TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-03-03
Miejsce: Koszalin
Dystans: 10 km
Klasyfikacja wg czasów brutto.





B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	Brutto	min/km	km/h
1	BRAUN GRZEGORZ	138	RUNGRYF GRYFICE	GRYFICE	POL	M18-29	1	M 1	00:05:41	00:11:22	00:17:03	00:22:42	00:28:21	00:33:54.10	00:33:54.10	3:23	17.7
2	PERLIK TOMASZ	251	MTS HAMER MIASTKO	MIASTKO	POL	M30-39	1	M 2	00:05:42	00:11:23	00:17:04	00:22:48	00:28:41	00:34:27.68	00:34:27.68	3:26	17.4
3	KARCZ ARTUR	189	PIOTR POBŁOCKI	KOŁOBRZEG	POL	M40-49	1	M 3	00:05:48	00:11:36	00:17:23	00:23:16	00:29:23	00:35:22.09	00:35:22.09	3:32	17
4	SIADAK ARKADIUSZ	271		KOSZALIN	POL	M30-39	2	M 4	00:05:57	00:11:55	00:17:55	00:24:03	00:30:09	00:35:57.48	00:35:57.48	3:35	16.7
5	ZABORSKI RYSZARD	306	TKKF KOSZALIN	KOSZALIN	POL	M40-49	2	M 5	00:06:00	00:11:55	00:17:55	00:24:03	00:30:09	00:36:14.02	00:36:14.02	3:37	16.6
6	FIDO ADAM	158	JW 3937	KOŁOBRZEG	POL	M40-49	3	M 6	00:06:01	00:12:11	00:18:31	00:24:56	00:31:27	00:37:47.71	00:37:47.71	3:46	15.9
7	KUŁAKOWSKI ARTUR	213	FLORIAN CHOJNICE	CHOJNICE	POL	M40-49	4	M 7	00:06:28	00:12:45	00:19:04	00:25:23	00:31:45	00:37:55.84	00:37:55.84	3:47	15.8
8	HUBERT ŁUKASZ	176	TKKF KOSZALIN	KOSZALIN	POL	M30-39	3	M 8	00:06:05	00:12:20	00:18:47	00:25:25	00:32:02	00:38:15.62	00:38:15.62	3:49	15.7
9	SZARŁATA PIOTR	280		KOŁOBRZEG	POL	M30-39	4	M 9	00:05:59	00:12:17	00:18:44	00:25:25	00:32:03	00:38:17.85	00:38:17.85	3:49	15.7
10	CEJKO DAWID	141	BALTIC SEALS	SŁUPSK	POL	M18-29	2	M 10	00:06:23	00:12:48	00:19:23	00:25:55	00:32:26	00:38:33.68	00:38:33.68	3:51	15.6
11	BIEDRZYCKI ANDRZEJ	319	WYGAN	KOŁOBRZEG	POL	M60-69	1	M 11	00:06:40	00:13:09	00:19:37	00:26:04	00:32:32	00:38:48.27	00:38:48.27	3:52	15.5
12	DURMAN DAWID	156		DARŁOWO	POL	M18-29	3	M 12	00:06:20	00:12:43	00:19:13	00:25:54	00:32:41	00:38:54.50	00:38:54.50	3:53	15.4
13	RUDNIKOWSKI MACIEJ	265	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL	DARŁOWO	POL	M40-49	5	M 13	00:06:19	00:12:49	00:19:23	00:25:58	00:32:34	00:38:58.22	00:38:58.22	3:53	15.4
14	CZAPLIŃSKI JACEK	147	TAGER KOSZALIN	KOSZALIN	POL	M30-39	5	M 14	00:06:23	00:12:47	00:19:23	00:25:58	00:32:37	00:39:00.01	00:39:00.01	3:54	15.4
15	RYKIEL MICHAŁ	269		BONIN	POL	M30-39	6	M 15	00:06:25	00:13:05	00:19:45	00:26:21	00:32:55	00:39:16.80	00:39:16.80	3:55	15.3
16	ZWOLIŃSKI JAN	314	TKKF KOSZALIN	WIERCISZEWO	POL	M50-59	1	M 16	00:06:23	00:12:51	00:19:26	00:26:05	00:32:50	00:39:26.23	00:39:26.23	3:56	15.2
17	POŁUBIŃSKI PAWEŁ	258	BORNE BIEGA	BORNE SULINOWO	POL	M40-49	6	M 17	00:06:38	00:13:10	00:19:41	00:26:16	00:32:55	00:39:29.78	00:39:29.78	3:56	15.2
18	BURDA ROBERT	140	KOSPEL	KOSZALIN	POL	M40-49	7	M 18	00:06:47	00:13:31	00:20:15	00:26:58	00:33:41	00:40:00.68	00:40:00.68	4:00	15
19	GRZESIK EUGENIUSZ	167	TKKF KOSZALIN	KOSZALIN	POL	M50-59	2	M 19	00:06:24	00:13:06	00:19:49	00:26:43	00:33:42	00:40:22.97	00:40:22.97	4:02	14.9
20	WOJCIECHOWICZ JACEK	301	WWW.STUDIOTANCPASJA.PL	KOSZALIN	POL	M40-49	8	M 20	00:06:24	00:12:58	00:19:49	00:26:43	00:33:43	00:40:34.27	00:40:34.27	4:03	14.8
21	BARANOWSKI PIOTR	133		KOSZALIN	POL	M40-49	9	M 21	00:06:49	00:13:35	00:20:24	00:27:17	00:34:06	00:40:54.38	00:40:54.38	4:05	14.7
22	SMAGOWSKI WOJTEK	274	KB SPRINT ŚWIDWIN	RĄBINO	POL	M40-49	10	M 22	00:06:51	00:13:37	00:20:29	00:27:26	00:34:21	00:41:06.39	00:41:06.39	4:06	14.6
