

# V ZIMOWY MARATON BIESZCZADZKI 2019 - 23KM

B4SPORT

**Wydarzenie:** Zimowy Maraton Bieszczadzki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-01-26  
**Miejsce:** Cisna  
**Dystans:** 23 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Punkt pomiarowy: 18,5 km

| Msc | Zawodnik            | Numer | Klub                               | Kategoria | Start_2k<br>2km | Split_Mateusz<br>6.5km | Split_Kamyk<br>13km | Split_Mateusz<br>18.5km |
|-----|---------------------|-------|------------------------------------|-----------|-----------------|------------------------|---------------------|-------------------------|
| 1   | MARZEC Krzysztof    | 1234  |                                    | M40       | 00:00:32        | 00:31:07               | 01:10:07            | 01:45:32                |
| 2   | JARMOLIŃSKI Piotr   | 1164  | WIECZORNE BIEGANIE W SZCZECINIE    | M40       | 00:00:34        | 00:31:11               | 01:11:01            | 01:46:04                |
| 3   | ADAMCZYK Przemysław | 1099  | ADIDAS RUNNERS WARSAW              | M40       | 00:00:27        | 00:31:13               | 01:12:22            | 01:47:31                |
| 4   | MILER Marcin        | 1461  |                                    | M40       | 00:01:03        | 00:32:37               | 01:13:02            | 01:48:33                |
| 5   | DYMON Bartłomiej    | 1296  |                                    | M40       | 00:00:58        | 00:33:14               | 01:14:23            | 01:52:38                |
| 6   | RATYŃSKI Marek      | 1063  | OTWOCKI TUPTACZ                    | M40       | 00:00:53        | 00:32:15               | 01:15:06            | 01:52:53                |
| 7   | SZCZOT Andrzej      | 1452  | KB SOBÓTKA                         | M40       | 00:00:41        | 00:32:57               | 01:17:16            | 01:56:24                |
| 8   | MAŚLANY Daniel      | 1123  |                                    | M40       | 00:00:59        | 00:33:08               | 01:17:13            | 01:56:43                |
| 9   | NEUFELD Marcin      | 1237  | INTEL RUNNERS / RUNPASSION.PL TEAM | M40       | 00:00:39        | 00:32:23               | 01:17:54            | 01:57:13                |
| 10  | STEPANIUK Adam      | 1354  | CHEŁM BIEGA                        | M40       | 00:01:53        | 00:36:13               | 01:21:18            | 01:58:22                |
| 11  | MARCZAK Paweł       | 1142  | ADIDAS RUNNERS WARSAW              | M40       | 00:00:52        | 00:34:47               | 01:18:45            | 01:58:44                |
| 12  | HORODEJCZUK Antoni  | 1406  | HORODEJCZUK TEAM                   | M40       | 00:00:32        | 00:34:29               | 01:19:49            | 02:00:50                |
| 13  | NOWOMIEJSKI Marcin  | 1194  | BIEGACZ CEGŁÓW                     | M40       | 00:00:57        | 00:33:56               | 01:19:09            | 02:00:53                |
| 14  | WALEWSKI Lukasz     | 1166  | DENTISTOO                          | M40       | 00:00:44        | 00:35:52               | 01:22:01            | 02:02:16                |
| 15  | KACPERSKI Olaf      | 1458  |                                    | M40       | 00:01:11        | 00:37:33               | 01:24:10            | 02:03:20                |
| 16  | KRUPA Grzegorz      | 1451  |                                    | M40       | 00:00:56        | 00:36:37               | 01:23:52            | 02:03:49                |
| 17  | DWORAKOWSKI Andrzej | 1235  |                                    | M40       | 00:03:17        | 00:41:55               | 01:27:06            | 02:05:19                |
| 18  | SIWAK Ryszard       | 1233  | TEAM RYŚ SKI                       | M40       | 00:01:54        | 00:38:15               | 01:25:35            | 02:06:10                |
| 19  | WOJTASIK Grzegorz   | 1270  |                                    | M40       | 00:01:28        | 00:37:42               | 01:24:02            | 02:06:52                |
| 20  | SUŁKOWSKI Maciej    | 655   | TRIATHLON JAROSŁAW                 | M40       | 00:02:49        | 00:42:31               | 01:28:58            | 02:08:49                |
| 21  | DRAŻEK Sławomir     | 1106  | 1971                               | M40       | 00:00:52        | 00:36:13               | 01:25:45            | 02:10:48                |
| 22  | WEREMKO Grzegorz    | 1145  | MULTIMEDIA RUNNERS PUŁAWY          | M40       | 00:01:37        | 00:38:35               | 01:29:38            | 02:11:00                |
| 23  | PLUTA Sebastian     | 1140  | DZIKIE MUSTANGI                    | M40       | 00:01:59        | 00:39:16               | 01:28:00            | 02:11:43                |
| 24  | HYDZIK Łukasz       | 1071  | LIDER SANOK                        | M40       | 00:01:06        | 00:37:51               | 01:27:49            | 02:12:08                |
| 25  | MACH Tomasz         | 1159  | LUBELSKA GRUPA TRIATHLONU          | M40       | 00:00:48        | 00:34:01               | 01:32:24            | 02:12:32                |
| 26  | MATYSIAK Tomasz     | 1328  |                                    | M40       | 00:00:49        | 00:34:05               | 01:31:45            | 02:13:33                |
| 27  | ZIĘBA Emil          | 1143  | CENTRUM MEDYCZNE ORTO-OPTYMIST     | M40       | 00:01:33        | 00:39:44               | 01:32:03            | 02:15:19                |
| 28  | OBROŚLAK Grzegorz   | 341   | TRAPER-BIEGOMANIA LUBACZÓW         | M40       | 00:01:31        | 00:39:38               | 01:33:22            | 02:17:33                |
| 29  | HERMANIUK Tomasz    | 1135  | TAURUS TEAM                        | M40       | 00:03:11        | 00:43:30               | 01:35:41            | 02:19:44                |
| 30  | FLOREK Tomasz       | 1241  | BIEGANIE SZYDERCÓW                 | M40       | 00:03:28        | 00:46:42               | 01:38:18            | 02:22:51                |

