

## TRIADA MARATON BESKID SADECKI

Organizator: Fundacja Kocham Góry  
Data: 2020-01-05  
Miejsce: Krościenko nad Dunajcem  
Dystans: 18 km  
Klasyfikacja wg czasów brutto.



### TRIADA MARATON BESKID SADECKI, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	Netto	Brutto	min/km	km/h
1	KOŚCIELNIAK KACPER	272	SALCO GARMIN TEAM	RABA NIŻNA	POL	M16-29	1	M 1	00:49:42	01:50:20.75	01:50:22.45	6:07	9.8
2	FLOREK SEBASTIAN	237	NORAFSPORT / SPORT HG	GABOŃ	POL	M30-39	1	M 2	00:50:25	01:55:00.35	01:55:02.90	6:23	9.4
3	BEREŚ ARKADIUSZ	203		RZESZÓW	POL	M30-39	2	M 3		01:55:18.50	01:55:19.90	6:24	9.4
4	FABIAN MARCEL	235	SOCIOS SILESIA	PYSKOWICE	POL	M16-29	2	M 4	00:49:59	01:56:14.60	01:56:15.55	6:27	9.3
5	GAWLIK SŁAWEK	242		KRAKÓW	POL	M30-39	3	M 5	00:50:48	01:58:20.20	01:58:21.45	6:34	9.1
6	STROINSKI DANIEL	241		WARSZAWA	POL	M30-39	4	M 6	00:51:46	02:01:34.65	02:01:35.60	6:45	8.9
7	CYRAN PIOTR	225	NOA	NYSA	POL	M30-39	5	M 7	00:52:29	02:03:59.25	02:04:00.90	6:53	8.7
8	KLONOWSKI KAMIL	271	CARBON OCR RACING TEAM	ŁAZISKA GÓRNE	POL	M30-39	6	M 8	00:54:46	02:06:28.70	02:06:29.75	7:01	8.5
9	RYBAK PRZEMYSŁAW	341	PRZE(W)AGA	PUŁAWY	POL	M30-39	7	M 9	00:57:51	02:14:12.70	02:14:15.95	7:27	8
10	TYNUS GRZEGORZ	667	NKK	FRYDMAN		M40-49	1	M 10	01:00:44	02:15:48.65	02:15:53.05	7:32	8
11	CICHOCKI TOMASZ	223	PELETON	ALEKSANDRÓW ŁÓDZKI	POL	M30-39	8	M 11	00:55:06	02:18:16.10	02:18:17.45	7:40	7.8
12	SAWA PIOTR	617		LUBLIN	POL	M16-29	3	M 12	00:59:09	02:19:57.20	02:19:59.55	7:46	7.7
13	KUCZYK SZYMON	288	ENDURANCE TEAM	SIEMIANOWICE	POL	M40-49	2	M 13	01:01:03	02:22:03.85	02:22:06.70	7:53	7.6
14	MACIEJEWSKI DANIEL	336		LUBLIN	POL	M30-39	9	M 14	01:01:53	02:22:29.25	02:22:37.40	7:54	7.6
15	SZPUNAR MACIEJ	364	ROBIĘ TO DLA SIEBIE	GDYNIA	POL	M40-49	3	M 15	01:01:05	02:22:50.25	02:23:01.25	7:56	7.6
16	SZELAĞ DARIUSZ	360	LISY PUSTYNI	KLUCZE	POL	M40-49	4	M 16	01:02:13	02:23:47.35	02:23:51.45	7:59	7.5
17	FEICHTINGER MAREK	236		ŻORY	POL	M40-49	5	M 17	01:01:39	02:24:07.10	02:24:09.45	8:00	7.5
18	KOZIEŁ KRZYSZTOF	282		GLIWICE	POL	M30-39	10	M 18	00:58:51	02:24:21.25	02:24:27.00	8:01	7.5
19	OLEJNIK FRANCISZEK	326	INŻYNIERIA BIEGANIA TEAM	IMIELIN	POL	M16-29	4	M 19	00:59:51	02:24:46.85	02:24:48.25	8:02	7.5
20	KOLACHA PATRYK	275	STUDIO GTS	IMIELIN	POL	M16-29	5	M 20	01:02:12	02:26:14.85	02:26:15.65	8:07	7.4
21	NOWAK LUKASZ	322	NOA / CS RUNNING TEAM	WROCŁAW	POL	M30-39	11	M 21	01:03:37	02:26:10.25	02:26:18.00	8:07	7.4