23	SITOWSKI MARCIN	272	HOMOSAPIE	KOSZALIN	POL	M18-29	4	M 23	00:06:44	00:13:31	00:20:27	00:27:31	00:34:38	00:41:33.46	00:41:33.46	4:09	14.4
24	MAĆKOWIAK KRZYSZTOF	222	ROZBIEGANY KOSZALIN	KOSZALIN	POL	M40-49	11	M 24	00:06:49	00:13:36	00:20:28	00:27:32	00:34:46	00:41:48.52	00:41:48.52	4:10	14.4
25	KAWKA ADRIAN	192		SŁUPSK	POL	M30-39	7	M 25	00:06:29	00:13:23	00:20:34	00:27:52	00:35:01	00:42:01.62	00:42:01.62	4:12	14.3
26	RYBACKI DAWID	267	PKP SKM TRÓJMIASTO	BOŻEPOLE WIELKIE	POL	M30-39	8	M 26	00:06:56	00:13:52	00:20:58	00:28:09	00:35:19	00:42:20.13	00:42:20.13	4:14	14.2
27	KOŁODZIEJ KRYSTIAN	197	BESTIE OCR LEGIONOWO	LEGIONOWO	POL	M30-39	9	M 27	00:07:03	00:13:55	00:20:54	00:28:04	00:35:20	00:42:22.86	00:42:22.86	4:14	14.2
28	FRYDRYCH WOJCIECH	161		GRZYBOWO	POL	M30-39	10	M 28	00:07:10	00:14:14	00:21:24	00:28:34	00:35:41	00:42:24.86	00:42:24.86	4:14	14.2
29	NOWAK PAWEŁ	240	#TRIPAKA PRZECHLEWO	KOSZALIN	POL	M40-49	12	M 29	00:07:05	00:14:06	00:21:17	00:28:31	00:35:41	00:42:43.36	00:42:43.36	4:16	14
30	LEWANDOWSKI JACEK	217		STARY BOREK	POL	M40-49	13	M 30	00:07:12	00:14:18	00:21:30	00:28:47	00:36:04	00:43:00.17	00:43:00.17	4:18	14
31	MOKSA DARIUSZ	230		KOSZALIN	POL	M18-29	5	M 31	00:06:28	00:13:38	00:21:03	00:28:23	00:35:47	00:43:02.34	00:43:02.34	4:18	13.9
32	OKOŁOTOWICZ SEBASTIAN	241		SŁUPSK	POL	M30-39	11	M 32	00:07:04	00:13:37	00:20:42	00:27:59	00:35:35	00:43:04.57	00:43:04.57	4:18	13.9
33	KONKEL AGNIESZKA	199		KOSZALIN	POL	K30-39	1	K 1	00:07:22	00:14:36	00:21:49	00:29:04	00:36:15	00:43:07.75	00:43:07.75	4:18	13.9
34	WILUSZ KRZYSZTOF	298	STOPA SŁUPSK	SŁUPSK	POL	M30-39	12	M 33	00:07:20	00:14:32	00:21:49	00:29:02	00:36:17	00:43:34.70	00:43:34.70	4:21	13.8
35	MUCHA KRZYSZTOF	235	JW1223	KOSZALIN	POL	M40-49	14	M 34	00:07:18	00:14:38	00:21:51	00:29:12	00:36:30	00:43:35.69	00:43:35.69	4:21	13.8
36	WIECZOREK ŁUKASZ	296	CSSP KOSZALIN	KOSZALIN	POL	M18-29	6	M 35	00:07:20	00:14:34	00:21:49	00:29:23	00:36:45	00:43:37.84	00:43:37.84	4:21	13.8
37	CHORĄŻY KAROLINA	144	LEO-TEAM	KOSZALIN	POL	K30-39	2	K 2	00:07:23	00:14:38	00:21:49	00:29:04	00:36:23	00:43:39.91	00:43:39.91	4:21	13.7
38	CIASTOŃ TOMASZ	146	ORSKOV FOODS TEAM	CZAPLINEK	POL	M30-39	13	M 36	00:07:17	00:14:26	00:21:42	00:29:11	00:36:41	00:43:43.81	00:43:43.81	4:22	13.7

TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	Brutto	min/km	km/h
39	IWANIEC DARIUSZ	177	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	15	M 37	00:07:35	00:14:53	00:22:09	00:29:39	00:37:06	00:44:27.39	00:44:27.39	4:26	13.5
40	HOREGLAD PAWEŁ	174	SPEEDY GONZALES	KOSZALIN	POL	M18-29	7	M 38	00:07:34	00:14:52	00:22:17	00:29:55	00:37:11	00:44:48.11	00:44:48.11	4:28	13.4
41	CHUPTYŚ ADRIAN	145	RUNDORFINA	CZAPLINEK	POL	M30-39	14	M 39	00:07:54	00:15:13	00:22:40	00:30:17	00:37:50	00:45:01.83	00:45:01.83	4:30	13.3
42	MALINOWSKI MARIUSZ	225		KOSZALIN	POL	M30-39	15	M 40	00:07:28	00:14:57	00:22:34	00:30:12	00:37:39	00:45:03.09	00:45:03.09	4:30	13.3
43	JÓZEFIAK ADRIAN	35		KAMIEŃ RYMARSKI	POL	M30-39	16	M 41	00:07:46	00:15:10	00:22:45	00:30:17	00:37:51	00:45:04.63	00:45:04.63	4:30	13.3
44	JANKOWSKI PIOTR	180		SZCZECIN	POL	M40-49	16	M 42	00:07:45	00:15:10	00:22:44	00:30:17	00:37:52	00:45:08.13	00:45:08.13	4:30	13.3
45	STEFANOWICZ PAWEŁ	277	ORLEN RUNNING TEAM	KOSZALIN	POL	M40-49	17	M 43	00:07:22	00:14:39	00:22:10	00:29:54	00:37:27	00:45:10.10	00:45:10.10	4:31	13.3
