VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM

Wydarzenie: Zimowy Maraton Bieszczadzki 2020
Organizator: Fundacja Bieg Rzeźnika
Data: 2020-01-25
Miejsce: Cisna
Dystans: 44 km

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 18km	Za Skrzyżowaniem 27.6km	Brzeziniak 34.4km	Przed Skrzyżowaniem 40.5km	Czas netto 44km	Czas brutto 44km	Różn	Tempo min/km	Tempo km/h
1	**WILK Katarzyna**	**555**		K30	1	01:27:06	02:13:18	02:51:11	03:23:59	**03:41:52.05**	**03:41:54.70**		5:02	11.9 (100%)
2	**DOMISZEWSKA Maria**	**2**		K50	1	01:28:38	02:15:07	02:52:59	03:25:43	**03:43:15.85**	**03:43:18.45**	+00:01:23 (0.6%)	5:04	11.8 (99.2%)
3	**KONKEL Katarzyna**	**221**	DECATHLON LUBLIN CZECHÓW / MAJA TEAM	K20	1	01:27:43	02:14:54	02:53:30	03:29:58	**03:50:07.75**	**03:50:10.65**	+00:08:15 (3.6%)	5:13	11.5 (96.6%)
4	**JASŁOWSKA Justyna**	**1**	SCOTT TEAM	K30	2	01:31:44	02:20:25	02:59:43	03:34:47	**03:53:09.00**	**03:53:12.45**	+00:11:17 (4.8%)	5:17	11.3 (95.0%)
5	**PETRYNA Jagoda**	**8**	NOA	K30	3	01:36:22	02:25:52	03:06:19	03:41:17	**03:59:13.90**	**03:59:17.65**	+00:17:22 (7.3%)	5:26	11 (92.4%)
6	**ZIĘBA Sabina**	**529**	FOREVER TEAM	K30	4	01:37:10	02:27:08	03:07:43	03:43:51	**04:02:03.20**	**04:02:10.20**	+00:20:15 (8.4%)	5:30	10.9 (91.6%)
7	**KOLANO Agnieszka**	**217**	WAY2CHAMP/KUŹNIA TRIATHLONU	K30	5	01:40:42	02:34:48	03:17:36	03:56:10	**04:16:32.85**	**04:16:41.20**	+00:34:46 (13.5%)	5:49	10.3 (86.6%)
8	**ŁĘCKA Agnieszka**	**272**	JACEKBIEGA RUNNING TEAM	K30	6	01:36:58	02:29:34	03:16:14	03:56:47	**04:17:17.90**	**04:17:30.60**	+00:35:35 (13.8%)	5:50	10.3 (86.6%)
9	**KASKA-ŁOBODOWSKA Ewelina**	**191**	RACE FIGHTER GOSIR DĘBE WIELKIE	K30	7	01:41:49	02:38:24	03:22:11	03:59:42	**04:18:24.95**	**04:18:31.45**	+00:36:36 (14.2%)	5:52	10.2 (85.7%)
10	**MAKSELON Anna**	**281**		K40	1	01:43:32	02:39:24	03:22:17	04:00:18	**04:19:13.50**	**04:19:48.55**	+00:37:53 (14.6%)	5:53	10.2 (85.7%)
11	**STANKIEWICZ Anna**	**418**	DOGOŃ GRODZISK MAZOWIECKI	K30	8	01:44:00	02:38:20	03:21:58	03:59:59	**04:19:52.75**	**04:20:07.25**	+00:38:12 (14.7%)	5:54	10.2 (85.7%)
12	**CHILICKA Marta**	**55**	RED LION CLUB	K30	9	01:42:51	02:37:46	03:22:27	04:01:16	**04:20:56.90**	**04:21:05.00**	+00:39:10 (15.0%)	5:55	10.1 (84.9%)
13	**ROŻNIATA Iwona**	**378**	SNG WILD DUCKS	K40	2	01:42:57	02:39:33	03:23:33	04:01:37	**04:20:57.55**	**04:21:22.60**	+00:39:27 (15.1%)	5:55	10.1 (84.9%)
