



VII BIEG OLIWSKI - 5 KM

B4SPORT

Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

VII BIEG OLIWSKI
Fundacja Silni Ciałem Niezłomni Duchem, Rada
Dzielniczy Oliwa, Sportevo Triathlon Team
2019-10-13
Gdańsk
5 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	RAKOCZY Marcin	201	ŻÓRAWSKI TEAM	M18-29	1	00:18:03.95		3:36	16.6 (100%)
2	HORSTEN Dorian	51	TRI TALENT TEAM GDANSK	M18-29	2	00:18:39.25	+00:00:35 (3.2%)	3:43	16.1 (97.0%)
3	BARWA Wojciech	13	#ADAMCZERWIŃSKITEAM	M18-29	3	00:19:03.15	+00:00:59 (5.2%)	3:48	15.7 (94.6%)
4	DZIWOSZ Paweł	29	BEZTLENOWI MALBORK	M30-39	1	00:19:03.95	+00:01:00 (5.2%)	3:48	15.7 (94.6%)
5	ŁOKUCIJEWSKI Patryk	92	BABILLONIA BABIENIEC	M18-29	4	00:19:27.15	+00:01:23 (7.1%)	3:53	15.4 (92.8%)
6	BALUT Michał	6	KEMIRA SPORT TEAM	M18-29	5	00:19:35.95	+00:01:32 (7.8%)	3:55	15.3 (92.2%)
7	PIETRZAK Jacek	114	RUN LOG.COM	M30-39	2	00:19:43.85	+00:01:39 (8.4%)	3:56	15.2 (91.6%)
8	WAŚKIEWICZ Sebastian	205		M30-39	3	00:19:59.75	+00:01:55 (9.7%)	4:00	15 (90.4%)
9	HORSTEN Bastian	50	TRI TALENT TEAM GDANSK	M16-17	1	00:20:00.40	+00:01:56 (9.7%)	4:00	15 (90.4%)
10	SKRZECZOWSKI Bartosz	142	JAGUAR GDAŃSK	M30-39	4	00:20:02.85	+00:01:58 (9.9%)	4:00	15 (90.4%)
11	HOLK-ŁEBIŃSKI Mateusz	49		M18-29	6	00:20:22.05	+00:02:18 (11.3%)	4:04	14.7 (88.6%)
12	NAWROCKI Dariusz	102		M30-39	5	00:20:25.90	+00:02:21 (11.6%)	4:05	14.7 (88.6%)
13	JANCZAK Sławomir	203	DREAM TRI TEAM	M30-39	6	00:20:31.40	+00:02:27 (12.0%)	4:06	14.6 (88.0%)
14	TORBICZ Piotr	176	THALES	M40-49	1	00:20:44.00	+00:02:40 (12.9%)	4:08	14.5 (87.3%)
15	ŻWIROWSKI Adam	206	GZSISS	M16-17	2	00:21:03.60	+00:02:59 (14.2%)	4:12	14.3 (86.1%)
16	WITCZAK Arkadiusz	184	IRONTEAM3CITY	M40-49	2	00:21:05.75	+00:03:01 (14.4%)	4:13	14.2 (85.5%)
17	PASZKOWSKI Paweł	110		M30-39	7	00:21:14.45	+00:03:10 (14.9%)	4:14	14.1 (84.9%)
18	NAWROCKI Mariusz	103		M40-49	3	00:21:50.75	+00:03:46 (17.3%)	4:22	13.7 (82.5%)
19	RZEPECKI Radek	134		M40-49	4	00:22:38.35	+00:04:34 (20.2%)	4:31	13.3 (80.1%)
20	BUGAJSKI Adam	18	POLANIE	M40-49	5	00:22:40.35	+00:04:36 (20.3%)	4:32	13.2 (79.5%)
21	WIECZOREK Tomasz	183		M50-59	1	00:22:41.80	+00:04:37 (20.4%)	4:32	13.2 (79.5%)
22	NOWOPOLSKI Leszek	106		M40-49	6	00:22:45.50	+00:04:41 (20.6%)	4:33	13.2 (79.5%)
23	KRÓL Michał	72		M30-39	8	00:22:56.65	+00:04:52 (21.3%)	4:35	13.1 (78.9%)
