

10 KM ATEST PZLA GLIWICKI

Organizator: OTK Rzeźnik

Data: 2015-10-18

Miejsce: Gliwice

Dystans: 10 km

Klasyfikacja wg czasów netto.

W klasyfikacji open pierwsze 2000 miejsc wg czasu brutto

10 KM ATEST PZLA GLIWICKI, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------------|------|---------------------------|-----------------|------|------|--------|------|-------------|-------------|--------|------|
| 1 | SZYMAŃSKI PAWEŁ | 1427 | NIEWYMIĘKACZE | KATOWICE | | M-20 | 1 | M 1 | 00:36:18.65 | 00:36:21.35 | 3:37 | 16.5 |
| 2 | SZYMAŃSKI BARTOSZ | 1479 | NIEWYMIĘKACZE | KATOWICE | | M-30 | 1 | M 2 | 00:37:03.70 | 00:37:06.85 | 3:42 | 16.2 |
| 3 | LUBELSKI ŁUKASZ | 1516 | | | | M-40 | 1 | M 3 | 00:37:05.90 | 00:37:09.55 | 3:42 | 16.2 |
| 4 | MUSKIETORZ PIOTR | 1432 | | MIKOŁÓW | | M-20 | 2 | M 4 | 00:39:14.95 | 00:39:23.75 | 3:55 | 15.3 |
| 5 | JASIOK MICHAŁ | 1434 | | TARNOWSKIE GÓRY | | M-30 | 2 | M 5 | 00:40:00.25 | 00:40:02.60 | 4:00 | 15 |
| 6 | BUDKA BORYS | 1111 | | | | M-30 | 3 | M 6 | 00:40:02.65 | 00:40:05.70 | 4:00 | 15 |
| 7 | ZACZYK ANDRZEJ | 1477 | | PANIÓWKI | | M-30 | 4 | M 7 | 00:40:15.90 | 00:40:20.10 | 4:01 | 14.9 |
| 8 | ORLIICKI STANISŁAW | 1302 | | RUDZE | | M-50 | 1 | M 8 | 00:40:36.90 | 00:40:40.80 | 4:03 | 14.8 |
| 9 | GÓRYŃSKI RAFAŁ | 9 | RYBICKA GRUPA BIEGOWA | RYBNIK | | M-20 | 3 | M 9 | 00:40:39.95 | 00:40:45.10 | 4:04 | 14.8 |
| 10 | TARCZEWSKI TOMASZ | 1488 | TARCZA TRIATHLON TEAM | ZAWIERCIE | | M-30 | 5 | M 10 | 00:40:54.00 | 00:40:57.60 | 4:05 | 14.7 |
| 11 | OGRODNICZEK ADAM | 1448 | AKMB PĘDZIWIATR GLIWICE | GLIWICE | | M-40 | 2 | M 11 | 00:40:53.25 | 00:41:06.50 | 4:05 | 14.7 |
| 12 | MAŁEK PIOTR | 1530 | | ZAWIERCIE | | M-30 | 6 | M 12 | 00:41:27.90 | 00:41:32.90 | 4:08 | 14.5 |
| 13 | KRASNODEBSKI ROBERT | 1457 | | BYTOM | | M-40 | 3 | M 13 | 00:41:29.20 | 00:41:33.45 | 4:08 | 14.5 |
| 14 | WAJDA GRZEGORZ | 1430 | KW GLIWICE | GLIWICE | | M-30 | 7 | M 14 | 00:41:29.60 | 00:41:34.95 | 4:08 | 14.5 |
| 15 | JOANNA OLCZAWA | 1503 | | | | K-40 | 1 | K 1 | 00:41:33.45 | 00:41:37.85 | 4:09 | 14.4 |
| 16 | ADAMCZYK-NOWAK BEATA | 1327 | MIECHOWICKA GRUPA BIEGOWA | BYTOM | | K-40 | 2 | K 2 | 00:41:34.70 | 00:41:49.95 | 4:09 | 14.4 |
| 17 | PASTUCHA MAREK | 1436 | CROSS KRAPKOWICE | KRAPKOWICE | | M-50 | 2 | M 15 | 00:41:54.40 | 00:42:04.45 | 4:11 | 14.3 |
| 18 | CZARNOŻYŃSKI ALEKSANDER | 1529 | GTT-INTER PROJEKT | GLIWICE | | M-50 | 3 | M 16 | 00:42:07.20 | 00:42:16.80 | 4:12 | 14.2 |
| 19 | KONFEDERAK TOMASZ | 1362 | | ZAWADZKIE | | M-40 | 4 | M 17 | 00:42:38.40 | 00:42:45.95 | 4:15 | 14.1 |
| 20 | OLESIŃSKI TOMASZ | 1323 | | KNURÓW | | M-40 | 5 | M 18 | 00:43:01.50 | 00:43:08.30 | 4:18 | 13.9 |
| 21 | WAWRZAK RYSZARD | 1413 | | GLIWICE | | M-40 | 6 | M 19 | 00:44:07.10 | 00:44:56.85 | 4:24 | 13.6 |
| 22 | DROSDZOL PIOTR | 1559 | | CHORZÓW | | M-20 | 4 | M 20 | 00:45:19.95 | 00:45:53.40 | 4:32 | 13.2 |
| 23 | MACIEJOŃCZYK MARIUSZ | 10 | RYBICKA GRUPA BIEGOWA | RYBNIK | | M-40 | 7 | M 21 | 00:45:37.40 | 00:46:02.55 | 4:33 | 13.2 |
| 24 | ĆWIKLIŃSKI PIOTR | 1496 | KLUB ŻEGLARSKI ZAGŁĘBIE | DĄBROWA GONICZA | | M-30 | 9 | M 22 | 00:46:10.00 | 00:46:19.65 | 4:37 | 13 |
| 25 | KRYSTEK MARCIN | 1441 | | PARZYMIECHY | | M-30 | 11 | M 23 | 00:46:20.10 | 00:46:50.75 | 4:38 | 12.9 |
| 26 | WYCIŚLIK MARCIN | 1318 | HIRSCHVOGEL | GLIWICE | | M-30 | 12 | M 24 | 00:46:47.25 | 00:46:58.80 | 4:40 | 12.8 |
| 27 | CESARZ MACIEJ | 1487 | TYLKO CURLING! | GLIWICE | | M-30 | 10 | M 25 | 00:46:19.35 | 00:47:00.85 | 4:37 | 13 |
