

LETNIE MILE BIEGOWE - 1/5 - 1 MILA

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-04-25
Miejsce: Koszalin
Dystans: 1.609 km
Klasyfikacja wg czasów brutto.



LETNIE MILE BIEGOWE - 1/5 - 1 MILA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ORZECZOWSKI KAMIL	301	TKKF KOSZALIN	KOSZALIN	POL	M-30	1	M 1	00:00:02	00:01:13	00:02:28	00:03:44	00:04:53.60	00:04:53.60	3:01	19.8
2	GAWRON PIOTR	362	ULKS TALEX BORZYTUCHOM	BOROWY MŁYN	POL	M-18	1	M 2	00:00:02	00:01:13	00:02:28	00:03:48	00:05:09.70	00:05:09.70	3:11	18.8
3	SOSNOWSKI TOMASZ	350	MEDEN-INMED SPORTS TEAM	KOSZALIN	POL	M-18	2	M 3	00:00:03	00:01:14	00:02:35	00:04:08	00:05:32.05	00:05:32.05	3:26	17.5
4	SITOWSKI MARCIN	360	FC RYSIEK	KOSZALIN	POL	M-18	3	M 4	00:00:03	00:01:17	00:02:44	00:04:15	00:05:41.80	00:05:41.80	3:31	17
5	ROKOSZ RADOŚLAW	379	8 KOSZALIŃSKI PUŁK PRZECIWOLOTNICZY	KOSZALIN	POL	M-30	2	M 5	00:00:03	00:01:29	00:03:01	00:04:35	00:05:51.85	00:05:51.85	3:38	16.5
6	ZWOLIŃSKI JAN	306	TKKF KOSZALIN	WIERCISZEWO	POL	M-50	1	M 6	00:00:03	00:01:27	00:02:59	00:04:32	00:05:52.90	00:05:52.90	3:38	16.5
7	SZULC AREK	310		KOSZALIN	POL	M-40	1	M 7	00:00:06	00:01:37	00:03:12	00:04:42	00:06:01.40	00:06:01.40	3:44	16.1
8	KONKEL AGNIESZKA	315		KOSZALIN	POL	K-30	1	K 1	00:00:03	00:01:28	00:02:57	00:04:30	00:06:05.05	00:06:05.05	3:46	15.9
9	MARCINIAK MACIEJ	308	TKKF LUKS TECHNIK POŁCZYN ZDRÓJ	POŁCZYN ZDRÓJ	POL	M-30	3	M 8	00:00:03	00:01:21	00:02:55	00:04:34	00:06:06.30	00:06:06.30	3:47	15.8
10	MOSZYŃSKI JACEK	372	TKKF KOSZALIN	KOSZALIN	POL	M-50	2	M 9	00:00:04	00:01:31	00:03:07	00:04:42	00:06:06.70	00:06:06.70	3:47	15.8
11	IWANIEC DARIUSZ	342	TKKF KOSZALIN	SIERAKOWO	POL	M-40	2	M 10	00:00:04	00:01:34	00:03:11	00:04:40	00:06:07.80	00:06:07.80	3:47	15.8
12	KUŁAKOWSKI DAWID	311	TKKF KOSZALIN	KOSZALIN	POL	M-40	3	M 11	00:00:04	00:01:34	00:03:11	00:04:42	00:06:10.50	00:06:10.50	3:49	15.7
13	MRÓZ DAWID	377		CHOJNICE	POL	M-18	4	M 12	00:00:04	00:01:26	00:03:00	00:04:38	00:06:12.35	00:06:12.35	3:51	15.6
14	JAMNIAK BARTOSZ	345		KOSZALIN	POL	M-30	4	M 13	00:00:03	00:01:30	00:03:05	00:04:41	00:06:14.75	00:06:14.75	3:52	15.5
15	JAROSZ DARIUSZ	363	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	M-40	4	M 14	00:00:04	00:01:36	00:03:13	00:04:50	00:06:18.25	00:06:18.25	3:54	15.3
16	ZACHOLSKI WOJCIECH	348		KOSZALIN	POL	M-18	5	M 15	00:00:03	00:01:35	00:03:14	00:04:54	00:06:19.35	00:06:19.35	3:55	15.3
17	BASSEL MARCIN	359		KOSZALIN	POL	M-30	5	M 16	00:00:07	00:01:43	00:03:23	00:05:03	00:06:29.30	00:06:29.30	4:01	14.9
18	ROGOŹA IRENEUSZ	380		KOSZALIN	POL	M-40	5	M 17	00:00:05	00:01:38	00:03:20	00:05:02	00:06:34.10	00:06:34.10	4:04	14.7
19	MICERSKI TOMASZ	343	TKKF KOSZALIN	KOSZALIN	POL	M-40	6	M 18	00:00:04	00:01:37	00:03:18	00:05:00	00:06:36.35	00:06:36.35	4:05	14.6
20	WAWRZYN GRZEGORZ	349		KOSZALIN	POL	M-40	7	M 19	00:00:04	00:01:38	00:03:18	00:05:01	00:06:39.00	00:06:39.00	4:07	14.5
21	MIŁASZEWSKI PRZEMYSŁAW	354		KOSZALIN	POL	M-30	6	M 20	00:00:04	00:01:36	00:03:16	00:05:01	00:06:39.05	00:06:39.05	4:07	14.5
22	KAMYK PIOTR	344	MH IT SERWIS KOSZALIN	KOSZALIN	POL	M-30	7	M 21	00:00:04	00:01:35	00:03:15	00:05:02	00:06:42.65	00:06:42.65	4:09	14.4
23	MADEJ KACPER	366		KOSZALIN	POL	M-18	6	M 22	00:00:03	00:01:28	00:03:09	00:05:02	00:06:44.20	00:06:44.20	4:10	14.3
24	CHODOR MARTYNA	373		KOSZALIN	POL	K-30	2	K 2	00:00:05	00:01:50	00:03:36	00:05:20	00:06:53.45	00:06:53.45	4:16	14
25	SZABLA EWELINA	302	TKKF KOSZALIN	KOSZALIN	POL	K-30	3	K 3	00:00:04	00:01:49	00:03:36	00:05:19	00:06:56.15	00:06:56.15	4:18	13.9
26	NOREK TOMEK	347		KOSZALIN	POL	M-50	3	M 23	00:00:05	00:01:48	00:03:34	00:05:20	00:06:58.30	00:06:58.30	4:19	13.9
27	GAWIECKI PIOTR	356	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-40	8	M 24	00:00:05	00:01:43	00:03:30	00:05:19	00:06:59.10	00:06:59.10	4:20	13.8
28	DĄBROWSKA ALICJA	307	TKKF KOSZALIN	SIANÓW	POL	K-50+	1	K 4	00:00:03	00:01:47	00:03:37	00:05:23	00:07:00.90	00:07:00.90	4:20	13.8
29	ZIELIŃSKI GRZEGORZ	357		STARE BIELICE	POL	M-60	1	M 25	00:00:04	00:01:40	00:03:26	00:05:16	00:07:03.90	00:07:03.90	4:22	13.7
30	CHODOR IZABELA	374		GORZEBĄDZ	POL	K-30	4	K 5	00:00:04	00:01:54	00:03:45	00:05:36	00:07:15.30	00:07:15.30	4:30	13.3
31	GRABOWSKA-LESISZ ANETA	351		KOSZALIN	POL	K-40	1	K 6	00:00:05	00:01:44	00:03:36	00:05:30	00:07:18.65	00:07:18.65	4:32	13.2
32	OSOBNAK RYSZARD	341		KOSZALIN	POL	M-60	2	M 26	00:00:06	00:01:51	00:03:44	00:05:38	00:07:23.25	00:07:23.25	4:35	13.1
33	PANCERZYŃSKI ŁUKASZ	346		KOSZALIN	POL	M-30	8	M 27	00:00:05	00:01:49	00:03:44	00:05:37	00:07:23.85	00:07:23.85	4:35	13.1
34	ZUKAL PIOTR	320		KOSZALIN	POL	M-40	9	M 28	00:00:05	00:02:03	00:04:05	00:06:05	00:07:24.40	00:07:24.40	4:35	13.1
35	SVENSSON ANTON	353		KOSZALIN	POL	M-14	1	M 29	00:00:05	00:02:03	00:03:49	00:05:39	00:07:32.85	00:07:32.85	4:40	12.8
36	KUPREWICZ GRZEGORZ	365		KOSZALIN	POL	M-30	9	M 30	00:00:06	00:01:51	00:03:46	00:05:42	00:07:37.05	00:07:37.05	4:43	12.7
37	CHINIEWICZ PATRYCJA	367		KOSZALIN	POL	K-DZ	1	K 7	00:00:04	00:01:54	00:04:00	00:06:01	00:07:45.50	00:07:45.50	4:48	12.5
38	KOZŁOWIECKI WALDEK	317	TKKF KOSZALIN	KOSZALIN	POL	M-60	3	M 31	00:00:06	00:01:53	00:03:55	00:05:58	00:08:01.35	00:08:01.35	4:58	12
39	WALIKOWSKA PAULINA	361		STARE BIELICE	POL	K-DZ	2	K 8	00:00:04	00:01:54	00:03:59	00:06:01	00:08:01.95	00:08:01.95	4:58	12
40	MOKROGULSKI TOMASZ	358		KOSZALIN	POL	M-18	7	M 32	00:00:04	00:02:04	00:04:13	00:06:17	00:08:13.10	00:08:13.10	5:06	11.8
41	GAWIECKA MARIOLA	355	BABECZKI KOSZALIN	KOSZALIN	POL	K-40	2	K 9	00:00:04	00:02:03	00:04:08	00:06:15	00:08:18.20	00:08:18.20	5:09	11.6
42	ZUKAL JAKUB	319		KOSZALIN	POL	M-DZ	1	M 33	00:00:05	00:02:02	00:04:05	00:06:05	00:08:20.45	00:08:20.45	5:10	11.6

