

XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
 Data: 2015-05-24
 Miejsce: Koszalin
 Dystans: 10 km
 Klasyfikacja wg czasów brutto.

**XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM, OPEN**

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.07km	2.535km	5km	7.465km	9.93km	Netto	Brutto	min/km	km/h
1	DIDOWODIUK DMITRO	365	UKRAINA	UKRAINA	UKR	M-2	1	1	00:00:14	00:07:37	00:15:23	00:23:19	00:31:08	00:31:25	00:31:25	3:08	19.1
2	OLIJNIK PAWEŁ	371	UKRAINA	UKRAINA	UKR	M-2	2	2	00:00:14	00:07:37	00:23:19	00:31:26	00:31:26	00:31:26	00:31:26	3:08	19.1
3	GONCHAR OLEKSII	412	UKRAINA	UKRAINA	UKR	M-3	1	3	00:00:14	00:07:56	00:16:04	00:24:16	00:32:18	00:32:34	00:32:34	3:15	18.4
4	CICHOCKI JAROSŁAW	363	KB 10 BIAŁOGARD	BIAŁOGARD	POL	M-4	1	4	00:00:15	00:08:08	00:16:10	00:24:16	00:32:21	00:32:37	00:32:37	3:15	18.4
5	LABZIUK ALEKSANDER	366	ACHILLES LESZNO	WINNICA	UKR	M-3	2	5	00:00:14	00:08:13	00:16:24	00:24:33	00:32:36	00:32:53	00:32:53	3:17	18.2
6	DZIUBA PIOTR	46	MARATOŃCZYK OKONEK	OKONEK	POL	M-3	3	6	00:00:15	00:08:12	00:16:24	00:24:33	00:32:53	00:33:05	00:33:05	3:18	18.1
7	MARYNICZ WITALII	467	UKRAINA	UKRAINA	POL	M-2	3	7	00:00:13	00:08:12	00:16:23	00:24:42		00:33:05	00:33:05	3:18	18.1
8	BORYCHOWSKI MARIUSZ	378	TUPOT USTKA	USTKA	POL	M-4	2	8	00:00:16	00:08:12	00:16:25	00:24:47	00:33:16	00:33:33	00:33:33	3:21	17.9
9	WITKOWSKI MATEUSZ	1	KU AZS PWSZ KOSZALIN TKKF KOSZALIN	KOSZALIN	POL	M-2	4	9	00:00:15	00:08:13	00:16:32	00:25:04	00:33:20	00:33:34	00:33:34	3:21	17.9
10	BORZĘCKI NORBERT	15		KOSZALIN	POL	M-3	4	10	00:00:15	00:08:17	00:16:49	00:25:21	00:33:44	00:33:59	00:33:59	3:23	17.7
11	RYBARCZYK JAN	250		DARŁOWO	POL	M-4	3	11	00:00:16	00:08:23	00:16:49	00:25:21	00:33:45	00:33:59	00:33:59	3:23	17.7
12	KRUCZKOWSKI DAMIAN	135		ZŁOCENIEC	POL	M-2	5	12	00:00:14	00:08:34	00:25:38	00:34:07		00:34:23	00:34:23	3:26	17.5
13	SZYMAŃSKI SYLWESTER	287	ULKS BARWICETEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M-4	4	13	00:00:15	00:08:49	00:17:31	00:26:09	00:34:33	00:34:48	00:34:48	3:28	17.2
14	WOJCIECHOWSKI JAROSŁAW	321	IKS BRAK FORMY	ŚWINUJĘCIE	POL	M-3	5	14	00:00:15	00:08:51	00:17:31	00:26:09	00:34:38	00:34:54	00:34:54	3:29	17.2
15	KAMIŃSKI DANIEL	364		BIAŁOGARD	POL	M-3	6	15	00:00:16	00:08:51	00:17:37	00:26:38	00:35:40	00:35:58	00:35:58	3:35	16.7
16	BERG THORALAF	349	SCHWEDTER HASEN	SCHWEDT ODER	GER	M-4	5	16	00:00:15	00:08:53	00:17:54	00:26:59	00:36:16	00:36:35	00:36:35	3:39	16.4
17	WESOŁOWSKI DAMIAN	310	AZS UAM POZNAŃ	PIŁA	POL	M-2	6	17	00:00:15	00:08:53	00:17:55	00:27:09	00:36:30	00:36:44	00:36:44	3:40	16.3
18	GOLECKI MIROŚLAW	348	FORMA ROSNOWO CSSPTKKF KOSZALIN	ROSNOWO	POL	M-3	7	18	00:00:19	00:09:38	00:18:59	00:28:11	00:37:20	00:37:36	00:37:36	3:45	16
19	SZYMAJDA GRZEGORZ	286	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-3	8	19	00:00:15	00:09:07	00:18:41	00:28:24	00:37:54	00:38:09	00:38:09	3:48	15.7
20	KĘDZIERSKI ANDRZEJ	104		SZCZECINEK	POL	M-3	9	20	00:00:15	00:09:11	00:18:42	00:28:25	00:37:55	00:38:14	00:38:14	3:49	15.7
21	ANTOSIK GRZEGORZ	405		KOSZALIN	POL	M-3	10	21	00:00:18	00:09:25	00:18:56	00:28:31	00:38:11	00:38:30	00:38:30	3:51	15.6
22	KALETA SEBASTIAN	95		KOSZALIN	POL	M-3	11	22	00:00:18	00:09:39	00:19:01	00:28:36	00:38:15	00:38:33	00:38:33	3:51	15.6
23	RYBACZEK SEBASTIAN	249	FORMA ROSNOWO JW 1223 - 3DPLOT	ROSNOWO	POL	M-3	12	23	00:00:19	00:09:38	00:19:01	00:28:38	00:38:23	00:38:40	00:38:40	3:52	15.5
24	OLIJNIK SWIETLANA	372	UKRAINA	UKRAINA	UKR	K-3	1	24	00:00:17	00:09:43	00:19:22	00:29:15	00:38:34	00:38:51	00:38:51	3:53	15.4
25	MAGAŁSKI TOMASZ	436		KAMIEN POMORSKI	POL	M-2	7	25	00:00:24	00:09:47	00:19:29	00:29:15	00:38:45	00:39:02	00:39:02	3:54	15.4
26	JAROSZ WIESŁAW	415	JW. 1223 BLOG	KOSZALIN	POL	M-4	6	26	00:00:17	00:09:24	00:18:59	00:28:55	00:38:52	00:39:08	00:39:08	3:54	15.3
27	BURMEISTER BURKHARDT	351	SCHWEDTER HASEN	SCHWEDT ODER	GER	M-5	1	27	00:00:17	00:09:22	00:19:00	00:28:52	00:38:51	00:39:10	00:39:10	3:55	15.3
28	KRYCZKA STANISŁAW	458	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	MIASTKO	POL	M-4	7	28	00:00:19	00:09:33	00:19:09	00:29:00	00:38:56	00:39:14	00:39:14	3:55	15.3
29	LECHONKOVA NATALIA	370	ACHILLES LESZNO	BEREZANY	UKR	K-3	2	29	00:00:18	00:09:44	00:19:22	00:29:16	00:38:57	00:39:15	00:39:15	3:55	15.3
30	GOLIŃSKI ŁUKASZ	60	K.B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-3	13	30	00:00:20	00:09:48	00:19:36	00:29:28	00:39:08	00:39:26	00:39:26	3:56	15.2
31	HESEL LARS	352	SV TURBINE NEUBRANDENBURG E.V.	NEUBRANDENBURG	GER	M-4	8	31	00:00:18	00:09:38	00:19:20	00:29:16	00:39:07	00:39:27	00:39:27	3:56	15.2
32	HURYŃ EWA	80		SZCZECIN	POL	K-4	1	32	00:00:18	00:09:44	00:19:27	00:29:19	00:39:15	00:39:32	00:39:32	3:57	15.2
33	POLAK SZYMON	222	BIEGNIJMY.PL ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-4	9	33	00:00:23	00:09:43	00:19:29	00:29:29	00:39:20	00:39:37	00:39:37	3:57	15.1

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M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.07km	2.535km	5km	7.465km	9.93km	Netto	Brutto	min/km	km/h
34	RYŚKIEWICZ RAFAŁ	251	TNT	KOSZALIN	POL	M-3	14	34	00:00:17	00:09:36	00:19:18	00:29:22	00:39:03	00:39:39	00:39:39	3:57	15.1
35	RADLIŃSKI LEOPOLD	233	PUPIL KOSZALIN	KOSZALIN	POL	M-4	10	35	00:00:19	00:09:59	00:19:53	00:29:49	00:39:25	00:39:42	00:39:42	3:58	15.1
36	KUNCEWICZ ROBERT	147		ZŁOCENIEC	POL	M-3	15	36	00:00:19	00:09:49	00:19:35	00:29:36	00:39:29	00:39:46	00:39:46	3:58	15.1
37	GÓRA SYLWESTER	453	PHILIPS-PIŁA	OKONEK	POL	M-4	11	37	00:00:16	00:09:54	00:19:48	00:29:45	00:39:33	00:39:50	00:39:50	3:59	15.1
38	MICHAŁSKI ARTUR	180	BBL GDYNIA KPW GDYNIA	GDYNIA	POL	M-3	16	38	00:00:19	00:09:36	00:19:31	00:29:37	00:39:39	00:39:57	00:39:57	3:59	15
39	GĄSECKI TOMASZ	58		KOSZALIN/MASZK OWO	POL	M-4	12	39	00:00:25	00:10:00	00:19:48	00:29:50	00:39:51	00:40:11	00:40:11	4:01	14.9
40	WIDONIAK RAFAŁ	312		KOSZALIN	POL	M-4	13	40	00:00:20	00:10:10	00:20:13	00:30:21	00:40:06	00:40:23	00:40:23	4:02	14.9
41	KASZTELAN URSZULA	101	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	K-2	1	41	00:00:19	00:09:44	00:19:35	00:29:51	00:40:06	00:40:27	00:40:27	4:02	14.8
42	ZELEK JAN	331	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-5	2	42	00:00:17	00:09:58	00:19:55	00:30:03	00:40:08	00:40:27	00:40:27	4:02	14.8
43	RUDNIKOWSKI MACIEJ	244		DARŁOWO	POL	M-4	14	43	00:00:21	00:09:44	00:19:43	00:30:08	00:40:13	00:40:30	00:40:30	4:03	14.8
44	BEMOWICZ TOMASZ	414		KOSZALIN	POL	M-4	15	44	00:00:22	00:10:09	00:20:07	00:30:21	00:40:14	00:40:31	00:40:31	4:03	14.8
