

PÓŁMARATON Z GÓRKĄ

Organizator: FUNDACJA PROFIT MARATON
Data: 2021-09-04
Miejsce: Sobieszów
Dystans: 29 km
Klasyfikacja wg czasów netto.



PÓŁMARATON Z GÓRKĄ, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
1	BRYDL PAVEL	1082	MUAY RUNNING TEAM	TRUTNOV	POL	M40	1	M 1	00:29:17	00:50:16	02:04:23	02:40:05.40	5:31	10.9
2	PAZDAN PIOTR	1070	140MINUT.PL	KOWARY	POL	M30	1	M 2	00:29:16	00:50:15	02:04:46	02:43:31.05	5:38	10.6
3	SZKOŁA WOJCIECH	1003	NATURAL BORN RUNNERS	POZNAŃ	POL	M30	2	M 3	00:30:25	00:52:35	02:12:10	02:54:02.15	6:00	10
4	PYZIK KRZYSZTOF	738	VEGESLONIKN TEAM / FIZJOBIEGACZE SZCZECIN	SZCZECIN	POL	M30	3	M 4	00:30:31	00:52:36	02:13:03	02:55:45.25	6:03	9.9
5	DZIENISZEWSKI MICHAŁ	1085	DYNAFIT / SKALNIK.PL	WROCŁAW	POL	M30	4	M 5	00:33:47	00:57:27	02:15:21	02:58:49.65	6:09	9.7
6	SKRAJNY ŁUKASZ	771	JASIEK&ZOŚKA	WROCŁAW	POL	M40	2	M 6	00:30:37	00:52:39	02:18:23	03:02:25.20	6:17	9.5
7	KUŚNIERCZAK WIESŁAW	965		SUCHY LAS	POL	M40	3	M 7	00:32:39	00:55:37	02:18:44	03:02:46.40	6:18	9.5
8	GRABOWY PAWEŁ	832		ŚWIEBODZIN	POL	M18	1	M 8	00:32:21	00:55:27	02:20:07	03:05:32.75	6:23	9.4
9	DYBIŻBAŃSKI WOJCIECH	963		POLICE	POL	M30	5	M 9	00:33:46	00:57:50	02:23:12	03:09:35.20	6:32	9.2
10	TOMASIAK ADAM	1022		JELCZ LASKOWICE	POL	M18	2	M 10	00:31:17	00:54:17	02:20:19	03:10:32.15	6:34	9.1
11	KOLENDA KRZYSZTOF	870	220V/KALMAR RUNNERS	SZCZECIN	POL	M40	4	M 11	00:31:09	00:54:12	02:21:42	03:13:51.10	6:41	9
12	NOWORYTA RADOŚLAW	735	ULTRA DIABŁY TEAM LUBRZA/WIERZBICKI RUNNING PROJECT	LUBRZA	POL	M40	5	M 12	00:31:45	00:55:02	02:26:49	03:14:51.80	6:43	8.9
13	BARTKOWIAK MICHAŁ	914	CITYTRAIL TEAM	POZNAŃ	POL	M30	6	M 13	00:34:24	01:00:50	02:31:00	03:15:33.30	6:44	8.9
14	DU CZMAL DOMINIKA	843	TEAM MOUNTAIN FUEL POLSKA/SOBAS TEAM	JELENIA GÓRA	POL	K18	1	K 1	00:31:55	00:55:20	02:25:30	03:16:03.80	6:45	8.9
15	ŁUCZYŃSKI MACIEJ	962		KŁODAWA	POL	M40	6	M 14	00:36:13	01:01:55	02:30:00	03:17:29.50	6:48	8.8
16	OLCZYK GRZEGORZ	1002	DRÄXLMAIER	JELENIA GÓRA	POL	M30	7	M 15	00:34:38	00:57:49	02:26:47	03:18:35.60	6:50	8.8
17	KOTLAREK DAWID	759	VEGE RUNNERS / #SOBASTEAM	ZIELONA GÓRA	POL	M40	7	M 16	00:30:40	00:52:38	02:25:10	03:18:59.50	6:51	8.7
18	BIELA KONRAD	997	GOPR KARKONOSZE	KOWARY	POL	M30	8	M 17	00:33:45	00:58:11	02:31:28	03:20:11.85	6:54	8.7
19	SZELEŻYŃSKI KAMIL	850		RUMIA	POL	M18	3	M 18	00:37:46	01:04:16	02:33:54	03:20:54.90	6:55	8.7
20	BOSAKIEWICZ TOMASZ	1058	OLAWS	ZŁOTORYJA	POL	M30	9	M 19	00:35:35	01:01:06	02:35:24	03:22:14.90	6:58	8.6
21	KUBIAK JAGODA	1047		WEJHEROWO	POL	K30	1	K 2	00:35:27	01:01:05	02:36:50	03:22:45.45	6:59	8.6
22	GOLONKA PAWEŁ	781	KB WIKON NOWA SÓL	NOWA SÓL	POL	M30	10	M 20	00:34:42	00:59:10	02:35:30	03:23:58.35	7:02	8.5
23	JAKUBCZAK KONRAD	837		WARSZAWA	POL	M40	8	M 21	00:35:32	01:00:48	02:36:26	03:24:24.30	7:02	8.5
24	MÓLL MATEUSZ	935	#SOBASTEAM	WROCŁAW	POL	M30	11	M 22	00:31:56	00:55:33	02:28:25	03:25:23.00	7:04	8.5
25	BIERNACKA KATARZYNA	938	SBRT WROCŁAW	SYCÓW	POL	K30	2	K 3	00:33:31	00:57:39	02:34:08	03:25:48.95	7:05	8.5
26	NOWIK KAMIL	737	ULTRA DIABŁY TEAM LUBRZA	ŚWIEBODZIN	POL	M40	9	M 23	00:35:36	01:01:21	02:35:35	03:26:13.55	7:06	8.4
27	ŚWIERK PRZEMYSŁAW	801	ULTRA DIABŁY TEAM	ŚWIEBODZIN	POL	M40	10	M 24	00:33:48	00:58:15	02:35:36	03:26:13.85	7:06	8.4
28	SZARAPANOWSKI DAMIAN	758	ULTRA DIABŁY TEAM LUBRZA	NOWA WIOSKA	POL	M40	11	M 25	00:34:04	00:58:48	02:35:37	03:26:14.70	7:06	8.4
29	STELMACH SZYMON	1028	DRÄXLMAIER	JELENIA GÓRA	POL	M18	4	M 26	00:36:16	01:02:34	02:35:38	03:27:28.45	7:09	8.4
30	DAUKSZO MACIEJ	761	SBRT WARSZAWA	WARSZAWA	POL	M18	5	M 27	00:36:00	01:02:38	02:42:00	03:27:48.15	7:09	8.4
31	WOJNAROWICZ PAWEŁ	923		WILKSZYN	POL	M30	12	M 28	00:36:24	01:02:12	02:38:09	03:29:41.55	7:13	8.3
32	PIOTROWICZ KAMILA	775		JELENIA GÓRA	POL	K18	2	K 4	00:37:00	01:03:39	02:40:38	03:30:22.20	7:15	8.3
33	MRUK PAWEŁ	1038	140MINUT.PL	WYSOWA-ZDRÓJ	POL	M30	13	M 29	00:36:53	01:02:36	02:42:01	03:30:44.50	7:16	8.3
34	KORONA-SIERADZKA BOGUSŁAWA	882		WARSZAWA	POL	K30	3	K 5	00:36:20	01:02:41	02:40:55	03:30:54.70	7:16	8.3
35	GRACZ PAWEŁ	714		ZBĄSZYNEK	POL	M30	14	M 30	00:33:34	00:57:28	02:29:36	03:31:46.45	7:18	8.2
36	MICHALSKI KRZYSZTOF	863		OSTRÓW WIELKOPOLSKI	POL	M30	15	M 31	00:36:12	01:01:15	02:41:03	03:32:19.35	7:19	8.2
37	FERET HUBERT	778		DERBH	GBR	M30	16	M 32	00:37:05	01:03:47	02:40:54	03:33:11.20	7:21	8.2
38	RAJKOWSKI PRZEMYSŁAW	1057	FUDU&CO SPORT TEAM	PIOTRKÓW TRYBUNAKLSKI	POL	M50	1	M 33	00:35:11	01:01:06	02:40:51	03:33:37.05	7:21	8.1
39	HENDEL MIRELA	1064	IZBICKO W BIEGU	KROŚNICA	POL	K18	3	K 6	00:36:06	01:01:43	02:42:12	03:34:05.15	7:22	8.1