22	BROŁ DOMINIKA	209	ENDURANCE TEAM	SIEMIANOWICE	POL	K30-39	1	K 1	01:01:20	02:26:35.80	02:26:38.15	8:08	7.4
23	SOWA GRZEGORZ	353	STG-KRAKÓW ŚRÓDMIEŚCIE	ŚWIDNIK	POL	M30-39	12	M 22	01:01:45	02:26:46.35	02:26:50.15	8:09	7.4
24	ZIĘCINA SYLWIA	395	ATLANTIC	KRAKÓW	POL	K30-39	2	K 2	01:02:06	02:26:56.85	02:26:58.80	8:09	7.3
25	SKORUPKA LESZEK	348	M3 SIEDLCE	SIEDLCE	POL	M40-49	6	M 23		02:28:58.70	02:29:04.00	8:16	7.2
26	JASIULEWICZ ANNA	258	BIAŁYSTOK BIEGA TEAM	JÓZEFOSŁAW	POL	K40-49	1	K 3	01:02:58	02:29:10.40	02:29:12.25	8:17	7.2
27	WŁOCH SŁAWOMIR	380		KROSNO	POL	M50-59	1	M 24	01:03:05	02:29:18.85	02:29:19.95	8:17	7.2
28	MICHAŁSKI DAMIAN	313	ALIOR RUNNING TEAM	WARSZAWA	POL	M40-49	7	M 25	01:01:11	02:30:33.80	02:30:35.45	8:21	7.2
29	STEFANIUK ROMAN	357		SIEDLCE	POL	M50-59	2	M 26		02:31:01.65	02:31:05.45	8:23	7.2
30	PYTEL WALDEK	340	YULO RANTEAM SIEDLCE	SIEDLCE	POL	M50-59	3	M 27	01:03:11	02:31:08.90	02:31:12.50	8:23	7.1
31	DYLEG ANDRZEJ	669	LIMANOWA FOREST			M40-49	8	M 28		02:31:12.60	02:31:15.25	8:24	7.1
32	MĘDRYKOWSKI DAMIAN	311		SANDOMIERZ	POL	M30-39	13	M 29	01:03:36	02:32:04.30	02:32:09.35	8:26	7.1
33	CHODOWIEC KAROLINA	221	ADIDAS RUNNERS WARSAW	GDYNIA	POL	K30-39	3	K 4	01:05:20	02:32:35.60	02:32:38.85	8:28	7.1
34	CHODOWIEC PRZEMYSŁAW	220	ADIDAS RUNNERS WARSAW	SIEDLCE	POL	M30-39	14	M 30	01:05:17	02:32:35.70	02:32:39.00	8:28	7.1
35	SOSNOWSKA AGNIESZKA	352	SOSNA RADOSNA	SOSNOWIEC	POL	K40-49	2	K 5	01:06:10	02:32:54.15	02:33:02.55	8:29	7.1
36	BYRCZEK MICHAŁ	216	WATAHA	WROCŁAW	POL	M30-39	15	M 31	01:09:03	02:32:56.10	02:33:17.70	8:29	7.1
37	MARCINKOWSKI BARTOSZ	308	SACKY RUNNERS	JAWORZNO	POL	M16-29	6	M 32	01:02:03	02:33:38.15	02:33:40.70	8:32	7
38	KRAWCZYK KAROL	283	LENIWY INACZEJ	JAWORZNO	POL	M30-39	16	M 33	01:09:20	02:35:16.85	02:35:40.35	8:37	7
39	SZKODA KASIA	361		POZNAŃ	POL	K16-29	1	K 6	01:06:01	02:36:15.90	02:36:23.20	8:40	6.9
40	CIERPIOŁ ANDRZEJ	224	SACKY RUNNERS	JAWORZNO	POL	M16-29	7	M 34	01:05:51	02:37:06.85	02:37:09.70	8:43	6.9
41	OSIAK ARTUR	327	BIEGUSIEM.PL	GOŁĄB	POL	M30-39	17	M 35	01:06:19	02:37:19.40	02:37:24.10	8:44	6.9
42	STANKIEWICZ TOMASZ	355	GT TEAM	KRAKÓW	POL	M30-39	18	M 36	01:09:47	02:37:20.55	02:37:45.60	8:44	6.9
43	MAŁEK DAREN	307		RUDA ŚLĄSKA	POL	M30-39	19	M 37	00:58:40	02:38:03.10	02:38:05.05	8:46	6.8
44	BAĆMAGA TOMASZ	202		RADOM	POL	M30-39	20	M 38	01:09:36	02:38:44.70	02:38:57.45	8:49	6.8
45	GŁOWACKI JERZY	243	JUVENIA KRAKÓW	KRAKÓW	POL	M30-39	21	M 39	01:08:35	02:38:53.35	02:39:02.65	8:49	6.8
