TRIADA ULTRA ŁĄCZNIE

Organizator: Fundacja Kocham Góry
Data: 2020-01-05
Miejsce: Krościenko nad Dunajcem
Dystans: 60 km
Klasyfikacja wg czasów brutto.

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

ETAPOWA TRIADA

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

TRIADA ULTRA ŁĄCZNIE, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Gorce	Nocne Pieniny	Beskid Sądecki	Netto	Brutto	min/km	km/h
1	ZIAJKA KAROL	178	FINISZ RYMANÓW	RYMANÓW	POL	M16-29	1	M 1	01:23:36.00	00:49:39.00	03:24:01.00	05:37:10.00	05:37:16.00	5:37	10.7
2	PLACKO MARTIN	1	SLOVAK ULTRA TRAIL TEAM	BREZOVA POD BRADLOM	SVK	M40-49	1	M 2	01:27:00.00	00:51:12.00	03:31:12.00	05:49:19.00	05:49:24.00	5:49	10.3
3	MARCINIAK PRZEMYSŁAW	95	NOA	PRUDNIK	POL	M30-39	1	M 3	01:25:56.00	00:51:31.00	03:32:08.00	05:49:33.00	05:49:35.00	5:49	10.3
4	KICZIŃSKI BARTOSZ	64	DRUŻYNA SZPIKU	BRODNICA	POL	M30-39	2	M 4	01:27:08.00	00:52:54.00	03:36:40.00	05:56:41.00	05:56:42.00	5:56	10.1
5	WOJNAROWSKI PIOTR	170		ŁĄCKO	POL	M40-49	2	M 5	01:27:26.00	00:55:44.00	03:38:28.00	06:01:35.00	06:01:38.00	6:01	10
6	SZELĄG SŁAWOMIR	151	LISY PUSTYNI	KLUCZE	POL	M40-49	3	M 6	01:33:33.00	00:58:00.00	03:35:22.00	06:06:44.00	06:06:55.00	6:06	9.8
7	JARCZOK ZDZICHU	51	FESTIWAL BIEGOWY W KRYNICY	PSZCZYNA	POL	M30-39	3	M 7	01:39:22.00	00:56:55.00	03:48:24.00	06:24:16.00	06:24:41.00	6:24	9.4
8	GURGUL SEBASTIAN	45	AROMAT NÓG	KRAKÓW	POL	M30-39	4	M 8	01:37:33.00	00:57:50.00	03:51:40.00	06:26:53.00	06:27:03.00	6:26	9.3
9	ZBOZIEŃ JAROSŁAW	175		ŁĄCKO	POL	M30-39	5	M 9	01:34:37.00	01:00:23.00	03:53:10.00	06:27:57.00	06:28:10.00	6:27	9.3
10	SZCZEPANIAK WITOLD	166		OSTRÓW WIELKOPOLSKI	POL	M40-49	4	M 10	01:37:35.00	01:02:20.00	03:51:13.00	06:31:02.00	06:31:08.00	6:31	9.2
11	STAŃCZAK PIOTR	146	CZERWONAK BIEGA	KOZIEGŁOWY	POL	M30-39	6	M 11	01:38:09.00	00:57:11.00	03:58:02.00	06:33:10.00	06:33:22.00	6:33	9.2
12	WOJNO ARKADIUSZ	171	DROGA DO ULTRA	ŁÓDŹ	POL	M30-39	7	M 12	01:34:40.00	00:55:59.00	04:03:09.00	06:33:45.00	06:33:48.00	6:33	9.1
13	WICENBACH ARKADIUSZ	164	STRASZYN ULTRA TEAM	PRUSZCZ GDAŃSKI	POL	M30-39	8	M 13	01:32:58.00	00:55:20.00	04:06:12.00	06:34:22.00	06:34:30.00	6:34	9.1
14	SZABŁOWSKA IWONA	149	STRASZYN ULTRA TEAM	JUSZKOWO	POL	K30-39	1	K 1	01:42:47.00	00:59:57.00	03:51:56.00	06:34:30.00	06:34:40.00	6:34	9.1
15	WARWAS RADOSŁAW	163		BISKUPICE	POL	M40-49	5	M 14	01:42:10.00	01:02:24.00	03:53:09.00	06:37:22.00	06:37:43.00	6:37	9.1
16	GOMOLIŃSKA DANUTA	37	GUMISIE	WARSZAWA	POL	K40-49	1	K 2	01:41:54.00	01:04:03.00	03:52:58.00	06:38:28.00	06:38:55.00	6:38	9
17	ROWIŃSKI MICHAŁ	131		LUBAWA	POL	M30-39	9	M 15	01:38:42.00	01:00:31.00	04:00:27.00	06:39:29.00	06:39:40.00	6:39	9
18	GEPPERT JAKUB	33	ADRUNALINE RUNNING TEAM	POZNAŃ	POL	M30-39	10	M 16	01:37:45.00	01:01:18.00	04:05:01.00	06:43:58.00	06:44:04.00	6:43	8.9
19	PIWOWARCZYK PAWEŁ	123	ROZBIEGANE DOBCZYCE	DOBCZYCE	POL	M30-39	11	M 17	01:42:06.00	01:01:00.00	04:01:27.00	06:44:19.00	06:44:33.00	6:44	8.9