40	SCHRODER PATRYK	1026	ULTRAFUN	ZIELONA GÓRA	POL	M40	12	M 34	00:35:50	01:01:16	02:41:14	03:35:33.00	7:25	8.1
41	WALIGÓRA MATEUSZ	763		WROCŁAW	POL	M30	17	M 35	00:33:38	00:58:20	02:40:14	03:36:15.80	7:27	8
42	CZERWIŃSKI DOMINIK	1077	ALVO RACING TEAM	KOMORNIKI	POL	M40	13	M 36	00:36:30	01:02:04	02:43:32	03:36:19.85	7:27	8
43	MACHOWIAK MACIEJ	1006		LESZNO	POL	M30	18	M 37	00:35:44	01:00:55	02:40:46	03:36:43.30	7:28	8

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44	KACZMAREK MACIEJ	979			POL	M30	19	M 38	00:37:54	01:04:05	02:42:53	03:36:45.05	7:28	8
45	OKOŁOTOWICZ MICHAŁ	952	NOA	WROCLAW	POL	M30	20	M 39	00:39:01	01:05:00	02:42:49	03:37:17.80	7:29	8
46	GRZEMSKI MARCIN	943	WRONIECKI KLUB BIEGACZA	WRONKI	POL	M30	21	M 40	00:33:35	00:58:15	02:40:35	03:37:59.20	7:31	8
47	MORAŃSKI PAWEŁ	1092		BOLESŁAWIEC	POL	M30	22	M 41	00:39:55	01:08:42	02:47:44	03:38:15.55	7:31	8
48	BUDYNEK TADEUSZ	1076	ALVO RACING TEAM	DABROWA	POL	M30	23	M 42	00:38:35	01:03:55	02:45:52	03:38:22.20	7:31	8
49	MROWCA PAWEŁ	780		LUBAŃ	POL	M30	24	M 43	00:37:46	01:03:17	02:43:55	03:38:45.90	7:32	8
50	BOROWSKA KAROLINA	811	KGHM ZG RUN	LUBIN	POL	K30	4	K 7	00:36:59	01:03:39	02:45:08	03:39:23.30	7:33	7.9
51	BOĆKO EWA	931		TRZEBNICA	POL	K40	1	K 8	00:37:01	01:03:16	02:47:43	03:39:34.55	7:34	7.9
52	KUŁAKOWSKA MAŁGORZATA	748	ŚWIDNICKA GRUPA BIEGOWA	ŚWIDNICA	POL	K30	5	K 9	00:37:22	01:03:07	02:47:50	03:40:10.00	7:35	7.9
53	KUCHARSKI TOMASZ	1078	ALVO RACING TEAM	ŚMIGIEL	POL	M40	14	M 44	00:35:02	01:00:43	02:44:33	03:40:47.90	7:36	7.9
54	WILK MACIEJ	1015		WROCLAW	POL	M30	25	M 45	00:36:52	01:03:43	02:44:58	03:41:52.75	7:39	7.8
55	TRZCIONKOWSKI MARIUSZ	995	OSV TEAM OLKUSZ	OLKUSZ	POL	M40	15	M 46	00:35:16	01:02:10	02:45:43	03:42:06.00	7:39	7.8
56	WILCZEWSKI PIOTR	1010	GORZOWSKIE BIEGANIE CZWARTKWOE	GORZÓW WLKP	POL	M30	26	M 47	00:39:42	01:06:33	02:49:08	03:42:42.05	7:40	7.8
57	LORENC JOANNA	1048	ENDORFINY WĄSOSZ	WĄSOSZ	POL	K30	6	K 10	00:36:45	01:02:44	02:52:24	03:43:45.60	7:42	7.8
58	GDULA JAKUB	734	JEM KLOPSA	POZNAŃ	POL	M18	6	M 48	00:39:56	01:09:07	02:50:34	03:43:52.60	7:43	7.8
59	WINTER PIOTR	890	NIGHT RUNNERS	POZNAŃ	POL	M30	27	M 49	00:37:48	01:03:58	02:44:04	03:44:04.95	7:43	7.8
60	BŁAŻEJCZYK ZBIGNIEW	1009			POL	M40	16	M 50	00:36:41	01:02:22	02:46:12	03:46:17.90	7:48	7.7
61	SAWICKI BARTOSZ	757	DZIKIE DZIKI GORZÓW	GORZÓW WIELKOPOLSKI	POL	M30	28	M 51	00:38:40	01:04:06	02:55:43	03:46:47.25	7:49	7.7
62	PALCZYŃSKI KRZYSZTOF	725		BOLESŁAWIEC	POL	M30	29	M 52	00:37:15	01:03:50	02:49:54	03:47:06.85	7:49	7.7
63	WŁODARCZYK KRZYSZTOF	1035	3TEAM MPEC KONIN	KONIN	POL	M40	17	M 53	00:39:05	01:05:52	02:50:57	03:48:13.20	7:52	7.6
64	STRÓŻEK JAN	971		KOPANIEC	POL	M40	18	M 54	00:38:58	01:07:26	02:49:20	03:49:32.80	7:54	7.6
65	ZDEBSKA MAGDALENA	1072		JANOWICE WIELKIE	POL	K30	7	K 11	00:36:18	01:03:31	02:52:57	03:50:00.80	7:55	7.6
66	PAWLAK MACIEJ	1039	3TEAMKONIN/MPEC-KONIN	KONIN	POL	M40	19	M 55	00:39:04	01:05:49	02:50:56	03:50:01.60	7:55	7.6
67	KAŁUŻNY WOJCIECH	880	BIEGOWA ŚWIDNICA	ŚWIDNICA	GBR	M40	20	M 56	00:36:02	01:01:40	02:43:47	03:50:43.65	7:57	7.5
68	MATUSZ ADAM	877		JELENIA GÓRA	POL	M40	21	M 57	00:37:43	01:04:57	02:51:06	03:50:55.65	7:57	7.5
69	SADOWSKI MICHAŁ	796		ŚWIEBODZIN	POL	M30	30	M 58	00:34:38	00:57:51	02:49:49	03:53:11.80	8:02	7.5
70	SZKUDLARSKI TOMASZ	998	3M RUNNING TEAM	WROCLAW	POL	M40	22	M 59	00:38:47	01:05:33	02:57:13	03:53:33.65	8:03	7.5
71	SZELIGA JACEK	887	SZELIGA TEAM	WROCLAW	POL	M40	23	M 60	00:40:52	01:07:54	02:54:10	03:53:34.95	8:03	7.4
72	PODSKARBI DAWID	1084	GOD IS GOOD	TOMASZÓW MAZOWIECKI	POL	M40	24	M 61	00:36:11	01:03:15	02:53:02	03:54:30.85	8:05	7.4
73	MOCZULSKI KAMIL	937	MOCNA GRUPA CEZARA/SBRT WROCLAW	WROCLAW	POL	M30	31	M 62	00:39:27	01:09:37	03:00:01	03:54:50.25	8:05	7.4
74	WOJCIESZEK ANDRZEJ	800	GEMINI POLSKA TEAM	SOPOT	POL	M40	25	M 63	00:35:23	01:02:09	02:50:35	03:55:31.35	8:07	7.4
75	WRÓBLEWSKI WOJCIECH	717		WROCLAW	POL	M30	32	M 64	00:36:38	01:03:39	02:56:02	03:55:37.85	8:07	7.4
76	STASZEWSKI PIOTR	1011		GORZÓW WLKP	POL	M30	33	M 65	00:40:46	01:07:36	02:56:34	03:56:15.85	8:08	7.4
77	KLIMCZAK PAWEŁ	823		WARSZAWA	POL	M50	2	M 66	00:39:40	01:06:56	03:01:07	03:56:17.25	8:08	7.4
78	BURA KRYSZTOF	784	BIEGAJ LESZNO	LESZNO	POL	M30	34	M 67	00:36:35	01:02:24	02:59:28	03:56:41.95	8:09	7.4
79	PIETRUSA MARIUSZ	986	CYKLOFAN	KĘPA	POL	M30	35	M 68	00:39:43	01:07:49	02:58:50	03:57:03.60	8:10	7.3
80	BOROWSKI RADOSŁAW	839	MLKS KRAJNA	BYDGOSZCZ	POL	M30	36	M 69	00:41:18	01:09:38	02:59:43	03:57:31.80	8:11	7.3
