

## ELIMINATOR 2016 - ETAP I

Organizator: Fundacja Bieg Rzeźnika  
 Data: 2016-11-26  
 Miejsce: Ustroń  
 Dystans: 1.7 km  
 Klasyfikacja wg czasów brutto.

## ELIMINATOR 2016 - ETAP I, OPEN

| M-ce | Nazwisko i imię      | Nr  | Klub                                       | M-scowość        | Kraj | Kat. | M. kat | K/M  | 0.9km    | Netto       | Brutto      | min/km | km/h |
|------|----------------------|-----|--------------------------------------------|------------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 1    | DLUGOSZ ANDRZEJ      | 167 |                                            | RYTRO            | POL  | M30  | 1      | M 1  | 00:06:20 | 00:14:21.35 | 00:14:21.35 | 8:26   | 7.1  |
| 2    | MALINA DAWID         |     | INŻYNIERIA BIEGANIA - TWÓJ BIEGOWY TRENER! | RYBNIK           | POL  | M20  | 1      | M 2  | 00:06:44 | 00:15:16.55 | 00:15:16.55 | 8:58   | 6.7  |
| 3    | GORCZYCA BARTOSZ     | 1   | SALCO SPORT TEAM                           | SKOŁYSZYN        | POL  | M20  | 2      | M 3  | 00:06:47 | 00:15:29.05 | 00:15:29.05 | 9:06   | 6.6  |
| 4    | SZCZESNIEWSKI MIŁOSZ | 2   | SALCO SPORT TEAM                           | WSCHOWA          | POL  | M20  | 3      | M 4  | 00:06:52 | 00:15:41.65 | 00:15:41.65 | 9:13   | 6.5  |
| 5    | JAWORSKI ZBIGNIEW    | 56  |                                            | KLUSZKOWCE       | POL  | M30  | 2      | M 5  | 00:07:12 | 00:15:58.25 | 00:15:58.25 | 9:23   | 6.4  |
| 6    | KOŃ PIOTR            | 4   | RMD MONTRAIL TEAM                          | RĘCZNO           | POL  | M30  | 3      | M 6  | 00:07:12 | 00:16:05.45 | 00:16:05.45 | 9:27   | 6.3  |
| 7    | RZESZÓTKO MARCIN     | 186 | KW ZAKOPANE / TOPR                         | ZAKOPANE         | POL  | M20  | 4      | M 7  | 00:07:22 | 00:16:17.75 | 00:16:17.75 | 9:34   | 6.3  |
| 8    | WĄSOWICZ JAN         | 9   |                                            | KRAKÓW           | POL  | M40  | 1      | M 8  | 00:07:19 | 00:16:23.55 | 00:16:23.55 | 9:38   | 6.2  |
| 9    | GAWRONSKI TOMASZ     | 6   | UMKS NADIR JĘDRZEJÓW                       | JĘDRZEJÓW        | POL  | M20  | 5      | M 9  | 00:07:17 | 00:16:23.70 | 00:16:23.70 | 9:38   | 6.2  |
| 10   | FARON ROBERT         | 3   | SALCO SPORT TEAM                           | KAMIENICA        | POL  | M40  | 2      | M 10 | 00:07:51 | 00:16:50.90 | 00:16:50.90 | 9:54   | 6.1  |
| 11   | MAREK DARIUSZ        | 185 | RMD MONTRAIL TEAM                          | WIELICZKA        | POL  | M30  | 4      | M 11 | 00:07:40 | 00:16:55.25 | 00:16:55.25 | 9:57   | 6    |
| 12   | BIERNAWSKI PIOTR     | 10  | SLOW MOTION                                | NOWY TARG        | POL  | M30  | 5      | M 12 | 00:07:42 | 00:17:06.00 | 00:17:06.00 | 10:03  | 6    |
| 13   | FALKOWSKI KRZYSZTOF  | 39  | WOODWARD RUNNERS                           | KRAKÓW           | POL  | M30  | 6      | M 13 | 00:07:30 | 00:17:08.10 | 00:17:08.10 | 10:04  | 6    |
| 14   | BIEL ANDRZEJ         | 17  | CLARAHÜTTE                                 | ŻYWIEC           | POL  | M30  | 7      | M 14 | 00:07:48 | 00:17:20.40 | 00:17:20.40 | 10:11  | 5.9  |
| 15   | CZAPLA PIOTR         | 8   | SULIS HOKO TEAM/UKS OLIMPIA ZABRZE         | GLIWICE          | POL  | M20  | 6      | M 15 | 00:07:47 | 00:17:27.70 | 00:17:27.70 | 10:15  | 5.8  |
| 16   | MAGIERA JANUSZ       | 90  | FORMA WODZISŁAW ŚLĄSKI                     | WODZISŁAW ŚLĄSKI | POL  | M50  | 1      | M 16 | 00:07:51 | 00:17:34.00 | 00:17:34.00 | 10:20  | 5.8  |
| 17   | MISIAK BARTOSZ       | 97  | BRAT KUBA                                  | CESKY TESIN      | POL  | M20  | 7      | M 17 | 00:08:10 | 00:17:39.60 | 00:17:39.60 | 10:22  | 5.8  |
| 18   | DOMISZEWSKI IGNACY   | 34  | MKS HALICZ                                 | USTRZYKI DOLNE   | POL  | M20  | 8      | M 18 | 00:07:34 | 00:17:48.50 | 00:17:48.50 | 10:28  | 5.7  |
| 19   | SEDLAK MICHAŁ        | 122 | LUBIĘ TO BIEGANIE                          | GIERASZOWICE     | POL  | M40  | 3      | M 19 | 00:07:56 | 00:18:08.55 | 00:18:08.55 | 10:40  | 5.6  |
| 20   | LEŚNIAK KAMIL        | 222 | INOV-8                                     | TORUŃ            | POL  | M20  | 9      | M 20 | 00:08:04 | 00:18:19.20 | 00:18:19.20 | 10:46  | 5.6  |
| 21   | HUZIOR PIOTR         | 187 | FAKE RUNNERS                               | NOWY TARG        | POL  | M40  | 4      | M 21 | 00:08:24 | 00:18:22.85 | 00:18:22.85 | 10:48  | 5.6  |
| 22   | ULFIK RAFAŁ          | 152 | RMD MONTRAIL TEAM/SKB KRAŚNIK              | ZABRZE           | POL  | M20  | 10     | M 22 | 00:07:59 | 00:18:23.70 | 00:18:23.70 | 10:48  | 5.5  |
| 23   | CELIŃSKI ROBERT      | 25  | BYLEDOBIEC ANIN                            | BIELSKO-BIAŁA    | POL  | M30  | 8      | M 23 | 00:08:52 | 00:18:24.15 | 00:18:24.15 | 10:49  | 5.5  |
| 24   | KOZDOŃ JAROSŁAW      | 77  | INŻYNIERIA BIEGANIA / NIEWYMIĘKACZE        | ŻORY             | POL  | M30  | 9      | M 24 | 00:08:20 | 00:18:26.15 | 00:18:26.15 | 10:50  | 5.5  |
| 25   | GRYGO PAWEŁ          | 47  | LŁKS PREFBET ŚNIAADOWO-ŁOMŻA               | ŁOMŻA            | POL  | M40  | 5      | M 25 | 00:08:08 | 00:18:29.65 | 00:18:29.65 | 10:52  | 5.5  |
