



Organizator:
Data:
Miejsce:
Dystans:

Stowarzyszenie Klub Biegowy 4 RUN Team Piła
2016-05-01
Piła
10 km

V ĆWIERĆMARATON MUZYCZNY 10KM

B4SPORT



Klasyfikacja: K-Piła

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KAŹMIERCZAK Julia	205		K20	2	00:00:24	00:07:59	00:26:20	00:44:50.55	00:45:15.45		4:29	13.4 (100%)
2	SZCZEŚNIAK Anna	461	ŚWIAT BIEGACZA FEHLAU RUN TEAM	K20	3	00:00:03	00:07:37	00:26:51	00:46:35.70	00:46:39.10	+00:01:45 (3.8%)	4:39	12.9 (96.3%)
3	CHAREŹIŃSKA Lucyna	63	LKB LESZNO	K30	8	00:00:07	00:08:12	00:27:17	00:46:37.20	00:46:44.30	+00:01:46 (3.8%)	4:39	12.9 (96.3%)
4	PODLECKA Agnieszka	370	4 RUN TEAM PIŁA	K30	9	00:00:07	00:08:12	00:27:17	00:46:39.35	00:46:47.05	+00:01:48 (3.9%)	4:40	12.9 (96.3%)
5	HASS Anita	167	E-FIZJO.PL	K30	11	00:00:15	00:08:12	00:27:10	00:46:47.55	00:47:03.05	+00:01:57 (4.2%)	4:40	12.8 (95.5%)
6	GOTLIB Iwona	142		K40	4	00:00:05	00:08:15	00:27:53	00:48:15.90	00:48:20.95	+00:03:25 (7.1%)	4:49	12.4 (92.5%)
7	BOSIANEK Anna	53		K30	13	00:00:03	00:08:12	00:28:17	00:48:32.35	00:48:36.20	+00:03:41 (7.6%)	4:51	12.4 (92.5%)
8	POSZWA Anna	553		K30	14	00:00:06	00:08:14	00:27:55	00:48:44.60	00:48:50.75	+00:03:54 (8.0%)	4:52	12.3 (91.8%)
9	BALCEROWICZ Beata	27	4RUN TEAM PIŁA	K40	5	00:00:06	00:08:39	00:28:43	00:48:57.45	00:49:03.90	+00:04:06 (8.4%)	4:53	12.3 (91.8%)
10	ŚCIUBA Anita	479		K20	6	00:00:08	00:08:42	00:29:09	00:49:52.50	00:50:01.00	+00:05:01 (10.1%)	4:59	12 (89.6%)
11	TUCZYŃSKA Monika	545	MTS DRUŻYNA SZPIKU KGHM, SP PIŁA	K30	17	00:00:06	00:08:14	00:28:19	00:50:04.60	00:50:11.05	+00:05:14 (10.5%)	5:00	12 (89.6%)
12	KOT Magdalena	237		K30	19	00:00:11	00:08:44	00:29:02	00:50:14.10	00:50:26.00	+00:05:23 (10.7%)	5:01	11.9 (88.8%)
13	RZYWUCKA Jolanta	411	4 RUN TEAM PIŁA	K30	20	00:00:11	00:08:44	00:29:02	00:50:18.85	00:50:30.75	+00:05:28 (10.9%)	5:01	11.9 (88.8%)
14	KURZAJCZYK Joanna	262	4RUN TEAM	K40	8	00:00:04	00:08:37	00:29:30	00:50:53.90	00:50:58.65	+00:06:03 (11.9%)	5:05	11.8 (88.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	WEINSTOK Anna	583		K30	23	00:00:25	00:08:45	00:29:09	00:51:02.55	00:51:28.15	+00:06:12 (12.1%)	5:06	11.8 (88.1%)
16	PARTYKA Maja	349	GABINET MASAŻU 'ORFEUSZ'	K30	26	00:00:14	00:08:54	00:29:48	00:51:34.20	00:51:48.80	+00:06:43 (13.0%)	5:09	11.6 (86.6%)