20	GARDENER JACEK	31	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M50-59	1	M 18	01:41:24.00	01:01:47.00	04:02:10.00	06:45:15.00	06:45:21.00	6:45	8.9
21	TELEPSKI MICHAŁ	157	NULL	PRUSZCZ GDAŃSKI	POL	M30-39	12	M 19	01:37:53.00	01:02:18.00	04:06:12.00	06:46:04.00	06:46:23.00	6:46	8.9
22	BORÓWKA RYSZARD	11		GDYNIA	POL	M40-49	6	M 20	01:42:24.00	01:03:45.00	04:02:04.00	06:48:05.00	06:48:13.00	6:48	8.8
23	JACHYMIAK ROBERT	50	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	NOWY TARG	POL	M40-49	7	M 21	01:37:15.00	00:58:27.00	04:12:55.00	06:48:37.00	06:48:37.00	6:48	8.8
24	LATAK MICHAŁ	90	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M40-49	8	M 22	01:43:24.00	01:05:56.00	04:00:41.00	06:49:46.00	06:50:01.00	6:49	8.8
25	KRAWCZAK PAULINA	78	BIEGUSIEM.PL	DĘBLIN	POL	K30-39	2	K 3	01:48:02.00	01:02:24.00	04:01:59.00	06:52:20.00	06:52:25.00	6:52	8.7
26	FILAS WITOLD	27		KRYNICA-ZDRÓJ	POL	M60+	1	M 23	01:47:02.00	01:07:52.00	03:57:49.00	06:52:34.00	06:52:43.00	6:52	8.7
27	SWORSKI ROMAN	148	VEGAN / VEGE RUNNERS / KASTYO / DROGA DO ULTRA	ŁÓDŹ	POL	M30-39	13	M 24	01:39:26.00	01:02:35.00	04:10:50.00	06:52:44.00	06:52:51.00	6:52	8.7
28	URBANEK PATRYK	158		MYSŁOWICE	POL	M16-29	2	M 25	01:42:44.00	01:02:15.00	04:08:28.00	06:53:09.00	06:53:27.00	6:53	8.7
29	WÓJCICKI DAREK	173	CSC ADVENTURE ACADEMY	KATOWICE	POL	M40-49	9	M 26	01:44:18.00	01:05:32.00	04:04:23.00	06:53:56.00	06:54:13.00	6:53	8.7
30	JESIOŁOWSKI MICHAL	52		ZIELONKI	POL	M30-39	14	M 27	01:40:39.00	01:03:15.00	04:12:29.00	06:55:55.00	06:56:23.00	6:55	8.7
31	BUCHLA MARCIN	13		WROCŁAW	POL	M40-49	10	M 28	01:46:10.00	01:02:41.00	04:09:15.00	06:57:58.00	06:58:06.00	6:57	8.6
32	BONIKOWSKI TOMASZ	9		GRODZISK MAZOWIECKI	POL	M40-49	11	M 29	01:48:09.00	01:06:55.00	04:05:40.00	07:00:09.00	07:00:44.00	7:00	8.6
33	PĘDZISZEWSKI PIOTR	120	VAI ALTO	GDANSK	POL	M30-39	15	M 30	01:48:54.00	01:05:55.00	04:09:42.00	07:04:01.00	07:04:31.00	7:04	8.5
34	MIELCZARSKI BARTOSZ	103		WARSZAWA	POL	M30-39	16	M 31	01:43:53.00	01:02:37.00	04:20:34.00	07:06:33.00	07:07:04.00	7:06	8.4
35	NIEDŹWIADEK PIOTR	108	#ADAMCZERWIŃSKITEAM	KRAKÓW	POL	M40-49	12	M 32	01:44:34.00	01:04:13.00	04:18:47.00	07:07:02.00	07:07:34.00	7:07	8.4
36	CZUWAJ ANDRZEJ	22		GROJEC	POL	M40-49	13	M 33	01:46:21.00	01:05:38.00	04:20:38.00	07:11:29.00	07:12:37.00	7:11	8.3
37	ŁUKOMSKI MACIEJ	93	SZAKALE BAŁUT	ŁÓDŹ	POL	M40-49	14	M 34	01:47:40.00	01:03:30.00	04:22:20.00	07:13:24.00	07:13:30.00	7:13	8.3
38	KSYTA MARTYNA	81	KW KRAKÓW	KRAKÓW	POL	K30-39	3	K 4	01:52:25.00	01:07:39.00	04:14:23.00	07:14:08.00	07:14:27.00	7:14	8.3
39	GLEISNER TOMASZ	34	EKIPA Z TARNOWA	TARNÓW	POL	M40-49	15	M 35	01:48:57.00	01:05:01.00	04:20:35.00	07:14:26.00	07:14:33.00	7:14	8.3
40	PIKUL PIOTR	121		WARSZAWA	POL	M40-49	16	M 36	01:49:53.00	01:06:20.00	04:19:49.00	07:15:47.00	07:16:02.00	7:15	8.3
41	PATELKA PRZEMYSŁAW	119	KW KRAKÓW	KRAKÓW	POL	M30-39	17	M 37	01:45:41.00	01:07:35.00	04:23:21.00	07:16:15.00	07:16:37.00	7:16	8.3
42	KOPEĆ MATEUSZ	70	25 BATALION LOGISTYCZNY	RYCZÓWEK	POL	M16-29	3	M 38	01:55:35.00	01:07:44.00	04:14:23.00	07:17:02.00	07:17:42.00	7:17	8.2
