



VII BIEG OLIWSKI - 10 KM

B4SPORT

Wydarzenie:
Organizator:

VII BIEG OLIWSKI
Fundacja Silni Ciałem Niezłomni Duchem, Rada
Dzielniczy Oliwa, Sportevo Triathlon Team
2019-10-13
Gdańsk
10 km

Data:
Miejsce:
Dystans:



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	POBŁOCKI Piotr	121	UKS EKONOMIK - MARATOŃCZYK ŁĘBORK	M50-59	1	00:36:29.75		3:38	16.4 (100%)
2	WYSŁOUCH Michał	189	TRI TALENT TEAM	M30-39	1	00:37:32.15	+00:01:02 (2.8%)	3:45	16 (97.6%)
3	MODERHAK Mateusz	99		M30-39	2	00:37:44.90	+00:01:15 (3.3%)	3:46	15.9 (97.0%)
4	SAMSONOV Sergey	137		M30-39	3	00:37:56.90	+00:01:27 (3.8%)	3:47	15.8 (96.3%)
5	PALASCHKE Michał	108	SPORTOWY MAJKEL	M18-29	1	00:39:26.00	+00:02:56 (7.4%)	3:56	15.2 (92.7%)
6	PEPLIŃSKI Grzegorz	111		M40-49	1	00:41:00.40	+00:04:30 (11.0%)	4:06	14.6 (89.0%)
7	LACHOWICZ Adrian	83		M30-39	4	00:41:33.10	+00:05:03 (12.2%)	4:09	14.4 (87.8%)
8	KANKOWSKI Paweł	221	GKS KASZUBI LUZINO	M30-39	5	00:41:37.85	+00:05:08 (12.3%)	4:09	14.4 (87.8%)
9	ZAREMBA Marcin	194	AUTOPAY TEAM	M40-49	2	00:43:05.85	+00:06:36 (15.3%)	4:18	13.9 (84.8%)
10	GRAF Remigiusz	40	TURBO RUN LESZNO	M50-59	2	00:43:34.60	+00:07:04 (16.2%)	4:21	13.8 (84.1%)
11	KUŹNIAR Wojciech	80	DREAM TRI TEAM	M30-39	6	00:43:57.80	+00:07:28 (17.0%)	4:23	13.6 (82.9%)
12	FRĄCKOWIAK Bartłomiej	34		M40-49	3	00:44:18.30	+00:07:48 (17.6%)	4:25	13.5 (82.3%)
13	KOŁTUNIAK Zbigniew	64	EPAM TEAM	M30-39	7	00:44:35.60	+00:08:05 (18.2%)	4:27	13.5 (82.3%)
14	SZYMAŃSKI Artur	167	LOTOS TEAM	M50-59	3	00:45:15.50	+00:08:45 (19.4%)	4:31	13.3 (81.1%)
15	BARAŃSKI Piotr	8		M30-39	8	00:45:21.90	+00:08:52 (19.6%)	4:32	13.2 (80.5%)
16	DONIECKI Marcin	223		M30-39	9	00:45:28.30	+00:08:58 (19.7%)	4:32	13.2 (80.5%)
17	BABEROWSKI Marek	4		M50-59	4	00:45:53.95	+00:09:24 (20.5%)	4:35	13.1 (79.9%)
18	FOTEK Wojciech	33	II LO W GDYNI	M18-29	2	00:46:19.05	+00:09:49 (21.2%)	4:37	13 (79.3%)
19	SUŁEK Grzegorz	156	JEPPESEN POLAND	M30-39	10	00:46:30.20	+00:10:00 (21.5%)	4:39	12.9 (78.7%)
20	SZCZĘSNY Tomasz	232		M40-49	4	00:46:36.00	+00:10:06 (21.7%)	4:39	12.9 (78.7%)
21	KWIATKOWSKI Grzegorz	81	F3TEAM	M40-49	5	00:46:44.65	+00:10:14 (21.9%)	4:40	12.8 (78.0%)
22	WOJSA Marcin	188		M30-39	11	00:46:59.90	+00:10:30 (22.3%)	4:41	12.8 (78.0%)
23	GRZADKA Karol	44	THYSSENKRUPP RUNNING TEAM	M30-39	12	00:47:11.45	+00:10:41 (22.7%)	4:43	12.7 (77.4%)