17	ZYGMUNT Angelika	538		K40	9	00:00:14	00:09:02	00:30:03	00:51:36.25	00:51:51.15	+00:06:45 (13.1%)	5:09	11.6 (86.6%)
18	WALCZAK Halina	490		K50	1	00:00:09	00:09:09	00:29:53	00:51:38.45	00:51:48.35	+00:06:47 (13.2%)	5:09	11.6 (86.6%)
19	BERNARD Natalia	37		K30	29	00:00:12	00:09:08	00:30:01	00:51:55.90	00:52:08.45	+00:07:05 (13.7%)	5:11	11.6 (86.6%)
20	BARBUSIŃSKA Alicja	30		K40	11	00:00:12	00:09:11	00:30:18	00:51:56.45	00:52:09.30	+00:07:05 (13.7%)	5:11	11.5 (85.8%)
21	KLUGE Ewa	216		K40	12	00:00:05	00:08:39	00:29:20	00:52:06.15	00:52:12.05	+00:07:15 (13.9%)	5:12	11.5 (85.8%)
22	RYCHŁOWSKA Magdalena	407		K40	13	00:00:08	00:08:43	00:29:54	00:52:23.15	00:52:31.35	+00:07:32 (14.4%)	5:14	11.5 (85.8%)
23	KNAPIŃSKA Monika	221		K30	30	00:00:17	00:09:07	00:30:24	00:52:34.80	00:52:52.60	+00:07:44 (14.7%)	5:15	11.4 (85.1%)
24	BOLESTA Katarzyna	46	BIEGAM ZA KARE	K30	32	00:00:25	00:09:44	00:31:40	00:53:27.45	00:53:52.80	+00:08:36 (16.1%)	5:20	11.2 (83.6%)
25	SANOCKA Halina	418	4RUN TEAM PIŁA	K60	1	00:00:12	00:09:28	00:31:19	00:53:34.80	00:53:47.10	+00:08:44 (16.3%)	5:21	11.2 (83.6%)
26	CIEMIĘGA Emilia	71	ONIONRUNNERS	K20	8	00:00:16	00:09:20	00:31:37	00:53:52.40	00:54:08.55	+00:09:01 (16.8%)	5:23	11.1 (82.8%)
27	PAŁYS Magdalena	348	SZKOŁA POLICJI W PILE	K30	34	00:00:15	00:09:47	00:31:44	00:53:57.10	00:54:12.35	+00:09:06 (16.9%)	5:23	11.1 (82.8%)
28	NOWAK Elżbieta	330		K30	35	00:00:15	00:09:47	00:31:45	00:53:57.75	00:54:12.80	+00:09:07 (16.9%)	5:23	11.1 (82.8%)
29	SAFON-LACH Maria	413		K30	37	00:00:03	00:09:10	00:31:21	00:54:16.55	00:54:20.05	+00:09:26 (17.4%)	5:25	11.1 (82.8%)
30	STRZELCZYK Wioletta	452		K40	16	00:00:17	00:09:36	00:31:29	00:54:25.45	00:54:42.60	+00:09:34 (17.6%)	5:26	11 (82.1%)
31	ZYCH Agnieszka	6	4 RUN TEAM PIŁA	K30	39	00:00:12	00:09:28	00:31:21	00:54:26.00	00:54:38.30	+00:09:35 (17.6%)	5:26	11 (82.1%)
32	GRUBICH - BIEDNA Joanna	157		K30	45	00:00:24	00:09:48	00:32:08	00:55:48.75	00:56:13.15	+00:10:58 (19.7%)	5:34	10.7 (79.9%)
33	JEZIOR Mirosława	189		K40	22	00:00:19	00:09:48	00:32:29	00:56:03.80	00:56:23.75	+00:11:13 (20.0%)	5:36	10.7 (79.9%)
33	CIERACH Anna	73		K30	49	00:00:17	00:09:43	00:32:48	00:56:06.60	00:56:23.75	+00:11:16 (20.1%)	5:36	10.7 (79.9%)
35	HRYNCEWICZ Agata	174		K30	50	00:00:17	00:10:06	00:33:04	00:56:38.65	00:56:56.50	+00:11:48 (20.8%)	5:39	10.6 (79.1%)