43	BURMAN MICHAŁ	14	KB GEPARD	MUROWANA GOŚLINA	POL	M40-49	17	M 39	01:50:36.00	01:05:58.00	04:25:08.00	07:21:19.00	07:21:42.00	7:21	8.2

TRIADA ULTRA ŁĄCZNIE, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Gorce	Nocne Pieniny	Beskid Sądecki	Netto	Brutto	min/km	km/h
44	SOBCZAK ROBERT	142	ŁÓDZKI KLUB BIEGOWY	ŁÓDŹ	POL	M30-39	18	M 40	01:49:40.00	01:03:55.00	04:28:58.00	07:22:03.00	07:22:33.00	7:22	8.1
45	CZAJKOWSKI WOJTEK	20	ADIDAS RUNNERS WARSAW	WARSZAWA	POL	M40-49	18	M 41	01:46:52.00	01:13:26.00	04:23:47.00	07:23:39.00	07:24:05.00	7:23	8.1
46	DŁUGAJ ANDRZEJ	24		MIKOŁÓW	POL	M50-59	2	M 42	01:50:06.00	01:07:13.00	04:27:00.00	07:23:23.00	07:24:19.00	7:23	8.1
47	ROGÓŻ RADOSŁAW	130	#ULTRATRACK	ŁOZISKA	POL	M40-49	19	M 43	01:51:33.00	01:10:42.00	04:25:05.00	07:26:34.00	07:27:20.00	7:26	8.1
48	KRYSKA ELIZA	79	NUTREND BIEGA	BIELSKO-BIAŁA	POL	K40-49	2	K 5	01:55:17.00	01:08:47.00	04:25:12.00	07:28:52.00	07:29:16.00	7:28	8
49	ZDUNEK MICHAŁ	176	EUROSOFT TEAM / WKURW_TEAM	WARSZAWA	POL	M40-49	20	M 44	01:58:04.00	01:09:03.00	04:22:25.00	07:28:48.00	07:29:32.00	7:28	8
50	ŁĘCKA AGNIESZKA	187	JACEKBIEGA RUNNING TEAM	GOLUB-DOBRZYŃ		K30-39	4	K 6	01:54:09.00	01:10:43.00	04:27:36.00	07:32:11.00	07:32:28.00	7:32	8
51	SOWIK MARCIN	144	TIME4RUNNING	TOMASZÓW MAZOWIECKI	POL	M50-59	3	M 45	01:54:57.00	01:08:51.00	04:30:56.00	07:34:17.00	07:34:44.00	7:34	7.9
52	CHOLEWA ZBIGNIEW	18	LISY PUSTYNI	KLUCZE	POL	M40-49	21	M 46	02:00:21.00	01:12:15.00	04:22:39.00	07:34:38.00	07:35:15.00	7:34	7.9
53	JACHYMEK BARTŁOMIEJ	49	JACEKBIEGA RUNNING TEAM	WARSZAWA	POL	M40-49	22	M 47	01:56:06.00	01:10:26.00	04:34:59.00	07:41:14.00	07:41:31.00	7:41	7.8
54	OKOŃ ŁUKASZ	112		GIERAŁTOWICE	POL	M40-49	23	M 48	01:56:39.00	01:14:08.00	04:32:18.00	07:42:43.00	07:43:05.00	7:42	7.8
55	BALON PIOTR	4	BAKOMAT TEAM	KROSNO	POL	M30-39	19	M 49	01:54:38.00	01:07:48.00	04:40:44.00	07:42:55.00	07:43:10.00	7:42	7.8
56	KASKA-ŁOBODOWSKA EWELINA	61	RACEFIGHTER GOSIR DĘBE WIELKIE	SIENNICA	POL	K30-39	5	K 7	01:56:40.00	01:10:39.00	04:40:13.00	07:47:13.00	07:47:32.00	7:47	7.7
57	ADAMCZYK MIROSŁAW	2	CSC ADVENTURE ACADEMY	SIEMIANOWICE SLASKIE	POL	M50-59	4	M 50	01:52:14.00	01:12:07.00	04:43:57.00	07:47:59.00	07:48:18.00	7:47	7.7
58	BŁĘDOWSKI MARIUSZ	8	AAC FORD AUTO STYL WŁOCŁAWEK TEAM	WŁOCŁAWEK	POL	M40-49	24	M 51	01:54:21.00	01:13:35.00	04:41:06.00	07:48:18.00	07:49:02.00	7:48	7.7
59	PLACKOVA GABRIELA	99	SLOVAK ULTRA TRAIL	BREZOVA POD BRADLOM	SVK	K40-49	3	K 8	01:57:44.00	01:07:57.00	04:45:52.00	07:51:21.00	07:51:33.00	7:51	7.6
60	GURGUL MATEUSZ	46	AROMAT NÓG	KRAKÓW	POL	M30-39	20	M 52	01:54:09.00	01:09:35.00	04:48:51.00	07:52:23.00	07:52:35.00	7:52	7.6
61	ZATORSKA-RADLIŃSKA KATARZYNA	174	RPD	GDAŃSK	POL	K30-39	6	K 9	01:58:24.00	01:11:54.00	04:43:26.00	07:53:22.00	07:53:44.00	7:53	7.6
62	WITEK WOJCIECH	165		TARNÓW	POL	M16-29	4	M 53	01:51:30.00	01:16:14.00	04:47:12.00	07:53:48.00	07:54:56.00	7:53	7.6
63	MACH OLEK	94	ATLANTIC	KRAKÓW	POL	M40-49	25	M 54	01:43:46.00	01:04:15.00	05:07:20.00	07:54:56.00	07:55:21.00	7:54	7.6
