



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

ETAPOWA TRIADA ZIMOWA
Fundacja Kocham Góry
2020-01-05
Krościenko nad Dunajcem
60 km

TRIADA ULTRA ŁĄCZNIE

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gorce	Nocne Pieniny	Beskid Sądecki	Czas netto 60km	Czas brutto 60km	Różn	Tempo min/km	Tempo km/h
1	GOMOLIŃSKA Danuta	37	GUMISIE	K40-49	1	01:41:54.00	01:04:03.00	03:52:58.00	06:38:28.00	06:38:55.00		6:38	9 (100%)
2	KRYSKA Eliza	79	NUTREND BIEGA	K40-49	2	01:55:17.00	01:08:47.00	04:25:12.00	07:28:52.00	07:29:16.00	+00:50:21 (11.2%)	7:28	8 (88.9%)
3	PLACKOVA Gabriela	99	SLOVAK ULTRA TRAIL	K40-49	3	01:57:44.00	01:07:57.00	04:45:52.00	07:51:21.00	07:51:33.00	+01:12:38 (15.4%)	7:51	7.6 (84.4%)
4	KUROWSKA Monika	84	ATLANTIC	K40-49	4	02:04:51.00	01:15:05.00	04:46:57.00	08:06:29.00	08:06:53.00	+01:27:58 (18.1%)	8:06	7.4 (82.2%)
5	ROŻNIATA Iwona	132	SNG WILD DUCKS	K40-49	5	02:06:03.00	01:15:31.00	04:47:28.00	08:08:18.00	08:09:02.00	+01:30:07 (18.4%)	8:08	7.4 (82.2%)
6	STACHURA Beata	145	ATLANTIC	K40-49	6	01:58:28.00	01:15:52.00	05:07:20.00	08:21:13.00	08:21:40.00	+01:42:45 (20.5%)	8:21	7.2 (80.0%)
7	GOLON Marlena	36	RUN PASJA	K40-49	7	02:12:14.00	01:24:08.00	05:00:15.00	08:36:07.00	08:36:37.00	+01:57:42 (22.8%)	8:36	7 (77.8%)
8	OSTAPIŃSKA Magda	114	OSTRESROKI	K40-49	8	02:13:21.00	01:23:30.00	05:17:28.00	08:53:34.00	08:54:19.00	+02:15:24 (25.3%)	8:53	6.7 (74.4%)
9	SZMECHTIG-GAUDEN Ewa	153	PODGÓRZ TORUŃ	K40-49	9	02:11:46.00	01:21:57.00	05:21:48.00	08:53:55.00	08:55:31.00	+02:16:36 (25.5%)	8:53	6.7 (74.4%)
10	WALCZAK Agnieszka	160	PKO BANK POLSKI SA	K40-49	10	02:14:51.00	01:24:39.00	05:25:06.00	09:03:54.00	09:04:36.00	+02:25:41 (26.8%)	9:03	6.6 (73.3%)
11	KICZIŃSKA Izabela	63	DRUŻYNA SZPIKU	K40-49	11	02:15:57.00	01:26:30.00	05:31:09.00	09:13:10.00	09:13:36.00	+02:34:41 (27.9%)	9:13	6.5 (72.2%)
12	SZYMANKIEWICZ Kalina	154		K40-49	12	02:37:09.00	01:23:15.00	05:29:15.00	09:28:02.00	09:29:39.00	+02:50:44 (30.0%)	9:28	6.3 (70.0%)
13	GOKIERT-SKRENTNA Justyna	35		K40-49	13	02:32:21.00	01:25:19.00	05:35:45.00	09:32:25.00	09:33:25.00	+02:54:30 (30.4%)	9:32	6.3 (70.0%)
14	JĘSIEK-BARABASZ Agnieszka	54	STACHOWSCY TEAM	K40-49	14	02:35:44.00	01:28:21.00	05:35:45.00	09:38:49.00	09:39:50.00	+03:00:55 (31.2%)	9:38	6.2 (68.9%)
15	PAŃCZUK-FIGURA Irmina	116	UMCS BIEGA	K40-49	15	02:31:27.00	01:35:14.00	05:36:05.00	09:41:42.00	09:42:46.00	+03:03:51 (31.5%)	9:41	6.2 (68.9%)

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16	KUSZTAL Justyna	86	KS ESKADRA KRAKÓW	K40-49	16	02:31:27.00	01:35:40.00	05:36:05.00	09:42:10.00	09:43:12.00	+03:04:17 (31.6%)	9:42	6.2 (68.9%)
17	MŁODECKA Sylwia	104	VIRTUAL RUNNER CLUB	K40-49	17	02:37:33.00	01:40:50.00	05:38:14.00	09:55:03.00	09:56:37.00	+03:17:42 (33.1%)	9:55	6 (66.7%)
18	BLIŻNIEWSKA Katarzyna	133	SNG WILD DUCKS	K40-49	18	02:34:45.00	01:32:04.00	05:57:42.00	10:03:41.00	10:04:31.00	+03:25:36 (34.0%)	10:03	6 (66.7%)
19	OCHNIO Ewa	111		K40-49	19	02:52:36.00	01:39:16.00	05:48:37.00	10:19:19.00	10:20:29.00	+03:41:34 (35.7%)	10:19	5.8 (64.4%)
20	KISZKIS Elżbieta	65		K40-49	20	02:57:01.00	01:45:44.00	06:41:33.00	11:23:11.00	11:24:18.00	+04:45:23 (41.7%)	11:23	5.3 (58.9%)
	KALBARCZYK Izabella	59		K40-49		03:12:45.00 DNF	01:54:03.00 DNF	00:00:00.00 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 21 wynik(ów)