



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VI CROSS NA WRZOSACH - OKONEK - 5 KM

VI CROSS NA WRZOSACH
Nadleśnictwo Okonek
2020-08-29
Okonek
5.3 km

B4SPORT

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	HAŁKA Justyna	78	TRUCHT ŁOBEZ	K40-49	1	00:23:46.00		4:45	12.6 (100%)
2	KORNIWICZ Katarzyna	132	WARDIA	K40-49	2	00:25:07.60	+00:01:21 (5.4%)	5:01	11.9 (94.4%)
3	STADNIK Ewelina	186	WATAHA WAŁCZ	K40-49	3	00:27:43.05	+00:03:57 (14.3%)	5:32	10.8 (85.7%)
4	FIECEK Dorota	97		K40-49	4	00:28:57.20	+00:05:11 (17.9%)	5:47	10.4 (82.5%)
5	KARABASZ Sylwia	121		K40-49	5	00:29:31.70	+00:05:45 (19.5%)	5:54	10.2 (81.0%)
6	KUJDA Dorota	31		K40-49	6	00:30:12.45	+00:06:26 (21.3%)	6:02	9.9 (78.6%)
7	ROLNICZAK Joanna	180	TRZCIANKA	K40-49	7	00:30:39.50	+00:06:53 (22.5%)	6:08	9.8 (77.8%)
8	JUSZCZAK Magdalena	117		K40-49	8	00:32:09.40	+00:08:23 (26.1%)	6:26	9.3 (73.8%)
9	PAWLUŚ Kamilla	163		K40-49	9	00:32:11.55	+00:08:25 (26.2%)	6:26	9.3 (73.8%)
10	DĄBROWSKA Katarzyna	93		K40-49	10	00:32:33.05	+00:08:47 (27.0%)	6:30	9.2 (73.0%)
11	NITA Katarzyna	157	VILLAGE PUNK RUN	K40-49	11	00:32:59.20	+00:09:13 (28.0%)	6:36	9.1 (72.2%)
12	MACIEJCZAK Karolina	142	PIŁA	K40-49	12	00:33:25.00	+00:09:39 (28.9%)	6:41	9 (71.4%)
13	MAZUR Anna	144	POZYTYWNE Z PASJĄ	K40-49	13	00:34:32.95	+00:10:46 (31.2%)	6:54	8.7 (69.0%)
14	PODGÓRSKA Agata	276	KLUB SPORTOWY HUSARIA SZCZECINEK	K40-49	14	00:34:42.90	+00:10:56 (31.5%)	6:56	8.6 (68.3%)
15	TOMASZEWSKA Magdalena	202		K40-49	15	00:35:01.40	+00:11:15 (32.1%)	7:00	8.6 (68.3%)
16	PAWŁOWICZ Kamila	164		K40-49	16	00:35:05.35	+00:11:19 (32.3%)	7:01	8.6 (68.3%)
17	WOJTECZKO Magdalena	208		K40-49	17	00:35:23.10	+00:11:37 (32.8%)	7:04	8.5 (67.5%)
18	ZIÓŁKOWSKA Monika	214	#ZABIEGANINOĄ OKONEK	K40-49	18	00:36:27.15	+00:12:41 (34.8%)	7:17	8.2 (65.1%)
19	TRĘBSKA Marta	205	#ZABIEGANINOĄ OKONEK	K40-49	19	00:36:54.55	+00:13:08 (35.6%)	7:23	8.1 (64.3%)
20	GĘSICKA Anna	104		K40-49	20	00:36:57.40	+00:13:11 (35.7%)	7:23	8.1 (64.3%)
21	FRĄTCZAK Marzena	101		K40-49	21	00:38:56.30	+00:15:10 (39.0%)	7:47	7.7 (61.1%)
22	KOŁDA Ania	130		K40-49	22	00:40:05.70	+00:16:19 (40.7%)	8:01	7.5 (59.5%)
23	SUCHANOWSKA Anna	189	RESPECT LOTYŃ	K40-49	23	00:42:18.30	+00:18:32 (43.8%)	8:27	7.1 (56.3%)
24	FIRLEJ Agnieszka	100		K40-49	24	00:46:05.90	+00:22:19 (48.4%)	9:13	6.5 (51.6%)

Znaleziono 24 wynik(ów)