

XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin
Data: 2020-09-12
Miejsce: Koszalin
Dystans: 10 km
Klasyfikacja wg czasów netto.



XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.9km	4.32km	5.74km	7.16km	8.58km	Netto	min/km	km/h
1	CZERNIEWSKI MARCIN	23	AML SŁUPSK	SŁUPSK	POL	M30-39	1	M 1	00:09:24	00:14:03	00:18:43	00:23:29	00:28:18	00:32:58.20	3:17	18.2
2	BORYCHOWSKI MARIUSZ	210	TKKF KOSZALIN1	KOBYLNICZA	POL	M40-49	1	M 2	00:09:24	00:14:03	00:18:48	00:23:41	00:28:37	00:33:31.70	3:21	17.9
3	PERLIK TOMASZ	133	MTS HAMER	MIASTKO	POL	M30-39	2	M 3	00:09:29	00:14:15	00:19:07	00:24:01	00:29:00	00:33:48.90	3:22	17.7
4	KOZŁOWICZ TOMASZ	85	OBORYGENI	WIELKA LIPA	POL	M18-39	1	M 4	00:09:32	00:14:21	00:19:17	00:24:18	00:29:18	00:34:06.75	3:24	17.6
5	HUBERT ŁUKASZ	51	TKKF KOSZALIN1	KOSZALIN	POL	M30-39	3	M 5	00:10:02	00:15:15	00:20:32	00:25:52	00:31:14	00:36:19.85	3:38	16.5
6	ZABORSKI RYSZARD	200	TKKF KOSZALIN	KOSZALIN	POL	M40-49	2	M 6	00:10:03	00:15:14	00:20:31	00:25:51	00:31:16	00:36:34.45	3:39	16.4
7	WALCZAK PAWEŁ	182	1989.	KOSZALIN	POL	M30-39	4	M 7	00:10:20	00:15:28	00:20:48	00:26:16	00:31:45	00:37:02.15	3:42	16.2
8	HOŁUB KAMIL	49	MLUKS TRZEBIATÓW	TRZEBIATÓW	POL	M40-49	3	M 8	00:10:20	00:15:44	00:21:10	00:26:34	00:32:05	00:37:24.55	3:44	16
9	WOJTALIK ŁUKASZ	195	TRUCHCIKI	POŁCZYN ZDRÓJ	POL	M30-39	5	M 9	00:10:14	00:15:32	00:20:56	00:26:29	00:32:06	00:37:38.55	3:45	15.9
10	RUDNIKOWSKI MACIEJ	150	DARŁOWSKIE CHARTY / BIEGUZDROWISKOWY.PL	DARŁÓWO	POL	M40-49	4	M 10	00:10:47	00:16:13	00:21:39	00:27:08	00:32:37	00:37:54.20	3:47	15.8
11	WITKIEWICZ ERYK	193	1976.	BIAŁOGARD	POL	M40-49	5	M 11	00:10:53	00:16:14	00:21:37	00:27:05	00:32:40	00:37:59.20	3:47	15.8
12	KASZUBIAK KLAUDIUSZ	63		KOSZALIN	POL	M40-49	6	M 12	00:10:41	00:16:07	00:21:39	00:27:14	00:32:55	00:38:22.75	3:50	15.6
13	GOLIŃSKI ŁUKASZ	41	3:10 TEAM ŚWIDWIN	ŚWIDWIN	POL	M40-49	7	M 13	00:11:02	00:16:31	00:22:07	00:27:41	00:33:16	00:38:48.45	3:52	15.5
14	WOJCIECHOWICZ JACEK	194	WWW.STUDIOTANCAPASJA.PL	KOSZALIN	POL	M40-49	8	M 14	00:11:03	00:16:38	00:22:16	00:27:58	00:33:35	00:39:06.40	3:54	15.3
15	ZYCH PAWEŁ	207	ALLIANZ RUNNING TEAM	BRWINÓW	POL	M40-49	9	M 15	00:10:39	00:16:11	00:21:53	00:27:40	00:33:30	00:39:10.50	3:55	15.3
16	SITOWSKI MARCIN	159	FC RYSIEK	KOSZALIN	POL	M18-39	2	M 16	00:10:45	00:16:16	00:22:00	00:27:57	00:33:51	00:39:17.00	3:55	15.3
17	LASAK KONRAD	99		SZCZECINEK	POL	M18-39	3	M 17	00:10:52	00:16:21	00:22:09	00:27:58	00:33:48	00:39:32.00	3:57	15.2
18	BURDA ROBERT	14	KOSPEL	KOSZALIN	POL	M40-49	10	M 18	00:11:13	00:16:57	00:22:45	00:28:36	00:34:21	00:39:42.20	3:58	15.1
19	LANGE GRZEGORZ	98	LANGE TRI COACH	KOSZALIN	POL	M40-49	11	M 19	00:11:01	00:16:33	00:22:14	00:28:23	00:34:20	00:39:50.45	3:59	15.1
20	BIEDRZYCKI KRZYSZTOF	6	CW FANZA	KOŁOBRZEG	POL	M40-49	12	M 20	00:11:06	00:16:41	00:22:27	00:28:19	00:34:11	00:39:59.30	3:59	15
