

## LETNIE MILE BIEGOWE - 2/5 - 2 MILE

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej  
 Data: 2018-05-24  
 Miejsce: Koszalin  
 Dystans: 3.218 km  
 Klasyfikacja wg czasów brutto.



## LETNIE MILE BIEGOWE - 2/5 - 2 MILE, OPEN

| M-ce | Nazwisko i imię        | Nr  | Klub                                                          | M-scowość            | Kraj | Kat.  | M. kat | K/M  | 1.218km  | 1.618km  | 2.018km  | 2.418km  | 2.818km  | Netto       | Brutto      | min/km | km/h |
|------|------------------------|-----|---------------------------------------------------------------|----------------------|------|-------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 1    | ORZECHOWSKI KAMIL      | 974 | TKKF KOSZALIN                                                 | KOSZALIN             | POL  | M-30  | 1      | M 1  | 00:04:04 | 00:05:20 | 00:06:36 | 00:07:52 | 00:09:09 | 00:10:24.40 | 00:10:24.40 | 3:13   | 18.6 |
| 2    | SOBTEL KRYSTIAN        | 963 | CIACHU-CIACH<br>PRACOWNIA<br>RĘKODZIEŁA                       | KOSZALIN             | POL  | M-30  | 2      | M 2  | 00:04:09 | 00:05:33 | 00:06:58 | 00:08:24 | 00:09:49 | 00:11:05.15 | 00:11:05.15 | 3:26   | 17.4 |
| 3    | GÓRSKI MATEUSZ         | 957 | MORSKI ODDZIAŁ<br>STRAŻY GRANICZNEJ                           | LĘBORK               | POL  | M-18  | 1      | M 3  | 00:04:04 | 00:05:28 | 00:06:54 | 00:08:22 | 00:09:47 | 00:11:07.46 | 00:11:07.46 | 3:27   | 17.4 |
| 4    | HUBERT ŁUKASZ          | 966 |                                                               | KOSZALIN             | POL  | M-30  | 3      | M 4  | 00:04:22 | 00:05:52 | 00:07:21 | 00:08:48 | 00:10:13 | 00:11:37.83 | 00:11:37.83 | 3:36   | 16.6 |
| 5    | SITOWSKI MARCIN        | 960 | FC RYSIEK                                                     | KOSZALIN             | POL  | M-18  | 2      | M 5  | 00:04:09 | 00:05:41 | 00:07:14 | 00:08:48 | 00:10:20 | 00:11:49.59 | 00:11:49.59 | 3:40   | 16.3 |
| 6    | ZWOLIŃSKI JAN          | 969 | TKKF KOSZALIN                                                 | WIERCISZEWO          | POL  | M-50  | 1      | M 6  | 00:04:33 | 00:06:02 | 00:07:33 | 00:09:04 | 00:10:34 | 00:12:00.65 | 00:12:00.65 | 3:43   | 16.1 |
| 7    | SOSNOWSKI TOMASZ       | 951 | MEDEN-INMED<br>SPORTS TEAM                                    | KOSZALIN             | POL  | M-18  | 3      | M 7  | 00:04:31 | 00:06:03 | 00:07:37 | 00:09:11 | 00:10:45 | 00:12:08.21 | 00:12:08.21 | 3:46   | 15.9 |
| 8    | SIENIAWSKI JAROSŁAW    | 962 | MEDEN INMED SPORTS<br>TEAM                                    | BONIN                | POL  | M-40  | 1      | M 8  | 00:04:30 | 00:06:02 | 00:07:36 | 00:09:10 | 00:10:44 | 00:12:10.73 | 00:12:10.73 | 3:46   | 15.9 |
| 9    | DOWNAR KRYSTIAN        | 938 | SZKOŁA<br>PODSTAWOWA NR 7<br>KOSZALIN                         | KOSZALIN             | POL  | M-14  | 1      | M 9  | 00:04:38 | 00:06:16 | 00:07:59 | 00:09:39 | 00:11:22 | 00:12:54.16 | 00:12:54.16 | 4:00   | 15   |