14	**BEDNARSKA Katarzyna**	**29**	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ/SIEBIEGA	K40	3	01:46:43	02:44:24	03:28:01	04:05:43	**04:26:31.85**	**04:26:50.60**	+00:44:55 (16.8%)	6:03	9.9 (83.2%)
15	**JANERKA Marzka**	**157**	DZIABNIĘCI	K40	4	01:45:15	02:41:01	03:26:06	04:06:17	**04:27:45.60**	**04:27:51.60**	+00:45:56 (17.2%)	6:05	9.9 (83.2%)
16	**KIRILENKO Aneta**	**199**		K40	5	01:41:09	02:38:13	03:26:19	04:06:55	**04:27:25.60**	**04:27:55.70**	+00:46:01 (17.2%)	6:04	9.9 (83.2%)
17	**BORUSZEWSKA Beata**	**44**		K40	6	01:47:08	02:45:22	03:30:22	04:09:18	**04:28:51.00**	**04:30:02.15**	+00:48:07 (17.8%)	6:06	9.8 (82.4%)

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18	**SZPOTON Monika**	**444**	ADIDAS RUNNERS WARSAW	K30	10	01:46:32	02:44:21	03:32:55	04:13:44	**04:34:20.65**	**04:35:07.95**	+00:53:13 (19.3%)	6:14	9.6 (80.7%)
19	**GODLEWSKA Marta**	**129**	FITSMILE	K30	11	01:50:47	02:47:54	03:34:20	04:15:53	**04:36:16.65**	**04:37:40.30**	+00:55:45 (20.1%)	6:16	9.6 (80.7%)
20	**CZAJA Alicja**	**64**	RODZEŃSTWO	K40	7	01:42:58	02:40:47	03:33:38	04:17:12	**04:39:37.85**	**04:39:59.65**	+00:58:04 (20.7%)	6:21	9.4 (79.0%)
21	**DORDZIK Katarzyna**	**77**		K30	12	01:47:29	02:45:50	03:37:19	04:20:56	**04:41:37.30**	**04:41:48.30**	+00:59:53 (21.3%)	6:24	9.4 (79.0%)
22	**KANCLERZ-MAZURCZUK Monika**	**182**	CROSSFITTER BOX CHEŁM	K40	8	01:50:32	02:50:28	03:39:46	04:19:41	**04:42:01.70**	**04:42:38.65**	+01:00:43 (21.5%)	6:24	9.4 (79.0%)
23	**BIERNAT Agnieszka**	**35**	KOSMICZNE MUMINKI	K20	2	01:43:48	02:43:31	03:36:02	04:18:45	**04:42:26.25**	**04:42:44.15**	+01:00:49 (21.5%)	6:25	9.3 (78.2%)
24	**MICHALAK Katarzyna**	**299**	ORANGE POLSKA	K40	9	01:52:07	02:51:43	03:39:24	04:21:20	**04:42:57.25**	**04:43:18.35**	+01:01:23 (21.7%)	6:25	9.3 (78.2%)
25	**RADWAŃSKA Justyna**	**371**		K30	13	01:49:02	02:46:04	03:38:16	04:20:01	**04:42:01.00**	**04:43:20.50**	+01:01:25 (21.7%)	6:24	9.4 (79.0%)
26	**ĆWIĄKAŁA Halina**	**69**	ATHLETIC ZRĘCIN	K40	10	01:47:44	02:47:28	03:40:30	04:23:05	**04:44:03.30**	**04:44:10.50**	+01:02:15 (21.9%)	6:27	9.3 (78.2%)
27	**BOGDAŃSKA Katarzyna**	**40**	SMASHING PĄPKINS	K20	3	01:46:37	02:47:29	03:41:45	04:26:07	**04:48:25.85**	**04:48:56.65**	+01:07:01 (23.2%)	6:33	9.2 (77.3%)
28	**KWIECIŃSKA Małgorzata**	**257**	BRAVEHEARTS LEGIONOWO	K30	14	01:52:45	02:52:33	03:44:43	04:27:54	**04:47:48.50**	**04:49:06.95**	+01:07:12 (23.2%)	6:32	9.2 (77.3%)