| 26   | RAKUS KORNEŁ         | 115 | KS KANDAHAR                                | KISIELÓW         | POL  | M40  | 6      | M 26 | 00:08:13 | 00:18:32.80 | 00:18:32.80 | 10:54  | 5.5  |
| 27   | KOBRYN DOMINIK       | 66  | BYLEDOBIEC ANIN                            | KATOWICE         | POL  | M40  | 7      | M 27 | 00:08:32 | 00:18:36.20 | 00:18:36.20 | 10:56  | 5.5  |
| 28   | KASZYCA PAWEŁ        | 169 | IGLOO BOCHNIA / APLILKA                    | JANKOWICE        | POL  | M30  | 10     | M 28 | 00:08:28 | 00:18:39.10 | 00:18:39.10 | 10:58  | 5.5  |
| 29   | JANKOWSKI ŁUKASZ     | 55  | TRAINING-CONNECTING PEOPLE                 | KATOWICE         | POL  | M30  | 11     | M 29 | 00:08:15 | 00:18:45.10 | 00:18:45.10 | 11:01  | 5.4  |
| 30   | STEC JAKUB           | 134 | BRAC                                       | GODZISZKA        | POL  | M20  | 11     | M 30 | 00:08:30 | 00:18:49.65 | 00:18:49.65 | 11:04  | 5.4  |
| 31   | CELIŃSKA ANNA        | 300 | BYLEDOBIEC ANIN                            | BIELSKO-BIAŁA    | POL  | K30  | 1      | K 1  | 00:08:43 | 00:18:53.40 | 00:18:53.40 | 11:06  | 5.4  |
| 32   | JANUSZYK IWONKA      | 303 |                                            | OŚWIĘCIM         | POL  | K20  | 1      | K 2  | 00:08:43 | 00:19:01.10 | 00:19:01.10 | 11:11  | 5.4  |
| 33   | MADEJCZYK MAREK      |     |                                            | KATOWICE         | POL  | M30  | 12     | M 31 | 00:08:44 | 00:19:02.95 | 00:19:02.95 | 11:11  | 5.4  |
| 34   | BROJ MARCEL          | 20  | BROJ TEAM ZLINICE                          | ŻLINICE          | POL  | M20  | 12     | M 32 | 00:08:21 | 00:19:08.00 | 00:19:08.00 | 11:15  | 5.3  |
| 35   | SOKOŁOWSKI MAREK     | 132 | RMD MONTRAIL TEAM                          | MYSŁOWICE-WESOŁA | POL  | M40  | 8      | M 33 | 00:08:47 | 00:19:16.10 | 00:19:16.10 | 11:20  | 5.3  |
| 36   | GOLBA KASIA          | 344 | 1 SECOND TEAM/ AZS AWK KATOWICE            |                  | POL  | K20  | 2      | K 3  | 00:08:43 | 00:19:21.25 | 00:19:21.25 | 11:22  | 5.3  |
| 37   | PORĘBSKI RAFAŁ       | 109 | PORANNY PATROL/EVIL TEAM                   | ZAWADA           | POL  | M40  | 9      | M 34 | 00:08:44 | 00:19:24.30 | 00:19:24.30 | 11:24  | 5.3  |
| 38   | KALUŻA JERZY         |     |                                            | BIELSKO-BIAŁA    | POL  | M30  | 13     | M 35 | 00:08:54 | 00:19:40.50 | 00:19:40.50 | 11:34  | 5.2  |
| 39   | SZATANIK ZBIGNIEW    | 141 |                                            | UJSOŁY           | POL  | M40  | 10     | M 36 | 00:08:33 | 00:19:43.00 | 00:19:43.00 | 11:35  | 5.2  |
| 40   | KANTOR MARTYNA       | 302 | HERCOG RUNNING TEAM                        | KRAKÓW           | POL  | K20  | 3      | K 4  | 00:08:48 | 00:19:45.35 | 00:19:45.35 | 11:37  | 5.2  |
| 41   | HOLLY PIOTR          | 7   | SPORTFUEL.PL                               | WAŁBRZYCH        | POL  | M30  | 14     | M 37 | 00:08:42 | 00:19:46.20 | 00:19:46.20 | 11:37  | 5.2  |
| 42   | WRZESZCZ MARIUSZ     | 161 | TRIATHLON MIETKÓW TEAM                     | KOSTOMŁOTY       | POL  | M20  | 13     | M 38 | 00:08:49 | 00:19:49.95 | 00:19:49.95 | 11:39  | 5.1  |
| 43   | BADURA ADAM          | 13  | FORMA WODZISŁAW ŚLĄSKI                     | RYBNIK           | POL  | M30  | 15     | M 39 | 00:09:08 | 00:20:04.10 | 00:20:04.10 | 11:48  | 5.1  |
| 44   | URBAŃCZYK KAROL      | 154 | NIGHT RUNNERS GLIWICE                      | GLIWICE          | POL  | M20  | 14     | M 40 | 00:09:09 | 00:20:08.60 | 00:20:08.60 | 11:50  | 5.1  |
| 45   | ŚCIESZKA WOJCIECH    | 149 | 13 ELT KRAKÓW-BALICE                       | KRAKÓW           | POL  | M40  | 11     | M 41 | 00:08:58 | 00:20:11.35 | 00:20:11.35 | 11:52  | 5.1  |

**ELIMINATOR 2016 - ETAP I, OPEN c.d.**

| M-ce | Nazwisko i imię                | Nr  | Klub                                        | M-scowość            | Kraj | Kat. | M. kat | K/M  | 0.9km    | Netto       | Brutto      | min/km | km/h |
|------|--------------------------------|-----|---------------------------------------------|----------------------|------|------|--------|------|----------|-------------|-------------|--------|------|
| 46   | JENDRYSIK KAROL                | 188 |                                             | ŁAZISKA GÓRNE        | POL  | M20  | 15     | M 42 | 00:09:16 | 00:20:16.20 | 00:20:16.20 | 11:55  | 5    |
| 47   | RADOMSKI ZBIGNIEW              | 112 |                                             | BIELSKO BIAŁA        | POL  | M60  | 1      | M 43 | 00:09:33 | 00:20:18.45 | 00:20:18.45 | 11:56  | 5    |
| 48   | KOS TOMASZ                     | 72  | PAŃSTWOWA STRAŻ POŻARNA BYTOM               | TYCHY                | POL  | M30  | 16     | M 44 | 00:09:07 | 00:20:21.50 | 00:20:21.50 | 11:58  | 5    |
| 49   | KOKOT KRZYSZTOF                | 70  | HRMAX ŻORY                                  | ŻORY                 | POL  | M40  | 12     | M 45 | 00:09:07 | 00:20:27.00 | 00:20:27.00 | 12:01  | 5    |
| 50   | KOT RAFAŁ                      | 74  | WAY BEHIND HORIZON // KB JURUND<br>SZCZYTNO | SZCZYTNO             | POL  | M30  | 17     | M 46 | 00:09:17 | 00:20:28.70 | 00:20:28.70 | 12:02  | 5    |
| 51   | KOŚNY KRZYSZTOF                | 175 | WIELKOLUD TEAM / KS KANDAHAR                | KATOWICE             | POL  | M40  | 13     | M 47 | 00:09:28 | 00:20:33.70 | 00:20:33.70 | 12:05  | 5    |
