

TRIADA ULTRA ŁĄCZNIE

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: ETAPOWA TRIADA ZIMOWA
Organizator: Fundacja Kocham Góry
Data: 2020-01-05
Miejsce: Krościenko nad Dunajcem
Dystans: 60 km

Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gorce	Nocne Pieniny	Beskid Sądecki	Czas netto 60km	Czas brutto 60km	Różn	Tempo min/km	Tempo km/h
1	**PLACKO Martin**	**1**	SLOVAK ULTRA TRAIL TEAM	M40-49	1	01:27:00.00	00:51:12.00	03:31:12.00	**05:49:19.00**	**05:49:24.00**		5:49	10.3 (100%)
2	**WOJNAROWSKI Piotr**	**170**		M40-49	2	01:27:26.00	00:55:44.00	03:38:28.00	**06:01:35.00**	**06:01:38.00**	+00:12:14 (3.4%)	6:01	10 (97.1%)
3	**SZELĄG Sławomir**	**151**	LISY PUSTYNI	M40-49	3	01:33:33.00	00:58:00.00	03:35:22.00	**06:06:44.00**	**06:06:55.00**	+00:17:31 (4.8%)	6:06	9.8 (95.1%)
4	**SZCZEPANIAK Witold**	**166**		M40-49	4	01:37:35.00	01:02:20.00	03:51:13.00	**06:31:02.00**	**06:31:08.00**	+00:41:44 (10.7%)	6:31	9.2 (89.3%)
5	**WARWAS Radosław**	**163**		M40-49	5	01:42:10.00	01:02:24.00	03:53:09.00	**06:37:22.00**	**06:37:43.00**	+00:48:19 (12.1%)	6:37	9.1 (88.3%)
6	**BORÓWKA Ryszard**	**11**		M40-49	6	01:42:24.00	01:03:45.00	04:02:04.00	**06:48:05.00**	**06:48:13.00**	+00:58:49 (14.4%)	6:48	8.8 (85.4%)
7	**JACHYMIAK Robert**	**50**	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	M40-49	7	01:37:15.00	00:58:27.00	04:12:55.00	**06:48:37.00**	**06:48:37.00**	+00:59:13 (14.5%)	6:48	8.8 (85.4%)
8	**LATAK Michał**	**90**	JACEKBIEGA RUNNING TEAM	M40-49	8	01:43:24.00	01:05:56.00	04:00:41.00	**06:49:46.00**	**06:50:01.00**	+01:00:37 (14.8%)	6:49	8.8 (85.4%)
9	**WÓJCICKI Darek**	**173**	CSC ADVENTURE ACADEMY	M40-49	9	01:44:18.00	01:05:32.00	04:04:23.00	**06:53:56.00**	**06:54:13.00**	+01:04:49 (15.6%)	6:53	8.7 (84.5%)
10	**BUCHLA Marcin**	**13**		M40-49	10	01:46:10.00	01:02:41.00	04:09:15.00	**06:57:58.00**	**06:58:06.00**	+01:08:42 (16.4%)	6:57	8.6 (83.5%)
11	**BONIKOWSKI Tomasz**	**9**		M40-49	11	01:48:09.00	01:06:55.00	04:05:40.00	**07:00:09.00**	**07:00:44.00**	+01:11:20 (17.0%)	7:00	8.6 (83.5%)
12	**NIEDŹWIADEK Piotr**	**108**	#ADAMCZERWIŃSKITEAM	M40-49	12	01:44:34.00	01:04:13.00	04:18:47.00	**07:07:02.00**	**07:07:34.00**	+01:18:10 (18.3%)	7:07	8.4 (81.6%)
13	**CZUWAJ Andrzej**	**22**		M40-49	13	01:46:21.00	01:05:38.00	04:20:38.00	**07:11:29.00**	**07:12:37.00**	+01:23:13 (19.2%)	7:11	8.3 (80.6%)
14	**ŁUKOMSKI Maciej**	**93**	SZAKALE BAŁUT	M40-49	14	01:47:40.00	01:03:30.00	04:22:20.00	**07:13:24.00**	**07:13:30.00**	+01:24:06 (19.4%)	7:13	8.3 (80.6%)
15	**GLEISNER Tomasz**	**34**	EKIPA Z TARNOWA	M40-49	15	01:48:57.00	01:05:01.00	04:20:35.00	**07:14:26.00**	**07:14:33.00**	+01:25:09 (19.6%)	7:14	8.3 (80.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gorce	Nocne Pieniny	Beskid Sądecki	Czas netto 60km	Czas brutto 60km	Różn	Tempo min/km	Tempo km/h
