOSZALIN	POL	M30-39	81	M 235	00:09:48	00:20:33	00:32:29	00:33:26.60	6:18	9.5
236	KOSECKI MARIUSZ	161		KOŁOBRZEG	POL	M30-39	82	M 236	00:10:16	00:21:38	00:33:28	00:34:29.15	6:30	9.2
237	PASEK JAN	248		ŚWIESZYNO	POL	M60-69	11	M 237	00:10:18	00:21:49	00:33:37	00:34:37.35	6:31	9.2
238	ŻURAŃSKI DARIUSZ	428	WIKING KOSZALIN	KOSZALIN	POL	M40-49	70	M 238	00:10:58	00:22:07	00:34:02	00:35:12.75	6:38	9
239	PANKOWIECKI ROMAN	226		SŁUPSK	POL	M60-69	12	M 239	00:10:05	00:21:57	00:34:22	00:35:33.85	6:42	8.9
240	HAUSMAN ANDRZEJ	107	KSR ROWERIA	KOSZALIN	POL	M60-69	13	M 240	00:10:24	00:22:48	00:35:17	00:36:32.70	6:53	8.7
241	ZATORSKI ZBIGNIEW	421	KOŁOBRZEG BIEGA	GRZYBOWO	POL	M30-39	83	M 241	00:11:44	00:24:43	00:37:55	00:39:10.60	7:23	8.1
242	KĘPIŃSKI JAN	146		DOBRE	POL	M50-59	28	M 242	00:12:00	00:26:14	00:40:20	00:41:33.65	7:50	7.7
243	BARTNIK MARIAN	29	TKKF KOSZALIN	KOSZALIN	POL	M70+	3	M 243	00:13:07	00:27:06	00:41:57	00:43:25.85	8:11	7.3
244	WALENTOWICZ IRENEUSZ	443		KOSZALIN	POL	M60-69	14	M 244	00:16:21	00:34:35	00:53:36	00:57:04.20	10:46	5.6

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K14-17

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	HRYCYK ANNA	114		KOŁOBRZEG	POL	K14-17	1	K 1	00:06:45	00:13:50	00:21:01	00:21:41.00	4:05	14.7
2	MARKOWSKA NATALIA	205	MTS HAMER MIASTKO	SZEPIETOWO	POL	K14-17	2	K 15	00:08:17	00:16:22	00:24:17	00:25:00.75	4:43	12.7
3	MEJER ALEKSANDRA	213		ROSNOWO	POL	K14-17	3	K 28	00:08:37	00:17:23	00:26:16	00:27:06.75	5:06	11.7
4	NOWIŃSKA WIKTORIA	237	AML SŁUPSK	SŁUPSK	POL	K14-17	4	K 38	00:09:01	00:18:16	00:27:36	00:28:30.45	5:22	11.2
5	DAMPS NATALIA	64	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K14-17	5	K 81	00:11:18	00:22:53	00:34:21	00:35:18.30	6:39	9
6	MAŚLACH JULIA	208		KOŁOBRZEG	POL	K14-17	6	K 92	00:10:20	00:22:48	00:35:06	00:36:31.00	6:53	8.7
7	MACIEJEWSKA AGNIESZKA	199		KOŁOBRZEG	POL	K14-17	7	K 93	00:10:18	00:22:47	00:35:05	00:36:32.00	6:53	8.7

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M14-17

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	KURKUL JANEK	188	KB BRYZA POSTOMINO	PAŁÓWKO	POL	M14-17	1	M 14	00:06:11	00:12:43	00:19:14	00:19:49.60	3:44	16
2	JAŹWIŃSKI DAWID	129	TKKF KOSZALIN	KOSZALIN	POL	M14-17	2	M 20	00:06:12	00:13:05	00:19:49	00:20:27.25	3:51	15.6
3	GLISZCZYŃSKI ŁUKASZ	89	SPRINT SŁAWNO	BYTÓW	POL	M14-17	3	M 98	00:07:19	00:15:23	00:23:41	00:24:26.15	4:36	13
4	CYBULSKI ROBERT	58	MTS HAMER MIASTKO	MIASTKO	POL	M14-17	4	M 116	00:08:18	00:16:19	00:24:07	00:25:00.75	4:43	12.7
5	CYBULSKI SZYMON	59	MTS HAMER MIASTKO	MIASTKO	POL	M14-17	5	M 125	00:08:16	00:16:24	00:24:33	00:25:16.25	4:46	12.6
6	PEC DANIEL	252		KOSZALIN	POL	M14-17	6	M 130	00:08:08	00:16:36	00:24:40	00:25:27.75	4:48	12.5
7	RETERSKI DAMIAN	272		KOSZALIN	POL	M14-17	7	M 185	00:08:49	00:17:56	00:26:58	00:27:48.85	5:14	11.4
8	WOLAŃSKI MACIEJ	415		KOŁOBRZEG	POL	M14-17	8	M 201	00:09:26	00:18:54	00:28:03	00:28:59.85	5:28	11

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K18-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	FRONTCZAK IZABELA	82	TKKF KOSZALIN	SZCZECINEK	POL	K18-29	1	K 2	00:07:00	00:14:32	00:22:05	00:22:47.80	4:17	14
2	PARDEJ LILIANA	246		DUNINOWO	POL	K18-29	2	K 5	00:07:40	00:15:30	00:23:02	00:23:42.50	4:28	13.4
3	ROMBALSKA JULIA	277	AWFIS GDAŃSK	SŁUPSK	POL	K18-29	3	K 19	00:08:28	00:16:58	00:25:21	00:26:06.10	4:55	12.2
4	KOWALSKA MAGDALENA	247		KOSZALIN	POL	K18-29	4	K 36	00:08:44	00:18:09	00:27:21	00:28:10.25	5:18	11.3
5	WĘGIEL ALEKSANDRA	343		SŁUPSK	POL	K18-29	5	K 37	00:08:39	00:17:50	00:27:17	00:28:14.00	5:19	11.3
6	GRAJ JOANNA	99		KOSZALIN	POL	K18-29	6	K 40	00:09:03	00:18:22	00:27:42	00:28:35.30	5:23	11.1
7	HAŁKA OLA	106		KOSZALIN	POL	K18-29	7	K 41	00:09:01	00:18:36	00:28:07	00:29:05.00	5:29	10.9
8	MALINOWSKA-BURDA ALEKSANDRA	202		KOSZALIN	POL	K18-29	8	K 43	00:09:29	00:19:06	00:28:20	00:29:13.10	5:30	10.9
9	KOSECKA SYLWIA	160		KOSZALIN	POL	K18-29	9	K 45	00:09:49	00:19:13	00:28:33	00:29:24.95	5:33	10.8

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K18-29 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
10	SZPAKOWSKA PAULINA	311		KOSZALIN	POL	K18-29	10	K 47	00:09:44	00:19:10	00:28:37	00:29:30.90	5:34	10.8
11	WAWRZYNIAK KAROLINA	338		DARŁOWO	POL	K18-29	11	K 53	00:09:28	00:19:15	00:29:08	00:30:07.15	5:40	10.6
12	PACAN MIRA	244	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K18-29	12	K 66	00:09:59	00:20:35	00:30:39	00:31:34.55	5:57	10.1
13	MARCHEWKA KATARZYNA	204		KOSZALIN	POL	K18-29	13	K 72	00:09:49	00:20:21	00:31:14	00:32:19.55	6:06	9.8
14	JAKUBOWSKA ANNA	119		KOSZALIN	POL	K18-29	14	K 90	00:11:39	00:23:15	00:34:42	00:35:41.10	6:43	8.9
15	JANDURA PATRYCJA	121		KOSZALIN	POL	K18-29	15	K 95	00:11:52	00:24:01	00:36:10	00:37:20.65	7:02	8.5