46	JARNOT KONRAD	256	BIEGAM W KATO :)	KATOWICE	POL	M30-39	22	M 40	01:09:22	02:39:08.20	02:39:40.25	8:50	6.8

**TRIADA MARATON BESKID SADECKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	Netto	Brutto	min/km	km/h
47	DROŚ ALEKSANDER	228	POWER TRAINING	WARSZAWA	POL	M30-39	23	M 41	01:08:44	02:39:50.05	02:39:54.35	8:52	6.8
48	GODLEWSKI CEZARY	246		WARSZAWA	POL	M30-39	24	M 42	01:10:11	02:40:16.80	02:40:45.85	8:54	6.7
49	PRZYBYLSKI TOMASZ	339	TRI TOMAJ	POZNAŃ	POL	M40-49	9	M 43	01:06:20	02:41:15.80	02:41:22.35	8:57	6.7
50	KUDZIOR PIOTR	289	PRO366	POZNAŃ	POL	M16-29	8	M 44	01:06:26	02:42:27.50	02:42:34.05	9:01	6.6
51	GRUSZKA GRZEGORZ	250	ENDURANCE TEAM	SIEMIANOWICE	POL	M40-49	10	M 45	01:04:06	02:42:51.25	02:42:54.45	9:02	6.6
52	KOWALSKI KRZYSZTOF	279	HRMAXCROSSTEAM	SOPOT	POL	M50-59	4	M 46	01:05:58	02:42:53.95	02:42:58.25	9:03	6.6
53	KUNA ALEKSANDRA	290		LIPOWIEC	POL	K30-39	4	K 7	01:10:00	02:43:19.40	02:43:34.05	9:04	6.6
54	WOLAŃCZUK MARCIN	387		WARSZAWA	POL	M30-39	25	M 47	01:08:35	02:44:48.45	02:44:51.65	9:09	6.6
55	CZAPSKI PIOTR	227		WARSZAWA	POL	M50-59	5	M 48	01:11:10	02:44:36.65	02:44:57.45	9:08	6.6
56	CHILICKA MARTA	219	RED LION CLUB	MIĘDZYRZEC PODLASKI	POL	K30-39	5	K 8	01:10:27	02:44:54.20	02:44:58.80	9:09	6.5
57	GOZDZIK TOMEK	244		BYDGOSZCZ	POL	M16-29	9	M 49	01:10:03	02:44:46.45	02:45:05.40	9:09	6.6
58	GRABOWSKI DAMIAN	248	-	POZNAŃ	POL	M30-39	26	M 50	01:09:58	02:45:04.10	02:45:15.25	9:10	6.5
59	ŁOBODOWSKI MARCIN	299	RACEFIGHTER GOSIR DĘBE WIELKIE	SIENICA	POL	M30-39	27	M 51		02:45:23.05	02:45:28.45	9:11	6.5
60	ADAMCZAK BARBARA	200	TRAVOIS	KATOWICE	POL	K40-49	3	K 9	01:13:42	02:46:32.55	02:46:42.15	9:15	6.5
61	KOWALSKI SZYMON	280	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	M40-49	11	M 52	01:10:22	02:47:00.85	02:47:04.20	9:16	6.5
62	KITOWSKA ANNA	232	PERFECT RUNNER TEAM	GŁOGÓW MAŁOPOLSKI	POL	K40-49	4	K 10	01:12:40	02:47:21.00	02:47:33.95	9:17	6.5
63	DZIERŻAK ELŻBIETA	233	HUSARIA RACE TEAM	GŁOGÓW MAŁOPOLSKI	POL	K40-49	5	K 11	01:12:57	02:47:21.40	02:47:34.05	9:17	6.5
64	LUTEREK MICHAŁ	298		WARSZAWA	POL	M40-49	12	M 53	01:11:13	02:47:49.30	02:48:03.60	9:19	6.4
65	SALIŃSKI BARTOSZ	342	WKURW_TEAM	KATOWICE	POL	M30-39	28	M 54	01:09:46	02:48:14.40	02:48:20.30	9:20	6.4
66	SOBCZYK PIOTR	349		KIELCE	POL	M40-49	13	M 55	01:15:29	02:48:38.45	02:49:00.15	9:22	6.4
67	SAWCZUK ROBERT	343	PADRE TEAM	NOWA WIOSKA	POL	M30-39	29	M 56	01:12:56	02:48:45.95	02:49:09.30	9:22	6.4
68	NOWICKI ARTUR	323		KONSTANTYNOW	POL	M30-39	30	M 57	01:13:08	02:49:00.25	02:49:22.15	9:23	6.4
