

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM

Organizator: PFWN
 Data: 2017-09-23
 Miejsce: Wrocław
 Dystans: 10 km
 Klasyfikacja wg czasów netto.



WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	SOBCHYK TOMASZ	602	TEAM LUKS ŻÓRAWINA - WROCŁAW	WROCŁAW	POL	M40-49	1	M 1	00:08:52	00:17:56	00:27:05	00:36:01.30	3:36	16.7
2	BORZYŃSKI MATEUSZ	499		WROCŁAW	POL	M30-39	1	M 2	00:09:26	00:18:39	00:28:03	00:37:18.90	3:43	16.1
3	GIDEL WITOLD	628	FOTOTRIO.PL	BRZEG DOLNY	POL	M50-59	1	M 3	00:09:31	00:19:14	00:29:06	00:38:51.85	3:53	15.4
4	CZERSKI MARIAN	403		WROCŁAW	POL	M60-69	1	M 4	00:09:39	00:19:27	00:29:14	00:39:00.40	3:54	15.4
5	GRONDYS PAWEŁ	629		WROCŁAW	POL	M30-39	2	M 5	00:09:37	00:19:30	00:29:23	00:39:08.95	3:54	15.3
6	RZECZKOWSKI DARIUSZ	667	#SOBASTEAM/PRO RUN WROCŁAW	WROCŁAW	POL	M40-49	2	M 6	00:09:40	00:19:31	00:29:23	00:39:15.15	3:55	15.3
7	CHODOR MARIUSZ	405	ŚLĘZAK TEAM	WROCŁAW	POL	M30-39	3	M 7	00:09:39	00:19:28	00:29:34	00:39:43.45	3:58	15.1
8	MARTOWSKI MACIEJ	654	EUROPA UBEZPIECZENIA	WROCŁAW	POL	M40-49	3	M 8	00:09:38	00:19:45	00:30:03	00:40:03.35	4:00	15
9	HUTYRA MARCIN	434		WROCŁAW	POL	M30-39	4	M 9	00:09:47	00:20:03	00:30:30	00:40:44.65	4:04	14.7
10	MADZIAŁA OSKAR	650		WROCŁAW	POL	M18-29	1	M 10	00:09:56	00:20:12	00:30:49	00:40:44.95	4:04	14.7
11	SZPAK MAREK	675	OIRP WROCŁAW	LESZNO	POL	M18-29	2	M 11	00:09:36	00:19:51	00:31:00	00:41:28.10	4:08	14.5
12	PODWÓRNY JAN	664	ZIK.PL / TRENUJZNAM.PL	WROCŁAW	POL	M40-49	4	M 12	00:09:49	00:20:05	00:30:51	00:41:44.35	4:10	14.4
13	ŁOZIŃSKI WOJCIECH	648	ULTRA SPEED KWEZAL	OLEŚNICA	POL	M30-39	5	M 13	00:09:56	00:20:31	00:31:11	00:41:49.75	4:11	14.3
14	KALICIŃSKA MONIKA	427		WROCŁAW	POL	K18-29	1	K 1	00:09:55	00:20:15	00:31:02	00:42:06.00	4:12	14.3
15	SOLTYS JACEK	671		RADWANICE	POL	M50-59	2	M 14	00:10:09	00:20:47	00:31:39	00:42:17.95	4:13	14.2
16	CZECHOWSKI PAWEŁ	620		WROCŁAW	POL	M30-39	6	M 15	00:10:12	00:20:51	00:31:42	00:42:23.45	4:14	14.2
17	KĘDZIEŃSKI JAKUB	638		WROCŁAW	POL	M18-29	3	M 16	00:10:10	00:21:00	00:31:56	00:42:31.45	4:15	14.1
18	RESPONDEK DARIUSZ	666		WROCŁAW	POL	M40-49	5	M 17	00:10:47	00:21:39	00:32:22	00:42:43.30	4:16	14
19	ZBYRYT MAREK	688	UKS LUDWIKOWICE	NOWA RUDA	POL	M50-59	3	M 18	00:10:18	00:21:02	00:32:01	00:42:55.65	4:17	14
20	GRZEGORCZYK WOJCIECH	630		WROCŁAW	POL	M30-39	7	M 19	00:10:17	00:21:15	00:32:14	00:42:58.35	4:17	14
21	BAŁKA JACEK	606	FOREST GUMP REVENGE	WROCŁAW	POL	M30-39	8	M 20	00:10:33	00:21:20	00:32:18	00:43:00.10	4:18	14
22	DĄBROWSKI MARIUSZ	622		WROCŁAW	POL	M40-49	6	M 21	00:10:28	00:21:40	00:32:50	00:43:45.20	4:22	13.7
23	CHROSTOWSKI ADAM	617		WROCŁAW	POL	M18-29	4	M 22	00:10:18	00:21:28	00:33:01	00:43:53.50	4:23	13.7