| 28 | GARDULSKA-BOTOR KATARZYNA | 1376 | | GLIWICE | | K-30 | 1 | K 3 | 00:46:53.75 | 00:47:15.20 | 4:41 | 12.8 |
| 29 | ŻEROMSKI STEFAN | 1517 | JASNA GLIWICE | GLIWICE | | M-50 | 4 | M 26 | 00:47:12.40 | 00:47:31.25 | 4:43 | 12.7 |
| 30 | SKRZYPCZYK PAWEŁ | 1505 | | ZABRZE | | M-40 | 9 | M 27 | 00:47:26.40 | 00:47:31.40 | 4:44 | 12.6 |
| 31 | MERMON ARTUR | 1543 | | GLIWICE | | M-50 | 5 | M 28 | 00:47:41.45 | 00:47:49.10 | 4:46 | 12.6 |
| 32 | BESSA RICARDO | 1375 | TEAM DOUBLE TROUBLE | GLIWICE | | M-30 | 8 | M 29 | 00:45:35.70 | 00:47:49.70 | 4:33 | 13.2 |
| 33 | PĘDOWSKA BOŻENA | 1417 | INDYWIDUALNIE | GLIWICE | | K-50 | 1 | K 4 | 00:48:02.40 | 00:48:12.75 | 4:48 | 12.5 |
| 34 | BĄBUŁA GRZEGORZ | 1300 | | GLIWICE | | M-30 | 13 | M 30 | 00:48:10.65 | 00:48:21.80 | 4:49 | 12.5 |
| 35 | MYCZKOWSKI ADAM | 1410 | | KATOWICE | | M-20 | 7 | M 31 | 00:48:22.65 | 00:48:48.25 | 4:50 | 12.4 |
| 36 | OSSOWSKI DARIUSZ | 1340 | HIRSCHVOGEL | GLIWICE | | M-20 | 8 | M 32 | 00:48:34.40 | 00:48:54.30 | 4:51 | 12.3 |
| 37 | CZAUDERNA ADRIAN | 1350 | ETERUN | GLIWICE | | M-40 | 8 | M 33 | 00:47:23.80 | 00:49:09.20 | 4:44 | 12.7 |
| 38 | KOTAS ADAM | 1455 | | KATOWICE | | M-20 | 5 | M 34 | 00:47:05.70 | 00:49:12.05 | 4:42 | 12.7 |
| 39 | LEGUTKO PIOTR | 1499 | - | GLIWICE | | M-20 | 6 | M 35 | 00:47:30.20 | 00:49:21.85 | 4:45 | 12.6 |
| 40 | WICHARY MARCIN | 1528 | ISTA BIEGAMY | KALETY | | M-30 | 14 | M 36 | 00:48:34.65 | 00:49:35.35 | 4:51 | 12.3 |
| 41 | UZDRZYCHOWSKI MACIEJ | 1378 | WF SPORTRUN TEAM | ŁĘDZINY | | M-20 | 9 | M 37 | 00:48:41.80 | 00:49:53.80 | 4:52 | 12.3 |
| 42 | WĘŻYK WOJCIECH | 1460 | | GLIWICE | | M-40 | 10 | M 38 | 00:49:48.00 | 00:49:58.25 | 4:58 | 12 |
| 43 | BUGAJSKI MARIUSZ | 1556 | | GLIWICE | | M-40 | 13 | M 39 | 00:50:32.05 | 00:50:39.50 | 5:03 | 11.9 |
| 44 | OPIOŁA TOMASZ | 1598 | HARNAŚ | GLIWICE | | M-30 | 19 | M 40 | 00:50:37.85 | 00:50:55.45 | 5:03 | 11.8 |
| 45 | SOKOŁOWSKI ŁUKASZ | 1351 | | GLIWICE | | M-20 | 10 | M 41 | 00:49:10.20 | 00:51:07.40 | 4:55 | 12.2 |
| 46 | ZARUDZKI ŁUKASZ | 1357 | NOTHING TO FEAR | GLIWICE | | M-30 | 15 | M 42 | 00:49:54.70 | 00:51:07.50 | 4:59 | 12 |

10 KM ATEST PZLA GLIWICKI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|-------------------------------|------|-------------------------------------|----------------------|------|-------------------|--------|------|-------------|-------------|--------|------|
| 47 | GOŹDZICKI LESZEK | 1429 | NIGHT RUNNERS ZABRZE | ZABRZE | | M-30 | 18 | M 43 | 00:50:33.70 | 00:51:13.35 | 5:03 | 11.9 |
| 48 | LASICZ ALEKSANDRA | 1418 | | GLIWICE | | K-30 | 2 | K 5 | 00:49:33.80 | 00:51:22.80 | 4:57 | 12.1 |
| 49 | BRODEK ANDRZEJ | 1474 | | GLIWICE | | M-40 | 12 | M 44 | 00:50:16.35 | 00:51:30.25 | 5:01 | 11.9 |
| 50 | ZIOMEK KATARZYNA | 1459 | | BYTOM | | K-30 | 3 | K 6 | 00:50:35.80 | 00:51:40.50 | 5:03 | 11.9 |
| 51 | BIOLIK PIOTR | 1419 | -- | GLIWICE | | M-40 | 11 | M 45 | 00:49:58.35 | 00:51:55.95 | 4:59 | 12 |
| 52 | PIKUL WIKTORIA | 1402 | GRUPA KOLARSKA GLIWICE BIKE ATELIER | GLIWICE | | MIESZKANKI GLIWIC | 1 | K 7 | 00:51:18.75 | 00:51:58.40 | 5:07 | 11.7 |
| 53 | ŁUSZCZ ANDRZEJ | 1416 | | BYTOM | | M-16 | 1 | M 46 | 00:51:10.25 | 00:52:05.15 | 5:07 | 11.7 |
| 54 | HEFFNER REMIGIUSZ | 1078 | RYBICKA GRUPA BIEGOWA | RYBNIK | | M-30 | 16 | M 47 | 00:50:20.20 | 00:52:17.35 | 5:02 | 11.9 |
| 55 | KUCZERA ŁUKASZ | 8 | RYBICKA GRUPA BIEGOWA | RYBNIK | | M-30 | 17 | M 48 | 00:50:20.70 | 00:52:17.40 | 5:02 | 11.9 |
| 56 | RYBAK ANDRZEJ | 1335 | HIRSCHVOGEL | ZABRZE | | M-20 | 13 | M 49 | 00:51:51.10 | 00:52:25.35 | 5:11 | 11.6 |
