



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

V CROSS NA WRZOSACH - OKONEK - 5 KM

V CROSS NA WRZOSACH
Nadleśnictwo Okonek
2019-08-31
Okonek
5.3 km

B4SPORT



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MAZERSKI Bartosz	102	LKS ZANTTYR SZTUM	M40-49	1	00:18:50.71		3:46	15.9 (100%)
2	KRYZEL Tomasz	82	WIKING RYCHNOWY	M18-29	1	00:19:41.00	+00:00:50 (4.3%)	3:56	15.2 (95.6%)
3	CENTKA Jakub	96		M18-29	2	00:20:04.31	+00:01:13 (6.1%)	4:00	15 (94.3%)
4	KASZUBA Artur	60		M40-49	2	00:20:10.62	+00:01:19 (6.6%)	4:02	14.9 (93.7%)
5	KASIELSKI Rafał	218	TEAM TERMINATORUN	M14-17	1	00:21:25.66	+00:02:34 (12.1%)	4:17	14 (88.1%)
6	PIETRZAK Michał	133		M40-49	3	00:22:12.24	+00:03:21 (15.1%)	4:26	13.5 (84.9%)
7	LEŚNIEWSKI Tomasz	98		M50-59	1	00:22:55.36	+00:04:04 (17.8%)	4:35	13.1 (82.4%)
8	PODŁYSKA Tadeusz	137	ZA:SAPA: NI	M40-49	4	00:22:55.96	+00:04:05 (17.8%)	4:35	13.1 (82.4%)
9	KATRYCZ Zbigniew	64	STOWARZYSZENIE NASZA ŚWIERCZYNA	M50-59	2	00:22:57.43	+00:04:06 (17.9%)	4:35	13.1 (82.4%)
10	KUBIAK Daniel	83	PRECON POLSKA	M30-39	1	00:23:20.10	+00:04:29 (19.2%)	4:40	12.9 (81.1%)
11	PYREK Krzysztof	140	1 RBLOG	M30-39	2	00:24:06.08	+00:05:15 (21.8%)	4:49	12.4 (78.0%)
12	CZARNECKI Mirosław	12		M50-59	3	00:24:07.53	+00:05:16 (21.9%)	4:49	12.4 (78.0%)
13	PAWŁOWSKI Michał	130	PRECON - POLSKA	M40-49	5	00:24:08.74	+00:05:18 (22.0%)	4:49	12.4 (78.0%)
14	SPORS Sebastian	160	OSP ŁUGI	M18-29	3	00:24:18.45	+00:05:27 (22.5%)	4:51	12.3 (77.4%)
15	ZAKIELARZ Jan	208	PRECON POLSKA JASTROWIE	M60+	1	00:24:41.95	+00:05:51 (23.7%)	4:56	12.1 (76.1%)
16	GEMZA Marcin	35		M30-39	3	00:24:50.95	+00:06:00 (24.2%)	4:58	12.1 (76.1%)
17	TYLMAN Piotr	100	RUNDORFINA	M30-39	4	00:26:19.96	+00:07:29 (28.4%)	5:16	11.4 (71.7%)
18	ZIÓŁKOWSKI Wojciech	213	#ZABIEGANINOCA	M40-49	6	00:26:29.29	+00:07:38 (28.9%)	5:17	11.3 (71.1%)
19	LAJTER Jerzy	93	4 RUN TEAM PIŁA	M60+	2	00:26:39.49	+00:07:48 (29.3%)	5:19	11.3 (71.1%)
20	HAŁKA Arkadiusz	43		M40-49	7	00:27:14.66	+00:08:23 (30.8%)	5:27	11 (69.2%)
21	BŁĄD Czesław	48		M40-49	8	00:27:16.07	+00:08:25 (30.9%)	5:27	11 (69.2%)
22	NITA Wiesław	117	VILLAGE PUNK RUN	M40-49	9	00:27:26.87	+00:08:36 (31.3%)	5:29	10.9 (68.6%)
23	SKOCZYŁAS Henryk	156	BIEGAM BO LUBIĘ	M40-49	10	00:27:47.55	+00:08:56 (32.2%)	5:33	10.8 (67.9%)
24	FIECEK Łukasz	29		M18-29	4	00:27:56.08	+00:09:05 (32.5%)	5:35	10.7 (67.3%)
25	GRZYTEK Marcin	38		M30-39	5	00:28:49.79	+00:09:59 (34.6%)	5:46	10.4 (65.4%)
26	RYNKIEWICZ Piotr	149	TB WALDEK	M30-39	6	00:28:57.03	+00:10:06 (34.9%)	5:47	10.4 (65.4%)
27	SKRODZKI Paweł	50		M18-29	5	00:29:33.32	+00:10:42 (36.2%)	5:54	10.2 (64.2%)

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28	GAWRON Andrzej	34		M40-49	11	00:29:51.52	+00:11:00 (36.9%)	5:58	10.1 (63.5%)
29	SCHMIDT-BŁĄD Dominik	153	OSP ŁUGI	M18-29	6	00:30:01.28	+00:11:10 (37.2%)	6:00	10 (62.9%)
30	KUŻAJ Sławomir	91	PIŁA	M50-59	4	00:30:36.96	+00:11:46 (38.4%)	6:07	9.8 (61.6%)
31	PIETRZYK Rafał	136		M30-39	7	00:31:14.28	+00:12:23 (39.7%)	6:14	9.6 (60.4%)
32	KASZUBA Artur	61	OSP ŁUGI	M30-39	8	00:31:24.73	+00:12:34 (40.0%)	6:16	9.6 (60.4%)
33	WAJDA Waldemar	191		M40-49	12	00:32:26.44	+00:13:35 (41.9%)	6:29	9.2 (57.9%)
34	JAKÓBIAK Kacper	47		M30-39	9	00:32:34.36	+00:13:43 (42.1%)	6:31	9.2 (57.9%)
35	BUCHOWSKI Marek	9	PARKRUN	M60+	3	00:34:03.50	+00:15:12 (44.7%)	6:48	8.8 (55.3%)
36	DRZAZGA Zbigniew	19	SP NR 1 W SZCZECINKU	M50-59	5	00:34:21.19	+00:15:30 (45.1%)	6:52	8.7 (54.7%)
37	ZDZIABEK Jarosław	210	ABERDEENSHIRE'S LIONS	M50-59	6	00:34:41.76	+00:15:51 (45.7%)	6:56	8.6 (54.1%)
38	KROCZYŃSKI Robert	80		M14-17	2	00:35:22.17	+00:16:31 (46.7%)	7:04	8.5 (53.5%)
39	DZIAMECKI Michał	24	OSP ŁUGI	M30-39	10	00:36:23.14	+00:17:32 (48.2%)	7:16	8.2 (51.6%)
40	WRONA Ryszard	204	LILL-SPORT	M50-59	7	00:36:29.63	+00:17:38 (48.4%)	7:17	8.2 (51.6%)

Znaleziono 40 wynik(ów)