

VI ZIMOWY MARATON BIESZCZADZKI 2020 - 44KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: Zimowy Maraton Bieszczadzki 2020
Organizator: Fundacja Bieg Rzeźnika
Data: 2020-01-25
Miejsce: Cisna
Dystans: 44 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Za		Przed		Czas netto 44km	Czas brutto 44km	Różn	Tempo min/km	Tempo km/h
						Roztoki 18km	Skrzyżowaniem 27.6km	Brzeziniak 34.4km	Skrzyżowaniem 40.5km					
1	KOCOŃ Mariusz	559	10BLOG	M50	1	01:38:41	02:29:16	03:10:57	03:46:42	04:05:02.45	04:06:51.35		5:34	10.8 (100%)
2	JASTRZĄB Piotr	163	DEKAN LESKO	M50	2	01:36:43	02:28:39	03:14:40	03:54:43	04:15:13.05	04:15:23.10	+00:08:31 (3.3%)	5:48	10.3 (95.4%)
3	FRYSIAK Artur	107	WIELUŃ ULTRA	M50	3	01:35:17	02:27:43	03:13:54	03:53:43	04:15:47.55	04:15:58.45	+00:09:07 (3.6%)	5:48	10.3 (95.4%)
4	TERLECKI Krzysztof	455	CHEŁ BIEGA	M50	4	01:42:57	02:36:39	03:20:55	04:00:28	04:20:37.95	04:21:02.70	+00:14:11 (5.4%)	5:55	10.1 (93.5%)
5	BARĆ Piotr	26	PLANETA NISKO	M50	5	01:41:36	02:36:12	03:22:39	04:05:30	04:27:33.75	04:27:59.75	+00:21:08 (7.9%)	6:04	9.9 (91.7%)
6	KRAUZE Tomasz	236	GB WROCŁAWSKIE MORSY	M50	6	01:45:44	02:42:30	03:27:31	04:08:03	04:27:51.60	04:28:50.15	+00:21:58 (8.2%)	6:05	9.9 (91.7%)
7	SUWEZDA Jacek	431	DZIKA CZEWA	M50	7	01:40:36	02:35:49	03:25:47	04:09:08	04:31:03.00	04:31:41.95	+00:24:50 (9.1%)	6:09	9.7 (89.8%)
8	LANGER Waldemar	258		M50	8	01:43:15	02:42:20	03:28:45	04:10:29	04:31:22.85	04:31:52.65	+00:25:01 (9.2%)	6:10	9.7 (89.8%)
9	KALTENBERG Janusz	180		M50	9	01:52:07	02:47:52	03:30:49	04:12:00	04:32:28.15	04:33:21.30	+00:26:29 (9.7%)	6:11	9.7 (89.8%)
10	WALKOWSKI Tomasz	477	JACEKBIEGA RUNNING TEAM	M50	10	01:43:31	02:42:48	03:32:18	04:13:07	04:33:03.10	04:34:28.40	+00:27:37 (10.1%)	6:12	9.7 (89.8%)
11	TOMAS Dariusz	462	TRIATHLON JAROSŁAW	M50	11	01:52:21	02:50:59	03:38:01	04:19:15	04:41:15.75	04:42:08.35	+00:35:17 (12.5%)	6:23	9.4 (87.0%)
12	PAWELEC Piotr	351		M50	12	01:39:04	02:39:13	03:39:54	04:20:47	04:41:51.40	04:42:16.75	+00:35:25 (12.5%)	6:24	9.4 (87.0%)
13	SACHANBINSKI Olek	387	LABOSPORT POLSKA	M50	13	01:45:44	02:44:25	03:36:38	04:19:01	04:41:31.00	04:42:46.05	+00:35:54 (12.7%)	6:23	9.4 (87.0%)
14	TUTAJ Krzysztof	467		M50	14	01:55:54	02:56:13	03:42:06	04:21:46	04:42:00.85	04:43:00.05	+00:36:08 (12.8%)	6:24	9.4 (87.0%)
15	PORĘBA Eugeniusz	362	MIECHÓW	M50	15	01:47:19	02:47:28	03:39:26	04:22:43	04:46:10.15	04:46:32.95	+00:39:41 (13.9%)	6:30	9.2 (85.2%)