| 57 | BIENIEK SEBASTIAN | 1324 | HIRSCHVOGEL | ZABRZE | | M-30 | 20 | M 50 | 00:51:54.15 | 00:52:29.80 | 5:11 | 11.6 |
| 58 | PIKTAS PAWEŁ | 1535 | | GLIWICE | | M-40 | 14 | M 51 | 00:51:13.80 | 00:52:35.85 | 5:07 | 11.7 |
| 59 | TROJAN PAWEŁ | 1552 | ITACY BIEGACZE | OPOLE | | M-20 | 12 | M 52 | 00:50:42.75 | 00:52:37.40 | 5:04 | 11.8 |
| 60 | CANIBOŁ ANNA | 1306 | | GOŁKOWICE | | K-20 | 1 | K 8 | 00:51:10.70 | 00:52:38.65 | 5:07 | 11.7 |
| 61 | DESMOND ROBERT | 1458 | | KATOWICE | | M-20 | 11 | M 53 | 00:50:42.40 | 00:52:49.30 | 5:04 | 11.8 |
| 62 | ROMANIUK PIOTR | 1425 | WZP SUM BYTOM | ZABRZE | | M-30 | 23 | M 54 | 00:52:40.25 | 00:52:54.90 | 5:16 | 11.4 |
| 63 | SŁOWIK PAWEŁ | 1484 | | PYSKOWICE | | M-20 | 14 | M 55 | 00:52:07.15 | 00:53:00.80 | 5:12 | 11.5 |
| 64 | PAWLUS GRZEGORZ | 1361 | | BYTOM | | M-30 | 22 | M 56 | 00:52:14.30 | 00:53:09.60 | 5:13 | 11.5 |
| 65 | WOSZTAŁ PATRYK | 1426 | MACHINA ADVENTURE | KATOWICE | | M-30 | 25 | M 57 | 00:53:16.60 | 00:53:22.05 | 5:19 | 11.3 |
| 66 | OLESIŃSKA JOANNA | 1322 | | KNURÓW | | K-40 | 3 | K 9 | 00:52:34.95 | 00:53:23.35 | 5:15 | 11.4 |
| 67 | BRONOWICKA DOROTA | 1423 | | WROCŁAW | | K-20 | 2 | K 10 | 00:52:44.75 | 00:53:24.55 | 5:16 | 11.4 |
| 68 | MICHAŁIK MAŁGORZATA | 1387 | | GLIWICE | | K-30 | 4 | K 11 | 00:52:44.45 | 00:53:26.80 | 5:16 | 11.4 |
| 69 | STAWSKA JOANNA | 1307 | BIEGAJ Z TRENERAMI | GLIWICE | | K-50 | 2 | K 12 | 00:52:50.95 | 00:53:33.70 | 5:17 | 11.4 |
| 70 | GOŁĘBIEWSKI MAREK | 1370 | | GLIWICE | | M-30 | 21 | M 58 | 00:51:58.80 | 00:53:35.95 | 5:11 | 11.5 |
| 71 | MĘDRAŁA JACEK | 1389 | | GLIWICE | | M-40 | 19 | M 59 | 00:53:39.85 | 00:53:50.45 | 5:22 | 11.2 |
| 72 | GRZYWNA MAREK | 1490 | LZS WOJCIECHÓW | OLEŚNO | | M-40 | 17 | M 60 | 00:53:30.85 | 00:53:52.95 | 5:21 | 11.2 |
| 73 | ROŻEK AGATA | 1346 | | GLIWICE | | K-16 | 1 | K 13 | 00:52:13.10 | 00:54:00.85 | 5:13 | 11.5 |
| 74 | ROŻEK MICHAŁ | 1345 | | GLIWICE | | M-40 | 15 | M 61 | 00:52:13.70 | 00:54:00.85 | 5:13 | 11.5 |
| 75 | DUDEK DARIUSZ | 1493 | CHOPCY SZERYFA | BYTOM | | M-50 | 6 | M 62 | 00:52:12.30 | 00:54:05.10 | 5:13 | 11.5 |
| 76 | BRYLIŃSKI RYSZARD | 1443 | NIEZRZESZONY | ZABRZE | | M-50 | 7 | M 63 | 00:53:37.80 | 00:54:10.10 | 5:21 | 11.2 |
| 77 | LENTZY GRZEGORZ | 1422 | | GLIWICE | | M-30 | 29 | M 64 | 00:54:02.90 | 00:54:17.05 | 5:24 | 11.1 |
| 78 | BAŃKOWSKI SEBASTIAN | 1393 | | GLIWICE | | M-20 | 15 | M 65 | 00:52:15.05 | 00:54:19.00 | 5:13 | 11.5 |
| 79 | DYMAREK ŁUKASZ | 1398 | KM PSP GLIWICE | PLAWNIOWICE | | M-30 | 24 | M 66 | 00:53:07.85 | 00:54:34.65 | 5:18 | 11.3 |
| 80 | SWOBODA JĄROŚŁAW | 1449 | NIGHT RUNNERS GLIWICE | KNURÓW | | M-30 | 28 | M 67 | 00:53:41.05 | 00:54:35.45 | 5:22 | 11.2 |
| 81 | PIKOŃ KRZYSZTOF | 1595 | | GLIWICE | | M-40 | 16 | M 68 | 00:53:06.40 | 00:54:40.30 | 5:18 | 11.3 |
| 82 | MALSKA- WYROZUMSKA MAŁGORZATA | 1433 | | GLIWICE | | K-30 | 5 | K 14 | 00:53:59.55 | 00:54:45.25 | 5:24 | 11.1 |
| 83 | SZMYD WOJCIECH | 1507 | | GLIWICE | | M-30 | 26 | M 69 | 00:53:37.65 | 00:54:54.75 | 5:21 | 11.2 |
| 84 | SADOWSKI TOMASZ | 1404 | KOSSMATE ŻUKI | KRAKÓW | | M-30 | 27 | M 70 | 00:53:37.95 | 00:54:54.95 | 5:21 | 11.2 |
| 85 | SZARZYŃSKA-GRYCHNIK JOLA | 1489 | | BYTOM | | K-40 | 5 | K 15 | 00:53:58.30 | 00:55:06.35 | 5:23 | 11.1 |
| 86 | MAĆZYŃSKA AGNIESZKA | 1465 | | GLIWICE | | K-40 | 4 | K 16 | 00:53:40.50 | 00:55:15.80 | 5:22 | 11.2 |
| 87 | HAJDUGA RAFAŁ | 1502 | GLIWICE | GLIWICE | | M-40 | 20 | M 71 | 00:54:33.30 | 00:55:18.40 | 5:27 | 11 |
| 88 | PAĆHALSKI ANDRZEJ | 1481 | KS NEMO | CHORZÓW | | M-50 | 8 | M 72 | 00:55:13.10 | 00:55:18.40 | 5:31 | 10.9 |