24	ZAŁEJASZ Sylwester	210		M30-39	9	00:23:14.50	+00:05:10 (22.3%)	4:38	12.9 (77.7%)
25	PIÓRKOWSKI Mariusz	116	TAKA RYBA	M30-39	10	00:23:22.95	+00:05:19 (22.7%)	4:40	12.8 (77.1%)
26	KUCHARSKI Paweł	74		M16-17	3	00:25:01.55	+00:06:57 (27.8%)	5:00	12 (72.3%)
27	BURDA Robert	19	GROM	M50-59	2	00:25:44.05	+00:07:40 (29.8%)	5:08	11.7 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
28	DUDA Krystian	28	CROSS ELITE	M30-39	11	00:26:08.50	+00:08:04 (30.9%)	5:13	11.5 (69.3%)
29	GRUBICH Marcin	42	APATOR METRIX S.A.	M30-39	12	00:26:44.45	+00:08:40 (32.4%)	5:20	11.2 (67.5%)
30	HINC Stanisław	48		M30-39	13	00:27:11.35	+00:09:07 (33.6%)	5:26	11 (66.3%)
31	BEGINSKI Sławomir	207		M40-49	7	00:27:11.70	+00:09:07 (33.6%)	5:26	11 (66.3%)
32	BARAN Seweryn	7	ŚWIAT PŁYTEK U KRYSPINA	M18-29	7	00:27:12.05	+00:09:08 (33.6%)	5:26	11 (66.3%)
33	KUKLIS Tomasz	77	OLIWA HOCKEY TEAM	M30-39	14	00:27:31.45	+00:09:27 (34.4%)	5:30	10.9 (65.7%)
34	WITCZAK Bartek	185	IRONTEAM3CITY	M16-17	4	00:27:45.45	+00:09:41 (34.9%)	5:33	10.8 (65.1%)
35	FRYCZKE Maciej	36	T-MOBILE SPORT TEAM	M30-39	15	00:27:58.90	+00:09:54 (35.4%)	5:35	10.7 (64.5%)
36	SZYMONIAK Jacek	168		M40-49	8	00:28:31.80	+00:10:27 (36.7%)	5:42	10.5 (63.3%)
37	LIEDTKE Dariusz	87	3ATHLETE	M40-49	9	00:28:47.45	+00:10:43 (37.3%)	5:45	10.4 (62.7%)
38	MIODUCKI Jakub	98		M18-29	8	00:29:03.10	+00:10:59 (37.8%)	5:48	10.3 (62.0%)
39	WERYSZKO Marek	182		M40-49	10	00:29:05.00	+00:11:01 (37.9%)	5:49	10.3 (62.0%)
40	ADAMOWICZ Michał	1	CURRENDA	M18-29	9	00:29:09.30	+00:11:05 (38.0%)	5:49	10.3 (62.0%)
41	JACHOWICZ Dariusz	202		M50-59	3	00:29:26.05	+00:11:22 (38.6%)	5:53	10.2 (61.4%)
42	WYSOCKI Mieczysław	192		M50-59	4	00:29:27.15	+00:11:23 (38.7%)	5:53	10.2 (61.4%)
43	ŁAPIŃSKI Paweł	90		M30-39	16	00:29:38.30	+00:11:34 (39.0%)	5:55	10.1 (60.8%)
44	PIOTROWSKI Marek	115		M40-49	11	00:29:59.10	+00:11:55 (39.8%)	5:59	10 (60.2%)
45	LEWANDOWSKI Przemysław	85	KIJANKA OSOWA	M30-39	17	00:31:04.75	+00:13:00 (41.9%)	6:13	9.7 (58.4%)
46	RZEPKA Jakob	136	AC MILAN	M18-29	10	00:31:25.90	+00:13:21 (42.5%)	6:17	9.5 (57.2%)
47	BĄKOWSKI Zbigniew	209		M60-69	1	00:33:11.75	+00:15:07 (45.6%)	6:38	9 (54.2%)
48	STAJKOWSKI Grzegorz	150		M30-39	18	00:35:04.70	+00:17:00 (48.5%)	7:01	8.6 (51.8%)
49	PAŁASZ Edmund	109		M70+	1	00:51:31.40	+00:33:27 (64.9%)	10:18	5.8 (34.9%)

Znalaziono 49 wynik(ów)