64	WÓJCICKI BOHDAN	167		WARSZAWA	POL	M30-39	21	M 55	01:59:22.00	01:11:43.00	04:46:13.00	07:56:57.00	07:57:18.00	7:56	7.5
65	BEDNARZ MARTA	191		NISKO		K30-39	7	K 10	02:03:14.00	01:14:12.00	04:39:53.00	07:56:41.00	07:57:19.00	7:56	7.6
66	ZIÓŁEK MIROSŁAW	180	STAY INSANE	JACKÓW	POL	M50-59	5	M 56	02:04:29.00	01:16:07.00	04:40:56.00	08:00:51.00	08:01:32.00	8:00	7.5
67	CHOJNOWSKI ANDRZEJ	17		IŁAWA	POL	M50-59	6	M 57	01:57:49.00	01:13:58.00	04:51:09.00	08:02:23.00	08:02:56.00	8:02	7.5
68	ZUB ARKADIUSZ	181	GRUPA BIEGOWA BEZ GRANIC	ROGÓW SOBÓCKI	POL	M40-49	26	M 58	02:08:24.00	01:15:34.00	04:40:29.00	08:04:19.00	08:04:27.00	8:04	7.4
69	GRUBICH DAMIAN	41	PARKRUN GRUDZIĄDZ	GRUDZIĄDZ	POL	M40-49	27	M 59	01:56:52.00	01:09:40.00	05:00:13.00	08:05:39.00	08:06:45.00	8:05	7.4
70	KUROWSKA MONIKA	84	ATLANTIC	KRAKÓW	POL	K40-49	4	K 11	02:04:51.00	01:15:05.00	04:46:57.00	08:06:29.00	08:06:53.00	8:06	7.4
71	ROŻNIATA IWONA	132	SNG WILD DUCKS	GŁOWNO	POL	K40-49	5	K 12	02:06:03.00	01:15:31.00	04:47:28.00	08:08:18.00	08:09:02.00	8:08	7.4
72	GRZYWINSKI BARTOSZ	42		TORUŃ	POL	M40-49	28	M 60	02:05:48.00	01:19:38.00	04:44:12.00	08:07:54.00	08:09:38.00	8:07	7.4
73	KUBAT DANIEL	82	BMS	BARLINEK	POL	M40-49	29	M 61	02:11:56.00	01:19:04.00	04:38:57.00	08:08:21.00	08:09:57.00	8:08	7.4
74	GAWEŁKO JANUSZ	32		GLIWICE	POL	M50-59	7	M 61	02:03:51.00	01:17:21.00	04:48:45.00	08:08:57.00	08:09:57.00	8:08	7.4
75	WAROWNY PIOTR	162	BIEGUSIEM.PL	RYKI	POL	M40-49	30	M 63	02:10:02.00	01:14:56.00	04:46:34.00	08:09:45.00	08:11:32.00	8:09	7.4
76	DŁUŻNIEWSKI JACEK	25	SBRT BIELSKO-BIAŁA	BIELSKO-BIAŁA	POL	M40-49	31	M 64	01:59:27.00	01:13:59.00	04:58:36.00	07:09:50.00	08:12:02.00	7:09	8.4
77	RACZYŁŁO KRZYSZTOF	126		OSTRZESZÓW	POL	M30-39	22	M 65	02:10:31.00	01:14:35.00	04:47:11.00	08:10:58.00	08:12:17.00	8:10	7.3
78	BIEL ŁUKASZ	6	VEGE RUNNERS	WARSZAWA	POL	M30-39	23	M 66	02:05:34.00	01:19:15.00	04:50:27.00	08:14:14.00	08:15:16.00	8:14	7.3
79	NĘDZUSIAK DARIUSZ	107	DBN SUKURS	ALEKSANDRÓW KUJAWSKI	POL	M50-59	8	M 67	02:09:17.00	01:20:14.00	04:46:29.00	08:14:12.00	08:16:00.00	8:14	7.3
80	BIEL TOMASZ	7		KATOWICE	POL	M40-49	32	M 68	02:07:34.00	01:18:49.00	04:49:52.00	08:15:00.00	08:16:15.00	8:15	7.3
81	ZYGMUNT PAWEŁ	183		GIEDLAROWA	POL	M40-49	33	M 69	01:59:30.00	01:12:55.00	05:04:57.00	08:17:04.00	08:17:22.00	8:17	7.2
82	RACZYŁŁO MAJA	127		OSTRZESZÓW	POL	K16-29	1	K 13	02:14:16.00	01:19:06.00	04:44:55.00	08:16:58.00	08:18:17.00	8:16	7.2
83	ŻEBROWSKA JOLANTA	185	POTRENUJEMY? / CHEMIK NOXY PUŁAWY / UMCS BIEGA	PUŁAWY	POL	K50-59	1	K 14	02:07:36.00	01:18:14.00	04:53:20.00	08:18:58.00	08:19:10.00	8:18	7.2
84	SKRZYPCZAK HUBERT	140	RUNNINGPOWERPLAY	PRUSZKÓW	POL	M40-49	34	M 70	02:12:13.00	01:20:36.00	04:48:34.00	08:20:05.00	08:21:23.00	8:20	7.2
85	MICHALSKI MICHAŁ	101	FRAMESFACTORY RACINGTEAM	KRAKÓW	POL	M30-39	24	M 71	02:12:50.00	01:22:49.00	04:46:00.00	08:20:50.00	08:21:39.00	8:20	7.2
86	BASTER ALEKSANDRA	5		KRAKÓW	POL	K16-29	2	K 15	02:12:50.00	01:22:49.00	04:46:00.00	08:20:50.00	08:21:39.00	8:20	7.2
