



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ETAPOWA TRIADA ZIMOWA
Fundacja Kocham Góry
2020-01-04
Krościenko nad Dunajcem
16 km

TRIADA MARATON GORCE

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 16km	Czas brutto 16km	Różn	Tempo min/km	Tempo km/h
1	BROL Dominika	209	ENDURANCE TEAM	K30-39	1	01:55:11.50	01:55:13.50		7:11	8.3 (100%)
2	ZIĘCINA Sylwia	395	ATLANTIC	K30-39	2	01:56:40.45	01:56:44.45	+00:01:30 (1.3%)	7:17	8.2 (98.8%)
3	CHODOWIEC Karolina	221	ADIDAS RUNNERS WARSAW	K30-39	3	01:58:21.25	01:58:29.35	+00:03:15 (2.8%)	7:23	8.1 (97.6%)
4	CHILICKA Marta	219	RED LION CLUB	K30-39	4	02:02:22.70	02:02:25.60	+00:07:12 (5.9%)	7:38	7.8 (94.0%)
5	KUNA Aleksandra	290		K30-39	5	02:02:15.20	02:02:31.15	+00:07:17 (6.0%)	7:38	7.9 (95.2%)
6	KALETA Anna	262		K30-39	6	02:12:02.60	02:12:39.35	+00:17:25 (13.1%)	8:15	7.3 (88.0%)
7	WAŁĘGA Monika	371		K30-39	7	02:12:32.75	02:13:14.20	+00:18:00 (13.5%)	8:17	7.2 (86.7%)
8	WONKO Ewa	389	HTF LUDWIK SIKORSKI	K30-39	8	02:13:26.30	02:13:40.90	+00:18:27 (13.8%)	8:20	7.2 (86.7%)
9	SZCZĘSNA Edyta	359	CARBON OCR RACING TEAM	K30-39	9	02:13:16.80	02:13:42.15	+00:18:28 (13.8%)	8:19	7.2 (86.7%)
10	NIMSZ Kamila	206	KB HARCOWNIK JELCZ-LASKOWICE	K30-39	10	02:12:59.30	02:13:46.60	+00:18:33 (13.9%)	8:18	7.2 (86.7%)
11	BULANDA Barbara	212	ŻUBRY BOCHNIA	K30-39	11	02:18:12.20	02:18:51.60	+00:23:38 (17.0%)	8:38	6.9 (83.1%)
12	STEC Iwona	356		K30-39	12	02:20:27.55	02:20:46.10	+00:25:32 (18.1%)	8:46	6.8 (81.9%)
13	MAZURKIEWICZ Jolanta	310	BYCHAWA RUNNERS / NAJWIĘKSZA ARMIA ŚWIATA	K30-39	13	02:22:41.20	02:22:56.35	+00:27:42 (19.4%)	8:55	6.7 (80.7%)
14	NOWAK Beata	321		K30-39	14	02:23:34.85	02:23:49.25	+00:28:35 (19.9%)	8:58	6.7 (80.7%)
15	CHRAPLEWSKA Karolina	222	PRO366	K30-39	15	02:27:24.00	02:27:45.25	+00:32:31 (22.0%)	9:12	6.5 (78.3%)
16	ZARĘBA Beata	393	BIEGAM BO LUBIĘ NOCĄ WARSZAWA	K30-39	16	02:29:12.15	02:29:30.30	+00:34:16 (22.9%)	9:19	6.4 (77.1%)
17	ZACHARA Katarzyna	391		K30-39	17	02:31:12.00	02:31:38.25	+00:36:24 (24.0%)	9:27	6.3 (75.9%)
18	WOJNO Małgorzata	385	DROGA DO ULTRA	K30-39	18	02:30:55.15	02:31:39.45	+00:36:25 (24.0%)	9:25	6.4 (77.1%)
19	MROZIK Magdalena	317	POWER TRAINING	K30-39	19	02:38:53.85	02:39:50.20	+00:44:36 (27.9%)	9:55	6 (72.3%)
20	BOBINSKA Marta	207		K30-39	20	02:38:54.55	02:39:50.35	+00:44:36 (27.9%)	9:55	6 (72.3%)
21	ROGUSKA Klaudia	666	RADZYMIN RUN TEAM	K30-39	21	02:40:45.35	02:41:21.40	+00:46:07 (28.6%)	10:02	6 (72.3%)
22	SZYMAŃSKA Agata	365	RADZYMIN RUN TEAM	K30-39	22	02:41:12.70	02:41:48.35	+00:46:34 (28.8%)	10:04	6 (72.3%)
23	MAKARZEC-SURMA Agnieszka	303	BIŁGORAJ	K30-39	23	02:41:58.00	02:42:14.15	+00:47:00 (29.0%)	10:07	5.9 (71.1%)
24	JATA Marta	259	WW TEAM	K30-39	24	02:43:06.95	02:43:25.70	+00:48:12 (29.5%)	10:11	5.9 (71.1%)
25	SKŁADANOWSKA Beata	347	EUROCASH TEAM	K30-39	25	02:44:22.60	02:44:49.15	+00:49:35 (30.1%)	10:16	5.8 (69.9%)
26	LORENC-KRUSZYŃSKA Sylwia	295	FORDONRUNNERS/WKURW_TEAM	K30-39	26	02:52:00.25	02:53:01.25	+00:57:47 (33.4%)	10:45	5.6 (67.5%)

Znaleziono 26 wynik(ów)