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
43	BUDZELEWSKI DARIUSZ	352		KOSZALIN	POL	M-50	4	M 34	00:00:04	00:01:46	00:04:01	00:06:29	00:08:53.05	00:08:53.05	5:31	10.9
44	ZAWORSKI NICOLAS	313		KOSZALIN	POL	M-DZ	2	M 35	00:00:04	00:02:23	00:04:36	00:06:57	00:09:07.60	00:09:07.60	5:39	10.6
45	ZUKAL ALEKSANDRA	318		KOSZALIN	POL	K-40	3	K 10	00:00:03	00:02:20	00:04:40	00:07:00	00:09:16.30	00:09:16.30	5:45	10.4
46	MIŁASZEWSKA JULIA	305		KOSZALIN	POL	K-14	1	K 11	00:00:05	00:02:25	00:04:53	00:07:18	00:09:22.80	00:09:22.80	5:49	10.3
47	WOLF BEATA	309	TKKF KOSZALIN	KOSZALIN	POL	K-40	4	K 12	00:00:05	00:02:08	00:04:45	00:07:07	00:09:23.50	00:09:23.50	5:49	10.3
48	KOZŁOWIECKA MAŁGORZATA	316		KOSZALIN	POL	K-50+	2	K 13	00:00:04	00:02:12	00:04:43	00:07:11	00:09:31.30	00:09:31.30	5:54	10.2
49	PRZYBOREK KINGA	314		KOSZALIN	POL	K-30	5	K 14	00:00:07	00:02:23	00:04:36	00:06:58	00:09:51.55	00:09:51.55	6:07	9.8
50	WOJTKIEWICZ-BAKOWSKA DOROTA	304	BABECZKI KOSZALIN	KOSZALIN	POL	K-30	6	K 15	00:00:05	00:02:30	00:05:23	00:08:13	00:11:00.95	00:11:00.95	6:49	8.8
51	BAKOWSKA AGATA	303	BABECZKI KOSZALIN	KOSZALIN	POL	K-DZ	3	K 16	00:00:04	00:02:29	00:05:24	00:08:13	00:11:00.95	00:11:00.95	6:49	8.8
52	ROKOSZ OLIVER	375		KOSZALIN	POL	M-DZ	3	M 36	00:00:03	00:02:55	00:06:17	00:09:40	00:12:38.95	00:12:38.95	7:50	7.6
53	ROKOSZ OLIVIA	364		KOSZALIN	POL	K-18	1	K 17	00:00:04	00:03:13	00:06:20	00:09:40	00:12:41.95	00:12:41.95	7:52	7.6
54	ROKOSZ DOMINIKA	376		KOSZALIN	POL	K-DZ	4	K 18	00:00:04	00:03:08	00:06:39	00:09:44	00:12:56.10	00:12:56.10	8:01	7.5
55	BARTNIK MARIAN	312	TKKF KOSZALIN	KOSZALIN	POL	M-70+	1	M 37	00:00:04	00:03:06	00:06:26	00:09:42	00:12:57.75	00:12:57.75	8:02	7.5

