XI SYLWESTROWY NORDIC WALKING - 3 KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-12-28
Miejsce: Koszalin
Dystans: 3 km
Klasyfikacja wg czasów brutto.

HERKULES www.herkules.org.pl

TK KF Koszalin

B4SPORT INTELIGENTNE ZAWODY SPORTOWE

XI SYLWESTROWY NORDIC WALKING - 3 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	1.7km	Netto	Brutto	min/km	km/h
1	ROMANOWICZ PIOTR	341		RESKO	POL	M-OPEN	1	M 1	00:10:23	00:20:04.48	00:20:18.03	6:41	9
2	FRĄCKOWIAK ROMAN	74		WIELEŃ	POL	M-OPEN	2	M 2	00:09:58	00:20:21.74	00:21:23.74	6:47	8.8
3	KOPCZEWSKI DARIUSZ	558		KOSZALIN	POL	M-OPEN	3	M 3	00:11:40	00:22:47.19	00:23:00.97	7:35	7.9
4	POTRZEBOWSKI MAREK	324		BYDGOSZCZ	POL	M-OPEN	4	M 4	00:11:05	00:22:13.87	00:23:14.37	7:24	8.1
5	OKRZESIK-FRĄCKOWIAK IZABELA	286		WIELEŃ	POL	K-OPEN	1	K 1	00:11:04	00:22:18.14	00:23:19.62	7:26	8.1
6	SZUDARSKI EDWARD	383		SŁUPSK	POL	M-OPEN	5	M 5	00:11:28	00:22:37.85	00:23:39.89	7:32	8
7	WICHER KRZYSZTOF	412		KOSZALIN	POL	M-OPEN	6	M 6	00:11:23	00:22:38.78	00:23:40.38	7:33	7.9
8	POTRZEBOWSKA AGATA	323		BYDGOSZCZ	POL	K-OPEN	2	K 2	00:11:25	00:22:48.78	00:23:50.11	7:36	7.9
9	WILKOŁEK-SZUDARSKA SATURNINA	417		SŁUPSK	POL	K-OPEN	3	K 3	00:12:28	00:23:57.95	00:24:11.64	7:59	7.5
10	SZUDARSKI MAREK	384		SŁUPSK	POL	M-OPEN	7	M 7	00:11:50	00:23:35.78	00:24:41.18	7:52	7.6
11	KUBIK KRYSTIAN	207		GRYFICE	POL	M-OPEN	8	M 8	00:12:40	00:24:24.70	00:24:41.18	8:08	7.4
12	KORYBSKA ALEKSANDRA	185		BIAŁY BÓR	POL	K-OPEN	4	K 4	00:12:48	00:24:42.33	00:24:53.37	8:14	7.3
13	WIECZORKOWSKA DAGMARA	413		KOSZALIN	POL	K-OPEN	5	K 5	00:12:05	00:24:01.08	00:25:04.07	8:00	7.5
14	MACIEJEWSKI TOMASZ	234		USTKA	POL	M-OPEN	9	M 9	00:12:57	00:24:44.00	00:25:48.72	8:14	7.3
15	KNITTER MONIKA	164		POLANÓW	POL	K-OPEN	6	K 6	00:12:22	00:25:00.63	00:26:01.66	8:20	7.2
16	LEDZION ROBERT	218		SZCZECIN	POL	M-OPEN	10	M 10	00:13:06	00:25:37.64	00:26:39.94	8:32	7
17	TURSKI BOGDAN	398		SZCZECIN	POL	M-OPEN	11	M 11	00:13:24	00:25:39.56	00:26:42.13	8:33	7
18	TOCZYŁOWSKA WIESŁAWA	395		KOSZALIN	POL	K-OPEN	7	K 7	00:12:59	00:25:56.18	00:26:57.92	8:38	6.9
19	RODZIEWICZ WIOLETTA	337		USTKA	POL	K-OPEN	8	K 8	00:13:15	00:26:00.00	00:27:03.05	8:40	6.9
