



# VI MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

B4SPORT

**Wydarzenie:** MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE  
**Organizator:** Polska Federacja Nordic Walking; Urząd Miasta i Gminy Jastrowie  
**Data:** 2019-04-06  
**Miejsce:** Jastrowie  
**Dystans:** 42.195 km



Klasyfikacja: K-OPEN

Punkt pomiarowy: 36,8 km

| Msc | Zawodnik                 | Numer | Klub                            | Kategoria | Żół.<br>kartki | Czer.<br>kartki | Start_All<br>4.68km | Start_All<br>10.04km | Start_All<br>15.4km | Start_All<br>20.76km | Start_All<br>26.12km | Start_All<br>31.48km | Start_All<br>36.84km |
|-----|--------------------------|-------|---------------------------------|-----------|----------------|-----------------|---------------------|----------------------|---------------------|----------------------|----------------------|----------------------|----------------------|
| 1   | KOŁODZIEJ Joanna         | 37    | STADION ŚLĄSKI                  | K50-54    |                |                 | 00:34:31            | 01:12:45             | 01:51:48            | 02:32:01             | 03:11:17             | 03:52:04             | 04:33:47             |
| 2   | BEM Małgorzata           | 24    | POZYTYWNI DOBRE MIASTO          | K40-49    |                |                 | 00:34:39            | 01:29:40             | 01:52:51            | 02:32:02             | 03:12:16             | 03:52:59             | 04:34:05             |
| 3   | KUBISZYN Małgorzata      | 48    | KS METRACO POLKOWICE            | K30-39    |                |                 | 00:35:10            | 01:15:43             | 01:56:12            | 02:36:35             | 03:17:24             | 03:57:17             | 04:37:45             |
| 4   | OLESZCZUK Teresa         | 100   | BARLINEK TO MNIE RUSZA          | K50-54    |                |                 | 00:34:42            | 01:13:31             | 01:52:50            | 02:33:11             | 03:14:52             | 03:58:29             | 04:44:09             |
| 5   | SPYCHAŁA Marzena         | 77    | CKZIU NYSA MECHANIK             | K40-49    |                |                 | 00:35:59            | 01:15:32             | 01:56:09            | 02:36:49             | 03:18:40             | 04:02:34             | 04:45:59             |
| 6   | WOLNIEWICZ Katarzyna     | 93    | POLSKIE PÓŁNOCNE PIERZE I PUCH  | K40-49    |                |                 | 00:36:00            | 01:15:35             | 01:56:12            | 02:37:06             | 03:19:21             | 04:03:00             | 04:47:55             |
| 7   | KOŃCZEWSKA Bożena        | 38    | BIESZCZADZI KLUB NORDIC WALKING | K55-59    |                |                 | 00:35:59            | 01:15:45             | 01:56:24            | 02:37:59             | 03:20:52             | 04:05:47             | 04:50:47             |
| 8   | EFEMBERG Joanna          | 20    | TORUŃ- IDZIEMY BEZ RYZYKA       | K40-49    |                |                 | 00:36:56            | 01:18:21             | 01:59:51            | 02:42:17             | 03:25:50             | 04:09:31             | 04:52:23             |
| 9   | SZCZUDLIK Małgorzata     | 82    | KIJKOWE TRZEMESZNO              | K30-39    |                |                 | 00:36:00            | 01:16:01             | 01:56:37            | 02:38:14             | 03:21:34             | 04:07:17             | 04:53:55             |
| 10  | MICHAŁOWSKA Sylwia       | 57    | ELBLĄDZKIE WŁÓCZYKIJE           | K40-49    |                |                 | 00:37:24            | 01:18:31             | 02:00:14            | 02:42:27             | 03:25:35             | 04:09:43             | 04:55:38             |
| 11  | USS Jola                 | 88    | LUXTORPEDA MAŁOPOLSKA           | K55-59    |                |                 | 00:35:54            | 01:15:41             | 01:57:15            | 02:40:47             | 03:25:54             | 04:13:31             | 05:01:05             |
| 12  | GROS Agnieszka           | 26    | PARKRUN KATOWICE                | K40-49    |                |                 | 00:38:30            | 01:21:35             | 02:05:20            | 02:50:15             | 03:36:45             | 04:22:45             | 05:09:22             |
| 13  | ŚCIBUT Ania              | 84    | FORMA NA PIĄTKĘ NW              | K40-49    |                |                 | 00:36:51            | 01:18:29             | 02:01:29            | 02:46:44             | 03:33:27             | 04:21:53             | 05:10:18             |
| 14  | ANTCZAK-KRETKOWSKA Maria | 2     |                                 | K60-64    |                |                 | 00:37:45            | 01:20:34             | 02:04:56            | 02:50:15             | 03:36:33             | 04:23:44             | 05:10:43             |
| 15  | BIAŁKOWSKA Ewa           | 5     | ŚRODA WLKP                      | K40-49    |                |                 | 00:37:54            | 01:21:51             | 02:06:31            | 02:52:05             | 03:38:06             | 04:24:38             | 05:12:05             |
| 16  | MARONDEL Katarzyna       | 55    | SILESIA NORDIC TEAM             | K30-39    |                |                 | 00:36:56            | 01:19:12             | 02:02:39            | 02:47:44             | 03:34:59             | 04:23:28             | 05:12:25             |
| 17  | WALECKA Romualda         | 90    | SPORT I REKREACJA START CHEŁMNO | K60-64    |                |                 | 00:37:19            | 01:19:58             | 02:03:55            | 02:48:43             | 03:34:58             | 04:25:57             | 05:15:09             |
| 18  | ŚPIONEK Emilia           | 85    | FORMA NA PIĄTKĘ NW              | K30-39    |                |                 | 00:39:22            | 01:24:03             | 02:08:42            | 02:54:02             | 03:41:41             | 04:29:48             | 05:16:39             |
| 19  | REJ Anka                 | 71    | TORUŃ - IDZIEMY BEZ RYZYKA      | K30-39    |                |                 | 00:38:14            | 01:22:33             | 02:07:04            | 02:53:17             | 03:40:43             | 04:29:00             | 05:16:48             |
| 20  | BUCZKOWSKA Wiesława      | 9     | FACE NORDIC WALKING TEAM        | K60-64    |                |                 | 00:37:51            | 01:21:00             | 02:05:20            | 02:51:10             | 03:39:00             | 04:28:10             | 05:17:18             |
| 21  | STOPA Joanna             | 79    | BŁĘKITNI NW DZIEMIANY           | K18-29    |                |                 | 00:39:03            | 01:23:59             | 02:10:15            | 02:56:41             | 03:45:09             | 04:33:17             | 05:21:15             |
| 22  | BUĆKO Magdalena          | 10    |                                 | K40-49    |                |                 | 00:39:02            | 01:23:58             | 02:10:15            | 02:56:41             | 03:45:10             | 04:33:17             | 05:21:18             |
| 23  | HNATYSZYN Sylwia         | 28    | GREEN TEAM ZIELONA GÓRA         | K50-54    |                |                 | 00:38:59            | 01:23:14             | 02:08:05            | 02:55:03             | 03:43:09             | 04:31:06             | 05:22:16             |
| 24  | MALKIEWICZ Małgorzata    | 53    | ŻYJ AKTYWNIE                    | K55-59    |                |                 | 00:39:05            | 01:23:18             | 02:08:09            | 02:53:52             | 03:41:59             | 04:31:39             | 05:22:17             |
| 25  | JUREK Kamila             | 32    |                                 | K30-39    |                |                 | 00:37:02            | 01:19:14             | 02:04:05            | 02:49:55             | 03:41:10             | 04:32:35             | 05:26:57             |
| 26  | DOMARADZKA Agnieszka     | 17    | GREEN TEAM ZIELONA GÓRA         | K40-49    |                |                 | 00:39:00            | 01:23:32             | 02:08:42            | 02:55:24             | 03:43:49             | 04:34:59             | 05:27:07             |
| 27  | STANKOWSKA Marzena       | 78    | KIJKOWE TRZEMESZNO              | K40-49    |                |                 | 00:39:29            | 01:23:36             | 02:08:20            | 02:54:13             | 03:43:53             | 04:34:46             | 05:27:10             |