| Msc | Zawodnik            | Numer | Klub                                     | Kategoria | Start_2k<br>2km | Split_Mateusz<br>6.5km | Split_Kamyk<br>13km | Split_Mateusz<br>18.5km |
|-----|---------------------|-------|------------------------------------------|-----------|-----------------|------------------------|---------------------|-------------------------|
| 31  | CZEKALSKI Mariusz   | 1366  | BBL OSTROŁĘKA                            | M40       | 00:02:18        | 00:42:23               | 01:38:13            | 02:22:53                |
| 32  | PARTYKA Andrzej     | 1435  | RZESZOWSKIE GAZELE I GEPARDY             | M40       | 00:02:32        | 00:45:31               | 01:39:08            | 02:26:40                |
| 33  | KAMYSZ Robert       | 1187  |                                          | M40       | 00:01:37        | 00:43:23               | 01:39:38            | 02:27:34                |
| 34  | TKACZYK Wojciech    | 1266  |                                          | M40       | 00:02:46        | 00:44:28               | 01:44:50            | 02:29:59                |
| 35  | MĄKA Wojciech       | 1329  | TRIWAWA                                  | M40       | 00:02:17        | 00:43:56               | 01:44:12            | 02:31:46                |
| 36  | PRUSZKOWSKI Mariusz | 1277  | CROSSFITTER BOX CHEŁM/CHEŁM BIEGA/24 BLP | M40       | 00:01:52        | 00:42:14               | 01:43:40            | 02:31:50                |
| 37  | RZEMIŃSKI Jacek     | 1132  |                                          | M40       | 00:02:46        | 00:45:07               | 01:44:14            | 02:32:07                |
| 38  | CZAJKOWSKI Michal   | 1372  | LAGIEWNICKA 35                           | M40       | 00:02:57        | 00:47:13               | 01:44:44            | 02:33:33                |
| 39  | KUBACKI Maciej      | 1333  | ŁAGIEWNICKA TEAM                         | M40       | 00:02:54        | 00:44:08               | 01:44:47            | 02:34:35                |
| 40  | NADOLSKI Stanisław  | 1278  | CROSSFITTER BOX CHEŁM                    | M40       | 00:03:31        | 00:46:57               | 01:46:34            | 02:35:51                |
| 41  | GWOZDZIEWSKI Marcin | 1141  |                                          | M40       | 00:01:35        | 00:43:09               | 01:43:04            | 02:36:12                |
| 42  | MACIĄG Andrzej      | 1212  | DZIKIE MUSTANGI                          | M40       | 00:03:28        | 00:47:12               | 01:45:09            | 02:36:21                |
| 43  | MAŁEK Wojciech      | 1423  |                                          | M40       | 00:02:24        | 00:46:09               | 01:47:10            | 02:36:56                |
| 44  | NIEMIEC Grzegorz    | 1432  |                                          | M40       | 00:02:24        | 00:46:09               | 01:47:12            | 02:36:58                |
| 45  | BILSKI Marek        | 1080  | VEGEDOG                                  | M40       | 00:01:53        | 00:44:56               | 01:49:16            | 02:37:00                |
| 46  | KOMAŃSKI Rafał      | 1343  | DRUŻYNA SZPIKU                           | M40       | 00:02:24        | 00:46:44               | 01:47:11            | 02:37:21                |
| 47  | HABRAT Maciej       | 1186  | HABRAT TEAM                              | M40       | 00:02:15        | 00:43:25               | 01:47:23            | 02:37:46                |
| 48  | ORZECZ Artur        | 1387  | KROKODYLE KOLBUSZOWA                     | M40       | 00:03:20        | 00:48:23               | 01:47:36            | 02:40:55                |
| 49  | WITCZAK Paweł       | 1199  | WIELUŃ BIEGA                             | M40       | 00:02:04        | 00:44:26               | 01:47:20            | 02:41:46                |
| 50  | BULWAN Radosław     | 1402  |                                          | M40       |                 | 00:51:34               | 01:47:16            | 02:41:57                |
| 51  | GRABOWSKI Damian    | 1433  | WKURW_TEAM                               | M40       | 00:01:39        | 00:45:08               | 01:45:41            | 02:42:48                |
| 52  | KAŁOWSKI Irek       | 1153  | WWW.POMOCDLAKAROLINY.PL                  | M40       | 00:02:35        | 00:48:11               | 01:49:33            | 02:43:14                |