16	**PIKUL Piotr**	**121**		M40-49	16	01:49:53.00	01:06:20.00	04:19:49.00	**07:15:47.00**	**07:16:02.00**	+01:26:38 (19.9%)	7:15	8.3 (80.6%)
17	**BURMAN Michał**	**14**	KB GEPARD	M40-49	17	01:50:36.00	01:05:58.00	04:25:08.00	**07:21:19.00**	**07:21:42.00**	+01:32:18 (20.9%)	7:21	8.2 (79.6%)
18	**CZAJKOWSKI Wojtek**	**20**	ADIDAS RUNNERS WARSAW	M40-49	18	01:46:52.00	01:13:26.00	04:23:47.00	**07:23:39.00**	**07:24:05.00**	+01:34:41 (21.3%)	7:23	8.1 (78.6%)
19	**ROGÓŻ Radosław**	**130**	#ULTRATRACK	M40-49	19	01:51:33.00	01:10:42.00	04:25:05.00	**07:26:34.00**	**07:27:20.00**	+01:37:56 (21.9%)	7:26	8.1 (78.6%)
20	**ZDUNEK Michał**	**176**	EUROSOFT TEAM / WKURW_TEAM	M40-49	20	01:58:04.00	01:09:03.00	04:22:25.00	**07:28:48.00**	**07:29:32.00**	+01:40:08 (22.3%)	7:28	8 (77.7%)
21	**CHOLEWA Zbigniew**	**18**	LISY PUSTYNI	M40-49	21	02:00:21.00	01:12:15.00	04:22:39.00	**07:34:38.00**	**07:35:15.00**	+01:45:51 (23.3%)	7:34	7.9 (76.7%)
22	**JACHYMEK Bartłomiej**	**49**	JACEKBIEGA RUNNING TEAM	M40-49	22	01:56:06.00	01:10:26.00	04:34:59.00	**07:41:14.00**	**07:41:31.00**	+01:52:07 (24.3%)	7:41	7.8 (75.7%)
23	**OKOŃ Łukasz**	**112**		M40-49	23	01:56:39.00	01:14:08.00	04:32:18.00	**07:42:43.00**	**07:43:05.00**	+01:53:41 (24.5%)	7:42	7.8 (75.7%)
24	**BŁĘDOWSKI Mariusz**	**8**	AAC FORD AUTO STYL WŁOCŁAWEK TEAM	M40-49	24	01:54:21.00	01:13:35.00	04:41:06.00	**07:48:18.00**	**07:49:02.00**	+01:59:38 (25.5%)	7:48	7.7 (74.8%)
25	**MACH Olek**	**94**	ATLANTIC	M40-49	25	01:43:46.00	01:04:15.00	05:07:20.00	**07:54:56.00**	**07:55:21.00**	+02:05:57 (26.5%)	7:54	7.6 (73.8%)
26	**ZUB Arkadiusz**	**181**	GRUPA BIEGOWA BEZ GRANIC	M40-49	26	02:08:24.00	01:15:34.00	04:40:29.00	**08:04:19.00**	**08:04:27.00**	+02:15:03 (27.9%)	8:04	7.4 (71.8%)
27	**GRUBICH Damian**	**41**	PARKRUN GRUDZIĄDZ	M40-49	27	01:56:52.00	01:09:40.00	05:00:13.00	**08:05:39.00**	**08:06:45.00**	+02:17:21 (28.2%)	8:05	7.4 (71.8%)
28	**GRZYWINSKI Bartosz**	**42**		M40-49	28	02:05:48.00	01:19:38.00	04:44:12.00	**08:07:54.00**	**08:09:38.00**	+02:20:14 (28.6%)	8:07	7.4 (71.8%)
29	**KUBAT Daniel**	**82**	BMS	M40-49	29	02:11:56.00	01:19:04.00	04:38:57.00	**08:08:21.00**	**08:09:57.00**	+02:20:33 (28.7%)	8:08	7.4 (71.8%)
30	**WAROWNY Piotr**	**162**	BIEGUSIEM.PL	M40-49	30	02:10:02.00	01:14:56.00	04:46:34.00	**08:09:45.00**	**08:11:32.00**	+02:22:08 (28.9%)	8:09	7.4 (71.8%)
31	**DŁUŻNIEWSKI Jacek**	**25**	SBRT BIELSKO-BIAŁA	M40-49	31	01:59:27.00	01:13:59.00	04:58:36.00	**07:09:50.00**	**08:12:02.00**	+02:22:38 (29.0%)	7:09	8.4 (81.6%)
32	**BIEL Tomasz**	**7**		M40-49	32	02:07:34.00	01:18:49.00	04:49:52.00	**08:15:00.00**	**08:16:15.00**	+02:26:51 (29.6%)	8:15	7.3 (70.9%)
33	**ZYGMUNT Paweł**	**183**		M40-49	33	01:59:30.00	01:12:55.00	05:04:57.00	**08:17:04.00**	**08:17:22.00**	+02:27:58 (29.8%)	8:17	7.2 (69.9%)