| 52   | RECLAW ARKADIUSZ               | 117 | VEGE RUNNERS                                | WARSZAWA             | POL  | M30  | 18     | M 48 | 00:09:09 | 00:20:37.25 | 00:20:37.25 | 12:07  | 4.9  |
| 53   | DZIDOWSKI ALEKSANDER           | 38  | BIEGAJ RAZEM Z NAMI                         | ZAWIERCIE            | POL  | M30  | 19     | M 49 | 00:08:46 | 00:20:38.40 | 00:20:38.40 | 12:08  | 4.9  |
| 54   | WITOWSKA MIROSŁAWA             | 338 | KW ZAKOPANE                                 | ZAKOPANE             | POL  | K20  | 4      | K 5  | 00:09:27 | 00:20:38.50 | 00:20:38.50 | 12:08  | 4.9  |
| 55   | KUSZKA MICHAŁ                  | 85  | BBL MIKOŁÓW                                 | MIKOŁÓW              | POL  | M30  | 20     | M 50 | 00:09:15 | 00:20:39.00 | 00:20:39.00 | 12:08  | 4.9  |
| 56   | BONDARA SYLWIA                 | 304 | JACEKBIEGA RUNNING TEAM                     | BYDGOSZCZ            | POL  | K20  | 5      | K 6  | 00:09:44 | 00:20:41.00 | 00:20:41.00 | 12:10  | 4.9  |
| 57   | KIK IWONA                      | 320 | KW KRAKÓW                                   | STRZYŻÓW             | POL  | K30  | 2      | K 7  | 00:09:26 | 00:20:44.20 | 00:20:44.20 | 12:11  | 4.9  |
| 58   | FERENC JANUSZ                  | 40  | USKS LUDWIKOWICE                            | LUDWIKOWICE KŁ.      | POL  | M60  | 2      | M 51 | 00:09:46 | 00:20:47.70 | 00:20:47.70 | 12:13  | 4.9  |
| 59   | HATAŁA MARIUSZ                 | 183 | BB RUNNERS                                  | BIELSKO-BIAŁA        | POL  | M30  | 21     | M 52 | 00:09:29 | 00:20:48.85 | 00:20:48.85 | 12:14  | 4.9  |
| 60   | KUŚMIERSKI MICHAŁ              | 86  | BB RUNNERS                                  | BIELSKO-BIAŁA        | POL  | M30  | 22     | M 53 | 00:09:35 | 00:20:49.05 | 00:20:49.05 | 12:14  | 4.9  |
| 61   | KUPIJAJ MARCIN                 | 82  | SOCIOS GÓRNIK                               | GLIWICE              | POL  | M20  | 16     | M 54 | 00:09:17 | 00:20:52.10 | 00:20:52.10 | 12:16  | 4.9  |
| 62   | STYCZEN PIOTR                  | 139 | CKBABCIE                                    | CHECINY              | POL  | M30  | 23     | M 55 | 00:09:18 | 00:20:55.75 | 00:20:55.75 | 12:18  | 4.9  |
| 63   | BARYSZNIKOW MIKOŁAJ            | 170 | KINGRUNNER                                  | NOWICA               |      | M30  | 24     | M 56 | 00:09:23 | 00:20:57.50 | 00:20:57.50 | 12:19  | 4.9  |
| 64   | GIL DOMINIKA                   | 316 | ENDURANCE TEAM                              | SIEMIANOWICE ŚLĄSKIE | POL  | K30  | 3      | K 8  | 00:08:59 | 00:21:01.85 | 00:21:01.85 | 12:21  | 4.9  |
| 65   | PIECHULA KATARZYNA             | 328 | TEAM PAPRY 20                               | TYCHY                | POL  | K40  | 1      | K 9  | 00:09:41 | 00:21:04.45 | 00:21:04.45 | 12:23  | 4.8  |
| 66   | KŁONOWSKI KAMIL                | 64  | MOSIR ŁAZISKA GÓRNE                         | ŁAZISKA GÓRNE        | POL  | M20  | 17     | M 57 | 00:09:20 | 00:21:06.80 | 00:21:06.80 | 12:24  | 4.8  |
| 67   | WOJDASIEWICZ TADEUSZ           | 157 |                                             | KĘPICE               | POL  | M30  | 25     | M 58 | 00:09:29 | 00:21:07.55 | 00:21:07.55 | 12:25  | 4.8  |
| 68   | BOGUICK JACEK                  | 19  |                                             | KATOWICE             | POL  | M20  | 18     | M 59 | 00:09:19 | 00:21:09.35 | 00:21:09.35 | 12:26  | 4.8  |
| 69   | KOZIOŁ KAMIL                   | 75  | HUSARIA RACE TEAM                           | MICHAŁOWICE          | POL  | M20  | 19     | M 60 | 00:09:16 | 00:21:18.85 | 00:21:18.85 | 12:31  | 4.8  |
| 70   | MENDECKA MICHALINA             | 325 | MOSIR ŁAZISKA GÓRNE                         | ŁAZISKA GÓRNE        | POL  | K20  | 6      | K 10 | 00:09:32 | 00:21:20.35 | 00:21:20.35 | 12:32  | 4.8  |
| 71   | ZBOŻNIAK ŁUKASZ                | 164 | ABOVE2000                                   | DĄBROWA GÓRNICZA     | POL  | M30  | 26     | M 61 | 00:09:30 | 00:21:20.75 | 00:21:20.75 | 12:32  | 4.8  |
| 72   | MORAWIEC MAREK                 | 100 | SZAKAL TEAM                                 | CIESZYN              | POL  | M30  | 27     | M 62 | 00:09:27 | 00:21:23.00 | 00:21:23.00 | 12:34  | 4.8  |
| 73   | KROŚNY SEBASTIAN               | 78  | BIEGAMYZSERCEM.PL - BIEGATON                | MIKOŁÓW              | POL  | M30  | 28     | M 63 | 00:09:35 | 00:21:23.10 | 00:21:23.10 | 12:34  | 4.8  |
| 74   | KORZENIOWSKI ROBERT            | 11  | RK ATHLETICS                                | WARSZAWA             | POL  | M40  | 14     | M 64 | 00:09:24 | 00:21:23.75 | 00:21:23.75 | 12:34  | 4.8  |
| 75   | RADZIOWONOWICZ MICHAŁ          | 113 |                                             | BIELSKO-BIAŁA        | POL  | M20  | 20     | M 65 | 00:09:13 | 00:21:27.70 | 00:21:27.70 | 12:37  | 4.8  |
| 76   | RECZEK SEBASTIAN               | 118 | KS ZIELONO-CZARNI                           | MINSK MAZOWIECKI     | POL  | M30  | 29     | M 66 | 00:09:27 | 00:21:31.70 | 00:21:31.70 | 12:39  | 4.7  |
| 77   | GORAJ AGATA                    | 317 | TRAINING-CONNECTING PEOPLE                  | KATOWICE             | POL  | K20  | 7      | K 11 | 00:10:01 | 00:21:35.65 | 00:21:35.65 | 12:41  | 4.7  |