21	ZŁOTY WOJCIECH	192		KOSZALIN	POL	M18-39	4	M 21	00:11:01	00:16:42	00:22:33	00:28:28	00:34:23	00:40:02.20	4:00	15
22	GRZESIK EUGENIUSZ	44	TKKF KOSZALIN	KOSZALIN	POL	M50-59	1	M 22	00:11:06	00:16:47	00:22:35	00:28:32	00:34:30	00:40:10.00	4:01	14.9
23	MICHAŁAK GRZEGORZ	117	KARLINO BIEGAJ!	KARLINO	POL	M40-49	13	M 23	00:11:06	00:16:48	00:22:39	00:28:31	00:34:29	00:40:10.50	4:01	14.9
24	PIETRUSZKA MIKOŁAJ	138	TĘCZA RUN	KOSZALIN	POL	M50-59	2	M 24	00:11:09	00:16:53	00:22:44	00:28:36	00:34:33	00:40:20.45	4:02	14.9
25	WIECZOREK ŁUKASZ	189	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH	KOSZALIN	POL	M30-39	6	M 25	00:11:35	00:17:29	00:23:25	00:29:22	00:35:13	00:40:43.15	4:04	14.7
26	KORMAN KAMIL	76	8PLOT	KOSZALIN	POL	M18-39	5	M 26	00:11:04	00:16:57	00:23:03	00:29:04	00:35:20	00:40:57.15	4:05	14.7
27	WICHER KRZYSZTOF	188	ADWOKATURA	KOSZALIN	POL	M30-39	7	M 27	00:11:11	00:17:00	00:23:05	00:29:08	00:35:14	00:40:58.65	4:05	14.6
28	MACKOJC KRZYSZTOF	106	EL-MACKOJC	KOŁOBRZEG	POL	M40-49	14	M 28	00:10:44	00:16:12	00:21:42	00:27:24	00:33:26	00:41:00.05	4:06	14.6
29	GAJLEWICZ DOMINIK	37	MTS HAMER	TRZEBIELINO	POL	M30-39	8	M 29	00:11:06	00:16:58	00:23:00	00:29:00	00:35:11	00:41:09.50	4:07	14.6
30	KAWKA ADRIAN	64	RAKIETY	SŁUPSK	POL	M30-39	9	M 30	00:10:52	00:16:37	00:22:36	00:29:21	00:35:34	00:41:35.25	4:09	14.4
31	RUBASZNIK RADOSŁAW	149	CSSP KOSZALIN	KOSZALIN	POL	M30-39	10	M 31	00:12:09	00:18:03	00:23:57	00:29:55	00:35:54	00:41:40.10	4:10	14.4
32	RYNDAK MARIUSZ	151		SZCZECINEK	POL	M50-59	3	M 32	00:11:13	00:17:15	00:23:28	00:29:42	00:36:00	00:41:53.30	4:11	14.3
33	KOZIEŁ PAWEŁ	83	TRUCHCIKI	RABINO	POL	M40-49	15	M 33	00:11:45	00:17:48	00:23:54	00:30:03	00:36:12	00:42:07.65	4:12	14.2
34	PEKAŁA PIOTR	134	SOSW KOSZALIN	KOSZALIN	POL	M40-49	16	M 34	00:12:18	00:18:19	00:24:25	00:30:27	00:36:27	00:42:09.15	4:13	14.2
35	ZWOLIŃSKI JAN	206	TKKF KOSZALIN	WIERCISZEWO	POL	M50-59	4	M 35	00:12:03	00:18:03	00:24:05	00:30:12	00:36:17	00:42:18.30	4:13	14.2
36	ZATOŃ OLGA	202	TRUCHCIKI	ŚWIDWIN	POL	K30-39	1	K 1	00:11:38	00:17:44	00:23:51	00:30:03	00:36:18	00:42:28.20	4:14	14.1
37	CHUPTYŚ ADRIAN	18	RUNDORFINA	CZAPLINEK	POL	M30-39	11	M 36	00:11:37	00:17:48	00:24:07	00:30:29	00:36:54	00:43:04.45	4:18	13.9
38	IWANIEC DARIUSZ	52	TKKF KOSZALIN	SIERAKOWO	POL	M40-49	17	M 37	00:12:05	00:18:12	00:24:28	00:30:48	00:37:10	00:43:07.00	4:18	13.9
39	KOZAK GRZEGORZ	82	FPP	KOSZALIN	POL	M40-49	18	M 38	00:12:10	00:18:25	00:24:47	00:31:14	00:37:23	00:43:12.40	4:19	13.9
40	MAZUR TOMASZ	113	I LO SZCZECINEK	SZCZECINEK	POL	M40-49	19	M 39	00:11:46	00:17:51	00:24:05	00:30:33	00:37:06	00:43:15.90	4:19	13.9
41	KRYNICKA GRZYB MAŁGORZATA	91		TRZEBIATÓW	POL	K30-39	2	K 2	00:12:00	00:18:10	00:24:27	00:30:51	00:37:15	00:43:19.70	4:20	13.8
42	BRZEZIŃSKI JAN	11	TEAM PIOTRUS	BIAŁOGARD	POL	M50-59	5	M 40	00:12:32	00:18:47	00:25:04	00:31:26	00:37:45	00:43:46.10	4:22	13.7