46	JADCZAK TOMASZ	207	JW1223	KOSZALIN	POL	M30-39	17	M 44	00:07:42	00:15:11	00:22:48	00:30:23	00:37:57	00:45:17.55	00:45:17.55	4:31	13.2
47	FILOWIAT GRZEGORZ	160	ULKST BORNE SULINOWO	BORNE SULINOWO	POL	M40-49	18	M 45	00:07:47	00:15:15	00:22:47	00:30:22	00:37:56	00:45:19.76	00:45:19.76	4:31	13.2
48	ŻUREK MATEUSZ	317		KOSZALIN	POL	M30-39	18	M 46	00:07:29	00:14:45	00:22:12	00:29:45	00:37:36	00:45:19.89	00:45:19.89	4:31	13.2
49	PEŁECHATA JULITA	249	IG CONSULTING KOSZALIN TEAM	KOSZALIN	POL	K18-29	1	K 3	00:07:27	00:14:51	00:22:26	00:30:04	00:37:45	00:45:21.26	00:45:21.26	4:32	13.2
50	KOZIEŁ PAWEŁ	206		RĄBINO	POL	M40-49	19	M 47	00:07:09	00:14:42	00:22:20	00:30:05	00:37:55	00:45:26.05	00:45:26.05	4:32	13.2
51	OLCZAK KRZYSZTOF	242		SIANÓW	POL	M30-39	19	M 48	00:08:00	00:15:32	00:23:09	00:30:42	00:38:23	00:45:37.81	00:45:37.81	4:33	13.2
52	PROTASIEWICZ ROBERT	19		CEWLINO	POL	M40-49	20	M 49	00:07:21	00:14:37	00:22:09	00:29:51	00:37:31	00:45:40.14	00:45:40.14	4:34	13.1
53	PŁOSKI KRZYSZTOF	257	DARŁOWSKIE CHARTY	BOBOLIN	POL	M40-49	21	M 50	00:07:47	00:15:08	00:22:45	00:30:31	00:38:21	00:45:44.84	00:45:44.84	4:34	13.1
54	WOŁYŃSKA WIOLETTA	302	TKKF KOSZALIN	KOSZALIN	POL	K40-49	1	K 4	00:07:52	00:15:36	00:23:14	00:31:01	00:38:37	00:45:57.43	00:45:57.43	4:35	13.1
55	MICERSKI TOMASZ	226	TKKF KOSZALIN	KOSZALIN	POL	M40-49	22	M 51	00:07:40	00:15:16	00:23:02	00:30:47	00:38:33	00:46:00.09	00:46:00.09	4:36	13
56	ROKITA MICHAŁ	263		CZARNE	POL	M30-39	20	M 52	00:07:24	00:14:41	00:22:20	00:30:11	00:38:11	00:46:25.13	00:46:25.13	4:38	12.9
57	FILOWIAT JUSTYNA	159	ULKST BORNE SULINOWO	BORNE SULINOWO	POL	K30-39	3	K 5	00:07:33	00:15:09	00:22:54	00:30:45	00:38:37	00:46:27.24	00:46:27.24	4:38	12.9
58	HAŁKA JUSTYNA	170	TRUCHT ŁOBEZ	ŁOBEZ	POL	K30-39	4	K 6	00:07:42	00:15:22	00:23:11	00:31:01	00:38:53	00:46:37.99	00:46:37.99	4:39	12.9
59	JANKOWSKI MARIUSZ	179		SZCZECINEK	POL	M40-49	23	M 53	00:07:23	00:15:02	00:22:51	00:30:49	00:38:52	00:46:42.42	00:46:42.42	4:40	12.8
60	KRAWCZUK SZYMON	209	DARŁOWSKIE CHARTY	GLEŹNOWO	POL	M30-39	21	M 54	00:08:14	00:15:59	00:23:42	00:31:30	00:39:16	00:46:52.54	00:46:52.54	4:41	12.8
61	MICHALSKI JAKUB	228		KOSZALIN	POL	M40-49	24	M 55	00:08:07	00:16:02	00:23:58	00:31:41	00:39:29	00:46:57.80	00:46:57.80	4:41	12.8
62	RAKOWSKI JAKUB	260		KOSZALIN	POL	M30-39	22	M 56	00:08:17	00:15:59	00:23:42	00:31:30	00:39:16	00:47:01.43	00:47:01.43	4:42	12.8
63	KRZEWIŃSKA MAŁGORZATA	212	TKKF KOSZALIN	KOSZALIN	POL	K60+	1	K 7	00:07:51	00:15:40	00:23:32	00:31:28	00:39:21	00:47:13.57	00:47:13.57	4:43	12.7
64	STACHOWIAK RYSZARD	276		BIAŁOGARD	POL	M60-69	2	M 57	00:07:33	00:15:20	00:23:14	00:31:17	00:39:28	00:47:31.04	00:47:31.04	4:45	12.6
65	KAŹMIERCZAK AGNIESZKA	194		ŚWIDWIN	POL	K40-49	2	K 8	00:07:52	00:15:44	00:23:37	00:31:33	00:39:36	00:47:35.22	00:47:35.22	4:45	12.6
66	PIETRUSZKA MIKOŁAJ	255	TĘCZA RUN	KOSZALIN	POL	M40-49	25	M 58	00:08:08	00:16:00	00:24:06	00:32:01	00:39:57	00:47:48.97	00:47:48.97	4:46	12.6
67	SZYMAŃSKI PIOTR	282		ROSNOWO	POL	M40-49	26	M 59	00:08:09	00:15:52	00:23:40	00:31:47	00:40:00	00:47:57.79	00:47:57.79	4:47	12.5
68	OTTO MICHAŁ	247		BONIN	POL	M30-39	23	M 60	00:07:21	00:15:03	00:23:07	00:31:26	00:39:50	00:48:10.60	00:48:10.60	4:49	12.5