45	POWARZYŃSKI KRZYSZTOF	456		MALECHOWO	POL	M-4	16	45	00:00:19	00:09:56	00:19:55	00:30:07	00:40:18	00:40:35	00:40:35	4:03	14.8
46	RETKA BARTOSZ	237	FORMA ROSNOWO	KOSZALIN	POL	M-2	8	46	00:00:18	00:10:11	00:20:13	00:30:23	00:40:21	00:40:36	00:40:36	4:03	14.8
47	STAWARZ MONIKA	265	UKS EKOLUDEK SZCZENURZE	SZCZENURZE	POL	K-2	2	47	00:00:19	00:09:59	00:20:03	00:30:18	00:40:23	00:40:42	00:40:42	4:04	14.7
48	SKIERKA GRZEGORZ	261	MKS ŚWIĘC SŁAWNO	KWASOWO	POL	M-3	17	48	00:00:17	00:09:53	00:20:03	00:30:25	00:40:41	00:40:50	00:40:50	4:05	14.7
49	WIŚNIK MARCIN	318	AMADEUS CROSSGYM	KOSZALIN	POL	M-3	18	49	00:00:19	00:10:21	00:20:40	00:30:50	00:40:52	00:41:08	00:41:08	4:06	14.6
50	WIELEBA MARLENA	379	TUPOT USTKA	USTKA	POL	K-2	3	50	00:00:18	00:09:45	00:19:45	00:30:13	00:40:50	00:41:10	00:41:10	4:07	14.6
51	GAJLEWICZ DOMINIK	439		MIASTKO	POL	M-2	9	51	00:00:21	00:09:48	00:20:04	00:30:30	00:40:54	00:41:15	00:41:15	4:07	14.5
52	WITKIEWICZ MAGDA	319	KB DZIESIĄTKA BIAŁOGARD	BIAŁOGARD	POL	K-3	3	52	00:00:19	00:10:09	00:20:20	00:30:49	00:41:02	00:41:21	00:41:21	4:08	14.5
53	BUJKO ANDRZEJ	368	CSSP KOSZALIN	KOSZALIN	POL	M-2	10	53	00:00:27	00:10:35	00:20:47	00:31:07	00:41:07	00:41:25	00:41:25	4:08	14.5
54	KASZTELAN WŁADYSŁAW	102	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M-3	19	54	00:00:22	00:10:17	00:20:35	00:31:02	00:41:15	00:41:32	00:41:32	4:09	14.4
55	KOŚCIELNIAK ROBERT	126		KOSZALIN	POL	M-5	3	55	00:00:16	00:09:54	00:20:19	00:31:02	00:41:18	00:41:34	00:41:34	4:09	14.4
56	STĘPNIAK TOMASZ	269	I LO KOSZALIN	KOSZALIN	POL	M-3	20	56	00:00:22	00:10:10	00:20:29	00:31:03	00:41:21	00:41:39	00:41:39	4:09	14.4
57	CHMIELEWSKI BARTOSZ	26	AMADEUS CROSSTRANING GYM	ŁOPIENICA	POL	M-2	11	57	00:00:18	00:10:20	00:20:40	00:30:55	00:41:23	00:41:41	00:41:41	4:10	14.4
58	OKOŁOTOWICZ SEBASTIAN	418		SŁUPSK	POL	M-3	21	58	00:00:20	00:19:59	00:30:53	00:41:22		00:41:44	00:41:44	4:10	14.4
59	ROGAŁSKI MARCIN	238	VOCALIS SZCZECIN	SZCZECIN	POL	M-5	4	59	00:00:21	00:10:28	00:20:40	00:31:07	00:41:29	00:41:49	00:41:49	4:10	14.3
60	BYKOWSKI ROBERT	442	FORMA ROSNOWO CSSP	ROSNOWO	POL	M-4	17	60	00:00:20	00:10:07	00:20:23	00:30:58	00:41:33	00:41:53	00:41:53	4:11	14.3
61	STĘŻAŁA ARTUR	270	JW 1223 2DPLOT	NOWE BIELICE	POL	M-4	18	61	00:00:23	00:10:12	00:20:35	00:31:08	00:41:39	00:41:57	00:41:57	4:11	14.3
62	MROCZKOWSKI MAREK	185	BIEGNIJMY.PL ROZBIEGANY KOSZALIN	KOSZALIN	POL	M-3	22	62	00:00:41	00:10:53	00:21:04	00:31:22	00:41:43	00:41:58	00:41:58	4:11	14.3
63	SAWICZ MICHAŁ	253	FINISZ MORĄG BIEGACZ Z PÓŁNOCY	GDAŃSK	POL	M-2	12	63	00:00:25	00:10:31	00:21:03	00:31:27	00:41:45	00:42:01	00:42:01	4:12	14.3
64	BOLECHOWSKI CEZARY	13		USTRONIE MORSKIE	POL	M-1	1	64	00:00:21	00:10:10	00:20:31	00:31:10	00:41:45	00:42:03	00:42:03	4:12	14.3
65	CZYŻEWSKI JANUSZ	34	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	M-5	5	65	00:00:21	00:10:31	00:21:04	00:31:44	00:42:13	00:42:34	00:42:34	4:15	14.1
66	NOGA SEBASTIAN	192	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-2	13	66	00:00:22	00:10:33	00:21:21	00:32:01	00:42:19	00:42:35	00:42:35	4:15	14.1
67	GÓRNY NORBERT	64	FORMA ROSNOWO	ROSNOWO	POL	M-4	19	67	00:00:34	00:10:22	00:20:36	00:31:37	00:42:21	00:42:42	00:42:42	4:16	14.1
68	ŁUKAWSKI MARIUSZ	428	JW 1223 3DPLOT	CHAŁUPY	POL	M-2	14	68	00:00:30	00:10:37	00:21:05	00:31:47	00:42:24	00:42:42	00:42:42	4:16	14.1
69	KOTARA-PAŁKA MAŁGORZATA	127		KOSZALIN	POL	K-3	4	69	00:00:24	00:10:30	00:21:00	00:31:36	00:42:26	00:42:44	00:42:44	4:16	14
70	HARASYM ZBIGNIEW	73		KOSZALIN	POL	M-3	23	70	00:00:21	00:10:08	00:20:31	00:31:26	00:42:26	00:42:46	00:42:46	4:16	14
71	SKARA STEFFI	353	SCHWEDTER HASEN	SCHWED ODER	GER	K-3	5	71	00:00:20	00:10:21	00:20:50	00:31:44	00:42:29	00:42:49	00:42:49	4:16	14
72	PANCEWICZ PIOTR	440	RANNERSWALDE	DARŁOWO	POL	M-3	24	72	00:00:19	00:10:32	00:21:13	00:32:10	00:42:36	00:43:00	00:43:00	4:18	14
73	MATYJASEK ZBIGNIEW	176		KOSZALIN	POL	M-4	20	73	00:00:18	00:09:51	00:20:42	00:31:55	00:42:51	00:43:11	00:43:11	4:19	13.9
74	WEIDEMANN PHILLIP	416		SŁAWNO	POL	M-1	2	74	00:00:23	00:10:58	00:21:28	00:32:22	00:42:55	00:43:14	00:43:14	4:19	13.9
75	TROŚNIAK PIOTR	432	KB 10 BIAŁOGARD	BIAŁOGARD	POL	M-4	21	75	00:00:25	00:10:58	00:21:35	00:32:16	00:42:56	00:43:17	00:43:17	4:19	13.9
76	DZIUBA LESZEK	45	KB DZIESIĄTKA BIAŁOGARD	BIAŁOGARD	POL	M-6	1	76	00:00:20	00:10:52	00:21:36	00:32:22	00:43:06	00:43:26	00:43:26	4:20	13.8
77	RAJNER KRZYSZTOF	346		KOSZALIN	POL	M-3	25	77	00:00:33	00:10:56	00:21:30	00:32:26	00:43:16	00:43:35	00:43:35	4:21	13.8

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78	PAWŁOWSKI ŁUKASZ	490		KOSZALIN	POL	M-3	26	78	00:00:35	00:11:03	00:21:45	00:32:34	00:43:19	00:43:38	00:43:38	4:21	13.8
79	PAKUŁSKI MARCIN	205		KOSZALIN	POL	M-4	22	79	00:00:41	00:11:17	00:22:00	00:32:45	00:43:20	00:43:38	00:43:38	4:21	13.8
80	MALINOWSKI MARIUSZ	170		KOSZALIN	POL	M-3	27	80	00:00:24	00:10:57	00:21:47	00:32:39	00:43:29	00:43:49	00:43:49	4:22	13.7
81	KUKIEŁA TOMASZ	146		KOSZALIN	POL	M-3	28	81	00:00:32	00:11:33	00:22:33	00:33:21	00:43:36	00:43:53	00:43:53	4:23	13.7
82	ROKOSZ RADOŚŁAW	241	JW 1223	KOSZALIN	POL	M-2	15	82	00:00:34	00:10:53	00:21:35	00:32:48	00:43:36	00:43:56	00:43:56	4:23	13.7
83	RACZYŃSKI GRZEGORZ	228	GIMNAZJUM SPORTOWE NR 1	KOSZALIN	POL	M-1	3	83	00:00:17	00:10:29	00:21:22	00:32:38	00:43:44	00:44:01	00:44:01	4:24	13.6
84	NACHYŁA PAWEŁ		DZIKI KOSZALIN	KOSZALIN	POL	M-2	16	84	00:00:25	00:10:45	00:21:29	00:32:36	00:43:41	00:44:02	00:44:02	4:24	13.6
85	SIKORSKI ADAM	360	SIKORROWO	GRZYBOWO	POL	M-3	29	85	00:00:25	00:10:42	00:21:38	00:32:45	00:43:45	00:44:05	00:44:05	4:24	13.6
86	MARCINIAK MACIEJ	171		POŁCZYŃ ZDRÓJ	POL	M-3	30	86	00:00:26	00:10:35	00:21:22	00:32:25	00:43:47	00:44:05	00:44:05	4:24	13.6
87	OGRODNIK GRZEGORZ	199	JW 1223 1DPLOT	KOSZALIN	POL	M-4	23	87	00:00:18	00:10:58	00:22:06	00:33:04	00:43:47	00:44:05	00:44:05	4:24	13.6
88	WALTER PRZEMYSŁAW	304	KB DZIESIĄTKA BIAŁOGARD	BIAŁOGARD	POL	M-4	24	88	00:00:25	00:10:56	00:21:37	00:32:35	00:43:39	00:44:07	00:44:07	4:24	13.6
89	WALCZAK MARCIN	301		KOSZALIN	POL	M-3	31	89	00:00:23	00:10:53	00:21:50	00:32:49	00:43:53	00:44:09	00:44:09	4:24	13.6
90	ZIELIŃSKI MATEUSZ	332	SŁONECZNY PATROL KOSZALIN	KOSZALIN	POL	M-2	17	90	00:00:40	00:11:49	00:22:39	00:33:24	00:43:51	00:44:10	00:44:10	4:25	13.6
91	NAWODZIŃSKI GRZEGORZ	454		ŚWIDWIN	POL	M-3	32	91	00:00:18	00:10:42	00:21:45	00:33:00	00:43:55	00:44:12	00:44:12	4:25	13.6
92	TOMALIŁ KAROL	291		KOSZALIN	POL	M-3	33	92	00:00:21	00:10:31	00:21:30	00:32:44	00:43:52	00:44:13	00:44:13	4:25	13.6