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, 1 Seria

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	KONKEL AGNIESZKA	315		KOSZALIN	POL	K-30	1	K 1	00:00:03	00:01:28	00:02:57	00:04:30	00:06:05.05	00:06:05.05	3:46	15.9
2	CHODOR MARTYNA	373		KOSZALIN	POL	K-30	2	K 2	00:00:05	00:01:50	00:03:36	00:05:20	00:06:53.45	00:06:53.45	4:16	14
3	SZABLA EWELINA	302	TKKF KOSZALIN	KOSZALIN	POL	K-30	3	K 3	00:00:04	00:01:49	00:03:36	00:05:19	00:06:56.15	00:06:56.15	4:18	13.9
4	DĄBROWSKA ALICJA	307	TKKF KOSZALIN	SIANÓW	POL	K-50+	1	K 4	00:00:03	00:01:47	00:03:37	00:05:23	00:07:00.90	00:07:00.90	4:20	13.8
5	CHODOR IZABELA	374		GORZEBĄDZ	POL	K-30	4	K 5	00:00:04	00:01:54	00:03:45	00:05:36	00:07:15.30	00:07:15.30	4:30	13.3
6	GRABOWSKA-LESISZ ANETA	351		KOSZALIN	POL	K-40	1	K 6	00:00:05	00:01:44	00:03:36	00:05:30	00:07:18.65	00:07:18.65	4:32	13.2
7	SVENSSON ANTON	353		KOSZALIN	POL	M-14	1	M 29	00:00:05	00:02:03	00:03:49	00:05:39	00:07:32.85	00:07:32.85	4:40	12.8
8	CHINIEWICZ PATRYCJA	367		KOSZALIN	POL	K-DZ	1	K 7	00:00:04	00:01:54	00:04:00	00:06:01	00:07:45.50	00:07:45.50	4:48	12.5
9	WALIKOWSKA PAULINA	361		STARE BIELICE	POL	K-DZ	2	K 8	00:00:04	00:01:54	00:03:59	00:06:01	00:08:01.95	00:08:01.95	4:58	12
10	GAWIECKA MARIOLA	355	BABECZKI KOSZALIN	KOSZALIN	POL	K-40	2	K 9	00:00:04	00:02:03	00:04:08	00:06:15	00:08:18.20	00:08:18.20	5:09	11.6
11	ZAWORSKI NICOLAS	313		KOSZALIN	POL	M-DZ	2	M 35	00:00:04	00:02:23	00:04:36	00:06:57	00:09:07.60	00:09:07.60	5:39	10.6
12	ZUKAL ALEKSANDRA	318		KOSZALIN	POL	K-40	3	K 10	00:00:03	00:02:20	00:04:40	00:07:00	00:09:16.30	00:09:16.30	5:45	10.4
13	MIŁASZEWSKA JULIA	305		KOSZALIN	POL	K-14	1	K 11	00:00:05	00:02:25	00:04:53	00:07:18	00:09:22.80	00:09:22.80	5:49	10.3
14	WOLF BEATA	309	TKKF KOSZALIN	KOSZALIN	POL	K-40	4	K 12	00:00:05	00:02:08	00:04:45	00:07:07	00:09:23.50	00:09:23.50	5:49	10.3
15	KOZŁOWIECKA MAŁGORZATA	316		KOSZALIN	POL	K-50+	2	K 13	00:00:04	00:02:12	00:04:43	00:07:11	00:09:31.30	00:09:31.30	5:54	10.2
16	PRZYBOREK KINGA	314		KOSZALIN	POL	K-30	5	K 14	00:00:07	00:02:23	00:04:36	00:06:58	00:09:51.55	00:09:51.55	6:07	9.8
17	WOJTKIEWICZ-BAKOWSKA DOROTA	304	BABECZKI KOSZALIN	KOSZALIN	POL	K-30	6	K 15	00:00:05	00:02:30	00:05:23	00:08:13	00:11:00.95	00:11:00.95	6:49	8.8
18	BAKOWSKA AGATA	303	BABECZKI KOSZALIN	KOSZALIN	POL	K-DZ	3	K 16	00:00:04	00:02:29	00:05:24	00:08:13	00:11:00.95	00:11:00.95	6:49	8.8
19	ROKOSZ OLIVER	375		KOSZALIN	POL	M-DZ	3	M 36	00:00:03	00:02:55	00:06:17	00:09:40	00:12:38.95	00:12:38.95	7:50	7.6
20	ROKOSZ OLIVIA	364		KOSZALIN	POL	K-18	1	K 17	00:00:04	00:03:13	00:06:20	00:09:40	00:12:41.95	00:12:41.95	7:52	7.6
21	ROKOSZ DOMINIKA	376		KOSZALIN	POL	K-DZ	4	K 18	00:00:04	00:03:08	00:06:39	00:09:44	00:12:56.10	00:12:56.10	8:01	7.5
22	BARTNIK MARIAN	312	TKKF KOSZALIN	KOSZALIN	POL	M-70+	1	M 37	00:00:04	00:03:06	00:06:26	00:09:42	00:12:57.75	00:12:57.75	8:02	7.5

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, 2 Seria

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ORZECZOWSKI KAMIL	301	TKKF KOSZALIN	KOSZALIN	POL	M-30	1	M 1	00:00:02	00:01:13	00:02:28	00:03:44	00:04:53.60	00:04:53.60	3:01	19.8
2	GAWRON PIOTR	362	ULKS TALEX BORZYTUCHOM	BOROWY MŁYN	POL	M-18	1	M 2	00:00:02	00:01:13	00:02:28	00:03:48	00:05:09.70	00:05:09.70	3:11	18.8
3	SOSNOWSKI TOMASZ	350	MEDEN-INMED SPORTS TEAM	KOSZALIN	POL	M-18	2	M 3	00:00:03	00:01:14	00:02:35	00:04:08	00:05:32.05	00:05:32.05	3:26	17.5
4	SITOWSKI MARCIN	360	FC RYSIEK	KOSZALIN	POL	M-18	3	M 4	00:00:03	00:01:17	00:02:44	00:04:15	00:05:41.80	00:05:41.80	3:31	17
5	ROKOSZ RADOŚLAW	379	8 KOSZALIŃSKI PUŁK PRZECIWLOTNICZY	KOSZALIN	POL	M-30	2	M 5	00:00:03	00:01:29	00:03:01	00:04:35	00:05:51.85	00:05:51.85	3:38	16.5
6	ZWOLIŃSKI JAN	306	TKKF KOSZALIN	WIERCISZEWO	POL	M-50	1	M 6	00:00:03	00:01:27	00:02:59	00:04:32	00:05:52.90	00:05:52.90	3:38	16.5
7	SZULC AREK	310		KOSZALIN	POL	M-40	1	M 7	00:00:06	00:01:37	00:03:12	00:04:42	00:06:01.40	00:06:01.40	3:44	16.1
8	MARCINIAK MACIEJ	308	TKKF LUKS TECHNIK POŁCZYN ZDRÓJ	POŁCZYN ZDRÓJ	POL	M-30	3	M 8	00:00:03	00:01:21	00:02:55	00:04:34	00:06:06.30	00:06:06.30	3:47	15.8