| 78   | KOCHEL PAWEŁ                   | 67  |                                             | KOWARY               | POL  | M30  | 30     | M 67 | 00:09:40 | 00:21:37.00 | 00:21:37.00 | 12:42  | 4.7  |
| 79   | KNAP MATEUSZ                   | 65  | KS KANDAHAR/TUTTU KATOWICE                  | KATOWICE             | POL  | M20  | 21     | M 68 | 00:09:35 | 00:21:41.90 | 00:21:41.90 | 12:45  | 4.7  |
| 80   | STEFAŃSKI JAROSŁAW             | 136 | W POGONI ZA DUCHEM                          | SIEMIANOWICE         | POL  | M50  | 2      | M 69 | 00:09:40 | 00:21:42.90 | 00:21:42.90 | 12:45  | 4.7  |
| 81   | GÓRNY MIROSŁAW                 | 45  | MODELARNIA BIEGA                            | BIELSKO-BIAŁA        | POL  | M50  | 3      | M 70 | 00:09:34 | 00:21:44.95 | 00:21:44.95 | 12:47  | 4.7  |
| 82   | BROL MARCIN                    | 22  | SPORT W WIELKIM MIESCIE                     | KATOWICE             | POL  | M30  | 31     | M 71 | 00:09:22 | 00:21:50.05 | 00:21:50.05 | 12:50  | 4.7  |
| 83   | JAKUBIEC MATEUSZ               | 54  | BB RUNNERS                                  | BUCZKOWICE           | POL  | M20  | 22     | M 72 | 00:09:47 | 00:21:50.35 | 00:21:50.35 | 12:50  | 4.7  |
| 84   | KOSICKI ŁUKASZ                 | 73  | PHILIPS LIGHTING BIELSKO                    | BIELSKO-BIAŁA        | POL  | M30  | 32     | M 73 | 00:09:40 | 00:21:50.95 | 00:21:50.95 | 12:50  | 4.7  |
| 85   | KANCLERZ-JANUSZEWSKA KATARZYNA | 341 |                                             | JASTRZĘBIE ZDRÓJ     |      | K50  | 1      | K 12 | 00:09:48 | 00:21:51.60 | 00:21:51.60 | 12:51  | 4.7  |
| 86   | ŻACZEK SZYMON                  | 189 | NIE PRZESTAWAJ MARZYĆ!                      | CZECHOWICE-DZIEDZICE | POL  | M20  | 23     | M 74 | 00:09:29 | 00:21:53.15 | 00:21:53.15 | 12:52  | 4.7  |
| 87   | KOCIOŁEK IRENEUSZ              | 68  | GRUPA MAX                                   | BRZEG DOLNY          | POL  | M20  | 24     | M 75 | 00:09:50 | 00:22:00.25 | 00:22:00.25 | 12:56  | 4.6  |
| 88   | KELLER DARIUSZ                 | 62  | NIGHT RUNNERS                               | KRAKÓW               | POL  | M20  | 25     | M 76 | 00:09:43 | 00:22:00.50 | 00:22:00.50 | 12:56  | 4.6  |
| 89   | SROMEK DAWID                   | 133 | BB RUNNERS                                  | BYSTRA               | POL  | M20  | 26     | M 77 | 00:09:06 | 00:22:02.75 | 00:22:02.75 | 12:57  | 4.6  |
| 90   | WOJNO ARKADIUSZ                | 158 | ŁÓDŹ KOCHA SPORT                            | ŁÓDŹ                 | POL  | M30  | 33     | M 78 | 00:09:52 | 00:22:05.60 | 00:22:05.60 | 12:59  | 4.6  |
| 91   | BOLECHOWSKA DOMINIKA           | 315 | ATTIQ TEAM ZAKOPANE                         | ZAKOPANE             | POL  | K40  | 2      | K 13 | 00:10:07 | 00:22:10.20 | 00:22:10.20 | 13:02  | 4.6  |
| 92   | SZTĄBER ADAM                   | 147 | RYTM                                        | ŁÓDŹ                 | POL  | M30  | 34     | M 79 | 00:09:32 | 00:22:10.70 | 00:22:10.70 | 13:02  | 4.6  |
| 93   | SZKODA DARIUSZ                 | 142 | SOCIOS GÓRNIK                               | RUDA ŚLĄSKA          | POL  | M30  | 35     | M 80 | 00:09:51 | 00:22:11.75 | 00:22:11.75 | 13:02  | 4.6  |
| 94   | SZPIŁA DANIEL                  | 146 |                                             | OPOLE                | POL  | M40  | 15     | M 81 | 00:10:13 | 00:22:12.05 | 00:22:12.05 | 13:03  | 4.6  |
| 95   | CIENIAWSKI PIOTR               | 30  | WĘGŁOKOKS KRAJ KWK PIEKARY                  | BYTOM                | POL  | M30  | 36     | M 82 | 00:09:42 | 00:22:12.40 | 00:22:12.40 | 13:03  | 4.6  |
| 96   | MŁYŃCZAK PIOTR                 | 99  |                                             | GLIWICE              | POL  | M40  | 16     | M 83 | 00:09:46 | 00:22:12.40 | 00:22:12.40 | 13:03  | 4.6  |
| 97   | SMOLIK ŁUKASZ                  | 130 | OLZA CIESZYN                                | LESZNA GÓRNA         | POL  | M20  | 27     | M 84 | 00:09:22 | 00:22:17.60 | 00:22:17.60 | 13:06  | 4.6  |
| 98   | KOZOWICZ PAWEŁ                 | 76  | WECAN COACHING / KS KANDAHAR / GJ<br>GOPR   | KATOWICE             | POL  | M30  | 37     | M 85 | 00:09:29 | 00:22:19.20 | 00:22:19.20 | 13:07  | 4.6  |
| 99   | GWÓŹDŹ MICHAŁ                  | 50  | #CZELADZBIEGA                               | CZELADŹ              | POL  | M40  | 17     | M 86 | 00:10:04 | 00:22:20.10 | 00:22:20.10 | 13:08  | 4.6  |
| 100  | GÓRAŁ GRZEGORZ                 | 44  | GÓRAŁ BIEGA HEEEI! / NIGHT RUNNERS +        | SWOSZOWICE           | POL  | M30  | 38     | M 87 | 00:10:07 | 00:22:23.05 | 00:22:23.05 | 13:10  | 4.6  |

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| M-ce | Nazwisko i imię          | Nr  | Klub                                           | M-scowość            | Kraj | Kat. | M. kat | K/M   | 0.9km    | Netto       | Brutto      | min/km | km/h |
|------|--------------------------|-----|------------------------------------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 101  | JAKUBCZYK DARIUSZ        | 53  | CKBABCIE                                       | PIEKOSZÓW            | POL  | M40  | 18     | M 88  | 00:10:27 | 00:22:36.10 | 00:22:36.10 | 13:17  | 4.5  |
| 102  | PYTLARZ WOJTEK           | 111 | NEVERLAND TEAM                                 | BIELSKO-BIAŁA        | POL  | M30  | 39     | M 89  | 00:10:00 | 00:22:37.40 | 00:22:37.40 | 13:18  | 4.5  |