69	KALETA ANNA	262		KRAKÓW	POL	K30-39	6	K 12	01:15:06	02:49:05.70	02:49:32.25	9:23	6.4
70	WIATR WOJCIECH	374	ENDURANCE TEAM	CHORZÓW	POL	M40-49	14	M 58	01:10:24	02:49:30.60	02:49:35.05	9:25	6.4
71	KALISZAN KRZYSZTOF	263	12 WBOT	ZALASEWO	POL	M16-29	10	M 59	01:06:07	02:49:31.75	02:49:39.05	9:25	6.4
72	GOCŁOWSKI CEZARY	245		PIASECZNO	POL	M40-49	15	M 60	01:09:48	02:49:51.95	02:50:02.90	9:26	6.4
73	ZIELIŃSKA IWONA	394	KUJAWSCY RUNNERS	GDAŃSK	POL	K40-49	6	K 13	01:13:00	02:50:28.85	02:50:42.10	9:28	6.3
74	WENARSKI GRZEGORZ	626		BELŻYCE	POL	M30-39	31	M 61	01:13:27	02:50:55.15	02:51:02.75	9:29	6.3
75	NIMSZ KAMILA	206	KB HARCOWNIK JELCZ-LASKOWICE	BRZEG	POL	K30-39	7	K 14	01:11:05	02:51:10.25	02:51:26.10	9:30	6.3
76	WONKO EWA	389	HTF LUDWIK SIKORSKI	ŁÓDŹ	POL	K30-39	8	K 15	01:10:13	02:51:24.15	02:51:27.50	9:31	6.3
77	KOWALSKI ŁUKASZ	281	BYCHAWA RUNNERS	OSMOLICE PIERWSZE	POL	M30-39	32	M 62	01:10:15	02:51:27.65	02:51:36.50	9:31	6.3
78	JĘDZIKOWSKI MARCIN	260	RUN TEAM GAŚAWA	GAŚAWA	POL	M40-49	16	M 63	01:13:14	02:51:54.60	02:52:12.15	9:33	6.3
79	WOJTASIK GRZEGORZ	386	STALOWOWOLSKI KLUB BIEGACZA	STALOWA WOLA	POL	M40-49	17	M 64	01:13:15	02:52:05.65	02:52:12.30	9:33	6.3
80	KUŚ TOMASZ	286	MIRAZ RACE TEAM	ŚWIĘTOCHŁOWICE	POL	M30-39	33	M 65	01:10:28	02:52:12.55	02:52:22.45	9:34	6.3
81	POGORZELSKA KATARZYNA	333	BWM TEAM	WARSZAWA	POL	K40-49	7	K 16	01:14:42	02:53:42.00	02:54:04.75	9:39	6.2
82	SZKUDLAREK ARTUR	362	ANDRYCHÓW RUNNING	ANDRYCHÓW	POL	M30-39	34	M 66	01:15:10	02:53:46.35	02:54:11.85	9:39	6.2
83	POŁOM RAFAŁ	335	NOA	WROCŁAW	POL	M30-39	35	M 67	01:09:25	02:54:12.25	02:54:20.40	9:40	6.2
84	MICHALAK SŁAWOMIR	312	INZYNIER.EU NOSI TRAILOWE BOTKI	PRUSZKÓW	POL	M50-59	6	M 68	01:13:18	02:54:18.35	02:54:39.60	9:41	6.2
85	OŻGA SEBASTIAN	329		TYCHY	POL	M30-39	36	M 69	01:13:19	02:54:37.15	02:54:59.50	9:42	6.2
86	SOWA-OKRASA SYLWIA	354	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	K40-49	8	K 17	01:12:53	02:55:26.80	02:55:31.95	9:44	6.2
87	WALAC JACEK	369	DOGOŃ GRODZISK MAZOWIECKI	GRODZISK MAZOWIECKI	POL	M30-39	37	M 70	01:13:51	02:55:24.35	02:55:32.10	9:44	6.2
88	WOLAŃCZUK PIOTR	388		ZAMOŚĆ	POL	M16-29	11	M 71	01:08:09	02:55:31.05	02:55:33.30	9:45	6.2
89	KOPEĆ RENATA	276	KS STASZEWCY	WARSZAWA	POL	K40-49	9	K 18	01:15:24	02:55:48.80	02:56:07.65	9:46	6.1
90	KARPIEL MAGDALENA	266	SFITRUN.PL	KRAKÓW	POL	K16-29	2	K 19	01:13:46	02:55:59.50	02:56:18.40	9:46	6.1
