



TORTURA LESZNO 2021

B4SPORT

Organizator:

Transformers Trening & Dieta

Data:

2021-09-12

Miejsce:

Leszno

Dystans:

5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 12:15

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	FETSIUKOU Aliaksei	419	OCR GYM	M-Open	7	OCR GYM	00:25:44.35	00:25:44.35		5:08	11.7 (100%)
2	MARCINKOWSKI Adam	386	CZARNA HORDA	M-Open	9		00:26:33.45	00:26:33.45	+00:00:49 (3.1%)	5:18	11.3 (96.6%)
3	BAJON Przemysław	394	WATAHA	M-Open	11	OCR GYM	00:26:41.30	00:26:41.30	+00:00:56 (3.6%)	5:20	11.2 (95.7%)
4	KASPRZAK Artur	102	TEAM TRANSFORMERS	M-Open	19	Team Transformers	00:28:03.55	00:28:03.55	+00:02:19 (8.3%)	5:36	10.7 (91.5%)
5	DĄBEK Patryk	40	COLOS GYM	M-Open	25		00:29:33.85	00:29:33.85	+00:03:49 (12.9%)	5:54	10.2 (87.2%)
6	OLEJNICZAK Marek	225	TEAM TRANSFORMERS	M-Open	44	Team Transformers	00:32:08.55	00:32:08.55	+00:06:24 (19.9%)	6:25	9.3 (79.5%)
7	GORLAS Miron	69		M-Open	46		00:32:16.40	00:32:16.40	+00:06:32 (20.2%)	6:27	9.3 (79.5%)
8	KOTALA Arkadiusz	388		M-Open	53		00:33:10.35	00:33:10.35	+00:07:26 (22.4%)	6:38	9 (76.9%)
9	BRZESKOT Bartosz	30		M-Open	54		00:33:17.20	00:33:17.20	+00:07:32 (22.7%)	6:39	9 (76.9%)
10	WOJCIECHOWSKI Mateusz	341	EKIPA AMITY	M-Open	57		00:33:24.45	00:33:24.45	+00:07:40 (23.0%)	6:40	9 (76.9%)
11	SUSZYŃSKI Łukasz	391	OX WOŁÓW	M-Open	63		00:34:00.35	00:34:00.35	+00:08:16 (24.3%)	6:48	8.8 (75.2%)
12	PIENIAK Piotr	240	PROKOL PRACOWNIA PROJEKTOWO-KOSZTORYSOWA	M-Open	70	PROKOL PRACOWNIA PROJEKTOWO KOSZTORYSOWA	00:34:33.65	00:34:33.65	+00:08:49 (25.5%)	6:54	8.7 (74.4%)
13	ŻYNDUL Krystian	365		M-Open	73		00:34:55.95	00:34:55.95	+00:09:11 (26.3%)	6:59	8.6 (73.5%)
14	KORALEWSKI Pawel	131		M-Open	77	OCR GYM	00:35:55.50	00:35:55.50	+00:10:11 (28.4%)	7:11	8.4 (71.8%)