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, 2 Seria c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
9	MOSZYŃSKI JACEK	372	TKKF KOSZALIN	KOSZALIN	POL	M-50	2	M 9	00:00:04	00:01:31	00:03:07	00:04:42	00:06:06.70	00:06:06.70	3:47	15.8
10	IWANIEC DARIUSZ	342	TKKF KOSZALIN	SIERAKOWO	POL	M-40	2	M 10	00:00:04	00:01:34	00:03:11	00:04:40	00:06:07.80	00:06:07.80	3:47	15.8
11	KUŁAKOWSKI DAWID	311	TKKF KOSZALIN	KOSZALIN	POL	M-40	3	M 11	00:00:04	00:01:34	00:03:11	00:04:42	00:06:10.50	00:06:10.50	3:49	15.7
12	MRÓZ DAWID	377		CHOJNICE	POL	M-18	4	M 12	00:00:04	00:01:26	00:03:00	00:04:38	00:06:12.35	00:06:12.35	3:51	15.6
13	JAMNIAK BARTOSZ	345		KOSZALIN	POL	M-30	4	M 13	00:00:03	00:01:30	00:03:05	00:04:41	00:06:14.75	00:06:14.75	3:52	15.5
14	JAROSZ DARIUSZ	363	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	M-40	4	M 14	00:00:04	00:01:36	00:03:13	00:04:50	00:06:18.25	00:06:18.25	3:54	15.3
15	ZACHOLSKI WOJCIECH	348		KOSZALIN	POL	M-18	5	M 15	00:00:03	00:01:35	00:03:14	00:04:54	00:06:19.35	00:06:19.35	3:55	15.3
16	BASSEL MARCIN	359		KOSZALIN	POL	M-30	5	M 16	00:00:07	00:01:43	00:03:23	00:05:03	00:06:29.30	00:06:29.30	4:01	14.9
17	ROGOŻA IRENEUSZ	380		KOSZALIN	POL	M-40	5	M 17	00:00:05	00:01:38	00:03:20	00:05:02	00:06:34.10	00:06:34.10	4:04	14.7
18	MICERSKI TOMASZ	343	TKKF KOSZALIN	KOSZALIN	POL	M-40	6	M 18	00:00:04	00:01:37	00:03:18	00:05:00	00:06:36.35	00:06:36.35	4:05	14.6
19	WAWRZYN GRZEGORZ	349		KOSZALIN	POL	M-40	7	M 19	00:00:04	00:01:38	00:03:18	00:05:01	00:06:39.00	00:06:39.00	4:07	14.5
20	MŁASZEWSKI PRZEMYSŁAW	354		KOSZALIN	POL	M-30	6	M 20	00:00:04	00:01:36	00:03:16	00:05:01	00:06:39.05	00:06:39.05	4:07	14.5
21	KAMYK PIOTR	344	MH IT SERWIS KOSZALIN	KOSZALIN	POL	M-30	7	M 21	00:00:04	00:01:35	00:03:15	00:05:02	00:06:42.65	00:06:42.65	4:09	14.4
22	MADEJ KACPER	366		KOSZALIN	POL	M-18	6	M 22	00:00:03	00:01:28	00:03:09	00:05:02	00:06:44.20	00:06:44.20	4:10	14.3
23	NOREK TOMEK	347		KOSZALIN	POL	M-50	3	M 23	00:00:05	00:01:48	00:03:34	00:05:20	00:06:58.30	00:06:58.30	4:19	13.9
24	GAWIECKI PIOTR	356	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-40	8	M 24	00:00:05	00:01:43	00:03:30	00:05:19	00:06:59.10	00:06:59.10	4:20	13.8
25	ZIELIŃSKI GRZEGORZ	357		STARE BIELICE	POL	M-60	1	M 25	00:00:04	00:01:40	00:03:26	00:05:16	00:07:03.90	00:07:03.90	4:22	13.7
26	OSOBNAK RYSZARD	341		KOSZALIN	POL	M-60	2	M 26	00:00:06	00:01:51	00:03:44	00:05:38	00:07:23.25	00:07:23.25	4:35	13.1
27	PANCERZYŃSKI ŁUKASZ	346		KOSZALIN	POL	M-30	8	M 27	00:00:05	00:01:49	00:03:44	00:05:37	00:07:23.85	00:07:23.85	4:35	13.1
28	ZUKAL PIOTR	320		KOSZALIN	POL	M-40	9	M 28	00:00:05	00:02:03	00:04:05	00:06:05	00:07:24.40	00:07:24.40	4:35	13.1
29	KUPREWICZ GRZEGORZ	365		KOSZALIN	POL	M-30	9	M 30	00:00:06	00:01:51	00:03:46	00:05:42	00:07:37.05	00:07:37.05	4:43	12.7
30	KOZŁOWIECKI WALDEK	317	TKKF KOSZALIN	KOSZALIN	POL	M-60	3	M 31	00:00:06	00:01:53	00:03:55	00:05:58	00:08:01.35	00:08:01.35	4:58	12
31	MOKROGULSKI TOMASZ	358		KOSZALIN	POL	M-18	7	M 32	00:00:04	00:02:04	00:04:13	00:06:17	00:08:13.10	00:08:13.10	5:06	11.8
32	ZUKAL JAKUB	319		KOSZALIN	POL	M-DZ	1	M 33	00:00:05	00:02:02	00:04:05	00:06:05	00:08:20.45	00:08:20.45	5:10	11.6
33	BUDZELEWSKI DARIUSZ	352		KOSZALIN	POL	M-50	4	M 34	00:00:04	00:01:46	00:04:01	00:06:29	00:08:53.05	00:08:53.05	5:31	10.9