81	OLESIAK ROMAN	996		KROSNO ODRZAŃSKIE	POL	M40	26	M 70	00:40:53	01:09:54	03:00:08	03:57:59.90	8:12	7.3
82	LIPPA WOJCIECH	985	CYKLOFAN	OPOLE	POL	M40	27	M 71	00:39:26	01:07:11	02:56:02	03:58:29.85	8:13	7.3
83	TOMASIEWICZ BRUNON	959		WROCLAW	POL	M30	37	M 72	00:41:47	01:11:24	02:58:21	03:58:56.10	8:14	7.3
84	KRAJEWSKI MARCIN	1079	NOA	WROCLAW	POL	M30	38	M 73	00:40:52	01:09:03	03:01:24	03:58:58.35	8:14	7.3
85	GANDYRA RAFAŁ	1044		STARE SIOŁKOWICE	POL	M30	39	M 74	00:38:42	01:07:21	02:59:42	03:59:54.50	8:16	7.3
86	WRÓBEL MARCIN	903		ZBĄSZYŃ	POL	M30	40	M 75	00:39:55	01:05:46	02:58:57	04:00:15.05	8:17	7.2
87	SZCZECIŃSKI PIOTR	904		ZBĄSZYŃ	POL	M40	28	M 76	00:39:55	01:05:47	02:58:57	04:00:15.40	8:17	7.2
88	JAGODZIŃSKI PAWEŁ	1036	VILMED 3TEAM KONIN	KONIN	POL	M40	29	M 77	00:39:05	01:05:52	02:57:51	04:00:34.95	8:17	7.2
89	HALESZCZUK TOMASZ	1074	PRO-RUN WROCLAW	WROCLAW	POL	M40	30	M 78	00:40:38	01:08:41	03:02:45	04:00:38.10	8:17	7.2
90	ADAMSKA ZOFIA	745		ZŁOTNIKI	POL	K30	8	K 12	00:38:00	01:07:29	03:04:15	04:01:18.60	8:19	7.2
91	SENFLEBEN MAREK	1018		LESZNO	POL	M30	41	M 79	00:38:54	01:05:38	03:00:40	04:01:28.95	8:19	7.2
92	STRZELECKI ROBERT	803		WARSZAWA	POL	M30	42	M 80	00:40:24	01:09:39	03:05:58	04:03:14.85	8:23	7.2
93	PELCZAR JOANNA	849		KROSNO	POL	K18	4	K 13	00:40:10	01:09:50	03:08:08	04:03:32.75	8:23	7.1
94	WABERSKI PRZEMYSŁAW	872		POZNAŃ	POL	M30	43	M 81	00:43:29	01:14:51	03:08:29	04:04:12.80	8:25	7.1
95	OLEJNIK AGNIESZKA	1051	ENDORFINY WĄSOSZ	WĄSOSZ	POL	K30	9	K 14	00:38:32	01:06:07	03:05:29	04:04:20.40	8:25	7.1
96	GRYKIEL TOMASZ	840	KS JULIAN	POZNAŃ	POL	M40	31	M 82	00:46:48	01:14:55	03:09:32	04:05:47.30	8:28	7.1
97	INGLOT PAWEŁ	1087		WOŁÓW	POL	M30	44	M 83	00:37:45	01:05:30	03:02:44	04:06:27.60	8:29	7.1
98	PANKAŁA RAFAŁ	993		WROCLAW	POL	M40	32	M 84	00:46:32	01:17:00	03:12:43	04:06:39.15	8:30	7.1
99	GĄTKIEWICZ PAWEŁ	932	ESKADRA KRAKÓW	KRAKÓW	POL	M40	33	M 85	00:40:01	01:08:45	03:05:09	04:07:02.40	8:31	7

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100	JAZ ERNEST	1040	ENDORFINY WAŚOSZ	WAŚOSZ	POL	M30	45	M 86	00:37:13	01:04:28	03:05:25	04:07:03.30	8:31	7
101	BERESIŃSKA DOROTA	881		SIEDLEĆCIN	POL	K18	5	K 15	00:43:56	01:14:35	03:09:42	04:07:03.60	8:31	7
102	STEFANIAK MARCIN	1023		PIASECZNO	POL	M40	34	M 87	00:40:47	01:07:37	03:07:47	04:08:58.95	8:35	7
103	STASIAK ŁUKASZ	797		LUBIN	POL	M30	46	M 88	00:43:55	01:15:18	03:09:13	04:09:25.30	8:36	7
104	WYPYCH DOROTA	767		KOSTRZYCA	POL	K30	10	K 16	00:37:18	01:06:40	03:13:49	04:09:28.85	8:36	7
105	MORAWSKI WOJCIECH	933		WROCŁAW	POL	M30	47	M 89	00:45:55	01:17:57	03:09:38	04:09:46.55	8:36	7
106	BASIŃSKI TOMASZ	944	ORION TEAM	POZNAŃ	POL	M30	48	M 90	00:40:53	01:09:16	03:06:53	04:10:03.05	8:37	7
107	SIKORSKA ALEKSANDRA	1089			POL	K30	11	K 17	00:37:12	01:04:14	02:59:51	04:10:13.30	8:37	7
108	KORZENIOWSKI OSKAR	957		WIEN	AUT	M18	7	M 91	00:44:19	01:14:30	03:13:25	04:10:28.20	8:38	6.9
109	KOZŁOWSKI TOMASZ	1056	LESZNO LIMITS RUNNERS	LESZNO	POL	M50	3	M 92	00:43:40	01:15:14	03:14:51	04:10:38.55	8:38	6.9
110	FARION MARZENA	860		STRZEGOM	POL	K40	2	K 18	00:42:31	01:12:18	03:09:41	04:11:07.10	8:39	6.9
111	MAĆKOWSKI MATEUSZ	810	NATURAL BORN COFFEE LOVERS	POZNAŃ	POL	M40	35	M 93	00:42:18	01:10:36	03:07:19	04:11:53.85	8:41	6.9
112	STANKIEWICZ PAWEŁ	990		WROCŁAW	POL	M30	49	M 94	00:46:32	01:17:17	03:14:36	04:12:18.90	8:42	6.9
113	JAROMIRSKA-LEWIŃSKA MAJA	968	RUNEDA	REDA	POL	K40	3	K 19	00:41:58	01:10:43	03:13:35	04:13:06.05	8:43	6.9
114	KUBIAK ANDRZEJ	1037		RUMIA	POL	M60	1	M 95	00:42:31	01:13:58	03:13:32	04:13:31.30	8:44	6.9
115	SZCZĘSNY PAWEŁ	820		ŚWIEBODZIN	POL	M18	8	M 96	00:39:45	01:08:58	03:09:57	04:13:37.40	8:44	6.9
116	CHOCIAJ DANIEL	1050	ENDORFINY WAŚOSZ	WAŚOSZ	POL	M40	36	M 97	00:40:59	01:09:12	03:08:27	04:14:07.00	8:45	6.8
117	STARCZEWSKA IZABELA	709	ULTRA DIABLY TEAM LUBRZA	SWIEBODZIN	POL	K50	1	K 20	00:42:10	01:12:36	03:14:22	04:14:10.85	8:45	6.8
118	BARYSKI MACIEJ	1008		WROCŁAW	POL	M30	50	M 98	00:40:08	01:08:58	03:10:48	04:14:18.65	8:46	6.8
119	ROKSELA PAWEŁ	764		WROCŁAW	POL	M30	51	M 99	00:44:06	01:14:45	03:17:15	04:15:00.55	8:47	6.8
120	CHOJNICKA MAGDALENA	1059		POZNAŃ	POL	K30	12	K 21	00:43:02	01:12:38	03:11:57	04:15:04.65	8:47	6.8
121	ABULEWICZ WOJCIECH	874	TRENING STUDIO 17	WROCŁAW	POL	M50	4	M 100	00:42:14	01:12:56	03:11:33	04:15:17.50	8:48	6.8
122	BARTMAŃSKA MIROŚLAWA	788	CRAZY KILI	BIELANY WROCŁAWSKIE	POL	K40	4	K 22	00:42:09	01:11:09	03:16:18	04:15:19.70	8:48	6.8
123	GIMZICKA EWA	827	WANDA	POZNAŃ	POL	K40	5	K 23	00:42:49	01:12:45	03:15:33	04:16:31.20	8:50	6.8