24	JABŁOŃSKI SEBASTIAN	632	POSITIV VIBRATION	WROCŁAW	POL	M30-39	9	M 23	00:10:56	00:22:09	00:33:08	00:43:53.70	4:23	13.7
25	ADAMSKA JOANNA	601	MOS WROCŁAW	WROCŁAW	POL	K18-29	2	K 2	00:10:29	00:21:36	00:32:55	00:44:19.75	4:26	13.5
26	WIACEK MAREK	681	TEAM LUKS ŻÓRAWINA - WROCŁAW	WROCŁAW	POL	M50-59	4	M 24	00:10:22	00:21:39	00:33:05	00:44:37.25	4:27	13.4
27	BAŃKA PIOTR	608		WROCŁAW	POL	M18-29	5	M 25	00:10:27	00:21:39	00:33:34	00:45:00.50	4:30	13.3
28	NIEZGÓDKA PRZEMYSŁAW	660	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	M30-39	10	M 26	00:10:32	00:22:05	00:33:48	00:45:08.70	4:30	13.3
29	BRODA DOMINIK	611	POSITIV VIBRATION	WROCŁAW	POL	M30-39	11	M 27	00:11:15	00:22:44	00:34:12	00:45:21.70	4:32	13.2
30	SYNOWIEC ADAM	673	KB SUKCES ŻMIGRÓD	ŻMIGRÓD	POL	M40-49	7	M 28	00:11:01	00:22:21	00:34:03	00:45:24.60	4:32	13.2
31	BAGIŃSKI ŁUKASZ	605	GRUPA BIEGOWA ANZELM	WROCŁAW	POL	M30-39	12	M 29	00:10:45	00:22:15	00:33:53	00:45:26.00	4:32	13.2
32	KURAL ŁUKASZ	644	POLMERUN	WROCŁAW	POL	M18-29	6	M 30	00:10:55	00:22:28	00:34:12	00:45:32.10	4:33	13.2
33	WALUSKIEWICZ ARTUR	679		WROCŁAW	POL	M50-59	5	M 31	00:10:47	00:22:33	00:34:21	00:46:09.65	4:36	13
34	LECHOWSKI JAN	645	VOLVO POLSKA	JELCZ-LASKOWICE	POL	M50-59	6	M 32	00:11:13	00:22:50	00:34:36	00:46:33.45	4:39	12.9
35	ADAMSKI RAFAŁ	603		WROCŁAW	POL	M40-49	8	M 33	00:11:26	00:23:20	00:35:13	00:47:08.20	4:42	12.7
36	GAZDULSKI KRZYSZTOF	626		TORUŃ	POL	M40-49	9	M 34	00:11:26	00:23:42	00:36:04	00:47:29.55	4:44	12.6
37	PASTUSZEŃKO EWA	661		WAŁBRZYCH	POL	K40-49	1	K 3	00:11:50	00:23:40	00:35:38	00:47:30.10	4:45	12.6
38	WOROCZ ROMAN	687	KS METRACO POLKOWICE	DOPIEWO	POL	M50-59	7	M 35	00:11:33	00:23:28	00:35:30	00:47:40.05	4:46	12.6
39	CHOMA KATARZYNA	614	ZORKA JEŁONKI RUNNING TEAM	JELENIA GÓRA	POL	K30-39	1	K 4	00:11:25	00:23:20	00:35:35	00:47:44.00	4:46	12.6
40	BIAŻEK ANETA	692	WKB PIAST WROCŁAW	WROCŁAW	POL	K30-39	2	K 5	00:11:47	00:23:49	00:35:50	00:47:55.40	4:47	12.5
41	JĘDRZEJEWSKI ZBIGNIEW	433		WROCŁAW	POL	M50-59	8	M 36	00:11:43	00:23:39	00:35:56	00:47:59.40	4:47	12.5
42	FABJAŃSKI AUGUSTYN	498		WROCŁAW	POL	M60-69	2	M 37	00:11:42	00:23:48	00:36:10	00:48:02.95	4:48	12.5
43	WARWAS ARTUR	680	WKB PIAST WROCŁAW	WROCŁAW	POL	M50-59	9	M 38	00:11:28	00:23:27	00:35:44	00:48:05.15	4:48	12.5
44	ŁOPUSIEWICZ JANUSZ	432		WROCŁAW	POL	M30-39	13	M 39	00:12:42	00:24:58	00:36:53	00:48:10.65	4:49	12.5
45	DRELIKOWSKI DANIEL	624	MEBLE ITP	WROCŁAW	POL	M40-49	10	M 40	00:11:47	00:24:01	00:36:20	00:48:41.25	4:52	12.3
46	CYTAWA ARKADIUSZ	435		WROCŁAW	POL	M40-49	11	M 41	00:11:11	00:23:15	00:35:53	00:48:55.30	4:53	12.3