43	BARUTOWICZ GRZEGORZ	5	1981.	KOSZALIN	POL	M30-39	12	M 41	00:12:12	00:18:23	00:24:43	00:31:11	00:37:37	00:43:53.10	4:23	13.7
44	WERS KRZYSZTOF	187		SIEMIŚL	POL	M30-39	13	M 42	00:12:22	00:18:37	00:24:49	00:31:10	00:37:42	00:43:56.75	4:23	13.7

XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.9km	4.32km	5.74km	7.16km	8.58km	Netto	min/km	km/h
45	WEBER PAWEŁ	186	FPP	KOSZALIN	POL	M30-39	14	M 43	00:12:10	00:18:25	00:24:47	00:31:14	00:37:46	00:44:04.85	4:24	13.6
46	MIŁASZEWSKI PRZEMEK	120	AMBRA PL	KOSZALIN	POL	M30-39	15	M 44	00:12:30	00:18:49	00:25:03	00:31:30	00:38:07	00:44:16.30	4:25	13.6
47	KOŚCIELNIAK ROBERT	77	TKKF KOSZALIN	KOSZALIN	POL	M50-59	6	M 45	00:12:16	00:18:32	00:25:02	00:31:42	00:38:15	00:44:20.65	4:26	13.5
48	URBAŃSKI TOMASZ	181		BIAŁOGARD	POL	M40-49	20	M 46	00:12:24	00:18:47	00:25:10	00:31:34	00:38:02	00:44:22.05	4:26	13.5
49	KRUPIŃSKI KRZYSZTOF	90	E-UROLOG.EU	KOSZALIN	POL	M50-59	7	M 47	00:12:36	00:18:55	00:25:26	00:31:57	00:38:25	00:44:27.45	4:26	13.5
50	KWIETNIEWSKI DANIEL	97		KOSZALIN	POL	M40-49	21	M 48	00:12:10	00:18:25	00:24:47	00:31:18	00:37:58	00:44:28.95	4:26	13.5
51	NIEDBALSKI OKTAWIAN	123	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-39	6	M 49	00:12:11	00:18:31	00:25:07	00:31:48	00:38:24	00:44:36.90	4:27	13.4
52	TRZEBIATOWSKA KINGA	180		ŁUPAWA	POL	K18-29	1	K 3	00:12:05	00:18:37	00:25:11	00:31:54	00:38:29	00:44:50.20	4:29	13.4
53	SPOLSKA WERONIKA	164		ŚWIESZYNO	POL	K18-29	2	K 4	00:12:34	00:19:01	00:25:36	00:32:07	00:38:42	00:45:02.80	4:30	13.3
54	HAŁKA JUSTYNA	45	TRUCHCIKI	ŁOBEZ	POL	K40-49	1	K 5	00:12:50	00:19:17	00:25:46	00:32:14	00:38:48	00:45:11.30	4:31	13.3
55	BRYGAŁA MAGDALENA	10		DARŁOWO	POL	K40-49	2	K 6	00:12:27	00:18:52	00:25:29	00:32:09	00:38:54	00:45:26.75	4:32	13.2
56	OLEARCZYK ARKADIUSZ	125	BOBOLICKIE BRACTWO BIEGOWE	BOBOLICE	POL	M40-49	22	M 50	00:11:52	00:18:11	00:24:44	00:31:54	00:38:47	00:45:31.60	4:33	13.2
57	KONKEL AGNIESZKA	71	MTS HAMER	KOSZALIN	POL	K30-39	3	K 7	00:12:21	00:18:46	00:25:25	00:32:08	00:39:05	00:45:34.20	4:33	13.2
58	SZYMAŃSKI PIOTR	173	SZYMON TEAM	ROSNOWO	POL	M40-49	23	M 51	00:13:30	00:20:03	00:26:33	00:33:08	00:39:35	00:45:37.85	4:33	13.1
59	GAWEL ZBIGNIEW	40	POMERIDERS SŁUPSK	SŁUPSK	POL	M60-69	1	M 52	00:12:36	00:19:01	00:25:31	00:32:12	00:38:57	00:45:40.40	4:34	13.1
60	SITARCZYK DAMIAN	158	FUNDACJA ZASTOPIJ	SIAŃÓW	POL	M30-39	16	M 53	00:12:00	00:18:21	00:24:56	00:31:40	00:38:43	00:45:46.30	4:34	13.1
61	PERLIK KATARZYNA	132	MTS HAMER	MIASTKO	POL	K18-29	3	K 8	00:12:31	00:18:56	00:25:27	00:32:06	00:39:04	00:45:49.00	4:34	13.1
62	KOBYLAK JANUSZ	70	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M40-49	24	M 54	00:12:39	00:19:20	00:26:03	00:32:50	00:39:34	00:46:02.35	4:36	13
63	CZERNAK GRACJAN	22		KOSZALIN	POL	M40-49	25	M 55	00:13:18	00:19:51	00:26:21	00:33:00	00:39:37	00:46:06.95	4:36	13
64	PETERSKI DAMIAN	198			POL	M18-39	7	M 56	00:12:43	00:19:09	00:25:39	00:32:23	00:39:24	00:46:28.75	4:38	12.9
