



Wydarzenie: Bieg Mikołajkowy
Organizator: Stowarzyszenie BiegamBoLubię Team Police
Data: 2019-12-01
Miejsce: Police
Dystans: 5 km

VII MARSZ MIKOŁAJKOWY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DOŁĘGOWSKI Marek	1	BKS MANIAK WOLIN	M-40	1	00:29:07.85	00:29:07.85		2:54	20.6 (100%)
2	NAKONIECZNY Grzegorz	2	EKSPEDYCJA NORDIC TEAM SZCZECIN	M-40	2	00:30:37.50	00:30:38.75	+00:01:30 (4.9%)	3:03	19.6 (95.1%)
3	ZDANUK Artur	338	EKSPEDYCJA NORDIC TEAM SZCZECIN	M-40	3	00:30:54.35	00:30:54.35	+00:01:46 (5.7%)	3:05	19.4 (94.2%)
4	LIPIŃSKI Karol	170	EKSPEDYCJA NORDIC TEAM SZCZECIN	M-40	4	00:31:40.60	00:31:43.05	+00:02:35 (8.2%)	3:10	18.9 (91.7%)
5	KAŻMIERCZAK Norbert	125	TUP TUP TEAM	M-40	5	00:32:03.80	00:32:05.70	+00:02:57 (9.2%)	3:12	18.7 (90.8%)
6	WRZOCHAL Mariusz	330	POLICE	M-40	6	00:32:37.15	00:32:39.65	+00:03:31 (10.8%)	3:15	18.4 (89.3%)
7	WITKOWSKI Artur	321	KOMPAS TEAM	M-40	7	00:33:46.75	00:33:46.75	+00:04:38 (13.8%)	3:22	17.8 (86.4%)
8	CHOJNACKI Paweł	39	GEBERIT TEAM	M-40	8	00:34:57.90	00:35:01.65	+00:05:53 (16.8%)	3:29	17.2 (83.5%)
9	ŁEMPKOWSKI Janusz	179	BBL POLICE	M-40	9	00:35:20.25	00:35:25.25	+00:06:17 (17.8%)	3:32	17 (82.5%)
10	GINIEWSKI Piotr	76	SEESITE	M-40	10	00:36:29.95	00:36:33.35	+00:07:25 (20.3%)	3:39	16.4 (79.6%)
11	WIPPLINGER Adam	319		M-40	11	00:37:25.50	00:37:45.35	+00:08:37 (22.8%)	3:44	16 (77.7%)
12	POPIOŁEK Przemysław	234		M-40	12	00:37:42.25	00:37:46.80	+00:08:38 (22.9%)	3:46	15.9 (77.2%)
13	FALENSKI Rafał	57		M-40	13	00:39:25.55	00:39:31.20	+00:10:23 (26.3%)	3:56	15.2 (73.8%)
14	DERUCKI Marcin	50		M-40	14	00:39:28.45	00:39:31.25	+00:10:23 (26.3%)	3:56	15.2 (73.8%)
15	NIEZGODA Adam	213	KOMPAS TEAM	M-40	15	00:40:16.55	00:40:25.95	+00:11:18 (28.0%)	4:01	14.9 (72.3%)
16	KRAUSE Andrzej	144	DMUCHAWIEC GOLENIÓW	M-40	16	00:40:00.60	00:40:26.40	+00:11:18 (28.0%)	4:00	15 (72.8%)
17	LEWAK Arkadiusz	163	LEWACZKI TEAM	M-40	17	00:40:43.40	00:40:51.25	+00:11:43 (28.7%)	4:04	14.7 (71.4%)
18	FRONTCZAK Ireneusz	65		M-40	18	00:41:22.60	00:41:27.40	+00:12:19 (29.7%)	4:08	14.5 (70.4%)
19	SZWICHTENBERG Andrzej	292	DKKS	M-40	19	00:42:10.85	00:42:25.80	+00:13:17 (31.3%)	4:13	14.2 (68.9%)
20	UFNIARZ Grzegorz	307	SKB DZIK	M-40	20	00:43:24.45	00:43:31.35	+00:14:23 (33.1%)	4:20	13.8 (67.0%)
21	SIELICKI Piotr	260		M-40	21	00:43:57.75	00:43:57.75	+00:14:49 (33.7%)	4:23	13.7 (66.5%)
22	SIKORA Paweł	264	KOMPAS TEAM	M-40	22	00:44:46.45	00:44:57.25	+00:15:49 (35.2%)	4:28	13.4 (65.0%)
23	MALICZAK Ryszard	359	WIECZORNE BIEGANIE W SZCZECINIE	M-40	23	00:45:07.20	00:45:15.40	+00:16:07 (35.6%)	4:30	13.3 (64.6%)
24	FRĄCKIEWICZ Piotr	62		M-40	24	00:45:57.75	00:46:08.45	+00:17:00 (36.9%)	4:35	13.1 (63.6%)
25	ZAWODNIAK Mirosław	337	BBL POLICE	M-40	25	00:49:15.00	00:49:15.00	+00:20:07 (40.9%)	4:55	12.2 (59.2%)
26	GRIEGER Marcin	85		M-40	26	00:50:43.25	00:50:43.25	+00:21:35 (42.6%)	5:04	11.8 (57.3%)

Znaleziono 26 wynik(ów)