ZIMOWA MILA GÓRSKA 2019 - PO 5 EDYCJACH

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-03-06
Miejsce: Koszalin
Dystans: 8.046 km
Klasyfikacja wg czasów netto.







ZIMOWA MILA GÓRSKA 2019 - PO 5 EDYCJACH, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Etap 3	Etap 4	Etap5	Netto	min/km	km/h
1	SZKOŁUDA MIŁOSZ	5046	DECATHLON KOSZALIN	POLANÓW	POL	M18-29	1	M 1	00:06:22.83	00:06:07.29	00:05:52.03	00:06:22.18	00:05:51.18	00:30:35.51	3:48	15.8
2	KASZUBIAK KLAUDIUSZ	5067		KOSZALIN	POL	M40-49	1	M 2	00:06:56.58	00:06:43.96	00:06:29.28	00:06:21.49	00:06:36.90	00:33:08.21	4:07	14.6
3	CZAPLIŃSKI JACEK	5041	TAGER KOSZALIN	KOSZALIN	POL	M30-39	1	M 3	00:06:46.17	00:06:54.53	00:06:43.31	00:06:33.81	00:06:21.00	00:33:18.82	4:08	14.5
4	MAJKOWICZ RAFAŁ	5064		KOSZALIN	POL	M30-39	2	M 4	00:06:53.40	00:06:49.84	00:06:39.89	00:06:31.90	00:06:35.23	00:33:30.26	4:09	14.4
5	BESZTERDA JAKUB	5013	KL BAŁTYK KOSZALIN	KOSZALIN	POL	M14-17	1	M 5	00:06:51.96	00:06:47.98	00:06:51.38	00:06:35.04	00:06:49.35	00:33:55.71	4:12	14.2
6	ZUKAL PIOTR	5014		KOSZALIN	POL	M40-49	2	M 6	00:06:54.74	00:06:59.29	00:06:45.51	00:06:51.33	00:06:53.80	00:34:24.67	4:16	14
7	BIEŃKOWSKI TOMASZ	5011		NIEKŁONICE	POL	M30-39	3	M 7	00:07:18.16	00:07:07.89	00:06:57.04	00:06:48.32	00:06:53.70	00:35:05.11	4:21	13.8
8	SOSNOWSKI TOMASZ	5010	MEDEN-INMED SPORTS TEAM	KOSZALIN	POL	M18-29	2	M 8	00:07:21.78	00:07:13.38	00:06:54.85	00:07:01.62	00:06:46.83	00:35:18.46	4:23	13.7
9	ZWOLIŃSKI JAN	5061	TKKF KOSZALIN	WIERCISZEWO	POL	M50-59	1	M 9	00:07:12.35	00:07:16.79	00:07:10.76	00:07:03.54	00:06:58.02	00:35:41.46	4:26	13.5
10	PICK TOMASZ	5057	DEAF KOSZALIN	KOSZALIN	POL	M40-49	3	M 10	00:07:15.06	00:07:18.27	00:07:08.24	00:07:18.39	00:06:55.57	00:35:55.53	4:27	13.4
11	MATYSIAK WOJCIECH	5032		KOSZALIN	POL	M30-39	4	M 11	00:07:26.66	00:07:25.28	00:07:19.72	00:07:09.17	00:07:03.56	00:36:24.39	4:31	13.3
12	WEBER PAWEŁ	5035	ENERGON	KOSZALIN	POL	M30-39	5	M 12	00:07:40.56	00:07:36.30	00:07:17.31	00:07:12.83	00:07:03.85	00:36:50.85	4:34	13.1
13	KONKEL AGNIESZKA	5065		KOSZALIN	POL	K30-39	1	K 1	00:07:32.13	00:07:31.52	00:07:25.75	00:07:18.28	00:07:18.53	00:37:06.21	4:36	13
14	KUŁAKOWSKI DAWID	5069	TKKF KOSZALIN	KOSZALIN	POL	M40-49	4	M 13	00:07:36.12	00:07:39.73	00:07:24.65	00:07:17.23	00:07:14.70	00:37:12.43	4:37	13
15	HOREGLAD PAWEŁ	5009	SPEEDY GONZALES	KOSZALIN	POL	M18-29	3	M 14	00:07:26.10	00:07:35.89	00:07:33.55	00:07:26.15	00:07:30.63	00:37:32.32	4:39	12.9
16	MOSZYŃSKI JACEK	5059	TKKF KOSZALIN	KOSZALIN	POL	M50-59	2	M 15	00:07:40.10	00:07:39.11	00:07:45.54	00:07:37.00	00:07:27.90	00:38:09.65	4:44	12.7
17	BRZEZIŃSKI JAN	5052	TEAMPIOTRUS	BIAŁOGARD	POL	M50-59	3	M 16	00:07:52.53	00:07:38.37	00:07:32.91	00:07:37.38	00:07:29.51	00:38:10.70	4:44	12.6
18	CHORĄŻY KAROLINA	5026	LEO-TEAM	KOSZALIN	POL	K30-39	2	K 2	00:07:45.42	00:07:56.34	00:07:20.68	00:07:37.83	00:07:42.36	00:38:22.63	4:46	12.6