29	**FRĄCKOWIAK Ewelina**	**105**	AMAT*ORKA	K40	11	01:52:50	02:52:59	03:45:47	04:27:15	**04:48:02.10**	**04:49:12.95**	+01:07:18 (23.3%)	6:32	9.2 (77.3%)
30	**FURTEK Iwona**	**108**		K30	15	01:47:14	02:50:49	03:45:13	04:26:42	**04:49:06.95**	**04:49:26.15**	+01:07:31 (23.3%)	6:34	9.1 (76.5%)
31	**GARBOWSKA Monika**	**114**	COMPAÑEROS ASFALT TEAM	K40	12	01:52:52	02:55:28	03:48:30	04:28:02	**04:47:59.55**	**04:49:33.15**	+01:07:38 (23.4%)	6:32	9.2 (77.3%)
32	**PAŚNICKA Marta**	**348**		K40	13	01:52:13	02:54:30	03:46:44	04:28:14	**04:49:15.55**	**04:50:45.30**	+01:08:50 (23.7%)	6:34	9.1 (76.5%)
33	**SOWA-OKRASA Sylwia**	**412**	DOGOŃ GRODZISK MAZOWIECKI	K40	14	01:53:07	02:56:46	03:49:14	04:30:11	**04:50:44.80**	**04:51:11.65**	+01:09:16 (23.8%)	6:36	9.1 (76.5%)
34	**KLUBA Magdalena**	**206**	FALSTART RUDNIKI	K20	4	01:53:08	02:54:35	03:46:12	04:28:53	**04:50:46.25**	**04:51:33.95**	+01:09:39 (23.9%)	6:36	9.1 (76.5%)
35	**ŻEBROWSKA Jolanta**	**536**	POTRNUJEMY?, CHEMIK NOXY PUŁAWY	K50	2	01:49:17	02:56:14	03:52:43	04:36:26	**04:56:52.50**	**04:57:20.10**	+01:15:25 (25.4%)	6:44	8.9 (74.8%)
36	**TOCZEWSKA Anna**	**457**	JACEKBIEGA RUNNING TEAM	K50	3	01:55:16	02:58:39	03:54:05	04:36:48	**04:59:02.20**	**04:59:58.05**	+01:18:03 (26.0%)	6:47	8.8 (73.9%)
37	**LASEK Joanna**	**259**		K30	16	01:48:21	02:54:23	03:51:28	04:37:23	**05:00:15.30**	**05:00:29.50**	+01:18:34 (26.2%)	6:49	8.8 (73.9%)
38	**DŁUGOSZ-SAWICKA Marta**	**74**	ON THE MOVE	K30	17	01:52:53	03:03:39	04:02:23	04:41:47	**05:01:01.75**	**05:02:22.50**	+01:20:27 (26.6%)	6:50	8.8 (73.9%)
38	**MROTEK Katarzyna**	**312**	ON THE MOVE	K30	17	01:52:53	03:03:43	04:02:21	04:41:48	**05:01:02.25**	**05:02:22.50**	+01:20:27 (26.6%)	6:50	8.8 (73.9%)
40	**KOCZUR Kamila**	**215**		K30	19	02:00:05	03:06:23	03:59:26	04:41:20	**05:01:54.80**	**05:03:27.40**	+01:21:32 (26.9%)	6:51	8.7 (73.1%)

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41	**GARCZYŃSKA Ania**	**117**		K40	15	01:55:08	02:59:59	03:54:12	04:39:44	**05:02:40.50**	**05:03:40.95**	+01:21:46 (26.9%)	6:52	8.7 (73.1%)
42	**MOSTOWSKA Joanna**	**311**		K30	20	01:52:53	02:57:48	03:55:29	04:41:09	**05:04:44.10**	**05:06:26.85**	+01:24:32 (27.6%)	6:55	8.7 (73.1%)
43	**ZMYJ Danuta**	**532**	LACHO TEAM	K40	16	01:56:06	03:02:28	04:02:38	04:43:52	**05:07:06.05**	**05:07:26.30**	+01:25:31 (27.8%)	6:58	8.6 (72.3%)
44	**KANDEFER Beata**	**183**	KB ,,ATHLETIC''ZRĘCIN	K40	17	01:50:03	02:53:28	03:59:41	04:43:27	**05:08:04.20**	**05:08:10.60**	+01:26:15 (28.0%)	7:00	8.6 (72.3%)