69	MILEWSKI TOMASZ	229		KOSZALIN	POL	M30-39	24	M 61	00:07:57	00:15:41	00:23:40	00:31:49	00:40:03	00:48:11.23	00:48:11.23	4:49	12.5
70	ZACHARSKI JERZY	307		TRZCIANKA	POL	M50-59	3	M 62	00:08:03	00:15:55	00:23:57	00:32:06	00:40:16	00:48:11.93	00:48:11.93	4:49	12.5
71	WÓJCICKI ADRIAN	304	DEAF KOSZALIN	KOSZALIN	POL	M30-39	25	M 63	00:07:38	00:15:23	00:23:31	00:31:57	00:40:23	00:48:20.20	00:48:20.20	4:50	12.4
72	GOŁDYN MAREK	164	TKKF KOSZALIN	KOSZALIN	POL	M30-39	26	M 64	00:08:28	00:16:23	00:24:25	00:32:33	00:40:43	00:48:31.73	00:48:31.73	4:51	12.4
73	ADRYAN ADAM	131		SŁUPSK	POL	M40-49	27	M 65	00:08:06	00:15:58	00:23:58	00:32:05	00:40:33	00:48:34.89	00:48:34.89	4:51	12.4
74	ANTKOWIAK SEBASTIAN	132	DB - ACTIVE	KOSZALIN	POL	M40-49	28	M 66	00:07:55	00:15:41	00:23:44	00:32:04	00:40:27	00:48:38.90	00:48:38.90	4:51	12.3
75	KOZIEŁ ADAM	205		RĄBINO	POL	M18-29	8	M 67	00:07:48	00:15:44	00:23:59	00:32:14	00:40:36	00:48:45.80	00:48:45.80	4:52	12.3
76	GRZYSTEK MARCIN	168		SITNO	POL	M30-39	27	M 68	00:08:58	00:17:01	00:25:08	00:33:16	00:41:26	00:48:52.19	00:48:52.19	4:53	12.3
77	KOŁODZIEJCZAK GRZEGORZ	198	PARKRUN SZCZECINEK	TUROWO	POL	M40-49	29	M 69	00:08:58	00:17:01	00:25:07	00:33:16	00:41:26	00:48:52.72	00:48:52.72	4:53	12.3
78	WYGANOWSKI ANDRZEJ	320	WYGAN	KOŁOBRZEG	POL	M70+	1	M 70	00:08:27	00:16:37	00:24:43	00:32:50	00:40:58	00:48:53.21	00:48:53.21	4:53	12.3
79	RUTKOWSKI ARTUR	266	KOSZALIŃSKI RANKING BIEGACZY	SIANÓW	POL	M18-29	9	M 71	00:08:11	00:15:58	00:24:04	00:32:24	00:40:48	00:48:54.21	00:48:54.21	4:53	12.3
80	DĄBROWSKA ALICJA	149	TKKF KOSZALIN	SIANÓW	POL	K50-59	1	K 9	00:08:19	00:16:32	00:24:50	00:33:11	00:41:23	00:48:57.60	00:48:57.60	4:53	12.3
81	PERLIK KATARZYNA	252	MTS HAMER MIASTKO	MIASTKO	POL	K18-29	2	K 10	00:08:13	00:16:28	00:24:44	00:32:58	00:41:19	00:49:00.47	00:49:00.47	4:54	12.2
82	CHABOWSKI WOJCIECH	142		RĄBINO	POL	M18-29	10	M 72	00:07:29	00:15:28	00:23:59	00:32:26	00:41:04	00:49:05.87	00:49:05.87	4:54	12.2
83	URBAŃSKI TOMASZ	289		BIAŁOGARD	POL	M40-49	30	M 73	00:08:38	00:16:41	00:24:40	00:32:45	00:41:01	00:49:06.23	00:49:06.23	4:54	12.2
84	KONKEL ŁUKASZ	200		KOSZALIN	POL	M40-49	31	M 74	00:08:32	00:16:46	00:24:56	00:33:11	00:41:29	00:49:28.30	00:49:28.30	4:56	12.1
85	ŚWIETLIK TOMASZ	285	LEO-TEAM	KOSZALIN	POL	M50-59	4	M 75	00:08:34	00:16:47	00:25:02	00:33:16	00:41:31	00:49:38.25	00:49:38.25	4:57	12.1
86	BORYS JUSTYNA	136	JEDWABIŚCI	KOSZALIN	POL	K30-39	5	K 11	00:08:21	00:16:27	00:24:51	00:33:06	00:41:33	00:49:41.59	00:49:41.59	4:58	12.1
87	PILAREK IRENEUSZ	256		KOSZALIN	POL	M30-39	28	M 76	00:08:29	00:16:10	00:24:08	00:32:53	00:41:43	00:49:49.98	00:49:49.98	4:58	12
88	CINCIO ROBERT	318	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M40-49	32	M 77	00:07:51	00:15:45	00:24:06	00:32:40	00:41:17	00:49:50.19	00:49:50.19	4:59	12
89	MICHALAK NATALIA	227	CSSP KOSZALIN	SZCZYTNO	POL	K18-29	3	K 12	00:08:15	00:16:26	00:24:54	00:33:35	00:41:56	00:49:54.12	00:49:54.12	4:59	12

TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	Brutto	min/km	km/h
90	GALICKI ROBERT	162		BOBOLICE	POL	M40-49	33	M 78	00:08:37	00:16:47	00:25:06	00:33:33	00:41:56	00:49:54.94	00:49:54.94	4:59	12
91	OLSZAR GRZEGORZ	243	MSWIA	DARŁOWO	POL	M30-39	29	M 79	00:08:21	00:16:37	00:25:02	00:33:26	00:41:56	00:50:04.67	00:50:04.67	5:00	12
92	KISIELIŃSKI IGOR	195	TKKF KOSZALIN	KOSZALIN	POL	M50-59	5	M 80	00:08:19	00:16:25	00:24:26	00:32:53	00:41:41	00:50:06.95	00:50:06.95	5:00	12