| 103  | GRZELAK ADRIAN           | 48  | DRUŻYNA SZPIKU                                 | TUREK                | POL  | M20  | 28     | M 90  | 00:10:06 | 00:22:37.50 | 00:22:37.50 | 13:18  | 4.5  |
| 104  | MATYSIAK MARCIN          | 92  | GAPMONT RUNNING TEAM                           | WARSZAWA             | POL  | M30  | 40     | M 91  | 00:10:03 | 00:22:39.45 | 00:22:39.45 | 13:19  | 4.5  |
| 105  | MAJCHER PIOTR            | 91  | ESKADRA KRAKÓW                                 | KRAKÓW               | POL  | M40  | 19     | M 92  | 00:10:09 | 00:22:40.50 | 00:22:40.50 | 13:20  | 4.5  |
| 106  | ADAMUS-KOWALSKA JUSTYNA  | 309 | AZS UNIWERSYTET ŚLĄSKI                         | KATOWICE             | POL  | K30  | 4      | K 14  | 00:10:24 | 00:22:40.80 | 00:22:40.80 | 13:20  | 4.5  |
| 107  | CZYŻ BARTŁOMIEJ          | 32  | BIKEBROTHERS TEAM                              | KRAKÓW               | POL  | M20  | 29     | M 93  | 00:10:09 | 00:22:41.40 | 00:22:41.40 | 13:20  | 4.5  |
| 108  | GRZYB KAZIMIERZ          | 49  | ESKADRA KRAKÓW                                 | KRAKÓW               | POL  | M40  | 20     | M 94  | 00:10:19 | 00:22:41.90 | 00:22:41.90 | 13:20  | 4.5  |
| 109  | SWOBODA MAREK            | 140 | BYLEDOBIEC ANIN                                | WAŁBRZYCH            | POL  | M50  | 4      | M 95  | 00:09:54 | 00:22:42.75 | 00:22:42.75 | 13:21  | 4.5  |
| 110  | BUCZYŃSKI ADAM           | 23  | NOKIA KRAKÓW                                   | KRAKOW               | POL  | M40  | 21     | M 96  | 00:10:11 | 00:22:43.30 | 00:22:43.30 | 13:21  | 4.5  |
| 111  | KORDIAK RAFAŁ            | 71  |                                                | BIELSKO-BIAŁA        | POL  | M30  | 41     | M 97  | 00:10:35 | 00:22:44.75 | 00:22:44.75 | 13:22  | 4.5  |
| 112  | KIEŁTYKA ZBIGNIEW        | 63  | KW GLIWICE                                     | GLIWICE              | POL  | M40  | 22     | M 98  | 00:10:25 | 00:22:45.50 | 00:22:45.50 | 13:22  | 4.5  |
| 113  | SIKORA STEFAN            | 126 | SIKORA TEAM                                    | BIELSKO BIAŁA        | POL  | M60  | 3      | M 99  | 00:10:28 | 00:22:46.90 | 00:22:46.90 | 13:23  | 4.5  |
| 114  | SIEWKO PIOTR             | 125 | SZWAGRY TEAM                                   | DĘBOWIEC             | POL  | M40  | 23     | M 100 | 00:10:01 | 00:22:57.25 | 00:22:57.25 | 13:30  | 4.4  |
| 115  | STEFAŃSKI ZBIGNIEW       | 135 | LIBIAŻ JANINA                                  | LIBIAŻ               | POL  | M40  | 24     | M 101 | 00:10:13 | 00:22:58.95 | 00:22:58.95 | 13:30  | 4.4  |
| 116  | ZASADA TOMASZ            | 163 |                                                | KRAKÓW               | POL  | M40  | 25     | M 102 | 00:10:36 | 00:23:00.20 | 00:23:00.20 | 13:31  | 4.4  |
| 117  | KUSZ JANUSZ              | 84  |                                                | PISARZOWICE          | POL  | M30  | 42     | M 103 | 00:10:24 | 00:23:03.90 | 00:23:03.90 | 13:33  | 4.4  |
| 118  | KAPICA DOMINIK           | 60  |                                                | GARBÓW               | POL  | M20  | 30     | M 104 | 00:09:56 | 00:23:07.05 | 00:23:07.05 | 13:35  | 4.4  |
| 119  | BROL PIOTR               | 21  | ENDURANCETEAM                                  | SIEMIANOWICE         | POL  | M30  | 43     | M 105 | 00:10:06 | 00:23:08.30 | 00:23:08.30 | 13:36  | 4.4  |
| 120  | CHAMIELEC BOGUSŁAW       | 26  | A EMERYT BIEGA                                 | LUBIN                | POL  | M40  | 26     | M 106 | 00:10:50 | 00:23:13.50 | 00:23:13.50 | 13:39  | 4.4  |
| 121  | SIKORA ALICJA            | 330 | SIKORA TEAM                                    | BIELSKO BIAŁA        | POL  | K60  | 1      | K 15  | 00:10:52 | 00:23:16.00 | 00:23:16.00 | 13:41  | 4.4  |
| 122  | JACHYMEK BARTŁOMIEJ      | 52  | JACEKBIEGA RUNNING TEAM                        | WARSZAWA             | POL  | M40  | 27     | M 107 | 00:10:55 | 00:23:16.40 | 00:23:16.40 | 13:41  | 4.4  |
| 123  | PIETRZYJA ŁUKASZ         | 105 |                                                | WISŁA WIELKA         | POL  | M30  | 44     | M 108 | 00:10:07 | 00:23:17.45 | 00:23:17.45 | 13:41  | 4.4  |
| 124  | WILCZEK RAFAŁ            | 156 | WAY BEHIND HORIZON                             | SZCZYTNO             | POL  | M30  | 45     | M 109 | 00:09:40 | 00:23:20.30 | 00:23:20.30 | 13:43  | 4.4  |
| 125  | SNARSKI BOGDAN           | 131 | ALBATROSY                                      | WARSZAWA             | POL  | M30  | 46     | M 110 | 00:10:21 | 00:23:21.90 | 00:23:21.90 | 13:44  | 4.4  |
| 126  | DWORNICKI TOMASZ         | 37  | RYBNICKA GRUPA BIEGOWA                         | RYBNIK               | POL  | M40  | 28     | M 111 | 00:10:22 | 00:23:22.35 | 00:23:22.35 | 13:44  | 4.4  |
| 127  | MATYSIUK JAKUB           | 93  | MOJA DUPECZKA                                  | KRAKÓW               | POL  | M20  | 31     | M 112 | 00:10:47 | 00:23:28.75 | 00:23:28.75 | 13:48  | 4.3  |
| 128  | ŁAGOŻNY ŁUKASZ           | 89  | BRUBECK TEAM                                   | SANOK                | POL  | M30  | 47     | M 113 | 00:10:39 | 00:23:36.25 | 00:23:36.25 | 13:52  | 4.3  |
