# I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2018-05-09
Miejsce: Koszalin
Dystans: 10 km

**Wyniki dla punktu pomiaru: 1.6 km**

Klasyfikacja wg czasów netto.







B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M, OPEN

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 8km | 8.4km | 8.8km | 9.2km | 9.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | WITKOWSKI MATEUSZ | 55 | JW1223 | KOSZALIN | POL | SERIA 2 | 00:26:24 | 00:27:46 | 00:29:08 | 00:30:29 | 00:31:50 |
| 2 | ORZECHOWSKI KAMIL | 35 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:29:00 | 00:30:32 | 00:32:08 | 00:33:42 | 00:35:15 |
| 3 | GAWRON PIOTR | 10 | ULKS TALEX BORZYTUCHOM | BOROWY MŁYN | POL | SERIA 2 | 00:28:24 | 00:29:53 | 00:31:22 | 00:32:52 | 00:34:13 |
| 4 | ZABORSKI RYSZARD | 49 | TKKF KOSZALIN / ORKIESTRA WOJSKOWA | KOSZALIN | POL | SERIA 2 | 00:29:50 | 00:31:24 | 00:32:53 | 00:34:24 | 00:35:57 |
| 5 | STEBELSKI JASIEK | 45 | | KOSZALIN | POL | SERIA 2 | 00:31:01 | 00:32:38 | 00:34:17 | 00:35:53 | 00:37:18 |
| 6 | CZAPLIŃSKI JACEK | 5 | TAGER KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:32:05 | 00:33:44 | 00:35:21 | 00:36:56 | 00:38:30 |
| 7 | GÓRA SYLWESTER | 14 | #ZABIEGANINOCĄ | OKONEK | POL | SERIA 2 | 00:31:33 | 00:33:08 | 00:34:44 | 00:36:19 | 00:37:53 |
| 8 | SIENIAWSKI JAROSŁAW | 43 | MEDEN-INMED SPORTS TEAM | BONIN | POL | SERIA 1 | 00:33:54 | 00:35:40 | 00:37:25 | 00:39:10 | 00:40:51 |
| 9 | MICKIEWICZ ADAM | 32 | JW3937 MRZEŻYNO | MRZEŻYNO | POL | SERIA 1 | 00:33:45 | 00:35:30 | 00:37:18 | 00:39:06 | 00:40:47 |
| 10 | PICK TOMASZ | 37 | DEAF KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:33:56 | 00:35:43 | 00:37:29 | 00:39:17 | 00:41:01 |
| 11 | ZWOLIŃSKI JAN | 51 | TKKF KOSZALIN | WIERCISZEWO | POL | SERIA 2 | 00:32:03 | 00:33:43 | 00:35:23 | 00:37:03 | 00:38:41 |
| 12 | MURAWSKA WIOLETTA | 34 | | SZCZECIN | POL | SERIA 2 | 00:33:44 | 00:35:27 | 00:37:11 | 00:38:54 | 00:40:38 |
| 13 | KOŚCIELNIAK ROBERT | 58 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:33:12 | 00:34:53 | 00:36:36 | 00:38:20 | 00:40:00 |