93	BARANOWSKI PIOTR	393		KOSZALIN	POL	M-3	34	93	00:00:24	00:11:20	00:22:10	00:33:05	00:43:59	00:44:19	00:44:19	4:25	13.5
94	RYTTEL MARCIN	488		KOŁOBRZEG	POL	M-3	35	94	00:00:22	00:10:45	00:21:48	00:33:01	00:44:04	00:44:22	00:44:22	4:26	13.5
95	STRĄPOC TOBIASZ	461			POL	M-2	18	95	00:00:25	00:10:06	00:21:25	00:33:00	00:44:04	00:44:23	00:44:23	4:26	13.5
96	STEFAŃSKI KRZYSZTOF	367	CSSP KOSZALIN	KOSZALIN	POL	M-2	19	96	00:00:28	00:11:12	00:22:04	00:33:12	00:44:04	00:44:23	00:44:23	4:26	13.5
97	SPALIŁ MICHAŁ	434		MIASTKO	POL	M-1	4	97	00:00:23	00:10:55	00:21:50	00:33:02	00:44:10	00:44:28	00:44:28	4:26	13.5
98	JAMROZIAK GRZEGORZ	84		KAMIEN POMORSKI	POL	M-3	36	98	00:00:24	00:10:52	00:22:01	00:33:18	00:44:18	00:44:38	00:44:38	4:27	13.4
99	WICENS JACEK	311	JACEK - BIEGAM BO LUBIĘ	BOLESZEWO	POL	M-2	20	99	00:00:27	00:11:25	00:22:26	00:33:37	00:44:19	00:44:38	00:44:38	4:27	13.4
100	BOGDANOWICZ KRZYSZTOF	12	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-5	6	100	00:00:17	00:10:42	00:21:52	00:33:25	00:44:26	00:44:43	00:44:43	4:28	13.4
101	KACHLIĆ KAMIL	92		KOSZALIN	POL	M-3	37	101	00:00:21	00:10:58	00:22:11	00:33:27	00:44:26	00:44:44	00:44:44	4:28	13.4
102	GAWRON PIOTR	56	KB GOCH BYTÓW	BYTÓW	POL	M-4	25	102	00:00:31	00:11:42	00:22:55	00:33:50	00:44:26	00:44:46	00:44:46	4:28	13.4
103	JAROSZEWSKI DANIEL	396		KOSZALIN	POL	M-3	38	103	00:00:17	00:10:39	00:21:44	00:33:23	00:44:46	00:45:02	00:45:02	4:30	13.3
104	SINKIEWICZ MIROŚŁAW	390	JW 1223 3DPLOT	KOSZALIN	POL	M-2	21	M 1	00:00:30	00:10:49	00:21:42	00:33:06	00:44:45	00:45:03.85	00:45:03.85	4:30	13.3
105	TROTT DANIEL	470		KOŁOBRZEG	POL	M-4	26	104	00:00:36	00:12:12	00:23:46	00:34:26	00:44:56	00:45:11	00:45:11	4:31	13.3
106	GACA RADOŚŁAW	53		KOSZALIN	POL	M-2	22	105	00:00:44	00:11:03	00:22:10	00:33:24	00:44:52	00:45:12	00:45:12	4:31	13.3
107	PARYSIAK ERYK	207		BUKOWO MORSKIE	POL	M-3	39	106	00:00:23	00:11:42	00:23:02	00:34:08	00:44:55	00:45:12	00:45:12	4:31	13.3
108	KOBUS MACIEJ	111		KOSZALIN	POL	M-2	23	107	00:00:29	00:11:28	00:22:45	00:33:58	00:44:59	00:45:16	00:45:16	4:31	13.3
109	ŻMIJOWSKI PIOTR	340		KOSZALIN	POL	M-3	40	108	00:00:25	00:11:28	00:22:38	00:33:51	00:45:00	00:45:17	00:45:17	4:31	13.2
110	RASIAK ADAM	403	JW 1223 1DPLOT	KOSZALIN	POL	M-2	24	109	00:00:29	00:11:17	00:22:26	00:33:49	00:44:59	00:45:19	00:45:19	4:31	13.2
111	WEBER PAWEŁ	306	AMADEUS CROSSTRaining GYM	KOSZALIN	POL	M-3	41	110	00:00:19	00:10:39	00:21:50	00:33:27	00:45:00	00:45:20	00:45:20	4:32	13.2
112	KORCZYŃSKI SŁAWOMIR	122		KOSZALIN	POL	M-2	25	111	00:00:26	00:10:32	00:21:43	00:33:26	00:45:03	00:45:20	00:45:20	4:32	13.2
113	SKAZA DAWID	260		KOSZALIN	POL	M-3	42	112	00:00:28	00:11:35	00:22:40	00:33:58	00:45:09	00:45:28	00:45:28	4:32	13.2
114	ZIOMKO RAFAŁ	336	KOŁOBRZEG	KOŁOBRZEG	POL	M-4	27	113	00:00:28	00:11:34	00:22:40	00:33:58	00:45:10	00:45:31	00:45:31	4:33	13.2
115	LEWITA SZYMON	158		MOSINA	POL	M-2	26	114	00:00:26	00:11:00	00:22:03	00:33:38	00:45:20	00:45:37	00:45:37	4:33	13.2
116	KRZANOWSKI MARCIN	140	KB DZIESIĄTKA BIAŁOGARD	BIAŁOGARD	POL	M-3	43	115	00:00:25	00:10:56	00:22:32	00:34:06	00:45:18	00:45:38	00:45:38	4:33	13.1
117	JASICZEK DARIUSZ	87	CSSP KOSZALIN	KOSZALIN	POL	M-3	44	116	00:00:40	00:11:06	00:21:57	00:33:24	00:45:20	00:45:39	00:45:39	4:33	13.1
118	OLEKSY PIOTR	201		KAMIENNA GÓRA	POL	M-3	45	117	00:00:37	00:11:22	00:22:24	00:34:02	00:45:22	00:45:40	00:45:40	4:34	13.1
119	KOISZEWSKI KRZYSZTOF	112		LĘBORK	POL	M-4	28	118	00:00:20	00:11:00	00:22:27	00:33:56	00:45:26	00:45:44	00:45:44	4:34	13.1
120	MIECZKOWSKI MICHAŁ	181	KTC KOŁOBRZEG	KOŁOBRZEG	POL	M-5	7	119	00:00:31	00:11:27	00:22:45	00:34:09	00:45:23	00:45:45	00:45:45	4:34	13.1
121	JODDA SŁAWOMIR	407	ZAMOŚCIE PIŁA	PIŁA	POL	M-3	46	120	00:00:23	00:10:23	00:21:16	00:33:16	00:45:28	00:45:50	00:45:50	4:35	13.1
122	ADAMCZAK ANDRZEJ	2	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M-5	8	121	00:00:28	00:11:39	00:23:03	00:34:27	00:45:31	00:45:50	00:45:50	4:35	13.1
123	JAMNIAK BARTOSZ	437		MIASTKO	POL	M-2	27	122	00:00:22	00:10:49	00:22:19	00:34:04	00:45:36	00:45:58	00:45:58	4:35	13.1
124	STANKIEWICZ WIESŁAW	362		KOSZALIN	POL	M-5	9	123	00:00:27	00:11:19	00:22:45	00:34:17	00:45:40	00:46:01	00:46:01	4:36	13
125	SPALIŁ MARIUSZ	435		MIASTKO	POL	M-4	29	124	00:00:20	00:10:51	00:22:12	00:33:57	00:45:49	00:46:08	00:46:08	4:36	13

XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.07km	2.535km	5km	7.465km	9.93km	Netto	Brutto	min/km	km/h
126	SZNAJDER WIKTOR	465		GOŚCIM	POL	M-3	47	125	00:00:41	00:12:04	00:23:43	00:35:12	00:45:50	00:46:09	00:46:09	4:36	13
127	WESOŁOWSKA DOMINIKA	308		KOSZALIN	POL	K-2	4	126	00:00:27	00:11:40	00:23:13	00:34:48	00:45:56	00:46:16	00:46:16	4:37	13
128	DONDAJEWSKI MICHAŁ	41		KOSZALIN	POL	M-3	48	127	00:00:37	00:11:48	00:23:12	00:34:40	00:46:03	00:46:19	00:46:19	4:37	13
129	NOWAK FILIP	369	CSSP KOSZALIN	KOSZALIN	POL	M-2	28	128	00:00:28	00:11:58	00:23:42	00:35:08	00:46:02	00:46:23	00:46:23	4:38	12.9
130	NIWIŃSKI GRZEGORZ	447	TUPOT USTKA	USTKA	POL	M-5	10	129	00:00:45	00:12:04	00:23:06	00:34:24	00:46:00	00:46:25	00:46:25	4:38	12.9
131	CHUDZIK ZBIGNIEW	29	4RUN TKKF KOSZALIN	STARE BIELICE	POL	M-5	11	130	00:00:25	00:11:36	00:23:00	00:34:29	00:46:06	00:46:25	00:46:25	4:38	12.9
132	BRYŁA KRZYSZTOF	16		KOSZALIN	POL	M-4	30	131	00:00:31	00:11:34	00:22:52	00:34:34	00:46:10	00:46:29	00:46:29	4:38	12.9
133	KRAKOWIAK SŁAWOMIR	130		KOSZALIN	POL	M-4	31	132	00:00:24	00:11:31	00:22:57	00:34:29	00:46:08	00:46:30	00:46:30	4:39	12.9
134	WILIŃSKI MAREK	316		ŚWIDWIN	POL	M-5	12	133	00:00:24	00:11:24	00:22:54	00:34:37	00:46:18	00:46:38	00:46:38	4:39	12.9
135	DORAWA WOJCIECH	42		MIASTKO	POL	M-2	29	134	00:00:27	00:11:30	00:23:01	00:34:43	00:46:19	00:46:40	00:46:40	4:40	12.9
136	ZIOMEK JOANNA	335	4RUN TKKF KOSZALIN	KOSZALIN	POL	K-4	2	135	00:00:27	00:11:40	00:23:11	00:34:47	00:46:23	00:46:44	00:46:44	4:40	12.8
137	JARZĄBEK MAGDALENA	86		SZCZEGŁINO	POL	K-2	5	136	00:00:25	00:11:24	00:23:00	00:34:46	00:46:29	00:46:49	00:46:49	4:40	12.8
138	BOHDAN JAKUB	459	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	MIASTKO	POL	M-1	5	137	00:00:23	00:11:41	00:23:48	00:36:01	00:46:35	00:46:53	00:46:53	4:41	12.8
139	RAMA JANUSZ	234		KOŁOBRZEG	POL	M-4	32	138	00:00:29	00:12:14	00:23:53	00:35:21	00:46:34	00:46:54	00:46:54	4:41	12.8
140	SZAŁKOWSKI WOJTEK	280		USTKA	POL	M-3	49	139	00:00:37	00:12:10	00:23:45	00:35:18	00:46:36	00:46:56	00:46:56	4:41	12.8