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
47	SOKOŁOWSKI KRZYSZTOF	670	KLUB BIEGACZA SANTANDERA	WROCŁAW	POL	M40-49	12	M 42	00:12:04	00:24:43	00:37:13	00:49:25.20	4:56	12.1
48	PIERZCHAŁA MONIKA	663		SZCZYTNA	POL	K40-49	2	K 6	00:11:44	00:24:17	00:37:02	00:49:49.90	4:59	12
49	MARTOWSKA BARBARA	653		WROCŁAW	POL	K30-39	3	K 7	00:12:18	00:24:47	00:37:22	00:49:53.55	4:59	12
50	CHMIELEWSKI PAWEŁ	613	RODZINA NA PIĄTKĘ	KAMIENNA	POL	M40-49	13	M 43	00:11:34	00:24:20	00:37:20	00:50:04.85	5:00	12
51	MINKOWSKI KAMIL	657		WROCŁAW	POL	M18-29	7	M 44	00:12:18	00:24:48	00:37:43	00:50:23.25	5:02	11.9
52	CZYŻYKOWSKI PATRYK	621		WROCŁAW	POL	M18-29	8	M 45	00:10:58	00:24:10	00:37:32	00:50:37.95	5:03	11.8
53	SIENKIEWICZ ARKADIUSZ	669		WROCŁAW	POL	M40-49	14	M 46	00:12:35	00:25:24	00:38:16	00:50:45.80	5:04	11.8
54	TUISKULA TOM	677		WROCŁAW	POL	M30-39	14	M 47	00:11:44	00:24:09	00:37:33	00:51:00.25	5:06	11.8
55	BANDURA DOROTA	607		READING	GBR	K60-69	1	K 8	00:12:20	00:24:56	00:37:52	00:51:00.80	5:06	11.8
56	FIJARCZYK TOMASZ	691		WROCŁAW	POL	M30-39	15	M 48	00:12:41	00:25:26	00:38:17	00:51:08.05	5:06	11.7
57	SZYMAŃSKI PAWEŁ	445		BRZEG DOLNY	POL	M18-29	9	M 49	00:13:21	00:26:12	00:38:54	00:51:11.20	5:07	11.7
58	LEWANDOWSKI TADEUSZ	436	WKB PIAST WROCŁAW	WROCŁAW	POL	M60-69	3	M 50	00:12:57	00:25:52	00:38:52	00:51:45.30	5:10	11.6
59	WAWRZYNIAK LEON	438	MARATON OSTRÓW	OSTRÓW WLKP	POL	M70+	1	M 51	00:12:40	00:25:52	00:38:53	00:51:54.90	5:11	11.6
60	JÓZEFIAK DARIUSZ	634	SANTANDER CONSUMER BANK	WROCŁAW	POL	M40-49	15	M 52	00:12:31	00:25:18	00:38:37	00:52:19.30	5:13	11.5
61	WESOŁOWSKI ARTUR	497		WROCŁAW	POL	M30-39	16	M 53	00:12:25	00:25:51	00:39:06	00:52:37.30	5:15	11.4
62	STANIEWSKI EUGENIUSZ	431		ZGORZELEC	POL	M60-69	4	M 54	00:13:03	00:26:13	00:39:28	00:52:47.75	5:16	11.4
63	BIOŁY MAŁGORZATA	610	WROCLAW MARATON TEAM	MIRKÓW	POL	K40-49	3	K 9	00:12:34	00:25:54	00:39:28	00:52:50.75	5:17	11.4
64	KALISKI PIOTR	636		WROCŁAW	POL	M40-49	16	M 55	00:13:41	00:27:26	00:40:55	00:53:32.70	5:21	11.2
65	PORĘBSKI TOMASZ	665		WROCŁAW	POL	M18-29	10	M 56	00:13:40	00:27:27	00:40:55	00:54:05.95	5:24	11.1
66	DIBELKA URSZULA	446		WROCŁAW	POL	K40-49	4	K 10	00:13:46	00:27:26	00:41:23	00:54:48.25	5:28	10.9
67	ZIĘBA WOJCIECH	689		WROCŁAW	POL	M30-39	17	M 57	00:13:37	00:27:24	00:41:32	00:55:30.45	5:33	10.8
68	DOLIŃSKI TOMASZ	623	TOMASZ DOLIŃSKI	WROCŁAW	POL	M50-59	10	M 58	00:14:15	00:28:19	00:42:11	00:55:36.35	5:33	10.8
69	WITTENBECK PATRYCJA	684	WROCLAW MARATHON TEAM	WROCŁAW	POL	K18-29	3	K 11	00:13:51	00:27:43	00:41:45	00:55:58.05	5:35	10.7
70	KAWOŃ ANDRZEJ	637		NAMYSŁÓW	POL	M60-69	5	M 59	00:13:36	00:27:51	00:42:19	00:56:31.40	5:39	10.6
71	KWIATKOWSKA MARTA	500		WROCŁAW	POL	K30-39	4	K 12	00:13:19	00:27:44	00:42:28	00:56:57.45	5:41	10.5