| 53  | SMOLUCH Ryszard     | 111   |                                          | M40       | 00:03:03        | 00:47:30               | 01:46:52            | 02:43:16                |
| 54  | MINKINA Tomasz      | 1076  |                                          | M40       | 00:02:47        | 00:45:28               | 01:48:35            | 02:44:01                |
| 55  | GRUSZECKI Tomasz    | 1169  |                                          | M40       | 00:00:47        | 00:46:32               | 01:50:34            | 02:44:28                |
| 56  | MAGER Bartosz       | 1027  |                                          | M40       | 00:03:03        | 00:49:26               | 01:53:23            | 02:45:00                |
| 57  | KLAUS Dominik       | 1114  | KS PIASECZNO                             | M40       | 00:03:43        | 00:50:57               | 01:51:22            | 02:46:38                |
| 58  | HEBANOWSKI Łukasz   | 1330  |                                          | M40       | 00:02:08        | 00:46:56               | 01:53:22            | 02:46:42                |
| 59  | KOŃKA Mariusz       | 1092  |                                          | M40       | 00:01:19        | 00:45:15               | 01:48:07            | 02:47:26                |
| 60  | PAŚKO Rafał         | 1086  | TEATR S.A.N. I PRZEMYSKI KLUB BIEGACZA   | M40       | 00:01:24        | 00:45:27               | 01:56:12            | 02:48:39                |
| 61  | CEGLARSKI Jacek     | 1398  | WKURW_TEAM                               | M40       | 00:03:27        | 00:50:41               | 01:58:19            | 02:49:44                |
| 62  | LEGIERSKI Piotr     | 1417  |                                          | M40       | 00:02:55        | 00:46:52               | 01:52:58            | 02:49:58                |
| 63  | STEC Sebastian      | 1307  | SIEMUSZOWA                               | M40       | 00:01:53        | 00:50:26               | 01:56:13            | 02:51:37                |
| 64  | GREGIER Krzysztof   | 1429  |                                          | M40       | 00:02:43        | 00:49:27               | 01:56:56            | 02:51:42                |
| 65  | STASZCZUK Jarosław  | 1217  | WATAHA-ŁĄCZY NAS BIEGANIE                | M40       | 00:01:21        | 00:47:27               | 01:56:29            | 02:52:24                |
| 66  | GAŁĄZKA Marcin      | 1314  | ESK EKO SERWIS KOTŁY TEAM                | M40       | 00:03:21        | 00:51:28               | 01:56:03            | 02:53:06                |
| 67  | ZABIELSKI Grzegorz  | 1073  | WKURW_TEAM                               | M40       | 00:01:21        | 00:48:39               | 02:01:19            | 02:55:13                |
| 68  | WRONA Sylwester     | 1405  |                                          | M40       | 00:02:41        | 00:49:42               | 01:57:00            | 02:56:20                |
| 69  | SCHILLER Fryderyk   | 1167  | SCHODY HISZPAŃSKIE                       | M40       | 00:02:27        | 00:53:04               | 02:00:13            | 02:57:00                |
| 70  | SOSZYŃSKI Piotr     | 1117  | GAZELE NA STARCIE                        | M40       | 00:02:58        | 00:56:53               | 01:59:58            | 02:57:16                |
| 71  | WILK Rafał          | 1364  | SEKCJA PIASKI                            | M40       | 00:02:16        | 00:51:50               | 01:58:10            | 02:57:28                |
| 72  | JASIURSKI Grzegorz  | 1340  | CORPORA EX ARMARIO                       | M40       | 00:02:15        | 00:52:31               | 02:01:49            | 03:00:41                |
| 73  | BACZA Piotr         | 1426  |                                          | M40       | 00:02:42        | 00:49:24               | 01:56:09            | 03:01:42                |
| 74  | KOBIAŁKA Irek       | 1316  |                                          | M40       | 00:03:09        | 00:52:57               | 02:07:47            | 03:02:47                |
| 75  | BIDNIK Jakub        | 1374  |                                          | M40       | 00:02:28        | 00:52:53               | 02:05:32            | 03:07:21                |