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M18-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	GUZOWSKI DENIS	104	TALEX BORYSŁAW BORZYTUCHOM	CETYŃ	POL	M18-29	1	M 4	00:05:53	00:12:04	00:18:20	00:18:56.50	3:34	16.8
2	KURKUL PRZEMEK	189	PAŁÓWKO	PAŁÓWKO	POL	M18-29	2	M 5	00:06:08	00:12:24	00:18:36	00:19:15.50	3:38	16.5
3	BARTKOWIAK JANUSZ	28	K.B. ZDRÓJ MENTOR	POŁCZYN ZDRÓJ	POL	M18-29	3	M 7	00:06:09	00:12:29	00:18:44	00:19:20.85	3:39	16.4
4	ORZECHOWSKI KAMIL	240		RADOM/KOSZALIN	POL	M18-29	4	M 9	00:06:06	00:12:25	00:18:45	00:19:23.15	3:39	16.4
5	GOSTKOWSKI ŁUKASZ	95	KB GOCH BYTÓW	BYTÓW	POL	M18-29	5	M 11	00:06:17	00:12:32	00:18:53	00:19:31.25	3:40	16.3
6	LEŚNIEWSKI KONRAD	193	KB BRYZA POSTOMINO	POSTOMINO	POL	M18-29	6	M 12	00:06:12	00:12:35	00:18:59	00:19:37.15	3:42	16.2
7	USTIANOWSKI WOJCIECH	329	JW 1223 (ROZBIEGANY KOSZALIN)	KOSZALIN	POL	M18-29	7	M 16	00:06:28	00:13:04	00:19:29	00:20:05.50	3:47	15.8
8	KLIMOWICZ MICHAŁ	151	NIEZRZESZONY	WARSZAWA	POL	M18-29	8	M 18	00:06:27	00:13:10	00:19:45	00:20:21.80	3:50	15.6
9	LUBLEWSKI DAWID	436		KOSZALIN	POL	M18-29	9	M 31	00:06:32	00:13:31	00:20:36	00:21:18.95	4:01	14.9
10	KISIELEWICZ KRZYSZTOF	439	KORZYBSKIE REKINY	KORZYBIE	POL	M18-29	10	M 34	00:07:02	00:14:07	00:21:04	00:21:47.35	4:06	14.6
11	ŁUKAWSKI MARIUSZ	198	JW 1223	CHAŁUPY	POL	M18-29	11	M 40	00:06:47	00:14:00	00:21:31	00:22:15.05	4:12	14.3
12	NOWACZYK CHRISTIAN	235		BOBOLIN	POL	M18-29	12	M 46	00:07:05	00:14:31	00:21:54	00:22:33.10	4:15	14.1
13	ŻEROMSKI DAWID	426		KOSZALIN	POL	M18-29	13	M 48	00:06:59	00:14:22	00:21:58	00:22:43.00	4:17	14
14	JAMNIAK BARTOSZ	120	MTS HAMER MIASTKO	MIASTKO	POL	M18-29	14	M 51	00:06:54	00:14:30	00:22:08	00:22:49.85	4:18	13.9
15	ŻYLICZ PAWEŁ	431	STOPA SŁUPSK	SŁUPSK	POL	M18-29	15	M 52	00:07:13	00:14:40	00:22:07	00:22:51.00	4:18	13.9
16	DESZCZ TOMASZ	434	RONIN GOLDTEAM	KOSZALIN	POL	M18-29	16	M 57	00:06:52	00:15:12	00:22:27	00:23:09.70	4:22	13.7
17	CZERSKI PAWEŁ	62		KOSZALIN	POL	M18-29	17	M 60	00:07:18	00:14:51	00:22:34	00:23:12.95	4:22	13.7
18	KOSIŃSKI MATEUSZ	164	DRUŻYNA SZPIKU	SZCZECIN	POL	M18-29	18	M 62	00:07:30	00:15:04	00:22:36	00:23:17.90	4:23	13.6
19	ŚNIADECKI WOJCIECH	317		DARŁOWO	POL	M18-29	19	M 67	00:06:50	00:14:39	00:22:45	00:23:32.30	4:26	13.5
20	BOBER JAKUB	37		MIASTKO	POL	M18-29	20	M 71	00:07:12	00:15:12	00:22:53	00:23:39.90	4:27	13.4
21	WASYLÓW MATEUSZ	337	DROZDOWO	DROZDOWO	POL	M18-29	21	M 79	00:07:10	00:15:19	00:23:14	00:24:01.60	4:31	13.2
22	FILIPEK DAMIAN	80		SŁAWNO	POL	M18-29	22	M 80	00:06:54	00:14:59	00:23:15	00:24:02.70	4:32	13.2
23	GOŃKA KRZYSZTOF	94	DECATHLON KOSZALIN	KOSZALIN	POL	M18-29	23	M 81	00:07:39	00:15:39	00:23:13	00:24:04.40	4:32	13.2
24	WACHOLC MICHAŁ	333		KRETOMINO	POL	M18-29	24	M 105	00:07:52	00:15:55	00:23:58	00:24:44.80	4:40	12.8
25	NACHYŁA PAWEŁ	227	DZIKI KOSZALIN	KOSZALIN	POL	M18-29	25	M 108	00:08:03	00:16:02		00:24:48.75	4:40	12.8
26	SABISZ KRZYSZTOF	284		BYTÓW	POL	M18-29	26	M 109	00:08:17	00:16:18	00:24:07	00:24:53.15	4:41	12.8
27	BŁANK KRYSTIAN	35		BYTÓW	POL	M18-29	27	M 110	00:08:19	00:16:19	00:24:09	00:24:53.15	4:41	12.8
28	RUTKOWSKI ARTUR	283		KOSZALIN	POL	M18-29	28	M 112	00:07:26	00:15:41	00:24:14	00:24:54.40	4:41	12.8
29	PRUS MIKOŁAJ	441		SŁUPSK	POL	M18-29	29	M 113	00:08:19	00:16:20	00:24:21	00:24:54.65	4:42	12.8
30	LASKOWSKI GRZEGORZ	192		PARNOWO	POL	M18-29	30	M 145	00:07:58	00:16:23	00:25:10	00:26:00.70	4:54	12.2
31	CHWALEBA MACIEJ	56		KOSZALIN	POL	M18-29	31	M 146	00:08:18	00:16:39	00:25:10	00:26:01.00	4:54	12.2
32	ŻANDARSKI PAWEŁ	425		KOSZALIN	POL	M18-29	32	M 147	00:08:01	00:16:36	00:25:09	00:26:01.75	4:54	12.2
33	WENCŁAWSKI MICHAŁ	341	ARAGORTEAM\ NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M18-29	33	M 171	00:08:34	00:17:21	00:26:10	00:27:01.15	5:05	11.8
34	SPICA ŁUKASZ	294		KOSZALIN	POL	M18-29	34	M 205	00:09:13	00:18:39	00:28:22	00:29:07.30	5:29	10.9
35	WIERZBICKI KACPER	347		KOSZALIN	POL	M18-29	35	M 218	00:09:06	00:18:32	00:28:58	00:29:51.90	5:38	10.6
36	SZKATULSKI TOMASZ	309	DARŁOWO	DARŁOWO	POL	M18-29	36	M 221	00:09:30	00:19:16	00:29:06	00:30:08.10	5:41	10.6
37	SZULC ADAM	312		BIALOGARD	POL	M18-29	37	M 225	00:09:29	00:19:37	00:29:45	00:30:36.75	5:46	10.4
38	GAWEŁ MICHAŁ	87		WROCŁAW	POL	M18-29	38	M 227	00:10:09	00:20:41	00:30:25	00:31:12.50	5:53	10.2

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	GOŁUŃSKA RENATA	93		MIASTKO	POL	K30-39	1	K 4	00:07:33	00:15:14	00:22:59	00:23:40.90	4:28	13.4
2	JĘDRASZKO MAGDA	130	MTS HAMER	MIASTKO	POL	K30-39	2	K 6	00:07:31	00:15:14	00:23:03	00:23:48.45	4:29	13.4