16	FALKOWSKI Piotr	550	KS PEGAZ PIASECZNO	M50	16	01:47:45	02:48:42	03:44:11	04:25:02	04:45:00.10	04:46:44.10	+00:39:52 (13.9%)	6:28	9.3 (86.1%)
17	GIERSZEWSKI Czarek	124	ZAŁOGA G	M50	17	01:51:27	02:50:48	03:42:09	04:25:55	04:47:42.20	04:47:58.10	+00:41:06 (14.3%)	6:32	9.2 (85.2%)

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						Roztoki 18km	Skrzyżowaniem 27.6km	Brzeziniak 34.4km	Skrzyżowaniem 40.5km					
18	POREMBSKI Leszek	361		M50	18	01:48:26	02:48:59	03:43:48	04:27:03	04:50:01.15	04:50:38.55	+00:43:47 (15.1%)	6:35	9.1 (84.3%)
19	LEŚNIAK Dariusz	261		M50	19	01:49:08	02:52:30	03:45:39	04:27:51	04:50:18.45	04:50:58.50	+00:44:07 (15.2%)	6:35	9.1 (84.3%)
20	LIK Marek	265	CHEŁM BIEGA	M50	20	01:52:03	02:51:05	03:43:24	04:28:17	04:53:24.95	04:53:57.30	+00:47:05 (16.0%)	6:40	9 (83.3%)
21	OLEJNIK Krzysztof	333	ROZBIEGAMY NOWY DWÓR	M50	21	02:03:41	03:04:39	03:51:43	04:31:24	04:52:02.30	04:54:01.90	+00:47:10 (16.0%)	6:38	9 (83.3%)
22	PASZKIEL Artur	347		M50	22	01:53:21	02:55:27	03:49:51	04:33:06	04:55:23.45	04:56:44.40	+00:49:53 (16.8%)	6:42	8.9 (82.4%)
23	ŻARCZYŃSKI Mariusz	535	3:33 TEAM	M50	23	01:58:04	03:00:40	03:50:21	04:35:37	04:58:00.15	04:58:46.50	+00:51:55 (17.4%)	6:46	8.9 (82.4%)
24	SIEMIĘNCZUK Robert	395		M50	24	01:58:04	03:00:40	03:53:15	04:34:59	04:58:00.45	04:58:47.10	+00:51:55 (17.4%)	6:46	8.9 (82.4%)
25	BEHRENDT Bartek	554		M50	25	02:02:32	03:07:35	03:55:43	04:36:55	04:57:43.75	04:59:21.05	+00:52:29 (17.5%)	6:46	8.9 (82.4%)
26	KOCHANIEC Waldemar	214	TKKF SOKÓŁ GŁOGÓW MAŁOPOLSKI	M50	26	01:46:51	02:51:18	03:51:05	04:36:14	04:59:00.40	05:00:08.40	+00:53:17 (17.8%)	6:47	8.8 (81.5%)
27	PIEKARSKI Wojciech	357		M50	27	01:55:57	03:00:27	03:57:01	04:39:53	05:01:42.00	05:02:44.80	+00:55:53 (18.5%)	6:51	8.8 (81.5%)
28	WARZYCHA Krzysztof	481	MAXEL	M50	28	01:59:32	03:05:25	03:58:11	04:43:21	05:05:46.90	05:06:45.20	+00:59:53 (19.5%)	6:56	8.6 (79.6%)
29	MAJTYKA Tomasz	279	LOS TREPOS COMPANIEROS	M50	29	02:01:48	03:08:44	04:07:16	04:48:16	05:08:12.50	05:09:39.85	+01:02:48 (20.3%)	7:00	8.6 (79.6%)
30	RYCHLIK Zbigniew	385	MIŁOŚĆ JEST CIERPLIWA	M50	30	01:52:25	02:59:32	04:01:57	04:47:57	05:09:37.35	05:11:00.50	+01:04:09 (20.6%)	7:02	8.5 (78.7%)
31	BARAŃSKI Michał	25		M50	31	01:59:51	03:06:40	04:05:34	04:51:11	05:15:26.60	05:15:44.75	+01:08:53 (21.8%)	7:10	8.4 (77.8%)