124	PISKORSKI ŁUKASZ	973		POZNAŃ	POL	M30	52	M 101	00:41:18	01:10:21	03:13:33	04:16:38.90	8:50	6.8
125	PŁOK KRZYSZTOF	920		POLKOWICE	POL	M50	5	M 102	00:39:43	01:08:22	03:13:53	04:16:50.05	8:51	6.8
126	KRZYŻANOWSKA-KORZENIOWSKA ANNA MARIA	958		WIEN	AUT	K30	13	K 24	00:44:19	01:14:30	03:13:25	04:17:03.25	8:51	6.8
127	KRYSIEWICZ MARCIN	1063		WARSZAWA	POL	M40	37	M 103	00:42:56	01:13:30	03:13:48	04:19:59.10	8:57	6.7
128	KAZUBOWSKA OLA	992		GORZÓW WLKP.	POL	K40	6	K 25	00:48:23	01:20:53	03:23:44	04:20:31.10	8:59	6.7
129	CZAJKOWSKA SYLWIA	941	ŻÓŁTKRÓLEWCY	BYDGOSZCZ	POL	K40	7	K 26	00:36:58	01:03:35	03:02:56	04:20:31.45	8:59	6.7
130	PAWLIKOWSKA MONIKA	930		WROCŁAW	POL	K30	14	K 27	00:45:04	01:16:50	03:22:39	04:20:58.35	8:59	6.7
131	ANTOLIK ANETA	732	POWER TRAINING	WARSZAWA	POL	K18	6	K 28	00:43:58	01:14:41	03:16:28	04:21:12.55	9:00	6.7
132	ANTOLIK ARKADIUSZ	736		WARSZAWA	POL	M18	9	M 104	00:43:59	01:14:35	03:16:27	04:21:13.00	9:00	6.7
133	BANACH TOMASZ	756		SZCZECIN	POL	M60	2	M 105	00:36:37	01:05:02	03:12:49	04:21:44.60	9:01	6.6
134	ZYWERT MATEUSZ	798		ROKITNICA	POL	M30	53	M 106	00:41:43	01:09:54	03:15:25	04:22:04.60	9:02	6.6
135	STAŃCZYK KRZYSZTOF	909	SWARZĘDZ	SWARZĘDZ	POL	M40	38	M 107	00:39:39	01:09:22	03:13:23	04:23:20.80	9:04	6.6
136	MARCINKOWSKI JACEK	813	SSK ORZEŁ ŚWIESZYNO	ŚWIESZYNO	POL	M40	39	M 108	00:38:14	01:05:58	03:08:38	04:24:05.55	9:06	6.6
137	NYKIEL RAFAŁ	966	ULTRA DIABLY TEAM LUBRZA	NOWA WIOSKA	POL	M40	40	M 109	00:39:52	01:08:17	03:17:18	04:24:20.95	9:06	6.6
138	MADEJ ANNA	833	VEGE RUNNERS	KATOWICE	POL	K40	8	K 29	00:43:23	01:14:55	03:19:55	04:24:24.40	9:07	6.6
139	OSICA ŁUKASZ	730		ŚWIĘTOCHŁOWICE	POL	M30	54	M 110	00:43:22	01:14:56	03:19:55	04:24:28.85	9:07	6.6
140	ZDUŃCZYK PAULINA	978		ŁÓDŹ	POL	K30	15	K 30	00:41:59	01:14:06	03:25:38	04:24:33.55	9:07	6.6
141	CIĘŻKI KONRAD	977		ŁÓDŹ	POL	M30	55	M 111	00:41:59	01:14:07	03:25:38	04:24:34.20	9:07	6.6
142	LUBELCZYK GRZEGORZ	842	SPELEOCLUB WROCŁAW	MIĘKINIA	POL	M50	6	M 112	00:43:44	01:13:54	03:13:02	04:24:36.95	9:07	6.6
143	GODŁOŃ JEŻY	1099		WROCŁAW	POL	M30	56	M 113	00:43:46	01:17:13	03:21:26	04:25:06.20	9:08	6.6
144	GRABOWA PAULINA	831		ŚWIEBODZIN	POL	K18	7	K 31	00:41:29	01:10:54	03:22:15	04:25:09.80	9:08	6.6
145	RUPINSKI JACEK	817		DOBRYKOWICE	POL	M40	41	M 114	00:44:24	01:14:26	03:14:32	04:25:38.65	9:09	6.6
146	KLIŃSKI WOJCIECH	1001	TRAFICA	ŚWIEBODZIN	POL	M40	42	M 115	00:38:52	01:08:08	03:21:49	04:25:39.95	9:09	6.5
147	KUCZYŃSKA ANETTA	1083	STAJNIA CROSSFIT	POZNAŃ	POL	K40	9	K 32	00:43:29	01:14:21	03:22:47	04:25:44.10	9:09	6.5
148	ROMANIUK BARTOSZ	729		WROCŁAW	POL	M30	57	M 116	00:45:02	01:15:33	03:12:50	04:25:55.75	9:10	6.5
149	PRZYBYŁKA MATEUSZ LEONARD	838	MLKS KRAJNA SĘPÓLNO	JEŻÓW SUDECKI	POL	M30	58	M 117	00:41:21	01:10:43	03:19:03	04:26:41.60	9:11	6.5
150	ROKSELA WOJCIECH	765		OSTRÓW WIELKOPOLSKI	POL	M60	3	M 118	00:44:09	01:14:30	03:15:51	04:27:18.75	9:13	6.5
151	PAWZUN BARTEK	910		WROCŁAW	POL	M30	59	M 119	00:40:13	01:09:54	03:16:16	04:28:18.60	9:15	6.5
152	KACZMAREK DOROTA	845	RADZIKI	WROCŁAW	POL	K30	16	K 33	00:43:29	01:13:30	03:19:55	04:28:36.20	9:15	6.5
153	PLUTA TOMASZ	906		SZCZECIN	POL	M50	7	M 120	00:42:43	01:12:09	03:20:16	04:29:52.25	9:18	6.4
154	PRZYBOROWSKI BARTOSZ	873		ŻUROMIN	POL	M30	60	M 121	00:41:17	01:10:41	03:22:52	04:30:37.55	9:19	6.4
155	PATELSKA KATARZYNA	859		ŁOSINIEC	POL	K30	17	K 34	03:24:42			04:30:41.00	9:20	6.4

PÓŁMARATON Z GÓRKĄ, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
156	MUSIELAK MACIEJ	1053		LESZNO	POL	M40	43	M 122	00:43:40	01:15:24	03:27:01	04:32:54.50	9:24	6.4
157	LEŻAŃSKI MICHAŁ	896	ZWARTA GRUPA BOJOWA BIEGACZY	DOPIEWIEC	POL	M40	44	M 123	00:49:07	01:23:25	03:27:17	04:33:01.70	9:24	6.4
158	MYŚLICKA-PIWKO MARTA	791	MOCNA GRUPA CEZARA	SMOLEC	POL	K40	10	K 35	00:42:10	01:11:51	03:26:30	04:33:07.55	9:25	6.4
159	STOLIŃSKA MICHALINA	988	RUNEDA	REDA	POL	K18	8	K 36	00:47:24	01:19:35	03:32:08	04:34:17.40	9:27	6.3
160	WIEWIÓRKO MATEUSZ	1016		WROCŁAW	POL	M30	61	M 124	00:40:30	01:13:13	03:20:17	04:35:00.90	9:28	6.3
161	MUĆKA PAWEŁ	1088			POL	M40	45	M 125	00:46:14	01:17:04	03:31:00	04:35:04.40	9:29	6.3
162	KOWALSKA RENATA	864	KM TEAM	DĘBNO	POL	K30	18	K 37	00:46:14	01:17:04	03:31:00	04:35:05.05	9:29	6.3
163	SZUMSKI ZBIGNIEW	795		ŚWIEBODZIN	POL	M50	8	M 126	00:42:10	01:11:53	03:27:06	04:35:45.55	9:30	6.3
164	PALUSZKIEWICZ DOROTA	956	RUNEDA	REDA	POL	K30	19	K 38	00:47:23	01:19:33	03:32:06	04:35:45.75	9:30	6.3
165	SKOWRON MAREK	1025	DRÄXLMAIER	JELEŃ GÓRA	POL	M40	46	M 127	00:39:28	01:08:35	03:22:52	04:37:03.10	9:33	6.3