| 14 | LASEK BARTOSZ | 27 | RAZ SZCZECIN | SZCZECIN | POL | SERIA 2 | 00:35:18 | 00:37:11 | 00:39:03 | 00:40:56 | 00:42:46 |
| 15 | MAZUR EMILIUSZ | 31 | | DARŁOWO | POL | SERIA 2 | 00:33:54 | 00:35:39 | 00:37:25 | 00:39:10 | 00:40:54 |
| 16 | KNAP CZAREK | 23 | HOŻA TEAM | SZCZECIN | POL | SERIA 2 | 00:33:01 | 00:34:43 | 00:36:24 | 00:38:07 | 00:39:53 |
| 17 | HUBERT ŁUKASZ | 16 | | KOSZALIN | POL | SERIA 2 | 00:33:31 | 00:35:10 | 00:36:49 | 00:38:26 | 00:40:05 |
| 18 | MARCINIAK MACIEJ | 29 | TKKF LUKS TECHNIK POŁCZYN ZDRÓJ | POŁCZYN ZDRÓJ | POL | SERIA 1 | 00:37:13 | 00:39:52 | 00:41:44 | 00:43:42 | 00:45:37 |
| 19 | FADDA BRUNO-ANDRÉ | 7 | | PARIS | FRA | SERIA 1 | 00:35:09 | 00:37:00 | 00:38:49 | 00:40:37 | 00:42:23 |
| 20 | SZYMCZAK MICHAŁ | 46 | | SZCZECIN | POL | SERIA 1 | 00:34:43 | 00:36:30 | 00:38:17 | 00:40:05 | 00:41:51 |
| 21 | GĄSIOR KRYSTIAN | 11 | ROZBIEGANY SUSZ | SUSZ | POL | SERIA 2 | 00:35:28 | 00:37:17 | 00:39:08 | 00:40:57 | 00:42:46 |
| 22 | BARANOWSKI PIOTR | 1 | | KOSZALIN | POL | SERIA 2 | 00:34:06 | 00:35:49 | 00:37:32 | 00:39:16 | 00:40:59 |
| 23 | JAMNIAK BARTOSZ | 17 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:36:31 | 00:38:27 | 00:40:26 | 00:42:19 | 00:44:13 |
| 24 | KAJKOWSKI RAFAŁ | 20 | CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:37:22 | 00:39:23 | 00:41:25 | 00:43:27 | 00:45:28 |
| 25 | JAROSZ DARIUSZ | 18 | TKKF KOSZALIN | SUCHA KOSZALIŃSKA | POL | SERIA 2 | 00:35:00 | 00:36:45 | 00:38:32 | 00:40:15 | 00:41:58 |
| 26 | KUŁAKOWSKI DAWID | 25 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:36:18 | 00:38:09 | 00:40:02 | 00:41:51 | 00:43:46 |
| 27 | MIŁASZEWSKI PRZEMEK | 33 | TEAM HOLIDAY SPORT | KOSZALIN | POL | SERIA 1 | 00:37:24 | 00:39:23 | 00:41:22 | 00:43:20 | 00:45:17 |
| 28 | ROMANIUK WOJCIECH | 42 | ROM-KOL-RUN | KOŁOBRZEG | POL | SERIA 1 | 00:36:09 | 00:37:58 | 00:39:47 | 00:41:33 | 00:43:10 |
| 29 | MARZEC ŁUKASZ | 30 | OLE 82 | KOSZALIN | POL | SERIA 1 | 00:37:25 | 00:39:20 | 00:41:16 | 00:43:12 | 00:45:07 |
