

LETNIE MILE BIEGOWE - 5/5 - 1 MILA

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
 Data: 2018-08-08
 Miejsce: Koszalin
 Dystans: 1.609 km



LETNIE MILE BIEGOWE - 5/5 - 1 MILA, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.009km	0.409km	0.809km	1.209km	Netto	Brutto	min/km	km/h
1	ORZECHOWSKI KAMIL	25	TKKF KOSZALIN	KOSZALIN	POLSKA	M-30	1	M 1	00:00:02	00:01:12	00:02:27	00:03:41	00:04:52.95	00:04:52.95	3:01	19.8
2	GAWRON PIOTR	30	ULKS TALEX BORZYTUCHOM	BOROWY MŁYN	POLSKA	M-18	1	M 2	00:00:02	00:01:11	00:02:27	00:03:44	00:05:03.55	00:05:03.55	3:08	19.1
3	SOSNOWSKI TOMASZ	66	MEDEN-INMED SPORTS TEAM	KOSZALIN	POLSKA	M-18	2	M 3	00:00:02	00:01:11	00:02:27	00:03:45	00:05:09.22	00:05:09.22	3:11	18.8
4	HUBERT ŁUKASZ	47	TKKF KOSZALIN	KOSZALIN	POLSKA	M-30	2	M 4	00:00:02	00:01:13	00:02:33	00:03:55	00:05:15.19	00:05:15.19	3:15	18.4
5	NAKONIECZNY RAFAŁ	24	TKKF KOSZALIN	KOSZALIN	POLSKA	M-30	3	M 5	00:00:02	00:01:18	00:02:41	00:04:05	00:05:27.45	00:05:27.45	3:23	17.7
6	KASZUBIAK KLAUDIUSZ	36		KOSZALIN	POLSKA	M-30	4	M 6	00:00:03	00:01:24	00:02:48	00:04:16	00:05:32.94	00:05:32.94	3:26	17.5
7	ZUKAL PIOTR	33		KOSZALIN	POLSKA	M-40	1	M 7	00:00:02	00:01:25	00:02:52	00:04:19	00:05:41.32	00:05:41.32	3:31	17
8	BESZTERDA JAKUB	22	BAŁTYK KOSZALIN	KOSZALIN	POLSKA	M-14	1	M 8	00:00:04	00:01:25	00:02:55	00:04:26	00:05:44.12	00:05:44.12	3:33	16.8
9	SITOWSKI MARCIN	37	FC RYSIEK	KOSZALIN	POLSKA	M-18	3	M 9	00:00:02	00:01:15	00:02:41	00:04:14	00:05:45.23	00:05:45.23	3:34	16.8
10	SIENIAWSKI JAROSŁAW	67	MEDEN INMED SPORTS TEAM	BONIN	POLSKA	M-40	2	M 10	00:00:03	00:01:24	00:02:51	00:04:20	00:05:45.44	00:05:45.44	3:34	16.8
11	PRZEWOŁOCKI MICHAŁ	48	TKKF KOSZALIN	KOSZALIN	POLSKA	M-30	5	M 11	00:00:03	00:01:20	00:02:44	00:04:15	00:05:46.33	00:05:46.33	3:34	16.8
12	KLEMANN PAWEŁ	12		NOWE BIELICE	POLSKA	M-40	3	M 12	00:00:03	00:01:23	00:02:48	00:04:17	00:05:47.41	00:05:47.41	3:35	16.7
13	ZWOLIŃSKI JAN	41	TKKF KOSZALIN	WIERCISZEWO	POLSKA	M-50	1	M 13	00:00:02	00:01:24	00:02:55	00:04:27	00:05:51.06	00:05:51.06	3:38	16.5
14	JAMNIAK BARTOSZ	49	TKKF KOSZALIN	KOSZALIN	POLSKA	M-30	6	M 14	00:00:02	00:01:25	00:02:56	00:04:28	00:05:54.63	00:05:54.63	3:39	16.4