| 10   | ZUKAL PIOTR            | 971 |                                                               | KOSZALIN             | POL  | M-40  | 2      | M 10 | 00:05:04 | 00:06:42 | 00:08:19 | 00:09:54 | 00:11:28 | 00:12:57.05 | 00:12:57.05 | 4:01   | 14.9 |
| 11   | JAMNIAK BARTOSZ        | 964 |                                                               | KOSZALIN             | POL  | M-30  | 4      | M 11 | 00:04:42 | 00:06:19 | 00:08:00 | 00:09:43 | 00:11:27 | 00:13:01.53 | 00:13:01.53 | 4:02   | 14.8 |
| 12   | ZACHOLSKI WOJCIECH     | 977 |                                                               | KOSZALIN             | POL  | M-18  | 4      | M 12 | 00:04:49 | 00:06:28 | 00:08:11 | 00:09:54 | 00:11:37 | 00:13:02.07 | 00:13:02.07 | 4:02   | 14.8 |
| 13   | JAROSZ DARIUSZ         | 973 | TKKF KOSZALIN                                                 | SUCHA<br>KOSZALIŃSKA | POL  | M-40  | 3      | M 13 | 00:05:02 | 00:06:39 | 00:08:20 | 00:10:01 | 00:11:42 | 00:13:14.24 | 00:13:14.24 | 4:06   | 14.6 |
| 14   | KULAKOWSKI DAWID       | 965 | TKKF KOSZALIN                                                 | KOSZALIN             | POL  | M-40  | 4      | M 14 | 00:05:11 | 00:06:53 | 00:08:36 | 00:10:19 | 00:11:58 | 00:13:18.43 | 00:13:18.43 | 4:07   | 14.5 |
| 15   | MRÓZ DAWID             | 959 |                                                               | CHOJNICE             | POL  | M-18  | 5      | M 15 | 00:05:01 | 00:06:40 | 00:08:20 | 00:10:03 | 00:11:48 | 00:13:20.93 | 00:13:20.93 | 4:08   | 14.5 |
| 16   | IWANIEC DARIUSZ        | 968 | TKKF KOSZALIN                                                 | SIERAKOWO            | POL  | M-40  | 5      | M 16 | 00:05:11 | 00:06:53 | 00:08:36 | 00:10:19 | 00:11:58 | 00:13:21.77 | 00:13:21.77 | 4:08   | 14.5 |
| 17   | MŁASZEWSKI PRZEMYSŁAW  | 970 |                                                               | KOSZALIN             | POL  | M-30  | 5      | M 17 | 00:05:02 | 00:06:40 | 00:08:21 | 00:10:05 | 00:11:50 | 00:13:33.21 | 00:13:33.21 | 4:12   | 14.3 |
| 18   | BIENKOWSKI TOMASZ      | 972 |                                                               | NIEKLONICE           | POL  | M-30  | 6      | M 18 | 00:04:55 | 00:06:36 | 00:08:22 | 00:10:08 | 00:11:59 | 00:13:37.02 | 00:13:37.02 | 4:13   | 14.2 |
| 19   | MICERSKI TOMASZ        | 967 | TKKF KOSZALIN                                                 | KOSZALIN             | POL  | M-40  | 6      | M 19 | 00:05:11 | 00:06:54 | 00:08:38 | 00:10:23 | 00:12:09 | 00:13:49.15 | 00:13:49.15 | 4:17   | 14   |
| 20   | ROGOŻA IRENEUSZ        | 953 |                                                               | KOSZALIN             | POL  | M-40  | 7      | M 20 | 00:05:14 | 00:06:58 | 00:08:43 | 00:10:30 | 00:12:17 | 00:13:52.51 | 00:13:52.51 | 4:18   | 13.9 |
| 21   | KRUPIŃSKI KRZYSZTOF    | 946 | E-UROLOG GABINET<br>SPECJALISTYCZNY<br>KRZYSZTOF<br>KRUPIŃSKI | KOSZALIN             | POL  | M-50  | 2      | M 21 | 00:05:10 | 00:06:55 | 00:08:41 | 00:10:28 | 00:12:15 | 00:13:55.99 | 00:13:55.99 | 4:19   | 13.9 |