| 30 | GLISZCZYŃSKI ŁUKASZ | 12 | ŚWIAT PŁYTEK U KRYSPINA | BYTÓW | POL | SERIA 1 | 00:39:04 | 00:41:09 | 00:43:22 | 00:45:36 | 00:47:58 |
| 31 | KRUPIŃSKI KRZYSZTOF | 24 | E-UROLOG.EU | KOSZALIN | POL | SERIA 1 | 00:37:32 | 00:39:30 | 00:41:27 | 00:43:25 | 00:45:20 |
| 32 | ZIELIŃSKI GRZEGORZ | 50 | | STARE BIELICE | POL | SERIA 1 | 00:39:18 | 00:41:16 | 00:43:15 | 00:45:14 | 00:47:14 |
| 33 | KAMYK PIOTR | 21 | MH IT SERWIS KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:39:58 | 00:42:01 | 00:44:14 | 00:46:30 | 00:48:39 |
| 34 | FAJER MARKUS | 8 | RAZ SZCZECIN | DOBRA SZCZECIŃSKA | POL | SERIA 1 | 00:38:53 | 00:40:51 | 00:42:49 | 00:44:47 | 00:46:44 |
| 35 | KAPCZYŃSKI DAMIAN | 22 | BYLE NIE OSTATNI:) | SŁUPSK | POL | SERIA 1 | 00:41:48 | 00:44:03 | 00:46:13 | 00:48:20 | 00:50:28 |
| 36 | GAŁECKI JACEK | 9 | KARLINO BIEGAJ | KARLINO | POL | SERIA 1 | 00:38:36 | 00:40:30 | 00:42:23 | 00:44:16 | 00:46:08 |
| 37 | LANGNER-KAPCZYŃSKA EDYTA | 26 | BYLE NIE OSTATNI:) | SŁUPSK | POL | SERIA 1 | 00:42:51 | 00:45:11 | 00:47:26 | 00:49:43 | 00:51:58 |
| 38 | CHODOR IZABELA | 54 | TKKF KOSZALIN | GORZEBĄDZ | POL | SERIA 1 | 00:40:17 | 00:42:25 | 00:44:30 | 00:46:36 | 00:48:37 |
| 39 | JASIENIECKI PIOTR | 19 | SPARK | KOSZALIN | POL | SERIA 1 | 00:40:52 | 00:42:55 | 00:44:56 | 00:46:59 | 00:48:57 |
| 40 | DZIESZUK DARIUSZ | 6 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:41:19 | 00:43:43 | 00:45:52 | 00:48:00 | 00:50:16 |
| 41 | PACAN MIRA | 36 | ŚWIAT PŁYTEK U KRYSPINA | BYTÓW | POL | SERIA 1 | 00:43:37 | 00:45:51 | 00:48:05 | 00:50:16 | 00:52:26 |
| 42 | PRZYBOREK KINGA | 39 | | KOSZALIN | POL | SERIA 1 | 00:50:45 | 00:53:35 | 00:56:28 | 00:59:21 | 01:02:05 |
| 43 | HELLER ZDZISŁAW | 15 | NIEZRZESZONY | KOSZALIN | POL | SERIA 1 | 00:50:12 | 00:52:49 | 00:55:18 | 00:57:48 | 01:00:16 |
| | PELO ARTUR | 56 | 7 BOW | SŁUPSK | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |
| | CZERNIEWSKI MARCIN | 57 | LKS FENIX SŁUPSK | SŁUPSK | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |

## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M, OPEN c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 8km | 8.4km | 8.8km | 9.2km | 9.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | ŻMIJOWSKI PIOTR | 52 | | KOSZALIN | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |

## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M, K-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 8km | 8.4km | 8.8km | 9.2km | 9.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | MURAWSKA WIOLETTA | 34 | | SZCZECIN | POL | SERIA 2 | 00:33:44 | 00:35:27 | 00:37:11 | 00:38:54 | 00:40:38 |
| 2 | LANGNER-KAPCZYŃSKA EDYTA | 26 | BYLE NIE OSTATNI:) | SŁUPSK | POL | SERIA 1 | 00:42:51 | 00:45:11 | 00:47:26 | 00:49:43 | 00:51:58 |
| 3 | CHODOR IZABELA | 54 | TKKF KOSZALIN | GORZEBĄDZ | POL | SERIA 1 | 00:40:17 | 00:42:25 | 00:44:30 | 00:46:36 | 00:48:37 |
| 4 | PACAN MIRA | 36 | ŚWIAT PŁYTEK U KRYSPINA | BYTÓW | POL | SERIA 1 | 00:43:37 | 00:45:51 | 00:48:05 | 00:50:16 | 00:52:26 |
| 5 | PRZYBOREK KINGA | 39 | | KOSZALIN | POL | SERIA 1 | 00:50:45 | 00:53:35 | 00:56:28 | 00:59:21 | 01:02:05 |

## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M, M-Open

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 8km | 8.4km | 8.8km | 9.2km | 9.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | WITKOWSKI MATEUSZ | 55 | JW1223 | KOSZALIN | POL | SERIA 2 | 00:26:24 | 00:27:46 | 00:29:08 | 00:30:29 | 00:31:50 |
| 2 | ORZECHOWSKI KAMIL | 35 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:29:00 | 00:30:32 | 00:32:08 | 00:33:42 | 00:35:15 |
| 3 | GAWRON PIOTR | 10 | ULKS TALEX BORZYTUCHOM | BOROWY MŁYN | POL | SERIA 2 | 00:28:24 | 00:29:53 | 00:31:22 | 00:32:52 | 00:34:13 |
| 4 | ZABORSKI RYSZARD | 49 | TKKF KOSZALIN / ORKIESTRA WOJSKOWA | KOSZALIN | POL | SERIA 2 | 00:29:50 | 00:31:24 | 00:32:53 | 00:34:24 | 00:35:57 |
| 5 | STEBELSKI JASIEK | 45 | | KOSZALIN | POL | SERIA 2 | 00:31:01 | 00:32:38 | 00:34:17 | 00:35:53 | 00:37:18 |
| 6 | CZAPLIŃSKI JACEK | 5 | TAGER KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:32:05 | 00:33:44 | 00:35:21 | 00:36:56 | 00:38:30 |
| 7 | GÓRA SYLWESTER | 14 | #ZABIEGANINOCĄ | OKONEK | POL | SERIA 2 | 00:31:33 | 00:33:08 | 00:34:44 | 00:36:19 | 00:37:53 |
| 8 | SIENIAWSKI JAROSŁAW | 43 | MEDEN-INMED SPORTS TEAM | BONIN | POL | SERIA 1 | 00:33:54 | 00:35:40 | 00:37:25 | 00:39:10 | 00:40:51 |
| 9 | MICKIEWICZ ADAM | 32 | JW3937 MRZEŻYNO | MRZEŻYNO | POL | SERIA 1 | 00:33:45 | 00:35:30 | 00:37:18 | 00:39:06 | 00:40:47 |
| 10 | PICK TOMASZ | 37 | DEAF KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:33:56 | 00:35:43 | 00:37:29 | 00:39:17 | 00:41:01 |
| 11 | ZWOLIŃSKI JAN | 51 | TKKF KOSZALIN | WIERCISZEWO | POL | SERIA 2 | 00:32:03 | 00:33:43 | 00:35:23 | 00:37:03 | 00:38:41 |
| 12 | KOŚCIELNIAK ROBERT | 58 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:33:12 | 00:34:53 | 00:36:36 | 00:38:20 | 00:40:00 |
| 13 | MAZUR EMILIUSZ | 31 | | DARŁOWO | POL | SERIA 2 | 00:33:54 | 00:35:39 | 00:37:25 | 00:39:10 | 00:40:54 |
| 14 | LASEK BARTOSZ | 27 | RAZ SZCZECIN | SZCZECIN | POL | SERIA 2 | 00:35:18 | 00:37:11 | 00:39:03 | 00:40:56 | 00:42:46 |
| 15 | MARCINIAK MACIEJ | 29 | TKKF LUKS TECHNIK POŁCZYN ZDRÓJ | POŁCZYN ZDRÓJ | POL | SERIA 1 | 00:37:13 | 00:39:52 | 00:41:44 | 00:43:42 | 00:45:37 |
| 16 | HUBERT ŁUKASZ | 16 | | KOSZALIN | POL | SERIA 2 | 00:33:31 | 00:35:10 | 00:36:49 | 00:38:26 | 00:40:05 |
| 17 | KNAP CZAREK | 23 | HOŻA TEAM | SZCZECIN | POL | SERIA 2 | 00:33:01 | 00:34:43 | 00:36:24 | 00:38:07 | 00:39:53 |
| 18 | FADDA BRUNO-ANDRÉ | 7 | | PARIS | FRA | SERIA 1 | 00:35:09 | 00:37:00 | 00:38:49 | 00:40:37 | 00:42:23 |
| 19 | SZYMCZAK MICHAŁ | 46 | | SZCZECIN | POL | SERIA 1 | 00:34:43 | 00:36:30 | 00:38:17 | 00:40:05 | 00:41:51 |
