

# VI BIEG TRZEŹWOŚCI - NORDIC WALKING 5 KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Organiser:** Rowerowa Brzoza  
**Date:** 2015-09-19  
**Place:** Przyłęki-Brzoza  
**Distance:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Classification: M36-45

| Place | Participant           | Number | Club                                   | Category | MCat | Start time | Net time<br>5km | Czas<br>brutto<br>5km | Gap               | Pace<br>min/km | Pace<br>km/h |
|-------|-----------------------|--------|----------------------------------------|----------|------|------------|-----------------|-----------------------|-------------------|----------------|--------------|
| 1     | NOWAK Grzegorz        | 718    | BRAK                                   | M36-45   | 1    | 00:00:57   | 00:32:20.40     | 00:33:18.20           |                   | 6:28           | 9.3 (100%)   |
| 2     | KRZYŻANOWSKI Wojciech | 711    | AZS UMK COLLEGIUM MEDICUM W BYDGOSZCZY | M36-45   | 2    | 00:00:58   | 00:35:39.60     | 00:36:37.85           | +00:03:19 (9.3%)  | 7:07           | 8.4 (90.3%)  |
| 3     | BOSEK Grzegorz        | 756    | KSN ŁUCZNICZKA BYDGOSZCZ               | M36-45   | 3    | 00:01:07   | 00:37:12.80     | 00:38:20.75           | +00:04:52 (13.1%) | 7:26           | 8.1 (87.1%)  |
| 4     | PLISZKA Tomasz        | 781    | MATOWI                                 | M36-45   | 4    | 00:01:06   | 00:39:53.30     | 00:40:59.75           | +00:07:32 (18.9%) | 7:58           | 7.5 (80.6%)  |
| 5     | KAWALERSKI Krzysztof  | 728    | KRISIANKA                              | M36-45   | 5    | 00:01:11   | 00:43:28.90     | 00:44:40.15           | +00:11:08 (25.6%) | 8:41           | 6.9 (74.2%)  |
| 6     | LEWICKI Artur         | 777    | LEGE ARTIS                             | M36-45   | 6    | 00:01:05   | 00:44:21.05     | 00:45:26.35           | +00:12:00 (27.1%) | 8:52           | 6.8 (73.1%)  |

Total 6 results.