72	JANKOWSKA AGNIESZKA	694		WROCŁAW	POL	K18-29	4	K 13	00:13:29	00:27:44	00:42:29	00:57:01.85	5:42	10.5
73	DRUŻYŁOWSKA EWA	693	PRO-RUN WROCŁAW	WROCŁAW	POL	K50-59	1	K 14	00:13:49	00:28:03	00:42:39	00:57:21.35	5:44	10.5
74	MALINOWSKA MAGDALENA	652		WROCŁAW	POL	K50-59	2	K 15	00:14:00	00:28:55	00:43:25	00:57:48.70	5:46	10.4
75	WILCZYŃSKA ANNA	683		WROCŁAW	POL	K30-39	5	K 16	00:14:03	00:28:50	00:44:00	00:59:03.40	5:54	10.2
76	ŁAPTUCH-MALINOWSKA URSZULA	647		WROCŁAW	POL	K30-39	6	K 17	00:14:04	00:28:51	00:44:03	00:59:03.85	5:54	10.2
77	ALEKSANDROWICZ KRZYSZTOF	604	FIZJO RUNNERS UMED WROCŁAW	WROCŁAW	POL	M50-59	11	M 60	00:15:09	00:29:22	00:44:01	00:59:14.70	5:55	10.1
78	CHRYPLEWICZ ANITA	618		WROCŁAW	POL	K30-39	7	K 18	00:14:36	00:29:55	00:45:00	00:59:36.90	5:57	10.1
79	WAWRZYNIAK SŁAWOMIR	437		OSTRÓW WLKP	POL	M40-49	17	M 61	00:14:33	00:29:55	00:45:03	00:59:40.95	5:58	10.1
80	JAKIMIUK DOROTA	633		WROCŁAW	POL	K18-29	5	K 19	00:15:15	00:30:35	00:45:51	01:01:09.35	6:06	9.8
81	KOZAKIEWICZ MARZENA	641	KLUB BOBIKA	WROCŁAW	POL	K30-39	8	K 20	00:14:05	00:29:26	00:45:37	01:01:34.65	6:09	9.7
82	MIRSKI MICHAŁ	658		WROCŁAW	POL	M18-29	11	M 62	00:13:25	00:28:57	00:45:07	01:01:37.25	6:09	9.7
83	WOJEWÓDZKA KATARZYNA	686		WROCŁAW	POL	K40-49	5	K 21	00:15:27	00:31:13	00:46:41	01:02:04.30	6:12	9.7
84	LESZKIEWICZ IWONA	646	WROCLAW MARATHON TEAM	WROCŁAW	POL	K40-49	6	K 22	00:15:07	00:30:35	00:46:17	01:02:29.50	6:15	9.6
85	KRUCZKIEWICZ MATEUSZ	643	KRUKI	WROCŁAW	POL	M30-39	18	M 63	00:14:54	00:30:18	00:46:12	01:02:34.75	6:15	9.6
86	SZYDA JACEK	676		WROCŁAW	POL	M40-49	18	M 64	00:15:35	00:31:51	00:48:12	01:03:59.10	6:24	9.4
87	MAZUR DARIUSZ	655		WROCŁAW	POL	M30-39	19	M 65	00:15:21	00:31:24	00:47:41	01:04:03.90	6:24	9.4
88	ZARYCKA ANNA	428		WROCŁAW	POL	K30-39	9	K 23	00:15:13	00:31:19	00:47:41	01:04:16.45	6:25	9.3
89	GIDEL HALINA	627	FOTOTRIO.PL	BRZEG DOLNY	POL	K50-59	3	K 24	00:15:22	00:31:20	00:47:56	01:04:44.10	6:28	9.3
90	MOŹDŻEŃ BARBARA	659	NIEZRZESZONA	GNIEZNO	POL	K50-59	4	K 25	00:15:38	00:33:37	00:51:52	01:10:02.75	7:00	8.6
	MĘTEL SANDRA	656		WILKÓW	POL	K18-29			00:12:25	00:25:59	00:39:22	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	WIKTORSKI MIESZKO	682	TRENUJZNAMI.PL	WROCŁAW	POL	M30-39			00:09:29	00:19:57	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	ALEKSANDROWICZ MARCIN	449		WROCŁAW	POL	M18-29			00:15:06	DNF	DNF	DNF	-	-
									DNF	DNF	DNF	DNF	-	-
	JĘDREK KRZYSZTOF	699		WROCŁAW	POL	M18-29			DNF	DNF	DNF	DNF	-	-
	MACIEJEWSKI MATEUSZ	698		WROCŁAW	POL	M18-29			DNF	DNF	DNF	DNF	-	-
	ŁOŚ MATEUSZ	697		WROCŁAW	POL	M18-29			DNF	DNF	DNF	DNF	-	-
	BARAN MARTYNA	696		WROCŁAW	POL	K18-29			DNF	DNF	DNF	DNF	-	-
	FILIPEK AGNIESZKA	625	KLUB BOBIKA	WROCŁAW	POL	K30-39			DNF	DNF	DNF	DNF	-	-