65	DERLIŃSKI ADAM	29	TORNADO KOSZALIN	KOSZALIN	POL	M40-49	26	M 57	00:12:38	00:19:07	00:25:53	00:32:48	00:39:47	00:46:35.40	4:39	12.9
66	MARCINIAK MACIEJ	109	KS POGOŃ POŁCZYN ZDRÓJ	POŁCZYN ZDRÓJ	POL	M30-39	17	M 58	00:12:15	00:18:36	00:25:00	00:32:05	00:39:23	00:46:42.75	4:40	12.8
67	WOŁOŻYŃ DANIEL	196	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-39	8	M 59	00:12:48	00:19:13	00:25:43	00:32:32	00:39:42	00:46:52.25	4:41	12.8
68	SKOWYRSKI JANUSZ	160	TKKF KOSZALIN	BIESIEKIERZ	POL	M50-59	8	M 60	00:13:00	00:19:43	00:26:30	00:33:31	00:40:27	00:47:09.35	4:42	12.7
69	MAZURSKI PAWEŁ	115		GRYFICE	POL	M30-39	18	M 61	00:13:13	00:19:53	00:26:31	00:33:20	00:40:27	00:47:17.40	4:43	12.7
70	ŚWIETLIK TOMASZ	177	LEO TEAM	KOSZALIN	POL	M60-69	2	M 62	00:13:18	00:20:07	00:26:57	00:33:47	00:40:39	00:47:20.80	4:44	12.7
71	ZAWADZKI DAMIAN	203	KB WYGAN	ZIELENIEWO	POL	M30-39	19	M 63	00:13:37	00:20:21	00:27:11	00:34:08	00:40:56	00:47:22.95	4:44	12.7
72	SAWIŃSKI JACEK	157		KOSZALIN	POL	M40-49	27	M 64	00:13:49	00:20:31	00:27:24	00:34:12	00:40:57	00:47:38.85	4:45	12.6
73	KRZEWIŃSKA MAŁGORZATA	92	TKKF KOSZALIN1	KOSZALIN	POL	K60+	1	K 9	00:13:43	00:20:29	00:27:12	00:34:01	00:40:55	00:47:39.60	4:46	12.6
74	SUCHANOWSKI ZYGMUNT	167	RESPECT LOTYŃ	LOTYŃ	POL	M50-59	9	M 65	00:12:48	00:19:34	00:26:33	00:33:37	00:40:43	00:47:41.90	4:46	12.6
75	WIKTOROWSKI MACIEJ	191		KOSZALIN	POL	M40-49	28	M 66	00:12:51	00:19:41	00:26:40	00:33:40	00:40:49	00:47:43.10	4:46	12.6
76	DĄBROWSKA ALICJA	26	TKKF KOSZALIN1	SIAŃÓW	POL	K50-59	1	K 10	00:13:51	00:20:41	00:27:37	00:34:32	00:41:26	00:47:56.80	4:47	12.5
77	KUBIK KRYSZTIAN	93	RUNGRYF GRYFICE	GRYFICE	POL	M18-39	9	M 67	00:12:35	00:19:24	00:26:30	00:33:43	00:40:58	00:47:59.75	4:47	12.5
78	HAŁKA ARKADIUSZ	46	TRUCHCIKI	ŁOBEZ	POL	M40-49	29	M 68	00:13:27	00:20:16	00:27:14	00:34:16	00:41:22	00:48:02.30	4:48	12.5
79	KOWALCZYK PIOTR	79	FOR-REST-RUN	KOSZALIN	POL	M30-39	20	M 69	00:13:29	00:20:17	00:27:12	00:34:17	00:41:31	00:48:32.75	4:51	12.4
80	ROGOŻA IRENEUSZ	147		KOSZALIN	POL	M40-49	30	M 70	00:13:33	00:20:15	00:27:15	00:34:29	00:41:48	00:48:33.50	4:51	12.4
81	OLESIŃSKI MARCIN	127		KOŁOBRZEG	POL	M18-39	10	M 71	00:13:54	00:20:50	00:27:53	00:34:56	00:42:11	00:49:00.55	4:54	12.2
82	PIECHOTA ROBERT	136	ROZBIEGANI KOSZALIN	KOSZALIN	POL	M50-59	10	M 72	00:13:16	00:20:24	00:27:38	00:34:56	00:42:23	00:49:07.25	4:54	12.2
83	WIELGAT ŁUKASZ	190	KB BRYZA POSTOMINO	PIENKOWO	POL	M30-39	21	M 73	00:12:22	00:18:51	00:26:02	00:34:17	00:42:18	00:49:11.20	4:55	12.2
84	DRULIK-HOŁUB MARTA	33	TORNADO KOSZALIN	KOSZALIN	POL	K40-49	3	K 11	00:13:44	00:20:40	00:27:43	00:34:53	00:42:08	00:49:13.75	4:55	12.2
85	STAWISZYŃSKI JAROSŁAW	165	FRK	KOSZALIN	POL	M30-39	22	M 74	00:13:44	00:20:44	00:27:52	00:35:10	00:42:32	00:49:14.75	4:55	12.2
86	KRUPIŃSKA BEATA	88	E-UROLOG.EU	KOSZALIN	POL	K50-59	2	K 12	00:13:53	00:20:52	00:27:54	00:35:01	00:42:18	00:49:15.10	4:55	12.2