15	ZACHOLSKI WOJCIECH	70		KOSZALIN	POLSKA	M-18	4	M 15	00:00:03	00:01:32	00:03:04	00:04:38	00:05:56.99	00:05:56.99	3:41	16.3
16	KUŁAKOWSKI DAWID	50	TKKF KOSZALIN	KOSZALIN	POLSKA	M-40	4	M 16	00:00:03	00:01:32	00:03:04	00:04:38	00:05:59.50	00:05:59.50	3:42	16.1
17	MOSZYŃSKI JACEK	15	TKKF KOSZALIN	KOSZALIN	POLSKA	M-50	2	M 17	00:00:03	00:01:31	00:03:03	00:04:37	00:06:01.40	00:06:01.40	3:44	16.1
18	ŻYWIŃSKI BARTOSZ	28	DZIKI KOSZALIN	STARKOWO	POLSKA	M-30	7	M 18	00:00:04	00:01:33	00:03:05	00:04:38	00:06:04.02	00:06:04.02	3:46	15.9
19	BASSEL MARCIN	38		KOSZALIN	POLSKA	M-30	8	M 19	00:00:04	00:01:29	00:03:00	00:04:34	00:06:05.76	00:06:05.76	3:46	15.9
20	MICERSKI TOMASZ	16	TKKF KOSZALIN	KOSZALIN	POLSKA	M-40	5	M 20	00:00:04	00:01:31	00:03:02	00:04:37	00:06:09.86	00:06:09.86	3:49	15.7
21	BESZTERDA SEBASTIAN	23	NIETOPERZE KOSZALIN	KOSZALIN	POLSKA	M-40	6	M 21	00:00:05	00:01:34	00:03:08	00:04:43	00:06:12.90	00:06:12.90	3:51	15.6
22	MŁASZEWSKI PRZEMYSŁAW	26		KOSZALIN	POLSKA	M-30	9	M 22	00:00:03	00:01:33	00:03:05	00:04:42	00:06:18.17	00:06:18.17	3:54	15.3
23	MILEWSKI TOMASZ	69		KOSZALIN	POLSKA	M-30	10	M 23	00:00:05	00:01:34	00:03:08	00:04:45	00:06:20.63	00:06:20.63	3:56	15.3
24	JAROSZ DARIUSZ	11	TKKF KOSZALIN	SUCHA KOSZALIŃSKA	POLSKA	M-40	7	M 24	00:00:03	00:01:35	00:03:13	00:04:54	00:06:31.28	00:06:31.28	4:02	14.8
25	KAMYK PIOTR	44	MH IT SERWIS KOSZALIN	KOSZALIN	POLSKA	M-30	11	M 25	00:00:03	00:01:32	00:03:09	00:04:52	00:06:33.09	00:06:33.09	4:04	14.7
26	KRUPIŃSKI KRZYSZTOF	65	E-UROLOG.EU	KOSZALIN	POLSKA	M-50	3	M 26	00:00:04	00:01:40	00:03:19	00:04:59	00:06:36.85	00:06:36.85	4:05	14.6
27	MARZEC ŁUKASZ	18		KOSZALIN	POLSKA	M-30	12	M 27	00:00:07	00:01:46	00:03:20	00:05:00	00:06:40.32	00:06:40.32	4:08	14.5
28	NOREK TOMEK	39		KOSZALIN	POLSKA	M-50	4	M 28	00:00:05	00:01:44	00:03:23	00:05:03	00:06:41.84	00:06:41.84	4:09	14.5
29	CHODOR MARTYNA	21	TKKF KOSZALIN	KOSZALIN	POLSKA	K-30	1	K 1	00:00:06	00:01:49	00:03:32	00:05:15	00:06:45.58	00:06:45.58	4:11	14.3
30	DĄBROWSKA ALICJA	42	TKKF KOSZALIN	SIANÓW	POLSKA	K-50+	1	K 2	00:00:06	00:01:52	00:03:36	00:05:17	00:06:48.73	00:06:48.73	4:13	14.2