87	STACHURA BEATA	145	ATLANTIC	KRAKÓW	POL	K40-49	6	K 16	01:58:28.00	01:15:52.00	05:07:20.00	08:21:13.00	08:21:40.00	8:21	7.2
88	KRAKOWSKI MACIEJ	77	#A_MOZE_ULTRA / WKURW_TEAM	MIELEC	POL	M16-29	5	M 72	02:11:48.00	01:14:40.00	04:55:30.00	08:21:00.00	08:21:58.00	8:21	7.2
89	PASIERBIŃSKI PIOTR	118	WTP	PRUSZKÓW	POL	M50-59	9	M 73	02:17:17.00	01:15:43.00	04:50:42.00	08:23:33.00	08:23:42.00	8:23	7.1
90	WOJSA MARCIN	172		GDAŃSK	POL	M30-39	25	M 74	02:01:23.00	01:17:33.00	05:06:52.00	08:24:10.00	08:25:48.00	8:24	7.1
91	KOWALCZYK PAWEŁ	71	KĘCKIE HARPAGANY	KĘTY	POL	M40-49	35	M 75	02:25:56.00	01:22:44.00	04:38:20.00	08:26:58.00	08:27:00.00	8:26	7.1
92	CYGANIK KAJETAN	19	JUVERUN	KRAKÓW	POL	M30-39	26	M 76	02:02:47.00	01:19:24.00	05:06:19.00	08:26:41.00	08:28:30.00	8:26	7.1
93	SAMBORSKI BARTOSZ	137	WKURW_TEAM	WARSZAWA	POL	M40-49	36	M 77	02:12:04.00	01:21:32.00	05:00:40.00	08:32:08.00	08:34:16.00	8:32	7
94	KWIATKOWSKI JAKUB	88	ITMBW KRAKÓW	KRAKÓW	POL	M30-39	27	M 78	02:10:10.00	01:18:05.00	05:06:08.00	08:33:27.00	08:34:23.00	8:33	7

TRIADA ULTRA ŁĄCZNIE, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Gorce	Nocne Pieniny	Beskid Sądecki	Netto	Brutto	min/km	km/h
95	KOZA ROBERT	72	CARBON RACING TEAM	ŚWIĘTOCHŁOWICE	POL	M40-49	37	M 79	02:07:06.00	01:14:46.00	05:12:57.00	08:33:22.00	08:34:49.00	8:33	7
96	GOLON MARLENA	36	RUN PASJA	SICIENKO	POL	K40-49	7	K 17	02:12:14.00	01:24:08.00	05:00:15.00	08:36:07.00	08:36:37.00	8:36	7
97	NOWAK KRZYSZTOF	110		WARSZAWA	POL	M40-49	38	M 80	02:08:45.00	01:24:07.00	05:04:11.00	08:36:26.00	08:37:03.00	8:36	7
98	SZMAJDA DOMINIK	152	NIE MAM POMYSŁU	ŁÓDŹ	POL	M30-39	28	M 81	02:04:33.00	01:20:44.00	05:13:44.00	08:38:24.00	08:39:01.00	8:38	6.9
99	ŚLIŻ SYLWIA	192		RZESZÓW		K30-39	8	K 18	02:14:58.00	01:18:13.00	05:07:00.00	08:39:51.00	08:40:11.00	8:39	6.9
100	KWIATKOWSKA RENATA	87	KB OŻARÓW MAZOWIECKI BIEGA	OŻARÓW MAZOWIECKI	POL	K50-59	2	K 19	02:15:47.00	01:24:41.00	05:02:07.00	08:42:03.00	08:42:35.00	8:42	6.9
101	WOŹNICA RAFAŁ	168		CHORZÓW	POL	M40-49	39	M 82	02:09:30.00	01:19:24.00	05:21:58.00	08:49:43.00	08:50:52.00	8:49	6.8
102	BURKIEWICZ-ŚLIWA BERNADETTA	189		KRAKÓW		K30-39	9	K 20	02:14:20.00	01:29:59.00	05:09:33.00	08:48:25.00	08:53:52.00	8:48	6.8
103	OSTAPIŃSKI WOJTEK	115	OSTRESROKI	PIASECZNO	POL	M40-49	40	M 83	02:13:21.00	01:23:30.00	05:17:28.00	08:53:33.00	08:54:19.00	8:53	6.7
104	OSTAPIŃSKA MAGDA	114	OSTRESROKI	PIASECZNO	POL	K40-49	8	K 21	02:13:21.00	01:23:30.00	05:17:28.00	08:53:34.00	08:54:19.00	8:53	6.7
105	PIĄTEK RAFAŁ	122	BEFIT24TEAM	KRAKÓW	POL	M30-39	29	M 84	02:10:12.00	01:20:57.00	05:23:53.00	08:53:34.00	08:55:02.00	8:53	6.7
106	SZMECHTIG-GAUDEN EWA	153	PODGÓRZ TORUŃ	TORUŃ	POL	K40-49	9	K 22	02:11:46.00	01:21:57.00	05:21:48.00	08:53:55.00	08:55:31.00	8:53	6.7
107	BALCERZAK MARIUSZ	3		ŁÓDŹ	POL	M40-49	41	M 85	02:19:46.00	01:24:37.00	05:14:29.00	08:57:25.00	08:58:52.00	8:57	6.7
108	PODGÓRSKI DOMINIK	124	PRORUNNING PROMOTION	JÓZEFÓW	POL	M40-49	42	M 86	02:06:31.00	01:20:33.00	05:33:24.00	08:59:08.00	09:00:28.00	8:59	6.7
