

VII MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

VII Mikołajkowy Kross Górski z Komandorkiem u Kantego

Fundacja "Sub ventum" w Słupsku

2022-12-10

Słupsk

5 km



Klasyfikacja: OPEN -M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	PELO Artur	139	7 BRYGADA OBRONY WYBRZEŻA	OPEN -M	1	00:32:36.50		6:31	9.2 (100%)
2	WENT Jakub	125		OPEN -M	2	00:33:36.95	+00:01:00 (3.0%)	6:43	8.9 (96.7%)
3	WRÓBLEWSKI Leszek	128	ŚWIAT PŁYTEK U KRYSPIŃA	OPEN -M	3	00:34:38.65	+00:02:02 (5.9%)	6:55	8.7 (94.6%)
4	MICHAŁOWSKI Piotr	77		OPEN -M	4	00:35:43.10	+00:03:06 (8.7%)	7:08	8.4 (91.3%)
5	OSIŃSKI Wojciech	79	TEAM ZABIEGANE DNI	OPEN -M	5	00:35:55.30	+00:03:18 (9.2%)	7:11	8.4 (91.3%)
6	PIEKARSKI Jacek	84		OPEN -M	6	00:36:15.90	+00:03:39 (10.1%)	7:15	8.3 (90.2%)
7	DUDA Grzegorz	148	BEST BEASTS	OPEN -M	7	00:36:40.65	+00:04:04 (11.1%)	7:20	8.2 (89.1%)
8	WALEŃSKI Michał	123	TKKF KOSZALIN	OPEN -M	8	00:37:14.70	+00:04:38 (12.4%)	7:26	8.1 (88.0%)
9	BARAN Radosław	5	POLONEZ BOBROWNIKI	OPEN -M	9	00:37:55.40	+00:05:18 (14.0%)	7:35	7.9 (85.9%)
10	KNOP Szymon	54		OPEN -M	10	00:38:12.35	+00:05:35 (14.7%)	7:38	7.9 (85.9%)
11	KOSICKI Tomasz	58	AML SŁUPSK	OPEN -M	11	00:39:21.00	+00:06:44 (17.1%)	7:52	7.6 (82.6%)
12	WILUSZ Krzysztof	127	STOPA SŁUPSK	OPEN -M	12	00:39:45.80	+00:07:09 (18.0%)	7:57	7.5 (81.5%)
13	CZYŻYKOWSKI Mateusz	22		OPEN -M	13	00:41:09.65	+00:08:33 (20.8%)	8:13	7.3 (79.3%)
14	PIŁAT Paweł	86	BEST BEASTS	OPEN -M	14	00:41:10.75	+00:08:34 (20.8%)	8:14	7.3 (79.3%)
15	JANKOWSKI Grzegorz	43	POZYTYWNIENIE NAKRĘCONY	OPEN -M	15	00:41:18.80	+00:08:42 (21.1%)	8:15	7.3 (79.3%)
16	BADOWSKI Krzysztof	144		OPEN -M	16	00:41:28.05	+00:08:51 (21.4%)	8:17	7.2 (78.3%)
17	WACHNICKI Marcin	124		OPEN -M	17	00:41:36.80	+00:09:00 (21.6%)	8:19	7.2 (78.3%)
18	ŻYLICZ Paweł	135	STOPA SŁUPSK	OPEN -M	18	00:41:50.00	+00:09:13 (22.1%)	8:22	7.2 (78.3%)
19	CZYŻYKOWSKI Krzysztof	21		OPEN -M	19	00:42:05.55	+00:09:29 (22.5%)	8:25	7.1 (77.2%)
20	SZCZERBATY Paweł	107		OPEN -M	20	00:42:17.40	+00:09:40 (22.9%)	8:27	7.1 (77.2%)
21	SITEK Mariusz	93		OPEN -M	21	00:42:18.70	+00:09:42 (22.9%)	8:27	7.1 (77.2%)
22	STANKIEWICZ Oskar	137	ZESPÓŁ SZKÓŁ MUNDUROWYCH W SŁUPSKU	OPEN -M	22	00:42:20.85	+00:09:44 (23.0%)	8:28	7.1 (77.2%)
23	JĘCEK Krzysztof	44	MARKOS RUNNING TEAME	OPEN -M	23	00:42:25.60	+00:09:49 (23.1%)	8:29	7.1 (77.2%)
24	ŚCISŁY Łukasz	115		OPEN -M	24	00:42:30.50	+00:09:54 (23.3%)	8:30	7.1 (77.2%)
25	SZEWCZUK Piotr	109		OPEN -M	25	00:42:38.15	+00:10:01 (23.5%)	8:31	7 (76.1%)
26	SOBOLEWSKI Tomasz	99	BBL SŁUPSK	OPEN -M	26	00:42:40.25	+00:10:03 (23.6%)	8:32	7 (76.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						5km			