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
3	KOSECKA KATARZYNA	159	KB WYGAN	KOŁOBRZEG	POL	K30-39	3	K 7	00:07:36	00:15:31		00:24:16.30	4:34	13.1
4	SHTEFAN YULIIA	285	KU AZS PWSZ KOSZALIN	BIAŁOGARD	POL	K30-39	4	K 8	00:07:19	00:15:22	00:23:31	00:24:27.15	4:36	13
5	NIECKARZ MONIKA	231		SŁAWNO	POL	K30-39	5	K 9	00:07:48	00:15:48	00:23:46	00:24:30.75	4:37	13
6	SZABLA EWELINA	304		MIASTKO	POL	K30-39	6	K 10	00:07:35	00:15:38	00:23:43	00:24:34.05	4:38	12.9
7	BORKOWSKA-KOWALCZYK DARIA	40	WOMEN'S FIGHT CLUB KOSZALIN	KOSZALIN	POL	K30-39	7	K 17	00:08:10	00:16:34	00:24:58	00:25:48.60	4:52	12.3
8	DĄBROWSKA ANNA	68		KOSZALIN	POL	K30-39	8	K 18	00:08:13	00:16:42	00:25:12	00:26:05.00	4:55	12.2
9	GRABOWSKA-LESISZ ANETA	98		KOSZALIN	POL	K30-39	9	K 21	00:08:01	00:16:50	00:25:28	00:26:26.45	4:59	12
10	GŁUCH KATARZYNA	91		KOSZALIN	POL	K30-39	10	K 23	00:08:27	00:17:08	00:25:45	00:26:35.80	5:01	12
11	DRABKOWSKA AGNIESZKA	71		BIAŁOGARD	POL	K30-39	11	K 25	00:08:08	00:16:59	00:26:02	00:26:57.60	5:05	11.8
12	RABKA MONIKA	265		KOSZALIN	POL	K30-39	12	K 26	00:08:44	00:17:35	00:26:04	00:27:05.20	5:06	11.7
13	RADECKA KATARZYNA	266		KOSZALIN	POL	K30-39	13	K 27	00:08:39	00:17:26	00:26:12	00:27:05.20	5:06	11.7
14	HOC AGNIESZKA	111		KOŁOBRZEG	POL	K30-39	14	K 30	00:08:48	00:17:48	00:26:44	00:27:31.40	5:11	11.5
15	JANKOWSKA JUSTYNA	122		SŁUPSK	POL	K30-39	15	K 33	00:08:39	00:17:48	00:27:00	00:27:54.25	5:15	11.4
16	KACAŁA OLGA	133		KOSZALIN	POL	K30-39	16	K 35	00:08:45	00:18:11	00:27:22	00:28:10.15	5:19	11.3
17	MICHALAK KAMILA	217		GDAŃSK	POL	K30-39	17	K 42	00:09:05	00:18:36	00:28:09	00:29:06.15	5:29	10.9
18	FRUBA KARINA	83	STOPA SŁUPSK	REDZIKOWO	POL	K30-39	18	K 44	00:09:01	00:18:29	00:28:16	00:29:13.95	5:30	10.9
19	KOMOROWSKA BEATA	155	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K30-39	19	K 46	00:09:29	00:18:58	00:28:33	00:29:29.80	5:33	10.8
20	DYRCZ MARIKA	74	VEGE RUNNERS	SŁAWNO	POL	K30-39	20	K 49	00:09:56	00:19:18	00:28:44	00:29:38.35	5:35	10.7
21	PSTRĄGOWSKA MARLENA	260	BIEGNIJMY.PL	KOSZALIN	POL	K30-39	21	K 50	00:09:33	00:19:11	00:28:49	00:29:49.50	5:37	10.7
22	PAWŁOWSKA URSZULA	250		SKWIERZYNKA	POL	K30-39	22	K 51	00:09:49	00:19:27	00:28:56	00:29:53.65	5:38	10.6
23	MAZUREK BARBARA	211	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	23	K 52	00:10:07	00:19:35	00:29:08	00:30:03.15	5:40	10.6
24	CAŁA MAŁGORZATA	46		BYTÓW	POL	K30-39	24	K 54	00:09:48	00:19:39	00:29:17	00:30:09.90	5:41	10.5
25	CHODNICZAK JOANNA	49		WLEŃ	POL	K30-39	25	K 55	00:09:56	00:19:51	00:29:18	00:30:12.05	5:41	10.5
26	URBAŃSKA ANETTA	328		KOSZALIN	POL	K30-39	26	K 57	00:09:21	00:19:20	00:29:26	00:30:25.45	5:44	10.4
27	HAŁAJKO MAGDALENA	105		KOSZALIN	POL	K30-39	27	K 58	00:09:35	00:19:41	00:29:43	00:30:45.50	5:48	10.3
28	WOLF BEATA	66	TKKF KOSZALIN	KOSZALIN	POL	K30-39	28	K 59	00:09:36	00:19:41	00:29:43	00:30:45.80	5:48	10.3
29	BIELĘDA KAROLINA	33		NIEKANIN	POL	K30-39	29	K 64	00:09:35	00:20:08	00:30:26	00:31:25.55	5:55	10.1
30	KACZKOWSKA JUSTYNA	135	RAMS	KOŁOBRZEG	POL	K30-39	30	K 65	00:09:30	00:20:08	00:30:26	00:31:28.00	5:56	10.1
31	WILKOWSKA BEATA	350		KOSZALIN	POL	K30-39	31	K 75	00:10:22	00:21:17	00:32:08	00:33:10.65	6:15	9.6
32	STANCZEWSKA KAROLINA	295		BIAŁOGARD	POL	K30-39	32	K 76	00:10:42	00:22:05	00:32:23	00:33:22.95	6:17	9.5
33	DAMPS JULITA	63	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K30-39	33	K 80	00:11:18	00:22:53	00:34:22	00:35:17.55	6:39	9
34	STEC EDYTA	299	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	34	K 83	00:11:17	00:22:39	00:33:50	00:35:23.85	6:40	9
35	MOŻEJKO ANNA	222	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	35	K 87	00:11:18	00:22:40	00:33:51	00:35:24.95	6:40	9
36	ŁUBNIEWSKA NATALIA	197	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K30-39	36	K 89	00:10:42	00:22:38	00:34:28	00:35:36.00	6:43	8.9
37	KASPRZAK MAŁGORZATA	143		BIAŁOGARD	POL	K30-39	37	K 91	00:10:41	00:22:20	00:34:17	00:36:00.25	6:47	8.8
38	WOJTKIEWICZ-BĄKOWSKA DOROTA	413	BABECZKI KOSZALIN	KOSZALIN	POL	K30-39	38	K 94	00:11:19	00:23:24	00:35:30	00:36:53.00	6:57	8.6
39	GARBACZ-ZATORSKA MILENA	84	KOŁOBRZEG BIEGA	GRZYBOWO	POL	K30-39	39	K 97	00:11:45	00:24:44	00:37:56	00:39:11.30	7:23	8.1

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	BEDNARZ PAWEŁ	31	13-TY FUN CLUB ASI CHMIEL:*	KOSZALIN-NACŁAW	POL	M30-39	1	M 1	00:05:32	00:11:37	00:17:37	00:18:10.90	3:25	17.5
2	WENT JAKUB	342		ŁEBA	POL	M30-39	2	M 2	00:06:01	00:12:04	00:17:38	00:18:13.45	3:26	17.4
3	RUDNIK KRZYSZTOF	278	NIGHT RUNNERS SŁUPSK	KRĘPA SŁUPSKA	POL	M30-39	3	M 3	00:05:53	00:12:05	00:17:40	00:18:15.90	3:26	17.4
4	EMILIT GRZEGORZ	76	DZIESIĄTKA BIAŁOGARD	KARLINO	POL	M30-39	4	M 10	00:06:19	00:12:37	00:18:53	00:19:30.30	3:40	16.3
5	WOJTALIK ŁUKASZ	412	POŁCZYN -ZDRÓJ BIEGA	POŁCZYN-ZDRÓJ	POL	M30-39	5	M 19	00:06:17	00:13:05	00:19:48	00:20:27.15	3:51	15.6
6	SZEWCZUK PAWEŁ	308		ROSNOWO	POL	M30-39	6	M 21	00:06:18	00:13:01	00:19:52	00:20:36.15	3:53	15.4
7	WOJCIECHOWICZ JACEK	407	WWW.STUDIOTANCAPASJA.PL	KOSZALIN	POL	M30-39	7	M 23	00:06:33	00:13:21	00:20:09	00:20:49.60	3:55	15.3
8	RODZIEWICZ MARCIN	273		POZNAŃ	POL	M30-39	8	M 24	00:06:38	00:13:25	00:20:11	00:20:52.45	3:56	15.2
9	MOSEK RADOSŁAW	220		ROSNOWO	POL	M30-39	9	M 26	00:06:37	00:13:30	00:20:27	00:21:05.95	3:58	15.1
10	CZAPLIŃSKI JACEK	60		KOSZALIN	POL	M30-39	10	M 27	00:06:30	00:13:32	00:20:28	00:21:08.60	3:59	15
11	WOJDASIEWICZ TADEUSZ	411		KĘPICE	POL	M30-39	11	M 28	00:06:47	00:13:38	00:20:31	00:21:11.70	4:00	15
12	HAMER SZYMON	433		KOSZALIN	POL	M30-39	12	M 41	00:06:46	00:14:07	00:21:35	00:22:15.05	4:11	14.3
13	SZYMAŃSKI PIOTR	314	POŁCZYN ZDRÓJ BIEGA	POŁCZYN ZDRÓJ	POL	M30-39	13	M 42	00:07:13	00:14:19	00:21:29	00:22:15.80	4:12	14.3
14	NOWAKOWSKI RAFAŁ	236		KOSZALIN	POL	M30-39	14	M 43	00:07:15	00:14:29	00:21:35	00:22:16.70	4:12	14.3
15	WEBER PAWEŁ	339	BAŁTYK KOSZALIN	KOSZALIN	POL	M30-39	15	M 44	00:06:44	00:14:06	00:21:35	00:22:18.10	4:12	14.3

