



## VI MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE

B4SPORT  
WIELKOPOLSKIE CENTRUM SPORTOWE

**Wydarzenie:** MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE  
**Organizator:** Polska Federacja Nordic Walking; Urząd Miasta i Gminy Jastrowie  
**Data:** 2019-04-06  
**Miejsce:** Jastrowie  
**Dystans:** 42.195 km



Klasyfikacja: M50-54

| Msc | Zawodnik             | Numer | Klub                 | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All 4.68km | Start_All 10.04km | Start_All 15.4km | Start_All 20.76km | Start_All 26.12km | Start_All 31.48km | Start_All 36.84km | Czas netto 42.195km | Różn              | Tempo min/km | Tempo km/h  |
|-----|----------------------|-------|----------------------|-----------|------|-------------|--------------|------------------|-------------------|------------------|-------------------|-------------------|-------------------|-------------------|---------------------|-------------------|--------------|-------------|
| 1   | BORKOWSKI Dariusz    | 8     | NOWI SIEDLCE         | M50-54    | 1    |             |              | 00:35:49         | 01:14:59          | 01:54:10         | 02:33:53          | 03:13:34          | 03:52:38          | 04:32:52          | 05:13:51.17         |                   | 7:26         | 8.1 (100%)  |
| 2   | ŻYDACZEWSKI Ryszard  | 97    | KS METRACO POLKOWICE | M50-54    | 2    |             |              | 00:35:31         | 01:14:57          | 01:54:40         | 02:33:53          | 03:13:46          | 03:54:30          | 04:35:34          | 05:16:51.34         | +00:03:00 (0.9%)  | 7:30         | 8 (98.8%)   |
| 3   | FELIS Paweł          | 21    |                      | M50-54    | 3    |             |              | 00:37:20         | 01:18:17          | 02:00:39         | 02:43:22          | 03:26:38          | 04:10:32          | 04:54:44          | 05:37:48.71         | +00:23:57 (7.1%)  | 8:00         | 7.5 (92.6%) |
| 4   | SZYMAŃSKI Jacek      | 83    |                      | M50-54    | 4    |             |              | 00:37:21         | 01:17:58          | 01:59:40         | 02:42:10          | 03:26:20          | 04:11:56          | 04:58:48          | 05:46:31.98         | +00:32:40 (9.4%)  | 8:12         | 7.3 (90.1%) |
| 5   | KOWALCZUK Robert     | 43    | ELITA TEAM           | M50-54    | 5    |             |              | 00:39:28         | 01:22:58          | 02:05:59         | 02:49:24          | 03:33:03          | 04:18:24          | 05:04:53          | 05:50:07.81         | +00:36:16 (10.4%) | 8:17         | 7.2 (88.9%) |
| 6   | SZCZEBAK Jacek       | 80    | UNIA MIAST           | M50-54    | 6    |             |              | 00:36:34         | 01:17:59          | 02:00:31         | 02:44:14          | 03:30:49          | 04:18:19          | 05:06:17          | 05:55:00.53         | +00:41:09 (11.6%) | 8:24         | 7.1 (87.7%) |
| 7   | KALINOWSKI Krzysztof | 34    |                      | M50-54    | 7    |             |              | 00:39:27         | 01:22:57          | 02:06:01         | 02:49:30          | 03:36:18          | 04:24:13          | 05:15:21          | 06:04:53.73         | +00:51:02 (14.0%) | 8:38         | 6.9 (85.2%) |
| 8   | BUĆKO Sławomir       | 11    |                      | M50-54    | 8    |             |              | 00:42:20         | 01:26:23          | 02:09:01         | 02:53:53          | 03:40:54          | 04:29:21          | 05:19:30          | 06:10:14.22         | +00:56:23 (15.2%) | 8:46         | 6.8 (84.0%) |
|     | ADAMSKI Robert       | 1     | DRUŻYNA SZPIKU       | M50-54    |      |             |              | 00:34:00 DNF     | 01:11:59 DNF      | 01:50:15 DNF     | 02:29:18 DNF      | 03:10:12 DNF      | 03:53:27 DNF      | 05:45:51 DNF      | DNF                 |                   | -            | - (0.0%)    |

Znaleziono 9 wynik(ów)