31	WAWRZYN GRZEGORZ	19		KOSZALIN	POLSKA	M-40	8	M 29	00:00:06	00:01:47	00:03:34	00:05:18	00:06:52.70	00:06:52.70	4:15	14.1
32	KISIELIŃSKI IGOR	46	TKKF KOSZALIN	KOSZALIN	POLSKA	M-50	5	M 30	00:00:05	00:01:40	00:03:22	00:05:08	00:06:53.15	00:06:53.15	4:16	14
33	PANCERZYŃSKI ŁUKASZ	62		KOSZALIN	POLSKA	M-30	13	M 31	00:00:05	00:01:46	00:03:33	00:05:18	00:06:53.35	00:06:53.35	4:16	14
34	KURŁOWICZ KRZYSZTOF	64		KOSZALIN	POLSKA	M-30	14	M 32	00:00:02	00:01:34	00:03:18	00:05:07	00:06:54.48	00:06:54.48	4:17	14
35	RUTKOWSKI ARTUR	63	RUTKOWSKI TEAM	SIANÓW	POLSKA	M-18	5	M 33	00:00:03	00:01:48	00:03:28	00:05:14	00:06:55.45	00:06:55.45	4:17	14
36	ZIELIŃSKI GRZEGORZ	34		STARE BIELICE	POLSKA	M-60	1	M 34	00:00:03	00:01:36	00:03:21	00:05:11	00:07:00.76	00:07:00.76	4:20	13.8
37	SZABLA EWELINA	27	TKKF KOSZALIN	KOSZALIN	POLSKA	K-30	2	K 3	00:00:06	00:01:55	00:03:42	00:05:27	00:07:14.02	00:07:14.02	4:29	13.4
38	CHODOR IZA	29	TKKF KOSZALIN	GORZEBĄDZ	POLSKA	K-30	3	K 4	00:00:06	00:01:56	00:03:45	00:05:36	00:07:18.42	00:07:18.42	4:32	13.2
39	KOZŁOWIECKI WALDEK	45	TKKF KOSZALIN	KOSZALIN	POLSKA	M-60	2	M 35	00:00:04	00:01:55	00:03:52	00:05:52	00:07:55.77	00:07:55.77	4:55	12.2
40	WOLF BEATA	61	TKKF KOSZALIN	KOSZALIN	POLSKA	K-40	1	K 5	00:00:05	00:02:04	00:04:11	00:06:23	00:08:36.98	00:08:36.98	5:20	11.2
41	ZUKAL ALEKSANDRA	31		KOSZALIN	POLSKA	K-40	2	K 6	00:00:05	00:02:13	00:04:26	00:06:43	00:08:53.58	00:08:53.58	5:31	10.9
42	STAŃCZYK FRANCISZEK	68	NIEZRZESZONY	KOSZALIN	POLSKA	M-70+	1	M 36	00:00:04	00:02:09	00:04:21	00:06:39	00:08:53.63	00:08:53.63	5:31	10.9
43	ZUKAL JAKUB	32		KOSZALIN	POLSKA	M-DZ	1	M 37	00:00:05	00:02:17	00:04:33	00:07:01	00:09:04.59	00:09:04.59	5:37	10.7
44	KOZŁOWIECKA MAŁGORZATA	40		KOSZALIN	POLSKA	K-50+	2	K 7	00:00:05	00:02:14	00:04:37	00:07:04	00:09:28.42	00:09:28.42	5:52	10.2
45	CHODOR ANTEK	20		KOSZALIN	POLSKA	M-DZ	2	M 38	00:00:07	00:02:28	00:05:12	00:08:09	00:11:32.01	00:11:32.01	7:09	8.4
46	BARTNIK MARIAN	43	TKKF KOSZALIN	KOSZALIN	POLSKA	M-70+	2	M 39	00:00:03	00:03:00	00:06:10	00:09:22	00:12:32.96	00:12:32.96	7:47	7.7
47	LINOWIECKI CEZARY	35		KOSZALIN	POLSKA	M-50	6	M 40	00:00:02	00:01:22	00:02:49				3:28	17.3