141	KUBIAK ANDRZEJ	380		RUMIA	POL	M-6	2	140	00:00:23	00:11:37	00:23:18	00:35:00	00:46:37	00:46:57	00:46:57	4:41	12.8
142	ALABA JERZY	468	KB 10 BIAŁOGARD	BIAŁOGARD	POL	M-5	13	141	00:00:36	00:12:26	00:23:56	00:35:27	00:46:42	00:46:59	00:46:59	4:41	12.8
143	SZTUBA BARTŁOMIEJ	284		KOSZALIN	POL	M-4	33	142	00:00:20	00:11:24	00:23:11	00:35:11	00:46:39	00:47:00	00:47:00	4:42	12.8
144	MAKSYMOWICZ KORNELIA	401		KOŁOBRZEG	POL	K-3	6	143	00:00:33	00:12:01	00:23:24	00:35:02	00:46:38	00:47:01	00:47:01	4:42	12.8
145	KURYLÓWICZ BARTOSZ	375		POZNAŃ	POL	M-2	30	144	00:00:25	00:11:23	00:22:59	00:34:46	00:46:39	00:47:02	00:47:02	4:42	12.8
146	TRAFNY MATEUSZ	361		KOSZALIN	POL	M-2	31	145	00:00:23	00:11:55	00:23:42	00:35:22	00:46:44	00:47:06	00:47:06	4:42	12.7
147	LEWANDOWSKI MAREK	157		INOWROCŁAW	POL	M-3	50	146	00:00:32	00:11:49	00:23:30	00:35:19	00:46:51	00:47:08	00:47:08	4:42	12.7
148	CHODOR MARTYNA	387	4RUN TKKF KOSZALIN	OKONEK	POL	K-3	7	147	00:00:27	00:11:40	00:23:12	00:34:58	00:46:46	00:47:09	00:47:09	4:42	12.7
149	SIKORSKI WITOLD	259	KB RUN 42	ROSNOWO	POL	M-5	14	148	00:00:35	00:11:53	00:23:39	00:35:28	00:46:51	00:47:10	00:47:10	4:43	12.7
150	KRUK MARCIN	136		KOSZALIN	POL	M-3	51	149	00:00:27	00:11:08	00:22:45	00:34:45	00:46:52	00:47:12	00:47:12	4:43	12.7
151	ROGAŁSKI ROBERTO	239	ZSW ZAWSZE SIĘGAJ WYŻEJ	KOSZALIN	POL	M-3	52	150	00:00:18	00:10:52	00:23:15	00:35:31	00:46:53	00:47:13	00:47:13	4:43	12.7
152	STRUMIŃSKI RAFAŁ	274	ŻYTANIA TEAM	KOSZALIN	POL	M-3	53	151	00:00:42	00:11:59	00:23:36	00:35:20	00:46:55	00:47:13	00:47:13	4:43	12.7
153	TRZECIAK DARIUSZ	296		KOŁOBRZEG	POL	M-4	34	152	00:00:37	00:12:13	00:24:02	00:35:43	00:46:55	00:47:15	00:47:15	4:43	12.7
154	ZIOMEK DAREK	334	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-4	35	153	00:00:24	00:11:35	00:23:12	00:35:08	00:46:57	00:47:16	00:47:16	4:43	12.7
155	KORMAN KAMIL	476		KOSZALIN	POL	M-1	6	154	00:00:43	00:12:53	00:24:51	00:36:22	00:47:00	00:47:16	00:47:16	4:43	12.7
156	JABŁOŃSKI ARKADIUSZ	83		TYCHOWO	POL	M-4	36	155	00:00:34	00:12:37	00:24:19	00:35:50	00:47:02	00:47:23	00:47:23	4:44	12.7
157	MACHELSKA SYLWIA	357	PGB SPORTOWA PACZKA	KOSZALIN	POL	K-3	8	156	00:00:22	00:11:41	00:23:16	00:35:14	00:47:05	00:47:27	00:47:27	4:44	12.6
158	NOWAKOWSKI RAFAŁ	194		KONIKOWO	POL	M-3	54	157	00:00:33	00:11:28	00:22:34	00:34:42	00:47:13	00:47:35	00:47:35	4:45	12.6
159	JURA MICHAŁ	455	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	MIASTKO	POL	M-1	7	158	00:00:24	00:11:41	00:23:48	00:36:02	00:47:14	00:47:35	00:47:35	4:45	12.6
160	JURA KRZYSZTOF	89	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	MIASTKO	POL	M-4	37	159	00:00:25	00:11:51	00:23:48	00:36:04	00:47:14	00:47:36	00:47:36	4:45	12.6
161	MATEJKO JACEK	175	TKKF KOSZALIN	KOSZALIN	POL	M-4	38	160	00:00:32	00:11:55	00:23:38	00:35:29	00:47:17	00:47:37	00:47:37	4:45	12.6
162	MACIEJEWSKI PIOTR	165		KOSZALIN	POL	M-3	55	161	00:00:44	00:12:34	00:24:16	00:36:02	00:47:19	00:47:39	00:47:39	4:45	12.6
163	KRYSZCZUK MICHAŁ	139		DARŁOWO	POL	M-2	32	162	00:00:42	00:12:19	00:24:30	00:36:08	00:47:25	00:47:43	00:47:43	4:46	12.6
164	ADAMCZYK KAROL	3		KOSZALIN	POL	M-2	33	163	00:00:44	00:12:34	00:24:16	00:36:02	00:47:28	00:47:47	00:47:47	4:46	12.6
165	KAJKOWSKI RAFAŁ	94	DODOMISIE KOSZALIN	KOSZALIN	POL	M-4	39	164	00:00:16	00:11:01	00:22:53	00:35:15	00:47:26	00:47:49	00:47:49	4:46	12.5
166	WILKOWSKI KRZYSZTOF	314		KOSZALIN	POL	M-3	56	165	00:00:32	00:11:41	00:23:27	00:35:38	00:47:29	00:47:49	00:47:49	4:46	12.5
167	BIL ADRIAN	8		KOSZALIN	POL	M-3	57	166	00:00:25	00:11:48	00:23:42	00:35:43	00:47:30	00:47:50	00:47:50	4:47	12.5
168	ŁOPIŃSKI PIOTR	162		DREZDENKO	POL	M-3	58	167	00:00:20	00:11:17	00:22:57	00:35:18	00:47:33	00:47:52	00:47:52	4:47	12.5
169	POLIKOWSKI PATRYK	398		SOPOT	POL	M-3	59	168	00:00:27	00:11:44	00:23:41	00:35:51	00:47:36	00:47:55	00:47:55	4:47	12.5
170	CZAPLICKI PAWEŁ	31	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-3	60	169	00:00:24	00:11:37	00:23:12	00:35:27	00:47:39	00:47:55	00:47:55	4:47	12.5
171	STOLARCZYK ADRIAN	358		MŚCICE	POL	M-1	8	170	00:00:28	00:11:38	00:23:32	00:35:41	00:47:38	00:47:59	00:47:59	4:47	12.5
172	WIERZBICKI JAKUB	313		ŚWIDWIN	POL	M-3	61	171	00:00:38	00:12:26	00:24:10	00:35:55	00:47:41	00:48:00	00:48:00	4:48	12.5
173	JANKOWSKI MACIEJ	413		KOSZALIN	POL	M-4	40	172	00:00:32	00:11:25	00:23:01	00:35:35	00:47:40	00:48:01	00:48:01	4:48	12.5
174	MYDŁOWSKI MACIEJ	408		KOSZALIN	POL	M-2	34	173	00:00:26	00:10:57	00:22:51	00:35:30	00:47:43	00:48:01	00:48:01	4:48	12.5

XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.07km	2.535km	5km	7.465km	9.93km	Netto	Brutto	min/km	km/h
175	CHOŁUJ KAROL	27		KOSZALIN	POL	M-3	62	174	00:00:27	00:11:30	00:23:24	00:35:36	00:47:51	00:48:05	00:48:05	4:48	12.5
176	ŚWIETLIK TOMASZ	289		KOSZALIN	POL	M-5	15	175	00:00:28	00:11:41	00:23:28	00:35:42	00:47:47	00:48:06	00:48:06	4:48	12.5
177	SIDELKO ROBERT	254		KOSZALIN	POL	M-5	16	176	00:00:33	00:12:18	00:23:57	00:35:52	00:47:46	00:48:08	00:48:08	4:48	12.5
178	NIEMCZUK DARIUSZ	491		KOSZALIN	POL	M-5	17	177	00:00:18	00:11:27	00:23:32	00:36:05	00:47:50	00:48:10	00:48:10	4:49	12.5
179	SUGIER MICHAŁ	277		KOSZALIN	POL	M-3	63	178	00:00:34	00:12:09	00:24:06	00:36:13	00:47:53	00:48:14	00:48:14	4:49	12.4
180	WALTER JOANNA	303	KB DZIESIĄTKA BIAŁOGARD	BIAŁOGARD	POL	K-4	3	179	00:00:24	00:12:28	00:24:34	00:36:24	00:48:03	00:48:23	00:48:23	4:50	12.4
181	KRZEWIŃSKA MAŁGORZATA	141	4RUN TKKF KOSZALIN	KOSZALIN	POL	K-5	1	180	00:00:25	00:12:01	00:24:04	00:36:05	00:48:06	00:48:25	00:48:25	4:50	12.4
182	RUTKOWSKI WITOLD	248		SZCZECIN	POL	M-4	41	181	00:00:26	00:11:55	00:23:54	00:36:02	00:48:09	00:48:28	00:48:28	4:50	12.4
183	KROTOWSKI GRZEGORZ	134	K.B. TUPOT USTKA	USTKA	POL	M-4	42	182	00:00:24	00:11:40	00:23:31	00:35:48	00:48:09	00:48:29	00:48:29	4:50	12.4
184	URBANOWICZ GRZEGORZ	300		KOSZALIN	POL	M-4	43	183	00:00:20	00:11:41	00:23:38	00:35:57	00:48:13	00:48:35	00:48:35	4:51	12.3
185	KACZMAREK ŁUKASZ	93		KOSZALIN	POL	M-3	64	184	00:00:34	00:11:52	00:23:56	00:36:18	00:48:18	00:48:38	00:48:38	4:51	12.3
186	STERNIKER HEIKE	354	SCHWEDTER HASEN	SCHWEDT ODER	GER	K-4	4	185	00:00:22	00:11:54	00:23:59	00:36:06	00:48:14	00:48:39	00:48:39	4:51	12.3
187	STERNIKER MARIO	355	SCHWEDTER HASEN	SCHWEDT ODER	GER	M-4	44	186	00:00:23	00:11:54	00:23:59	00:36:07	00:48:14	00:48:39	00:48:39	4:51	12.3
188	OSENKOWSKI ARTUR	203		KOSZALIN	POL	M-3	65	187	00:00:38	00:11:11	00:23:11	00:35:30	00:48:15	00:48:40	00:48:40	4:52	12.3
189	SZCZEPANIAK JACEK	282		KĘPICE	POL	M-4	45	188	00:00:25	00:11:30	00:23:28	00:35:54	00:48:18	00:48:40	00:48:40	4:52	12.3