| Msc | Zawodnik           | Numer | Klub                 | Kategoria | Start_2k<br>2km | Split_Mateusz<br>6.5km | Split_Kamyk<br>13km | Split_Mateusz<br>18.5km |
|-----|--------------------|-------|----------------------|-----------|-----------------|------------------------|---------------------|-------------------------|
| 76  | BALON Marcin       | 1371  | VOLUME TRADING       | M40       | 00:02:28        | 00:52:52               | 02:05:32            | 03:07:23                |
| 77  | CYPARSKI Atrur     | 1182  | -                    | M40       | 00:02:49        | 00:51:29               | 02:05:00            | 03:07:27                |
| 78  | MYŚLIŃSKI Tomasz   | 1040  | BIEGUSIEM.PL         | M40       | 00:02:37        | 00:50:52               | 02:03:42            | 03:08:05                |
| 79  | WAŻNY Andrzej      | 1394  | TYNEXPOL             | M40       |                 | 01:00:31               | 02:16:51            | 03:10:51                |
| 80  | PRZYBYŁ Sławomir   | 1210  |                      | M40       | 00:01:41        | 00:52:34               | 02:12:42            | 03:11:38                |
| 81  | LEJA Marek         | 1026  | TAK LUBIĘ SANDOMIERZ | M40       | 00:02:47        | 00:45:41               | 02:02:59            | 03:11:49                |
| 82  | CZOCHARA Robert    | 1083  | AMATOR               | M40       | 00:03:42        | 00:52:15               | 02:21:31            | 03:12:59                |
| 83  | SZPAKOWSKI Andrzej | 155   | FUN&RUN              | M40       | 00:02:20        | 00:55:41               | 02:24:14            | 03:18:45                |
| 84  | WYDRO Rafał        | 154   | FUN&RUN              | M40       | 00:02:19        | 00:55:43               | 02:24:14            | 03:18:46                |
| 85  | MĄKOSA Konrad      | 1029  | WKURW_TEAM           | M40       | 00:03:28        | 00:59:35               | 02:14:51            | 03:20:13                |
| 86  | PIĄSTKA Daniel     | 1130  |                      | M40       | 00:03:27        | 00:56:17               | 02:25:09            | 03:21:10                |
| 87  | OLEKSY Przemysław  | 1205  |                      | M40       | 00:03:27        | 00:56:17               | 02:25:09            | 03:21:10                |
| 88  | SAMEK Artur        | 1449  |                      | M40       | 00:03:10        | 01:00:34               | 02:26:01            | 03:28:47                |
| 89  | JEZIOREK Józef     | 1115  |                      | M40       | 00:03:07        | 01:00:13               | 02:24:00            | 03:34:46                |
| 90  | PRZYBYŁA Krzysztof | 1090  |                      | M40       | 00:02:53        | 01:06:30               | 02:31:09            | 03:36:56                |
| 91  | WASILEWSKI Marcin  | 211   | WW TEAM              | M40       | 00:02:56        | 01:03:07               | 02:31:33            | 03:39:01                |
| 92  | MIRECKI Jan        | 1120  |                      | M40       | 00:03:06        | 01:14:41               | 02:50:06            | 04:12:52                |
| 93  | REY Andrzej        | 1184  |                      | M40       | 00:03:35        | 01:00:55               | 02:38:19            |                         |
| 94  | SIONKOWSKI Maciej  | 1275  | CROSSFITTER CHEŁM    | M40       |                 | 02:51:40               |                     |                         |

Znaleziono 94 wynik(ów)