ZIMOWA MILA GÓRSKA 2020 - PO 2 EDYCJACH

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2020-02-05
Miejsce: Koszalin
Dystans: 3.218 km
Klasyfikacja wg czasów netto.

HERKULES www.herkules.org.pl

TKKF Koszalin

B4SPORT INTELIGENTNE ZAWODY SPORTOWE

ZIMOWA MILA GÓRSKA 2020 - PO 2 EDYCJACH, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Netto	min/km	km/h
1	KASZUBIAK KLAUDIUSZ	4011		KOSZALIN	POL	M40-49	1	M 1	00:06:11.00	00:06:03.00	00:12:14.00	3:48	15.8
2	MAJKOWICZ RAFAŁ	4067		KOSZALIN	POL	M30-39	1	M 2	00:06:12.00	00:06:08.00	00:12:20.00	3:49	15.7
3	CZAPLIŃSKI JACEK	4004	TAGER SPORT	KOSZALIN	POL	M30-39	2	M 3	00:06:31.00	00:06:19.00	00:12:50.00	3:59	15
4	SOBSTEL KRYSTIAN	4069	CIACHU CIACH PRACOWNIA RĘKODZIEŁA	KOSZALIN	POL	M30-39	3	M 4	00:06:31.00	00:06:29.00	00:13:00.00	4:02	14.9
5	KORMAN KAMIL	4071		KOSZALIN	POL	M18-29	1	M 5	00:06:40.00	00:06:35.00	00:13:15.00	4:07	14.6
6	BIEŃKOWSKI TOMASZ	4066	IQ CONSULTING	NIEKŁONICE	POL	M30-39	4	M 6	00:06:42.00	00:06:48.00	00:13:30.00	4:11	14.3
7	SITOWSKI MARCIN	4039		KOSZALIN	POL	M18-29	2	M 7	00:06:49.00	00:06:47.00	00:13:36.00	4:13	14.2
8	SIENIAWSKI JAROSŁAW	4082	MEDEN-INMED SPORTS TEAM	BONIN	POL	M40-49	2	M 8	00:06:56.00	00:06:50.00	00:13:46.00	4:16	14
9	DZIADEK KRZYSZTOF	4097	TKKF KOSZALIN	KOSZALIN	POL	M30-39	5	M 9	00:07:15.00	00:06:38.00	00:13:53.00	4:18	13.9
10	SOSNOWSKI TOMASZ	4087	FPP FUNCTIONAL POLISH PERFORMANCE	KOSZALIN	POL	M18-29	3	M 10	00:07:02.00	00:06:56.00	00:13:58.00	4:20	13.8
11	KOZIEŁ ADAM	4043		KOSZALIN	POL	M18-29	4	M 11	00:06:56.00	00:07:12.00	00:14:08.00	4:23	13.7
12	WEBER PAWEŁ	4090	FPP	KOSZALIN	POL	M30-39	6	M 11	00:07:07.00	00:07:01.00	00:14:08.00	4:23	13.7
13	ZWOLIŃSKI JAN	4008	TKKF KOSZALIN	WIERCISZEWO	POL	M50-59	1	M 13	00:07:09.00	00:07:08.00	00:14:17.00	4:26	13.5
14	MATYSIAK WOJCIECH	4093		KOSZALIN	POL	M40-49	3	M 14	00:07:18.00	00:07:03.00	00:14:21.00	4:27	13.5
15	ZACHOLSKI WOJCIECH	4068		KOSZALIN	POL	M18-29	5	M 15	00:07:20.00	00:07:05.00	00:14:25.00	4:28	13.4
16	DOBOSZ MICHAŁ	4055	KL BAŁTYK	KOSZALIN	POL	M14-17	1	M 16	00:07:13.00	00:07:15.00	00:14:28.00	4:29	13.3
17	KONKEL AGNIESZKA	4101		KOSZALIN	POL	K30-39	1	K 1	00:07:17.00	00:07:16.00	00:14:33.00	4:31	13.3
18	WĘSEK MACIEJ	4084	ARISEN FLAME	SIANÓW	POL	M30-39	7	M 17	00:07:24.00	00:07:11.00	00:14:35.00	4:31	13.2
