

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 21,1KM

Organizator: PFNW
Data: 2015-06-27
Miejsce: Polanica Zdrój
Dystans: 21,1 km
Klasyfikacja wg czasów netto.



POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 21,1KM, OPEN

M-ce	Nazwisko i imię	Nr	Klub	M-sc owoś ć	Kraj	Kat.	M. kat	K/M	Żół. kartki	Czer. kartki	8.7km	11.2km	13.7km	16.2km	18.7km	Netto	min/km	km/h
1	SKIBA KRZYSZTOF	336	ZG POLKOWICE-SIEROSZOWICE	POLKO WICE	POL	M 50-59	1	0			00:52:56	01:08:50	01:24:51	01:41:00	01:57:07	02:13:40	6:20	9.5
2	LUBIATOWSKI IRENEUSZ	327	KGHM METRAKO POLKOWICE	GUBIN	POL	M 40-49	1	0			00:54:14	01:10:28	01:26:55	01:43:34	02:00:40	02:18:04	6:32	9.2
3	KOLASA WOJCIECH	303	FIZJO-PLUS TEAM	ŁÓDŹ	POL	M 40-49	2	0	1		00:59:09	01:16:15	01:33:22	01:50:40	02:08:14	02:25:33	6:53	8.7
4	PIOTROWSKI MICHAŁ	320	PENDOLINO	GDAŃSK	POL	M 30-39	1	0			00:59:09	01:16:17	01:33:22	01:50:41	02:08:15	02:26:09	6:55	8.7
5	STUPNOWICZ PRZEMEK	301	FOREVER YOUNG ŁÓDŹ	ŁÓDŹ	POL	M 18-29	1	0			01:00:16	01:17:58	01:35:46	01:52:52	02:10:18	02:27:36	6:59	8.6
6	BOGACKI SŁAWEK	316	ENERGA NW TEAM	BRZÓZ ÓWKA K/TOR UNIA	POL	M 40-49	3	0			01:00:14	01:17:54	01:35:41	01:52:50	02:10:16	02:27:43	7:00	8.6
7	ZACZYŃSKA ANNA	335	KGHM METRAKO POLKOWICE	LUBIN	POL	K 30-39	1	0			01:00:08	01:18:02	01:35:48	01:53:11	02:10:48	02:28:35	7:02	8.5
8	LENZ ANDRZEJ	305	DĄBROWA NORDIC TEAM	GNIEZNO	POL	M 50-59	2	0			01:00:17	01:17:57	01:35:43	01:53:15	02:11:15	02:29:43	7:05	8.5
9	ZAGAJA JANUSZ	302		POKÓJ	POL	M 60+	1	0			00:58:45	01:16:15	01:34:22	01:52:52	02:11:45	02:31:33	7:10	8.4
10	MAKOWSKI JAN	328		RYBNIK	POL	M 50-59	3	0			01:00:37	01:18:51	01:36:55	01:55:47	02:14:26	02:33:08	7:15	8.3
11	ŚLUSARCZYK MARCIN	333	WESOŁY BORSUK TEAM	PRUDNIK	POL	M 30-39	2	0			01:01:24	01:19:27	01:37:31	01:55:30	02:14:22	02:33:31	7:16	8.2
12	SOBKOWSKI JANUSZ	326	SILESIA NORDIC TEAM	ŁÓDYGOWICE	POL	M 60+	2	0			01:01:21	01:19:59	01:38:38	01:57:16	02:15:54	02:34:15	7:18	8.2
13	KACZKOWSKI ZBIGNIEW	332	MARSZPOZDROWIE	POZNAN	POL	M 30-39	3	0	1		01:01:28	01:19:40	01:38:12	01:56:36	02:15:34	02:34:48	7:20	8.2
14	WOJCIECHOWSKI TADEUSZ	321	DĄBROWA NORDIC TEAM	DĄBROWA GÓRNICZA	POL	M 60+	3	0			01:01:24	01:19:59	01:38:30	01:57:14	02:15:55	02:34:53	7:20	8.2
15	SMUS DAMIAN	331	UCZELNIA WARSZAWSKA	SOCHA CZEW	POL	M 18-29	2	0			01:02:40	01:20:44	01:38:51	01:57:10	02:15:52	02:35:20	7:21	8.2
16	BAJER PIOTR	309	BRAN-FROM TEAM	FROMBORK	POL	M 50-59	4	0			01:01:32	01:20:02	01:38:32	01:57:17	02:15:56	02:35:37	7:22	8.1
17	WESOŁOWSKI WOJCIECH	304		GNIEZNO	POL	M 60+	4	0			01:02:02	01:20:27	01:39:19	01:58:30	02:18:08	02:38:01	7:29	8
18	PIETRZYK JAROSŁAW	339	REGATTA NORDIC TEAM	CZĘSTOCHO WA	POL	M 30-39	4	0	1		01:01:33	01:19:32	01:37:36	01:56:23	02:16:04	02:38:43	7:31	8
19	MÓL WIOLETTA	306	CZĘSTOCHOWA SILESIA NORDIC TEAM	CZELA DŹ	POL	K 40-49	1	0			01:04:49	01:23:33	01:42:39	02:02:12	02:22:07	02:41:37	7:39	7.8

POLANICA ZDRÓJ - PUCHAR POLSKI NORDIC WALKING - 21,1KM, OPEN c.d.