24	FELD Maciej	32	SANTANDER RUNNERS TEAM	M60-69	1	00:47:40.80	+00:11:11 (23.5%)	4:46	12.6 (76.8%)
25	STYLSKI Michał	155	MİŞKI	M30-39	13	00:47:56.65	+00:11:26 (23.9%)	4:47	12.5 (76.2%)
26	GRABOWSKI Grzegorz	230	ASTMA GDAŃSK	M40-49	6	00:48:12.80	+00:11:43 (24.3%)	4:49	12.4 (75.6%)
27	TOMKIEL Piotr	175		M30-39	14	00:49:06.30	+00:12:36 (25.7%)	4:54	12.2 (74.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						10km			
28	BISEWSKI Piotr	15		M18-29	3	00:49:11.15	+00:12:41 (25.8%)	4:55	12.2 (74.4%)
29	ZAWACKI Daniel	195	PATMAT	M18-29	4	00:49:12.60	+00:12:42 (25.8%)	4:55	12.2 (74.4%)
30	GAJDUS Wiktor	37	DCT DRUŻYNA BIEGOWA	M30-39	15	00:49:15.20	+00:12:45 (25.9%)	4:55	12.2 (74.4%)
31	PĘSKO Michał	112		M40-49	7	00:49:27.15	+00:12:57 (26.2%)	4:56	12.1 (73.8%)
32	URBANIAK Marek	178	SZKOŁA PODSTAWOWA NR 35 W GDAŃSKU OLIIWIE	M40-49	8	00:49:27.65	+00:12:57 (26.2%)	4:56	12.1 (73.8%)
33	WNOROWSKI Wojciech	187		M30-39	16	00:49:54.10	+00:13:24 (26.9%)	4:59	12 (73.2%)
34	LIPKOWSKI Paweł	88	3ATHLETE.PL	M30-39	17	00:50:10.90	+00:13:41 (27.3%)	5:01	12 (73.2%)
35	KUDREWICZ Mirek	75	SPORTEVO	M50-59	5	00:50:34.70	+00:14:04 (27.8%)	5:03	11.9 (72.6%)
36	ROSZYK Paweł	132	JP BIEGAĆ Z PASJĄ	M50-59	6	00:50:40.05	+00:14:10 (28.0%)	5:04	11.8 (72.0%)
37	SŁOMKOWSKI Mateusz	143		M18-29	5	00:50:43.70	+00:14:13 (28.1%)	5:04	11.8 (72.0%)
38	KACPRZAK Marcin	58	ZPORTOWE KNURY	M30-39	18	00:50:52.10	+00:14:22 (28.3%)	5:05	11.8 (72.0%)
39	SZCZEPAŃSKI Adrian	159	KLUB BIEGACZY JYSK	M30-39	19	00:51:44.30	+00:15:14 (29.5%)	5:10	11.6 (70.7%)
40	SOBIERAJ Grzegorz	145		M30-39	20	00:51:48.10	+00:15:18 (29.5%)	5:10	11.6 (70.7%)
41	BRZÓSKA Szymon	231	HELL SQUAD	M30-39	21	00:51:51.30	+00:15:21 (29.6%)	5:11	11.6 (70.7%)
42	WANSKI Witold	180		M30-39	22	00:52:00.65	+00:15:30 (29.8%)	5:12	11.5 (70.1%)
43	HORSTEN Peter	52	ASPIRE POWER CLUB	M50-59	7	00:52:13.75	+00:15:44 (30.1%)	5:13	11.5 (70.1%)
44	SZAMOTULSKI Tomasz	157	LECHIA GDAŃSK	M40-49	9	00:52:56.50	+00:16:26 (31.1%)	5:17	11.3 (68.9%)
45	NIEMIERA Jędrzej	104		M18-29	6	00:53:20.50	+00:16:50 (31.6%)	5:20	11.3 (68.9%)
46	KOWALSKI Marcin	214		M50-59	8	00:53:23.35	+00:16:53 (31.6%)	5:20	11.2 (68.3%)
47	SZUFARSKI Przemek	162	SZUFARY	M30-39	23	00:53:26.40	+00:16:56 (31.7%)	5:20	11.2 (68.3%)
48	MOŁĘDA Dariusz	100	CERVEZA TEAM	M40-49	10	00:53:37.45	+00:17:07 (31.9%)	5:21	11.2 (68.3%)