109	WALCZAK DARIUSZ	161	OLKUSZBIEGA.PL	BOLESŁAW	POL	M40-49	43	M 87	02:14:51.00	01:24:39.00	05:25:06.00	09:03:57.00	09:04:36.00	9:03	6.6
110	WALCZAK AGNIESZKA	160	PKO BANK POLSKI SA	BOLESŁAW	POL	K40-49	10	K 23	02:14:51.00	01:24:39.00	05:25:06.00	09:03:54.00	09:04:36.00	9:03	6.6
111	KARAWACKI GRZEGORZ	60	KĘCKIE HARPAGANY	KĘTY	POL	M30-39	30	M 88	02:12:04.00	01:25:13.00	05:28:02.00	09:03:53.00	09:05:19.00	9:03	6.6
112	ZGLIŃSKI BARTŁOMIEJ	177	WKURW_TEAM TORUŃ	WARSZAWA	POL	M30-39	31	M 89	02:14:30.00	01:24:58.00	05:29:15.00	09:06:36.00	09:08:43.00	9:06	6.6
113	RYBKOWSKI GRZEGORZ	135	VELMAR	PRUSZKÓW	POL	M50-59	10	M 90	02:10:31.00	01:30:37.00	05:29:10.00	09:10:03.00	09:10:18.00	9:10	6.5
114	SZCZYGIELSKI TOMEK	150	BIEGUSIEM.PL	RYKI	POL	M40-49	44	M 91	02:18:25.00	01:21:11.00	05:31:04.00	09:10:10.00	09:10:40.00	9:10	6.5
115	KICZIŃSKA IZABELA	63	DRUŻYNA SZPIKU	BRODNICA	POL	K40-49	11	K 24	02:15:57.00	01:26:30.00	05:31:09.00	09:13:10.00	09:13:36.00	9:13	6.5
116	TATARCZYK PATRYCJA	156	SBRT	WARSZAWA	POL	K16-29	3	K 25	02:22:35.00	01:32:32.00	05:20:23.00	09:14:34.00	09:15:30.00	9:14	6.5
117	KAWA BARBARA	62	MARATOŃCZYK DĘBICA	ŻYRAKÓW	POL	K30-39	10	K 26	02:24:17.00	01:33:49.00	05:22:32.00	09:19:38.00	09:20:38.00	9:19	6.4
118	MICHALEC MARCIN	100	KKB MOSIR KROSNO	KROSNO	POL	M30-39	32	M 92	02:31:03.00	01:24:19.00	05:25:41.00	09:20:47.00	09:21:03.00	9:20	6.4
119	ŁOPATKIEWICZ BEATA	91		KROSNO	POL	K50-59	3	K 27	02:31:03.00	01:24:19.00	05:25:41.00	09:20:51.00	09:21:03.00	9:20	6.4
120	MICHALSKI RYSZARD	102	WWW.SENSORYBEAUTY.PL	WARSZAWA	POL	M40-49	45	M 93	02:14:51.00	01:29:56.00	05:36:50.00	09:20:45.00	09:21:37.00	9:20	6.4
121	BORKOWSKI BARTŁOMIEJ	10	RMF4RT GLADIATORS	WARSZAWA	POL	M30-39	33	M 94	02:44:53.00	01:40:40.00	05:00:24.00	09:24:31.00	09:25:57.00	9:24	6.4
122	SZYMANKIEWICZ KALINA	154		GDYNIA	POL	K40-49	12	K 28	02:37:09.00	01:23:15.00	05:29:15.00	09:28:02.00	09:29:39.00	9:28	6.3
123	DĘBSKA MARTA	23		WARSZAWA	POL	K16-29	4	K 29	02:30:24.00	01:31:29.00	05:30:08.00	09:30:36.00	09:32:01.00	9:30	6.3
124	GOKIERT-SKRENTNA JUSTYNA	35		ZŁOTÓW	POL	K40-49	13	K 30	02:32:21.00	01:25:19.00	05:35:45.00	09:32:25.00	09:33:25.00	9:32	6.3
125	DOMAGAŁA JERZY	26		RZESZÓW	POL	M50-59	11	M 95	02:27:08.00	01:27:04.00	05:39:18.00	09:32:16.00	09:33:30.00	9:32	6.3
126	GRZYWIŃSKI WOJTEK	43		TORUŃ	POL	M30-39	34	M 96	02:29:19.00	01:30:58.00	05:33:37.00	09:32:13.00	09:33:54.00	9:32	6.3
127	KOPANIA KAMIL	69	K.S TĘCZA	WARSZAWA	POL	M30-39	35	M 97	02:21:49.00	01:30:23.00	05:41:54.00	09:33:23.00	09:34:06.00	9:33	6.3
128	JĘSIEK-BARABASZ AGNIESZKA	54	STACHOWSCY TEAM	ZŁOTÓW	POL	K40-49	14	K 31	02:35:44.00	01:28:21.00	05:35:45.00	09:38:49.00	09:39:50.00	9:38	6.2
129	PAŃCZUK-FIGURA IRMINA	116	UMCS BIEGA	PUŁAWY	POL	K40-49	15	K 32	02:31:27.00	01:35:14.00	05:36:05.00	09:41:42.00	09:42:46.00	9:41	6.2
130	KUSZTAL JUSTYNA	86	KS ESKADRA KRAKÓW	KRAKOW	POL	K40-49	16	K 33	02:31:27.00	01:35:40.00	05:36:05.00	09:42:10.00	09:43:12.00	9:42	6.2