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, K18-29

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1	KALICIŃSKA MONIKA	427		WROCŁAW	POL	K18-29	1	K 1	00:09:55	00:20:15	00:31:02	00:42:06.00	4:12	14.3
2	ADAMSKA JOANNA	601	MOS WROCŁAW	WROCŁAW	POL	K18-29	2	K 2	00:10:29	00:21:36	00:32:55	00:44:19.75	4:26	13.5
3	WITTENBECK PATRYCJA	684	WROCLAW MARATHON TEAM	WROCŁAW	POL	K18-29	3	K 11	00:13:51	00:27:43	00:41:45	00:55:58.05	5:35	10.7
4	JANKOWSKA AGNIESZKA	694		WROCŁAW	POL	K18-29	4	K 13	00:13:29	00:27:44	00:42:29	00:57:01.85	5:42	10.5
5	JAKIMIUK DOROTA	633		WROCŁAW	POL	K18-29	5	K 19	00:15:15	00:30:35	00:45:51	01:01:09.35	6:06	9.8
	MĘTEL SANDRA	656		WILKÓW	POL	K18-29			00:12:25	00:25:59	00:39:22	DNF	-	-
									DNF	DNF	DNF			
	BARAN MARTYNA	696		WROCŁAW	POL	K18-29			DNF	DNF	DNF	DNF	-	-

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, M18-29

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	MADZIAŁA OSKAR	650		WROCŁAW	POL	M18-29	1	M 10	00:09:56	00:20:12	00:30:49	00:40:44.95	4:04	14.7
2	SZPAK MAREK	675	OIRP WROCŁAW	LESZNO	POL	M18-29	2	M 11	00:09:36	00:19:51	00:31:00	00:41:28.10	4:08	14.5
3	KĘDZIERSKI JAKUB	638		WROCŁAW	POL	M18-29	3	M 16	00:10:10	00:21:00	00:31:56	00:42:31.45	4:15	14.1
4	CHROSTOWSKI. ADAM	617		WROCŁAW	POL	M18-29	4	M 22	00:10:18	00:21:28	00:33:01	00:43:53.50	4:23	13.7
5	BAŃKA PIOTR	608		WROCŁAW	POL	M18-29	5	M 25	00:10:27	00:21:39	00:33:34	00:45:00.50	4:30	13.3
6	KURAL ŁUKASZ	644	POLMERUN	WROCŁAW	POL	M18-29	6	M 30	00:10:55	00:22:28	00:34:12	00:45:32.10	4:33	13.2
7	MINKOWSKI KAMIL	657		WROCŁAW	POL	M18-29	7	M 44	00:12:18	00:24:48	00:37:43	00:50:23.25	5:02	11.9
8	CZYŻYKOWSKI PATRYK	621		WROCŁAW	POL	M18-29	8	M 45	00:10:58	00:24:10	00:37:32	00:50:37.95	5:03	11.8
9	SZYMAŃSKI PAWEŁ	445		BRZEG DOLNY	POL	M18-29	9	M 49	00:13:21	00:26:12	00:38:54	00:51:11.20	5:07	11.7
10	PORĘBSKI TOMASZ	665		WROCŁAW	POL	M18-29	10	M 56	00:13:40	00:27:27	00:40:55	00:54:05.95	5:24	11.1
11	MIRSKI MICHAŁ	658		WROCŁAW	POL	M18-29	11	M 62	00:13:25	00:28:57	00:45:07	01:01:37.25	6:09	9.7
	ALEKSANDROWICZ MARCIN	449		WROCŁAW	POL	M18-29			00:15:06	DNF	DNF	DNF	-	-
									DNF					
	JĘDREK KRZYSZTOF	699		WROCŁAW	POL	M18-29			DNF	DNF	DNF	DNF	-	-
	MACIEJEWSKI MATEUSZ	698		WROCŁAW	POL	M18-29			DNF	DNF	DNF	DNF	-	-
	ŁOŚ MATEUSZ	697		WROCŁAW	POL	M18-29			DNF	DNF	DNF	DNF	-	-

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, K30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	CHOMA KATARZYNA	614	ZORKA JELONKI RUNNING TEAM	JELENIA GÓRA	POL	K30-39	1	K 4	00:11:25	00:23:20	00:35:35	00:47:44.00	4:46	12.6
2	BIAZIK ANETA	692	WKB PIAST WROCŁAW	WROCŁAW	POL	K30-39	2	K 5	00:11:47	00:23:49	00:35:50	00:47:55.40	4:47	12.5
3	MARTOWSKA BARBARA	653		WROCŁAW	POL	K30-39	3	K 7	00:12:18	00:24:47	00:37:22	00:49:53.55	4:59	12
4	KWIATKOWSKA MARTA	500		WROCŁAW	POL	K30-39	4	K 12	00:13:19	00:27:44	00:42:28	00:56:57.45	5:41	10.5
5	WILCZYŃSKA ANNA	683		WROCŁAW	POL	K30-39	5	K 16	00:14:03	00:28:50	00:44:00	00:59:03.40	5:54	10.2
6	ŁAPTUCH-MALINOWSKA URSZULA	647		WROCŁAW	POL	K30-39	6	K 17	00:14:04	00:28:51	00:44:03	00:59:03.85	5:54	10.2
7	CHRYPLEWICZ ANITA	618		WROCŁAW	POL	K30-39	7	K 18	00:14:36	00:29:55	00:45:00	00:59:36.90	5:57	10.1
8	KOZAKIEWICZ MARZENA	641	KLUB BOBIKA	WROCŁAW	POL	K30-39	8	K 20	00:14:05	00:29:26	00:45:37	01:01:34.65	6:09	9.7
9	ZARYCKA ANNA	428		WROCŁAW	POL	K30-39	9	K 23	00:15:13	00:31:19	00:47:41	01:04:16.45	6:25	9.3
	FILIPEK AGNIESZKA	625	KLUB BOBIKA	WROCŁAW	POL	K30-39			DNF	DNF	DNF	DNF	-	-