49	BŁAWAT Michał	16	TIGER	M40-49	11	00:53:46.10	+00:17:16 (32.1%)	5:22	11.2 (68.3%)
50	KITOWSKI Dawid	208	DKMO	M30-39	24	00:54:29.75	+00:18:00 (33.0%)	5:27	11 (67.1%)
51	BŁAWAT Marcin	222		M30-39	25	00:54:37.15	+00:18:07 (33.2%)	5:27	11 (67.1%)
52	FALBA Paweł	31	BORYS TEAM	M30-39	26	00:54:43.75	+00:18:14 (33.3%)	5:28	11 (67.1%)
53	SZUTOWICZ Marek	164		M40-49	12	00:55:31.85	+00:19:02 (34.3%)	5:33	10.8 (65.9%)
54	SZYDŁOWSKI Gaweł	166	ŁÓDŹ RATUNKOWA	M18-29	7	00:56:09.80	+00:19:40 (35.0%)	5:37	10.7 (65.2%)
55	BARTUŚ Alan	12		M18-29	8	00:57:01.00	+00:20:31 (36.0%)	5:42	10.5 (64.0%)
56	EASTWOOD Denise	30		M40-49	13	00:57:17.25	+00:20:47 (36.3%)	5:43	10.5 (64.0%)
57	KRZYSZTOFIAK Marek	73	GRUPA TRÓJMIASTO	M60-69	2	00:57:33.40	+00:21:03 (36.6%)	5:45	10.4 (63.4%)
58	OLEJARCZYK Piotr	213		M50-59	9	00:58:16.45	+00:21:46 (37.4%)	5:49	10.3 (62.8%)
59	POLAK Lucjan	123	KLUB BIEGACZY JYSK	M40-49	14	00:58:41.20	+00:22:11 (37.8%)	5:52	10.2 (62.2%)
60	RYCHLIICKI Paweł	133	RYCHLICCY TEAM	M30-39	27	00:59:13.35	+00:22:43 (38.4%)	5:55	10.1 (61.6%)
61	BUKOWSKI Andrzej	218		M50-59	10	00:59:22.50	+00:22:52 (38.5%)	5:56	10.1 (61.6%)
62	ROGOCKI Jarosław	131	PATMAT	M40-49	15	01:00:04.30	+00:23:34 (39.2%)	6:00	10 (61.0%)
63	KURAJK Paweł	79		M30-39	28	01:00:41.80	+00:24:12 (39.9%)	6:04	9.9 (60.4%)
64	POLIKOWSKI Patryk	124		M40-49	16	01:00:43.50	+00:24:13 (39.9%)	6:04	9.9 (60.4%)
65	LICHŚ Jarosław	86		M40-49	17	01:01:38.55	+00:25:08 (40.8%)	6:09	9.7 (59.1%)
66	SAWUŁA Andrzej	138	BUŁA I SUCHAR	M40-49	18	01:02:03.20	+00:25:33 (41.2%)	6:12	9.7 (59.1%)
67	LORENC Krzysztof	89	SANTANDER BANK POLSKA	M40-49	19	01:02:40.60	+00:26:10 (41.8%)	6:16	9.6 (58.5%)
68	SZYDŁOWSKI Mirosław	165		M50-59	11	01:02:52.75	+00:26:23 (42.0%)	6:17	9.5 (57.9%)
69	GĘBSKI Andrzej	38		M30-39	29	01:02:55.95	+00:26:26 (42.0%)	6:17	9.5 (57.9%)
70	BABIŃSKI Sebastian	5		M18-29	9	01:02:56.10	+00:26:26 (42.0%)	6:17	9.5 (57.9%)
71	JANKOWSKI Mateusz	56		M18-29	10	01:03:38.80	+00:27:09 (42.7%)	6:21	9.4 (57.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
72	KURAJK Marian	78		M60-69	3	01:07:02.70	+00:30:32 (45.6%)	6:42	8.9 (54.3%)
73	SZCZĘSNY Tadeusz	160	KACPERY	M60-69	4	01:10:50.45	+00:34:20 (48.5%)	7:05	8.5 (51.8%)
74	ADAMOWSKI Andrzej	227	UNICORN TEAM	M40-49	20	01:24:07.80	+00:47:38 (56.6%)	8:24	7.1 (43.3%)

Znaleziono 74 wynik(ów)