27	HORBACZ Grzegorz	41		OPEN -M	27	00:42:50.35	+00:10:13 (23.9%)	8:34	7 (76.1%)
28	KAWALEC Konrad	52		OPEN -M	28	00:42:55.20	+00:10:18 (24.0%)	8:35	7 (76.1%)
29	GRYGOROWICZ Tomasz	39	BIEGAM BO LUBIĘ SŁUPSK	OPEN -M	29	00:43:19.15	+00:10:42 (24.7%)	8:39	6.9 (75.0%)
30	GROTA Mariusz	37	AKTYWNA FABRYKA	OPEN -M	30	00:43:25.15	+00:10:48 (24.9%)	8:41	6.9 (75.0%)
31	ANTOSIAK Grzegorz	3		OPEN -M	31	00:43:28.85	+00:10:52 (25.0%)	8:41	6.9 (75.0%)
32	NARKUN Maciej	78	EMMAROL	OPEN -M	32	00:43:30.40	+00:10:53 (25.0%)	8:42	6.9 (75.0%)
33	FIGURSKI Andrzej	27		OPEN -M	33	00:43:30.90	+00:10:54 (25.1%)	8:42	6.9 (75.0%)
34	KARWASZ Kacper	51	IKMF PIŁA	OPEN -M	34	00:43:34.90	+00:10:58 (25.2%)	8:42	6.9 (75.0%)
35	SZLACHETKA Piotr	110	BBL SŁUPSK	OPEN -M	35	00:43:49.80	+00:11:13 (25.6%)	8:45	6.8 (73.9%)
36	GAWEL Zbigniew	30	ANANASY Z 3 FAL	OPEN -M	36	00:45:12.85	+00:12:36 (27.9%)	9:02	6.6 (71.7%)
37	KRUKOWSKI Tadeusz	61	BRAK	OPEN -M	37	00:45:43.95	+00:13:07 (28.7%)	9:08	6.6 (71.7%)
38	GOSŁAWSKI Stanisław	35	AMATOR	OPEN -M	38	00:45:53.70	+00:13:17 (29.0%)	9:10	6.5 (70.7%)
39	SOBOLEWSKI Albert	100	ZESPÓŁ SZKÓŁ MECHANIK W SŁUPSKU	OPEN -M	39	00:45:54.30	+00:13:17 (29.0%)	9:10	6.5 (70.7%)
40	SZCZYGIEŁ Marcin	108		OPEN -M	40	00:46:00.60	+00:13:24 (29.1%)	9:12	6.5 (70.7%)
41	MAZUREK Paweł	74		OPEN -M	41	00:46:15.35	+00:13:38 (29.5%)	9:15	6.5 (70.7%)
42	WYSIECKI Jarosław	129		OPEN -M	42	00:47:17.35	+00:14:40 (31.0%)	9:27	6.3 (68.5%)
43	MACHAŁA Fabian	69		OPEN -M	43	00:47:37.20	+00:15:00 (31.5%)	9:31	6.3 (68.5%)
44	JAKUBEK Łukasz	42		OPEN -M	44	00:47:46.45	+00:15:09 (31.7%)	9:33	6.3 (68.5%)
45	SZAFIRSKI Marek	106	BIEGAM BO LUBIĘ - SŁUPSK	OPEN -M	45	00:47:48.00	+00:15:11 (31.8%)	9:33	6.3 (68.5%)
46	KNUTH Stanisław	55		OPEN -M	46	00:47:56.50	+00:15:20 (32.0%)	9:35	6.3 (68.5%)
47	FURMAN Tomasz	29	STOP?A SŁUPSK	OPEN -M	47	00:48:04.00	+00:15:27 (32.2%)	9:36	6.2 (67.4%)
48	PACHUTA Damian	82		OPEN -M	48	00:48:05.60	+00:15:29 (32.2%)	9:37	6.2 (67.4%)
49	TRUSIAK Miłosz	119	NIGHT WOLVESULTRA RUNNERS SŁUPSK	OPEN -M	49	00:49:07.80	+00:16:31 (33.6%)	9:49	6.1 (66.3%)
50	BRACISZEWSKI Patryk	10		OPEN -M	50	00:49:15.60	+00:16:39 (33.8%)	9:51	6.1 (66.3%)
51	КОНОНОВ Олександр	136		OPEN -M	51	00:49:31.75	+00:16:55 (34.2%)	9:54	6.1 (66.3%)
52	KANIA Brajan	49	-/BIEGAM BO LUBIĘ - SŁUPSK	OPEN -M	52	00:49:40.05	+00:17:03 (34.3%)	9:56	6 (65.2%)
53	BOGUSZEWSKI Michał -Misiek	7		OPEN -M	53	00:49:47.65	+00:17:11 (34.5%)	9:57	6 (65.2%)
54	KWAŚNIAK Zdzisław	65		OPEN -M	54	00:50:06.20	+00:17:29 (34.9%)	10:01	6 (65.2%)
55	SŁAWSKI Adrian	96		OPEN -M	55	00:50:37.10	+00:18:00 (35.6%)	10:07	5.9 (64.1%)