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15	BORKOWSKI Mateusz	24	COLOS GYM	M-Open	83		00:36:35.65	00:36:35.65	+00:10:51 (29.7%)	7:19	8.2 (70.1%)
16	NASKRĘT Damian	410	TRANSFORMERS	M-Open	94		00:37:48.60	00:37:48.60	+00:12:04 (31.9%)	7:33	7.9 (67.5%)
17	ŚWIDZIŃSKI Marcin	312	TRANSFORMERS	M-Open	105		00:38:59.95	00:38:59.95	+00:13:15 (34.0%)	7:47	7.7 (65.8%)
18	KRAKOWIAK Daniel	140		M-Open	106		00:39:05.75	00:39:05.75	+00:13:21 (34.2%)	7:49	7.7 (65.8%)
19	FRYDRYCH Andrzej	62		M-Open	107		00:39:07.30	00:39:07.30	+00:13:22 (34.2%)	7:49	7.7 (65.8%)
20	BOJANOWSKI Marek	22		M-Open	111		00:39:22.90	00:39:22.90	+00:13:38 (34.6%)	7:52	7.6 (65.0%)
21	MARCINIAK Jędrzej	417		M-Open	115		00:39:41.00	00:39:41.00	+00:13:56 (35.1%)	7:56	7.6 (65.0%)
22	PUZIAK Andrzej	253		M-Open	117		00:39:52.85	00:39:52.85	+00:14:08 (35.5%)	7:58	7.5 (64.1%)
23	KAROLCZAK Damian	401	OCR GYM	M-Open	118	OCR GYM	00:39:54.40	00:39:54.40	+00:14:10 (35.5%)	7:58	7.5 (64.1%)
24	PAWIŁOJĆ Jakub	232		M-Open	120		00:40:02.45	00:40:02.45	+00:14:18 (35.7%)	8:00	7.5 (64.1%)
25	SKRZYPCZYK Martyna	281	COLOS GYM	K-Open	15		00:40:16.70	00:40:16.70	+00:14:32 (36.1%)	8:03	7.5 (64.1%)
26	SZYMKOWIAK Mirosław	307	EKIPA AMITY	M-Open	121	Ekipa Amity	00:40:22.55	00:40:22.55	+00:14:38 (36.3%)	8:04	7.4 (63.2%)
27	MATUSZEWSKI Marcin	191	EKIPA AMITY	M-Open	129	Ekipa Amity	00:41:02.95	00:41:02.95	+00:15:18 (37.3%)	8:12	7.3 (62.4%)
28	BOGONOS Pawel	390	OX WOLOW	M-Open	130		00:41:25.20	00:41:25.20	+00:15:40 (37.9%)	8:17	7.2 (61.5%)
29	GORLAS Artur	70		M-Open	139		00:41:46.60	00:41:46.60	+00:16:02 (38.4%)	8:21	7.2 (61.5%)
30	WITA Adrian	335	EKIPA AMITY	M-Open	147		00:43:43.55	00:43:43.55	+00:17:59 (41.1%)	8:44	6.9 (59.0%)
31	KRZEMIEN Śławomir	143	OCR GYM	M-Open	155	OCR GYM	00:44:39.35	00:44:39.35	+00:18:55 (42.4%)	8:55	6.7 (57.3%)
32	MARCINIAK Klaudia	182		K-Open	25		00:45:57.00	00:45:57.00	+00:20:12 (44.0%)	9:11	6.5 (55.6%)
33	PODGÓRSKA Sylwia	367		K-Open	31		00:47:11.45	00:47:11.45	+00:21:27 (45.5%)	9:26	6.4 (54.7%)
34	JANOWICZ Paulina	437		K-Open	32		00:47:11.60	00:47:11.60	+00:21:27 (45.5%)	9:26	6.4 (54.7%)
35	NYNYK Andrii	221		M-Open	203		00:50:40.10	00:50:40.10	+00:24:55 (49.2%)	10:08	5.9 (50.4%)
36	KONARKOWSKA Tetyana	123	68	K-Open	42		00:50:40.70	00:50:40.70	+00:24:56 (49.2%)	10:08	5.9 (50.4%)
37	BIEDALAK Krzysztof	16		M-Open	209		00:51:56.25	00:51:56.25	+00:26:11 (50.4%)	10:23	5.8 (49.6%)