93	DERLIŃSKI ADAM	151	TORNADO KOSZALIN	KOSZALIN	POL	M40-49	34	M 81	00:08:31	00:16:51	00:25:08	00:33:41	00:42:17	00:50:15.61	00:50:15.61	5:01	11.9
94	ZAGALSKA PAULINA	308		POŁCZYN ZDRÓJ	POL	K30-39	6	K 13	00:08:10	00:16:25	00:24:49	00:33:15	00:41:45	00:50:15.65	00:50:15.65	5:01	11.9
95	LESISZ MICHAŁ	216		KOSZALIN	POL	M40-49	35	M 82	00:08:36	00:16:55	00:25:13	00:33:43	00:42:23	00:50:15.98	00:50:15.98	5:01	11.9
96	OSOBNIAK RYSZARD	246	NIEZRZESZONY	KOSZALIN	POL	M60-69	3	M 83	00:08:34	00:16:47	00:25:04	00:33:30	00:41:57	00:50:22.00	00:50:22.00	5:02	11.9
97	MOTYCZYŃSKA PATRYCJA	233		SIEMIANICE	POL	K18-29	4	K 14	00:08:28	00:16:38	00:25:00	00:33:25	00:42:02	00:50:25.67	00:50:25.67	5:02	11.9
98	MACIĄG PIOTR	220	HOMOSAPIE	KOSZALIN	POL	M40-49	36	M 84	00:08:40	00:16:58	00:25:25	00:33:58	00:42:28	00:50:28.46	00:50:28.46	5:02	11.9
99	SKOWYRSKI JANUSZ	273	TKKF KOSZALIN	BIESIEKIERZ	POL	M50-59	6	M 85	00:08:06	00:16:23	00:25:04	00:33:40	00:42:13	00:50:34.46	00:50:34.46	5:03	11.9
100	KOPACZ RAFAŁ	201		KOSZALIN	POL	M30-39	30	M 86	00:08:28	00:16:36	00:24:59	00:33:25	00:41:59	00:50:36.92	00:50:36.92	5:03	11.9
101	ŻUKOWSKI CEZARY	316		KOSZALIN	POL	M30-39	31	M 87	00:09:18	00:18:09	00:26:25	00:34:34	00:42:50	00:50:45.40	00:50:45.40	5:04	11.8
102	ZIÓŁKOWSKA GOSIA	313		KOSZALIN	POL	K30-39	7	K 15	00:08:24	00:16:46	00:25:18	00:33:57	00:42:32	00:50:56.46	00:50:56.46	5:05	11.8
103	JABŁOŃSKI ARKADIUSZ	178	JW1223	KOSZALIN	POL	M30-39	32	M 88	00:08:28	00:16:28	00:24:51	00:33:22	00:42:14	00:50:56.69	00:50:56.69	5:05	11.8
104	KORZENIOWSKA EWA	202	JW1223	KOSZALIN	POL	K18-29	5	K 16	00:08:33	00:17:03	00:25:34	00:34:06	00:42:42	00:51:01.86	00:51:01.86	5:06	11.8
105	KRAWCZYK TOMASZ	210		BIESIEKIERZ	POL	M30-39	33	M 89	00:08:33	00:16:52	00:25:19	00:34:01	00:42:44	00:51:01.93	00:51:01.93	5:06	11.8
106	MYK PAWEŁ	236	JW1223	KOSZALIN	POL	M30-39	34	M 90	00:08:33	00:17:03	00:25:34	00:34:06	00:42:42	00:51:01.98	00:51:01.98	5:06	11.8
107	NESTOR PETRO	238		MOŚCISKA	UKR	M50-59	7	M 91	00:08:20	00:16:33	00:25:03	00:33:49	00:42:35	00:51:10.05	00:51:10.05	5:07	11.7
108	NOSAL MARIUSZ	239		SZCZECINEK	POL	M30-39	35	M 92	00:08:24	00:16:34	00:25:00	00:33:38	00:42:28	00:51:18.12	00:51:18.12	5:07	11.7
109	KASZUBOWSKA MARTYNA	191	MTS HAMER MIASTKO	MIASTKO	POL	K18-29	6	K 17	00:08:20	00:16:44	00:25:18	00:34:02	00:42:49	00:51:21.99	00:51:21.99	5:08	11.7
110	PĘKAŁA PIOTR	253		KOSZALIN	POL	M40-49	37	M 93	00:09:24	00:18:12	00:27:02	00:35:49	00:44:15	00:51:28.12	00:51:28.12	5:08	11.7
111	MIELEWCZYK RADOSŁAW	65	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-29	11	M 94	00:08:53	00:17:23	00:25:54	00:34:45	00:43:15	00:51:31.12	00:51:31.12	5:09	11.6
112	GRABOWSKA-LESISZ ANETA	166	MODLITWA BIEGANIA	KOSZALIN	POL	K40-49	3	K 18	00:08:12	00:16:47	00:25:33	00:34:16	00:43:02	00:51:50.33	00:51:50.33	5:11	11.6
113	PAJOR TOMEK	248	HOMOSAPIE	KOSZALIN	POL	M40-49	38	M 95	00:08:44	00:17:03	00:25:35	00:34:23	00:43:17	00:51:53.52	00:51:53.52	5:11	11.6
114	WILKOWSKI KRZYSZTOF	297	FOR-REST-RUN KOSZALIN	KOSZALIN	POL	M40-49	39	M 96	00:09:23	00:18:10	00:27:02	00:35:49	00:44:15	00:52:00.42	00:52:00.42	5:12	11.5
115	KRASIŃSKI WITOLD	208		KOSZALIN	POL	M40-49	40	M 97	00:08:26	00:16:44	00:25:28	00:34:21	00:43:25	00:52:05.82	00:52:05.82	5:12	11.5