36	KOWALSKA Marzena	240		K30	51	00:00:14	00:10:02	00:33:03	00:56:38.95	00:56:53.75	+00:11:48 (20.8%)	5:39	10.6 (79.1%)
37	ZDEBIK Katarzyna	530		K20	10	00:00:17	00:09:39	00:32:49	00:56:39.35	00:56:57.30	+00:11:48 (20.9%)	5:40	10.6 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas			Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
						Czas startu	1.7km	5.7km					
38	WALKOWIAK Magdalena	491		K30	53	00:00:17	00:10:06	00:33:05	00:56:49.75	00:57:07.70	+00:11:59 (21.1%)	5:41	10.6 (79.1%)
39	CZAPIEWSKA Paulina	605		K20	11	00:00:13	00:09:53	00:33:03	00:56:54.15	00:57:07.90	+00:12:03 (21.2%)	5:41	10.5 (78.4%)
40	WOJTANIA Aleksandra	507		K20	12	00:00:03	00:09:18	00:32:51	00:57:05.50	00:57:08.50	+00:12:14 (21.5%)	5:42	10.5 (78.4%)
41	STEFANOWICZ Agnieszka	448		K40	24	00:00:03	00:09:44	00:33:08	00:57:45.40	00:57:49.10	+00:12:54 (22.4%)	5:46	10.4 (77.6%)
42	PODLECKA Paula	371	LOKATOR NIERUCHOMOŚCI PIŁA	K20	13	00:00:30	00:10:39	00:34:34	00:57:55.85	00:58:25.95	+00:13:05 (22.6%)	5:47	10.4 (77.6%)
43	STRZELECKA Małgorzata	453	SAILING TEAM FERAJNA	K40	26	00:00:30	00:10:46	00:34:25	00:58:48.75	00:59:19.25	+00:13:58 (23.8%)	5:52	10.2 (76.1%)
44	GAPIŃSKA Marzena	122		K40	27	00:00:30	00:10:46	00:34:25	00:58:48.95	00:59:19.00	+00:13:58 (23.8%)	5:52	10.2 (76.1%)
45	TOMCZAK-PAJĄK Magdalena	586		K30	58	00:00:19	00:10:15	00:34:20	00:58:49.75	00:59:09.15	+00:13:59 (23.8%)	5:53	10.2 (76.1%)
46	RASZKA Elżbieta	391		K30	59	00:00:21	00:10:00	00:34:17	00:58:53.70	00:59:15.60	+00:14:03 (23.9%)	5:53	10.2 (76.1%)
47	SAFON Alicja	412		K40	28	00:00:03	00:09:33	00:33:50	00:58:53.95	00:58:57.75	+00:14:03 (23.9%)	5:53	10.2 (76.1%)
48	ZAWADA Marta	528		K30	60	00:00:15	00:10:00	00:33:52	00:58:55.15	00:59:10.45	+00:14:04 (23.9%)	5:53	10.2 (76.1%)
49	POMPAŁA Iwona	373		K40	30	00:00:14	00:09:58	00:33:55	00:59:11.55	00:59:26.05	+00:14:21 (24.2%)	5:55	10.1 (75.4%)
50	OWCZARZAK Gosia	341	MATKAMAWYCHODNE	K30	61	00:00:32	00:10:20	00:34:20	00:59:25.15	00:59:58.00	+00:14:34 (24.5%)	5:56	10.1 (75.4%)
51	PROKOP Małgorzata	378		K30	62	00:00:29	00:10:47	00:34:37	00:59:33.25	01:00:02.25	+00:14:42 (24.7%)	5:57	10.1 (75.4%)
52	PABICH Magdalena	10	4RUN TEAM PIŁA	K40	31	00:00:36	00:10:36	00:34:27	00:59:45.50	01:00:21.60	+00:14:54 (25.0%)	5:58	10 (74.6%)