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, Kobiety

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	KONKEL AGNIESZKA	315		KOSZALIN	POL	K-30	1	K 1	00:00:03	00:01:28	00:02:57	00:04:30	00:06:05.05	00:06:05.05	3:46	15.9
2	CHODOR MARTYNA	373		KOSZALIN	POL	K-30	2	K 2	00:00:05	00:01:50	00:03:36	00:05:20	00:06:53.45	00:06:53.45	4:16	14
3	SZABLA EWELINA	302	TKKF KOSZALIN	KOSZALIN	POL	K-30	3	K 3	00:00:04	00:01:49	00:03:36	00:05:19	00:06:56.15	00:06:56.15	4:18	13.9
4	DĄBROWSKA ALICJA	307	TKKF KOSZALIN	SIAŃÓW	POL	K-50+	1	K 4	00:00:03	00:01:47	00:03:37	00:05:23	00:07:00.90	00:07:00.90	4:20	13.8
5	CHODOR IZABELA	374		GORZEBĄDZ	POL	K-30	4	K 5	00:00:04	00:01:54	00:03:45	00:05:36	00:07:15.30	00:07:15.30	4:30	13.3
6	GRABOWSKA-LESISZ ANETA	351		KOSZALIN	POL	K-40	1	K 6	00:00:05	00:01:44	00:03:36	00:05:30	00:07:18.65	00:07:18.65	4:32	13.2
7	CHINIEWICZ PATRYCJA	367		KOSZALIN	POL	K-DZ	1	K 7	00:00:04	00:01:54	00:04:00	00:06:01	00:07:45.50	00:07:45.50	4:48	12.5
8	WALIKOWSKA PAULINA	361		STARE BIELICE	POL	K-DZ	2	K 8	00:00:04	00:01:54	00:03:59	00:06:01	00:08:01.95	00:08:01.95	4:58	12
9	GAWIECKA MARIOLA	355	BABECZKI KOSZALIN	KOSZALIN	POL	K-40	2	K 9	00:00:04	00:02:03	00:04:08	00:06:15	00:08:18.20	00:08:18.20	5:09	11.6
10	ZUKAL ALEKSANDRA	318		KOSZALIN	POL	K-40	3	K 10	00:00:03	00:02:20	00:04:40	00:07:00	00:09:16.30	00:09:16.30	5:45	10.4
11	MŁASZEWSKA JULIA	305		KOSZALIN	POL	K-14	1	K 11	00:00:05	00:02:25	00:04:53	00:07:18	00:09:22.80	00:09:22.80	5:49	10.3
12	WOLF BEATA	309	TKKF KOSZALIN	KOSZALIN	POL	K-40	4	K 12	00:00:05	00:02:08	00:04:45	00:07:07	00:09:23.50	00:09:23.50	5:49	10.3
13	KOZŁOWIECKA MAŁGORZATA	316		KOSZALIN	POL	K-50+	2	K 13	00:00:04	00:02:12	00:04:43	00:07:11	00:09:31.30	00:09:31.30	5:54	10.2
14	PRZYBOREK KINGA	314		KOSZALIN	POL	K-30	5	K 14	00:00:07	00:02:23	00:04:36	00:06:58	00:09:51.55	00:09:51.55	6:07	9.8
15	WOJTKIEWICZ-BAKOWSKA DOROTA	304	BABECZKI KOSZALIN	KOSZALIN	POL	K-30	6	K 15	00:00:05	00:02:30	00:05:23	00:08:13	00:11:00.95	00:11:00.95	6:49	8.8
16	BAKOWSKA AGATA	303	BABECZKI KOSZALIN	KOSZALIN	POL	K-DZ	3	K 16	00:00:04	00:02:29	00:05:24	00:08:13	00:11:00.95	00:11:00.95	6:49	8.8
17	ROKOSZ OLIWIA	364		KOSZALIN	POL	K-18	1	K 17	00:00:04	00:03:13	00:06:20	00:09:40	00:12:41.95	00:12:41.95	7:52	7.6
18	ROKOSZ DOMINIKA	376		KOSZALIN	POL	K-DZ	4	K 18	00:00:04	00:03:08	00:06:39	00:09:44	00:12:56.10	00:12:56.10	8:01	7.5

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, Mężczyźni

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ORZECZOWSKI KAMIL	301	TKKF KOSZALIN	KOSZALIN	POL	M-30	1	M 1	00:00:02	00:01:13	00:02:28	00:03:44	00:04:53.60	00:04:53.60	3:01	19.8
2	GAWRON PIOTR	362	ULKS TALEX BORZYTUCHOM	BOROWY MŁYN	POL	M-18	1	M 2	00:00:02	00:01:13	00:02:28	00:03:48	00:05:09.70	00:05:09.70	3:11	18.8