87	OLESIŃSKA PATRYCJA	126		KOŁOBRZEG	POL	K30-39	4	K 13	00:13:55	00:20:45	00:27:39	00:34:48	00:42:07	00:49:20.95	4:56	12.2
88	SZYMAŃSKI PIOTR	172		POŁCZYN ZDRÓJ	POL	M30-39	23	M 75	00:13:41	00:20:29	00:27:25	00:34:46	00:42:17	00:49:34.10	4:57	12.1
89	PIEKARZEWICZ TOMASZ	137	BOBOLICKIE BRACTWO BIEGOWE	BOBOLICE	POL	M50-59	11	M 76	00:14:33	00:21:32	00:28:41	00:35:45	00:42:58	00:49:46.40	4:58	12.1
90	KORDECKI MACIEJ	75		KOSZALIN	POL	M18-39	11	M 77	00:13:33	00:20:38	00:28:00	00:35:25	00:42:51	00:49:51.90	4:59	12
91	BOGACKI TOMASZ	9	TKKF KOSZALIN	KOSZALIN	POL	M60-69	3	M 78	00:14:00	00:21:07	00:28:18	00:35:30	00:42:51	00:49:54.35	4:59	12
92	BUDZIŃSKI PAWEŁ	13	DRUŻYNA SZPIKU	KONIKOWO	POL	M40-49	31	M 79	00:13:58	00:20:55	00:28:05	00:35:27	00:42:58	00:50:00.50	5:00	12
93	GRUNWALD KAROLINA	42		BOBOLICE	POL	K30-39	5	K 14	00:14:34	00:21:33	00:28:49	00:36:09	00:43:37	00:50:21.35	5:02	11.9
94	KISIELIŃSKI IGOR	67	TKKF KOSZALIN	KOSZALIN	POL	M50-59	12	M 80	00:13:49	00:20:47	00:27:53	00:35:22	00:43:28	00:50:24.65	5:02	11.9
95	GALICKI ROBERT	38		BOBOLICE	POL	M40-49	32	M 81	00:14:36	00:21:34	00:28:50	00:36:10	00:43:38	00:50:29.20	5:03	11.9
96	BURDZIK MICHAŁ	15	L9	KOSZALIN	POL	M18-39	12	M 82	00:12:55	00:20:03	00:27:35	00:35:19	00:43:15	00:50:31.80	5:03	11.9
97	NIWIŃSKA GRZEGORZ	124	KB TUPOT USTKA	USTKA	POL	M60-69	4	M 83	00:14:07	00:21:17	00:28:34	00:35:52	00:43:21	00:50:45.10	5:04	11.8
98	SARAPUK PIOTR	153		KOSZALIN	POL	M40-49	33	M 84	00:13:43	00:20:30	00:27:10	00:34:31	00:44:09	00:50:50.75	5:05	11.8
99	WYGANOWSKI ANDRZEJ	197	KB WYGAN	KOŁOBRZEG	POL	M70+	1	M 85	00:14:45	00:21:58	00:29:16	00:36:32	00:43:49	00:50:55.75	5:05	11.8

XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.9km	4.32km	5.74km	7.16km	8.58km	Netto	min/km	km/h
100	KAPERA MIKOŁAJ	61	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-39	13	M 86	00:12:46	00:19:15	00:26:38	00:34:41	00:42:48	00:51:01.35	5:06	11.8
101	JESZKE DAWID	55	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-39	14	M 87	00:14:31	00:21:33	00:28:50	00:36:19	00:43:56	00:51:01.50	5:06	11.8
102	CZUCZAK TOMASZ	209		KOSZALIN	POL	M40-49	34	M 88	00:13:57	00:21:04	00:28:25	00:36:21	00:44:12	00:51:06.30	5:06	11.7
103	PUŚCIAN KRZYSZTOF	145	SP MANOWO	MANOWO	POL	M40-49	35	M 89	00:14:17	00:21:27	00:28:34	00:35:38	00:43:20	00:51:07.70	5:06	11.7
104	ANTKOWIAK SEBASTIAN	4	DB - ACTIVE	KOSZALIN	POL	M40-49	36	M 90	00:13:45	00:20:58	00:28:25	00:35:54	00:43:28	00:51:13.35	5:07	11.7
105	SARAPUK GABRIELA	152	TKKF KOSZALIN	KOSZALIN	POL	K40-49	4	K 15	00:13:53	00:21:05	00:28:38	00:36:21	00:44:08	00:51:18.50	5:07	11.7
106	BRZEZIŃSKI PAWEŁ	12		KOSZALIN	POL	M40-49	37	M 91	00:14:10	00:21:30	00:28:53	00:36:29	00:44:13	00:51:40.10	5:10	11.6
107	MAZIEC BEATA	112		KOSZALIN	POL	K30-39	6	K 16	00:14:54	00:22:19	00:29:51	00:37:22	00:44:46	00:51:43.90	5:10	11.6