116	JOCHYM MARIUSZ	185	JW1223	ROSNOWO	POL	M30-39	36	M 98	00:08:40	00:17:14	00:26:02	00:34:50	00:43:45	00:52:07.76	00:52:07.76	5:12	11.5
117	HAŁKA ARKADIUSZ	171	TRUCHT ŁOBEZ	ŁOBEZ	POL	M40-49	41	M 99	00:08:34	00:17:12	00:26:06	00:34:57	00:43:55	00:52:27.75	00:52:27.75	5:14	11.4
118	BIELEWICZ ANNA	134	STOPA SŁUPSK	SŁUPSK	POL	K40-49	4	K 19	00:08:35	00:17:03	00:25:49	00:34:44	00:43:47	00:52:30.75	00:52:30.75	5:15	11.4
119	MACIĄG PAWEŁ	221	HOMOSAPIE	STARE BIELICE	POL	M40-49	42	M 100	00:08:45	00:17:08	00:25:43	00:34:32	00:43:36	00:52:33.09	00:52:33.09	5:15	11.4
120	KLUCZKOWSKI JAKUB	295	ZHP KOSZALIN	KOSZALIN	POL	M18-29	12	M 101	00:09:17	00:17:58	00:26:33	00:35:22	00:44:05	00:52:37.26	00:52:37.26	5:15	11.4
121	PUŚCIAN KRZYSZTOF	259	SZKOŁA PODSTAWOWA W MANOWIE	MANOWO	POL	M40-49	43	M 102	00:09:24	00:18:12	00:27:02	00:35:50	00:44:31	00:52:42.41	00:52:42.41	5:16	11.4
122	GAŁECKI JACEK	163	TEAM MATEUSZ POLSKI	KARLINO	POL	M50-59	8	M 103	00:08:37	00:16:59	00:25:57	00:34:47	00:44:09	00:52:45.25	00:52:45.25	5:16	11.4
123	REMPLAKOWSKI KRZYSZTOF	261	WE RUN	ROSNOWO	POL	M40-49	44	M 104	00:09:05	00:17:43	00:26:27	00:35:22	00:44:24	00:52:51.17	00:52:51.17	5:17	11.4
124	ZAKUTYŃSKA-KOWALCZYK KAROLINA	310		NIEKŁONICE	POL	K40-49	5	K 20	00:09:03	00:17:44	00:26:30	00:35:21	00:44:17	00:52:57.09	00:52:57.09	5:17	11.3
125	MONGIAŁO MARCIN	232	FAST FEET K-LIN	KOSZALIN	POL	M40-49	45	M 105	00:08:53	00:17:30	00:26:14	00:35:09	00:44:08	00:52:59.95	00:52:59.95	5:17	11.3
126	ORŁOWSKI EDWARD	244		SŁUPSK	POL	M40-49	46	M 106	00:08:42	00:17:32	00:26:24	00:35:25	00:44:28	00:53:07.08	00:53:07.08	5:18	11.3
127	WOJTANOWSKI MICHAŁ	57		ŚWIDWIN	POL	M30-39	37	M 107	00:09:33	00:18:45	00:27:35	00:35:50	00:44:21	00:53:07.54	00:53:07.54	5:18	11.3
128	WĄSOWSKI ROBERT	293	BIURO PODRÓŻY PARADISE TOUR	NOWE BIELICE	POL	M18-29	13	M 108	00:09:10	00:18:05	00:26:55	00:35:50	00:44:42	00:53:09.03	00:53:09.03	5:18	11.3
129	KRZANOWSKI MARCIN	211	MARCINBIEGA	BIAŁOGARD	POL	M30-39	38	M 109	00:09:09	00:17:59	00:26:54	00:35:46	00:44:42	00:53:10.33	00:53:10.33	5:19	11.3
130	MYSZYŃSKI PAWEŁ	237	SZKOŁA PODSTAWOWA NR 5 W KOŁOBRZEGU	GOŚCINO	POL	M30-39	39	M 110	00:07:58	00:16:31	00:25:28	00:34:52	00:44:23	00:53:11.56	00:53:11.56	5:19	11.3
131	KAMIŃSKI TOMASZ	188	JW1223	KOSZALIN	POL	M40-49	47	M 111	00:08:30	00:17:15	00:26:27	00:35:44	00:44:43	00:53:15.83	00:53:15.83	5:19	11.3
132	OLSZEWSKA NINA	78	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	K18-29	7	K 21	00:09:17	00:18:12	00:27:02	00:35:50	00:44:36	00:53:15.91	00:53:15.91	5:19	11.3
133	DĘBSKI DAMIAN	152		KOSZALIN	POL	M30-39	40	M 112	00:09:18	00:18:08	00:26:53	00:35:46	00:44:53	00:53:23.36	00:53:23.36	5:20	11.2
134	WRÓBLEWSKA MARTA	305		KOSZALIN	POL	K40-49	6	K 22	00:09:04	00:17:50	00:26:40	00:35:34	00:44:43	00:53:42.28	00:53:42.28	5:22	11.2
135	SZYSZKOWSKI TOMASZ	283		KOSZALIN	POL	M30-39	41	M 113	00:09:23	00:18:12	00:27:03	00:35:54	00:44:59	00:53:46.08	00:53:46.08	5:22	11.2
136	ROKITA EMILIA	262		CZARNE	POL	K30-39	8	K 23	00:08:20	00:17:12	00:26:20	00:35:35	00:45:00	00:53:55.05	00:53:55.05	5:23	11.1
137	WAJDA WALDEMAR	291		BORNE SULINOWO	POL	M40-49	48	M 114	00:09:06	00:18:02	00:27:02	00:36:09	00:45:16	00:54:02.72	00:54:02.72	5:24	11.1
138	KOWALCZYK PIOTR	203	FOR-REST-RUN KOSZALIN	KOSZALIN	POL	M30-39	42	M 115	00:09:17	00:18:13	00:27:10	00:36:15	00:45:27	00:54:16.28	00:54:16.28	5:25	11.1

TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.6km	3.3km	4.9km	6.6km	8.3km	Netto	Brutto	min/km	km/h
139	DZIADOWIEC MAREK	157		KOSZALIN	POL	M30-39	43	M 116	00:08:37	00:17:07	00:26:22	00:36:04	00:45:51	00:54:22.48	00:54:22.48	5:26	11
140	HRYCIÓW PAWEŁ	175	JW1223	BIAŁOGARD	POL	M30-39	44	M 117	00:08:38	00:17:37	00:26:53	00:35:46	00:45:22	00:54:23.65	00:54:23.65	5:26	11
141	HAŁAJKO MAGDALENA	169		KOSZALIN	POL	K30-39	9	K 24	00:09:19	00:17:58	00:26:51	00:35:50	00:45:04	00:54:27.16	00:54:27.16	5:26	11
142	KACZMAREK ŁUKASZ	187	WOJOWNICY WÓDY	KOSZALIN	POL	M30-39	45	M 118	00:09:04	00:18:14	00:27:38	00:37:12	00:46:24	00:54:30.11	00:54:30.11	5:27	11
143	JASIENIECKI PIOTR	182	KP ZEFIR WYSZEWO	KOSZALIN	POL	M40-49	49	M 119	00:09:22	00:18:17	00:27:10	00:36:15	00:45:33	00:54:35.00	00:54:35.00	5:27	11
144	ŻEBROWSKA SYLWIA	315		KOSZALIN	POL	K30-39	10	K 25	00:08:38	00:17:29	00:26:34	00:35:48	00:45:11	00:54:36.12	00:54:36.12	5:27	11
145	LEWANDOWSKI MAREK	218	FOR-REST-RUN KOSZALIN	KOSZALIN	POL	M30-39	46	M 120	00:09:54	00:19:15	00:28:21	00:37:28	00:46:36	00:54:57.03	00:54:57.03	5:29	10.9
146	JUSZCZAK KRZYSZTOF	186		KOSZALIN	POL	M60-69	4	M 121	00:09:07	00:17:56	00:27:06	00:36:22	00:45:47	00:55:21.11	00:55:21.11	5:32	10.8
147	TRYBUŁA MAGDALENA	286		SZCZECINEK	POL	K40-49	7	K 26	00:08:35	00:18:01	00:27:35	00:37:05	00:46:34	00:55:56.86	00:55:56.86	5:35	10.7
148	KARNICKI ZYGMUNT	190	TKKF KOSZALIN	KOSZALIN	POL	M60-69	5	M 122	00:08:36	00:17:41	00:27:02	00:36:43	00:46:27	00:56:01.28	00:56:01.28	5:36	10.7
149	MONGIAŁO ALEKSANDRA	231	FAST FEET K-LIN	KOSZALIN	POL	K30-39	11	K 27	00:09:48	00:19:08	00:28:15	00:37:35	00:47:05	00:56:17.62	00:56:17.62	5:37	10.7
150	JAROSZEWICZ MIREK	181		SŁUPSK	POL	M40-49	50	M 123	00:09:47	00:18:57	00:28:18	00:37:32	00:47:04	00:56:17.94	00:56:17.94	5:37	10.7
151	ZIOMKO RAFAŁ	312		KOŁOBRZEG	POL	M40-49	51	M 124	00:10:10	00:19:45	00:29:09	00:38:30	00:47:40	00:56:32.06	00:56:32.06	5:39	10.6
152	SZAFIRSKI MAREK	279	CAMINO SŁUPSK	SŁUPSK	POL	M50-59	9	M 125	00:09:09	00:18:25	00:27:56	00:37:22	00:47:01	00:56:38.82	00:56:38.82	5:39	10.6
153	BUDZIŃSKI PAWEŁ	139	HOMOSAPIE	KONIKOWO	POL	M40-49	52	M 126	00:09:34	00:19:11	00:29:03	00:38:56	00:48:21	00:57:06.51	00:57:06.51	5:42	10.5
154	ORYSZCZYN ARKADIUSZ	245		KOSZALIN	POL	M30-39	47	M 127	00:10:13	00:19:27	00:28:19	00:38:02	00:47:51	00:57:18.51	00:57:18.51	5:43	10.5
155	DIKOLENKO AGNIESZKA	153		KOSZALIN	POL	K30-39	12	K 28	00:09:11	00:18:26	00:27:50	00:39:02	00:48:41	00:57:56.64	00:57:56.64	5:47	10.4
156	MALINOWSKA-BURDA ALEKSANDRA	224		KOSZALIN	POL	K30-39	13	K 29	00:09:31	00:19:02	00:28:51	00:38:40	00:48:32	00:58:00.40	00:58:00.40	5:48	10.3
157	HNATOWSKI ARTUR	173	LOVELASYDĄBKI	KOSZALIN	POL	M50-59	10	M 128	00:09:11	00:18:27	00:28:12	00:38:25	00:48:31	00:58:06.11	00:58:06.11	5:48	10.3
158	JEWUŁA AGATA	183		KOSZALIN	POL	K30-39	14	K 30	00:09:53	00:19:51	00:30:01	00:39:15	00:48:44	00:58:18.86	00:58:18.86	5:49	10.3
159	ZIELIŃSKI ANDRZEJ	37		ŚWIDWIN	POL	M40-49	53	M 129	00:10:07	00:20:08	00:29:34	00:39:03	00:48:12	00:58:22.80	00:58:22.80	5:50	10.3
160	ŚRODA WOJCIECH	284		KOSZALIN	POL	M40-49	54	M 130	00:10:16	00:20:00	00:29:36	00:39:13	00:48:55	00:58:25.04	00:58:25.04	5:50	10.3
161	GÓRSKI MICHAŁ	39		DĄBKI	POL	M18-29	14	M 131	00:09:30	00:19:17	00:29:11	00:39:16	00:49:20	00:58:55.51	00:58:55.51	5:53	10.2