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, Mężczyźni c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
3	SOSNOWSKI TOMASZ	350	MEDEN-INMED SPORTS TEAM	KOSZALIN	POL	M-18	2	M 3	00:00:03	00:01:14	00:02:35	00:04:08	00:05:32.05	00:05:32.05	3:26	17.5
4	SITOWSKI MARCIN	360	FC RYSIEK	KOSZALIN	POL	M-18	3	M 4	00:00:03	00:01:17	00:02:44	00:04:15	00:05:41.80	00:05:41.80	3:31	17
5	ROKOSZ RADOSŁAW	379	8 KOSZALIŃSKI PUŁK PRZECIWLOTNICZY	KOSZALIN	POL	M-30	2	M 5	00:00:03	00:01:29	00:03:01	00:04:35	00:05:51.85	00:05:51.85	3:38	16.5
6	ZWOLIŃSKI JAN	306	TKKF KOSZALIN	WIERCISZEWO	POL	M-50	1	M 6	00:00:03	00:01:27	00:02:59	00:04:32	00:05:52.90	00:05:52.90	3:38	16.5
7	SZULC AREK	310		KOSZALIN	POL	M-40	1	M 7	00:00:06	00:01:37	00:03:12	00:04:42	00:06:01.40	00:06:01.40	3:44	16.1
8	MARCINIAK MACIEJ	308	TKKF LUKS TECHNIK POŁCZYN ZDRÓJ	POŁCZYN ZDRÓJ	POL	M-30	3	M 8	00:00:03	00:01:21	00:02:55	00:04:34	00:06:06.30	00:06:06.30	3:47	15.8
9	MOSZYŃSKI JACEK	372	TKKF KOSZALIN	KOSZALIN	POL	M-50	2	M 9	00:00:04	00:01:31	00:03:07	00:04:42	00:06:06.70	00:06:06.70	3:47	15.8
10	IWANIEC DARIUSZ	342	TKKF KOSZALIN	SIERAKOWO	POL	M-40	2	M 10	00:00:04	00:01:34	00:03:11	00:04:40	00:06:07.80	00:06:07.80	3:47	15.8
11	KUŁAKOWSKI DAWID	311	TKKF KOSZALIN		POL	M-40	3	M 11	00:00:04	00:01:34	00:03:11	00:04:42	00:06:10.50	00:06:10.50	3:49	15.7
12	MRÓZ DAWID	377		CHOJNICE	POL	M-18	4	M 12	00:00:04	00:01:26	00:03:00	00:04:38	00:06:12.35	00:06:12.35	3:51	15.6
13	JAMNIAK BARTOSZ	345		KOSZALIN	POL	M-30	4	M 13	00:00:03	00:01:30	00:03:05	00:04:41	00:06:14.75	00:06:14.75	3:52	15.5
14	JAROSZ DARIUSZ	363	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	M-40	4	M 14	00:00:04	00:01:36	00:03:13	00:04:50	00:06:18.25	00:06:18.25	3:54	15.3
15	ZACHOLSKI WOJCIECH	348		KOSZALIN	POL	M-18	5	M 15	00:00:03	00:01:35	00:03:14	00:04:54	00:06:19.35	00:06:19.35	3:55	15.3
16	BASSEL MARCIN	359		KOSZALIN	POL	M-30	5	M 16	00:00:07	00:01:43	00:03:23	00:05:03	00:06:29.30	00:06:29.30	4:01	14.9
17	ROGOŻA IRENEUSZ	380		KOSZALIN	POL	M-40	5	M 17	00:00:05	00:01:38	00:03:20	00:05:02	00:06:34.10	00:06:34.10	4:04	14.7
18	MICERSKI TOMASZ	343	TKKF KOSZALIN	KOSZALIN	POL	M-40	6	M 18	00:00:04	00:01:37	00:03:18	00:05:00	00:06:36.35	00:06:36.35	4:05	14.6
19	WAWRZYN GRZEGORZ	349		KOSZALIN	POL	M-40	7	M 19	00:00:04	00:01:38	00:03:18	00:05:01	00:06:39.00	00:06:39.00	4:07	14.5
20	MŁASZEWSKI PRZEMYSŁAW	354		KOSZALIN	POL	M-30	6	M 20	00:00:04	00:01:36	00:03:16	00:05:01	00:06:39.05	00:06:39.05	4:07	14.5
21	KAMYK PIOTR	344	MH IT SERWIS KOSZALIN	KOSZALIN	POL	M-30	7	M 21	00:00:04	00:01:35	00:03:15	00:05:02	00:06:42.65	00:06:42.65	4:09	14.4
22	MADEJ KACPER	366		KOSZALIN	POL	M-18	6	M 22	00:00:03	00:01:28	00:03:09	00:05:02	00:06:44.20	00:06:44.20	4:10	14.3
23	NOREK TOMEK	347		KOSZALIN	POL	M-50	3	M 23	00:00:05	00:01:48	00:03:34	00:05:20	00:06:58.30	00:06:58.30	4:19	13.9
24	GAWIECKI PIOTR	356	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-40	8	M 24	00:00:05	00:01:43	00:03:30	00:05:19	00:06:59.10	00:06:59.10	4:20	13.8
25	ZIELIŃSKI GRZEGORZ	357		STARE BIELICE	POL	M-60	1	M 25	00:00:04	00:01:40	00:03:26	00:05:16	00:07:03.90	00:07:03.90	4:22	13.7
26	OSOBNIAK RYSZARD	341		KOSZALIN	POL	M-60	2	M 26	00:00:06	00:01:51	00:03:44	00:05:38	00:07:23.25	00:07:23.25	4:35	13.1
27	PANCERZYŃSKI ŁUKASZ	346		KOSZALIN	POL	M-30	8	M 27	00:00:05	00:01:49	00:03:44	00:05:37	00:07:23.85	00:07:23.85	4:35	13.1
28	ZUKAL PIOTR	320		KOSZALIN	POL	M-40	9	M 28	00:00:05	00:02:03	00:04:05	00:06:05	00:07:24.40	00:07:24.40	4:35	13.1
29	SVENSSON ANTON	353		KOSZALIN	POL	M-14	1	M 29	00:00:05	00:02:03	00:03:49	00:05:39	00:07:32.85	00:07:32.85	4:40	12.8
30	KUPREWICZ GRZEGORZ	365		KOSZALIN	POL	M-30	9	M 30	00:00:06	00:01:51	00:03:46	00:05:42	00:07:37.05	00:07:37.05	4:43	12.7
31	KOZŁOWIECKI WALDEK	317	TKKF KOSZALIN	KOSZALIN	POL	M-60	3	M 31	00:00:06	00:01:53	00:03:55	00:05:58	00:08:01.35	00:08:01.35	4:58	12
32	MOKROGULSKI TOMASZ	358		KOSZALIN	POL	M-18	7	M 32	00:00:04	00:02:04	00:04:13	00:06:17	00:08:13.10	00:08:13.10	5:06	11.8
33	ZUKAL JAKUB	319		KOSZALIN	POL	M-DZ	1	M 33	00:00:05	00:02:02	00:04:05	00:06:05	00:08:20.45	00:08:20.45	5:10	11.6
34	BUDZELEWSKI DARIUSZ	352		KOSZALIN	POL	M-50	4	M 34	00:00:04	00:01:46	00:04:01	00:06:29	00:08:53.05	00:08:53.05	5:31	10.9
35	ZAWORSKI NICOLAS	313		KOSZALIN	POL	M-DZ	2	M 35	00:00:04	00:02:23	00:04:36	00:06:57	00:09:07.60	00:09:07.60	5:39	10.6
36	ROKOSZ OLIVER	375		KOSZALIN	POL	M-DZ	3	M 36	00:00:03	00:02:55	00:06:17	00:09:40	00:12:38.95	00:12:38.95	7:50	7.6
37	BARTNIK MARIAN	312	TKKF KOSZALIN	KOSZALIN	POL	M-70+	1	M 37	00:00:04	00:03:06	00:06:26	00:09:42	00:12:57.75	00:12:57.75	8:02	7.5