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
16	WILKOWSKI KRZYSZTOF	401		KOSZALIN	POL	M30-39	16	M 50	00:07:04	00:14:28	00:22:01	00:22:48.30	4:18	13.9
17	KRACZKOWSKI PRZEMYSŁAW	170		KOSZALIN	POL	M30-39	17	M 59	00:07:26	00:14:55	00:22:26	00:23:11.40	4:22	13.7
18	KLEMANN PAWEŁ	150		NOWE BIELICE	POL	M30-39	18	M 69	00:07:20	00:15:05	00:22:51	00:23:36.50	4:27	13.5
19	KUŁAKOWSKI DAWID	185	TKKF KOSZALIN	KOSZALIN	POL	M30-39	19	M 72	00:07:46	00:15:35	00:23:04	00:23:45.45	4:29	13.4
20	PSTRĄGOWSKI MARCIN	442	DZIKI KOSZALIN	KOSZALIN	POL	M30-39	20	M 73	00:07:19	00:15:12	00:23:01	00:23:47.85	4:29	13.4
21	KRAWCZYK TOMASZ	177		BIESIEKIERZ	POL	M30-39	21	M 74	00:07:30	00:15:13	00:23:01	00:23:48.25	4:29	13.4
22	MUCHA KRZYSZTOF	224		KOSZALIN	POL	M30-39	22	M 77	00:07:47	00:15:39	00:23:12	00:23:55.75	4:30	13.3
23	STRUMIŃSKI RAFAŁ	302	DZIKI KOSZALIN	KOSZALIN	POL	M30-39	23	M 86	00:07:35	00:15:29	00:23:25	00:24:11.70	4:33	13.1
24	GOTOWAŁA RAFAŁ	96		KOSZALIN	POL	M30-39	24	M 87	00:07:40	00:15:34	00:23:28	00:24:15.85	4:34	13.1
25	ŚNIEŻKO MARCIN	318	TKKF KOSZALIN	KOSZALIN	POL	M30-39	25	M 90	00:07:37	00:15:38	00:23:31	00:24:17.80	4:34	13.1
26	GOŁDYN MAREK	92	TKKF KOSZALIN	KOSZALIN	POL	M30-39	26	M 92	00:07:48	00:15:49	00:23:37	00:24:20.20	4:35	13.1
27	JAROSZEWSKI DANIEL	125	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	27	M 93	00:07:40	00:15:39	00:23:35	00:24:21.10	4:35	13.1
28	WICHER KRZYSZTOF	345	ADWOKATURA	KOSZALIN	POL	M30-39	28	M 94	00:07:34	00:15:38	00:23:35	00:24:22.20	4:35	13.1
29	NIECKARZ KRZYSZTOF	232		SŁAWNO	POL	M30-39	29	M 100	00:07:48	00:15:48	00:23:46	00:24:30.50	4:37	13
30	TESKA BARTOSZ	322	TKKF KOSZALIN	KOSZALIN	POL	M30-39	30	M 101	00:07:36	00:15:43		00:24:32.65	4:37	13
31	STAWISZYNSKI JAROSŁAW	298	FORUM ROZWOJU KOSZALINA	KOSZALIN	POL	M30-39	31	M 103	00:07:53	00:15:59	00:23:54	00:24:35.85	4:38	12.9
32	KUTKOWSKI MARCIN	190		KOŁOBRZEG	POL	M30-39	32	M 111	00:07:53	00:16:04	00:24:06	00:24:53.40	4:41	12.8
33	ŁABEJSZA ŁUKASZ	195	WOJOWNICY WÓDY	KOSZALIN	POL	M30-39	33	M 114	00:08:13	00:16:16	00:24:14	00:24:58.85	4:42	12.7
34	KALISZUK DAMIAN	138		KOSZALIN	POL	M30-39	34	M 115	00:07:57	00:16:04	00:24:13	00:24:59.35	4:43	12.7
35	KAZIMIEROWICZ RADOSŁAW	144	VTT KOSZALIN	KOSZALIN	POL	M30-39	35	M 117	00:07:45	00:15:58	00:24:13	00:25:05.40	4:44	12.7
36	HRYCIÓW PAWEŁ	113	BIAŁOGARD	BIAŁOGARD	POL	M30-39	36	M 118	00:08:11	00:16:29	00:24:22	00:25:05.95	4:44	12.7
37	CAŁA BARTOSZ	47	KARATE KLUB BYTÓW	BYTÓW	POL	M30-39	37	M 120	00:08:14	00:16:21	00:24:19	00:25:08.20	4:44	12.7
38	MALINOWSKI MARIUSZ	203		KOSZALIN	POL	M30-39	38	M 121	00:07:59	00:16:18	00:24:22	00:25:10.60	4:45	12.6
39	BIL ADRIAN	34		KOSZALIN	POL	M30-39	39	M 126	00:08:13	00:16:42	00:24:33	00:25:16.70	4:46	12.6
40	NAGRABECKI HUBERT	229	HUBCIO TEAM :)	KOSZALIN	POL	M30-39	40	M 128	00:08:14	00:16:28	00:24:31	00:25:22.15	4:47	12.5
41	ZDROWIECKI ARTUR	423		KOSZALIN	POL	M30-39	41	M 134	00:07:25	00:16:06	00:24:52	00:25:37.55	4:50	12.4
42	TUKAJSKI TOMASZ	325	BIKE U UP	KOSZALIN	POL	M30-39	42	M 137	00:07:59	00:16:21	00:24:45	00:25:40.00	4:50	12.4
43	ROGALSKI ROBERTO	275	TKKF KOSZALIN	KOSZALIN	POL	M30-39	43	M 138	00:07:56	00:16:30	00:24:50	00:25:42.20	4:50	12.4
44	KALOCIŃSKI KRZYSZTOF	139	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M30-39	44	M 140	00:08:30	00:16:41	00:24:57	00:25:48.50	4:52	12.3
45	STOKROCKI WOJCIECH	301		KOSZALIN	POL	M30-39	45	M 141	00:08:42	00:17:01	00:25:07	00:25:54.65	4:53	12.3
46	STASIAK GRZEGORZ	296		DĄBRÓWKA	POL	M30-39	46	M 142	00:08:43	00:17:02	00:25:08	00:25:55.25	4:53	12.3
47	OTTO MICHAŁ	243		KOSZALIN	POL	M30-39	47	M 150	00:08:01	00:16:36	00:25:15	00:26:02.95	4:54	12.2
48	KAMIŃSKI TOMASZ	140	JEDNOSTKA WOJSKOWA 1223	KOSZALIN	POL	M30-39	48	M 151	00:07:59	00:16:43	00:25:19	00:26:05.35	4:55	12.2
49	FELSKI ŁUKASZ	78		TORUŃ/KOSZALIN	POL	M30-39	49	M 152	00:08:11	00:16:47	00:25:19	00:26:05.35	4:55	12.2
50	NADSTAWNY MAREK	228		KOSZALIN	POL	M30-39	50	M 157	00:08:10	00:16:40	00:25:24	00:26:17.80	4:57	12.1
51	MADEJ KRZYSZTOF	200		SŁUPSK	POL	M30-39	51	M 159	00:08:15	00:16:48	00:25:31	00:26:25.35	4:59	12
52	JABŁOŃSKI TOMASZ	117	AR SPOKO SŁAWNO	SŁAWNO	POL	M30-39	52	M 161	00:08:44	00:17:09	00:25:38	00:26:29.90	5:00	12
53	KOWALCZYK PIOTR	166		KOSZALIN	POL	M30-39	53	M 166	00:08:21	00:17:04	00:25:55	00:26:45.90	5:03	11.9
54	SZULC SZYMON	437		BIALOGARD	POL	M30-39	54	M 167	00:08:54	00:17:52	00:26:12	00:26:54.15	5:04	11.8
55	PUZYREWSKI WOJCIECH	264	FORREST GUMP	KOSZALIN	POL	M30-39	55	M 172	00:09:36	00:18:05	00:26:16	00:27:04.65	5:06	11.7
56	RUDZIK GRZEGORZ	280	KL 'ISKRA' BIAŁOGARD	BIAŁOGARD	POL	M30-39	56	M 173	00:08:29	00:17:33	00:26:24	00:27:15.85	5:08	11.7
57	KACZMAREK ŁUKASZ	136	1984	KOSZALIN	POL	M30-39	57	M 175	00:08:39	00:17:45	00:26:37	00:27:20.45	5:09	11.6
58	ATALSKI DAMIAN	27		KOSZALIN	POL	M30-39	58	M 176	00:08:37	00:17:30	00:26:31	00:27:23.40	5:10	11.6
59	HRYCAJ TOMASZ	112		KOŁOBRZEG	POL	M30-39	59	M 177	00:08:46	00:17:51	00:26:32	00:27:24.30	5:10	11.6
60	MARZEC ŁUKASZ	207		KOSZALIN	POL	M30-39	60	M 183	00:08:30	00:17:28	00:26:43	00:27:40.25	5:13	11.5
61	KRYGIER IRENEUSZ	179	W.P.K SŁOŃ TEAM USTKA	USTKA	POL	M30-39	61	M 188	00:08:55	00:17:59	00:26:59	00:27:51.95	5:15	11.4
62	PUCHALSKI MARCIN	262		KOŁOBRZEG	POL	M30-39	62	M 189	00:08:35	00:17:42	00:27:00	00:27:53.70	5:15	11.4
63	WIERZBICKI SYLWESTER	346		DARŁOWO	POL	M30-39	63	M 193	00:09:31	00:19:16	00:27:23	00:28:02.40	5:17	11.3
64	RETERSKI PRZEMYSŁAW	271		KOSZALIN	POL	M30-39	64	M 196	00:08:49	00:17:58	00:27:19	00:28:14.30	5:19	11.3
65	KOSECKI TOMASZ	162		KOSZALIN	POL	M30-39	65	M 197	00:09:49	00:18:59	00:27:35	00:28:25.00	5:21	11.2
66	ŻUREK DANIEL	430		KOSZALIN	POL	M30-39	66	M 198	00:09:35	00:18:51	00:27:51	00:28:36.55	5:23	11.1
67	NAPIERAŁA MARCIN	230		SKWIERZYNKA	POL	M30-39	67	M 200	00:09:43	00:19:05	00:27:46	00:28:41.25	5:24	11.1
68	KOTULSKI PIOTR	165	KLUB BIEGACZY JYSK	KOSZALIN	POL	M30-39	68	M 202	00:09:05	00:18:36	00:28:07	00:29:01.45	5:28	11
69	ORYSZCZYN ARKADIUSZ	239		KOSZALIN	POL	M30-39	69	M 211	00:09:13	00:18:40	00:28:25	00:29:19.90	5:32	10.8
70	SKIERKA GRZEGORZ	288	MKS ŚWIĘC SŁAWNO	KWASOWO	POL	M30-39	70	M 212	00:09:36	00:19:12	00:28:28	00:29:25.25	5:33	10.8
71	BASIAK KRYSTIAN	30	KOSZALIN	KOSZALIN	POL	M30-39	71	M 217	00:09:05	00:18:30	00:28:56	00:29:46.25	5:36	10.7
72	KACAŁA JACEK	134		KOSZALIN	POL	M30-39	72	M 219	00:09:38	00:19:15	00:29:04	00:29:52.30	5:38	10.6

