



TRENING SYLWESTROWY 2020

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Trening Sylwestrowy 2020
Rowerowa Brzoza
2020-12-31
Brzoza
10 km

B4SPORT
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 3.2km	Split 6.5km	Split 9.9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	CZAJKOWSKA Sylwia	121	K-40	1		#Żółtokrólewscy	00:00:07	00:14:29	00:29:18	00:44:18	00:44:26.70	00:44:33.95		4:26	13.5 (100%)
2	BRYWCZYŃSKA Justyna	17	K-40	2		#slimakibarcin / Rodos Team	00:00:15	00:17:21	00:34:52	00:52:14	00:52:24.15	00:52:39.20	+00:07:57 (15.2%)	5:14	11.5 (85.2%)
3	STEJUK Aleksandra	36	K-40	3	AMS Triathlon		00:00:18	00:17:28	00:35:34	00:54:01	00:54:11.25	00:54:29.40	+00:09:44 (18.0%)	5:25	11.1 (82.2%)
3	MISUN-NOWAK Katarzyna	30	K-40	3	AMS Triathlon		00:00:18	00:17:28	00:35:34	00:54:01	00:54:11.25	00:54:29.40	+00:09:44 (18.0%)	5:25	11.1 (82.2%)
5	MACIOSZEK Ewa	78	K-40	5			00:00:14	00:18:07	00:36:37	00:55:22	00:55:33.20	00:55:48.10	+00:11:06 (20.0%)	5:33	10.8 (80.0%)
6	SKRZĄTEK Anna	53	K-40	6			00:00:19	00:18:52	00:37:55	00:57:01	00:57:11.15	00:57:30.15	+00:12:44 (22.3%)	5:43	10.5 (77.8%)
7	ZAMIATOWSKA Kinga	169	K-40	7			00:00:18	00:18:51	00:37:54	00:57:02	00:57:12.20	00:57:30.55	+00:12:45 (22.3%)	5:43	10.5 (77.8%)
8	MALATYŃSKA Barbara	94	K-40	8			00:02:28	00:19:18	00:38:39	00:57:58	00:58:09.30	01:00:37.50	+00:13:42 (23.6%)	5:48	10.3 (76.3%)
9	CZYŻAK Joanna	35	K-40	9	AMS Triathlon	AMS Triathlon Bydgoszcz Akademia Mistrzów Sportu	00:00:18	00:19:49	00:40:42	01:01:45	01:01:56.90	01:02:15.35	+00:17:30 (28.3%)	6:11	9.7 (71.9%)
10	LEWANDOWSKA Sylwia	64	K-40	10			00:00:35	00:21:02	00:41:58	01:03:02	01:03:15.95	01:03:51.70	+00:18:49 (29.7%)	6:19	9.5 (70.4%)
11	NOSKOWIAK-BAJNO Alicja	131	K-40	11		Chołokłóliki	00:00:13	00:21:23	00:43:54	01:07:33	01:07:45.00	01:07:58.75	+00:23:18 (34.4%)	6:46	8.9 (65.9%)
12	BŁASZKIEWICZ Marzena	130	K-40	12			00:00:13	00:21:32	00:44:00	01:07:33	01:07:45.55	01:07:58.95	+00:23:18 (34.4%)	6:46	8.9 (65.9%)
13	ŚLESINSKA Ewa	136	K-40	13			00:00:21	00:22:37	00:45:34	01:08:10	01:08:23.65	01:08:44.80	+00:23:56 (35.0%)	6:50	8.8 (65.2%)
14	AUGUSTYNOWICZ Katarzyna	49	K-40	14			00:00:20	00:22:35	00:47:03	01:11:11	01:11:32.95	01:11:52.95	+00:27:06 (37.9%)	7:09	8.4 (62.2%)
DNC	POGORZELSKA Bogusia	37	K-40				00:00:27	00:23:52			00:26:27.60	00:26:54.95		0:00	22.7 (168.1%)

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DNC	PAŚ Katarzyna	55		K-40				00:00:25	00:29:03	00:56:22		00:56:40.00	00:57:05.95		0:00	10.6 (78.5%)

Znaleziono 16 wynik(ów)