| 22   | BASSEL MARCIN          | 952 |                                                               | KOSZALIN             | POL  | M-30  | 7      | M 22 | 00:05:18 | 00:07:01 | 00:08:46 | 00:10:34 | 00:12:21 | 00:14:03.17 | 00:14:03.17 | 4:21   | 13.8 |
| 23   | RUTKOWSKI ARTUR        | 958 | RUTKOWSKI TEAM                                                | SIANÓW               | POL  | M-18  | 6      | M 23 | 00:05:02 | 00:06:47 | 00:08:36 | 00:10:27 | 00:12:22 | 00:14:03.54 | 00:14:03.54 | 4:21   | 13.8 |
| 24   | KAZIMIEROWICZ RADOŚLAW | 954 | VTT KOSZALIN                                                  | KOSZALIN             | POL  | M-30  | 8      | M 24 | 00:05:21 | 00:07:09 | 00:08:57 | 00:10:46 | 00:12:35 | 00:14:09.04 | 00:14:09.04 | 4:23   | 13.7 |
| 25   | NOREK TOMEK            | 950 |                                                               | KOSZALIN             | POL  | M-50  | 3      | M 25 | 00:05:19 | 00:07:06 | 00:08:54 | 00:10:42 | 00:12:30 | 00:14:13.98 | 00:14:13.98 | 4:24   | 13.6 |
| 26   | KAMYK PIOTR            | 961 | MH IT SERWIS<br>KOSZALIN                                      | KOSZALIN             | POL  | M-30  | 9      | M 26 | 00:05:13 | 00:07:01 | 00:08:55 | 00:10:45 | 00:12:34 | 00:14:16.79 | 00:14:16.79 | 4:25   | 13.5 |
| 27   | MAAS ARTUR ARTIMEA     | 956 | KJANDA                                                        | KOSZALIN             | POL  | M-30  | 10     | M 27 | 00:05:05 | 00:06:57 | 00:08:51 | 00:10:47 | 00:12:41 | 00:14:32.46 | 00:14:32.46 | 4:30   | 13.3 |
| 28   | ZIELIŃSKI GRZEGORZ     | 934 |                                                               | STARE BIELICE        | POL  | M-60  | 1      | M 28 | 00:05:15 | 00:07:19 | 00:09:11 | 00:11:03 | 00:12:56 | 00:14:47.24 | 00:14:47.24 | 4:35   | 13.1 |
| 29   | SZABLA EWELINA         | 931 | TKKF KOSZALIN                                                 | KOSZALIN             | POL  | K-30  | 1      | K 1  | 00:05:44 | 00:07:35 | 00:09:27 | 00:11:17 | 00:13:08 | 00:14:54.50 | 00:14:54.50 | 4:37   | 13   |
| 30   | CHODOR MARTYNA         | 944 | TKKF KOSZALIN                                                 | KOSZALIN             | POL  | K-30  | 2      | K 2  | 00:05:44 | 00:07:35 | 00:09:28 | 00:11:17 | 00:13:09 | 00:14:55.20 | 00:14:55.20 | 4:37   | 13   |
| 31   | DĄBROWSKA ALICJA       | 932 | TKKF KOSZALIN                                                 | SIANÓW               | POL  | K-50+ | 1      | K 3  | 00:05:54 | 00:07:48 | 00:09:44 | 00:11:38 | 00:13:27 | 00:15:00.87 | 00:15:00.87 | 4:39   | 12.9 |
| 32   | CHODOR IZABELA         | 945 | TKKF KOSZALIN                                                 | GORZEBĄDZ            | POL  | K-30  | 3      | K 4  | 00:05:54 | 00:07:48 | 00:09:44 | 00:11:38 | 00:13:27 | 00:15:03.91 | 00:15:03.91 | 4:40   | 12.8 |
| 33   | DZIESZUK DARIUSZ       | 955 | TKKF KOSZALIN                                                 | KOSZALIN             | POL  | M-50  | 4      | M 29 | 00:05:55 | 00:07:49 | 00:09:45 | 00:11:41 | 00:13:35 | 00:15:18.00 | 00:15:18.00 | 4:45   | 12.6 |