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
73	BONISŁAWSKI JAROSŁAW	39	FADOMODA TEAM	SŁAWNO	POL	M30-39	73	M 220	00:09:36	00:19:19	00:29:08	00:30:04.80	5:40	10.6
74	KUPREWICZ GRZEGORZ	186	JW1223	KOSZALIN	POL	M30-39	74	M 223	00:09:42	00:19:29	00:29:23	00:30:15.55	5:42	10.5
75	SKRZYPEK MARCIN	290	NIETOPERZE KOSZALIN	KOSZALIN	POL	M30-39	75	M 228	00:09:38	00:19:40	00:30:26	00:31:24.35	5:55	10.1
76	PACAN BARTOSZ	245		BYTÓW	POL	M30-39	76	M 229	00:09:59	00:20:35	00:30:40	00:31:34.10	5:57	10.1
77	TELEGA MICHAŁ	321		KOSZALIN	POL	M30-39	77	M 230	00:10:01	00:20:20	00:30:45	00:31:46.80	5:59	10
78	ZIELIŃSKI JAROSŁAW	424	AMATOR	BIAŁOGARD	POL	M30-39	78	M 231	00:09:54	00:20:21	00:31:18	00:32:18.35	6:05	9.8
79	SZYSZKOWSKI TOMASZ	316		KOSZALIN	POL	M30-39	79	M 233	00:10:11	00:21:00	00:31:59	00:33:01.80	6:13	9.6
80	WILKOWSKI PIOTR	402		KOSZALIN	POL	M30-39	80	M 234	00:10:22	00:21:17	00:32:08	00:33:10.80	6:15	9.6
81	GAWLIK ARTUR	88	BIEGNIJMY.PL	KOSZALIN	POL	M30-39	81	M 235	00:09:48	00:20:33	00:32:29	00:33:26.60	6:18	9.5
82	KOSECKI MARIUSZ	161		KOŁOBRZEG	POL	M30-39	82	M 236	00:10:16	00:21:38	00:33:28	00:34:29.15	6:30	9.2
83	ZATORSKI ZBIGNIEW	421	KOŁOBRZEG BIEGA	GRZYBOWO	POL	M30-39	83	M 241	00:11:44	00:24:43	00:37:55	00:39:10.60	7:23	8.1

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	KONIECZNA ANKA	156	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K40-49	1	K 3	00:07:24	00:15:08	00:22:50	00:23:37.80	4:27	13.5
2	ZACHCIAŁ-PEC JOANNA	419		KOSZALIN	POL	K40-49	2	K 11	00:07:44	00:15:48	00:23:48	00:24:34.80	4:38	12.9
3	GARSKA JOANNA	85	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K40-49	3	K 12	00:07:37	00:15:40	00:23:49	00:24:38.45	4:38	12.9
4	WALTER JOANNA	335	10 BIAŁOGARD	BIAŁOGARD	POL	K40-49	4	K 14	00:08:19	00:16:28	00:24:12	00:24:57.95	4:42	12.7
5	WOJCIECHOWSKA-HRYCYK AGATA	409		KOŁOBRZEG	POL	K40-49	5	K 16	00:07:56	00:16:13	00:24:28	00:25:13.55	4:45	12.6
6	KUBIŃSKA BEATA	183	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	K40-49	6	K 22	00:08:32	00:17:08	00:25:44	00:26:35.55	5:00	12
7	MĘDEL MARTA	215		KOSZALIN	POL	K40-49	7	K 24	00:08:34	00:17:18	00:25:55	00:26:40.85	5:02	11.9
8	CHROSTEK DOROTA	51		POZNAŃ	POL	K40-49	8	K 29	00:08:52	00:17:48	00:26:33	00:27:21.95	5:09	11.6
9	WALCZAK AGNIESZKA	334	TKKF KOSZALIN	KOSZALIN	POL	K40-49	9	K 34	00:08:47	00:17:53	00:27:09	00:28:02.35	5:17	11.3
10	WACHHOLZ BEATA	332	KB BRYZA POSTOMINO	SŁAWNO	POL	K40-49	10	K 39	00:09:10	00:18:17	00:27:34	00:28:33.20	5:23	11.1
11	WOLF WERONIKA	416	TKKF KOSZALIN	SIANÓW	POL	K40-49	11	K 60	00:09:36	00:19:42	00:29:44	00:30:47.20	5:48	10.3
12	RADOSZ KATARZYNA	267		KOSZALIN	POL	K40-49	12	K 67	00:10:03	00:20:33	00:30:46	00:31:48.10	6:00	10
13	WENCŁAW-JUSZCZAK MARTA	340		KOŁOBRZEG	POL	K40-49	13	K 68	00:10:18	00:20:21	00:30:55	00:31:52.90	6:00	10
14	BORSUK DOROTA	42		KOSZALIN	POL	K40-49	14	K 70	00:10:13	00:20:45	00:31:14	00:32:15.45	6:05	9.9
15	WOJCIECHOWSKA MAŁGORZATA	408		KRETOMINO	POL	K40-49	15	K 77	00:10:57	00:22:03	00:33:33	00:34:35.20	6:31	9.2
16	VON BARDELEBEN AGNIESZKA	331	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	16	K 82	00:11:16	00:22:38	00:33:48	00:35:23.55	6:40	9
17	BŁOŃSKA AGNIESZKA	36	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	17	K 84	00:11:17	00:22:38	00:33:49	00:35:24.30	6:40	9
18	PEŁKA IWONA	253		KOSZALIN	POL	K40-49	18	K 85	00:11:43	00:34:26		00:35:24.40	6:40	9
19	KURCZ BARBARA	187	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	19	K 86	00:11:18	00:22:40	00:33:50	00:35:24.55	6:40	9
20	KOROL ELŻBIETA	158	BABECZKI KOSZALIN	KOSZALIN	POL	K40-49	20	K 88	00:11:19	00:22:40	00:33:51	00:35:25.15	6:41	9
21	KRAWCZUK-KIEŁB ANNA	175	ŻYJ Z ENERGIĄ	WIEKOWO	POL	K40-49	21	K 96	00:11:51	00:24:01	00:36:23	00:37:28.65	7:04	8.5