190	ANDRZEJEWSKA MARTA	4		KOŁOBRZEG	POL	K-3	9	189	00:00:28	00:12:10	00:24:10	00:36:28	00:48:20	00:48:41	00:48:41	4:52	12.3
191	MRUGALSKI DAMIAN	186		KOSZALIN	POL	M-3	66	190	00:00:40	00:12:54	00:25:07	00:37:01	00:48:21	00:48:41	00:48:41	4:52	12.3
192	WIELGUS PAWEŁ	448		OKONEK	POL	M-3	67	191	00:00:25	00:11:57	00:23:59	00:36:21	00:48:21	00:48:43	00:48:43	4:52	12.3
193	KILAR TOMASZ	106		KOSZALIN	POL	M-4	46	192	00:00:35	00:12:05	00:24:07	00:36:14	00:48:19	00:48:45	00:48:45	4:52	12.3
194	GÓRA AGNIESZKA	452	PHILIPS-PIŁA	PIŁA	POL	K-3	10	193	00:00:23	00:12:08	00:24:14	00:36:25	00:48:26	00:48:48	00:48:48	4:52	12.3
195	NACHYŁA PIOTR	429		SŁUPSK	POL	M-4	47	194	00:00:34	00:12:29	00:24:31	00:36:35	00:48:28	00:48:49	00:48:49	4:52	12.3
196	CHUDYK MAGDA	430		KOŁOBRZEG	POL	K-3	11	195	00:00:26	00:12:14	00:24:16	00:36:35	00:48:38	00:48:59	00:48:59	4:53	12.2
197	WOJCIECHOWSKA-HRYCYK AGATA	320		KOŁOBRZEG	POL	K-4	5	196	00:00:26	00:12:13	00:24:15	00:36:34	00:48:40	00:49:01	00:49:01	4:54	12.2
198	WESOŁOWSKI ARKADIUSZ	451		KOSZALIN	POL	M-3	68	197	00:00:29	00:11:32	00:23:27	00:36:04	00:48:40	00:49:03	00:49:03	4:54	12.2
199	STRZELECKI ZBIGNIEW	275		KORZYBIE	POL	M-5	18	198	00:00:30	00:12:14	00:24:20	00:36:36	00:48:42	00:49:04	00:49:04	4:54	12.2
200	RÓJ ANDRZEJ	388		BIAŁOGARD	POL	M-4	48	199	00:00:24	00:12:28	00:24:34	00:36:56	00:48:45	00:49:05	00:49:05	4:54	12.2
201	RADECKI JACEK	229		KOSZALIN	POL	M-4	49	200	00:00:24	00:11:56	00:23:58	00:36:29	00:48:45	00:49:06	00:49:06	4:54	12.2
202	KRAŚIŃSKI WITOLD	131		KOSZALIN	POL	M-4	50	201	00:00:28	00:11:22	00:23:22	00:36:04	00:48:50	00:49:07	00:49:07	4:54	12.2
203	DĄBROWSKI GRZEGORZ	36		BONIN	POL	M-4	51	202	00:00:26	00:11:43	00:23:58	00:36:31	00:48:49	00:49:09	00:49:09	4:54	12.2
204	IWANIEC DARIUSZ	81		SIERAKOWO	POL	M-4	52	203	00:00:27	00:11:56	00:24:00	00:36:28	00:48:51	00:49:13	00:49:13	4:55	12.2
205	RUDZIŃSKI KRZYSZTOF	449		KOSZALIN	POL	M-2	35	204	00:00:34	00:11:56	00:23:55	00:36:30	00:48:58	00:49:17	00:49:17	4:55	12.2
206	MYDŁOWSKA MONIKA	188		MIELNO	POL	K-3	12	205	00:00:39	00:15:00	00:32:02	00:48:48		00:49:19	00:49:19	4:55	12.2
207	MACHNIEWSKI ARTUR	386		KOSZALIN	POL	M-3	69	206	00:00:33	00:12:02	00:24:06	00:36:33	00:48:57	00:49:20	00:49:20	4:56	12.2
208	KOŁAKOWSKI DARIUSZ	115	K. B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-4	53	207	00:00:33	00:12:19	00:24:30	00:36:50	00:49:03	00:49:25	00:49:25	4:56	12.1
209	SZABLA EWELINA	279		KOSZALIN	POL	K-3	13	208	00:00:32	00:12:13	00:24:30	00:36:57	00:49:06	00:49:29	00:49:29	4:56	12.1
210	SZYMAŃSKI KACPER	474	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M-2	36	209	00:00:27	00:12:38	00:25:11	00:37:45	00:49:11	00:49:31	00:49:31	4:57	12.1
211	GAWROŃSKI PAWEŁ	57	Ogień w SzoPie	KOSZALIN	POL	M-2	37	210	00:00:28	00:11:37	00:23:51	00:36:38	00:49:14	00:49:31	00:49:31	4:57	12.1
212	MARKOWSKI ANDRZEJ	174	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-6	3	211	00:00:25	00:12:04	00:24:27	00:36:57	00:49:20	00:49:37	00:49:37	4:57	12.1
213	MĘDEL MARTA	179		KOSZALIN	POL	K-3	14	212	00:00:31	00:12:21	00:24:43	00:37:15	00:49:19	00:49:38	00:49:38	4:57	12.1
214	PEŁKA JANUSZ	210		KOSZALIN	POL	M-5	19	213	00:00:39	00:12:14	00:24:23	00:36:45	00:49:17	00:49:45	00:49:45	4:58	12.1
215	MĘDEL Cezary	178		KOSZALIN	POL	M-4	54	214	00:00:30	00:12:23	00:24:43	00:37:15	00:49:26	00:49:48	00:49:48	4:58	12
216	CHAMERA KRZYSZTOF	24		BMG SŁUPSK	POL	M-4	55	215	00:00:41	00:12:04	00:24:05	00:37:00	00:49:31	00:49:55	00:49:55	4:59	12
217	DWULIT KATARZYNA	44		MIASTKO	POL	K-2	6	216	00:00:21	00:11:45	00:23:58	00:36:47	00:49:33	00:49:55	00:49:55	4:59	12
218	JĘDRASZKO MAGDA	88	MIASTECKIE TOWARZYSTWO SPORTOWE HAMER	PASIEKA	POL	K-3	15	217	00:00:22	00:11:45	00:23:58	00:36:47	00:49:31	00:49:57	00:49:57	4:59	12
219	STAWISZYŃSKI JAROSŁAW	266		KOSZALIN	POL	M-3	70	218	00:00:43	00:13:11	00:25:34	00:37:56	00:49:41	00:49:57	00:49:57	4:59	12
220	PIETRZYCKI ADRIAN	215		KOSZALIN	POL	M-3	71	219	00:00:34	00:12:36	00:24:49	00:37:25	00:49:38	00:49:58	00:49:58	4:59	12
221	CZERWIŃSKI DANIEL	32		KOSZALIN	POL	M-3	72	220	00:00:35	00:12:22	00:37:30			00:50:00	00:50:00	5:00	12
222	KOZŁOWIECKI WALDEMAR	129	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-6	4	221	00:00:35	00:12:37	00:24:51	00:37:27	00:49:41	00:50:02	00:50:02	5:00	12
223	BOGACKI TOMASZ	11	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-5	20	222	00:00:25	00:12:14	00:24:37	00:37:10	00:49:46	00:50:09	00:50:09	5:00	12
224	DASZKO TOMASZ	478		KOSZALIN	POL	M-3	73	223	00:00:29	00:12:28	00:25:08	00:37:55	00:49:53	00:50:13	00:50:13	5:01	11.9
225	SZEWczyk ANDRZEJ	283		KOSZALIN	POL	M-2	38	224	00:00:36	00:12:05	00:24:33	00:37:29	00:49:56	00:50:15	00:50:15	5:01	11.9
226	KUTWIN ARTUR	152		KOSZALIN	POL	M-4	56	225	00:00:29	00:12:27	00:24:42	00:37:29	00:49:55	00:50:19	00:50:19	5:01	11.9

XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.07km	2.535km	5km	7.465km	9.93km	Netto	Brutto	min/km	km/h
227	JUSZCZAK KRZYSZTOF	91		KOSZALIN	POL	M-6	5	226	00:00:29	00:12:10	00:24:29	00:37:15	00:49:58	00:50:22	00:50:22	5:02	11.9
228	RUSINEK DAWID	463		BIAŁOGARD	POL	M-2	39	227	00:00:35	00:13:03	00:25:53	00:38:22	00:50:06	00:50:26	00:50:26	5:02	11.9
229	SUBALSKI MICHAŁ	276		KOSZALIN	POL	M-3	74	228	00:00:32	00:12:32	00:25:03	00:37:56	00:50:05	00:50:29	00:50:29	5:02	11.9
230	OSOBNAK RYSZARD	204		KOSZALIN	POL	M-5	21	229	00:00:38	00:12:27	00:24:44	00:37:27	00:50:06	00:50:29	00:50:29	5:02	11.9
231	KARNICKI ZYGMUNT	99	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-6	6	230	00:00:26	00:11:53	00:24:24	00:37:21	00:50:17	00:50:37	00:50:37	5:03	11.9
232	ANIELSKI MICHAŁ	427		KOSZALIN	POL	M-2	40	231	00:00:38	00:13:04	00:25:40	00:38:44	00:50:24	00:50:44	00:50:44	5:04	11.8
233	RUDZIŃSKI BRONISŁAW	475		KOSZALIN	POL	M-6	7	232	00:00:32	00:12:16	00:24:56	00:37:47	00:50:23	00:50:46	00:50:46	5:04	11.8
234	KOPREK ŁUKASZ	121	SŁONECZNY PATROL KOSZALIN	KOSZALIN	POL	M-2	41	233	00:00:40	00:12:19	00:24:36	00:37:30	00:50:28	00:50:48	00:50:48	5:04	11.8
235	KOKOT EDWARD	113	2 BRYGADA ZMECHANIZOWANA	BORNE SULINOWO	POL	M-3	75	234	00:00:20	00:11:41	00:24:04	00:37:05	00:50:29	00:50:50	00:50:50	5:05	11.8
236	HERBA KRZYSZTOF	75		KOSZALIN	POL	M-3	76	235	00:00:27	00:12:14	00:24:14	00:37:14	00:50:36	00:50:54	00:50:54	5:05	11.8
237	ŻUREK KAMILA	343		KOSZALIN	POL	K-3	16	236	00:12:27	00:25:10	00:38:01	00:50:37		00:50:56	00:50:56	5:05	11.8
238	SIKORSKA GRAŻYNA	258		KUROWO	POL	K-5	2	237	00:00:24	00:12:42	00:25:17	00:38:06	00:50:50	00:51:13	00:51:13	5:07	11.7