45	**BIESZCZAD Ilona**	**36**	KB ATHLETIC ZRĘCIN	K30	21	01:50:06	02:53:42	03:54:37	04:43:35	**05:08:04.55**	**05:08:11.10**	+01:26:16 (28.0%)	7:00	8.6 (72.3%)
46	**WOLF Weronika**	**505**	3PBOT POZYTYWNIE ZABIEGANI SANOK	K40	18	02:02:19	03:12:32	04:02:02	04:46:00	**05:07:58.00**	**05:09:25.40**	+01:27:30 (28.3%)	6:59	8.6 (72.3%)
47	**SIENNICA Joanna**	**396**	ŚWIDNICKA GRUPA BIEGOWA	K40	19	01:54:53	03:02:56	04:01:10	04:46:14	**05:09:36.15**	**05:10:26.85**	+01:28:32 (28.5%)	7:02	8.5 (71.4%)
48	**ZŁOTNICKA Olga**	**530**	ŚWIDNICKA GRUPA BIEGOWA	K40	20	01:54:54	03:02:58	04:02:12	04:46:16	**05:09:36.45**	**05:10:27.10**	+01:28:32 (28.5%)	7:02	8.5 (71.4%)
49	**BAJUR Barbara**	**20**		K30	22	02:01:43	03:04:53	03:58:22	04:46:05	**05:09:26.30**	**05:10:54.85**	+01:29:00 (28.6%)	7:01	8.5 (71.4%)
50	**KARCZ Anna**	**187**	PIES TO BIEGAŁ	K20	5	02:00:02	03:10:35	04:04:38	04:48:49	**05:11:08.00**	**05:11:29.20**	+01:29:34 (28.8%)	7:04	8.5 (71.4%)
51	**PAPROCKA Kamila**	**553**		K20	6	01:54:42	03:07:34	04:03:36	04:48:05	**05:10:15.95**	**05:12:23.95**	+01:30:29 (29.0%)	7:03	8.5 (71.4%)
52	**MATERNIA Karolina**	**291**		K30	23	01:59:53	03:08:09	04:04:16	04:48:16	**05:11:02.80**	**05:12:29.00**	+01:30:34 (29.0%)	7:04	8.5 (71.4%)
53	**SZALACHA Katarzyna**	**437**		K30	24	01:57:39	03:04:27	04:03:06	04:48:17	**05:13:14.25**	**05:14:40.75**	+01:32:46 (29.5%)	7:07	8.4 (70.6%)
54	**MYGA Anna**	**316**	HEARTLESS	K30	25	02:04:15	03:14:11	04:05:48	04:53:06	**05:13:24.25**	**05:15:19.10**	+01:33:24 (29.6%)	7:07	8.4 (70.6%)
55	**PAUL Violetta**	**350**	BPRT	K40	21	02:04:09	03:11:15	04:07:52	04:51:59	**05:15:30.50**	**05:16:20.50**	+01:34:25 (29.9%)	7:10	8.4 (70.6%)
56	**HEBDA-OLSZÓWKA Aleksandra**	**146**	BP RUNNING TEAM GLIWICE	K30	26	01:57:59	03:12:03	04:09:41	04:56:06	**05:19:41.95**	**05:20:32.10**	+01:38:37 (30.8%)	7:15	8.3 (69.7%)
57	**LATO-KSIĄŻEK Karolina**	**260**	LUBLIN BIEGA	K30	27	02:09:22	03:21:42	04:17:06	04:59:22	**05:21:12.45**	**05:22:22.15**	+01:40:27 (31.2%)	7:18	8.2 (68.9%)
58	**JAKUBOWSKA Renata**	**154**		K60	1	02:03:03	03:14:14	04:13:32	05:00:33	**05:25:15.70**	**05:26:13.75**	+01:44:19 (32.0%)	7:23	8.1 (68.1%)
59	**NAZIMEK Lilianna**	**318**	SUO TEMPORE	K40	22	01:59:36	03:11:12	04:10:58	04:59:24	**05:25:08.30**	**05:26:28.75**	+01:44:34 (32.0%)	7:23	8.1 (68.1%)
60	**RĘKOSIEWICZ-TOKARZ Monika**	**373**	TKKF SOKÓŁ	K40	23	02:07:13	03:17:50	04:16:30	05:05:20	**05:29:55.40**	**05:31:03.40**	+01:49:08 (33.0%)	7:29	8 (67.2%)