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, K-Dz

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	CHINIEWICZ PATRYCJA	367		KOSZALIN	POL	K-DZ	1	K 7	00:00:04	00:01:54	00:04:00	00:06:01	00:07:45.50	00:07:45.50	4:48	12.5
2	WALIKOWSKA PAULINA	361		STARE BIELICE	POL	K-DZ	2	K 8	00:00:04	00:01:54	00:03:59	00:06:01	00:08:01.95	00:08:01.95	4:58	12
3	BAKOWSKA AGATA	303	BABECZKI KOSZALIN	KOSZALIN	POL	K-DZ	3	K 16	00:00:04	00:02:29	00:05:24	00:08:13	00:11:00.95	00:11:00.95	6:49	8.8
4	ROKOSZ DOMINIKA	376		KOSZALIN	POL	K-DZ	4	K 18	00:00:04	00:03:08	00:06:39	00:09:44	00:12:56.10	00:12:56.10	8:01	7.5

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, M-Dz

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ZUKAL JAKUB	319		KOSZALIN	POL	M-DZ	1	M 33	00:00:05	00:02:02	00:04:05	00:06:05	00:08:20.45	00:08:20.45	5:10	11.6
2	ZAWORSKI NICOLAS	313		KOSZALIN	POL	M-DZ	2	M 35	00:00:04	00:02:23	00:04:36	00:06:57	00:09:07.60	00:09:07.60	5:39	10.6
3	ROKOSZ OLIVER	375		KOSZALIN	POL	M-DZ	3	M 36	00:00:03	00:02:55	00:06:17	00:09:40	00:12:38.95	00:12:38.95	7:50	7.6

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, K-14

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	MIŁASZEWSKA JULIA	305		KOSZALIN	POL	K-14	1	K 11	00:00:05	00:02:25	00:04:53	00:07:18	00:09:22.80	00:09:22.80	5:49	10.3

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, M-14

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	SVENSSON ANTON	353		KOSZALIN	POL	M-14	1	M 29	00:00:05	00:02:03	00:03:49	00:05:39	00:07:32.85	00:07:32.85	4:40	12.8

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, K-18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ROKOSZ OLIWIA	364		KOSZALIN	POL	K-18	1	K 17	00:00:04	00:03:13	00:06:20	00:09:40	00:12:41.95	00:12:41.95	7:52	7.6

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, M-18

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	GAWRON PIOTR	362	ULKS TALEX BORZYTUCHOM	BOROWY MŁYN	POL	M-18	1	M 2	00:00:02	00:01:13	00:02:28	00:03:48	00:05:09.70	00:05:09.70	3:11	18.8
2	SOSNOWSKI TOMASZ	350	MEDEN-INMED SPORTS TEAM	KOSZALIN	POL	M-18	2	M 3	00:00:03	00:01:14	00:02:35	00:04:08	00:05:32.05	00:05:32.05	3:26	17.5
3	SITOWSKI MARCIN	360	FC RYSIEK	KOSZALIN	POL	M-18	3	M 4	00:00:03	00:01:17	00:02:44	00:04:15	00:05:41.80	00:05:41.80	3:31	17
4	MRÓZ DAWID	377		CHOJNICE	POL	M-18	4	M 12	00:00:04	00:01:26	00:03:00	00:04:38	00:06:12.35	00:06:12.35	3:51	15.6
5	ZACHOLSKI WOJCIECH	348		KOSZALIN	POL	M-18	5	M 15	00:00:03	00:01:35	00:03:14	00:04:54	00:06:19.35	00:06:19.35	3:55	15.3
6	MADEJ KACPER	366		KOSZALIN	POL	M-18	6	M 22	00:00:03	00:01:28	00:03:09	00:05:02	00:06:44.20	00:06:44.20	4:10	14.3
7	MOKROGULSKI TOMASZ	358		KOSZALIN	POL	M-18	7	M 32	00:00:04	00:02:04	00:04:13	00:06:17	00:08:13.10	00:08:13.10	5:06	11.8

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, K-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	KONKEL AGNIESZKA	315		KOSZALIN	POL	K-30	1	K 1	00:00:03	00:01:28	00:02:57	00:04:30	00:06:05.05	00:06:05.05	3:46	15.9
2	CHODOR MARTYNA	373		KOSZALIN	POL	K-30	2	K 2	00:00:05	00:01:50	00:03:36	00:05:20	00:06:53.45	00:06:53.45	4:16	14
3	SZABLA EWELINA	302	TKKF KOSZALIN	KOSZALIN	POL	K-30	3	K 3	00:00:04	00:01:49	00:03:36	00:05:19	00:06:56.15	00:06:56.15	4:18	13.9
4	CHODOR IZABELA	374		GORZEBĄDZ	POL	K-30	4	K 5	00:00:04	00:01:54	00:03:45	00:05:36	00:07:15.30	00:07:15.30	4:30	13.3
5	PRZYBOREK KINGA	314		KOSZALIN	POL	K-30	5	K 14	00:00:07	00:02:23	00:04:36	00:06:58	00:09:51.55	00:09:51.55	6:07	9.8
6	WOJTKIEWICZ-BĄKOWSKA DOROTA	304	BABECZKI KOSZALIN	KOSZALIN	POL	K-30	6	K 15	00:00:05	00:02:30	00:05:23	00:08:13	00:11:00.95	00:11:00.95	6:49	8.8

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, M-30

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ORZECZOWSKI KAMIL	301	TKKF KOSZALIN	KOSZALIN	POL	M-30	1	M 1	00:00:02	00:01:13	00:02:28	00:03:44	00:04:53.60	00:04:53.60	3:01	19.8
2	ROKOSZ RADOŚLAW	379	8 KOSZALIŃSKI PUŁK PRZECIWLOTNICZY	KOSZALIN	POL	M-30	2	M 5	00:00:03	00:01:29	00:03:01	00:04:35	00:05:51.85	00:05:51.85	3:38	16.5
3	MARCINIAK MACIEJ	308	TKKF LUKS TECHNIK POŁCZYN ZDRÓJ	POŁCZYN ZDRÓJ	POL	M-30	3	M 8	00:00:03	00:01:21	00:02:55	00:04:34	00:06:06.30	00:06:06.30	3:47	15.8
4	JAMNIAK BARTOSZ	345		KOSZALIN	POL	M-30	4	M 13	00:00:03	00:01:30	00:03:05	00:04:41	00:06:14.75	00:06:14.75	3:52	15.5
5	BASSEL MARCIN	359		KOSZALIN	POL	M-30	5	M 16	00:00:07	00:01:43	00:03:23	00:05:03	00:06:29.30	00:06:29.30	4:01	14.9
6	MIŁASZEWSKI PRZEMYSŁAW	354		KOSZALIN	POL	M-30	6	M 20	00:00:04	00:01:36	00:03:16	00:05:01	00:06:39.05	00:06:39.05	4:07	14.5
7	KAMYK PIOTR	344	MH IT SERWIS KOSZALIN	KOSZALIN	POL	M-30	7	M 21	00:00:04	00:01:35	00:03:15	00:05:02	00:06:42.65	00:06:42.65	4:09	14.4
8	PANCERZYŃSKI ŁUKASZ	346		KOSZALIN	POL	M-30	8	M 27	00:00:05	00:01:49	00:03:44	00:05:37	00:07:23.85	00:07:23.85	4:35	13.1
9	KUPREWICZ GRZEGORZ	365		KOSZALIN	POL	M-30	9	M 30	00:00:06	00:01:51	00:03:46	00:05:42	00:07:37.05	00:07:37.05	4:43	12.7