91	KĘPARA MARCIN	267	ADVA OPTICAL NETWORKING	GDAŃSK	POL	M30-39	38	M 72	01:18:56	02:56:48.60	02:57:08.10	9:49	6.1
92	WOJAS JAKUB	383	INZYNIERIA BIEGANIA	MYSŁOWICE	POL	M30-39	39	M 73	01:13:16	02:57:13.25	02:57:14.95	9:50	6.1
93	WAŁĘGA MONIKA	371		DĘBICA	POL	K30-39	9	K 20	01:14:43	02:57:11.90	02:57:21.85	9:50	6.1
94	KOBIALKA IREK	273		DĘBICA	POL	M40-49	18	M 74	01:14:49	02:57:14.10	02:57:24.20	9:50	6.1
95	ŁUCZKA SYLWIA	300	KASTYO / VEGE RUNNERS	TOMASZÓW MAZOWIECKI	POL	K16-29	3	K 21	01:14:24	02:57:19.25	02:57:38.50	9:51	6.1
96	KOCHANOWSKI SEBASTIAN	274	ROZBIEGAMY NOWY DWÓR	NOWY DWÓR MAZOWIECKI	POL	M40-49	19	M 75	01:09:35	02:57:34.80	02:57:41.75	9:51	6.1
97	WALKOWSKI TOMASZ	370	JACEKBIEGA RUNNING TEAM	NOWA IWICZNA	POL	M50-59	7	M 76	01:15:04	02:57:58.85	02:58:16.00	9:53	6.1
98	KACZMARCZYK KRZYSZTOF	261	ŻUBRY BOCHNIA	BOCHNIA	POL	M40-49	20	M 77	01:13:46	02:59:33.10	02:59:49.10	9:58	6
99	ZARĘBA BEATA	393	BIEGAM BO LUBIĘ NOCĄ WARSZAWA	PRUSZKÓW	POL	K30-39	10	K 22	01:14:40	02:59:29.80	02:59:57.75	9:58	6
100	NIMSZ BARTOSZ	320		KOŚCIERZYCE	POL	M30-39	40	M 78	01:13:40	02:59:52.85	03:00:08.90	9:59	6
101	SZCZESNA EDYTA	359	CARBON OCR RACING TEAM	CZESCHOWICE-DZIEDZICE	POL	K30-39	11	K 23	01:02:33	03:00:11.10	03:00:19.80	10:00	6
102	NIEDŹWIEDŹ TOMASZ	319	RED LION CLUB	ŚWIDNIK	POL	M40-49	21	M 79	01:11:19	03:00:34.90	03:00:39.65	10:01	6
103	POGORZELSKI GRZEGORZ	334	BWM TEAM	WARSZAWA	POL	M40-49	22	M 80	01:12:45	03:01:06.60	03:01:29.25	10:03	6

**TRIADA MARATON BESKID SADECKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	Netto	Brutto	min/km	km/h
104	SITKOWSKI KAMIL	346		WARSZAWA	POL	M30-39	41	M 81	01:15:32	03:02:18.85	03:02:31.65	10:07	5.9
105	BULANDA BARBARA	212	ŻUBRY BOCHNIA	BOCHNIA	POL	K30-39	12	K 24	01:14:01	03:02:55.95	03:03:11.35	10:09	5.9
106	NOWAK BEATA	321		LUBLIN	POL	K30-39	13	K 25	01:14:51	03:03:08.25	03:03:19.20	10:10	5.9
107	NOWIŃSKI MARCIN	324	HUSARIA RACE TEAM	TARNÓW	POL	M16-29	12	M 82	01:13:41	03:03:22.10	03:03:29.05	10:11	5.9
108	BREĆZEWSKI ANDRZEJ	208	UKS KOPERNIK	BYDGOSZCZ	POL	M50-59	8	M 83	01:15:32	03:05:17.90	03:05:38.20	10:17	5.8
109	WIECZOREK ŁUKASZ	376	OSP GAŚAWA	GAŚAWA	POL	M30-39	42	M 84	01:13:19	03:07:43.55	03:08:01.70	10:25	5.8
110	FRĄCKIEWICZ KAROL	240	SCV	ZĄBKI	POL	M40-49	23	M 85	01:16:19	03:07:54.50	03:08:19.25	10:26	5.7
111	TOCZEWSKA ANNA	367	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K50-59	1	K 26	01:18:13	03:08:33.55	03:08:50.80	10:28	5.7
112	STEC IWONA	356		WILKOWICE	POL	K30-39	14	K 27	01:16:30	03:08:42.35	03:08:52.85	10:29	5.7