| 129  | SMIECINSKI DOMINIK       | 129 | XRUNNERSTEAM/WWW.BIEGI Z PRZESZKODAMI.SKLEP.PL | KNURÓW               | POL  | M30  | 48     | M 114 | 00:10:26 | 00:23:36.60 | 00:23:36.60 | 13:52  | 4.3  |
| 130  | PASUTO GRZEGORZ          | 177 | IRONS                                          | KATOWICE             | POL  | M30  | 49     | M 115 | 00:10:57 | 00:23:41.00 | 00:23:41.00 | 13:55  | 4.3  |
| 131  | JACHOWICZ MALWINA        | 319 | SALCO SPORT TEAM                               | WROCŁAW              | POL  | K30  | 5      | K 16  | 00:10:53 | 00:23:43.45 | 00:23:43.45 | 13:57  | 4.3  |
| 132  | BUSZ RAFAŁ               | 24  | UZDROWISKOWY TEAM                              | USTROŃ               | POL  | M30  | 50     | M 116 | 00:10:54 | 00:23:48.10 | 00:23:48.10 | 14:00  | 4.3  |
| 133  | WALCZAK MACIEJ           | 155 | QUAY POZNAŃ                                    | POZNAŃ               | POL  | M30  | 51     | M 117 | 00:10:50 | 00:23:51.10 | 00:23:51.10 | 14:01  | 4.3  |
| 134  | STRZELECKI ANDRZEJ       | 138 | STS BIEGATON MIKOŁÓW                           | MIKOŁÓW              | POL  | M40  | 29     | M 118 | 00:11:00 | 00:23:52.00 | 00:23:52.00 | 14:02  | 4.3  |
| 135  | KOHUT IVAN               | 69  | HUSARIA RACE TEAM                              | SIESTRZEŃ            |      | M20  | 32     | M 119 | 00:09:38 | 00:23:53.35 | 00:23:53.35 | 14:02  | 4.3  |
| 136  | GRYCKO KONRAD            | 46  | KS FURION                                      | KRAKÓW               | POL  | M20  | 33     | M 120 | 00:11:04 | 00:23:53.40 | 00:23:53.40 | 14:02  | 4.3  |
| 137  | KRÓL ELŻBIETA            | 343 | ESKADRA KRAKÓW                                 | KRAKÓW               | POL  | K40  | 3      | K 17  | 00:11:11 | 00:23:54.35 | 00:23:54.35 | 14:03  | 4.3  |
| 138  | KANIEWSKI IRENEUSZ       | 59  |                                                | PRUSZKÓW             | POL  | M30  | 52     | M 121 | 00:09:38 | 00:23:56.65 | 00:23:56.65 | 14:04  | 4.3  |
| 139  | RENCZ MAŁGORZATA         | 329 |                                                | ORZESZE              | POL  | K40  | 4      | K 18  | 00:10:56 | 00:23:57.90 | 00:23:57.90 | 14:05  | 4.3  |
| 140  | KURASIŃSKI KONRAD        | 83  |                                                | BRENNA               | POL  | M20  | 34     | M 122 | 00:10:57 | 00:23:58.85 | 00:23:58.85 | 14:05  | 4.3  |
| 141  | PODSADNIUK MATEUSZ       | 108 | EASY RUN KRAKÓW                                | NOWY SĄCZ            | POL  | M30  | 53     | M 123 | 00:11:04 | 00:24:00.40 | 00:24:00.40 | 14:07  | 4.3  |
| 142  | RUSZCZYK PAWEŁ           | 120 |                                                | MAŁY PŁOCK           | POL  | M20  | 35     | M 124 | 00:09:59 | 00:24:02.00 | 00:24:02.00 | 14:08  | 4.2  |
| 143  | PACHURA KINGA            | 327 | CENERIA.PL/GORYONLINE.COM                      | MSZANA DOLNA         | POL  | K40  | 5      | K 19  | 00:10:51 | 00:24:02.00 | 00:24:02.00 | 14:08  | 4.2  |
| 144  | SZOPA PIOTR              | 144 | ESKADRA KRAKÓW                                 | KRAKÓW               | POL  | M30  | 54     | M 125 | 00:11:01 | 00:24:05.45 | 00:24:05.45 | 14:10  | 4.2  |
| 145  | WOROBIEC JÓZEF           | 159 | UMKS NADIR JĘDRZEJÓW                           | JĘDRZEJÓW            | POL  | M50  | 5      | M 126 | 00:10:47 | 00:24:07.60 | 00:24:07.60 | 14:11  | 4.2  |
| 146  | SĘDOR KRZYSZTOF          | 123 | ESKADRA KRAKÓW                                 | KRAKÓW               | POL  | M40  | 30     | M 127 | 00:10:53 | 00:24:09.75 | 00:24:09.75 | 14:12  | 4.2  |
| 147  | GILAROK ANDRZEJ          | 176 | DKWS                                           | KRAKÓW               | POL  | M30  | 55     | M 128 | 00:11:08 | 00:24:15.85 | 00:24:15.85 | 14:15  | 4.2  |
| 148  | RESPONDEK MARCIN         | 119 | POOMPA TEAM                                    | SIEMIANOWICE ŚLĄSKIE | POL  | M20  | 36     | M 129 | 00:10:38 | 00:24:21.80 | 00:24:21.80 | 14:19  | 4.2  |
| 149  | ZBIJOWSKA HATAŁA EWELINA | 339 | BB RUNNERS                                     | BIELSKO BIALA        | POL  | K30  | 6      | K 20  | 00:11:05 | 00:24:24.70 | 00:24:24.70 | 14:21  | 4.2  |
| 150  | SREBRNY MIROSLAW         | 166 |                                                | ROGOŹ                | POL  | M40  | 31     | M 130 | 00:11:10 | 00:24:26.25 | 00:24:26.25 | 14:22  | 4.2  |
| 151  | BEDNAREK JACEK           | 16  | METLIFE RUN                                    | WARSZAWA             | POL  | M40  | 32     | M 131 | 00:10:12 | 00:24:35.90 | 00:24:35.90 | 14:27  | 4.1  |
| 152  | ŁABUDA DOMINIKA          | 306 | KAMIENNOGÓRSKA GRUPA BIEGOWA                   | KAMIENNA GÓRA        | POL  | K20  | 8      | K 21  | 00:11:03 | 00:24:36.95 | 00:24:36.95 | 14:28  | 4.1  |
| 153  | PITAS ANDRZEJ            | 106 | ZAPIERDALACZE                                  | ROGOŹNIK             | POL  | M40  | 33     | M 132 | 00:10:58 | 00:24:38.80 | 00:24:38.80 | 14:29  | 4.1  |
| 154  | PLUCIŃSKI GRZEGORZ       | 107 |                                                | RYDUŁTOWY            | POL  | M40  | 34     | M 133 | 00:10:58 | 00:24:42.60 | 00:24:42.60 | 14:31  | 4.1  |