131	GOMOLIŃSKI SŁAWOMIR	38		WARSZAWA	POL	M40-49	46	M 98	02:22:41.00	01:33:00.00	05:47:46.00	09:42:58.00	09:43:27.00	9:42	6.2
132	RAFAŁ ELIZA	129		BIŁGORAJ	POL	K30-39	11	K 34	02:25:22.00	01:37:49.00	05:44:53.00	09:47:06.00	09:48:04.00	9:47	6.1
133	KLUBA ŁUKASZ	67	NGB KŁOBUCK	WILKOWIECKO	POL	M30-39	36	M 99	02:30:19.00	01:31:07.00	05:49:06.00	09:48:52.00	09:50:32.00	9:48	6.1
134	KADYKAŁO NATALIA	58	NIE W SZCZEPIONKĘ TEAM	WARSZAWA	POL	K16-29	5	K 35	02:45:36.00	01:40:40.00	05:30:12.00	09:55:01.00	09:56:28.00	9:55	6.1
135	MŁODECKA SYLWIA	104	VIRTUAL RUNNER CLUB	WARSZAWA	POL	K40-49	17	K 36	02:37:33.00	01:40:50.00	05:38:14.00	09:55:03.00	09:56:37.00	9:55	6
136	NIESPODZIANA ANNA	109	ROGOZIŃSKI KLUB BIEGACZA	ROGOŹNO	POL	K30-39	12	K 37	02:38:13.00	01:29:22.00	05:50:51.00	09:57:02.00	09:58:26.00	9:57	6
137	KWIECIEŃ ZBIGNIEW	89	FAUDANA	TYCHY	POL	M60+	2	M 100	02:25:16.00	01:44:29.00	05:48:49.00	09:57:51.00	09:58:34.00	9:57	6
138	SMOGORZEWSKI MICHAŁ	141	WKURW_TEAM WARSZAWA	WARSZAWA	POL	M30-39	37	M 101	02:15:44.00	01:30:38.00	06:14:24.00	09:58:33.00	10:00:46.00	9:58	6
139	RUSEK JOLANTA	134	ZABIEGANI MIELEC	MIELEC	POL	K16-29	6	K 38	02:24:18.00	01:33:56.00	06:02:50.00	10:00:05.00	10:01:04.00	10:00	6
140	SOŁTYSIAK NATALIA	143		GDAŃSK	POL	K30-39	13	K 39	02:41:23.00	01:30:06.00	05:50:57.00	10:00:50.00	10:02:26.00	10:00	6
141	GUŹDZIOŁ JAREK	44	TBKM WILK SOLEC KUJAWSKI	SOLEC KUJAWSKI	POL	M40-49	47	M 102	02:51:41.00	01:32:03.00	05:39:53.00	10:01:48.00	10:03:37.00	10:01	6
142	BLIŹNIEWSKA KATARZYNA	133	SNG WILD DUCKS	GŁOWNO	POL	K40-49	18	K 40	02:34:45.00	01:32:04.00	05:57:42.00	10:03:41.00	10:04:31.00	10:03	6
143	JOZEFIAK MARTA	56		KRAKÓW	POL	K16-29	7	K 41	02:32:13.00	01:45:32.00	05:56:30.00	10:12:31.00	10:14:15.00	10:12	5.9
144	ZWAAN JOHAN	182		KRAKÓW		M30-39	38	M 103	02:32:13.00	01:45:32.00	05:56:30.00	10:12:28.00	10:14:15.00	10:12	5.9
145	GAJEWSKI ZENON	30	ZABIEGANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M60+	3	M 104	02:25:03.00	01:25:23.00	06:23:51.00	10:12:18.00	10:14:17.00	10:12	5.9
146	PASEK MAGDALENA	117	SRTG NIEPOŁOMICE	WIELICZKA	POL	K16-29	8	K 42	02:30:28.00	01:45:07.00	06:01:47.00	10:16:06.00	10:17:22.00	10:16	5.8
147	OCHNIO EWA	111		BOLESŁAWIEC	POL	K40-49	19	K 43	02:52:36.00	01:39:16.00	05:48:37.00	10:19:19.00	10:20:29.00	10:19	5.8
148	KOŁCIUK WOJCIECH	68	WKURW_TEAM WARSZAWA	WARSZAWA	POL	M30-39	39	M 105	02:35:27.00	01:31:45.00	06:14:23.00	10:19:27.00	10:21:35.00	10:19	5.8
149	JACHÓŁKOWSKA MAŁGORZATA	48		STRYKÓW	POL	K16-29	9	K 44	02:47:47.00	01:40:17.00	05:57:42.00	10:24:44.00	10:25:46.00	10:24	5.8
150	KISZKIS ELŻBIETA	65		WARSZAWA	POL	K40-49	20	K 45	02:57:01.00	01:45:44.00	06:41:33.00	11:23:11.00	11:24:18.00	11:23	5.3

TRIADA ULTRA ŁĄCZNIE, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Gorce	Nocne Pieniny	Beskid Sądecki	Netto	Brutto	min/km	km/h
151	NAWROT DAWID	106	SRTG NIEPOLOMICE	NIEPOŁOMICE	POL	M30-39	40	M 106	03:15:42.00	02:02:00.00	06:08:09.00	11:24:31.00	11:25:51.00	11:24	5.3