61	**JOZEFIAK Marta**	**170**	1992	K20	7	02:00:30	03:15:54	04:13:55	05:02:58	**05:29:36.65**	**05:31:22.20**	+01:49:27 (33.0%)	7:29	8 (67.2%)
62	**KUSZTAL Justyna**	**254**	ESKADRA KRAKÓW	K40	24	02:02:12	03:10:10	04:14:38	05:05:30	**05:31:06.20**	**05:31:30.15**	+01:49:35 (33.1%)	7:31	8 (67.2%)
63	**ZAJĄC Marzena**	**520**		K40	25	02:01:15	03:12:00	04:14:54	05:06:10	**05:32:21.20**	**05:32:41.65**	+01:50:46 (33.3%)	7:33	7.9 (66.4%)
64	**PYZEL Agnieszka**	**370**	KS PEGAZ	K50	4	02:13:05	03:23:50	04:22:33	05:10:13	**05:32:12.35**	**05:33:54.75**	+01:52:00 (33.5%)	7:33	7.9 (66.4%)

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65	**DZIERGAS Teresa**	**91**	IPA PAŁAC MOSTOWSKICH KSP	K30	28	02:06:49	03:18:59	04:15:43	05:06:44	**05:31:50.70**	**05:33:58.90**	+01:52:04 (33.6%)	7:32	8 (67.2%)
66	**MICHALSKA Klementyna**	**301**		K30	29	02:10:40	03:25:44	04:24:01	05:13:47	**05:37:18.70**	**05:38:16.65**	+01:56:21 (34.4%)	7:39	7.8 (65.5%)
67	**BAR Aleksandra**	**22**	GMINA STRZELCE OPOLSKIE	K40	26	02:03:24	03:21:23	04:24:46	05:13:07	**05:36:58.80**	**05:38:30.60**	+01:56:35 (34.4%)	7:39	7.8 (65.5%)
68	**KISIŃSKA Irena**	**201**	VISEGRAD MARATON RYTRO	K50	5	02:00:01	03:12:52	04:17:46	05:14:29	**05:42:01.30**	**05:42:51.75**	+02:00:57 (35.3%)	7:46	7.7 (64.7%)
69	**ADAMSKA Agnieszka**	**11**	AKTYWNY OSTRZESZÓW: KS STASZEWSCY	K40	27	02:01:27	03:19:21	04:35:33	05:22:22	**05:43:25.10**	**05:44:12.60**	+02:02:17 (35.5%)	7:48	7.7 (64.7%)
70	**KOSECKA Justyna**	**224**	ORTIMED RUNNERS TEAM	K40	28	02:16:05	03:31:49	04:28:02	05:17:56	**05:44:04.30**	**05:44:49.20**	+02:02:54 (35.6%)	7:49	7.7 (64.7%)
71	**ARENT-STEFANSKA Jolanta**	**16**		K40	29	02:11:09	03:23:07	04:25:33	05:17:11	**05:44:11.10**	**05:44:55.25**	+02:03:00 (35.7%)	7:49	7.7 (64.7%)
72	**WILK Wiktoria**	**492**	WILKI	K30	30	02:09:28	03:26:28	04:30:36	05:19:49	**05:44:11.25**	**05:45:42.85**	+02:03:48 (35.8%)	7:49	7.7 (64.7%)
73	**SUCHOWIECKA Sabina**	**427**		K20	8	02:05:27	03:22:28	04:24:47	05:14:31	**05:45:14.00**	**05:45:59.65**	+02:04:04 (35.9%)	7:50	7.6 (63.9%)
74	**NIEZNALSKA Ewelina**	**324**		K30	31	02:09:03	03:22:34	04:25:15	05:17:39	**05:45:40.05**	**05:47:21.00**	+02:05:26 (36.1%)	7:51	7.6 (63.9%)
75	**LEWANDOWSKA Olga**	**262**		K30	32	02:11:54	03:26:44	04:33:34	05:22:07	**05:47:27.15**	**05:48:59.35**	+02:07:04 (36.4%)	7:53	7.6 (63.9%)