20	MARIAŃSKA ANNA	246		KOSZALIN	POL	K-OPEN	9	K 9	00:13:41	00:26:46.76	00:27:49.16	8:55	6.7
21	JANEK AGNIESZKA	125		GRYFICE	POL	K-OPEN	10	K 10	00:13:43	00:26:52.42	00:27:56.57	8:57	6.7
22	KURCZ BARBARA	211		KOSZALIN	POL	K-OPEN	11	K 11	00:13:51	00:27:19.26	00:28:24.42	9:06	6.6
23	KORBAN- WICHER KATARZYNA	179		KOSZALIN	POL	K-OPEN	12	K 12	00:13:06	00:27:39.05	00:28:40.11	9:13	6.5
24	PIECYCHNA MICHALINA	309		SZCZECIN	POL	K-OPEN	13	K 13	00:15:05	00:28:49.06	00:29:01.57	9:36	6.2
25	PIECYCHNA AGATA	310		KOŁOBRZEG	POL	K-OPEN	14	K 14	00:14:22	00:28:00.00	00:29:02.20	9:20	6.4
26	DYWELSKI MAREK	67		KOSZALIN	POL	M-OPEN	12	M 12	00:13:55	00:28:19.72	00:29:23.71	9:26	6.4
27	JANEK JUSTYNA	127		SZCZECIN	POL	K-OPEN	15	K 15	00:14:14	00:28:20.62	00:29:25.04	9:27	6.3
28	KASZUBA ADRIANA	152		KOSZALIN	POL	K-OPEN	16	K 16	00:15:13	00:29:39.10	00:29:55.19	9:53	6.1
29	GRZESIK MARIA	99		KOSZALIN	POL	K-OPEN	17	K 17	00:14:35	00:29:04.29	00:30:06.24	9:41	6.2
30	JANEK ARKADIUSZ	126		GRYFICE	POL	M-OPEN	13	M 13	00:14:39	00:29:29.69	00:30:34.55	9:50	6.1
31	LEDZION DAGMARA	217		SZCZECON	POL	K-OPEN	18	K 18	00:15:16	00:30:19.41	00:31:21.90	10:06	5.9
32	POŁOCZAŃSKA MARTA	206		KOSZALIN	POL	K-OPEN	19	K 19	00:15:37	00:30:21.57	00:31:24.90	6:04	9.9
33	BARTNIK MARIAN	13		KOSZALIN	POL	M-OPEN	14	M 14	00:16:23	00:31:59.89	00:32:05.37	10:40	5.6
34	CAŁA DAWID	35		BYTÓW	POL	M-OPEN	15	M 15	00:16:27	00:31:04.97	00:32:11.18	10:21	5.8
35	KOMAR MARLENA	173		KONIKOWO	POL	K-OPEN	20	K 20	00:15:50	00:31:20.55	00:32:24.90	10:26	5.7
36	CAŁA LENA	34		BYTÓW	POL	K-OPEN	21	K 21	00:16:30	00:31:31.39	00:32:38.05	10:30	5.7
37	CAŁA MAŁGORZATA	36		BYTÓW	POL	K-OPEN	22	K 22	00:16:30	00:31:33.36	00:32:39.66	10:31	5.7
38	KOŁODZIEJ FELICJA	170		W)OKI	POL	K-OPEN	23	K 23	00:16:24	00:31:38.16	00:32:42.76	10:32	5.7
39	KALOCIŃSKA SYLWIA	145		KOSZALIN	POL	K-OPEN	24	K 24	00:21:20	00:34:56.01	00:36:06.01	11:38	5.2
40	KRAWCZUK-KIEŁB ANNA	198		WIEKOWO	POL	K-OPEN	25	K 25	00:18:03	00:35:08.71	00:36:12.11	11:43	5.1
41	CHOJNACKA JUSTYNA	39		WIEKOWICE	POL	K-OPEN	26	K 26	00:18:04	00:35:09.00	00:36:12.41	11:43	5.1