108	KAMIŃSKA KAROLINA	58		SZCZECIN	POL	K40-49	5	K 17	00:14:11	00:21:31	00:29:01	00:36:41	00:44:25	00:51:49.25	5:11	11.6
109	KONKEL ŁUKASZ	72		KOSZALIN	POL	M40-49	38	M 92	00:14:13	00:21:26	00:28:47	00:36:14	00:44:10	00:51:50.20	5:11	11.6
110	WYSOCKI ARKADIUSZ	199		KOSZALIN	POL	M30-39	24	M 93	00:13:36	00:21:26	00:29:15	00:36:50	00:44:26	00:51:51.80	5:11	11.6
111	BOGACKA LUCYNA	8	TKKF KOSZALIN	KOSZALIN	POL	K60+	2	K 18	00:14:34	00:21:49	00:29:13	00:36:45	00:44:29	00:52:00.55	5:12	11.5
112	SŁUPECKA ANETA	162		KOSZALIN	POL	K30-39	7	K 19	00:14:55	00:22:20	00:29:53	00:37:24	00:44:54	00:52:01.30	5:12	11.5
113	MIELCZAREK MACIEJ	118		KOSZALIN	POL	M50-59	13	M 94	00:14:15	00:21:33	00:29:01	00:36:39	00:44:28	00:52:06.10	5:12	11.5
114	ADAMOWICZ MACIEJ	1	SP MIELNO	KOSZALIN	POL	M30-39	25	M 95	00:13:53	00:21:18	00:29:03	00:36:51	00:44:50	00:52:17.10	5:13	11.5
115	ŚLIWIŃSKI RAFAŁ	175	AQUA-MED ALEKSANDRA ŚLIWIŃSKA	KIELCE	POL	M40-49	39	M 96	00:13:54	00:21:15	00:28:53	00:36:41	00:44:32	00:52:22.15	5:14	11.5
116	SZYSZKOWSKI TOMASZ	174	FOR-REST-RUN	KOSZALIN	POL	M30-39	26	M 97	00:14:28	00:22:04	00:29:41	00:37:25	00:45:12	00:52:34.15	5:15	11.4
117	BODO RAFAŁ	7	ZOKKOSZ KOSZALIN	KOSZALIN	POL	M30-39	27	M 98	00:14:15	00:21:33	00:29:10	00:36:54	00:44:48	00:52:34.80	5:15	11.4
118	CZESZEK IRENEUSZ	24	FUNDACJA ZASTOPIJ	SIANÓW	POL	M30-39	28	M 99	00:13:28	00:20:59	00:28:51	00:37:13	00:45:13	00:52:41.25	5:16	11.4
119	KAZIMIERCZAK LESZEK	65	1980.	NIEKŁONICE	POL	M40-49	40	M 100	00:14:24	00:21:45	00:29:12	00:37:05	00:45:05	00:52:49.50	5:17	11.4
120	ANGRYŚ MACIEJ	3	FUNDACJA ZASTOPIJ	SIANÓW	POL	M18-39	15	M 101	00:15:01	00:22:31	00:29:58	00:37:35	00:45:20	00:52:52.30	5:17	11.3
121	PANASZEWSKI PRZEMYSŁAW	129		KOSZALIN	POL	M30-39	29	M 102	00:14:44	00:22:15	00:29:54	00:37:30	00:45:25	00:52:57.55	5:17	11.3
122	KOZŁOWIECKI WALDEMAR	87	TKKF KOSZALIN	KOSZALIN	POL	M60-69	5	M 103	00:14:11	00:21:27	00:28:59	00:36:47	00:44:52	00:53:04.10	5:18	11.3
123	CZARNECKI RADEK	21		KOSZALIN	POL	M30-39	30	M 104	00:13:42	00:21:01	00:28:48	00:36:58	00:44:53	00:53:18.95	5:19	11.3
124	POLETAJEW WIKTORIA	141		KOSZALIN	POL	K30-39	8	K 20	00:15:21	00:22:49	00:30:27	00:38:10	00:45:20	00:53:19.60	5:19	11.3
125	PAWŁOWSKI GRZEGORZ	130	GAMMAX	MIELNO	POL	M40-49	41	M 105	00:13:41	00:20:59	00:28:47	00:36:49	00:45:08	00:53:23.50	5:20	11.2
126	MITUNIEWICZ ADRIAN	122		KOSZALIN	POL	M30-39	31	M 106	00:14:42	00:22:14	00:29:54	00:37:45	00:45:51	00:53:50.90	5:23	11.1
127	POŁOCHAŃSKI PIOTR	142	SZWAGRY BIEGAJĄ	KOSZALIN	POL	M30-39	32	M 107	00:15:08	00:22:44	00:30:46	00:38:43	00:46:49	00:54:14.40	5:25	11.1
128	HRYNIEWICZ RAFAŁ	50		SZCZECINEK	POL	M40-49	42	M 108	00:15:12	00:22:56	00:30:44	00:38:40	00:46:40	00:54:17.70	5:25	11
129	JUSZCZAK KRZYSZTOF	56		KOSZALIN	POL	M60-69	6	M 109	00:14:39	00:22:16	00:30:03	00:38:09	00:46:19	00:54:27.85	5:26	11