113	NOWOTARSKI WOJTEK	325		JAWORZNO	POL	M30-39	43	M 86	01:21:18	03:10:38.10	03:11:04.65	10:35	5.7
114	JARECKA KATARZYNA	255	ALLERGAN RUNNING TEAM	WARSZAWA	POL	K40-49	10	K 28	01:15:10	03:11:32.25	03:11:38.00	10:38	5.6
115	CYWIŃSKI PAWEŁ	226	AKG	ŁÓDŹ	POL	M40-49	24	M 87	01:15:33	03:11:59.00	03:12:04.80	10:39	5.6
116	CAŁKA AGNIESZKA	217	RADZYMIN RUN TEAM	RADZYMIN	POL	K40-49	11	K 29	01:21:24	03:11:53.80	03:12:20.70	10:39	5.6
117	CAŁKA GRZEGORZ	218	RADZYMIN RUN TEAM	RADZYMIN	POL	M40-49	25	M 88	01:21:27	03:11:54.50	03:12:21.30	10:39	5.6
118	WINIARCZYK ADRIAN	379	WIOLAADI	STARY KONIK	POL	M30-39	44	M 89	01:20:42	03:13:27.50	03:13:39.55	10:44	5.6
119	DYDERSKA WIOLETTA	230	WIOLAADI	WARSZAWA	POL	K40-49	12	K 30	00:50:19	03:13:27.90	03:13:39.70	10:44	5.6
120	BUDNY ALEKSANDRA	211	KRAŚNIK BIEGA	HALINÓW	POL	K40-49	13	K 31	01:22:21	03:13:30.85	03:13:43.00	10:45	5.6
121	MASTALERZ MARCIN	597		KARNICE	POL	M50-59	9	M 90	01:15:42	03:13:47.15	03:13:52.55	10:45	5.6
122	KOWALSKA-GRZEJDA ANNA	278		WARSZAWA	POL	K40-49	14	K 32	01:18:11	03:14:08.90	03:14:14.85	10:47	5.6
123	DZIEWIATOWSKA AGNIESZKA	234		ZŁOTÓW	POL	K40-49	15	K 33	01:17:10	03:14:39.80	03:14:51.25	10:48	5.5
124	NOWACZYK ROBERT	455		POZNAŃ	POL	M30-39	45	M 91	01:19:15	03:14:41.00	03:16:12.35	10:48	5.5
125	MAKLES WIOLETTA	304	EUROPA UBEZPIECZENIA / NOA	WROCLAW	POL	K40-49	16	K 34	01:18:42	03:16:14.50	03:16:22.10	10:54	5.5
126	MUCHA MAREK	318	APOSTLES OF STARS	KRAKÓW	POL	M30-39	46	M 92	01:18:10	03:16:33.15	03:16:50.10	10:55	5.5
127	MAZURKIEWICZ JOLANTA	310	BYCHAWA RUNNERS / NAJWIĘKSZA ARMIA ŚWIATA	BYCHAWA	POL	K30-39	15	K 35	01:21:25	03:16:59.50	03:17:09.85	10:56	5.5
128	SZYSZKA MACIEJ	366	KETO KOTY	POZNAŃ	POL	M30-39	47	M 93	01:20:07	03:16:24.10	03:17:55.70	10:54	5.5
129	MALAWKO ALEKSANDRA	305		WARSZAWA	POL	K40-49	17	K 36	01:25:46	03:18:23.70	03:18:46.75	11:01	5.4
130	JATA MARTA	259	WW TEAM	LUBLIN	POL	K30-39	16	K 37	01:21:01	03:19:11.70	03:19:22.85	11:03	5.4
131	BOBINSKA MARTA	207		LOSICE	POL	K30-39	17	K 38	01:21:50	03:19:12.35	03:19:27.90	11:04	5.4
132	MROZIK MAGDALENA	317	POWER TRAINING	WARSZAWA	POL	K30-39	18	K 39	01:21:49	03:19:13.35	03:19:28.00	11:04	5.4
133	WOJNO MAŁGORZATA	385	DROGA DO ULTRA	ŁÓDŹ	POL	K30-39	19	K 40	01:23:11	03:19:54.15	03:20:18.15	11:06	5.4
134	SKŁADANOWSKA BEATA	347	EUROCASH TEAM	WARSZAWA	POL	K30-39	20	K 41	01:20:06	03:20:35.35	03:20:45.95	11:08	5.4
135	MACKIEWICZ DOROTA	301	EAT RUN FUN	WARSZAWA	POL	K40-49	18	K 42	01:20:25	03:20:46.15	03:20:52.70	11:09	5.4