M-ce	Nazwisko i imię	Nr	Klub	M-sc owoś ć	Kraj	Kat.	M. kat	K/M	Żół. kartki	Czer. kartki	8.7km	11.2km	13.7km	16.2km	18.7km	Netto	min/km	km/h
20	STĘPIEŃ LUCYNA	323	KGHM METRAKO POLKOWICE	LUBIN	POL	K 50-59	1	0			01:04:21	01:23:39	01:43:02	02:02:40	02:22:29	02:41:55	7:40	7.8
21	KOWALCZYK MARIUSZ	338	GREEN TEAM ZIELONA GÓRA	ZIEŁONA GÓRA	POL	M 40-49	4	0			01:02:37	01:21:36	01:41:15	02:01:07	02:22:02	02:43:10	7:43	7.8
22	GŁOC WOJCIECH	325		SMOLEC	POL	M 40-49	5	0			01:03:52	01:23:32	01:43:13	02:02:54	02:22:59	02:43:41	7:45	7.7
23	JANCZYK MAŁGORZATA	313	FOREVER YOUNG ŁÓDŹ	ŁÓDŹ	POL	K 30-39	2	0			01:04:49	01:24:15	01:43:40	02:03:35	02:23:49	02:44:10	7:46	7.7
24	ROSADZIŃSKA NATALIA	340	UMP	LESZNO	POL	K 18-29	1	0	1		01:07:36	01:27:36	01:47:19	02:06:59	02:26:27	02:46:30	7:53	7.6
25	SARNOWSKA WANDA	337	GREEN TEAM ZIELONA GÓRA	ZIEŁONA GÓRA	POL	K 50-59	2	0			01:06:23	01:26:09	01:46:02	02:06:11	02:26:34	02:47:20	7:55	7.6
26	SZULC ALICJA	319	MOSIR MŁAWA	MŁAWA	POL	K 30-39	3	0			01:05:51	01:25:38	01:45:41	02:06:12	02:27:24	02:49:02	8:00	7.5
27	KARASIEWICZ IRENA	310	BRAN-FROM TEAM	BRANIEWO	POL	K 50-59	3	0			01:07:18	01:27:47	01:48:19	02:09:10	02:30:44	02:52:01	8:09	7.4
28	WITKOWSKA MARIA	317	STADION ŚLĄSKI	KATOWICE	POL	K 60+	1	0			01:09:50	01:30:27	01:50:39	02:11:24	02:31:45	02:52:10	8:09	7.4
29	KUBIACZYK ARKADIUSZ	329		WROCŁAW	POL	M 50-59	5	0			01:07:24	01:27:14	01:47:36	02:09:27	02:32:16	02:55:33	8:19	7.2
30	CIENNIK WIKTOR	307	FOREVER YOUNG ŁÓDŹ	ŁÓDŹ	POL	M 40-49	6	0			01:08:12	01:29:05	01:50:11	02:12:08	02:34:14	02:56:47	8:22	7.2
31	CIENNIK KALINA	308		ŁÓDŹ	POL	K 40-49	2	0	1		01:10:35	01:31:39	01:52:57	02:14:26	02:35:36	02:56:59	8:23	7.2
32	KANIEWSKA BEATA	322	REGATTA NORDIC TEAM CZĘSTOCHOWA	CZĘSTOCHOWA	POL	K 40-49	3	0	1		01:08:02	01:29:21	01:50:41	02:12:35	02:35:01	02:57:40	8:25	7.1
33	KMIECIK GRZEGORZ	318	SPALONA	SPALONA	POL	M 50-59	6	0			01:11:27	01:32:05	01:53:08	02:14:46	02:36:24	02:57:43	8:25	7.1
34	BEDYK CZESŁAW	311	FOREVER YOUNG ŁÓDŹ	ŁÓDŹ	POL	M 60+	5	0			01:07:49	01:28:21	01:49:14	02:11:33	02:34:21	02:58:02	8:26	7.1
35	TYLUTKI AGNIESZKA	315	NORDIC ACTIVE	TARNOBRZEG	POL	K 40-49	4	0	1		01:08:38	01:29:59	01:51:44	02:13:56	02:36:06	02:58:17	8:26	7.1
36	JEZIERSKA JOLANTA	314	RIGHTWAY	WROCŁAW	POL	K 50-59	4	0	1		01:10:15	01:31:16	01:52:48	02:15:02	02:37:49	03:00:31	8:33	7
37	JARONIEK-BEDYK WIESŁAWA	312	FOREVER YOUNG ŁÓDŹ	ŁÓDŹ	POL	K 60+	2	0			01:12:44	01:34:54	01:57:19	02:19:46	02:42:32	03:05:31	8:47	6.8
38	ZAWADZKA MARIA	324	KGHM METRAKO POLKOWICE	LUBIN	POL	K 60+	3	0			01:14:35	01:36:55	01:59:24	02:22:25	02:46:08	03:10:54	9:02	6.6
39	STUPNOWICZ JOANNA	300	FOREVER YOUNG ŁÓDŹ	ŁÓDŹ	POL	K 40-49	5	0			01:15:12	01:38:00	02:01:04	02:24:20	02:48:08	03:11:01	9:03	6.6
40	KUBIACZYK MAŁGORZATA	330		WROCŁAW	POL	K 50-59	5	0			01:14:17	01:37:29	02:01:05	02:26:10	02:51:35	03:16:16	9:18	6.5
DQ	ŻUCHOWICZ MONIKA	334	DĄBROWA NORDIC TEAM	DĄBROWA GÓRNICZA	POL	K 18-29	DQ	DQ			01:07:00 DQ	01:26:29 DQ	01:46:22 DQ	02:06:46 DQ	02:26:18 DQ	2015-06-27 DQ	-	-