



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

V CROSS NA WRZOSACH - OKONEK - 5 KM

V CROSS NA WRZOSACH
Nadleśnictwo Okonek
2019-08-31
Okonek
5.3 km

B4SPORT



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GÓRA Agnieszka	185	#ZABIEGANINOCA	K40-49	1	00:25:15.37		5:03	11.9 (100%)
2	NITA Katarzyna	118	VILLAGE PUNK RUN	K40-49	2	00:32:34.22	+00:07:18 (22.5%)	6:31	9.2 (77.3%)
3	ZADROŻNA Magdalena	206		K40-49	3	00:32:44.17	+00:07:28 (22.8%)	6:32	9.2 (77.3%)
4	NOWAK-GEMZA Monika	122		K40-49	4	00:33:33.42	+00:08:18 (24.7%)	6:42	8.9 (74.8%)
5	RUDNICKA Mariola	146	TEAM BIEGOWY SZCZECINEK	K40-49	5	00:34:06.39	+00:08:51 (25.9%)	6:49	8.8 (73.9%)
6	KOŁDA Ania	67		K40-49	6	00:34:25.68	+00:09:10 (26.6%)	6:53	8.7 (73.1%)
7	GRZYTEK Katarzyna	39		K40-49	7	00:34:29.40	+00:09:14 (26.8%)	6:54	8.7 (73.1%)
8	PAWLUŚ Kamilla	129		K40-49	8	00:35:51.01	+00:10:35 (29.6%)	7:10	8.4 (70.6%)
9	DUBISZ Joanna	20	LILL-SPORT	K40-49	9	00:36:29.41	+00:11:14 (30.8%)	7:18	8.2 (68.9%)
10	MACIEJCZAK Karolina	104	PIŁA	K40-49	10	00:37:05.49	+00:11:50 (31.9%)	7:25	8.1 (68.1%)
11	WOJTECZKO Magdalena	202	RUNDORFINA	K40-49	11	00:38:04.52	+00:12:49 (33.7%)	7:36	7.9 (66.4%)
12	FIRLEJ Agnieszka	30	RUNDORFINA	K40-49	12	00:38:04.78	+00:12:49 (33.7%)	7:37	7.9 (66.4%)
13	KWIATKOWSKA Agnieszka	92	RESPECT LOTYŃ	K40-49	13	00:39:17.65	+00:14:02 (35.7%)	7:51	7.6 (63.9%)
14	KUC - BREJNA Anna	85		K40-49	14	00:40:12.40	+00:14:57 (37.2%)	8:02	7.5 (63.0%)
15	SUCHANOWSKA Anna	172	RESPECT LOTYŃ	K40-49	15	00:42:09.74	+00:16:54 (40.1%)	8:26	7.1 (59.7%)

Znaleziono 15 wynik(ów)