56	ZGODA Rafał	131		OPEN -M	56	00:51:12.60	+00:18:36 (36.3%)	10:14	5.9 (64.1%)
57	DUBACKI Kazimierz Stanisław	25	NIGHT RUNNERS SŁUPSKU	OPEN -M	57	00:51:17.45	+00:18:40 (36.4%)	10:15	5.8 (63.0%)
58	NIEMIERZYCKI Piotr	138	ZESPÓŁ SZKÓŁ MUNDUROWYCH W SŁUPSKU	OPEN -M	58	00:51:40.85	+00:19:04 (36.9%)	10:20	5.8 (63.0%)
59	SKĘPIEC Adrian	94	AJ RUNNING	OPEN -M	59	00:52:01.80	+00:19:25 (37.3%)	10:24	5.8 (63.0%)
60	DOMASZK Zbigniew	172	ŚWIAT PŁYTEK U KRYSPINA	OPEN -M	60	00:52:05.80	+00:19:29 (37.4%)	10:25	5.8 (63.0%)
61	KAMIŃSKI Witold	48	STOPA SŁUPSK	OPEN -M	61	00:52:35.65	+00:19:59 (38.0%)	10:31	5.7 (62.0%)
62	HEC Tomasz	40		OPEN -M	62	00:53:05.00	+00:20:28 (38.6%)	10:37	5.7 (62.0%)
63	ZALEWSKI Grzegorz	142	W.P.K. SŁOŃ TEAM	OPEN -M	63	00:53:06.05	+00:20:29 (38.6%)	10:37	5.6 (60.9%)
64	SOKOŁOWSKI Jan	101		OPEN -M	64	00:56:57.90	+00:24:21 (42.8%)	11:23	5.3 (57.6%)
65	SZUFRAJDA Szymon	171		OPEN -M	65	00:57:53.80	+00:25:17 (43.7%)	11:34	5.2 (56.5%)
66	BRACISZEWSKI Daniel	9		OPEN -M	66	00:57:53.90	+00:25:17 (43.7%)	11:34	5.2 (56.5%)
67	ŻĄDEŁEK Jarek	134		OPEN -M	67	00:58:14.25	+00:25:37 (44.0%)	11:38	5.2 (56.5%)
68	SKIBIŃSKI Rafał	95	AJ TEAM	OPEN -M	68	00:58:36.05	+00:25:59 (44.4%)	11:43	5.1 (55.4%)
69	OSTROWSKI Paweł	81	NSJ SŁUPSK	OPEN -M	69	00:59:04.95	+00:26:28 (44.8%)	11:48	5.1 (55.4%)
70	KLIMEN Marcin	149		OPEN -M	70	01:01:15.05	+00:28:38 (46.8%)	12:15	4.9 (53.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
71	KROPIŃSKI Adam	60		OPEN -M	71	01:02:06.25	+00:29:29 (47.5%)	12:25	4.8 (52.2%)
72	ROKUSZEWSKI Piotr	89	APATOR TELEMETRIA	OPEN -M	72	01:02:58.60	+00:30:22 (48.2%)	12:35	4.8 (52.2%)
73	STANIASZEK Bogusław	102	TUPOTUSTKA	OPEN -M	73	01:03:52.35	+00:31:15 (48.9%)	12:46	4.7 (51.1%)
74	SZYBUT Rafał	113		OPEN -M	74	01:07:48.30	+00:35:11 (51.9%)	13:33	4.4 (47.8%)
75	SZMIGIERO Sebastian	111	WUPEKA SŁOŃ TIM	OPEN -M	75	01:09:17.45	+00:36:40 (52.9%)	13:51	4.3 (46.7%)
76	KRYGIER Ireneusz	62	W.P.K. SŁOŃ TEAM	OPEN -M	76	01:09:17.65	+00:36:41 (52.9%)	13:51	4.3 (46.7%)
77	TOMCZAK Dominik	118	W.P.K SŁOŃ TEAM	OPEN -M	77	01:09:20.35	+00:36:43 (53.0%)	13:52	4.3 (46.7%)
78	TURCZYN Grzegorz	121	W.P.K. SŁOŃ TEAM	OPEN -M	78	01:09:20.70	+00:36:44 (53.0%)	13:52	4.3 (46.7%)
79	BURDA Sebastian	12	WPK SŁOŃ TEAM	OPEN -M	79	01:09:34.30	+00:36:57 (53.1%)	13:54	4.3 (46.7%)
80	WACHOWICZ Szymon	146	WILKI ZAGÓRZYCE	OPEN -M	80	01:13:59.40	+00:41:22 (55.9%)	14:47	4.1 (44.6%)
81	JUSTEK Adam	45		OPEN -M	81	01:22:24.05	+00:49:47 (60.4%)	16:28	3.6 (39.1%)
82	KARAŚ Radosław	174		OPEN -M	82	01:37:00.60	+01:04:24 (66.4%)	19:24	3.1 (33.7%)

Znaleziono 82 wynik(ów)