162	MROZIK JOANNA	234		SŁUPSK	POL	K30-39	15	K 31	00:09:27	00:19:08	00:29:04	00:39:10	00:49:16	00:58:57.98	00:58:57.98	5:53	10.2
163	GRABOWSKA KINGA	165	ORANGE POLSKA	SŁUPSK	POL	K30-39	16	K 32	00:09:27	00:19:05	00:28:54	00:38:57	00:49:08	00:59:06.14	00:59:06.14	5:54	10.2
164	WACHHOLZ BEATA	290	KB BRYZA POSTOMINO	SŁAWNO	POL	K40-49	8	K 33	00:09:47	00:19:30	00:29:22	00:39:15	00:49:06	00:59:44.65	00:59:44.65	5:58	10
165	BORYSIEWICZ JOANNA	137		KOSZALIN	POL	K30-39	17	K 34	00:09:40	00:19:27	00:29:36	00:39:47	00:50:05	01:00:19.63	01:00:19.63	6:01	9.9
166	DEPTUŁA-BILL BOŻENA	150		BORNE SULINOWO	POL	K30-39	18	K 35	00:09:36	00:19:20	00:29:18	00:39:37	00:49:59	01:00:23.00	01:00:23.00	6:02	9.9
167	SUCHODOLSKA ALEKSANDRA	278		ROSNOWO	POL	K30-39	19	K 36	00:10:24	00:20:26	00:30:32	00:40:47	00:50:58	01:00:37.79	01:00:37.79	6:03	9.9
168	SOBCZAK PAWEŁ	275		KOSZALIN	POL	M18-29	15	M 132	00:08:26	00:18:01	00:28:10	00:38:53	00:49:56	01:00:59.98	01:00:59.98	6:05	9.8
169	HELLER ZDZISŁAW	172	NIEZRZESZONY	KOSZALIN	POL	M60-69	6	M 133	00:10:06	00:20:15	00:30:31	00:40:38	00:50:52	01:01:15.87	01:01:15.87	6:07	9.8
170	DORAWA-ZIOMEK ANNA	154		KOSZALIN	POL	K30-39	20	K 37	00:10:09	00:20:17	00:30:35	00:41:00	00:51:34	01:01:39.75	01:01:39.75	6:09	9.7
171	WENTA MALWINA	294		KOŁOBRZEG	POL	K30-39	21	K 38	00:09:53	00:19:52	00:30:12	00:40:33	00:51:04	01:02:04.17	01:02:04.17	6:12	9.7
172	TRZEŚNIEWSKI ZBIGNIEW	287		KOSZALIN	POL	M50-59	11	M 134	00:10:31	00:20:44	00:31:10	00:41:34	00:52:11	01:02:55.17	01:02:55.17	6:17	9.5
173	KUREK MAGDALENA	49	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	K18-29	8	K 39	00:10:10	00:20:10	00:30:52	00:42:23	00:53:16	01:04:05.68	01:04:05.68	6:24	9.4
174	WŁODARCZYK EMILIA	300		KOŁOBRZEG	POL	K30-39	22	K 40	00:10:08	00:20:17	00:30:32	00:41:49	00:53:26	01:04:47.56	01:04:47.56	6:28	9.3
175	PEŁKA IWONA	250		KOSZALIN	POL	K50-59	2	K 41	00:11:08	00:22:14	00:33:10	00:44:11	00:55:05	01:05:10.94	01:05:10.94	6:31	9.2
176	ROMANOWICZ MONIKA	264	ZABIEGANE :)	KOSZALIN	POL	K30-39	23	K 42	00:10:26	00:20:47	00:31:43	00:43:16	00:54:55	01:06:18.85	01:06:18.85	6:37	9
177	SPICA ŁUKASZ	292		KOSZALIN	POL	M30-39	48	M 135	00:10:24	00:20:28	00:31:19	00:43:16	00:54:56	01:06:19.14	01:06:19.14	6:37	9
178	ZIELIŃSKI JAROSŁAW	311	AMATOR	BIAŁOGARD	POL	M40-49	55	M 136	00:09:54	00:20:41	00:32:07	00:43:59	00:55:50	01:07:10.53	01:07:10.53	6:43	8.9
179	RYHANYCZ PAWEŁ	268		KOSZALIN	POL	M40-49	56	M 137	00:11:03	00:22:33	00:34:10	00:46:02	00:57:42	01:08:01.44	01:08:01.44	6:48	8.8
180	ŁAGODZICZ-STACHURA JUSTYNA	219		KOSZALIN	POL	K30-39	24	K 43	00:11:05	00:22:33	00:34:10	00:46:03	00:57:42	01:08:02.17	01:08:02.17	6:48	8.8
181	ZAKOŚCIELNA KATARZYNA	309		KOSZALIN	POL	K30-39	25	K 44	00:11:07	00:22:26	00:33:52	00:45:38	00:57:01	01:08:18.24	01:08:18.24	6:49	8.8
182	GORCZYCA AGNIESZKA	27	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	K18-29	9	K 45	00:11:06	00:22:41	00:34:33	00:46:51	00:59:30	01:12:17.84	01:12:17.84	7:13	8.3
183	BIEŃKOWSKI TOMASZ	36		NIEKŁONICE	POL	M30-39	49	M 138	00:07:10	00:14:41	00:22:15	00:30:07	00:38:13			4:36	13
184	KWIDZIŃSKI MICHAŁ	214		BIAŁOGARD	POL	M30-39	50	M 139	00:09:41	00:18:42	00:28:14	00:37:19	00:46:26			5:35	10.7
185	JĘDRZEJEWSKI KRZYSZTOF	184		KOSZALIN	POL	M30-39	51	M 140	00:09:16	00:19:00	00:28:52	00:39:45	00:50:40			6:06	9.8