| 89 | DYMAREK BEATA | 1399 | | TOSZEK | | K-20 | 3 | K 17 | 00:53:51.60 | 00:55:18.85 | 5:23 | 11.1 |
| 90 | TURCZYN MATEUSZ | 1555 | HIRSCHVOGEL | GLIWICE | | M-20 | 18 | M 73 | 00:54:46.70 | 00:55:20.65 | 5:28 | 11 |
| 91 | MACHACZKA DAWID | 1437 | | BYTOM | | M-30 | 30 | M 74 | 00:54:26.65 | 00:55:23.85 | 5:26 | 11 |
| 92 | HAJDUKIEWICZ MICHAŁ | 1475 | | GLIWICE | | M-20 | 17 | M 75 | 00:54:14.80 | 00:55:29.20 | 5:25 | 11.1 |
| 93 | KRZEMIŃSKI MIROŚŁAW | 1424 | | GLIWICE | | M-40 | 18 | M 76 | 00:53:32.25 | 00:55:39.90 | 5:21 | 11.2 |
| 94 | IBROM-JASIŃSKA JUSTYNA | 1533 | | TARNOWSKIE GÓRY | | K-30 | 7 | K 18 | 00:54:41.15 | 00:55:49.40 | 5:28 | 11 |
| 95 | GRUCHAŁA ANNA | 1400 | | SIEMIANOWICE ŚLĄSKIE | | K-30 | 9 | K 19 | 00:54:57.10 | 00:55:53.35 | 5:29 | 10.9 |
| 96 | KRYNICKI PAWEŁ | 1511 | | GLIWICE | | M-20 | 16 | M 77 | 00:53:55.60 | 00:55:57.75 | 5:23 | 11.1 |
| 97 | BRZÓZKA PIOTR | 1580 | | JASTRZĘBIE-ZDRÓJ | | M-20 | 19 | M 78 | 00:55:04.30 | 00:56:01.45 | 5:30 | 10.9 |
| 98 | DĘBSKA JOANNA | 1519 | NIGHT RUNNERS GLIWICE | GLIWICE | | K-40 | 8 | K 20 | 00:55:24.60 | 00:56:11.60 | 5:32 | 10.8 |
| 99 | WŁOCHOWSKI KRZYSZTOF | 1501 | | ZABRZE | | M-40 | 22 | M 79 | 00:54:55.35 | 00:56:15.50 | 5:29 | 10.9 |
| 100 | BOBEŁ KRZYSZTOF | 1440 | | GLIWICE | | M-30 | 31 | M 80 | 00:54:41.30 | 00:56:16.75 | 5:28 | 11 |
| 101 | SZCZURASZEK MACIEJ | 1374 | | WROCŁAW | | M-40 | 21 | M 81 | 00:54:33.60 | 00:56:18.00 | 5:27 | 11 |
| 102 | FRANECKA ANNA | 1450 | | BEŁK | | K-20 | 5 | K 21 | 00:55:21.45 | 00:56:21.80 | 5:32 | 10.8 |
| 103 | KNEBEL PATRYCJA | 1439 | | ZABRZE | | K-20 | 4 | K 22 | 00:54:50.30 | 00:56:24.00 | 5:29 | 10.9 |

10 KM ATEST PZLA GLIWICKI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|---------------------------|------|------------------------|------------------|------|------|--------|-------|-------------|-------------|--------|------|
| 104 | ANDRZEJCZAK IWONA | 1309 | | GLIWICE | | K-30 | 8 | K 23 | 00:54:50.15 | 00:56:28.20 | 5:29 | 10.9 |
| 105 | BALIŃSKA-SANOCKA ANETA | 1343 | | ZABRZE | | K-30 | 6 | K 24 | 00:54:27.10 | 00:56:29.25 | 5:26 | 11 |
| 106 | SANOCKA DOROTA | 1342 | | ZABRZE | | K-40 | 6 | K 25 | 00:54:28.60 | 00:56:31.30 | 5:26 | 11 |
| 107 | ZIĘBA SABINA | 1326 | | ORNONTOWICE | | K-30 | 11 | K 26 | 00:56:27.20 | 00:56:32.20 | 5:38 | 10.6 |
| 108 | CZAPEK ANNA | 1500 | BOJKÓW | GLIWICE | | K-40 | 9 | K 27 | 00:55:29.75 | 00:56:33.45 | 5:33 | 10.8 |
| 109 | CYBA MAREK | 1454 | | GLIWICE | | M-40 | 23 | M 82 | 00:54:56.35 | 00:56:36.25 | 5:29 | 10.9 |
| 110 | GIL WOJCIECH | 1560 | | WARSZAWA | | M-40 | 24 | M 83 | 00:55:49.75 | 00:56:39.60 | 5:35 | 10.7 |
| 111 | BORKOWSKA SONIA | 1403 | 3 WATERS | SIEWIERZ | | K-40 | 14 | K 28 | 00:56:24.55 | 00:56:47.90 | 5:38 | 10.6 |
| 112 | GRUCHALSKI JAKUB | 1527 | ISTA BIEGAMY | CHORZÓW | | M-30 | 34 | M 84 | 00:55:52.25 | 00:56:52.70 | 5:35 | 10.7 |
| 113 | PETEJA-ĆWIK ALEKSANDRA | 1495 | | ŁĘDZINY | | K-40 | 10 | K 29 | 00:56:03.25 | 00:56:54.05 | 5:36 | 10.7 |
| 114 | MERKEL SABINA | 1577 | | GASZOWICE | | K-30 | 10 | K 30 | 00:54:58.70 | 00:56:55.15 | 5:29 | 10.9 |
| 115 | SOSNOWSKI MACIEJ | 1491 | | ZABRZE | | M-30 | 32 | M 85 | 00:55:02.90 | 00:56:57.25 | 5:30 | 10.9 |
| 116 | DUSS SONIA | 1524 | | GLIWICE | | K-40 | 7 | K 31 | 00:55:15.75 | 00:56:58.60 | 5:31 | 10.9 |
| 117 | CZOGALA PIOTR | 1542 | | GLIWICE | | M-40 | 25 | M 86 | 00:56:25.55 | 00:57:16.95 | 5:38 | 10.6 |
| 118 | PROTAS TOMASZ | 1463 | ZSO5 GLIWICE | GLIWICE | | M-30 | 36 | M 87 | 00:56:26.10 | 00:57:17.35 | 5:38 | 10.6 |