130	LISOWSKA MONIKA	104		STARE BIELICE	POL	K30-39	9	K 21	00:15:20	00:23:00	00:30:47	00:38:57	00:46:55	00:54:38.45	5:27	11
131	GRZELAK KARINA	43	ROZBIEGANY KOSZALIN	KOSZALIN	POL	K40-49	6	K 22	00:15:21	00:23:01	00:30:48	00:38:57	00:46:56	00:54:39.10	5:27	11
132	KONKEL JOANNA	73	MKS 'ŚWIEC' SŁAWNO	SŁAWNO	POL	K50-59	3	K 23	00:14:45	00:22:14	00:29:59	00:38:03	00:46:16	00:54:51.00	5:29	10.9
133	KULAWIŃSKI MAREK	94		KOŁOBRZEG	POL	M40-49	43	M 110	00:15:40	00:23:19	00:31:08	00:38:57	00:47:01	00:54:57.10	5:29	10.9
134	WALESIWICZ JULIA	184		KOSZALIN	POL	K18-29	4	K 24	00:15:19	00:23:09	00:31:15	00:39:26	00:47:39	00:55:11.65	5:31	10.9
135	RASZPLA ILONA	146	BIEGOLAS	KOSZALIN	POL	K40-49	7	K 25	00:15:05	00:22:53	00:30:49	00:39:02	00:47:26	00:55:17.10	5:31	10.9
136	GARNCAREK PAWEŁ	39		ŚWIESZYNO	POL	M40-49	44	M 111	00:16:01	00:23:50	00:31:57	00:40:13	00:48:24	00:56:19.95	5:38	10.7
137	SZMYT MARCIN	170	SZWAGRY BIEGAJĄ	KOSZALIN	POL	M30-39	33	M 112	00:14:52	00:22:38	00:30:47	00:39:12	00:48:01	00:56:37.50	5:39	10.6
138	KURŁOWICZ KRZYSZTOF	95	OKS WWW.SZKOLNICTWO.PL	KOSZALIN	POL	M40-49	45	M 113	00:15:46	00:23:06	00:31:36	00:40:02	00:49:04	00:57:01.05	5:42	10.5
139	DIDŁUCH JACEK	31		POBŁOCIE WIELKIE	POL	M40-49	46	M 114	00:15:26	00:23:04	00:30:57	00:39:33	00:48:17	00:57:05.60	5:42	10.5
140	DESKA ŁUKASZ	30	WCKMED ŁÓDŹ	KOSZALIN	POL	M18-39	16	M 115	00:15:08	00:23:08	00:31:29	00:40:18	00:49:13	00:57:25.70	5:44	10.4
141	PRZYBYLSKI CZESŁAW	144	HERMES ŚWIDNICA	PSZENNO	POL	M70+	2	M 116	00:15:52	00:24:00	00:32:18	00:40:50	00:49:27	00:57:48.95	5:46	10.4
142	PIETRZYK RAFAŁ	139		KALISZ POMORSKI	POL	M30-39	34	M 117	00:15:45	00:23:53	00:32:23	00:40:50	00:49:25	00:58:16.80	5:49	10.3
143	SZCZYPEK ARKADIUSZ	169	FUNDACJA ZASTOPIJ	SIANÓW	POL	M30-39	35	M 118	00:14:54	00:22:20	00:30:52	00:39:51	00:49:42	00:58:17.80	5:49	10.3
144	KAPCIO MICHAŁ	60	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-39	17	M 119	00:14:44	00:24:11	00:32:21	00:41:58	00:50:19	00:58:28.10	5:50	10.3
145	ZAWISKA BARTŁOMIEJ	204		KLESZCZE	POL	M18-39	18	M 120	00:15:47	00:23:53	00:32:34	00:41:29	00:50:29	00:58:56.20	5:53	10.2
146	SAWICKA-WERS URSZULA	156		KOŁOBRZEG DRZONOWO	POL	K30-39	10	K 26	00:16:05	00:24:52	00:33:49	00:42:58	00:52:05	01:00:29.55	6:02	9.9
147	MARCZAK MAŁGORZATA	110	NIGHTRUNNERS SŁUPSK	ŻELKOWO	POL	K60+	3	K 27	00:15:08	00:23:16	00:32:16	00:41:38	00:51:22	01:00:29.65	6:03	9.9
148	KRUPIŃSKI ADAM	89	FUNDACJA ZASTOPIJ	SIANÓW	POL	M30-39	36	M 121	00:14:42	00:22:33	00:33:17	00:42:50	00:52:17	01:00:34.25	6:03	9.9
149	DUCHNOWSKA GRAŻYNA	34		BIAŁA PODLASKA	POL	K50-59	4	K 28	00:17:01	00:25:30	00:34:08	00:43:03	00:52:04	01:00:41.45	6:04	9.9
150	MARKOWSKI ANDRZEJ	111	TKKF KOSZALIN	KOSZALIN	POL	M60-69	7	M 122	00:16:53	00:25:46	00:34:40	00:43:47	00:52:45	01:01:03.30	6:06	9.8
151	ZAWISKA ANNA	205		KLESZCZE	POL	K18-29	5	K 29	00:16:00	00:24:12	00:32:55	00:42:38	00:51:55	01:01:04.75	6:06	9.8