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, M30-39

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	BORZYŃSKI MATEUSZ	499		WROCŁAW	POL	M30-39	1	M 2	00:09:26	00:18:39	00:28:03	00:37:18.90	3:43	16.1
2	GRONDYS PAWEŁ	629		WROCŁAW	POL	M30-39	2	M 5	00:09:37	00:19:30	00:29:23	00:39:08.95	3:54	15.3
3	CHODOR MARIUSZ	405	ŚLĘZAK TEAM	WROCŁAW	POL	M30-39	3	M 7	00:09:39	00:19:28	00:29:34	00:39:43.45	3:58	15.1
4	HUTYRA MARCIN	434		WROCŁAW	POL	M30-39	4	M 9	00:09:47	00:20:03	00:30:30	00:40:44.65	4:04	14.7
5	ŁOZIŃSKI WOJCIECH	648	ULTRA SPEED KWEZAL	OLEŚNICA	POL	M30-39	5	M 13	00:09:56	00:20:31	00:31:11	00:41:49.75	4:11	14.3
6	CZECHOWSKI PAWEŁ	620		WROCŁAW	POL	M30-39	6	M 15	00:10:12	00:20:51	00:31:42	00:42:23.45	4:14	14.2

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, M30-39 c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
7	GRZEGORCZYK WOJCIECH	630		WROCŁAW	POL	M30-39	7	M 19	00:10:17	00:21:15	00:32:14	00:42:58.35	4:17	14
8	BAŁKA JACEK	606	FOREST GUMP REVENGE	WROCŁAW	POL	M30-39	8	M 20	00:10:33	00:21:20	00:32:18	00:43:00.10	4:18	14
9	JABŁOŃSKI SEBASTIAN	632	POSITIV VIBRATION	WROCŁAW	POL	M30-39	9	M 23	00:10:56	00:22:09	00:33:08	00:43:53.70	4:23	13.7
10	NIEZGÓDKA PRZEMYSŁAW	660	NIGHT RUNNERS WROCŁAW	WROCŁAW	POL	M30-39	10	M 26	00:10:32	00:22:05	00:33:48	00:45:08.70	4:30	13.3
11	BRODA DOMINIK	611	POSITIV VIBRATION	WROCŁAW	POL	M30-39	11	M 27	00:11:15	00:22:44	00:34:12	00:45:21.70	4:32	13.2
12	BAGIŃSKI ŁUKASZ	605	GRUPA BIEGOWA ANZELM	WROCŁAW	POL	M30-39	12	M 29	00:10:45	00:22:15	00:33:53	00:45:26.00	4:32	13.2
13	ŁOPUSIEWICZ JANUSZ	432		WROCŁAW	POL	M30-39	13	M 39	00:12:42	00:24:58	00:36:53	00:48:10.65	4:49	12.5
14	TUISKULA TOM	677		WROCŁAW	POL	M30-39	14	M 47	00:11:44	00:24:09	00:37:33	00:51:00.25	5:06	11.8
15	FIJARCZYK TOMASZ	691		WROCŁAW	POL	M30-39	15	M 48	00:12:41	00:25:26	00:38:17	00:51:08.05	5:06	11.7
16	WESOŁOWSKI ARTUR	497		WROCŁAW	POL	M30-39	16	M 53	00:12:25	00:25:51	00:39:06	00:52:37.30	5:15	11.4
17	ZIĘBA WOJCIECH	689		WROCŁAW	POL	M30-39	17	M 57	00:13:37	00:27:24	00:41:32	00:55:30.45	5:33	10.8
18	KRUCZKIEWICZ MATEUSZ	643	KRUKI	WROCŁAW	POL	M30-39	18	M 63	00:14:54	00:30:18	00:46:12	01:02:34.75	6:15	9.6
19	MAZUR DARIUSZ	655		WROCŁAW	POL	M30-39	19	M 65	00:15:21	00:31:24	00:47:41	01:04:03.90	6:24	9.4
	WIKTORSKI MIESZKO	682	TRENUJZNAMI.PL	WROCŁAW	POL	M30-39			00:09:29	00:19:57	DNF	DNF	-	-
									DNF	DNF				