| 119 | POLEWKA BEATA | 1531 | UKS KONIETA S-A | GLIWICE | | K-40 | 12 | K 32 | 00:56:08.90 | 00:57:28.15 | 5:36 | 10.7 |
| 120 | SKURA ADAM | 1510 | | KRAKÓW | | M-20 | 20 | M 88 | 00:55:21.85 | 00:57:36.70 | 5:32 | 10.8 |
| 121 | MYŚLAK MARIUSZ | 1557 | | GLIWICE | | M-30 | 33 | M 89 | 00:55:20.10 | 00:57:41.40 | 5:32 | 10.8 |
| 122 | FOLTYN ARMIN | 1513 | | KĘDZIERZYN KOŹLE | | M-30 | 35 | M 90 | 00:56:17.95 | 00:57:41.90 | 5:37 | 10.7 |
| 123 | LESISZ KATARZYNA | 1438 | | ZABRZE | | K-40 | 11 | K 33 | 00:56:08.75 | 00:57:41.95 | 5:36 | 10.7 |
| 124 | HELHLMANN BEATA | 1512 | | KĘDZIERZYN KOŹLE | | K-40 | 13 | K 34 | 00:56:18.25 | 00:57:42.10 | 5:37 | 10.7 |
| 125 | ROCHOWSKI PAWEŁ | 1541 | | GLIWICE | | M-20 | 22 | M 91 | 00:57:08.90 | 00:58:16.00 | 5:42 | 10.5 |
| 126 | LIPOWSKI GRZEGORZ | 1411 | | GLIWICE | | M-30 | 39 | M 92 | 00:57:09.40 | 00:58:17.75 | 5:42 | 10.5 |
| 127 | RYBAK PIOTR | 1391 | | GLIWICE | | M-20 | 21 | M 93 | 00:56:27.75 | 00:58:25.80 | 5:38 | 10.6 |
| 128 | CZERNAK ŻANETA | 1364 | | GLIWICE | | K-40 | 15 | K 35 | 00:56:37.35 | 00:58:26.65 | 5:39 | 10.6 |
| 129 | WÓJCIAK KATARZYNA | 1363 | | GLIWICE | | K-30 | 12 | K 36 | 00:56:36.90 | 00:58:26.75 | 5:39 | 10.6 |
| 130 | CYBAŁA PIOTR | 1366 | | GLIWICE | | M-30 | 38 | M 94 | 00:56:54.95 | 00:58:29.90 | 5:41 | 10.5 |
| 131 | PIOTR WITULSKI | 1504 | | GLIWICE | | M-30 | 37 | M 95 | 00:56:39.95 | 00:58:47.75 | 5:40 | 10.6 |
| 132 | ONAK IZABELA | 1497 | | GLIWICE | | K-40 | 16 | K 37 | 00:56:42.05 | 00:58:49.25 | 5:40 | 10.6 |
| 133 | DYWAN IWONA | 1453 | | GLIWICE | | K-40 | 17 | K 38 | 00:58:41.30 | 00:58:50.85 | 5:52 | 10.2 |
| 134 | DYWAN KLAUDIA | 1452 | | GLIWICE | | K-16 | 2 | K 39 | 00:58:41.50 | 00:58:50.85 | 5:52 | 10.2 |
| 135 | BEDNARZ ARKADIUSZ | 1472 | | GLIWICE | | M-40 | 26 | M 96 | 00:57:24.30 | 00:59:02.00 | 5:44 | 10.4 |
| 136 | WANDASIEWCZ MARCIN | 1380 | BIEGAMWPYSKOWICACH | PYSKOWICE | | M-30 | 40 | M 97 | 00:57:28.10 | 00:59:04.75 | 5:44 | 10.4 |
| 137 | POSTOŁ KAROLINA | 1518 | NIGHT RUNNERS GLIWICE | GLIWICE | | K-30 | 17 | K 40 | 00:58:24.70 | 00:59:11.65 | 5:50 | 10.3 |
| 138 | BOBA ALICJA | 532 | WPR MAMRE | GLIWICE | | K-30 | 14 | K 41 | 00:57:41.40 | 00:59:21.35 | 5:46 | 10.4 |
| 139 | ZBOROWSKA DOMIKA | 1339 | ISTA BIEGAMY | GLIWICE | | K-30 | 13 | K 42 | 00:57:27.60 | 00:59:30.60 | 5:44 | 10.4 |
| 140 | SKWARA KATARZYNA | 1388 | HIRSCHVOGEL | ZABRZE | | K-30 | 20 | K 43 | 00:58:56.55 | 00:59:32.10 | 5:53 | 10.2 |
| 141 | KIJANKA DAMIAN | 1334 | HIRSCHVOGEL | CZERWIONKA | | M-20 | 24 | M 98 | 00:58:57.65 | 00:59:32.15 | 5:53 | 10.2 |
| 142 | LEGIEŻYŃSKI KRZYSZTOF | 1534 | | GLIWICE | | M-30 | 45 | M 99 | 00:58:37.90 | 00:59:33.35 | 5:51 | 10.2 |
| 143 | GOCYK PATRYCJA | 1447 | | TARNOWSKIE GÓRY | | K-30 | 19 | K 44 | 00:58:39.85 | 00:59:33.80 | 5:52 | 10.2 |
| 144 | NOWICKA IWONA | 1509 | | KATOWICE | | K-30 | 22 | K 45 | 00:59:06.40 | 00:59:35.95 | 5:54 | 10.2 |
| 145 | GRYNKIEWICZ-SUDNIK MACIEJ | 1371 | | WROCŁAW | | M-30 | 41 | M 100 | 00:58:01.15 | 00:59:37.60 | 5:48 | 10.3 |
| 146 | MALEC MAREK | 1331 | | GLIWICE | | M-20 | 23 | M 101 | 00:57:27.95 | 00:59:44.20 | 5:44 | 10.4 |
| 147 | GOŁYŚ DAWID | 1473 | | KNURÓW | | M-20 | 25 | M 102 | 00:59:45.90 | 00:59:50.30 | 5:58 | 10 |
| 148 | KOPCIK JOANNA | 1471 | | GLIWICE | | K-30 | 18 | K 46 | 00:58:26.40 | 00:59:59.45 | 5:50 | 10.3 |
| 149 | DĄBROWSKI JACEK | 1347 | HIRSCHVOGEL | GLIWICE | | M-30 | 49 | M 103 | 00:59:28.35 | 01:00:04.95 | 5:56 | 10.1 |
| 150 | LASKOWSKA ANNA | 1407 | KATA GURUMA | GLIWICE | | K-30 | 16 | K 47 | 00:58:20.05 | 01:00:07.10 | 5:50 | 10.3 |