152	KARNICKI ZYGMUNT	62	TKKF KOSZALIN	KOSZALIN	POL	M60-69	8	M 123	00:16:24	00:25:00	00:33:54	00:42:57	00:52:06	01:01:06.10	6:06	9.8
153	HELLER ZDZISŁAW	48	HERBMARATONOW.PL	KOSZALIN	POL	M60-69	9	M 124	00:17:23	00:26:08	00:35:08	00:44:09	00:53:23	01:02:23.45	6:14	9.6
154	STRZAŁKOWSKI PATRYK	166	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	M18-39	19	M 125	00:16:44	00:25:38	00:34:43	00:44:32	00:53:27	01:02:50.45	6:17	9.5
155	SWAT KAROLINA	168	KAMIEŃ RYMAŃSKI	KAMIEŃ RYMAŃSKI	POL	K18-29	6	K 30	00:15:48	00:25:00	00:34:34	00:44:33	00:53:28	01:02:51.65	6:17	9.5

XVIII MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	2.9km	4.32km	5.74km	7.16km	8.58km	Netto	min/km	km/h
156	SARBIEWSKI PRZEMYSŁAW	155	102 BATALION OCHRONY	SZCZECIN	POL	M40-49	47	M 126	00:19:17	00:29:39	00:37:48	00:46:16	00:54:46	01:03:10.15	6:19	9.5
157	DOGODA KATARZYNA	32		KOSZALIN	POL	K18-29	7	K 31	00:17:42	00:26:41	00:35:49	00:45:48	00:55:51	01:04:46.85	6:28	9.3
158	KOZŁOWIECKA MAŁGORZATA	86		KOSZALIN	POL	K60+	4	K 32	00:18:19	00:28:09	00:38:09	00:48:28	00:58:29	01:08:48.20	6:52	8.7
159	DUCHNOWSKI DARIUSZ	35	BIAŁA PODLASKA	BIAŁA PODLASKA	POL	M40-49	48	M 127	00:18:53	00:29:03	00:39:18	00:49:14	00:59:26	01:09:20.15	6:56	8.7
160	HARASYM DANIEL	47	FUNDACJA ZASTOPIJ	SIANÓW	POL	M40-49	49	M 128	00:17:41	00:27:30	00:37:59	00:49:06	01:00:06	01:11:12.55	7:07	8.4
161	SARBIEWSKA GABRIELA	154		MRZEŻYNO	POL	K40-49	8	K 33	00:19:17	00:29:51	00:40:38	00:52:01	01:03:04	01:13:28.15	7:20	8.2
162	CZAPLIŃSKI PIOTR	20	FUNDACJA ZASTOPIJ	SIANÓW	POL	M18-39	20	M 129	00:15:01	00:22:28	00:30:54	00:39:37	00:49:21	01:21:47.85	8:10	7.3
	ZAREMBA TOMASZ	201		KOSZALIN	POL	M30-39			00:14:33	00:22:45	00:31:32	00:40:12	DNF	DNF	-	-
									DNF	DNF	DNF	DNF				
	KLONOWSKI ARTUR	69		KOSZALIN	POL	M40-49			00:15:46	00:23:33	00:33:58	DNF	DNF	DNF	-	-
									DNF	DNF	DNF					
	MITUNIEWICZ RENATA	121		KOSZALIN	POL	K50-59			00:17:18	00:26:26	00:35:58	DNF	DNF	DNF	-	-
									DNF	DNF	DNF					
	WALO ZBIGNIEW	185		KOSZALIN	POL	M60-69			00:20:50	00:31:56	00:43:10	DNF	DNF	DNF	-	-
									DNF	DNF	DNF					
	CZAPLIŃSKI JACEK	19		KOSZALIN	POL	M30-39			00:11:14	00:16:55	DNF	DNF	DNF	DNF	-	-
									DNF	DNF						
	KLENIEWSKI PIOTR	68	ZACHODNIOPOMORSKIE	KOSZALIN	POL	M60-69			00:13:32	00:20:52	DNF	DNF	DNF	DNF	-	-
									DNF	DNF						
	SLUPCZEWSKI KRZYSZTOF	161	SDROG KOSZALIN	SIANÓW	POL	M40-49			00:11:20	DNF	DNF	DNF	DNF	DNF	-	-
									DNF							
	ADRYAN ADAM	2	WATAHA ŁĄCZY NAS BIEGANIE	WIELICHOWO	POL	M40-49			00:14:46	DNF	DNF	DNF	DNF	DNF	-	-
									DNF							
	ORZADA ANNA	128	STOPA SŁUPSK	SŁUPSK	POL	K40-49			00:14:49	DNF	DNF	DNF	DNF	DNF	-	-
									DNF							
	MIERZEJEWSKA KAROLINA	119		KOSZALIN	POL	K30-39			00:18:07	DNF	DNF	DNF	DNF	DNF	-	-
									DNF							
	SOBOLEWSKI JAN	163		ŚWIESZYNO	POL	M18-39			DNF	DNF	DNF	DNF	DNF	DNF	-	-
	WALEŃSKI MICHAŁ	183	TKKF KOSZALIN	SIANÓW	POL	M40-49			DNF	DNF	DNF	DNF	DNF	DNF	-	-