19	CZERNIAK GRACJAN	4033		KOSZALIN	POL	M40-49	4	M 18	00:07:30.00	00:07:23.00	00:14:53.00	4:37	13
20	CZARNOWSKI KAMIL	4030	KASZEBE	KOSZALIN	POL	M18-29	6	M 19	00:07:48.00	00:07:33.00	00:15:21.00	4:46	12.6
21	WIKTOROWSKI MACIEJ	4075	TAGER SPORT	KOSZALIN	POL	M40-49	5	M 20	00:07:42.00	00:07:41.00	00:15:23.00	4:46	12.6
22	BARUTOWICZ GRZEGORZ	4025		KOSZALIN	POL	M30-39	8	M 21	00:07:56.00	00:07:30.00	00:15:26.00	4:47	12.5
23	DZIUBA ROBERT	4018	MORSACZEBIEGACZE	WYSZEBÓRZ	POL	M30-39	9	M 22	00:07:57.00	00:07:36.00	00:15:33.00	4:49	12.4
24	KRYNICKA GRZYB MAŁGORZATA	4103		TRZEBIATÓW	POL	K30-39	2	K 2	00:07:59.00	00:07:38.00	00:15:37.00	4:51	12.4
25	KOŚCIELNIAK ROBERT	4065	TKKF KOSZALIN	KOSZALIN	POL	M50-59	2	M 23	00:08:00.00	00:07:39.00	00:15:39.00	4:51	12.3
26	WAWRZYN GRZEGORZ	4095		KOSZALIN	POL	M40-49	6	M 24	00:07:59.00	00:07:43.00	00:15:42.00	4:52	12.3
27	RUTKOWSKI ARTUR	4070	RUNKING	KOSZALIN	POL	M30-39	10	M 25	00:08:04.00	00:07:54.00	00:15:58.00	4:57	12.1
28	MICERSKI TOMASZ	4002	TKKF KOSZALIN	KOSZALIN	POL	M40-49	7	M 26	00:08:02.00	00:07:58.00	00:16:00.00	4:58	12.1
29	ROGOŻA IRENEUSZ	4029		KOSZALIN	POL	M40-49	8	M 27	00:07:59.00	00:08:02.00	00:16:01.00	4:58	12.1
30	BASSEL MARCIN	4057	KKMW	KOSZALIN	POL	M30-39	11	M 28	00:08:06.00	00:08:03.00	00:16:09.00	5:01	12
31	HAŁKA JUSTYNA	4019	TRUCHT ŁOBEZ	ŁOBEZ	POL	K40-49	1	K 3	00:08:18.00	00:07:54.00	00:16:12.00	5:02	11.9
32	SAWIŃSKI JACEK	4089		KOSZALIN	POL	M40-49	9	M 29	00:08:13.00	00:08:07.00	00:16:20.00	5:04	11.8
33	HOREGLAD PAWEŁ	4056	SPEEDY GONZALES	KOSZALIN	POL	M18-29	7	M 30	00:08:13.00	00:08:09.00	00:16:22.00	5:05	11.8
34	KONKEL ŁUKASZ	4099		KOSZALIN	POL	M40-49	10	M 31	00:08:23.00	00:08:05.00	00:16:28.00	5:07	11.7
35	KRYNICKA MAGDALENA	4048		TRZEBIATÓW	POL	K18-29	1	K 4	00:08:23.00	00:08:08.00	00:16:31.00	5:07	11.7
36	WERSOCKI ARTUR	4045		KOSZALIN	POL	M40-49	11	M 32	00:08:20.00	00:08:18.00	00:16:38.00	5:10	11.6
37	KUBIK KRYSTIAN	4027	RUNGRYF GRYFICE	GRYFICE	POL	M18-29	8	M 33	00:08:15.00	00:08:24.00	00:16:39.00	5:10	11.6
38	DOBOSZ JAROSŁAW	4059		KOSZALIN	POL	M50-59	3	M 34	00:08:26.00	00:08:15.00	00:16:41.00	5:11	11.6
39	JASIŃSKI CEZARY	4081	BIEGOLAS	KOSZALIN	POL	M40-49	12	M 34	00:08:32.00	00:08:09.00	00:16:41.00	5:11	11.6