| 151 | POPCZYK PIOTR | 1456 | | ŻERNICA | | M-30 | 43 | M 104 | 00:58:08.30 | 01:00:14.65 | 5:48 | 10.3 |
| 152 | SZAMPERA JANUSZ | 1462 | EVENT 360 RUNNING TEAM | ZAWADZKIE | | M-30 | 44 | M 105 | 00:58:10.35 | 01:00:19.35 | 5:49 | 10.3 |
| 153 | SZAMPERA AGNIESZKA | 1461 | EVENT 360 RUNNING TEAM | ZAWADZKIE | | K-30 | 15 | K 48 | 00:58:10.20 | 01:00:19.35 | 5:49 | 10.3 |
| 154 | ROJEK MICHAŁ | 1320 | | GLIWICE | | M-30 | 42 | M 106 | 00:58:07.05 | 01:00:21.65 | 5:48 | 10.3 |
| 155 | NOWAK-BODUCH JOANNA | 1548 | | GLIWICE | | K-50 | 3 | K 49 | 01:00:00.85 | 01:00:23.75 | 6:00 | 10 |
| 156 | BROŻEK ANNA | 1383 | | GLIWICE | | K-30 | 23 | K 50 | 00:59:17.95 | 01:00:25.35 | 5:55 | 10.1 |
| 157 | RATKA DAWID | 1540 | | WRY | | M-20 | 26 | M 107 | 00:59:46.15 | 01:00:43.30 | 5:58 | 10 |
| 158 | KARASIŃSKI JACEK | 1464 | | GLIWICE | | M-30 | 46 | M 108 | 00:59:02.80 | 01:00:44.40 | 5:54 | 10.2 |
| 159 | DRAGON KAROLINA | 1466 | NIGHT RUNNERS GLIWICE | GLIWICE | | K-30 | 21 | K 51 | 00:59:02.55 | 01:00:44.40 | 5:54 | 10.2 |
| 160 | RAKINT BOGDAN | 1401 | | GLIWICE | | M-30 | 47 | M 109 | 00:59:13.90 | 01:01:08.25 | 5:55 | 10.1 |

10 KM ATEST PZLA GLIWICKI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|----------------------------------|------|----------------------------|------------------|------|------|--------|-------|-------------|-------------|--------|------|
| 161 | JUROWICZ DAMIAN | 1316 | | KATOWICE | | M-20 | 27 | M 110 | 01:00:23.65 | 01:01:18.35 | 6:02 | 9.9 |
| 162 | SZWUGIER DAWID | 1476 | - | RUDA ŚLĄSKA | | M-30 | 48 | M 111 | 00:59:27.90 | 01:01:29.55 | 5:56 | 10.1 |
| 163 | KONICZEK MAREK | 1390 | | GLIWICE | | M-50 | 9 | M 112 | 00:59:24.10 | 01:01:34.85 | 5:56 | 10.1 |
| 164 | GORAJ-ZAJĄC ALEKSANDRA | 1515 | NIGHT RUNNERS GLIWICE | GLIWICE | | K-40 | 19 | K 52 | 01:01:40.25 | 01:02:27.75 | 6:10 | 9.7 |
| 165 | DĘBSKI MARIUSZ | 1520 | NIGHT RUNNERS GLIWICE | GLIWICE | | M-40 | 28 | M 113 | 01:01:40.35 | 01:02:27.75 | 6:10 | 9.7 |
| 166 | STRZYŻ RYSZARD | 1492 | OPRNCACHING.PL | CHORZÓW | | M-40 | 31 | M 114 | 01:02:09.50 | 01:02:33.45 | 6:13 | 9.7 |
| 167 | BZÓWKA ANDRZEJ | 1421 | TEAMAB PROJEKT | SOSNOWIEC | | M-40 | 30 | M 115 | 01:01:51.75 | 01:02:42.10 | 6:11 | 9.7 |
| 168 | BOGDANOWICZ ZBIGNIEW | 1431 | | ZABRZE | | M-40 | 27 | M 116 | 01:00:45.65 | 01:03:07.30 | 6:04 | 9.9 |
| 169 | FRYDA ANETA | 1592 | | GLIWICE | | K-40 | 18 | K 53 | 01:01:30.30 | 01:03:14.95 | 6:09 | 9.8 |
| 170 | AUGUSTYNIAK ADAM | 1494 | | GLIWICE | | M-50 | 10 | M 117 | 01:02:28.25 | 01:03:18.50 | 6:14 | 9.6 |
| 171 | GAŁOSZ SEBASTIAN | 1358 | RAJSPORT ACTIVE ANTON TEAM | KĘDZIERZYN-KOŹLE | | M-30 | 50 | M 118 | 01:01:58.75 | 01:03:27.15 | 6:11 | 9.7 |
| 172 | ZACZEK ADAM | 1360 | OPEL ACTIVE TEAM | GLIWICE | | M-30 | 51 | M 119 | 01:02:15.35 | 01:03:42.75 | 6:13 | 9.6 |
| 173 | PIOTROWSKI JAROSŁAW | 1445 | | GLIWICE | | M-40 | 29 | M 120 | 01:01:43.15 | 01:03:51.05 | 6:10 | 9.7 |
| 174 | JUSZCZAK EWA | 1392 | | GLIWICE | | K-50 | 5 | K 54 | 01:03:25.65 | 01:03:51.80 | 6:20 | 9.5 |
| 175 | TRZEMŻAŁSKI KAMIL | 1508 | | GLIWICE | | M-20 | 28 | M 121 | 01:02:49.65 | 01:03:53.95 | 6:16 | 9.6 |
| 176 | WÓJCIK ANNA | 1428 | | GLIWICE | | K-30 | 25 | K 55 | 01:02:49.75 | 01:04:22.85 | 6:16 | 9.6 |
| 177 | TORKA-KUNERT GRAŻYNA | 6 | RYBICKA GRUPA BIEGOWA | RYBNIK | | K-50 | 4 | K 56 | 01:02:29.05 | 01:04:25.75 | 6:14 | 9.6 |
| 178 | KUCZERA BEATA | 4 | | RYBNIK | | K-30 | 24 | K 57 | 01:02:28.60 | 01:04:25.80 | 6:14 | 9.6 |