19	IWANIEC DARIUSZ	5073	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	5	M 17	00:07:42.47	00:08:02.62	00:07:46.43	00:07:31.59	00:07:33.33	00:38:36.44	4:47	12.5
20	BASSEL MARCIN	5005		KOSZALIN	POL	M30-39	6	M 18	00:07:49.37	00:08:01.03	00:07:51.35	00:07:31.38	00:07:33.16	00:38:46.29	4:49	12.5
21	ROGOŻA IRENEUSZ	5033		KOSZALIN	POL	M40-49	6	M 19	00:07:56.25	00:08:18.90	00:07:44.79	00:08:01.24	00:07:51.57	00:39:52.75	4:57	12.1
22	KONKEL ŁUKASZ	5062		KOSZALIN	POL	M40-49	7	M 20	00:07:55.57	00:07:52.86	00:08:27.10	00:07:47.82	00:08:01.20	00:40:04.55	4:58	12
23	CHOŁUJ JAREK	5047	HOPHOPTEMPOTEAM!	KOSZALIN	POL	M40-49	8	M 21	00:07:57.29	00:08:03.38	00:07:51.86	00:07:44.44	00:08:31.98	00:40:08.95	4:59	12
24	MOSIOŁEK PIOTR	5039		KOSZALIN	POL	M40-49	9	M 22	00:08:13.67	00:08:19.43	00:08:07.46	00:07:54.37	00:08:08.12	00:40:43.05	5:03	11.9
25	WÓJCICKI ADRIAN	5050		KOSZALIN	POL	M30-39	7	M 23	00:08:33.88	00:08:11.11	00:08:04.23	00:08:07.03	00:07:52.91	00:40:49.16	5:04	11.8
26	MICERSKI TOMASZ	5070	TKKF KOSZALIN	KOSZALIN	POL	M40-49	10	M 24	00:08:02.73	00:08:16.79	00:08:17.98	00:08:02.45	00:08:10.73	00:40:50.68	5:04	11.8
27	PRYCA ADAM	5031		USTKA	POL	M30-39	8	M 25	00:08:28.57	00:08:27.53	00:08:14.04	00:07:57.81	00:07:54.25	00:41:02.20	5:06	11.8
28	MILEWSKI TOMASZ	5074		KOSZALIN	POL	M30-39	9	M 26	00:08:29.85	00:08:34.77	00:08:16.85	00:08:02.21	00:08:09.09	00:41:32.77	5:09	11.6
29	WILKOWSKI KRZYSZTOF	5025		KOSZALIN	POL	M40-49	11	M 27	00:08:24.07	00:08:27.35	00:08:11.58	00:08:30.50	00:08:06.71	00:41:40.21	5:10	11.6
30	DĄBROWSKA ALICJA	5021	TKKF KOSZALIN	SIANÓW	POL	K50+	1	K 3	00:08:41.09	00:08:33.61	00:08:28.48	00:08:13.59	00:08:03.52	00:42:00.29	5:13	11.5
31	KAMYK PIOTR	5030	MH IT SYSTEMY ERP KOSZALIN	KOSZALIN	POL	M30-39	10	M 28	00:08:27.80	00:08:34.25	00:08:22.27	00:08:25.77	00:08:14.42	00:42:04.51	5:13	11.5
32	CZERNIAK GRACJAN	5055		KOSZALIN	POL	M30-39	11	M 29	00:08:14.15	00:10:20.96	00:07:52.88	00:07:41.77	00:07:55.26	00:42:05.02	5:13	11.5
33	JOCHYM MARIUSZ	5063		ROSNOWO	POL	M30-39	12	M 30	00:08:34.67	00:08:29.09	00:08:20.64	00:08:15.70	00:08:27.02	00:42:07.12	5:14	11.5
34	RUTKOWSKI ARTUR	5044	KOSZALIŃSKI RANKING BIEGACZY	KOSZALIN	POL	M18-29	4	M 31	00:08:51.96	00:08:39.07	00:08:25.18	00:08:23.46	00:07:56.38	00:42:16.05	5:15	11.4
35	KULCZYK KATARZYNA	5075	BRYZA POSTOMINO	SŁAWSKO	POL	K30-39	3	K 4	00:08:37.96	00:08:28.27	00:08:28.04	00:08:23.04	00:08:36.78	00:42:34.09	5:17	11.3
36	PIETRZYK MATEUSZ	5027		SIANÓW	POL	M18-29	5	M 32	00:09:10.56	00:08:47.31	00:08:12.45	00:08:00.03	00:08:23.80	00:42:34.15	5:17	11.3
37	NOREK TOMEK	5038		KOSZALIN	POL	M50-59	4	M 33	00:08:33.69	00:08:30.52	00:08:25.50	00:08:28.05	00:08:51.41	00:42:49.17	5:19	11.3
38	KAZIMIERCZAK LESZEK	5042	LOVELASY DĄBKI	KOSZALIN	POL	M30-39	13	M 34	00:09:02.19	00:08:45.87	00:08:43.69	00:08:29.28	00:08:22.01	00:43:23.04	5:23	11.1