166	ROLIŃSKI RADOSŁAW	836		OLEŚNICA	POL	M40	47	M 128	00:44:19	01:15:53	03:29:13	04:37:14.80	9:33	6.3
167	RADOMY TOMASZ	1073		BOGUCIN	POL	M40	48	M 129	00:46:35	01:20:18	03:30:40	04:37:17.85	9:33	6.3
168	NOWAK TOMASZ	897		WROCŁAW	POL	M30	62	M 130	00:45:29	01:18:32	03:27:54	04:37:34.50	9:34	6.3
169	HALSKI WALDEMAR	894		SZCZECIN	POL	M50	9	M 131	00:42:28	01:13:10	03:21:37	04:37:51.10	9:34	6.3
170	BALIŃSKI WIKTOR	844		ŚWIDNICA	POL	M18	10	M 132	00:43:43	01:12:46	03:20:30	04:37:53.35	9:34	6.3
171	SOJKA PRZEMEK	853	ORANGE POLSKA	WROCŁAW	POL	M40	49	M 133	00:46:34	01:17:05	03:26:34	04:38:01.35	9:35	6.3
172	DANKOWSKA EWELINA	1046	ENDORFINY WAŚOSZ	WAŚOSZ	POL	K40	11	K 39	00:46:01	01:18:35	03:31:41	04:38:07.55	9:35	6.3
173	BRONIEWICZ DARIUSZ	1066	ENDORFINY WAŚOSZ	WAŚOSZ	POL	M40	50	M 134	00:44:12	01:15:38	03:29:39	04:38:08.30	9:35	6.3
174	LORENC PAWEŁ	1065	ENDORFINY WAŚOSZ	WAŚOSZ	POL	M30	63	M 135	00:44:13	01:15:33	03:26:14	04:38:12.60	9:35	6.3
175	TYLKA GOSIA	749		LEGNICA	POL	K30	20	K 40	00:46:05	01:18:27	03:31:05	04:38:43.90	9:36	6.2
176	KOMADA WOJCIECH	1043		ŚWIDNICA	POL	M40	51	M 136	00:45:42	01:19:07	03:30:39	04:38:48.05	9:36	6.2
177	MATYJA ANDRZEJ	858	RUNNER'S POWER	ŚREM	POL	M40	52	M 137	00:48:12	01:23:09	03:34:43	04:38:49.70	9:36	6.2
178	MATYJA WIOLETA	786	RUNNER'S POWER	ŚREM	POL	K40	12	K 41	00:48:13	01:23:08	03:34:43	04:38:50.15	9:36	6.2
179	MENDAK MAGDALENA	789		JELEŃ GÓRA	POL	K40	13	K 42	00:46:38	01:22:08	03:33:44	04:40:20.55	9:40	6.2
180	GIDASZEWSKA JOLANTA	772		LESZNO	POL	K40	14	K 43	00:45:46	01:18:17	03:36:37	04:41:32.95	9:42	6.2
181	MEYER MARCIN	746	LUCKY RUN CLUB	WARSZAWA	POL	M40	53	M 138	00:47:04	01:19:55	03:51:33	04:41:53.35	9:43	6.2
182	WOSIAK KAROLINA	782	NOA	WROCŁAW	POL	K30	21	K 44	00:47:27	01:20:56	03:34:28	04:42:04.80	9:43	6.2
183	KRÓP MATUESZ	879		JELEŃ GÓRA	POL	M30	64	M 139	00:48:29	01:22:53	03:34:48	04:42:12.25	9:43	6.2
184	CYBULSKI ROBERT	999		LEGIONOWO	POL	M40	54	M 140	00:42:13	01:13:12	03:26:51	04:42:46.30	9:45	6.2
185	KARBOWSKI ŁUKASZ	731		ZIELONA GÓRA	POL	M30	65	M 141	00:40:44	01:10:27	03:29:57	04:43:03.85	9:45	6.1
186	KARCZEWSKA IZABELA	1055		GDAŃSK	POL	K30	22	K 45	00:49:00	01:21:39	03:36:58	04:43:35.15	9:46	6.1
187	ŁOWIECKI DOMINIK	1054	NBR TEAM	POZNAŃ	POL	M40	55	M 142	00:49:00	01:21:38	03:36:59	04:43:35.95	9:46	6.1
188	CAL PIOTR	799	5K RUN EVERY DAY	ŚWIEBODZIN	POL	M50	10	M 143	00:41:41	01:10:05	03:26:12	04:43:44.55	9:47	6.1
189	KRYCZEK PIOTR	857		WARSZAWA	POL	M50	11	M 144	00:45:09	01:19:46	03:40:44	04:45:52.45	9:51	6.1
190	MATCZAK JACEK	862		BOLEŚLAWIEC	POL	M40	56	M 145	00:44:30	01:15:15	03:29:30	04:46:20.70	9:52	6.1
191	WALCZAK ANNA	773		WARSZAWA	POL	K40	15	K 46	00:46:50	01:20:45	03:41:14	04:47:58.10	9:55	6
192	JASKÓLSKA KATARZYNA	928	ION1 TEAM	ŁÓDŹ	POL	K30	23	K 47	00:43:37	01:15:53	03:40:07	04:48:35.15	9:57	6
193	DOMOSŁAWSKA JOANNA	1031		WROCŁAW	POL	K40	16	K 48	00:44:31	01:15:02	03:39:18	04:49:36.75	9:59	6
194	WRÓBLEWSKI WITOLD	728		ZŁOTORYJA	POL	M30	66	M 146	00:42:04	01:12:08	03:39:55	04:50:07.05	10:00	6
195	KALEŃSKI-JAŚKIEWICZ ŁUKASZ	742	KLUB J&J	WARSZAWA	POL	M30	67	M 147	00:48:58	01:22:24	03:42:44	04:50:53.50	10:01	6
196	WOJCIECHOWSKI TOMASZ	1071		POZNAŃ	POL	M40	57	M 148	00:46:35	01:20:19	03:34:50	04:51:07.85	10:02	6
197	KOZŁOWSKI JACEK	1005	GUAPA TEAM	ZIELONA GÓRA	POL	M40	58	M 149	00:43:49	01:15:21	03:42:02	04:52:10.50	10:04	6
198	MATUSIAK MATEUSZ	1017		ZIELONA GÓRA	POL	M18	11	M 150	00:43:52	01:15:25	03:42:05	04:52:12.85	10:04	6
199	MISTUR SZYMON	702	HAKUNA MATATA	PRZYBYSZEWO	POL	M30	68	M 151	00:44:22	01:15:19	03:40:32	04:53:15.70	10:06	5.9
200	MALICKA MAŁGORZATA	704		ZIELONA GÓRA	POL	K40	17	K 49	00:46:24	01:19:47	03:42:17	04:53:24.65	10:07	5.9
201	JAKUBIAK MAGDALENA	724		ZIELONA GÓRA	POL	K40	18	K 50	00:47:00	01:19:48	03:42:16	04:53:25.25	10:07	5.9
202	ZASADA IWONA	711		ZIELONA GÓRA	POL	K40	19	K 51	00:47:00	01:19:47	03:42:17	04:53:25.45	10:07	5.9
203	GRUSZKA ANNA	1029		PLEWISKA	POL	K40	20	K 52	00:46:29	01:17:26	03:47:13	04:54:46.45	10:09	5.9
204	HAWRYLISZYN JAN	1030	PIASECZNO RUNNING	ŁOZINA	POL	M30	69	M 152	00:46:29	01:17:24	03:47:11	04:54:46.45	10:09	5.9
205	PASTUCHEWICZ PRZEMYSŁAW	893	16DBOT	GRYFÓW ŚLĄSKI	POL	M40	59	M 153	00:44:08	01:16:01	03:29:23	04:54:56.15	10:10	5.9
206	BEDNARSKI GRZEGORZ	1060		KIELCE	POL	M50	12	M 154	00:50:29	01:22:56	03:43:43	04:55:02.90	10:10	5.9
207	WRÓBEL SEBASTIAN	802	GEMINI TEAM	GDYNIA	POL	M40	60	M 155	00:44:43	01:17:23	03:38:31	04:55:24.15	10:11	5.9