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, K40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	PASTUSZENKO EWA	661		WAŁBRZYCH	POL	K40-49	1	K 3	00:11:50	00:23:40	00:35:38	00:47:30.10	4:45	12.6
2	PIERZCHAŁA MONIKA	663		SZCZYTNA	POL	K40-49	2	K 6	00:11:44	00:24:17	00:37:02	00:49:49.90	4:59	12
3	BIOŁY MAŁGORZATA	610	WROCŁAW MARATON TEAM	MIRKÓW	POL	K40-49	3	K 9	00:12:34	00:25:54	00:39:28	00:52:50.75	5:17	11.4
4	DIBELKA URSZULA	446		WROCŁAW	POL	K40-49	4	K 10	00:13:46	00:27:26	00:41:23	00:54:48.25	5:28	10.9
5	WOJEWÓDZKA KATARZYNA	686		WROCŁAW	POL	K40-49	5	K 21	00:15:27	00:31:13	00:46:41	01:02:04.30	6:12	9.7
6	LESZKIEWICZ IWONA	646	WROCŁAW MARATHON TEAM	WROCŁAW	POL	K40-49	6	K 22	00:15:07	00:30:35	00:46:17	01:02:29.50	6:15	9.6

WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, M40-49

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	SOBCZYK TOMASZ	602	TEAM LUKS ŻÓRAWINA - WROCŁAW	WROCŁAW	POL	M40-49	1	M 1	00:08:52	00:17:56	00:27:05	00:36:01.30	3:36	16.7
2	RZECZKOWSKI DARIUSZ	667	#SOBASTEAM/PRO RUN WROCŁAW	WROCŁAW	POL	M40-49	2	M 6	00:09:40	00:19:31	00:29:23	00:39:15.15	3:55	15.3
3	MARTOWSKI MACIEJ	654	EUROPA UBEZPIECZENIA	WROCŁAW	POL	M40-49	3	M 8	00:09:38	00:19:45	00:30:03	00:40:03.35	4:00	15
4	PODWÓRNY JAN	664	21K.PL / TRENUJZNAMI.PL	WROCŁAW	POL	M40-49	4	M 12	00:09:49	00:20:05	00:30:51	00:41:44.35	4:10	14.4
5	RESPONDEK DARIUSZ	666		WROCŁAW	POL	M40-49	5	M 17	00:10:47	00:21:39	00:32:22	00:42:43.30	4:16	14
6	DĄBROWSKI MARIUSZ	622		WROCŁAW	POL	M40-49	6	M 21	00:10:28	00:21:40	00:32:50	00:43:45.20	4:22	13.7
7	SYNOWIEC ADAM	673	KB SUKCES ŻMIGRÓD	ŻMIGRÓD	POL	M40-49	7	M 28	00:11:01	00:22:21	00:34:03	00:45:24.60	4:32	13.2
8	ADAMSKI RAFAŁ	603		WROCŁAW	POL	M40-49	8	M 33	00:11:26	00:23:20	00:35:13	00:47:08.20	4:42	12.7
9	GAZDULSKI KRZYSZTOF	626		TORUŃ	POL	M40-49	9	M 34	00:11:26	00:23:42	00:36:04	00:47:29.55	4:44	12.6
10	DRELICHOWSKI DANIEL	624	MEBLE ITP	WROCŁAW	POL	M40-49	10	M 40	00:11:47	00:24:01	00:36:20	00:48:41.25	4:52	12.3
11	CYTAWA ARKADIUSZ	435		WROCŁAW	POL	M40-49	11	M 41	00:11:11	00:23:15	00:35:53	00:48:55.30	4:53	12.3
12	SOKOŁOWSKI KRZYSZTOF	670	KLUB BIEGACZA SANTANDERA	WROCŁAW	POL	M40-49	12	M 42	00:12:04	00:24:43	00:37:13	00:49:25.20	4:56	12.1
13	CHMIELEWSKI PAWEŁ	613	RODZINA NA PIĄTKĘ	KAMIENNA	POL	M40-49	13	M 43	00:11:34	00:24:20	00:37:20	00:50:04.85	5:00	12
14	SIENKIEWICZ ARKADIUSZ	669		WROCŁAW	POL	M40-49	14	M 46	00:12:35	00:25:24	00:38:16	00:50:45.80	5:04	11.8
15	JÓZEFIAK DARIUSZ	634	SANTANDER CONSUMER BANK	WROCŁAW	POL	M40-49	15	M 52	00:12:31	00:25:18	00:38:37	00:52:19.30	5:13	11.5
16	KALIŃSKI PIOTR	636		WROCŁAW	POL	M40-49	16	M 55	00:13:41	00:27:26	00:40:55	00:53:32.70	5:21	11.2
17	WAWRZYNIAK SŁAWOMIR	437		OSTRÓW WLKP	POL	M40-49	17	M 61	00:14:33	00:29:55	00:45:03	00:59:40.95	5:58	10.1
18	SZYDA JACEK	676		WROCŁAW	POL	M40-49	18	M 64	00:15:35	00:31:51	00:48:12	01:03:59.10	6:24	9.4