53	KLESZCZ Bożena	214		K30	63	00:00:37	00:10:41	00:34:51	00:59:52.15	01:00:30.10	+00:15:01 (25.1%)	5:59	10 (74.6%)
54	BRAMORSKA Mariola	367		K40	32	00:00:30	00:10:19	00:34:27	00:59:54.00	01:00:24.05	+00:15:03 (25.1%)	5:59	10 (74.6%)
55	CHOMONT Magdalena	566		K30	64	00:00:13	00:09:31	00:33:47	01:00:00.25	01:00:13.25	+00:15:09 (25.3%)	6:00	10 (74.6%)
56	STRZELCZYK Natalia	564		K20	16	00:00:17	00:11:12	00:35:35	01:00:09.40	01:00:26.85	+00:15:18 (25.5%)	6:00	10 (74.6%)
57	KĄDZIELA-MROTEK Dobrawa	207		K20	17	00:00:18	00:10:05	00:34:47	01:00:47.15	01:01:05.40	+00:15:56 (26.2%)	6:04	9.9 (73.9%)
58	SZCZEPAŃSKA Magdalena	459	POLSKA	K40	40	00:00:15	00:09:59	00:33:52	01:01:11.10	01:01:26.65	+00:16:20 (26.7%)	6:07	9.8 (73.1%)
59	MURJAS Jolanta	312		K60	2	00:00:22	00:10:15	00:34:47	01:01:16.85	01:01:38.95	+00:16:26 (26.8%)	6:07	9.8 (73.1%)
60	SKOWRONSKA Wanda	435	SKOWRONEK	K60	3	00:00:15	00:10:09	00:34:42	01:01:18.60	01:01:34.30	+00:16:28 (26.9%)	6:07	9.8 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	1.7km	5.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
61	AUGUSTYNIAK Agnieszka	22	MATKI WARIATKI	K30	67	00:00:28	00:10:07	00:34:34	01:01:37.70	01:02:05.85	+00:16:47 (27.2%)	6:09	9.7 (72.4%)
62	ŁUBNIEWICZ Bernadeta	283		K30	68	00:00:18	00:10:31	00:35:19	01:01:39.25	01:01:57.60	+00:16:48 (27.3%)	6:09	9.7 (72.4%)
63	SZYMAŃSKA Hanna	543		K40	43	00:00:18	00:10:31	00:35:20	01:01:44.00	01:02:02.80	+00:16:53 (27.4%)	6:10	9.7 (72.4%)
64	ŻUPAŃSKA Anna	542		K30	70	00:00:13	00:11:14	00:36:20	01:01:51.00	01:02:04.00	+00:17:00 (27.5%)	6:11	9.7 (72.4%)
65	NOWAK Kasia	328		K20	18	00:00:35	00:11:26	00:37:04	01:01:59.55	01:02:35.00	+00:17:09 (27.7%)	6:12	9.7 (72.4%)
66	PRZYBYLSKA Aneta	382	RODZINKA.PL	K30	74	00:00:31	00:10:53	00:36:00	01:02:07.20	01:02:38.60	+00:17:16 (27.8%)	6:12	9.7 (72.4%)
67	NOWAK Dominika	326		K16	5	00:00:35	00:11:26	00:37:04	01:02:15.40	01:02:51.20	+00:17:24 (28.0%)	6:13	9.6 (71.6%)
68	SZULC Ewa	470		K50	6	00:00:20	00:11:11	00:36:28	01:02:19.50	01:02:40.00	+00:17:28 (28.1%)	6:14	9.6 (71.6%)
69	FIGURA Klaudia	113		K20	22	00:00:17	00:10:26	00:35:50	01:02:23.05	01:02:40.95	+00:17:32 (28.1%)	6:14	9.6 (71.6%)
70	SŁABUSZEWSKA Olga	441	AJJ.. RT	K30	77	00:00:35	00:11:27	00:37:12	01:02:33.85	01:03:09.35	+00:17:43 (28.3%)	6:15	9.6 (71.6%)