76	**KOWALEWSKA Dorota**	**231**	SPARTANIE DZIECIOM	K50	6	02:15:09	03:29:48	04:31:44	05:20:50	**05:48:31.40**	**05:50:13.10**	+02:08:18 (36.6%)	7:55	7.6 (63.9%)
77	**PARYSZ Anna**	**346**	STARE BABICE BIEGAJĄ	K50	7	02:11:08	03:27:27	04:32:00	05:23:41	**05:50:34.60**	**05:51:33.25**	+02:09:38 (36.9%)	7:58	7.5 (63.0%)
78	**BAC Żaneta**	**18**	JACEKBIEGA TRAINERS TEAM	K30	33	01:56:01	03:08:44	04:11:09	05:16:20	**05:51:46.55**	**05:51:50.05**	+02:09:55 (36.9%)	7:59	7.5 (63.0%)
79	**KOSEWSKA Monika**	**225**	BRAVEHEARTS LEGIONOWO	K40	30	02:08:34	03:27:43	04:32:51	05:21:57	**05:51:26.60**	**05:52:44.70**	+02:10:50 (37.1%)	7:59	7.5 (63.0%)
80	**CHRUŚCIEL Dorota**	**60**		K50	8	02:13:25	03:29:29	04:37:58	05:27:04	**05:51:55.70**	**05:53:15.40**	+02:11:20 (37.2%)	7:59	7.5 (63.0%)
81	**BOHDZIEWICZ Izabela**	**41**	WKURW_TEAM	K30	34	02:08:17	03:21:35	04:29:51	05:23:12	**05:52:07.30**	**05:53:47.45**	+02:11:52 (37.3%)	8:00	7.5 (63.0%)
82	**GARCARZ Monika**	**115**		K40	31	02:11:58	03:29:23	04:33:12	05:28:43	**05:55:11.70**	**05:55:25.85**	+02:13:31 (37.6%)	8:04	7.4 (62.2%)
83	**NIEMCZAK Basia**	**323**	IPA PAŁAC MOSTOWSKICH KSP	K30	35	02:13:05	03:31:43	04:36:18	05:28:46	**05:56:22.25**	**05:58:29.95**	+02:16:35 (38.1%)	8:05	7.4 (62.2%)
84	**TOMAKA Agnieszka**	**461**		K40	32	02:04:16	03:18:49	04:29:56	05:29:27	**05:59:50.55**	**06:00:46.95**	+02:18:52 (38.5%)	8:10	7.3 (61.3%)
85	**SKAŁA Sabina**	**399**	THE FORT	K40	33	02:11:49	03:25:58	04:31:07	05:29:28	**06:00:03.30**	**06:00:59.05**	+02:19:04 (38.5%)	8:11	7.3 (61.3%)
86	**ZACHARZYŃSKA Katarzyna**	**517**	ORANGE POLSKA	K30	36	02:14:49	03:32:34	04:45:45	05:37:10	**06:02:50.75**	**06:04:52.20**	+02:22:57 (39.2%)	8:14	7.3 (61.3%)
87	**KAWA Barbara**	**192**	MARATOŃCZYK DĘBICA	K30	37	02:16:30	03:41:36	04:47:40	05:40:24	**06:05:59.75**	**06:07:25.20**	+02:25:30 (39.6%)	8:19	7.2 (60.5%)
88	**DOBROWOLSKA Grażyna**	**75**	MARATONCZYK DĘBICA	K40	34	02:16:03	03:41:34	04:47:40	05:40:09	**06:05:58.50**	**06:07:25.50**	+02:25:30 (39.6%)	8:19	7.2 (60.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 18km	Za Skrzyżowaniem 27.6km	Brzeziniak 34.4km	Przed Skrzyżowaniem 40.5km	Czas netto 44km	Czas brutto 44km	Różn	Tempo min/km	Tempo km/h
89	**WRZOSEK Justyna**	**513**	TSA SANDOMIERZ	K30	38	02:12:11	03:31:42	04:48:05	05:42:42	**06:07:15.10**	**06:08:03.55**	+02:26:08 (39.7%)	8:20	7.2 (60.5%)
90	**PAWELEC Justyna**	**352**	TSA SANDOMIERZ	K30	39	02:12:11	03:31:43	04:47:59	05:42:42	**06:07:15.40**	**06:08:04.15**	+02:26:09 (39.7%)	8:20	7.2 (60.5%)