| 34   | KRZEWIŃSKA MONIKA      | 935 | TKKF KOSZALIN                                                 | KOSZALIN             | POL  | K-30  | 4      | K 5  | 00:06:02 | 00:07:59 | 00:09:53 | 00:11:51 | 00:13:43 | 00:15:27.90 | 00:15:27.90 | 4:47   | 12.5 |

**LETNIE MILE BIEGOWE - 2/5 - 2 MILE, OPEN c.d.**

| M-ce | Nazwisko i imię             | Nr  | Klub              | M-scowość | Kraj | Kat.  | M. kat | K/M  | 1.218km  | 1.618km  | 2.018km  | 2.418km  | 2.818km  | Netto       | Brutto      | min/km | km/h |
|------|-----------------------------|-----|-------------------|-----------|------|-------|--------|------|----------|----------|----------|----------|----------|-------------|-------------|--------|------|
| 35   | WAWRZYN GRZEGORZ            | 975 |                   | KOSZALIN  | POL  | M-40  | 8      | M 30 | 00:05:44 | 00:07:36 | 00:09:33 | 00:11:34 | 00:13:40 | 00:15:32.76 | 00:15:32.76 | 4:49   | 12.4 |
| 36   | PANCERZYŃSKI ŁUKASZ         | 949 |                   | KOSZALIN  | POL  | M-30  | 11     | M 31 | 00:05:59 | 00:07:56 | 00:09:51 | 00:11:50 | 00:13:45 | 00:15:35.59 | 00:15:35.59 | 4:50   | 12.4 |
| 37   | KOZŁOWIECKI WALDEK          | 937 | TKKF KOSZALIN     | KOSZALIN  | POL  | M-60  | 2      | M 32 | 00:06:09 | 00:08:10 | 00:10:09 | 00:12:10 | 00:14:08 | 00:15:57.69 | 00:15:57.69 | 4:57   | 12.1 |
| 38   | ZUKAŁ JAKUB                 | 940 |                   | KOSZALIN  | POL  | M-DZ  | 1      | M 33 | 00:06:56 | 00:09:17 | 00:11:41 | 00:13:39 | 00:15:58 | 00:17:56.20 | 00:17:56.20 | 5:34   | 10.8 |
| 39   | WOLF BEATA                  | 941 | TKKF KOSZALIN     | KOSZALIN  | POL  | K-40  | 1      | K 6  | 00:06:53 | 00:09:11 | 00:11:34 | 00:14:10 | 00:16:29 | 00:18:33.09 | 00:18:33.09 | 5:45   | 10.4 |
| 40   | STAŃCZYK FRANCISZEK         | 943 | NIEZRZESZONY      | KOSZALIN  | POL  | M-70+ | 1      | M 34 | 00:07:00 | 00:09:18 | 00:11:38 | 00:14:01 | 00:16:22 | 00:18:42.45 | 00:18:42.45 | 5:48   | 10.3 |
| 41   | ZUKAŁ ALEKSANDRA            | 939 |                   | KOSZALIN  | POL  | K-40  | 2      | K 7  | 00:06:56 | 00:09:17 | 00:11:41 | 00:14:08 | 00:16:37 | 00:19:02.38 | 00:19:02.38 | 5:54   | 10.2 |
| 42   | KOZŁOWIECKA MAŁGORZATA      | 936 |                   | KOSZALIN  | POL  | K-50+ | 2      | K 8  | 00:07:00 | 00:09:25 | 00:11:51 | 00:14:20 | 00:16:53 | 00:19:16.75 | 00:19:16.75 | 5:59   | 10   |
| 43   | CICHOSZ JERZY               | 942 |                   | KOSZALIN  | POL  | M-70+ | 2      | M 35 | 00:07:33 | 00:10:03 | 00:12:34 | 00:15:06 | 00:17:38 | 00:20:07.96 | 00:20:07.96 | 6:14   | 9.6  |
| 44   | BAKOWSKA AGATA              | 948 | BABECZKI KOSZALIN | KOSZALIN  | POL  | K-DZ  | 1      | K 9  | 00:08:39 | 00:12:10 | 00:15:37 | 00:18:50 | 00:22:12 | 00:25:11.91 | 00:25:11.91 | 7:49   | 7.7  |
| 45   | WOJTKIEWICZ-BAKOWSKA DOROTA | 947 | BABECZKI KOSZALIN | KOSZALIN  | POL  | K-30  | 5      | K 10 | 00:08:39 | 00:12:10 | 00:15:37 | 00:18:49 | 00:22:12 | 00:25:12.02 | 00:25:12.02 | 7:49   | 7.7  |
| 46   | BARTNIK MARIAN              | 933 | TKKF KOSZALIN     | KOSZALIN  | POL  | M-70+ | 3      | M 36 | 00:09:39 | 00:12:57 | 00:16:15 | 00:19:33 | 00:22:48 | 00:25:54.12 | 00:25:54.12 | 8:02   | 7.5  |