40	DĄBROWSKA ALICJA	4083	TKKF KOSZALIN	SIANÓW	POL	K50-59	1	K 5	00:08:24.00	00:08:21.00	00:16:45.00	5:12	11.5
41	HAŁKA ARKADIUSZ	4015	TRUCHT ŁOBEZ	ŁOBEZ	POL	M40-49	13	M 36	00:08:30.00	00:08:22.00	00:16:52.00	5:14	11.4
42	GIEDROWICZ ALEKSANDRA	4017		KOSZALIN	POL	K30-39	3	K 6	00:08:34.00	00:08:21.00	00:16:55.00	5:15	11.4
43	KRUPIŃSKI KRZYSZTOF	4076	E-UROLOG.EU	KOSZALIN	POL	M50-59	4	M 37	00:08:40.00	00:08:15.00	00:16:55.00	5:15	11.4
44	KLENIEWSKI PIOTR	4060	ZACHODNIOPOMORSKIE	KOSZALIN	POL	M60-69	1	M 38	00:08:27.00	00:08:29.00	00:16:56.00	5:15	11.4
45	ZARZYCKI JAKUB	4092	FPP	KOSZALIN	POL	M30-39	12	M 39	00:08:41.00	00:08:19.00	00:17:00.00	5:16	11.4
46	SARAPUK GABRIELA	4009	TKKF KOSZALIN	KOSZALIN	POL	K40-49	2	K 7	00:08:43.00	00:08:17.00	00:17:00.00	5:16	11.4

ZIMOWA MILA GÓRSKA 2020 - PO 2 EDYCJACH, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	Etap 1	Etap 2	Netto	min/km	km/h
47	NOREK TOMEK	4022		KOSZALIN	POL	M50-59	5	M 40	00:08:31.00	00:08:44.00	00:17:15.00	5:21	11.2
48	PANCERZYŃSKI ŁUKASZ	4102		KOSZALIN	POL	M40-49	14	M 41	00:08:45.00	00:08:46.00	00:17:31.00	5:26	11
49	KAJKOWSKI RAFAŁ	4078		KOSZALIN	POL	M40-49	15	M 42	00:09:06.00	00:08:32.00	00:17:38.00	5:28	10.9
50	KULCZYK KATARZYNA	4010	KB BRYZA POSTOMINO	SŁAWSKO	POL	K30-39	4	K 8	00:09:00.00	00:08:38.00	00:17:38.00	5:28	10.9
51	BODO RAFAŁ	4001	ZOZKOSZ KOSZALIN	KOSZALIN	POL	M30-39	13	M 43	00:08:48.00	00:08:54.00	00:17:42.00	5:30	10.9
52	KRZEWIŃSKA MAŁGORZATA	4094	TKKF KOSZALIN	KOSZALIN	POL	K60+	1	K 9	00:08:53.00	00:08:50.00	00:17:43.00	5:30	10.9
53	MADAJCZYK EMILIA	4063	AKS BIAŁOGARD	BIAŁOGARD	POL	K10-13	1	K 10	00:09:14.00	00:08:37.00	00:17:51.00	5:32	10.8
54	GRABOWSKA-LESISZ ANETA	4100		KOSZALIN	POL	K40-49	3	K 11	00:09:03.00	00:08:50.00	00:17:53.00	5:33	10.8
55	GOLEC ANNA	4080		KOSZALIN	POL	K40-49	4	K 12	00:09:19.00	00:09:05.00	00:18:24.00	5:43	10.5
56	LITWIN ANDRZEJ	4031	KOSZALIN	KOSZALIN	POL	M30-39	14	M 44	00:09:10.00	00:09:17.00	00:18:27.00	5:44	10.5
57	POŁOCZAŃSKI PIOTR	4077	SZWAGRY BIEGAJĄ	KOSZALIN	POL	M30-39	14	M 44	00:09:05.00	00:09:22.00	00:18:27.00	5:44	10.5
58	KAMYK PIOTR	4072	MH-INFORMATYKA.PL- IT DLA BIZNESU	KOSZALIN	POL	M40-49	16	M 46	00:08:38.00	00:09:50.00	00:18:28.00	5:44	10.5
59	HAŁAJKO MAGDALENA	4024		KOSZALIN	POL	K30-39	5	K 13	00:09:27.00	00:09:08.00	00:18:35.00	5:46	10.4
