



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ETAPOWA TRIADA ZIMOWA
Fundacja Kocham Góry
2020-01-05
Krościenko nad Dunajcem
33 km

TRIADA ULTRA BESKID SĄDECKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	13km	Przehyba 19km	Czas netto 33km	Czas brutto 33km	Różn	Tempo min/km	Tempo km/h
1	GOMOLIŃSKA Danuta	37	GUMISIE	K40-49	1	01:30:11	02:30:47	03:52:54.85	03:52:58.40		7:03	8.5 (100%)
2	KRYSKA Eliza	79	NUTREND BIEGA	K40-49	2	01:45:04	02:54:39	04:25:05.05	04:25:12.55	+00:32:14 (12.2%)	8:01	7.5 (88.2%)
3	PLACKOVA Gabriela	99	SLOVAK ULTRA TRAIL	K40-49	3	01:55:11	03:09:00	04:45:46.00	04:45:52.45	+00:52:54 (18.5%)	8:39	6.9 (81.2%)
4	KUROWSKA Monika	84	ATLANTIC	K40-49	4	01:51:52	03:06:22	04:46:41.25	04:46:57.55	+00:53:59 (18.8%)	8:41	6.9 (81.2%)
5	ROŻNIATA Iwona	132	SNG WILD DUCKS	K40-49	5	01:53:06	03:08:47	04:47:19.60	04:47:28.35	+00:54:29 (19.0%)	8:42	6.9 (81.2%)
6	GOLON Marlena	36	RUN PASJA	K40-49	6	01:57:09	03:16:08	05:00:07.15	05:00:15.55	+01:07:17 (22.4%)	9:05	6.6 (77.6%)
7	STACHURA Beata	145	ATLANTIC	K40-49	7	01:54:25	03:06:19	05:07:02.65	05:07:20.55	+01:14:22 (24.2%)	9:18	6.4 (75.3%)
8	OSTAPIŃSKA Magda	114	OSTRESROKI	K40-49	8	02:01:46	03:25:17	05:17:14.45	05:17:28.30	+01:24:29 (26.6%)	9:36	6.2 (72.9%)
9	SZMECHTIG-GAUDEN Ewa	153	PODGÓRZ TORUŃ	K40-49	9	02:02:54	03:23:26	05:21:33.10	05:21:48.80	+01:28:50 (27.6%)	9:44	6.2 (72.9%)
10	WALCZAK Agnieszka	160	PKO BANK POLSKI SA	K40-49	10	02:01:21	03:29:50	05:24:56.35	05:25:06.20	+01:32:07 (28.3%)	9:50	6.1 (71.8%)
11	SZYMANIEWICZ Kalina	154		K40-49	11	02:08:18	03:26:56	05:28:59.80	05:29:15.45	+01:36:17 (29.2%)	9:58	6 (70.6%)
12	KICZIŃSKA Izabela	63	DRUŻYNA SZPIKU	K40-49	12	02:08:31	03:34:29	05:30:58.55	05:31:09.40	+01:38:11 (29.6%)	10:01	6 (70.6%)
13	JĘSIEK-BARABASZ Agnieszka	54	STACHOWSCY TEAM	K40-49	13	02:01:12	03:25:05	05:35:36.55	05:35:45.15	+01:42:46 (30.6%)	10:10	5.9 (69.4%)
14	GOKIERT-SKRENTNA Justyna	35		K40-49	14	02:01:09	03:24:42	05:35:37.10	05:35:45.40	+01:42:47 (30.6%)	10:10	5.9 (69.4%)
15	PAŃCZUK-FIGURA Irmína	116	UMCS BIEGA	K40-49	15	02:11:46	03:38:39	05:35:51.95	05:36:05.15	+01:43:06 (30.7%)	10:10	5.9 (69.4%)
16	KUSZTAL Justyna	86	KS ESKADRA KRAKÓW	K40-49	16	02:11:50	03:38:56	05:35:52.75	05:36:05.30	+01:43:06 (30.7%)	10:10	5.9 (69.4%)
17	MŁODECKA Sylwia	104	VIRTUAL RUNNER CLUB	K40-49	17	02:13:32	03:35:58	05:37:58.45	05:38:14.20	+01:45:15 (31.1%)	10:14	5.9 (69.4%)
18	OCHNIO Ewa	111		K40-49	18	02:17:56	03:44:13	05:48:20.65	05:48:37.80	+01:55:39 (33.2%)	10:33	5.7 (67.1%)
19	BLIŻNIEWSKA Katarzyna	133	SNG WILD DUCKS	K40-49	19	02:14:02	03:43:38	05:57:33.35	05:57:42.55	+02:04:44 (34.9%)	10:50	5.5 (64.7%)
20	KISZKIS Elżbieta	65		K40-49	20	02:36:26	04:10:54	06:41:29.25	06:41:33.00	+02:48:34 (42.0%)	12:10	4.9 (57.6%)

Znaleziono 20 wynik(ów)