239	KACZMAREK ZBIGNIEW	374		KOSZALIN	POL	M-6	8	238	00:00:41	00:12:55	00:25:32	00:38:24	00:50:53	00:51:13	00:51:13	5:07	11.7
240	LAMPKOWSKI KRZYSZTOF	466		ŚWIESZYNO	POL	M-4	57	239	00:00:22	00:11:27	00:24:14	00:37:37	00:50:50	00:51:16	00:51:16	5:07	11.7
241	NOWAK MARCIN	195		KOŁOBRZEG	POL	M-3	77	240	00:00:22	00:12:16	00:24:41	00:37:58	00:50:55	00:51:18	00:51:18	5:07	11.7
242	BEDNAREK KRZYSZTOF	350		KOSZALIN	POL	M-3	78	241	00:00:26	00:12:58	00:25:48	00:38:41	00:50:59	00:51:19	00:51:19	5:07	11.7
243	OPALIŃSKI STANISŁAW	423		KOŁOBRZEG	POL	M-5	22	242	00:00:30	00:12:45	00:25:28	00:38:19	00:51:00	00:51:19	00:51:19	5:07	11.7
244	KIRKO MARIUSZ	107		KOSZALIN	POL	M-3	79	243	00:00:30	00:12:29	00:24:59	00:38:01	00:51:05	00:51:25	00:51:25	5:08	11.7
245	KISIEL MICHAŁ	109	PARKRUN SZCZECINEK	SZCZECINEK	POL	M-3	80	244	00:00:30	00:13:08	00:25:36	00:38:12	00:51:02	00:51:26	00:51:26	5:08	11.7
246	SAMELZON-SROKA BEATA	252		KOSZALIN	POL	K-3	17	245	00:00:39	00:12:57	00:25:37	00:38:27	00:51:06	00:51:29	00:51:29	5:08	11.7
247	KARWASZ KRZYSZTOF	100	KATEDRA KOSZALIN	KOSZALIN	POL	M-4	58	246	00:00:29	00:12:29	00:25:31	00:38:39	00:51:22	00:51:44	00:51:44	5:10	11.6
248	KUPREWICZ GRZEGORZ	148		KOSZALIN	POL	M-3	81	247	00:00:35	00:12:43	00:25:48	00:38:37	00:51:26	00:51:48	00:51:48	5:10	11.6
249	ZATORSKI ZBIGNIEW	329		GRZYBOWO	POL	M-3	82	248	00:00:35	00:13:06	00:25:53	00:38:54	00:51:27	00:51:49	00:51:49	5:10	11.6
250	SALAMON PIOTR	399		KOSZALIN	POL	M-3	83	249	00:00:44	00:12:27	00:24:23	00:36:37	00:51:35	00:51:53	00:51:53	5:11	11.6
251	MROCZKOWSKA MARTA	184		KOSZALIN	POL	K-3	18	250	00:00:37	00:13:03	00:25:48	00:38:47	00:51:36	00:51:56	00:51:56	5:11	11.6
252	PIĄTKOWSKI BARTOSZ	211	AKT KOSZALIN	KOSZALIN	POL	M-4	59	251	00:00:32	00:13:07	00:26:00	00:38:58	00:51:38	00:51:59	00:51:59	5:11	11.5
253	TRZECAK ANNA	295		KOŁOBRZEG	POL	K-4	6	252	00:00:36	00:12:44	00:26:01	00:39:23	00:51:40	00:51:59	00:51:59	5:11	11.5
254	LUBICZ-KROŚNICKA ANNA	160	AMADEUS CROSSGYM	KOSZALIN	POL	K-3	19	253	00:00:20	00:12:18	00:25:30	00:38:41	00:51:46	00:52:05	00:52:05	5:12	11.5
255	KONIECZNA MARZENA	120	AMADEUS CROSSTRaining GYM	ŁOPIENICA	POL	K-2	7	254	00:00:20	00:12:18	00:25:30	00:38:42	00:51:46	00:52:06	00:52:06	5:12	11.5
256	LUPZIK RADOŚLAW	426		KOSZALIN	POL	M-2	42	255	00:00:37	00:13:04	00:25:41	00:38:57	00:51:51	00:52:08	00:52:08	5:12	11.5
257	GAJEK ARTUR	54		KĘPICE	POL	M-3	84	256	00:00:40	00:13:02	00:25:47	00:38:50	00:51:50	00:52:14	00:52:14	5:13	11.5
258	ROGOŻA IRENEUSZ	240		KOSZALIN	POL	M-4	60	257	00:00:36	00:13:32	00:27:06	00:39:52	00:52:01	00:52:20	00:52:20	5:14	11.5
259	POLIŃKA-KISIEL MAŁGORZATA	446	PARKRUN SZCZECINEK	SZCZECINEK	POL	K-3	20	258	00:00:30	00:13:17	00:26:15	00:39:18	00:52:03	00:52:26	00:52:26	5:14	11.4
260	GRZELAK KARINA	70		KOSZALIN	POL	K-3	21	259	00:00:31	00:12:38	00:25:42	00:39:02	00:52:14	00:52:39	00:52:39	5:15	11.4
261	MRUGALSKA MAGDALENA	419	JW 1223 1DPL0T	KOSZALIN	POL	K-2	8	260	00:00:41	00:12:53	00:26:15	00:39:31	00:52:27	00:52:48	00:52:48	5:16	11.4
262	HOŁUBASZ PAWEŁ	79	UNIA RACING TEAM ŁĘBORK	ŁĘBORK	POL	M-3	85	261	00:00:35	00:11:55	00:24:57	00:38:58	00:52:30	00:52:53	00:52:53	5:17	11.3
263	JABŁOŃSKA KATARZYNA	82		TYCHOWO	POL	K-3	22	262	00:00:34	00:13:19	00:26:19	00:39:33	00:52:34	00:52:57	00:52:57	5:17	11.3
264	SIEPRACKI ADAM	257		KOSZALIN	POL	M-3	86	263	00:00:43	00:13:31	00:26:43	00:40:08	00:52:56	00:53:18	00:53:18	5:19	11.3
265	FELKOWSKI TOMASZ	49		KOSZALIN	POL	M-3	87	264	00:00:32	00:13:29	00:26:38	00:39:50	00:53:02	00:53:26	00:53:26	5:20	11.2
266	MADEJSZA MARCIN	411		KOSZALIN	POL	M-3	88	265	00:00:30	00:13:29	00:26:33	00:39:51	00:53:08	00:53:33	00:53:33	5:21	11.2
267	ŚLUSARZ KRZYSZTOF	288		KOSZALIN	POL	M-4	61	266	00:00:36	00:13:03	00:26:36	00:39:50	00:53:13	00:53:37	00:53:37	5:21	11.2
268	KUJAWA NATALIA	145		KOSZALIN	POL	K-2	9	267	00:00:21	00:12:26	00:25:44	00:39:36	00:53:24	00:53:45	00:53:45	5:22	11.2
269	MACIOSEK AGNIESZKA	462		KARLINO	POL	K-4	7	268	00:00:37	00:13:42	00:26:57	00:40:08	00:53:25	00:53:48	00:53:48	5:22	11.2
270	PANAS MAŁGORZATA	206		KOŁOBRZEG	POL	K-4	8	269	00:00:40	00:13:48	00:26:51	00:40:08	00:53:26	00:53:49	00:53:49	5:22	11.1
271	WĘGIEL ALEKSANDRA	431		SŁUPSK	POL	K-2	10	270	00:00:29	00:12:21	00:25:41	00:39:35	00:53:29	00:53:54	00:53:54	5:23	11.1
272	TURCZYN GRZEGORZ	297		SŁUPSK	POL	M-4	62	271	00:00:35	00:12:42	00:25:23	00:39:23	00:53:36	00:54:03	00:54:03	5:24	11.1
273	WOLF WERONIKA	322		SIANÓW	POL	K-4	9	272	00:00:31	00:13:10	00:26:38	00:40:21	00:53:52	00:54:16	00:54:16	5:25	11.1
274	DZIESZUK DARIUSZ	394	4RUN TKKF KOSZALIN	KOSZALIN	POL	M-4	63	273	00:00:33	00:14:02	00:27:48	00:41:09	00:53:57	00:54:18	00:54:18	5:25	11
275	DEREN GRZEGORZ	38	K. B. SPRINT ŚWIDWIN	ŚWIDWIN	POL	M-3	89	274	00:00:20	00:12:09	00:25:14	00:39:57	00:54:02	00:54:19	00:54:19	5:25	11
276	SZARY SZYMON	281		KOSZALIN	POL	M-3	90	275	00:00:41	00:13:48	00:27:05	00:40:34	00:54:03	00:54:27	00:54:27	5:26	11
277	PIĘTKO JOANNA	460		KOSZALIN	POL	K-4	10	276	00:00:37	00:13:27	00:26:56	00:40:41	00:54:05	00:54:29	00:54:29	5:26	11
278	HAMROL DAWID	72	KATEDRA KOSZALIN	KOSZALIN	POL	M-3	91	277	00:00:44	00:13:31	00:27:19	00:41:04	00:54:15	00:54:34	00:54:34	5:27	11
279	BARTOSIK JAROSŁAW	347		KOSZALIN	POL	M-4	64	278	00:00:38	00:12:41	00:26:12	00:40:06	00:54:14	00:54:35	00:54:35	5:27	11

XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.07km	2.535km	5km	7.465km	9.93km	Netto	Brutto	min/km	km/h
280	POLAŃSKA KATARZYNA	384		KOSZALIN	POL	K-3	23	279	00:00:26	00:12:43	00:26:03	00:39:57	00:54:12	00:54:36	00:54:36	5:27	11
281	GÓRALCZYK ANNA	62		KOSZALIN	POL	K-3	24	280	00:00:30	00:14:06	00:27:47	00:41:27	00:54:15	00:54:37	00:54:37	5:27	11
282	JARUGA ARTUR	421		KOSZALIN	POL	M-3	92	281	00:00:30	00:14:06	00:27:47	00:41:27	00:54:15	00:54:38	00:54:38	5:27	11
283	CINCIO ROBERT	30	TKKF TRIATHLON KOSZALIN	KOSZALIN	POL	M-3	93	282	00:00:27	00:12:04	00:25:51	00:40:25	00:54:22	00:54:41	00:54:41	5:28	11
284	PUSCIAN KRZYSZTOF KAMIL	377		MANOWO	POL	M-4	65	283	00:00:35	00:13:36	00:26:55	00:40:41	00:54:20	00:54:43	00:54:43	5:28	11
285	NIEDBAŁA KONRAD	469		KOSZALIN	POL	M-4	66	284	00:00:40	00:13:41	00:26:52	00:40:53	00:54:22	00:54:45	00:54:45	5:28	11
286	TOMCZYK LESZEK	293	JW 1223 3DPLOT	ŻEGOCINO	POL	M-3	94	285	00:00:41	00:14:31	00:28:01	00:41:36	00:54:35	00:54:54	00:54:54	5:29	10.9
287	STUDZIŃSKI SIERGIEJ	472		KOSZALIN	POL	M-4	67	286	00:00:31	00:14:19	00:27:46	00:41:26	00:54:42	00:55:02	00:55:02	5:30	10.9