60	MRUGALSKI STANISŁAW	4074		MIASTKO	POL	M50-59	6	M 47	00:09:12.00	00:09:26.00	00:18:38.00	5:47	10.4
61	ŚWITA JACEK	4079		KOSZALIN	POL	M40-49	17	M 48	00:09:52.00	00:09:10.00	00:19:02.00	5:54	10.1
62	KĘSIK MICHAŁ	4051	ZDARTE PODESZWY	KOSZALIN	POL	M40-49	18	M 49	00:10:26.00	00:08:43.00	00:19:09.00	5:57	10.1
63	PŁATOSZ MAGDA	4035		KARLINO	POL	K18-29	2	K 14	00:09:45.00	00:09:40.00	00:19:25.00	6:02	9.9
64	KOBUS PATRYK	4046		KOSZALIN	POL	M10-13	1	M 50	00:10:18.00	00:09:33.00	00:19:51.00	6:10	9.7
65	SUDER-MAKSYMOWICZ FILIP	4023	KMKL SZTORM KOŁOBRZEG	USTRONIE MORSKIE	POL	M10-13	2	M 51	00:09:51.00	00:10:05.00	00:19:56.00	6:11	9.7
66	KOBUS PIOTR	4054		KOSZALIN	POL	M30-39	16	M 52	00:10:15.00	00:09:49.00	00:20:04.00	6:14	9.6
67	DOBOSZ IZABELLA	4058		KOSZALIN	POL	K40-49	5	K 15	00:10:06.00	00:10:10.00	00:20:16.00	6:17	9.5
68	KASZUBIAK JULIA	4012		KOSZALIN	POL	K10-13	2	K 15	00:11:18.00	00:08:58.00	00:20:16.00	6:17	9.5
69	GRUDZIŃSKI ARKADIUSZ	4037	PIORUN KOSZALIN	KOSZALIN	POL	M40-49	19	M 53	00:10:14.00	00:10:06.00	00:20:20.00	6:19	9.5
70	SZMYT MARCIN	4007	SZWAGRY BIEGAJĄ	KOSZALIN	POL	M30-39	17	M 54	00:10:23.00	00:10:10.00	00:20:33.00	6:23	9.4
71	NAWROCKA ANNA	4003		KOSZALIN	POL	K30-39	6	K 17	00:10:25.00	00:10:09.00	00:20:34.00	6:23	9.4
72	RADOSZ KATARZYNA	4098		KOSZALIN	POL	K50-59	2	K 18	00:10:26.00	00:10:18.00	00:20:44.00	6:26	9.3
73	RADZIUSZ ILONA	4041	MORSACZEBIEGACZE	KOSZALIN	POL	K30-39	7	K 19	00:11:07.00	00:10:15.00	00:21:22.00	6:38	9
74	SUDER-MAKSYMOWICZ MONIKA	4026		USTRONIE MORSKIE	POL	K30-39	8	K 20	00:10:46.00	00:10:46.00	00:21:32.00	6:41	9
75	KIEDOS DARIUSZ	4021		KOSZALIN	POL	M30-39	18	M 55	00:10:31.00	00:11:03.00	00:21:34.00	6:42	9
76	POLAK MATEUSZ	4061	KOSPEL	WAŁCZ	POL	M18-29	9	M 56	00:11:09.00	00:10:49.00	00:21:58.00	6:49	8.8
77	KOZŁOWIECKI WALDEMAR	4014	TKKF KOSZALIN	KOSZALIN	POL	M60-69	2	M 57	00:12:19.00	00:09:56.00	00:22:15.00	6:54	8.7
78	MIKOŁAJCZYK LIDIA	4040	MORSACZEBIEGACZE	KOSZALIN	POL	K30-39	9	K 21	00:12:03.00	00:10:57.00	00:23:00.00	7:08	8.4
79	PAZIEWSKA AGNIESZKA	4038	TKKF KOSZALIN	KOSZALIN	POL	K40-49	6	K 22	00:12:05.00	00:11:25.00	00:23:30.00	7:18	8.2
80	KOZŁOWIECKA MAŁGORZATA	4016		KOSZALIN	POL	K60+	2	K 23	00:12:19.00	00:12:13.00	00:24:32.00	7:37	7.9