

V ZIMOWA BIESZCZADZKA DYCHA 2019

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Maraton Bieszczadzki 2019
Fundacja Bieg Rzeźnika
2019-01-26
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ŻELAZNY Agnieszka	2111	GORLICKA GRUPA BIEGOWA	K40	1	00:01:00	00:38:54		01:01:08.55	01:01:08.55		6:06	9.8 (100%)
2	GRUSZECKA Anna	2067		K40	2	00:00:51	00:45:06		01:09:16.45	01:09:16.45	+00:08:07 (11.7%)	6:55	8.7 (88.8%)
3	BOZA Beata	2141	GREIF TEAM WŁADYSŁAWOWO	K40	3	00:02:50	00:45:30		01:09:21.10	01:09:21.10	+00:08:12 (11.8%)	6:56	8.7 (88.8%)
4	MAZUREK Katarzyna	2102		K40	4	00:02:48	00:45:49		01:11:00.95	01:11:00.95	+00:09:52 (13.9%)	7:06	8.5 (86.7%)
5	BRZEZIŃSKA Agnieszka	2124	DUSZA DRZEWA	K40	5	00:02:47	00:44:21		01:11:03.30	01:11:03.30	+00:09:54 (14.0%)	7:06	8.4 (85.7%)
6	ARTYM Magdalena	2100	PRZEMYSKI KLUB BIEGACZA	K40	6	00:03:13	00:48:27		01:14:34.55	01:14:34.55	+00:13:26 (18.0%)	7:27	8 (81.6%)
7	ŚWIERC Iwona	2184		K40	7	00:01:11	00:45:54	00:00:30	01:14:56.30	01:14:56.30	+00:13:47 (18.4%)	7:26	8.1 (82.7%)
8	KŁODZIŃSKA Barbara	2112	1971	K40	8	00:03:33	00:50:41		01:18:02.25	01:18:02.25	+00:16:53 (21.6%)	7:48	7.7 (78.6%)
9	HUDZIK Dominika	2004		K40	9	00:03:10	00:49:29		01:18:29.35	01:18:29.35	+00:17:20 (22.1%)	7:50	7.6 (77.6%)
10	STARZECKA Joanna	2023		K40	10	00:02:46	00:49:46		01:19:53.90	01:19:53.90	+00:18:45 (23.5%)	7:59	7.5 (76.5%)
11	GŁUCHOWSKA Joanna	2187	RYKI	K40	11	00:01:18	00:49:32		01:21:49.30	01:21:49.30	+00:20:40 (25.3%)	8:10	7.3 (74.5%)
12	TOKARSKA Bożena	2225		K40	12	00:02:19	00:51:01		01:22:01.25	01:22:01.25	+00:20:52 (25.5%)	8:12	7.3 (74.5%)
13	SUŁKOWSKA Joanna	2058		K40	13	00:02:49	00:51:56		01:24:05.20	01:24:05.20	+00:22:56 (27.3%)	8:24	7.1 (72.4%)
14	BEDNARCZUK Joanna	2193		K40	14	00:02:05	00:53:40		01:24:06.90	01:24:06.90	+00:22:58 (27.3%)	8:24	7.1 (72.4%)
15	WAJCOWICZ Małgorzata	2200	POZYTYWNIIE ZABIEGANI SANOK	K40	15	00:02:22	00:51:27		01:27:10.80	01:27:10.80	+00:26:02 (29.9%)	8:43	6.9 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Kara/ bonifikata	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
16	WOJTOWICZ Elżbieta	2073		K40	16	00:00:51	00:53:37		01:27:15.20	01:27:15.20	+00:26:06 (29.9%)	8:43	6.9 (70.4%)
17	SZOSTAK Dorota	2071	PRUSIE	K40	17	00:02:20	00:54:14		01:27:17.30	01:27:17.30	+00:26:08 (30.0%)	8:43	6.9 (70.4%)
18	PĘKAŁSKA Anna	2022		K40	18	00:03:11	00:55:02		01:27:31.00	01:27:31.00	+00:26:22 (30.1%)	8:45	6.9 (70.4%)
19	GRODON Magdalena	2171	TRENUJ Z NAMI	K40	19	00:02:19	00:56:31		01:29:24.15	01:29:24.15	+00:28:15 (31.6%)	8:56	6.7 (68.4%)
20	SKOREK-MASZOTA Weronika	2155		K40	20	00:02:07	00:56:09		01:29:26.55	01:29:26.55	+00:28:18 (31.6%)	8:56	6.7 (68.4%)
21	ZIOBRO-MYŚLIWIEC Anna	2234		K40	21	00:03:10	00:55:36		01:30:04.50	01:30:04.50	+00:28:55 (32.1%)	9:00	6.7 (68.4%)
22	SULEWSKA Kasia	2085	BIEGAM BO LUBIĘ OSTROŁĘKA	K40	22	00:03:14	00:58:32		01:35:06.50	01:35:06.50	+00:33:57 (35.7%)	9:30	6.3 (64.3%)
23	SIONKOWSKA Joanna	2169	CROSSFITTER CHEŁM	K40	23		00:58:36	00:00:30	01:35:32.10	01:35:32.10	+00:34:23 (36.0%)	9:30	6.3 (64.3%)
24	DADAŚ Elżbieta	2007	NIGHT RUNNERS GLIWICE	K40	24	00:03:25	00:57:58		01:35:59.60	01:35:59.60	+00:34:51 (36.3%)	9:35	6.3 (64.3%)
25	MROCZKA Agnieszka	2114	BBL JAROSŁAW	K40	25	00:02:13	01:00:16		01:37:05.75	01:37:05.75	+00:35:57 (37.0%)	9:42	6.2 (63.3%)
26	SĄCZAWA Ewa	2140	BBL JAROSŁAW	K40	26	00:02:13	01:00:17	00:00:30	01:38:20.15	01:38:20.15	+00:37:11 (37.8%)	9:47	6.1 (62.2%)
27	WILK Izabela	2174	SEKCJA PIASKI	K40	27	00:02:18	01:04:13		01:38:29.10	01:38:29.10	+00:37:20 (37.9%)	9:50	6.1 (62.2%)
28	POLAK Luiza	2178		K40	28	00:01:23	01:00:42		01:38:29.90	01:38:29.90	+00:37:21 (37.9%)	9:50	6.1 (62.2%)
29	BURZ Jowita	2084		K40	29	00:03:53	01:02:42		01:43:30.65	01:43:30.65	+00:42:22 (40.9%)	10:21	5.8 (59.2%)
30	MIKSZA Aneta	2136		K40	30	00:03:06	01:06:12		01:46:35.00	01:46:35.00	+00:45:26 (42.6%)	10:39	5.6 (57.1%)
31	FRAĆ Elżbieta	2013	NIGHT RUNNERS GLIWICE	K40	31	00:03:27	01:06:29		01:48:22.60	01:48:22.60	+00:47:14 (43.6%)	10:50	5.5 (56.1%)

Znaleziono 31 wynik(ów)