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38	WITKOWSKI Rafał	336	OCR GYM	M-Open	212	OCR GYM	00:52:15.75	00:52:15.75	+00:26:31 (50.8%)	10:27	5.7 (48.7%)
39	BARCZYSZYN Aleksandra	9	OCR GYM	K-Open	49	OCR GYM	00:52:56.75	00:52:56.75	+00:27:12 (51.4%)	10:35	5.7 (48.7%)
40	MAROSZ Martyna	185	STOWARZYSZENIE EXTREMALNI	K-Open	57		00:54:56.15	00:54:56.15	+00:29:11 (53.1%)	10:59	5.5 (47.0%)
41	SAJA Weronika	271	STOWARZYSZENIE EXTREMALNI	K-Open	58		00:54:56.35	00:54:56.35	+00:29:12 (53.1%)	10:59	5.5 (47.0%)
42	KNOZOWSKA Bożena	120	COLOS GYM	K-Open	67		00:57:04.80	00:57:04.80	+00:31:20 (54.9%)	11:24	5.3 (45.3%)
43	MACHOWSKA Malwina	166		K-Open	68		00:57:13.75	00:57:13.75	+00:31:29 (55.0%)	11:26	5.2 (44.4%)
44	DUDZIK Iwona	50	TRANSFORMERS	K-Open	69		00:57:21.65	00:57:21.65	+00:31:37 (55.1%)	11:28	5.2 (44.4%)
45	WOŚ Kinga	350		K-Open	85		01:01:30.25	01:01:30.25	+00:35:45 (58.2%)	12:18	4.9 (41.9%)
46	KALISKI Darek	96	TOYOCAR TEAM LESZNO	M-Open	247	TOYOCAR TEAM LESZNO	01:01:58.55	01:01:58.55	+00:36:14 (58.5%)	12:23	4.8 (41.0%)
47	GRAJNERT Paulina	72	TOYOCAR TEAM LESZNO	K-Open	86	TOYOCAR TEAM LESZNO	01:01:59.55	01:01:59.55	+00:36:15 (58.5%)	12:23	4.8 (41.0%)
48	KUŚNIEREK Jakub	152	TOYOCAR TEAM LESZNO	M-Open	248	TOYOCAR TEAM LESZNO	01:01:59.80	01:01:59.80	+00:36:15 (58.5%)	12:23	4.8 (41.0%)
49	SMEKTAŁA Małgorzata	283	TOYOCAR TEAM LESZNO	K-Open	87	TOYOCAR TEAM LESZNO	01:01:59.85	01:01:59.85	+00:36:15 (58.5%)	12:23	4.8 (41.0%)
50	MIERZEJEWSKA Laura	198	TOYOCAR TEAM LESZNO	K-Open	88	TOYOCAR TEAM LESZNO	01:01:59.90	01:01:59.90	+00:36:15 (58.5%)	12:23	4.8 (41.0%)
51	UFNIAK Radosław	323	TOYOCAR TEAM LESZNO	M-Open	249	TOYOCAR TEAM LESZNO	01:02:00.05	01:02:00.05	+00:36:15 (58.5%)	12:24	4.8 (41.0%)
52	FRANKA Magdalena	60	TOYOCAR TEAM LESZNO	K-Open	89	TOYOCAR TEAM LESZNO	01:02:00.95	01:02:00.95	+00:36:16 (58.5%)	12:24	4.8 (41.0%)
53	MIRECKI Jakub	202		M-Open	250		01:02:28.15	01:02:28.15	+00:36:43 (58.8%)	12:29	4.8 (41.0%)
54	OZGOWICZ Sylwia	227	CNS NOWA SÓL	K-Open	92	CNS Nowa Sól	01:04:24.95	01:04:24.95	+00:38:40 (60.0%)	12:52	4.7 (40.2%)
55	STASZAK Małgorzata	293	CNS NOWA SÓL	K-Open	93	CNS Nowa Sól	01:04:25.05	01:04:25.05	+00:38:40 (60.0%)	12:53	4.7 (40.2%)
56	ŁOWCZYŃSKA Ewelina	387	CNS NOWA SÓL	K-Open	94		01:04:25.25	01:04:25.25	+00:38:40 (60.0%)	12:53	4.7 (40.2%)
57	KASPRZAK Hieronim	103	TEAM TRANSFORMERS	M-Open	254	Team Transformers	01:04:26.35	01:04:26.35	+00:38:42 (60.1%)	12:53	4.7 (40.2%)
58	DOMAGAŁA Patrycja	44		K-Open	95		01:04:39.30	01:04:39.30	+00:38:54 (60.2%)	12:55	4.6 (39.3%)
59	MUSIELAK Patrycja	206		K-Open	96		01:04:42.25	01:04:42.25	+00:38:57 (60.2%)	12:56	4.6 (39.3%)