| 155  | MURAŃSKI RAFAŁ           | 101 |                                                | PUŃCÓW               | POL  | M40  | 35     | M 134 | 00:11:20 | 00:24:43.10 | 00:24:43.10 | 14:32  | 4.1  |
| 156  | BANDER-PASZEK KATARZYNA  | 342 |                                                | GLIWICE              | POL  | K30  | 7      | K 22  | 00:11:10 | 00:24:47.40 | 00:24:47.40 | 14:34  | 4.1  |

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| M-ce | Nazwisko i imię         | Nr  | Klub                              | M-scowość            | Kraj | Kat. | M. kat | K/M   | 0.9km    | Netto       | Brutto      | min/km | km/h |
|------|-------------------------|-----|-----------------------------------|----------------------|------|------|--------|-------|----------|-------------|-------------|--------|------|
| 157  | URBANIAK SŁAWOMIR       | 153 | UZDROWISKOWY TEAM                 | USTROŃ               | POL  | M30  | 56     | M 135 | 00:11:23 | 00:24:47.85 | 00:24:47.85 | 14:34  | 4.1  |
| 158  | BANASIEWICZ PAWEŁ       | 14  | POZYTYWNE ZABIEGANI SANOK         | SANOK                | POL  | M30  | 57     | M 136 | 00:11:12 | 00:24:51.35 | 00:24:51.35 | 14:37  | 4.1  |
| 159  | OŻGA SEBASTIAN          | 104 |                                   | TYCHY                | POL  | M20  | 37     | M 137 | 00:11:22 | 00:24:54.45 | 00:24:54.45 | 14:38  | 4.1  |
| 160  | FALKOWSKI PIOTR         | 234 |                                   | PIASECZNO            | POL  | M40  | 36     | M 138 | 00:11:33 | 00:24:55.60 | 00:24:55.60 | 14:39  | 4.1  |
| 161  | HOMBK MACIEJ            | 51  | UZDROWISKOWY TEAM                 | USTROŃ               | POL  | M40  | 37     | M 139 | 00:11:46 | 00:24:55.80 | 00:24:55.80 | 14:39  | 4.1  |
| 162  | HELLER KARINA           | 318 | RUDA SZALONA                      | SKOCZÓW              | POL  | K30  | 8      | K 23  | 00:11:10 | 00:24:58.05 | 00:24:58.05 | 14:41  | 4.1  |
| 163  | KSIĄŻKIEWICZ BARTŁOMIEJ | 80  | ROCKY BALBOA RUNNING CLUB         | BYTOM                | POL  | M30  | 58     | M 140 | 00:10:34 | 00:25:07.20 | 00:25:07.20 | 14:46  | 4.1  |
| 164  | BOCZKOWSKA JUSTYNA      | 310 |                                   | ZAKOPANE             | POL  | K50  | 2      | K 24  | 00:11:06 | 00:25:10.35 | 00:25:10.35 | 14:48  | 4.1  |
| 165  | STRASZEWSKI LESZEK      | 137 | KS M.E.T.A.                       | CZYŻOWICE            | POL  | M30  | 59     | M 141 | 00:11:10 | 00:25:24.70 | 00:25:24.70 | 14:56  | 4    |
| 166  | SZYPUŁA MICHAŁ          | 181 | LIBURNIA TEAM                     | CIESZYN              | POL  | M30  | 60     | M 142 | 00:11:08 | 00:25:26.20 | 00:25:26.20 | 14:57  | 4    |
| 167  | SŁOMA PAWEŁ             | 127 | SŁOMIANE BAMBUSY                  | USTKA                | POL  | M30  | 61     | M 143 | 00:11:08 | 00:25:32.35 | 00:25:32.35 | 15:01  | 4    |
| 168  | WYSŁUCH TOMASZ          | 162 |                                   | SKOCZÓW              | POL  | M40  | 38     | M 144 | 00:11:19 | 00:25:53.90 | 00:25:53.90 | 15:13  | 3.9  |
| 169  | ROGAŁA MACIEJ           | 182 | KS M.E.T.A.                       | PSZÓW                | POL  | M40  | 39     | M 145 | 00:11:32 | 00:25:55.05 | 00:25:55.05 | 15:14  | 3.9  |
| 170  | MARCOL WOJCIECH         | 299 | OTK RZEŹNIK                       | RYBNIK               |      | M20  | 38     | M 146 | 00:11:34 | 00:25:56.75 | 00:25:56.75 | 15:15  | 3.9  |
| 171  | RAJCHELD DORIAN         | 114 | BB RUNNERS                        | WILKOWICE            | POL  | M30  | 62     | M 147 | 00:12:02 | 00:26:04.15 | 00:26:04.15 | 15:20  | 3.9  |
| 172  | BĄK MARCIN              | 15  | HARPAGAN SANOK                    | SANOK                | POL  | M30  | 63     | M 148 | 00:11:39 | 00:26:06.25 | 00:26:06.25 | 15:21  | 3.9  |
| 173  | KONDRACIUK KATARZYNA    | 321 | PIASECZYŃSKA FUNDACJA EKOLOGICZNA | PIASECZNO            | POL  | K40  | 6      | K 25  | 00:12:05 | 00:26:07.35 | 00:26:07.35 | 15:21  | 3.9  |
| 174  | CHWAŁISZEWSKI JAROSŁAW  | 29  | NIGHT RUNNERS GLIWICE             | GLIWICE              | POL  | M40  | 40     | M 149 | 00:10:56 | 00:26:19.50 | 00:26:19.50 | 15:28  | 3.9  |
| 175  | SZARUGA MAŁGORZATA      | 333 | SOCIOS GÓRNIK                     | RABKA ZDRÓJ,         | POL  | K20  | 9      | K 26  | 00:11:43 | 00:26:24.40 | 00:26:24.40 | 15:31  | 3.9  |
| 176  | SZOŁTYSIK BARTOSZ       | 143 | LECZYMY DURS                      | PIEKARY ŚLĄSKIE      | POL  | M30  | 64     | M 150 | 00:11:22 | 00:26:33.45 | 00:26:33.45 | 15:37  | 3.8  |
| 177  | LEDWŃ JAKUB             | 88  | NIGHT RUNNERS GLIWICE             | GLIWICE              | POL  | M30  | 65     | M 151 | 00:11:27 | 00:26:48.60 | 00:26:48.60 | 15:45  | 3.8  |
| 178  | SŁOBODA ELŻBIETA        | 331 | USTRZYKI DOLNE                    | USTRZYKI DOLNE       | POL  | K30  | 9      | K 27  | 00:12:06 | 00:26:53.40 | 00:26:53.40 | 15:48  | 3.8  |
| 179  | NIEURZYŁA GRZEGORZ      | 102 | UZDROWISKOWI TEAM                 | USTROŃ               | POL  | M40  | 41     | M 152 | 00:11:47 | 00:27:00.35 | 00:27:00.35 | 15:52  | 3.8  |
| 180  | KUČERKA JAKUB           | 81  | KASIA I KUBA                      | TRINEC               | CZE  | M20  | 39     | M 153 | 00:12:26 | 00:27:05.85 | 00:27:05.85 | 15:55  | 3.8  |
| 181  | FRANKI MARCIN           | 42  | LECZYMY DURS                      | PIEKARY ŚLĄSKIE      | POL  | M30  | 66     | M 154 | 00:11:58 | 00:27:09.20 | 00:27:09.20 | 15:58  | 3.8  |