208	MORAWSKI MARCIN	762	RANGER SURVIVAL CLUB	OBORNIKI ŚLĄSKIE	POL	M40	61	M 156	00:46:25	01:21:56	03:43:41	04:56:41.30	10:13	5.9
209	DOMOSŁAWSKI PAWEŁ	1032		WROCŁAW	POL	M50	13	M 157	00:48:47	01:24:35	03:45:47	04:57:34.00	10:15	5.8
210	ŁOPATA WITOLD	940	WOLSZTYŃSKI KLUB BIEGOWY	WOLSZTYN	POL	M40	62	M 158	00:43:05	01:13:47	03:37:35	04:57:47.70	10:16	5.8
211	RUSIELIK ROBERT	889		SZCZECIN	POL	M50	14	M 159	00:44:25	01:16:19	03:40:49	04:57:53.05	10:16	5.8
212	ZBIK NATALIA	819	SMART THERAPY	PLEWISKA	POL	K30	24	K 53	00:48:50	01:23:26	03:50:37	04:59:49.75	10:20	5.8

PÓLMARATON Z GÓRKĄ, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
213	SUCHOLAS MACIEJ	1019		WITKOWO	POL	M50	15	M 160	00:42:43	01:14:10	03:37:21	05:01:12.85	10:23	5.8
214	MARKIEWICZ JOANNA ZUZA	805	TJ	POZNAŃ	POL	K40	21	K 54	00:47:57	01:23:06	03:50:56	05:01:13.30	10:23	5.8
215	HABIERA ROBERT	1004		WARSZAWA	POL	M50	16	M 161	00:43:40	01:19:39	03:44:08	05:03:33.95	10:28	5.7
216	ADAMSKA KAROLINA	912		ŁÓDŹ	POL	K18	9	K 55	00:47:22	01:21:54	03:49:36	05:03:39.50	10:28	5.7
217	HOFFMANN GRZEGORZ	905	KOŚCIAN TEAM	CZEMPIŃ	POL	M40	63	M 162	00:50:34	01:26:44	03:52:11	05:04:15.65	10:29	5.7
218	DIUWE MARZENA	1041		ŚWIDNICA	POL	K30	25	K 56	00:49:37	01:25:47	03:51:30	05:04:16.95	10:29	5.7
219	SZYMAŃSKI MICHAŁ	1100	V-MOTORS	OSTRÓW WIELKOPOLSKI	POL	M18	12	M 163	00:45:39	01:17:28	03:43:14	05:05:11.60	10:31	5.7
220	KOŚCIÓW KATARZYNA	924	CYKLOFRAJDA	OPOLE	POL	K40	22	K 57	00:41:48	01:12:47	03:43:54	05:06:40.90	10:34	5.7
221	SZYMAŃSKI ADAM	755	LĘBORK BIEGACZE 42,2	LĘBORK	POL	M40	64	M 164	00:48:53	01:23:53	03:58:13	05:07:08.30	10:35	5.7
222	PAJĄK MONIKA	1027	HERNIK TEAM	SKÓRZEWO	POL	K30	26	K 58	00:46:34	01:19:43	03:54:00	05:07:27.90	10:36	5.7
223	SUWAJ ROMAN	716	ZOMBIE	ZIELONA GÓRA	POL	M60	4	M 165	00:46:57	01:19:47	03:54:46	05:07:31.60	10:36	5.7
224	SALSKI JAROSŁAW	733	WRONIECKI KLUB BIEGACZA	WRONKI	POL	M30	70	M 166	00:42:26	01:14:46	03:53:45	05:08:23.45	10:38	5.6
225	MORAWSKA ANNA	847		WARSZAWA	POL	K60	1	K 59	00:51:35	01:28:26	03:54:33	05:08:36.65	10:38	5.6
226	SZCZAPA KAROL	925	12TRI.PL	WARSZAWA	POL	M30	71	M 167	00:50:45	01:27:42	03:51:26	05:08:52.40	10:39	5.6
227	WÓDKIEWICZ MACIEJ	1042	WLKP MOUNTAINS ULTRA	TULCE	POL	M50	17	M 168	00:46:31	01:19:21	03:50:34	05:10:03.05	10:41	5.6
228	GRZEGRZÓŁKA ANNA	792	ZABIEGANI Z LEŚNEJ	LUBAŃ	POL	K40	23	K 60	00:48:09	01:22:24	03:50:05	05:10:43.75	10:42	5.6
229	WIŚNIEWSKI TOMASZ	793		ALEKSANDRÓW KUJAWSKI	POL	M40	65	M 169	00:49:50	01:28:26	04:02:19	05:11:08.15	10:43	5.6
230	WACHOWSKA ALINA	994	SMOK TRÓJGŁOWY	POZNAŃ	POL	K60	2	K 61	00:46:35	01:21:23	03:56:39	05:11:44.10	10:44	5.6
231	FLESZER URSZULA	790		SULECHÓW	POL	K40	24	K 62	00:51:07	01:29:28	03:57:46	05:12:59.55	10:47	5.6
232	ŁADOŃSKA AGATA	1012		WROCŁAW	POL	K30	27	K 63	00:49:06	01:26:58	03:58:25	05:13:15.55	10:48	5.6
233	BARANOWSKI SZYMON	1020		POZNAŃ	POL	M30	72	M 170	00:49:45	01:25:35	03:56:07	05:13:36.70	10:48	5.5
234	SMYK PAWEŁ	720		WROCŁAW	POL	M40	66	M 171	00:46:36	01:20:13	03:59:14	05:13:43.00	10:49	5.5
235	SZYMCAK ŁUKASZ	1081	FARTY PUSZCZY / SZYMTECH	SZCZECIN	POL	M40	67	M 172	00:49:32	01:22:04	04:00:11	05:13:59.85	10:49	5.5
236	FINKOWIAT - SZYMCAK KATARZYNA	1080	FARTY PUSZCZY	SZCZECIN	POL	K30	28	K 64	00:49:47	01:26:04	04:00:37	05:14:00.65	10:49	5.5
237	DANKOWSKI BARTOSZ	1049	ENDORFINY WAŚOSZ	WAŚOSZ	POL	M30	73	M 173	00:46:03	01:18:40	03:58:58	05:15:21.00	10:52	5.5
238	KIRKIEWICZ LUCYNA	1068	ENDORFINY WAŚOSZ	WAŚOSZ	POL	K30	29	K 65	00:44:14	01:15:36	03:59:00	05:15:22.05	10:52	5.5
239	BLADOWSKA KATARZYNA	1034	RUNEDA	REDA	POL	K40	25	K 66	00:47:59	01:23:01	04:00:00	05:15:25.15	10:52	5.5
240	KAZUBOWSKA MAŁGORZATA	991		GORZÓW WLKP.	POL	K40	26	K 67	00:48:24	01:21:07	04:02:28	05:16:17.60	10:54	5.5
241	RUDZIEWICZ MICHAŁ	899		SZCZECIN	POL	M40	68	M 174	00:46:25	01:16:55	03:57:22	05:17:24.70	10:56	5.5
242	RUDZIEWICZ URSZULA	898		SZCZECIN	POL	K30	30	K 68	00:46:27	01:16:57	03:57:25	05:17:25.75	10:56	5.5
243	MIKUTANIEC SEBASTIAN	809		MARKI	POL	M40	69	M 175	00:53:40	01:32:29	03:58:14	05:17:39.65	10:57	5.5
244	TERLECKA JUSTYNA	776		POZNAŃ	POL	K30	31	K 69	00:47:07	01:21:25	04:00:24	05:18:16.10	10:58	5.5
245	STASIUTE AURELIJA	960	#UNBREAKABLE	VILNIUS	LTU	K30	32	K 70	00:53:24	01:32:26	04:07:16	05:18:46.95	10:59	5.5
246	KAŁLAUR KRZYSZTOF	848		WARSZAWA	POL	M30	74	M 176	00:51:46	01:29:27	04:02:13	05:20:58.20	11:04	5.4
247	NOWAK PAULINA	953		ŻAGAŃ	POL	K30	33	K 71	00:46:39	01:20:40	04:00:01	05:21:17.05	11:04	5.4
248	MALINOWSKA ZYTA	705		ŚWIEBODZIN	POL	K40	27	K 72	00:51:05	01:29:25	04:02:13	05:22:20.80	11:06	5.4