288	GŁOWACKI WŁODZIMIERZ	471		KOSZALIN	POL	M-7	1	287	00:00:24	00:12:44	00:26:26	00:40:47	00:54:41	00:55:08	00:55:08	5:30	10.9
289	BAK ZBIGNIEW	7	RANNERSWALDE	DARŁOWO	POL	M-3	95	288	00:00:25	00:13:28	00:27:10	00:41:09	00:55:03	00:55:24	00:55:24	5:32	10.8
290	HIROWICZ AGNIESZKA	78		KOSZALIN	POL	K-3	25	289	00:00:28	00:13:18	00:26:58	00:41:20	00:55:20	00:55:35	00:55:35	5:33	10.8
291	PIENIAŻEK MAGDALENA	445	PARKRUN SZCZECINEK	NEW YORK	POL	K-3	26	290	00:00:30	00:13:36	00:26:40	00:40:55	00:55:13	00:55:40	00:55:40	5:34	10.8
292	TYLUŚ SYLWIA	299	PARKRUN SZCZECINEK TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	K-3	27	291	00:00:30	00:13:36	00:26:40	00:40:55	00:55:13	00:55:40	00:55:40	5:34	10.8
293	WEJNEROWSKA KLAUDIA	385		KOSZALIN	POL	K-2	11	292	00:00:39	00:14:14	00:28:01	00:41:57	00:55:22	00:55:45	00:55:45	5:34	10.8
294	GUDZIŃSKI LECH	71		KOSZALIN	POL	M-6	9	293	00:00:29	00:13:44	00:27:35	00:41:26	00:55:20	00:55:46	00:55:46	5:34	10.8
295	ODRZYWOŁEK PAWEŁ	197		KOSZALIN	POL	M-3	96	294	00:00:39	00:14:14	00:28:01	00:41:57	00:55:22	00:55:46	00:55:46	5:34	10.8
296	RADLIŃSKA ALICJA	231	PUPIL KOSZALIN	KOSZALIN	POL	K-4	11	295	00:00:31	00:13:57	00:27:42	00:41:39	00:55:28	00:55:47	00:55:47	5:34	10.8
297	RADECKI PRZEMYSŁAW	230		KOSZALIN	POL	M-3	97	296	00:00:42	00:13:52	00:27:34	00:41:33	00:55:48	00:56:08	00:56:08	5:36	10.7
298	ZIĘTARA RYSZARD	333		KOSZALIN	POL	M-6	10	297	00:00:26	00:13:28	00:27:13	00:41:20	00:55:44	00:56:10	00:56:10	5:37	10.7
299	PAULIŃSKI JAN	492		KOSZALIN	POL	M-6	11	298	00:00:23	00:13:19	00:27:13	00:41:27	00:55:46	00:56:11	00:56:11	5:37	10.7
300	MAZUREK BARBARA	177	BABECZKI KOSZALIN	KOSZALIN	POL	K-3	28	299	00:00:29	00:12:45	00:26:49	00:41:30	00:55:51	00:56:12	00:56:12	5:37	10.7
301	SOBOLEWSKI MAREK	344		KOSZALIN	POL	M-4	68	300	00:00:19	00:12:59	00:27:10	00:41:27	00:55:59	00:56:19	00:56:19	5:37	10.7
302	GOŁDYN MAREK	61		KOSZALIN	POL	M-3	98	301	00:00:26	00:12:27	00:26:10	00:41:20	00:55:59	00:56:24	00:56:24	5:38	10.6
303	NOWAK WIESŁAW	196		SZCZECIN	POL	M-6	12	302	00:00:36	00:13:53	00:27:47	00:42:16	00:56:04	00:56:26	00:56:26	5:38	10.6
304	HILLER JERZY	77	PERFECT RUNNER TEAM	LUBLIN	POL	M-6	13	303	00:00:35	00:14:10	00:28:13	00:42:19	00:56:12	00:56:35	00:56:35	5:39	10.6
305	MACIĄŻEK JAROSŁAW	402		KOŁOBRZEG	POL	M-3	99	304	00:00:36	00:13:01	00:26:50	00:41:19	00:56:12	00:56:37	00:56:37	5:39	10.6
306	IWANKIEWICZ JUSTYNA	443		KOSZALIN	POL	K-3	29	305	00:00:31	00:13:08	00:27:24	00:42:17	00:56:14	00:56:40	00:56:40	5:40	10.6
307	OSENKOWSKA WIKTORIA	202	KATEDRA KOSZALIN	KOSZALIN	POL	K-1	1	306	00:00:44	00:13:31	00:27:31	00:42:28	00:56:20	00:56:41	00:56:41	5:40	10.6
308	SWATOWSKI ANDRZEJ	278		KOSZALIN	POL	M-6	14	307	00:00:41	00:14:17	00:27:56	00:42:18	00:56:26	00:56:51	00:56:51	5:41	10.6
309	NOREK TOMASZ	193		KOSZALIN	POL	M-4	69	308	00:00:38	00:13:56	00:27:46	00:42:05	00:56:28	00:56:53	00:56:53	5:41	10.5
310	KUBIAK MARIA			RUMIA	POL	K-6	1	309	00:00:34	00:13:54	00:27:47	00:42:15	00:56:48	00:57:11	00:57:11	5:43	10.5
311	SZYMAŃSKI TOMASZ	473	TEAM BIEGOWY SZCZECINEK	SZCZECINEK	POL	M-4	70	310	00:00:37	00:14:17	00:28:26	00:42:54	00:56:50	00:57:13	00:57:13	5:43	10.5
312	RASZPLA RADOŚLAW	235		KOSZALIN	POL	M-4	71	311	00:00:29	00:12:25	00:26:49	00:41:29	00:56:50	00:57:19	00:57:19	5:43	10.5
313	BUREK SZYMON	21	SQUASH FORMA KOSZALIN	KOSZALIN	POL	M-3	100	312	00:00:46	00:14:20	00:28:33	00:42:45	00:56:58	00:57:21	00:57:21	5:44	10.5
314	KOSIŃSKI KRZYSZTOF	438		KOSZALIN	POL	M-5	23	313	00:00:32	00:13:36	00:27:39	00:42:11	00:57:03	00:57:27	00:57:27	5:44	10.4
315	GRUDZIŃSKI MARCIN	69		KOSZALIN	POL	M-3	101	314	00:00:39	00:14:16	00:28:10	00:42:41	00:57:06	00:57:27	00:57:27	5:44	10.4
316	SOJKA AGNIESZKA	263		SZCZECINEK	POL	K-3	30	315	00:00:42	00:14:55	00:29:08	00:43:18	00:57:07	00:57:28	00:57:28	5:44	10.4
317	ZIEJEWSKI KRZYSZTOF	487	MONOLITH LIFE TEAM	KOSZALIN	POL	M-3	102	316	00:00:39	00:14:22	00:28:42	00:42:54	00:57:03	00:57:29	00:57:29	5:44	10.4
318	ZIELIŃSKA DOMINIKA	400	RAZ SZCZECIN	SZCZECIN	POL	K-3	31	317	00:00:29	00:13:29	00:27:50	00:42:35	00:57:36	00:57:56	00:57:56	5:47	10.4
319	ŁAWRYNOWICZ WIKTOR	404		KOSZALIN	POL	M-5	24	318	00:00:20	00:12:49	00:27:15	00:42:10	00:57:33	00:58:00	00:58:00	5:48	10.3
320	ZARBOCK KRZYSZTOF	433		OKONEK	POL	M-5	25	319	00:00:33	00:14:01	00:27:48	00:42:25	00:57:35	00:58:01	00:58:01	5:48	10.3
321	BASŹYK AGNIESZKA	489		KOSZALIN	POL	K-3	32	320	00:00:35	00:13:59	00:28:15	00:43:19	00:57:45	00:58:10	00:58:10	5:49	10.3
322	SKIERŚ STANISŁAW	262		KOSZALIN	POL	M-6	15	321	00:00:37	00:14:17	00:28:32	00:42:57	00:57:52	00:58:20	00:58:20	5:50	10.3
323	PŁOŃSKA EWELINA	464	JW 1223	KOSZALIN	POL	K-3	33	322	00:00:36	00:13:27	00:27:37	00:42:51	00:58:02	00:58:25	00:58:25	5:50	10.3
324	CZYŻEWSKA BEATA	33	KOŁOBRZEG BIEGA	KOŁOBRZEG	POL	K-4	12	323	00:00:27	00:14:08	00:28:31	00:43:18	00:58:00	00:58:26	00:58:26	5:50	10.3
325	PILARSKA JOANNA	217		USTRONIE MORSKIE	POL	K-3	34	324	00:00:41	00:14:31	00:28:39	00:43:36	00:58:27	00:58:46	00:58:46	5:52	10.2
326	SZCZEBLEWSKI GRZEGORZ	410		KOSZALIN	POL	M-4	72	325	00:00:33	00:14:41	00:29:04	00:44:05	00:58:21	00:58:48	00:58:48	5:52	10.2
327	KOZŁOWSKA-NAJDER MAGDA	409		KOSZALIN	POL	K-4	13	326	00:00:34	00:14:41	00:29:05	00:44:05	00:58:21	00:58:48	00:58:48	5:52	10.2
328	VON BARDELEBEN AGNIESZKA	395	BABECZKI KOSZALIN	KOSZALIN	POL	K-4	14	327	00:00:33	00:14:49	00:29:39	00:44:14	00:58:19	00:58:51	00:58:51	5:53	10.2
329	MIELCZAREK JULIA	397		KOSZALIN	POL	K-1	2	328	00:00:44	00:15:00	00:29:25	00:44:00	00:58:27	00:58:51	00:58:51	5:53	10.2

XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.07km	2.535km	5km	7.465km	9.93km	Netto	Brutto	min/km	km/h
330	MOŻEJO ANNA	183		KOSZALIN	POL	K-3	35	329	00:00:33	00:14:49	00:29:40	00:44:14	00:58:18	00:58:52	00:58:52	5:53	10.2
331	JANACZYK MARCIN	485	JW 1223	KOSZALIN	POL	M-3	103	330	00:00:43	00:13:34	00:27:44	00:43:08	00:58:32	00:58:54	00:58:54	5:53	10.2
332	PIOR TOMASZ	218		KONIKOWO	POL	M-3	104	331	00:00:27	00:13:11	00:27:39	00:42:47	00:58:29	00:58:55	00:58:55	5:53	10.2
333	ŁADA PAWEŁ	161		KOSZALIN	POL	M-3	105	332	00:00:42	00:14:33	00:29:12	00:44:05	00:58:35	00:58:57	00:58:57	5:53	10.2
334	TYLUŚ DAMIAN	298	PARKRUN SZCZECINEK	SZCZECINEK	POL	M-4	73	333	00:00:30	00:14:20	00:29:01	00:43:54	00:58:34	00:58:59	00:58:59	5:53	10.2
335	WÓJCİK SEBASTIAN	325	ŻYTANIA TEAM	KOSZALIN	POL	M-3	106	334	00:00:42	00:14:34	00:29:13	00:44:05	00:58:36	00:59:02	00:59:02	5:54	10.2
336	WÓJCİK ANNA	323	ŻYTANIA TEAM	KOSZALIN	POL	K-3	36	335	00:00:42	00:14:34	00:29:13	00:44:07	00:58:36	00:59:02	00:59:02	5:54	10.2