34	**SKRZYPCZAK Hubert**	**140**	RUNNINGPOWERPLAY	M40-49	34	02:12:13.00	01:20:36.00	04:48:34.00	**08:20:05.00**	**08:21:23.00**	+02:31:59 (30.3%)	8:20	7.2 (69.9%)
35	**KOWALCZYK Paweł**	**71**	KĘCKIE HARPAGANY	M40-49	35	02:25:56.00	01:22:44.00	04:38:20.00	**08:26:58.00**	**08:27:00.00**	+02:37:36 (31.1%)	8:26	7.1 (68.9%)
36	**SAMBORSKI Bartosz**	**137**	WKURW_TEAM	M40-49	36	02:12:04.00	01:21:32.00	05:00:40.00	**08:32:08.00**	**08:34:16.00**	+02:44:52 (32.1%)	8:32	7 (68.0%)
37	**KOZA Robert**	**72**	CARBON RACING TEAM	M40-49	37	02:07:06.00	01:14:46.00	05:12:57.00	**08:33:22.00**	**08:34:49.00**	+02:45:25 (32.1%)	8:33	7 (68.0%)
38	**NOWAK Krzysztof**	**110**		M40-49	38	02:08:45.00	01:24:07.00	05:04:11.00	**08:36:26.00**	**08:37:03.00**	+02:47:39 (32.4%)	8:36	7 (68.0%)

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39	**WOŹNICA Rafał**	**168**		M40-49	39	02:09:30.00	01:19:24.00	05:21:58.00	**08:49:43.00**	**08:50:52.00**	+03:01:28 (34.2%)	8:49	6.8 (66.0%)
40	**OSTAPIŃSKI Wojtek**	**115**	OSTRESROKI	M40-49	40	02:13:21.00	01:23:30.00	05:17:28.00	**08:53:33.00**	**08:54:19.00**	+03:04:55 (34.6%)	8:53	6.7 (65.0%)
41	**BALCERZAK Mariusz**	**3**		M40-49	41	02:19:46.00	01:24:37.00	05:14:29.00	**08:57:25.00**	**08:58:52.00**	+03:09:28 (35.2%)	8:57	6.7 (65.0%)
42	**PODGÓRSKI Dominik**	**124**	PRORUNNING PROMOTION	M40-49	42	02:06:31.00	01:20:33.00	05:33:24.00	**08:59:08.00**	**09:00:28.00**	+03:11:04 (35.4%)	8:59	6.7 (65.0%)
43	**WALCZAK Dariusz**	**161**	OLKUSZBIEGA.PL	M40-49	43	02:14:51.00	01:24:39.00	05:25:06.00	**09:03:57.00**	**09:04:36.00**	+03:15:12 (35.8%)	9:03	6.6 (64.1%)
44	**SZCZYGIELSKI Tomek**	**150**	BIEGUSIEM.PL	M40-49	44	02:18:25.00	01:21:11.00	05:31:04.00	**09:10:10.00**	**09:10:40.00**	+03:21:16 (36.5%)	9:10	6.5 (63.1%)
45	**MICHALSKI Ryszard**	**102**	WWW.SENSORYBEAUTY.PL	M40-49	45	02:14:51.00	01:29:56.00	05:36:50.00	**09:20:45.00**	**09:21:37.00**	+03:32:13 (37.8%)	9:20	6.4 (62.1%)
46	**GOMOLIŃSKI Sławomir**	**38**		M40-49	46	02:22:41.00	01:33:00.00	05:47:46.00	**09:42:58.00**	**09:43:27.00**	+03:54:03 (40.1%)	9:42	6.2 (60.2%)
47	**GUŹDZIOŁ Jarek**	**44**	TBKM WILK SOLEC KUJAWSKI	M40-49	47	02:51:41.00	01:32:03.00	05:39:53.00	**10:01:48.00**	**10:03:37.00**	+04:14:13 (42.1%)	10:01	6 (58.3%)
	KUSIAK Marcin	**85**	CREATIVE BOCHNIA BIEGA TEAM	M40-49		01:49:19.00 DNF	01:06:38.00 DNF	00:00:00.00 DNF	**DNF**	**DNF**		-	- (0.0%)
	KLATKA Michał	**66**	BBL TOMASZÓWW MAZOWIECKI	M40-49		02:01:08.00 DNF	01:21:02.00 DNF	00:00:00.00 DNF	**DNF**	**DNF**		-	- (0.0%)
	GUZOWSKI Jacek	**47**	MCT	M40-49		02:18:27.00 DNF	01:24:07.00 DNF	00:00:00.00 DNF	**DNF**	**DNF**		-	- (0.0%)
	OLSZEWSKI Jacek	**113**	KACYK TEAM	M40-49		02:18:10.00 DNF	01:25:26.00 DNF	00:00:00.00 DNF	**DNF**	**DNF**		-	- (0.0%)
	KOBYLIŃSKI Piotr	**188**	WKURW_TEAM	M40-49		02:50:17.00 DNF	01:43:17.00 DNF	00:00:00.00 DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 52 wynik(ów)