39	DZIESZUK DARIUSZ	5017	TKKF KOSZALIN	KOSZALIN	POL	M50-59	5	M 35	00:08:55.44	00:09:08.59	00:08:48.19	00:08:37.93	00:08:33.04	00:44:03.19	5:28	11
40	OSOBNIAK RYSZARD	5006		KOSZALIN	POL	M60-69	1	M 36	00:09:02.84	00:09:23.20	00:09:09.18	00:08:59.62	00:08:38.34	00:45:13.18	5:37	10.7
41	KOBUS PIOTR	5045		KOSZALIN	POL	M30-39	14	M 37	00:09:07.20	00:09:21.31	00:09:02.19	00:08:50.57	00:08:54.86	00:45:16.13	5:37	10.7
42	KRZEWIŃSKA MAŁGORZATA	5020	TKKF KOSZALIN	KOSZALIN	POL	K50+	2	K 5	00:09:10.48	00:09:20.89	00:09:05.79	00:08:47.37	00:08:56.62	00:45:21.15	5:38	10.6
43	KAZIMIEROWICZ RADOSŁAW	5024	VTT KOSZALIN	KOSZALIN	POL	M30-39	15	M 38	00:09:59.00	00:09:28.45	00:08:48.26	00:08:48.36	00:08:33.20	00:45:37.27	5:40	10.6
44	GRABOWSKA-LESISZ ANETA	5028		KOSZALIN	POL	K40-49	1	K 6	00:09:20.99	00:09:28.99	00:09:08.48	00:08:51.34	00:09:05.51	00:45:55.31	5:42	10.5

ZIMOWA MILA GÓRSKA 2019 - PO 5 EDYCJACH, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Etap 3	Etap 4	Etap5	Netto	min/km	km/h
45	WAWRZYN GRZEGORZ	5068		KOSZALIN	POL	M40-49	12	M 39	00:08:43.41	00:09:52.97	00:10:00.81	00:08:48.59	00:09:12.73	00:46:38.51	5:47	10.4
46	JUSZCZAK KRZYSZTOF	5036		KOSZALIN	POL	M60-69	2	M 40	00:09:21.26	00:09:42.98	00:09:37.10	00:09:24.70	00:09:16.64	00:47:22.68	5:53	10.2
47	PANCERZYŃSKI ŁUKASZ	5018		KOSZALIN	POL	M40-49	13	M 41	00:09:34.74	00:09:46.96	00:09:26.92	00:09:36.61	00:09:22.68	00:47:47.91	5:56	10.1
48	ZUKAL JAKUB	5049		KOSZALIN	POL	M10-13	1	M 42	00:09:55.92	00:10:06.36	00:09:34.02	00:09:57.36	00:09:16.01	00:48:49.67	6:04	9.9
49	SUDER-MAKSYMOWICZ FILIP	5058		USTRONIE MORSKIE	POL	M10-13	2	M 43	00:09:57.32	00:09:37.70	00:10:34.88	00:09:09.94	00:09:37.56	00:48:57.40	6:05	9.9
50	WOLF BEATA	5060	TKKF KOSZALIN	KOSZALIN	POL	K40-49	2	K 7	00:09:35.19	00:10:22.95	00:09:59.54	00:10:09.74	00:10:23.22	00:50:30.64	6:16	9.6
51	KOZŁOWIECKI WALDEMAR	5003	TKKF KOSZALIN	KOSZALIN	POL	M60-69	3	M 44	00:10:15.95	00:10:31.64	00:10:06.66	00:10:12.94	00:10:04.54	00:51:11.73	6:21	9.4
52	KASZUBIAK JULIA	5066		KOSZALIN	POL	K10-13	1	K 8	00:10:37.60	00:10:13.62	00:10:29.89	00:09:58.57	00:10:59.65	00:52:19.33	6:30	9.2
53	ZUKAL ALEKSANDRA	5037		KOSZALIN	POL	K40-49	3	K 9	00:11:07.32	00:11:43.56	00:11:16.02	00:11:07.00	00:11:13.43	00:56:27.33	7:01	8.6
54	SUDER-MAKSYMOWICZ MONIKA	5051		USTRONIE MORSKIE	POL	K30-39	4	K 10	00:12:36.39	00:12:01.89	00:11:59.79	00:10:55.02	00:10:58.84	00:58:31.93	7:16	8.2
55	HELLER ZDZISŁAW	5004	NIEZRZESZONY	KOSZALIN	POL	M60-69	4	M 45	00:12:53.87	00:11:59.56	00:11:37.97	00:11:19.23	00:11:45.65	00:59:36.28	7:24	8.1
56	KOZŁOWIECKA MAŁGORZATA	5001		KOSZALIN	POL	K50+	3	K 11	00:12:22.04	00:12:39.98	00:12:01.95	00:11:39.68	00:11:32.72	01:00:16.37	7:29	8
57	KARNICKI ARTUR	5072		KOSZALIN	POL	M40-49	14	M 46	00:14:24.67	00:14:31.48	00:14:02.17	00:13:17.76	00:13:07.12	01:09:23.20	8:37	7