136	KĄDZIOŁKA ŁUKASZ	285	K2	KATOWICE	POL	M30-39	48	M 94	01:23:26	03:20:30.55	03:20:56.35	11:08	5.4
137	ZABŁOCKA MAŁGORZATA	390	NATIONALE-NEDERLANDEN	WARSZAWA	POL	K40-49	19	K 43	01:21:14	03:20:54.35	03:21:14.10	11:09	5.4
138	MORITZ KAROL	315	BIEGIEM DLA MAGDY	MOKRE	POL	M50-59	10	M 95	01:23:23	03:21:02.30	03:21:17.55	11:10	5.4
139	WEBER AGATA	372	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	K40-49	20	K 44	01:20:19	03:22:01.85	03:22:18.60	11:13	5.3
140	KURPANIK KAROL	292		WROCLAW	POL	M30-39	49	M 96	01:21:34	03:22:35.05	03:22:47.10	11:15	5.3
141	WIECHA MARCIN	375		WARSZAWA	POL	M40-49	26	M 97	01:22:47	03:22:50.35	03:23:00.65	11:16	5.3
142	PATEREK ADA	332		WARSZAWA	POL	K40-49	21	K 45	01:24:48	03:23:44.40	03:24:07.30	11:19	5.3
143	KINDRYK TOMASZ	269	ZAGŁĘBIOWSKI KLUB OYAMA KARATE	CHRZANÓW	POL	M40-49	27	M 98	01:23:07	03:23:53.50	03:24:09.70	11:19	5.3
144	ŻACZEK ANNA	664	BIEGUSIEM.PL	RYKI	POL	K40-49	22	K 46	01:22:18	03:25:16.95	03:25:38.60	11:24	5.3
145	LUC ADAM	296	BIEGUSIEM.PL	RYKI	POL	M40-49	28	M 99	01:22:24	03:25:18.75	03:25:38.90	11:24	5.3
146	KĘPKA-WAROWNA WERONIKA	268	BIEGUSIEM.PL	RYKI	POL	K40-49	23	K 47	01:22:14	03:25:16.65	03:25:38.90	11:24	5.3
147	KĄDZIOŁKA JAN	284	K2	GLIWICE	POL	M50-59	11	M 100	01:23:19	03:25:19.10	03:25:46.65	11:24	5.3
148	ŻYLSKI JANUSZ	665	DZIADY OCR	WIELICZKA	POL	M50-59	12	M 101	01:22:41	03:26:46.25	03:27:05.35	11:29	5.2
149	KOSMAŁA PRZEMEK	277	MARCINSWIERCTEAM	KRAKÓW	POL	M30-39	50	M 102	01:21:32	03:27:37.45	03:27:53.55	11:32	5.2
150	WILK MAGDALENA	378	TEAM ZABIEGANEDNI	WARSZAWA	POL	K40-49	24	K 48	01:21:45	03:27:47.85	03:28:02.70	11:32	5.2
151	KUBLER ANNA	287		KRAKÓW	POL	K40-49	25	K 49	01:23:20	03:30:48.65	03:31:02.25	11:42	5.1
152	PRZEBINDA BOGDAN	337	#ADAMCZERWIŃSKI TEAM	WOŁOWICE	POL	M50-59	13	M 103	01:23:23	03:31:16.55	03:31:35.45	11:44	5.1
153	PRZEBINDA RENATA	338	#ADAMCZERWIŃSKITEAM	WOŁOWICE	POL	K40-49	26	K 50	01:23:26	03:31:17.45	03:31:35.90	11:44	5.1
154	ROGUSKA KLAUDIA	666	RADZYMIN RUN TEAM	RADZYMIN	POL	K30-39	21	K 51	01:25:52	03:34:47.10	03:35:14.45	11:55	5
155	ZACHARA KATARZYNA	391		KRAKÓW	POL	K30-39	22	K 52	01:23:15	03:35:10.85	03:35:23.65	11:57	5
156	GAŚIOROWSKA DOROTA	251	LADIESLOSTGAŚBAGAŚ	WARSZAWA	POL	K50-59	2	K 53	01:24:57	03:35:16.70	03:35:42.20	11:57	5
157	JARZĄBEK AGNIESZKA	257	RADZYMIN RUN TEAM	RADZYMIN	POL	K40-49	27	K 54	01:25:48	03:35:27.70	03:35:53.50	11:58	5