152	CZARNY ŁUKASZ	21	WKURW_TEAM	KRAKÓW	POL	M30-39	41	M 107	03:08:15.00	01:51:50.00	06:41:35.00	11:39:32.00	11:41:40.00	11:39	5.1
	RADYK JAKUB	128	PRZEMYSKI KLUB BIEGACZA	PRZEMYŚL	POL	M30-39			02:15:05.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	SITEK SZYMON	138	ZABIEGANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	M30-39			02:19:00.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	FUDALEJ PIOTR	29	TG SOK`OŁ ZAKOPANE	KOSCIELISKO	POL	M50-59			02:27:45.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	KOZŁOWSKI GRZEGORZ	76	ASICS FRONTRUNNER	SOCHACZEW	POL	M30-39			01:34:08.00 DNF	00:58:47.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	CHLEWICKA MAGDALENA	15	ZABIEGANI CZĘSTOCHOWA	CZĘSTOCHOWA	POL	K30-39			02:43:28.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	JĘCEK MACIEJ	53		ŁÓDŹ	POL	M30-39			01:48:46.00 DNF	01:03:42.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	KUSIAK MARCIN	85	CREATIVE BOCHNIA BIEGA TEAM	BOCHNIA	POL	M40-49			01:49:19.00 DNF	01:06:38.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	KOZŁOWSKA KAROLINA	74		BYDGOSZCZ	POL	K16-29			03:05:50.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	CHLIPAŁA MARCIN	16		SZCZAWA	POL	M30-39			02:04:01.00 DNF	01:16:36.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	KLATKA MICHAŁ	66	BBL TOMASZÓWW MAZOWIECKI	TOMASZÓW MAZOWIECKI	POL	M40-49			02:01:08.00 DNF	01:21:02.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	LEWANDOWSKI IGOR	456	CTS / IGISPORT	ŁÓDŹ	POL	M30-39			03:39:21.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	GUZOWSKI JACEK	47	MCT	KRAKÓW	POL	M40-49			02:18:27.00 DNF	01:24:07.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	OLSZEWSKI JACEK	113	KACYK TEAM	PŁOCK	POL	M40-49			02:18:10.00 DNF	01:25:26.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	WOJNAROWICZ TOMASZ	169	SPARTANIEDZIECIA	WARSZAAWA	POL	M30-39			02:13:04.00 DNF	01:30:54.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	ŁUKASIAK ADAM	92	WARSAW RUN CLUB	WARSZAWA	POL	M30-39			02:05:11.00 DNF	01:54:03.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	KRZYŻANOWSKI PRZEMYSŁAW	80	HARPAGAN BEAST	JAWORZNO	POL	M30-39			02:25:56.00 DNF	01:33:48.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	JÓZEFIAK JAKUB	57	BOKONONI	NOWY SĄCZ	POL	M50-59			02:26:11.00 DNF	01:42:13.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	KOBYLIŃSKI PIOTR	188	WKURW_TEAM	WARSZAWA		M40-49			02:50:17.00 DNF	01:43:17.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	STUPIŃSKA MONIKA	147	WKURW TEAM	SOCHACZEW	POL	K30-39			02:50:18.00 DNF	01:43:18.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	FRUCZ JACEK	28		SOSNOWIEC	POL	M50-59			02:51:00.00 DNF	01:47:32.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	KALBARCZYK IZABELLA	59		WARSZAWA	POL	K40-49			03:12:45.00 DNF	01:54:03.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-
	NAWROT KATARZYNA	105	SRTG NIEPOŁOMICE	NIEPOŁOMICE	POL	K30-39			03:16:15.00 DNF	02:02:00.00 DNF	00:00:00.00 DNF	DNF	DNF	-	-