337	BOCZEK BARTŁOMIEJ	10		BOBOLICE	POL	M-1	9	336	00:00:41	00:14:30	00:29:15	00:44:10	00:58:43	00:59:08	00:59:08	5:54	10.1
338	WYGODA GRZEGORZ	327		POZNAŃ	POL	M-3	107	337	00:00:40	00:13:53	00:28:14	00:43:22	00:58:44	00:59:10	00:59:10	5:55	10.1
339	WOJCIECHOWSKA KATARZYNA	477		KOŁOBRZEG	POL	K-2	12	338	00:00:34	00:14:35	00:28:43	00:43:29	00:58:51	00:59:11	00:59:11	5:55	10.1
340	KOLASA TOMASZ	114		KOŁOBRZEG	POL	M-4	74	339	00:00:40	00:14:39	00:29:15	00:44:10	00:58:54	00:59:14	00:59:14	5:55	10.1
341	RÓJ BARBARA	389		BIAŁOGARD	POL	K-4	15	340	00:00:22	00:14:12	00:29:42	00:44:55	00:59:06	00:59:33	00:59:33	5:57	10.1
342	GRABOWSKA MARTA	67		ŻŁOTÓW	POL	K-2	13	341	00:00:38	00:15:18	00:30:03	00:44:50	00:59:13	00:59:34	00:59:34	5:57	10.1
343	KRYŚIAK ANDRZEJ	138		KOSZALIN	POL	M-4	75	342	00:00:35	00:13:46	00:27:57	00:43:35	00:59:22	00:59:53	00:59:53	5:59	10
344	GLUSZCZ BEATA	345		BIAŁOGARD	POL	K-2	14	343	00:00:33	00:14:50	00:29:28	00:44:44	00:59:46	01:00:07	01:00:07	6:00	10
345	KIRKO MARZENA	108		KOSZALIN	POL	K-3	37	344	00:00:33	00:14:51	00:29:30	00:44:45	00:59:53	01:00:15	01:00:15	6:01	10
346	WIKTOROWICZ MAŁGORZATA	315		KOSZALIN	POL	K-4	16	345	00:00:38	00:15:14	00:30:07	00:44:56	00:59:53	01:00:17	01:00:17	6:01	10
347	KORPAL CEZARY	124		KOSZALIN	POL	M-5	26	346	00:00:42	00:16:13	00:30:45	00:45:13	01:00:07	01:00:35	01:00:35	6:03	9.9
348	GRABOWSKA ELŻBIETA	66		ŻŁOTÓW	POL	K-5	3	347	00:00:37	00:15:10	00:29:55	00:45:03	01:00:10	01:00:38	01:00:38	6:03	9.9
349	ZAWADA ANDRZEJ	420		WODNICA	POL	M-4	76	348	00:00:36	00:12:52	00:26:38	00:42:13	01:00:05	01:00:39	01:00:39	6:03	9.9
350	STOLARCZYK ŁUKASZ	359		KOSZALIN	POL	M-2	43	349	00:00:35	00:13:29	00:28:20	00:44:03	01:00:29	01:00:52	01:00:52	6:05	9.9
351	POWARZYŃSKI DAMIAN	457		MALECHOWO	POL	M-2	44	350	00:00:42	00:15:15	00:30:04	00:45:46	01:00:35	01:00:58	01:00:58	6:05	9.8
352	STEC EDYTA	267	BABECZKI KOSZALIN	KOSZALIN	POL	K-3	38	351	00:00:32	00:14:49	00:29:40	00:45:09	01:00:35	01:01:03	01:01:03	6:06	9.8
353	POTECKA AGNIESZKA	224		BIAŁOGARD	POL	K-4	17	352	00:00:22	00:14:12	00:29:42	00:45:03	01:00:43	01:01:11	01:01:11	6:07	9.8
354	DONDAJEWSKA MARZENA	40		KOSZALIN	POL	K-3	39	353	00:00:39	00:14:18	00:29:17	00:44:54	01:00:51	01:01:18	01:01:18	6:07	9.8
355	SZYŁKA JUSTYNA	285		KOSZALIN	POL	M-1	10	354	00:00:37	00:14:17	00:29:24	00:45:04	01:00:57	01:01:20	01:01:20	6:08	9.8
356	DĄBROWSKI MICHAŁ	37	RUN FOREST RUN	KOSZALIN	POL	M-3	108	355	00:00:44	00:15:56	00:31:09	00:46:14	01:01:05	01:01:26	01:01:26	6:08	9.8
357	DĄBROWSKA AGNIESZKA	422	RUN FOREST RUN	KOSZALIN	POL	K-3	40	356	00:00:43	00:15:57	00:31:10	00:46:15	01:01:05	01:01:26	01:01:26	6:08	9.8
358	KOSTRZEWA ŁUKASZ	424	RUN FOREST RUN	KOSZALIN	POL	M-3	109	357	00:00:44	00:15:57	00:31:09	00:46:16	01:01:07	01:01:32	01:01:32	6:09	9.8
359	KOMOROWSKA BEATA	118		KOSZALIN	POL	K-3	41	358	00:00:38	00:14:10	00:29:27	00:45:08	01:01:25	01:01:50	01:01:50	6:11	9.7
360	SCHMIDT DARIUSZ	441		KOŁOBRZEG	POL	M-5	27	359	00:00:39	00:14:19	00:29:11	00:45:28	01:01:52	01:02:17	01:02:17	6:13	9.6
361	KUC SYLWIA	144		KOSZALIN	POL	K-3	42	360	00:00:42	00:15:14	00:30:07	00:46:02	01:01:52	01:02:20	01:02:20	6:14	9.6
362	MALINOWSKA AGNIESZKA	444		KOSZALIN	POL	K-3	43	361	00:00:38	00:15:13	00:30:08	00:46:02	01:01:52	01:02:21	01:02:21	6:14	9.6
363	TREJDER MARIA MAGDALENA	294		KOSZALIN	POL	K-4	18	362	00:00:39	00:15:19	00:30:54	00:46:41	01:02:07	01:02:30	01:02:30	6:15	9.6
364	HELLER ZDZISŁAW	74		KOSZALIN	POL	M-5	28	363	00:00:31	00:14:55	00:30:24	00:46:23	01:02:07	01:02:31	01:02:31	6:15	9.6
365	KOŚCIELNIAK KINGA	125		KOSZALIN	POL	K-2	15	364	00:00:38	00:15:14	00:31:08	00:47:07	01:02:16	01:02:33	01:02:33	6:15	9.6
366	KREIS-GROCHOWSKA DOMINIKA	132		KOSZALIN	POL	K-3	44	365	00:00:45	00:15:37	00:31:03	00:46:55	01:03:07	01:03:33	01:03:33	6:21	9.4
367	GROCHOWSKI RAFAŁ	68		KOSZALIN	POL	M-4	77	366	00:00:45	00:15:37	00:31:03	00:46:55	01:03:07	01:03:33	01:03:33	6:21	9.4
368	GAJLEWICZ KAROLINA	55		KOSZALIN	POL	K-3	45	367	00:00:32	00:15:51	00:32:38	00:48:15	01:03:46	01:04:14	01:04:14	6:25	9.3
369	WOCHNA FILIP	486		ROSNOWO	POL	M-1	11	368	00:00:29	00:14:46	00:32:22	00:48:16	01:04:39	01:04:57	01:04:57	6:29	9.2
370	ZDANOWICZ MAGDA	330		WYGODA	POL	K-1	3	369	00:00:43	00:15:42	00:31:53	00:48:29	01:05:09	01:05:39	01:05:39	6:33	9.1
371	RZEDZICKI RAFAŁ	392		KOSZALIN	POL	M-4	78	370	00:00:42	00:16:16	00:32:37	00:49:35	01:05:47	01:06:10	01:06:10	6:37	9.1
372	GÓRNA ANNA	63	FORMA ROSNOWO	ROSNOWO	POL	K-3	46	371	00:00:39	00:16:07	00:32:19	00:49:00	01:05:50	01:06:16	01:06:16	6:37	9.1
373	KOWALSKA MAGDALENA	382	KOSZALIN	KOSZALIN	POL	K-2	16	372	00:00:37	00:16:15	00:32:38	00:49:34	01:06:01	01:06:17	01:06:17	6:37	9.1
374	HAŁA ANNA	383		KOŁOBRZEG	POL	K-2	17	373	00:00:36	00:16:15	00:32:38	00:49:35	01:06:01	01:06:17	01:06:17	6:37	9.1
375	GŁOWIŃSKI KRZYSZTOF	450		KOSZALIN	POL	M-4	79	374	00:00:42	00:15:39	00:31:36	00:48:12	01:05:58	01:06:31	01:06:31	6:39	9
376	WOLF BEATA	484		KOSZALIN	POL	K-3	47	375	00:00:40	00:16:51	00:33:20	00:50:38	01:07:32	01:08:01	01:08:01	6:48	8.8
377	ŻELECHOWSKA MAGDALENA	339	BABECZKI KOSZALIN	KOSZALIN	POL	K-3	48	376	00:00:40	00:16:51	00:33:20	00:50:38	01:07:32	01:08:02	01:08:02	6:48	8.8
378	BLACHNIO MARIAN	425		JAWORZNO	POL	M-6	16	377	00:00:39	00:16:48	00:33:43	00:50:53	01:07:37	01:08:08	01:08:08	6:48	8.8
379	MAŁĄG BAIK ANNA	167		KOSZALIN	POL	K-2	18	378	00:00:34	00:15:54	00:32:51	00:50:20	01:08:21	01:08:52	01:08:52	6:53	8.7
380	WALO ZBIGNIEW	302		KOSZALIN	POL	M-5	29	379	00:00:43	00:16:15	00:33:15	00:50:59	01:09:26	01:09:59	01:09:59	6:59	8.6
381	PEŁKA IWONA	209		KOSZALIN	POL	K-4	19	380	00:00:41	00:17:43	00:34:52	00:52:21	01:10:11	01:10:34	01:10:34	7:03	8.5
382	BARTNIK MARIAN	6	TKKF KOSZALIN	KOSZALIN	POL	M-7	2	381	00:00:23	00:18:32	00:38:22	00:59:01	01:20:17	01:20:51	01:20:51	8:05	7.4
383	MRUGALSKI STANISŁAW	187		MIASTKO	POL	M-5	30	382	00:00:31	00:11:52	01:30:20	01:39:58	01:50:06			11:05	5.4
384	PIEKARSKI RAFAŁ	417	OPOCZNO SPORT TEAM	OPOCZNO	POL	M-1	12	383	00:00:17	00:09:19	00:18:50	00:28:24				3:48	15.8
385	TARNIONEK KATARZYNA	290		DARŁOWO	POL	K-3	49	384	00:00:22	00:11:56	00:24:29					4:53	12.3

XIII MIĘDZYNARODOWY BIEG WENEDÓW - 10KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-scowość	Kraj	Kat.	M. kat	K/M	0.07km	2.535km	5km	7.465km	9.93km	Netto	Brutto	min/km	km/h
386	WASILEWSKI JAROSŁAW	305		SIERPC	POL	M-3	110	385	00:00:43	00:13:31	00:26:41					5:20	11.2
387	WOCHNA KAROLINA	483		KOSZALIN	POL	K-1	4	386	00:00:29	00:21:11						8:20	7.2