249	SZCZOTKA KATARZYNA	1021		POZNAŃ	POL	K18	10	K 73	00:49:45	01:25:35	03:56:46	05:23:37.45	11:09	5.4
250	TASZAREK EWA	1069		MROWINO	POL	K40	28	K 74	00:49:36	01:26:54	04:05:47	05:24:39.50	11:11	5.4
251	SZCZĘSNY MACIEJ	821		ŚWIEBODZIN	POL	M60	5	M 177	00:48:16	01:24:29	03:54:56	05:24:49.65	11:12	5.4
252	STARCZEWSKI KRZYSZTOF	723	ULTRA DIABŁY TEAM LUBRZA	ŚWIEBODZIN	POL	M50	18	M 178	00:47:51	01:23:02	04:03:51	05:25:07.50	11:12	5.4
253	KROSIŃSKI JANUSZ	948		JELENIA GÓRA	POL	M40	70	M 179	00:51:02	01:28:55	04:06:04	05:25:31.40	11:13	5.3
254	KUMOR WERONIKA	976	EVERRUN	ŁÓDŹ	POL	K40	29	K 75	00:46:21	01:19:50	04:10:31	05:25:32.45	11:13	5.3
255	CZARNOTA SŁAWOMIR	828		ŻARY	POL	M30	75	M 180	00:48:25	01:23:11	04:00:56	05:25:34.70	11:13	5.3
256	WESOŁOWSKA IWONA	975		PLEWISKA	POL	K30	34	K 76	00:45:52	01:19:14	04:02:52	05:25:35.90	11:13	5.3
257	PLIS JORDAN	919		JELENIA GÓRA	POL	M30	76	M 181	00:48:49	01:25:20	04:02:27	05:25:46.20	11:14	5.3
258	MERUNOWICZ IWONA	739	LMKS SFORA CHOJNÓW	CHOJNÓW	POL	K40	30	K 77	00:44:49	01:17:33	03:58:51	05:27:14.65	11:17	5.3
259	KAPŁON ANNA	774		WARSZAWA	POL	K40	31	K 78	00:52:13	01:31:27	04:09:27	05:27:15.85	11:17	5.3
260	PRZYBYSZEWSKA LIDIA	721	ULTRA DIABŁY	ŚWIEBODZIN	POL	K40	32	K 79	00:48:28	01:23:13	04:12:22	05:27:27.25	11:17	5.3
261	MRUCZYŃSKA-PIETRUCZANIS KATARZYNA	750	DEVI HIMAL TEAM	WĘGRÓW	POL	K40	33	K 80	00:53:30	01:33:16	04:15:23	05:28:36.55	11:19	5.3
262	ZYGMAN MARTA	715		LUBIN	POL	K30	35	K 81	00:52:24	01:29:22	04:14:27	05:29:16.00	11:21	5.3
263	PIĄTEK FILIP	818		COSWIG	GER	M40	71	M 182	00:47:12	01:21:14	03:56:59	05:29:41.80	11:22	5.3
264	WINNICKA EDYTA	741	ADIDAS RUNNERS WARSAW SŁODKIE PĄCZKI	WARSZAWA	POL	K30	36	K 82	00:48:10	01:24:24	04:12:04	05:30:15.55	11:23	5.3
265	BANACH-SKOWRONEK JOANNA	752		POZNAŃ	POL	K30	37	K 83	00:49:06	01:26:57	04:07:18	05:30:18.25	11:23	5.3
266	SKOWRONEK TOMASZ	754		POZNAŃ	POL	M30	77	M 183	00:49:06	01:26:57	04:07:19	05:30:18.35	11:23	5.3
267	WOJDAŁOWICZ EWA	713		SZCZECIN	POL	K40	34	K 84	00:50:35	01:26:15	04:13:47	05:30:48.70	11:24	5.3
268	BANASZCZAK DAGMARA	869	ŚWIDNICKA GRUPA BIEGOWA	WROCŁAW	POL	K30	38	K 85	00:49:39	01:27:06	04:09:45	05:32:00.30	11:26	5.2

PÓŁMARATON Z GÓRKĄ, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
269	PUSZCZYKOWSKA MAŁGORZATA	703		INOWŁÓDZ	POL	K40	35	K 86	00:51:15	01:28:11	04:09:30	05:32:19.25	11:27	5.2
270	ŚLUSAREK RAFAŁ	1013		KONARZEWO	POL	M30	78	M 184	00:52:49	01:31:11	04:14:12	05:34:15.45	11:31	5.2
271	ŚLUSAREK GRZEGORZ	972		GOŁUSKI	POL	M40	72	M 185	00:53:01	01:31:13	04:15:15	05:34:15.80	11:31	5.2
272	MASIAREK CZESŁAW	852		JELENIA GÓRA	POL	M60	6	M 186	00:54:11	01:33:20	04:10:26	05:34:27.55	11:31	5.2
273	SIARKIEWICZ JOLA	806	BIEGAMDLAZDROWIA.PL	PODGÓRZYN	POL	K60	3	K 87	00:51:06	01:30:42	04:17:07	05:34:32.95	11:32	5.2
274	LEDWIG DARIUSZ	942	CYKLOFAN	CZECHOWICE DZEDZICE	POL	M40	73	M 187	00:47:54	01:25:15	04:05:37	05:34:44.50	11:32	5.2
275	RABENDA PAWEŁ	727	J&J	WARSZAWA	POL	M30	79	M 188	00:52:38	01:27:08	04:07:26	05:37:38.30	11:38	5.2
276	KNABER PIOTR	726	J&J	WARSZAWA	POL	M30	80	M 189	00:52:49	01:29:08	04:06:37	05:37:38.60	11:38	5.2
277	PYTKO ELŻBIETA	907		ŁÓDŹ	POL	K50	2	K 88	00:57:02	01:37:06	04:22:57	05:38:24.50	11:40	5.1
278	LECH JACEK	989	ULTRA DIABŁY TEAM LUBRZA	ZIELONA GÓRA	POL	M40	74	M 190	00:48:33	01:29:41	04:16:33	05:38:58.25	11:41	5.1
279	SPRINGER MARTA	934	NIGHT RUNNERS	POZNAŃ	POL	K30	39	K 89	00:55:33	01:35:02	04:20:43	05:39:36.40	11:42	5.1
280	RĄCZKOWIAK MATEUSZ	712	USZŁO POWIETRZE Z DĘTKI	WROCŁAW	POL	M30	81	M 191	00:49:59	01:28:33	04:12:59	05:39:55.50	11:43	5.1
281	SZCZESNA AGATA	967		ŚWIEBODZIN	POL	K18	11	K 90	00:54:59	01:34:30	04:19:30	05:40:29.55	11:44	5.1
282	KACZMAREK MARIUSZ	947		SULECHÓW	POL	M60	7	M 192	00:49:03	01:23:56	04:11:56	05:42:33.80	11:48	5.1
283	BORODYN ANDRZEJ	825	BOROFAMILY RUNNING TEAM	SZCZECIN	POL	M40	75	M 193	00:49:31	01:26:17	04:19:17	05:43:44.90	11:51	5.1
284	FERENC STANISLAW	911		SWIETA KATARZYNA	POL	M30	82	M 194	00:45:36	01:18:50	03:43:51	05:44:36.40	11:52	5
285	BIEŃ PIOTR	945		LEGIONOWO	POL	M30	83	M 195	00:53:15	01:31:55	04:29:22	05:48:01.10	12:00	5
286	BIEŃ MAŁGORZATA	946		LEGIONOWO	POL	K40	36	K 91	00:53:16	01:31:55	04:29:23	05:48:01.25	12:00	5
287	KWIATKOWSKA KINGA	835		DĄBRÓWKA	POL	K30	40	K 92	00:52:17	01:28:05	04:20:17	05:48:17.50	12:00	5
288	JEZERSKA KARINA	927	12TRI.PL TEAM ZABIEGANEDN I	WARSZAWA	POL	K40	37	K 93	00:52:58	01:39:40	04:23:35	05:48:18.60	12:00	5
289	KOZŁOWSKA-WOYCIECHOWSKA HANNA	926		WARSZAWA	POL	K40	38	K 94	00:52:58	01:39:39	04:23:34	05:48:18.65	12:00	5