| 20 | GĄSIOR KRYSTIAN | 11 | ROZBIEGANY SUSZ | SUSZ | POL | SERIA 2 | 00:35:28 | 00:37:17 | 00:39:08 | 00:40:57 | 00:42:46 |
| 21 | BARANOWSKI PIOTR | 1 | | KOSZALIN | POL | SERIA 2 | 00:34:06 | 00:35:49 | 00:37:32 | 00:39:16 | 00:40:59 |
| 22 | JAMNIAK BARTOSZ | 17 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:36:31 | 00:38:27 | 00:40:26 | 00:42:19 | 00:44:13 |
| 23 | KAJKOWSKI RAFAŁ | 20 | CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:37:22 | 00:39:23 | 00:41:25 | 00:43:27 | 00:45:28 |
| 24 | JAROSZ DARIUSZ | 18 | TKKF KOSZALIN | SUCHA KOSZALIŃSKA | POL | SERIA 2 | 00:35:00 | 00:36:45 | 00:38:32 | 00:40:15 | 00:41:58 |
| 25 | KUŁAKOWSKI DAWID | 25 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:36:18 | 00:38:09 | 00:40:02 | 00:41:51 | 00:43:46 |
| 26 | ROMANIUK WOJCIECH | 42 | ROM-KOL-RUN | KOŁOBRZEG | POL | SERIA 1 | 00:36:09 | 00:37:58 | 00:39:47 | 00:41:33 | 00:43:10 |
| 27 | MIŁASZEWSKI PRZEMEK | 33 | TEAM HOLIDAY SPORT | KOSZALIN | POL | SERIA 1 | 00:37:24 | 00:39:23 | 00:41:22 | 00:43:20 | 00:45:17 |
| 28 | MARZEC ŁUKASZ | 30 | OLE 82 | KOSZALIN | POL | SERIA 1 | 00:37:25 | 00:39:20 | 00:41:16 | 00:43:12 | 00:45:07 |
| 29 | GLISZCZYŃSKI ŁUKASZ | 12 | ŚWIAT PŁYTEK U KRYSPINA | BYTÓW | POL | SERIA 1 | 00:39:04 | 00:41:09 | 00:43:22 | 00:45:36 | 00:47:58 |
| 30 | KRUPIŃSKI KRZYSZTOF | 24 | E-UROLOG.EU | KOSZALIN | POL | SERIA 1 | 00:37:32 | 00:39:30 | 00:41:27 | 00:43:25 | 00:45:20 |
| 31 | ZIELIŃSKI GRZEGORZ | 50 | | STARE BIELICE | POL | SERIA 1 | 00:39:18 | 00:41:16 | 00:43:15 | 00:45:14 | 00:47:14 |
| 32 | KAMYK PIOTR | 21 | MH IT SERWIS KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:39:58 | 00:42:01 | 00:44:14 | 00:46:30 | 00:48:39 |
| 33 | FAJER MARKUS | 8 | RAZ SZCZECIN | DOBRA SZCZECIŃSKA | POL | SERIA 1 | 00:38:53 | 00:40:51 | 00:42:49 | 00:44:47 | 00:46:44 |
| 34 | KAPCZYŃSKI DAMIAN | 22 | BYLE NIE OSTATNI:) | SŁUPSK | POL | SERIA 1 | 00:41:48 | 00:44:03 | 00:46:13 | 00:48:20 | 00:50:28 |
| 35 | GAŁECKI JACEK | 9 | KARLINO BIEGAJ | KARLINO | POL | SERIA 1 | 00:38:36 | 00:40:30 | 00:42:23 | 00:44:16 | 00:46:08 |
| 36 | JASIENIECKI PIOTR | 19 | SPARK | KOSZALIN | POL | SERIA 1 | 00:40:52 | 00:42:55 | 00:44:56 | 00:46:59 | 00:48:57 |
| 37 | DZIESZUK DARIUSZ | 6 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:41:19 | 00:43:43 | 00:45:52 | 00:48:00 | 00:50:16 |
| 38 | HELLER ZDZISŁAW | 15 | NIEZRZESZONY | KOSZALIN | POL | SERIA 1 | 00:50:12 | 00:52:49 | 00:55:18 | 00:57:48 | 01:00:16 |
| | PELO ARTUR | 56 | 7 BOW | SŁUPSK | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |
| | CZERNIEWSKI MARCIN | 57 | LKS FENIX SŁUPSK | SŁUPSK | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |

## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M, M-Open c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 8km | 8.4km | 8.8km | 9.2km | 9.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | ŻMIJOWSKI PIOTR | 52 | | KOSZALIN | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |

## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M, Seria 1

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 8km | 8.4km | 8.8km | 9.2km | 9.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | SIENIAWSKI JAROSŁAW | 43 | MEDEN-INMED SPORTS TEAM | BONIN | POL | SERIA 1 | 00:33:54 | 00:35:40 | 00:37:25 | 00:39:10 | 00:40:51 |
| 2 | MICKIEWICZ ADAM | 32 | JW3937 MRZEŻYNO | MRZEŻYNO | POL | SERIA 1 | 00:33:45 | 00:35:30 | 00:37:18 | 00:39:06 | 00:40:47 |
| 3 | PICK TOMASZ | 37 | DEAF KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:33:56 | 00:35:43 | 00:37:29 | 00:39:17 | 00:41:01 |
| 4 | MARCINIAK MACIEJ | 29 | TKKF LUKS TECHNIK POŁCZYN ZDRÓJ | POŁCZYN ZDRÓJ | POL | SERIA 1 | 00:37:13 | 00:39:52 | 00:41:44 | 00:43:42 | 00:45:37 |
| 5 | FADDA BRUNO-ANDRÉ | 7 | | PARIS | FRA | SERIA 1 | 00:35:09 | 00:37:00 | 00:38:49 | 00:40:37 | 00:42:23 |
| 6 | SZYMCZAK MICHAŁ | 46 | | SZCZECIN | POL | SERIA 1 | 00:34:43 | 00:36:30 | 00:38:17 | 00:40:05 | 00:41:51 |
| 7 | ROMANIUK WOJCIECH | 42 | ROM-KOL-RUN | KOŁOBRZEG | POL | SERIA 1 | 00:36:09 | 00:37:58 | 00:39:47 | 00:41:33 | 00:43:10 |
| 8 | MIŁASZEWSKI PRZEMEK | 33 | TEAM HOLIDAY SPORT | KOSZALIN | POL | SERIA 1 | 00:37:24 | 00:39:23 | 00:41:22 | 00:43:20 | 00:45:17 |
| 9 | MARZEC ŁUKASZ | 30 | OLE 82 | KOSZALIN | POL | SERIA 1 | 00:37:25 | 00:39:20 | 00:41:16 | 00:43:12 | 00:45:07 |
| 10 | GLISZCZYŃSKI ŁUKASZ | 12 | ŚWIAT PŁYTEK U KRYSPINA | BYTÓW | POL | SERIA 1 | 00:39:04 | 00:41:09 | 00:43:22 | 00:45:36 | 00:47:58 |
| 11 | KRUPIŃSKI KRZYSZTOF | 24 | E-UROLOG.EU | KOSZALIN | POL | SERIA 1 | 00:37:32 | 00:39:30 | 00:41:27 | 00:43:25 | 00:45:20 |
| 12 | ZIELIŃSKI GRZEGORZ | 50 | | STARE BIELICE | POL | SERIA 1 | 00:39:18 | 00:41:16 | 00:43:15 | 00:45:14 | 00:47:14 |
| 13 | KAMYK PIOTR | 21 | MH IT SERWIS KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:39:58 | 00:42:01 | 00:44:14 | 00:46:30 | 00:48:39 |
| 14 | FAJER MARKUS | 8 | RAZ SZCZECIN | DOBRA SZCZECIŃSKA | POL | SERIA 1 | 00:38:53 | 00:40:51 | 00:42:49 | 00:44:47 | 00:46:44 |
| 15 | KAPCZYŃSKI DAMIAN | 22 | BYLE NIE OSTATNI:) | SŁUPSK | POL | SERIA 1 | 00:41:48 | 00:44:03 | 00:46:13 | 00:48:20 | 00:50:28 |
| 16 | GAŁECKI JACEK | 9 | KARLINO BIEGAJ | KARLINO | POL | SERIA 1 | 00:38:36 | 00:40:30 | 00:42:23 | 00:44:16 | 00:46:08 |
| 17 | LANGNER-KAPCZYŃSKA EDYTA | 26 | BYLE NIE OSTATNI:) | SŁUPSK | POL | SERIA 1 | 00:42:51 | 00:45:11 | 00:47:26 | 00:49:43 | 00:51:58 |
| 18 | CHODOR IZABELA | 54 | TKKF KOSZALIN | GORZEBĄDZ | POL | SERIA 1 | 00:40:17 | 00:42:25 | 00:44:30 | 00:46:36 | 00:48:37 |
| 19 | JASIENIECKI PIOTR | 19 | SPARK | KOSZALIN | POL | SERIA 1 | 00:40:52 | 00:42:55 | 00:44:56 | 00:46:59 | 00:48:57 |
| 20 | DZIESZUK DARIUSZ | 6 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 1 | 00:41:19 | 00:43:43 | 00:45:52 | 00:48:00 | 00:50:16 |
| 21 | PACAN MIRA | 36 | ŚWIAT PŁYTEK U KRYSPINA | BYTÓW | POL | SERIA 1 | 00:43:37 | 00:45:51 | 00:48:05 | 00:50:16 | 00:52:26 |
| 22 | PRZYBOREK KINGA | 39 | | KOSZALIN | POL | SERIA 1 | 00:50:45 | 00:53:35 | 00:56:28 | 00:59:21 | 01:02:05 |
| 23 | HELLER ZDZISŁAW | 15 | NIEZRZESZONY | KOSZALIN | POL | SERIA 1 | 00:50:12 | 00:52:49 | 00:55:18 | 00:57:48 | 01:00:16 |

## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M, Seria 2

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 8km | 8.4km | 8.8km | 9.2km | 9.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | WITKOWSKI MATEUSZ | 55 | JW1223 | KOSZALIN | POL | SERIA 2 | 00:26:24 | 00:27:46 | 00:29:08 | 00:30:29 | 00:31:50 |
| 2 | ORZECHOWSKI KAMIL | 35 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:29:00 | 00:30:32 | 00:32:08 | 00:33:42 | 00:35:15 |
| 3 | GAWRON PIOTR | 10 | ULKS TALEX BORZYTUCHOM | BOROWY MŁYN | POL | SERIA 2 | 00:28:24 | 00:29:53 | 00:31:22 | 00:32:52 | 00:34:13 |
| 4 | ZABORSKI RYSZARD | 49 | TKKF KOSZALIN / ORKIESTRA WOJSKOWA | KOSZALIN | POL | SERIA 2 | 00:29:50 | 00:31:24 | 00:32:53 | 00:34:24 | 00:35:57 |
| 5 | STEBELSKI JASIEK | 45 | | KOSZALIN | POL | SERIA 2 | 00:31:01 | 00:32:38 | 00:34:17 | 00:35:53 | 00:37:18 |
| 6 | CZAPLIŃSKI JACEK | 5 | TAGER KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:32:05 | 00:33:44 | 00:35:21 | 00:36:56 | 00:38:30 |
| 7 | GÓRA SYLWESTER | 14 | #ZABIEGANINOCĄ | OKONEK | POL | SERIA 2 | 00:31:33 | 00:33:08 | 00:34:44 | 00:36:19 | 00:37:53 |
| 8 | ZWOLIŃSKI JAN | 51 | TKKF KOSZALIN | WIERCISZEWO | POL | SERIA 2 | 00:32:03 | 00:33:43 | 00:35:23 | 00:37:03 | 00:38:41 |
| 9 | MURAWSKA WIOLETTA | 34 | | SZCZECIN | POL | SERIA 2 | 00:33:44 | 00:35:27 | 00:37:11 | 00:38:54 | 00:40:38 |
| 10 | KOŚCIELNIAK ROBERT | 58 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:33:12 | 00:34:53 | 00:36:36 | 00:38:20 | 00:40:00 |
| 11 | MAZUR EMILIUSZ | 31 | | DARŁOWO | POL | SERIA 2 | 00:33:54 | 00:35:39 | 00:37:25 | 00:39:10 | 00:40:54 |
| 12 | LASEK BARTOSZ | 27 | RAZ SZCZECIN | SZCZECIN | POL | SERIA 2 | 00:35:18 | 00:37:11 | 00:39:03 | 00:40:56 | 00:42:46 |
| 13 | HUBERT ŁUKASZ | 16 | | KOSZALIN | POL | SERIA 2 | 00:33:31 | 00:35:10 | 00:36:49 | 00:38:26 | 00:40:05 |
| 14 | KNAP CZAREK | 23 | HOŻA TEAM | SZCZECIN | POL | SERIA 2 | 00:33:01 | 00:34:43 | 00:36:24 | 00:38:07 | 00:39:53 |
| 15 | GĄSIOR KRYSTIAN | 11 | ROZBIEGANY SUSZ | SUSZ | POL | SERIA 2 | 00:35:28 | 00:37:17 | 00:39:08 | 00:40:57 | 00:42:46 |
| 16 | BARANOWSKI PIOTR | 1 | | KOSZALIN | POL | SERIA 2 | 00:34:06 | 00:35:49 | 00:37:32 | 00:39:16 | 00:40:59 |
| 17 | JAMNIAK BARTOSZ | 17 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:36:31 | 00:38:27 | 00:40:26 | 00:42:19 | 00:44:13 |
| 18 | KAJKOWSKI RAFAŁ | 20 | CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:37:22 | 00:39:23 | 00:41:25 | 00:43:27 | 00:45:28 |
| 19 | JAROSZ DARIUSZ | 18 | TKKF KOSZALIN | SUCHA KOSZALIŃSKA | POL | SERIA 2 | 00:35:00 | 00:36:45 | 00:38:32 | 00:40:15 | 00:41:58 |
| 20 | KUŁAKOWSKI DAWID | 25 | TKKF KOSZALIN | KOSZALIN | POL | SERIA 2 | 00:36:18 | 00:38:09 | 00:40:02 | 00:41:51 | 00:43:46 |
| | PELO ARTUR | 56 | 7 BOW | SŁUPSK | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |
| | CZERNIEWSKI MARCIN | 57 | LKS FENIX SŁUPSK | SŁUPSK | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |

## I OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 10 000 M, Seria 2 c.d.

| M-ce | Nazwisko i imię | Nr | Klub | M-scowość | Kraj | Kat. | 8km | 8.4km | 8.8km | 9.2km | 9.6km |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | ŻMIJOWSKI PIOTR | 52 | | KOSZALIN | POL | SERIA 2 | DNF | DNF | DNF | DNF | DNF |