



TROPEM WILCZYM BIEG PAMIĘCI ŻOŁNIERZY WYKLĘTYCH - 5KM

B4SPORT

Wydarzenie: Bieg Pamięci Żołnierzy Wyklętych - Koszalin
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Fundacja Herkules All Sports
Data: 2021-08-15
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap1 1km	Lap2 2km	Lap3 3km	Lap4 4km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	ZATOŃ Olga	162	MŁODE WILKI	K30-39	1	00:03:41	00:07:40	00:11:43	00:15:47	00:19:44.25		3:56	15.2 (100%)
2	HAŁKA Justyna	114	MŁODE WILKI	K40-49	1	00:03:59	00:08:12	00:12:30	00:16:55	00:21:12.35	+00:01:28 (6.9%)	4:14	14.2 (93.4%)
3	DĄBROWSKA Alicja	108	TKKF KOSZALIN	K50-59	1	00:04:14	00:08:42	00:13:05	00:17:31	00:21:45.05	+00:02:00 (9.3%)	4:21	13.8 (90.8%)
4	GIEDROWICZ Aleksandra	111		K30-39	2	00:04:05	00:08:39	00:13:31	00:18:18	00:22:58.30	+00:03:14 (14.1%)	4:35	13.1 (86.2%)
5	GRUNWALD Karolina	112		K30-39	3	00:04:20	00:09:08	00:13:47	00:18:42	00:23:19.05	+00:03:34 (15.4%)	4:39	12.9 (84.9%)
6	DRULIK-HOŁUB Marta	109		K40-49	2	00:04:34	00:09:19	00:14:06	00:18:57	00:23:47.70	+00:04:03 (17.1%)	4:45	12.6 (82.9%)
7	HAŁAJKO Magdalena	113		K30-39	4	00:04:38	00:09:24	00:14:19	00:19:18	00:24:20.65	+00:04:36 (18.9%)	4:52	12.3 (80.9%)
8	SKOTAREK Marzena	146	OPALENICKI KLUB BIEGACZA	K50-59	2	00:05:01	00:10:04	00:15:13	00:20:15	00:25:08.45	+00:05:24 (21.5%)	5:01	11.9 (78.3%)
9	PEŁKA Iwona	166		K50-59	3	00:05:04	00:10:31	00:16:00	00:21:31	00:26:39.30	+00:06:55 (26.0%)	5:19	11.3 (74.3%)
10	KILJAN Sylwia	126		K30-39	5	00:05:20	00:10:52	00:16:38	00:22:20	00:27:51.35	+00:08:07 (29.1%)	5:34	10.8 (71.1%)
11	SWAT Karolina	152		K18-29	1	00:04:40	00:10:12	00:16:19	00:22:29	00:28:01.95	+00:08:17 (29.6%)	5:36	10.7 (70.4%)
12	CHRYSTOFIAK Janina	175		K40-49	3	00:04:52	00:10:38	00:16:38	00:22:59	00:28:50.30	+00:09:06 (31.6%)	5:46	10.4 (68.4%)
13	HOJDYCZ Justyna	117		K30-39	6	00:04:49	00:10:26	00:16:15	00:22:31	00:28:52.05	+00:09:07 (31.6%)	5:46	10.4 (68.4%)

Znaleziono 13 wynik(ów)