



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ETAPOWA TRIADA ZIMOWA
Fundacja Kocham Góry
2020-01-04
Krościenko nad Dunajcem
16 km

TRIADA MARATON GORCE

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 16km	Czas brutto 16km	Różn	Tempo min/km	Tempo km/h
1	JASIULEWICZ Anna	258	BIĄŁYSTOK BIEGA TEAM	K40-49	1	01:51:42.70	01:51:47.10		6:58	8.6 (100%)
2	SOSNOWSKA Agnieszka	352	SOSNA RADOSNA	K40-49	2	01:55:14.50	01:55:18.70	+00:03:31 (3.1%)	7:12	8.3 (96.5%)
3	KLATKA Arleta	270	BBL TOMASZÓW MAZOWIECKI	K40-49	3	02:04:59.75	02:05:05.05	+00:13:17 (10.6%)	7:48	7.7 (89.5%)
4	ADAMCZAK Barbara	200	TRAVOIS	K40-49	4	02:06:53.85	02:07:38.85	+00:15:51 (12.4%)	7:55	7.6 (88.4%)
5	POGORZELSKA Katarzyna	333	BWM TEAM	K40-49	5	02:07:21.85	02:07:52.95	+00:16:05 (12.6%)	7:57	7.5 (87.2%)
6	DZIERŻAK Elżbieta	233	HUSARIA RACE TEAM	K40-49	6	02:08:04.20	02:08:25.35	+00:16:38 (13.0%)	8:00	7.5 (87.2%)
7	ZIELIŃSKA Iwona	394	KUJAWSCY RUNNERS	K40-49	7	02:12:56.55	02:13:16.70	+00:21:29 (16.1%)	8:18	7.2 (83.7%)
8	KITOWSKA Anna	232	PERFECT RUNNER TEAM	K40-49	8	02:17:38.00	02:17:58.85	+00:26:11 (19.0%)	8:36	7 (81.4%)
9	KOPEĆ Renata	276	KS STASZEWSKY	K40-49	9	02:18:39.25	02:19:07.75	+00:27:20 (19.7%)	8:39	6.9 (80.2%)
10	SOWA-OKRASA Sylwia	354	DOGOŃ GRODZISK MAZOWIECKI	K40-49	10	02:25:45.55	02:25:51.70	+00:34:04 (23.4%)	9:06	6.6 (76.7%)
11	JARECKA Katarzyna	255	ALLERGAN RUNNING TEAM	K40-49	11	02:25:44.75	02:25:53.35	+00:34:06 (23.4%)	9:06	6.6 (76.7%)
12	PRZEBINDA Renata	338	#ADAMCZERWIŃSKITEAM	K40-49	12	02:28:39.80	02:28:56.80	+00:37:09 (24.9%)	9:17	6.5 (75.6%)
13	WILK Magdalena	378	TEAM ZABIEGANEDNI	K40-49	13	02:29:04.40	02:29:29.35	+00:37:42 (25.2%)	9:19	6.4 (74.4%)
14	KOWALSKA-GRZEJDA Anna	278		K40-49	14	02:28:39.25	02:29:37.80	+00:37:50 (25.3%)	9:17	6.5 (75.6%)
15	CAŁKA Agnieszka	217	RADZYMIN RUN TEAM	K40-49	15	02:30:37.25	02:31:12.30	+00:39:25 (26.1%)	9:24	6.4 (74.4%)
16	MASTALERZ Katarzyna	309	SŁONIÓWKA	K40-49	16	02:30:45.50	02:31:48.45	+00:40:01 (26.4%)	9:25	6.4 (74.4%)
17	WIELIŃSKA-JACHYMIAK Olga	377	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	K40-49	17	02:34:11.90	02:34:39.20	+00:42:52 (27.7%)	9:38	6.2 (72.1%)
18	BUDNY Aleksandra	211	KRAŚNIK BIEGA	K40-49	18	02:34:38.25	02:35:00.15	+00:43:13 (27.9%)	9:39	6.2 (72.1%)
19	DYDERSKA Wioletta	230	WIOLAADI	K40-49	19	02:34:37.50	02:35:00.20	+00:43:13 (27.9%)	9:39	6.2 (72.1%)
20	PATEREK Ada	332		K40-49	20	02:34:17.75	02:35:12.25	+00:43:25 (28.0%)	9:38	6.2 (72.1%)
21	DZIEWIATOWSKA Agnieszka	234		K40-49	21	02:35:16.95	02:35:44.85	+00:43:57 (28.2%)	9:42	6.2 (72.1%)
22	MAKLES Wioletta	304	EUROPA UBEZPIECZENIA / NOA	K40-49	22	02:39:00.60	02:39:05.80	+00:47:18 (29.7%)	9:56	6 (69.8%)
23	JARACZ-PATEREK Alina	254	NOA	K40-49	23	02:39:02.30	02:39:06.00	+00:47:18 (29.7%)	9:56	6 (69.8%)
24	MACKIEWICZ Dorota	301	EAT RUN FUN	K40-49	24	02:40:07.65	02:40:28.20	+00:48:41 (30.3%)	10:00	6 (69.8%)
25	KAPŁON Anna	264		K40-49	25	02:40:43.75	02:41:08.40	+00:49:21 (30.6%)	10:02	6 (69.8%)
26	ŻACZEK Anna	664	BIEGUSIEM.PL	K40-49	26	02:41:03.80	02:41:27.85	+00:49:40 (30.8%)	10:03	6 (69.8%)
27	JARZĄBEK Agnieszka	257	RADZYMIN RUN TEAM	K40-49	27	02:41:12.00	02:41:48.55	+00:50:01 (30.9%)	10:04	6 (69.8%)
28	KĘPKA-WAROWNA Weronika	268	BIEGUSIEM.PL	K40-49	28	02:41:36.30	02:41:58.75	+00:50:11 (31.0%)	10:06	5.9 (68.6%)
29	MALAWKO Aleksandra	305		K40-49	29	02:42:33.25	02:43:05.60	+00:51:18 (31.5%)	10:09	5.9 (68.6%)