32	KOTOWSKI Andrzej	229		M50	32	01:53:02	03:04:50	04:08:50	04:56:49	05:23:48.35	05:24:29.55	+01:17:38 (23.9%)	7:21	8.2 (75.9%)
33	JEZIORNY Ryszard	167	WIELUŃ BIEGA	M50	33	02:04:52	03:18:59	04:21:54	05:06:49	05:28:37.60	05:29:33.70	+01:22:42 (25.1%)	7:28	8 (74.1%)
34	BURY Marek	51		M50	34	02:05:15	03:14:17	04:17:56	05:07:58	05:32:40.20	05:33:52.80	+01:27:01 (26.1%)	7:33	7.9 (73.1%)
35	ZIELONKA Mariusz	528	CENTRUM SZKOLENIA WOJSK LĄDOWYCH POZNAŃ	M50	35	02:12:04	03:23:04	04:18:52	05:08:25	05:33:51.50	05:35:44.10	+01:28:52 (26.5%)	7:35	7.9 (73.1%)
36	KAJA Robert	178	WIELUN BIEGA	M50	36	02:04:52	03:19:14	04:20:02	05:09:21	05:34:50.80	05:35:47.65	+01:28:56 (26.5%)	7:36	7.9 (73.1%)
37	GŁÓWKA Alfred	126	KARCZMA U FREDA	M50	37	02:02:31	03:19:03	04:24:42	05:15:37	05:40:20.15	05:41:05.25	+01:34:13 (27.6%)	7:44	7.8 (72.2%)
38	JÓZEPIAK Jakub	171	BOKONIONI	M50	38	02:08:08	03:28:14	04:29:11	05:19:25	05:43:49.15	05:45:34.05	+01:38:42 (28.6%)	7:48	7.7 (71.3%)
39	KUBASIEWICZ Paweł	245		M50	39	01:59:47	03:24:54	04:31:18	05:23:55	05:52:20.05	05:52:40.20	+01:45:48 (30.0%)	8:00	7.5 (69.4%)
40	DRABIK Jacek	558		M50	40	02:04:09	03:23:34	04:33:14	05:28:00	05:55:07.45	05:55:36.90	+01:48:45 (30.6%)	8:04	7.4 (68.5%)
41	MOREK Krzysztof	310		M50	41	02:08:15	03:28:45	04:34:51	05:29:21	05:59:10.00	05:59:19.60	+01:52:28 (31.3%)	8:09	7.4 (68.5%)
42	WYSOKIŃSKI Jerzy	516	ORANGE POLSKA	M50	42	02:14:51	03:32:34	04:48:48	05:37:09	05:57:23.15	05:59:25.55	+01:52:34 (31.3%)	8:07	7.4 (68.5%)

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43	ZMYJ Mariusz	531	#ADAMCZERWIŃSKITEAM	M50	43	02:07:17	03:27:51	04:43:49	05:42:09	06:20:15.50	06:20:37.10	+02:13:45 (35.1%)	8:38	6.9 (63.9%)
44	ADAMCZYK Wojciech	10	WEST COAST RUNNERS CYPRUS	M50	44	02:17:11	03:43:14	05:08:44	06:06:57	06:37:07.90	06:38:36.75	+02:31:45 (38.1%)	9:01	6.6 (61.1%)
45	OBARSKI Norbert	329		M50	45	02:18:03	03:48:04	05:04:26	06:05:24	06:39:26.85	06:41:24.45	+02:34:33 (38.5%)	9:04	6.6 (61.1%)
46	OLSZAK Zenon	336		M50	46	02:19:18	03:58:59	05:29:02	06:24:15	06:52:54.00	06:54:12.10	+02:47:20 (40.4%)	9:23	6.4 (59.3%)
47	BIERNACKI Tomasz	34	FREE HUNTERS POLAND & ADVENTURE SEEKERS	M50	47	02:31:06	03:54:47	05:10:41	06:18:16	06:54:19.90	06:56:07.80	+02:49:16 (40.7%)	9:25	6.4 (59.3%)
48	CHABROS Jacek	54	ETREMEWOLF	M50	48	02:34:31	04:00:20	05:42:18	06:48:19	07:21:30.50	07:22:30.30	+03:15:38 (44.2%)	10:02	6 (55.6%)

Znaleziono 48 wynik(ów)