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	WIERZEJSKI SŁAWOMIR	348	KLUB BIEGACZA 'GOCH' BYTÓW	BYTÓW	POL	M40-49	1	M 8	00:06:19	00:12:35	00:18:47	00:19:21.50	3:39	16.4
2	GARSKI KRYSPIN	86	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	M40-49	2	M 13	00:06:19	00:12:36	00:19:00	00:19:41.40	3:42	16.2
3	RUDNIKOWSKI MACIEJ	279	BIEGUZDROWISKOWY.PL	DARŁOWO	POL	M40-49	3	M 15	00:06:12	00:12:44	00:19:15	00:19:50.60	3:44	16
4	PEC MAREK	251		KOSZALIN	POL	M40-49	4	M 17	00:06:19	00:12:58	00:19:36	00:20:15.60	3:49	15.7
5	WÓJCIK DAMIAN	418	RUNNERSWALDE DARŁOWO	DARŁOWO	POL	M40-49	5	M 25	00:06:41	00:13:29	00:20:13	00:20:52.85	3:56	15.2
6	RUDZIŃSKI ADAM	261		KOSZALIN		M40-49	6	M 29	00:06:33	00:13:31	00:20:33	00:21:15.05	4:00	15
7	BIEDRZYCKI KRZYSZTOF	32	CW FANZA	KOŁOBRZEG	POL	M40-49	7	M 33	00:06:50	00:14:02	00:21:02	00:21:44.50	4:06	14.6
8	STĘŻAŁA ARTUR	300	JW1223	NOWE BIELICE	POL	M40-49	8	M 35	00:06:49	00:14:02	00:21:14	00:21:55.55	4:08	14.5
9	UZNAŃSKI RYSZARD	330	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M40-49	9	M 36	00:06:47	00:13:53	00:21:18	00:22:02.00	4:09	14.4
10	ZBOIŃSKI WOJCIECH	422		KOSZALIN	POL	M40-49	10	M 37	00:07:11	00:14:28	00:21:30	00:22:07.35	4:10	14.4
11	WUJTIUK PIOTR	417		SZCZECINEK	POL	M40-49	11	M 38	00:06:56	00:14:09	00:21:28	00:22:11.90	4:11	14.3
12	WALTER PRZEMYSŁAW	336	10 BIAŁOGARD	BIAŁOGARD	POL	M40-49	12	M 39	00:07:03	00:14:14	00:21:30	00:22:13.25	4:11	14.3
13	CHOŁUJ JAREK	50	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	13	M 45	00:07:16	00:14:29	00:21:39	00:22:22.75	4:13	14.2
14	WINKEL ŁUKASZ	403		KOSZALIN	POL	M40-49	14	M 47	00:07:17	00:14:34	00:21:54	00:22:37.95	4:16	14.1

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M40-49 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
15	SZAŁKOWSKI WOJTEK	305	TUPOT USTKA	USTKA	POL	M40-49	15	M 53	00:07:34	00:14:56	00:22:12	00:22:55.50	4:19	13.9
16	PĘKAŁA PIOTR	256	ROZBIEGA KOSZALIN	KOSZALIN	POL	M40-49	16	M 54	00:07:14	00:14:45	00:22:12	00:22:58.65	4:20	13.8
17	MICHALSKI JAKUB	218	TRIATHLON KOSZALIN	KOSZALIN	POL	M40-49	17	M 55	00:07:35	00:15:03	00:22:24	00:23:04.20	4:21	13.8
18	KRAKOWIAK SŁAWOMIR	172	COSSG KOSZALIN	KOSZALIN	POL	M40-49	18	M 61	00:07:37	00:15:12	00:22:33	00:23:16.45	4:23	13.7
19	MOSIOŁEK PIOTR	221		KOSZALIN	POL	M40-49	19	M 63	00:07:34	00:15:03	00:22:36	00:23:23.90	4:24	13.6
20	CHROSTEK ADAM	52		GNIEZNO	POL	M40-49	20	M 64	00:07:32	00:15:11	00:22:44	00:23:24.00	4:24	13.6
21	PERCZYŃSKI JAREK	255		ROSNOWO	POL	M40-49	21	M 66	00:06:56	00:14:58	00:22:50	00:23:31.05	4:26	13.5
22	IWANIEC DARIUSZ	116	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	22	M 68	00:07:15	00:15:02	00:22:51	00:23:34.70	4:26	13.5
23	HOC DARIUSZ	110		KOŁOBRZEG	POL	M40-49	23	M 70	00:07:38	00:15:28	00:22:54	00:23:38.65	4:27	13.4
24	ROGOŻA IRENEUSZ	276	BIEGNIJMY.PL	KOSZALIN	POL	M40-49	24	M 75	00:07:26	00:15:10	00:23:03	00:23:51.95	4:30	13.3
25	MICERSKI TOMASZ	216	TKKF KOSZALIN	KOSZALIN	POL	M40-49	25	M 76	00:07:44	00:15:33	00:23:09	00:23:54.15	4:30	13.3
26	SIENICKI PIOTR	286	OPIUM	KOSZALIN	POL	M40-49	26	M 78	00:07:31	00:15:21	00:23:15	00:23:57.15	4:31	13.3
27	JARZYNA ROMAN	126		STARGARD	POL	M40-49	27	M 82	00:07:27	00:15:18	00:23:19	00:24:06.05	4:32	13.2
28	KILAR TOMASZ	148		KOSZALIN	POL	M40-49	28	M 83	00:07:32	00:15:25	00:23:22	00:24:08.30	4:33	13.2
29	CYBULSKI ROBERT	57	MTS HAMER MIASTKO	MIASTKO	POL	M40-49	29	M 89	00:07:51	00:15:41	00:23:33	00:24:17.20	4:35	13.1
30	KRASIŃSKI WITOLD	174		KOSZALIN	POL	M40-49	30	M 95	00:07:45	00:15:43	00:23:39	00:24:22.45	4:36	13
31	DOMASZK ZBIGNIEW	70		BYTÓW	POL	M40-49	31	M 96	00:07:42	00:15:45	00:23:40	00:24:23.60	4:36	13
32	SZYMAŃSKI PIOTR	315		ROSNOWO	POL	M40-49	32	M 97	00:07:49	00:15:50	00:23:37	00:24:25.95	4:36	13
33	KOWALCZYK MARIUSZ	167	WZAJEMNEJ ADORACJI:-)	KOSZALIN	POL	M40-49	33	M 99	00:07:35	00:15:27	00:23:40	00:24:28.65	4:37	13
34	MATYSIUK GRZEGORZ	210	7BOW	SŁUPSK	POL	M40-49	34	M 102	00:07:50	00:15:49		00:24:34.85	4:38	12.9
35	PUŚCIAN KRZYSZTOF	263	GIMNAZJUM W MANOWIE	MANOWO	POL	M40-49	35	M 106	00:07:47	00:15:51	00:23:59	00:24:45.15	4:40	12.8
36	WIATRZYK KRZYSZTOF	344	DARŁOWO	DARŁOWO	POL	M40-49	36	M 107	00:07:50	00:15:42	00:23:57	00:24:45.35	4:40	12.8
37	KAŹMIERCZAK ROBERT	145		NIEKANIN	POL	M40-49	37	M 122	00:07:51	00:16:22	00:24:26	00:25:11.80	4:45	12.6
38	KLOSKOWSKI DARIUSZ	152	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M40-49	38	M 124	00:07:50	00:16:11	00:24:25	00:25:12.55	4:45	12.6
39	FIGURA ARKADIUSZ	79	KONIKOWO	KONIKOWO	POL	M40-49	39	M 127	00:08:00	00:16:35	00:24:37	00:25:21.60	4:46	12.5
40	TURCZYN GRZEGORZ	326	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M40-49	40	M 131	00:07:41	00:16:06	00:24:34	00:25:28.15	4:48	12.5
41	PIECHOTA ROBERT	257		KOSZALIN	POL	M40-49	41	M 132	00:07:34	00:16:16	00:24:54	00:25:30.45	4:48	12.5
42	DĄBROWSKI GRZEGORZ	69		KOSZALIN	POL	M40-49	42	M 133	00:08:07	00:16:28	00:24:48	00:25:30.85	4:48	12.5
43	DZIESZUK DARIUSZ	75	TKKF KOSZALIN	KOSZALIN	POL	M40-49	43	M 135	00:08:19	00:16:38	00:24:54	00:25:38.10	4:50	12.4
44	REMPLAKOWSKI KRZYSZTOF	270	WE RUN	ROSNOWO	POL	M40-49	44	M 143	00:08:30	00:16:52	00:25:05	00:25:56.15	4:53	12.3
45	GROCHOWSKI RAFAŁ	101		KOSZALIN	POL	M40-49	45	M 149	00:08:09	00:16:40	00:25:15	00:26:02.65	4:54	12.2
46	PRZYMORSKI WALDEMAR	259	W.P.K. SŁOŃ TEAM USTKA	USTKA	POL	M40-49	46	M 153	00:08:28	00:16:55	00:25:19	00:26:10.10	4:56	12.1
47	DUDZIAK PIOTR	72	KOSZALIN	KOSZALIN	POL	M40-49	47	M 154	00:07:52	00:16:20	00:25:18	00:26:13.70	4:56	12.1
48	GRZYBOWSKI PIOTR	103	KB RUN 42	SZCZEGLINO NOWE	POL	M40-49	48	M 163	00:08:23	00:17:02	00:25:41	00:26:38.30	5:01	11.9
49	JASIŃSKI CEZARY	128	UBUDUBU	KOSZALIN	POL	M40-49	49	M 164	00:08:14	00:16:59	00:25:48	00:26:38.90	5:01	11.9
50	MĘDEL CEZARY	214		KOSZALIN	POL	M40-49	50	M 165	00:08:34	00:17:17	00:25:54	00:26:42.20	5:02	11.9
51	JASIENIECKI PIOTR	127		KOSZALIN	POL	M40-49	51	M 168	00:08:37	00:17:18	00:26:06	00:26:55.20	5:04	11.8
52	JANKOWSKI GRZEGORZ	123	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	M40-49	52	M 169	00:08:09	00:17:03	00:26:06	00:26:57.45	5:05	11.8
53	MAJCHRZAK PAWEŁ	201	SUNDAYBIKERS KARLINO TEAM	KARLINO	POL	M40-49	53	M 170	00:08:34	00:17:21	00:26:07	00:26:59.80	5:05	11.8
54	GREBIENIK ANDRZEJ	100		SŁUPSK	POL	M40-49	54	M 174	00:08:50	00:17:29	00:26:22	00:27:16.95	5:08	11.7
55	WOJCIECHOWSKI ANDRZEJ	410		KOSZALIN	POL	M40-49	55	M 179	00:08:48	00:17:48	00:26:44	00:27:32.60	5:11	11.5
56	KĘPKA MIROSŁAW	147	K.B.SPRINT ŚWIDWIN	ŚWIDWIN	POL	M40-49	56	M 180	00:08:54	00:17:50	00:26:41	00:27:33.45	5:12	11.5
57	KOŁAKOWSKI DARIUSZ	154	K.B.SPRINT ŚWIDWIN	ŚWIDWIN	POL	M40-49	57	M 181	00:08:54	00:17:50	00:26:42	00:27:33.70	5:12	11.5
58	OSOWSKI ANDRZEJ	242	OSATEAM	WARSZAWA	POL	M40-49	58	M 186	00:08:07	00:17:28	00:26:56	00:27:49.40	5:14	11.4
59	FAJGIER TOMASZ	77		MANOWO	POL	M40-49	59	M 187	00:08:23	00:17:39	00:26:55	00:27:49.45	5:15	11.4
60	DANOWSKI MACIEJ	65	FITNESS CLUB FORMA	BIAŁOGARD	POL	M40-49	60	M 191	00:08:57	00:18:20	00:27:14	00:27:58.85	5:16	11.4
61	JAKÓBCZAK DARIUSZ	118		KOSZALIN	POL	M40-49	61	M 192	00:08:49	00:18:02	00:27:02	00:28:00.30	5:17	11.4
62	HNATOWSKI ARTUR	109	DM FC KOSZALIN	KOSZALIN	POL	M40-49	62	M 203	00:09:08	00:18:48	00:28:15	00:29:03.85	5:29	10.9
63	ŻYWOT NORBERT	432	PARKRUN KOŁOBRZEG	KOŁOBRZEG	POL	M40-49	63	M 206	00:09:25	00:19:03	00:28:19	00:29:10.05	5:30	10.9
64	KOLASA TOMASZ	153	KĄPIELE NA SPONTANIE	KOŁOBRZEG	POL	M40-49	64	M 208	00:09:25	00:19:03	00:28:18	00:29:12.35	5:30	10.9
65	ŚRODA WOJCIECH	319		KOSZALIN	POL	M40-49	65	M 210	00:09:36	00:19:07	00:28:24	00:29:17.35	5:31	10.9
66	FRASZKIEWICZ JAROSŁAW	81		KOSZALIN	POL	M40-49	66	M 213	00:09:34	00:19:13	00:28:38	00:29:28.85	5:33	10.8
67	TRZEŚNIEWSKI ZBIGNIEW	324		GRUDZIADZ	POL	M40-49	67	M 215	00:09:35	00:19:13	00:28:38	00:29:34.65	5:34	10.7
68	IMIOŁEK JACEK	115		KOSZALIN	POL	M40-49	68	M 216	00:09:30	00:19:08	00:28:53	00:29:43.85	5:36	10.7
69	BRESZKA PAWEŁ	43	BIEGNIJMY TO DARŁOWO	DARŁOWO	POL	M40-49	69	M 222	00:09:31	00:19:17	00:29:07	00:30:08.95	5:41	10.5
70	ŻURAŃSKI DARIUSZ	428	WIKING KOSZALIN	KOSZALIN	POL	M40-49	70	M 238	00:10:58	00:22:07	00:34:02	00:35:12.75	6:38	9