158	SZYMAŃSKA AGATA	365	RADZYMIN RUN TEAM	RADZYMIN	POL	K30-39	23	K 55	01:25:50	03:35:27.30	03:35:53.60	11:58	5
159	TROJANEK EDYTA	368	SENSORYBEAUTY.PL	WARSZAWA	POL	K40-49	28	K 56	01:26:19	03:35:54.10	03:36:05.75	11:59	5

**TRIADA MARATON BESKID SADECKI, OPEN c.d.**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	Netto	Brutto	min/km	km/h
160	FRIEZE TATIANA	238	DROGA DO ULTRA	ŁÓDŹ	POL	K40-49	29	K 57	01:30:33	03:40:35.35	03:40:59.45	12:15	4.9
161	WNOROWSKA MAGDALENA	381	RMF4RT GLADIATORS	ŁOMIANKI	POL	K40-49	30	K 58	01:25:00	03:41:18.90	03:41:32.65	12:17	4.9
162	FRIEZE KRZYSZTOF	239	ORANGE POLSKA	ŁÓDŹ	POL	M40-49	29	M 104	01:30:17	03:42:53.00	03:43:17.90	12:22	4.8
163	PAPROCKI BARTŁOMIEJ	330		RABKA-ZDRÓJ	POL	M40-49	30	M 105	01:16:22	03:43:52.45	03:43:59.05	12:26	4.8
164	MAGNUSZEWSKA IZABELA	302	CARBON OCR RACING TEAM	KNURÓW	POL	K40-49	31	K 59	01:31:58	03:44:13.95	03:44:23.25	12:27	4.8
165	WRZESIŃSKA JOANNA	252		BYDGOSZCZ	POL	K40-49	32	K 60	01:31:03	03:45:31.00	03:45:52.95	12:31	4.8
166	LORENC-KRUSZYŃSKA SYLWIA	295	FORDONRUNNERS/WKURW_TEAM	BYDGOSZCZ	POL	K30-39	24	K 61	01:27:48	03:45:32.10	03:45:53.15	12:31	4.8
167	IDZIK ANGELIKA	253	HUSARIA RACE TEAM	POZNAŃ	POL	K16-29	4	K 62	01:24:44	03:46:35.10	03:46:43.60	12:35	4.8
168	FRUCZ JACEK	28		SOSNOWIEC	POL	M50-59	14	M 106	01:26:47	03:46:31.40	03:46:59.10	12:35	4.8
169	MAKARZEC-SURMA AGNIESZKA	303	BIŁGORAJ	BIŁGORAJ	POL	K30-39	25	K 63	01:34:07	03:47:29.30	03:48:02.50	12:38	4.7
170	MASTALERZ KATARZYNA	309	SŁONIÓWKA	KARNICE	POL	K40-49	33	K 64	01:30:43	03:51:05.15	03:51:10.50	12:50	4.7
171	WIŚNIEWSKI PAWEŁ	373	NIGHT RUNNERS GLIWICE	GLIWICE	POL	M30-39	51	M 107	01:27:51	03:51:10.85	03:51:39.40	12:50	4.7
172	SIERECKI ZBIGNIEW	344	TEAM ZABIEGANEDNI // WKURW_TEAM	ŻELECHÓW	POL	M40-49	31	M 108	01:29:45	03:51:29.30	03:51:42.70	12:51	4.7
173	SZLAKOWICZ EWA	363		ŁÓDŹ	POL	K40-49	34	K 65	01:33:49	04:00:51.15	04:01:09.40	13:22	4.5
174	MALEWSKI TOMASZ	306		ŁÓDŹ	POL	M40-49	32	M 109	01:33:45	04:00:51.65	04:01:09.65	13:22	4.5
175	KAPŁON ANNA	264		WARSZAWA	POL	K40-49	35	K 66	01:37:49	04:05:12.20	04:05:23.45	13:37	4.4
176	SOKOŁOWSKI ARTUR	350	TEAM ZABIEGANEDNI	OTWOCK	POL	M40-49	33	M 110	01:31:18	04:06:32.25	04:06:46.95	13:41	4.4
177	JARACZ-PATEREK ALINA	254	NOA	WROCŁAW	POL	K40-49	36	K 67	01:30:36	04:30:02.30	04:30:11.30	15:00	4
178	WITKOWSKA MARIA	668				K60+	1	K 68	01:42:24	04:29:37.05	04:30:17.25	14:58	4
179	BUTRYN WOJCIECH	215	BBKTS	KRAKÓW	POL	M40-49	34	M 111	01:33:54	04:04:23.25	05:39:26.00	13:34	4.4