91	**KUC Małgorzata**	**247**		K40	35	02:06:50	03:26:34	04:40:24	05:37:37	**06:08:59.10**	**06:10:24.95**	+02:28:30 (40.1%)	8:23	7.2 (60.5%)
92	**GŁUCHOWSKA Natalia**	**127**		K20	9	02:07:49	03:31:29	04:39:32	05:41:19	**06:11:05.25**	**06:11:41.45**	+02:29:46 (40.3%)	8:26	7.1 (59.7%)
93	**SIKORSKA Agnieszka**	**397**	EKOBIEGI WARSZAWA	K40	36	02:18:49	03:36:14	04:47:37	05:41:40	**06:11:11.90**	**06:12:48.05**	+02:30:53 (40.5%)	8:26	7.1 (59.7%)
94	**TOKARSKA Bożena**	**458**	#ADAMCZERWIŃSKITEAM	K40	37	02:10:43	03:34:43	04:51:22	05:42:07	**06:12:17.25**	**06:13:13.75**	+02:31:19 (40.5%)	8:27	7.1 (59.7%)
95	**CAPINSKA Anna**	**53**		K40	38	02:10:54	03:34:40	04:51:23	05:42:16	**06:12:17.70**	**06:13:14.70**	+02:31:20 (40.5%)	8:27	7.1 (59.7%)
96	**WYDRO Agata**	**515**	FUN & RUN	K40	39	02:13:20	03:37:23	04:58:02	05:47:30	**06:13:18.95**	**06:14:11.50**	+02:32:16 (40.7%)	8:29	7.1 (59.7%)
97	**ORNACKA Magdalena**	**340**		K30	40	02:16:34	03:43:17	04:53:13	05:46:37	**06:15:34.25**	**06:15:49.65**	+02:33:54 (41.0%)	8:32	7 (58.8%)
98	**SZEWCZYK Katarzyna**	**440**	MONKEYS' TEAM	K40	40	02:21:18	03:45:44	04:53:02	05:46:19	**06:15:16.35**	**06:16:29.90**	+02:34:35 (41.1%)	8:31	7 (58.8%)
99	**SZUMNA Aleksandra**	**447**	MONKEYS' TEAM	K30	41	02:21:18	03:45:44	04:53:02	05:46:20	**06:15:17.35**	**06:16:30.60**	+02:34:35 (41.1%)	8:31	7 (58.8%)
100	**WARDA Agnieszka**	**479**		K30	42	02:23:09	03:45:52	04:56:02	05:48:41	**06:16:48.40**	**06:17:31.95**	+02:35:37 (41.2%)	8:33	7 (58.8%)
101	**MALEC Basia**	**284**		K50	9	02:23:00	03:45:50	04:56:02	05:48:41	**06:16:53.05**	**06:17:36.95**	+02:35:42 (41.2%)	8:33	7 (58.8%)
102	**DANIŁ Monika**	**71**		K40	41	02:16:30	03:44:47	04:57:18	05:47:59	**06:16:46.20**	**06:18:02.30**	+02:36:07 (41.3%)	8:33	7 (58.8%)
103	**WÓJCIK Monika**	**511**		K40	42	02:13:58	03:40:34	04:59:47	05:52:39	**06:19:12.70**	**06:19:20.45**	+02:37:25 (41.5%)	8:37	7 (58.8%)
104	**FIDALI Beata**	**97**	KLUB PODRÓŻNIKÓW ŚRÓDZIEMIE	K30	43	02:19:31	03:42:16	04:51:02	05:46:36	**06:18:37.75**	**06:20:02.90**	+02:38:08 (41.6%)	8:36	7 (58.8%)
105	**KARBOWSKA Beata**	**186**		K40	43	02:14:44	03:40:28	04:59:44	05:53:05	**06:21:48.35**	**06:21:55.90**	+02:40:01 (41.9%)	8:40	6.9 (58.0%)
106	**SZCZEPANIAK Agnieszka**	**438**		K40	44	02:16:32	03:44:48	04:57:20	05:52:15	**06:23:07.55**	**06:24:22.75**	+02:42:28 (42.3%)	8:42	6.9 (58.0%)