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, K50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	DRUŻYŁOWSKA EWA	693	PRO-RUN WROCLAW	WROCLAW	POL	K50-59	1	K 14	00:13:49	00:28:03	00:42:39	00:57:21.35	5:44	10.5
2	MALINOWSKA MAGDALENA	652		WROCLAW	POL	K50-59	2	K 15	00:14:00	00:28:55	00:43:25	00:57:48.70	5:46	10.4
3	GIDEL HALINA	627	FOTOTRIO.PL	BRZEG DOLNY	POL	K50-59	3	K 24	00:15:22	00:31:20	00:47:56	01:04:44.10	6:28	9.3
4	MOZDŻEN BARBARA	659	NIEZRZESZONA	GNIEZNO	POL	K50-59	4	K 25	00:15:38	00:33:37	00:51:52	01:10:02.75	7:00	8.6

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, M50-59

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	GIDEL WITOLD	628	FOTOTRIO.PL	BRZEG DOLNY	POL	M50-59	1	M 3	00:09:31	00:19:14	00:29:06	00:38:51.85	3:53	15.4
2	SOŁTYS JACEK	671		RADWANICE	POL	M50-59	2	M 14	00:10:09	00:20:47	00:31:39	00:42:17.95	4:13	14.2
3	ZBYRYT MAREK	688	UKS LUDWIKOWICE	NOWA RUDA	POL	M50-59	3	M 18	00:10:18	00:21:02	00:32:01	00:42:55.65	4:17	14
4	WIACEK MAREK	681	TEAM LUKS ŻÓRAWINA - WROCLAW	WROCLAW	POL	M50-59	4	M 24	00:10:22	00:21:39	00:33:05	00:44:37.25	4:27	13.4
5	WALUŚKIEWICZ ARTUR	679		WROCLAW	POL	M50-59	5	M 31	00:10:47	00:22:33	00:34:21	00:46:09.65	4:36	13
6	LECHOWSKI JAN	645	VOLVO POLSKA	JELCZ-LASKOWICE	POL	M50-59	6	M 32	00:11:13	00:22:50	00:34:36	00:46:33.45	4:39	12.9
7	WOROCH ROMAN	687	KS METRACO POLKOWICE	DOPIEWO	POL	M50-59	7	M 35	00:11:33	00:23:28	00:35:30	00:47:40.05	4:46	12.6
8	JĘDRZEJEWSKI ZBIGNIEW	433		WROCLAW	POL	M50-59	8	M 36	00:11:43	00:23:39	00:35:56	00:47:59.40	4:47	12.5
9	WARWAS ARTUR	680	WKB PIAST WROCLAW	WROCLAW	POL	M50-59	9	M 38	00:11:28	00:23:27	00:35:44	00:48:05.15	4:48	12.5
10	DOLIŃSKI TOMASZ	623	TOMASZ DOLIŃSKI	WROCLAW	POL	M50-59	10	M 58	00:14:15	00:28:19	00:42:11	00:55:36.35	5:33	10.8
11	ALEKSANDROWICZ KRZYSZTOF	604	FIZJO RUNNERS UMED WROCLAW	WROCLAW	POL	M50-59	11	M 60	00:15:09	00:29:22	00:44:01	00:59:14.70	5:55	10.1

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, K60-69

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	BANDURA DOROTA	607		READING	GBR	K60-69	1	K 8	00:12:20	00:24:56	00:37:52	00:51:00.80	5:06	11.8

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, M60-69

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	CZERSKI MARIAN	403		WROCLAW	POL	M60-69	1	M 4	00:09:39	00:19:27	00:29:14	00:39:00.40	3:54	15.4
2	FABJAŃSKI AUGUSTYN	498		WROCLAW	POL	M60-69	2	M 37	00:11:42	00:23:48	00:36:10	00:48:02.95	4:48	12.5
3	LEWANDOWSKI TADEUSZ	436	WKB PIAST WROCLAW	WROCLAW	POL	M60-69	3	M 50	00:12:57	00:25:52	00:38:52	00:51:45.30	5:10	11.6
4	STANIEWSKI EUGENIUSZ	431		ZGORZELEC	POL	M60-69	4	M 54	00:13:03	00:26:13	00:39:28	00:52:47.75	5:16	11.4
5	KAWOŃ ANDRZEJ	637		NAMYSŁÓW	POL	M60-69	5	M 59	00:13:36	00:27:51	00:42:19	00:56:31.40	5:39	10.6

WROCLAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM, M70+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.5km	5km	7.5km	Netto	min/km	km/h
1	WAWRZYNIAK LEON	438	MARATON OSTRÓW	OSTRÓW WLKP	POL	M70+	1	M 51	00:12:40	00:25:52	00:38:53	00:51:54.90	5:11	11.6