| Msc | Zawodnik                        | Numer | Klub                    | Kategoria | Żół.<br>kartki | Czer.<br>kartki | Start_All<br>4.68km | Start_All<br>10.04km | Start_All<br>15.4km | Start_All<br>20.76km | Start_All<br>26.12km | Start_All<br>31.48km | Start_All<br>36.84km |
|-----|---------------------------------|-------|-------------------------|-----------|----------------|-----------------|---------------------|----------------------|---------------------|----------------------|----------------------|----------------------|----------------------|
| 28  | POHL Anna                       | 66    |                         | K50-54    |                |                 | 00:40:22            | 01:27:26             | 02:15:34            | 03:05:53             | 03:58:46             | 04:51:20             | 05:44:35             |
| 29  | BERSZTOLC Agnieszka             | 4     | NOWI SIEDLCE            | K55-59    |                |                 | 00:39:24            | 01:24:36             | 02:11:10            | 03:00:00             | 03:51:19             | 04:48:51             | 05:46:13             |
| 30  | ZIÓŁEK Monika                   | 94    |                         | K40-49    |                |                 | 00:42:33            | 01:30:43             | 02:19:42            | 03:10:26             | 04:04:14             | 04:57:58             | 05:52:18             |
| 31  | POSTEK Danuta                   | 67    | MARSZ PO ZDROWIE        | K55-59    |                |                 | 00:38:07            | 01:22:30             | 02:08:38            | 02:57:43             | 03:50:23             | 04:51:25             | 05:53:17             |
| 32  | CIAŁKOWSKA-PŁUCIENNIK<br>Joanna | 14    | NW CZŁAPSKI TEAM        | K30-39    |                |                 | 00:43:19            | 01:31:20             | 02:20:42            | 03:11:42             | 04:07:37             | 05:02:18             | 05:56:29             |
| 33  | CHOLEWKA Jolanta                | 12    | MARSZ PO ZDROWIE POZNAŃ | K60-64    |                |                 | 00:40:35            | 01:28:11             | 02:18:37            | 03:13:45             | 04:10:44             | 05:08:34             | 06:07:02             |
|     | DUSZA Anna                      | 18    | NORDICLUB SZCZECIN      | K50-54    |                |                 | 00:37:25<br>DNF     | 01:20:33<br>DNF      | 02:05:13<br>DNF     | 02:52:30<br>DNF      | 03:45:27<br>DNF      | DNF                  | DNF                  |
|     | ROSOŁEK Elżbieta                | 73    | GREEN TEAM ZIELONA GÓRA | K50-54    |                |                 | 00:39:01<br>DNF     | 01:23:05<br>DNF      | 02:07:27<br>DNF     | 02:54:56<br>DNF      | 08:32:33<br>DNF      | 08:36:34<br>DNF      | DNF                  |

Znaleziono 35 wynik(ów)