| 182  | FLAGA IWONA             | 314 | ESKADRA KRAKÓW                    | KRAKÓW               | POL  | K30  | 10     | K 28  | 00:12:22 | 00:27:13.70 | 00:27:13.70 | 16:00  | 3.7  |
| 183  | FARON AGNIESZKA         | 313 | NORAFSPORT                        | KRAKÓW               | POL  | K30  | 11     | K 29  | 00:12:31 | 00:27:18.50 | 00:27:18.50 | 16:03  | 3.7  |
| 184  | LIPŃSKI TOMASZ          |     | CANAL+                            | WARSZAWA             | POL  | M40  | 42     | M 155 | 00:11:33 | 00:27:28.25 | 00:27:28.25 | 16:09  | 3.7  |
| 185  | POTOCZNY MIROSLAW       | 110 |                                   | JAWORZNO             | POL  | M40  | 43     | M 156 | 00:12:14 | 00:27:29.15 | 00:27:29.15 | 16:10  | 3.7  |
| 186  | TERLIKOWSKI KACPER      | 151 |                                   | BĘDZIN               | POL  | M20  | 40     | M 157 | 00:11:23 | 00:27:33.85 | 00:27:33.85 | 16:12  | 3.7  |
| 187  | DOMARADZKA VIOLETTA     | 399 | RUN VEGAN TEAM                    | WARSZAWA             | POL  | K30  | 12     | K 30  | 00:12:45 | 00:27:36.85 | 00:27:36.85 | 16:14  | 3.7  |
| 188  | SŁOMKOWSKI MATEUSZ      | 128 |                                   | WŁOCŁAWEK            | POL  | M20  | 41     | M 158 | 00:11:09 | 00:27:55.55 | 00:27:55.55 | 16:25  | 3.7  |
| 189  | MAJCHER BEATA           | 301 | ESKADRA KRAKÓW                    | KRAKÓW               | POL  | K40  | 7      | K 31  | 00:12:49 | 00:27:56.90 | 00:27:56.90 | 16:25  | 3.7  |
| 190  | SNARSKA KATARZYNA       | 332 | ALBATROSY                         | WARSZAWA             | POL  | K30  | 13     | K 32  | 00:12:54 | 00:28:04.10 | 00:28:04.10 | 16:30  | 3.6  |
| 191  | CHOWANSKA SYLWIA        | 312 | BIEGAMY DLA ZDROWIA               | WARSZAWA             | POL  | K30  | 14     | K 33  | 00:13:07 | 00:28:06.35 | 00:28:06.35 | 16:31  | 3.6  |
| 192  | ŚMIATEK MARCIN          | 150 | AGRESOR                           | SIEMIANOWICE ŚLĄSKIE | POL  | M40  | 44     | M 159 | 00:12:56 | 00:28:15.85 | 00:28:15.85 | 16:37  | 3.6  |
| 193  | PREDKO GRAŻYNA          | 340 |                                   |                      | POL  | K40  | 8      | K 34  | 00:13:04 | 00:29:08.75 | 00:29:08.75 | 17:08  | 3.5  |
| 194  | SZCZYGIEL ADRIANA       | 334 | KNSK RUNNING TEAM                 | BIELSKO-BIAŁA        | POL  | K30  | 15     | K 35  | 00:13:19 | 00:30:14.70 | 00:30:14.70 | 17:47  | 3.4  |
| 195  | DUDEK DOMINIK           | 35  | MCG PROJECTS                      | BIELSKO-BIAŁA        | POL  | M40  | 45     | M 160 | 00:12:42 | 00:30:32.55 | 00:30:32.55 | 17:57  | 3.3  |
| 196  | SZKARADNIK KATARZYNA    | 336 | UZDROWISKOWY TEAM                 | USTROŃ               | POL  | K30  | 16     | K 36  | 00:13:37 | 00:30:55.15 | 00:30:55.15 | 18:11  | 3.3  |
| 197  | FIAŁKOWSKI ARTUR        | 41  |                                   | WILKÓW               | POL  | M20  | 42     | M 161 | 00:12:27 | 00:31:20.55 | 00:31:20.55 | 18:25  | 3.3  |
| 198  | MIERZOWSKI KLAUDIUSZ    | 95  | TOKYO TEAM                        | WILKOWICZKI          | POL  | M40  | 46     | M 162 | 00:13:35 | 00:31:31.90 | 00:31:31.90 | 18:32  | 3.2  |
| 199  | WĄSOWSKA JAGODA         | 345 |                                   |                      | POL  | K50  | 3      | K 37  | 00:14:35 | 00:31:45.20 | 00:31:45.20 | 18:40  | 3.2  |
| 200  | SZPERLICH GRZEGORZ      | 145 | AGRESOR                           | SIEMIANOWICE ŚLĄSKIE | POL  | M40  | 47     | M 163 | 00:14:06 | 00:32:31.45 | 00:32:31.45 | 19:07  | 3.1  |
| 201  | STYŚ MAREK              | 180 |                                   | GLIWICE              | POL  | M40  | 48     | M 164 | 00:13:56 | 00:32:42.65 | 00:32:42.65 | 19:14  | 3.1  |
| 202  | WARZOCHA KATARZYNA      | 337 |                                   | TYCHY                | POL  | K30  | 17     | K 38  | 00:13:51 | 00:32:42.85 | 00:32:42.85 | 19:14  | 3.1  |
| 203  | KAFAROWSKI DARIUSZ      | 174 | WIELKOLUD TEAM / KS KANDAHAR      | JAWORZNO             | POL  | M40  | 49     | M 165 | 00:13:42 | 00:32:47.65 | 00:32:47.65 | 19:17  | 3.1  |
| 204  | RĄCZKA MARCIN           | 116 | SGO                               | BIELSKO-BIAŁA        | POL  | M30  | 67     | M 166 | 00:14:26 | 00:34:58.60 | 00:34:58.60 | 20:34  | 2.9  |
| 205  | DEJA ANDRZEJ            | 33  |                                   | OPOLE                | POL  | M50  | 6      | M 167 | 00:14:47 | 00:35:24.55 | 00:35:24.55 | 20:49  | 2.9  |
| 206  | SZCZYGIEL WERONIKA      | 335 |                                   | CHORZÓW              | POL  | K30  | 18     | K 39  | 00:15:59 | 00:35:56.55 | 00:35:56.55 | 21:08  | 2.8  |
| 207  | BZOWSKA ALEKSANDRA      | 311 | NIGHT RUNNERS                     | GLIWICE              | POL  | K30  | 19     | K 40  | 00:15:58 | 00:35:56.95 | 00:35:56.95 | 21:08  | 2.8  |
| 208  | DEMUT WITOLD            | 168 |                                   | SCHWECHAT            |      | M20  | 43     | M 168 | 00:17:52 |             |             | 19:51  | 3    |
| 209  | LUBOSIK LAURENCJA       | 324 | TOKYO TEAM                        | WILKOWICZKI          | POL  | K30  | 20     | K 41  | 00:18:27 |             |             | 20:30  | 2.9  |