| 179 | LUBOWICKA KATARZYNA | 7 | RYBICKA GRUPA BIEGOWA | RYBNIK | | K-20 | 6 | K 58 | 01:02:28.55 | 01:04:25.85 | 6:14 | 9.6 |
| 180 | ERWIN MARTA | 1303 | FIGHT CLUB KNURÓW | KNURÓW | | K-30 | 28 | K 59 | 01:03:27.20 | 01:04:31.15 | 6:20 | 9.5 |
| 181 | ŁUSZCZ OLIWIER | 1525 | | GLIWICE | | M-20 | 29 | M 122 | 01:04:35.95 | 01:04:45.00 | 6:27 | 9.3 |
| 182 | MOKRZYCKA JUSTYNA | 1356 | BIEGAMY Z SERCEM | KNURÓW | | K-30 | 29 | K 60 | 01:03:38.00 | 01:05:03.35 | 6:21 | 9.4 |
| 183 | MAZURKIEWICZ AGNIESZKA | 1558 | WARSAW MASTERS TEAM | GLIWICE | | K-30 | 26 | K 61 | 01:03:21.20 | 01:05:06.85 | 6:20 | 9.5 |
| 184 | CZERNAK CELINA | 1469 | | GLIWICE | | K-30 | 27 | K 62 | 01:03:21.30 | 01:05:07.15 | 6:20 | 9.5 |
| 185 | DOMAGAŁSKI MIROŚLAW | 1381 | | GLIWICE | | M-30 | 52 | M 123 | 01:04:09.90 | 01:05:14.05 | 6:25 | 9.4 |
| 186 | JANOWSKA-CHWALISZEWSKA AGNIESZKA | 1394 | NIGHT RUNNERS GLIWICE | GLIWICE | | K-40 | 20 | K 63 | 01:03:31.50 | 01:05:16.20 | 6:21 | 9.4 |
| 187 | KURA LESŁAW | 1532 | UNISONO | MIKOŁÓW | | M-50 | 11 | M 124 | 01:03:33.30 | 01:05:45.50 | 6:21 | 9.4 |
| 188 | MISIEK JOLANTA | 1446 | | TARNOWSKIE GÓRY | | K-40 | 21 | K 64 | 01:05:00.25 | 01:05:54.20 | 6:30 | 9.2 |
| 189 | ŁUKASZCZYK ADAM | 1467 | FUTURE PROCESSING | RUDA ŚLĄSKA | | M-30 | 53 | M 125 | 01:04:19.90 | 01:06:01.70 | 6:26 | 9.3 |
| 190 | MUCHA-KUŚ KAROLINA | 1522 | | GLIWICE | | K-30 | 30 | K 65 | 01:04:30.75 | 01:06:30.15 | 6:27 | 9.3 |
| 191 | KUŚ MICHAŁ | 1521 | | GLIWICE | | M-30 | 54 | M 126 | 01:04:30.30 | 01:06:30.25 | 6:27 | 9.3 |
| 192 | WÓJTOWICZ AGNIESZKA | 1526 | ISTA BIEGAMY | ZABRZE | | K-30 | 31 | K 66 | 01:05:57.30 | 01:06:57.05 | 6:35 | 9.1 |
| 193 | STOLARZ AGNIESZKA | 1353 | NIGHT RUNNERS GLIWICE | GLIWICE | | K-40 | 24 | K 67 | 01:06:23.10 | 01:07:12.80 | 6:38 | 9 |
| 194 | JANOSZEK MAŁGORZATA | 1435 | | GLIWICE | | K-30 | 33 | K 68 | 01:06:49.90 | 01:07:17.30 | 6:41 | 9 |
| 195 | RAŁ ZDZIŚLAWA | 1444 | | GLIWICE | | K-60 | 1 | K 69 | 01:06:50.15 | 01:07:18.45 | 6:41 | 9 |
| 196 | SUSEŁ ALEKSANDER | 1 | CAŁA NAPRZÓD | MIKOŁÓW | | M-20 | 31 | M 127 | 01:07:43.55 | 01:07:45.05 | 6:46 | 8.9 |
| 197 | KUPIS KATARZYNA | 1485 | KUDŁATY ART TEAM | GLIWICE | | K-20 | 8 | K 70 | 01:06:37.40 | 01:07:46.60 | 6:39 | 9 |
| 198 | POGORZELSKA-KLIKS AGATA | 1382 | UNISONO | SOSNOWIEC | | K-40 | 22 | K 71 | 01:05:48.40 | 01:07:53.95 | 6:34 | 9.1 |
| 199 | NAWROT KATARZYNA | 1538 | PKO BP | KATOWICE | | K-30 | 34 | K 72 | 01:07:11.30 | 01:07:55.15 | 6:43 | 8.9 |
| 200 | MULARCZYK TOMASZ | 1537 | PKO BP | KATOWICE | | M-40 | 33 | M 128 | 01:07:11.75 | 01:07:55.45 | 6:43 | 8.9 |
| 201 | MAZUR KAMILA | 1514 | | GIERAKTOWICE | | K-30 | 35 | K 73 | 01:07:12.10 | 01:08:08.00 | 6:43 | 8.9 |
| 202 | POSMYK BEATA | 1368 | BFRT.ORG.PL | TARNOWSKIE GÓRY | | K-30 | 32 | K 74 | 01:06:36.05 | 01:08:12.00 | 6:39 | 9 |
| 203 | HRSZKIEWICZ BARBARA | 1385 | AKMB PĘDZIWIATR GLIWICE | MIEDARY | | K-40 | 23 | K 75 | 01:06:09.90 | 01:08:15.35 | 6:37 | 9.1 |
| 204 | OTEBBEYE AMINA | 1301 | MACHINAGROUP | | | K-30 | 38 | K 76 | 01:08:11.55 | 01:08:17.30 | 6:49 | 8.8 |
| 205 | KOBIERSKA ANNA | 1355 | | GLIWICE | | K-20 | 7 | K 77 | 01:06:24.00 | 01:08:19.80 | 6:38 | 9 |
| 206 | SOKOŁOWSKI MATEUSZ | 1352 | | GLIWICE | | M-20 | 30 | M 129 | 01:06:27.70 | 01:08:25.30 | 6:38 | 9 |
| 207 | OTOROWSKA ALEKSANDRA | 1412 | | GLIWICE | | K-30 | 36 | K 78 | 01:07:58.35 | 01:08:32.55 | 6:47 | 8.8 |
| 208 | POSMYK SEBASTIAN | 1367 | BFRT.ORG.PL | TARNOWSKIE GÓRY | | M-40 | 32 | M 130 | 01:06:57.50 | 01:08:34.95 | 6:41 | 9 |