107	**KŁOPOTOWSKA-SOSNA Katarzyna**	**208**	UNLIMITED TRIATHLON TEAM	K50	10	02:18:43	03:40:37	04:59:39	05:55:03	**06:26:30.30**	**06:26:39.10**	+02:44:44 (42.6%)	8:47	6.8 (57.1%)
108	**SYGUŁA Katarzyna**	**435**	WKURW_TEAM	K40	45	02:19:33	03:39:35	04:59:01	05:59:40	**06:27:24.90**	**06:28:53.85**	+02:46:59 (42.9%)	8:48	6.8 (57.1%)
109	**OKSIEJUK-WASILEWSKA Anna**	**332**		K40	46	02:26:52	03:46:54	05:05:15	06:01:35	**06:30:57.10**	**06:32:55.75**	+02:51:01 (43.5%)	8:53	6.8 (57.1%)
110	**WINIARSKA Izabela**	**495**	EKOBIEGI	K40	47	02:18:56	03:54:42	05:10:16	06:03:31	**06:31:48.45**	**06:33:25.85**	+02:51:31 (43.6%)	8:54	6.7 (56.3%)
111	**MARONDEL Katarzyna**	**288**	FESTIWAL BIEGOWY	K30	44	02:28:32	03:52:49	05:08:51	06:10:43	**06:41:34.55**	**06:42:48.10**	+03:00:53 (44.9%)	9:07	6.6 (55.5%)
112	**JEDLIŃSKA Izabela**	**547**	MARATOŃCZYK DĘBICA	K40	48	02:23:44	03:48:20	05:02:06	06:08:54	**06:41:10.50**	**06:43:25.85**	+03:01:31 (45.0%)	9:07	6.6 (55.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Roztoki 18km	Za Skrzyżowaniem 27.6km	Brzeziniak 34.4km	Przed Skrzyżowaniem 40.5km	Czas netto 44km	Czas brutto 44km	Różn	Tempo min/km	Tempo km/h
113	**CYMBORSKA Jolanta**	**63**	WARSAW RUN CLUB	K30	45	02:19:19	03:58:59	05:29:02	06:24:17	**06:52:53.80**	**06:54:09.50**	+03:12:14 (46.4%)	9:23	6.4 (53.8%)
114	**SOBOTKA Monika**	**411**	WARSAW RUN CLUB	K40	49	02:19:21	03:58:59	05:29:03	06:24:17	**06:52:55.15**	**06:54:11.35**	+03:12:16 (46.4%)	9:23	6.4 (53.8%)
115	**FEDOR Alicja**	**94**	FITSMILE	K30	46	02:38:31	04:03:15	05:23:56	06:23:57	**07:03:04.35**	**07:04:27.85**	+03:22:33 (47.7%)	9:36	6.2 (52.1%)
116	**WOŹNIAK Sylwia**	**510**		K30	47	02:43:34	04:03:15	05:39:44	06:43:22	**07:16:34.70**	**07:18:47.20**	+03:36:52 (49.4%)	9:55	6 (50.4%)
117	**ŚWISZCZ Sylwia**	**452**	EXTREME WOLF	K30	48	02:34:33	04:01:35	05:42:13	06:48:19	**07:21:30.85**	**07:22:30.30**	+03:40:35 (49.9%)	10:02	6 (50.4%)
118	**ŁYSUNIAK-STRAUCH Aleksandra**	**275**	DOGOŃ GRODZISK MAZOWIECKI	K30	49	02:25:33	03:54:08	05:53:39	07:04:28	**07:42:01.10**	**07:43:54.80**	+04:02:00 (52.2%)	10:30	5.7 (47.9%)
119	**DUNIEC Małgorzata**	**85**	DOGOŃ GRODZISK MAZOWIECKI	K30	50	02:25:30	03:54:02	05:52:50	07:04:26	**07:42:01.20**	**07:43:54.85**	+04:02:00 (52.2%)	10:30	5.7 (47.9%)
	LATUSEK Wioletta	**560**		K30		02:57:30 DNF	DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)
	ZIELIŃSKA Ewelina	**561**		K30		02:57:32 DNF	DNF	DNF	DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 121 wynik(ów)