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	KRZEWIŃSKA MAŁGORZATA	180	TKKF KOSZALIN	KOSZALIN	POL	K50-59	1	K 13	00:07:56	00:16:00	00:23:59	00:24:44.15	4:40	12.8
2	BOGACKA LUCYNA	38	TKKF KOSZALIN	KOSZALIN	POL	K50-59	2	K 20	00:08:14	00:16:44	00:25:21	00:26:12.80	4:56	12.1
3	DĄBROWSKA ALICJA	67	TKKF KOSZALIN	SIANÓW	POL	K50-59	3	K 31	00:09:01	00:18:03	00:26:47	00:27:35.55	5:12	11.5
4	KONKEL JOANNA	157	MKS 'ŚWIĘC SŁAWNO'	SŁAWNO	POL	K50-59	4	K 32	00:09:03	00:17:59	00:26:50	00:27:43.25	5:13	11.5
5	BROMIŃSKA WIESŁAWA	44	BIEGNIJMY.PL	KOSZALIN	POL	K50-59	5	K 56	00:09:42	00:19:26	00:29:16	00:30:16.00	5:42	10.5
6	KOSIŃSKA MAŁGORZATA	163		SZCZECIN	POL	K50-59	6	K 61	00:10:00	00:20:02	00:29:59	00:31:00.90	5:50	10.3
7	BUDZYŃSKA ELŻBIETA	438		SŁUPSK	POL	K50-59	7	K 62	00:09:38	00:19:51	00:30:03	00:31:03.75	5:51	10.2
8	MARSCHAŁKOWSKA DOROTA	206	TKKF KOSZALIN	KOSZALIN	POL	K50-59	8	K 69	00:10:12	00:20:44	00:31:13	00:32:14.30	6:04	9.9
9	MYSZKOWSKA GRAŻYNA	225	NIGHT RUNNERSSŁUPSK	SŁUPSK	POL	K50-59	9	K 71	00:09:36	00:20:13	00:31:13	00:32:18.45	6:05	9.8
10	KOZŁOWIECKA MAŁGORZATA	168	TKKF KOSZALIN	KOSZALIN	POL	K50-59	10	K 78	00:10:44	00:22:17	00:33:50	00:34:50.70	6:34	9.1
11	RAMA EWA	268		KOŁOBRZEG	POL	K50-59	11	K 79	00:11:35	00:22:50	00:34:03	00:34:57.25	6:35	9.1