| 209 | LISOWSKA BARBARA | 1478 | | TURAWA | | K-40 | 25 | K 79 | 01:07:12.35 | 01:08:38.35 | 6:43 | 8.9 |
| 210 | GOJ JERZY | 1377 | PIEKARY ŚLĄSKIE | PIEKARY ŚLĄSKIE | | M-50 | 12 | M 131 | 01:08:13.45 | 01:08:58.85 | 6:49 | 8.8 |
| 211 | BLUSZCZ MARTA | 1539 | | GLIWICE | | K-30 | 37 | K 80 | 01:08:01.10 | 01:09:25.55 | 6:48 | 8.8 |
| 212 | KOTLIŃSKA NATALIA | 1329 | | GLIWICE | | K-20 | 10 | K 81 | 01:09:04.80 | 01:10:02.60 | 6:54 | 8.7 |
| 213 | DUDZICZ BARBARA | 1597 | PKO BP | GLIWICE | | K-40 | 26 | K 82 | 01:09:23.45 | 01:10:10.40 | 6:56 | 8.6 |
| 214 | PIRÓG BEATA | 1470 | | DĄBROWA GÓRNICZA | | K-30 | 39 | K 83 | 01:08:46.15 | 01:10:25.25 | 6:52 | 8.7 |
| 215 | LUTOGNIIEWSKA DOROTA | 1315 | BIPROHUT | GLIWICE | | K-20 | 9 | K 84 | 01:09:02.05 | 01:10:57.80 | 6:54 | 8.7 |
| 216 | TRZOPEK MARCIN | 1420 | | UJSOŁY | | M-20 | 32 | M 132 | 01:11:04.10 | 01:11:14.65 | 7:06 | 8.4 |
| 217 | SŁODKIEWICZ GRZEGORZ | 1442 | | GLIWICE | | M-40 | 34 | M 133 | 01:08:56.30 | 01:11:21.55 | 6:53 | 8.7 |

10 KM ATEST PZLA GLIWICKI, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | M. kat | K/M | Netto | Brutto | min/km | km/h |
|------|--------------------------|------|-----------------------|-----------------|------|------|--------|-------|-------------|-------------|--------|------|
| 218 | HOMIŃSKA KRYSZYNA | 1551 | PKO BP | GLIWICE | | K-50 | 6 | K 85 | 01:11:03.55 | 01:11:22.50 | 7:06 | 8.4 |
| 219 | FILIPCZYK IZABELA | 1415 | | PIEKARY ŚLĄSKIE | | K-30 | 40 | K 86 | 01:11:01.75 | 01:12:52.50 | 7:06 | 8.4 |
| 220 | WILK WERONIKA | 1414 | | PIEKARY ŚLĄSKIE | | K-30 | 41 | K 87 | 01:11:02.15 | 01:12:52.75 | 7:06 | 8.4 |
| 221 | BOCZAROWSKA BARBARA | 1482 | EXPERT TRAVEL | GLIWICE | | K-30 | 43 | K 88 | 01:13:51.80 | 01:14:18.30 | 7:23 | 8.1 |
| 222 | ANDRACZEK MAGDALENA ANNA | 1547 | | SMOLNICA | | K-30 | 42 | K 89 | 01:12:35.55 | 01:14:31.75 | 7:15 | 8.3 |
| 223 | ZEMBOK FILIP | 1311 | ROCKWELL TEAM | PSZCZYNA | | M-30 | 55 | M 134 | 01:13:29.50 | 01:15:49.70 | 7:20 | 8.2 |
| 224 | SZOKA EWA | 1409 | NIGHT RUNNER GLIWICE | GLIWICE | | K-30 | 44 | K 90 | 01:14:09.80 | 01:15:53.30 | 7:25 | 8.1 |
| 225 | WYSOCKA MAGDALENA | 1308 | ETE RUN | RYBNIK | | K-40 | 27 | K 91 | 01:15:25.15 | 01:17:45.65 | 7:32 | 8 |
| 226 | FRĄC ELŻBIETA | 1314 | NIGHT RUNNERS GLIWICE | GLIWICE | | K-30 | 46 | K 92 | 01:17:42.50 | 01:18:29.80 | 7:46 | 7.7 |
| 227 | VEGA ZUMETA BRYGIDA | 1396 | PADŁ NA RYJ TEAM | GLIWICE | | K-30 | 45 | K 93 | 01:17:03.00 | 01:18:52.95 | 7:42 | 7.8 |
| 228 | PANKIEWICZ KATARZYNA | 1498 | GRUPA CMYKI | GLIWICE | | K-40 | 28 | K 94 | 01:17:24.65 | 01:19:38.35 | 7:44 | 7.8 |
| 229 | STEFAŃCZYK KRZYSZTOF | 1384 | | BYTOM | | M-30 | 56 | M 135 | 01:20:21.55 | 01:20:43.30 | 8:02 | 7.5 |
| 230 | HRYSKIEWICZ ANNA | 1451 | UNISONO | BYTOM | | K-20 | 11 | K 95 | 01:18:34.50 | 01:20:47.55 | 7:51 | 7.6 |
| 231 | MURKOWSKI SŁAWOMIR | 1348 | HIRSCHVOGEL | BYTOM | | M-40 | 35 | M 136 | 01:23:06.00 | 01:23:41.95 | 8:18 | 7.2 |
| 232 | GAŚCZAK TADEUSZ | 1341 | | GLIWICE | | M-70 | 1 | M 137 | 01:31:34.75 | 01:31:46.50 | 9:09 | 6.6 |
| 233 | TOMCZAK MAŁGORZATA | 1536 | | ZABRZE | | K-40 | 29 | K 96 | 01:33:54.40 | 01:34:14.90 | 9:23 | 6.4 |
| 234 | KOWALCZYK ANNA | 1338 | HIRSCHVOGEL | ZABRZE | | K-40 | 30 | K 97 | 01:38:58.35 | 01:39:11.80 | 9:53 | 6.1 |
| 235 | MUCHA EDWARD | 1386 | | RUDA ŚLĄSKA | | M-70 | 2 | M 138 | 02:56:44.10 | 02:57:02.90 | 17:40 | 3.4 |
| 236 | WIERZBICKI MARCIN | 1486 | | PIEKARY ŚLĄSKIE | | M-30 | 57 | M 139 | | | 14:52 | 4 |
| 237 | IZYDORCZYK AGNIESZKA | 1337 | HIRSCHVOGEL | GLIWICE | | K-30 | 47 | K 98 | | | 23:57 | 2.5 |