71	SIKORSKA Ewa	426		K20	23	00:00:26	00:10:39	00:36:21	01:02:53.00	01:03:19.15	+00:18:02 (28.7%)	6:17	9.5 (70.9%)
72	BRZozowska Anula	55		K30	79	00:00:32	00:10:59	00:36:05	01:02:58.90	01:03:31.15	+00:18:08 (28.8%)	6:17	9.5 (70.9%)
73	JANUSZEWSKA Justyna	184		K20	24	00:00:13	00:11:14	00:36:24	01:03:17.95	01:03:30.95	+00:18:27 (29.2%)	6:19	9.5 (70.9%)
74	WAŁEK Małgorzata	492	BRAK	K30	80	00:00:15	00:10:33	00:36:30	01:03:21.00	01:03:36.90	+00:18:30 (29.2%)	6:20	9.5 (70.9%)
75	GAWLIŃSKA Agnieszka	126		K30	82	00:00:19	00:10:26	00:36:36	01:03:51.30	01:04:10.40	+00:19:00 (29.8%)	6:23	9.4 (70.1%)
76	NATONIEWSKA Małgorzata	314		K40	47	00:00:16	00:10:35	00:37:38	01:03:51.45	01:04:08.25	+00:19:00 (29.8%)	6:23	9.4 (70.1%)
77	ENCMINGER Marta	108	KOBIETY BIEGAJA	K20	25	00:00:13	00:10:46	00:36:34	01:03:58.50	01:04:12.15	+00:19:07 (29.9%)	6:23	9.4 (70.1%)
78	BURBULIS Agnieszka	60	LOKATOR NIERUCHOMOŚCI PIŁA	K30	83	00:00:15	00:10:34	00:36:32	01:04:09.25	01:04:25.20	+00:19:18 (30.1%)	6:25	9.4 (70.1%)
79	JASON-PAWŁOWSKA Justyna	185	E-FIZJO.PL	K30	84	00:00:20	00:11:06	00:36:49	01:04:10.40	01:04:30.40	+00:19:19 (30.1%)	6:25	9.4 (70.1%)
80	STĘPNIEWICZ Małgorzata	580		K30	85	00:00:21	00:10:04	00:36:45	01:05:03.25	01:05:24.50	+00:20:12 (31.1%)	6:30	9.2 (68.7%)
81	CYLWA Monika	77		K40	50	00:00:27	00:11:20	00:38:18	01:07:20.10	01:07:47.15	+00:22:29 (33.4%)	6:44	8.9 (66.4%)
82	GARBACIK Kasia	124		K20	29	00:00:12	00:11:32	00:38:37	01:07:40.25	01:07:52.80	+00:22:49 (33.7%)	6:46	8.9 (66.4%)
83	POSZWA Wiktoria	560		K16	9	00:00:08	00:09:32	00:35:59	01:08:04.80	01:08:13.15	+00:23:14 (34.1%)	6:48	8.8 (65.7%)

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84	OKRUTNA Paula	575		K20	30	00:00:06	00:11:53	00:39:20	01:08:57.60	01:09:04.55	+00:24:07 (35.0%)	6:53	8.7 (64.9%)
85	GOMOŁA Ewelina	574		K30	88	00:00:06	00:11:53	00:39:20	01:08:57.70	01:09:04.65	+00:24:07 (35.0%)	6:53	8.7 (64.9%)
86	LIGENZA-KOWALCZUK Agata	269		K30	89	00:00:30	00:11:34	00:40:13	01:09:29.30	01:09:59.35	+00:24:38 (35.5%)	6:56	8.6 (64.2%)
87	ZBIELSKA Agnieszka	529	SAILING TEAM FERAJNA	K30	94	00:00:29	00:11:53	00:41:48	01:14:08.70	01:14:38.15	+00:29:18 (39.5%)	7:24	8.1 (60.4%)
88	USZKO Joanna	552		K40	54	00:00:28	00:12:36				+00:04:38	7:24	8.1 (60.4%)

Znaleziono 88 wynik(ów)