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30	ZABŁOCKA Małgorzata	390	NATIONALE-NEDERLANDEN	K40-49	30	02:42:48.30	02:43:15.30	+00:51:28 (31.5%)	10:10	5.9 (68.6%)
31	WNOROWSKA Magdalena	381	RMF4RT GLADIATORS	K40-49	31	02:44:01.15	02:44:56.40	+00:53:09 (32.2%)	10:15	5.9 (68.6%)
32	KUBLER Anna	287		K40-49	32	02:44:20.40	02:45:13.45	+00:53:26 (32.3%)	10:16	5.8 (67.4%)
33	WEBER Agata	372	JACEKBIEGA RUNNING TEAM	K40-49	33	02:45:57.35	02:46:55.40	+00:55:08 (33.0%)	10:22	5.8 (67.4%)
34	TROJANEK Edyta	368	SENSORYBEAUTY.PL	K40-49	34	02:48:56.10	02:49:25.20	+00:57:38 (34.0%)	10:33	5.7 (66.3%)
35	FRIEZE Tatiana	238	DROGA DO ULTRA	K40-49	35	02:49:10.30	02:49:55.45	+00:58:08 (34.2%)	10:34	5.7 (66.3%)
36	MAGNUSZEWSKA Izabela	302	CARBON OCR RACING TEAM	K40-49	36	02:52:48.50	02:53:09.95	+01:01:22 (35.4%)	10:48	5.6 (65.1%)
37	LUDKA Dagmara	297		K40-49	37	02:57:09.15	02:57:40.40	+01:05:53 (37.1%)	11:04	5.4 (62.8%)
38	WRZESIŃSKA Joanna	252		K40-49	38	03:04:49.10	03:05:50.65	+01:14:03 (39.9%)	11:33	5.2 (60.5%)
39	SZLAKOWICZ Ewa	363		K40-49	39	03:08:35.60	03:09:38.35	+01:17:51 (41.1%)	11:47	5.1 (59.3%)

Znaleziono 39 wynik(ów)