290	MIKUTANIEC PATRYCJA	760		MARKI	POL	K40	39	K 95	00:53:40	01:32:24	04:25:00	05:48:24.40	12:00	5
291	JURKIEWICZ PAULINA	1052		WROCŁAW	POL	K30	41	K 96	00:57:08	01:36:37	04:23:44	05:49:05.10	12:02	5
292	TUTKO PAWEŁ	969		POLKOWICE	POL	M40	76	M 196	00:51:10	01:26:55	04:13:30	05:49:42.35	12:03	5
293	LEWICKA BOŻENA	949	GONIMY	KĘTY	POL	K60	4	K 97	00:53:14	01:31:45	04:34:00	05:49:51.65	12:03	5
294	SYPIEWSKI RAFAŁ	987	EVERRUN	ŁÓDŹ	POL	M40	77	M 197	00:46:20	01:19:47	04:25:17	05:51:27.25	12:07	5
295	STRYCZEK EWA	768	AKTYWNYWEEKEND	ŁODYGOWICE	POL	K30	42	K 98	00:52:51	01:32:29	04:22:00	05:51:48.20	12:07	4.9
296	SIWA MICHAŁ	706		ŚWIEBODZIN	POL	M30	84	M 198	00:51:42	01:30:06	04:24:30	05:52:02.65	12:08	4.9
297	BORKOWSKI KRZYSZTOF	779		GORZÓW WIELKOPOLSKI	POL	M40	78	M 199	00:51:00	01:28:30	04:20:37	05:52:07.30	12:08	4.9
298	SREBRO KACPER ANTONI	815		POZNAŃ	POL	M18	13	M 200	00:53:43	01:34:56	04:24:17	05:53:50.65	12:12	4.9
299	MARKOWSKA LIDIA	891		WROCŁAW	POL	K40	40	K 99	00:52:09	01:29:34	04:29:30	05:54:41.95	12:13	4.9
300	MARKOWSKI PIOTR	892		WROCŁAW	POL	M40	79	M 201	00:52:08	01:29:31	04:29:29	05:55:04.70	12:14	4.9
301	GLUBA BARTOSZ	916	1ON1 RUNNING TEAM	ŁÓDŹ	POL	M30	85	M 202	00:49:34	01:25:45	04:35:00	05:57:33.85	12:19	4.9
302	KACZMAREK ŁUKASZ	983		WAŁBRZYCH	POL	M30	86	M 203	00:53:03	01:30:07	04:32:36	06:00:53.40	12:26	4.8
303	KAMINSKI IGOR	980	IGI-TEAM	POZNAŃ	POL	M30	87	M 204	00:51:45	01:28:54	04:39:29	06:00:56.70	12:26	4.8
304	KWIATKOWSKA MARTA	981	IGI-TEAM	POZNAŃ	POL	K30	43	K 100	00:51:44	01:29:02	04:39:28	06:00:56.90	12:26	4.8
305	SIERANT MARIAN	826		BYDGOSZCZ	POL	M60	8	M 205	00:54:06	01:30:11	04:23:37	06:04:01.45	12:33	4.8
306	DZIEKONSKI JACEK	929		KONSTANCIN JEZIORNA	POL	M60	9	M 206	00:50:31	01:27:39	04:27:39	06:07:46.35	12:40	4.7
307	HARASZCZUK JERZY	922	MORŚWINY SZCZECIN	ZALOM	POL	M50	19	M 207	00:52:54	01:26:42	04:33:02	06:10:27.25	12:46	4.7
308	HARASZCZUK JOANNA	901		SZCZECIN	POL	K30	44	K 101	00:53:01	01:26:59	04:33:00	06:10:27.25	12:46	4.7
309	HARASZCZUK KRYSZTYAN	900		SZCZECIN	POL	M30	88	M 208	00:52:45	01:26:44	04:33:11	06:10:27.70	12:46	4.7
310	KUCA IWONA	766	GRAŻYNY W GÓRACH	ZŁOTORYJA	POL	K40	41	K 102	00:58:16	01:40:32	04:43:21	06:14:15.10	12:54	4.6
311	MUCHA ALEKSANDRA	1000	CREZY TEAM	KRAKÓW	POL	K40	42	K 103	00:57:38	01:38:24	04:53:51	06:16:01.75	12:57	4.6
312	KOZIOŁ EWA	974		KRAKÓW	POL	K40	43	K 104	00:57:39	01:38:24	04:53:51	06:16:05.30	12:58	4.6
313	KWIECIŃSKI ŁUKASZ	718	J&J	WARSZAWA	POL	M30	89	M 209	00:56:57	01:37:53	04:46:45	06:16:46.40	12:59	4.6
314	PERKA BARBARA	846		PROSZKÓW	POL	K40	44	K 105	00:59:13	01:44:19	04:51:51	06:17:44.30	13:01	4.6
315	OSZCZĘDA MARZENA	875		ŻORY	POL	K40	45	K 106	00:58:41	01:41:59	04:51:04	06:17:48.00	13:01	4.6
316	WIŚNIEWSKA DOROTA	794		ALEKSANDRÓW KUJAWSKI	POL	K40	46	K 107	00:58:33	01:41:50	04:51:28	06:21:44.50	13:09	4.6
317	HORĘZGA DOROTA	1086		BRZEG	POL	K30	45	K 108	00:59:17	01:44:40	04:58:57	06:25:43.60	13:18	4.5
318	PASIEKA MAGDA	814		DRZEWIANOWO	POL	K40	47	K 109	01:00:09	01:43:52	04:51:42	06:28:00.85	13:22	4.5
319	LACH JAKUB	902		JELENIA GÓRA	POL	M40	80	M 210	00:57:15	01:39:47	05:02:36	06:30:43.95	13:28	4.5
320	SREBRO MICHAŁ	787		POZNAŃ	POL	M50	20	M 211	00:57:26	01:38:17	04:51:25	06:32:19.95	13:31	4.4
321	KSIAZKIEWICZ ELŻBIETA	710		GORZÓW WLKP	POL	K30	46	K 110	00:58:16	01:41:37	04:59:47	06:32:20.00	13:31	4.4
322	ZEMŁA KRZYSZTOF	747		MALINOWICE	POL	M50	21	M 212	00:56:21	01:36:29	05:02:52	06:41:25.85	13:50	4.3
323	GOŁĘBIOWSKI TYTUS	744	NGB / ULTRA FALUBAZ	ZIELONA GÓRA	POL	M30	90	M 213	00:31:29	00:54:12	05:32:41	06:41:58.60	13:51	4.3
324	KĘPSKI GRZEGORZ	885		WROCŁAW	POL	M30	91	M 214	01:03:12	01:48:33	05:03:47	06:56:01.20	14:20	4.2
325	MYSZYWODA MONIKA	884		WROCŁAW	POL	K30	47	K 111	01:03:12	01:48:33	05:03:48	06:56:01.35	14:20	4.2

PÓŁMARATON Z GÓRKĄ, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	6km	10km	23km	Netto	min/km	km/h
326	MATERLIŃSKI SZYMON	883	-	TŁOKINIA KOŚCIELNA	POL	M40	81	M 215	00:53:25	01:34:43	05:20:04	06:56:05.10	14:20	4.2
327	SZYMAŃSKI JAROSŁAW	777	FUJITSU RUNNING TEAM / 1ON1 TEAM	ŁÓDŹ	POL	M30	92	M 216	01:08:11	01:55:28	05:32:07	07:02:12.40	14:33	4.1
328	RUSIELIK IRENA	915		SZCZECIN	POL	K50	3	K 112	01:12:46	02:05:06	05:56:21	07:50:53.30	16:14	3.7
329	RUSIELIK SABINA	917		SZCZECIN	POL	K18	12	K 113	01:12:47	02:05:07	05:56:21	07:50:54.00	16:14	3.7
	HALSKI MATEUSZ	895		SZCZECIN	POL	M18			00:41:29	01:14:20	DNF	DNF	-	-
	ROGOWSKI PAWEŁ	970		CHOJNÓW	POL	M30			DNF	DNF	DNF	DNF	-	-