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, K-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	GRABOWSKA-LESISZ ANETA	351	BABECZKI KOSZALIN	KOSZALIN	POL	K-40	1	K 6	00:00:05	00:01:44	00:03:36	00:05:30	00:07:18.65	00:07:18.65	4:32	13.2
2	GAWIECKA MARIOLA	355		KOSZALIN	POL	K-40	2	K 9	00:00:04	00:02:03	00:04:08	00:06:15	00:08:18.20	00:08:18.20	5:09	11.6
3	ZUKAL ALEKSANDRA	318	TKKF KOSZALIN	KOSZALIN	POL	K-40	3	K 10	00:00:03	00:02:20	00:04:40	00:07:00	00:09:16.30	00:09:16.30	5:45	10.4
4	WOLF BEATA	309		KOSZALIN	POL	K-40	4	K 12	00:00:05	00:02:08	00:04:45	00:07:07	00:09:23.50	00:09:23.50	5:49	10.3

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, M-40

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	SZULC AREK	310	TKKF KOSZALIN	KOSZALIN	POL	M-40	1	M 7	00:00:06	00:01:37	00:03:12	00:04:42	00:06:01.40	00:06:01.40	3:44	16.1
2	IWANIEC DARIUSZ	342		SIERAKOWO	POL	M-40	2	M 10	00:00:04	00:01:34	00:03:11	00:04:40	00:06:07.80	00:06:07.80	3:47	15.8
3	KUŁAKOWSKI DAWID	311	TKKF KOSZALIN	KOSZALIN	POL	M-40	3	M 11	00:00:04	00:01:34	00:03:11	00:04:42	00:06:10.50	00:06:10.50	3:49	15.7
4	JAROSZ DARIUSZ	363	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POL	M-40	4	M 14	00:00:04	00:01:36	00:03:13	00:04:50	00:06:18.25	00:06:18.25	3:54	15.3
5	ROGOŻA IRENEUSZ	380	TKKF KOSZALIN	KOSZALIN	POL	M-40	5	M 17	00:00:05	00:01:38	00:03:20	00:05:02	00:06:34.10	00:06:34.10	4:04	14.7
6	MICERSKI TOMASZ	343		KOSZALIN	POL	M-40	6	M 18	00:00:04	00:01:37	00:03:18	00:05:00	00:06:36.35	00:06:36.35	4:05	14.6
7	WAWRZYN GRZEGORZ	349	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-40	7	M 19	00:00:04	00:01:38	00:03:18	00:05:01	00:06:39.00	00:06:39.00	4:07	14.5
8	GAWIECKI PIOTR	356		KOSZALIN	POL	M-40	8	M 24	00:00:05	00:01:43	00:03:30	00:05:19	00:06:59.10	00:06:59.10	4:20	13.8
9	ZUKAL PIOTR	320	TKKF KOSZALIN	KOSZALIN	POL	M-40	9	M 28	00:00:05	00:02:03	00:04:05	00:06:05	00:07:24.40	00:07:24.40	4:35	13.1

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, K-50+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	DĄBROWSKA ALICJA	307	TKKF KOSZALIN	SIANÓW	POL	K-50+	1	K 4	00:00:03	00:01:47	00:03:37	00:05:23	00:07:00.90	00:07:00.90	4:20	13.8
2	KOZŁOWIECKA MAŁGORZATA	316	TKKF KOSZALIN	KOSZALIN	POL	K-50+	2	K 13	00:00:04	00:02:12	00:04:43	00:07:11	00:09:31.30	00:09:31.30	5:54	10.2

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, M-50

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ZWOLIŃSKI JAN	306	TKKF KOSZALIN	WIERCISZEWO	POL	M-50	1	M 6	00:00:03	00:01:27	00:02:59	00:04:32	00:05:52.90	00:05:52.90	3:38	16.5
2	MOSZYŃSKI JACEK	372	TKKF KOSZALIN	KOSZALIN	POL	M-50	2	M 9	00:00:04	00:01:31	00:03:07	00:04:42	00:06:06.70	00:06:06.70	3:47	15.8
3	NOREK TOMEK	347	TKKF KOSZALIN	KOSZALIN	POL	M-50	3	M 23	00:00:05	00:01:48	00:03:34	00:05:20	00:06:58.30	00:06:58.30	4:19	13.9
4	BUDZELEWSKI DARIUSZ	352		KOSZALIN	POL	M-50	4	M 34	00:00:04	00:01:46	00:04:01	00:06:29	00:08:53.05	00:08:53.05	5:31	10.9

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, M-60

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ZIELIŃSKI GRZEGORZ	357	TKKF KOSZALIN	STARE BIELICE	POL	M-60	1	M 25	00:00:04	00:01:40	00:03:26	00:05:16	00:07:03.90	00:07:03.90	4:22	13.7
2	OSOBNIAK RYSZARD	341		KOSZALIN	POL	M-60	2	M 26	00:00:06	00:01:51	00:03:44	00:05:38	00:07:23.25	00:07:23.25	4:35	13.1
3	KOZŁOWIECKI WALDEK	317	TKKF KOSZALIN	KOSZALIN	POL	M-60	3	M 31	00:00:06	00:01:53	00:03:55	00:05:58	00:08:01.35	00:08:01.35	4:58	12

LETNIE MILE BIEGOWE - 1/5 - 1 MILA, M-70+

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	BARTNIK MARIAN	312	TKKF KOSZALIN	KOSZALIN	POL	M-70+	1	M 37	00:00:04	00:03:06	00:06:26	00:09:42	00:12:57.75	00:12:57.75	8:02	7.5