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	KULCZYK JERZY	435		TYCHOWO	POL	M50-59	1	M 6	00:06:07	00:12:29	00:18:44	00:19:20.45	3:39	16.4
2	GRZESIK EUGENIUSZ	102	TKKF KOSZALIN	KOSZALIN	POL	M50-59	2	M 22	00:06:33	00:13:22	00:20:08	00:20:47.55	3:55	15.3
3	SZAMREJ WOJCIECH	306		KOSZALIN	POL	M50-59	3	M 30	00:06:37	00:13:34	00:20:32	00:21:17.30	4:00	14.9
4	CHAJNOWSKI JAROSŁAW	48	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M50-59	4	M 49	00:07:34	00:15:01	00:22:07	00:22:47.70	4:18	13.9
5	ADAMCZAK ANDRZEJ	26	TRIATHLON KOSZALIN LABO SPORT	KOSZALIN	POL	M50-59	5	M 56	00:07:34	00:15:02	00:22:22	00:23:06.60	4:21	13.8
6	RUTKOWSKI RYSZARD	282	RUTKOWSKI TEAM	SIANÓW	POL	M50-59	6	M 58	00:07:18	00:14:55	00:22:28	00:23:10.85	4:22	13.7
7	NIEMCZUK DARIUSZ	233	JAMNO	KOSZALIN	POL	M50-59	7	M 65	00:07:36	00:15:05	00:22:46	00:23:27.20	4:25	13.6
8	KISIELIŃSKI IGOR	149		KOSZALIN	POL	M50-59	8	M 84	00:07:47	00:15:44	00:23:19	00:24:08.50	4:33	13.2
9	KUBIŃSKI RAFAŁ	184	NIGHT RUNNERS SŁUPSK	SŁUPSK	POL	M50-59	9	M 85	00:07:34	00:15:23	00:23:22	00:24:11.30	4:33	13.1
10	CHWALEBA JAN	55		KOSZALIN	POL	M50-59	10	M 88	00:07:38	00:15:28	00:23:30	00:24:16.30	4:34	13.1
11	KRUPIŃSKI KRZYSZTOF	178	E-UROLOG	KOSZALIN	POL	M50-59	11	M 91	00:07:59	00:15:47	00:23:28	00:24:18.15	4:35	13.1
12	PEŁKA JANUSZ	254		KOSZALIN	POL	M50-59	12	M 123	00:07:47	00:16:23	00:24:29	00:25:12.45	4:45	12.6
13	JANUSZEWSKI JACEK	124	17 WOG KOSZALIN	KOSZALIN	POL	M50-59	13	M 129	00:08:07	00:16:23	00:24:39	00:25:26.05	4:47	12.5
14	ŚWIETLIK TOMASZ	320		KOSZALIN	POL	M50-59	14	M 136	00:08:04	00:16:17	00:24:53	00:25:39.35	4:50	12.4
15	CHUDZIK ZBIGNIEW	54	TKKF KOSZALIN	KOSZALIN	POL	M50-59	15	M 139	00:08:20	00:16:39	00:24:58	00:25:45.40	4:51	12.3
16	SKOWYRSKI JANUSZ	289	TKKF KOSZALIN	BIESIEKIERZ	POL	M50-59	16	M 155	00:08:01	00:16:34	00:25:22	00:26:17.30	4:57	12.1
17	SZULC MAREK	313		BIALOGARD	POL	M50-59	17	M 158	00:08:42	00:17:08	00:25:31	00:26:22.15	4:58	12.1
18	MEGIER WOJTEK	212		KOSZALIN	POL	M50-59	18	M 162	00:08:25	00:17:07	00:25:43	00:26:35.55	5:00	12
19	NIWIŃSKI GRZEGORZ	234	K.B. TUPOT USTKA	USTKA	POL	M50-59	19	M 178	00:08:52	00:17:42	00:26:36	00:27:30.15	5:11	11.6
20	WILIŃSKI MAREK	349	K. B SPRINT ŚWIDWIN	ŚWIDWIN	POL	M50-59	20	M 182	00:08:55	00:17:51	00:26:42	00:27:34.65	5:12	11.5
21	MRUGALSKI STANISŁAW	223		MIASTKO	POL	M50-59	21	M 199	00:09:11	00:18:27	00:27:38	00:28:39.05	5:24	11.1
22	KRAWCZYK BOHDAN	176		KOSZALIN	POL	M50-59	22	M 204	00:10:09	00:19:30	00:28:09	00:29:07.30	5:29	10.9
23	KLENIEWICZ PIOTR	440		KOSZALIN	POL	M50-59	23	M 207	00:08:52	00:18:20	00:28:13	00:29:10.80	5:30	10.9
24	WOLAŃSKI MARIUSZ	414		KOŁOBRZEG	POL	M50-59	24	M 209	00:09:39	00:19:07	00:28:16	00:29:13.65	5:30	10.9
25	CZERSKI PIOTR	61		KOSZALIN	POL	M50-59	25	M 214	00:10:07	00:19:43	00:28:40	00:29:31.15	5:34	10.8
26	SIKORSKI WITOLD	287	KB RUN 42	ROSNOWO	POL	M50-59	26	M 226	00:09:25	00:18:48	00:29:16	00:30:50.05	5:49	10.3
27	LEWEK MACIEJ	194	PRZYJACIELE Z RADZYN	POZNAŃ	POL	M50-59	27	M 232	00:09:25	00:20:24	00:31:20	00:32:22.60	6:06	9.8
28	KĘPIŃSKI JAN	146		DOBRE	POL	M50-59	28	M 242	00:12:00	00:26:14	00:40:20	00:41:33.65	7:50	7.7

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, K60+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	STRZELECKA-DRAGUN HALINA	303	NIEZRZESZONA	SŁUPSK	POL	K60+	1	K 48	00:09:40	00:19:15	00:28:45	00:29:38.25	5:35	10.7
2	KUBIAK MARIA	181		RUMIA	POL	K60+	2	K 63	00:10:04	00:20:14	00:30:23	00:31:21.85	5:55	10.1
3	RATAJCZYK GRAŻYNA	269		SŁUPSK	POL	K60+	3	K 73	00:10:35	00:21:07	00:31:36	00:32:33.55	6:08	9.8
4	STASZYŃSKA MARIANNA	297	BTC'ORZEŁ,,	BIAŁOGARD	POL	K60+	4	K 74	00:10:14	00:20:51	00:31:45	00:32:51.25	6:11	9.7
5	SOLAK HALINA	292	ŚWIAT PŁYTEK U KRYSPINA	BYTÓW	POL	K60+	5	K 98	00:12:37	00:26:00	00:40:06	00:41:18.95	7:47	7.7

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M60-69

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	CHUDY HENRYK	53	K S OLSZEWSKI I SYNOWIE	SŁAWSKO	POL	M60-69	1	M 32	00:06:44	00:13:45	00:20:48	00:21:32.05	4:03	14.8
2	KUBIAK ANDRZEJ	182		RUMIA	POL	M60-69	2	M 104	00:07:52	00:15:54	00:24:00	00:24:43.75	4:40	12.9
3	JUSZCZAK KRZYSZTOF	132		KOSZALIN	POL	M60-69	3	M 144	00:08:22	00:16:33	00:25:04	00:25:57.25	4:53	12.3
4	RUDZIŃSKI BRONISŁAW	281		KOSZALIN	POL	M60-69	4	M 148	00:08:13	00:16:41	00:25:07	00:26:02.55	4:54	12.2
5	OSOBNIAK RYSZARD	241	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M60-69	5	M 156	00:08:25	00:17:01	00:25:28	00:26:17.30	4:57	12.1
6	KOZŁOWIECKI WALDEMAR	169	TKKF KOSZALIN	KOSZALIN	POL	M60-69	6	M 160	00:08:29	00:17:02	00:25:33	00:26:27.15	4:59	12
7	JURA KAZIMIERZ	131	MTS HAMER	MIASTKO	POL	M60-69	7	M 184	00:08:49	00:17:48	00:26:55	00:27:47.20	5:14	11.4
8	KARNICKI ZYGMUNT	142	TKKF KOSZALIN	KOSZALIN	POL	M60-69	8	M 194	00:08:37	00:17:53	00:27:13	00:28:06.00	5:18	11.3
9	HELLER ZDZISŁAW	108	NIEZRZESZONY	KOSZALIN	POL	M60-69	9	M 195	00:08:56	00:18:02	00:27:19	00:28:12.35	5:19	11.3
10	PAULIŃSKI JAN	249	JAMNO	KOSZALIN	POL	M60-69	10	M 224	00:09:06	00:18:57	00:29:14	00:30:36.75	5:46	10.4
11	PASEK JAN	248		ŚWIESZYNO	POL	M60-69	11	M 237	00:10:18	00:21:49	00:33:37	00:34:37.35	6:31	9.2
12	PANKOWIECKI ROMAN	226		SŁUPSK	POL	M60-69	12	M 239	00:10:05	00:21:57	00:34:22	00:35:33.85	6:42	8.9
13	HAUSMAN ANDRZEJ	107	KSR ROWERIA	KOSZALIN	POL	M60-69	13	M 240	00:10:24	00:22:48	00:35:17	00:36:32.70	6:53	8.7
14	WALENTOWICZ IRENEUSZ	443		KOSZALIN	POL	M60-69	14	M 244	00:16:21	00:34:35	00:53:36	00:57:04.20	10:46	5.6

VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM, M70+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	3.4km	5.1km	Netto	min/km	km/h
1	WYGANOWSKI ANDRZEJ	427	WYGAN KOŁOBRZEG	KOŁOBRZEG	POL	M70+	1	M 119	00:08:07	00:16:26	00:24:19	00:25:06.15	4:44	12.7
2	GŁOWACKI WŁODZIMIERZ	90		KOSZALIN	POL	M70+	2	M 190	00:08:29	00:17:44	00:27:03	00:27:58.40	5:16	11.4
3	BARTNIK MARIAN	29	TKKF KOSZALIN	KOSZALIN	POL	M70+	3	M 243	00:13:07	00:27:06	00:41:57	00:43:25.85	8:11	7.3